

Resultater fra Saltenkarusell1-Mørkvedbukta 19.04.2008

Det var totalt 94 deltagere.

Klasse Nybegynner

12 påmeldt, 12 startende

Elise Bergli Alexandersen			B&OI			(15,37min/km)			Disk
3:23 (12)	7:30 (12)	12:10 (12)	15:55 (12)	20:08 (12)	26:08 (12)	26:08 (12)	26:08 (7)	26:08 (7)	
3:23/31	4:07/33	4:40/34	3:45/35	4:13/36	6:00/249				
+2:24 (12)	+2:42 (12)	+3:18 (12)	+2:41 (12)	+2:38 (12)	+4:56 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
Erlend Elveos			Ukjent			(11,99min/km)			20:23
0:59 (1)	2:39 (3)	6:43 (9)	7:50 (6)	9:45 (5)	11:51 (5)	14:06 (5)	19:02 (3)	20:23 (3)	
0:59/31	1:40/33	4:04/34	1:07/35	1:55/36	2:06/37	2:15/38	4:56/39	1:21/249	
+0:00 (1)	+0:15 (6)	+2:42 (11)	+0:03 (2)	+0:20 (4)	+1:02 (7)	+0:18 (4)	+0:00 (1)	+0:00 (1)	
Amund Kleist Godal			B&OI			(16,49min/km)			28:02
1:15 (8)	2:49 (5)	4:31 (4)	5:43 (4)	9:24 (4)	10:45 (4)	13:15 (4)	26:20 (7)	28:02 (7)	
1:15/31	1:34/33	1:42/34	1:12/35	3:41/36	1:21/37	2:30/38	13:05/39	1:42/249	
+0:16 (8)	+0:09 (4)	+0:20 (4)	+0:08 (4)	+2:06 (11)	+0:17 (4)	+0:33 (5)	+8:09 (9)	+0:21 (4)	
Nora Irgens			B&OI			(13,16min/km)			22:22
1:06 (3)	2:31 (2)	4:02 (2)	5:13 (2)	7:00 (3)	8:04 (2)	10:01 (2)	20:28 (4)	22:22 (4)	
1:06/31	1:25/33	1:31/34	1:11/35	1:47/36	1:04/37	1:57/38	10:27/39	1:54/249	
+0:07 (3)	+0:00 (1)	+0:09 (2)	+0:07 (3)	+0:12 (3)	+0:00 (1)	+0:00 (1)	+5:31 (7)	+0:33 (6)	
Lisa Nesheim			B&OI			(14,72min/km)			25:01
1:14 (6)	3:41 (9)	5:46 (7)	7:51 (7)	9:50 (6)	11:52 (6)	14:58 (6)	22:30 (5)	25:01 (6)	
1:14/31	2:27/33	2:05/34	2:05/35	1:59/36	2:02/37	3:06/38	7:32/39	2:31/249	
+0:15 (6)	+1:02 (9)	+0:43 (5)	+1:01 (7)	+0:24 (5)	+0:58 (6)	+1:09 (6)	+2:36 (5)	+1:10 (9)	
Ingrid Næss			Ukjent			(23,71min/km)			40:18
2:29 (11)	6:03 (11)	9:39 (11)	12:51 (10)	16:29 (11)	18:56 (11)	24:19 (11)	37:48 (11)	40:18 (11)	
2:29/31	3:34/33	3:36/34	3:12/35	3:38/36	2:27/37	5:23/38	13:29/39	2:30/249	
+1:30 (11)	+2:09 (10)	+2:14 (9)	+2:08 (8)	+2:03 (10)	+1:23 (10)	+3:26 (11)	+8:33 (10)	+1:09 (8)	
Hanne Paulsen			Ukjent			(23,69min/km)			40:16
2:10 (10)	5:53 (10)	9:29 (10)	12:54 (11)	16:23 (10)	18:53 (10)	24:02 (10)	37:41 (10)	40:16 (10)	
2:10/31	3:43/33	3:36/34	3:25/35	3:29/36	2:30/37	5:09/38	13:39/39	2:35/249	
+1:11 (10)	+2:18 (11)	+2:14 (9)	+2:21 (10)	+1:54 (9)	+1:26 (11)	+3:12 (10)	+8:43 (11)	+1:14 (10)	
Lotte Reitan			B&OI			(10,22min/km)			17:22
1:11 (5)	2:39 (3)	4:01 (1)	5:05 (1)	6:40 (1)	7:46 (1)	9:45 (1)	15:20 (1)	17:22 (2)	
1:11/31	1:28/33	1:22/34	1:04/35	1:35/36	1:06/37	1:59/38	5:35/39	2:02/249	
+0:12 (5)	+0:03 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:02 (2)	+0:39 (3)	+0:41 (7)	
Espen Skiri			B&OI			(10,03min/km)			17:03
1:03 (2)	2:29 (1)	4:03 (3)	5:15 (3)	6:50 (2)	8:07 (3)	10:09 (3)	15:26 (2)	17:03 (1)	
1:03/31	1:26/33	1:34/34	1:12/35	1:35/36	1:17/37	2:02/38	5:17/39	1:37/249	
+0:04 (2)	+0:01 (2)	+0:12 (3)	+0:08 (4)	+0:00 (1)	+0:13 (3)	+0:05 (3)	+0:21 (2)	+0:16 (3)	
Kaja Skiri			B&OI			(14,13min/km)			24:01
1:14 (6)	2:56 (6)	5:10 (5)	8:22 (8)	10:58 (7)	12:38 (7)	15:44 (7)	22:32 (6)	24:01 (5)	
1:14/31	1:42/33	2:14/34	3:12/35	2:36/36	1:40/37	3:06/38	6:48/39	1:29/249	
+0:15 (6)	+0:17 (7)	+0:52 (6)	+2:08 (8)	+1:01 (6)	+0:36 (5)	+1:09 (6)	+1:52 (4)	+0:08 (2)	
Tore Wingan Wold			B&OI			(16,92min/km)			28:46
1:30 (9)	3:09 (7)	5:57 (8)	7:42 (5)	11:01 (8)	13:13 (8)	17:43 (8)	27:01 (8)	28:46 (8)	
1:30/31	1:39/33	2:48/34	1:45/35	3:19/36	2:12/37	4:30/38	9:18/39	1:45/249	
+0:31 (9)	+0:14 (5)	+1:26 (8)	+0:41 (6)	+1:44 (8)	+1:08 (8)	+2:33 (9)	+4:22 (6)	+0:24 (5)	
Sana Zulquarain			B&OI			(19,20min/km)			32:38
1:07 (4)	3:10 (8)	5:25 (6)	8:51 (9)	11:46 (9)	14:03 (9)	18:32 (9)	29:18 (9)	32:38 (9)	
1:07/31	2:03/33	2:15/34	3:26/35	2:55/36	2:17/37	4:29/38	10:46/39	3:20/249	
+0:08 (4)	+0:38 (8)	+0:53 (7)	+2:22 (11)	+1:20 (7)	+1:13 (9)	+2:32 (8)	+5:50 (8)	+1:59 (11)	

Klasse 2km

10 påmeldt, 10 startende

1	Markus Holm		Innstranda IL		(9,28min/km)		20:25		
0:47 (1)	3:34 (1)	5:08 (2)	6:05 (1)	7:16 (1)	8:01 (1)	9:39 (1)	13:03 (1)	14:14 (2)	15:42 (1)
0:47/31	2:47/44	1:34/34	0:57/35	1:11/36	0:45/37	1:38/38	3:24/51	1:11/57	1:28/54
+0:00 (1)	+0:01 (2)	+0:07 (3)	+0:00 (1)	+0:11 (2)	+0:01 (2)	+0:02 (3)	+1:44 (7)	+0:27 (9)	+0:00 (1)
17:16 (1)	19:15 (1)	20:25 (1)							
1:34/45	1:59/39	1:10/249							
+0:07 (2)	+0:07 (2)	+0:08 (2)							
2	Sander Bremnes		Ukjent		(9,33min/km)		20:31	(+0:06)	
0:47 (1)	3:34 (1)	5:01 (1)	6:18 (3)	7:18 (2)	8:02 (2)	9:39 (1)	13:12 (2)	14:19 (3)	15:50 (3)
0:47/31	2:47/44	1:27/34	1:17/35	1:00/36	0:44/37	1:37/38	3:33/51	1:07/57	1:31/54
+0:00 (1)	+0:01 (2)	+0:00 (1)	+0:20 (8)	+0:00 (1)	+0:00 (1)	+0:01 (2)	+1:53 (8)	+0:23 (7)	+0:03 (2)
17:27 (3)	19:19 (2)	20:31 (2)							
1:37/45	1:52/39	1:12/249							
+0:10 (3)	+0:00 (1)	+0:10 (3)							
3	Anders Stensland		B&OI		(9,56min/km)		21:02	(+0:37)	
0:50 (3)	3:36 (3)	5:09 (3)	6:07 (2)	7:18 (2)	8:06 (3)	9:42 (3)	13:16 (3)	14:09 (1)	15:43 (2)
0:50/31	2:46/44	1:33/34	0:58/35	1:11/36	0:48/37	1:36/38	3:34/51	0:53/57	1:34/54
+0:03 (3)	+0:00 (1)	+0:06 (2)	+0:01 (2)	+0:11 (2)	+0:04 (3)	+0:00 (1)	+1:54 (9)	+0:09 (3)	+0:06 (3)
17:21 (2)	20:00 (3)	21:02 (3)							
1:38/45	2:39/39	1:02/249							
+0:11 (4)	+0:47 (4)	+0:00 (1)							
4	Ask K Godal		B&OI		(12,25min/km)		26:57	(+6:32)	
0:55 (4)	5:09 (9)	9:23 (9)	10:23 (8)	11:43 (4)	15:43 (9)	17:23 (9)	19:03 (8)	19:47 (8)	22:02 (8)
0:55/31	4:14/44	4:14/34	1:00/35	1:20/36	4:00/37	1:40/38	1:40/51	0:44/57	2:15/54
+0:08 (4)	+1:28 (9)	+2:47 (10)	+0:03 (3)	+0:20 (4)	+3:16 (10)	+0:04 (4)	+0:00 (1)	+0:00 (1)	+0:47 (5)
23:29 (4)	25:36 (4)	26:57 (4)							
1:27/45	2:07/39	1:21/249							
+0:00 (1)	+0:15 (3)	+0:19 (4)							
5	Regine Grimstad		Innstranda IL		(13,39min/km)		29:28	(+9:03)	
1:09 (7)	4:28 (5)	6:47 (7)	8:00 (4)	11:44 (5)	12:48 (4)	14:55 (4)	17:37 (4)	18:45 (4)	21:58 (4)
1:09/31	3:19/44	2:19/34	1:13/35	3:44/36	1:04/37	2:07/38	2:42/51	1:08/57	3:13/54
+0:22 (7)	+0:33 (6)	+0:52 (6)	+0:16 (4)	+2:44 (8)	+0:20 (4)	+0:31 (7)	+1:02 (2)	+0:24 (8)	+1:45 (6)
24:41 (5)	27:48 (5)	29:28 (5)							
2:43/45	3:07/39	1:40/249							
+1:16 (7)	+1:15 (5)	+0:38 (8)							
5	Marte Pedersen		Tverrlandet IL		(13,39min/km)		29:28	(+9:03)	
1:09 (7)	4:27 (4)	6:46 (5)	8:00 (5)	11:44 (5)	12:48 (4)	14:56 (5)	17:44 (5)	18:45 (4)	21:58 (4)
1:09/31	3:18/44	2:19/34	1:14/35	3:44/36	1:04/37	2:08/38	2:48/51	1:01/57	3:13/54
+0:22 (7)	+0:32 (4)	+0:52 (6)	+0:17 (5)	+2:44 (8)	+0:20 (4)	+0:32 (8)	+1:08 (3)	+0:17 (4)	+1:45 (6)
24:41 (5)	27:49 (6)	29:28 (5)							
2:43/45	3:08/39	1:39/249							
+1:16 (7)	+1:16 (6)	+0:37 (7)							
7	Anja Meisler		Innstranda IL		(13,40min/km)		29:29	(+9:04)	
1:08 (6)	4:28 (5)	6:46 (5)	8:02 (7)	11:44 (5)	12:51 (6)	14:57 (6)	17:45 (6)	18:46 (6)	21:59 (6)
1:08/31	3:20/44	2:18/34	1:16/35	3:42/36	1:07/37	2:06/38	2:48/51	1:01/57	3:13/54
+0:21 (6)	+0:34 (7)	+0:51 (5)	+0:19 (7)	+2:42 (6)	+0:23 (6)	+0:30 (5)	+1:08 (3)	+0:17 (4)	+1:45 (6)
24:42 (7)	27:56 (7)	29:29 (7)							
2:43/45	3:14/39	1:33/249							
+1:16 (7)	+1:22 (7)	+0:31 (5)							
8	Jeanette Støvset		Skjerstad IL		(13,41min/km)		29:30	(+9:05)	
1:10 (9)	4:28 (5)	6:47 (7)	8:01 (6)	11:44 (5)	12:51 (6)	14:57 (6)	17:46 (7)	18:47 (7)	22:00 (7)
1:10/31	3:18/44	2:19/34	1:14/35	3:43/36	1:07/37	2:06/38	2:49/51	1:01/57	3:13/54
+0:23 (9)	+0:32 (4)	+0:52 (6)	+0:17 (5)	+2:43 (7)	+0:23 (6)	+0:30 (5)	+1:09 (5)	+0:17 (4)	+1:45 (6)
24:42 (7)	27:56 (7)	29:30 (8)							
2:42/45	3:14/39	1:34/249							
+1:15 (6)	+1:22 (7)	+0:32 (6)							

9	Jørgen Jakola		B&OI				(14,42min/km)		31:43 (+11:18)	
	0:58 (5)	4:29 (8)	6:17 (4)	10:41 (9)	12:02 (9)	13:14 (8)	15:28 (8)	21:10 (9)	22:02 (9)	23:41 (9)
	0:58/31	3:31/44	1:48/34	4:24/35	1:21/36	1:12/37	2:14/38	5:42/51	0:52/57	1:39/54
	+0:11 (5)	+0:45 (8)	+0:21 (4)	+3:27 (10)	+0:21 (5)	+0:28 (8)	+0:38 (9)	+4:02 (10)	+0:08 (2)	+0:11 (4)
	25:59 (9)	29:53 (9)	31:43 (9)							
	2:18/45	3:54/39	1:50/249							
	+0:51 (5)	+2:02 (9)	+0:48 (9)							

10	Eva Pedersen		SISO				(29,05min/km)		1:03:54 (+43:29)	
	1:31 (10)	8:38 (10)	11:47 (10)	13:33 (10)	26:22 (10)	27:46 (10)	31:48 (10)	34:47 (10)	36:33 (10)	42:39 (10)
	1:31/31	7:07/44	3:09/34	1:46/35	12:49/36	1:24/37	4:02/38	2:59/51	1:46/57	6:06/54
	+0:44 (10)	+4:21 (10)	+1:42 (9)	+0:49 (9)	+11:49 (10)	+0:40 (9)	+2:26 (10)	+1:19 (6)	+1:02 (10)	+4:38 (10)
	56:02 (10)	1:01:56 (10)	1:03:54 (10)							
	13:23/45	5:54/39	1:58/249							
	+11:56 (10)	+4:02 (10)	+0:56 (10)							

Klasse 3km

22 påmeldt, 22 startende

1	Carl B Bjørseth		B&OI				(9,61min/km)		28:49	
	3:03 (7)	5:03 (5)	6:36 (3)	8:44 (4)	12:05 (3)	15:04 (3)	16:31 (3)	18:20 (3)	19:11 (3)	20:36 (3)
	3:03/34	2:00/44	1:33/43	2:08/35	3:21/55	2:59/41	1:27/45	1:49/52	0:51/50	1:25/56
	+0:45 (6)	+1:00 (4)	+0:40 (2)	+0:30 (6)	+1:34 (3)	+1:10 (2)	+0:20 (2)	+0:08 (3)	+0:00 (1)	+0:24 (2)
	22:27 (3)	24:56 (3)	27:07 (3)	28:49 (3)	28:49 (3)	28:49 (2)	28:49 (2)			
	1:51/57	2:29/62	2:11/40	1:42/249						
	+1:02 (4)	+1:21 (9)	+0:31 (3)	+0:29 (8)	+0:00 (1)	+0:00 (1)	+0:00 (1)			

2	Sander Pettersen		B&OI				(10,42min/km)		31:16 (+2:27)	
	2:31 (3)	4:46 (3)	6:55 (4)	8:38 (3)	13:34 (6)	16:44 (4)	18:49 (6)	20:42 (6)	21:44 (5)	23:12 (4)
	2:31/34	2:15/44	2:09/43	1:43/35	4:56/55	3:10/41	2:05/45	1:53/52	1:02/50	1:28/56
	+0:13 (2)	+1:15 (8)	+1:16 (16)	+0:05 (2)	+3:09 (16)	+1:21 (6)	+0:58 (14)	+0:12 (5)	+0:11 (3)	+0:27 (3)
	24:52 (4)	27:50 (4)	29:56 (4)	31:16 (4)	31:16 (4)	31:16 (4)	31:16 (3)			
	1:40/57	2:58/62	2:06/40	1:20/249						
	+0:51 (3)	+1:50 (16)	+0:26 (2)	+0:07 (5)	+0:00 (1)	+0:00 (1)	+0:00 (1)			

3	Per Dalhaug		B&OI				(10,62min/km)		31:52 (+3:03)	
	3:49 (15)	6:14 (13)	8:07 (14)	10:22 (11)	13:55 (8)	16:55 (6)	18:37 (5)	20:26 (5)	22:10 (6)	23:45 (5)
	3:49/34	2:25/44	1:53/43	2:15/35	3:33/55	3:00/41	1:42/45	1:49/52	1:44/50	1:35/56
	+1:31 (14)	+1:25 (13)	+1:00 (9)	+0:37 (8)	+1:46 (6)	+1:11 (3)	+0:35 (7)	+0:08 (3)	+0:53 (17)	+0:34 (7)
	25:46 (5)	28:03 (5)	30:25 (5)	31:52 (5)	31:52 (5)	31:52 (5)	31:52 (4)			
	2:01/57	2:17/62	2:22/40	1:27/249						
	+1:12 (8)	+1:09 (4)	+0:42 (6)	+0:14 (6)	+0:00 (1)	+0:00 (1)	+0:00 (1)			

4	Fredrik Kristiansen		B&OI				(10,69min/km)		32:05 (+3:16)	
	2:18 (2)	3:18 (2)	4:11 (2)	5:56 (2)	7:43 (2)	9:32 (2)	12:38 (2)	16:22 (2)	18:41 (2)	19:42 (2)
	2:18/35	1:00/34	0:53/63	1:45/44	1:47/43	1:49/35	3:06/55	3:44/41	2:19/45	1:01/46
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:07 (3)	+0:00 (1)	+0:00 (1)	+1:59 (21)	+2:03 (21)	+1:28 (21)	+0:00 (1)
	20:31 (2)	21:39 (2)	23:19 (2)	25:47 (2)	27:45 (2)	31:04 (3)	32:05 (5)			
	0:49/52	1:08/50	1:40/56	2:28/57	1:58/62	3:19/40	1:01/249			
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+1:15 (21)	+0:00 (1)	+0:00 (1)	+0:00 (1)			

5	Håvard Irgens		B&OI				(10,84min/km)		32:31 (+3:42)	
	4:13 (20)	6:01 (12)	7:55 (11)	9:33 (7)	14:15 (9)	19:32 (12)	20:39 (10)	22:20 (10)	23:13 (8)	25:18 (9)
	4:13/34	1:48/44	1:54/43	1:38/35	4:42/55	5:17/41	1:07/45	1:41/52	0:53/50	2:05/56
	+1:55 (19)	+0:48 (2)	+1:01 (11)	+0:00 (1)	+2:55 (15)	+3:28 (16)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+1:04 (13)
	26:52 (7)	28:45 (6)	31:15 (6)	32:31 (6)	32:31 (6)	32:31 (6)	32:31 (6)			
	1:34/57	1:53/62	2:30/40	1:16/249						
	+0:45 (2)	+0:45 (2)	+0:50 (8)	+0:03 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)			

6	Heidi Jensen		B&OI				(10,86min/km)		32:34 (+3:45)	
	2:47 (4)	4:55 (4)	6:55 (4)	9:40 (8)	13:04 (4)	17:34 (7)	19:10 (7)	21:11 (7)	22:38 (7)	24:10 (6)
	2:47/34	2:08/44	2:00/43	2:45/35	3:24/55	4:30/41	1:36/45	2:01/52	1:27/50	1:32/56
	+0:29 (3)	+1:08 (5)	+1:07 (14)	+1:07 (13)	+1:37 (4)	+2:41 (12)	+0:29 (4)	+0:20 (9)	+0:36 (13)	+0:31 (5)
	26:03 (6)	28:46 (7)	31:17 (7)	32:34 (7)	32:34 (7)	32:34 (7)	32:34 (7)			
	1:53/57	2:43/62	2:31/40	1:17/249						
	+1:04 (5)	+1:35 (15)	+0:51 (9)	+0:04 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)			

7	Mari Reitan		B&OI				(11,15min/km)		33:27	(+4:38)
	3:06 (9)	5:19 (6)	7:24 (7)	9:32 (6)	13:11 (5)	18:19 (9)	19:47 (9)	22:04 (9)	23:15 (9)	24:47 (7)
	3:06/34	2:13/44	2:05/43	2:08/35	3:39/55	5:08/41	1:28/45	2:17/52	1:11/50	1:32/56
	+0:48 (8)	+1:13 (7)	+1:12 (15)	+0:30 (6)	+1:52 (7)	+3:19 (15)	+0:21 (3)	+0:36 (13)	+0:20 (4)	+0:31 (5)
	26:59 (8)	29:26 (8)	32:10 (9)	33:27 (8)	33:27 (8)	33:27 (8)	33:27 (8)			
	2:12/57	2:27/62	2:44/40	1:17/249						
	+1:23 (14)	+1:19 (7)	+1:04 (13)	+0:04 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)			
8	Mariell Eide		SISO				(11,18min/km)		33:32	(+4:43)
	3:39 (11)	5:49 (11)	7:29 (8)	10:04 (10)	13:48 (7)	16:50 (5)	18:27 (4)	20:14 (4)	21:28 (4)	25:06 (8)
	3:39/34	2:10/44	1:40/43	2:35/35	3:44/55	3:02/41	1:37/45	1:47/52	1:14/50	3:38/56
	+1:21 (10)	+1:10 (6)	+0:47 (3)	+0:57 (10)	+1:57 (10)	+1:13 (5)	+0:30 (5)	+0:06 (2)	+0:23 (5)	+2:37 (21)
	27:03 (9)	29:28 (9)	31:53 (8)	33:32 (9)	33:32 (9)	33:32 (9)	33:32 (9)			
	1:57/57	2:25/62	2:25/40	1:39/249						
	+1:08 (6)	+1:17 (6)	+0:45 (7)	+0:26 (7)	+0:00 (1)	+0:00 (1)	+0:00 (1)			
9	Elin Irgens		B&OI				(11,74min/km)		35:13	(+6:24)
	3:47 (13)	6:21 (17)	8:05 (13)	10:52 (12)	14:35 (11)	17:36 (8)	19:27 (8)	21:44 (8)	23:28 (10)	25:39 (10)
	3:47/34	2:34/44	1:44/43	2:47/35	3:43/55	3:01/41	1:51/45	2:17/52	1:44/50	2:11/56
	+1:29 (12)	+1:34 (16)	+0:51 (4)	+1:09 (14)	+1:56 (9)	+1:12 (4)	+0:44 (8)	+0:36 (13)	+0:53 (17)	+1:10 (15)
	27:49 (11)	30:25 (10)	33:07 (10)	35:13 (10)	35:13 (10)	35:13 (10)	35:13 (10)			
	2:10/57	2:36/62	2:42/40	2:06/249						
	+1:21 (12)	+1:28 (10)	+1:02 (11)	+0:53 (18)	+0:00 (1)	+0:00 (1)	+0:00 (1)			
10	Jannike Person		B&OI				(12,02min/km)		36:04	(+7:15)
	3:26 (10)	5:47 (10)	7:36 (10)	11:05 (13)	14:32 (10)	18:51 (11)	20:52 (11)	22:48 (11)	24:05 (11)	25:40 (11)
	3:26/34	2:21/44	1:49/43	3:29/35	3:27/55	4:19/41	2:01/45	1:56/52	1:17/50	1:35/56
	+1:08 (9)	+1:21 (11)	+0:56 (6)	+1:51 (18)	+1:40 (5)	+2:30 (11)	+0:54 (10)	+0:15 (6)	+0:26 (7)	+0:34 (7)
	27:44 (10)	31:25 (11)	34:06 (11)	36:04 (11)	36:04 (11)	36:04 (11)	36:04 (11)			
	2:04/57	3:41/62	2:41/40	1:58/249						
	+1:15 (10)	+2:33 (20)	+1:01 (10)	+0:45 (15)	+0:00 (1)	+0:00 (1)	+0:00 (1)			
11	Wenche Rekkedal		B&OI				(12,18min/km)		36:33	(+7:44)
	3:47 (13)	5:43 (8)	7:35 (9)	11:31 (15)	15:28 (13)	18:49 (10)	21:12 (12)	23:08 (12)	24:32 (12)	26:39 (12)
	3:47/34	1:56/44	1:52/43	3:56/35	3:57/55	3:21/41	2:23/45	1:56/52	1:24/50	2:07/56
	+1:29 (12)	+0:56 (3)	+0:59 (8)	+2:18 (20)	+2:10 (11)	+1:32 (7)	+1:16 (16)	+0:15 (6)	+0:33 (11)	+1:06 (14)
	29:46 (12)	32:28 (12)	34:49 (12)	36:33 (12)	36:33 (12)	36:33 (12)	36:33 (12)			
	3:07/57	2:42/62	2:21/40	1:44/249						
	+2:18 (20)	+1:34 (13)	+0:41 (5)	+0:31 (11)	+0:00 (1)	+0:00 (1)	+0:00 (1)			
12	Katrine Kalvig		B&OI				(12,39min/km)		37:10	(+8:21)
	3:42 (12)	6:18 (15)	8:27 (17)	11:47 (17)	16:03 (16)	19:45 (13)	21:46 (13)	24:25 (13)	25:41 (13)	27:35 (13)
	3:42/34	2:36/44	2:09/43	3:20/35	4:16/55	3:42/41	2:01/45	2:39/52	1:16/50	1:54/56
	+1:24 (11)	+1:36 (18)	+1:16 (16)	+1:42 (17)	+2:29 (12)	+1:53 (8)	+0:54 (10)	+0:58 (16)	+0:25 (6)	+0:53 (10)
	29:46 (13)	32:28 (13)	35:22 (13)	37:10 (13)	37:10 (13)	37:10 (13)	37:10 (13)			
	2:11/57	2:42/62	2:54/40	1:48/249						
	+1:22 (13)	+1:34 (13)	+1:14 (15)	+0:35 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)			
13	Siv Byberg		B&OI				(12,86min/km)		38:34	(+9:45)
	4:01 (19)	6:27 (18)	8:25 (15)	11:06 (14)	15:46 (14)	21:32 (15)	23:49 (15)	25:51 (15)	27:21 (15)	29:25 (15)
	4:01/34	2:26/44	1:58/43	2:41/35	4:40/55	5:46/41	2:17/45	2:02/52	1:30/50	2:04/56
	+1:43 (18)	+1:26 (14)	+1:05 (13)	+1:03 (11)	+2:53 (14)	+3:57 (17)	+1:10 (15)	+0:21 (11)	+0:39 (14)	+1:03 (12)
	31:42 (15)	34:09 (15)	36:51 (14)	38:34 (14)	38:34 (14)	38:34 (14)	38:34 (14)			
	2:17/57	2:27/62	2:42/40	1:43/249						
	+1:28 (15)	+1:19 (7)	+1:02 (11)	+0:30 (9)	+0:00 (1)	+0:00 (1)	+0:00 (1)			
14	Anne Grete Olsen		B&OI				(12,94min/km)		38:49	(+10:00)
	3:56 (17)	6:19 (16)	8:30 (18)	11:40 (16)	18:28 (19)	22:23 (16)	24:25 (16)	26:45 (16)	28:05 (16)	29:49 (16)
	3:56/34	2:23/44	2:11/43	3:10/35	6:48/55	3:55/41	2:02/45	2:20/52	1:20/50	1:44/56
	+1:38 (16)	+1:23 (12)	+1:18 (19)	+1:32 (16)	+5:01 (18)	+2:06 (9)	+0:55 (12)	+0:39 (15)	+0:29 (8)	+0:43 (9)
	31:58 (16)	34:21 (16)	37:06 (15)	38:49 (15)	38:49 (15)	38:49 (15)	38:49 (15)			
	2:09/57	2:23/62	2:45/40	1:43/249						
	+1:20 (11)	+1:15 (5)	+1:05 (14)	+0:30 (9)	+0:00 (1)	+0:00 (1)	+0:00 (1)			
15	Marit Lunde		B&OI				(13,02min/km)		39:03	(+10:14)
	3:59 (18)	6:17 (14)	8:27 (16)	12:14 (20)	15:53 (15)	20:08 (14)	22:10 (14)	25:10 (14)	26:31 (14)	28:44 (14)
	3:59/34	2:18/44	2:10/43	3:47/35	3:39/55	4:15/41	2:02/45	3:00/52	1:21/50	2:13/56
	+1:41 (17)	+1:18 (9)	+1:17 (18)	+2:09 (19)	+1:52 (7)	+2:26 (10)	+0:55 (12)	+1:19 (19)	+0:30 (10)	+1:12 (16)

31:07 (14)	34:09 (14)	37:14 (16)	39:03 (16)	39:03 (16)	39:03 (16)	39:03 (16)			
2:23/57	3:02/62	3:05/40	1:49/249						
+1:34 (16)	+1:54 (18)	+1:25 (17)	+0:36 (14)	+0:00 (1)	+0:00 (1)	+0:00 (1)			

16 Edvin Berg	B&OI						(13,72min/km)		41:10 (+12:21)	
3:04 (8)	5:23 (7)	7:10 (6)	9:25 (5)	16:29 (17)	23:35 (18)	26:12 (17)	28:09 (17)	29:29 (17)	32:15 (17)	
3:04/34	2:19/44	1:47/43	2:15/35	7:04/55	7:06/41	2:37/45	1:57/52	1:20/50	2:46/56	
+0:46 (7)	+1:19 (10)	+0:54 (5)	+0:37 (8)	+5:17 (19)	+5:17 (19)	+1:30 (18)	+0:16 (8)	+0:29 (8)	+1:45 (20)	
34:14 (17)	36:51 (17)	39:06 (17)	41:10 (17)	41:10 (17)	41:10 (17)	41:10 (17)				
1:59/57	2:37/62	2:15/40	2:04/249							
+1:10 (7)	+1:29 (11)	+0:35 (4)	+0:51 (17)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

17 Ingunn Jakola	B&OI						(13,89min/km)		41:41 (+12:52)	
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
(1)	(1)	(1)	(1)	(1)	(1)	(1)				
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

18 Jørgen Tveraabak	B&OI						(13,93min/km)		41:48 (+12:59)	
2:58 (6)	7:06 (19)	10:02 (21)	11:59 (18)	14:48 (12)	26:54 (21)	28:32 (21)	30:40 (21)	32:04 (20)	33:35 (19)	
2:58/34	4:08/44	2:56/43	1:57/35	2:49/55	12:06/41	1:38/45	2:08/52	1:24/50	1:31/56	
+0:40 (5)	+3:08 (20)	+2:03 (21)	+0:19 (4)	+1:02 (2)	+10:17 (21)	+0:31 (6)	+0:27 (12)	+0:33 (11)	+0:30 (4)	
35:37 (18)	37:31 (18)	40:35 (18)	41:48 (18)	41:48 (18)	41:48 (18)	41:48 (18)				
2:02/57	1:54/62	3:04/40	1:13/249							
+1:13 (9)	+0:46 (3)	+1:24 (16)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

19 Lisbeth Lunde	B&OI						(14,96min/km)		44:52 (+16:03)	
4:56 (21)	7:30 (20)	9:21 (19)	12:09 (19)	17:30 (18)	23:26 (17)	26:19 (18)	29:03 (18)	30:47 (18)	33:00 (18)	
4:56/34	2:34/44	1:51/43	2:48/35	5:21/55	5:56/41	2:53/45	2:44/52	1:44/50	2:13/56	
+2:38 (20)	+1:34 (16)	+0:58 (7)	+1:10 (15)	+3:34 (17)	+4:07 (18)	+1:46 (20)	+1:03 (17)	+0:53 (17)	+1:12 (16)	
36:01 (19)	39:14 (19)	42:35 (19)	44:52 (19)	44:52 (19)	44:52 (19)	44:52 (19)				
3:01/57	3:13/62	3:21/40	2:17/249							
+2:12 (19)	+2:05 (19)	+1:41 (18)	+1:04 (19)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

20 Regula Høsli	B&OI						(15,53min/km)		46:36 (+17:47)	
7:34 (22)	10:07 (22)	12:00 (22)	14:41 (21)	18:58 (21)	23:43 (19)	26:19 (19)	29:14 (19)	31:16 (19)	33:43 (20)	
7:34/34	2:33/44	1:53/43	2:41/35	4:17/55	4:45/41	2:36/45	2:55/52	2:02/50	2:27/56	
+5:16 (21)	+1:33 (15)	+1:00 (9)	+1:03 (11)	+2:30 (13)	+2:56 (13)	+1:29 (17)	+1:14 (18)	+1:11 (20)	+1:26 (18)	
36:34 (20)	40:29 (21)	44:37 (21)	46:36 (20)	46:36 (20)	46:36 (20)	46:36 (20)				
2:51/57	3:55/62	4:08/40	1:59/249							
+2:02 (18)	+2:47 (21)	+2:28 (20)	+0:46 (16)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

21 Frode Ikdahl	B&OI						(15,64min/km)		46:55 (+18:06)	
2:54 (5)	5:46 (9)	7:58 (12)	10:02 (9)	18:33 (20)	26:39 (20)	28:30 (20)	30:31 (20)	32:06 (21)	34:09 (21)	
2:54/34	2:52/44	2:12/43	2:04/35	8:31/55	8:06/41	1:51/45	2:01/52	1:35/50	2:03/56	
+0:36 (4)	+1:52 (19)	+1:19 (20)	+0:26 (5)	+6:44 (20)	+6:17 (20)	+0:44 (8)	+0:20 (9)	+0:44 (15)	+1:02 (11)	
37:25 (21)	40:03 (20)	44:33 (20)	46:55 (21)	46:55 (21)	46:55 (21)	46:55 (21)				
3:16/57	2:38/62	4:30/40	2:22/249							
+2:27 (21)	+1:30 (12)	+2:50 (21)	+1:09 (20)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

22 Jon Øverås	B&OI						(16,71min/km)		50:07 (+21:18)	
3:53 (16)	8:03 (21)	9:59 (20)	15:04 (22)	23:39 (22)	28:43 (22)	31:34 (22)	35:03 (22)	36:46 (22)	39:13 (22)	
3:53/34	4:10/44	1:56/43	5:05/35	8:35/55	5:04/41	2:51/45	3:29/52	1:43/50	2:27/56	
+1:35 (15)	+3:10 (21)	+1:03 (12)	+3:27 (21)	+6:48 (21)	+3:15 (14)	+1:44 (19)	+1:48 (20)	+0:52 (16)	+1:26 (18)	
41:38 (22)	44:36 (22)	48:19 (22)	50:07 (22)	50:07 (22)	50:07 (22)	50:07 (22)				
2:25/57	2:58/62	3:43/40	1:48/249							
+1:36 (17)	+1:50 (16)	+2:03 (19)	+0:35 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

Klasse 4km

35 påmeldt, 35 startende

1 Ariaia Kleist	B&OI						(7,98min/km)		30:19	
2:06 (9)	3:51 (5)	5:51 (2)	7:05 (2)	11:44 (2)	12:37 (2)	14:52 (2)	18:47 (2)	19:46 (2)	22:06 (2)	
2:06/35	1:45/62	2:00/42	1:14/45	4:39/34	0:53/63	2:15/43	3:55/57	0:59/38	2:20/49	
+1:50 (8)	+0:09 (3)	+0:00 (1)	+0:02 (3)	+0:21 (3)	+0:02 (2)	+0:32 (8)	+0:01 (2)	+0:08 (2)	+0:13 (7)	

	23:02 (2)	24:42 (2)	26:40 (2)	29:18 (2)	30:19 (2)					
	0:56/50	1:40/47	1:58/58	2:38/40	1:01/249					
	+0:04 (4)	+0:57 (23)	+0:00 (1)	+0:37 (10)	+0:00 (1)					
2	Eirill Pettersen Buvik				Korgen	(8,16min/km)	31:01	(+0:42)		
	2:15 (16)	4:00 (7)	6:25 (7)	7:45 (5)	12:32 (6)	13:39 (4)	16:52 (8)	20:47 (7)	21:54 (7)	24:06 (6)
	2:15/35	1:45/62	2:25/42	1:20/45	4:47/34	1:07/63	3:13/43	3:55/57	1:07/38	2:12/49
	+1:59 (15)	+0:09 (3)	+0:25 (9)	+0:08 (7)	+0:29 (8)	+0:16 (7)	+1:30 (20)	+0:01 (2)	+0:16 (5)	+0:05 (3)
	24:58 (5)	25:41 (5)	27:39 (5)	29:40 (3)	31:01 (3)					
	0:52/50	0:43/47	1:58/58	2:01/40	1:21/249					
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:20 (13)					
3	Jan Prytz				B&OI	(8,20min/km)	31:10	(+0:51)		
	1:57 (4)	4:05 (9)	6:31 (8)	7:51 (7)	12:40 (8)	13:50 (5)	15:33 (3)	19:57 (3)	21:07 (3)	23:27 (3)
	1:57/35	2:08/62	2:26/42	1:20/45	4:49/34	1:10/63	1:43/43	4:24/57	1:10/38	2:20/49
	+1:41 (3)	+0:32 (12)	+0:26 (10)	+0:08 (7)	+0:31 (9)	+0:19 (11)	+0:00 (1)	+0:30 (6)	+0:19 (10)	+0:13 (7)
	24:22 (3)	25:15 (3)	27:22 (3)	29:54 (4)	31:10 (4)					
	0:55/50	0:53/47	2:07/58	2:32/40	1:16/249					
	+0:03 (2)	+0:10 (10)	+0:09 (7)	+0:31 (8)	+0:15 (8)					
4	Marit Johnsen				B&OI	(8,23min/km)	31:17	(+0:58)		
	2:18 (19)	4:11 (10)	6:44 (10)	8:09 (10)	12:50 (9)	13:53 (6)	15:47 (5)	20:07 (4)	21:15 (4)	23:31 (4)
	2:18/35	1:53/62	2:33/42	1:25/45	4:41/34	1:03/63	1:54/43	4:20/57	1:08/38	2:16/49
	+2:02 (18)	+0:17 (6)	+0:33 (14)	+0:13 (11)	+0:23 (5)	+0:12 (4)	+0:11 (2)	+0:26 (5)	+0:17 (6)	+0:09 (6)
	24:29 (4)	25:21 (4)	27:37 (4)	29:57 (5)	31:17 (5)					
	0:58/50	0:52/47	2:16/58	2:20/40	1:20/249					
	+0:06 (7)	+0:09 (7)	+0:18 (11)	+0:19 (3)	+0:19 (11)					
5	Torkil Irgens				Ukjent	(8,29min/km)	31:29	(+1:10)		
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)	(1)	(1)	(1)	(1)					
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					
6	Anders Kure				B&OI	(8,40min/km)	31:55	(+1:36)		
	2:01 (6)	3:44 (4)	5:59 (3)	7:35 (3)	12:15 (3)	13:56 (8)	16:07 (6)	20:50 (8)	21:56 (8)	24:17 (8)
	2:01/35	1:43/62	2:15/42	1:36/45	4:40/34	1:41/63	2:11/43	4:43/57	1:06/38	2:21/49
	+1:45 (5)	+0:07 (2)	+0:15 (4)	+0:24 (19)	+0:22 (4)	+0:50 (21)	+0:28 (7)	+0:49 (12)	+0:15 (4)	+0:14 (11)
	25:13 (7)	26:13 (6)	28:13 (6)	30:32 (6)	31:55 (6)					
	0:56/50	1:00/47	2:00/58	2:19/40	1:23/249					
	+0:04 (4)	+0:17 (12)	+0:02 (3)	+0:18 (2)	+0:22 (16)					
7	Rekkedal Per				B&OI	(8,50min/km)	32:19	(+2:00)		
	1:49 (3)	3:25 (2)	6:24 (6)	7:59 (8)	12:17 (4)	13:53 (6)	17:40 (11)	21:34 (9)	22:39 (9)	24:46 (9)
	1:49/35	1:36/62	2:59/42	1:35/45	4:18/34	1:36/63	3:47/43	3:54/57	1:05/38	2:07/49
	+1:33 (2)	+0:00 (1)	+0:59 (18)	+0:23 (18)	+0:00 (1)	+0:45 (20)	+2:04 (26)	+0:00 (1)	+0:14 (3)	+0:00 (1)
	25:43 (9)	26:32 (8)	28:36 (7)	31:08 (7)	32:19 (7)					
	0:57/50	0:49/47	2:04/58	2:32/40	1:11/249					
	+0:05 (6)	+0:06 (5)	+0:06 (4)	+0:31 (8)	+0:10 (6)					
8	Ivar Aanerød				B&OI	(8,64min/km)	32:51	(+2:32)		
	2:08 (11)	4:03 (8)	6:17 (4)	7:50 (6)	12:36 (7)	13:57 (9)	16:31 (7)	20:38 (6)	21:48 (5)	24:00 (5)
	2:08/35	1:55/62	2:14/42	1:33/45	4:46/34	1:21/63	2:34/43	4:07/57	1:10/38	2:12/49
	+1:52 (10)	+0:19 (7)	+0:14 (3)	+0:21 (14)	+0:28 (7)	+0:30 (18)	+0:51 (16)	+0:13 (4)	+0:19 (10)	+0:05 (3)
	25:00 (6)	26:15 (7)	28:44 (8)	31:30 (8)	32:51 (8)					
	1:00/50	1:15/47	2:29/58	2:46/40	1:21/249					
	+0:08 (10)	+0:32 (17)	+0:31 (16)	+0:45 (13)	+0:20 (13)					
9	Heidi Mørkved				B&OI	(8,85min/km)	33:37	(+3:18)		
	2:03 (7)	3:55 (6)	6:17 (4)	7:35 (3)	12:17 (4)	13:28 (3)	15:38 (4)	20:24 (5)	21:50 (6)	24:13 (7)
	2:03/35	1:52/62	2:22/42	1:18/45	4:42/34	1:11/63	2:10/43	4:46/57	1:26/38	2:23/49
	+1:47 (6)	+0:16 (5)	+0:22 (7)	+0:06 (6)	+0:24 (6)	+0:20 (12)	+0:27 (6)	+0:52 (13)	+0:35 (21)	+0:16 (13)
	25:39 (8)	27:47 (9)	30:04 (9)	32:31 (9)	33:37 (9)					
	1:26/50	2:08/47	2:17/58	2:27/40	1:06/249					
	+0:34 (26)	+1:25 (26)	+0:19 (12)	+0:26 (6)	+0:05 (3)					

10 Erling Pedersen	SISO					(9,16min/km)		34:49	(+4:30)
0:16 (2)	3:30 (3)	7:00 (13)	8:29 (12)	13:54 (12)	15:44 (12)	17:50 (12)	22:16 (12)	23:25 (12)	25:40 (11)
0:16/250	3:14/254	3:30/42	1:29/45	5:25/34	1:50/63	2:06/43	4:26/57	1:09/38	2:15/49
+0:00 (1)	+1:38 (26)	+1:30 (21)	+0:17 (12)	+1:07 (13)	+0:59 (23)	+0:23 (4)	+0:32 (7)	+0:18 (7)	+0:08 (5)
26:58 (10)	28:42 (12)	30:49 (11)	33:20 (10)	34:49 (10)					
1:18/50	1:44/47	2:07/58	2:31/40	1:29/249					
+0:26 (19)	+1:01 (24)	+0:09 (7)	+0:30 (7)	+0:28 (20)					
11 Anita Eriksen	B&OI					(9,34min/km)		35:29	(+5:10)
2:17 (18)	4:44 (16)	6:47 (11)	8:04 (9)	13:26 (10)	15:14 (11)	17:30 (10)	22:01 (11)	23:13 (11)	26:05 (12)
2:17/35	2:27/62	2:03/42	1:17/45	5:22/34	1:48/63	2:16/43	4:31/57	1:12/38	2:52/49
+2:01 (17)	+0:51 (16)	+0:03 (2)	+0:05 (5)	+1:04 (12)	+0:57 (22)	+0:33 (9)	+0:37 (8)	+0:21 (13)	+0:45 (19)
27:10 (11)	28:02 (10)	31:39 (12)	34:04 (11)	35:29 (11)					
1:05/50	0:52/47	3:37/58	2:25/40	1:25/249					
+0:13 (12)	+0:09 (7)	+1:39 (28)	+0:24 (5)	+0:24 (18)					
12 Arne Kr. Nordhei	B&OI					(9,51min/km)		36:09	(+5:50)
2:13 (14)	4:18 (11)	6:37 (9)	8:09 (10)	13:39 (11)	14:57 (10)	17:04 (9)	21:35 (10)	22:50 (10)	25:22 (10)
2:13/35	2:05/62	2:19/42	1:32/45	5:30/34	1:18/63	2:07/43	4:31/57	1:15/38	2:32/49
+1:57 (13)	+0:29 (11)	+0:19 (6)	+0:20 (13)	+1:12 (14)	+0:27 (14)	+0:24 (5)	+0:37 (8)	+0:24 (16)	+0:25 (15)
27:14 (12)	28:25 (11)	30:43 (10)	34:51 (12)	36:09 (12)					
1:52/50	1:11/47	2:18/58	4:08/40	1:18/249					
+1:00 (29)	+0:28 (16)	+0:20 (13)	+2:07 (24)	+0:17 (9)					
13 Jeanette Støvset	Skjerstad IL					(9,77min/km)		37:08	(+6:49)
2:08 (11)	4:55 (19)	8:34 (23)	9:58 (22)	14:59 (15)	16:02 (14)	19:23 (18)	25:39 (20)	26:30 (19)	28:38 (16)
2:08/35	2:47/62	3:39/42	1:24/45	5:01/34	1:03/63	3:21/43	6:16/57	0:51/38	2:08/49
+1:52 (10)	+1:11 (23)	+1:39 (22)	+0:12 (10)	+0:43 (10)	+0:12 (4)	+1:38 (23)	+2:22 (27)	+0:00 (1)	+0:01 (2)
29:36 (16)	31:25 (17)	33:38 (16)	36:02 (14)	37:08 (13)					
0:58/50	1:49/47	2:13/58	2:24/40	1:06/249					
+0:06 (7)	+1:06 (25)	+0:15 (10)	+0:23 (4)	+0:05 (3)					
14 Ketil Jordbru	VIL					(9,81min/km)		37:17	(+6:58)
2:30 (24)	5:07 (21)	7:29 (14)	8:51 (13)	17:25 (24)	18:16 (23)	20:18 (21)	24:56 (17)	26:10 (17)	28:30 (15)
2:30/35	2:37/62	2:22/42	1:22/45	8:34/34	0:51/63	2:02/43	4:38/57	1:14/38	2:20/49
+2:14 (23)	+1:01 (18)	+0:22 (7)	+0:10 (9)	+4:16 (29)	+0:00 (1)	+0:19 (3)	+0:44 (10)	+0:23 (14)	+0:13 (7)
29:25 (14)	30:22 (14)	32:55 (14)	35:57 (13)	37:17 (14)					
0:55/50	0:57/47	2:33/58	3:02/40	1:20/249					
+0:03 (2)	+0:14 (11)	+0:35 (18)	+1:01 (16)	+0:19 (11)					
15 Unni Rekkedal	B&OI					(10,22min/km)		38:51	(+8:32)
2:27 (22)	4:31 (13)	6:57 (12)	8:53 (14)	14:44 (13)	15:53 (13)	18:12 (13)	23:49 (14)	25:07 (13)	27:53 (13)
2:27/35	2:04/62	2:26/42	1:56/45	5:51/34	1:09/63	2:19/43	5:37/57	1:18/38	2:46/49
+2:11 (21)	+0:28 (10)	+0:26 (10)	+0:44 (26)	+1:33 (22)	+0:18 (10)	+0:36 (13)	+1:43 (21)	+0:27 (17)	+0:39 (17)
28:58 (13)	29:50 (13)	31:54 (13)	37:10 (15)	38:51 (15)					
1:05/50	0:52/47	2:04/58	5:16/40	1:41/249					
+0:13 (12)	+0:09 (7)	+0:06 (4)	+3:15 (26)	+0:40 (26)					
16 Åge Mohus	B&OI					(10,28min/km)		39:03	(+8:44)
2:29 (23)	4:54 (18)	8:05 (20)	9:38 (19)	15:21 (17)	16:29 (16)	19:17 (17)	24:21 (15)	25:43 (16)	28:40 (17)
2:29/35	2:25/62	3:11/42	1:33/45	5:43/34	1:08/63	2:48/43	5:04/57	1:22/38	2:57/49
+2:13 (22)	+0:49 (15)	+1:11 (19)	+0:21 (14)	+1:25 (20)	+0:17 (9)	+1:05 (19)	+1:10 (17)	+0:31 (20)	+0:50 (20)
29:46 (17)	31:25 (18)	34:18 (18)	37:30 (16)	39:03 (16)					
1:06/50	1:39/47	2:53/58	3:12/40	1:33/249					
+0:14 (14)	+0:56 (22)	+0:55 (21)	+1:11 (18)	+0:32 (24)					
17 Dag Skogan	B&OI					(10,45min/km)		39:42	(+9:23)
2:36 (26)	5:13 (22)	7:47 (17)	9:34 (18)	15:40 (19)	16:58 (20)	20:12 (20)	24:59 (18)	26:38 (20)	29:05 (18)
2:36/35	2:37/62	2:34/42	1:47/45	6:06/34	1:18/63	3:14/43	4:47/57	1:39/38	2:27/49
+2:20 (25)	+1:01 (18)	+0:34 (15)	+0:35 (25)	+1:48 (23)	+0:27 (14)	+1:31 (21)	+0:53 (14)	+0:48 (24)	+0:20 (14)
30:15 (18)	31:19 (16)	33:54 (17)	37:52 (17)	39:42 (17)					
1:10/50	1:04/47	2:35/58	3:58/40	1:50/249					
+0:18 (16)	+0:21 (15)	+0:37 (19)	+1:57 (23)	+0:49 (28)					
18 Øyvind Bjørkås	B&OI					(10,79min/km)		41:01	(+10:42)
2:04 (8)	5:44 (27)	8:02 (19)	9:40 (20)	15:22 (18)	16:39 (18)	18:55 (14)	24:23 (16)	25:37 (15)	28:13 (14)
2:04/35	3:40/62	2:18/42	1:38/45	5:42/34	1:17/63	2:16/43	5:28/57	1:14/38	2:36/49
+1:48 (7)	+2:04 (27)	+0:18 (5)	+0:26 (23)	+1:24 (19)	+0:26 (13)	+0:33 (9)	+1:34 (20)	+0:23 (14)	+0:29 (16)

29:32 (15)	30:34 (15)	33:02 (15)	39:23 (18)	41:01 (18)						
1:19/50	1:02/47	2:28/58	6:21/40	1:38/249						
+0:27 (20)	+0:19 (14)	+0:30 (15)	+4:20 (29)	+0:37 (25)						
19 Morten Selnes			B&OI		(11,07min/km)		42:03	(+11:44)		
2:26 (21)	4:43 (15)	8:40 (24)	10:36 (24)	16:21 (21)	17:42 (21)	21:22 (22)	26:45 (23)	28:26 (23)	31:15 (20)	
2:26/35	2:17/62	3:57/42	1:56/45	5:45/34	1:21/63	3:40/43	5:23/57	1:41/38	2:49/49	
+2:10 (20)	+0:41 (13)	+1:57 (26)	+0:44 (26)	+1:27 (21)	+0:30 (18)	+1:57 (25)	+1:29 (19)	+0:50 (26)	+0:42 (18)	
32:28 (20)	34:44 (20)	37:36 (20)	40:31 (19)	42:03 (19)						
1:13/50	2:16/47	2:52/58	2:55/40	1:32/249						
+0:21 (17)	+1:33 (27)	+0:54 (20)	+0:54 (15)	+0:31 (22)						
20 Marit Elveos			B&OI		(11,27min/km)		42:50	(+12:31)		
2:08 (11)	7:50 (29)	11:33 (27)	13:09 (27)	17:37 (26)	19:27 (26)	21:45 (23)	26:35 (22)	27:54 (22)	30:14 (19)	
2:08/35	5:42/62	3:43/42	1:36/45	4:28/34	1:50/63	2:18/43	4:50/57	1:19/38	2:20/49	
+1:52 (10)	+4:06 (28)	+1:43 (23)	+0:24 (19)	+0:10 (2)	+0:59 (23)	+0:35 (12)	+0:56 (16)	+0:28 (18)	+0:13 (7)	
31:12 (19)	34:29 (19)	36:39 (19)	41:40 (20)	42:50 (20)						
0:58/50	3:17/47	2:10/58	5:01/40	1:10/249						
+0:06 (7)	+2:34 (29)	+0:12 (9)	+3:00 (25)	+0:09 (5)						
21 Vibece Hobbestad			VIL		(11,45min/km)		43:31	(+13:12)		
2:33 (25)	4:32 (14)	12:45 (28)	14:22 (28)	22:54 (29)	24:01 (28)	26:22 (28)	31:09 (25)	32:49 (25)	35:11 (22)	
2:33/35	1:59/62	8:13/42	1:37/45	8:32/34	1:07/63	2:21/43	4:47/57	1:40/38	2:22/49	
+2:17 (24)	+0:23 (9)	+6:13 (29)	+0:25 (22)	+4:14 (28)	+0:16 (7)	+0:38 (14)	+0:53 (14)	+0:49 (25)	+0:15 (12)	
36:18 (22)	37:06 (22)	39:27 (21)	42:07 (21)	43:31 (21)						
1:07/50	0:48/47	2:21/58	2:40/40	1:24/249						
+0:15 (15)	+0:05 (4)	+0:23 (14)	+0:39 (11)	+0:23 (17)						
22 Asbjørn Pedersen			SISO		(12,28min/km)		46:40	(+16:21)		
4:37 (30)	6:32 (28)	13:21 (29)	14:37 (29)	19:43 (27)	24:33 (29)	26:49 (29)	32:01 (28)	33:10 (27)	36:41 (23)	
4:37/35	1:55/62	6:49/42	1:16/45	5:06/34	4:50/63	2:16/43	5:12/57	1:09/38	3:31/49	
+4:21 (29)	+0:19 (7)	+4:49 (28)	+0:04 (4)	+0:48 (11)	+3:59 (29)	+0:33 (9)	+1:18 (18)	+0:18 (7)	+1:24 (24)	
37:44 (23)	40:26 (26)	42:31 (25)	45:13 (22)	46:40 (22)						
1:03/50	2:42/47	2:05/58	2:42/40	1:27/249						
+0:11 (11)	+1:59 (28)	+0:07 (6)	+0:41 (12)	+0:26 (19)						
23 Edel T Agersborg			B&OI		(12,40min/km)		47:07	(+16:48)		
2:59 (28)	5:36 (26)	8:55 (25)	11:05 (25)	16:42 (22)	18:02 (22)	21:50 (24)	29:46 (24)	31:05 (24)	34:23 (21)	
2:59/35	2:37/62	3:19/42	2:10/45	5:37/34	1:20/63	3:48/43	7:56/57	1:19/38	3:18/49	
+2:43 (27)	+1:01 (18)	+1:19 (20)	+0:58 (28)	+1:19 (15)	+0:29 (17)	+2:05 (27)	+4:02 (29)	+0:28 (18)	+1:11 (22)	
35:46 (21)	37:04 (21)	40:11 (22)	45:36 (23)	47:07 (23)						
1:23/50	1:18/47	3:07/58	5:25/40	1:31/249						
+0:31 (25)	+0:35 (18)	+1:09 (22)	+3:24 (27)	+0:30 (21)						
24 Sander Bremnes			Innstranda IL		(12,43min/km)		47:14	(+16:55)		
2:13 (14)	5:19 (25)	7:47 (16)	8:59 (15)	17:29 (25)	19:24 (25)	25:19 (26)	31:26 (27)	33:13 (28)	36:58 (25)	
2:13/35	3:06/62	2:28/42	1:12/45	8:30/34	1:55/63	5:55/43	6:07/57	1:47/38	3:45/49	
+1:57 (13)	+1:30 (25)	+0:28 (12)	+0:00 (1)	+4:12 (27)	+1:04 (26)	+4:12 (28)	+2:13 (22)	+0:56 (29)	+1:38 (25)	
38:15 (24)	39:05 (24)	42:18 (24)	46:11 (25)	47:14 (24)						
1:17/50	0:50/47	3:13/58	3:53/40	1:03/249						
+0:25 (18)	+0:07 (6)	+1:15 (24)	+1:52 (21)	+0:02 (2)						
25 Markus Holm			Innstranda IL		(12,46min/km)		47:21	(+17:02)		
2:16 (17)	5:14 (23)	7:49 (18)	9:02 (16)	17:25 (23)	18:44 (24)	25:10 (25)	31:23 (26)	33:00 (26)	36:54 (24)	
2:16/35	2:58/62	2:35/42	1:13/45	8:23/34	1:19/63	6:26/43	6:13/57	1:37/38	3:54/49	
+2:00 (16)	+1:22 (24)	+0:35 (16)	+0:01 (2)	+4:05 (26)	+0:28 (16)	+4:43 (29)	+2:19 (24)	+0:46 (23)	+1:47 (26)	
38:16 (25)	39:01 (23)	42:17 (23)	46:07 (24)	47:21 (25)						
1:22/50	0:45/47	3:16/58	3:50/40	1:14/249						
+0:30 (24)	+0:02 (3)	+1:18 (25)	+1:49 (20)	+0:13 (7)						
26 Anja Meisler			Innstranda IL		(12,63min/km)		47:59	(+17:40)		
2:00 (5)	4:18 (11)	8:07 (21)	9:40 (20)	15:18 (16)	16:21 (15)	19:02 (16)	25:15 (19)	26:25 (18)	37:26 (26)	
2:00/35	2:18/62	3:49/42	1:33/45	5:38/34	1:03/63	2:41/43	6:13/57	1:10/38	11:01/49	
+1:44 (4)	+0:42 (14)	+1:49 (25)	+0:21 (14)	+1:20 (17)	+0:12 (4)	+0:58 (17)	+2:19 (24)	+0:19 (10)	+8:54 (28)	
38:47 (26)	40:18 (25)	43:30 (26)	46:38 (26)	47:59 (26)						
1:21/50	1:31/47	3:12/58	3:08/40	1:21/249						
+0:29 (22)	+0:48 (21)	+1:14 (23)	+1:07 (17)	+0:20 (13)						

27	Marte Pedersen			Tverrlandet IL		(12,73min/km)		48:23	(+18:04)
2:07 (10)	4:47 (17)	8:32 (22)	10:06 (23)	15:44 (20)	16:42 (19)	19:28 (19)	25:42 (21)	26:51 (21)	37:51 (27)
2:07/35	2:40/62	3:45/42	1:34/45	5:38/34	0:58/63	2:46/43	6:14/57	1:09/38	11:00/49
+1:51 (9)	+1:04 (21)	+1:45 (24)	+0:22 (17)	+1:20 (17)	+0:07 (3)	+1:03 (18)	+2:20 (26)	+0:18 (7)	+8:53 (27)
39:12 (27)	40:30 (27)	43:52 (27)	47:05 (27)	48:23 (27)					
1:21/50	1:18/47	3:22/58	3:13/40	1:18/249					
+0:29 (22)	+0:35 (18)	+1:24 (26)	+1:12 (19)	+0:17 (9)					
28	Gunnar Rabben			VIL		(12,91min/km)		49:03	(+18:44)
2:19 (20)	5:01 (20)	7:31 (15)	9:07 (17)	14:44 (14)	16:34 (17)	19:01 (15)	23:43 (13)	25:18 (14)	39:33 (29)
2:19/35	2:42/62	2:30/42	1:36/45	5:37/34	1:50/63	2:27/43	4:42/57	1:35/38	14:15/49
+2:03 (19)	+1:06 (22)	+0:30 (13)	+0:24 (19)	+1:19 (15)	+0:59 (23)	+0:44 (15)	+0:48 (11)	+0:44 (22)	+12:08 (29)
40:52 (29)	41:53 (29)	44:25 (28)	47:16 (28)	49:03 (28)					
1:19/50	1:01/47	2:32/58	2:51/40	1:47/249					
+0:27 (20)	+0:18 (13)	+0:34 (17)	+0:50 (14)	+0:46 (27)					
29	Odd Ivar Søvik			B&OI		(13,58min/km)		51:37	(+21:18)
3:08 (29)	11:16 (30)	13:53 (30)	15:35 (30)	23:12 (30)	25:41 (30)	28:56 (30)	35:04 (30)	36:50 (30)	39:49 (30)
3:08/35	8:08/62	2:37/42	1:42/45	7:37/34	2:29/63	3:15/43	6:08/57	1:46/38	2:59/49
+2:52 (28)	+6:32 (29)	+0:37 (17)	+0:30 (24)	+3:19 (25)	+1:38 (28)	+1:32 (22)	+2:14 (23)	+0:55 (28)	+0:52 (21)
41:17 (30)	42:01 (30)	46:10 (30)	50:05 (30)	51:37 (29)					
1:28/50	0:44/47	4:09/58	3:55/40	1:32/249					
+0:36 (27)	+0:01 (2)	+2:11 (29)	+1:54 (22)	+0:31 (22)					
30	Christian Søvik			B&OI		(13,66min/km)		51:55	(+21:36)
2:44 (27)	5:16 (24)	10:23 (26)	12:57 (26)	19:51 (28)	22:05 (27)	25:29 (27)	32:50 (29)	34:33 (29)	37:59 (28)
2:44/35	2:32/62	5:07/42	2:34/45	6:54/34	2:14/63	3:24/43	7:21/57	1:43/38	3:26/49
+2:28 (26)	+0:56 (17)	+3:07 (27)	+1:22 (29)	+2:36 (24)	+1:23 (27)	+1:41 (24)	+3:27 (28)	+0:52 (27)	+1:19 (23)
39:40 (28)	40:59 (28)	44:31 (29)	50:03 (29)	51:55 (30)					
1:41/50	1:19/47	3:32/58	5:32/40	1:52/249					
+0:49 (28)	+0:36 (20)	+1:34 (27)	+3:31 (28)	+0:51 (29)					
	Regine Grimstad			Innstranda IL		(2,53min/km)		Disk	
2:14 (16)	4:22 (13)	8:08 (22)	9:37 (19)	9:37 (2)	9:37 (2)	9:37 (2)	9:37 (2)	9:37 (2)	9:37 (2)
2:14/35	2:08/62	3:46/42	1:29/45						
+1:58 (15)	+0:32 (12)	+1:46 (25)	+0:17 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
9:37 (2)	9:37 (2)	9:37 (2)	9:37 (2)	9:37 (2)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					
	Bendik Storvik Nilsen			B&OI		(5,55min/km)		Disk	
3:23 (30)	7:11 (29)	12:23 (28)	21:06 (31)	21:06 (29)	21:06 (27)	21:06 (22)	21:06 (9)	21:06 (3)	21:06 (2)
3:23/35	3:48/62	5:12/42	8:43/45						
+3:07 (29)	+2:12 (28)	+3:12 (28)	+7:31 (30)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
21:06 (2)	21:06 (2)	21:06 (2)	21:06 (2)	21:06 (2)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					
	Erlend Fjose			B&OI		(9,02min/km)		Disk	(+3:58)
2:10 (14)	3:50 (5)	5:55 (3)	9:21 (18)	13:58 (13)	15:09 (11)	18:16 (14)	22:50 (13)	24:03 (13)	26:10 (13)
2:10/35	1:40/62	2:05/41	3:26/45	4:37/34	1:11/63	3:07/43	4:34/57	1:13/38	2:07/49
+1:54 (13)	+0:04 (2)	+0:05 (3)	+2:14 (30)	+0:19 (3)	+0:20 (12)	+1:24 (20)	+0:40 (10)	+0:22 (14)	+0:00 (1)
27:20 (13)	28:07 (11)	30:30 (10)	32:57 (10)	34:17 (10)					
1:10/50	0:47/47	2:23/58	2:27/40	1:20/249					
+0:18 (16)	+0:04 (4)	+0:25 (15)	+0:26 (6)	+0:19 (11)					
	Jørgen Tveraabak			B&OI		(9,22min/km)		Disk	(+4:43)
1:50 (4)	4:17 (11)	8:18 (22)	9:40 (20)	16:30 (22)	18:42 (24)	22:40 (25)	23:49 (15)	26:03 (17)	26:57 (13)
1:50/35	2:27/62	4:01/42	1:22/45	6:50/63	2:12/43	3:58/57	1:09/38	2:14/49	0:54/50
+1:34 (3)	+0:51 (16)	+2:01 (27)	+0:10 (9)	+2:32 (24)	+1:21 (27)	+2:15 (28)	+0:00 (1)	+1:23 (30)	+0:00 (1)
28:30 (13)	30:51 (16)	33:48 (17)	35:02 (13)	35:02 (11)					
1:33/47	2:21/58	2:57/40	1:14/249						
+0:41 (28)	+1:38 (28)	+0:59 (22)	+0:00 (1)	+0:00 (1)					
	Viviann Selfors			B&OI		(13,21min/km)		Disk	(+19:52)
3:26 (30)	6:12 (28)	10:06 (26)	10:32 (24)	19:37 (27)	20:58 (27)	23:24 (25)	32:46 (29)	34:33 (30)	38:01 (29)
3:26/35	2:46/62	3:54/54	0:26/42	9:05/34	1:21/63	2:26/44	9:22/57	1:47/38	3:28/49
+3:10 (29)	+1:10 (23)	+1:54 (26)	+0:00 (1)	+4:47 (30)	+0:30 (18)	+0:43 (15)	+5:28 (30)	+0:56 (29)	+1:21 (24)

39:22 (28)	40:46 (28)	44:11 (28)	48:13 (29)	50:11 (29)
1:21/50	1:24/47	3:25/58	4:02/40	1:58/249
+0:29 (22)	+0:41 (21)	+1:27 (27)	+2:01 (24)	+0:57 (30)

Klasse 6km

15 påmeldt, 15 startende

1	Arild Hegreberg		B&OI				(6,31min/km)		29:39	
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
2	Håvard Berg		B&OI				(6,85min/km)		32:11 (+2:32)	
	1:35 (4)	2:42 (4)	4:19 (3)	6:22 (2)	8:05 (2)	8:58 (3)	9:48 (2)	15:13 (2)	16:32 (2)	17:18 (2)
	1:35/64	1:07/36	1:37/41	2:03/52	1:43/56	0:53/49	0:50/50	5:25/44	1:19/34	0:46/63
	+0:17 (3)	+0:09 (3)	+0:00 (1)	+0:00 (1)	+0:09 (2)	+0:03 (3)	+0:04 (2)	+0:02 (2)	+0:07 (3)	+0:00 (1)
	18:53 (2)	20:21 (2)	22:33 (2)	25:13 (2)	26:11 (2)	27:27 (2)	29:27 (2)	30:57 (2)	32:11 (2)	
	1:35/43	1:28/35	2:12/58	2:40/45	0:58/46	1:16/51	2:00/62	1:30/40	1:14/249	
	+0:01 (2)	+0:11 (2)	+0:07 (2)	+0:43 (6)	+0:05 (3)	+0:12 (4)	+0:19 (4)	+0:06 (3)	+0:17 (8)	
3	Magnus Wold		B&OI				(6,87min/km)		32:18 (+2:39)	
	1:18 (2)	2:16 (2)	5:40 (6)	7:53 (6)	9:27 (5)	10:19 (5)	11:11 (4)	16:56 (4)	18:08 (4)	18:56 (4)
	1:18/64	0:58/36	3:24/41	2:13/52	1:34/56	0:52/49	0:52/50	5:45/44	1:12/34	0:48/63
	+0:00 (1)	+0:00 (1)	+1:47 (14)	+0:10 (3)	+0:00 (1)	+0:02 (2)	+0:06 (4)	+0:22 (3)	+0:00 (1)	+0:02 (3)
	20:30 (4)	22:02 (4)	24:07 (4)	26:04 (4)	26:57 (3)	28:09 (4)	29:50 (3)	31:14 (3)	32:18 (3)	
	1:34/43	1:32/35	2:05/58	1:57/45	0:53/46	1:12/51	1:41/62	1:24/40	1:04/249	
	+0:00 (1)	+0:15 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:08 (3)	+0:00 (1)	+0:00 (1)	+0:07 (3)	
4	Petter Jakola		B&OI				(6,91min/km)		32:28 (+2:49)	
	1:29 (3)	2:33 (3)	4:15 (2)	6:22 (2)	8:07 (3)	8:57 (2)	10:01 (3)	15:50 (3)	17:09 (3)	17:55 (3)
	1:29/64	1:04/36	1:42/41	2:07/52	1:45/56	0:50/49	1:04/50	5:49/44	1:19/34	0:46/63
	+0:11 (2)	+0:06 (2)	+0:05 (2)	+0:04 (2)	+0:11 (3)	+0:00 (1)	+0:18 (9)	+0:26 (4)	+0:07 (3)	+0:00 (1)
	20:14 (3)	21:43 (3)	24:02 (3)	26:03 (3)	27:01 (4)	28:05 (3)	30:00 (4)	31:25 (4)	32:28 (4)	
	2:19/43	1:29/35	2:19/58	2:01/45	0:58/46	1:04/51	1:55/62	1:25/40	1:03/249	
	+0:45 (8)	+0:12 (3)	+0:14 (3)	+0:04 (2)	+0:05 (3)	+0:00 (1)	+0:14 (3)	+0:01 (2)	+0:06 (2)	
5	Gunnar Skjeflo		B&OI				(7,57min/km)		35:34 (+5:55)	
	2:05 (9)	3:16 (7)	5:21 (5)	7:52 (5)	9:56 (6)	10:56 (6)	11:42 (6)	17:05 (5)	20:31 (7)	21:23 (7)
	2:05/64	1:11/36	2:05/41	2:31/52	2:04/56	1:00/49	0:46/50	5:23/44	3:26/34	0:52/63
	+0:47 (8)	+0:13 (4)	+0:28 (5)	+0:28 (6)	+0:30 (5)	+0:10 (4)	+0:00 (1)	+0:00 (1)	+2:14 (14)	+0:06 (5)
	23:09 (7)	24:26 (5)	26:55 (5)	29:11 (5)	30:08 (5)	31:18 (5)	33:07 (5)	34:37 (5)	35:34 (5)	
	1:46/43	1:17/35	2:29/58	2:16/45	0:57/46	1:10/51	1:49/62	1:30/40	0:57/249	
	+0:12 (3)	+0:00 (1)	+0:24 (4)	+0:19 (3)	+0:04 (2)	+0:06 (2)	+0:08 (2)	+0:06 (3)	+0:00 (1)	
6	Bjørn Mannsverk		Ukjent				(8,14min/km)		38:15 (+8:36)	
	2:00 (7)	3:13 (6)	6:03 (9)	8:30 (8)	10:36 (7)	11:36 (7)	12:28 (7)	18:41 (6)	20:11 (6)	21:08 (5)
	2:00/64	1:13/36	2:50/41	2:27/52	2:06/56	1:00/49	0:52/50	6:13/44	1:30/34	0:57/63
	+0:42 (6)	+0:15 (6)	+1:13 (11)	+0:24 (5)	+0:32 (6)	+0:10 (4)	+0:06 (4)	+0:50 (5)	+0:18 (6)	+0:11 (7)
	22:57 (5)	24:32 (6)	27:11 (6)	30:04 (6)	31:21 (6)	32:59 (6)	35:21 (6)	37:04 (6)	38:15 (6)	
	1:49/43	1:35/35	2:39/58	2:53/45	1:17/46	1:38/51	2:22/62	1:43/40	1:11/249	
	+0:15 (4)	+0:18 (5)	+0:34 (6)	+0:56 (8)	+0:24 (7)	+0:34 (5)	+0:41 (7)	+0:19 (6)	+0:14 (7)	
7	Morten Tjønndal		B&OI				(8,40min/km)		39:29 (+9:50)	
	1:41 (5)	2:53 (5)	4:41 (4)	7:04 (4)	9:14 (4)	10:15 (4)	11:17 (5)	18:43 (7)	20:08 (5)	21:13 (6)
	1:41/64	1:12/36	1:48/41	2:23/52	2:10/56	1:01/49	1:02/50	7:26/44	1:25/34	1:05/63
	+0:23 (4)	+0:14 (5)	+0:11 (3)	+0:20 (4)	+0:36 (7)	+0:11 (6)	+0:16 (8)	+2:03 (9)	+0:13 (5)	+0:19 (8)
	23:06 (6)	24:48 (7)	27:51 (7)	30:37 (7)	32:01 (7)	33:49 (7)	36:28 (7)	38:21 (7)	39:29 (7)	
	1:53/43	1:42/35	3:03/58	2:46/45	1:24/46	1:48/51	2:39/62	1:53/40	1:08/249	
	+0:19 (5)	+0:25 (7)	+0:58 (7)	+0:49 (7)	+0:31 (9)	+0:44 (7)	+0:58 (10)	+0:29 (7)	+0:11 (5)	
8	Roy Solbakk		VIL				(8,43min/km)		39:36 (+9:57)	
	1:48 (6)	5:16 (11)	7:14 (11)	10:22 (10)	12:19 (10)	13:22 (10)	14:17 (9)	20:33 (9)	22:03 (9)	22:58 (8)
	1:48/64	3:28/36	1:58/41	3:08/52	1:57/56	1:03/49	0:55/50	6:16/44	1:30/34	0:55/63
	+0:30 (5)	+2:30 (14)	+0:21 (4)	+1:05 (9)	+0:23 (4)	+0:13 (7)	+0:09 (6)	+0:53 (6)	+0:18 (6)	+0:09 (6)

24:59 (8)	26:45 (8)	29:17 (8)	31:45 (8)	32:52 (8)	34:48 (8)	36:50 (8)	38:30 (8)	39:36 (8)	
2:01/43	1:46/35	2:32/58	2:28/45	1:07/46	1:56/51	2:02/62	1:40/40	1:06/249	
+0:27 (6)	+0:29 (8)	+0:27 (5)	+0:31 (4)	+0:14 (5)	+0:52 (8)	+0:21 (5)	+0:16 (5)	+0:09 (4)	
9 Arild Pettersen			Ukjent			(8,98min/km)		42:12	(+12:33)
2:05 (9)	3:35 (9)	5:43 (7)	8:27 (7)	11:01 (8)	12:12 (8)	13:11 (8)	20:17 (8)	21:53 (8)	23:21 (9)
2:05/64	1:30/36	2:08/41	2:44/52	2:34/56	1:11/49	0:59/50	7:06/44	1:36/34	1:28/63
+0:47 (8)	+0:32 (7)	+0:31 (6)	+0:41 (7)	+1:00 (9)	+0:21 (9)	+0:13 (7)	+1:43 (8)	+0:24 (8)	+0:42 (11)
25:25 (9)	27:47 (9)	30:53 (9)	33:29 (9)	34:40 (9)	36:48 (9)	38:51 (9)	40:51 (9)	42:12 (9)	
2:04/43	2:22/35	3:06/58	2:36/45	1:11/46	2:08/51	2:03/62	2:00/40	1:21/249	
+0:30 (7)	+1:05 (12)	+1:01 (8)	+0:39 (5)	+0:18 (6)	+1:04 (12)	+0:22 (6)	+0:36 (9)	+0:24 (10)	
10 Bjørnar Hegreberg			B&OI			(10,17min/km)		47:49	(+18:10)
2:04 (8)	3:34 (8)	5:50 (8)	8:55 (9)	11:54 (9)	13:19 (9)	14:29 (10)	22:45 (10)	24:37 (10)	25:45 (10)
2:04/64	1:30/36	2:16/41	3:05/52	2:59/56	1:25/49	1:10/50	8:16/44	1:52/34	1:08/63
+0:46 (7)	+0:32 (7)	+0:39 (7)	+1:02 (8)	+1:25 (11)	+0:35 (11)	+0:24 (11)	+2:53 (10)	+0:40 (10)	+0:22 (9)
28:08 (10)	30:50 (10)	34:24 (10)	37:52 (10)	39:21 (10)	41:17 (10)	44:06 (10)	46:30 (10)	47:49 (10)	
2:23/43	2:42/35	3:34/58	3:28/45	1:29/46	1:56/51	2:49/62	2:24/40	1:19/249	
+0:49 (9)	+1:25 (13)	+1:29 (9)	+1:31 (10)	+0:36 (10)	+0:52 (8)	+1:08 (11)	+1:00 (11)	+0:22 (9)	
11 Anders Westlund			B&OI			(11,20min/km)		52:37	(+22:58)
4:01 (14)	5:48 (12)	8:10 (12)	11:22 (12)	14:03 (12)	15:20 (11)	16:33 (11)	23:34 (11)	25:13 (11)	26:24 (11)
4:01/64	1:47/36	2:22/41	3:12/52	2:41/56	1:17/49	1:13/50	7:01/44	1:39/34	1:11/63
+2:43 (13)	+0:49 (11)	+0:45 (8)	+1:09 (10)	+1:07 (10)	+0:27 (10)	+0:27 (13)	+1:38 (7)	+0:27 (9)	+0:25 (10)
28:52 (11)	30:56 (11)	39:11 (11)	42:24 (11)	43:44 (11)	45:45 (11)	48:36 (11)	51:03 (11)	52:37 (11)	
2:28/43	2:04/35	8:15/58	3:13/45	1:20/46	2:01/51	2:51/62	2:27/40	1:34/249	
+0:54 (10)	+0:47 (9)	+6:10 (14)	+1:16 (9)	+0:27 (8)	+0:57 (11)	+1:10 (12)	+1:03 (12)	+0:37 (12)	
12 Biehtar Eira			B&OI			(11,43min/km)		53:42	(+24:03)
4:11 (15)	5:49 (14)	8:14 (13)	15:27 (15)	17:47 (15)	18:51 (14)	19:41 (14)	28:43 (14)	29:58 (13)	30:49 (13)
4:11/64	1:38/36	2:25/41	7:13/52	2:20/56	1:04/49	0:50/50	9:02/44	1:15/34	0:51/63
+2:53 (14)	+0:40 (10)	+0:48 (9)	+5:10 (14)	+0:46 (8)	+0:14 (8)	+0:04 (2)	+3:39 (12)	+0:03 (2)	+0:05 (4)
33:41 (12)	35:21 (12)	39:27 (12)	43:29 (12)	46:10 (13)	47:53 (12)	50:28 (12)	52:33 (12)	53:42 (12)	
2:52/43	1:40/35	4:06/58	4:02/45	2:41/46	1:43/51	2:35/62	2:05/40	1:09/249	
+1:18 (12)	+0:23 (6)	+2:01 (10)	+2:05 (12)	+1:48 (13)	+0:39 (6)	+0:54 (8)	+0:41 (10)	+0:12 (6)	
13 Jakob Kalvig Skogan			B&OI			(11,51min/km)		54:07	(+24:28)
3:57 (13)	5:48 (12)	8:20 (14)	12:19 (13)	15:20 (13)	16:49 (13)	17:56 (13)	26:34 (12)	28:44 (12)	30:17 (12)
3:57/64	1:51/36	2:32/41	3:59/52	3:01/56	1:29/49	1:07/50	8:38/44	2:10/34	1:33/63
+2:39 (12)	+0:53 (12)	+0:55 (10)	+1:56 (12)	+1:27 (12)	+0:39 (12)	+0:21 (10)	+3:15 (11)	+0:58 (12)	+0:47 (12)
33:49 (13)	36:08 (13)	40:14 (13)	44:00 (13)	46:05 (12)	48:04 (13)	50:42 (13)	52:39 (13)	54:07 (13)	
3:32/43	2:19/35	4:06/58	3:46/45	2:05/46	1:59/51	2:38/62	1:57/40	1:28/249	
+1:58 (14)	+1:02 (11)	+2:01 (10)	+1:49 (11)	+1:12 (11)	+0:55 (10)	+0:57 (9)	+0:33 (8)	+0:31 (11)	
14 Ida Hegreberg			B&OI			(13,46min/km)		1:03:16	(+33:37)
3:09 (12)	5:50 (15)	8:59 (15)	13:49 (14)	17:07 (14)	19:10 (15)	20:37 (15)	30:55 (15)	33:09 (15)	34:45 (15)
3:09/64	2:41/36	3:09/41	4:50/52	3:18/56	2:03/49	1:27/50	10:18/44	2:14/34	1:36/63
+1:51 (11)	+1:43 (13)	+1:32 (13)	+2:47 (13)	+1:44 (13)	+1:13 (14)	+0:41 (14)	+4:55 (13)	+1:02 (13)	+0:50 (13)
37:51 (15)	40:01 (14)	45:51 (14)	50:03 (14)	52:20 (14)	55:15 (14)	59:02 (14)	1:01:40 (14)	1:03:16 (14)	
3:06/43	2:10/35	5:50/58	4:12/45	2:17/46	2:55/51	3:47/62	2:38/40	1:36/249	
+1:32 (13)	+0:53 (10)	+3:45 (12)	+2:15 (13)	+1:24 (12)	+1:51 (13)	+2:06 (14)	+1:14 (13)	+0:39 (13)	
15 Ørjan Laksoa			Ukjent			(14,95min/km)		1:10:15	(+40:36)
2:49 (11)	4:21 (10)	7:11 (10)	10:27 (11)	13:46 (11)	15:25 (12)	16:36 (12)	28:21 (13)	30:27 (14)	32:30 (14)
2:49/64	1:32/36	2:50/41	3:16/52	3:19/56	1:39/49	1:11/50	11:45/44	2:06/34	2:03/63
+1:31 (10)	+0:34 (9)	+1:13 (11)	+1:13 (11)	+1:45 (14)	+0:49 (13)	+0:25 (12)	+6:22 (14)	+0:54 (11)	+1:17 (14)
35:02 (14)	41:41 (15)	48:30 (15)	53:34 (15)	58:21 (15)	1:01:20 (15)	1:05:04 (15)	1:08:31 (15)	1:10:15 (15)	
2:32/43	6:39/35	6:49/58	5:04/45	4:47/46	2:59/51	3:44/62	3:27/40	1:44/249	
+0:58 (11)	+5:22 (14)	+4:44 (13)	+3:07 (14)	+3:54 (14)	+1:55 (14)	+2:03 (13)	+2:03 (14)	+0:47 (14)	