

Resultater fra Saltenkarusell 3 - Frosktertjern 20.05.2008

Det var totalt 74 deltagere.

Klasse 6 km

9 påmeldt, 9 startende

1	Håvard Berg		B&OI		(7,26min/km)		46:28			
	3:23 (2)	7:08 (1)	8:19 (1)	12:42 (1)	16:09 (1)	20:53 (1)	25:24 (1)	30:30 (1)	35:43 (1)	37:43 (1)
	3:23/62	3:45/58	1:11/57	4:23/56	3:27/64	4:44/55	4:31/82	5:06/63	5:13/52	2:00/54
	+0:10 (2)	+0:00 (1)	+0:00 (1)	+0:18 (2)	+0:01 (2)	+0:16 (2)	+0:00 (1)	+0:37 (3)	+0:00 (1)	+0:00 (1)
	42:26 (1)	45:52 (1)	46:28 (1)							
	4:43/47	3:26/45	0:36/150							
	+0:36 (2)	+0:07 (2)	+0:02 (3)							
2	Magnus Wold		B&OI		(7,37min/km)		47:09	(+0:41)		
	3:13 (1)	7:24 (2)	9:10 (2)	13:15 (2)	17:01 (2)	21:29 (2)	26:50 (2)	31:19 (2)	37:07 (2)	39:07 (2)
	3:13/62	4:11/58	1:46/57	4:05/56	3:46/64	4:28/55	5:21/82	4:29/63	5:48/52	2:00/54
	+0:00 (1)	+0:26 (3)	+0:35 (6)	+0:00 (1)	+0:20 (4)	+0:00 (1)	+0:50 (3)	+0:00 (1)	+0:35 (3)	+0:00 (1)
	43:14 (2)	46:33 (2)	47:09 (2)							
	4:07/47	3:19/45	0:36/150							
	+0:00 (1)	+0:00 (1)	+0:02 (3)							
3	Gunnar Skjeflo		B&OI		(8,76min/km)		56:02	(+9:34)		
	4:25 (5)	8:39 (4)	10:02 (4)	18:17 (5)	22:27 (5)	27:25 (5)	34:06 (4)	39:19 (5)	45:11 (5)	47:13 (5)
	4:25/62	4:14/58	1:23/57	8:15/56	4:10/64	4:58/55	6:41/82	5:13/63	5:52/52	2:02/54
	+1:12 (5)	+0:29 (4)	+0:12 (2)	+4:10 (8)	+0:44 (5)	+0:30 (5)	+2:10 (5)	+0:44 (4)	+0:39 (4)	+0:02 (3)
	52:00 (3)	55:28 (3)	56:02 (3)							
	4:47/47	3:28/45	0:34/150							
	+0:40 (3)	+0:09 (3)	+0:00 (1)							
4	Vebjørn Rånes		Ukjent		(9,05min/km)		57:56	(+11:28)		
	4:52 (6)	9:15 (5)	10:38 (5)	15:57 (4)	20:10 (4)	26:33 (4)	31:30 (3)	37:28 (3)	44:07 (3)	46:41 (3)
	4:52/62	4:23/58	1:23/57	5:19/56	4:13/64	6:23/55	4:57/82	5:58/63	6:39/52	2:34/54
	+1:39 (6)	+0:38 (5)	+0:12 (2)	+1:14 (4)	+0:47 (6)	+1:55 (7)	+0:26 (2)	+1:29 (6)	+1:26 (6)	+0:34 (6)
	52:40 (4)	57:01 (4)	57:56 (4)							
	5:59/47	4:21/45	0:55/150							
	+1:52 (6)	+1:02 (6)	+0:21 (8)							
5	Bjørn Mannsverk		Ukjent		(9,29min/km)		59:27	(+12:59)		
	5:01 (8)	10:13 (7)	13:21 (8)	19:07 (6)	24:06 (6)	28:56 (6)	35:00 (6)	40:41 (6)	46:47 (6)	49:11 (6)
	5:01/62	5:12/58	3:08/57	5:46/56	4:59/64	4:50/55	6:04/82	5:41/63	6:06/52	2:24/54
	+1:48 (8)	+1:27 (7)	+1:57 (8)	+1:41 (5)	+1:33 (8)	+0:22 (4)	+1:33 (4)	+1:12 (5)	+0:53 (5)	+0:24 (5)
	54:36 (5)	58:49 (5)	59:27 (5)							
	5:25/47	4:13/45	0:38/150							
	+1:18 (4)	+0:54 (5)	+0:04 (5)							
6	Bjørn Are Stensland		B&OI		(9,36min/km)		59:54	(+13:26)		
	3:52 (3)	7:51 (3)	9:30 (3)	13:55 (3)	17:21 (3)	22:09 (3)	34:23 (5)	39:13 (4)	44:42 (4)	46:53 (4)
	3:52/62	3:59/58	1:39/57	4:25/56	3:26/64	4:48/55	12:14/82	4:50/63	5:29/52	2:11/54
	+0:39 (3)	+0:14 (2)	+0:28 (5)	+0:20 (3)	+0:00 (1)	+0:20 (3)	+7:43 (8)	+0:21 (2)	+0:16 (2)	+0:11 (4)
	55:25 (6)	59:13 (6)	59:54 (6)							
	8:32/47	3:48/45	0:41/150							
	+4:25 (8)	+0:29 (4)	+0:07 (7)							
7	Bjørnar Hegreberg		Ukjent		(10,30min/km)		1:05:55	(+19:27)		
	4:56 (7)	9:46 (6)	11:19 (6)	19:19 (7)	24:12 (7)	30:32 (7)	37:14 (7)	43:57 (7)	51:21 (7)	54:13 (7)
	4:56/62	4:50/58	1:33/57	8:00/56	4:53/64	6:20/55	6:42/82	6:43/63	7:24/52	2:52/54
	+1:43 (7)	+1:05 (6)	+0:22 (4)	+3:55 (7)	+1:27 (7)	+1:52 (6)	+2:11 (6)	+2:14 (7)	+2:11 (7)	+0:52 (8)
	1:00:38 (7)	1:05:16 (7)	1:05:55 (7)							
	6:25/47	4:38/45	0:39/150							
	+2:18 (7)	+1:19 (7)	+0:05 (6)							
8	Håkon Hegreberg		B&OI		(11,00min/km)		1:10:23	(+23:55)		
	4:19 (4)	10:34 (8)	13:00 (7)	20:49 (8)	24:18 (8)	32:29 (8)	41:11 (8)	48:33 (8)	56:01 (8)	58:38 (8)
	4:19/62	6:15/58	2:26/57	7:49/56	3:29/64	8:11/55	8:42/82	7:22/63	7:28/52	2:37/54
	+1:06 (4)	+2:30 (8)	+1:15 (7)	+3:44 (6)	+0:03 (3)	+3:43 (8)	+4:11 (7)	+2:53 (8)	+2:15 (8)	+0:37 (7)
	1:04:33 (8)	1:09:49 (8)	1:10:23 (8)							

5:55/47 5:16/45 0:34/150
 +1:48 (5) +1:57 (8) +0:00 (1)

Petter Jakola			B&OI			(5,64min/km)		Brutt	
4:34 (6)	8:30 (4)	9:59 (4)	15:14 (4)	19:23 (4)	26:00 (4)	36:06 (7)	36:06 (3)	36:06 (2)	36:06 (1)
4:34/62	3:56/58	1:29/57	5:15/56	4:09/64	6:37/55	10:06/150			
+1:21 (6)	+0:11 (2)	+0:18 (4)	+1:10 (4)	+0:43 (5)	+2:09 (8)	+5:35 (8)	+0:00 (1)	+0:00 (1)	+0:00 (1)
36:06 (1)	36:06 (1)	36:06 (1)							
+0:00 (1)	+0:00 (1)	+0:00 (1)							

Klasse 4 km

27 påmeldt, 27 startende

1	Ketil Jordbru	VIL			(9,28min/km)		36:11		
	5:04 (8)	7:15 (8)	11:27 (4)	17:42 (1)	22:43 (1)	24:36 (1)	28:50 (1)	33:21 (1)	35:20 (1) 36:11 (1)
	5:04/52	2:11/54	4:12/55	6:15/56	5:01/57	1:53/58	4:14/62	4:31/63	1:59/45 0:51/150
	+1:02 (8)	+0:09 (5)	+0:00 (1)	+0:00 (1)	+0:07 (4)	+0:21 (5)	+0:47 (9)	+2:32 (22)	+0:31 (12) +0:15 (17)
2	Marit Johnsen	B&OI			(9,33min/km)		36:24		(+0:13)
	4:18 (3)	6:33 (3)	11:18 (3)	18:56 (3)	24:44 (3)	27:39 (3)	31:24 (3)	33:46 (2)	35:38 (2) 36:24 (2)
	4:18/52	2:15/54	4:45/55	7:38/56	5:48/57	2:55/58	3:45/62	2:22/63	1:52/45 0:46/150
	+0:16 (3)	+0:13 (8)	+0:33 (8)	+1:23 (4)	+0:54 (12)	+1:23 (22)	+0:18 (4)	+0:23 (7)	+0:24 (8) +0:10 (13)
3	Torkil Irgens	B&OI			(9,39min/km)		36:37		(+0:26)
	4:05 (2)	6:17 (2)	11:00 (2)	21:17 (6)	26:12 (5)	28:04 (5)	32:10 (4)	34:29 (4)	35:58 (3) 36:37 (3)
	4:05/52	2:12/54	4:43/55	10:17/56	4:55/57	1:52/58	4:06/62	2:19/63	1:29/45 0:39/150
	+0:03 (2)	+0:10 (6)	+0:31 (7)	+4:02 (15)	+0:01 (2)	+0:20 (3)	+0:39 (6)	+0:20 (4)	+0:01 (2) +0:03 (4)
4	Leif Magne Eggestad	B&OI			(9,46min/km)		36:53		(+0:42)
	5:55 (17)	8:04 (15)	12:21 (9)	18:42 (2)	23:36 (2)	25:30 (2)	29:38 (2)	34:20 (3)	36:11 (4) 36:53 (4)
	5:55/52	2:09/54	4:17/55	6:21/56	4:54/57	1:54/58	4:08/62	4:42/63	1:51/45 0:42/150
	+1:53 (17)	+0:07 (3)	+0:05 (2)	+0:06 (2)	+0:00 (1)	+0:22 (6)	+0:41 (7)	+2:43 (23)	+0:23 (7) +0:06 (8)
5	Anders Kure	B&OI			(9,53min/km)		37:11		(+1:00)
	4:02 (1)	6:16 (1)	10:56 (1)	21:38 (8)	26:41 (6)	28:35 (6)	32:18 (5)	34:34 (5)	36:27 (5) 37:11 (5)
	4:02/52	2:14/54	4:40/55	10:42/56	5:03/57	1:54/58	3:43/62	2:16/63	1:53/45 0:44/150
	+0:00 (1)	+0:12 (7)	+0:28 (6)	+4:27 (16)	+0:09 (5)	+0:22 (6)	+0:16 (3)	+0:17 (3)	+0:25 (9) +0:08 (11)
6	Heidi Mørkved	Innstanda IL			(9,63min/km)		37:33		(+1:22)
	4:49 (5)	6:59 (5)	11:45 (7)	19:04 (4)	26:07 (4)	27:59 (4)	32:27 (6)	35:25 (6)	36:53 (6) 37:33 (6)
	4:49/52	2:10/54	4:46/55	7:19/56	7:03/57	1:52/58	4:28/62	2:58/63	1:28/45 0:40/150
	+0:47 (5)	+0:08 (4)	+0:34 (9)	+1:04 (3)	+2:09 (14)	+0:20 (3)	+1:01 (14)	+0:59 (15)	+0:00 (1) +0:04 (6)
7	Erlend Fjose	B&OI			(9,76min/km)		38:04		(+1:53)
	5:06 (9)	7:08 (7)	11:35 (5)	23:15 (12)	28:32 (12)	30:04 (10)	33:31 (9)	35:30 (7)	37:19 (7) 38:04 (7)
	5:06/52	2:02/54	4:27/55	11:40/56	5:17/57	1:32/58	3:27/62	1:59/63	1:49/45 0:45/150
	+1:04 (9)	+0:00 (1)	+0:15 (3)	+5:25 (21)	+0:23 (6)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:21 (6) +0:09 (12)
8	Ivar Aanerød	B&OI			(9,82min/km)		38:18		(+2:07)
	4:59 (7)	7:07 (6)	11:39 (6)	21:11 (5)	26:55 (7)	29:03 (7)	32:49 (7)	35:31 (8)	37:35 (8) 38:18 (8)
	4:59/52	2:08/54	4:32/55	9:32/56	5:44/57	2:08/58	3:46/62	2:42/63	2:04/45 0:43/150
	+0:57 (7)	+0:06 (2)	+0:20 (5)	+3:17 (13)	+0:50 (11)	+0:36 (11)	+0:19 (5)	+0:43 (12)	+0:36 (13) +0:07 (10)
9	Carl B Bjørseth	B&OI			(10,14min/km)		39:32		(+3:21)
	5:24 (14)	7:53 (13)	13:01 (11)	21:38 (8)	27:06 (8)	29:20 (8)	33:28 (8)	36:20 (9)	38:42 (9) 39:32 (9)
	5:24/52	2:29/54	5:08/55	8:37/56	5:28/57	2:14/58	4:08/62	2:52/63	2:22/45 0:50/150
	+1:22 (14)	+0:27 (13)	+0:56 (12)	+2:22 (8)	+0:34 (9)	+0:42 (12)	+0:41 (7)	+0:53 (14)	+0:54 (16) +0:14 (14)
10	Anita Eriksen	B&OI			(10,20min/km)		39:47		(+3:36)
	5:19 (13)	7:38 (11)	14:30 (16)	22:15 (10)	27:40 (9)	30:10 (11)	34:45 (10)	37:19 (10)	39:05 (10) 39:47 (10)
	5:19/52	2:19/54	6:52/55	7:45/56	5:25/57	2:30/58	4:35/62	2:34/63	1:46/45 0:42/150
	+1:17 (13)	+0:17 (10)	+2:40 (22)	+1:30 (5)	+0:31 (8)	+0:58 (17)	+1:08 (16)	+0:35 (10)	+0:18 (5) +0:06 (8)
11	Biehtar Eira	B&OI			(10,32min/km)		40:16		(+4:05)
	4:22 (4)	6:44 (4)	14:05 (12)	23:16 (13)	28:16 (11)	30:02 (9)	35:53 (12)	37:59 (12)	39:40 (11) 40:16 (11)
	4:22/52	2:22/54	7:21/55	9:11/56	5:00/57	1:46/58	5:51/62	2:06/63	1:41/45 0:36/150
	+0:20 (4)	+0:20 (11)	+3:09 (23)	+2:56 (10)	+0:06 (3)	+0:14 (2)	+2:24 (18)	+0:07 (2)	+0:13 (4) +0:00 (1)
12	Gunnar Rabben	VIL			(10,48min/km)		40:53		(+4:42)
	4:55 (6)	7:23 (9)	12:11 (8)	23:16 (14)	28:39 (13)	30:33 (13)	36:16 (13)	38:36 (13)	40:12 (12) 40:53 (12)
	4:55/52	2:28/54	4:48/55	11:05/56	5:23/57	1:54/58	5:43/62	2:20/63	1:36/45 0:41/150

	+0:53 (6)	+0:26 (12)	+0:36 (10)	+4:50 (19)	+0:29 (7)	+0:22 (6)	+2:16 (17)	+0:21 (5)	+0:08 (3)	+0:05 (7)
13 Øyvind Bjørkås	B&OI				(10,74min/km)				41:54	(+5:43)
5:11 (11)	7:47 (12)	12:56 (10)	21:25 (7)	28:10 (10)	30:27 (12)	34:58 (11)	37:31 (11)	41:03 (13)	41:54 (13)	
5:11/52	2:36/54	5:09/55	8:29/56	6:45/57	2:17/58	4:31/62	2:33/63	3:32/45	0:51/150	
+1:09 (11)	+0:34 (14)	+0:57 (13)	+2:14 (7)	+1:51 (13)	+0:45 (13)	+1:04 (15)	+0:34 (9)	+2:04 (23)	+0:15 (17)	
14 Marit Elveos	B&OI				(11,24min/km)				43:49	(+7:38)
7:04 (20)	9:59 (19)	15:00 (17)	24:28 (15)	31:47 (16)	33:42 (15)	37:57 (14)	40:18 (14)	43:10 (14)	43:49 (14)	
7:04/52	2:55/54	5:01/55	9:28/56	7:19/57	1:55/58	4:15/62	2:21/63	2:52/45	0:39/150	
+3:02 (20)	+0:53 (19)	+0:49 (11)	+3:13 (12)	+2:25 (17)	+0:23 (9)	+0:48 (10)	+0:22 (6)	+1:24 (17)	+0:03 (4)	
15 Torbjørn Høsli Olsen	B&OI				(11,25min/km)				43:52	(+7:41)
6:31 (18)	9:07 (18)	14:25 (14)	25:36 (17)	31:08 (15)	33:36 (14)	38:00 (15)	41:22 (15)	43:15 (15)	43:52 (15)	
6:31/52	2:36/54	5:18/55	11:11/56	5:32/57	2:28/58	4:24/62	3:22/63	1:53/45	0:37/150	
+2:29 (18)	+0:34 (14)	+1:06 (14)	+4:56 (20)	+0:38 (10)	+0:56 (16)	+0:57 (13)	+1:23 (16)	+0:25 (9)	+0:01 (3)	
16 Ariaja Kleist	B&OI				(11,57min/km)				45:08	(+8:57)
7:55 (23)	11:43 (24)	16:14 (21)	25:33 (16)	32:45 (17)	34:45 (17)	39:01 (16)	41:36 (16)	44:32 (16)	45:08 (16)	
7:55/52	3:48/54	4:31/55	9:19/56	7:12/57	2:00/58	4:16/62	2:35/63	2:56/45	0:36/150	
+3:53 (23)	+1:46 (25)	+0:19 (4)	+3:04 (11)	+2:18 (15)	+0:28 (10)	+0:49 (11)	+0:36 (11)	+1:28 (18)	+0:00 (1)	
17 Morten Selnes	B&OI				(12,41min/km)				48:23	(+12:12)
5:32 (15)	8:40 (16)	14:07 (13)	22:51 (11)	30:04 (14)	33:50 (16)	40:05 (17)	43:49 (17)	47:32 (17)	48:23 (17)	
5:32/52	3:08/54	5:27/55	8:44/56	7:13/57	3:46/58	6:15/62	3:44/63	3:43/45	0:51/150	
+1:30 (15)	+1:06 (21)	+1:15 (15)	+2:29 (9)	+2:19 (16)	+2:14 (25)	+2:48 (20)	+1:45 (18)	+2:15 (24)	+0:15 (17)	
18 Jan Prytz	B&OI				(12,50min/km)				48:46	(+12:35)
5:13 (12)	7:28 (10)	20:10 (24)	28:02 (20)	37:30 (21)	39:49 (20)	43:30 (19)	46:01 (18)	47:56 (18)	48:46 (18)	
5:13/52	2:15/54	12:42/55	7:52/56	9:28/57	2:19/58	3:41/62	2:31/63	1:55/45	0:50/150	
+1:11 (12)	+0:13 (8)	+8:30 (25)	+1:37 (6)	+4:34 (24)	+0:47 (14)	+0:14 (2)	+0:32 (8)	+0:27 (11)	+0:14 (14)	
19 Åge Mohus	B&OI				(13,01min/km)				50:45	(+14:34)
5:08 (10)	7:57 (14)	14:26 (15)	29:57 (23)	38:05 (23)	40:31 (23)	44:52 (21)	47:39 (19)	49:52 (19)	50:45 (19)	
5:08/52	2:49/54	6:29/55	15:31/56	8:08/57	2:26/58	4:21/62	2:47/63	2:13/45	0:53/150	
+1:06 (10)	+0:47 (16)	+2:17 (19)	+9:16 (24)	+3:14 (20)	+0:54 (15)	+0:54 (12)	+0:48 (13)	+0:45 (15)	+0:17 (21)	
20 Reidar Andersen	B&OI				(13,37min/km)				52:09	(+15:58)
8:28 (24)	11:17 (23)	16:54 (22)	26:45 (19)	34:23 (19)	37:32 (19)	44:38 (20)	48:23 (20)	51:19 (20)	52:09 (20)	
8:28/52	2:49/54	5:37/55	9:51/56	7:38/57	3:09/58	7:06/62	3:45/63	2:56/45	0:50/150	
+4:26 (24)	+0:47 (16)	+1:25 (16)	+3:36 (14)	+2:44 (19)	+1:37 (24)	+3:39 (24)	+1:46 (19)	+1:28 (18)	+0:14 (14)	
21 Odd Ivar Søvik	B&OI				(13,39min/km)				52:13	(+16:02)
5:47 (16)	9:01 (17)	15:38 (18)	26:27 (18)	33:54 (18)	36:24 (18)	42:50 (18)	49:09 (21)	51:21 (21)	52:13 (21)	
5:47/52	3:14/54	6:37/55	10:49/56	7:27/57	2:30/58	6:26/62	6:19/63	2:12/45	0:52/150	
+1:45 (16)	+1:12 (22)	+2:25 (20)	+4:34 (18)	+2:33 (18)	+0:58 (17)	+2:59 (23)	+4:20 (24)	+0:44 (14)	+0:16 (20)	
22 Tormod Skålsvik	Ukjent				(14,15min/km)				55:11	(+19:00)
7:17 (22)	10:12 (20)	15:56 (19)	28:41 (21)	37:30 (22)	40:18 (21)	46:36 (22)	50:39 (22)	54:07 (22)	55:11 (22)	
7:17/52	2:55/54	5:44/55	12:45/56	8:49/57	2:48/58	6:18/62	4:03/63	3:28/45	1:04/150	
+3:15 (22)	+0:53 (19)	+1:32 (18)	+6:30 (22)	+3:55 (22)	+1:16 (21)	+2:51 (21)	+2:04 (20)	+2:00 (22)	+0:28 (23)	
23 Unni Rekkedal	B&OI				(14,18min/km)				55:18	(+19:07)
7:04 (20)	10:23 (22)	16:04 (20)	28:49 (22)	37:28 (20)	40:29 (22)	46:39 (23)	50:49 (23)	54:10 (23)	55:18 (23)	
7:04/52	3:19/54	5:41/55	12:45/56	8:39/57	3:01/58	6:10/62	4:10/63	3:21/45	1:08/150	
+3:02 (20)	+1:17 (23)	+1:29 (17)	+6:30 (22)	+3:45 (21)	+1:29 (23)	+2:43 (19)	+2:11 (21)	+1:53 (21)	+0:32 (24)	
24 Christian Søvik	B&OI				(15,85min/km)				1:01:49	(+25:38)
6:45 (19)	10:15 (21)	20:43 (25)	31:31 (24)	43:16 (24)	45:46 (24)	52:07 (24)	55:43 (24)	1:00:52 (24)	1:01:49 (24)	
6:45/52	3:30/54	10:28/55	10:48/56	11:45/57	2:30/58	6:21/62	3:36/63	5:09/45	0:57/150	
+2:43 (19)	+1:28 (24)	+6:16 (24)	+4:33 (17)	+6:51 (25)	+0:58 (17)	+2:54 (22)	+1:37 (17)	+3:41 (25)	+0:21 (22)	
25 Siv Byberg	B&OI				(18,57min/km)				1:12:25	(+36:14)
9:57 (25)	12:50 (25)	19:28 (23)	36:32 (25)	45:25 (25)	48:06 (25)	57:13 (25)	1:07:58 (25)	1:11:15 (25)	1:12:25 (25)	
9:57/52	2:53/54	6:38/55	17:04/56	8:53/57	2:41/58	9:07/62	10:45/63	3:17/45	1:10/150	
+5:55 (25)	+0:51 (18)	+2:26 (21)	+10:49 (25)	+3:59 (23)	+1:09 (20)	+5:40 (25)	+8:46 (25)	+1:49 (20)	+0:34 (25)	
Ørjan Laksoa	B&OI				(19,17min/km)				Disk	(+38:34)
9:44 (25)	14:46 (26)	27:48 (26)	42:06 (26)	53:36 (26)	56:47 (26)	1:14:45 (26)	1:14:45 (26)	1:14:45 (26)	1:14:45 (26)	
9:44/52	5:02/54	13:02/55	14:18/56	11:30/57	3:11/58	17:58/150				
+5:42 (25)	+3:00 (26)	+8:50 (26)	+8:03 (24)	+6:36 (25)	+1:39 (25)	+14:31 (26)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
Tore Tveraabak	B&OI				(0,00min/km)				Brutt	
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	

+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

Klasse 3 km

24 påmeldt, 24 startende

1	Morten Tjønndal		B&OI	(8,78min/km)	26:21	
	2:38 (2)	5:01 (1)	9:05 (1)	11:27 (1)	17:01 (1)	23:05 (1)
	2:38/46	2:23/47	4:04/49	2:22/50	5:34/42	6:04/51
	+0:04 (2)	+0:00 (1)	+0:00 (1)	+0:03 (2)	+2:07 (18)	+0:16 (3)
						+0:00 (1)
						+0:05 (6)
2	Håvard Irgens		B&OI	(9,38min/km)	28:08	(+1:47)
	2:34 (1)	6:31 (4)	12:08 (3)	14:54 (2)	18:24 (2)	24:12 (2)
	2:34/46	3:57/47	5:37/49	2:46/50	3:30/42	5:48/51
	+0:00 (1)	+1:34 (6)	+1:33 (5)	+0:27 (6)	+0:03 (3)	+0:00 (1)
						+0:41 (2)
						+0:04 (4)
3	Vibece Hobbeldstad		VIL	(10,38min/km)	31:08	(+4:47)
	3:21 (6)	6:14 (2)	13:22 (5)	16:05 (4)	19:35 (3)	26:42 (3)
	3:21/46	2:53/47	7:08/49	2:43/50	3:30/42	7:07/51
	+0:47 (6)	+0:30 (3)	+3:04 (9)	+0:24 (5)	+0:03 (3)	+1:19 (5)
						+1:07 (6)
						+0:08 (8)
4	Per Dalhaug		B&OI	(10,52min/km)	31:34	(+5:13)
	6:07 (20)	8:55 (10)	13:34 (6)	16:28 (6)	20:05 (4)	27:09 (4)
	6:07/46	2:48/47	4:39/49	2:54/50	3:37/42	7:04/51
	+3:33 (20)	+0:25 (2)	+0:35 (3)	+0:35 (9)	+0:10 (6)	+1:16 (4)
						+1:09 (7)
						+0:05 (6)
5	Sander Pettersen		B&OI	(10,83min/km)	32:29	(+6:08)
	3:50 (11)	10:41 (15)	16:32 (10)	19:14 (9)	22:49 (8)	28:37 (5)
	3:50/46	6:51/47	5:51/49	2:42/50	3:35/42	5:48/51
	+1:16 (11)	+4:28 (18)	+1:47 (7)	+0:23 (4)	+0:08 (5)	+0:00 (1)
						+0:41 (2)
						+0:00 (1)
6	Asbjørn Pedersen		SISO	(11,31min/km)	33:55	(+7:34)
	3:17 (4)	7:38 (5)	12:48 (4)	15:41 (3)	21:09 (6)	29:50 (6)
	3:17/46	4:21/47	5:10/49	2:53/50	5:28/42	8:41/51
	+0:43 (4)	+1:58 (9)	+1:06 (4)	+0:34 (8)	+2:01 (17)	+2:53 (9)
						+0:43 (4)
						+0:11 (10)
7	Anders Stensland		B&OI	(12,73min/km)	38:12	(+11:51)
	3:40 (9)	9:02 (11)	16:19 (9)	18:38 (8)	22:20 (7)	33:18 (7)
	3:40/46	5:22/47	7:17/49	2:19/50	3:42/42	10:58/51
	+1:06 (9)	+2:59 (15)	+3:13 (10)	+0:00 (1)	+0:15 (7)	+5:10 (20)
						+1:32 (10)
						+0:11 (10)
8	Marit Lunde		B&OI	(13,61min/km)	40:50	(+14:29)
	4:34 (15)	9:34 (12)	15:39 (8)	20:13 (10)	25:20 (9)	34:09 (8)
	4:34/46	5:00/47	6:05/49	4:34/50	5:07/42	8:49/51
	+2:00 (15)	+2:37 (14)	+2:01 (8)	+2:15 (16)	+1:40 (16)	+3:01 (10)
						+2:57 (20)
						+0:33 (21)
9	Edvin Berg		B&OI	(14,07min/km)	42:12	(+15:51)
	3:28 (7)	6:22 (3)	10:53 (2)	16:06 (5)	20:15 (5)	37:23 (9)
	3:28/46	2:54/47	4:31/49	5:13/50	4:09/42	17:08/51
	+0:54 (7)	+0:31 (4)	+0:27 (2)	+2:54 (17)	+0:42 (10)	+11:20 (23)
						+1:18 (8)
						+0:20 (15)
10	Lisbeth Lunde		B&OI	(14,65min/km)	43:57	(+17:36)
	4:05 (12)	8:35 (9)	16:40 (11)	21:06 (11)	27:38 (10)	37:49 (10)
	4:05/46	4:30/47	8:05/49	4:26/50	6:32/42	10:11/51
	+1:31 (12)	+2:07 (10)	+4:01 (12)	+2:07 (14)	+3:05 (20)	+4:23 (17)
						+2:11 (16)
						+0:46 (22)
11	Ida Hegreberg		B&OI	(14,76min/km)	44:16	(+17:55)
	12:30 (23)	15:53 (21)	23:19 (14)	25:54 (14)	29:42 (12)	39:23 (11)
	12:30/46	3:23/47	7:26/49	2:35/50	3:48/42	9:41/51
	+9:56 (23)	+1:00 (5)	+3:22 (11)	+0:16 (3)	+0:21 (8)	+3:53 (14)
						+1:33 (11)
						+0:09 (9)
12	Regula Høsli		B&OI	(15,09min/km)	45:17	(+18:56)
	4:12 (14)	8:27 (8)	20:03 (13)	24:32 (13)	29:21 (11)	39:25 (12)
	4:12/46	4:15/47	11:36/49	4:29/50	4:49/42	10:04/51
	+1:38 (14)	+1:52 (7)	+7:32 (15)	+2:10 (15)	+1:22 (12)	+4:16 (16)
						+2:12 (17)
						+0:29 (20)
13	Anja Meisler		Ukjent	(15,27min/km)	45:48	(+19:27)
	5:12 (17)	11:17 (17)	19:36 (12)	23:49 (12)	29:52 (13)	40:09 (13)
	5:12/46	6:05/47	8:19/49	4:13/50	6:03/42	10:17/51
	+2:38 (17)	+3:42 (16)	+4:15 (13)	+1:54 (13)	+2:36 (19)	+4:29 (18)
						+2:17 (18)
						+0:11 (10)
14	Anne Grete Meisler		Ukjent	(15,38min/km)	46:08	(+19:47)
	2:43 (3)	11:12 (16)	27:00 (19)	29:48 (15)	33:15 (14)	41:33 (14)
						45:25 (14)
						46:08 (14)

2:43/46	8:29/47	15:48/49	2:48/50	3:27/42	8:18/51	3:52/45	0:43/150		
+0:09 (3)	+6:06 (20)	+11:44 (21)	+0:29 (7)	+0:00 (1)	+2:30 (8)	+1:21 (9)	+0:03 (2)		
15 Mariell Eide	SISO						(15,87min/km)	47:36	(+21:15)
3:20 (5)	8:08 (6)	13:52 (7)	17:04 (7)	35:08 (18)	42:19 (15)	46:35 (15)	47:36 (15)		
3:20/46	4:48/47	5:44/49	3:12/50	18:04/42	7:11/51	4:16/45	1:01/150		
+0:46 (5)	+2:25 (13)	+1:40 (6)	+0:53 (10)	+14:37 (23)	+1:23 (6)	+1:45 (13)	+0:21 (16)		
16 Anne Grete Olsen	B&OI						(16,46min/km)	49:23	(+23:02)
5:34 (18)	10:05 (13)	23:30 (16)	30:02 (17)	34:57 (15)	43:54 (17)	48:20 (16)	49:23 (16)		
5:34/46	4:31/47	13:25/49	6:32/50	4:55/42	8:57/51	4:26/45	1:03/150		
+3:00 (18)	+2:08 (11)	+9:21 (18)	+4:13 (22)	+1:28 (13)	+3:09 (12)	+1:55 (14)	+0:23 (18)		
17 Marianne Eilertsen	B&OI						(16,49min/km)	49:29	(+23:08)
5:34 (18)	10:07 (14)	23:30 (15)	29:56 (16)	34:58 (16)	43:49 (16)	48:21 (17)	49:29 (17)		
5:34/46	4:33/47	13:23/49	6:26/50	5:02/42	8:51/51	4:32/45	1:08/150		
+3:00 (18)	+2:10 (12)	+9:19 (17)	+4:07 (21)	+1:35 (14)	+3:03 (11)	+2:01 (15)	+0:28 (19)		
18 Tor Erlend Sund	Ukjent						(17,40min/km)	52:12	(+25:51)
4:06 (13)	8:23 (7)	25:56 (18)	31:33 (18)	35:02 (17)	45:35 (18)	51:28 (19)	52:12 (18)		
4:06/46	4:17/47	17:33/49	5:37/50	3:29/42	10:33/51	5:53/45	0:44/150		
+1:32 (13)	+1:54 (8)	+13:29 (22)	+3:18 (19)	+0:02 (2)	+4:45 (19)	+3:22 (21)	+0:04 (4)		
19 Elin Irgens	B&OI						(17,41min/km)	52:13	(+25:52)
3:44 (10)	18:06 (23)	28:10 (20)	32:12 (20)	37:18 (19)	46:17 (19)	51:15 (18)	52:13 (19)		
3:44/46	14:22/47	10:04/49	4:02/50	5:06/42	8:59/51	4:58/45	0:58/150		
+1:10 (10)	+11:59 (23)	+6:00 (14)	+1:43 (12)	+1:39 (15)	+3:11 (13)	+2:27 (19)	+0:18 (14)		
20 Frode Ikdahl	B&OI						(18,26min/km)	54:46	(+28:25)
3:30 (8)	14:37 (19)	32:51 (23)	38:27 (23)	42:35 (22)	50:26 (21)	54:03 (20)	54:46 (20)		
3:30/46	11:07/47	18:14/49	5:36/50	4:08/42	7:51/51	3:37/45	0:43/150		
+0:56 (8)	+8:44 (21)	+14:10 (23)	+3:17 (18)	+0:41 (9)	+2:03 (7)	+1:06 (5)	+0:03 (2)		
21 Jeanette Støvset	Ukjent						(18,44min/km)	55:20	(+28:59)
4:57 (16)	16:15 (22)	31:53 (22)	35:26 (22)	40:07 (21)	50:05 (20)	54:19 (21)	55:20 (21)		
4:57/46	11:18/47	15:38/49	3:33/50	4:41/42	9:58/51	4:14/45	1:01/150		
+2:23 (16)	+8:55 (22)	+11:34 (20)	+1:14 (11)	+1:14 (11)	+4:10 (15)	+1:43 (12)	+0:21 (16)		
22 Bendik Storvik Nilsen	B&OI						(21,63min/km)	1:04:53	(+38:32)
6:28 (21)	12:47 (18)	25:46 (17)	31:52 (19)	39:38 (20)	54:17 (22)	1:04:01 (22)	1:04:53 (22)		
6:28/46	6:19/47	12:59/49	6:06/50	7:46/42	14:39/51	9:44/45	0:52/150		
+3:54 (21)	+3:56 (17)	+8:55 (16)	+3:47 (20)	+4:19 (21)	+8:51 (22)	+7:13 (23)	+0:12 (13)		
23 Arnold Danielsen	B&OI						(21,97min/km)	1:05:54	(+39:33)
6:52 (22)	14:40 (20)	28:23 (21)	35:09 (21)	43:06 (23)	57:04 (23)	1:04:26 (23)	1:05:54 (23)		
6:52/46	7:48/47	13:43/49	6:46/50	7:57/42	13:58/51	7:22/45	1:28/150		
+4:18 (22)	+5:25 (19)	+9:39 (19)	+4:27 (23)	+4:30 (22)	+8:10 (21)	+4:51 (22)	+0:48 (23)		
Wenche Rekkedal	B&OI						(0,00min/km)	Brutt	
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		

Klasse 2 km

3 påmeldt, 0 startende

1 Tore Wingan Wold	B&OI						(10,14min/km)	21:18	
2:21 (3)	5:07 (2)	9:57 (2)	12:38 (1)	15:59 (1)	17:55 (1)	20:47 (1)	21:18 (1)		
2:21/33	2:46/34	4:50/35	2:41/36	3:21/37	1:56/38	2:52/39	0:31/150		
+0:50 (3)	+1:56 (2)	+3:05 (3)	+0:00 (1)	+1:41 (3)	+0:24 (2)	+1:56 (3)	+0:00 (1)		
2 Ask' Godal	B&OI						(14,27min/km)	29:58	(+8:40)
2:14 (2)	3:04 (1)	6:35 (1)	23:09 (2)	25:37 (2)	27:09 (2)	29:13 (2)	29:58 (2)		
2:14/40	0:50/41	3:31/42	16:34/43	2:28/35	1:32/44	2:04/45	0:45/150		
+0:43 (2)	+0:00 (1)	+1:46 (2)	+13:53 (3)	+0:48 (2)	+0:00 (1)	+1:08 (2)	+0:14 (2)		
3 Erlend E Kjelstrup	B&OI						(16,30min/km)	34:14	(+12:56)
1:31 (1)	17:37 (3)	19:22 (3)	25:21 (3)	27:01 (3)	33:18 (3)	34:14 (3)	34:14 (3)		
1:31/33	16:06/42	1:45/43	5:59/35	1:40/44	6:17/45	0:56/150			
+0:00 (1)	+15:16 (3)	+0:00 (1)	+3:18 (2)	+0:00 (1)	+4:45 (3)	+0:00 (1)	+0:00 (1)		

Klasse Nybegynner

11 påmeldt, 11 startende

Elise Bergli Alexandersen B&OI (13,02min/km) **14:19**
1:36 (2) 4:05 (5) 7:09 (6) 8:06 (6) 10:27 (6) 11:44 (6) 13:49 (7) 14:19 (7)
1:36/33 2:29/34 3:04/35 0:57/36 2:21/37 1:17/38 2:05/39 0:30/150
+0:24 (2) +1:16 (8) +0:43 (4) +0:19 (7) +1:00 (8) +0:22 (7) +0:38 (7) +0:09 (6)

Oda Furuholmen B&OI (10,76min/km) **11:50**
1:57 (6) 3:11 (2) 5:32 (1) 6:14 (1) 8:12 (1) 9:26 (3) 11:25 (3) 11:50 (3)
1:57/33 1:14/34 2:21/35 0:42/36 1:58/37 1:14/38 1:59/39 0:25/150
+0:45 (6) +0:01 (2) +0:00 (1) +0:04 (3) +0:37 (3) +0:19 (5) +0:32 (6) +0:04 (3)

Amund Kleist Godal B&OI (11,80min/km) **12:59**
3:13 (9) 4:26 (7) 6:55 (5) 7:47 (5) 9:56 (5) 10:51 (5) 12:33 (5) 12:59 (5)
3:13/33 1:13/34 2:29/35 0:52/36 2:09/37 0:55/38 1:42/39 0:26/150
+2:01 (9) +0:00 (1) +0:08 (3) +0:14 (5) +0:48 (6) +0:00 (1) +0:15 (3) +0:05 (5)

Kristina Høyskart B&OI (17,85min/km) **19:38**
2:40 (7) 4:50 (8) 10:06 (8) 11:24 (8) 13:37 (8) 14:54 (8) 18:41 (8) 19:38 (8)
2:40/33 2:10/34 5:16/35 1:18/36 2:13/37 1:17/38 3:47/39 0:57/150
+1:28 (7) +0:57 (6) +2:55 (11) +0:40 (8) +0:52 (7) +0:22 (7) +2:20 (9) +0:36 (10)

Lene Ikdahl B&OI (22,00min/km) **24:12**
3:24 (10) 6:11 (10) 11:12 (10) 13:11 (10) 16:36 (10) 19:10 (10) 23:08 (10) 24:12 (10)
3:24/33 2:47/34 5:01/35 1:59/36 3:25/37 2:34/38 3:58/39 1:04/150
+2:12 (10) +1:34 (10) +2:40 (9) +1:21 (11) +2:04 (11) +1:39 (11) +2:31 (10) +0:43 (11)

Nora Irgens B&OI (10,08min/km) **11:05**
1:12 (1) 2:40 (1) 6:10 (3) 6:51 (3) 8:12 (1) 9:17 (1) 10:44 (1) 11:05 (1)
1:12/33 1:28/34 3:30/35 0:41/36 1:21/37 1:05/38 1:27/39 0:21/150
+0:00 (1) +0:15 (5) +1:09 (7) +0:03 (2) +0:00 (1) +0:10 (3) +0:00 (1) +0:00 (1)

Lisa Nesheim B&OI (22,89min/km) **25:11**
5:15 (11) 9:56 (11) 14:47 (11) 16:41 (11) 19:02 (11) 20:15 (11) 24:25 (11) 25:11 (11)
5:15/33 4:41/34 4:51/35 1:54/36 2:21/37 1:13/38 4:10/39 0:46/150
+4:03 (11) +3:28 (11) +2:30 (8) +1:16 (10) +1:00 (8) +0:18 (4) +2:43 (11) +0:25 (8)

Anna Storvik Nilsen B&OI (10,74min/km) **11:49**
1:55 (5) 3:18 (4) 5:39 (2) 6:17 (2) 8:23 (3) 9:22 (2) 11:13 (2) 11:49 (2)
1:55/33 1:23/34 2:21/35 0:38/36 2:06/37 0:59/38 1:51/39 0:36/150
+0:43 (5) +0:10 (3) +0:00 (1) +0:00 (1) +0:45 (4) +0:04 (2) +0:24 (4) +0:15 (7)

Espen Skiri Skaug (11,15min/km) **12:16**
1:50 (4) 3:14 (3) 6:22 (4) 7:06 (4) 8:44 (4) 10:00 (4) 11:51 (4) 12:16 (4)
1:50/33 1:24/34 3:08/35 0:44/36 1:38/37 1:16/38 1:51/39 0:25/150
+0:38 (4) +0:11 (4) +0:47 (5) +0:06 (4) +0:17 (2) +0:21 (6) +0:24 (4) +0:04 (3)

Kaja Skiri B&OI (12,80min/km) **14:05**
1:48 (3) 4:17 (6) 7:27 (7) 8:19 (7) 10:46 (7) 12:09 (7) 13:44 (6) 14:05 (6)
1:48/33 2:29/34 3:10/35 0:52/36 2:27/37 1:23/38 1:35/39 0:21/150
+0:36 (3) +1:16 (8) +0:49 (6) +0:14 (5) +1:06 (10) +0:28 (9) +0:08 (2) +0:00 (1)

Eivind Tjønndal B&OI (18,27min/km) **20:06**
2:55 (8) 5:17 (9) 10:22 (9) 11:49 (9) 13:55 (9) 15:32 (9) 19:10 (9) 20:06 (9)
2:55/33 2:22/34 5:05/35 1:27/36 2:06/37 1:37/38 3:38/39 0:56/150
+1:43 (8) +1:09 (7) +2:44 (10) +0:49 (9) +0:45 (4) +0:42 (10) +2:11 (8) +0:35 (9)