

Open Northern-Finland and Barents region Championships 1.-3.8.2008 in Raahe

Individual competition, Middle distance Friday 1.8.

Classes: M/W16 -70.

Entry fees: M/W16-18 10 €, other classes 12 €.

Starts: First start at **18.00**. Distance to start 2 km.

Individual competition, Long distance Saturday 2.8.

Classes: M12, M13, M14-80, W12, W13, W14-75. National classes M21B, M/W21C, M/W8RR, M/W10RR ja M/W12TR.

Entry fees: M/W8-14 8 €, M/W16-18 10 €, other classes 12 €.

Starts: First start at **12**. Distance to start max 1,5 km.

Relay Sunday 3.8.

Classes: M/W21, M/W20, M/W120, M/W150, M/W180, M210, M/W40, M/W50.

National classes M/W12TR, M/W10RR.

For classes 120 and above, the number means the minimum total age of the runners and in classes 40 and 50 the maximum age. In classes M/W12TR and M/W10RR there must be at least one girl in the team.

There are three legs in all classes.

Entry fees: M/W10RR, M/W12TR 20 €, M/W40-50 25 €, other classes 35 €

Starts: All classes start from the competition centre staggered starting at **10**.

Common information:

Entries by Thursday 24.7.(stamp) to address: Olli Mäkinen, Metsäpiha 7, 92120 Raahe or via e-mail: olli.makinen@saloistenreipas.fi

The entry must include the license number and Emit card number of the participant or notification of renting a Emit card (fee 3€). Changing the emit-number after the entry costs 2€.

In relay entries also the running order and the participants' year of birth must be informed.

The running order can be changed until Saturday 2.8. by 17.00.

Payments simultaneously to the account: Raahen Osuuspankki **538103-414099** (payee Saloisten Reipas).

Late entries with double entry fee will be accepted on Tuesday 29.7. at 18- 21,

Tel: 040-5143477 or by e-mail: olli.makinen@saloistenreipas.fi.

Start lists will be published on Thursday 31.7. at the latest on www.saloistenreipas.fi.

Guidance to the competition centre is provided from the junction of roads 8 and 88, from where the driving time is 5 min.

Parking is in the vicinity of the competition centre. Parking fees are 1 person/car 5 €, 2 persons /car 3 € and more than 2 persons 2€/car. Buses parkfree of charge.

Map 1:10 000, 1:15 000 7/08.

Changing and washing At the school premises.

Organisers: Competition manager: Soili Miilukangas, course planners: Markku Myllyaho, Ossi Lakkala and Olli Mäkinen (youth), contest supervisor: Matti Haapakoski, OuHu.

Enquiries and media: Arvo Helanti, tel. 08-434 347 or 044-7390238. Enquiries also Pentti Syrjäpalo 0400-388909.

Accommodation: There are several accommodation services in Raahe region.

Welcome!

Saloisten Reipas