

Resultater fra Saltenkarusell 9 Tranmyra 26.08.2008

Det var totalt 65 deltagere.

Klasse 6km - 6,0 km

9 påmeldt, 9 startende

1	Arild Hegreberg		B&OI			(9,46min/km)		56:45		
	0:55 (1)	2:57 (1)	10:28 (2)	17:25 (2)	19:10 (2)	21:24 (2)	25:07 (1)	28:06 (1)	31:02 (1)	32:07 (1)
	0:55/106	2:02/114	7:31/102	6:57/91	1:45/87	2:14/82	3:43/109	2:59/105	2:56/101	1:05/85
	+0:00 (1)	+0:02 (3)	+4:03 (3)	+0:00 (1)	+0:16 (2)	+0:00 (1)	+0:10 (2)	+0:00 (1)	+0:14 (2)	+0:00 (1)
	38:35 (1)	42:28 (1)	44:57 (1)	47:34 (1)	53:35 (1)	55:22 (1)	56:30 (1)	56:45 (1)		
	6:28/110	3:53/116	2:29/113	2:37/93	6:01/117	1:47/112	1:08/249	0:15/39		
	+0:19 (2)	+0:07 (2)	+0:00 (1)	+0:24 (2)	+0:26 (3)	+0:09 (3)	+0:03 (3)	+0:02 (2)		
2	Petter Jakola		B&OI			(9,55min/km)		57:17	(+0:32)	
	1:04 (2)	5:49 (6)	9:17 (1)	16:35 (1)	18:04 (1)	21:05 (1)	25:13 (2)	28:28 (2)	31:10 (2)	32:54 (2)
	1:04/106	4:45/114	3:28/102	7:18/91	1:29/87	3:01/82	4:08/109	3:15/105	2:42/101	1:44/85
	+0:09 (2)	+2:45 (8)	+0:00 (1)	+0:21 (2)	+0:00 (1)	+0:47 (4)	+0:35 (3)	+0:16 (2)	+0:00 (1)	+0:39 (6)
	39:43 (2)	43:29 (2)	46:25 (2)	48:38 (2)	54:13 (2)	55:59 (2)	57:04 (2)	57:17 (2)		
	6:49/110	3:46/116	2:56/113	2:13/93	5:35/117	1:46/112	1:05/249	0:13/39		
	+0:40 (3)	+0:00 (1)	+0:27 (2)	+0:00 (1)	+0:00 (1)	+0:08 (2)	+0:00 (1)	+0:00 (1)		
3	Lars Reitan		B&OI			(11,41min/km)		1:08:28	(+11:43)	
	1:14 (4)	3:15 (3)	13:08 (4)	21:28 (3)	23:18 (3)	25:49 (3)	32:23 (5)	36:35 (3)	39:38 (3)	40:49 (3)
	1:14/106	2:01/114	9:53/102	8:20/91	1:50/87	2:31/82	6:34/109	4:12/105	3:03/101	1:11/85
	+0:19 (4)	+0:01 (2)	+6:25 (6)	+1:23 (3)	+0:21 (3)	+0:17 (2)	+3:01 (8)	+1:13 (4)	+0:21 (3)	+0:06 (2)
	46:58 (3)	52:05 (3)	55:19 (3)	58:45 (3)	1:04:49 (3)	1:06:47 (3)	1:08:10 (3)	1:08:28 (3)		
	6:09/110	5:07/116	3:14/113	3:26/93	6:04/117	1:58/112	1:23/249	0:18/39		
	+0:00 (1)	+1:21 (5)	+0:45 (3)	+1:13 (5)	+0:29 (4)	+0:20 (5)	+0:18 (5)	+0:05 (5)		
4	Morten Tjørndal		B&OI			(12,80min/km)		1:16:47	(+20:02)	
	1:15 (5)	5:40 (5)	14:37 (6)	23:13 (6)	25:18 (6)	29:17 (6)	35:50 (7)	40:30 (5)	43:34 (5)	44:51 (5)
	1:15/106	4:25/114	8:57/102	8:36/91	2:05/87	3:59/82	6:33/109	4:40/105	3:04/101	1:17/85
	+0:20 (5)	+2:25 (7)	+5:29 (5)	+1:39 (4)	+0:36 (5)	+1:45 (6)	+3:00 (7)	+1:41 (5)	+0:22 (4)	+0:12 (3)
	51:57 (4)	57:19 (4)	1:01:01 (4)	1:03:52 (4)	1:13:27 (4)	1:15:25 (4)	1:16:30 (4)	1:16:47 (4)		
	7:06/110	5:22/116	3:42/113	2:51/93	9:35/117	1:58/112	1:05/249	0:17/39		
	+0:57 (4)	+1:36 (6)	+1:13 (5)	+0:38 (3)	+4:00 (6)	+0:20 (5)	+0:00 (1)	+0:04 (4)		
5	Bjørn Are Stensland		B&OI			(14,01min/km)		1:24:02	(+27:17)	
	3:58 (7)	6:09 (7)	13:11 (5)	22:28 (5)	24:33 (5)	28:38 (5)	32:11 (4)	44:09 (6)	54:18 (7)	55:36 (7)
	3:58/106	2:11/114	7:02/102	9:17/91	2:05/87	4:05/82	3:33/109	11:58/105	10:09/101	1:18/85
	+3:03 (7)	+0:11 (4)	+3:34 (2)	+2:20 (5)	+0:36 (5)	+1:51 (7)	+0:00 (1)	+8:59 (7)	+7:27 (8)	+0:13 (4)
	1:03:21 (7)	1:08:01 (7)	1:11:31 (7)	1:14:36 (7)	1:20:28 (5)	1:22:16 (5)	1:23:40 (5)	1:24:02 (5)		
	7:45/110	4:40/116	3:30/113	3:05/93	5:52/117	1:48/112	1:24/249	0:22/39		
	+1:36 (6)	+0:54 (3)	+1:01 (4)	+0:52 (4)	+0:17 (2)	+0:10 (4)	+0:19 (6)	+0:09 (7)		
6	Ola Kvisle		Asker			(14,39min/km)		1:26:20	(+29:35)	
	1:23 (6)	4:03 (4)	15:01 (7)	25:29 (7)	27:37 (7)	30:53 (7)	35:29 (6)	39:29 (4)	42:55 (4)	44:14 (4)
	1:23/106	2:40/114	10:58/102	10:28/91	2:08/87	3:16/82	4:36/109	4:00/105	3:26/101	1:19/85
	+0:28 (6)	+0:40 (6)	+7:30 (7)	+3:31 (7)	+0:39 (7)	+1:02 (5)	+1:03 (5)	+1:01 (3)	+0:44 (6)	+0:14 (5)
	54:39 (5)	1:00:30 (5)	1:04:19 (5)	1:12:41 (6)	1:21:51 (6)	1:24:28 (6)	1:25:57 (6)	1:26:20 (6)		
	10:25/110	5:51/116	3:49/113	8:22/93	9:10/117	2:37/112	1:29/249	0:23/39		
	+4:16 (7)	+2:05 (7)	+1:20 (6)	+6:09 (8)	+3:35 (5)	+0:59 (7)	+0:24 (7)	+0:10 (8)		
7	Roy Solbakk		VIL			(14,61min/km)		1:27:39	(+30:54)	
	1:11 (3)	3:11 (2)	11:31 (3)	21:29 (4)	23:20 (4)	26:05 (4)	30:28 (3)	44:38 (7)	47:51 (6)	51:04 (6)
	1:11/106	2:00/114	8:20/102	9:58/91	1:51/87	2:45/82	4:23/109	14:10/105	3:13/101	3:13/85
	+0:16 (3)	+0:00 (1)	+4:52 (4)	+3:01 (6)	+0:22 (4)	+0:31 (3)	+0:50 (4)	+11:11 (8)	+0:31 (5)	+2:08 (7)
	58:10 (6)	1:03:07 (6)	1:07:13 (6)	1:11:02 (5)	1:24:30 (7)	1:26:08 (7)	1:27:23 (7)	1:27:39 (7)		
	7:06/110	4:57/116	4:06/113	3:49/93	13:28/117	1:38/112	1:15/249	0:16/39		
	+0:57 (4)	+1:11 (4)	+1:37 (7)	+1:36 (6)	+7:53 (8)	+0:00 (1)	+0:10 (4)	+0:03 (3)		
8	Jakob Kalvig Skogan		B&OI			(17,95min/km)		1:47:41	(+50:56)	
	4:10 (8)	6:40 (8)	17:40 (8)	28:49 (8)	31:21 (8)	36:48 (8)	42:26 (8)	52:13 (8)	58:00 (8)	1:01:22 (8)
	4:10/106	2:30/114	11:00/102	11:09/91	2:32/87	5:27/82	5:38/109	9:47/105	5:47/101	3:22/85
	+3:15 (8)	+0:30 (5)	+7:32 (8)	+4:12 (8)	+1:03 (8)	+3:13 (8)	+2:05 (6)	+6:48 (6)	+3:05 (7)	+2:17 (8)
	1:12:18 (8)	1:18:55 (8)	1:24:09 (8)	1:31:42 (8)	1:42:58 (8)	1:45:42 (8)	1:47:23 (8)	1:47:41 (8)		

10:56/110	6:37/116	5:14/113	7:33/93	11:16/117	2:44/112	1:41/249	0:18/39		
+4:47 (8)	+2:51 (8)	+2:45 (8)	+5:20 (7)	+5:41 (7)	+1:06 (8)	+0:36 (8)	+0:05 (5)		

Torbjørn Høslis Olsen			B&OI			(6,02min/km)		Disk	
1:34 (7)	4:39 (5)	11:52 (4)	24:14 (7)	27:01 (7)	30:20 (7)	36:06 (8)	36:06 (3)	36:06 (3)	36:06 (3)
1:34/106	3:05/114	7:13/102	12:22/91	2:47/87	3:19/82	5:46/109			
+0:39 (7)	+1:05 (7)	+3:45 (3)	+5:25 (9)	+1:18 (9)	+1:05 (6)	+2:13 (7)	+0:00 (1)	+0:00 (1)	+0:00 (1)
36:06 (1)	36:06 (1)	36:06 (1)	36:06 (1)	36:06 (1)	36:06 (1)	36:06 (1)	36:06 (1)		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		

Klasse 4km - 4,1 km

24 påmeldt, 23 startende

1	Knut Sandland	Forsvaret			(10,91min/km)		44:43			
	1:27 (9)	4:03 (9)	7:38 (3)	16:30 (3)	18:15 (3)	21:16 (2)	25:57 (2)	27:31 (2)	29:38 (2)	32:26 (2)
	1:27/106	2:36/114	3:35/96	8:52/91	1:45/87	3:01/82	4:41/109	1:34/94	2:07/116	2:48/113
	+0:27 (8)	+0:34 (10)	+0:34 (2)	+0:00 (1)	+0:14 (3)	+0:10 (2)	+1:19 (8)	+0:05 (2)	+0:00 (1)	+0:15 (2)
	35:29 (2)	41:17 (2)	43:10 (2)	44:23 (2)	44:43 (2)					
	3:03/93	5:48/117	1:53/112	1:13/249	0:20/39					
	+0:45 (3)	+0:10 (2)	+0:12 (3)	+0:00 (1)	+0:07 (11)					
2	Martin Eriksen	Forsvaret			(11,46min/km)		46:59		(+2:16)	
	1:00 (2)	3:11 (2)	6:12 (2)	16:17 (2)	17:48 (2)	23:19 (3)	26:41 (3)	28:10 (3)	30:42 (3)	33:15 (3)
	1:00/106	2:11/114	3:01/96	10:05/91	1:31/87	5:31/82	3:22/109	1:29/94	2:32/116	2:33/113
	+0:00 (1)	+0:09 (2)	+0:00 (1)	+1:13 (8)	+0:00 (1)	+2:40 (17)	+0:00 (1)	+0:00 (1)	+0:25 (6)	+0:00 (1)
	37:40 (3)	43:18 (3)	45:17 (3)	46:42 (3)	46:59 (3)					
	4:25/93	5:38/117	1:59/112	1:25/249	0:17/39					
	+2:07 (14)	+0:00 (1)	+0:18 (8)	+0:12 (3)	+0:04 (7)					
3	Eva Lill Kvisle	Asker			(11,97min/km)		49:05		(+4:22)	
	1:42 (15)	5:27 (15)	9:12 (7)	18:15 (5)	19:58 (4)	24:52 (6)	29:31 (5)	31:49 (5)	33:59 (5)	36:55 (4)
	1:42/106	3:45/114	3:45/96	9:03/91	1:43/87	4:54/82	4:39/109	2:18/94	2:10/116	2:56/113
	+0:42 (14)	+1:43 (14)	+0:44 (3)	+0:11 (2)	+0:12 (2)	+2:03 (15)	+1:17 (7)	+0:49 (14)	+0:03 (2)	+0:23 (3)
	39:13 (4)	45:41 (4)	47:22 (4)	48:49 (4)	49:05 (4)					
	2:18/93	6:28/117	1:41/112	1:27/249	0:16/39					
	+0:00 (1)	+0:50 (3)	+0:00 (1)	+0:14 (4)	+0:03 (4)					
4	Marit Johnsen	B&OI			(12,64min/km)		51:50		(+7:07)	
	1:27 (9)	3:51 (6)	8:22 (5)	17:55 (4)	20:00 (5)	23:44 (5)	28:26 (4)	30:20 (4)	33:28 (4)	37:04 (5)
	1:27/106	2:24/114	4:31/96	9:33/91	2:05/87	3:44/82	4:42/109	1:54/94	3:08/116	3:36/113
	+0:27 (8)	+0:22 (5)	+1:30 (10)	+0:41 (6)	+0:34 (6)	+0:53 (7)	+1:20 (9)	+0:25 (10)	+1:01 (14)	+1:03 (4)
	40:37 (5)	47:59 (5)	49:55 (5)	51:33 (5)	51:50 (5)					
	3:33/93	7:22/117	1:56/112	1:38/249	0:17/39					
	+1:15 (8)	+1:44 (7)	+0:15 (6)	+0:25 (10)	+0:04 (7)					
5	Arne Kr. Nordhei	B&OI			(13,54min/km)		55:30		(+10:47)	
	1:21 (7)	3:52 (7)	9:29 (10)	20:13 (9)	22:45 (9)	26:18 (8)	31:36 (9)	33:31 (9)	35:55 (8)	39:56 (7)
	1:21/106	2:31/114	5:37/96	10:44/91	2:32/87	3:33/82	5:18/109	1:55/94	2:24/116	4:01/113
	+0:21 (6)	+0:29 (7)	+2:36 (12)	+1:52 (10)	+1:01 (14)	+0:42 (6)	+1:56 (14)	+0:26 (11)	+0:17 (3)	+1:28 (9)
	43:53 (7)	51:15 (6)	53:25 (6)	55:14 (6)	55:30 (6)					
	3:57/93	7:22/117	2:10/112	1:49/249	0:16/39					
	+1:39 (10)	+1:44 (7)	+0:29 (14)	+0:36 (14)	+0:03 (4)					
6	Håkon Hegreberg	B&OI			(13,65min/km)		55:57		(+11:14)	
	1:14 (3)	3:16 (3)	11:16 (13)	20:46 (11)	22:48 (10)	28:08 (11)	31:58 (11)	33:49 (10)	36:15 (9)	40:16 (8)
	1:14/106	2:02/114	8:00/96	9:30/91	2:02/87	5:20/82	3:50/109	1:51/94	2:26/116	4:01/113
	+0:14 (2)	+0:00 (1)	+4:59 (15)	+0:38 (4)	+0:31 (5)	+2:29 (16)	+0:28 (2)	+0:22 (7)	+0:19 (4)	+1:28 (9)
	43:26 (6)	51:42 (7)	53:51 (7)	55:44 (7)	55:57 (7)					
	3:10/93	8:16/117	2:09/112	1:53/249	0:13/39					
	+0:52 (5)	+2:38 (9)	+0:28 (13)	+0:40 (16)	+0:00 (1)					
7	Øyvind Bjørkås	B&OI			(13,88min/km)		56:54		(+12:11)	
	1:14 (3)	5:00 (13)	9:12 (7)	20:12 (8)	22:21 (7)	26:10 (7)	31:04 (7)	33:00 (7)	35:43 (7)	39:36 (6)
	1:14/106	3:46/114	4:12/96	11:00/91	2:09/87	3:49/82	4:54/109	1:56/94	2:43/116	3:53/113
	+0:14 (2)	+1:44 (15)	+1:11 (6)	+2:08 (12)	+0:38 (7)	+0:58 (8)	+1:32 (13)	+0:27 (12)	+0:36 (8)	+1:20 (7)
	44:09 (10)	52:46 (10)	54:49 (8)	56:34 (8)	56:54 (8)					

4:33/93	8:37/117	2:03/112	1:45/249	0:20/39						
+2:15 (15)	+2:59 (13)	+0:22 (11)	+0:32 (13)	+0:07 (11)						
8	Sander Pettersen		B&OI		(14,00min/km)		57:23	(+12:40)		
2:01 (19)	4:17 (11)	12:16 (15)	21:47 (12)	23:38 (12)	29:09 (13)	33:00 (12)	34:51 (12)	37:18 (12)	41:15 (12)	
2:01/106	2:16/114	7:59/96	9:31/91	1:51/87	5:31/82	3:51/109	1:51/94	2:27/116	3:57/113	
+1:01 (18)	+0:14 (4)	+4:58 (14)	+0:39 (5)	+0:20 (4)	+2:40 (17)	+0:29 (3)	+0:22 (7)	+0:20 (5)	+1:24 (8)	
44:07 (9)	52:36 (8)	54:52 (9)	57:09 (9)	57:23 (9)						
2:52/93	8:29/117	2:16/112	2:17/249	0:14/39						
+0:34 (2)	+2:51 (12)	+0:35 (16)	+1:04 (20)	+0:01 (2)						
9	Per Rekkedal		B&OI		(14,17min/km)		58:06	(+13:23)		
1:14 (3)	3:40 (5)	12:10 (14)	22:11 (14)	25:06 (14)	28:29 (12)	33:11 (13)	35:00 (13)	37:57 (13)	42:29 (13)	
1:14/106	2:26/114	8:30/96	10:01/91	2:55/87	3:23/82	4:42/109	1:49/94	2:57/116	4:32/113	
+0:14 (2)	+0:24 (6)	+5:29 (17)	+1:09 (7)	+1:24 (19)	+0:32 (3)	+1:20 (9)	+0:20 (5)	+0:50 (10)	+1:59 (11)	
46:08 (12)	54:26 (12)	56:19 (11)	57:51 (10)	58:06 (10)						
3:39/93	8:18/117	1:53/112	1:32/249	0:15/39						
+1:21 (9)	+2:40 (10)	+0:12 (3)	+0:19 (6)	+0:02 (3)						
10	Leif Magne Eggestad		B&OI		(14,28min/km)		58:34	(+13:51)		
1:22 (8)	4:36 (12)	15:13 (17)	25:23 (16)	27:39 (16)	31:02 (15)	35:04 (14)	37:07 (14)	40:05 (14)	43:56 (14)	
1:22/106	3:14/114	10:37/96	10:10/91	2:16/87	3:23/82	4:02/109	2:03/94	2:58/116	3:51/113	
+0:22 (7)	+1:12 (11)	+7:36 (18)	+1:18 (9)	+0:45 (9)	+0:32 (3)	+0:40 (4)	+0:34 (13)	+0:51 (11)	+1:18 (6)	
47:20 (14)	54:09 (11)	56:03 (10)	58:13 (11)	58:34 (11)						
3:24/93	6:49/117	1:54/112	2:10/249	0:21/39						
+1:06 (6)	+1:11 (5)	+0:13 (5)	+0:57 (18)	+0:08 (14)						
11	Anders Kure		B&OI		(14,33min/km)		58:46	(+14:03)		
1:17 (6)	3:28 (4)	9:13 (9)	18:38 (6)	20:51 (6)	23:42 (4)	29:56 (6)	32:20 (6)	35:29 (6)	40:51 (9)	
1:17/106	2:11/114	5:45/96	9:25/91	2:13/87	2:51/82	6:14/109	2:24/94	3:09/116	5:22/113	
+0:17 (5)	+0:09 (2)	+2:44 (13)	+0:33 (3)	+0:42 (8)	+0:00 (1)	+2:52 (18)	+0:55 (15)	+1:02 (15)	+2:49 (17)	
44:00 (8)	52:44 (9)	56:56 (12)	58:30 (12)	58:46 (12)						
3:09/93	8:44/117	4:12/112	1:34/249	0:16/39						
+0:51 (4)	+3:06 (14)	+2:31 (20)	+0:21 (8)	+0:03 (4)						
12	Ivar Aanerød		B&OI		(14,84min/km)		1:00:50	(+16:07)		
1:43 (16)	5:12 (14)	9:33 (11)	20:33 (10)	23:06 (11)	27:19 (10)	31:36 (9)	33:26 (8)	36:21 (10)	41:12 (11)	
1:43/106	3:29/114	4:21/96	11:00/91	2:33/87	4:13/82	4:17/109	1:50/94	2:55/116	4:51/113	
+0:43 (15)	+1:27 (12)	+1:20 (9)	+2:08 (12)	+1:02 (16)	+1:22 (10)	+0:55 (5)	+0:21 (6)	+0:48 (9)	+2:18 (16)	
46:26 (13)	55:12 (13)	58:37 (13)	1:00:29 (13)	1:00:50 (13)						
5:14/93	8:46/117	3:25/112	1:52/249	0:21/39						
+2:56 (16)	+3:08 (15)	+1:44 (19)	+0:39 (15)	+0:08 (14)						
13	Bjørnar Hegreberg		B&OI		(14,88min/km)		1:01:00	(+16:17)		
1:27 (9)	4:00 (8)	8:10 (4)	19:57 (7)	22:24 (8)	26:24 (9)	31:12 (8)	34:06 (11)	37:10 (11)	40:53 (10)	
1:27/106	2:33/114	4:10/96	11:47/91	2:27/87	4:00/82	4:48/109	2:54/94	3:04/116	3:43/113	
+0:27 (8)	+0:31 (9)	+1:09 (5)	+2:55 (15)	+0:56 (11)	+1:09 (9)	+1:26 (11)	+1:25 (17)	+0:57 (12)	+1:10 (5)	
44:58 (11)	56:49 (14)	59:13 (14)	1:00:43 (14)	1:01:00 (14)						
4:05/93	11:51/117	2:24/112	1:30/249	0:17/39						
+1:47 (12)	+6:13 (17)	+0:43 (17)	+0:17 (5)	+0:04 (7)						
14	Asbjørn Pedersen		SISO		(17,01min/km)		1:09:45	(+25:02)		
1:39 (13)	4:10 (10)	8:25 (6)	22:26 (15)	26:56 (15)	34:31 (17)	43:36 (19)	45:27 (18)	48:31 (18)	53:10 (17)	
1:39/106	2:31/114	4:15/96	14:01/91	4:30/87	7:35/82	9:05/109	1:51/94	3:04/116	4:39/113	
+0:39 (12)	+0:29 (7)	+1:14 (8)	+5:09 (19)	+2:59 (20)	+4:44 (20)	+5:43 (20)	+0:22 (7)	+0:57 (12)	+2:06 (14)	
59:00 (17)	1:05:43 (16)	1:07:42 (15)	1:09:23 (15)	1:09:45 (15)						
5:50/93	6:43/117	1:59/112	1:41/249	0:22/39						
+3:32 (18)	+1:05 (4)	+0:18 (8)	+0:28 (12)	+0:09 (18)						
15	Vegard Kvisle		Asker		(17,07min/km)		1:09:58	(+25:15)		
1:29 (12)	9:07 (19)	13:06 (16)	25:32 (17)	28:01 (17)	31:31 (16)	37:41 (16)	39:25 (15)	42:45 (15)	49:34 (15)	
1:29/106	7:38/114	3:59/96	12:26/91	2:29/87	3:30/82	6:10/109	1:44/94	3:20/116	6:49/113	
+0:29 (11)	+5:36 (19)	+0:58 (4)	+3:34 (16)	+0:58 (12)	+0:39 (5)	+2:48 (17)	+0:15 (4)	+1:13 (16)	+4:16 (19)	
56:26 (15)	1:05:33 (15)	1:08:19 (16)	1:09:40 (16)	1:09:58 (16)						
6:52/93	9:07/117	2:46/112	1:21/249	0:18/39						
+4:34 (19)	+3:29 (16)	+1:05 (18)	+0:08 (2)	+0:05 (10)						
16	Åge Mohus		B&OI		(17,83min/km)		1:13:07	(+28:24)		
2:00 (18)	7:31 (17)	18:12 (19)	30:57 (19)	33:36 (19)	38:16 (19)	43:08 (18)	46:31 (19)	50:23 (19)	56:25 (19)	

2:00/106	5:31/114	10:41/96	12:45/91	2:39/87	4:40/82	4:52/109	3:23/94	3:52/116	6:02/113
+1:00 (17)	+3:29 (17)	+7:40 (19)	+3:53 (17)	+1:08 (17)	+1:49 (14)	+1:30 (12)	+1:54 (20)	+1:45 (19)	+3:29 (18)
1:00:40 (19)	1:09:06 (17)	1:11:07 (17)	1:12:46 (17)	1:13:07 (17)					
4:15/93	8:26/117	2:01/112	1:39/249	0:21/39					
+1:57 (13)	+2:48 (11)	+0:20 (10)	+0:26 (11)	+0:08 (14)					

17 Carl B Bjørseth **B&OI** **(17,98min/km)** **1:13:42 (+28:59)**

5:31 (20)	9:05 (18)	17:28 (18)	29:00 (18)	31:53 (18)	36:19 (18)	42:25 (17)	45:01 (17)	48:21 (17)	53:07 (16)
5:31/106	3:34/114	8:23/96	11:32/91	2:53/87	4:26/82	6:06/109	2:36/94	3:20/116	4:46/113
+4:31 (19)	+1:32 (13)	+5:22 (16)	+2:40 (14)	+1:22 (18)	+1:35 (12)	+2:44 (16)	+1:07 (16)	+1:13 (16)	+2:13 (15)
57:10 (16)	1:09:10 (18)	1:11:08 (18)	1:13:20 (18)	1:13:42 (18)					
4:03/93	12:00/117	1:58/112	2:12/249	0:22/39					
+1:45 (11)	+6:22 (18)	+0:17 (7)	+0:59 (19)	+0:09 (18)					

18 Erlend Kvisle **Asker** **(18,38min/km)** **1:15:22 (+30:39)**

(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
(1)	(1)	(1)	(1)	(1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

19 Dag Skogan **B&OI** **(18,82min/km)** **1:17:10 (+32:27)**

1:48 (17)	6:21 (16)	10:56 (12)	21:49 (13)	24:09 (13)	30:22 (14)	36:59 (15)	40:05 (16)	44:44 (16)	54:59 (18)
1:48/106	4:33/114	4:35/96	10:53/91	2:20/87	6:13/82	6:37/109	3:06/94	4:39/116	10:15/113
+0:48 (16)	+2:31 (16)	+1:34 (11)	+2:01 (11)	+0:49 (10)	+3:22 (19)	+3:15 (19)	+1:37 (18)	+2:32 (20)	+7:42 (20)
1:00:32 (18)	1:13:04 (19)	1:15:17 (19)	1:16:49 (19)	1:17:10 (19)					
5:33/93	12:32/117	2:13/112	1:32/249	0:21/39					
+3:15 (17)	+6:54 (19)	+0:32 (15)	+0:19 (6)	+0:08 (14)					

20 Ketil Jordbru **VIL** **(20,24min/km)** **1:23:00 (+38:17)**

1:40 (14)	10:33 (20)	30:36 (21)	44:30 (21)	47:00 (21)	51:24 (21)	56:44 (21)	1:00:06 (21)	1:03:31 (21)	1:08:08 (21)
1:40/106	8:53/114	20:03/96	13:54/91	2:30/87	4:24/82	5:20/109	3:22/94	3:25/116	4:37/113
+0:40 (13)	+6:51 (20)	+17:02 (20)	+5:02 (18)	+0:59 (13)	+1:33 (11)	+1:58 (15)	+1:53 (19)	+1:18 (18)	+2:04 (13)
1:11:32 (21)	1:18:23 (20)	1:20:31 (20)	1:22:37 (20)	1:23:00 (20)					
3:24/93	6:51/117	2:08/112	2:06/249	0:23/39					
+1:06 (6)	+1:13 (6)	+0:27 (12)	+0:53 (17)	+0:10 (20)					

21 Tor Erlend Sund **Ukjent** **(23,56min/km)** **1:36:35 (+51:52)**

10:31 (21)	16:28 (21)	20:40 (20)	40:25 (20)	42:57 (20)	47:34 (20)	51:51 (20)	53:33 (20)	56:07 (20)	1:00:40 (20)
10:31/106	5:57/114	4:12/96	19:45/91	2:32/87	4:37/82	4:17/109	1:42/94	2:34/116	4:33/113
+9:31 (20)	+3:55 (18)	+1:11 (6)	+10:53 (20)	+1:01 (14)	+1:46 (13)	+0:55 (5)	+0:13 (3)	+0:27 (7)	+2:00 (12)
1:09:47 (20)	1:32:52 (21)	1:34:38 (21)	1:36:15 (21)	1:36:35 (21)					
9:07/93	23:05/117	1:46/112	1:37/249	0:20/39					
+6:49 (20)	+17:27 (20)	+0:05 (2)	+0:24 (9)	+0:07 (11)					

Tore Tveraabak **B&OI** **(15,54min/km)** **Disk (+19:00)**

2:18 (20)	4:53 (13)	13:26 (17)	23:24 (16)	26:21 (15)	29:42 (14)	36:35 (15)	38:27 (15)	43:04 (16)	52:12 (16)
2:18/106	2:35/114	8:33/96	9:58/91	2:57/87	3:21/82	6:53/109	1:52/94	4:37/116	9:08/93
+1:18 (19)	+0:33 (10)	+5:32 (18)	+1:06 (7)	+1:26 (20)	+0:30 (3)	+3:31 (20)	+0:23 (10)	+2:30 (20)	+6:35 (20)
58:54 (17)	1:01:36 (15)	1:03:26 (15)	1:03:43 (15)	1:03:43 (15)					
6:42/117	2:42/112	1:50/249	0:17/39						
+4:24 (19)	+0:00 (1)	+0:09 (3)	+0:00 (1)	+0:00 (1)					

Aviaja Kleinst **B&OI** **(16,13min/km)** **Disk (+21:26)**

1:14 (3)	4:34 (12)	13:54 (17)	23:51 (16)	26:57 (16)	30:19 (14)	34:14 (14)	35:57 (14)	38:26 (14)	43:39 (14)
1:14/106	3:20/114	9:20/96	9:57/91	3:06/87	3:22/82	3:55/109	1:43/94	2:29/116	5:13/113
+0:14 (2)	+1:18 (12)	+6:19 (18)	+1:05 (7)	+1:35 (20)	+0:31 (3)	+0:33 (4)	+0:14 (4)	+0:22 (6)	+2:40 (17)
49:18 (15)	55:33 (14)	1:04:44 (15)	1:05:55 (15)	1:06:09 (15)					
5:39/93	6:15/116	9:11/112	1:11/249	0:14/39					
+3:21 (18)	+0:37 (3)	+7:30 (21)	+0:00 (1)	+0:01 (2)					

Jannike Person **B&OI** **(32,05min/km)** **Disk (+1:26:41)**

1:57 (18)	7:16 (17)	30:14 (21)	43:17 (21)	46:45 (21)	51:22 (21)	1:00:16 (22)	1:03:04 (22)	1:12:14 (22)	1:17:43 (22)
1:57/106	5:19/114	22:58/96	13:03/91	3:28/87	4:37/82	8:54/109	2:48/94	9:10/116	5:29/113
+0:57 (17)	+3:17 (17)	+19:57 (21)	+4:11 (18)	+1:57 (20)	+1:46 (13)	+5:32 (20)	+1:19 (17)	+7:03 (21)	+2:56 (18)
1:30:11 (22)	2:11:24 (22)	2:11:24 (22)	2:11:24 (22)	2:11:24 (22)					
12:28/93	41:13/39								

+10:10 (21) +35:35 (21) +0:00 (1) +0:00 (1) +0:00 (1)

Klasse 3km - 3,0 km

16 påmeldt, 16 startende

1	Ida Hegreberg		B&OI		(14,54min/km)		43:37			
	5:03 (3)	9:45 (1)	17:06 (1)	23:26 (1)	29:16 (1)	31:35 (1)	34:47 (1)	41:22 (1)	43:18 (1)	43:37 (1)
	5:03/114	4:42/96	7:21/113	6:20/82	5:50/109	2:19/94	3:12/116	6:35/112	1:56/249	0:19/39
	+0:42 (3)	+0:10 (2)	+2:51 (8)	+2:33 (7)	+0:57 (3)	+0:28 (7)	+0:32 (2)	+1:59 (8)	+0:45 (6)	+0:04 (6)
2	Jens Viggo Limstrand		B&OI		(15,31min/km)		45:56		(+2:19)	
	4:49 (2)	12:20 (5)	19:24 (6)	28:46 (7)	33:39 (4)	35:44 (3)	38:57 (2)	43:51 (2)	45:30 (2)	45:56 (2)
	4:49/114	7:31/96	7:04/113	9:22/82	4:53/109	2:05/94	3:13/116	4:54/112	1:39/249	0:26/39
	+0:28 (2)	+2:59 (9)	+2:34 (7)	+5:35 (12)	+0:00 (1)	+0:14 (4)	+0:33 (3)	+0:18 (2)	+0:28 (2)	+0:11 (8)
3	Fredrik Kristiansen		B&OI		(15,42min/km)		46:16		(+2:39)	
	4:21 (1)	18:06 (10)	24:55 (9)	28:42 (6)	34:22 (5)	36:14 (5)	40:14 (3)	44:50 (3)	46:01 (3)	46:16 (3)
	4:21/114	13:45/96	6:49/113	3:47/82	5:40/109	1:52/94	4:00/116	4:36/112	1:11/249	0:15/39
	+0:00 (1)	+9:13 (11)	+2:19 (6)	+0:00 (1)	+0:47 (2)	+0:01 (2)	+1:20 (5)	+0:00 (1)	+0:00 (1)	+0:00 (1)
4	Heidi Mørkved		Innstanda IL		(16,02min/km)		48:03		(+4:26)	
	6:28 (5)	19:49 (11)	24:19 (8)	28:59 (8)	36:03 (6)	37:54 (6)	40:34 (4)	45:49 (4)	47:48 (4)	48:03 (4)
	6:28/114	13:21/96	4:30/113	4:40/82	7:04/109	1:51/94	2:40/116	5:15/112	1:59/249	0:15/39
	+2:07 (5)	+8:49 (10)	+0:00 (1)	+0:53 (3)	+2:11 (5)	+0:00 (1)	+0:00 (1)	+0:39 (3)	+0:48 (7)	+0:00 (1)
5	Sissel Moen		Tverrlandet IL		(17,19min/km)		51:34		(+7:57)	
	6:44 (7)	12:12 (4)	18:10 (2)	24:18 (3)	32:20 (2)	34:54 (2)	43:25 (5)	49:22 (5)	51:04 (5)	51:34 (5)
	6:44/114	5:28/96	5:58/113	6:08/82	8:02/109	2:34/94	8:31/116	5:57/112	1:42/249	0:30/39
	+2:23 (7)	+0:56 (5)	+1:28 (3)	+2:21 (6)	+3:09 (7)	+0:43 (9)	+5:51 (12)	+1:21 (4)	+0:31 (3)	+0:15 (11)
6	Frode Ikdahl		B&OI		(17,47min/km)		52:24		(+8:47)	
	10:15 (10)	15:44 (7)	21:21 (7)	26:24 (4)	37:37 (8)	39:39 (8)	44:09 (6)	50:13 (6)	52:08 (6)	52:24 (6)
	10:15/114	5:29/96	5:37/113	5:03/82	11:13/109	2:02/94	4:30/116	6:04/112	1:55/249	0:16/39
	+5:54 (10)	+0:57 (6)	+1:07 (2)	+1:16 (4)	+6:20 (10)	+0:11 (3)	+1:50 (6)	+1:28 (5)	+0:44 (5)	+0:01 (3)
7	Christian Søvik		B&OI		(17,90min/km)		53:42		(+10:05)	
	7:32 (9)	12:41 (6)	19:03 (3)	29:22 (9)	37:07 (7)	39:21 (7)	44:43 (7)	50:49 (7)	53:24 (7)	53:42 (7)
	7:32/114	5:09/96	6:22/113	10:19/82	7:45/109	2:14/94	5:22/116	6:06/112	2:35/249	0:18/39
	+3:11 (9)	+0:37 (3)	+1:52 (4)	+6:32 (14)	+2:52 (6)	+0:23 (6)	+2:42 (10)	+1:30 (6)	+1:24 (13)	+0:03 (4)
8	Heidi Jensen		B&OI		(18,00min/km)		54:00		(+10:23)	
	5:46 (4)	11:01 (2)	19:11 (5)	27:31 (5)	40:10 (10)	42:31 (10)	45:47 (9)	51:53 (8)	53:41 (8)	54:00 (8)
	5:46/114	5:15/96	8:10/113	8:20/82	12:39/109	2:21/94	3:16/116	6:06/112	1:48/249	0:19/39
	+1:25 (4)	+0:43 (4)	+3:40 (10)	+4:33 (11)	+7:46 (12)	+0:30 (8)	+0:36 (4)	+1:30 (6)	+0:37 (4)	+0:04 (6)
9	Eimunn Hatlem		Forsvaret		(18,98min/km)		56:57		(+13:20)	
	10:56 (12)	17:47 (9)	26:00 (10)	31:29 (10)	38:32 (9)	41:30 (9)	46:22 (10)	54:17 (9)	56:31 (9)	56:57 (9)
	10:56/114	6:51/96	8:13/113	5:29/82	7:03/109	2:58/94	4:52/116	7:55/112	2:14/249	0:26/39
	+6:35 (12)	+2:19 (8)	+3:43 (11)	+1:42 (5)	+2:10 (4)	+1:07 (11)	+2:12 (9)	+3:19 (11)	+1:03 (10)	+0:11 (8)
10	Reidar Andersen		B&OI		(19,14min/km)		57:25		(+13:48)	
	6:40 (6)	11:12 (3)	19:08 (4)	23:31 (2)	32:27 (3)	36:08 (4)	45:03 (8)	54:39 (10)	56:52 (10)	57:25 (10)
	6:40/114	4:32/96	7:56/113	4:23/82	8:56/109	3:41/94	8:55/116	9:36/112	2:13/249	0:33/39
	+2:19 (6)	+0:00 (1)	+3:26 (9)	+0:36 (2)	+4:03 (9)	+1:50 (13)	+6:15 (13)	+5:00 (13)	+1:02 (9)	+0:18 (14)
11	Ingunn Jakola		B&OI		(22,45min/km)		1:07:21		(+23:44)	
	11:20 (13)	17:26 (8)	31:41 (11)	38:50 (11)	47:24 (11)	49:30 (11)	57:56 (11)	1:04:56 (11)	1:07:03 (11)	1:07:21 (11)
	11:20/114	6:06/96	14:15/113	7:09/82	8:34/109	2:06/94	8:26/116	7:00/112	2:07/249	0:18/39
	+6:59 (13)	+1:34 (7)	+9:45 (14)	+3:22 (8)	+3:41 (8)	+0:15 (5)	+5:46 (11)	+2:24 (9)	+0:56 (8)	+0:03 (4)
12	Carl A Boe		B&OI		(23,64min/km)		1:10:55		(+27:18)	
	6:47 (8)	23:04 (12)	32:15 (12)	39:44 (12)	53:17 (12)	56:09 (12)	1:00:46 (12)	1:08:00 (12)	1:10:23 (12)	1:10:55 (12)
	6:47/114	16:17/96	9:11/113	7:29/82	13:33/109	2:52/94	4:37/116	7:14/112	2:23/249	0:32/39
	+2:26 (8)	+11:45 (12)	+4:41 (12)	+3:42 (9)	+8:40 (14)	+1:01 (10)	+1:57 (7)	+2:38 (10)	+1:12 (11)	+0:17 (12)
13	Regula Høsli		B&OI		(24,60min/km)		1:13:48		(+30:11)	
	10:52 (11)	29:11 (13)	35:52 (13)	43:33 (13)	54:51 (13)	57:57 (13)	1:02:43 (13)	1:10:46 (13)	1:13:16 (13)	1:13:48 (13)
	10:52/114	18:19/96	6:41/113	7:41/82	11:18/109	3:06/94	4:46/116	8:03/112	2:30/249	0:32/39
	+6:31 (11)	+13:47 (13)	+2:11 (5)	+3:54 (10)	+6:25 (11)	+1:15 (12)	+2:06 (8)	+3:27 (12)	+1:19 (12)	+0:17 (12)
14	Arnold Danielsen		B&OI		(33,68min/km)		1:41:03		(+57:26)	
	12:06 (14)	35:12 (14)	48:31 (14)	58:07 (14)	1:10:56 (14)	1:15:31 (14)	1:25:10 (14)	1:37:37 (14)	1:40:36 (14)	1:41:03 (14)
	12:06/114	23:06/96	13:19/113	9:36/82	12:49/109	4:35/94	9:39/116	12:27/112	2:59/249	0:27/39

+7:45 (14)	+18:34 (14)	+8:49 (13)	+5:49 (13)	+7:56 (13)	+2:44 (14)	+6:59 (14)	+7:51 (14)	+1:48 (14)	+0:12 (10)
Steffen Beiermann			Tverrlandet IL			(6,53min/km)		Disk	
19:36 (15)	19:36 (11)	19:36 (7)	19:36 (1)	19:36 (1)	19:36 (1)	19:36 (1)	19:36 (1)	19:36 (1)	19:36 (1)
19:36/250									
+15:15 (15)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
Marit Elveos			Innstranda IL			(27,32min/km)		Disk (+38:20)	
18:33 (15)	27:46 (13)	34:29 (13)	44:59 (14)	51:56 (12)	53:38 (12)	56:57 (11)	1:21:57 (14)	1:21:57 (14)	1:21:57 (14)
18:33/114 9:13/96 6:43/113 10:30/82 6:57/109 1:42/94 3:19/116 25:00/39									
+14:12 (15)	+4:41 (10)	+2:13 (6)	+6:43 (15)	+2:04 (4)	+0:00 (1)	+0:39 (5)	+20:24 (15)	+0:00 (1)	+0:00 (1)

Klasse 2km - 2,0 km

5 påmeldt, 5 startende

1	Steffen Beiermann			B&OI			(12,53min/km)		25:04	
	3:13 (2)	7:14 (2)	12:31 (2)	15:59 (1)	18:34 (1)	19:46 (1)	21:52 (1)	24:46 (1)	25:04 (1)	
	3:13/111 4:01/63 5:17/97 3:28/62 2:35/94 1:12/119 2:06/131 2:54/249 0:18/39									
	+0:36 (2)	+0:20 (3)	+2:14 (3)	+0:00 (1)	+1:03 (3)	+0:17 (3)	+0:36 (4)	+0:02 (2)	+0:02 (2)	
2	Eduardo Cruz			Ukjent			(13,09min/km)		26:11 (+1:07)	
	3:53 (3)	8:04 (3)	11:07 (1)	17:56 (2)	20:21 (2)	21:23 (2)	22:56 (2)	25:48 (2)	26:11 (2)	
	3:53/111 4:11/63 3:03/97 6:49/62 2:25/94 1:02/119 1:33/131 2:52/249 0:23/39									
	+1:16 (3)	+0:30 (4)	+0:00 (1)	+3:21 (4)	+0:53 (2)	+0:07 (2)	+0:03 (2)	+0:00 (1)	+0:07 (4)	
3	Ask K Godal			B&OI			(14,03min/km)		28:04 (+3:00)	
	2:37 (1)	6:22 (1)	15:10 (3)	19:51 (3)	21:23 (3)	22:18 (3)	23:55 (3)	27:46 (3)	28:04 (3)	
	2:37/111 3:45/63 8:48/97 4:41/62 1:32/94 0:55/119 1:37/131 3:51/249 0:18/39									
	+0:00 (1)	+0:04 (2)	+5:45 (4)	+1:13 (2)	+0:00 (1)	+0:00 (1)	+0:07 (3)	+0:59 (4)	+0:02 (2)	
4	Marconei Dionaldo			Ukjent			(17,97min/km)		35:56 (+10:52)	
	5:44 (4)	12:17 (4)	17:14 (4)	24:12 (4)	26:53 (4)	29:24 (4)	31:36 (4)	35:28 (4)	35:56 (4)	
	5:44/111 6:33/63 4:57/97 6:58/62 2:41/94 2:31/119 2:12/131 3:52/249 0:28/39									
	+3:07 (4)	+2:52 (5)	+1:54 (2)	+3:30 (5)	+1:09 (4)	+1:36 (5)	+0:42 (5)	+1:00 (5)	+0:12 (5)	
5	Jørgen Jakola			B&OI			(20,01min/km)		40:01 (+14:57)	
	12:03 (5)	15:44 (5)	25:11 (5)	30:53 (5)	33:55 (5)	35:21 (5)	36:51 (5)	39:45 (5)	40:01 (5)	
	12:03/111 3:41/63 9:27/97 5:42/62 3:02/94 1:26/119 1:30/131 2:54/249 0:16/39									
	+9:26 (5)	+0:00 (1)	+6:24 (5)	+2:14 (3)	+1:30 (5)	+0:31 (4)	+0:00 (1)	+0:02 (2)	+0:00 (1)	

Klasse Nybegynner - 2,0 km

11 påmeldt, 11 startende

	Lovise Andreassen			B&OI			(13,03min/km)		26:03	
	2:32 (9)	4:29 (6)	6:45 (6)	10:12 (5)	13:46 (5)	17:29 (5)	20:05 (5)	22:12 (5)	25:42 (5)	26:03 (5)
	2:32/115 1:57/111 2:16/137 3:27/63 3:34/64 3:43/62 2:36/119 2:07/131 3:30/249 0:21/39									
	+1:07 (9)	+0:45 (5)	+0:32 (6)	+1:44 (7)	+0:44 (6)	+1:37 (8)	+0:31 (4)	+0:48 (7)	+1:05 (8)	+0:01 (3)
	Erlend Elveos			B&OI			(8,98min/km)		17:58	
	1:25 (1)	2:37 (1)	4:21 (1)	6:05 (1)	8:56 (1)	11:02 (1)	13:54 (1)	15:13 (1)	17:38 (1)	17:58 (1)
	1:25/115 1:12/111 1:44/137 1:44/63 2:51/64 2:06/62 2:52/119 1:19/131 2:25/249 0:20/39									
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:01 (2)	+0:01 (2)	+0:00 (1)	+0:47 (6)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	Oda Furuholmen			B&OI			(14,93min/km)		29:51	
	2:18 (8)	6:06 (8)	11:46 (8)	14:26 (6)	18:07 (6)	21:11 (6)	24:49 (7)	26:27 (7)	29:30 (7)	29:51 (7)
	2:18/115 3:48/111 5:40/137 2:40/63 3:41/64 3:04/62 3:38/119 1:38/131 3:03/249 0:21/39									
	+0:53 (8)	+2:36 (8)	+3:56 (8)	+0:57 (5)	+0:51 (8)	+0:58 (6)	+1:33 (9)	+0:19 (3)	+0:38 (5)	+0:01 (3)
	Lene Ikdahl			B&OI			(26,78min/km)		53:34	
	4:50 (10)	8:43 (10)	15:05 (10)	22:37 (10)	31:12 (10)	36:01 (10)	41:35 (10)	45:57 (10)	52:28 (10)	53:34 (10)
	4:50/115 3:53/111 6:22/137 7:32/63 8:35/64 4:49/62 5:34/119 4:22/131 6:31/249 1:06/39									
	+3:25 (10)	+2:41 (9)	+4:38 (10)	+5:49 (8)	+5:45 (10)	+2:43 (10)	+3:29 (10)	+3:03 (10)	+4:06 (10)	+0:46 (10)
	Sjur Kvisle			Asker			(9,72min/km)		19:26	
	1:44 (3)	3:02 (2)	4:56 (2)	6:39 (2)	9:29 (2)	12:00 (2)	14:15 (2)	16:15 (2)	19:02 (2)	19:26 (2)
	1:44/115 1:18/111 1:54/137 1:43/63 2:50/64 2:31/62 2:15/119 2:00/131 2:47/249 0:24/39									
	+0:19 (3)	+0:06 (2)	+0:10 (2)	+0:00 (1)	+0:00 (1)	+0:25 (2)	+0:10 (3)	+0:41 (5)	+0:22 (2)	+0:04 (7)
	Andreas Moen			Tverrlandet IL			(9,02min/km)		Disk	
	1:16 (1)	2:26 (1)	4:00 (1)	5:58 (1)	8:33 (1)	10:33 (1)	12:23 (1)	14:18 (1)	18:03 (2)	18:03 (2)
	1:16/115 1:10/111 1:34/137 1:58/63 2:35/64 2:00/62 1:50/119 1:55/131 3:45/39									

+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:15 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:36 (5)	+1:20 (10)	+0:00 (1)
Lisa Nesheim			B&OI			(19,55min/km)		39:06	
1:56 (5)	4:05 (5)	6:29 (5)	20:02 (9)	24:20 (9)	27:43 (9)	31:04 (9)	34:58 (9)	38:41 (9)	39:06 (9)
1:56/115	2:09/111	2:24/137	13:33/63	4:18/64	3:23/62	3:21/119	3:54/131	3:43/249	0:25/39
+0:31 (5)	+0:57 (6)	+0:40 (7)	+11:50 (10)	+1:28 (9)	+1:17 (7)	+1:16 (7)	+2:35 (9)	+1:18 (9)	+0:05 (9)
Nancy Nesheim			Ukjent			(11,40min/km)		22:48	
1:38 (2)	3:12 (4)	5:11 (4)	7:48 (4)	10:59 (4)	15:02 (4)	17:07 (4)	19:00 (4)	22:24 (4)	22:48 (4)
1:38/115	1:34/111	1:59/137	2:37/63	3:11/64	4:03/62	2:05/119	1:53/131	3:24/249	0:24/39
+0:13 (2)	+0:22 (4)	+0:15 (4)	+0:54 (4)	+0:21 (5)	+1:57 (9)	+0:00 (1)	+0:34 (4)	+0:59 (6)	+0:04 (7)
Anna Storvik Nilsen			B&OI			(14,88min/km)		29:46	
2:15 (7)	6:11 (9)	11:54 (9)	14:41 (7)	18:19 (7)	21:15 (7)	24:45 (6)	26:22 (6)	29:24 (6)	29:46 (6)
2:15/115	3:56/111	5:43/137	2:47/63	3:38/64	2:56/62	3:30/119	1:37/131	3:02/249	0:22/39
+0:50 (7)	+2:44 (10)	+3:59 (9)	+1:04 (6)	+0:48 (7)	+0:50 (4)	+1:25 (8)	+0:18 (2)	+0:37 (4)	+0:02 (6)
Lotte Reitan			B&OI			(17,24min/km)		34:29	
2:05 (6)	5:14 (7)	7:20 (7)	19:33 (8)	22:42 (8)	25:44 (8)	28:29 (8)	30:43 (8)	34:09 (8)	34:29 (8)
2:05/115	3:09/111	2:06/137	12:13/63	3:09/64	3:02/62	2:45/119	2:14/131	3:26/249	0:20/39
+0:40 (6)	+1:57 (7)	+0:22 (5)	+10:30 (9)	+0:19 (4)	+0:56 (5)	+0:40 (5)	+0:55 (8)	+1:01 (7)	+0:00 (1)
Espen Skiri			B&OI			(9,86min/km)		19:43	
1:50 (4)	3:09 (3)	5:03 (3)	6:50 (3)	9:47 (3)	12:20 (3)	14:27 (3)	16:32 (3)	19:22 (3)	19:43 (3)
1:50/115	1:19/111	1:54/137	1:47/63	2:57/64	2:33/62	2:07/119	2:05/131	2:50/249	0:21/39
+0:25 (4)	+0:07 (3)	+0:10 (2)	+0:04 (3)	+0:07 (3)	+0:27 (3)	+0:02 (2)	+0:46 (6)	+0:25 (3)	+0:01 (3)