

## **Open Northern-Finland and Barents region Championships 1.-3.8.2008 in Raahe**

### **Individual competition, Middle distance Friday 1.8.**

**Classes:** M/W16 -70.

**Entry fees:** M/W16-18 10 €, other classes 12 €.

**Starts:** First start at **18.00**. Distance to start 2 km.

### **Individual competition, Long distance Saturday 2.8.**

**Classes:** M12, M13, M14-80, W12, W13, W14-75. National classes M21B, M/W21C, M/W8RR, M/W10RR ja M/W12TR.

**Entry fees:** M/W8-14 8 €, M/W16-18 10 €, other classes 12 €.

**Starts:** First start at **12**. Distance to start max 1,5 km.

### **Relay Sunday 3.8.**

**Classes:** M/W21, M/W20, M/W120, M/W150, M/W180, M210, M/W40, M/W50.

National classes M/W12TR, M/W10RR.

For classes 120 and above, the number means the minimum total age of the runners and in classes 40 and 50 the maximum age. In classes M/W12TR and M/W10RR there must be at least one girl in the team.

There are three legs in all classes.

**Entry fees:** M/W10RR, M/W12TR 20 €, M/W40-50 25 €, other classes 35 €

**Starts:** All classes start from the competition centre staggered starting at **10**.

### **Common information:**

**Entries** by Thursday 24.7.(stamp) to address: Olli Mäkinen, Metsäpiha 7, 92120 Raahe or via e-mail: [olli.makinen@saloistenreipas.fi](mailto:olli.makinen@saloistenreipas.fi)

The entry must include the license number and Emit card number of the participant or notification of renting a Emit card (fee 3€). Changing the emit-number after the entry costs 2€.

In relay entries also the running order and the participants' year of birth must be informed.

The running order can be changed until Saturday 2.8. by 17.00.

**Payments** simultaneously to the account: Raahen Osuuspankki **538103-414099** (payee Saloisten Reipas).

**Late entries** with double entry fee will be accepted on Tuesday 29.7. at 18- 21,

Tel: 040-5143477 or by e-mail: [olli.makinen@saloistenreipas.fi](mailto:olli.makinen@saloistenreipas.fi).

**Start lists** will be published on Thursday 31.7. at the latest on [www.saloistenreipas.fi](http://www.saloistenreipas.fi).

**Guidance to the competition centre** is provided from the junction of roads 8 and 88, from where the driving time is 5 min.

**Parking** is in the vicinity of the competition centre. Parking fees are 1 person/car 5 €, 2 persons /car 3 € and more than 2 persons 2€/car. Buses parkfree of charge.

**Map** 1:10 000, 1:15 000 7/08.

**Changing and washing** At the school premises.

**Organisers:** Competition manager: Soili Miilukangas, course planners: Markku Myllyaho, Ossi Lakkala and Olli Mäkinen (youth), contest supervisor: Matti Haapakoski, OuHu.

**Enquiries and media:** Arvo Helanti, tel. 08-434 347 or 044-7390238. Enquiries also Pentti Syrjäpalo 0400-388909.

**Accommodation:** There are several accommodation services in Raahe region.

**Welcome!**

**Saloisten Reipas**