

+0:00 (1)

5	Pål Jensen		Ukjent		(13,08min/km)	39:15	(+9:49)		
9:36 (18)	11:26 (12)	17:05 (10)	18:35 (8)	23:32 (5)	25:41 (5)	35:24 (5)	37:28 (5)	38:43 (5)	39:15 (5)
9:36/119	1:50/120	5:39/46	1:30/47	4:57/51	2:09/123	9:43/249	2:04/111	1:15/100	0:32/57
+4:35 (18)	+0:01 (2)	+1:40 (6)	+0:07 (2)	+0:00 (1)	+0:59 (14)	+4:47 (11)	+0:03 (2)	+0:17 (5)	+0:03 (2)
39:15 (5)									

+0:00 (1)

6	Jon Øverås		B&OI		(13,78min/km)	41:20	(+11:54)		
5:49 (4)	8:05 (5)	15:13 (6)	18:04 (6)	25:00 (6)	26:40 (6)	36:17 (6)	39:00 (6)	40:25 (6)	41:20 (6)
5:49/119	2:16/120	7:08/46	2:51/47	6:56/51	1:40/123	9:37/249	2:43/111	1:25/100	0:55/57
+0:48 (4)	+0:27 (6)	+3:09 (11)	+1:28 (12)	+1:59 (11)	+0:30 (8)	+4:41 (10)	+0:42 (11)	+0:27 (8)	+0:26 (19)
41:20 (6)									

+0:00 (1)

7	Heidi Mørkved		Innstranden IL		(13,90min/km)	41:42	(+12:16)		
5:45 (3)	7:42 (2)	12:29 (2)	16:15 (3)	22:30 (3)	25:19 (4)	37:40 (8)	39:58 (7)	41:06 (7)	41:42 (7)
5:45/119	1:57/120	4:47/46	3:46/47	6:15/51	2:49/123	12:21/249	2:18/111	1:08/100	0:36/57
+0:44 (3)	+0:08 (4)	+0:48 (2)	+2:23 (19)	+1:18 (6)	+1:39 (19)	+7:25 (15)	+0:17 (6)	+0:10 (4)	+0:07 (5)
41:42 (7)									

+0:00 (1)

8	Sander Pettersen		B&OI		(14,41min/km)	43:14	(+13:48)		
6:19 (6)	8:57 (6)	15:59 (9)	17:53 (5)	25:48 (8)	27:24 (7)	39:02 (9)	41:16 (8)	42:41 (8)	43:14 (8)
6:19/119	2:38/120	7:02/46	1:54/47	7:55/51	1:36/123	11:38/249	2:14/111	1:25/100	0:33/57
+1:18 (6)	+0:49 (10)	+3:03 (10)	+0:31 (5)	+2:58 (14)	+0:26 (6)	+6:42 (13)	+0:13 (5)	+0:27 (8)	+0:04 (3)
43:14 (8)									

+0:00 (1)

9	Ida Hegreberg		B&OI		(14,91min/km)	44:43	(+15:17)		
8:19 (15)	10:46 (10)	18:21 (12)	20:33 (10)	27:57 (10)	29:56 (10)	37:36 (7)	41:42 (9)	43:48 (9)	44:43 (9)
8:19/119	2:27/120	7:35/46	2:12/47	7:24/51	1:59/123	7:40/249	4:06/111	2:06/100	0:55/57
+3:18 (15)	+0:38 (8)	+3:36 (15)	+0:49 (10)	+2:27 (13)	+0:49 (11)	+2:44 (7)	+2:05 (22)	+1:08 (19)	+0:26 (19)
44:43 (9)									

+0:00 (1)

10	Erling Pedersen		IL Siso		(15,11min/km)	45:20	(+15:54)		
7:05 (9)	9:06 (7)	13:05 (3)	26:21 (17)	32:42 (17)	33:53 (15)	40:38 (10)	43:18 (10)	44:20 (10)	45:03 (10)
7:05/119	2:01/120	3:59/46	13:16/47	6:21/51	1:11/123	6:45/249	2:40/111	1:02/100	0:43/57
+2:04 (9)	+0:12 (5)	+0:00 (1)	+11:53 (23)	+1:24 (7)	+0:01 (2)	+1:49 (3)	+0:39 (10)	+0:04 (2)	+0:14 (11)
45:20 (10)									

0:17/250

+0:00 (1)

11	Carl A Boe		B&OI		(15,66min/km)	46:58	(+17:32)		
8:40 (16)	11:57 (14)	19:16 (13)	25:12 (16)	32:06 (16)	33:59 (16)	41:23 (11)	44:32 (11)	46:08 (11)	46:58 (11)
8:40/119	3:17/120	7:19/46	5:56/47	6:54/51	1:53/123	7:24/249	3:09/111	1:36/100	0:50/57
+3:39 (16)	+1:28 (12)	+3:20 (13)	+4:33 (22)	+1:57 (10)	+0:43 (9)	+2:28 (5)	+1:08 (13)	+0:38 (11)	+0:21 (17)
46:58 (11)									

+0:00 (1)

12	Regula Høsli		B&OI		(16,28min/km)	48:50	(+19:24)		
7:52 (11)	12:36 (16)	19:59 (14)	22:06 (12)	30:51 (12)	33:06 (12)	42:18 (12)	45:46 (12)	47:39 (12)	48:50 (12)
7:52/119	4:44/120	7:23/46	2:07/47	8:45/51	2:15/123	9:12/249	3:28/111	1:53/100	1:11/57
+2:51 (11)	+2:55 (18)	+3:24 (14)	+0:44 (8)	+3:48 (16)	+1:05 (17)	+4:16 (8)	+1:27 (18)	+0:55 (16)	+0:42 (22)
48:50 (12)									

+0:00 (1)

13	Carol Iddles		B&OI		(16,49min/km)	49:29	(+20:03)		
8:18 (14)	10:55 (11)	17:28 (11)	20:45 (11)	27:35 (9)	29:13 (9)	43:56 (13)	46:26 (13)	48:14 (13)	48:50 (12)

8:18/119 2:37/120 6:33/46 3:17/47 6:50/51 1:38/123 14:43/249 2:30/111 1:48/100 0:36/57
+3:17 (14) +0:48 (9) +2:34 (9) +1:54 (15) +1:53 (8) +0:28 (7) +9:47 (19) +0:29 (8) +0:50 (15) +0:07 (5)
49:29 (13)
0:39/250
+0:22 (3)

14 Christian Søvik B&OI (17,16min/km) 51:28 (+22:02)
8:02 (12) 11:58 (15) 21:27 (17) 23:36 (14) 32:06 (15) 34:03 (17) 45:46 (14) 49:00 (14) 50:43 (14) 51:28 (14)
8:02/119 3:56/120 9:29/46 2:09/47 8:30/51 1:57/123 11:43/249 3:14/111 1:43/100 0:45/57
+3:01 (12) +2:07 (17) +5:30 (19) +0:46 (9) +3:33 (15) +0:47 (10) +6:47 (14) +1:13 (15) +0:45 (13) +0:16 (13)
51:28 (14)
+0:00 (1)

15 Ingunn Jakola B&OI (17,26min/km) 51:47 (+22:21)
7:12 (10) 14:51 (19) 20:26 (16) 22:19 (13) 31:14 (14) 33:14 (13) 46:05 (15) 49:22 (15) 51:00 (15) 51:47 (15)
7:12/119 7:39/120 5:35/46 1:53/47 8:55/51 2:00/123 12:51/249 3:17/111 1:38/100 0:47/57
+2:11 (10) +5:50 (23) +1:36 (5) +0:30 (4) +3:58 (17) +0:50 (12) +7:55 (16) +1:16 (16) +0:40 (12) +0:18 (15)
51:47 (15)
+0:00 (1)

16 Torbjørn H Olsen B&OI (18,11min/km) 54:20 (+24:54)
5:32 (2) 7:49 (3) 15:05 (5) 19:18 (9) 28:50 (11) 30:13 (11) 49:50 (17) 52:26 (17) 53:51 (16) 54:20 (16)
5:32/119 2:17/120 7:16/46 4:13/47 9:32/51 1:23/123 19:37/249 2:36/111 1:25/100 0:29/57
+0:31 (2) +0:28 (7) +3:17 (12) +2:50 (20) +4:35 (18) +0:13 (4) +14:41 (22) +0:35 (9) +0:27 (8) +0:00 (1)
54:20 (16)
+0:00 (1)

17 Jacob Kalvig Skogan B&OI (18,28min/km) 54:51 (+25:25)
8:15 (13) 11:49 (13) 20:24 (15) 23:54 (15) 31:12 (13) 33:21 (14) 48:28 (16) 51:40 (16) 53:56 (17) 54:33 (17)
8:15/119 3:34/120 8:35/46 3:30/47 7:18/51 2:09/123 15:07/249 3:12/111 2:16/100 0:37/57
+3:14 (13) +1:45 (13) +4:36 (18) +2:07 (16) +2:21 (12) +0:59 (14) +10:11 (20) +1:11 (14) +1:18 (21) +0:08 (8)
54:51 (17)
0:18/250
+0:01 (2)

18 Tore Tveraabak Ukjent (18,76min/km) 56:16 (+26:50)
17:33 (23) 22:25 (23) 30:10 (23) 32:09 (22) 38:07 (19) 39:35 (18) 50:33 (19) 53:52 (19) 55:38 (18) 56:16 (18)
17:33/119 4:52/120 7:45/46 1:59/47 5:58/51 1:28/123 10:58/249 3:19/111 1:46/100 0:38/57
+12:32 (23) +3:03 (19) +3:46 (16) +0:36 (7) +1:01 (4) +0:18 (5) +6:02 (12) +1:18 (17) +0:48 (14) +0:09 (9)
56:16 (18)
+0:00 (1)

19 Einar Hauglid Ukjent (18,98min/km) 56:56 (+27:30)
9:46 (19) 15:56 (21) 23:54 (18) 27:02 (18) 37:12 (18) 40:25 (19) 49:50 (17) 52:44 (18) 56:01 (19) 56:56 (19)
9:46/119 6:10/120 7:58/46 3:08/47 10:10/51 3:13/123 9:25/249 2:54/111 3:17/100 0:55/57
+4:45 (19) +4:21 (22) +3:59 (17) +1:45 (13) +5:13 (19) +2:03 (20) +4:29 (9) +0:53 (12) +2:19 (22) +0:26 (19)
56:56 (19)
+0:00 (1)

20 Siv Byberg Ukjent (22,29min/km) 1:06:53 (+37:27)
9:53 (21) 13:36 (17) 24:02 (20) 27:33 (20) 41:58 (21) 45:54 (21) 59:58 (20) 1:03:56 (20) 1:06:09 (21) 1:06:53 (20)
9:53/119 3:43/120 10:26/46 3:31/47 14:25/51 3:56/123 14:04/249 3:58/111 2:13/100 0:44/57
+4:52 (21) +1:54 (15) +6:27 (21) +2:08 (17) +9:28 (22) +2:46 (21) +9:08 (18) +1:57 (20) +1:15 (20) +0:15 (12)
1:06:53 (20)
+0:00 (1)

21 Jannike Persson Ukjent (22,33min/km) 1:07:00 (+37:34)
9:51 (20) 13:36 (17) 24:00 (19) 27:33 (19) 42:06 (22) 46:02 (22) 1:00:04 (21) 1:04:02 (21) 1:06:07 (20) 1:07:00 (21)
9:51/119 3:45/120 10:24/46 3:33/47 14:33/51 3:56/123 14:02/249 3:58/111 2:05/100 0:53/57
+4:50 (20) +1:56 (16) +6:25 (20) +2:10 (18) +9:36 (23) +2:46 (21) +9:06 (17) +1:57 (20) +1:07 (18) +0:24 (18)
1:07:00 (21)

+0:00 (1)

22 Arnold Danielsen				B&OI		(24,22min/km)		1:12:40	(+43:14)
9:07 (17)	15:04 (20)	25:57 (21)	29:11 (21)	39:58 (20)	42:45 (20)	1:06:03 (23)	1:09:57 (22)	1:11:54 (22)	1:12:40 (22)
9:07/119	5:57/120	10:53/46	3:14/47	10:47/51	2:47/123	23:18/249	3:54/111	1:57/100	0:46/57
+4:06 (17)	+4:08 (21)	+6:54 (23)	+1:51 (14)	+5:50 (20)	+1:37 (18)	+18:22 (23)	+1:53 (19)	+0:59 (17)	+0:17 (14)
1:12:40 (22)									

+0:00 (1)

23 Ragnar Johnsen				Ukjent		(25,23min/km)		1:15:41	(+46:15)
13:10 (22)	18:15 (22)	28:56 (22)	33:25 (23)	46:07 (23)	50:41 (23)	1:05:59 (22)	1:10:17 (23)	1:13:51 (23)	1:15:41 (23)
13:10/119	5:05/120	10:41/46	4:29/47	12:42/51	4:34/123	15:18/249	4:18/111	3:34/100	1:50/57
+8:09 (22)	+3:16 (20)	+6:42 (22)	+3:06 (21)	+7:45 (21)	+3:24 (23)	+10:22 (21)	+2:17 (23)	+2:36 (23)	+1:21 (23)
1:15:41 (23)									

+0:00 (1)

Håkon Hegreberg				B&OI		(10,35min/km)		Disk	(+1:37)
5:05 (2)	10:58 (12)	12:54 (3)	18:55 (9)	20:25 (2)	26:24 (6)	29:00 (3)	30:35 (2)	31:03 (2)	31:03 (2)
5:05/119	5:53/46	1:56/47	6:01/51	1:30/123	5:59/249	2:36/111	1:35/100	0:28/57	
+0:04 (2)	+4:04 (21)	+0:00 (1)	+4:38 (23)	+0:00 (1)	+4:49 (24)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
31:03 (2)									

+0:00 (1)

Klasse 4 km 4,0 km

21 påmeldt, 21 startende

1 Per Rekkedal				B&OI		(9,30min/km)		37:12	
4:40 (1)	7:30 (2)	9:28 (1)	10:43 (1)	17:30 (2)	18:54 (1)	21:25 (1)	26:02 (1)	27:41 (1)	29:21 (1)
4:40/122	2:50/45	1:58/46	1:15/47	6:47/48	1:24/49	2:31/50	4:37/123	1:39/120	1:40/119
+0:00 (1)	+0:56 (13)	+0:05 (2)	+0:08 (3)	+0:24 (3)	+0:05 (2)	+0:00 (1)	+0:08 (2)	+0:10 (3)	+0:06 (2)
30:25 (1)	35:06 (1)	36:43 (1)	37:12 (1)						
1:04/121	4:41/125	1:37/100	0:29/57						
+0:08 (5)	+0:10 (3)	+0:06 (2)	+0:01 (2)						

2 Tore Jakola				B&OI		(9,67min/km)		38:40	(+1:28)
5:51 (5)	7:53 (5)	10:08 (5)	11:15 (4)	17:49 (3)	19:23 (3)	22:38 (3)	27:07 (3)	28:36 (3)	30:25 (2)
5:51/122	2:02/45	2:15/46	1:07/47	6:34/48	1:34/49	3:15/50	4:29/123	1:29/120	1:49/119
+1:11 (5)	+0:08 (2)	+0:22 (5)	+0:00 (1)	+0:11 (2)	+0:15 (5)	+0:44 (6)	+0:00 (1)	+0:00 (1)	+0:15 (5)
31:24 (2)	36:39 (2)	38:10 (2)	38:40 (2)						
0:59/121	5:15/125	1:31/100	0:30/57						
+0:03 (2)	+0:44 (7)	+0:00 (1)	+0:02 (3)						

3 Bjørn Are Stensland				B&OI		(9,85min/km)		39:24	(+2:12)
6:14 (10)	8:41 (9)	11:03 (9)	12:19 (7)	19:07 (6)	20:34 (5)	23:31 (5)	28:10 (4)	30:02 (4)	31:46 (4)
6:14/122	2:27/45	2:22/46	1:16/47	6:48/48	1:27/49	2:57/50	4:39/123	1:52/120	1:44/119
+1:34 (10)	+0:33 (10)	+0:29 (7)	+0:09 (4)	+0:25 (5)	+0:08 (3)	+0:26 (4)	+0:10 (3)	+0:23 (10)	+0:10 (4)
32:45 (4)	37:16 (4)	38:56 (3)	39:24 (3)						
0:59/121	4:31/125	1:40/100	0:28/57						
+0:03 (2)	+0:00 (1)	+0:09 (3)	+0:00 (1)						

4 Petter Jakola				B&OI		(9,95min/km)		39:49	(+2:37)
6:09 (9)	8:03 (6)	9:56 (4)	11:05 (2)	17:28 (1)	18:57 (2)	21:44 (2)	26:44 (2)	28:26 (2)	30:29 (3)
6:09/122	1:54/45	1:53/46	1:09/47	6:23/48	1:29/49	2:47/50	5:00/123	1:42/120	2:03/119
+1:29 (9)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:00 (1)	+0:10 (4)	+0:16 (2)	+0:31 (4)	+0:13 (4)	+0:29 (13)
31:28 (3)	37:11 (3)	39:16 (4)	39:49 (4)						
0:59/121	5:43/125	2:05/100	0:33/57						
+0:03 (2)	+1:12 (11)	+0:34 (11)	+0:05 (6)						

5 Audun Braaten				Fana		(10,14min/km)		40:33	(+3:21)
5:46 (4)	7:52 (4)	10:18 (6)	11:39 (6)	19:14 (7)	20:48 (6)	23:35 (6)	28:59 (6)	30:30 (5)	32:04 (5)
5:46/122	2:06/45	2:26/46	1:21/47	7:35/48	1:34/49	2:47/50	5:24/123	1:31/120	1:34/119
+1:06 (4)	+0:12 (4)	+0:33 (10)	+0:14 (6)	+1:12 (9)	+0:15 (5)	+0:16 (2)	+0:55 (8)	+0:02 (2)	+0:00 (1)
33:17 (5)	38:08 (5)	39:56 (5)	40:33 (5)						
1:13/121	4:51/125	1:48/100	0:37/57						

	+0:17 (13)	+0:20 (5)	+0:17 (4)	+0:09 (11)						
6	Torkel Irgens			B&OI			(10,36min/km)	41:27	(+4:15)	
	5:28 (3)	7:31 (3)	9:46 (2)	11:11 (3)	17:58 (4)	19:42 (4)	23:17 (4)	28:33 (5)	30:39 (6)	32:30 (6)
	5:28/122	2:03/45	2:15/46	1:25/47	6:47/48	1:44/49	3:35/50	5:16/123	2:06/120	1:51/119
	+0:48 (3)	+0:09 (3)	+0:22 (5)	+0:18 (7)	+0:24 (3)	+0:25 (8)	+1:04 (10)	+0:47 (6)	+0:37 (14)	+0:17 (6)
	33:37 (6)	39:05 (6)	40:56 (6)	41:27 (6)						
	1:07/121	5:28/125	1:51/100	0:31/57						
	+0:11 (9)	+0:57 (8)	+0:20 (5)	+0:03 (4)						
7	Jonny Jakobsen			Valnesfjord IL			(10,97min/km)	43:53	(+6:41)	
	5:08 (2)	7:22 (1)	9:52 (3)	11:32 (5)	18:55 (5)	21:25 (7)	25:22 (7)	30:28 (7)	32:12 (7)	34:24 (7)
	5:08/122	2:14/45	2:30/46	1:40/47	7:23/48	2:30/49	3:57/50	5:06/123	1:44/120	2:12/119
	+0:28 (2)	+0:20 (5)	+0:37 (11)	+0:33 (11)	+1:00 (8)	+1:11 (20)	+1:26 (11)	+0:37 (5)	+0:15 (5)	+0:38 (15)
	35:30 (7)	41:15 (7)	43:17 (7)	43:53 (7)						
	1:06/121	5:45/125	2:02/100	0:36/57						
	+0:10 (7)	+1:14 (12)	+0:31 (8)	+0:08 (9)						
8	Astrid Fugleneb			Ukjent			(11,18min/km)	44:43	(+7:31)	
	6:51 (13)	11:31 (19)	13:38 (18)	14:55 (15)	22:03 (9)	23:22 (8)	26:51 (9)	32:13 (8)	34:01 (8)	35:43 (8)
	6:51/122	4:40/45	2:07/46	1:17/47	7:08/48	1:19/49	3:29/50	5:22/123	1:48/120	1:42/119
	+2:11 (13)	+2:46 (20)	+0:14 (3)	+0:10 (5)	+0:45 (6)	+0:00 (1)	+0:58 (8)	+0:53 (7)	+0:19 (8)	+0:08 (3)
	36:39 (8)	41:20 (8)	44:11 (8)	44:43 (8)						
	0:56/121	4:41/125	2:51/100	0:32/57						
	+0:00 (1)	+0:10 (3)	+1:20 (19)	+0:04 (5)						
9	Leif Magne Eggestad			B&OI			(11,43min/km)	45:44	(+8:32)	
	6:49 (12)	11:05 (18)	13:18 (17)	15:05 (18)	22:15 (11)	24:08 (10)	27:24 (10)	33:43 (10)	35:27 (10)	37:20 (10)
	6:49/122	4:16/45	2:13/46	1:47/47	7:10/48	1:53/49	3:16/50	6:19/123	1:44/120	1:53/119
	+2:09 (12)	+2:22 (19)	+0:20 (4)	+0:40 (14)	+0:47 (7)	+0:34 (10)	+0:45 (7)	+1:50 (17)	+0:15 (5)	+0:19 (7)
	38:26 (9)	43:04 (9)	45:06 (9)	45:44 (9)						
	1:06/121	4:38/125	2:02/100	0:38/57						
	+0:10 (7)	+0:07 (2)	+0:31 (8)	+0:10 (13)						
10	Anders Kure			B&OI			(12,02min/km)	48:05	(+10:53)	
	5:58 (6)	8:21 (8)	10:51 (8)	12:25 (8)	21:42 (8)	23:36 (9)	26:45 (8)	32:58 (9)	34:56 (9)	37:01 (9)
	5:58/122	2:23/45	2:30/46	1:34/47	9:17/48	1:54/49	3:09/50	6:13/123	1:58/120	2:05/119
	+1:18 (6)	+0:29 (9)	+0:37 (11)	+0:27 (9)	+2:54 (17)	+0:35 (11)	+0:38 (5)	+1:44 (16)	+0:29 (12)	+0:31 (14)
	38:36 (10)	44:48 (10)	47:16 (10)	48:05 (10)						
	1:35/121	6:12/125	2:28/100	0:49/57						
	+0:39 (20)	+1:41 (15)	+0:57 (18)	+0:21 (20)						
11	Joar Henriksen			B&OI			(12,20min/km)	48:47	(+11:35)	
	7:30 (19)	9:47 (13)	12:22 (13)	14:43 (14)	22:22 (12)	24:18 (12)	30:05 (15)	35:33 (14)	37:38 (12)	39:36 (12)
	7:30/122	2:17/45	2:35/46	2:21/47	7:39/48	1:56/49	5:47/50	5:28/123	2:05/120	1:58/119
	+2:50 (19)	+0:23 (6)	+0:42 (15)	+1:14 (20)	+1:16 (10)	+0:37 (12)	+3:16 (18)	+0:59 (9)	+0:36 (13)	+0:24 (10)
	40:45 (12)	46:15 (11)	48:11 (11)	48:47 (11)						
	1:09/121	5:30/125	1:56/100	0:36/57						
	+0:13 (10)	+0:59 (9)	+0:25 (6)	+0:08 (9)						
12	Erlend Bullvåg			B&OI			(12,27min/km)	49:04	(+11:52)	
	7:21 (18)	10:33 (16)	13:16 (16)	14:59 (16)	23:57 (18)	26:10 (18)	30:28 (16)	36:11 (17)	37:56 (16)	39:55 (14)
	7:21/122	3:12/45	2:43/46	1:43/47	8:58/48	2:13/49	4:18/50	5:43/123	1:45/120	1:59/119
	+2:41 (18)	+1:18 (16)	+0:50 (17)	+0:36 (12)	+2:35 (16)	+0:54 (16)	+1:47 (14)	+1:14 (11)	+0:16 (7)	+0:25 (11)
	41:15 (14)	46:23 (13)	48:27 (12)	49:04 (12)						
	1:20/121	5:08/125	2:04/100	0:37/57						
	+0:24 (15)	+0:37 (6)	+0:33 (10)	+0:09 (11)						
13	Gunnar Rabben			Valnesfjord IL			(12,34min/km)	49:21	(+12:09)	
	5:58 (6)	8:19 (7)	10:41 (7)	12:30 (9)	23:31 (16)	25:12 (16)	28:42 (12)	34:54 (12)	36:42 (11)	38:54 (11)
	5:58/122	2:21/45	2:22/46	1:49/47	11:01/48	1:41/49	3:30/50	6:12/123	1:48/120	2:12/119
	+1:18 (6)	+0:27 (8)	+0:29 (7)	+0:42 (15)	+4:38 (20)	+0:22 (7)	+0:59 (9)	+1:43 (15)	+0:19 (8)	+0:38 (15)
	40:14 (11)	46:22 (12)	48:35 (13)	49:21 (13)						
	1:20/121	6:08/125	2:13/100	0:46/57						
	+0:24 (15)	+1:37 (14)	+0:42 (16)	+0:18 (18)						
14	Morten Tjøndal			B&OI			(12,44min/km)	49:46	(+12:34)	
	6:52 (14)	9:49 (14)	12:22 (13)	13:58 (12)	22:35 (13)	24:48 (13)	29:55 (14)	35:52 (15)	37:48 (15)	39:45 (13)
	6:52/122	2:57/45	2:33/46	1:36/47	8:37/48	2:13/49	5:07/50	5:57/123	1:56/120	1:57/119

+2:12 (14)	+1:03 (14)	+0:40 (14)	+0:29 (10)	+2:14 (12)	+0:54 (16)	+2:36 (17)	+1:28 (13)	+0:27 (11)	+0:23 (9)
40:54 (13)	47:17 (15)	49:13 (15)	49:46 (14)						
1:09/121	6:23/125	1:56/100	0:33/57						
+0:13 (10)	+1:52 (17)	+0:25 (6)	+0:05 (6)						

15 Øyvind Bjorkås **B&OI** **(12,46min/km)** **49:50 (+12:38)**

6:08 (8)	8:47 (10)	11:19 (10)	13:03 (10)	23:21 (15)	25:08 (15)	29:21 (13)	35:32 (13)	37:40 (13)	40:00 (15)
6:08/122	2:39/45	2:32/46	1:44/47	10:18/48	1:47/49	4:13/50	6:11/123	2:08/120	2:20/119
+1:28 (8)	+0:45 (11)	+0:39 (13)	+0:37 (13)	+3:55 (19)	+0:28 (9)	+1:42 (12)	+1:42 (14)	+0:39 (15)	+0:46 (17)
41:23 (15)	47:03 (14)	49:10 (14)	49:50 (15)						
1:23/121	5:40/125	2:07/100	0:40/57						
+0:27 (19)	+1:09 (10)	+0:36 (12)	+0:12 (15)						

16 Arne Kristian Nordhei **B&OI** **(12,71min/km)** **50:50 (+13:38)**

6:23 (11)	9:11 (11)	11:57 (12)	13:48 (11)	22:15 (10)	24:16 (11)	28:32 (11)	34:52 (11)	37:44 (14)	40:15 (16)
6:23/122	2:48/45	2:46/46	1:51/47	8:27/48	2:01/49	4:16/50	6:20/123	2:52/120	2:31/119
+1:43 (11)	+0:54 (12)	+0:53 (18)	+0:44 (17)	+2:04 (11)	+0:42 (13)	+1:45 (13)	+1:51 (18)	+1:23 (18)	+0:57 (19)
41:36 (16)	47:52 (16)	50:03 (16)	50:50 (16)						
1:21/121	6:16/125	2:11/100	0:47/57						
+0:25 (18)	+1:45 (16)	+0:40 (15)	+0:19 (19)						

17 Anita Eriksen **B&OI** **(12,97min/km)** **51:53 (+14:41)**

7:13 (17)	10:31 (15)	13:08 (15)	15:04 (17)	23:50 (17)	25:54 (17)	30:33 (17)	36:05 (16)	39:04 (17)	41:27 (18)
7:13/122	3:18/45	2:37/46	1:56/47	8:46/48	2:04/49	4:39/50	5:32/123	2:59/120	2:23/119
+2:33 (17)	+1:24 (17)	+0:44 (16)	+0:49 (18)	+2:23 (15)	+0:45 (14)	+2:08 (16)	+1:03 (10)	+1:30 (19)	+0:49 (18)
42:32 (17)	49:09 (17)	51:18 (17)	51:53 (17)						
1:05/121	6:37/125	2:09/100	0:35/57						
+0:09 (6)	+2:06 (18)	+0:38 (14)	+0:07 (8)						

18 Dag Skogan **B&OI** **(13,57min/km)** **54:17 (+17:05)**

7:02 (15)	10:52 (17)	16:03 (20)	17:35 (19)	26:14 (19)	28:27 (19)	32:49 (18)	39:37 (18)	42:05 (18)	44:06 (18)
7:02/122	3:50/45	5:11/46	1:32/47	8:39/48	2:13/49	4:22/50	6:48/123	2:28/120	2:01/119
+2:22 (15)	+1:56 (18)	+3:18 (20)	+0:25 (8)	+2:16 (13)	+0:54 (16)	+1:51 (15)	+2:19 (20)	+0:59 (16)	+0:27 (12)
45:22 (18)	51:27 (18)	53:34 (18)	54:17 (18)						
1:16/121	6:05/125	2:07/100	0:43/57						
+0:20 (14)	+1:34 (13)	+0:36 (12)	+0:15 (16)						

19 Åge Mohus **B&OI** **(15,05min/km)** **1:00:11 (+22:59)**

9:32 (20)	12:33 (20)	15:52 (19)	17:42 (20)	26:59 (20)	29:10 (20)	36:34 (19)	42:54 (19)	46:02 (19)	48:42 (19)
9:32/122	3:01/45	3:19/46	1:50/47	9:17/48	2:11/49	7:24/50	6:20/123	3:08/120	2:40/119
+4:52 (20)	+1:07 (15)	+1:26 (19)	+0:43 (16)	+2:54 (17)	+0:52 (15)	+4:53 (19)	+1:51 (18)	+1:39 (20)	+1:06 (20)
50:02 (19)	57:06 (19)	59:32 (19)	1:00:11 (19)						
1:20/121	7:04/125	2:26/100	0:39/57						
+0:24 (15)	+2:33 (19)	+0:55 (17)	+0:11 (14)						

20 Tor Jørgen Aandal **B&OI** **(16,44min/km)** **1:05:45 (+28:33)**

7:11 (16)	9:29 (12)	11:52 (11)	14:07 (13)	22:47 (14)	25:04 (14)	38:57 (20)	44:41 (20)	47:24 (20)	49:20 (20)
7:11/122	2:18/45	2:23/46	2:15/47	8:40/48	2:17/49	13:53/50	5:44/123	2:43/120	1:56/119
+2:31 (16)	+0:24 (7)	+0:30 (9)	+1:08 (19)	+2:17 (14)	+0:58 (19)	+11:22 (20)	+1:15 (12)	+1:14 (17)	+0:22 (8)
50:31 (20)	1:01:14 (20)	1:05:01 (20)	1:05:45 (20)						
1:11/121	10:43/125	3:47/100	0:44/57						
+0:15 (12)	+6:12 (20)	+2:16 (20)	+0:16 (17)						

Aviaja Kleist **B&OI** **(10,76min/km)** **Disk (+5:50)**

7:03 (16)	9:18 (12)	11:39 (11)	13:03 (10)	21:45 (9)	23:43 (10)	30:10 (16)	31:48 (8)	33:19 (8)	34:29 (8)
7:03/122	2:15/45	2:21/46	1:24/47	8:42/48	1:58/49	6:27/123	1:38/120	1:31/119	1:10/121
+2:23 (16)	+0:21 (6)	+0:28 (7)	+0:17 (7)	+2:19 (15)	+0:39 (13)	+3:56 (19)	+0:00 (1)	+0:02 (2)	+0:00 (1)
40:33 (12)	42:35 (9)	43:02 (7)	43:02 (7)						
6:04/125	2:02/100	0:27/57							
+5:08 (21)	+0:00 (1)	+0:00 (1)	+0:00 (1)						

Klasse 6 km 6,0 km

5 påmeldt, 5 startende

1 Arild Hegreberg **B&OI** **(7,02min/km)** **42:07**

3:56 (1)	5:37 (1)	7:21 (1)	8:31 (2)	13:49 (1)	15:16 (1)	17:25 (1)	20:51 (1)	23:08 (1)	24:25 (1)
3:56/122	1:41/45	1:44/46	1:10/47	5:18/48	1:27/49	2:09/50	3:26/124	2:17/120	1:17/119

+0:00 (1)	+0:00 (1)	+0:09 (2)	+0:13 (3)	+0:00 (1)	+0:03 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
25:15 (1)	28:52 (1)	31:21 (1)	31:59 (1)	38:31 (1)	39:58 (1)	41:37 (1)	42:07 (1)		
0:50/121	3:37/35	2:29/64	0:38/93	6:32/249	1:27/105	1:39/100	0:30/57		
+0:02 (2)	+1:03 (5)	+0:18 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:05 (2)	+0:06 (3)		
2	Magnus Wingan Wold		B&OI		(7,74min/km)		46:25	(+4:18)	
4:07 (2)	5:50 (2)	7:25 (2)	8:22 (1)	15:07 (2)	16:35 (2)	19:42 (2)	23:13 (2)	25:37 (2)	27:02 (2)
4:07/122	1:43/45	1:35/46	0:57/47	6:45/48	1:28/49	3:07/50	3:31/124	2:24/120	1:25/119
+0:11 (2)	+0:02 (2)	+0:00 (1)	+0:00 (1)	+1:27 (3)	+0:04 (4)	+0:58 (4)	+0:05 (2)	+0:07 (3)	+0:08 (3)
27:50 (2)	30:24 (2)	32:35 (2)	34:03 (2)	42:24 (2)	44:27 (2)	46:01 (2)	46:25 (2)		
0:48/121	2:34/35	2:11/64	1:28/93	8:21/249	2:03/105	1:34/100	0:24/57		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:50 (5)	+1:49 (3)	+0:36 (5)	+0:00 (1)	+0:00 (1)		
3	Lars Petter Rekkedal		B&OI		(8,06min/km)		48:20	(+6:13)	
4:32 (4)	6:31 (4)	8:23 (4)	9:41 (4)	16:19 (3)	17:43 (3)	20:24 (3)	24:12 (3)	26:55 (3)	28:20 (3)
4:32/122	1:59/45	1:52/46	1:18/47	6:38/48	1:24/49	2:41/50	3:48/124	2:43/120	1:25/119
+0:36 (4)	+0:18 (4)	+0:17 (4)	+0:21 (5)	+1:20 (2)	+0:00 (1)	+0:32 (2)	+0:22 (4)	+0:26 (5)	+0:08 (3)
29:21 (3)	32:18 (3)	34:51 (3)	35:29 (3)	44:07 (3)	45:48 (3)	47:55 (4)	48:20 (3)		
1:01/121	2:57/35	2:33/64	0:38/93	8:38/249	1:41/105	2:07/100	0:25/57		
+0:13 (4)	+0:23 (2)	+0:22 (4)	+0:00 (1)	+2:06 (4)	+0:14 (3)	+0:33 (4)	+0:01 (2)		
4	Lars Reitan		B&OI		(8,06min/km)		48:23	(+6:16)	
4:23 (3)	6:08 (3)	7:59 (3)	9:08 (3)	17:34 (5)	19:00 (5)	21:55 (4)	25:39 (4)	28:00 (4)	29:17 (4)
4:23/122	1:45/45	1:51/46	1:09/47	8:26/48	1:26/49	2:55/50	3:44/124	2:21/120	1:17/119
+0:27 (3)	+0:04 (3)	+0:16 (3)	+0:12 (2)	+3:08 (5)	+0:02 (2)	+0:46 (3)	+0:18 (3)	+0:04 (2)	+0:00 (1)
30:11 (4)	33:18 (4)	36:01 (4)	36:41 (4)	44:13 (4)	45:53 (4)	47:52 (3)	48:23 (4)		
0:54/121	3:07/35	2:43/64	0:40/93	7:32/249	1:40/105	1:59/100	0:31/57		
+0:06 (3)	+0:33 (3)	+0:32 (5)	+0:02 (3)	+1:00 (2)	+0:13 (2)	+0:25 (3)	+0:07 (4)		
5	Vebjørn Rånes		Ukjent		(8,88min/km)		53:17	(+11:10)	
4:43 (5)	6:43 (5)	8:58 (5)	10:13 (5)	17:14 (4)	18:45 (4)	23:06 (5)	27:10 (5)	29:35 (5)	31:12 (5)
4:43/122	2:00/45	2:15/46	1:15/47	7:01/48	1:31/49	4:21/50	4:04/124	2:25/120	1:37/119
+0:47 (5)	+0:19 (5)	+0:40 (5)	+0:18 (4)	+1:43 (4)	+0:07 (5)	+2:12 (5)	+0:38 (5)	+0:08 (4)	+0:20 (5)
32:21 (5)	35:29 (5)	38:00 (5)	38:50 (5)	48:28 (5)	50:23 (5)	52:42 (5)	53:17 (5)		
1:09/121	3:08/35	2:31/64	0:50/93	9:38/249	1:55/105	2:19/100	0:35/57		
+0:21 (5)	+0:34 (4)	+0:20 (3)	+0:12 (4)	+3:06 (5)	+0:28 (4)	+0:45 (5)	+0:11 (5)		

Klasse Nybegynner 1,5 km

14 påmeldt, 14 startende

Steffen Beiermann		B&OI		(22,44min/km)		33:40			
12:10 (14)	13:34 (14)	21:22 (12)	23:19 (9)	27:14 (7)	31:34 (7)	32:58 (5)	33:40 (5)		
12:10/37	1:24/38	7:48/39	1:57/44	3:55/34	4:20/33	1:24/100	0:42/57		
+8:56 (14)	+0:21 (7)	+1:50 (7)	+0:00 (1)	+0:03 (2)	+1:23 (8)	+0:02 (2)	+0:00 (1)		
Walter Bullvåg		B&OI		(16,48min/km)		24:43			
4:02 (6)	5:05 (4)	11:30 (3)	13:43 (2)	18:51 (2)	21:48 (1)	23:44 (1)	24:43 (1)		
4:02/37	1:03/38	6:25/39	2:13/44	5:08/34	2:57/33	1:56/100	0:59/57		
+0:48 (6)	+0:00 (1)	+0:27 (3)	+0:16 (4)	+1:16 (4)	+0:00 (1)	+0:34 (3)	+0:17 (9)		
Oda Furuholmen		B&OI		(27,12min/km)		40:41			
5:05 (11)	6:26 (12)	16:54 (9)	19:23 (8)	32:59 (12)	37:27 (12)	39:51 (11)	40:41 (11)		
5:05/37	1:21/38	10:28/39	2:29/44	13:36/34	4:28/33	2:24/100	0:50/57		
+1:51 (11)	+0:18 (5)	+4:30 (10)	+0:32 (7)	+9:44 (13)	+1:31 (10)	+1:02 (5)	+0:08 (4)		
Amund Godal		B&OI		(16,60min/km)		24:54			
3:46 (4)	4:54 (2)	10:52 (1)	13:17 (1)	18:21 (1)	21:49 (2)	24:10 (2)	24:54 (2)		
3:46/37	1:08/38	5:58/39	2:25/44	5:04/34	3:28/33	2:21/100	0:44/57		
+0:32 (4)	+0:05 (3)	+0:00 (1)	+0:28 (6)	+1:12 (3)	+0:31 (4)	+0:59 (4)	+0:02 (2)		
Heidi Jensen		B&OI		(23,08min/km)		34:37			
4:10 (9)	5:42 (10)	15:10 (7)	17:17 (5)	26:10 (5)	30:41 (5)	33:45 (7)	34:37 (6)		
4:10/37	1:32/38	9:28/39	2:07/44	8:53/34	4:31/33	3:04/100	0:52/57		
+0:56 (9)	+0:29 (11)	+3:30 (8)	+0:10 (2)	+5:01 (10)	+1:34 (11)	+1:42 (10)	+0:10 (6)		
Anna Storvik Nilsen		B&OI		(27,14min/km)		40:43			
5:06 (12)	6:19 (11)	16:57 (10)	19:14 (7)	32:54 (11)	37:20 (11)	39:52 (12)	40:43 (12)		
5:06/37	1:13/38	10:38/39	2:17/44	13:40/34	4:26/33	2:32/100	0:51/57		
+1:52 (12)	+0:10 (4)	+4:40 (11)	+0:20 (5)	+9:48 (14)	+1:29 (9)	+1:10 (6)	+0:09 (5)		

Halvard W Pettersen			B&OI			<i>(24,58min/km)</i>		36:52
3:18 (2)	5:09 (5)	11:20 (2)	27:35 (13)	31:27 (8)	34:41 (8)	36:03 (8)	36:52 (8)	
3:18/37	1:51/38	6:11/39	16:15/44	3:52/34	3:14/33	1:22/100	0:49/57	
+0:04 (2)	+0:48 (12)	+0:13 (2)	+14:18 (13)	+0:00 (1)	+0:17 (2)	+0:00 (1)	+0:07 (3)	
Kristoffer Pettersen			B&OI			<i>(31,67min/km)</i>		47:30
6:42 (13)	8:51 (13)	21:15 (11)	25:17 (10)	37:08 (13)	42:04 (13)	46:23 (14)	47:30 (13)	
6:42/37	2:09/38	12:24/39	4:02/44	11:51/34	4:56/33	4:19/100	1:07/57	
+3:28 (13)	+1:06 (14)	+6:26 (12)	+2:05 (12)	+7:59 (12)	+1:59 (13)	+2:57 (14)	+0:25 (12)	
Lotte Reitan			B&OI			<i>(20,92min/km)</i>		31:23
3:23 (3)	4:44 (1)	12:01 (5)	16:01 (3)	22:44 (3)	26:49 (3)	30:19 (3)	31:23 (3)	
3:23/37	1:21/38	7:17/39	4:00/44	6:43/34	4:05/33	3:30/100	1:04/57	
+0:09 (3)	+0:18 (5)	+1:19 (5)	+2:03 (11)	+2:51 (7)	+1:08 (6)	+2:08 (11)	+0:22 (11)	
Tobias Skjevik			B&OI			<i>(31,79min/km)</i>		47:41
3:14 (1)	5:10 (6)	11:37 (4)	28:21 (14)	37:11 (14)	42:23 (14)	46:07 (13)	47:41 (14)	
3:14/37	1:56/38	6:27/39	16:44/44	8:50/34	5:12/33	3:44/100	1:34/57	
+0:00 (1)	+0:53 (13)	+0:29 (4)	+14:47 (14)	+4:58 (9)	+2:15 (14)	+2:22 (12)	+0:52 (13)	
Malene G Stokke			B&OI			<i>(23,13min/km)</i>		34:42
4:10 (9)	5:40 (9)	15:11 (8)	17:18 (6)	26:11 (6)	30:43 (6)	33:44 (6)	34:42 (7)	
4:10/37	1:30/38	9:31/39	2:07/44	8:53/34	4:32/33	3:01/100	0:58/57	
+0:56 (9)	+0:27 (10)	+3:33 (9)	+0:10 (2)	+5:01 (10)	+1:35 (12)	+1:39 (9)	+0:16 (8)	
Tiril Tande			B&OI			<i>(26,24min/km)</i>		39:22
4:03 (7)	5:29 (8)	23:50 (13)	27:19 (12)	32:27 (10)	35:49 (9)	38:27 (9)	39:22 (10)	
4:03/37	1:26/38	18:21/39	3:29/44	5:08/34	3:22/33	2:38/100	0:55/57	
+0:49 (7)	+0:23 (9)	+12:23 (13)	+1:32 (9)	+1:16 (4)	+0:25 (3)	+1:16 (8)	+0:13 (7)	
Via Tande			B&OI			<i>(25,70min/km)</i>		38:33
4:03 (7)	5:28 (7)	23:57 (14)	27:15 (11)	32:27 (9)	35:56 (10)	38:33 (10)	38:33 (9)	
4:03/37	1:25/38	18:29/39	3:18/44	5:12/34	3:29/33	2:37/100		
+0:49 (7)	+0:22 (8)	+12:31 (14)	+1:21 (8)	+1:20 (6)	+0:32 (5)	+1:15 (7)	+0:00 (1)	
Sana Zulquarnain			Ukjent			<i>(21,47min/km)</i>		32:12
3:47 (5)	4:54 (3)	12:29 (6)	16:09 (4)	22:54 (4)	27:09 (4)	31:11 (4)	32:12 (4)	
3:47/37	1:07/38	7:35/39	3:40/44	6:45/34	4:15/33	4:02/100	1:01/57	
+0:33 (5)	+0:04 (2)	+1:37 (6)	+1:43 (10)	+2:53 (8)	+1:18 (7)	+2:40 (13)	+0:19 (10)	