

Resultater fra KM Ultralang 03.09.2006

Det var totalt 61 deltagere.

Klasse N-åpen 1,4 km

6 påmeldt, 6 startende 6 premiert

Robert Allen	Reipå IL
Marius Aillen	Reipå IL
Steffen Beiermann	B&OI
Heidi Jensen	B&OI
Ole-Martin Strømsvik	Reipå IL
Tor-Anders Strømsvik	Reipå IL

Klasse C-åpen 2,7 km

1 påmeldt, 1 startende 1 premiert

1	Rune Strømsvik		Reipå IL		(10,75min/km)		29:01			
	1:24 (1)	2:36 (1)	3:54 (1)	10:10 (1)	15:31 (1)	20:51 (1)	24:10 (1)	26:54 (1)	28:07 (1)	29:01 (1)
	1:24/36	1:12/50	1:18/94	6:16/141	5:21/149	5:20/154	3:19/161	2:44/174	1:13/175	0:54/150
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

Klasse D11-12 2,7 km

4 påmeldt, 4 startende 4 premiert

Mathilde Rundhaug			Mo O-Klubb		(9,45min/km)		25:31		
0:57 (1)	1:58 (1)	3:02 (1)	9:44 (1)	14:10 (1)	18:20 (1)	21:18 (1)	24:04 (1)	24:56 (1)	25:31 (1)
0:57/36	1:01/50	1:04/94	6:42/141	4:26/149	4:10/154	2:58/161	2:46/174	0:52/175	0:35/150
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:40 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

Maria Bech Umland			Korgen IL		(15,92min/km)		42:59		
1:32 (3)	2:42 (3)	4:53 (3)	13:33 (3)	20:04 (3)	29:41 (3)	35:58 (3)	41:00 (3)	42:16 (3)	42:59 (3)
1:32/36	1:10/50	2:11/94	8:40/141	6:31/149	9:37/154	6:17/161	5:02/174	1:16/175	0:43/150
+0:35 (3)	+0:09 (3)	+1:07 (4)	+1:58 (3)	+2:45 (3)	+5:27 (3)	+3:19 (3)	+2:16 (4)	+0:24 (3)	+0:08 (4)

Sigrid Bech Umland			Korgen IL		(10,44min/km)		28:11		
1:17 (2)	2:26 (2)	3:30 (2)	11:04 (2)	14:50 (2)	20:12 (2)	23:26 (2)	26:25 (2)	27:30 (2)	28:11 (2)
1:17/36	1:09/50	1:04/94	7:34/141	3:46/149	5:22/154	3:14/161	2:59/174	1:05/175	0:41/150
+0:20 (2)	+0:08 (2)	+0:00 (1)	+0:52 (2)	+0:00 (1)	+1:12 (2)	+0:16 (2)	+0:13 (2)	+0:13 (2)	+0:06 (2)

Ingvild Oxaas Wie			Mo O-Klubb		(17,06min/km)		46:03		
1:40 (4)	3:43 (4)	5:18 (4)	16:28 (4)	23:00 (4)	32:38 (4)	39:17 (4)	43:57 (4)	45:22 (4)	46:03 (4)
1:40/36	2:03/50	1:35/94	11:10/141	6:32/149	9:38/154	6:39/161	4:40/174	1:25/175	0:41/150
+0:43 (4)	+1:02 (4)	+0:31 (3)	+4:28 (4)	+2:46 (4)	+5:28 (4)	+3:41 (4)	+1:54 (3)	+0:33 (4)	+0:06 (2)

Klasse H11-12 2,7 km

4 påmeldt, 4 startende 4 premiert

Magnus Aarthun			Mo O-Klubb		(12,72min/km)		34:21		
1:15 (1)	2:42 (1)	4:15 (1)	10:46 (1)	15:01 (1)	19:52 (1)	27:31 (1)	32:17 (2)	33:33 (1)	34:21 (1)
1:15/36	1:27/50	1:33/94	6:31/141	4:15/149	4:51/154	7:39/161	4:46/174	1:16/175	0:48/150
+0:00 (1)	+0:05 (2)	+0:00 (1)	+0:00 (1)	+0:32 (3)	+0:00 (1)	+3:20 (3)	+0:49 (3)	+0:00 (1)	+0:17 (3)

Håkon Hegreberg			B&OI		(12,75min/km)		34:26		
1:24 (2)	2:46 (2)	4:41 (2)	14:11 (2)	17:54 (2)	23:26 (2)	27:45 (2)	31:42 (1)	33:55 (2)	34:26 (2)
1:24/36	1:22/50	1:55/94	9:30/141	3:43/149	5:32/154	4:19/161	3:57/174	2:13/175	0:31/150
+0:09 (2)	+0:00 (1)	+0:22 (2)	+2:59 (2)	+0:00 (1)	+0:41 (3)	+0:00 (1)	+0:00 (1)	+0:57 (3)	+0:00 (1)

Fredrik Kristiansen			B&OI		(13,70min/km)		37:00		
1:26 (3)	2:57 (3)	6:15 (3)	17:01 (3)	20:48 (3)	26:15 (3)	30:35 (3)	34:41 (3)	36:20 (3)	37:00 (3)
1:26/36	1:31/50	3:18/94	10:46/141	3:47/149	5:27/154	4:20/161	4:06/174	1:39/175	0:40/150
+0:11 (3)	+0:09 (3)	+1:45 (4)	+4:15 (3)	+0:04 (2)	+0:36 (2)	+0:01 (2)	+0:09 (2)	+0:23 (2)	+0:09 (2)

Tore Wingan Wold			B&OI		(26,99min/km)		1:12:52		
2:14 (4)	5:40 (4)	8:47 (4)	33:30 (4)	41:59 (4)	53:17 (4)	1:03:09 (4)	1:08:04 (4)	1:11:42 (4)	1:12:52 (4)
2:14/36	3:26/50	3:07/94	24:43/141	8:29/149	11:18/154	9:52/161	4:55/174	3:38/175	1:10/150
+0:59 (4)	+2:04 (4)	+1:34 (3)	+18:12 (4)	+4:46 (4)	+6:27 (4)	+5:33 (4)	+0:58 (4)	+2:22 (4)	+0:39 (4)

1:21:31 (3)

+0:00 (1)

Klasse D17AK 6,5 km

1 påmeldt, 1 startende 1 premiert

1	Vibece Hobbestad	Valnesfjord IL	(17,24min/km)	1:52:03				
	22:54 (1)	47:59 (1)	55:55 (1)	1:35:29 (1)	1:40:50 (1)	1:48:26 (1)	1:51:21 (1)	1:52:03 (1)
	22:54/41	25:05/133	7:56/134	39:34/136	5:21/149	7:36/141	2:55/175	0:42/150
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

Klasse H17AK 9,2 km

3 påmeldt, 3 startende 1 premiert

1	Arne Kristian Nordhei	B&OI	(11,25min/km)	1:43:31						
	8:13 (1)	27:06 (1)	1:05:07 (1)	1:07:54 (1)	1:23:53 (1)	1:30:27 (1)	1:33:31 (1)	1:38:47 (1)	1:42:31 (1)	1:43:31 (1)
	8:13/43	18:53/132	38:01/46	2:47/131	15:59/135	6:34/136	3:04/146	5:16/161	3:44/175	1:00/150
	+0:00 (1)	+1:20 (2)	+0:00 (1)	+0:11 (2)	+0:33 (2)	+2:24 (2)	+0:44 (2)	+0:00 (1)	+0:00 (1)	+0:19 (2)
2	Ola Skogstad	Mo O-Klubb	(12,78min/km)	1:57:34	(+14:03)					
	9:36 (2)	27:09 (2)	1:22:05 (2)	1:24:41 (2)	1:40:07 (2)	1:44:17 (2)	1:46:37 (2)	1:52:39 (2)	1:56:53 (2)	1:57:34 (2)
	9:36/43	17:33/132	54:56/46	2:36/131	15:26/135	4:10/136	2:20/146	6:02/161	4:14/175	0:41/150
	+1:23 (2)	+0:00 (1)	+16:55 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:46 (2)	+0:30 (2)	+0:00 (1)
	Øyvind Bjørkås	B&OI	(1,43min/km)	Brutt						
	13:07 (3)	13:07 (1)	13:07 (1)	13:07 (1)	13:07 (1)	13:07 (1)	13:07 (1)	13:07 (1)	13:07 (1)	13:07 (1)
	13:07/43									
	+4:54 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

Klasse H17-20 14,8 km

1 påmeldt, 1 startende 1 premiert

1	Magnus Wingan Wold	B&OI	(7,54min/km)	1:51:39						
	6:12 (1)	10:06 (1)	17:13 (1)	21:28 (1)	35:44 (1)	40:53 (1)	1:06:55 (1)	1:14:07 (1)	1:29:30 (1)	1:31:39 (1)
	6:12/43	3:54/44	7:07/45	4:15/47	14:16/48	5:09/49	26:02/144	7:12/145	15:23/46	2:09/131
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	1:41:08 (1)	1:44:08 (1)	1:45:54 (1)	1:48:23 (1)	1:51:07 (1)	1:51:39 (1)				
	9:29/135	3:00/136	1:46/146	2:29/161	2:44/175	0:32/150				
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

Klasse D21- 12,6 km

2 påmeldt, 2 startende 1 premiert

1	Hilde Sofie Masterdalshei	Mo O-Klubb	(8,28min/km)	1:44:18						
	3:09 (1)	9:08 (1)	16:25 (1)	21:26 (1)	34:16 (1)	48:18 (1)	1:14:12 (1)	1:16:39 (1)	1:28:48 (1)	1:34:03 (1)
	3:09/42	5:59/44	7:17/45	5:01/47	12:50/48	14:02/132	25:54/46	2:27/131	12:09/135	5:15/136
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:05 (2)	+0:00 (1)	+0:00 (1)
	1:36:25 (1)	1:40:28 (1)	1:43:41 (1)	1:44:18 (1)						
	2:22/146	4:03/161	3:13/175	0:37/150						
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)						
2	Randi Marie Mohus	NTNUI	(10,03min/km)	2:06:21	(+22:03)					
	3:25 (2)	10:15 (2)	19:10 (2)	25:06 (2)	40:10 (2)	59:22 (2)	1:33:32 (2)	1:35:54 (2)	1:49:45 (2)	1:55:04 (2)
	3:25/42	6:50/44	8:55/45	5:56/47	15:04/48	19:12/132	34:10/46	2:22/131	13:51/135	5:19/136
	+0:16 (2)	+0:51 (2)	+1:38 (2)	+0:55 (2)	+2:14 (2)	+5:10 (2)	+8:16 (2)	+0:00 (1)	+1:42 (2)	+0:04 (2)
	1:57:51 (2)	2:01:56 (2)	2:05:27 (2)	2:06:21 (2)						
	2:47/146	4:05/161	3:31/175	0:54/150						
	+0:25 (2)	+0:02 (2)	+0:18 (2)	+0:17 (2)						

Klasse H35 Kort 12,6 km

1 påmeldt, 1 startende 1 premiert

1	Tore Jakola	B&OI	(9,09min/km)	1:54:29						
	3:06 (1)	9:05 (1)	16:02 (1)	21:14 (1)	33:43 (1)	48:10 (1)	1:18:26 (1)	1:20:39 (1)	1:37:04 (1)	1:43:03 (1)

2	Lisbeth Beyer		Mo O-Klubb		(11,60min/km)	1:35:05	(+9:07)			
	3:22 (1)	4:59 (1)	13:23 (1)	34:04 (1)	51:16 (1)	1:13:27 (1)	1:19:31 (2)	1:22:42 (2)	1:29:13 (2)	1:33:49 (2)
	3:22/41	1:37/42	8:24/44	20:41/132	17:12/134	22:11/135	6:04/136	3:11/146	6:31/161	4:36/175
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+5:30 (3)	+0:00 (1)	+14:50 (3)	+3:00 (3)	+0:00 (1)	+2:28 (3)	+3:44 (3)
	1:35:05 (2)									
	1:16/150									
	+0:00 (1)									

3	Eli Ringdalen		Mo O-Klubb		(15,19min/km)	2:04:33	(+38:35)			
	4:59 (3)	16:01 (3)	54:23 (3)	1:13:02 (3)	1:39:57 (3)	1:47:18 (3)	1:51:16 (3)	1:58:45 (3)	2:03:35 (3)	2:04:33 (3)
	4:59/42	11:02/44	38:22/132	18:39/134	26:55/135	7:21/136	3:58/146	7:29/161	4:50/175	0:58/150
	+1:37 (3)	+9:25 (3)	+29:58 (3)	+3:28 (2)	+9:43 (3)	+0:00 (1)	+0:54 (2)	+4:18 (3)	+0:47 (2)	+0:06 (2)
	2:04:33 (3)									
	+0:00 (1)									

Klasse H45- 12,6 km

6 påmeldt, 6 startende 1 premiert

1	Jan Prytz		B&OI		(9,21min/km)	1:56:06				
	3:14 (2)	11:40 (4)	20:04 (4)	27:10 (4)	40:57 (2)	55:39 (1)	1:21:55 (1)	1:24:52 (1)	1:37:22 (1)	1:41:21 (1)
	3:14/42	8:26/44	8:24/45	7:06/47	13:47/48	14:42/132	26:16/46	2:57/131	12:30/135	3:59/136
	+0:30 (2)	+1:57 (4)	+0:00 (1)	+1:26 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:29 (4)	+0:00 (1)	+0:00 (1)
	1:43:42 (1)	1:51:24 (1)	1:55:26 (1)	1:56:06 (1)						
	2:21/146	7:42/161	4:02/175	0:40/150						
	+0:00 (1)	+3:09 (4)	+0:47 (2)	+0:00 (1)						

2	Jan Kåre Vatne		Mo O-Klubb		(9,62min/km)	2:01:09	(+5:03)			
	3:34 (3)	10:37 (3)	19:34 (2)	25:32 (2)	40:26 (1)	57:52 (3)	1:27:07 (2)	1:29:45 (2)	1:42:48 (2)	1:48:00 (2)
	3:34/42	7:03/44	8:57/45	5:58/47	14:54/48	17:26/132	29:15/46	2:38/131	13:03/135	5:12/136
	+0:50 (3)	+0:34 (3)	+0:33 (3)	+0:18 (2)	+1:07 (2)	+2:44 (3)	+2:59 (2)	+0:10 (3)	+0:33 (2)	+1:13 (4)
	1:50:57 (2)	1:55:30 (2)	2:00:07 (2)	2:01:09 (2)						
	2:57/146	4:33/161	4:37/175	1:02/150						
	+0:36 (4)	+0:00 (1)	+1:22 (4)	+0:22 (4)						

3	Gunnar Brattli		Mo O-Klubb		(9,66min/km)	2:01:46	(+5:40)			
	3:42 (4)	10:11 (2)	18:40 (1)	24:20 (1)	41:05 (3)	57:26 (2)	1:28:42 (3)	1:31:16 (3)	1:45:13 (3)	1:50:11 (3)
	3:42/42	6:29/44	8:29/45	5:40/47	16:45/48	16:21/132	31:16/46	2:34/131	13:57/135	4:58/136
	+0:58 (4)	+0:00 (1)	+0:05 (2)	+0:00 (1)	+2:58 (3)	+1:39 (2)	+5:00 (4)	+0:06 (2)	+1:27 (4)	+0:59 (2)
	1:53:01 (3)	1:57:50 (3)	2:01:05 (3)	2:01:46 (3)						
	2:50/146	4:49/161	3:15/175	0:41/150						
	+0:29 (3)	+0:16 (3)	+0:00 (1)	+0:01 (2)						

4	Ingar Solberg		Olderskog IL		(10,07min/km)	2:06:56	(+10:50)			
	2:44 (1)	9:39 (1)	19:47 (3)	26:33 (3)	43:20 (4)	1:02:32 (4)	1:33:33 (4)	1:36:01 (4)	1:49:15 (4)	1:54:20 (4)
	2:44/42	6:55/44	10:08/45	6:46/47	16:47/48	19:12/132	31:01/46	2:28/131	13:14/135	5:05/136
	+0:00 (1)	+0:26 (2)	+1:44 (4)	+1:06 (3)	+3:00 (4)	+4:30 (4)	+4:45 (3)	+0:00 (1)	+0:44 (3)	+1:06 (3)
	1:56:52 (4)	2:01:27 (4)	2:06:01 (4)	2:06:56 (4)						
	2:32/146	4:35/161	4:34/175	0:55/150						
	+0:11 (2)	+0:02 (2)	+1:19 (3)	+0:15 (3)						

	Arnulf Villmo		Korgen IL		(11,13min/km)	Disk	(+24:07)			
	3:33 (3)	10:41 (4)	20:06 (5)	35:43 (5)	1:07:59 (5)	1:38:54 (5)	1:41:29 (5)	1:55:43 (5)	2:05:41 (5)	2:08:41 (5)
	3:33/42	7:08/44	9:25/45	15:37/47	32:16/132	30:55/46	2:35/131	14:14/135	9:58/136	3:00/146
	+0:49 (3)	+0:39 (4)	+1:01 (4)	+9:57 (5)	+18:29 (5)	+16:13 (5)	+0:00 (1)	+11:46 (5)	+0:00 (1)	+0:00 (1)
	2:14:48 (5)	2:19:15 (5)	2:20:13 (5)	2:20:13 (5)						
	6:07/161	4:27/175	0:58/150							
	+3:46 (5)	+0:00 (1)	+0:00 (1)	+0:00 (1)						

	Ole Petter Rundhaug		Mo O-Klubb		(13,94min/km)	Brutt	(+59:33)		
	3:48 (5)	14:46 (5)	26:09 (5)	33:28 (5)	50:40 (5)	1:11:13 (5)	2:55:39 (5)	2:55:39 (5)	2:55:39 (5)
	3:48/42	10:58/44	11:23/45	7:19/47	17:12/48	20:33/132	1:44:26/150		
	+1:04 (5)	+4:29 (5)	+2:59 (5)	+1:39 (5)	+3:25 (5)	+5:51 (5)	+1:18:10 (5)	+0:00 (1)	+0:00 (1)
	2:55:39 (5)	2:55:39 (5)	2:55:39 (5)	2:55:39 (5)					
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

Klasse D55- 6,5 km

4 påmeldt, 4 startende 1 premiert

1	Elsa Hauknes		Mo O-Klubb	(15,75min/km)	1:42:24					
	3:26 (1)	27:52 (2)	37:06 (1)	1:09:01 (2)	1:15:41 (1)	1:37:02 (2)	1:41:15 (1)	1:42:24 (1)	1:42:24 (1)	
	3:26/41	24:26/133	9:14/134	31:55/136	6:40/149	21:21/141	4:13/175	1:09/150		
	+0:00 (1)	+22:35 (2)	+0:00 (1)	+22:21 (2)	+0:00 (1)	+11:42 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
2	Kirsten Limstrand		B&OI	(19,57min/km)	2:07:14	(+24:50)				
	6:49 (2)	8:40 (1)	39:45 (2)	49:19 (1)	1:26:14 (2)	1:35:53 (1)	2:01:44 (2)	2:05:59 (2)	2:07:14 (2)	
	6:49/42	1:51/41	31:05/133	9:34/134	36:55/136	9:39/149	25:51/141	4:15/175	1:15/150	
	+3:23 (2)	+0:00 (1)	+21:51 (2)	+0:00 (1)	+30:15 (2)	+0:00 (1)	+21:38 (2)	+3:06 (2)	+0:00 (1)	
	Karen Bjørseth		B&OI	(0,00min/km)	Brutt					
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
	Solveig Martinussen		B&OI	(13,77min/km)	Brutt					
	34:50 (3)	1:11:37 (3)	1:29:30 (3)	1:29:30 (3)	1:29:30 (3)	1:29:30 (1)	1:29:30 (1)	1:29:30 (1)	1:29:30 (1)	
	34:50/41	36:47/133	17:53/134							
	+31:24 (3)	+34:56 (3)	+8:39 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	

Klasse H55- 9,2 km

4 påmeldt, 4 startende 1 premiert

1	Per Rekkedal		B&OI	(8,72min/km)	1:20:12					
	8:04 (3)	23:54 (2)	50:30 (1)	52:47 (1)	1:04:18 (1)	1:09:59 (1)	1:12:15 (1)	1:15:56 (1)	1:19:30 (1)	1:20:12 (1)
	8:04/43	15:50/132	26:36/46	2:17/131	11:31/135	5:41/136	2:16/146	3:41/161	3:34/175	0:42/150
	+1:44 (3)	+0:30 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+1:14 (4)	+0:00 (1)	+0:12 (2)	+0:41 (2)	+0:00 (1)
	1:20:12 (1)									
	+0:00 (1)									
2	Asbjørn Pedersen		IL Siso	(9,41min/km)	1:26:32	(+6:20)				
	8:09 (4)	26:36 (3)	56:43 (3)	59:04 (2)	1:10:55 (2)	1:15:22 (2)	1:17:56 (2)	1:21:57 (2)	1:25:44 (2)	1:26:32 (2)
	8:09/43	18:27/132	30:07/46	2:21/131	11:51/135	4:27/136	2:34/146	4:01/161	3:47/175	0:48/150
	+1:49 (4)	+3:07 (3)	+3:31 (2)	+0:04 (2)	+0:20 (2)	+0:00 (1)	+0:18 (2)	+0:32 (3)	+0:54 (3)	+0:06 (3)
	1:26:32 (2)									
	+0:00 (1)									
3	Erling Pedersen		IL Siso	(9,90min/km)	1:31:04	(+10:52)				
	6:20 (1)	21:40 (1)	55:26 (2)	1:03:16 (3)	1:15:41 (3)	1:20:53 (3)	1:23:44 (3)	1:27:13 (3)	1:30:06 (3)	1:30:52 (3)
	6:20/43	15:20/132	33:46/46	7:50/131	12:25/135	5:12/136	2:51/146	3:29/161	2:53/175	0:46/150
	+0:00 (1)	+0:00 (1)	+7:10 (3)	+5:33 (4)	+0:54 (3)	+0:45 (2)	+0:35 (3)	+0:00 (1)	+0:00 (1)	+0:04 (2)
	1:31:04 (3)									
	0:12/250									
	+0:00 (1)									
4	Åge Mohus		B&OI	(12,45min/km)	1:54:31	(+34:19)				
	7:30 (2)	27:36 (4)	1:04:36 (4)	1:07:18 (4)	1:34:04 (4)	1:39:42 (4)	1:42:39 (4)	1:47:19 (4)	1:53:05 (4)	1:54:31 (4)
	7:30/43	20:06/132	37:00/46	2:42/131	26:46/135	5:38/136	2:57/146	4:40/161	5:46/175	1:26/150
	+1:10 (2)	+4:46 (4)	+10:24 (4)	+0:25 (3)	+15:15 (4)	+1:11 (3)	+0:41 (4)	+1:11 (4)	+2:53 (4)	+0:44 (4)
	1:54:31 (4)									
	+0:00 (1)									

Klasse H65- 8,2 km

2 påmeldt, 2 startende 1 premiert

1	Carl B Bjørseth		B&OI	(10,35min/km)	1:24:52					
	5:52 (2)	13:21 (1)	29:46 (1)	42:57 (1)	1:04:48 (1)	1:10:12 (1)	1:12:55 (1)	1:18:22 (1)	1:23:58 (1)	1:24:52 (1)
	5:52/42	7:29/44	16:25/132	13:11/134	21:51/135	5:24/136	2:43/146	5:27/161	5:36/175	0:54/150
	+2:01 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+1:10 (2)	+0:00 (1)
2	Edvin Berg		B&OI	(12,06min/km)	1:38:52	(+14:00)				
	3:51 (1)	16:39 (2)	38:16 (2)	54:26 (2)	1:17:15 (2)	1:23:50 (2)	1:27:04 (2)	1:33:17 (2)	1:37:43 (2)	1:38:52 (2)

3:51/42	12:48/44	21:37/132	16:10/134	22:49/135	6:35/136	3:14/146	6:13/161	4:26/175	1:09/150
+0:00 (1)	+5:19 (2)	+5:12 (2)	+2:59 (2)	+0:58 (2)	+1:11 (2)	+0:31 (2)	+0:46 (2)	+0:00 (1)	+0:15 (2)

Klasse H70- 5,7 km

2 påmeldt, 2 startende 1 premiørt

1	Carl A Boe		B&OI		(14,23min/km)	1:21:06	
	6:08 (2)	22:32 (1)	46:23 (1)	57:05 (1)	1:09:02 (1)	1:16:25 (1)	1:20:08 (1) 1:21:06 (1)
	6:08/41	16:24/139	23:51/92	10:42/93	11:57/94	7:23/95	3:43/175 0:58/150
	+1:01 (2)	+0:00 (1)	+0:00 (1)	+0:38 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1) +0:00 (1)
2	Arnold Danielsen		B&OI		(20,57min/km)	1:57:15	(+36:09)
	5:07 (1)	25:43 (2)	1:00:31 (2)	1:10:35 (2)	1:42:20 (2)	1:50:19 (2)	1:56:11 (2) 1:57:15 (2)
	5:07/41	20:36/139	34:48/92	10:04/93	31:45/94	7:59/95	5:52/175 1:04/150
	+0:00 (1)	+4:12 (2)	+10:57 (2)	+0:00 (1)	+19:48 (2)	+0:36 (2)	+2:09 (2) +0:06 (2)