

Oppover bakke 0,8 km					100-meters skogen 0,5 km					Varmosletta rundt					Nedover bakke 1 km					Sluttid																				
	Tid	Plass				Tid	Plass				Tid	Plass				Tid	Plass			Tid	Plass																			
Ingvare Skogstad	01:16	00:33	01:03	01:50	00:29	05:11	1	00:27	00:45	00:14	00:40	00:52	00:17	00:42	00:09	00:18	00:21	00:26	05:00	2	00:29	00:39	00:28	00:15	00:53	00:52	03:36	1	00:27	01:27	01:30	00:44	01:00	00:37	00:58	01:31	00:12	08:26	1	22,13
Mathilde Rundhaug	01:33	00:38	01:25	02:23	00:26	06:35	2	00:35	00:38	00:14	00:28	00:31	00:19	00:47	00:12	00:19	00:21	00:23	04:49	1	00:45	02:29	01:21	00:22	00:46	00:53	06:36	5	00:39	01:45	02:28	01:17	02:09	00:40	01:11	01:44	00:16	12:09	2	30,09
Sturla Silvik	01:43	00:48	01:27	02:35	00:34	07:07	5	00:49	00:13	00:29	00:24	00:54	00:33	00:39	00:10	00:32	00:21	00:25	05:58	4	00:39	03:39	00:34	00:16	00:52	00:51	06:51	6	00:42	02:32	01:56	00:55	02:51	00:43	00:47	02:10	00:25	13:01	5	32,57
Tore Kolstad	01:48	00:37	01:28	02:10	00:35	06:38	4	00:44	00:38	00:21	00:26	00:28	00:20	00:45	00:26	00:22	00:23	00:25	05:22	3	00:32	00:44	00:33	00:21	01:04	01:03	04:17	2	00:52	02:54	01:58	01:28	01:54	00:45	01:02	01:49	00:17	12:59	4	29,16
Sigurd Oxaas Wie	01:44	00:40	01:24	02:12	00:36	06:36	3	00:55	01:33	00:30	01:44	00:32	00:24	00:40	00:09	00:17	00:33	00:21	07:38	8	00:51	00:49	00:56	00:32	04:12	00:59	08:19	10	00:34	02:29	01:52	01:08	02:50	00:43	00:40	01:47	00:17	12:20	3	34,53
Ingar Solberg	02:12	00:38	01:33	03:02	00:42	08:07	9	01:04	00:43	01:56	00:36	00:50	00:24	01:02	00:14	00:21	00:24	00:39	08:13	10	01:03	01:14	00:42	00:27	02:01	01:17	06:44	6	00:51	03:06	02:44	01:15	02:58	01:08	01:10	02:13	00:21	15:46	9	38,50
Jan Gaute Buvik	01:58	00:48	01:53	02:41	00:45	08:03	8	00:39	02:52	00:24	00:36	00:39	00:26	00:59	00:43	00:48	00:47	00:28	09:21	12	01:48	04:16	00:45	00:20	01:12	01:02	09:23	11	00:50	02:18	05:01	01:15	01:45	00:47	00:53	02:12	00:24	15:25	8	42,12
Doris Sten Kaspersen	02:07	00:38	01:37	02:49	00:37	07:48	7	00:38	00:42	00:38	00:38	00:46	00:21	00:58	00:14	00:25	00:23	01:23	07:06	6	00:49	06:47	00:50	00:22	00:56	01:33	11:17	14	00:53	03:19	02:55	01:25	03:14	00:56	00:50	02:16	00:22	16:10	10	42,21
Hilde Sofie Hansen	01:46	00:40	01:28	02:49	00:37	07:20	6	00:47	02:14	00:35	00:32	00:28	00:27	00:41	00:15	00:21	00:19	00:39	07:16	7	00:43	03:40	00:30	00:45	00:57	01:21	07:56	8	00:53	02:28	01:49	01:02	02:19	01:06	04:33	02:09	00:17	16:36	11	39,08
Atle Rokkan	01:48	01:03	01:49	02:51	00:39	08:10	10	01:14	02:37	00:18	00:35	00:42	00:31	04:26	00:15	00:20	00:21	00:29	11:48	14	00:34	02:36	00:57	00:25	00:52	01:07	06:31	4	01:05	02:11	05:33	01:21	03:17	00:53	00:55	02:14	00:21	17:50	14	44,19
Ingvild Oxaas Wie	02:24	00:54	02:02	03:41	00:45	09:44	14	00:57	00:51	00:27	00:43	00:38	00:34	01:19	00:13	00:24	00:31	00:27	07:04	5	01:01	04:26	00:40	02:11	01:14	01:06	10:38	12	01:04	03:09	04:26	01:48	02:18	01:05	01:11	02:24	00:20	17:45	13	45,11
Ole Asbjørn Sollie	01:59	02:31	02:23	02:32	00:39	10:04	15	01:05	00:31	01:41	00:33	00:38	00:36	01:31	00:15	00:24	00:28	00:44	08:32	11	00:59	05:24	00:57	00:24	01:47	01:11	10:42	13	00:55	02:38	01:49	01:15	02:06	00:48	00:54	02:19	00:28	13:12	6	42,30
Jan Kåre Vatne	01:47	00:43	01:33	02:50	01:37	08:30	11	01:43	00:42	01:27	01:34	01:13	02:14	01:02	00:12	00:24	00:33	00:30	11:34	13	00:50	01:06	00:41	00:17	02:27	01:05	06:26	3	00:39	03:03	02:37	01:22	01:29	00:48	00:46	02:19	00:19	13:22	7	39,52
Ole-Kristian Kaspersen	02:14	01:05	01:47	03:02	00:38	08:46	13	00:54	01:01	01:03	00:44	00:54	00:37	00:58	00:20	00:22	00:38	00:40	08:11	9	01:00	05:38	01:00	01:40	01:08	01:48	12:14	15	01:01	02:56	04:37	01:53	02:13	01:06	01:04	02:32	00:18	17:40	12	46,51
Erlend Stervolleng	01:43	01:16	02:03	02:41	01:02	08:45	12	00:48	01:38	00:35	00:40	03:24	01:05	02:06	00:32	00:41	00:34	00:43	12:46	15	01:07	02:33	00:51	00:34	01:04	01:20	07:29	7	01:21	04:01	05:29	02:11	02:33	01:23	04:41	01:41	00:23	23:43	16	52,43
Ola Skogstad	02:30	00:39	02:06	02:46	00:49	08:46	13	00:58	04:45	00:26	01:12	03:22	00:53	00:53	00:11	00:29	00:27	00:31	14:07	16	01:11	00:57	03:07	00:22	00:55	01:24	07:56	8	01:19	03:11	03:15	01:31	02:19	01:45	03:02	02:02	00:21	18:45	15	49,34

█ Glemt stempinger, kompenserte tider

█ Hvem løp egentlig raskest på de enkelte strekkene i 100-meter skogen!
og hvem var innenfor 33% av raskeste tid!

NB! Hvem som løste koden på Varmosletta rundt kan man jo vurdre selv. Se spesielt på post 2 og 5.
De som har raske tider på begge har løst oppgaven med en gang.
De som har rask tid til 5 post har sett løningen etter hvert!

#####	#####	#####	#####	#####	00:45###	00:16###	00:40###	00:52###	00:17###	00:42###	00:20
#####	#####	#####	#####	#####	00:38###	00:16###	00:28###	00:31###	00:19###	00:47###	00:23
#####	#####	#####	#####	#####	00:10###	00:32###	00:21###	00:37###	00:29###	00:25###	00:29
#####	#####	#####	#####	#####	00:26###	00:22###	00:23###	00:38###	00:21###	00:26###	00:29
#####	#####	#####	#####	#####	01:33###	00:30###	01:44###	00:09###	00:17###	00:33###	00:21
#####	#####	#####	#####	#####	00:43###	01:56###	00:36###	00:50###	00:24###	01:02###	00:39
#####	#####	#####	#####	#####	00:39###	00:26###	00:59###	00:43###	00:48###	00:47###	00:28
#####	#####	#####	#####	#####	00:46###	00:21###	00:58###	00:14###	00:25###	00:23###	01:23
#####	#####	#####	#####	#####	00:26###	00:27###	00:41###	00:15###	00:21###	00:19###	00:39
#####	#####	#####	#####	#####	02:37###	00:18###	00:35###	00:15###	00:20###	00:21###	00:29
#####	#####	#####	#####	#####	00:13###	00:24###	00:31###	00:38###	00:34###	01:19###	00:27
#####	#####	#####	#####	#####	00:12###	00:24###	05:00###	01:13###	02:14###	01:02###	03:00
#####	#####	#####	#####	#####	00:37###	01:41###	00:33###	00:15###	00:24###	00:28###	00:44
#####	#####	#####	#####	#####	00:20###	00:22###	00:38###	01:01###	01:03###	00:44###	05:00
#####	#####	#####	#####	#####	00:32###	00:41###	00:34###	03:24###	01:05###	02:06###	00:43
#####	#####	#####	#####	#####	04:45###	00:26###	01:12###	00:11###	00:29###	00:27###	00:31

