

# Resultater fra Saltenkarusell 2 01.05.2007

Det var totalt 65 deltagere.

## Klasse 2km 2,0 km

7 påmeldt, 7 startende

1	Håvard Irgens		B&OI		(10,48min/km)		<b>20:58</b>	
	2:26 (1)	5:05 (1)	9:53 (1)	11:14 (1)	12:46 (1)	16:38 (1)	19:25 (1)	20:58 (1)
	2:26/65	2:39/31	4:48/36	1:21/62	1:32/53	3:52/48	2:47/58	1:33/150
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
2	Mari E Reitan		B&OI		(14,90min/km)		<b>29:48</b>	(+8:50)
	2:49 (2)	7:36 (2)	13:37 (2)	15:12 (2)	17:11 (2)	22:19 (2)	28:00 (2)	29:48 (2)
	2:49/65	4:47/31	6:01/36	1:35/62	1:59/53	5:08/48	5:41/58	1:48/150
	+0:23 (2)	+2:08 (4)	+1:13 (3)	+0:14 (3)	+0:27 (2)	+1:16 (2)	+2:54 (6)	+0:15 (4)
3	Christian Søvik		B&OI		(17,77min/km)		<b>35:32</b>	(+14:34)
	5:50 (5)	10:36 (4)	17:16 (4)	19:32 (4)	22:04 (4)	28:33 (3)	33:06 (3)	35:32 (3)
	5:50/65	4:46/31	6:40/36	2:16/62	2:32/53	6:29/48	4:33/58	2:26/150
	+3:24 (5)	+2:07 (3)	+1:52 (5)	+0:55 (4)	+1:00 (4)	+2:37 (3)	+1:46 (4)	+0:53 (5)
4	Erlend Storvolleng		Mo O-Klubb		(18,59min/km)		<b>37:11</b>	(+16:13)
	4:11 (4)	9:34 (3)	16:24 (3)	18:50 (3)	21:39 (3)	31:52 (5)	35:26 (4)	37:11 (4)
	4:11/65	5:23/31	6:50/36	2:26/62	2:49/53	10:13/48	3:34/58	1:45/150
	+1:45 (4)	+2:44 (5)	+2:02 (6)	+1:05 (5)	+1:17 (6)	+6:21 (5)	+0:47 (3)	+0:12 (3)
5	Fredrik Kristensen		B&OI		(19,53min/km)		<b>39:03</b>	(+18:05)
	3:02 (3)	14:36 (6)	20:05 (6)	21:37 (5)	23:42 (5)	34:11 (6)	37:23 (6)	39:03 (5)
	3:02/65	11:34/31	5:29/36	1:32/62	2:05/53	10:29/48	3:12/58	1:40/150
	+0:36 (3)	+8:55 (6)	+0:41 (2)	+0:11 (2)	+0:33 (3)	+6:37 (6)	+0:25 (2)	+0:07 (2)
6	Heidi Jensen		B&OI		(20,07min/km)		<b>40:08</b>	(+19:10)
	8:06 (6)	11:53 (5)	18:27 (5)	21:38 (6)	24:26 (6)	31:42 (4)	37:01 (5)	40:08 (6)
	8:06/65	3:47/31	6:34/36	3:11/62	2:48/53	7:16/48	5:19/58	3:07/150
	+5:40 (6)	+1:08 (2)	+1:46 (4)	+1:50 (6)	+1:16 (5)	+3:24 (4)	+2:32 (5)	+1:34 (6)
	H Kristoffersen		B&OI		(19,78min/km)		<b>Brutt</b>	(+18:35)
	8:56 (7)	13:09 (6)	19:23 (6)	20:52 (5)	22:33 (5)	27:49 (3)	39:33 (7)	39:33 (6)
	8:56/65	4:13/31	6:14/36	1:29/62	1:41/53	5:16/48	11:44/150	
	+6:30 (7)	+1:34 (3)	+1:26 (4)	+0:08 (2)	+0:09 (2)	+1:24 (3)	+8:57 (7)	+0:00 (1)

## Klasse 3km 3,0 km

21 påmeldt, 21 startende

1	Kristine Masterdalshei		Mo O-Klubb		(15,91min/km)		<b>47:43</b>	
	3:52 (7)	7:11 (5)	10:33 (5)	19:01 (2)	27:59 (2)	34:09 (2)	41:53 (1)	46:24 (1)
	3:52/65	3:19/63	3:22/33	8:28/56	8:58/54	6:10/50	7:44/48	4:31/51
	+1:14 (7)	+0:42 (7)	+0:54 (7)	+2:06 (6)	+1:26 (7)	+3:32 (16)	+0:49 (3)	+1:27 (8)
2	Carl B Bjørseth		B&OI		(16,05min/km)		<b>48:09</b>	(+0:26)
	2:45 (2)	5:29 (1)	8:02 (1)	25:25 (8)	33:29 (7)	36:07 (5)	43:02 (2)	46:25 (2)
	2:45/65	2:44/63	2:33/33	17:23/56	8:04/54	2:38/50	6:55/48	3:23/51
	+0:07 (2)	+0:07 (2)	+0:05 (2)	+11:01 (15)	+0:32 (3)	+0:00 (1)	+0:00 (1)	+0:19 (3)
3	Mathilde Rundhaug		Mo O-Klubb		(16,79min/km)		<b>50:22</b>	(+2:39)
	2:59 (3)	6:01 (3)	8:29 (2)	25:08 (7)	33:20 (6)	36:46 (7)	44:34 (4)	49:09 (3)
	2:59/65	3:02/63	2:28/33	16:39/56	8:12/54	3:26/50	7:48/48	4:35/51
	+0:21 (3)	+0:25 (4)	+0:00 (1)	+10:17 (14)	+0:40 (4)	+0:48 (5)	+0:53 (4)	+1:31 (10)
4	Carl A Boe		B&OI		(17,38min/km)		<b>52:09</b>	(+4:26)
	4:07 (10)	7:36 (7)	11:32 (6)	20:08 (3)	31:29 (3)	36:27 (6)	44:26 (3)	49:49 (4)
	4:07/65	3:29/63	3:56/33	8:36/56	11:21/54	4:58/50	7:59/48	5:23/51
	+1:29 (10)	+0:52 (8)	+1:28 (11)	+2:14 (7)	+3:49 (12)	+2:20 (13)	+1:04 (5)	+2:19 (11)
5	Jens Viggo Limstrand		B&OI		(18,74min/km)		<b>56:14</b>	(+8:31)
	3:48 (6)	7:24 (6)	10:14 (4)	16:53 (1)	25:56 (1)	29:20 (1)	51:20 (7)	54:31 (5)
	3:48/65	3:36/63	2:50/33	6:39/56	9:03/54	3:24/50	22:00/48	3:11/51
	+1:10 (6)	+0:59 (10)	+0:22 (3)	+0:17 (3)	+1:31 (8)	+0:46 (3)	+15:05 (18)	+0:07 (2)
6	Torbjørn H Olsen		B&OI		(18,87min/km)		<b>56:37</b>	(+8:54)
	6:10 (11)	10:55 (9)	14:27 (8)	23:37 (5)	31:29 (3)	35:56 (4)	50:37 (6)	55:06 (6)

6:10/65	4:45/63	3:32/33	9:10/56	7:52/54	4:27/50	14:41/48	4:29/51	1:31/150
+3:32 (11)	+2:08 (13)	+1:04 (9)	+2:48 (8)	+0:20 (2)	+1:49 (12)	+7:46 (14)	+1:25 (7)	+0:18 (6)
<b>7 Per O Fosby</b>			<b>B&amp;OI</b>			<b>(19,25min/km)</b>		<b>57:45 (+10:02)</b>
8:44 (14)	11:57 (10)	15:42 (10)	22:15 (4)	31:43 (5)	35:19 (3)	45:21 (5)	55:20 (7)	57:45 (7)
8:44/65	3:13/63	3:45/33	6:33/56	9:28/54	3:36/50	10:02/48	9:59/51	2:25/150
+6:06 (14)	+0:36 (5)	+1:17 (10)	+0:11 (2)	+1:56 (10)	+0:58 (8)	+3:07 (9)	+6:55 (18)	+1:12 (14)
<b>8 Morten Selnes</b>			<b>B&amp;OI</b>			<b>(20,15min/km)</b>		<b>1:00:27 (+12:44)</b>
19:45 (18)	22:31 (17)	26:01 (16)	33:37 (12)	42:53 (9)	46:19 (9)	54:23 (8)	58:46 (8)	1:00:27 (8)
19:45/65	2:46/63	3:30/33	7:36/56	9:16/54	3:26/50	8:04/48	4:23/51	1:41/150
+17:07 (18)	+0:09 (3)	+1:02 (8)	+1:14 (5)	+1:44 (9)	+0:48 (5)	+1:09 (6)	+1:19 (5)	+0:28 (8)
<b>9 Karen Bjørseth</b>			<b>B&amp;OI</b>			<b>(21,26min/km)</b>		<b>1:03:46 (+16:03)</b>
3:56 (8)	7:44 (8)	12:49 (7)	33:17 (11)	44:52 (11)	48:56 (11)	57:09 (11)	1:01:32 (9)	1:03:46 (9)
3:56/65	3:48/63	5:05/33	20:28/56	11:35/54	4:04/50	8:13/48	4:23/51	2:14/150
+1:18 (8)	+1:11 (11)	+2:37 (14)	+14:06 (16)	+4:03 (13)	+1:26 (10)	+1:18 (8)	+1:19 (5)	+1:01 (12)
<b>10 Håkon Hegreberg</b>			<b>B&amp;OI</b>			<b>(21,37min/km)</b>		<b>1:04:06 (+16:23)</b>
4:00 (9)	27:14 (18)	30:05 (17)	36:55 (15)	44:27 (10)	48:45 (10)	56:57 (10)	1:02:53 (10)	1:04:06 (10)
4:00/65	23:14/63	2:51/33	6:50/56	7:32/54	4:18/50	8:12/48	5:56/51	1:13/150
+1:22 (9)	+20:37 (18)	+0:23 (4)	+0:28 (4)	+0:00 (1)	+1:40 (11)	+1:17 (7)	+2:52 (13)	+0:00 (1)
<b>11 Espen Henriksen</b>			<b>B&amp;OI</b>			<b>(22,04min/km)</b>		<b>1:06:07 (+18:24)</b>
2:38 (1)	5:51 (2)	17:47 (12)	38:30 (16)	46:59 (13)	50:26 (12)	57:57 (12)	1:04:27 (11)	1:06:07 (11)
2:38/65	3:13/63	11:56/33	20:43/56	8:29/54	3:27/50	7:31/48	6:30/51	1:40/150
+0:00 (1)	+0:36 (5)	+9:28 (17)	+14:21 (17)	+0:57 (6)	+0:49 (7)	+0:36 (2)	+3:26 (15)	+0:27 (7)
<b>12 Carol Iddles</b>			<b>B&amp;OI</b>			<b>(22,42min/km)</b>		<b>1:07:15 (+19:32)</b>
10:39 (15)	15:28 (15)	19:32 (14)	29:08 (9)	39:01 (8)	42:26 (8)	56:37 (9)	1:04:41 (12)	1:07:15 (12)
10:39/65	4:49/63	4:04/33	9:36/56	9:53/54	3:25/50	14:11/48	8:04/51	2:34/150
+8:01 (15)	+2:12 (14)	+1:36 (12)	+3:14 (10)	+2:21 (11)	+0:47 (4)	+7:16 (13)	+5:00 (16)	+1:21 (16)
<b>13 Tobias Johnsen</b>			<b>B&amp;OI</b>			<b>(23,17min/km)</b>		<b>1:09:31 (+21:48)</b>
6:21 (12)	12:22 (12)	17:33 (11)	30:38 (10)	46:58 (12)	51:59 (13)	1:02:13 (13)	1:07:40 (13)	1:09:31 (13)
6:21/65	6:01/63	5:11/33	13:05/56	16:20/54	5:01/50	10:14/48	5:27/51	1:51/150
+3:43 (12)	+3:24 (16)	+2:43 (15)	+6:43 (12)	+8:48 (17)	+2:23 (14)	+3:19 (10)	+2:23 (12)	+0:38 (11)
<b>14 Vibece Hobbestad</b>			<b>Valnesfjord IL</b>			<b>(24,02min/km)</b>		<b>1:12:04 (+24:21)</b>
11:06 (16)	13:43 (14)	36:44 (18)	43:06 (17)	51:26 (16)	54:08 (14)	1:07:33 (14)	1:10:37 (14)	1:12:04 (14)
11:06/65	2:37/63	23:01/33	6:22/56	8:20/54	2:42/50	13:25/48	3:04/51	1:27/150
+8:28 (16)	+0:00 (1)	+20:33 (18)	+0:00 (1)	+0:48 (5)	+0:04 (2)	+6:30 (12)	+0:00 (1)	+0:14 (4)
<b>15 Kirsten Limstrand</b>			<b>B&amp;OI</b>			<b>(25,03min/km)</b>		<b>1:15:06 (+27:23)</b>
14:08 (17)	18:11 (16)	22:47 (15)	35:40 (14)	47:40 (14)	55:02 (15)	1:08:06 (15)	1:12:37 (15)	1:15:06 (15)
14:08/65	4:03/63	4:36/33	12:53/56	12:00/54	7:22/50	13:04/48	4:31/51	2:29/150
+11:30 (17)	+1:26 (12)	+2:08 (13)	+6:31 (11)	+4:28 (14)	+4:44 (17)	+6:09 (11)	+1:27 (8)	+1:16 (15)
<b>16 Arnold Danielsen</b>			<b>B&amp;OI</b>			<b>(26,91min/km)</b>		<b>1:20:43 (+33:00)</b>
7:56 (13)	13:07 (13)	18:24 (13)	34:19 (13)	50:29 (15)	55:57 (16)	1:14:38 (16)	1:18:05 (16)	1:20:43 (16)
7:56/65	5:11/63	5:17/33	15:55/56	16:10/54	5:28/50	18:41/48	3:27/51	2:38/150
+5:18 (13)	+2:34 (15)	+2:49 (16)	+9:33 (13)	+8:38 (15)	+2:50 (15)	+11:46 (17)	+0:23 (4)	+1:25 (17)
<b>17 Jon Øverås</b>			<b>B&amp;OI</b>			<b>(35,45min/km)</b>		<b>1:46:21 (+58:38)</b>
3:10 (4)	6:45 (4)	9:58 (3)	59:29 (18)	1:15:39 (17)	1:19:18 (17)	1:37:19 (17)	1:43:24 (17)	1:46:21 (17)
3:10/65	3:35/63	3:13/33	49:31/56	16:10/54	3:39/50	18:01/48	6:05/51	2:57/150
+0:32 (4)	+0:58 (9)	+0:45 (6)	+43:09 (18)	+8:38 (15)	+1:01 (9)	+11:06 (16)	+3:01 (14)	+1:44 (18)
<b>18 Tore Tveraabak</b>			<b>B&amp;OI</b>			<b>(45,17min/km)</b>		<b>2:15:30 (+1:27:47)</b>
3:16 (5)	12:17 (11)	15:08 (9)	24:36 (6)	1:24:41 (18)	1:47:16 (18)	2:05:03 (18)	2:14:00 (18)	2:15:30 (18)
3:16/65	9:01/63	2:51/33	9:28/56	1:00:05/54	22:35/50	17:47/48	8:57/51	1:30/150
+0:38 (5)	+6:24 (17)	+0:23 (4)	+3:06 (9)	+52:33 (18)	+19:57 (18)	+10:52 (15)	+5:53 (17)	+0:17 (5)
<b>Bendik Storvik Nilsen</b>			<b>B&amp;OI</b>			<b>(23,43min/km)</b>		<b>Disk (+22:35)</b>
5:29 (11)	10:28 (9)	16:47 (11)	28:25 (9)	39:30 (9)	45:33 (9)	58:22 (13)	1:10:18 (14)	1:10:18 (14)
5:29/65	4:59/63	6:19/33	11:38/56	11:05/54	6:03/50	12:49/48	11:56/150	
+2:51 (11)	+2:22 (15)	+3:51 (17)	+5:16 (11)	+3:33 (12)	+3:25 (16)	+5:54 (11)	+8:52 (19)	+0:00 (1)
<b>Ida Hegreberg</b>			<b>B&amp;OI</b>			<b>(13,08min/km)</b>		<b>Brutt</b>
7:16 (13)	10:38 (9)	14:14 (8)	26:26 (9)	36:11 (8)	39:15 (8)	39:15 (1)	39:15 (1)	39:15 (1)
7:16/65	3:22/63	3:36/33	12:12/56	9:45/54	3:04/50			
+4:38 (13)	+0:45 (8)	+1:08 (10)	+5:50 (11)	+2:13 (11)	+0:26 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)

Frode Ikdahl			B&OI			(25,56min/km)			<b>Brutt (+28:57)</b>	
19:57 (19)	23:40 (18)	27:05 (17)	46:55 (18)	1:03:14 (17)	1:16:40 (17)	1:16:40 (17)	1:16:40 (16)	1:16:40 (16)		
19:57/65	3:43/63	3:25/33	19:50/47	16:19/57	13:26/150					
+17:19 (19)	+1:06 (11)	+0:57 (8)	+13:28 (16)	+8:47 (17)	+10:48 (18)	+0:00 (1)	+0:00 (1)	+0:00 (1)		

## Klasse 4km 4,0 km

22 påmeldt, 22 startende

1 Leif Magne Eggestad			B&OI			(12,22min/km)			<b>48:53</b>	
3:57 (3)	6:18 (3)	14:53 (3)	19:21 (4)	25:00 (3)	26:55 (2)	33:57 (2)	35:31 (2)	39:56 (2)	44:51 (1)	
3:57/63	2:21/33	8:35/47	4:28/52	5:39/57	1:55/56	7:02/54	1:34/49	4:25/41	4:55/48	
+0:14 (3)	+0:04 (2)	+1:30 (6)	+1:59 (14)	+0:00 (1)	+0:07 (4)	+5:15 (5)	+0:02 (2)	+2:58 (11)	+1:35 (5)	
47:26 (1)	48:53 (1)	48:53 (1)								
2:35/51	1:27/150									
+0:19 (2)	+0:16 (5)	+0:00 (1)								
2 Ivar Aanerød			B&OI			(12,43min/km)			<b>49:44 (+0:51)</b>	
4:34 (9)	7:13 (7)	14:43 (2)	17:51 (2)	24:08 (1)	26:10 (1)	33:42 (1)	35:29 (1)	40:16 (3)	45:14 (2)	
4:34/63	2:39/33	7:30/47	3:08/52	6:17/57	2:02/56	7:32/54	1:47/49	4:47/41	4:58/48	
+0:51 (9)	+0:22 (7)	+0:25 (2)	+0:39 (8)	+0:38 (3)	+0:14 (12)	+5:45 (10)	+0:15 (6)	+3:20 (14)	+1:38 (6)	
48:24 (2)	49:44 (2)	49:44 (2)								
3:10/51	1:20/150									
+0:54 (12)	+0:09 (4)	+0:00 (1)								
3 Tore Jakola			B&OI			(12,63min/km)			<b>50:31 (+1:38)</b>	
4:16 (5)	6:33 (4)	13:38 (1)	16:07 (1)	25:34 (4)	27:59 (4)	34:43 (4)	36:15 (3)	39:28 (1)	46:35 (3)	
4:16/63	2:17/33	7:05/47	2:29/52	9:27/57	2:25/56	6:44/54	1:32/49	3:13/41	7:07/48	
+0:33 (5)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+3:48 (16)	+0:37 (13)	+4:57 (3)	+0:00 (1)	+1:46 (2)	+3:47 (13)	
49:16 (3)	50:31 (3)	50:31 (3)								
2:41/51	1:15/150									
+0:25 (3)	+0:04 (2)	+0:00 (1)								
4 Per Rekkedal			B&OI			(12,96min/km)			<b>51:51 (+2:58)</b>	
6:26 (17)	8:55 (16)	17:20 (6)	20:49 (6)	26:51 (5)	28:47 (5)	35:34 (5)	40:47 (4)	44:07 (4)	48:19 (4)	
6:26/63	2:29/33	8:25/47	3:29/52	6:02/57	1:56/56	6:47/54	5:13/49	3:20/41	4:12/48	
+2:43 (17)	+0:12 (4)	+1:20 (4)	+1:00 (9)	+0:23 (2)	+0:08 (5)	+5:00 (4)	+3:41 (16)	+1:53 (3)	+0:52 (2)	
50:35 (4)	51:51 (4)	51:51 (4)								
2:16/51	1:16/150									
+0:00 (1)	+0:05 (3)	+0:00 (1)								
5 Morten Tjøndal			B&OI			(13,39min/km)			<b>53:33 (+4:40)</b>	
4:06 (4)	6:49 (5)	15:00 (4)	18:38 (3)	24:56 (2)	26:57 (3)	34:06 (3)	41:16 (6)	44:57 (5)	49:41 (5)	
4:06/63	2:43/33	8:11/47	3:38/52	6:18/57	2:01/56	7:09/54	7:10/49	3:41/41	4:44/48	
+0:23 (4)	+0:26 (8)	+1:06 (3)	+1:09 (10)	+0:39 (4)	+0:13 (10)	+5:22 (6)	+5:38 (21)	+2:14 (7)	+1:24 (4)	
52:22 (5)	53:33 (5)	53:33 (5)								
2:41/51	1:11/150									
+0:25 (3)	+0:00 (1)	+0:00 (1)								
6 Torkel Irgens			B&OI			(14,13min/km)			<b>56:31 (+7:38)</b>	
3:43 (1)	6:15 (2)	23:48 (14)	26:48 (13)	33:52 (12)	35:40 (11)	42:15 (11)	44:00 (10)	47:30 (9)	52:08 (7)	
3:43/63	2:32/33	17:33/47	3:00/52	7:04/57	1:48/56	6:35/54	1:45/49	3:30/41	4:38/48	
+0:00 (1)	+0:15 (5)	+10:28 (18)	+0:31 (5)	+1:25 (7)	+0:00 (1)	+4:48 (2)	+0:13 (5)	+2:03 (6)	+1:18 (3)	
55:02 (6)	56:31 (6)	56:31 (6)								
2:54/51	1:29/150									
+0:38 (8)	+0:18 (6)	+0:00 (1)								
7 Arnulf Villmo			Korgen			(14,48min/km)			<b>57:54 (+9:01)</b>	
4:57 (11)	7:54 (10)	19:32 (8)	23:31 (9)	31:12 (11)	33:13 (8)	41:25 (9)	43:14 (9)	47:05 (8)	52:59 (8)	
4:57/63	2:57/33	11:38/47	3:59/52	7:41/57	2:01/56	8:12/54	1:49/49	3:51/41	5:54/48	
+1:14 (11)	+0:40 (12)	+4:33 (9)	+1:30 (12)	+2:02 (12)	+0:13 (10)	+6:25 (13)	+0:17 (7)	+2:24 (9)	+2:34 (9)	
56:15 (7)	57:54 (7)	57:54 (7)								
3:16/51	1:39/150									
+1:00 (14)	+0:28 (11)	+0:00 (1)								
8 Marit Johnsen			B&OI			(14,63min/km)			<b>58:32 (+9:39)</b>	
4:25 (8)	7:02 (6)	21:27 (12)	24:14 (11)	30:34 (9)	33:38 (9)	41:29 (10)	43:04 (8)	46:33 (6)	53:55 (10)	
4:25/63	2:37/33	14:25/47	2:47/52	6:20/57	3:04/56	7:51/54	1:35/49	3:29/41	7:22/48	

+0:42 (8)	+0:20 (6)	+7:20 (14)	+0:18 (3)	+0:41 (5)	+1:16 (15)	+6:04 (11)	+0:03 (3)	+2:02 (5)	+4:02 (15)
56:48 (8)	58:32 (8)	58:32 (8)							
2:53/51	1:44/150								
+0:37 (6)	+0:33 (14)	+0:00 (1)							

**9 Erlend Bullvåg** **B&OI** **(14,65min/km)** **58:37 (+9:44)**

5:25 (13)	8:43 (14)	17:10 (5)	20:08 (5)	27:51 (6)	29:45 (6)	37:05 (6)	42:47 (7)	47:34 (10)	53:44 (9)
5:25/63	3:18/33	8:27/47	2:58/52	7:43/57	1:54/56	7:20/54	5:42/49	4:47/41	6:10/48
+1:42 (13)	+1:01 (18)	+1:22 (5)	+0:29 (4)	+2:04 (13)	+0:06 (3)	+5:33 (8)	+4:10 (17)	+3:20 (14)	+2:50 (11)
56:52 (9)	58:37 (9)	58:37 (9)							
3:08/51	1:45/150								
+0:52 (11)	+0:34 (15)	+0:00 (1)							

**10 Anders Kure** **B&OI** **(15,21min/km)** **1:00:50 (+11:57)**

5:24 (12)	8:12 (12)	20:33 (10)	23:37 (10)	30:54 (10)	33:58 (10)	42:30 (12)	44:57 (11)	48:43 (11)	54:12 (11)
5:24/63	2:48/33	12:21/47	3:04/52	7:17/57	3:04/56	8:32/54	2:27/49	3:46/41	5:29/48
+1:41 (12)	+0:31 (9)	+5:16 (10)	+0:35 (6)	+1:38 (9)	+1:16 (15)	+6:45 (15)	+0:55 (13)	+2:19 (8)	+2:09 (7)
58:44 (11)	1:00:50 (10)	1:00:50 (10)							
4:32/51	2:06/150								
+2:16 (16)	+0:55 (18)	+0:00 (1)							

**11 Astrid Fugleneb** **B&OI** **(15,56min/km)** **1:02:15 (+13:22)**

3:47 (2)	6:12 (1)	20:00 (9)	22:34 (8)	29:51 (8)	37:22 (12)	39:09 (7)	45:35 (12)	47:02 (7)	50:22 (6)
3:47/63	2:25/33	13:48/47	2:34/52	7:17/46	7:31/57	1:47/56	6:26/54	1:27/49	3:20/41
+0:04 (2)	+0:08 (3)	+6:43 (12)	+0:05 (2)	+1:38 (9)	+5:43 (21)	+0:00 (1)	+4:54 (18)	+0:00 (1)	+0:00 (1)
58:21 (10)	1:00:53 (11)	1:02:15 (11)							
7:59/48	2:32/51	1:22/150							
+5:43 (20)	+1:21 (21)	+0:00 (1)							

**12 Jan Kåre Vatne** **Mo O-Klubb** **(17,75min/km)** **1:10:59 (+22:06)**

4:23 (7)	7:23 (8)	22:11 (13)	32:14 (16)	42:38 (16)	48:18 (17)	55:49 (17)	57:25 (17)	1:00:48 (16)	1:06:33 (13)
4:23/63	3:00/33	14:48/47	10:03/52	10:24/57	5:40/56	7:31/54	1:36/49	3:23/41	5:45/48
+0:40 (7)	+0:43 (13)	+7:43 (15)	+7:34 (20)	+4:45 (18)	+3:52 (18)	+5:44 (9)	+0:04 (4)	+1:56 (4)	+2:25 (8)
1:09:26 (12)	1:10:59 (12)	1:10:59 (12)							
2:53/51	1:33/150								
+0:37 (6)	+0:22 (8)	+0:00 (1)							

**13 Øyvind Bjørkås** **B&OI** **(17,97min/km)** **1:11:54 (+23:01)**

4:16 (5)	7:40 (9)	21:03 (11)	26:23 (12)	37:45 (14)	39:43 (14)	49:13 (14)	56:01 (16)	1:01:09 (17)	1:07:06 (14)
4:16/63	3:24/33	13:23/47	5:20/52	11:22/57	1:58/56	9:30/54	6:48/49	5:08/41	5:57/48
+0:33 (5)	+1:07 (19)	+6:18 (11)	+2:51 (17)	+5:43 (19)	+0:10 (6)	+7:43 (18)	+5:16 (19)	+3:41 (18)	+2:37 (10)
1:10:12 (13)	1:11:54 (13)	1:11:54 (13)							
3:06/51	1:42/150								
+0:50 (10)	+0:31 (12)	+0:00 (1)							

**14 Åge Mohus** **B&OI** **(18,10min/km)** **1:12:24 (+23:31)**

4:54 (10)	7:55 (11)	27:38 (18)	35:18 (17)	43:05 (17)	45:05 (16)	53:36 (16)	55:31 (15)	1:00:20 (15)	1:07:36 (15)
4:54/63	3:01/33	19:43/47	7:40/52	7:47/57	2:00/56	8:31/54	1:55/49	4:49/41	7:16/48
+1:11 (10)	+0:44 (14)	+12:38 (19)	+5:11 (19)	+2:08 (14)	+0:12 (7)	+6:44 (14)	+0:23 (11)	+3:22 (16)	+3:56 (14)
1:10:32 (14)	1:12:24 (14)	1:12:24 (14)							
2:56/51	1:52/150								
+0:40 (9)	+0:41 (17)	+0:00 (1)							

**15 Joar Henriksen** **B&OI** **(18,53min/km)** **1:14:07 (+25:14)**

9:50 (19)	12:41 (19)	24:00 (15)	28:56 (14)	36:21 (13)	38:52 (13)	46:09 (13)	48:01 (13)	52:44 (12)	1:09:49 (17)
9:50/63	2:51/33	11:19/47	4:56/52	7:25/57	2:31/56	7:17/54	1:52/49	4:43/41	17:05/48
+6:07 (19)	+0:34 (11)	+4:14 (8)	+2:27 (15)	+1:46 (11)	+0:43 (14)	+5:30 (7)	+0:20 (9)	+3:16 (12)	+13:45 (21)
1:12:31 (15)	1:14:07 (15)	1:14:07 (15)							
2:42/51	1:36/150								
+0:26 (5)	+0:25 (9)	+0:00 (1)							

**16 Dag Skogan** **B&OI** **(18,66min/km)** **1:14:39 (+25:46)**

5:25 (13)	8:37 (13)	18:15 (7)	22:08 (7)	29:15 (7)	31:15 (7)	39:19 (8)	41:08 (5)	59:37 (14)	1:09:48 (16)
5:25/63	3:12/33	9:38/47	3:53/52	7:07/57	2:00/56	8:04/54	1:49/49	18:29/41	10:11/48
+1:42 (13)	+0:55 (15)	+2:33 (7)	+1:24 (11)	+1:28 (8)	+0:12 (7)	+6:17 (12)	+0:17 (7)	+17:02 (21)	+6:51 (18)
1:13:02 (16)	1:14:39 (16)	1:14:39 (16)							
3:14/51	1:37/150								
+0:58 (13)	+0:26 (10)	+0:00 (1)							

17 Lisbeth Beyer Mo O-Klubb (18,88min/km) 1:15:32 (+26:39)

5:51 (16)	9:20 (17)	25:29 (16)	29:29 (15)	39:27 (15)	41:27 (15)	51:33 (15)	53:50 (14)	59:15 (13)	1:06:15 (12)
5:51/63	3:29/33	16:09/47	4:00/52	9:58/57	2:00/56	10:06/54	2:17/49	5:25/41	7:00/48
+2:08 (16)	+1:12 (20)	+9:04 (17)	+1:31 (13)	+4:19 (17)	+0:12 (7)	+8:19 (19)	+0:45 (12)	+3:58 (20)	+3:40 (12)
1:13:21 (17)	1:15:32 (17)	1:15:32 (17)							
7:06/51	2:11/150								
+4:50 (19)	+1:00 (19)	+0:00 (1)							

18 Anita Eriksen B&OI (22,26min/km) 1:29:03 (+40:10)

5:31 (15)	8:45 (15)	38:28 (21)	41:33 (20)	48:03 (19)	51:10 (18)	59:46 (18)	1:06:41 (18)	1:10:47 (18)	1:19:03 (18)
5:31/63	3:14/33	29:43/47	3:05/52	6:30/57	3:07/56	8:36/54	6:55/49	4:06/41	8:16/48
+1:48 (15)	+0:57 (16)	+22:38 (21)	+0:36 (7)	+0:51 (6)	+1:19 (17)	+6:49 (16)	+5:23 (20)	+2:39 (10)	+4:56 (16)
1:27:21 (18)	1:29:03 (18)	1:29:03 (18)							
8:18/51	1:42/150								
+6:02 (21)	+0:31 (12)	+0:00 (1)							

19 Odd Ivar Søvik B&OI (22,37min/km) 1:29:29 (+40:36)

8:26 (18)	11:14 (18)	26:05 (17)	37:07 (18)	55:41 (20)	57:32 (20)	1:06:23 (19)	1:08:17 (19)	1:13:02 (19)	1:24:40 (19)
8:26/63	2:48/33	14:51/47	11:02/52	18:34/57	1:51/56	8:51/54	1:54/49	4:45/41	11:38/48
+4:43 (18)	+0:31 (9)	+7:46 (16)	+8:33 (21)	+12:55 (21)	+0:03 (2)	+7:04 (17)	+0:22 (10)	+3:18 (13)	+8:18 (19)
1:27:58 (19)	1:29:29 (19)	1:29:29 (19)							
3:18/51	1:31/150								
+1:02 (15)	+0:20 (7)	+0:00 (1)							

20 Geir Moen B&OI (24,68min/km) 1:38:42 (+49:49)

16:52 (21)	20:06 (21)	33:55 (19)	39:00 (19)	47:48 (18)	54:26 (19)	1:13:18 (21)	1:15:50 (20)	1:20:40 (20)	1:29:30 (20)
16:52/63	3:14/33	13:49/47	5:05/52	8:48/57	6:38/56	18:52/54	2:32/49	4:50/41	8:50/48
+13:09 (21)	+0:57 (16)	+6:44 (13)	+2:36 (16)	+3:09 (15)	+4:50 (19)	+17:05 (21)	+1:00 (14)	+3:23 (17)	+5:30 (17)
1:36:26 (20)	1:38:42 (20)	1:38:42 (20)							
6:56/51	2:16/150								
+4:40 (18)	+1:05 (20)	+0:00 (1)							

21 Jacob Kalvig Skogan B&OI (25,20min/km) 1:40:49 (+51:56)

11:10 (20)	14:51 (20)	36:32 (20)	43:56 (21)	56:19 (21)	1:03:03 (21)	1:13:16 (20)	1:16:10 (21)	1:21:24 (21)	1:34:01 (21)
11:10/63	3:41/33	21:41/47	7:24/52	12:23/57	6:44/56	10:13/54	2:54/49	5:14/41	12:37/48
+7:27 (20)	+1:24 (21)	+14:36 (20)	+4:55 (18)	+6:44 (20)	+4:56 (20)	+8:26 (20)	+1:22 (15)	+3:47 (19)	+9:17 (20)
1:38:58 (21)	1:40:49 (21)	1:40:49 (21)							
4:57/51	1:51/150								
+2:41 (17)	+0:40 (16)	+0:00 (1)							

Ola Skogstad B&OI (17,48min/km) Disk (+21:03)

4:32 (9)	7:21 (8)	17:12 (6)	20:26 (6)	27:42 (6)	38:32 (13)	46:04 (13)	47:55 (13)	52:32 (12)	1:01:02 (12)
4:32/63	2:49/33	9:51/47	3:14/52	7:16/46	10:50/56	7:32/54	1:51/49	4:37/41	8:30/48
+0:49 (9)	+0:32 (11)	+2:46 (8)	+0:45 (9)	+1:37 (9)	+9:02 (22)	+5:45 (10)	+0:19 (9)	+3:10 (12)	+5:10 (17)
1:08:28 (12)	1:09:56 (12)	1:09:56 (12)							
7:26/51	1:28/150								
+5:10 (20)	+0:17 (6)	+0:00 (1)							

## Klasse 6km 6,0 km

10 påmeldt, 10 startende

1 Nils Aamand B&OI (8,71min/km) 52:16

2:49 (1)	4:39 (1)	11:48 (2)	19:07 (2)	22:26 (2)	29:16 (1)	30:57 (1)	32:02 (1)	34:27 (2)	39:59 (1)
2:49/63	1:50/33	7:09/47	7:19/44	3:19/45	6:50/38	1:41/46	1:05/57	2:25/56	5:32/41
+0:00 (1)	+0:00 (1)	+0:44 (2)	+0:14 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:08 (4)	+0:57 (7)	+0:00 (1)
43:05 (1)	44:12 (1)	51:14 (1)	52:16 (1)						
3:06/49	1:07/54	7:02/51	1:02/150						
+0:00 (1)	+0:00 (1)	+0:14 (2)	+0:00 (1)						

2 Arild Hegreberg B&OI (9,00min/km) 54:01 (+1:45)

2:57 (2)	4:54 (2)	11:19 (1)	18:24 (1)	22:12 (1)	29:24 (2)	31:24 (2)	32:21 (2)	33:51 (1)	40:08 (2)
2:57/63	1:57/33	6:25/47	7:05/44	3:48/45	7:12/38	2:00/46	0:57/57	1:30/56	6:17/41
+0:08 (2)	+0:07 (3)	+0:00 (1)	+0:00 (1)	+0:29 (2)	+0:22 (2)	+0:19 (2)	+0:00 (1)	+0:02 (2)	+0:45 (2)
44:22 (2)	45:45 (2)	52:33 (2)	54:01 (2)						
4:14/49	1:23/54	6:48/51	1:28/150						
+1:08 (5)	+0:16 (5)	+0:00 (1)	+0:26 (7)						

<b>3</b>	<b>Ole Morten Wie</b>		<b>Mo O-Klubb</b>		<b>(10,52min/km)</b>	<b>1:03:08</b>	<b>(+10:52)</b>			
	3:38 (4)	5:53 (4)	13:22 (3)	22:15 (3)	27:14 (3)	35:05 (3)	37:05 (3)	38:13 (3)	40:39 (3)	48:21 (3)
	3:38/63	2:15/33	7:29/47	8:53/44	4:59/45	7:51/38	2:00/46	1:08/57	2:26/56	7:42/41
	+0:49 (4)	+0:25 (6)	+1:04 (3)	+1:48 (5)	+1:40 (8)	+1:01 (3)	+0:19 (2)	+0:11 (5)	+0:58 (8)	+2:10 (7)
	52:56 (3)	54:12 (3)	1:01:35 (3)	1:03:08 (3)						
	4:35/49	1:16/54	7:23/51	1:33/150						
	+1:29 (6)	+0:09 (3)	+0:35 (3)	+0:31 (8)						
<b>4</b>	<b>Lars Petter Rekkedal</b>		<b>B&amp;OI</b>		<b>(11,54min/km)</b>	<b>1:09:14</b>	<b>(+16:58)</b>			
	4:20 (7)	6:36 (7)	14:14 (4)	23:35 (4)	28:03 (4)	37:08 (4)	39:36 (4)	41:42 (4)	43:58 (4)	50:54 (4)
	4:20/63	2:16/33	7:38/47	9:21/44	4:28/45	9:05/38	2:28/46	2:06/57	2:16/56	6:56/41
	+1:31 (7)	+0:26 (8)	+1:13 (4)	+2:16 (7)	+1:09 (6)	+2:15 (6)	+0:47 (6)	+1:09 (7)	+0:48 (5)	+1:24 (3)
	58:33 (4)	59:55 (4)	1:08:08 (4)	1:09:14 (4)						
	7:39/49	1:22/54	8:13/51	1:06/150						
	+4:33 (8)	+0:15 (4)	+1:25 (7)	+0:04 (4)						
<b>5</b>	<b>Lars Reitan</b>		<b>B&amp;OI</b>		<b>(11,61min/km)</b>	<b>1:09:38</b>	<b>(+17:22)</b>			
	2:59 (3)	4:54 (2)	16:47 (5)	24:26 (5)	28:30 (5)	37:48 (5)	45:25 (6)	46:27 (6)	47:57 (5)	54:58 (5)
	2:59/63	1:55/33	11:53/47	7:39/44	4:04/45	9:18/38	7:37/46	1:02/57	1:30/56	7:01/41
	+0:10 (3)	+0:05 (2)	+5:28 (7)	+0:34 (4)	+0:45 (4)	+2:28 (7)	+5:56 (8)	+0:05 (3)	+0:02 (2)	+1:29 (4)
	58:54 (5)	1:00:31 (5)	1:08:23 (5)	1:09:38 (5)						
	3:56/49	1:37/54	7:52/51	1:15/150						
	+0:50 (4)	+0:30 (6)	+1:04 (4)	+0:13 (5)						
<b>6</b>	<b>Magnus Beyer Brattli</b>		<b>Mo O-Klubb</b>		<b>(12,02min/km)</b>	<b>1:12:07</b>	<b>(+19:51)</b>			
	4:00 (6)	6:14 (6)	19:39 (7)	27:17 (7)	31:26 (7)	45:28 (7)	47:53 (7)	48:53 (7)	50:21 (7)	57:25 (6)
	4:00/63	2:14/33	13:25/47	7:38/44	4:09/45	14:02/38	2:25/46	1:00/57	1:28/56	7:04/41
	+1:11 (6)	+0:24 (5)	+7:00 (8)	+0:33 (3)	+0:50 (5)	+7:12 (8)	+0:44 (5)	+0:03 (2)	+0:00 (1)	+1:32 (5)
	1:01:18 (6)	1:03:06 (6)	1:11:03 (6)	1:12:07 (6)						
	3:53/49	1:48/54	7:57/51	1:04/150						
	+0:47 (3)	+0:41 (8)	+1:09 (5)	+0:02 (2)						
<b>7</b>	<b>Yngve Skogstad</b>		<b>Mo O-Klubb</b>		<b>(12,45min/km)</b>	<b>1:14:41</b>	<b>(+22:25)</b>			
	3:42 (5)	5:57 (5)	17:09 (6)	26:13 (6)	30:09 (6)	38:50 (6)	40:52 (5)	45:57 (5)	48:16 (6)	1:01:12 (8)
	3:42/63	2:15/33	11:12/47	9:04/44	3:56/45	8:41/38	2:02/46	5:05/57	2:19/56	12:56/41
	+0:53 (5)	+0:25 (6)	+4:47 (6)	+1:59 (6)	+0:37 (3)	+1:51 (5)	+0:21 (4)	+4:08 (8)	+0:51 (6)	+7:24 (8)
	1:04:24 (8)	1:05:31 (7)	1:13:37 (7)	1:14:41 (7)						
	3:12/49	1:07/54	8:06/51	1:04/150						
	+0:06 (2)	+0:00 (1)	+1:18 (6)	+0:02 (2)						
<b>8</b>	<b>Jørund Eldevik</b>		<b>B&amp;OI</b>		<b>(12,96min/km)</b>	<b>1:17:47</b>	<b>(+25:31)</b>			
	11:19 (8)	13:26 (8)	23:57 (8)	33:24 (8)	37:55 (8)	45:59 (8)	48:50 (8)	50:13 (8)	51:52 (8)	59:12 (7)
	11:19/63	2:07/33	10:31/47	9:27/44	4:31/45	8:04/38	2:51/46	1:23/57	1:39/56	7:20/41
	+8:30 (8)	+0:17 (4)	+4:06 (5)	+2:22 (8)	+1:12 (7)	+1:14 (4)	+1:10 (7)	+0:26 (6)	+0:11 (4)	+1:48 (6)
	1:04:20 (7)	1:06:07 (8)	1:16:28 (8)	1:17:47 (8)						
	5:08/49	1:47/54	10:21/51	1:19/150						
	+2:02 (7)	+0:40 (7)	+3:33 (8)	+0:17 (6)						
	<b>Jan Gaute Buvik</b>		<b>Korgen</b>		<b>(10,89min/km)</b>	<b>Brutt</b>	<b>(+13:03)</b>			
	4:55 (8)	7:25 (8)	15:39 (5)	24:58 (6)	29:35 (6)	38:24 (6)	40:41 (5)	41:56 (5)	43:52 (4)	1:03:26 (9)
	4:55/63	2:30/33	8:14/47	9:19/44	4:37/45	8:49/38	2:17/46	1:15/57	1:56/56	19:34/51
	+2:06 (8)	+0:40 (9)	+1:49 (5)	+2:14 (7)	+1:18 (8)	+1:59 (6)	+0:36 (5)	+0:18 (6)	+0:28 (5)	+14:02 (9)
	1:05:19 (9)	1:05:19 (7)	1:05:19 (4)	1:05:19 (4)						
	1:53/150									
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)						
	<b>Petter Jakola</b>		<b>B&amp;OI</b>		<b>(11,94min/km)</b>	<b>Brutt</b>	<b>(+19:23)</b>			
	4:52 (8)	7:05 (8)	22:50 (8)	36:53 (9)	42:27 (9)	51:27 (9)	56:27 (9)	59:01 (9)	1:11:39 (9)	1:11:39 (9)
	4:52/63	2:13/33	15:45/47	14:03/44	5:34/45	9:00/38	5:00/46	2:34/57	12:38/150	
	+2:03 (8)	+0:23 (5)	+9:20 (9)	+6:58 (9)	+2:15 (9)	+2:10 (6)	+3:19 (8)	+1:37 (8)	+11:10 (9)	+0:00 (1)
	1:11:39 (9)	1:11:39 (9)	1:11:39 (7)	1:11:39 (6)						
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)						

## Klasse Nybegynner 1,5 km

5 påmeldt, 5 startende

Valter Bullvåg			B&OI			<i>(19,17min/km)</i>		<b>28:45</b>
2:35 (4)	9:06 (3)	13:38 (4)	16:32 (2)	21:42 (3)	24:12 (2)	26:01 (2)	28:45 (3)	
2:35/58	6:31/53	4:32/62	2:54/36	5:10/40	2:30/31	1:49/58	2:44/150	
+0:13 (4)	+1:39 (4)	+0:46 (3)	+0:50 (2)	+0:53 (5)	+0:00 (1)	+0:22 (4)	+0:43 (4)	

Brit H Erlandsen			B&OI			<i>(19,17min/km)</i>		<b>28:45</b>
2:34 (3)	9:08 (5)	13:37 (3)	16:37 (3)	21:35 (2)	24:14 (3)	26:03 (3)	28:45 (2)	
2:34/58	6:34/53	4:29/62	3:00/36	4:58/40	2:39/31	1:49/58	2:42/150	
+0:12 (3)	+1:42 (5)	+0:43 (2)	+0:56 (3)	+0:41 (4)	+0:09 (2)	+0:22 (4)	+0:41 (3)	

Anna S Nilsen			B&OI			<i>(19,63min/km)</i>		<b>29:27</b>
2:23 (2)	8:52 (2)	13:24 (2)	17:42 (5)	22:28 (5)	25:59 (5)	27:26 (5)	29:27 (4)	
2:23/58	6:29/53	4:32/62	4:18/36	4:46/40	3:31/31	1:27/58	2:01/150	
+0:01 (2)	+1:37 (3)	+0:46 (3)	+2:14 (5)	+0:29 (3)	+1:01 (5)	+0:00 (1)	+0:00 (1)	

Lotte Reitan			B&OI			<i>(16,01min/km)</i>		<b>24:01</b>
2:22 (1)	7:14 (1)	11:00 (1)	13:04 (1)	17:21 (1)	20:06 (1)	21:39 (1)	24:01 (1)	
2:22/58	4:52/53	3:46/62	2:04/36	4:17/40	2:45/31	1:33/58	2:22/150	
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:15 (3)	+0:06 (3)	+0:21 (2)	

Martha Kalvig Skogan			B&OI			<i>(20,11min/km)</i>		<b>30:10</b>
3:27 (5)	9:06 (3)	13:58 (5)	17:38 (4)	22:07 (4)	25:35 (4)	27:06 (4)	30:10 (5)	
3:27/58	5:39/53	4:52/62	3:40/36	4:29/40	3:28/31	1:31/58	3:04/150	
+1:05 (5)	+0:47 (2)	+1:06 (5)	+1:36 (4)	+0:12 (2)	+0:58 (4)	+0:04 (2)	+1:03 (5)	