

Resultater fra Saltenkarusell 5 22.05.2007

Det var totalt 78 deltagere.

Klasse 2 km 1,7 km

7 påmeldt, 7 startende

1	Mari E Reitan		B&OI		(12,44min/km)		21:09			
	2:19 (6)	5:06 (4)	6:47 (4)	10:11 (3)	12:58 (3)	14:46 (3)	17:19 (1)	19:02 (1)	20:34 (1)	21:09 (1)
	2:19/57	2:47/82	1:41/85	3:24/51	2:47/45	1:48/44	2:33/37	1:43/34	1:32/31	0:35/100
	+0:52 (6)	+0:00 (1)	+0:36 (4)	+0:13 (3)	+0:25 (2)	+0:00 (1)	+0:00 (1)	+0:07 (2)	+0:01 (2)	+0:02 (2)
2	Steffen Beiermann		B&OI		(13,60min/km)		23:07	(+1:58)		
	1:31 (2)	4:33 (1)	6:03 (1)	9:14 (1)	12:18 (2)	14:12 (1)	17:36 (2)	20:20 (3)	22:08 (2)	23:07 (2)
	1:31/57	3:02/82	1:30/85	3:11/51	3:04/45	1:54/44	3:24/37	2:44/34	1:48/31	0:59/100
	+0:04 (2)	+0:15 (2)	+0:25 (2)	+0:00 (1)	+0:42 (4)	+0:06 (2)	+0:51 (3)	+1:08 (7)	+0:17 (5)	+0:26 (5)
2	Heidi Jensen		B&OI		(13,60min/km)		23:07	(+1:58)		
	1:44 (4)	5:03 (3)	6:46 (3)	10:30 (4)	13:47 (4)	15:56 (4)	19:05 (4)	20:41 (4)	22:25 (4)	23:07 (3)
	1:44/57	3:19/82	1:43/85	3:44/51	3:17/45	2:09/44	3:09/37	1:36/34	1:44/31	0:42/100
	+0:17 (4)	+0:32 (4)	+0:38 (5)	+0:33 (5)	+0:55 (5)	+0:21 (5)	+0:36 (2)	+0:00 (1)	+0:13 (4)	+0:09 (3)
4	Petter B Markussen		B&OI		(13,66min/km)		23:13	(+2:04)		
	1:31 (2)	4:33 (1)	6:04 (2)	9:16 (2)	12:13 (1)	14:13 (2)	17:37 (3)	20:20 (2)	22:10 (3)	23:13 (4)
	1:31/57	3:02/82	1:31/85	3:12/51	2:57/45	2:00/44	3:24/37	2:43/34	1:50/31	1:03/100
	+0:04 (2)	+0:15 (2)	+0:26 (3)	+0:01 (2)	+0:35 (3)	+0:12 (3)	+0:51 (3)	+1:07 (6)	+0:19 (6)	+0:30 (6)
5	Bendik Storvik Nilsen		B&OI		(15,20min/km)		25:50	(+4:41)		
	2:10 (5)	6:37 (5)	8:46 (5)	12:22 (5)	15:54 (5)	17:56 (5)	21:33 (5)	23:46 (5)	25:17 (5)	25:50 (5)
	2:10/57	4:27/82	2:09/85	3:36/51	3:32/45	2:02/44	3:37/37	2:13/34	1:31/31	0:33/100
	+0:43 (5)	+1:40 (5)	+1:04 (6)	+0:25 (4)	+1:10 (6)	+0:14 (4)	+1:04 (5)	+0:37 (4)	+0:00 (1)	+0:00 (1)
6	Anne Berit Vikhals		B&OI		(21,20min/km)		36:02	(+14:53)		
	2:27 (7)	8:15 (6)	11:05 (6)	18:09 (6)	22:13 (6)	25:26 (6)	29:31 (6)	32:04 (6)	34:34 (6)	36:02 (6)
	2:27/57	5:48/82	2:50/85	7:04/51	4:04/45	3:13/44	4:05/37	2:33/34	2:30/31	1:28/100
	+1:00 (7)	+3:01 (6)	+1:45 (7)	+3:53 (6)	+1:42 (7)	+1:25 (6)	+1:32 (6)	+0:57 (5)	+0:59 (7)	+0:55 (7)
7	Christian Staurbakk		B&OI		(24,15min/km)		41:03	(+19:54)		
	1:27 (1)	11:18 (7)	12:23 (7)	23:25 (7)	25:47 (7)	32:13 (7)	36:39 (7)	38:45 (7)	40:19 (7)	41:03 (7)
	1:27/57	9:51/82	1:05/85	11:02/51	2:22/45	6:26/44	4:26/37	2:06/34	1:34/31	0:44/100
	+0:00 (1)	+7:04 (7)	+0:00 (1)	+7:51 (7)	+0:00 (1)	+4:38 (7)	+1:53 (7)	+0:30 (3)	+0:03 (3)	+0:11 (4)

Klasse 3 km 2,3 km

37 påmeldt, 37 startende

1	Jens Viggo Limstrand		B&OI		(9,59min/km)		22:03			
	1:47 (9)	4:12 (8)	5:48 (6)	8:22 (8)	12:23 (4)	14:10 (5)	16:26 (13)	18:38 (11)	20:05 (7)	21:20 (8)
	1:47/54	2:25/62	1:36/82	2:34/87	4:01/93	1:47/47	2:16/41	2:12/37	1:27/34	1:15/31
	+0:31 (9)	+0:31 (8)	+0:05 (2)	+0:47 (19)	+0:19 (3)	+0:34 (16)	+1:25 (29)	+0:30 (13)	+0:17 (2)	+0:23 (11)
	22:03 (4)	22:03 (1)	22:03 (1)							
	0:43/100									
	+0:07 (3)	+0:00 (1)	+0:00 (1)							
2	Torbjørn H Olsen		B&OI		(9,59min/km)		22:04	(+0:01)		
	1:47 (9)	3:46 (3)	5:28 (2)	7:35 (2)	11:17 (2)	13:33 (1)	14:31 (1)	16:41 (1)	18:57 (1)	20:32 (2)
	1:47/54	1:59/62	1:42/82	2:07/87	3:42/93	2:16/47	0:58/45	2:10/41	2:16/37	1:35/34
	+0:31 (9)	+0:05 (2)	+0:11 (3)	+0:20 (6)	+0:00 (1)	+1:03 (20)	+0:07 (7)	+0:28 (11)	+1:06 (14)	+0:43 (20)
	21:33 (1)	22:04 (2)	22:04 (2)							
	1:01/31	0:31/100								
	+0:25 (5)	+0:10 (7)	+0:00 (1)							
3	Magne Andreassen		Ukjent		(9,62min/km)		22:08	(+0:05)		
	1:19 (3)	3:40 (2)	5:51 (7)	8:09 (5)	12:40 (6)	14:06 (4)	14:57 (3)	16:44 (2)	19:17 (2)	20:30 (1)
	1:19/54	2:21/62	2:11/82	2:18/87	4:31/93	1:26/47	0:51/45	1:47/41	2:33/37	1:13/34
	+0:03 (3)	+0:27 (6)	+0:40 (17)	+0:31 (14)	+0:49 (8)	+0:13 (4)	+0:00 (1)	+0:05 (9)	+1:23 (20)	+0:21 (8)
	21:44 (2)	22:08 (3)	22:08 (3)							
	1:14/31	0:24/100								
	+0:38 (14)	+0:03 (2)	+0:00 (1)							

4	Frank Amundsen		Ukjent				(9,72min/km)		22:22	(+0:19)
	1:16 (1)	3:51 (5)	5:46 (5)	8:04 (4)	12:37 (5)	14:05 (3)	15:07 (4)	16:52 (3)	19:33 (3)	20:42 (3)
	1:16/54	2:35/62	1:55/82	2:18/87	4:33/93	1:28/47	1:02/45	1:45/41	2:41/37	1:09/34
	+0:00 (1)	+0:41 (16)	+0:24 (7)	+0:31 (14)	+0:51 (9)	+0:15 (6)	+0:11 (13)	+0:03 (4)	+1:31 (23)	+0:17 (3)
	21:53 (3)	22:22 (4)	22:22 (4)							
	1:11/31	0:29/100								
	+0:35 (11)	+0:08 (3)	+0:00 (1)							
5	Stian Johansen		Ukjent				(9,84min/km)		22:38	(+0:35)
	1:50 (13)	4:22 (10)	6:23 (11)	8:35 (11)	13:10 (9)	14:39 (8)	15:38 (7)	17:23 (5)	19:50 (4)	21:01 (5)
	1:50/54	2:32/62	2:01/82	2:12/87	4:35/93	1:29/47	0:59/45	1:45/41	2:27/37	1:11/34
	+0:34 (13)	+0:38 (12)	+0:30 (13)	+0:25 (9)	+0:53 (12)	+0:16 (8)	+0:08 (9)	+0:03 (4)	+1:17 (17)	+0:19 (5)
	22:07 (5)	22:38 (5)	22:38 (5)							
	1:06/31	0:31/100								
	+0:30 (6)	+0:10 (7)	+0:00 (1)							
6	Per Kåre Nyhagen		Ukjent				(9,93min/km)		22:51	(+0:48)
	1:48 (11)	4:22 (10)	6:35 (14)	8:33 (10)	13:09 (8)	14:33 (6)	15:31 (6)	17:22 (4)	19:56 (6)	21:13 (6)
	1:48/54	2:34/62	2:13/82	1:58/87	4:36/93	1:24/47	0:58/45	1:51/41	2:34/37	1:17/34
	+0:32 (11)	+0:40 (15)	+0:42 (19)	+0:11 (3)	+0:54 (13)	+0:11 (3)	+0:07 (7)	+0:09 (10)	+1:24 (21)	+0:25 (12)
	22:21 (7)	22:51 (6)	22:51 (6)							
	1:08/31	0:30/100								
	+0:32 (8)	+0:09 (4)	+0:00 (1)							
7	Ulv Kristian Sæther		Ukjent				(9,96min/km)		22:54	(+0:51)
	1:57 (16)	4:28 (12)	6:28 (12)	8:45 (13)	13:18 (10)	14:49 (9)	15:49 (8)	17:35 (6)	20:05 (8)	21:16 (7)
	1:57/54	2:31/62	2:00/82	2:17/87	4:33/93	1:31/47	1:00/45	1:46/41	2:30/37	1:11/34
	+0:41 (16)	+0:37 (11)	+0:29 (11)	+0:30 (13)	+0:51 (9)	+0:18 (9)	+0:09 (12)	+0:04 (7)	+1:20 (18)	+0:19 (5)
	22:22 (8)	22:54 (7)	22:54 (7)							
	1:06/31	0:32/100								
	+0:30 (6)	+0:11 (9)	+0:00 (1)							
8	Carl B Bjørseth		B&OI				(9,98min/km)		22:57	(+0:54)
	1:46 (8)	5:35 (19)	7:35 (19)	9:39 (18)	13:48 (15)	15:09 (12)	16:13 (10)	17:55 (9)	19:50 (5)	20:56 (4)
	1:46/54	3:49/62	2:00/82	2:04/87	4:09/93	1:21/47	1:04/45	1:42/41	1:55/37	1:06/34
	+0:30 (8)	+1:55 (25)	+0:29 (11)	+0:17 (4)	+0:27 (4)	+0:08 (2)	+0:13 (14)	+0:00 (1)	+0:45 (7)	+0:14 (2)
	22:17 (6)	22:57 (8)	22:57 (8)							
	1:21/31	0:40/100								
	+0:45 (16)	+0:19 (11)	+0:00 (1)							
9	Marius Andreassen		Ukjent				(10,02min/km)		23:03	(+1:00)
	2:04 (19)	4:30 (13)	6:35 (15)	8:47 (14)	13:35 (13)	15:02 (10)	15:56 (9)	17:40 (7)	20:12 (10)	21:25 (10)
	2:04/54	2:26/62	2:05/82	2:12/87	4:48/93	1:27/47	0:54/45	1:44/41	2:32/37	1:13/34
	+0:48 (19)	+0:32 (9)	+0:34 (16)	+0:25 (9)	+1:06 (15)	+0:14 (5)	+0:03 (3)	+0:02 (3)	+1:22 (19)	+0:21 (8)
	22:33 (9)	23:03 (9)	23:03 (9)							
	1:08/31	0:30/100								
	+0:32 (8)	+0:09 (4)	+0:00 (1)							
10	Per Dalhaug		B&OI				(10,12min/km)		23:17	(+1:14)
	1:41 (5)	4:00 (6)	5:45 (4)	7:58 (3)	12:19 (3)	13:51 (2)	14:48 (2)	17:52 (8)	20:06 (9)	21:20 (9)
	1:41/54	2:19/62	1:45/82	2:13/87	4:21/93	1:32/47	0:57/45	3:04/41	2:14/37	1:14/34
	+0:25 (5)	+0:25 (4)	+0:14 (4)	+0:26 (11)	+0:39 (6)	+0:19 (10)	+0:06 (6)	+1:22 (20)	+1:04 (13)	+0:22 (10)
	22:33 (10)	23:17 (10)	23:17 (10)							
	1:13/31	0:44/100								
	+0:37 (12)	+0:23 (15)	+0:00 (1)							
11	Edvin Berg		B&OI				(10,60min/km)		24:23	(+2:20)
	1:42 (6)	3:46 (3)	5:41 (3)	8:22 (8)	12:51 (7)	14:34 (7)	15:26 (5)	18:41 (12)	20:19 (11)	21:59 (11)
	1:42/54	2:04/62	1:55/82	2:41/87	4:29/93	1:43/47	0:52/45	3:15/41	1:38/37	1:40/34
	+0:26 (6)	+0:10 (3)	+0:24 (7)	+0:54 (21)	+0:47 (7)	+0:30 (14)	+0:01 (2)	+1:33 (24)	+0:28 (3)	+0:48 (24)
	23:27 (11)	24:23 (11)	24:23 (11)							
	1:28/31	0:56/100								
	+0:52 (18)	+0:35 (21)	+0:00 (1)							
12	Per O Fosby		B&OI				(11,10min/km)		25:32	(+3:29)
	1:55 (15)	4:15 (9)	6:19 (9)	8:49 (15)	13:31 (12)	15:16 (13)	16:15 (11)	18:26 (10)	20:37 (12)	22:54 (12)
	1:55/54	2:20/62	2:04/82	2:30/87	4:42/93	1:45/47	0:59/45	2:11/41	2:11/37	2:17/34
	+0:39 (15)	+0:26 (5)	+0:33 (15)	+0:43 (18)	+1:00 (14)	+0:32 (15)	+0:08 (9)	+0:29 (12)	+1:01 (11)	+1:25 (33)

24:39 (12) 25:32 (12) 25:32 (12)
1:45/31 0:53/100
+1:09 (27) +0:32 (20) +0:00 (1)

13 Pål Lagestad **B&OI** **(11,46min/km)** **26:21 (+4:18)**
2:03 (18) 4:40 (18) 6:29 (13) 8:19 (6) 17:05 (21) 18:33 (19) 19:32 (16) 21:15 (16) 23:23 (15) 24:33 (14)
2:03/54 2:37/62 1:49/82 1:50/87 8:46/93 1:28/47 0:59/45 1:43/41 2:08/37 1:10/34
+0:47 (18) +0:43 (17) +0:18 (6) +0:03 (2) +5:04 (29) +0:15 (6) +0:08 (9) +0:01 (2) +0:58 (8) +0:18 (4)
25:41 (13) 26:21 (13) 26:21 (13)
1:08/31 0:40/100
+0:32 (8) +0:19 (11) +0:00 (1)

14 Carol Iddles **B&OI** **(11,48min/km)** **26:24 (+4:21)**
2:09 (21) 4:30 (13) 7:06 (16) 9:28 (16) 13:40 (14) 15:20 (14) 16:15 (11) 20:49 (14) 22:57 (13) 24:17 (13)
2:09/54 2:21/62 2:36/82 2:22/87 4:12/93 1:40/47 0:55/45 4:34/41 2:08/37 1:20/34
+0:53 (21) +0:27 (6) +1:05 (23) +0:35 (16) +0:30 (5) +0:27 (12) +0:04 (5) +2:52 (32) +0:58 (8) +0:28 (13)
25:46 (14) 26:24 (14) 26:24 (14)
1:29/31 0:38/100
+0:53 (19) +0:17 (10) +0:00 (1)

15 Morten Selnes **B&OI** **(11,62min/km)** **26:44 (+4:41)**
1:45 (7) 4:34 (16) 6:19 (9) 8:42 (12) 14:26 (16) 16:31 (15) 17:47 (14) 20:29 (13) 23:22 (14) 24:45 (15)
1:45/54 2:49/62 1:45/82 2:23/87 5:44/93 2:05/47 1:16/45 2:42/41 2:53/37 1:23/34
+0:29 (7) +0:55 (20) +0:14 (4) +0:36 (17) +2:02 (21) +0:52 (19) +0:25 (18) +1:00 (16) +1:43 (26) +0:31 (16)
25:58 (15) 26:44 (15) 26:44 (15)
1:13/31 0:46/100
+0:37 (12) +0:25 (16) +0:00 (1)

16 Sander Pettersen **B&OI** **(12,17min/km)** **27:59 (+5:56)**
2:01 (17) 4:30 (13) 7:12 (17) 9:28 (16) 17:19 (23) 18:32 (18) 19:26 (15) 21:11 (15) 23:45 (16) 25:07 (16)
2:01/54 2:29/62 2:42/82 2:16/87 7:51/93 1:13/47 0:54/45 1:45/41 2:34/37 1:22/34
+0:45 (17) +0:35 (10) +1:11 (26) +0:29 (12) +4:09 (28) +0:00 (1) +0:03 (3) +0:03 (4) +1:24 (21) +0:30 (14)
27:29 (16) 27:59 (16) 27:59 (16)
2:22/31 0:30/100
+1:46 (32) +0:09 (4) +0:00 (1)

17 Øyvind Aaøyen **Ukjent** **(12,27min/km)** **28:13 (+6:10)**
1:31 (4) 4:03 (7) 6:15 (8) 8:21 (7) 13:26 (11) 15:05 (11) 20:29 (18) 24:33 (19) 26:12 (19) 27:34 (18)
1:31/54 2:32/62 2:12/82 2:06/87 5:05/93 1:39/47 5:24/41 4:04/37 1:39/34 1:22/31
+0:15 (4) +0:38 (12) +0:41 (18) +0:19 (5) +1:23 (17) +0:26 (11) +4:33 (33) +2:22 (27) +0:29 (5) +0:30 (14)
28:13 (18) 28:13 (17) 28:13 (17)
0:39/100
+0:03 (2) +0:00 (1) +0:00 (1)

18 Ida Hegreberg **B&OI** **(13,03min/km)** **29:58 (+7:55)**
2:06 (20) 4:39 (17) 7:23 (18) 10:17 (19) 16:44 (19) 18:34 (20) 20:08 (17) 24:19 (18) 25:29 (17) 26:21 (17)
2:06/54 2:33/62 2:44/82 2:54/87 6:27/93 1:50/47 1:34/45 4:11/41 1:10/38 0:52/37
+0:50 (20) +0:39 (14) +1:13 (27) +1:07 (26) +2:45 (24) +0:37 (18) +0:43 (25) +2:29 (29) +0:00 (1) +0:00 (1)
27:43 (17) 29:27 (18) 29:58 (18)
1:22/34 1:44/31 0:31/100
+0:46 (17) +1:23 (29) +0:00 (1)

19 Lasse Christoffersen **Ukjent** **(13,14min/km)** **30:14 (+8:11)**
2:56 (26) 6:16 (26) 8:12 (20) 10:20 (20) 15:30 (17) 17:17 (16) 22:34 (21) 26:43 (21) 28:26 (22) 29:38 (21)
2:56/54 3:20/62 1:56/82 2:08/87 5:10/93 1:47/47 5:17/41 4:09/37 1:43/34 1:12/31
+1:40 (26) +1:26 (24) +0:25 (9) +0:21 (7) +1:28 (18) +0:34 (16) +4:26 (32) +2:27 (28) +0:33 (6) +0:20 (7)
30:14 (20) 30:14 (19) 30:14 (19)
0:36/100
+0:00 (1) +0:00 (1) +0:00 (1)

20 Katrine Kalvig **B&OI** **(13,22min/km)** **30:24 (+8:21)**
2:32 (24) 5:48 (20) 8:22 (22) 11:11 (22) 16:50 (20) 19:53 (21) 21:09 (19) 23:51 (17) 26:10 (18) 27:42 (19)
2:32/54 3:16/62 2:34/82 2:49/87 5:39/93 3:03/47 1:16/45 2:42/41 2:19/37 1:32/34
+1:16 (24) +1:22 (23) +1:03 (22) +1:02 (24) +1:57 (20) +1:50 (27) +0:25 (18) +1:00 (16) +1:09 (15) +0:40 (19)
29:19 (19) 30:24 (20) 30:24 (20)
1:37/31 1:05/100
+1:01 (23) +0:44 (25) +0:00 (1)

21 Roger Lund	Ukjent					(13,27min/km)		30:31	(+8:28)	
3:15 (30)	6:01 (24)	8:23 (23)	10:32 (21)	15:35 (18)	17:17 (17)	22:28 (20)	26:47 (22)	28:25 (21)	29:48 (22)	
3:15/54	2:46/62	2:22/82	2:09/87	5:03/93	1:42/47	5:11/41	4:19/37	1:38/34	1:23/31	
+1:59 (30)	+0:52 (18)	+0:51 (21)	+0:22 (8)	+1:21 (16)	+0:29 (13)	+4:20 (31)	+2:37 (30)	+0:28 (3)	+0:31 (16)	
30:31 (22)	30:31 (21)	30:31 (21)								
0:43/100										
+0:07 (3)	+0:00 (1)	+0:00 (1)								
22 Håkon Hegreberg	B&OI					(13,30min/km)		30:36	(+8:33)	
1:18 (2)	3:12 (1)	4:43 (1)	6:30 (1)	10:25 (1)	21:15 (22)	22:48 (22)	24:34 (20)	26:44 (20)	28:15 (20)	
1:18/54	1:54/62	1:31/82	1:47/87	3:55/93	10:50/47	1:33/45	1:46/41	2:10/37	1:31/34	
+0:02 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:13 (2)	+9:37 (33)	+0:42 (24)	+0:04 (7)	+1:00 (10)	+0:39 (18)	
30:15 (21)	30:36 (22)	30:36 (22)								
2:00/31	0:21/100									
+1:24 (28)	+0:00 (1)	+0:00 (1)								
23 Anne -Grete Olsen	B&OI					(14,84min/km)		34:08	(+12:05)	
2:57 (27)	6:47 (28)	9:32 (28)	12:42 (27)	18:58 (25)	22:55 (23)	24:02 (23)	26:53 (23)	29:44 (23)	31:29 (23)	
2:57/54	3:50/62	2:45/82	3:10/87	6:16/93	3:57/47	1:07/45	2:51/41	2:51/37	1:45/34	
+1:41 (27)	+1:56 (26)	+1:14 (28)	+1:23 (27)	+2:34 (23)	+2:44 (29)	+0:16 (15)	+1:09 (18)	+1:41 (25)	+0:53 (27)	
33:11 (23)	34:08 (23)	34:08 (23)								
1:42/31	0:57/100									
+1:06 (25)	+0:36 (22)	+0:00 (1)								
24 Siv Byberg	B&OI					(15,69min/km)		36:05	(+14:02)	
2:25 (23)	6:15 (25)	8:55 (25)	11:45 (26)	17:15 (22)	24:11 (24)	25:31 (24)	29:03 (24)	32:21 (24)	34:05 (24)	
2:25/54	3:50/62	2:40/82	2:50/87	5:30/93	6:56/47	1:20/45	3:32/41	3:18/37	1:44/34	
+1:09 (23)	+1:56 (26)	+1:09 (25)	+1:03 (25)	+1:48 (19)	+5:43 (30)	+0:29 (22)	+1:50 (26)	+2:08 (28)	+0:52 (26)	
35:25 (24)	36:05 (24)	36:05 (24)								
1:20/31	0:40/100									
+0:44 (15)	+0:19 (11)	+0:00 (1)								
25 Lisbeth Lunde	B&OI					(16,91min/km)		38:53	(+16:50)	
3:10 (29)	6:00 (23)	8:20 (21)	11:40 (24)	17:28 (24)	25:19 (25)	28:39 (28)	31:02 (25)	33:27 (25)	35:29 (25)	
3:10/54	2:50/62	2:20/82	3:20/87	5:48/93	7:51/47	3:20/45	2:23/41	2:25/37	2:02/34	
+1:54 (29)	+0:56 (21)	+0:49 (20)	+1:33 (28)	+2:06 (22)	+6:38 (31)	+2:29 (30)	+0:41 (14)	+1:15 (16)	+1:10 (31)	
37:30 (25)	38:53 (25)	38:53 (25)								
2:01/31	1:23/100									
+1:25 (29)	+1:02 (28)	+0:00 (1)								
26 Einar Haugli	Ukjent					(18,02min/km)		41:27	(+19:24)	
2:17 (22)	6:24 (27)	9:02 (27)	16:43 (30)	21:17 (26)	30:57 (31)	32:25 (31)	35:16 (32)	37:28 (27)	39:07 (27)	
2:17/54	4:07/62	2:38/82	7:41/87	4:34/93	9:40/47	1:28/45	2:51/41	2:12/37	1:39/34	
+1:01 (22)	+2:13 (31)	+1:07 (24)	+5:54 (33)	+0:52 (11)	+8:27 (32)	+0:37 (23)	+1:09 (18)	+1:02 (12)	+0:47 (23)	
40:40 (26)	41:27 (26)	41:27 (26)								
1:33/31	0:47/100									
+0:57 (21)	+0:26 (17)	+0:00 (1)								
27 Eva Lund Pedersen	IL Siso					(18,20min/km)		41:51	(+19:48)	
2:55 (25)	11:20 (33)	14:18 (31)	18:09 (31)	24:38 (29)	26:58 (28)	28:10 (27)	31:17 (26)	36:52 (26)	38:39 (26)	
2:55/54	8:25/62	2:58/82	3:51/87	6:29/93	2:20/47	1:12/45	3:07/41	5:35/37	1:47/34	
+1:39 (25)	+6:31 (33)	+1:27 (29)	+2:04 (30)	+2:47 (26)	+1:07 (21)	+0:21 (16)	+1:25 (21)	+4:25 (30)	+0:55 (29)	
40:41 (27)	41:51 (27)	41:51 (27)								
2:02/31	1:10/100									
+1:26 (30)	+0:49 (26)	+0:00 (1)								
28 Finn Kristoffersen	Ukjent					(18,54min/km)		42:39	(+20:36)	
4:05 (31)	6:51 (29)	8:49 (24)	11:34 (23)	22:58 (27)	25:38 (26)	27:26 (25)	31:55 (27)	38:30 (29)	40:21 (29)	
4:05/54	2:46/62	1:58/82	2:45/87	11:24/93	2:40/47	1:48/45	4:29/41	6:35/37	1:51/34	
+2:49 (31)	+0:52 (18)	+0:27 (10)	+0:58 (23)	+7:42 (30)	+1:27 (24)	+0:57 (27)	+2:47 (31)	+5:25 (33)	+0:59 (30)	
41:58 (28)	42:39 (28)	42:39 (28)								
1:37/31	0:41/100									
+1:01 (23)	+0:20 (14)	+0:00 (1)								
29 Janike Person	Ukjent					(18,71min/km)		43:02	(+20:59)	
4:05 (31)	6:58 (30)	9:00 (26)	11:41 (25)	23:05 (28)	25:39 (27)	27:33 (26)	32:09 (28)	38:37 (30)	40:23 (30)	
4:05/54	2:53/62	2:02/82	2:41/87	11:24/93	2:34/47	1:54/45	4:36/41	6:28/37	1:46/34	
+2:49 (31)	+0:59 (22)	+0:31 (14)	+0:54 (21)	+7:42 (30)	+1:21 (22)	+1:03 (28)	+2:54 (33)	+5:18 (32)	+0:54 (28)	

42:05 (29) 43:02 (29) 43:02 (29)
1:42/31 0:57/100
+1:06 (25) +0:36 (22) +0:00 (1)

30 Marita Johannessén Ukjent (19,04min/km) **43:47 (+21:44)**
5:24 (33) 9:54 (32) 13:00 (30) 15:37 (29) 27:54 (32) 31:11 (32) 32:25 (31) 35:05 (31) 38:17 (28) 39:55 (28)
5:24/54 4:30/62 3:06/82 2:37/87 12:17/93 3:17/47 1:14/45 2:40/41 3:12/37 1:38/34
+4:08 (33) +2:36 (32) +1:35 (30) +0:50 (20) +8:35 (32) +2:04 (28) +0:23 (17) +0:58 (15) +2:02 (27) +0:46 (22)
42:43 (30) 43:47 (30) 43:47 (30)
2:48/31 1:04/100
+2:12 (33) +0:43 (24) +0:00 (1)

31 Tine Bergkvist Valnesfjord IL (19,19min/km) **44:08 (+22:05)**
1:49 (12) 5:52 (21) 15:58 (33) 20:59 (32) 27:26 (30) 30:07 (29) 31:26 (29) 34:36 (29) 40:11 (32) 41:48 (31)
1:49/54 4:03/62 10:06/82 5:01/87 6:27/93 2:41/47 1:19/45 3:10/41 5:35/37 1:37/34
+0:33 (12) +2:09 (29) +8:35 (33) +3:14 (31) +2:45 (24) +1:28 (25) +0:28 (20) +1:28 (22) +4:25 (30) +0:45 (21)
43:21 (31) 44:08 (31) 44:08 (31)
1:33/31 0:47/100
+0:57 (21) +0:26 (17) +0:00 (1)

32 Pia Veigård B&OI (19,21min/km) **44:11 (+22:08)**
1:50 (13) 5:52 (21) 15:54 (32) 20:59 (32) 27:32 (31) 30:08 (30) 31:27 (30) 34:38 (30) 40:09 (31) 41:51 (32)
1:50/54 4:02/62 10:02/82 5:05/87 6:33/93 2:36/47 1:19/45 3:11/41 5:31/37 1:42/34
+0:34 (13) +2:08 (28) +8:31 (32) +3:18 (32) +2:51 (27) +1:23 (23) +0:28 (20) +1:29 (23) +4:21 (29) +0:50 (25)
43:22 (32) 44:11 (32) 44:11 (32)
1:31/31 0:49/100
+0:55 (20) +0:28 (19) +0:00 (1)

33 Arnold Danielsen B&OI (20,61min/km) **47:24 (+25:21)**
3:09 (28) 7:13 (31) 10:43 (29) 14:33 (28) 31:04 (33) 33:53 (33) 35:37 (33) 39:01 (33) 41:51 (33) 44:05 (33)
3:09/54 4:04/62 3:30/82 3:50/87 16:31/93 2:49/47 1:44/45 3:24/41 2:50/37 2:14/34
+1:53 (28) +2:10 (30) +1:59 (31) +2:03 (29) +12:49 (33) +1:36 (26) +0:53 (26) +1:42 (25) +1:40 (24) +1:22 (32)
46:09 (33) 47:24 (33) 47:24 (33)
2:04/31 1:15/100
+1:28 (31) +0:54 (27) +0:00 (1)

Regula Høsli B&OI (13,64min/km) **Disk (+9:19)**
2:29 (24) 5:32 (19) 7:53 (20) 9:49 (19) 15:37 (19) 19:19 (21) 20:25 (18) 22:56 (17) 25:13 (17) 27:12 (18)
2:29/54 3:03/62 2:21/82 1:56/85 5:48/93 3:42/47 1:06/45 2:31/41 2:17/37 1:59/34
+1:13 (24) +1:09 (23) +0:50 (21) +0:09 (3) +2:06 (22) +2:29 (29) +0:15 (15) +0:49 (15) +1:07 (15) +1:07 (31)
30:15 (22) 31:22 (23) 31:22 (23)
3:03/31 1:07/100
+2:27 (34) +0:46 (26) +0:00 (1)

Tobias Johnsen B&OI (14,36min/km) **Disk (+10:58)**
2:08 (21) 5:08 (19) 8:07 (20) 9:44 (19) 18:15 (25) 20:36 (22) 21:39 (20) 24:08 (18) 27:24 (21) 28:44 (21)
2:08/54 3:00/57 2:59/82 1:37/85 8:31/93 2:21/47 1:03/45 2:29/41 3:16/37 1:20/34
+0:52 (21) +1:06 (23) +1:28 (30) +0:00 (1) +4:49 (29) +1:08 (22) +0:12 (14) +0:47 (15) +2:06 (28) +0:28 (13)
32:37 (23) 33:01 (23) 33:01 (23)
3:53/31 0:24/100
+3:17 (34) +0:03 (2) +0:00 (1)

Tore Tveraabak B&OI (24,96min/km) **Disk (+35:21)**
2:34 (25) 8:34 (32) 11:14 (30) 12:26 (27) 13:10 (9) 41:53 (34) 50:00 (34) 52:06 (34) 53:02 (34) 54:03 (34)
2:34/54 6:00/62 2:40/82 1:12/85 0:44/87 28:43/47 8:07/45 2:06/41 0:56/38 1:01/37
+1:18 (25) +4:06 (33) +1:09 (25) +0:00 (1) +0:00 (1) +27:30 (34) +7:16 (34) +0:24 (11) +0:00 (1) +0:09 (2)
55:39 (34) 56:57 (34) 57:24 (34)
1:36/34 1:18/31 0:27/100
+1:00 (23) +0:57 (28) +0:00 (1)

Carl A Boe B&OI (0,00min/km) **Brutt**
(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
(1) (1) (1)
+0:00 (1) +0:00 (1) +0:00 (1)

Klasse 4 km 4,6 km

21 påmeldt, 21 startende

1	Per Rekkedal		B&OI			(6,66min/km)		30:37		
	2:18 (9)	3:27 (10)	8:55 (1)	11:10 (1)	14:36 (1)	15:55 (1)	17:02 (1)	18:22 (1)	19:35 (1)	24:18 (1)
	2:18/62	1:09/58	5:28/39	2:15/40	3:26/46	1:19/45	1:07/50	1:20/54	1:13/87	4:43/47
	+0:30 (9)	+0:12 (10)	+0:00 (1)	+0:38 (3)	+0:20 (5)	+0:12 (6)	+0:00 (1)	+0:04 (2)	+0:00 (1)	+1:04 (13)
	25:45 (1)	27:21 (1)	28:11 (1)	30:04 (1)	30:37 (1)					
	1:27/41	1:36/36	0:50/35	1:53/31	0:33/100					
	+0:00 (1)	+0:00 (1)	+0:10 (11)	+0:14 (7)	+0:09 (2)					
2	Torkel Irgens		B&OI			(6,88min/km)		31:38	(+1:01)	
	2:00 (4)	3:03 (3)	9:03 (2)	11:46 (2)	15:05 (2)	16:28 (3)	17:42 (2)	19:11 (2)	20:32 (2)	24:41 (3)
	2:00/62	1:03/58	6:00/39	2:43/40	3:19/46	1:23/45	1:14/50	1:29/54	1:21/87	4:09/47
	+0:12 (4)	+0:06 (5)	+0:32 (3)	+1:06 (9)	+0:13 (3)	+0:16 (8)	+0:07 (5)	+0:13 (8)	+0:08 (8)	+0:30 (5)
	26:19 (3)	28:30 (2)	29:21 (3)	31:00 (2)	31:38 (2)					
	1:38/41	2:11/36	0:51/35	1:39/31	0:38/100					
	+0:11 (7)	+0:35 (6)	+0:11 (12)	+0:00 (1)	+0:14 (10)					
3	Jonny Jakobsen		B&OI			(6,88min/km)		31:40	(+1:03)	
	2:10 (7)	3:07 (5)	9:10 (3)	11:52 (3)	15:10 (3)	16:22 (2)	17:46 (3)	19:24 (4)	20:40 (3)	24:30 (2)
	2:10/62	0:57/58	6:03/39	2:42/40	3:18/46	1:12/45	1:24/50	1:38/54	1:16/87	3:50/47
	+0:22 (7)	+0:00 (1)	+0:35 (4)	+1:05 (8)	+0:12 (2)	+0:05 (2)	+0:17 (9)	+0:22 (15)	+0:03 (3)	+0:11 (2)
	26:13 (2)	28:31 (3)	29:19 (2)	31:03 (3)	31:40 (3)					
	1:43/41	2:18/36	0:48/35	1:44/31	0:37/100					
	+0:16 (8)	+0:42 (10)	+0:08 (8)	+0:05 (3)	+0:13 (8)					
4	Bjørn Mannsverk		B&OI			(7,09min/km)		32:36	(+1:59)	
	2:35 (13)	3:38 (11)	9:17 (4)	12:08 (6)	15:14 (4)	16:30 (4)	17:53 (4)	19:15 (3)	21:11 (4)	25:13 (4)
	2:35/62	1:03/58	5:39/39	2:51/40	3:06/46	1:16/45	1:23/50	1:22/54	1:56/87	4:02/47
	+0:47 (13)	+0:06 (5)	+0:11 (2)	+1:14 (12)	+0:00 (1)	+0:09 (3)	+0:16 (8)	+0:06 (3)	+0:43 (19)	+0:23 (3)
	26:50 (4)	28:44 (4)	29:59 (4)	32:00 (4)	32:36 (4)					
	1:37/41	1:54/36	1:15/35	2:01/31	0:36/100					
	+0:10 (6)	+0:18 (3)	+0:35 (17)	+0:22 (12)	+0:12 (7)					
5	Gunnar Rabben		Valnesfjord IL			(7,24min/km)		33:18	(+2:41)	
	2:02 (5)	3:04 (4)	9:32 (5)	12:19 (7)	16:08 (6)	17:38 (6)	19:03 (5)	20:32 (5)	21:56 (5)	26:17 (5)
	2:02/62	1:02/58	6:28/39	2:47/40	3:49/46	1:30/45	1:25/50	1:29/54	1:24/87	4:21/47
	+0:14 (5)	+0:05 (4)	+1:00 (8)	+1:10 (11)	+0:43 (8)	+0:23 (14)	+0:18 (10)	+0:13 (8)	+0:11 (14)	+0:42 (9)
	27:51 (5)	30:16 (5)	30:58 (5)	32:45 (5)	33:18 (5)					
	1:34/41	2:25/36	0:42/35	1:47/31	0:33/100					
	+0:07 (4)	+0:49 (11)	+0:02 (3)	+0:08 (4)	+0:09 (2)					
6	Petter Jakola		B&OI			(7,32min/km)		33:41	(+3:04)	
	2:18 (9)	3:22 (8)	12:02 (17)	13:39 (13)	17:39 (10)	19:36 (12)	21:04 (13)	22:20 (12)	23:34 (11)	27:13 (9)
	2:18/62	1:04/58	8:40/39	1:37/40	4:00/46	1:57/45	1:28/50	1:16/54	1:14/87	3:39/47
	+0:30 (9)	+0:07 (7)	+3:12 (18)	+0:00 (1)	+0:54 (9)	+0:50 (18)	+0:21 (12)	+0:00 (1)	+0:01 (2)	+0:00 (1)
	28:44 (6)	30:40 (6)	31:26 (6)	33:17 (6)	33:41 (6)					
	1:31/41	1:56/36	0:46/35	1:51/31	0:24/100					
	+0:04 (3)	+0:20 (4)	+0:06 (7)	+0:12 (6)	+0:00 (1)					
7	Jan Prytz		B&OI			(7,43min/km)		34:12	(+3:35)	
	1:48 (1)	3:18 (7)	9:46 (9)	12:03 (5)	15:33 (5)	17:22 (5)	19:29 (6)	20:54 (6)	22:11 (6)	26:53 (8)
	1:48/62	1:30/58	6:28/39	2:17/40	3:30/46	1:49/45	2:07/50	1:25/54	1:17/87	4:42/47
	+0:00 (1)	+0:33 (16)	+1:00 (8)	+0:40 (4)	+0:24 (6)	+0:42 (17)	+1:00 (21)	+0:09 (5)	+0:04 (4)	+1:03 (12)
	29:14 (9)	31:03 (7)	31:47 (7)	33:35 (7)	34:12 (7)					
	2:21/41	1:49/36	0:44/35	1:48/31	0:37/100					
	+0:54 (15)	+0:13 (2)	+0:04 (5)	+0:09 (5)	+0:13 (8)					
8	Erlend Fjose		B&OI			(7,48min/km)		34:25	(+3:48)	
	1:49 (2)	2:49 (1)	9:34 (6)	11:57 (4)	17:50 (11)	18:57 (10)	20:10 (10)	21:42 (10)	22:59 (10)	27:22 (10)
	1:49/62	1:00/58	6:45/39	2:23/40	5:53/46	1:07/45	1:13/50	1:32/54	1:17/87	4:23/47
	+0:01 (2)	+0:03 (3)	+1:17 (11)	+0:46 (5)	+2:47 (19)	+0:00 (1)	+0:06 (3)	+0:16 (12)	+0:04 (4)	+0:44 (11)
	28:49 (8)	31:21 (9)	32:01 (9)	33:44 (8)	34:25 (8)					
	1:27/41	2:32/36	0:40/35	1:43/31	0:41/100					
	+0:00 (1)	+0:56 (15)	+0:00 (1)	+0:04 (2)	+0:17 (15)					

9	Marit Wenseth Kure		B&OI			(7,55min/km)			34:44	(+4:07)
	2:06 (6)	3:16 (6)	9:39 (7)	13:06 (10)	17:13 (9)	18:30 (9)	19:46 (9)	21:17 (9)	22:38 (9)	26:50 (7)
	2:06/62	1:10/58	6:23/39	3:27/40	4:07/46	1:17/45	1:16/50	1:31/54	1:21/87	4:12/47
	+0:18 (6)	+0:13 (11)	+0:55 (7)	+1:50 (18)	+1:01 (11)	+0:10 (4)	+0:09 (7)	+0:15 (11)	+0:08 (8)	+0:33 (8)
	28:48 (7)	31:14 (8)	31:57 (8)	34:03 (9)	34:44 (9)					
	1:58/41	2:26/36	0:43/35	2:06/31	0:41/100					
	+0:31 (11)	+0:50 (12)	+0:03 (4)	+0:27 (14)	+0:17 (15)					
10	Glenn Robert Johnsen		B&OI			(7,67min/km)			35:18	(+4:41)
	3:20 (19)	4:24 (17)	10:41 (12)	13:32 (12)	16:53 (7)	18:12 (7)	19:40 (7)	21:06 (7)	22:28 (7)	26:36 (6)
	3:20/62	1:04/58	6:17/39	2:51/40	3:21/46	1:19/45	1:28/50	1:26/54	1:22/87	4:08/47
	+1:32 (19)	+0:07 (7)	+0:49 (5)	+1:14 (12)	+0:15 (4)	+0:12 (6)	+0:21 (12)	+0:10 (6)	+0:09 (12)	+0:29 (4)
	29:24 (10)	31:50 (11)	32:45 (10)	34:44 (10)	35:18 (10)					
	2:48/41	2:26/36	0:55/35	1:59/31	0:34/100					
	+1:21 (20)	+0:50 (12)	+0:15 (15)	+0:20 (9)	+0:10 (5)					
11	Leif Magne Eggestad		B&OI			(7,70min/km)			35:25	(+4:48)
	3:17 (18)	4:27 (18)	10:48 (13)	13:15 (11)	18:20 (14)	19:37 (13)	20:46 (11)	22:14 (11)	23:37 (12)	27:47 (11)
	3:17/62	1:10/58	6:21/39	2:27/40	5:05/46	1:17/45	1:09/50	1:28/54	1:23/87	4:10/47
	+1:29 (18)	+0:13 (11)	+0:53 (6)	+0:50 (6)	+1:59 (16)	+0:10 (4)	+0:02 (2)	+0:12 (7)	+0:10 (13)	+0:31 (7)
	29:48 (12)	32:03 (12)	32:47 (11)	34:46 (11)	35:25 (11)					
	2:01/41	2:15/36	0:44/35	1:59/31	0:39/100					
	+0:34 (12)	+0:39 (8)	+0:04 (5)	+0:20 (9)	+0:15 (13)					
12	Erling Pedersen		IL Siso			(7,87min/km)			36:11	(+5:34)
	2:16 (8)	3:22 (8)	9:57 (10)	12:37 (8)	19:25 (17)	20:49 (17)	22:02 (17)	23:26 (15)	24:46 (15)	28:55 (13)
	2:16/62	1:06/58	6:35/39	2:40/40	6:48/46	1:24/45	1:13/50	1:24/54	1:20/87	4:09/47
	+0:28 (8)	+0:09 (9)	+1:07 (10)	+1:03 (7)	+3:42 (20)	+0:17 (9)	+0:06 (3)	+0:08 (4)	+0:07 (6)	+0:30 (5)
	30:29 (13)	32:57 (13)	33:38 (13)	35:33 (12)	36:11 (12)					
	1:34/41	2:28/36	0:41/35	1:55/31	0:38/100					
	+0:07 (4)	+0:52 (14)	+0:01 (2)	+0:16 (8)	+0:14 (10)					
13	Bjørnar Hegreberg		B&OI			(7,94min/km)			36:31	(+5:54)
	1:55 (3)	2:53 (2)	9:42 (8)	12:41 (9)	17:01 (8)	18:29 (8)	19:43 (8)	21:13 (8)	22:33 (8)	27:53 (12)
	1:55/62	0:58/58	6:49/39	2:59/40	4:20/46	1:28/45	1:14/50	1:30/54	1:20/87	5:20/47
	+0:07 (3)	+0:01 (2)	+1:21 (12)	+1:22 (15)	+1:14 (14)	+0:21 (12)	+0:07 (5)	+0:14 (10)	+0:07 (6)	+1:41 (18)
	29:36 (11)	31:38 (10)	33:22 (12)	35:53 (13)	36:31 (13)					
	1:43/41	2:02/36	1:44/35	2:31/31	0:38/100					
	+0:16 (8)	+0:26 (5)	+1:04 (21)	+0:52 (18)	+0:14 (10)					
14	Tore Bergkvist		Valnesfjord IL			(8,14min/km)			37:27	(+6:50)
	2:40 (14)	4:13 (15)	11:28 (15)	14:12 (14)	18:16 (13)	19:50 (14)	21:19 (14)	22:56 (13)	24:32 (14)	29:33 (15)
	2:40/62	1:33/58	7:15/39	2:44/40	4:04/46	1:34/45	1:29/50	1:37/54	1:36/87	5:01/47
	+0:52 (14)	+0:36 (17)	+1:47 (14)	+1:07 (10)	+0:58 (10)	+0:27 (16)	+0:22 (14)	+0:21 (14)	+0:23 (17)	+1:22 (16)
	31:34 (14)	33:51 (14)	34:39 (14)	36:47 (14)	37:27 (14)					
	2:01/41	2:17/36	0:48/35	2:08/31	0:40/100					
	+0:34 (12)	+0:41 (9)	+0:08 (8)	+0:29 (15)	+0:16 (14)					
15	Joar Henriksen		B&OI			(8,26min/km)			37:59	(+7:22)
	2:46 (17)	4:03 (14)	11:23 (14)	14:16 (15)	18:56 (15)	20:25 (15)	21:55 (15)	23:27 (16)	25:27 (17)	29:49 (16)
	2:46/62	1:17/58	7:20/39	2:53/40	4:40/46	1:29/45	1:30/50	1:32/54	2:00/87	4:22/47
	+0:58 (17)	+0:20 (14)	+1:52 (15)	+1:16 (14)	+1:34 (15)	+0:22 (13)	+0:23 (17)	+0:16 (12)	+0:47 (20)	+0:43 (10)
	31:43 (15)	34:34 (16)	35:25 (16)	37:24 (15)	37:59 (15)					
	1:54/41	2:51/36	0:51/35	1:59/31	0:35/100					
	+0:27 (10)	+1:15 (17)	+0:11 (12)	+0:20 (9)	+0:11 (6)					
16	Dag Skogan		B&OI			(8,33min/km)			38:19	(+7:42)
	2:23 (11)	3:39 (12)	10:33 (11)	14:28 (17)	18:07 (12)	19:31 (11)	20:57 (12)	23:06 (14)	24:27 (13)	29:18 (14)
	2:23/62	1:16/58	6:54/39	3:55/40	3:39/46	1:24/45	1:26/50	2:09/54	1:21/87	4:51/47
	+0:35 (11)	+0:19 (13)	+1:26 (13)	+2:18 (19)	+0:33 (7)	+0:17 (9)	+0:19 (11)	+0:53 (19)	+0:08 (8)	+1:12 (15)
	32:12 (16)	34:26 (15)	35:14 (15)	37:30 (16)	38:19 (16)					
	2:54/41	2:14/36	0:48/35	2:16/31	0:49/100					
	+1:27 (21)	+0:38 (7)	+0:08 (8)	+0:37 (16)	+0:25 (19)					
17	Åge Mohus		B&OI			(8,51min/km)			39:08	(+8:31)
	2:27 (12)	3:51 (13)	11:41 (16)	15:00 (18)	19:07 (16)	20:32 (16)	22:01 (16)	23:45 (17)	25:06 (16)	29:51 (17)
	2:27/62	1:24/58	7:50/39	3:19/40	4:07/46	1:25/45	1:29/50	1:44/54	1:21/87	4:45/47
	+0:39 (12)	+0:27 (15)	+2:22 (16)	+1:42 (17)	+1:01 (11)	+0:18 (11)	+0:22 (14)	+0:28 (16)	+0:08 (8)	+1:06 (14)

32:17 (17) 34:57 (17) 35:55 (17) 38:20 (17) 39:08 (17)
2:26/41 2:40/36 0:58/35 2:25/31 0:48/100
+0:59 (17) +1:04 (16) +0:18 (16) +0:46 (17) +0:24 (18)

18 Jacob Kalvig Skogan **B&OI** **(8,84min/km)** **40:40 (+10:03)**
2:44 (16) 4:17 (16) 12:08 (18) 14:21 (16) 19:35 (18) 21:40 (18) 23:29 (18) 25:36 (18) 27:07 (18) 32:20 (18)
2:44/62 1:33/58 7:51/39 2:13/40 5:14/46 2:05/45 1:49/50 2:07/54 1:31/87 5:13/47
+0:56 (16) +0:36 (17) +2:23 (17) +0:36 (2) +2:08 (17) +0:58 (19) +0:42 (20) +0:51 (18) +0:18 (15) +1:34 (17)
34:21 (18) 37:12 (18) 38:03 (18) 40:07 (18) 40:40 (18)
2:01/41 2:51/36 0:51/35 2:04/31 0:33/100
+0:34 (12) +1:15 (17) +0:11 (12) +0:25 (13) +0:09 (2)

19 Odd Ivar Søvik **B&OI** **(9,96min/km)** **45:50 (+15:13)**
3:44 (20) 5:40 (19) 14:24 (19) 17:26 (19) 21:43 (19) 23:15 (19) 24:44 (19) 26:36 (19) 28:11 (19) 33:51 (19)
3:44/62 1:56/58 8:44/39 3:02/40 4:17/46 1:32/45 1:29/50 1:52/54 1:35/87 5:40/47
+1:56 (20) +0:59 (19) +3:16 (19) +1:25 (16) +1:11 (13) +0:25 (15) +0:22 (14) +0:36 (17) +0:22 (16) +2:01 (19)
36:12 (19) 40:48 (19) 42:14 (19) 45:03 (19) 45:50 (19)
2:21/41 4:36/36 1:26/35 2:49/31 0:47/100
+0:54 (15) +3:00 (21) +0:46 (20) +1:10 (21) +0:23 (17)

20 Jon Øverås **B&OI** **(11,58min/km)** **53:17 (+22:40)**
2:41 (15) 7:08 (21) 16:34 (20) 20:37 (20) 27:46 (20) 30:18 (20) 31:52 (20) 34:25 (20) 36:18 (20) 42:27 (20)
2:41/62 4:27/58 9:26/39 4:03/40 7:09/46 2:32/45 1:34/50 2:33/54 1:53/87 6:09/47
+0:53 (15) +3:30 (21) +3:58 (20) +2:26 (20) +4:03 (21) +1:25 (20) +0:27 (18) +1:17 (21) +0:40 (18) +2:30 (20)
45:14 (20) 48:26 (20) 49:44 (20) 52:18 (20) 53:17 (20)
2:47/41 3:12/36 1:18/35 2:34/31 0:59/100
+1:20 (19) +1:36 (19) +0:38 (18) +0:55 (20) +0:35 (21)

21 Christian Søvik **B&OI** **(11,98min/km)** **55:07 (+24:30)**
3:55 (21) 5:56 (20) 17:11 (21) 22:25 (21) 28:13 (21) 30:54 (21) 32:35 (21) 34:45 (21) 37:33 (21) 43:58 (21)
3:55/62 2:01/58 11:15/39 5:14/40 5:48/46 2:41/45 1:41/50 2:10/54 2:48/87 6:25/47
+2:07 (21) +1:04 (20) +5:47 (21) +3:37 (21) +2:42 (18) +1:34 (21) +0:34 (19) +0:54 (20) +1:35 (21) +2:46 (21)
46:42 (21) 50:16 (21) 51:40 (21) 54:12 (21) 55:07 (21)
2:44/41 3:34/36 1:24/35 2:32/31 0:55/100
+1:17 (18) +1:58 (20) +0:44 (19) +0:53 (19) +0:31 (20)

Klasse 6 km 4,6 km

6 påmeldt, 6 startende

1 Arild Hegreberg **B&OI** **(6,56min/km)** **30:10**
1:20 (1) 2:11 (1) 6:39 (1) 8:32 (1) 12:31 (1) 12:55 (1) 14:13 (1) 15:08 (1) 16:07 (1) 17:08 (1)
1:20/62 0:51/58 4:28/39 1:53/40 3:59/94 0:24/93 1:18/45 0:55/50 0:59/54 1:01/82
+0:00 (1) +0:04 (2) +0:09 (2) +0:00 (1) +0:00 (1) +0:00 (1) +0:01 (2) +0:00 (1) +0:00 (1) +0:02 (2)
18:27 (1) 19:43 (1) 20:26 (1) 24:38 (1) 25:55 (1) 27:26 (1) 28:01 (1) 29:42 (1) 30:10 (1)
1:19/87 1:16/91 0:43/92 4:12/47 1:17/41 1:31/36 0:35/35 1:41/31 0:28/100
+0:02 (2) +0:02 (2) +0:03 (2) +0:20 (2) +0:00 (1) +0:09 (2) +0:00 (1) +0:18 (3) +0:01 (3)

2 Nils Aamand **B&OI** **(6,95min/km)** **31:59 (+1:49)**
1:39 (4) 2:26 (4) 6:45 (2) 8:40 (2) 15:08 (5) 15:32 (5) 16:49 (3) 17:44 (3) 18:45 (3) 19:50 (3)
1:39/62 0:47/58 4:19/39 1:55/40 6:28/94 0:24/93 1:17/45 0:55/50 1:01/54 1:05/82
+0:19 (4) +0:00 (1) +0:00 (1) +0:02 (2) +2:29 (6) +0:00 (1) +0:00 (1) +0:00 (1) +0:02 (2) +0:06 (3)
21:07 (3) 22:21 (3) 23:01 (2) 26:53 (2) 28:10 (2) 29:32 (2) 30:08 (2) 31:31 (2) 31:59 (2)
1:17/87 1:14/91 0:40/92 3:52/47 1:17/41 1:22/36 0:36/35 1:23/31 0:28/100
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:01 (2) +0:00 (1) +0:01 (3)

3 Lars Petter Rekkedal **B&OI** **(7,70min/km)** **35:25 (+5:15)**
1:27 (2) 2:20 (2) 7:29 (3) 9:58 (4) 14:31 (4) 14:58 (4) 17:11 (4) 18:10 (4) 19:31 (4) 20:46 (4)
1:27/62 0:53/58 5:09/39 2:29/40 4:33/94 0:27/93 2:13/45 0:59/50 1:21/54 1:15/82
+0:07 (2) +0:06 (4) +0:50 (4) +0:36 (5) +0:34 (4) +0:03 (3) +0:56 (5) +0:04 (4) +0:22 (6) +0:16 (5)
22:18 (4) 23:36 (4) 24:30 (4) 29:31 (3) 30:59 (3) 32:38 (3) 33:15 (3) 34:54 (3) 35:25 (3)
1:32/87 1:18/91 0:54/92 5:01/47 1:28/41 1:39/36 0:37/35 1:39/31 0:31/100
+0:15 (5) +0:04 (4) +0:14 (4) +1:09 (4) +0:11 (3) +0:17 (4) +0:02 (3) +0:16 (2) +0:04 (5)

4 Lars Reitan **B&OI** **(8,06min/km)** **37:05 (+6:55)**
1:30 (3) 2:24 (3) 7:32 (4) 9:40 (3) 13:54 (2) 14:33 (2) 16:04 (2) 17:05 (2) 18:18 (2) 19:31 (2)
1:30/62 0:54/58 5:08/39 2:08/40 4:14/94 0:39/93 1:31/45 1:01/50 1:13/54 1:13/82
+0:10 (3) +0:07 (5) +0:49 (3) +0:15 (3) +0:15 (3) +0:15 (6) +0:14 (4) +0:06 (5) +0:14 (5) +0:14 (4)

20:59 (2)	22:16 (2)	23:15 (3)	31:02 (4)	32:45 (4)	34:16 (4)	34:56 (4)	36:38 (4)	37:05 (4)	
1:28/87	1:17/91	0:59/92	7:47/47	1:43/41	1:31/36	0:40/35	1:42/31	0:27/100	
+0:11 (4)	+0:03 (3)	+0:19 (5)	+3:55 (5)	+0:26 (4)	+0:09 (2)	+0:05 (5)	+0:19 (4)	+0:00 (1)	
5 Roy Solbakk			Valnesfjord IL			(8,42min/km)		38:43	(+8:33)
2:03 (6)	3:13 (6)	8:54 (6)	11:27 (6)	17:26 (6)	18:01 (6)	19:30 (5)	20:31 (6)	21:39 (6)	22:56 (6)
2:03/62	1:10/58	5:41/39	2:33/40	5:59/94	0:35/93	1:29/45	1:01/50	1:08/54	1:17/82
+0:43 (6)	+0:23 (6)	+1:22 (6)	+0:40 (6)	+2:00 (5)	+0:11 (5)	+0:12 (3)	+0:06 (5)	+0:09 (4)	+0:18 (6)
24:37 (6)	25:55 (6)	26:42 (5)	31:41 (5)	33:40 (5)	35:44 (5)	36:22 (5)	38:16 (5)	38:43 (5)	
1:41/87	1:18/91	0:47/92	4:59/47	1:59/41	2:04/36	0:38/35	1:54/31	0:27/100	
+0:24 (6)	+0:04 (4)	+0:07 (3)	+1:07 (3)	+0:42 (5)	+0:42 (5)	+0:03 (4)	+0:31 (6)	+0:00 (1)	
6 Roger Fagerheim			Ukjent			(9,83min/km)		45:12	(+15:02)
1:39 (4)	2:30 (5)	7:55 (5)	10:11 (5)	14:22 (3)	14:50 (3)	19:34 (6)	20:29 (5)	21:36 (5)	22:35 (5)
1:39/62	0:51/58	5:25/39	2:16/40	4:11/94	0:28/93	4:44/45	0:55/50	1:07/54	0:59/82
+0:19 (4)	+0:04 (2)	+1:06 (5)	+0:23 (4)	+0:12 (2)	+0:04 (4)	+3:27 (6)	+0:00 (1)	+0:08 (3)	+0:00 (1)
24:02 (5)	25:46 (5)	26:53 (6)	35:49 (6)	38:32 (6)	41:42 (6)	42:37 (6)	44:30 (6)	45:12 (6)	
1:27/87	1:44/91	1:07/92	8:56/47	2:43/41	3:10/36	0:55/35	1:53/31	0:42/100	
+0:10 (3)	+0:30 (6)	+0:27 (6)	+5:04 (6)	+1:26 (6)	+1:48 (6)	+0:20 (6)	+0:30 (5)	+0:15 (6)	

Klasse Nybegynner 1,5 km

7 påmeldt, 7 startende

Jørgen Jakola			B&OI			(6,58min/km)		9:52	
0:25 (3)	1:21 (2)	3:36 (1)	4:17 (1)	5:54 (1)	7:21 (1)	8:46 (1)	9:24 (1)	9:52 (1)	9:52 (1)
0:25/55	0:56/56	2:15/52	0:41/50	1:37/44	1:27/38	1:25/33	0:38/31	0:28/100	
+0:02 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
Aksel Karlsen			Ukjent			(7,87min/km)		11:48	
0:24 (2)	1:22 (3)	3:39 (3)	4:46 (3)	6:46 (3)	8:34 (3)	10:23 (3)	11:05 (3)	11:48 (3)	11:48 (3)
0:24/55	0:58/56	2:17/52	1:07/50	2:00/44	1:48/38	1:49/33	0:42/31	0:43/100	
+0:01 (2)	+0:02 (3)	+0:02 (3)	+0:26 (2)	+0:23 (3)	+0:21 (3)	+0:24 (2)	+0:04 (3)	+0:15 (3)	+0:00 (1)
Fredrik Kristiansen			B&OI			(7,81min/km)		11:43	
0:23 (1)	1:20 (1)	3:36 (1)	4:44 (2)	6:44 (2)	8:30 (2)	10:22 (2)	11:01 (2)	11:43 (2)	11:43 (2)
0:23/55	0:57/56	2:16/52	1:08/50	2:00/44	1:46/38	1:52/33	0:39/31	0:42/100	
+0:00 (1)	+0:01 (2)	+0:01 (2)	+0:27 (3)	+0:23 (3)	+0:19 (2)	+0:27 (3)	+0:01 (2)	+0:14 (2)	+0:00 (1)
Anna Storvik Nilsen			B&OI			(24,57min/km)		36:51	
0:41 (5)	2:00 (4)	5:46 (4)	7:32 (4)	19:55 (6)	23:29 (6)	35:44 (7)	36:51 (6)	36:51 (6)	36:51 (6)
0:41/55	1:19/56	3:46/52	1:46/50	12:23/44	3:34/38	12:15/33	1:07/100		
+0:18 (5)	+0:23 (4)	+1:31 (4)	+1:05 (4)	+10:46 (7)	+2:07 (4)	+10:50 (7)	+0:29 (4)	+0:00 (1)	+0:00 (1)
Sara Skjevik			B&OI			(22,40min/km)		33:36	
0:59 (7)	3:01 (7)	8:39 (6)	11:46 (6)	18:09 (5)	21:45 (5)	29:49 (5)	31:35 (5)	33:36 (5)	33:36 (5)
0:59/55	2:02/56	5:38/52	3:07/50	6:23/44	3:36/38	8:04/33	1:46/31	2:01/100	
+0:36 (7)	+1:06 (6)	+3:23 (6)	+2:26 (6)	+4:46 (6)	+2:09 (5)	+6:39 (6)	+1:08 (6)	+1:33 (6)	+0:00 (1)
Tobias Skjevik			B&OI			(15,38min/km)		23:04	
0:49 (6)	2:39 (5)	6:30 (5)	9:02 (5)	12:32 (4)	16:44 (4)	20:20 (4)	22:03 (4)	23:04 (4)	23:04 (4)
0:49/55	1:50/56	3:51/52	2:32/50	3:30/44	4:12/38	3:36/33	1:43/31	1:01/100	
+0:26 (6)	+0:54 (5)	+1:36 (5)	+1:51 (5)	+1:53 (5)	+2:45 (6)	+2:11 (5)	+1:05 (5)	+0:33 (4)	+0:00 (1)
Malene G Stokke			B&OI			(26,06min/km)		39:05	
0:36 (4)	2:51 (6)	18:51 (7)	22:00 (7)	23:56 (7)	29:01 (7)	31:48 (6)	36:53 (7)	37:55 (7)	39:05 (7)
0:36/55	2:15/56	16:00/50	3:09/52	1:56/50	5:05/44	2:47/38	5:05/33	1:02/31	1:10/100
+0:13 (4)	+1:19 (7)	+13:45 (7)	+2:28 (7)	+0:19 (2)	+3:38 (7)	+1:22 (4)	+4:27 (7)	+0:34 (5)	+0:00 (1)