

+0:00 (1)

9	Eva Isakson						OK Skogshjortarna	49:06	(+13:56)		
	2:28 (11)	7:56 (10)	16:12 (8)	26:34 (10)	35:43 (10)	39:44 (9)	42:44 (9)	44:44 (9)	48:44 (9)	49:06 (9)	
	2:28/130	5:28/122	8:16/33	10:22/124	9:09/131	4:01/101	3:00/94	2:00/125	4:00/109	0:22/110	
	+0:32 (11)	+1:21 (12)	+2:00 (6)	+6:18 (24)	+5:44 (23)	+0:42 (7)	+0:52 (8)	+0:53 (17)	+2:01 (8)	+0:06 (11)	
	49:06 (9)										

+0:00 (1)

10	Eli Klovning						Porsgrunn	51:34	(+16:24)		
	3:39 (23)	9:15 (15)	19:03 (11)	28:59 (11)	37:43 (13)	41:38 (11)	44:42 (11)	47:09 (12)	51:12 (10)	51:34 (10)	
	3:39/130	5:36/122	9:48/33	9:56/124	8:44/131	3:55/101	3:04/94	2:27/125	4:03/109	0:22/110	
	+1:43 (23)	+1:29 (14)	+3:32 (10)	+5:52 (21)	+5:19 (21)	+0:36 (5)	+0:56 (10)	+1:20 (20)	+2:04 (10)	+0:06 (11)	
	51:34 (10)										

+0:00 (1)

11	Haldis Glendrange						Stavanger OK	52:17	(+17:07)		
	2:21 (7)	6:28 (2)	23:42 (14)	34:58 (16)	39:00 (14)	42:19 (13)	44:55 (12)	46:14 (11)	51:57 (11)	52:17 (11)	
	2:21/130	4:07/122	17:14/33	11:16/124	4:02/131	3:19/101	2:36/94	1:19/125	5:43/109	0:20/110	
	+0:25 (7)	+0:00 (1)	+10:58 (20)	+7:12 (25)	+0:37 (2)	+0:00 (1)	+0:28 (4)	+0:12 (2)	+3:44 (22)	+0:04 (6)	
	52:17 (11)										

+0:00 (1)

12	Kjellaug Hodnekvam						Bergens TF	53:02	(+17:52)		
	2:22 (8)	8:23 (13)	21:56 (12)	32:14 (14)	36:43 (12)	40:32 (10)	43:29 (10)	45:11 (10)	52:25 (12)	53:02 (12)	
	2:22/130	6:01/122	13:33/33	10:18/124	4:29/131	3:49/101	2:57/94	1:42/125	7:14/109	0:37/110	
	+0:26 (8)	+1:54 (15)	+7:17 (13)	+6:14 (23)	+1:04 (6)	+0:30 (3)	+0:49 (7)	+0:35 (8)	+5:15 (25)	+0:21 (26)	
	53:02 (12)										

+0:00 (1)

13	Per O Fosby						B&OI	55:23	(+20:13)		
	3:02 (18)	7:33 (8)	17:36 (9)	21:59 (7)	25:24 (4)	41:51 (12)	45:33 (13)	48:15 (13)	55:02 (13)	55:23 (13)	
	3:02/130	4:31/122	10:03/33	4:23/124	3:25/131	16:27/101	3:42/94	2:42/125	6:47/109	0:21/110	
	+1:06 (18)	+0:24 (4)	+3:47 (11)	+0:19 (2)	+0:00 (1)	+13:08 (24)	+1:34 (13)	+1:35 (21)	+4:48 (23)	+0:05 (8)	
	55:23 (13)										

+0:00 (1)

14	Marit Lunde						B&OI	55:31	(+20:21)		
	2:19 (6)	9:31 (16)	25:48 (16)	31:04 (13)	36:18 (11)	46:06 (14)	50:01 (14)	51:33 (14)	55:08 (14)	55:31 (14)	
	2:19/130	7:12/122	16:17/33	5:16/124	5:14/131	9:48/101	3:55/94	1:32/125	3:35/109	0:23/110	
	+0:23 (6)	+3:05 (16)	+10:01 (17)	+1:12 (8)	+1:49 (11)	+6:29 (21)	+1:47 (16)	+0:25 (5)	+1:36 (5)	+0:07 (13)	
	55:31 (14)										

+0:00 (1)

15	Lise Bye Solheim						Modum	59:14	(+24:04)		
	2:45 (14)	13:26 (18)	30:32 (20)	35:59 (17)	40:06 (16)	49:23 (15)	52:47 (15)	54:38 (15)	58:56 (15)	59:14 (15)	
	2:45/130	10:41/122	17:06/33	5:27/124	4:07/131	9:17/101	3:24/94	1:51/125	4:18/109	0:18/110	
	+0:49 (14)	+6:34 (19)	+10:50 (19)	+1:23 (10)	+0:42 (3)	+5:58 (19)	+1:16 (12)	+0:44 (13)	+2:19 (14)	+0:02 (2)	
	59:14 (15)										

+0:00 (1)

16	Barbro Anderson						OK Skogshjortarna	1:03:57	(+28:47)		
	2:43 (13)	7:58 (11)	26:53 (17)	36:50 (18)	41:17 (17)	50:47 (17)	54:29 (16)	56:15 (16)	1:03:23 (16)	1:03:57 (16)	
	2:43/130	5:15/122	18:55/33	9:57/124	4:27/131	9:30/101	3:42/94	1:46/125	7:08/109	0:34/110	
	+0:47 (13)	+1:08 (11)	+12:39 (22)	+5:53 (22)	+1:02 (5)	+6:11 (20)	+1:34 (13)	+0:39 (10)	+5:09 (24)	+0:18 (24)	
	1:03:57 (16)										

+0:00 (1)

17	Ulla Sønsterod						SOK 68	1:05:30	(+30:20)		
	2:30 (12)	13:55 (19)	28:43 (18)	33:53 (15)	39:00 (15)	56:00 (19)	58:45 (17)	1:00:44 (17)	1:05:05 (17)	1:05:30 (17)	

2:30/130 11:25/122 14:48/33 5:10/124 5:07/131 17:00/101 2:45/94 1:59/125 4:21/109 0:25/110
+0:34 (12) +7:18 (20) +8:32 (14) +1:06 (7) +1:42 (10) +13:41 (26) +0:37 (5) +0:52 (14) +2:22 (15) +0:09 (16)
1:05:30 (17)

+0:00 (1)

18 Carol Iddles **B&OI** **1:08:06 (+32:56)**
3:13 (19) 8:19 (12) 25:03 (15) 30:01 (12) 44:36 (19) 49:24 (16) 1:01:59 (20) 1:03:06 (19) 1:07:46 (19) 1:08:06 (18)
3:13/130 5:06/122 16:44/33 4:58/124 14:35/131 4:48/101 12:35/94 1:07/125 4:40/109 0:20/110
+1:17 (19) +0:59 (9) +10:28 (18) +0:54 (6) +11:10 (27) +1:29 (10) +10:27 (27) +0:00 (1) +2:41 (17) +0:04 (6)
1:08:06 (18)

+0:00 (1)

19 Kirsten Limstrand **B&OI** **1:08:14 (+33:04)**
3:21 (20) 10:33 (17) 23:02 (13) 37:17 (19) 42:48 (18) 57:05 (20) 1:01:04 (18) 1:03:03 (18) 1:07:43 (18) 1:08:14 (19)
3:21/130 7:12/122 12:29/33 14:15/124 5:31/131 14:17/101 3:59/94 1:59/125 4:40/109 0:31/110
+1:25 (20) +3:05 (16) +6:13 (12) +10:11 (26) +2:06 (12) +10:58 (23) +1:51 (17) +0:52 (14) +2:41 (17) +0:15 (21)
1:08:14 (19)

+0:00 (1)

20 Gjertrud Asplund **VS OK** **1:10:33 (+35:23)**
3:55 (25) 18:33 (22) 34:16 (21) 41:34 (21) 48:40 (21) 57:05 (21) 1:03:19 (21) 1:06:03 (21) 1:10:12 (20) 1:10:33 (20)
3:55/130 14:38/122 15:43/33 7:18/124 7:06/131 8:25/101 6:14/94 2:44/125 4:09/109 0:21/110
+1:59 (25) +10:31 (22) +9:27 (15) +3:14 (18) +3:41 (17) +5:06 (18) +4:06 (24) +1:37 (22) +2:10 (11) +0:05 (8)
1:10:33 (20)

+0:00 (1)

21 Hilde Morten Tjønndal **B&OI** **1:14:37 (+39:27)**
4:35 (27) 14:37 (20) 30:25 (19) 39:29 (20) 48:05 (20) 55:38 (18) 1:01:58 (19) 1:05:47 (20) 1:14:04 (21) 1:14:37 (21)
4:35/130 10:02/122 15:48/33 9:04/124 8:36/131 7:33/101 6:20/94 3:49/125 8:17/109 0:33/110
+2:39 (27) +5:55 (18) +9:32 (16) +5:00 (19) +5:11 (20) +4:14 (17) +4:12 (25) +2:42 (26) +6:18 (26) +0:17 (23)
1:14:37 (21)

+0:00 (1)

22 Margrete Bekkevahr **Trondhjems SK** **1:16:44 (+41:34)**
3:21 (20) 21:41 (24) 41:52 (24) 48:17 (23) 57:45 (24) 1:03:33 (22) 1:07:39 (22) 1:10:55 (22) 1:16:16 (22) 1:16:44 (22)
3:21/130 18:20/122 20:11/33 6:25/124 9:28/131 5:48/101 4:06/94 3:16/125 5:21/109 0:28/110
+1:25 (20) +14:13 (24) +13:55 (27) +2:21 (14) +6:03 (24) +2:29 (14) +1:58 (19) +2:09 (23) +3:22 (21) +0:12 (18)
1:16:44 (22)

+0:00 (1)

23 Jorun Moum **Trondhjems SK** **1:18:39 (+43:29)**
2:46 (15) 23:54 (25) 43:46 (25) 50:11 (24) 59:52 (25) 1:05:24 (23) 1:09:27 (23) 1:12:57 (23) 1:18:12 (23) 1:18:39 (23)
2:46/130 21:08/122 19:52/33 6:25/124 9:41/131 5:32/101 4:03/94 3:30/125 5:15/109 0:27/110
+0:50 (15) +17:01 (25) +13:36 (25) +2:21 (14) +6:16 (25) +2:13 (13) +1:55 (18) +2:23 (25) +3:16 (20) +0:11 (17)
1:18:39 (23)

+0:00 (1)

24 Bjørg Kvingedal **Nydalen SK** **1:19:28 (+44:18)**
3:29 (22) 24:56 (26) 44:37 (26) 51:00 (26) 1:01:01 (26) 1:06:25 (24) 1:10:36 (24) 1:14:04 (24) 1:19:00 (24) 1:19:28 (24)
3:29/130 21:27/122 19:41/33 6:23/124 10:01/131 5:24/101 4:11/94 3:28/125 4:56/109 0:28/110
+1:33 (22) +17:20 (26) +13:25 (23) +2:19 (13) +6:36 (26) +2:05 (12) +2:03 (20) +2:21 (24) +2:57 (19) +0:12 (18)
1:19:28 (24)

+0:00 (1)

25 Dag Arnold Kjærsmo **Lillomarka OL** **1:19:50 (+44:40)**
2:54 (16) 20:47 (23) 40:32 (23) 47:10 (22) 53:16 (22) 1:10:02 (25) 1:12:58 (25) 1:15:11 (25) 1:19:20 (25) 1:19:50 (25)
2:54/130 17:53/122 19:45/33 6:38/124 6:06/131 16:46/101 2:56/94 2:13/125 4:09/109 0:30/110
+0:58 (16) +13:46 (23) +13:29 (24) +2:34 (16) +2:41 (15) +13:27 (25) +0:48 (6) +1:06 (18) +2:10 (11) +0:14 (20)
1:19:50 (25)

+0:00 (1)

26 Siv Byberg B&OI 1:24:59 (+49:49)
3:53 (24) 30:11 (27) 50:08 (27) 57:19 (27) 1:05:46 (27) 1:10:35 (26) 1:14:18 (26) 1:16:07 (26) 1:24:25 (26) 1:24:59 (26)
3:53/130 26:18/122 19:57/33 7:11/124 8:27/131 4:49/101 3:43/94 1:49/125 8:18/109 0:34/110
+1:57 (24) +22:11 (27) +13:41 (26) +3:07 (17) +5:02 (19) +1:30 (11) +1:35 (15) +0:42 (12) +6:19 (27) +0:18 (24)
1:24:59 (26)

+0:00 (1)

27 Arnold Danielsen B&OI 1:49:44 (+1:14:34)
3:59 (26) 17:47 (21) 35:51 (22) 50:17 (25) 55:59 (23) 1:25:16 (27) 1:32:36 (27) 1:40:55 (27) 1:42:54 (27) 1:49:13 (27)
3:59/130 13:48/122 18:04/33 14:26/124 5:42/131 29:17/101 7:20/125 8:19/94 1:59/125 6:19/109
+2:03 (26) +9:41 (21) +11:48 (21) +10:22 (27) +2:17 (13) +25:58 (27) +5:12 (26) +7:12 (27) +0:00 (1) +6:03 (27)
1:49:44 (27)
0:31/110
+0:00 (1)

Anna Linde Mårtensson SMOL Disk (+8:29)
1:45 (1) 7:34 (9) 16:14 (9) 20:37 (6) 24:51 (4) 33:42 (6) 36:54 (6) 38:06 (6) 43:39 (7) 43:39 (7)
1:45/130 5:49/122 8:40/33 4:23/124 4:14/131 8:51/101 3:12/94 1:12/125 5:33/110
+0:00 (1) +1:42 (15) +2:24 (9) +0:19 (2) +0:49 (4) +5:32 (19) +1:04 (11) +0:05 (2) +3:34 (22) +0:00 (1)
43:39 (7)

+0:00 (1)

Olav Svaan Trollelg Disk (+21:13)
2:36 (13) 16:13 (21) 24:49 (15) 31:26 (14) 36:13 (11) 45:31 (14) 48:44 (14) 50:11 (14) 56:23 (15) 56:23 (15)
2:36/130 13:37/122 8:36/33 6:37/124 4:47/131 9:18/101 3:13/94 1:27/125 6:12/109
+0:40 (13) +9:30 (21) +2:20 (8) +2:33 (16) +1:22 (9) +5:59 (20) +1:05 (11) +0:20 (4) +4:13 (23) +0:00 (1)
56:23 (15)

+0:00 (1)

Carl A Boe B&OI Disk (+25:04)
1:54 (1) 7:12 (7) 26:17 (17) 31:41 (14) 37:16 (13) 40:53 (11) 1:00:14 (18) 1:00:14 (17) 1:00:14 (16) 1:00:14 (16)
1:54/130 5:18/122 19:05/33 5:24/124 5:35/131 3:37/101 19:21/110
+0:00 (1) +1:11 (12) +12:49 (23) +1:20 (10) +2:10 (13) +0:18 (2) +17:13 (28) +0:00 (1) +0:00 (1) +0:00 (1)
1:00:14 (16)

+0:00 (1)

Gudveig Vaagen Byåsen IL Brutt
(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
(1)

+0:00 (1)

Thor Engell Modum Brutt
17:02 (28) 17:02 (21) 17:02 (9) 17:02 (2) 17:02 (1) 17:02 (1) 17:02 (1) 17:02 (1) 17:02 (1) 17:02 (1)
17:02/130
+15:06 (28) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
17:02 (1)

+0:00 (1)

Eva Lund Pedersen IL Siso Brutt (+59:33)
2:49 (16) 10:05 (17) 29:05 (19) 1:02:07 (28) 1:07:58 (28) 1:34:43 (28) 1:34:43 (28) 1:34:43 (27) 1:34:43 (27) 1:34:43 (27)
2:49/130 7:16/122 19:00/33 33:02/124 5:51/131 26:45/109
+0:53 (16) +3:09 (18) +12:44 (23) +28:58 (28) +2:26 (15) +23:26 (27) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
1:34:43 (27)

+0:00 (1)

Klasse C 2,1 km

12 påmeldt, 12 startende

1	Torbjørn H Olsen		B&OI			(9,89min/km)		20:46		
	2:21 (1)	4:08 (1)	6:14 (1)	7:25 (1)	11:48 (1)	12:47 (1)	15:18 (1)	16:51 (1)	19:41 (1)	20:17 (1)
	2:21/132	1:47/54	2:06/91	1:11/52	4:23/137	0:59/123	2:31/42	1:33/84	2:50/168	0:36/96
	+0:00 (1)	+0:00 (1)	+0:03 (2)	+0:13 (5)	+0:34 (4)	+0:00 (1)	+0:15 (3)	+0:08 (3)	+0:09 (3)	+0:00 (1)
	20:46 (1)									
	0:29/101									
	+0:00 (1)									
2	Håvard Irgens		B&OI			(10,67min/km)		22:25 (+1:39)		
	3:52 (6)	5:39 (5)	7:49 (5)	9:00 (5)	13:18 (5)	14:22 (4)	16:54 (5)	18:28 (4)	21:09 (3)	21:53 (2)
	3:52/132	1:47/54	2:10/91	1:11/52	4:18/137	1:04/123	2:32/42	1:34/84	2:41/168	0:44/96
	+1:31 (6)	+0:00 (1)	+0:07 (3)	+0:13 (5)	+0:29 (3)	+0:05 (2)	+0:16 (4)	+0:09 (4)	+0:00 (1)	+0:08 (2)
	22:25 (2)									
	0:32/101									
	+0:03 (4)									
3	Mari E Reitan		B&OI			(10,69min/km)		22:27 (+1:41)		
	2:54 (4)	4:52 (4)	7:20 (4)	8:18 (3)	12:48 (4)	14:06 (3)	16:25 (3)	18:09 (3)	20:53 (2)	21:57 (3)
	2:54/132	1:58/54	2:28/91	0:58/52	4:30/137	1:18/123	2:19/42	1:44/84	2:44/168	1:04/96
	+0:33 (4)	+0:11 (3)	+0:25 (8)	+0:00 (1)	+0:41 (5)	+0:19 (5)	+0:03 (2)	+0:19 (7)	+0:03 (2)	+0:28 (6)
	22:27 (3)									
	0:30/101									
	+0:01 (2)									
4	Katrine Kalvig		B&OI			(11,18min/km)		23:29 (+2:43)		
	2:43 (3)	4:47 (3)	6:50 (2)	7:53 (2)	12:08 (2)	13:29 (2)	16:10 (2)	17:49 (2)	21:38 (4)	22:47 (4)
	2:43/132	2:04/54	2:03/91	1:03/52	4:15/137	1:21/123	2:41/42	1:39/84	3:49/168	1:09/96
	+0:22 (3)	+0:17 (4)	+0:00 (1)	+0:05 (2)	+0:26 (2)	+0:22 (6)	+0:25 (5)	+0:14 (5)	+1:08 (8)	+0:33 (7)
	23:29 (4)									
	0:42/101									
	+0:13 (7)									
5	Elin Irgens		B&OI			(11,80min/km)		24:47 (+4:01)		
	2:26 (2)	4:45 (2)	7:06 (3)	8:42 (4)	12:31 (3)	14:29 (5)	16:45 (4)	19:09 (5)	23:14 (5)	24:07 (5)
	2:26/132	2:19/54	2:21/91	1:36/52	3:49/137	1:58/123	2:16/42	2:24/84	4:05/168	0:53/96
	+0:05 (2)	+0:32 (5)	+0:18 (7)	+0:38 (7)	+0:00 (1)	+0:59 (7)	+0:00 (1)	+0:59 (9)	+1:24 (9)	+0:17 (3)
	24:47 (5)									
	0:40/101									
	+0:11 (6)									
6	Emil Enström		SMOL			(12,70min/km)		26:40 (+5:54)		
	4:25 (7)	7:38 (7)	9:58 (7)	11:05 (7)	15:38 (6)	16:51 (6)	20:06 (7)	21:31 (6)	25:04 (6)	26:05 (6)
	4:25/132	3:13/54	2:20/91	1:07/52	4:33/137	1:13/123	3:15/42	1:25/84	3:33/168	1:01/96
	+2:04 (7)	+1:26 (8)	+0:17 (6)	+0:09 (3)	+0:44 (6)	+0:14 (3)	+0:59 (7)	+0:00 (1)	+0:52 (5)	+0:25 (4)
	26:40 (6)									
	0:35/101									
	+0:06 (5)									
7	Heidi Mårtensson		Modum			(12,73min/km)		26:44 (+5:58)		
	4:30 (8)	7:42 (8)	9:57 (6)	11:04 (6)	15:43 (7)	16:56 (7)	20:05 (6)	21:35 (7)	25:13 (7)	26:14 (7)
	4:30/132	3:12/54	2:15/91	1:07/52	4:39/137	1:13/123	3:09/42	1:30/84	3:38/168	1:01/96
	+2:09 (8)	+1:25 (7)	+0:12 (4)	+0:09 (3)	+0:50 (7)	+0:14 (3)	+0:53 (6)	+0:05 (2)	+0:57 (6)	+0:25 (4)
	26:44 (7)									
	0:30/101									
	+0:01 (2)									
8	Karl Gøran Karlsson		Hylte OK			(15,35min/km)		32:14 (+11:28)		
	3:49 (5)	7:15 (6)	10:43 (8)	12:29 (8)	17:50 (8)	19:48 (8)	23:16 (8)	25:56 (8)	29:18 (8)	31:02 (8)
	3:49/132	3:26/54	3:28/91	1:46/52	5:21/137	1:58/123	3:28/42	2:40/84	3:22/168	1:44/96
	+1:28 (5)	+1:39 (9)	+1:25 (11)	+0:48 (9)	+1:32 (9)	+0:59 (7)	+1:12 (8)	+1:15 (11)	+0:41 (4)	+1:08 (10)
	32:14 (8)									
	1:12/101									
	+0:43 (10)									

9	Arne-Kjell Svendsen		Lillomarka OL				(18,41min/km)		38:40 (+17:54)	
	5:53 (9)	9:47 (9)	13:09 (9)	14:56 (9)	20:55 (9)	23:03 (9)	26:39 (9)	28:53 (9)	36:05 (10)	37:38 (10)
	5:53/132	3:54/54	3:22/91	1:47/52	5:59/137	2:08/123	3:36/42	2:14/84	7:12/168	1:33/96
	+3:32 (9)	+2:07 (11)	+1:19 (10)	+0:49 (10)	+2:10 (10)	+1:09 (9)	+1:20 (9)	+0:49 (8)	+4:31 (11)	+0:57 (9)
	38:40 (9)									
	1:02/101									
	+0:33 (9)									

10	Aud Frøholm		Askvoll				(18,44min/km)		38:43 (+17:57)	
	10:03 (11)	13:32 (11)	16:27 (11)	18:03 (11)	22:44 (10)	25:25 (10)	29:18 (10)	31:57 (10)	35:43 (9)	37:28 (9)
	10:03/132	3:29/54	2:55/91	1:36/52	4:41/137	2:41/123	3:53/42	2:39/84	3:46/168	1:45/96
	+7:42 (11)	+1:42 (10)	+0:52 (9)	+0:38 (7)	+0:52 (8)	+1:42 (10)	+1:37 (10)	+1:14 (10)	+1:05 (7)	+1:09 (11)
	38:43 (10)									
	1:15/101									
	+0:46 (11)									

11	Elisabeth Rød		Andebu IL				(20,14min/km)		42:18 (+21:32)	
	7:51 (10)	11:00 (10)	13:16 (10)	15:54 (10)	25:14 (11)	29:50 (11)	34:00 (11)	35:43 (11)	39:54 (11)	41:23 (11)
	7:51/132	3:09/54	2:16/91	2:38/52	9:20/137	4:36/123	4:10/42	1:43/84	4:11/168	1:29/96
	+5:30 (10)	+1:22 (6)	+0:13 (5)	+1:40 (11)	+5:31 (11)	+3:37 (11)	+1:54 (11)	+0:18 (6)	+1:30 (10)	+0:53 (8)
	42:18 (11)									
	0:55/101									
	+0:26 (8)									

	Anne Berit Vikhals		B&OI				(0,10min/km)		Brutt	
	0:12 (1)	0:12 (1)	0:12 (1)	0:12 (1)	0:12 (1)	0:12 (1)	0:12 (1)	0:12 (1)	0:12 (1)	0:12 (1)
	0:12/101									
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	0:12 (1)									
	+0:00 (1)									

Klasse M 3,6 km

39 påmeldt, 36 startende

1	Per Rekkedal		B&OI				(11,69min/km)		42:04	
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)	(1)	(1)							
	+0:00 (1)	+0:00 (1)	+0:00 (1)							

2	Audhild Prytz		B&OI				(12,29min/km)		44:14 (+2:10)	
	2:47 (8)	5:31 (14)	17:36 (13)	19:03 (12)	23:33 (10)	26:55 (11)	29:45 (7)	32:34 (4)	36:59 (4)	40:00 (5)
	2:47/97	2:44/122	12:05/41	1:27/120	4:30/46	3:22/47	2:50/100	2:49/49	4:25/101	3:01/94
	+0:23 (5)	+0:57 (22)	+1:25 (13)	+0:00 (1)	+0:54 (13)	+0:28 (11)	+0:10 (4)	+0:00 (1)	+1:31 (17)	+1:16 (19)
	41:11 (4)	43:57 (4)	44:14 (4)							
	1:11/125	2:46/109	0:17/110							
	+0:10 (16)	+0:24 (15)	+0:05 (11)							

3	Svein Grønhovd		Modum				(12,31min/km)		44:18 (+2:14)	
	2:51 (11)	4:38 (5)	16:01 (6)	17:46 (5)	22:02 (5)	25:14 (5)	28:26 (4)	32:55 (5)	38:00 (7)	40:04 (6)
	2:51/97	1:47/122	11:23/41	1:45/120	4:16/46	3:12/47	3:12/100	4:29/49	5:05/101	2:04/94
	+0:27 (8)	+0:00 (1)	+0:43 (8)	+0:18 (7)	+0:40 (12)	+0:18 (8)	+0:32 (7)	+1:40 (18)	+2:11 (20)	+0:19 (10)
	41:12 (5)	43:58 (5)	44:18 (5)							
	1:08/125	2:46/109	0:20/110							
	+0:07 (12)	+0:24 (15)	+0:08 (20)							

4	Gunnar Lerfald		Stj. Blink Orient.				(12,38min/km)		44:35 (+2:31)	
	2:49 (9)	5:00 (10)	15:40 (4)	17:18 (4)	21:20 (4)	24:21 (4)	29:44 (6)	34:19 (7)	38:10 (8)	40:30 (7)
	2:49/97	2:11/122	10:40/41	1:38/120	4:02/46	3:01/47	5:23/100	4:35/49	3:51/101	2:20/94
	+0:25 (6)	+0:24 (12)	+0:00 (1)	+0:11 (3)	+0:26 (6)	+0:07 (3)	+2:43 (22)	+1:46 (20)	+0:57 (12)	+0:35 (14)
	41:34 (6)	44:20 (6)	44:35 (6)							
	1:04/125	2:46/109	0:15/110							
	+0:03 (4)	+0:24 (15)	+0:03 (4)							

5	Rune Rådeström		Snättringe		(12,40min/km)	44:38	(+2:34)			
	2:56 (13)	4:45 (6)	16:58 (11)	18:27 (9)	23:42 (11)	26:52 (10)	29:32 (5)	34:32 (9)	37:46 (6)	39:46 (4)
	2:56/97	1:49/122	12:13/41	1:29/120	5:15/46	3:10/47	2:40/100	5:00/49	3:14/101	2:00/94
	+0:32 (10)	+0:02 (2)	+1:33 (15)	+0:02 (2)	+1:39 (18)	+0:16 (6)	+0:00 (1)	+2:11 (23)	+0:20 (3)	+0:15 (8)
	41:48 (7)	44:23 (7)	44:38 (7)							
	2:02/125	2:35/109	0:15/110							
	+1:01 (26)	+0:13 (8)	+0:03 (4)							
6	Kjell Einarson		OK Skogshjortarna		(12,52min/km)	45:05	(+3:01)			
	2:43 (7)	4:45 (7)	16:48 (10)	18:55 (11)	22:57 (8)	26:38 (9)	29:53 (8)	34:22 (8)	38:58 (9)	41:04 (8)
	2:43/97	2:02/122	12:03/41	2:07/120	4:02/46	3:41/47	3:15/100	4:29/49	4:36/101	2:06/94
	+0:19 (4)	+0:15 (6)	+1:23 (12)	+0:40 (17)	+0:26 (6)	+0:47 (16)	+0:35 (8)	+1:40 (18)	+1:42 (18)	+0:21 (11)
	42:09 (8)	44:47 (8)	45:05 (8)							
	1:05/125	2:38/109	0:18/110							
	+0:04 (5)	+0:16 (11)	+0:06 (14)							
7	Tormod Dahlen		Gjø-Vard OL		(12,81min/km)	46:08	(+4:04)			
	4:53 (24)	6:45 (21)	17:51 (15)	19:42 (15)	23:55 (12)	27:30 (12)	31:48 (12)	36:40 (15)	40:02 (11)	41:59 (9)
	4:53/97	1:52/122	11:06/41	1:51/120	4:13/46	3:35/47	4:18/100	4:52/49	3:22/101	1:57/94
	+2:29 (21)	+0:05 (3)	+0:26 (5)	+0:24 (13)	+0:37 (11)	+0:41 (14)	+1:38 (16)	+2:03 (22)	+0:28 (5)	+0:12 (6)
	43:06 (9)	45:51 (9)	46:08 (9)							
	1:07/125	2:45/109	0:17/110							
	+0:06 (10)	+0:23 (14)	+0:05 (11)							
8	Paul Forseth		Trollelg		(13,01min/km)	46:50	(+4:46)			
	5:28 (26)	7:23 (25)	18:26 (17)	20:15 (16)	24:27 (13)	28:06 (14)	30:51 (9)	33:57 (6)	37:02 (5)	42:37 (10)
	5:28/97	1:55/122	11:03/41	1:49/120	4:12/46	3:39/47	2:45/100	3:06/49	3:05/101	5:35/94
	+3:04 (23)	+0:08 (5)	+0:23 (4)	+0:22 (11)	+0:36 (10)	+0:45 (15)	+0:05 (2)	+0:17 (3)	+0:11 (2)	+3:50 (24)
	43:43 (10)	46:32 (10)	46:50 (10)							
	1:06/125	2:49/109	0:18/110							
	+0:05 (9)	+0:27 (18)	+0:06 (14)							
9	Leif Magne Eggestad		B&OI		(13,03min/km)	46:54	(+4:50)			
	2:29 (5)	5:34 (15)	16:30 (7)	18:19 (6)	22:23 (7)	25:33 (7)	31:08 (10)	36:23 (13)	40:39 (13)	42:59 (11)
	2:29/97	3:05/122	10:56/41	1:49/120	4:04/46	3:10/47	5:35/100	5:15/49	4:16/101	2:20/94
	+0:05 (2)	+1:18 (26)	+0:16 (3)	+0:22 (11)	+0:28 (8)	+0:16 (6)	+2:55 (23)	+2:26 (25)	+1:22 (15)	+0:35 (14)
	44:15 (11)	46:38 (11)	46:54 (11)							
	1:16/125	2:23/109	0:16/110							
	+0:15 (19)	+0:01 (2)	+0:04 (6)							
10	Oddvar Opland		Trollelg		(13,13min/km)	47:17	(+5:13)			
	3:24 (20)	5:58 (19)	17:15 (12)	19:23 (14)	24:49 (15)	28:13 (15)	33:58 (17)	37:36 (16)	40:58 (14)	43:06 (12)
	3:24/97	2:34/122	11:17/41	2:08/120	5:26/46	3:24/47	5:45/100	3:38/49	3:22/101	2:08/94
	+1:00 (17)	+0:47 (20)	+0:37 (6)	+0:41 (18)	+1:50 (21)	+0:30 (12)	+3:05 (24)	+0:49 (10)	+0:28 (5)	+0:23 (12)
	44:16 (12)	46:59 (12)	47:17 (12)							
	1:10/125	2:43/109	0:18/110							
	+0:09 (14)	+0:21 (13)	+0:06 (14)							
11	Kjell Åke Isaksson		OK Skogshjortarna		(13,29min/km)	47:50	(+5:46)			
	3:15 (18)	5:43 (16)	18:05 (16)	20:24 (17)	25:44 (16)	29:31 (16)	33:52 (16)	38:32 (17)	42:04 (16)	43:57 (14)
	3:15/97	2:28/122	12:22/41	2:19/120	5:20/46	3:47/47	4:21/100	4:40/49	3:32/101	1:53/94
	+0:51 (15)	+0:41 (17)	+1:42 (16)	+0:52 (21)	+1:44 (19)	+0:53 (17)	+1:41 (18)	+1:51 (21)	+0:38 (8)	+0:08 (4)
	44:59 (14)	47:38 (14)	47:50 (13)							
	1:02/125	2:39/109	0:12/110							
	+0:01 (3)	+0:17 (12)	+0:00 (1)							
12	Gotfred Rygh		Modum		(13,30min/km)	47:53	(+5:49)			
	4:59 (25)	7:04 (24)	18:49 (19)	20:34 (18)	24:42 (14)	27:58 (13)	31:15 (11)	35:09 (10)	41:24 (15)	43:43 (13)
	4:59/97	2:05/122	11:45/41	1:45/120	4:08/46	3:16/47	3:17/100	3:54/49	6:15/101	2:19/94
	+2:35 (22)	+0:18 (8)	+1:05 (11)	+0:18 (7)	+0:32 (9)	+0:22 (10)	+0:37 (9)	+1:05 (14)	+3:21 (25)	+0:34 (13)
	44:54 (13)	47:30 (13)	47:53 (14)							
	1:11/125	2:36/109	0:23/110							
	+0:10 (16)	+0:14 (9)	+0:11 (26)							
13	Anders Kure		B&OI		(13,90min/km)	50:03	(+7:59)			
	3:03 (16)	5:05 (12)	20:53 (21)	22:41 (21)	26:37 (17)	29:51 (17)	32:39 (14)	36:03 (12)	43:23 (17)	46:16 (15)
	3:03/97	2:02/122	15:48/41	1:48/120	3:56/46	3:14/47	2:48/100	3:24/49	7:20/101	2:53/94
	+0:39 (13)	+0:15 (6)	+5:08 (22)	+0:21 (10)	+0:20 (2)	+0:20 (9)	+0:08 (3)	+0:35 (9)	+4:26 (26)	+1:08 (18)

47:21 (15) 49:49 (15) 50:03 (15)
1:05/125 2:28/109 0:14/110
+0:04 (5) +0:06 (5) +0:02 (3)

14 Carl B Bjørseth **B&OI** **(13,99min/km)** **50:22 (+8:18)**
2:55 (12) 5:10 (13) 23:59 (24) 25:53 (23) 30:24 (20) 34:19 (19) 37:37 (19) 40:54 (19) 44:24 (18) 46:24 (16)
2:55/97 2:15/122 18:49/41 1:54/120 4:31/46 3:55/47 3:18/100 3:17/49 3:30/101 2:00/94
+0:31 (9) +0:28 (15) +8:09 (24) +0:27 (14) +0:55 (14) +1:01 (18) +0:38 (10) +0:28 (5) +0:36 (7) +0:15 (8)
47:29 (16) 50:06 (16) 50:22 (16)
1:05/125 2:37/109 0:16/110
+0:04 (5) +0:15 (10) +0:04 (6)

15 Nils Olav Vennevik **Freidig** **(14,72min/km)** **52:59 (+10:55)**
3:17 (19) 5:50 (17) 18:35 (18) 22:05 (19) 26:59 (18) 31:16 (18) 35:34 (18) 40:41 (18) 45:52 (19) 48:15 (17)
3:17/97 2:33/122 12:45/41 3:30/120 4:54/46 4:17/47 4:18/100 5:07/49 5:11/101 2:23/94
+0:53 (16) +0:46 (19) +2:05 (17) +2:03 (26) +1:18 (16) +1:23 (22) +1:38 (16) +2:18 (24) +2:17 (21) +0:38 (16)
49:42 (17) 52:35 (17) 52:59 (17)
1:27/125 2:53/109 0:24/110
+0:26 (22) +0:31 (19) +0:12 (27)

16 Ronny Anderson **OK Skogshjortarna** **(14,89min/km)** **53:37 (+11:33)**
2:49 (9) 4:56 (9) 16:39 (8) 18:21 (7) 22:18 (6) 25:22 (6) 31:52 (13) 35:31 (11) 39:19 (10) 48:31 (18)
2:49/97 2:07/122 11:43/41 1:42/120 3:57/46 3:04/47 6:30/100 3:39/49 3:48/101 9:12/94
+0:25 (6) +0:20 (9) +1:03 (9) +0:15 (5) +0:21 (3) +0:10 (5) +3:50 (27) +0:50 (11) +0:54 (10) +7:27 (28)
49:59 (18) 53:15 (18) 53:37 (18)
1:28/125 3:16/109 0:22/110
+0:27 (23) +0:54 (21) +0:10 (23)

17 Jonny Jacobsen **Valnesfjord IL** **(15,05min/km)** **54:10 (+12:06)**
7:43 (28) 9:56 (28) 22:57 (23) 24:37 (22) 30:43 (21) 35:21 (21) 39:11 (21) 43:23 (21) 47:14 (20) 48:59 (19)
7:43/97 2:13/122 13:01/41 1:40/120 6:06/46 4:38/47 3:50/100 4:12/49 3:51/101 1:45/94
+5:19 (25) +0:26 (13) +2:21 (18) +0:13 (4) +2:30 (22) +1:44 (24) +1:10 (13) +1:23 (16) +0:57 (12) +0:00 (1)
50:08 (19) 53:54 (19) 54:10 (19)
1:09/125 3:46/109 0:16/110
+0:08 (13) +1:24 (26) +0:04 (6)

18 Kent Svenson **Skogsfalken** **(15,17min/km)** **54:36 (+12:32)**
3:05 (17) 5:56 (18) 17:40 (14) 19:22 (13) 23:21 (9) 26:22 (8) 32:51 (15) 36:30 (14) 40:21 (12) 49:31 (21)
3:05/97 2:51/122 11:44/41 1:42/120 3:59/46 3:01/47 6:29/100 3:39/49 3:51/101 9:10/94
+0:41 (14) +1:04 (23) +1:04 (10) +0:15 (5) +0:23 (4) +0:07 (3) +3:49 (25) +0:50 (11) +0:57 (12) +7:25 (27)
50:54 (21) 54:15 (20) 54:36 (20)
1:23/125 3:21/109 0:21/110
+0:22 (21) +0:59 (22) +0:09 (22)

19 Svein Glendrange **Stavanger OK** **(15,22min/km)** **54:47 (+12:43)**
2:38 (6) 4:45 (7) 24:33 (25) 27:18 (25) 31:19 (22) 35:20 (20) 38:15 (20) 41:22 (20) 47:18 (21) 49:08 (20)
2:38/97 2:07/122 19:48/41 2:45/120 4:01/46 4:01/47 2:55/100 3:07/49 5:56/101 1:50/94
+0:14 (3) +0:20 (9) +9:08 (25) +1:18 (25) +0:25 (5) +1:07 (20) +0:15 (6) +0:18 (4) +3:02 (23) +0:05 (3)
50:18 (20) 54:30 (21) 54:47 (21)
1:10/125 4:12/109 0:17/110
+0:09 (14) +1:50 (28) +0:05 (11)

20 Jan F Prytz **B&OI** **(16,09min/km)** **57:56 (+15:52)**
2:56 (13) 8:45 (26) 20:02 (20) 22:29 (20) 28:36 (19) 39:30 (24) 43:23 (24) 46:17 (24) 49:11 (22) 54:17 (22)
2:56/97 5:49/122 11:17/41 2:27/120 6:07/46 10:54/47 3:53/100 2:54/49 2:54/101 5:06/94
+0:32 (10) +4:02 (28) +0:37 (6) +1:00 (22) +2:31 (23) +8:00 (28) +1:13 (15) +0:05 (2) +0:00 (1) +3:21 (23)
55:18 (22) 57:40 (22) 57:56 (22)
1:01/125 2:22/109 0:16/110
+0:00 (1) +0:00 (1) +0:04 (6)

21 Svein Endre Hove **Byåsen IL** **(16,33min/km)** **58:48 (+16:44)**
8:00 (29) 11:33 (30) 25:46 (26) 27:43 (26) 32:29 (23) 37:56 (22) 40:49 (22) 46:04 (22) 50:44 (23) 54:55 (23)
8:00/97 3:33/122 14:13/41 1:57/120 4:46/46 5:27/47 2:53/100 5:15/49 4:40/101 4:11/94
+5:36 (26) +1:46 (27) +3:33 (19) +0:30 (15) +1:10 (15) +2:33 (25) +0:13 (5) +2:26 (25) +1:46 (19) +2:26 (22)
56:08 (23) 58:32 (23) 58:48 (23)
1:13/125 2:24/109 0:16/110
+0:12 (18) +0:02 (3) +0:04 (6)

22	John Ivar Kjellevoid					Modum	(16,45min/km)		59:13	(+17:09)
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)	(1)	(1)							
	+0:00 (1)	+0:00 (1)	+0:00 (1)							
23	Asbjørn Pedersen					IL Siso	(16,95min/km)		1:01:01	(+18:57)
	2:56 (13)	5:03 (11)	15:55 (5)	18:23 (8)	40:20 (27)	43:14 (27)	46:32 (25)	50:25 (25)	54:13 (25)	57:16 (24)
	2:56/97	2:07/122	10:52/41	2:28/120	21:57/46	2:54/47	3:18/100	3:53/49	3:48/101	3:03/94
	+0:32 (10)	+0:20 (9)	+0:12 (2)	+1:01 (23)	+18:21 (28)	+0:00 (1)	+0:38 (10)	+1:04 (13)	+0:54 (10)	+1:18 (20)
	58:17 (24)	1:00:43 (24)	1:01:01 (24)							
	1:01/125	2:26/109	0:18/110							
	+0:00 (1)	+0:04 (4)	+0:06 (14)							
24	Torkel Irgens					B&OI	(17,82min/km)		1:04:10	(+22:06)
	2:24 (4)	4:38 (4)	16:43 (9)	18:30 (10)	39:18 (26)	42:48 (26)	50:47 (27)	54:09 (27)	58:26 (27)	1:00:22 (26)
	2:24/97	2:14/122	12:05/41	1:47/120	20:48/46	3:30/47	7:59/100	3:22/49	4:17/101	1:56/94
	+0:00 (1)	+0:27 (14)	+1:25 (13)	+0:20 (9)	+17:12 (27)	+0:36 (13)	+5:19 (28)	+0:33 (8)	+1:23 (16)	+0:11 (5)
	1:01:29 (25)	1:03:57 (25)	1:04:10 (25)							
	1:07/125	2:28/109	0:13/110							
	+0:06 (10)	+0:06 (5)	+0:01 (2)							
25	Ildiko Horvati					IL Tyrving	(18,18min/km)		1:05:27	(+23:23)
	8:14 (30)	10:41 (29)	26:16 (27)	28:51 (27)	34:02 (25)	38:18 (23)	42:49 (23)	46:09 (23)	52:00 (24)	1:00:14 (25)
	8:14/97	2:27/122	15:35/41	2:35/120	5:11/46	4:16/47	4:31/100	3:20/49	5:51/101	8:14/94
	+5:50 (27)	+0:40 (16)	+4:55 (21)	+1:08 (24)	+1:35 (17)	+1:22 (21)	+1:51 (19)	+0:31 (6)	+2:57 (22)	+6:29 (26)
	1:01:30 (26)	1:05:09 (26)	1:05:27 (26)							
	1:16/125	3:39/109	0:18/110							
	+0:15 (19)	+1:17 (24)	+0:06 (14)							
26	Lars Sönsterröd					SOK 68	(18,75min/km)		1:07:29	(+25:25)
	3:49 (21)	6:50 (22)	22:19 (22)	27:15 (24)	33:29 (24)	41:30 (25)	47:59 (26)	51:19 (26)	54:36 (26)	1:01:12 (27)
	3:49/97	3:01/122	15:29/41	4:56/120	6:14/46	8:01/47	6:29/100	3:20/49	3:17/101	6:36/94
	+1:25 (18)	+1:14 (25)	+4:49 (20)	+3:29 (28)	+2:38 (24)	+5:07 (27)	+3:49 (25)	+0:31 (6)	+0:23 (4)	+4:51 (25)
	1:03:32 (27)	1:07:07 (27)	1:07:29 (27)							
	2:20/125	3:35/109	0:22/110							
	+1:19 (27)	+1:13 (23)	+0:10 (23)							
27	Erling Pedersen					IL Siso	(20,59min/km)		1:14:08	(+32:04)
	4:35 (23)	6:29 (20)	48:08 (31)	50:12 (31)	53:48 (30)	56:46 (30)	1:00:32 (30)	1:04:33 (30)	1:08:11 (29)	1:10:10 (29)
	4:35/97	1:54/122	41:39/41	2:04/120	3:36/46	2:58/47	3:46/100	4:01/49	3:38/101	1:59/94
	+2:11 (20)	+0:07 (4)	+30:59 (28)	+0:37 (16)	+0:00 (1)	+0:04 (2)	+1:06 (12)	+1:12 (15)	+0:44 (9)	+0:14 (7)
	1:11:15 (28)	1:13:49 (28)	1:14:08 (28)							
	1:05/125	2:34/109	0:19/110							
	+0:04 (5)	+0:12 (7)	+0:07 (19)							
28	Jakob Kalvig Skogan					B&OI	(20,95min/km)		1:15:26	(+33:22)
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)	(1)	(1)							
	+0:00 (1)	+0:00 (1)	+0:00 (1)							
29	Suzy Larsson					OK Skogshjortarna	(20,99min/km)		1:15:34	(+33:30)
	6:28 (27)	8:57 (27)	33:51 (28)	36:04 (28)	44:03 (29)	48:25 (29)	53:23 (29)	57:37 (28)	1:08:01 (28)	1:09:49 (28)
	6:28/97	2:29/122	24:54/41	2:13/120	7:59/46	4:22/47	4:58/100	4:14/49	10:24/101	1:48/94
	+4:04 (24)	+0:42 (18)	+14:14 (26)	+0:46 (19)	+4:23 (25)	+1:28 (23)	+2:18 (20)	+1:25 (17)	+7:30 (27)	+0:03 (2)
	1:11:25 (29)	1:15:12 (29)	1:15:34 (29)							
	1:36/125	3:47/109	0:22/110							
	+0:35 (25)	+1:25 (27)	+0:10 (23)							
30	Leif Bråten					Heming/Njård OL	(23,53min/km)		1:24:42	(+42:38)
	4:11 (22)	6:52 (23)	34:04 (29)	36:18 (29)	41:43 (28)	48:07 (28)	53:10 (28)	1:00:03 (29)	1:14:03 (30)	1:18:05 (30)
	4:11/97	2:41/122	27:12/41	2:14/120	5:25/46	6:24/47	5:03/100	6:53/49	14:00/101	4:02/94
	+1:47 (19)	+0:54 (21)	+16:32 (27)	+0:47 (20)	+1:49 (20)	+3:30 (26)	+2:23 (21)	+4:04 (27)	+11:06 (28)	+2:17 (21)

1:20:35 (30) 1:24:17 (30) 1:24:42 (30)
2:30/125 3:42/109 0:25/110
+1:29 (28) +1:20 (25) +0:13 (28)

31 Jarle Th. Nestvold

Trollelg

(27,55min/km)

1:39:10 (+57:06)

22:51 (31) 25:49 (31) 42:01 (30) 45:49 (30) 54:37 (31) 58:35 (31) 1:02:27 (31) 1:25:29 (31) 1:31:29 (31) 1:34:07 (31)
22:51/97 2:58/122 16:12/41 3:48/120 8:48/46 3:58/47 3:52/100 23:02/49 6:00/101 2:38/94
+20:27 (28) +1:11 (24) +5:32 (23) +2:21 (27) +5:12 (26) +1:04 (19) +1:12 (14) +20:13 (28) +3:06 (24) +0:53 (17)
1:35:41 (31) 1:38:50 (31) 1:39:10 (31)
1:34/125 3:09/109 0:20/110
+0:33 (24) +0:47 (20) +0:08 (20)

Göran Karlsson

Bävern

(17,86min/km)

Disk (+22:14)

4:21 (23) 6:57 (24) 33:37 (28) 39:21 (30) 43:32 (29) 49:43 (30) 53:09 (28) 56:15 (28) 1:00:51 (28) 1:03:57 (28)
4:21/97 2:36/122 26:40/120 5:44/46 4:11/47 6:11/100 3:26/49 3:06/101 4:36/125 3:06/109
+1:57 (20) +0:49 (21) +16:00 (27) +4:17 (29) +0:35 (10) +3:17 (26) +0:46 (12) +0:17 (3) +1:42 (18) +1:21 (21)
1:04:18 (28) 1:04:18 (26) 1:04:18 (26)
0:21/110
+0:00 (1) +0:00 (1) +0:00 (1)

Morten Selnes

B&OI

(18,69min/km)

Disk (+25:13)

3:25 (21) 6:00 (20) 19:05 (20) 21:27 (19) 27:20 (19) 36:19 (22) 43:20 (24) 49:42 (25) 58:01 (27) 1:00:57 (27)
3:25/97 2:35/122 13:05/41 2:22/120 5:53/46 8:59/47 7:01/100 6:22/49 8:19/94 2:56/125
+1:01 (18) +0:48 (21) +2:25 (19) +0:55 (22) +2:17 (22) +6:05 (28) +4:21 (28) +3:33 (27) +5:25 (27) +1:11 (19)
1:06:58 (28) 1:07:17 (28) 1:07:17 (27)
6:01/109 0:19/110
+5:00 (29) +0:00 (1) +0:00 (1)

Helge Kopland

Modum

(20,58min/km)

Disk (+32:02)

10:54 (31) 14:31 (31) 42:11 (31) 44:42 (30) 51:24 (30) 1:01:03 (32) 1:03:20 (32) 1:06:55 (31) 1:09:42 (30) 1:10:56 (30)
10:54/97 3:37/122 27:40/41 2:31/120 6:42/46 9:39/100 2:17/131 3:35/101 2:47/94 1:14/125
+8:30 (28) +1:50 (28) +17:00 (28) +1:04 (24) +3:06 (25) +6:45 (28) +0:00 (1) +0:46 (10) +0:00 (1) +0:00 (1)
1:13:52 (30) 1:14:06 (29) 1:14:06 (28)
2:56/109 0:14/110
+1:55 (29) +0:00 (1) +0:00 (1)

Mia Olsen

Modum

(21,17min/km)

Disk (+34:08)

3:31 (21) 5:50 (17) 32:41 (28) 34:19 (28) 43:04 (29) 47:02 (28) 50:01 (27) 57:56 (29) 1:02:56 (28) 1:11:46 (30)
3:31/97 2:19/122 26:51/120 1:38/41 8:45/46 3:58/47 2:59/100 7:55/49 5:00/101 8:50/94
+1:07 (18) +0:32 (16) +16:11 (27) +0:11 (3) +5:09 (26) +1:04 (19) +0:19 (7) +5:06 (28) +2:06 (20) +7:05 (27)
1:12:57 (30) 1:15:54 (30) 1:16:12 (30)
1:11/125 2:57/109 0:18/110
+0:10 (16) +0:35 (20) +0:06 (14)

Magne Klovning

Porsgrunn

(0,00min/km)

Brutt

(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
(1) (1) (1)
+0:00 (1) +0:00 (1) +0:00 (1)

Jens Viggo Limstrand

B&OI

(11,88min/km)

Brutt (+0:43)

3:17 (19) 6:19 (20) 28:48 (28) 30:39 (28) 42:47 (29) 42:47 (26) 42:47 (23) 42:47 (21) 42:47 (17) 42:47 (11)
3:17/97 3:02/122 22:29/41 1:51/120 12:08/46
+0:53 (16) +1:15 (26) +11:49 (26) +0:24 (13) +8:32 (27) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
42:47 (9) 42:47 (4) 42:47 (4)
+0:00 (1) +0:00 (1) +0:00 (1)

Ida Hegreberg

B&OI

(12,96min/km)

Brutt (+4:36)

11:46 (31) 15:05 (31) 41:54 (30) 46:27 (31) 46:40 (30) 46:40 (28) 46:40 (26) 46:40 (25) 46:40 (20) 46:40 (17)
11:46/97 3:19/122 26:49/125 4:33/109 0:13/110
+9:22 (28) +1:32 (27) +16:09 (27) +3:06 (28) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
46:40 (15) 46:40 (12) 46:40 (10)
+0:00 (1) +0:00 (1) +0:00 (1)

Roy Overssån			Helsingborg			(18,12min/km)			Brutt (+23:09)	
2:30 (6)	4:32 (4)	33:42 (28)	45:34 (30)	56:21 (32)	1:01:22 (32)	1:04:49 (32)	1:05:13 (31)	1:05:13 (28)	1:05:13 (28)	
2:30/97	2:02/122	29:10/41	11:52/120	10:47/101	5:01/125	3:27/109	0:24/110			
+0:06 (3)	+0:15 (6)	+18:30 (28)	+10:25 (29)	+7:11 (27)	+2:07 (25)	+0:47 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
1:05:13 (28)	1:05:13 (27)	1:05:13 (26)								
+0:00 (1)	+0:00 (1)	+0:00 (1)								

Klasse N 1,5 km

10 påmeldt, 10 startende 10 premiert

Sheila Binungi			Uganda			(28,77min/km)			Disk	
(1)	4:27 (6)	12:05 (9)	18:49 (9)	23:56 (9)	27:05 (9)	34:35 (9)	39:27 (9)	43:09 (9)	43:09 (9)	
4:27/55	7:38/56	6:44/54	5:07/91	3:09/52	7:30/93	4:52/123	3:42/51			
+0:00 (1)	+2:38 (10)	+4:42 (9)	+4:09 (10)	+1:42 (4)	+1:25 (8)	+5:14 (10)	+2:28 (8)	+2:30 (10)	+0:00 (1)	
Eva Babette Enerhaugen			Modum			(23,40min/km)			35:06	
2:23 (8)	5:23 (7)	9:39 (6)	14:00 (4)	20:40 (6)	23:22 (7)	26:43 (4)	30:35 (6)	33:33 (6)	35:06 (6)	
2:23/96	3:00/55	4:16/56	4:21/54	6:40/91	2:42/52	3:21/93	3:52/123	2:58/51	1:33/101	
+1:24 (8)	+1:11 (5)	+1:20 (5)	+1:46 (4)	+3:15 (8)	+0:58 (6)	+1:05 (5)	+1:28 (7)	+1:46 (7)	+0:33 (7)	
Nora Maria Enerhaugen			Modum			(24,23min/km)			36:21	
2:39 (9)	5:59 (8)	8:56 (4)	14:10 (6)	20:28 (5)	23:00 (5)	27:36 (8)	30:35 (6)	33:48 (8)	36:21 (8)	
2:39/96	3:20/55	2:57/56	5:14/54	6:18/91	2:32/52	4:36/93	2:59/123	3:13/51	2:33/101	
+1:40 (9)	+1:31 (7)	+0:01 (2)	+2:39 (7)	+2:53 (7)	+0:48 (5)	+2:20 (9)	+0:35 (3)	+2:01 (8)	+1:33 (8)	
Hedda Irgens			B&OI			(22,27min/km)			33:24	
1:00 (2)	4:20 (5)	10:00 (8)	15:45 (8)	21:02 (8)	23:28 (8)	26:46 (7)	30:29 (5)	32:01 (5)	33:24 (5)	
1:00/96	3:20/55	5:40/56	5:45/54	5:17/91	2:26/52	3:18/93	3:43/123	1:32/51	1:23/101	
+0:01 (2)	+1:31 (7)	+2:44 (8)	+3:10 (8)	+1:52 (5)	+0:42 (4)	+1:02 (4)	+1:19 (5)	+0:20 (5)	+0:23 (5)	
Nora Irgens			B&OI			(22,14min/km)			33:13	
1:03 (4)	4:19 (4)	9:50 (7)	15:43 (7)	20:59 (7)	23:18 (6)	26:43 (4)	30:28 (4)	31:59 (4)	33:13 (4)	
1:03/96	3:16/55	5:31/56	5:53/54	5:16/91	2:19/52	3:25/93	3:45/123	1:31/51	1:14/101	
+0:04 (4)	+1:27 (6)	+2:35 (7)	+3:18 (9)	+1:51 (4)	+0:35 (3)	+1:09 (6)	+1:21 (6)	+0:19 (4)	+0:14 (2)	
Lotte Reitan			B&OI			(14,17min/km)			21:15	
1:01 (3)	2:50 (1)	5:46 (1)	8:29 (1)	11:54 (1)	13:44 (1)	16:26 (1)	19:03 (1)	20:15 (1)	21:15 (1)	
1:01/96	1:49/55	2:56/56	2:43/54	3:25/91	1:50/52	2:42/93	2:37/123	1:12/51	1:00/101	
+0:02 (3)	+0:00 (1)	+0:00 (1)	+0:08 (2)	+0:00 (1)	+0:06 (2)	+0:26 (2)	+0:13 (2)	+0:00 (1)	+0:00 (1)	
Amalie Rugh			Modum			(23,40min/km)			35:06	
2:12 (6)	4:56 (6)	9:24 (5)	14:02 (5)	19:36 (4)	22:55 (4)	26:43 (4)	32:20 (8)	33:35 (7)	35:06 (6)	
2:12/96	2:44/55	4:28/56	4:38/54	5:34/91	3:19/52	3:48/93	5:37/123	1:15/51	1:31/101	
+1:13 (6)	+0:55 (4)	+1:32 (6)	+2:03 (5)	+2:09 (6)	+1:35 (9)	+1:32 (8)	+3:13 (9)	+0:03 (2)	+0:31 (6)	
Martha Kalvig Skogan			B&OI			(17,28min/km)			25:55	
2:10 (5)	4:18 (3)	7:37 (3)	10:52 (3)	14:54 (3)	17:38 (3)	19:54 (3)	22:56 (3)	24:37 (3)	25:55 (3)	
2:10/96	2:08/55	3:19/56	3:15/54	4:02/91	2:44/52	2:16/93	3:02/123	1:41/51	1:18/101	
+1:11 (5)	+0:19 (3)	+0:23 (4)	+0:40 (3)	+0:37 (3)	+1:00 (7)	+0:00 (1)	+0:38 (4)	+0:29 (6)	+0:18 (3)	
Tor Tyse			TIF Viking			(33,60min/km)			50:24	
2:22 (7)	6:34 (9)	17:40 (9)	22:45 (9)	30:45 (9)	33:57 (9)	37:37 (9)	42:31 (9)	45:54 (9)	50:24 (9)	
2:22/96	4:12/55	11:06/56	5:05/54	8:00/91	3:12/52	3:40/93	4:54/123	3:23/51	4:30/101	
+1:23 (7)	+2:23 (9)	+8:10 (9)	+2:30 (6)	+4:35 (9)	+1:28 (8)	+1:24 (7)	+2:30 (8)	+2:11 (9)	+3:30 (9)	
Sana Zulquarhain			B&OI			(14,48min/km)			21:43	
0:59 (1)	2:56 (2)	6:05 (2)	8:40 (2)	12:18 (2)	14:02 (2)	16:45 (2)	19:09 (2)	20:25 (2)	21:43 (2)	
0:59/96	1:57/55	3:09/56	2:35/54	3:38/91	1:44/52	2:43/93	2:24/123	1:16/51	1:18/101	
+0:00 (1)	+0:08 (2)	+0:13 (3)	+0:00 (1)	+0:13 (2)	+0:00 (1)	+0:27 (3)	+0:00 (1)	+0:04 (3)	+0:18 (3)	

Klasse L 4,9 km

27 påmeldt, 27 startende 27 premiert

1	Arild Hegreberg			B&OI			(7,52min/km)			36:50	
	2:58 (8)	5:31 (5)	11:48 (2)	13:00 (2)	16:32 (2)	19:05 (1)	20:43 (1)	23:34 (1)	26:00 (1)	28:13 (1)	
	2:58/121	2:33/40	6:17/41	1:12/120	3:32/43	2:33/44	1:38/45	2:51/46	2:26/47	2:13/100	
	+0:47 (8)	+0:06 (2)	+0:00 (1)	+0:05 (2)	+1:50 (3)	+0:00 (1)	+0:27 (7)	+1:38 (4)	+0:07 (2)	+0:18 (4)	
	30:14 (1)	32:34 (1)	34:41 (1)	36:36 (1)	36:50 (1)	36:50 (1)					
	2:01/49	2:20/101	2:07/125	1:55/109	0:14/110						

	+0:00 (1)	+0:12 (3)	+0:00 (1)	+0:09 (2)	+0:02 (5)	+0:00 (1)				
2	Anders Høye			Göteborg			(7,84min/km)	38:24	(+1:34)	
	2:15 (2)	4:42 (1)	11:20 (1)	12:27 (1)	16:18 (1)	20:09 (4)	21:20 (2)	24:28 (3)	26:47 (3)	28:49 (2)
	2:15/121	2:27/40	6:38/41	1:07/120	3:51/43	3:51/44	1:11/45	3:08/46	2:19/47	2:02/100
	+0:04 (2)	+0:00 (1)	+0:21 (2)	+0:00 (1)	+2:09 (5)	+1:18 (10)	+0:00 (1)	+1:55 (7)	+0:00 (1)	+0:07 (2)
	31:03 (2)	33:38 (2)	36:07 (2)	38:12 (2)	38:24 (2)	38:24 (2)				
	2:14/49	2:35/101	2:29/125	2:05/109	0:12/110					
	+0:13 (2)	+0:27 (4)	+0:22 (3)	+0:19 (5)	+0:00 (1)	+0:00 (1)				
3	Jens Kr. Koplund			Modum			(8,48min/km)	41:32	(+4:42)	
	3:09 (10)	6:12 (8)	13:31 (5)	15:10 (5)	19:18 (5)	22:12 (5)	23:40 (5)	26:51 (5)	29:29 (5)	31:36 (5)
	3:09/121	3:03/40	7:19/41	1:39/120	4:08/43	2:54/44	1:28/45	3:11/46	2:38/47	2:07/100
	+0:58 (10)	+0:36 (7)	+1:02 (4)	+0:32 (10)	+2:26 (6)	+0:21 (3)	+0:17 (3)	+1:58 (8)	+0:19 (3)	+0:12 (3)
	34:05 (4)	36:44 (4)	39:15 (4)	41:18 (4)	41:32 (3)	41:32 (3)				
	2:29/49	2:39/101	2:31/125	2:03/109	0:14/110					
	+0:28 (4)	+0:31 (5)	+0:24 (4)	+0:17 (4)	+0:02 (5)	+0:00 (1)				
4	David Løver			Modum			(8,65min/km)	42:22	(+5:32)	
	2:32 (5)	5:14 (3)	12:11 (3)	13:27 (3)	17:14 (4)	20:08 (3)	21:32 (3)	24:36 (4)	28:05 (4)	30:00 (4)
	2:32/121	2:42/40	6:57/41	1:16/120	3:47/43	2:54/44	1:24/45	3:04/46	3:29/47	1:55/100
	+0:21 (5)	+0:15 (4)	+0:40 (3)	+0:09 (4)	+2:05 (4)	+0:21 (3)	+0:13 (2)	+1:51 (5)	+1:10 (13)	+0:00 (1)
	35:45 (5)	38:02 (5)	40:23 (5)	42:09 (5)	42:22 (4)	42:22 (4)				
	5:45/49	2:17/101	2:21/125	1:46/109	0:13/110					
	+3:44 (23)	+0:09 (2)	+0:14 (2)	+0:00 (1)	+0:01 (3)	+0:00 (1)				
5	Lars Granum			Oppsal IF			(8,74min/km)	42:49	(+5:59)	
	2:11 (1)	4:52 (2)	12:11 (3)	13:35 (4)	16:44 (3)	19:53 (2)	22:21 (4)	23:34 (1)	26:44 (2)	29:03 (3)
	2:11/121	2:41/40	7:19/41	1:24/120	3:09/46	3:09/43	2:28/44	1:13/45	3:10/46	2:19/47
	+0:00 (1)	+0:14 (3)	+1:02 (4)	+0:17 (6)	+1:27 (2)	+0:36 (7)	+1:17 (22)	+0:00 (1)	+0:51 (10)	+0:24 (6)
	33:04 (3)	35:12 (3)	38:04 (3)	40:38 (3)	42:36 (5)	42:49 (5)				
	4:01/100	2:08/49	2:52/101	2:34/125	1:58/109	0:13/110				
	+2:00 (17)	+0:00 (1)	+0:45 (8)	+0:48 (10)	+1:46 (23)	+0:00 (1)				
6	Lars Enerhaugen			Modum			(9,02min/km)	44:12	(+7:22)	
	2:26 (4)	5:22 (4)	14:19 (6)	15:51 (6)	20:06 (6)	23:04 (6)	24:45 (6)	27:51 (6)	31:19 (6)	33:40 (6)
	2:26/121	2:56/40	8:57/41	1:32/120	4:15/43	2:58/44	1:41/45	3:06/46	3:28/47	2:21/100
	+0:15 (4)	+0:29 (6)	+2:40 (6)	+0:25 (8)	+2:33 (7)	+0:25 (5)	+0:30 (8)	+1:53 (6)	+1:09 (12)	+0:26 (7)
	36:03 (6)	38:50 (6)	41:39 (6)	43:56 (6)	44:12 (6)	44:12 (6)				
	2:23/49	2:47/101	2:49/125	2:17/109	0:16/110					
	+0:22 (3)	+0:39 (6)	+0:42 (7)	+0:31 (8)	+0:04 (8)	+0:00 (1)				
7	Sofia Malmqvist			Göteborg			(11,75min/km)	57:35	(+20:45)	
	3:13 (11)	6:45 (11)	16:30 (9)	20:00 (11)	27:07 (11)	31:04 (8)	32:50 (8)	38:57 (9)	42:03 (8)	44:49 (8)
	3:13/121	3:32/40	9:45/41	3:30/120	7:07/43	3:57/44	1:46/45	6:07/46	3:06/47	2:46/100
	+1:02 (11)	+1:05 (11)	+3:28 (8)	+2:23 (24)	+5:25 (13)	+1:24 (11)	+0:35 (9)	+4:54 (21)	+0:47 (8)	+0:51 (8)
	47:36 (8)	51:00 (7)	54:03 (7)	57:21 (7)	57:35 (7)	57:35 (7)				
	2:47/49	3:24/101	3:03/125	3:18/109	0:14/110					
	+0:46 (6)	+1:16 (11)	+0:56 (9)	+1:32 (19)	+0:02 (5)	+0:00 (1)				
8	Jonas Lundberg			Göteborg			(11,92min/km)	58:25	(+21:35)	
	2:24 (3)	5:32 (6)	15:25 (7)	16:38 (7)	24:04 (7)	27:04 (7)	28:39 (7)	34:33 (7)	37:26 (7)	39:44 (7)
	2:24/121	3:08/40	9:53/41	1:13/120	7:26/43	3:00/44	1:35/45	5:54/46	2:53/47	2:18/100
	+0:13 (3)	+0:41 (9)	+3:36 (9)	+0:06 (3)	+5:44 (16)	+0:27 (6)	+0:24 (5)	+4:41 (20)	+0:34 (4)	+0:23 (5)
	43:56 (7)	52:55 (9)	55:26 (8)	58:13 (8)	58:25 (8)	58:25 (8)				
	4:12/49	8:59/101	2:31/125	2:47/109	0:12/110					
	+2:11 (20)	+6:51 (24)	+0:24 (4)	+1:01 (13)	+0:00 (1)	+0:00 (1)				
9	Knut Skjesol			Wing OK			(12,08min/km)	59:11	(+22:21)	
	3:39 (18)	8:31 (21)	19:01 (15)	20:56 (14)	28:51 (12)	33:01 (12)	34:48 (11)	39:17 (11)	42:26 (9)	46:26 (9)
	3:39/121	4:52/40	10:30/41	1:55/120	7:55/43	4:10/44	1:47/45	4:29/46	3:09/47	4:00/100
	+1:28 (18)	+2:25 (24)	+4:13 (10)	+0:48 (17)	+6:13 (20)	+1:37 (13)	+0:36 (10)	+3:16 (10)	+0:50 (9)	+2:05 (15)
	49:19 (9)	52:49 (8)	56:00 (9)	58:55 (9)	59:11 (9)	59:11 (9)				
	2:53/49	3:30/101	3:11/125	2:55/109	0:16/110					
	+0:52 (8)	+1:22 (12)	+1:04 (11)	+1:09 (14)	+0:04 (8)	+0:00 (1)				
10	Lars Reitan			B&OI			(12,22min/km)	59:54	(+23:04)	
	5:04 (24)	7:47 (17)	26:14 (25)	27:36 (24)	32:00 (21)	34:45 (14)	36:50 (15)	42:31 (15)	45:25 (15)	48:16 (11)
	5:04/121	2:43/40	18:27/41	1:22/120	4:24/43	2:45/44	2:05/45	5:41/46	2:54/47	2:51/100

+2:53 (24)	+0:16 (5)	+12:10 (25)	+0:15 (5)	+2:42 (8)	+0:12 (2)	+0:54 (19)	+4:28 (18)	+0:35 (5)	+0:56 (9)
50:48 (11)	54:52 (10)	57:39 (10)	59:41 (10)	59:54 (10)	59:54 (10)				
2:32/49	4:04/101	2:47/125	2:02/109	0:13/110					
+0:31 (5)	+1:56 (15)	+0:40 (6)	+0:16 (3)	+0:01 (3)	+0:00 (1)				
11 Leif Thingsrud				Østmarka OK	(12,45min/km)	1:01:00	(+24:10)		
2:48 (6)	6:02 (7)	17:25 (10)	19:00 (8)	31:01 (17)	35:25 (16)	37:00 (16)	40:42 (13)	43:57 (13)	47:45 (10)
2:48/121	3:14/40	11:23/41	1:35/120	12:01/43	4:24/44	1:35/45	3:42/46	3:15/47	3:48/100
+0:37 (6)	+0:47 (10)	+5:06 (15)	+0:28 (9)	+10:19 (24)	+1:51 (14)	+0:24 (5)	+2:29 (9)	+0:56 (11)	+1:53 (13)
50:35 (10)	55:22 (13)	58:29 (11)	1:00:44 (11)	1:01:00 (11)	1:01:00 (11)				
2:50/49	4:47/101	3:07/125	2:15/109	0:16/110					
+0:49 (7)	+2:39 (18)	+1:00 (10)	+0:29 (7)	+0:04 (8)	+0:00 (1)				
12 Henrik Mårtensson				Modum	(12,69min/km)	1:02:12	(+25:22)		
3:26 (16)	7:34 (16)	18:29 (13)	20:31 (13)	28:59 (13)	32:30 (11)	34:22 (10)	38:55 (8)	42:36 (11)	48:54 (14)
3:26/121	4:08/40	10:55/41	2:02/120	8:28/43	3:31/44	1:52/45	4:33/46	3:41/47	6:18/100
+1:15 (16)	+1:41 (17)	+4:38 (12)	+0:55 (19)	+6:46 (21)	+0:58 (9)	+0:41 (13)	+3:20 (11)	+1:22 (17)	+4:23 (23)
52:02 (13)	55:15 (11)	58:37 (13)	1:01:55 (12)	1:02:12 (12)	1:02:12 (12)				
3:08/49	3:13/101	3:22/125	3:18/109	0:17/110					
+1:07 (10)	+1:05 (9)	+1:15 (15)	+1:32 (19)	+0:05 (12)	+0:00 (1)				
13 Jörgen Mårtensson				Modum	(12,72min/km)	1:02:19	(+25:29)		
3:30 (17)	7:31 (15)	18:33 (14)	20:29 (12)	29:02 (14)	32:27 (9)	34:15 (9)	39:00 (10)	42:34 (10)	48:52 (13)
3:30/121	4:01/40	11:02/41	1:56/120	8:33/43	3:25/44	1:48/45	4:45/46	3:34/47	6:18/100
+1:19 (17)	+1:34 (16)	+4:45 (13)	+0:49 (18)	+6:51 (22)	+0:52 (8)	+0:37 (11)	+3:32 (14)	+1:15 (15)	+4:23 (23)
51:59 (12)	55:18 (12)	58:36 (12)	1:02:00 (13)	1:02:19 (13)	1:02:19 (13)				
3:07/49	3:19/101	3:18/125	3:24/109	0:19/110					
+1:06 (9)	+1:11 (10)	+1:11 (13)	+1:38 (21)	+0:07 (16)	+0:00 (1)				
14 Ivar Aanerød				B&OI	(12,85min/km)	1:02:59	(+26:09)		
3:17 (13)	6:24 (9)	17:39 (11)	19:59 (10)	25:05 (9)	32:29 (10)	35:28 (12)	40:26 (12)	43:24 (12)	48:45 (12)
3:17/121	3:07/40	11:15/41	2:20/120	5:06/43	7:24/44	2:59/45	4:58/46	2:58/47	5:21/100
+1:06 (13)	+0:40 (8)	+4:58 (14)	+1:13 (21)	+3:24 (10)	+4:51 (22)	+1:48 (23)	+3:45 (15)	+0:39 (6)	+3:26 (19)
52:19 (14)	56:32 (14)	1:00:07 (14)	1:02:38 (14)	1:02:59 (14)	1:02:59 (14)				
3:34/49	4:13/101	3:35/125	2:31/109	0:21/110					
+1:33 (12)	+2:05 (16)	+1:28 (20)	+0:45 (9)	+0:09 (18)	+0:00 (1)				
15 Per Otto Aursand				B&OI	(13,04min/km)	1:03:54	(+27:04)		
3:15 (12)	6:54 (14)	17:48 (12)	19:38 (9)	31:12 (18)	35:51 (17)	37:48 (17)	42:47 (16)	47:03 (16)	50:44 (15)
3:15/121	3:39/40	10:54/41	1:50/120	11:34/43	4:39/44	1:57/45	4:59/46	4:16/47	3:41/100
+1:04 (12)	+1:12 (13)	+4:37 (11)	+0:43 (13)	+9:52 (23)	+2:06 (15)	+0:46 (16)	+3:46 (16)	+1:57 (20)	+1:46 (12)
54:25 (15)	57:25 (15)	1:00:59 (15)	1:03:38 (15)	1:03:54 (15)	1:03:54 (15)				
3:41/49	3:00/101	3:34/125	2:39/109	0:16/110					
+1:40 (14)	+0:52 (8)	+1:27 (18)	+0:53 (12)	+0:04 (8)	+0:00 (1)				
16 Edvin Helle				Askvoll	(14,31min/km)	1:10:08	(+33:18)		
3:18 (14)	6:50 (12)	16:22 (8)	20:56 (14)	25:55 (10)	34:53 (15)	36:47 (14)	41:24 (14)	44:26 (14)	55:16 (20)
3:18/121	3:32/40	9:32/41	4:34/120	4:59/43	8:58/44	1:54/45	4:37/46	3:02/47	10:50/100
+1:07 (14)	+1:05 (11)	+3:15 (7)	+3:27 (25)	+3:17 (9)	+6:25 (24)	+0:43 (15)	+3:24 (12)	+0:43 (7)	+8:55 (25)
1:00:13 (19)	1:03:44 (17)	1:07:12 (16)	1:09:47 (16)	1:10:08 (16)	1:10:08 (16)				
4:57/49	3:31/101	3:28/125	2:35/109	0:21/110					
+2:56 (22)	+1:23 (13)	+1:21 (17)	+0:49 (11)	+0:09 (18)	+0:00 (1)				
17 Kevin Teschendorf				Badger O-Club	(14,60min/km)	1:11:32	(+34:42)		
3:00 (9)	6:41 (10)	21:34 (18)	23:01 (18)	30:33 (16)	38:06 (21)	39:34 (20)	44:18 (18)	48:18 (17)	54:05 (17)
3:00/121	3:41/40	14:53/41	1:27/120	7:32/43	7:33/44	1:28/45	4:44/46	4:00/47	5:47/100
+0:49 (9)	+1:14 (14)	+8:36 (21)	+0:20 (7)	+5:50 (17)	+5:00 (23)	+0:17 (3)	+3:31 (13)	+1:41 (19)	+3:52 (21)
1:00:21 (20)	1:05:26 (20)	1:09:00 (18)	1:11:14 (18)	1:11:32 (17)	1:11:32 (17)				
6:16/49	5:05/101	3:34/125	2:14/109	0:18/110					
+4:15 (24)	+2:57 (19)	+1:27 (18)	+0:28 (6)	+0:06 (14)	+0:00 (1)				
18 György Horvati				IL Tyrving	(15,07min/km)	1:13:50	(+37:00)		
5:34 (25)	10:11 (25)	23:06 (20)	25:00 (20)	31:51 (19)	37:13 (20)	39:26 (19)	45:46 (20)	50:56 (20)	54:45 (19)
5:34/121	4:37/40	12:55/41	1:54/120	6:51/43	5:22/44	2:13/45	6:20/46	5:10/47	3:49/100
+3:23 (25)	+2:10 (21)	+6:38 (17)	+0:47 (16)	+5:09 (12)	+2:49 (20)	+1:02 (21)	+5:07 (23)	+2:51 (22)	+1:54 (14)
58:41 (17)	1:06:41 (21)	1:10:24 (20)	1:13:26 (19)	1:13:50 (18)	1:13:50 (18)				
3:56/49	8:00/101	3:43/125	3:02/109	0:24/110					
+1:55 (15)	+5:52 (22)	+1:36 (21)	+1:16 (16)	+0:12 (22)	+0:00 (1)				

(1)	(1)	(1)	(1)	(1)	(1)
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)