

Resultater fra Saltenkarusell 4 - Hopen 25.05.2008

Det var totalt 56 deltagere.

Klasse 6 km - 6,0 km

5 påmeldt, 5 startende

1	Håvard Berg		Ukjent			(7,45min/km)		44:41		
	2:48 (1)	4:58 (1)	8:07 (1)	11:43 (1)	15:05 (1)	19:43 (1)	27:43 (1)	31:44 (1)	32:26 (1)	37:58 (1)
	2:48/34	2:10/35	3:09/36	3:36/37	3:22/38	4:38/39	8:00/40	4:01/41	0:42/42	5:32/43
	+0:00 (1)	+0:00 (1)	+0:14 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:15 (3)	+0:10 (3)	+0:25 (4)
	42:09 (1)	44:00 (1)	44:28 (1)	44:41 (1)						
	4:11/44	1:51/45	0:28/46	0:13/150						
	+0:00 (1)	+0:00 (1)	+0:01 (2)	+0:04 (3)						
2	Petter Jakola		B&OI			(8,01min/km)		48:05	(+3:24)	
	3:31 (2)	6:24 (3)	9:22 (2)	13:10 (2)	17:28 (2)	23:21 (2)	31:33 (2)	35:19 (2)	35:55 (2)	41:02 (2)
	3:31/34	2:53/35	2:58/36	3:48/37	4:18/38	5:53/39	8:12/40	3:46/41	0:36/42	5:07/43
	+0:43 (2)	+0:43 (3)	+0:03 (2)	+0:12 (2)	+0:56 (3)	+1:15 (4)	+0:12 (2)	+0:00 (1)	+0:04 (2)	+0:00 (1)
	45:26 (2)	47:23 (2)	47:56 (2)	48:05 (2)						
	4:24/44	1:57/45	0:33/46	0:09/150						
	+0:13 (2)	+0:06 (3)	+0:06 (4)	+0:00 (1)						
3	Ole Morten Wie		Mo			(8,52min/km)		51:08	(+6:27)	
	3:33 (3)	6:13 (2)	9:44 (3)	14:14 (3)	18:11 (3)	24:03 (3)	33:02 (3)	37:23 (3)	38:12 (3)	43:37 (3)
	3:33/34	2:40/35	3:31/36	4:30/37	3:57/38	5:52/39	8:59/40	4:21/41	0:49/42	5:25/43
	+0:45 (3)	+0:30 (2)	+0:36 (4)	+0:54 (3)	+0:35 (2)	+1:14 (3)	+0:59 (3)	+0:35 (4)	+0:17 (4)	+0:18 (3)
	48:17 (3)	50:20 (3)	50:54 (3)	51:08 (3)						
	4:40/44	2:03/45	0:34/46	0:14/150						
	+0:29 (3)	+0:12 (4)	+0:07 (5)	+0:05 (4)						
4	Lars Reitan		B&OI			(8,63min/km)		51:48	(+7:07)	
	3:36 (4)	6:55 (4)	9:50 (4)	15:10 (4)	19:52 (4)	25:23 (4)	34:42 (4)	38:33 (4)	39:05 (4)	44:21 (4)
	3:36/34	3:19/35	2:55/36	5:20/37	4:42/38	5:31/39	9:19/40	3:51/41	0:32/42	5:16/43
	+0:48 (4)	+1:09 (4)	+0:00 (1)	+1:44 (4)	+1:20 (4)	+0:53 (2)	+1:19 (4)	+0:05 (2)	+0:00 (1)	+0:09 (2)
	49:16 (4)	51:07 (4)	51:34 (4)	51:48 (4)						
	4:55/44	1:51/45	0:27/46	0:14/150						
	+0:44 (4)	+0:00 (1)	+0:00 (1)	+0:05 (4)						
5	Torbjørn Høslø Olsen		B&OI			(12,65min/km)		1:15:55	(+31:14)	
	5:12 (5)	10:16 (5)	14:42 (5)	22:22 (5)	30:22 (5)	41:38 (5)	52:32 (5)	58:06 (5)	58:58 (5)	1:06:15 (5)
	5:12/34	5:04/35	4:26/36	7:40/37	8:00/38	11:16/39	10:54/40	5:34/41	0:52/42	7:17/43
	+2:24 (5)	+2:54 (5)	+1:31 (5)	+4:04 (5)	+4:38 (5)	+6:38 (5)	+2:54 (5)	+1:48 (5)	+0:20 (5)	+2:10 (5)
	1:11:40 (5)	1:15:14 (5)	1:15:45 (5)	1:15:55 (5)						
	5:25/44	3:34/45	0:31/46	0:10/150						
	+1:14 (5)	+1:43 (5)	+0:04 (3)	+0:01 (2)						

Klasse 4 km - 4,0 km

25 påmeldt, 25 startende

1	Jan Gaute Buvik		Korgen			(9,00min/km)		36:00		
	3:05 (2)	5:45 (1)	9:03 (1)	12:39 (1)	17:51 (1)	26:45 (1)	28:32 (1)	33:23 (1)	35:20 (1)	35:46 (1)
	3:05/34	2:40/35	3:18/36	3:36/37	5:12/39	8:54/40	1:47/43	4:51/44	1:57/45	0:26/46
	+0:07 (2)	+0:00 (1)	+0:08 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:02 (3)	+0:18 (2)	+0:00 (1)	+0:03 (2)
	36:00 (1)									
	0:14/150									
	+0:07 (14)									
2	Mathilde Rundhaug		Mo			(10,67min/km)		42:41	(+6:41)	
	5:02 (18)	9:25 (15)	12:35 (11)	17:40 (6)	22:58 (4)	32:11 (3)	33:57 (2)	38:30 (2)	41:58 (2)	42:29 (2)
	5:02/34	4:23/35	3:10/36	5:05/37	5:18/39	9:13/40	1:46/43	4:33/44	3:28/45	0:31/46
	+2:04 (18)	+1:43 (13)	+0:00 (1)	+1:29 (4)	+0:06 (2)	+0:19 (2)	+0:01 (2)	+0:00 (1)	+1:31 (14)	+0:08 (6)
	42:41 (2)									
	0:12/150									
	+0:05 (9)									

3	Torkil Irgens		B&OI				(10,77min/km)		43:06	(+7:06)
	3:21 (3)	6:35 (3)	10:02 (3)	15:02 (2)	20:48 (2)	31:25 (2)	34:07 (3)	39:31 (3)	42:18 (3)	42:52 (3)
	3:21/34	3:14/35	3:27/36	5:00/37	5:46/39	10:37/40	2:42/43	5:24/44	2:47/45	0:34/46
	+0:23 (3)	+0:34 (2)	+0:17 (3)	+1:24 (3)	+0:34 (5)	+1:43 (8)	+0:57 (13)	+0:51 (4)	+0:50 (10)	+0:11 (8)
	43:06 (3)									
	0:14/150									
	+0:07 (14)									
4	Leif Magne Eggestad		B&OI				(11,17min/km)		44:41	(+8:41)
	2:58 (1)	6:19 (2)	9:51 (2)	17:49 (7)	23:24 (5)	33:08 (5)	35:16 (5)	41:43 (4)	44:01 (4)	44:28 (4)
	2:58/34	3:21/35	3:32/36	7:58/37	5:35/39	9:44/40	2:08/43	6:27/44	2:18/45	0:27/46
	+0:00 (1)	+0:41 (3)	+0:22 (4)	+4:22 (16)	+0:23 (4)	+0:50 (4)	+0:23 (6)	+1:54 (9)	+0:21 (5)	+0:04 (3)
	44:41 (4)									
	0:13/150									
	+0:06 (12)									
5	Sigrid Bech Urland		Korgen				(11,27min/km)		45:04	(+9:04)
	3:48 (8)	7:15 (5)	11:46 (9)	16:18 (4)	21:50 (3)	32:49 (4)	35:00 (4)	42:14 (5)	44:26 (5)	44:54 (5)
	3:48/34	3:27/35	4:31/36	4:32/37	5:32/39	10:59/40	2:11/43	7:14/44	2:12/45	0:28/46
	+0:50 (8)	+0:47 (4)	+1:21 (13)	+0:56 (2)	+0:20 (3)	+2:05 (10)	+0:26 (8)	+2:41 (13)	+0:15 (3)	+0:05 (5)
	45:04 (5)									
	0:10/150									
	+0:03 (2)									
6	Ariaja Kleist		B&OI				(11,33min/km)		45:20	(+9:20)
	4:00 (9)	7:30 (7)	11:13 (5)	18:47 (8)	24:50 (8)	34:34 (7)	36:30 (6)	42:44 (6)	44:46 (6)	45:09 (6)
	4:00/34	3:30/35	3:43/36	7:34/37	6:03/39	9:44/40	1:56/43	6:14/44	2:02/45	0:23/46
	+1:02 (9)	+0:50 (5)	+0:33 (8)	+3:58 (15)	+0:51 (6)	+0:50 (4)	+0:11 (4)	+1:41 (7)	+0:05 (2)	+0:00 (1)
	45:20 (6)									
	0:11/150									
	+0:04 (4)									
7	Håvard Irgens		B&OI				(11,91min/km)		47:38	(+11:38)
	3:46 (7)	7:44 (9)	11:21 (6)	22:02 (17)	28:33 (14)	37:49 (10)	39:34 (9)	44:32 (8)	46:45 (7)	47:28 (7)
	3:46/34	3:58/35	3:37/36	10:41/37	6:31/39	9:16/40	1:45/43	4:58/44	2:13/45	0:43/46
	+0:48 (7)	+1:18 (10)	+0:27 (7)	+7:05 (22)	+1:19 (9)	+0:22 (3)	+0:00 (1)	+0:25 (3)	+0:16 (4)	+0:20 (16)
	47:38 (7)									
	0:10/150									
	+0:03 (2)									
8	Dag Skogan		B&OI				(11,97min/km)		47:53	(+11:53)
	4:08 (10)	8:28 (11)	13:03 (12)	19:02 (9)	25:15 (9)	35:44 (8)	38:32 (8)	44:16 (7)	46:57 (8)	47:39 (8)
	4:08/34	4:20/35	4:35/36	5:59/37	6:13/39	10:29/40	2:48/43	5:44/44	2:41/45	0:42/46
	+1:10 (10)	+1:40 (12)	+1:25 (14)	+2:23 (9)	+1:01 (8)	+1:35 (7)	+1:03 (14)	+1:11 (5)	+0:44 (8)	+0:19 (15)
	47:53 (8)									
	0:14/150									
	+0:07 (14)									
9	Anita Eriksen		B&OI				(12,74min/km)		50:58	(+14:58)
	4:26 (14)	8:02 (10)	11:35 (8)	20:56 (13)	27:38 (12)	37:40 (9)	39:53 (10)	45:54 (9)	50:17 (9)	50:44 (9)
	4:26/34	3:36/35	3:33/36	9:21/37	6:42/39	10:02/40	2:13/43	6:01/44	4:23/45	0:27/46
	+1:28 (14)	+0:56 (7)	+0:23 (5)	+5:45 (21)	+1:30 (11)	+1:08 (6)	+0:28 (9)	+1:28 (6)	+2:26 (20)	+0:04 (3)
	50:58 (9)									
	0:14/150									
	+0:07 (14)									
10	Arne Kr. Nordhei		B&OI				(12,82min/km)		51:16	(+15:16)
	3:40 (5)	7:41 (8)	11:25 (7)	16:49 (5)	23:33 (6)	34:30 (6)	37:08 (7)	48:08 (11)	50:30 (10)	51:05 (10)
	3:40/34	4:01/35	3:44/36	5:24/37	6:44/39	10:57/40	2:38/43	11:00/44	2:22/45	0:35/46
	+0:42 (5)	+1:21 (11)	+0:34 (9)	+1:48 (6)	+1:32 (12)	+2:03 (9)	+0:53 (11)	+6:27 (23)	+0:25 (6)	+0:12 (10)
	51:16 (10)									
	0:11/150									
	+0:04 (4)									
11	Per Otto Aursund		B&OI				(12,96min/km)		51:51	(+15:51)
	3:28 (4)	7:14 (4)	11:52 (10)	20:57 (14)	27:06 (11)	38:09 (11)	40:47 (11)	47:54 (10)	50:54 (11)	51:37 (11)
	3:28/34	3:46/35	4:38/36	9:05/37	6:09/39	11:03/40	2:38/43	7:07/44	3:00/45	0:43/46
	+0:30 (4)	+1:06 (8)	+1:28 (16)	+5:29 (20)	+0:57 (7)	+2:09 (11)	+0:53 (11)	+2:34 (12)	+1:03 (12)	+0:20 (16)

51:51 (11)
0:14/150
+0:07 (14)

12 Jakob Kalvig Skogan B&OI (13,00min/km) 52:01 (+16:01)
4:35 (15) 9:30 (17) 13:37 (15) 19:27 (10) 26:02 (10) 39:02 (12) 42:05 (12) 48:31 (12) 51:16 (12) 51:49 (12)
4:35/34 4:55/35 4:07/36 5:50/37 6:35/39 13:00/40 3:03/43 6:26/44 2:45/45 0:33/46
+1:37 (15) +2:15 (16) +0:57 (11) +2:14 (8) +1:23 (10) +4:06 (14) +1:18 (15) +1:53 (8) +0:48 (9) +0:10 (7)
52:01 (12)
0:12/150
+0:05 (9)

13 Asbjørn Pedersen SISO (13,48min/km) 53:54 (+17:54)
3:45 (6) 7:15 (5) 10:49 (4) 16:06 (3) 23:49 (7) 42:00 (15) 43:59 (13) 50:32 (13) 53:05 (13) 53:39 (13)
3:45/34 3:30/35 3:34/36 5:17/37 7:43/39 18:11/40 1:59/43 6:33/44 2:33/45 0:34/46
+0:47 (6) +0:50 (5) +0:24 (6) +1:41 (5) +2:31 (16) +9:17 (23) +0:14 (5) +2:00 (10) +0:36 (7) +0:11 (8)
53:54 (13)
0:15/150
+0:08 (19)

14 Åge Mohus B&OI (13,77min/km) 55:05 (+19:05)
4:20 (12) 9:13 (13) 13:49 (16) 20:40 (12) 27:47 (13) 41:05 (14) 44:16 (14) 51:09 (14) 54:13 (14) 54:50 (14)
4:20/34 4:53/35 4:36/36 6:51/37 7:07/39 13:18/40 3:11/43 6:53/44 3:04/45 0:37/46
+1:22 (12) +2:13 (15) +1:26 (15) +3:15 (14) +1:55 (13) +4:24 (15) +1:26 (17) +2:20 (11) +1:07 (13) +0:14 (11)
55:05 (14)
0:15/150
+0:08 (19)

15 Sigurd Oxaas Wie Mo (14,06min/km) 56:14 (+20:14)
4:49 (17) 9:28 (16) 13:21 (13) 21:26 (15) 28:57 (15) 40:47 (13) 45:01 (15) 52:33 (15) 55:25 (15) 56:03 (15)
4:49/34 4:39/35 3:53/36 8:05/37 7:31/39 11:50/40 4:14/43 7:32/44 2:52/45 0:38/46
+1:51 (17) +1:59 (14) +0:43 (10) +4:29 (17) +2:19 (15) +2:56 (13) +2:29 (20) +2:59 (15) +0:55 (11) +0:15 (12)
56:14 (15)
0:11/150
+0:04 (4)

16 Biehtar Eira B&OI (15,17min/km) 1:00:40 (+24:40)
4:09 (11) 9:12 (12) 13:24 (14) 19:48 (11) 31:41 (17) 43:02 (16) 45:18 (16) 53:54 (16) 57:39 (16) 1:00:33 (16)
4:09/34 5:03/35 4:12/36 6:24/37 11:53/39 11:21/40 2:16/43 8:36/44 3:45/45 2:54/46
+1:11 (11) +2:23 (17) +1:02 (12) +2:48 (12) +6:41 (22) +2:27 (12) +0:31 (10) +4:03 (18) +1:48 (17) +2:31 (23)
1:00:40 (16)
0:07/150
+0:00 (1)

17 Kristine Masterdalshei Mo (15,52min/km) 1:02:04 (+26:04)
5:06 (19) 11:00 (20) 16:04 (19) 24:44 (22) 32:00 (19) 47:08 (18) 50:12 (19) 57:41 (17) 1:01:13 (17) 1:01:52 (17)
5:06/34 5:54/35 5:04/36 8:40/37 7:16/39 15:08/40 3:04/43 7:29/44 3:32/45 0:39/46
+2:08 (19) +3:14 (21) +1:54 (19) +5:04 (19) +2:04 (14) +6:14 (17) +1:19 (16) +2:56 (14) +1:35 (15) +0:16 (13)
1:02:04 (17)
0:12/150
+0:05 (9)

18 Jannike Person B&OI (15,63min/km) 1:02:30 (+26:30)
6:22 (22) 12:40 (22) 17:31 (22) 23:40 (19) 33:36 (20) 47:27 (19) 49:36 (17) 57:57 (18) 1:01:37 (18) 1:02:17 (18)
6:22/34 6:18/35 4:51/36 6:09/37 9:56/39 13:51/40 2:09/43 8:21/44 3:40/45 0:40/46
+3:24 (22) +3:38 (22) +1:41 (17) +2:33 (11) +4:44 (20) +4:57 (16) +0:24 (7) +3:48 (17) +1:43 (16) +0:17 (14)
1:02:30 (18)
0:13/150
+0:06 (12)

19 Geir Moen B&OI (15,87min/km) 1:03:28 (+27:28)
5:17 (20) 10:42 (19) 15:56 (18) 21:45 (16) 30:52 (16) 46:27 (17) 49:50 (18) 58:10 (19) 1:02:26 (19) 1:03:12 (19)
5:17/34 5:25/35 5:14/36 5:49/37 9:07/39 15:35/40 3:23/43 8:20/44 4:16/45 0:46/46
+2:19 (20) +2:45 (18) +2:04 (21) +2:13 (7) +3:55 (18) +6:41 (19) +1:38 (18) +3:47 (16) +2:19 (19) +0:23 (18)
1:03:28 (19)
0:16/150
+0:09 (22)

20 Ida Hegreberg **B&OI** (17,79min/km) **1:11:09** (+35:09)
 4:23 (13) 11:53 (21) 17:21 (21) 23:23 (18) 31:51 (18) 50:00 (20) 54:57 (20) 1:04:02 (20) 1:10:08 (20) 1:10:58 (20)
 4:23/34 7:30/35 5:28/36 6:02/37 8:28/39 18:09/40 4:57/43 9:05/44 6:06/45 0:50/46
 +1:25 (13) +4:50 (23) +2:18 (22) +2:26 (10) +3:16 (17) +9:15 (22) +3:12 (22) +4:32 (19) +4:09 (21) +0:27 (20)
 1:11:09 (20)
 0:11/150
 +0:04 (4)

21 Christian Søvik **B&OI** (18,71min/km) **1:14:51** (+38:51)
 4:42 (16) 10:25 (18) 15:37 (17) 23:47 (21) 36:28 (22) 52:20 (21) 56:08 (21) 1:05:46 (21) 1:13:40 (22) 1:14:36 (21)
 4:42/34 5:43/35 5:12/36 8:10/37 12:41/39 15:52/40 3:48/43 9:38/44 7:54/45 0:56/46
 +1:44 (16) +3:03 (19) +2:02 (20) +4:34 (18) +7:29 (23) +6:58 (20) +2:03 (19) +5:05 (20) +5:57 (23) +0:33 (21)
 1:14:51 (21)
 0:15/150
 +0:08 (19)

22 Ørjan Laksaa **Ukjent** (18,94min/km) **1:15:46** (+39:46)
 5:25 (21) 9:21 (14) 17:19 (20) 23:45 (20) 35:24 (21) 52:53 (22) 58:21 (22) 1:09:04 (22) 1:13:17 (21) 1:15:35 (22)
 5:25/34 3:56/35 7:58/36 6:26/37 11:39/39 17:29/40 5:28/43 10:43/44 4:13/45 2:18/46
 +2:27 (21) +1:16 (9) +4:48 (23) +2:50 (13) +6:27 (21) +8:35 (21) +3:43 (23) +6:10 (21) +2:16 (18) +1:55 (22)
 1:15:46 (22)
 0:11/150
 +0:04 (4)

23 Odd Ivar Søvik **B&OI** (20,46min/km) **1:21:51** (+45:51)
 8:22 (23) 14:09 (23) 19:10 (23) 33:25 (23) 42:49 (23) 58:03 (23) 1:02:18 (23) 1:13:11 (23) 1:20:44 (23) 1:21:30 (23)
 8:22/34 5:47/35 5:01/36 14:15/37 9:24/39 15:14/40 4:15/43 10:53/44 7:33/45 0:46/46
 +5:24 (23) +3:07 (20) +1:51 (18) +10:39 (23) +4:12 (19) +6:20 (18) +2:30 (21) +6:20 (22) +5:36 (22) +0:23 (18)
 1:21:51 (23)
 0:21/150
 +0:14 (23)

Heidi Mørkved **Innstanda IL** (12,10min/km) **Disk** (+12:23)
 3:15 (3) 7:15 (5) 10:55 (5) 18:13 (8) 24:06 (8) 35:48 (9) 37:55 (8) 44:24 (8) 47:44 (9) 48:23 (9)
 3:15/34 4:00/35 3:40/36 7:18/37 5:53/39 11:42/40 2:07/43 6:29/44 3:20/45 0:39/150
 +0:17 (3) +1:20 (11) +0:30 (8) +3:42 (15) +0:41 (6) +2:48 (13) +0:22 (6) +1:56 (10) +1:23 (14) +0:16 (13)
 48:23 (9)
 +0:00 (1)

Morten Selnes **B&OI** (14,81min/km) **Disk** (+23:15)
 4:21 (13) 10:45 (20) 15:05 (17) 25:56 (23) 32:44 (20) 44:35 (17) 47:45 (17) 54:55 (17) 58:28 (17) 59:15 (16)
 4:21/34 6:24/35 4:20/36 10:51/37 6:48/39 11:51/40 3:10/43 7:10/44 3:33/45 0:47/150
 +1:23 (13) +3:44 (23) +1:10 (13) +7:15 (23) +1:36 (13) +2:57 (14) +1:25 (17) +2:37 (13) +1:36 (16) +0:24 (20)
 59:15 (16)
 +0:00 (1)

Klasse 3 km - 3,0 km

17 påmeldt, 15 startende

1 Jens Viggo Limstrand **B&OI** (11,43min/km) **34:17**
 3:44 (2) 7:44 (2) 15:15 (2) 19:05 (2) 23:58 (2) 25:19 (2) 33:28 (2) 34:03 (2) 34:17 (2)
 3:44/34 4:00/35 7:31/43 3:50/40 4:53/41 1:21/42 8:09/45 0:35/46 0:14/150
 +0:00 (1) +0:18 (4) +0:00 (1) +0:00 (1) +0:00 (1) +0:39 (8) +0:36 (3) +0:01 (2) +0:04 (6)

2 Carl B Bjørseth **B&OI** (12,13min/km) **36:23** (+2:06)
 4:22 (3) 8:04 (3) 16:15 (3) 21:10 (3) 26:19 (3) 27:06 (3) 35:35 (3) 36:09 (3) 36:23 (3)
 4:22/34 3:42/35 8:11/43 4:55/40 5:09/41 0:47/42 8:29/45 0:34/46 0:14/150
 +0:38 (2) +0:00 (1) +0:40 (5) +1:05 (5) +0:16 (2) +0:05 (3) +0:56 (4) +0:00 (1) +0:04 (6)

3 Fredrik Kristiansen **B&OI** (12,19min/km) **36:34** (+2:17)
 5:05 (7) 9:43 (7) 17:14 (5) 22:01 (5) 27:29 (4) 28:11 (4) 35:44 (4) 36:24 (4) 36:34 (4)
 5:05/34 4:38/35 7:31/43 4:47/40 5:28/41 0:42/42 7:33/45 0:40/46 0:10/150
 +1:21 (6) +0:56 (7) +0:00 (1) +0:57 (4) +0:35 (3) +0:00 (1) +0:00 (1) +0:06 (4) +0:00 (1)

4 Wenche Rekkedal **B&OI** (12,62min/km) **37:51** (+3:34)
 4:48 (4) 9:13 (6) 17:23 (6) 21:40 (4) 28:00 (5) 29:03 (5) 36:52 (5) 37:35 (5) 37:51 (5)

	4:48/34	4:25/35	8:10/43	4:17/40	6:20/41	1:03/42	7:49/45	0:43/46	0:16/150
	+1:04 (3)	+0:43 (5)	+0:39 (4)	+0:27 (2)	+1:27 (5)	+0:21 (6)	+0:16 (2)	+0:09 (6)	+0:06 (8)
5	Frode Ik Dahl		B&OI			(14,15min/km)		42:27	(+8:10)
	4:51 (5)	8:49 (5)	16:58 (4)	22:25 (6)	28:36 (6)	29:40 (6)	41:10 (6)	42:15 (6)	42:27 (6)
	4:51/34	3:58/35	8:09/43	5:27/40	6:11/41	1:04/42	11:30/45	1:05/46	0:12/150
	+1:07 (4)	+0:16 (3)	+0:38 (3)	+1:37 (9)	+1:18 (4)	+0:22 (7)	+3:57 (13)	+0:31 (14)	+0:02 (4)
6	Per Ole Fosby		B&OI			(14,64min/km)		43:56	(+9:39)
	4:55 (6)	8:48 (4)	17:34 (7)	22:50 (7)	29:36 (7)	31:33 (7)	42:40 (7)	43:34 (7)	43:56 (7)
	4:55/34	3:53/35	8:46/43	5:16/40	6:46/41	1:57/42	11:07/45	0:54/46	0:22/150
	+1:11 (5)	+0:11 (2)	+1:15 (7)	+1:26 (8)	+1:53 (6)	+1:15 (14)	+3:34 (10)	+0:20 (12)	+0:12 (14)
7	Mari Reitan		B&OI			(14,74min/km)		44:13	(+9:56)
	6:08 (13)	11:24 (10)	20:03 (9)	26:04 (9)	32:59 (9)	33:44 (8)	43:20 (8)	44:01 (8)	44:13 (8)
	6:08/34	5:16/35	8:39/43	6:01/40	6:55/41	0:45/42	9:36/45	0:41/46	0:12/150
	+2:24 (12)	+1:34 (8)	+1:08 (6)	+2:11 (12)	+2:02 (7)	+0:03 (2)	+2:03 (5)	+0:07 (5)	+0:02 (4)
8	Marianne Eilertsen		B&OI			(15,31min/km)		45:55	(+11:38)
	6:05 (12)	10:30 (8)	19:45 (8)	24:59 (8)	32:12 (8)	33:49 (9)	44:56 (9)	45:39 (9)	45:55 (9)
	6:05/34	4:25/35	9:15/43	5:14/40	7:13/41	1:37/42	11:07/45	0:43/46	0:16/150
	+2:21 (11)	+0:43 (5)	+1:44 (9)	+1:24 (7)	+2:20 (11)	+0:55 (12)	+3:34 (10)	+0:09 (6)	+0:06 (8)
9	Martin Kaspersen		Mo			(15,78min/km)		47:21	(+13:04)
	5:44 (11)	11:42 (11)	21:17 (10)	26:51 (10)	33:59 (11)	34:52 (10)	46:20 (10)	47:05 (10)	47:21 (10)
	5:44/34	5:58/35	9:35/43	5:34/40	7:08/41	0:53/42	11:28/45	0:45/46	0:16/150
	+2:00 (10)	+2:16 (10)	+2:04 (11)	+1:44 (10)	+2:15 (10)	+0:11 (4)	+3:55 (12)	+0:11 (9)	+0:06 (8)
10	Regula Høsli		B&OI			(16,18min/km)		48:32	(+14:15)
	5:32 (10)	12:21 (12)	21:38 (12)	26:51 (10)	33:54 (10)	35:19 (11)	47:17 (11)	48:12 (11)	48:32 (11)
	5:32/34	6:49/35	9:17/43	5:13/40	7:03/41	1:25/42	11:58/45	0:55/46	0:20/150
	+1:48 (9)	+3:07 (13)	+1:46 (10)	+1:23 (6)	+2:10 (9)	+0:43 (9)	+4:25 (14)	+0:21 (13)	+0:10 (12)
11	Siv Byberg		B&OI			(16,26min/km)		48:47	(+14:30)
	6:32 (14)	12:42 (13)	21:46 (13)	27:20 (12)	35:03 (12)	36:30 (12)	47:19 (12)	48:29 (12)	48:47 (12)
	6:32/34	6:10/35	9:04/43	5:34/40	7:43/41	1:27/42	10:49/45	1:10/46	0:18/150
	+2:48 (13)	+2:28 (11)	+1:33 (8)	+1:44 (10)	+2:50 (13)	+0:45 (10)	+3:16 (8)	+0:36 (15)	+0:08 (11)
12	Ragni Stokland		Ukjent			(16,41min/km)		49:13	(+14:56)
	5:25 (8)	11:13 (9)	21:18 (11)	28:52 (13)	35:50 (13)	37:19 (13)	48:19 (13)	49:02 (13)	49:13 (13)
	5:25/34	5:48/35	10:05/43	7:34/40	6:58/41	1:29/42	11:00/45	0:43/46	0:11/150
	+1:41 (7)	+2:06 (9)	+2:34 (13)	+3:44 (14)	+2:05 (8)	+0:47 (11)	+3:27 (9)	+0:09 (6)	+0:01 (3)
13	Ingvild Oxaas Wie		Mo			(16,78min/km)		50:21	(+16:04)
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
14	Lisbeth Lunde		B&OI			(17,41min/km)		52:14	(+17:57)
	5:27 (9)	15:29 (14)	25:08 (14)	31:25 (15)	39:01 (14)	40:57 (14)	50:58 (14)	51:50 (14)	52:14 (14)
	5:27/34	10:02/35	9:39/43	6:17/40	7:36/41	1:56/42	10:01/45	0:52/46	0:24/150
	+1:43 (8)	+6:20 (15)	+2:08 (12)	+2:27 (13)	+2:43 (12)	+1:14 (13)	+2:28 (7)	+0:18 (11)	+0:14 (15)
15	Marai Bech Urland		Korgen			(17,46min/km)		52:22	(+18:05)
	9:09 (16)	15:56 (15)	26:38 (15)	31:22 (14)	40:40 (15)	41:37 (15)	51:34 (15)	52:12 (15)	52:22 (15)
	9:09/34	6:47/35	10:42/43	4:44/40	9:18/41	0:57/42	9:57/45	0:38/46	0:10/150
	+5:25 (15)	+3:05 (12)	+3:11 (14)	+0:54 (3)	+4:25 (14)	+0:15 (5)	+2:24 (6)	+0:04 (3)	+0:00 (1)
16	Arnold Danielsen		B&OI			(26,96min/km)		1:20:52	(+46:35)
	8:22 (15)	18:01 (16)	33:10 (16)	46:10 (16)	59:29 (16)	1:02:16 (16)	1:19:44 (16)	1:20:32 (16)	1:20:52 (16)
	8:22/34	9:39/35	15:09/43	13:00/40	13:19/41	2:47/42	17:28/45	0:48/46	0:20/150
	+4:38 (14)	+5:57 (14)	+7:38 (15)	+9:10 (15)	+8:26 (15)	+2:05 (15)	+9:55 (15)	+0:14 (10)	+0:10 (12)

Klasse 2 km - 2,0 km

5 påmeldt, 5 startende

1	Jørgen Jakola		B&OI			(9,24min/km)		18:29	
	1:47 (1)	4:34 (2)	7:59 (1)	11:39 (1)	15:31 (1)	17:28 (1)	18:17 (1)	18:29 (1)	
	1:47/33	2:47/50	3:25/43	3:40/54	3:52/49	1:57/56	0:49/46	0:12/150	
	+0:00 (1)	+0:15 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
2	Charlotte Hjelde		Tverrlandet IL			(11,73min/km)		23:28	(+4:59)
	1:57 (2)	4:29 (1)	8:15 (2)	13:59 (2)	18:32 (2)	21:46 (2)	23:14 (2)	23:28 (2)	

1:57/33	2:32/50	3:46/43	5:44/54	4:33/49	3:14/56	1:28/46	0:14/150		
+0:10 (2)	+0:00 (1)	+0:21 (2)	+2:04 (3)	+0:41 (2)	+1:17 (2)	+0:39 (2)	+0:02 (2)		
3	Ole Kristian Kaspersen		Mo		(13,55min/km)	27:06	(+8:37)		
2:23 (3)	6:10 (3)	11:32 (3)	16:25 (3)	21:39 (3)	25:19 (3)	26:52 (3)	27:06 (3)		
2:23/33	3:47/50	5:22/43	4:53/54	5:14/49	3:40/56	1:33/46	0:14/150		
+0:36 (3)	+1:15 (3)	+1:57 (3)	+1:13 (2)	+1:22 (3)	+1:43 (3)	+0:44 (3)	+0:02 (2)		
4	Anne Berit Vikhals		B&OI		(18,84min/km)	37:41	(+19:12)		
3:28 (4)	7:52 (4)	13:39 (4)	24:34 (4)	31:35 (4)	35:32 (4)	37:21 (4)	37:41 (4)		
3:28/33	4:24/50	5:47/43	10:55/54	7:01/49	3:57/56	1:49/46	0:20/150		
+1:41 (4)	+1:52 (4)	+2:22 (4)	+7:15 (4)	+3:09 (4)	+2:00 (4)	+1:00 (4)	+0:08 (4)		
	Marte Pedersen		Tverrlandet IL		(23,80min/km)	Brutt	(+29:07)		
2:24 (4)	5:56 (3)	36:36 (5)	46:44 (5)	47:22 (5)	47:36 (5)	47:36 (5)	47:36 (5)		
2:24/33	3:32/50	30:40/56	10:08/45	0:38/46	0:14/150				
+0:37 (4)	+1:00 (3)	+27:15 (5)	+6:28 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		

Klasse Nybegynner - 1,5 km

3 påmeldt, 3 startende

	Lene J Ikdahl		B&OI		(22,90min/km)	34:21			
3:17 (3)	7:06 (2)	13:13 (3)	21:01 (3)	23:58 (3)	30:01 (3)	33:31 (3)	34:21 (3)		
3:17/47	3:49/50	6:07/51	7:48/52	2:57/55	6:03/56	3:30/46	0:50/150		
+2:09 (3)	+0:19 (2)	+3:12 (3)	+4:31 (3)	+1:40 (2)	+4:01 (3)	+2:14 (2)	+0:34 (2)		
	Even-Johan Kaspersen		Mo		(10,46min/km)	15:41			
1:08 (1)	4:38 (1)	7:33 (1)	10:50 (1)	12:07 (1)	14:09 (1)	15:25 (1)	15:41 (1)		
1:08/47	3:30/50	2:55/51	3:17/52	1:17/55	2:02/56	1:16/46	0:16/150		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
	Nora Kristiansen		B&OI		(22,07min/km)	33:06			
2:27 (2)	7:14 (3)	11:44 (2)	17:52 (2)	20:52 (2)	26:49 (2)	32:14 (2)	33:06 (2)		
2:27/47	4:47/50	4:30/51	6:08/52	3:00/55	5:57/56	5:25/46	0:52/150		
+1:19 (2)	+1:17 (3)	+1:35 (2)	+2:51 (2)	+1:43 (3)	+3:55 (2)	+4:09 (3)	+0:36 (3)		