

**NNM Langdistanse 2009**  
**15.august 2009**  
**Mellebygd OL**

**D-10**

<b>1</b>	<b>Ingunn Moen, Øverbygd IL</b>								<b>19:05</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8		
Total tid	<b>06:10-1</b>	<b>07:48-1</b>	00:00-0	<b>12:56-1</b>	<b>15:55-1</b>	<b>17:26-1</b>	<b>18:14-1</b>	<b>19:05-1</b>		
Strekktid	06:10	<b>01:38-1</b>	-	-	<b>02:59-1</b>	<b>01:31-1</b>	<b>00:48-1</b>	<b>00:51-1</b>		
Tid etter	<b>+00:00</b>	<b>+00:00</b>	-	-	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>		
<b>DNF</b>	<b>Frida Pedersen, Bjerkvik IF</b>									
Post	1	2	3	4	5	6	7	8		
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0
Strekktid	00:00	-	-	-	-	-	-	-		
Tid etter										

**D11-12N**

<b>1</b>	<b>Nikoline Bie, Sørreisa O-lag</b>								<b>19:51</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8		
Total tid	04:35-4	06:35-3	<b>09:08-1</b>	<b>12:34-1</b>	<b>15:18-1</b>	<b>17:47-1</b>	<b>19:00-1</b>	<b>19:51-1</b>		
Strekktid	04:35	<b>02:00-1</b>	<b>02:33-1</b>	03:26-2	02:44-5	02:29-4	<b>01:13-1</b>	00:51-2		
Tid etter	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>		
<b>2</b>	<b>Ingvild Ofstad, Bardu IL</b>								<b>23:20</b>	<b>+03:29</b>
Post	1	2	3	4	5	6	7	8		
Total tid	04:14-3	<b>06:18-1</b>	13:25-2	15:52-2	17:47-2	21:04-2	22:25-2	23:20-2		
Strekktid	04:14	02:04-2	07:07-4	<b>02:27-1</b>	01:55-3	03:17-5	01:21-4	00:55-3		
Tid etter	<b>-00:21</b>	<b>+00:04</b>	<b>+04:34@</b>	<b>-00:59</b>	<b>-00:49</b>	<b>+00:48&amp;</b>	<b>+00:08#</b>	<b>+00:04</b>		

<b>3</b>	<b>Malin Gulbrandsen, Sørreisa O-lag</b>								<b>26:15</b>	<b>+06:24</b>
Post	1	2	3	4	5	6	7	8		
Total tid	10:34-5	12:51-5	15:28-4	18:57-3	21:27-3	23:55-3	25:17-3	26:15-3		
Strekktid	10:34	02:17-4	02:37-2	03:29-3	02:30-4	02:28-3	01:22-5	00:58-4		
Tid etter	+05:59@	+00:17#	+00:04	+00:03	-00:14	-00:01	+00:09#	+00:07#		
<b>4</b>	<b>Linda Pedersen, Sørreisa O-lag</b>								<b>33:52</b>	<b>+14:01</b>
Post	1	2	3	4	5	6	7	8		
Total tid	04:07-2	06:21-2	13:46-3	28:36-4	30:03-4	31:51-4	33:08-4	33:52-4		
Strekktid	04:07	02:14-3	07:25-5	14:50-5	<b>01:27-1</b>	<b>01:48-1</b>	01:17-3	<b>00:44-1</b>		
Tid etter	-00:28	+00:14#	+04:52@	+11:24@	-01:17	-00:41	+00:04	-00:07		
<b>5</b>	<b>Katrine Horn, OK Silsand</b>								<b>35:55</b>	<b>+16:04</b>
Post	1	2	3	4	5	6	7	8		
Total tid	<b>03:19-1</b>	08:55-4	15:51-5	28:46-5	30:24-5	32:40-5	33:55-5	35:55-5		
Strekktid	03:19	05:36-5	06:56-3	12:55-4	01:38-2	02:16-2	01:15-2	02:00-5		
Tid etter	-01:16	+03:36@	+04:23@	+09:29@	-01:06	-00:13	+00:02	+01:09@		

## D11-12

<b>1</b>	<b>Ida-Marie Hansen, Sørreisa O-lag</b>											<b>28:23</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	<b>01:12-1</b>	<b>04:49-1</b>	<b>07:18-1</b>	<b>10:09-1</b>	<b>14:34-1</b>	<b>17:25-1</b>	<b>20:42-1</b>	<b>25:50-1</b>	<b>26:50-1</b>	<b>27:40-1</b>	<b>28:23-1</b>		
Strekktid	01:12	<b>03:37-1</b>	<b>02:29-1</b>	<b>02:51-1</b>	04:25-2	<b>02:51-1</b>	<b>03:17-1</b>	05:08-4	<b>01:00-1</b>	<b>00:50-1</b>	<b>00:43-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Oda Furuholmen, Bodø og omegn IF</b>											<b>31:26</b>	<b>+03:03</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	02:03-4	06:13-2	08:54-2	11:56-2	16:02-2	21:07-2	25:32-2	28:04-2	29:25-2	30:32-2	31:26-2		
Strekktid	02:03	04:10-2	02:41-2	03:02-2	<b>04:06-1</b>	05:05-4	04:25-2	<b>02:32-1</b>	01:21-3	01:07-2	00:54-3		
Tid etter	+00:51&	+00:33#	+00:12	+00:11	-00:19	+02:14&	+01:08&	-02:36	+00:21&	+00:17&	+00:11&		

<b>3</b>	<b>Lotte Eriksen Reitan, Bodø og omegn IF</b>										<b>39:22</b>	<b>+10:59</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	01:34-2	07:22-3	10:46-3	14:48-3	20:22-3	23:28-3	32:54-3	36:07-3	37:25-3	38:32-3	39:22-3	
Strekktid	01:34	05:48-3	03:24-3	04:02-3	05:34-3	03:06-2	09:26-3	03:13-2	01:18-2	01:07-2	00:50-2	
Tid etter	+00:22&	+02:11&	+00:55&	+01:11&	+01:09&	+00:15	+06:09@	-01:55	+00:18&	+00:17&	+00:07#	
<b>4</b>	<b>Martha Kalvig Skogan, Bodø og omegn IF</b>										<b>54:41</b>	<b>+26:18</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:33-5	08:48-4	12:58-4	19:31-4	25:26-4	29:46-4	44:12-4	49:01-4	52:06-4	53:42-4	54:41-4	
Strekktid	02:33	06:15-4	04:10-4	06:33-5	05:55-5	04:20-3	14:26-5	04:49-3	03:05-5	01:36-5	00:59-4	
Tid etter	+01:21@	+02:38&	+01:41&	+03:42@	+01:30&	+01:29&	+11:09@	-00:19	+02:05@	+00:46&	+00:16&	
<b>5</b>	<b>Amalie Salamonsen, Rotsundelv IL</b>										<b>1:02:25</b>	<b>+34:02</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	01:56-3	13:24-5	23:03-5	28:00-5	33:47-5	38:58-5	49:21-5	58:26-5	60:04-5	61:24-5	62:25-5	
Strekktid	01:56	11:28-5	09:39-5	04:57-4	05:47-4	05:11-5	10:23-4	09:05-5	01:38-4	01:20-4	01:01-5	
Tid etter	+00:44&	+07:51@	+07:10@	+02:06&	+01:22&	+02:20&	+07:06@	+03:57&	+00:38&	+00:30&	+00:18&	
<b>DSQ</b>	<b>Martine Paulsen Limstrand, Bodø og omegn IF</b>											
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	01:36-0	12:08-0	15:30-0	19:47-0	22:55-0	25:35-0	00:00-0	31:38-0	33:02-0	34:12-0	35:12-0	
Strekktid	01:36	10:32-0	03:22-0	04:17-0	03:08-0	02:40-0	-	-	01:24-0	01:10-0	01:00-0	
Tid etter	+00:24&	+06:55@	+00:53&	+01:26&	-01:17	-00:11	-	-	+00:24&	+00:20&	+00:17&	
<b>DSQ</b>	<b>Runa S Hovland, Harstad O-lag</b>											
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	01:33-0	07:24-0	14:17-0	17:38-0	21:01-0	23:37-0	00:00-0	29:33-0	31:00-0	35:05-0	36:05-0	
Strekktid	01:33	05:51-0	06:53-0	03:21-0	03:23-0	02:36-0	-	-	01:27-0	04:05-0	01:00-0	
Tid etter	+00:21&	+02:14&	+04:24@	+00:30#	-01:02	-00:15	-	-	+00:27&	+03:15@	+00:17&	
<b>DSQ</b>	<b>Ragnhild Dyrstad, Nordreisa IL</b>											
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	01:42-0	06:01-0	16:55-0	21:45-0	24:58-0	27:28-0	00:00-0	33:24-0	34:58-0	36:00-0	36:50-0	
Strekktid	01:42	04:19-0	10:54-0	04:50-0	03:13-0	02:30-0	-	-	01:34-0	01:02-0	00:50-2	
Tid etter	+00:30&	+00:42#	+08:25@	+01:59&	-01:12	-00:21	-	-	+00:34&	+00:12#	+00:07#	

## D13-14

<b>1</b>	<b>Maria Bech Urland, Korgen IL</b>										<b>45:20</b>	<b>+00:00</b>
----------	-------------------------------------	--	--	--	--	--	--	--	--	--	--------------	---------------

Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:58-3	08:15-2	10:35-2	15:49-1	27:26-4	33:31-4	36:54-3	39:12-3	42:35-2	44:30-1	45:20-1
Strekktid	02:58	05:17-1	02:20-1	05:14-2	11:37-6	06:05-4	03:23-1	02:18-3	03:23-4	01:55-2	00:50-1
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
<b>2</b>	<b>Atalie Pedersen, Bjerkvik IF</b>					<b>45:26</b>	<b>+00:06</b>				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:46-1	08:08-1	10:33-1	16:50-2	22:10-1	33:28-3	37:40-4	40:02-4	42:29-1	44:34-2	45:26-2
Strekktid	02:46	05:22-2	02:25-2	06:17-5	05:20-1	11:18-7	04:12-6	02:22-5	02:27-1	02:05-3	00:52-2
Tid etter	-00:12	+00:05	+00:05	+01:03#	-06:17	+05:13&	+00:49#	+00:04	-00:56	+00:10	+00:02
<b>3</b>	<b>Heidi Jensen, Bodø og omegn IF</b>					<b>46:26</b>	<b>+01:06</b>				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	04:05-7	10:01-5	12:53-5	17:49-4	27:13-3	31:12-2	35:12-2	37:06-2	43:43-3	45:26-3	46:26-3
Strekktid	04:05	05:56-4	02:52-3	04:56-1	09:24-5	03:59-1	04:00-5	01:54-1	06:37-5	01:43-1	01:00-7
Tid etter	+01:07&	+00:39#	+00:32#	-00:18	-02:13	-02:06	+00:37#	-00:24	+03:14&	-00:12	+00:10#
<b>4</b>	<b>Ingvild Oxaas Wie, MO O-klubb</b>					<b>47:34</b>	<b>+02:14</b>				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	03:15-5	13:54-6	17:06-6	23:26-6	28:58-5	35:35-6	39:00-5	41:33-6	44:22-4	46:35-4	47:34-4
Strekktid	03:15	10:39-6	03:12-6	06:20-7	05:32-2	06:37-5	03:25-2	02:33-7	02:49-3	02:13-6	00:59-6
Tid etter	+00:17	+05:22@	+00:52&	+01:06#	-06:05	+00:32	+00:02	+00:15#	-00:34	+00:18#	+00:09#
<b>5</b>	<b>Kine Svendsen, Neverfjord IL</b>					<b>49:54</b>	<b>+04:34</b>				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:56-2	08:40-3	11:50-3	17:13-3	24:47-2	29:24-1	33:02-1	35:20-1	46:46-5	48:56-5	49:54-5
Strekktid	02:56	05:44-3	03:10-5	05:23-3	07:34-4	04:37-3	03:38-3	02:18-3	11:26-7	02:10-5	00:58-5
Tid etter	-00:02	+00:27	+00:50&	+00:09	-04:03	-01:28	+00:15	+00:00	+08:03@	+00:15#	+00:08#
<b>6</b>	<b>Silje Sørnnes, Neverfjord IL</b>					<b>55:52</b>	<b>+10:32</b>				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	03:34-6	09:58-4	12:50-4	19:08-5	31:04-6	35:17-5	39:06-6	41:29-5	52:49-6	54:56-6	55:52-6
Strekktid	03:34	06:24-5	02:52-3	06:18-6	11:56-7	04:13-2	03:49-4	02:23-6	11:20-6	02:07-4	00:56-4
Tid etter	+00:36#	+01:07#	+00:32#	+01:04#	+00:19	-01:52	+00:26#	+00:05	+07:57@	+00:12#	+00:06#
<b>7</b>	<b>Svetlana Volkova, Petrozavodsk Russia</b>					<b>59:35</b>	<b>+14:15</b>				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	03:01-4	22:25-7	26:04-7	32:07-7	38:50-7	45:33-7	51:44-7	53:49-7	56:19-7	58:43-7	59:35-7
Strekktid	03:01	19:24-7	03:39-7	06:03-4	06:43-3	06:43-6	06:11-7	02:05-2	02:30-2	02:24-7	00:52-2
Tid etter	+00:03	+14:07@	+01:19&	+00:49#	-04:54	+00:38#	+02:48&	-00:13	-00:53	+00:29&	+00:02
<b>DSQ</b>	<b>Anna Kazakova, Petrozavodsk Russia</b>										
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:43-0	06:21-0	08:26-0	13:23-0	26:21-0	32:01-0	37:40-4	39:46-0	00:00-0	43:35-0	44:23-0

Strekktid	02:43	03:38-0	02:05-0	04:57-0	12:58-0	05:40-0	05:39-0	02:06-0	-	-	00:48-0
Tid etter	-00:15	-01:39	-00:15	-00:17	+01:21#	-00:25	+02:16&	-00:12	-	-	-00:02

## D13-16C

<b>1</b>	<b>Sissel Gulbrandsen, Nordreisa IL</b>										<b>25:06</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	<b>01:29-1</b>	<b>04:46-1</b>	<b>07:43-1</b>	<b>10:52-1</b>	<b>12:57-1</b>	<b>16:09-1</b>	<b>20:09-1</b>	<b>22:00-1</b>	<b>23:11-1</b>	<b>24:15-1</b>	<b>25:06-1</b>	
Strekktid	01:29	<b>03:17-1</b>	02:57-2	<b>03:09-1</b>	<b>02:05-1</b>	03:12-3	04:00-2	<b>01:51-1</b>	<b>01:11-1</b>	<b>01:04-1</b>	00:51-2	
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	
<b>2</b>	<b>Inger-Ann Pedersen, Sørreisa O-lag</b>										<b>29:53</b>	<b>+04:47</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	01:34-2	07:48-3	10:27-2	13:36-2	15:42-2	18:36-2	22:15-2	25:49-2	27:56-2	29:06-2	29:53-2	
Strekktid	01:34	06:14-3	<b>02:39-1</b>	<b>03:09-1</b>	02:06-2	<b>02:54-1</b>	<b>03:39-1</b>	03:34-3	02:07-3	01:10-2	<b>00:47-1</b>	
Tid etter	+00:05	+02:57&	-00:18	+00:00	+00:01	-00:18	-00:21	+01:43&	+00:56&	+00:06	-00:04	
<b>3</b>	<b>Cecilie Foss Westgaard, Alta O-lag</b>										<b>40:58</b>	<b>+15:52</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	01:58-3	07:03-2	10:40-3	14:11-3	17:12-3	20:10-3	34:07-3	37:01-3	38:35-3	39:54-3	40:58-3	
Strekktid	01:58	05:05-2	03:37-3	03:31-3	03:01-3	02:58-2	13:57-3	02:54-2	01:34-2	01:19-3	01:04-3	
Tid etter	+00:29&	+01:48&	+00:40#	+00:22#	+00:56&	-00:14	+09:57@	+01:03&	+00:23&	+00:15#	+00:13&	

## D13-16N

<b>1</b>	<b>Emilie Jørgensen, Sørreisa O-lag</b>								<b>24:54</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	
Total tid	<b>03:48-1</b>	<b>06:27-1</b>	<b>12:31-1</b>	<b>16:05-1</b>	<b>19:38-1</b>	<b>21:46-1</b>	<b>23:04-1</b>	<b>24:08-1</b>	<b>24:54-1</b>	
Strekktid	03:48	<b>02:39-1</b>	<b>06:04-1</b>	<b>03:34-1</b>	<b>03:33-1</b>	<b>02:08-1</b>	<b>01:18-1</b>	<b>01:04-1</b>	<b>00:46-1</b>	
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	

## D15-16

<b>1</b>	<b>Mathilde Rundhaug, MO O-klubb</b>												<b>43:59</b>	<b>+00:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	<b>02:38-1</b>	<b>07:42-1</b>	<b>15:24-1</b>	<b>20:56-1</b>	<b>23:43-1</b>	<b>29:11-1</b>	<b>33:25-1</b>	<b>35:08-1</b>	<b>37:09-1</b>	<b>39:52-1</b>	<b>42:30-1</b>	<b>43:16-1</b>	<b>43:59-1</b>		
Strekktid	02:38	<b>05:04-1</b>	<b>07:42-1</b>	<b>05:32-1</b>	<b>02:47-1</b>	05:28-2	<b>04:14-1</b>	01:43-7	<b>02:01-1</b>	<b>02:43-1</b>	02:38-6	<b>00:46-1</b>	<b>00:43-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Ronja Pedersen, Bjerkvik IF</b>												<b>49:05</b>	<b>+05:06</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:15-3	08:57-3	18:53-3	26:24-3	29:19-3	34:21-2	39:00-2	40:02-2	42:09-2	45:29-2	47:28-2	48:14-2	49:05-2		
Strekktid	03:15	05:42-3	09:56-2	07:31-3	02:55-2	<b>05:02-1</b>	04:39-2	<b>01:02-1</b>	02:07-2	03:20-2	01:59-2	<b>00:46-1</b>	00:51-5		
Tid etter	+00:37#	+00:38#	+02:14&	+01:59&	+00:08	-00:26	+00:25	-00:41	+00:06	+00:37#	-00:39	+00:00	+00:08#		
<b>3</b>	<b>Sigrid Bech Urland, Korgen IL</b>												<b>51:43</b>	<b>+07:44</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	02:46-2	08:13-2	18:13-2	25:34-2	28:35-2	35:00-3	40:20-3	41:24-3	44:03-3	47:29-3	49:59-3	50:52-3	51:43-3		
Strekktid	02:46	05:27-2	10:00-3	07:21-2	03:01-3	06:25-3	05:20-3	01:04-3	02:39-4	03:26-3	02:30-5	00:53-3	00:51-5		
Tid etter	+00:08	+00:23	+02:18&	+01:49&	+00:14	+00:57#	+01:06&	-00:39	+00:38&	+00:43&	-00:08	+00:07#	+00:08#		
<b>4</b>	<b>Hilde Svendsen, Harstad O-lag</b>												<b>58:14</b>	<b>+14:15</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:26-4	09:52-4	20:34-4	29:20-4	32:30-4	39:44-4	46:45-4	47:57-4	50:47-4	54:22-4	56:24-4	57:24-4	58:14-4		
Strekktid	03:26	06:26-6	10:42-4	08:46-6	03:10-5	07:14-6	07:01-5	01:12-5	02:50-6	03:35-5	02:02-3	01:00-7	00:50-3		
Tid etter	+00:48&	+01:22&	+03:00&	+03:14&	+00:23#	+01:46&	+02:47&	-00:31	+00:49&	+00:52&	-00:36	+00:14&	+00:07#		
<b>5</b>	<b>Henriette Hetmann Mikkelsen, Alta O-lag</b>												<b>1:04:06</b>	<b>+20:07</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:28-5	14:32-7	26:53-6	35:34-6	38:40-6	45:38-5	52:58-5	54:03-5	56:58-5	60:30-5	62:21-5	63:15-5	64:06-5		
Strekktid	03:28	11:04-7	12:21-5	08:41-4	03:06-4	06:58-5	07:20-6	01:05-4	02:55-7	03:32-4	<b>01:51-1</b>	00:54-4	00:51-5		
Tid etter	+00:50&	+06:00@	+04:39&	+03:09&	+00:19#	+01:30&	+03:06&	-00:38	+00:54&	+00:49&	-00:47	+00:08#	+00:08#		
<b>6</b>	<b>Mari Eriksen Reitan, Bodø og omegn IF</b>												<b>1:09:21</b>	<b>+25:22</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	04:01-6	09:52-4	23:23-5	34:21-5	38:35-5	47:16-6	54:50-6	56:17-6	58:59-6	63:31-6	67:33-6	68:32-6	69:21-6		
Strekktid	04:01	05:51-4	13:31-6	10:58-7	04:14-6	08:41-7	07:34-7	01:27-6	02:42-5	04:32-7	04:02-7	00:59-6	00:49-2		
Tid etter	+01:23&	+00:47#	+05:49&	+05:26&	+01:27&	+03:13&	+03:20&	-00:16	+00:41&	+01:49&	+01:24&	+00:13&	+00:06#		
<b>7</b>	<b>Anna Kuznetsova, Petrozavodsk Russia</b>												<b>1:12:59</b>	<b>+29:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	05:02-7	11:00-6	35:34-7	44:16-7	49:04-7	55:49-7	61:40-7	62:43-7	64:55-7	68:53-7	71:13-7	72:09-7	72:59-7		
Strekktid	05:02	05:58-5	24:34-7	08:42-5	04:48-7	06:45-4	05:51-4	01:03-2	02:12-3	03:58-6	02:20-4	00:56-5	00:50-3		
Tid etter	+02:24&	+00:54#	+16:52@	+03:10&	+02:01&	+01:17#	+01:37&	-00:40	+00:11	+01:15&	-00:18	+00:10#	+00:07#		
<b>DNF</b>	<b>Kristine Masterdalshei, MO O-klubb</b>														
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		

Total tid 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0 00:00-0  
 Strekketid 00:00 - - - - - - - - - - - - -  
 Tid etter

## D17AK

<b>1</b>	<b>Olga Trifanova, Petrozavodsk Russia</b>												<b>51:28</b>	<b>+00:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:20-2	<b>08:23-1</b>	<b>19:23-1</b>	<b>26:28-1</b>	<b>29:18-1</b>	<b>35:47-1</b>	<b>40:55-1</b>	<b>42:08-1</b>	<b>44:32-1</b>	<b>47:54-1</b>	<b>49:44-1</b>	<b>50:38-1</b>	<b>51:28-1</b>		
Strekketid	03:20	<b>05:03-1</b>	<b>11:00-1</b>	<b>07:05-1</b>	<b>02:50-1</b>	<b>06:29-1</b>	<b>05:08-1</b>	<b>01:13-1</b>	<b>02:24-1</b>	03:22-2	<b>01:50-1</b>	<b>00:54-1</b>	00:50-2		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Torun Ankjell, Nordreisa IL</b>												<b>1:01:29</b>	<b>+10:01</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	<b>03:04-1</b>	11:38-3	24:02-2	32:12-2	35:17-2	41:58-2	50:31-2	51:45-2	54:13-2	57:31-2	59:40-2	60:45-2	61:29-2		
Strekketid	03:04	08:34-3	12:24-2	08:10-2	03:05-2	06:41-2	08:33-3	01:14-2	02:28-2	<b>03:18-1</b>	02:09-2	01:05-2	<b>00:44-1</b>		
Tid etter	-00:16	+03:31&	+01:24#	+01:05#	+00:15	+00:12	+03:25&	+00:01	+00:04	-00:04	+00:19#	+00:11#	-00:06		
<b>3</b>	<b>Elin Marie Irgens, Bodø og omegn IF</b>												<b>1:13:55</b>	<b>+22:27</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:54-3	10:45-2	28:22-3	39:16-3	42:50-3	52:14-3	60:06-3	61:51-3	64:59-3	69:16-3	71:39-3	72:45-3	73:55-3		
Strekketid	03:54	06:51-2	17:37-3	10:54-3	03:34-3	09:24-3	07:52-2	01:45-3	03:08-3	04:17-3	02:23-3	01:06-3	01:10-3		
Tid etter	+00:34#	+01:48&	+06:37&	+03:49&	+00:44&	+02:55&	+02:44&	+00:32&	+00:44&	+00:55&	+00:33&	+00:12#	+00:20&		

## D17C

<b>1</b>	<b>Trude Hagen Hansen, Målselv IL</b>										<b>40:10</b>	<b>+00:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	<b>03:17-1</b>	<b>09:30-1</b>	<b>11:17-1</b>	<b>18:55-1</b>	<b>26:43-1</b>	<b>29:03-1</b>	<b>32:03-1</b>	<b>34:32-1</b>	<b>37:46-1</b>	<b>39:04-1</b>	<b>40:10-1</b>		
Strekketid	03:17	<b>06:13-1</b>	01:47-2	07:38-3	07:48-3	02:20-4	<b>03:00-1</b>	02:29-6	03:14-6	01:18-7	01:06-7		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Hilde Hanssen, Sørreisa O-lag</b>										<b>47:22</b>	<b>+07:12</b>	
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	07:25-5	13:44-4	17:55-3	27:28-4	34:43-4	36:53-4	40:32-2	42:27-2	45:20-2	46:23-2	47:22-2		
Strekketid	07:25	06:19-2	04:11-5	09:33-5	07:15-2	02:10-2	03:39-3	01:55-3	02:53-3	01:03-3	00:59-3		
Tid etter	+04:08@	+00:06	+02:24@	+01:55&	-00:33	-00:10	+00:39#	-00:34	-00:21	-00:15	-00:07		

<b>3</b>	<b>Marianne Eilertsen, Bodø og omegn IF</b>										<b>48:18</b>	<b>+08:08</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	03:31-2	13:29-3	19:08-4	26:01-3	32:13-3	34:59-3	40:51-3	42:50-3	45:58-3	47:15-3	48:18-3	
Strekktid	03:31	09:58-5	05:39-6	<b>06:53-1</b>	<b>06:12-1</b>	02:46-6	05:52-5	01:59-4	03:08-5	01:17-6	01:03-4	
Tid etter	+00:14	+03:45&	+03:52@	-00:45	-01:36	+00:26#	+02:52&	-00:30	-00:06	-00:01	-00:03	
<b>4</b>	<b>Monika Løvøy, Nordreisa IL</b>										<b>51:00</b>	<b>+10:50</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	03:48-3	10:11-2	11:53-2	20:57-2	29:54-2	32:13-2	43:35-4	45:41-4	48:46-4	49:56-4	51:00-4	
Strekktid	03:48	06:23-3	<b>01:42-1</b>	09:04-4	08:57-4	02:19-3	11:22-7	02:06-5	03:05-4	01:10-4	01:04-6	
Tid etter	+00:31#	+00:10	-00:05	+01:26#	+01:09#	-00:01	+08:22@	-00:23	-00:09	-00:08	-00:02	





<b>2</b>	<b>Anna Moiseeva, Petrozavodsk Russia</b>					<b>55:25</b>	<b>+03:25</b>										
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14			
Total tid	<b>03:27-1</b>	<b>12:16-1</b>	<b>14:01-1</b>	24:54-2	31:31-2	34:21-2	40:17-2	45:50-2	46:54-2	48:49-2	52:05-2	53:46-2	54:38-2	55:25-2			
Strekktid	03:27	08:49-2	01:45-3	10:53-2	06:37-3	<b>02:50-1</b>	05:56-2	05:33-3	01:04-3	01:55-2	03:16-3	<b>01:41-1</b>	00:52-3	00:47-2			
Tid etter	<b>-00:37</b>	<b>-00:08</b>	<b>+00:12#</b>	<b>+01:04#</b>	<b>+01:17#</b>	<b>-00:02</b>	<b>+00:26</b>	<b>+00:49#</b>	<b>+00:11#</b>	<b>-00:04</b>	<b>+00:28#</b>	<b>-00:19</b>	<b>+00:03</b>	<b>+00:05#</b>			
<b>3</b>	<b>Merete Myrseth, Øverbygd IL</b>					<b>1:00:29</b>	<b>+08:29</b>										
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14			
Total tid	06:13-4	14:09-3	15:31-3	27:06-3	33:38-3	38:06-3	46:57-3	51:20-3	52:12-3	54:06-3	56:54-3	58:54-3	59:42-3	60:29-3			
Strekktid	06:13	<b>07:56-1</b>	<b>01:22-1</b>	11:35-4	06:32-2	04:28-4	08:51-3	<b>04:23-1</b>	<b>00:52-1</b>	<b>01:54-1</b>	<b>02:48-1</b>	02:00-2	<b>00:48-1</b>	00:47-2			
Tid etter	<b>+02:09&amp;</b>	<b>-01:01</b>	<b>-00:11</b>	<b>+01:46#</b>	<b>+01:12#</b>	<b>+01:36&amp;</b>	<b>+03:21&amp;</b>	<b>-00:21</b>	<b>-00:01</b>	<b>-00:05</b>	<b>+00:00</b>	<b>+00:00</b>	<b>-00:01</b>	<b>+00:05#</b>			
<b>4</b>	<b>Kathrine Pedersen, Sørreisa O-lag</b>					<b>1:15:45</b>	<b>+23:45</b>										
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14			
Total tid	05:34-3	16:58-4	18:48-4	30:00-4	37:27-4	41:37-4	53:38-4	60:50-4	62:12-4	67:16-4	71:03-4	73:59-4	74:56-4	75:45-4			
Strekktid	05:34	11:24-4	01:50-4	11:12-3	07:27-4	04:10-3	12:01-4	07:12-4	01:22-4	05:04-4	03:47-4	02:56-4	00:57-4	00:49-4			
Tid etter	<b>+01:30&amp;</b>	<b>+02:27&amp;</b>	<b>+00:17#</b>	<b>+01:23#</b>	<b>+02:07&amp;</b>	<b>+01:18&amp;</b>	<b>+06:31@</b>	<b>+02:28&amp;</b>	<b>+00:29&amp;</b>	<b>+03:05@</b>	<b>+00:59&amp;</b>	<b>+00:56&amp;</b>	<b>+00:08#</b>	<b>+00:07#</b>			

## D19-20

<b>1</b>	<b>Tamara Ezhkova, Petrozavodsk Russia</b>					<b>1:07:16</b>	<b>+00:00</b>										
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14			
Total tid	<b>03:27-1</b>	13:12-2	15:19-2	17:20-2	<b>30:46-1</b>	<b>35:36-1</b>	<b>37:47-1</b>	<b>45:18-1</b>	<b>47:36-1</b>	<b>59:25-1</b>	<b>63:31-1</b>	<b>64:51-1</b>	<b>66:33-1</b>	<b>67:16-1</b>			
Strekktid	03:27	09:45-2	<b>02:07-1</b>	<b>02:01-1</b>	<b>13:26-1</b>	<b>04:50-1</b>	<b>02:11-1</b>	<b>07:31-1</b>	02:18-2	11:49-3	<b>04:06-1</b>	<b>01:20-1</b>	<b>01:42-1</b>	<b>00:43-1</b>			
Tid etter	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>			
<b>2</b>	<b>Margrethe G. Johansen, Sørreisa O-lag</b>					<b>1:10:32</b>	<b>+03:16</b>										
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14			
Total tid	05:23-2	<b>11:27-1</b>	<b>14:24-1</b>	<b>16:39-1</b>	33:47-2	38:52-2	41:43-2	50:23-2	53:35-2	60:20-2	65:55-2	67:59-2	69:48-2	70:32-2			
Strekktid	05:23	<b>06:04-1</b>	02:57-2	02:15-3	17:08-2	05:05-2	02:51-2	08:40-2	03:12-3	06:45-2	05:35-3	02:04-2	01:49-2	00:44-2			
Tid etter	<b>+01:56&amp;</b>	<b>-03:41</b>	<b>+00:50&amp;</b>	<b>+00:14#</b>	<b>+03:42&amp;</b>	<b>+00:15</b>	<b>+00:40&amp;</b>	<b>+01:09#</b>	<b>+00:54&amp;</b>	<b>-05:04</b>	<b>+01:29&amp;</b>	<b>+00:44&amp;</b>	<b>+00:07</b>	<b>+00:01</b>			

<b>3</b>	<b>Emma Myrseth, Øverbygd IL</b>														<b>1:30:16</b>	<b>+23:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	05:54-3	19:01-3	22:01-3	24:07-3	41:26-3	48:21-3	56:41-3	68:07-3	70:14-3	73:40-3	78:24-3	87:38-3	89:29-3	90:16-3		
Strekktid	05:54	13:07-3	03:00-3	02:06-2	17:19-3	06:55-3	08:20-3	11:26-3	<b>02:07-1</b>	<b>03:26-1</b>	04:44-2	09:14-3	01:51-3	00:47-3		
Tid etter	+02:27&	+03:22&	+00:53&	+00:05	+03:53&	+02:05&	+06:09@	+03:55&	-00:11	-08:23	+00:38#	+07:54@	+00:09	+00:04		

## D21

<b>1</b>	<b>Eirill Pettersen Buvik, Korgen IL</b>																<b>1:04:48</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	<b>03:23-1</b>	09:07-2	12:04-2	15:02-2	<b>21:06-1</b>	<b>37:54-1</b>	<b>40:44-1</b>	<b>45:52-1</b>	<b>50:36-1</b>	<b>52:56-1</b>	<b>55:32-1</b>	<b>58:23-1</b>	<b>60:34-1</b>	<b>62:08-1</b>	<b>64:01-1</b>	<b>64:48-1</b>		
Strekktid	03:23	05:44-2	02:57-2	<b>02:58-1</b>	<b>06:04-1</b>	<b>16:48-1</b>	<b>02:50-1</b>	<b>05:08-1</b>	04:44-2	02:20-2	02:36-4	02:51-2	02:11-3	01:34-2	01:53-3	00:47-3		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Heidi Mørkved, Bodø og omegn IF</b>																<b>1:13:43</b>	<b>+08:55</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:52-4	10:27-4	14:22-4	19:26-5	25:38-3	43:56-3	46:47-2	51:55-2	56:31-2	58:58-2	61:29-2	67:09-2	69:15-2	71:16-2	73:01-2	73:43-2		
Strekktid	03:52	06:35-4	03:55-6	05:04-6	06:12-2	18:18-3	02:51-2	<b>05:08-1</b>	<b>04:36-1</b>	02:27-5	02:31-2	05:40-8	<b>02:06-1</b>	02:01-3	<b>01:45-1</b>	<b>00:42-1</b>		
Tid etter	+00:29#	+00:51#	+00:58&	+02:06&	+00:08	+01:30	+00:01	+00:00	-00:08	+00:07	-00:05	+02:49&	-00:05	+00:27&	-00:08	-00:05		
<b>3</b>	<b>Anne Urset, BUL-Tromsø</b>																<b>1:15:52</b>	<b>+11:04</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:56-5	12:20-6	15:13-5	18:26-4	26:44-4	44:51-4	48:19-4	53:32-4	58:29-3	60:50-3	63:24-3	69:02-3	71:11-3	73:12-3	74:59-3	75:52-3		
Strekktid	03:56	08:24-6	<b>02:53-1</b>	03:13-2	08:18-4	18:07-2	03:28-5	05:13-3	04:57-3	02:21-4	02:34-3	05:38-7	02:09-2	02:01-3	01:47-2	00:53-4		
Tid etter	+00:33#	+02:40&	-00:04	+00:15	+02:14&	+01:19	+00:38#	+00:05	+00:13	+00:01	-00:02	+02:47&	-00:02	+00:27&	-00:06	+00:06#		
<b>4</b>	<b>Arntraut Götsch, BUL-Tromsø</b>																<b>1:16:21</b>	<b>+11:33</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:24-2	<b>07:52-1</b>	<b>10:57-1</b>	<b>14:14-1</b>	27:13-5	45:53-5	50:06-5	55:42-5	62:47-5	64:52-5	67:21-5	69:52-5	72:08-5	73:32-4	75:35-4	76:21-4		
Strekktid	03:24	<b>04:28-1</b>	03:05-3	03:17-3	12:59-6	18:40-4	04:13-8	05:36-5	07:05-5	<b>02:05-1</b>	<b>02:29-1</b>	<b>02:31-1</b>	02:16-4	<b>01:24-1</b>	02:03-4	00:46-2		
Tid etter	+00:01	-01:16	+00:08	+00:19#	+06:55@	+01:52#	+01:23&	+00:28	+02:21&	-00:15	-00:07	-00:20	+00:05	-00:10	+00:10	-00:01		

<b>5</b>	<b>Tonje Pettersen, Bardu IL</b>															<b>1:17:50</b>	<b>+13:02</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:45-3	09:39-3	12:52-3	17:00-3	24:46-2	43:53-2	47:10-3	52:35-3	59:14-4	62:58-4	65:49-4	69:08-4	71:32-4	73:41-5	76:55-5	77:50-5		
Strekktid	03:45	05:54-3	03:13-4	04:08-4	07:46-3	19:07-5	03:17-3	05:25-4	06:39-4	03:44-8	02:51-5	03:19-3	02:24-5	02:09-5	03:14-5	00:55-5		
Tid etter	+00:22#	+00:10	+00:16	+01:10&	+01:42&	+02:19#	+00:27#	+00:17	+01:55&	+01:24&	+00:15	+00:28#	+00:13	+00:35&	+01:21&	+00:08#		
<b>6</b>	<b>Pia Wikborg, Sortland O-lag</b>															<b>1:33:13</b>	<b>+28:25</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	04:14-6	11:07-5	15:14-6	20:10-6	28:42-6	47:49-6	51:13-6	58:23-6	65:29-6	68:56-6	75:19-6	78:51-6	82:19-6	85:38-6	92:17-6	93:13-6		
Strekktid	04:14	06:53-5	04:07-7	04:56-5	08:32-5	19:07-5	03:24-4	07:10-8	07:06-6	03:27-7	06:23-8	03:32-4	03:28-6	03:19-7	06:39-7	00:56-6		
Tid etter	+00:51&	+01:09#	+01:10&	+01:58&	+02:28&	+02:19#	+00:34#	+02:02&	+02:22&	+01:07&	+03:47@	+00:41#	+01:17&	+01:45@	+04:46@	+00:09#		
<b>7</b>	<b>Vibece Hobbelstad, Sortland O-lag</b>															<b>1:55:54</b>	<b>+51:06</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	05:24-8	15:53-8	21:01-8	26:15-8	42:08-8	65:19-8	69:15-8	75:19-8	92:47-8	95:07-8	99:02-8	103:29-8	107:55-8	111:10-8	114:55-7	115:54-7		
Strekktid	05:24	10:29-8	05:08-8	05:14-7	15:53-8	23:11-7	03:56-7	06:04-7	17:28-8	02:20-2	03:55-7	04:27-6	04:26-7	03:15-6	03:45-6	00:59-7		
Tid etter	+02:01&	+04:45&	+02:11&	+02:16&	+09:49@	+06:23&	+01:06&	+00:56#	+12:44@	+00:00	+01:19&	+01:36&	+02:15@	+01:41@	+01:52&	+00:12&		
<b>8</b>	<b>Guro Brekkan, Alta O-lag</b>															<b>1:56:10</b>	<b>+51:22</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	04:37-7	13:09-7	16:35-7	24:00-7	37:31-7	63:04-7	66:42-7	72:45-7	81:18-7	84:33-7	87:57-7	91:56-7	99:22-7	102:46-7	115:02-8	116:10-8		
Strekktid	04:37	08:32-7	03:26-5	07:25-8	13:31-7	25:33-8	03:38-6	06:03-6	08:33-7	03:15-6	03:24-6	03:59-5	07:26-8	03:24-8	12:16-8	01:08-8		
Tid etter	+01:14&	+02:48&	+00:29#	+04:27@	+07:27@	+08:45&	+00:48&	+00:55#	+03:49&	+00:55&	+00:48&	+01:08&	+05:15					

## D35

<b>1</b>	<b>Liv Karen Johannessen, BUL-Tromsø</b>															<b>57:18</b>	<b>+00:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14				
Total tid	<b>03:40-1</b>	11:29-3	14:07-3	16:55-3	30:26-2	<b>34:35-1</b>	<b>36:55-1</b>	<b>43:38-1</b>	<b>46:19-1</b>	<b>49:21-1</b>	<b>53:13-1</b>	<b>54:38-1</b>	<b>56:25-1</b>	<b>57:18-1</b>				
Strekktid	03:40	07:49-3	02:38-2	02:48-7	<b>13:31-1</b>	<b>04:09-1</b>	<b>02:20-1</b>	<b>06:43-1</b>	02:41-3	<b>03:02-1</b>	<b>03:52-1</b>	<b>01:25-1</b>	01:47-2	00:53-3				
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00				

<b>2</b>	<b>Bodil B. Marcussen, Sørreisa O-lag</b>														<b>1:00:11</b>	<b>+02:53</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:36-7	<b>10:12-1</b>	<b>12:48-1</b>	<b>14:57-1</b>	<b>29:50-1</b>	34:39-2	37:31-2	45:03-2	47:45-2	51:09-2	55:43-2	57:22-2	59:18-2	60:11-2		
Strekktid	04:36	05:36-2	<b>02:36-1</b>	02:09-2	14:53-2	04:49-2	02:52-5	07:32-2	02:42-4	03:24-3	04:34-3	01:39-5	01:56-4	00:53-3		
Tid etter	<b>+00:56&amp;</b>	<b>-02:13</b>	<b>-00:02</b>	<b>-00:39</b>	<b>+01:22#</b>	<b>+00:40#</b>	<b>+00:32#</b>	<b>+00:49#</b>	<b>+00:01</b>	<b>+00:22#</b>	<b>+00:42#</b>	<b>+00:14#</b>	<b>+00:09</b>	<b>+00:00</b>		
<b>3</b>	<b>Marte Indregard, BUL-Tromsø</b>														<b>1:05:15</b>	<b>+07:57</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	05:41-9	11:09-2	13:49-2	16:14-2	33:30-3	38:21-3	41:09-3	49:20-3	52:42-3	57:07-3	61:20-3	62:45-3	64:27-3	65:15-3		
Strekktid	05:41	<b>05:28-1</b>	02:40-3	02:25-3	17:16-4	04:51-3	02:48-4	08:11-4	03:22-7	04:25-7	04:13-2	<b>01:25-1</b>	<b>01:42-1</b>	<b>00:48-1</b>		
Tid etter	<b>+02:01&amp;</b>	<b>-02:21</b>	<b>+00:02</b>	<b>-00:23</b>	<b>+03:45&amp;</b>	<b>+00:42#</b>	<b>+00:28#</b>	<b>+01:28#</b>	<b>+00:41&amp;</b>	<b>+01:23&amp;</b>	<b>+00:21</b>	<b>+00:00</b>	<b>-00:05</b>	<b>-00:05</b>		
<b>4</b>	<b>Trine Alsos, Harstad O-lag</b>														<b>1:06:52</b>	<b>+09:34</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:52-2	12:35-4	15:45-4	17:51-4	34:02-4	39:25-4	42:11-4	51:39-4	54:29-4	57:35-4	62:15-4	63:45-4	65:58-4	66:52-4		
Strekktid	03:52	08:43-5	03:10-6	<b>02:06-1</b>	16:11-3	05:23-5	02:46-3	09:28-7	02:50-5	03:06-2	04:40-4	01:30-3	02:13-5	00:54-6		
Tid etter	<b>+00:12</b>	<b>+00:54#</b>	<b>+00:32#</b>	<b>-00:42</b>	<b>+02:40#</b>	<b>+01:14&amp;</b>	<b>+00:26#</b>	<b>+02:45&amp;</b>	<b>+00:09</b>	<b>+00:04</b>	<b>+00:48#</b>	<b>+00:05</b>	<b>+00:26#</b>	<b>+00:01</b>		
<b>5</b>	<b>Berit Rørslett Carho, Bardu IL</b>														<b>1:09:55</b>	<b>+12:37</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:21-6	13:38-7	16:22-6	18:53-6	36:42-5	42:01-5	44:55-5	53:58-5	56:16-5	60:01-5	65:08-5	66:44-5	68:59-5	69:55-5		
Strekktid	04:21	09:17-8	02:44-5	02:31-4	17:49-5	05:19-4	02:54-6	09:03-5	<b>02:18-1</b>	03:45-6	05:07-6	01:36-4	02:15-6	00:56-7		
Tid etter	<b>+00:41#</b>	<b>+01:28#</b>	<b>+00:06</b>	<b>-00:17</b>	<b>+04:18&amp;</b>	<b>+01:10&amp;</b>	<b>+00:34#</b>	<b>+02:20&amp;</b>	<b>-00:23</b>	<b>+00:43#</b>	<b>+01:15&amp;</b>	<b>+00:11#</b>	<b>+00:28&amp;</b>	<b>+00:03</b>		
<b>6</b>	<b>Doris Stien Kaspersen, MO O-klubb</b>														<b>1:16:29</b>	<b>+19:11</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:19-3	13:10-6	15:51-5	18:26-5	36:45-6	50:09-7	52:34-7	60:21-7	62:50-6	66:18-7	71:10-6	72:50-6	75:40-6	76:29-6		
Strekktid	04:19	08:51-6	02:41-4	02:35-5	18:19-6	13:24-8	02:25-2	07:47-3	02:29-2	03:28-4	04:52-5	01:40-6	02:50-8	00:49-2		
Tid etter	<b>+00:39#</b>	<b>+01:02#</b>	<b>+00:03</b>	<b>-00:13</b>	<b>+04:48&amp;</b>	<b>+09:15@</b>	<b>+00:05</b>	<b>+01:04#</b>	<b>-00:12</b>	<b>+00:26#</b>	<b>+01:00&amp;</b>	<b>+00:15#</b>	<b>+01:03&amp;</b>	<b>-00:04</b>		
<b>7</b>	<b>Irene Rostad, Øverbygd IL</b>														<b>1:20:45</b>	<b>+23:27</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:19-3	00:00-0	18:32-8	00:00-0	44:58-8	00:00-0	00:00-0	00:00-0	00:00-0	65:31-6	76:53-7	00:00-0	79:52-7	80:45-7		
Strekktid	04:19	-	-	-	-	-	-	-	-	-	11:22-9	-	-	00:53-3		
Tid etter	<b>+00:39#</b>										<b>+07:30@</b>			<b>+00:00</b>		

<b>8</b>	<b>Grete Jakobsen, BUL-Tromsø</b>															<b>1:23:10 +25:52</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:20-5	12:51-5	17:25-7	20:09-7	39:58-7	45:25-6	51:03-6	60:15-6	70:02-7	73:35-8	78:42-8	80:25-7	82:14-8	83:10-8		
Strekktid	04:20	08:31-4	04:34-7	02:44-6	19:49-7	05:27-6	05:38-8	09:12-6	09:47-8	03:33-5	05:07-6	01:43-7	01:49-3	00:56-7		
Tid etter	+00:40#	+00:42	+01:56&	-00:04	+06:18&	+01:18&	+03:18@	+02:29&	+07:06@	+00:31#	+01:15&	+00:18#	+00:02	+00:03		
<b>9</b>	<b>Kristin Tørum, Alta O-lag</b>															<b>1:33:27 +36:09</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	05:36-8	14:33-8	20:32-9	27:49-8	53:26-9	60:14-8	63:59-8	73:57-8	77:18-8	81:51-9	87:47-9	89:50-8	92:20-9	93:27-9		
Strekktid	05:36	08:57-7	05:59-8	07:17-8	25:37-8	06:48-7	03:45-7	09:58-8	03:21-6	04:33-8	05:56-8	02:03-8	02:30-7	01:07-9		
Tid etter	+01:56&	+01:08#	+03:21@	+04:29@	+12:06&	+02:39&	+01:25&	+03:15&	+00:40#	+01:31&	+02:04&	+00:38&	+00:43&	+00:14&		

## D40

<b>1</b>	<b>Marit Johnsen, Bodø og omegn IF</b>															<b>50:10 +00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:26-2	11:32-2	12:55-2	<b>21:52-1</b>	<b>27:07-1</b>	<b>29:58-1</b>	<b>35:01-1</b>	<b>39:05-1</b>	<b>40:04-1</b>	<b>41:55-1</b>	<b>44:29-1</b>	<b>48:28-1</b>	<b>49:21-1</b>	<b>50:10-1</b>		
Strekktid	03:26	08:06-4	<b>01:23-1</b>	<b>08:57-1</b>	<b>05:15-1</b>	<b>02:51-1</b>	<b>05:03-1</b>	<b>04:04-1</b>	00:59-2	<b>01:51-1</b>	<b>02:34-1</b>	03:59-9	00:53-2	00:49-3		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Hilde Sofie Hansen, MO O-klubb</b>															<b>54:19 +04:09</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	<b>03:21-1</b>	<b>10:44-1</b>	<b>12:23-1</b>	24:41-4	30:27-4	33:46-4	40:58-3	45:13-3	46:08-3	48:01-3	50:43-2	52:40-2	53:33-2	54:19-2		
Strekktid	03:21	<b>07:23-1</b>	01:39-3	12:18-7	05:46-4	03:19-6	07:12-6	04:15-2	<b>00:55-1</b>	01:53-2	02:42-2	01:57-2	00:53-2	<b>00:46-1</b>		
Tid etter	-00:05	-00:43	+00:16#	+03:21&	+00:31	+00:28#	+02:09&	+00:11	-00:04	+00:02	+00:08	-02:02	+00:00	-00:03		
<b>3</b>	<b>Trine Sæternes, Sandnes IL</b>															<b>54:30 +04:20</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:54-4	11:51-3	13:38-3	24:07-2	30:09-3	33:17-3	39:19-2	44:25-2	45:42-2	47:54-2	50:52-3	52:45-3	53:40-3	54:30-3		
Strekktid	03:54	07:57-3	01:47-4	10:29-4	06:02-5	03:08-4	06:02-3	05:06-5	01:17-9	02:12-3	02:58-3	<b>01:53-1</b>	00:55-4	00:50-5		
Tid etter	+00:28#	-00:09	+00:24&	+01:32#	+00:47#	+00:17	+00:59#	+01:02&	+00:18&	+00:21#	+00:24#	-02:06	+00:02	+00:01		

<b>4</b>	<b>Margrete Gaski, Bardu IL</b>													<b>57:22</b>	<b>+07:12</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:49-3	13:35-4	15:35-5	26:14-5	33:27-6	36:44-6	41:54-4	46:48-4	47:56-4	50:10-4	53:12-4	55:37-4	56:36-4	57:22-4		
Strekktid	03:49	09:46-6	02:00-8	10:39-5	07:13-6	03:17-5	05:10-2	04:54-4	01:08-5	02:14-4	03:02-5	02:25-5	00:59-5	<b>00:46-1</b>		
Tid etter	<b>+00:23#</b>	<b>+01:40#</b>	<b>+00:37&amp;</b>	<b>+01:42#</b>	<b>+01:58&amp;</b>	<b>+00:26#</b>	<b>+00:07</b>	<b>+00:50#</b>	<b>+00:09#</b>	<b>+00:23#</b>	<b>+00:28#</b>	<b>-01:34</b>	<b>+00:06#</b>	<b>-00:03</b>		
<b>5</b>	<b>Kristin Svendsen, Hørstad O-lag</b>													<b>59:41</b>	<b>+09:31</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	06:19-9	13:45-6	15:09-4	24:18-3	29:52-2	32:55-2	43:07-5	47:36-5	48:36-5	51:11-5	55:12-5	58:03-5	58:51-5	59:41-5		
Strekktid	06:19	07:26-2	01:24-2	09:09-2	05:34-2	03:03-2	10:12-8	04:29-3	01:00-3	02:35-7	04:01-8	02:51-7	<b>00:48-1</b>	00:50-5		
Tid etter	<b>+02:53&amp;</b>	<b>-00:40</b>	<b>+00:01</b>	<b>+00:12</b>	<b>+00:19</b>	<b>+00:12</b>	<b>+05:09@</b>	<b>+00:25#</b>	<b>+00:01</b>	<b>+00:44&amp;</b>	<b>+01:27&amp;</b>	<b>-01:08</b>	<b>-00:05</b>	<b>+00:01</b>		
<b>6</b>	<b>Anita Eriksen, Bodø og omegn IF</b>													<b>1:05:32</b>	<b>+15:22</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	05:28-8	13:42-5	16:12-6	26:23-6	32:08-5	35:14-5	47:48-6	55:11-8	56:18-8	58:43-8	61:42-7	63:40-7	64:43-7	65:32-6		
Strekktid	05:28	08:14-5	02:30-9	10:11-3	05:45-3	03:06-3	12:34-9	07:23-9	01:07-4	02:25-5	02:59-4	01:58-3	01:03-6	00:49-3		
Tid etter	<b>+02:02&amp;</b>	<b>+00:08</b>	<b>+01:07&amp;</b>	<b>+01:14#</b>	<b>+00:30</b>	<b>+00:15</b>	<b>+07:31@</b>	<b>+03:19&amp;</b>	<b>+00:08#</b>	<b>+00:34&amp;</b>	<b>+00:25#</b>	<b>-02:01</b>	<b>+00:10#</b>	<b>+00:00</b>		
<b>7</b>	<b>Gro Kari Hansen, Målselv IL</b>													<b>1:05:40</b>	<b>+15:30</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:41-5	14:42-7	16:40-7	29:23-7	37:08-8	41:23-8	47:55-7	53:59-6	55:13-6	57:39-6	61:22-6	63:33-6	64:40-6	65:40-7		
Strekktid	04:41	10:01-7	01:58-7	12:43-9	07:45-8	04:15-8	06:32-4	06:04-6	01:14-6	02:26-6	03:43-6	02:11-4	01:07-8	01:00-7		
Tid etter	<b>+01:15&amp;</b>	<b>+01:55#</b>	<b>+00:35&amp;</b>	<b>+03:46&amp;</b>	<b>+02:30&amp;</b>	<b>+01:24&amp;</b>	<b>+01:29&amp;</b>	<b>+02:00&amp;</b>	<b>+00:15&amp;</b>	<b>+00:35&amp;</b>	<b>+01:09&amp;</b>	<b>-01:48</b>	<b>+00:14&amp;</b>	<b>+00:11#</b>		
<b>8</b>	<b>Lill-Grete Bie, Sørreisa O-lag</b>													<b>1:06:46</b>	<b>+16:36</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	05:06-7	15:23-9	17:12-9	29:27-8	37:01-7	41:10-7	48:04-8	54:23-7	55:37-7	58:13-7	61:57-8	64:39-8	65:43-8	66:46-8		
Strekktid	05:06	10:17-8	01:49-5	12:15-6	07:34-7	04:09-7	06:54-5	06:19-8	01:14-6	02:36-8	03:44-7	02:42-6	01:04-7	01:03-8		
Tid etter	<b>+01:40&amp;</b>	<b>+02:11&amp;</b>	<b>+00:26&amp;</b>	<b>+03:18&amp;</b>	<b>+02:19&amp;</b>	<b>+01:18&amp;</b>	<b>+01:51&amp;</b>	<b>+02:15&amp;</b>	<b>+00:15&amp;</b>	<b>+00:45&amp;</b>	<b>+01:10&amp;</b>	<b>-01:17</b>	<b>+00:11#</b>	<b>+00:14&amp;</b>		
<b>9</b>	<b>Sylvi Ofstad, Bardu IL</b>													<b>1:13:20</b>	<b>+23:10</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:58-6	15:16-8	17:05-8	29:41-9	37:39-9	45:32-9	52:45-9	58:59-9	60:14-9	63:08-9	67:14-9	70:55-9	72:15-9	73:20-9		
Strekktid	04:58	10:18-9	01:49-5	12:36-8	07:58-9	07:53-9	07:13-7	06:14-7	01:15-8	02:54-9	04:06-9	03:41-8	01:20-9	01:05-9		
Tid etter	<b>+01:32&amp;</b>	<b>+02:12&amp;</b>	<b>+00:26&amp;</b>	<b>+03:39&amp;</b>	<b>+02:43&amp;</b>	<b>+05:02@</b>	<b>+02:10&amp;</b>	<b>+02:10&amp;</b>	<b>+00:16&amp;</b>	<b>+01:03&amp;</b>	<b>+01:32&amp;</b>	<b>-00:18</b>	<b>+00:27&amp;</b>	<b>+00:16&amp;</b>		

## D45

<b>1</b>	<b>Inger Lise Pettersen, Korgen IL</b>													<b>47:23</b>	<b>+00:00</b>
----------	--	--	--	--	--	--	--	--	--	--	--	--	--	--------------	---------------

Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	03:23-5	09:32-3	<b>18:02-1</b>	<b>24:08-1</b>	<b>26:58-1</b>	<b>32:52-1</b>	<b>37:55-1</b>	<b>38:56-1</b>	<b>41:09-1</b>	<b>43:53-1</b>	<b>45:38-1</b>	<b>46:32-1</b>	<b>47:23-1</b>
Strekktid	03:23	06:09-3	<b>08:30-1</b>	<b>06:06-1</b>	<b>02:50-1</b>	<b>05:54-1</b>	<b>05:03-1</b>	<b>01:01-1</b>	02:13-2	<b>02:44-1</b>	<b>01:45-1</b>	<b>00:54-1</b>	<b>00:51-1</b>
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
<b>2</b>	<b>Kari Lofthus, BUL-Tromsø</b>										<b>55:59</b>	<b>+08:36</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	03:10-2	11:12-4	20:49-3	28:55-3	32:19-3	38:19-2	45:20-4	46:29-4	49:14-4	52:10-2	54:02-2	55:02-2	55:59-2
Strekktid	03:10	08:02-5	09:37-2	08:06-4	03:24-4	06:00-2	07:01-4	01:09-2	02:45-4	02:56-2	01:52-2	01:00-3	00:57-4
Tid etter	-00:13	+01:53&	+01:07#	+02:00&	+00:34#	+00:06	+01:58&	+00:08#	+00:32#	+00:12	+00:07	+00:06#	+00:06#
<b>3</b>	<b>Mari Ann Brodahl, Målselv IL</b>										<b>56:23</b>	<b>+09:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	<b>02:45-1</b>	<b>08:10-1</b>	21:45-4	29:12-4	33:07-4	39:12-4	45:15-3	46:26-3	49:00-2	52:13-3	54:25-3	55:23-3	56:23-3
Strekktid	02:45	05:25-2	13:35-5	07:27-2	03:55-5	06:05-3	06:03-2	01:11-3	02:34-3	03:13-3	02:12-4	00:58-2	01:00-5
Tid etter	-00:38	-00:44	+05:05&	+01:21#	+01:05&	+00:11	+01:00#	+00:10#	+00:21#	+00:29#	+00:27&	+00:04	+00:09#
<b>4</b>	<b>Greta Evertsen, OK Silsand</b>										<b>1:00:46</b>	<b>+13:23</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	03:43-6	08:50-2	19:37-2	27:54-2	31:15-2	38:28-3	44:50-2	46:10-2	49:04-3	55:14-4	58:07-4	59:34-4	60:46-4
Strekktid	03:43	<b>05:07-1</b>	10:47-3	08:17-5	03:21-3	07:13-5	06:22-3	01:20-5	02:54-6	06:10-8	02:53-8	01:27-8	01:12-8
Tid etter	+00:20	-01:02	+02:17&	+02:11&	+00:31#	+01:19#	+01:19&	+00:19&	+00:41&	+03:26@	+01:08&	+00:33&	+00:21&
<b>5</b>	<b>Nina Heitmann, Alta O-lag</b>										<b>1:11:09</b>	<b>+23:46</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	03:18-4	20:59-8	35:05-8	42:50-7	46:00-6	52:52-6	60:36-6	61:47-6	63:51-6	67:16-5	69:11-5	70:14-5	71:09-5
Strekktid	03:18	17:41-8	14:06-6	07:45-3	03:10-2	06:52-4	07:44-7	01:11-3	<b>02:04-1</b>	03:25-4	01:55-3	01:03-4	00:55-3
Tid etter	-00:05	+11:32@	+05:36&	+01:39&	+00:20#	+00:58#	+02:41&	+00:10#	-00:09	+00:41#	+00:10	+00:09#	+00:04
<b>6</b>	<b>Kathrine Kalvig, Bodø og omegn IF</b>										<b>1:12:21</b>	<b>+24:58</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	04:09-7	12:28-7	25:18-5	37:59-6	42:31-5	50:50-5	58:10-5	59:34-5	62:22-5	67:56-6	70:10-6	71:18-6	72:21-6
Strekktid	04:09	08:19-6	12:50-4	12:41-8	04:32-6	08:19-7	07:20-5	01:24-6	02:48-5	05:34-7	02:14-5	01:08-6	01:03-7
Tid etter	+00:46#	+02:10&	+04:20&	+06:35@	+01:42&	+02:25&	+02:17&	+00:23&	+00:35&	+02:50@	+00:29&	+00:14&	+00:12#
<b>7</b>	<b>Ingunn Jakola, Bodø og omegn IF</b>										<b>1:18:02</b>	<b>+30:39</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	05:20-8	12:16-6	31:27-7	43:26-8	48:35-7	56:21-7	63:43-7	65:25-7	68:33-7	73:38-7	76:04-7	77:09-7	78:02-7
Strekktid	05:20	06:56-4	19:11-8	11:59-7	05:09-7	07:46-6	07:22-6	01:42-8	03:08-7	05:05-6	02:26-6	01:05-5	00:53-2
Tid etter	+01:57&	+00:47#	+10:41@	+05:53&	+02:19&	+01:52&	+02:19&	+00:41&	+00:55&	+02:21&	+00:41&	+00:11#	+00:02
<b>8</b>	<b>Solfrid Eidnes, Harstad O-lag</b>										<b>1:32:07</b>	<b>+44:44</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	03:15-3	12:08-5	27:20-6	35:49-5	59:35-8	69:34-8	78:18-8	79:53-8	83:21-8	87:10-8	89:55-8	91:06-8	92:07-8



Strekktid 03:15 08:53-7 15:12-7 08:29-6 23:46-8 09:59-8 08:44-8 01:35-7 03:28-8 03:49-5 02:45-7 01:11-7 01:01-6  
 Tid etter -00:08 +02:44& +06:42& +02:23& +20:56@ +04:05& +03:41& +00:34& +01:15& +01:05& +01:00& +00:17& +00:10#

## D50

<b>1</b>	<b>Eli B. Helgesen, Sørreisa O-lag</b>											<b>49:14</b>	<b>+00:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12		
Total tid	<b>02:37-1</b>	<b>09:33-1</b>	<b>20:27-1</b>	<b>28:43-1</b>	<b>31:59-1</b>	<b>37:48-1</b>	<b>40:19-1</b>	<b>43:05-1</b>	<b>44:45-1</b>	<b>46:38-1</b>	<b>48:22-1</b>	<b>49:14-1</b>		
Strekktid	02:37	06:56-2	10:54-2	<b>08:16-1</b>	03:16-2	05:49-2	02:31-2	<b>02:46-1</b>	<b>01:40-1</b>	<b>01:53-1</b>	<b>01:44-1</b>	<b>00:52-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Marit Walle Moberg, Bardu IL</b>											<b>57:19</b>	<b>+08:05</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12		
Total tid	03:09-3	10:31-2	22:25-3	31:34-2	35:25-2	41:26-2	44:48-2	48:48-2	51:16-3	53:33-2	56:01-2	57:19-2		
Strekktid	03:09	07:22-3	11:54-4	09:09-3	03:51-3	06:01-3	03:22-4	04:00-4	02:28-4	02:17-2	02:28-4	01:18-4		
Tid etter	+00:32#	+00:26	+01:00	+00:53#	+00:35#	+00:12	+00:51&	+01:14&	+00:48&	+00:24#	+00:44&	+00:26&		
<b>3</b>	<b>Heidi Gunnberg, Sørreisa O-lag</b>											<b>58:31</b>	<b>+09:17</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12		
Total tid	04:46-4	10:32-3	22:23-2	31:34-2	39:50-4	43:52-3	45:54-3	48:49-3	51:04-2	55:43-3	57:34-3	58:31-3		
Strekktid	04:46	<b>05:46-1</b>	11:51-3	09:11-4	08:16-4	<b>04:02-1</b>	<b>02:02-1</b>	02:55-2	02:15-3	04:39-4	01:51-2	00:57-2		
Tid etter	+02:09&	-01:10	+00:57	+00:55#	+05:00@	-01:47	-00:29	+00:09	+00:35&	+02:46@	+00:07	+00:05		
<b>4</b>	<b>Britt Gunnberg, Alta O-lag</b>											<b>1:19:43</b>	<b>+30:29</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12		
Total tid	03:05-2	13:51-4	24:00-4	33:03-4	36:18-3	64:42-4	67:24-4	70:19-4	72:19-4	76:29-4	78:35-4	79:43-4		
Strekktid	03:05	10:46-4	<b>10:09-1</b>	09:03-2	<b>03:15-1</b>	28:24-4	02:42-3	02:55-2	02:00-2	04:10-3	02:06-3	01:08-3		
Tid etter	+00:28#	+03:50&	-00:45	+00:47	-00:01	+22:35@	+00:11	+00:09	+00:20#	+02:17@	+00:22#	+00:16&		

## D55

<b>1</b>	<b>Lisbeth Johannessen, BUL-Tromsø</b>											<b>55:52</b>	<b>+00:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12		
Total tid	04:41-2	13:08-2	<b>22:54-1</b>	32:52-2	36:09-2	<b>41:34-1</b>	<b>43:53-1</b>	<b>47:30-1</b>	<b>50:26-1</b>	<b>52:52-1</b>	<b>54:53-1</b>	<b>55:52-1</b>		
Strekktid	04:41	08:27-2	<b>09:46-1</b>	09:58-2	<b>03:17-1</b>	<b>05:25-1</b>	<b>02:19-1</b>	03:37-2	02:56-2	<b>02:26-1</b>	<b>02:01-1</b>	00:59-2		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Elsa Hauknes, MO O-klubb</b>											<b>1:03:59</b>	<b>+08:07</b>	

Post	1	2	3	4	5	6	7	8	9	10	11	12
Total tid	<b>04:14-1</b>	<b>12:04-1</b>	23:29-2	<b>32:27-1</b>	<b>36:04-1</b>	47:35-2	52:34-2	55:39-2	58:15-2	60:46-2	63:03-2	63:59-2
Strekktid	04:14	<b>07:50-1</b>	11:25-2	<b>08:58-1</b>	03:37-2	11:31-2	04:59-2	<b>03:05-1</b>	<b>02:36-1</b>	02:31-2	02:17-2	<b>00:56-1</b>
Tid etter	-00:27	-00:37	+01:39#	-01:00	+00:20#	+06:06@	+02:40@	-00:32	-00:20	+00:05	+00:16#	-00:03

## D60

<b>1</b>	<b>Guri Løkse, Sørreisa O-lag</b>											<b>43:48</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	<b>03:44-1</b>	<b>11:01-1</b>	<b>13:11-1</b>	<b>18:23-1</b>	<b>26:15-1</b>	<b>32:33-1</b>	<b>36:19-1</b>	<b>39:05-1</b>	<b>41:42-1</b>	<b>42:44-1</b>	<b>43:48-1</b>		
Strekktid	03:44	07:17-2	<b>02:10-1</b>	<b>05:12-1</b>	<b>07:52-1</b>	<b>06:18-1</b>	<b>03:46-1</b>	<b>02:46-1</b>	<b>02:37-1</b>	<b>01:02-1</b>	<b>01:04-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Åse Flydal, BUL-Tromsø</b>											<b>52:24</b>	<b>+08:36</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	04:57-2	11:20-2	13:30-2	18:46-2	28:52-2	39:08-2	43:08-2	46:56-2	49:48-2	51:18-2	52:24-2		
Strekktid	04:57	<b>06:23-1</b>	<b>02:10-1</b>	05:16-2	10:06-2	10:16-3	04:00-2	03:48-2	02:52-2	01:30-3	01:06-2		
Tid etter	+01:13&	-00:54	+00:00	+00:04	+02:14&	+03:58&	+00:14	+01:02&	+00:15	+00:28&	+00:02		

<b>3</b>	<b>Anne Marie Pedersen, Bjerkvik IF</b>											<b>1:00:44</b>	<b>+16:56</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	05:46-3	14:39-3	17:31-3	25:08-3	35:42-3	42:38-3	50:53-3	54:57-3	58:04-3	59:25-3	60:44-3		
Strekktid	05:46	08:53-3	02:52-3	07:37-3	10:34-3	06:56-2	08:15-4	04:04-3	03:07-3	01:21-2	01:19-3		
Tid etter	+02:02&	+01:36#	+00:42&	+02:25&	+02:42&	+00:38#	+04:29@	+01:18&	+00:30#	+00:19&	+00:15#		
<b>4</b>	<b>Sissel Løvlund, Nordreisa IL</b>											<b>1:36:23</b>	<b>+52:35</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	06:58-4	27:14-4	31:31-4	40:51-4	63:38-4	75:14-4	81:51-4	87:08-4	91:46-4	94:00-4	96:23-4		
Strekktid	06:58	20:16-4	04:17-4	09:20-4	22:47-4	11:36-4	06:37-3	05:17-4	04:38-4	02:14-4	02:23-4		
Tid etter	+03:14&	+12:59@	+02:07&	+04:08&	+14:55@	+05:18&	+02:51&	+02:31&	+02:01&	+01:12@	+01:19@		

## D65

<b>1</b>	<b>Inger Eriksen, Sørreisa O-lag</b>											<b>1:22:54</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	06:54-2	25:32-2	28:44-2	40:15-2	54:23-2	63:29-2	69:52-2	<b>74:58-1</b>	<b>79:43-1</b>	<b>81:27-1</b>	<b>82:54-1</b>		
Strekktid	06:54	18:38-2	03:12-2	11:31-2	<b>14:08-1</b>	09:06-2	<b>06:23-1</b>	<b>05:06-1</b>	<b>04:45-1</b>	<b>01:44-1</b>	<b>01:27-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Grete-Lise Skaland, Nordreisa IL</b>											<b>1:24:56</b>	<b>+02:02</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	<b>05:40-1</b>	<b>19:03-1</b>	<b>22:04-1</b>	<b>31:20-1</b>	<b>46:53-1</b>	<b>53:16-1</b>	<b>69:44-1</b>	75:59-2	81:22-2	83:27-2	84:56-2		
Strekktid	05:40	<b>13:23-1</b>	<b>03:01-1</b>	<b>09:16-1</b>	15:33-2	<b>06:23-1</b>	16:28-2	06:15-2	05:23-2	02:05-2	01:29-2		
Tid etter	<b>-01:14</b>	<b>-05:15</b>	<b>-00:11</b>	<b>-02:15</b>	+01:25#	<b>-02:43</b>	+10:05@	+01:09#	+00:38#	+00:21#	+00:02		

## H-10

<b>1</b>	<b>Even-Johan Kaspersen, MO O-klubb</b>								<b>14:27</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8		
Total tid	<b>03:30-1</b>	<b>04:52-1</b>	<b>07:21-1</b>	<b>09:46-1</b>	<b>11:18-1</b>	<b>12:43-1</b>	<b>13:38-1</b>	<b>14:27-1</b>		
Strekktid	03:30	<b>01:22-1</b>	02:29-2	02:25-3	<b>01:32-1</b>	01:25-2	<b>00:55-1</b>	00:49-2		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Simen Nordmo Lundamo, Mellebygd O-lag</b>								<b>16:12</b>	<b>+01:45</b>
Post	1	2	3	4	5	6	7	8		

Total tid 03:46-2 05:58-3 09:12-4 11:12-3 13:03-2 14:29-2 15:26-2 16:12-2  
Strekktid 03:46 02:12-4 03:14-4 **02:00-1** 01:51-2 01:26-3 00:57-3 **00:46-1**  
Tid etter **+00:16** **+00:50&** **+00:45&** **-00:25** **+00:19#** **+00:01** **+00:02** **-00:03**

**3 Håkon Nordmo, Mellebygd O-lag 16:59 +02:32**

Post 1 2 3 4 5 6 7 8  
Total tid 03:58-3 05:38-2 07:52-2 10:11-2 13:23-3 15:09-3 16:09-3 16:59-3  
Strekktid 03:58 01:40-2 **02:14-1** 02:19-2 03:12-7 01:46-7 01:00-4 00:50-3  
Tid etter **+00:28#** **+00:18#** **-00:15** **-00:06** **+01:40@** **+00:21#** **+00:05** **+00:01**

**4 Erling Stangnes, OK Silsand 17:34 +03:07**

Post 1 2 3 4 5 6 7 8  
Total tid 04:11-5 06:12-4 08:56-3 11:50-4 14:26-4 15:47-4 16:42-4 17:34-4  
Strekktid 04:11 02:01-3 02:44-3 02:54-4 02:36-4 **01:21-1** **00:55-1** 00:52-4  
Tid etter **+00:41#** **+00:39&** **+00:15#** **+00:29#** **+01:04&** **-00:04** **+00:00** **+00:03**

**5 Mathias Witte, Alta O-lag 20:12 +05:45**

Post 1 2 3 4 5 6 7 8  
Total tid 04:26-6 07:24-6 10:48-6 13:54-5 16:37-5 18:04-5 19:14-5 20:12-5  
Strekktid 04:26 02:58-7 03:24-5 03:06-5 02:43-5 01:27-4 01:10-6 00:58-5  
Tid etter **+00:56&** **+01:36@** **+00:55&** **+00:41&** **+01:11&** **+00:02** **+00:15&** **+00:09#**

**6 Hans Erik Sandelin, Rotsundelv IL 22:00 +07:33**

Post 1 2 3 4 5 6 7 8  
Total tid 03:58-3 06:21-5 09:54-5 13:56-6 17:00-6 19:24-6 20:46-6 22:00-6  
Strekktid 03:58 02:23-5 03:33-6 04:02-6 03:04-6 02:24-8 01:22-7 01:14-8  
Tid etter **+00:28#** **+01:01&** **+01:04&** **+01:37&** **+01:32&** **+00:59&** **+00:27&** **+00:25&**

**7 Håkon Dyrstad, Nordreisa IL 38:07 +23:40**

Post 1 2 3 4 5 6 7 8  
Total tid 10:17-8 13:15-8 16:58-8 31:58-8 34:21-7 36:02-7 37:09-7 38:07-7  
Strekktid 10:17 02:58-7 03:43-7 15:00-8 02:23-3 01:41-6 01:07-5 00:58-5  
Tid etter **+06:47@** **+01:36@** **+01:14&** **+12:35@** **+00:51&** **+00:16#** **+00:12#** **+00:09#**

**8 Lasse Horn, OK Silsand 39:54 +25:27**

Post 1 2 3 4 5 6 7 8  
Total tid 06:18-7 09:13-7 14:44-7 22:44-7 35:27-8 36:58-8 38:44-8 39:54-8  
Strekktid 06:18 02:55-6 05:31-8 08:00-7 12:43-8 01:31-5 01:46-8 01:10-7  
Tid etter **+02:48&** **+01:33@** **+03:02@** **+05:35@** **+11:11@** **+00:06** **+00:51&** **+00:21&**

**DSQ Mathias Nymo, Mellebygd O-lag**

Post 1 2 3 4 5 6 7 8  
Total tid 09:00-0 10:48-0 15:11-0 00:00-0 18:15-0 19:40-0 20:28-0 21:17-0  
Strekktid 09:00 01:48-0 04:23-0 - - 01:25-2 00:48-0 00:49-2

Tid etter +05:30@ +00:26& +01:54& - +00:00 -00:07 +00:00

**DSQ Lars Nordmo Lundamo, Mellebygd O-lag**

Post	1	2	3	4	5	6	7	8		
Total tid	13:06-0	14:51-0	19:22-0	00:00-0	25:11-0	00:00-0	28:59-0	29:47-0		
Strekktid	13:06	01:45-0	04:31-0	-	-	-	-	00:48-0		
Tid etter	+09:36@	+00:23&	+02:02&	-	-	-	-	-00:01		

## H11-12

**1 Mats Jørgen Nordmo Ingdal, Mellebygd O-lag 22:54 +00:00**

Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	01:35-4	04:34-2	07:21-2	09:59-2	11:47-2	13:47-2	17:22-1	19:50-1	21:00-1	22:05-1	22:54-1
Strekktid	01:35	02:59-1	02:47-3	02:38-1	01:48-1	02:00-2	03:35-2	02:28-3	01:10-3	01:05-4	00:49-3
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00

**2 Sivert Moen, Øverbygd IL 23:30 +00:36**

Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	01:22-2	05:03-3	07:42-3	10:27-3	12:50-3	15:38-3	18:51-3	20:53-2	21:54-2	22:44-2	23:30-2
Strekktid	01:22	03:41-3	02:39-2	02:45-2	02:23-3	02:48-3	03:13-1	02:02-2	01:01-2	00:50-1	00:46-1
Tid etter	-00:13	+00:42#	-00:08	+00:07	+00:35&	+00:48&	-00:22	-00:26	-00:09	-00:15	-00:03

**3 Sondre Lorentsen, OK Silsand 25:49 +02:55**

Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	01:19-1	04:20-1	06:49-1	09:41-1	11:35-1	13:32-1	17:59-2	23:13-3	24:06-3	25:02-3	25:49-3
Strekktid	01:19	03:01-2	02:29-1	02:52-3	01:54-2	01:57-1	04:27-3	05:14-6	00:53-1	00:56-2	00:47-2
Tid etter	-00:16	+00:02	-00:18	+00:14	+00:06	-00:03	+00:52#	+02:46@	-00:17	-00:09	-00:02

**4 Ruben Forsberg, Alta O-lag 34:56 +12:02**

Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	01:48-6	06:22-5	09:50-4	14:19-4	17:04-4	19:56-4	29:54-5	31:49-4	33:09-4	34:05-4	34:56-4
Strekktid	01:48	04:34-5	03:28-4	04:29-5	02:45-5	02:52-4	09:58-6	01:55-1	01:20-5	00:56-2	00:51-5
Tid etter	+00:13#	+01:35&	+00:41#	+01:51&	+00:57&	+00:52&	+06:23@	-00:33	+00:10#	-00:09	+00:02

**5 Martin Olsen, Bjerkvik IF 37:00 +14:06**

Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	01:40-5	05:49-4	09:58-5	15:02-5	19:22-5	22:29-5	29:26-4	33:00-5	34:41-5	36:08-5	37:00-5
Strekktid	01:40	04:09-4	04:09-5	05:04-6	04:20-6	03:07-5	06:57-4	03:34-4	01:41-6	01:27-6	00:52-6
Tid etter	+00:05	+01:10&	+01:22&	+02:26&	+02:32@	+01:07&	+03:22&	+01:06&	+00:31&	+00:22&	+00:03

**6 Audun Eidnes, Harstad O-lag 41:11 +18:17**



<b>2</b>	<b>Alexey Milytin, Petrozavodsk Russia</b>	<b>28:08</b>	<b>+02:01</b>								
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:32-5	07:08-4	08:39-3	12:24-3	15:57-2	18:40-2	21:59-2	23:21-2	25:55-2	27:26-2	28:08-2
Strekktid	02:32	04:36-6	01:31-2	03:45-4	<b>03:33-1</b>	<b>02:43-1</b>	03:19-2	01:22-4	02:34-6	01:31-4	00:42-4
Tid etter	+00:33&	+01:24&	+00:05	+00:14	-00:04	-00:05	-00:18	+00:05	+00:04	+00:04	-00:01
<b>3</b>	<b>Vebjørn Heitmann Mikkelsen, Alta O-lag</b>	<b>33:52</b>	<b>+07:45</b>								
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:45-7	07:41-6	10:49-5	15:00-5	19:36-4	22:53-4	26:17-3	27:44-3	31:16-3	33:01-3	33:52-3
Strekktid	02:45	04:56-8	03:08-9	04:11-6	04:36-5	03:17-3	03:24-4	01:27-5	03:32-9	01:45-7	00:51-10
Tid etter	+00:46&	+01:44&	+01:42@	+00:40#	+00:59&	+00:29#	-00:13	+00:10#	+01:02&	+00:18#	+00:08#
<b>4</b>	<b>Maximillian Bie, Sørreisa O-lag</b>	<b>34:12</b>	<b>+08:05</b>								
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	08:10-16	11:25-13	13:04-11	16:46-7	21:08-5	24:26-5	28:06-5	29:47-5	31:42-4	33:33-4	34:12-4
Strekktid	08:10	03:15-2	01:39-3	03:42-3	04:22-4	03:18-4	03:40-9	01:41-10	<b>01:55-1</b>	01:51-9	00:39-2
Tid etter	+06:11@	+00:03	+00:13#	+00:11	+00:45#	+00:30#	+00:03	+00:24&	-00:35	+00:24&	-00:04
<b>5</b>	<b>Erik Valnes, Sørreisa O-lag</b>	<b>35:14</b>	<b>+09:07</b>								
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:22-4	06:02-3	08:09-2	12:01-2	17:25-3	21:14-3	27:32-4	29:08-4	33:08-5	34:33-5	35:14-5
Strekktid	02:22	03:40-4	02:07-5	03:52-5	05:24-8	03:49-6	06:18-15	01:36-8	04:00-11	01:25-2	00:41-3
Tid etter	+00:23#	+00:28#	+00:41&	+00:21	+01:47&	+01:01&	+02:41&	+00:19#	+01:30&	-00:02	-00:02
<b>6</b>	<b>Torgeir S Hovland, Harstad O-lag</b>	<b>36:35</b>	<b>+10:28</b>								
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	03:19-11	07:53-7	11:11-7	17:30-9	22:13-6	26:23-6	30:04-6	31:45-6	33:45-6	35:45-6	36:35-6
Strekktid	03:19	04:34-5	03:18-10	06:19-13	04:43-6	04:10-8	03:41-10	01:41-10	02:00-2	02:00-13	00:50-9
Tid etter	+01:20&	+01:22&	+01:52@	+02:48&	+01:06&	+01:22&	+00:04	+00:24&	-00:30	+00:33&	+00:07#
<b>7</b>	<b>Yngve B Helgesen, Sørreisa O-lag</b>	<b>38:14</b>	<b>+12:07</b>								
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:20-3	10:09-12	12:49-10	17:10-8	24:39-7	28:37-7	32:07-7	33:28-7	35:58-7	37:30-7	38:14-7
Strekktid	02:20	07:49-13	02:40-8	04:21-7	07:29-10	03:58-7	03:30-6	01:21-3	02:30-4	01:32-5	00:44-6
Tid etter	+00:21#	+04:37@	+01:14&	+00:50#	+03:52@	+01:10&	-00:07	+00:04	+00:00	+00:05	+00:01
<b>8</b>	<b>Marius Witte, Alta O-lag</b>	<b>42:10</b>	<b>+16:03</b>								
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	03:04-9	08:25-8	10:53-6	17:38-10	27:02-10	30:35-8	34:14-8	35:48-8	39:24-8	41:18-8	42:10-8
Strekktid	03:04	05:21-9	02:28-7	06:45-14	09:24-13	03:33-5	03:39-8	01:34-7	03:36-10	01:54-12	00:52-12
Tid etter	+01:05&	+02:09&	+01:02&	+03:14&	+05:47@	+00:45&	+00:02	+00:17#	+01:06&	+00:27&	+00:09#

<b>9</b>	<b>Martin Bråten Isaksen, Nordreisa IL</b>										<b>43:59</b>	<b>+17:52</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:47-8	07:39-5	11:14-8	16:12-6	25:41-8	30:37-9	34:41-9	37:03-9	41:26-9	43:11-9	43:59-9	
Strekktid	02:47	04:52-7	03:35-12	04:58-8	09:29-14	04:56-13	04:04-11	02:22-14	04:23-13	01:45-7	00:48-8	
Tid etter	+00:48&	+01:40&	+02:09@	+01:27&	+05:52@	+02:08&	+00:27#	+01:05&	+01:53&	+00:18#	+00:05#	
<b>10</b>	<b>Ole-Kristian Kaspersen, MO O-klubb</b>										<b>44:18</b>	<b>+18:11</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	04:30-14	10:01-11	14:07-12	20:03-11	27:26-11	32:08-10	36:26-11	38:06-11	41:27-10	43:20-10	44:18-10	
Strekktid	04:30	05:31-10	04:06-13	05:56-11	07:23-9	04:42-11	04:18-12	01:40-9	03:21-8	01:53-11	00:58-17	
Tid etter	+02:31@	+02:19&	+02:40@	+02:25&	+03:46@	+01:54&	+00:41#	+00:23&	+00:51&	+00:26&	+00:15&	
<b>11</b>	<b>Hågen Fiskebeck Jerijärvi, Sandnes IL</b>										<b>44:48</b>	<b>+18:41</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:03-2	05:40-2	10:28-4	13:46-4	30:06-12	34:17-12	37:16-12	38:33-12	42:48-11	44:10-11	44:48-11	
Strekktid	02:03	03:37-3	04:48-16	<b>03:18-1</b>	16:20-16	04:11-9	<b>02:59-1</b>	<b>01:17-1</b>	04:15-12	<b>01:22-1</b>	<b>00:38-1</b>	
Tid etter	+00:04	+00:25#	+03:22@	-00:13	+12:43@	+01:23&	-00:38	+00:00	+01:45&	-00:05	-00:05	
<b>12</b>	<b>Victor Kovalev, Petrozavodsk Russia</b>										<b>45:37</b>	<b>+19:30</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	03:11-10	09:34-9	11:18-9	20:42-12	26:05-9	32:10-11	35:32-10	37:51-10	43:01-12	44:52-12	45:37-12	
Strekktid	03:11	06:23-12	01:44-4	09:24-16	05:23-7	06:05-14	03:22-3	02:19-13	05:10-15	01:51-9	00:45-7	
Tid etter	+01:12&	+03:11&	+00:18#	+05:53@	+01:46&	+03:17@	-00:15	+01:02&	+02:40@	+00:24&	+00:02	
<b>13</b>	<b>Mathias G Hanssen, Bjerkvik IF</b>										<b>54:03</b>	<b>+27:56</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	07:49-15	17:56-15	21:29-14	28:19-15	32:09-13	41:43-13	45:12-13	46:44-13	51:34-13	53:10-13	54:03-13	
Strekktid	07:49	10:07-15	03:33-11	06:50-15	03:50-3	09:34-16	03:29-5	01:32-6	04:50-14	01:36-6	00:53-13	
Tid etter	+05:50@	+06:55@	+02:07@	+03:19&	+00:13	+06:46@	-00:08	+00:15#	+02:20&	+00:09#	+00:10#	





<b>2</b>	<b>Aike Carlsen, Mellebygd O-lag</b>										<b>30:54</b>	<b>+00:06</b>	
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	<b>01:38-1</b>	07:31-2	12:03-2	15:42-2	18:18-2	21:32-2	25:52-2	<b>27:44-1</b>	29:06-2	30:04-2	30:54-2		
Strekktid	01:38	05:53-3	04:32-2	03:39-2	02:36-2	03:14-3	<b>04:20-1</b>	<b>01:52-1</b>	01:22-2	<b>00:58-1</b>	00:50-3		
Tid etter	<b>-03:56</b>	<b>+02:25&amp;</b>	<b>+01:46&amp;</b>	<b>+00:41#</b>	<b>+00:15#</b>	<b>+00:17</b>	<b>-00:10</b>	<b>-01:30</b>	<b>+00:20&amp;</b>	<b>-00:03</b>	<b>+00:01</b>		
<b>3</b>	<b>Eirik Haugen, BUL-Tromsø</b>										<b>34:58</b>	<b>+04:10</b>	
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	01:40-2	<b>06:26-1</b>	13:42-3	17:48-3	21:03-3	23:47-3	28:31-3	30:57-3	32:43-3	34:11-3	34:58-3		
Strekktid	01:40	04:46-2	07:16-3	04:06-3	03:15-3	<b>02:44-1</b>	04:44-3	02:26-2	01:46-3	01:28-3	<b>00:47-1</b>		
Tid etter	<b>-03:54</b>	<b>+01:18&amp;</b>	<b>+04:30@</b>	<b>+01:08&amp;</b>	<b>+00:54&amp;</b>	<b>-00:13</b>	<b>+00:14</b>	<b>-00:56</b>	<b>+00:44&amp;</b>	<b>+00:27&amp;</b>	<b>-00:02</b>		

## H15-16

<b>1</b>	<b>Rasmus Theisen, Mellebygd O-lag</b>													<b>46:22</b>	<b>+00:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:02-2	<b>10:09-1</b>	<b>11:24-1</b>	<b>19:22-1</b>	25:04-2	<b>27:47-1</b>	33:41-2	<b>37:55-1</b>	<b>38:58-1</b>	41:08-2	<b>43:32-1</b>	<b>44:58-1</b>	<b>45:40-1</b>	<b>46:22-1</b>		
Strekktid	03:02	07:07-2	01:15-3	<b>07:58-1</b>	05:42-4	<b>02:43-1</b>	05:54-4	04:14-3	01:03-5	02:10-5	<b>02:24-1</b>	<b>01:26-1</b>	<b>00:42-1</b>	00:42-5		
Tid etter	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:00</b>
<b>2</b>	<b>Jørgen Sæternes Ulvang, Sandnes IL</b>													<b>47:13</b>	<b>+00:51</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:03-3	10:52-4	12:18-3	21:07-4	26:49-4	29:32-4	34:14-3	38:15-2	39:10-2	<b>40:52-1</b>	44:02-2	45:45-2	46:30-2	47:13-2		
Strekktid	03:03	07:49-5	01:26-5	08:49-6	05:42-4	<b>02:43-1</b>	04:42-3	04:01-2	00:55-3	<b>01:42-1</b>	03:10-6	01:43-3	00:45-2	00:43-6		
Tid etter	<b>+00:01</b>	<b>+00:42</b>	<b>+00:11#</b>	<b>+00:51#</b>	<b>+00:00</b>	<b>+00:00</b>	<b>-01:12</b>	<b>-00:13</b>	<b>-00:08</b>	<b>-00:28</b>	<b>+00:46&amp;</b>	<b>+00:17#</b>	<b>+00:03</b>	<b>+00:01</b>		
<b>3</b>	<b>Jakob Kalvig Skogan, Bodø og omegn IF</b>													<b>50:44</b>	<b>+04:22</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:58-11	12:36-5	13:55-5	22:13-5	27:25-5	30:55-5	35:15-4	41:09-4	42:08-4	44:12-3	47:03-3	49:12-3	49:59-3	50:44-3		
Strekktid	04:58	07:38-4	01:19-4	08:18-3	05:12-3	03:30-5	04:20-2	05:54-7	00:59-4	02:04-3	02:51-3	02:09-8	00:47-5	00:45-8		
Tid etter	<b>+01:56&amp;</b>	<b>+00:31</b>	<b>+00:04</b>	<b>+00:20</b>	<b>-00:30</b>	<b>+00:47&amp;</b>	<b>-01:34</b>	<b>+01:40&amp;</b>	<b>-00:04</b>	<b>-00:06</b>	<b>+00:27#</b>	<b>+00:43&amp;</b>	<b>+00:05#</b>	<b>+00:03</b>		

<b>4</b>	<b>Karl-Fredrik Hansen, Sørreisa O-lag</b>													<b>53:55</b>	<b>+07:33</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:33-8	10:36-3	12:39-4	20:51-3	<b>25:03-1</b>	28:22-2	35:52-5	39:19-3	40:11-3	47:47-4	50:32-4	52:29-4	53:15-4	53:55-4		
Strekktid	04:33	<b>06:03-1</b>	02:03-11	08:12-2	<b>04:12-1</b>	03:19-4	07:30-10	<b>03:27-1</b>	00:52-2	07:36-12	02:45-2	01:57-6	00:46-4	00:40-3		
Tid etter	<b>+01:31&amp;</b>	<b>-01:04</b>	<b>+00:48&amp;</b>	<b>+00:14</b>	<b>-01:30</b>	<b>+00:36#</b>	<b>+01:36&amp;</b>	<b>-00:47</b>	<b>-00:11</b>	<b>+05:26@</b>	<b>+00:21#</b>	<b>+00:31&amp;</b>	<b>+00:04</b>	<b>-00:02</b>		
<b>5</b>	<b>Alexey Khvatov, Petrozavodsk Russia</b>													<b>55:16</b>	<b>+08:54</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	<b>02:53-1</b>	10:22-2	11:32-2	20:14-2	25:17-3	29:10-3	<b>33:20-1</b>	46:04-5	46:51-5	48:38-5	51:47-5	53:37-5	54:24-5	55:16-5		
Strekktid	02:53	07:29-3	<b>01:10-1</b>	08:42-5	05:03-2	03:53-7	<b>04:10-1</b>	12:44-12	<b>00:47-1</b>	01:47-2	03:09-5	01:50-5	00:47-5	00:52-11		
Tid etter	<b>-00:09</b>	<b>+00:22</b>	<b>-00:05</b>	<b>+00:44</b>	<b>-00:39</b>	<b>+01:10&amp;</b>	<b>-01:44</b>	<b>+08:30@</b>	<b>-00:16</b>	<b>-00:23</b>	<b>+00:45&amp;</b>	<b>+00:24&amp;</b>	<b>+00:05#</b>	<b>+00:10#</b>		
<b>6</b>	<b>Joachim Lauknes, Sørreisa O-lag</b>													<b>58:57</b>	<b>+12:35</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:25-5	13:17-8	14:56-7	26:20-8	32:31-7	36:30-6	42:38-6	47:27-6	48:30-6	50:47-6	54:54-6	57:07-6	58:20-6	58:57-6		
Strekktid	04:25	08:52-8	01:39-6	11:24-9	06:11-7	03:59-8	06:08-6	04:49-4	01:03-5	02:17-7	04:07-11	02:13-9	01:13-11	<b>00:37-1</b>		
Tid etter	<b>+01:23&amp;</b>	<b>+01:45#</b>	<b>+00:24&amp;</b>	<b>+03:26&amp;</b>	<b>+00:29</b>	<b>+01:16&amp;</b>	<b>+00:14</b>	<b>+00:35#</b>	<b>+00:00</b>	<b>+00:07</b>	<b>+01:43&amp;</b>	<b>+00:47&amp;</b>	<b>+00:31&amp;</b>	<b>-00:05</b>		
<b>7</b>	<b>Igor Vlasenkov, Petrozavodsk Russia</b>													<b>1:00:57</b>	<b>+14:35</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:34-9	14:09-9	15:49-8	24:21-7	31:40-6	37:37-8	44:37-9	50:19-8	51:37-8	53:47-8	57:31-7	59:35-7	60:20-7	60:57-7		
Strekktid	04:34	09:35-9	01:40-7	08:32-4	07:19-9	05:57-11	07:00-9	05:42-6	01:18-11	02:10-5	03:44-9	02:04-7	00:45-2	<b>00:37-1</b>		
Tid etter	<b>+01:32&amp;</b>	<b>+02:28&amp;</b>	<b>+00:25&amp;</b>	<b>+00:34</b>	<b>+01:37&amp;</b>	<b>+03:14@</b>	<b>+01:06#</b>	<b>+01:28&amp;</b>	<b>+00:15#</b>	<b>+00:00</b>	<b>+01:20&amp;</b>	<b>+00:38&amp;</b>	<b>+00:03</b>	<b>-00:05</b>		
<b>8</b>	<b>Sigurd Oxaas Wie, MO O-klubb</b>													<b>1:03:38</b>	<b>+17:16</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:27-6	12:43-6	14:25-6	24:02-6	35:02-9	38:07-9	44:25-8	53:14-9	54:21-9	56:29-9	60:09-9	61:50-8	62:48-8	63:38-8		
Strekktid	04:27	08:16-7	01:42-8	09:37-7	11:00-12	03:05-3	06:18-7	08:49-11	01:07-7	02:08-4	03:40-8	01:41-2	00:58-9	00:50-9		
Tid etter	<b>+01:25&amp;</b>	<b>+01:09#</b>	<b>+00:27&amp;</b>	<b>+01:39#</b>	<b>+05:18&amp;</b>	<b>+00:22#</b>	<b>+00:24</b>	<b>+04:35@</b>	<b>+00:04</b>	<b>-00:02</b>	<b>+01:16&amp;</b>	<b>+00:15#</b>	<b>+00:16&amp;</b>	<b>+00:08#</b>		
<b>9</b>	<b>Håkon Sørnes, Neverfjord IL</b>													<b>1:06:43</b>	<b>+20:21</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:27-6	14:11-10	16:00-9	27:09-9	33:04-8	37:25-7	43:43-7	48:56-7	50:05-7	53:14-7	57:57-8	64:39-9	65:47-9	66:43-9		
Strekktid	04:27	09:44-11	01:49-9	11:09-8	05:55-6	04:21-9	06:18-7	05:13-5	01:09-8	03:09-10	04:43-12	06:42-12	01:08-10	00:56-12		
Tid etter	<b>+01:25&amp;</b>	<b>+02:37&amp;</b>	<b>+00:34&amp;</b>	<b>+03:11&amp;</b>	<b>+00:13</b>	<b>+01:38&amp;</b>	<b>+00:24</b>	<b>+00:59#</b>	<b>+00:06</b>	<b>+00:59&amp;</b>	<b>+02:19&amp;</b>	<b>+05:16@</b>	<b>+00:26&amp;</b>	<b>+00:14&amp;</b>		







<b>2</b>	<b>Brynjar Jørgensen, Målselv IL</b>										<b>33:01</b>	<b>+01:52</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:47-4	09:18-5	10:48-2	16:36-2	21:46-2	23:28-2	26:57-2	28:45-2	31:15-2	32:16-2	33:01-2	
Strekktid	02:47	06:31-6	01:30-2	05:48-3	05:10-2	<b>01:42-1</b>	03:29-5	01:48-2	<b>02:30-1</b>	01:01-5	<b>00:45-1</b>	
Tid etter	<b>+00:09</b>	<b>+02:21&amp;</b>	<b>+00:00</b>	<b>+00:00</b>	<b>+00:42#</b>	<b>-00:14</b>	<b>-00:27</b>	<b>-00:16</b>	<b>-00:15</b>	<b>+00:02</b>	<b>-00:10</b>	
<b>3</b>	<b>Jan Inge Eriksen, Sørreisa O-lag</b>										<b>35:05</b>	<b>+03:56</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:36-2	<b>06:42-1</b>	11:50-6	17:11-4	22:28-4	24:36-3	28:58-5	30:46-4	33:18-3	34:17-3	35:05-3	
Strekktid	02:36	<b>04:06-1</b>	05:08-8	05:21-2	05:17-4	02:08-5	04:22-8	01:48-2	02:32-2	00:59-2	00:48-2	
Tid etter	<b>-00:02</b>	<b>-00:04</b>	<b>+03:38@</b>	<b>-00:27</b>	<b>+00:49#</b>	<b>+00:12#</b>	<b>+00:26#</b>	<b>-00:16</b>	<b>-00:13</b>	<b>+00:00</b>	<b>-00:07</b>	
<b>4</b>	<b>Dag Marcussen, Sørreisa O-lag</b>										<b>35:53</b>	<b>+04:44</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	<b>02:34-1</b>	09:53-7	11:48-5	16:45-3	24:45-6	26:29-5	28:33-4	31:33-5	34:05-4	35:03-4	35:53-4	
Strekktid	02:34	07:19-7	01:55-5	<b>04:57-1</b>	08:00-9	01:44-2	<b>02:04-1</b>	03:00-9	02:32-2	<b>00:58-1</b>	00:50-3	
Tid etter	<b>-00:04</b>	<b>+03:09&amp;</b>	<b>+00:25&amp;</b>	<b>-00:51</b>	<b>+03:32&amp;</b>	<b>-00:12</b>	<b>-01:52</b>	<b>+00:56&amp;</b>	<b>-00:13</b>	<b>-00:01</b>	<b>-00:05</b>	
<b>5</b>	<b>Erik Johansen, Sortland O-lag</b>										<b>37:35</b>	<b>+06:26</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:49-5	08:40-3	11:01-3	17:13-5	22:27-3	25:07-4	27:34-3	29:32-3	35:35-5	36:38-5	37:35-5	
Strekktid	02:49	05:51-4	02:21-7	06:12-6	05:14-3	02:40-8	02:27-3	01:58-4	06:03-9	01:03-6	00:57-6	
Tid etter	<b>+00:11</b>	<b>+01:41&amp;</b>	<b>+00:51&amp;</b>	<b>+00:24</b>	<b>+00:46#</b>	<b>+00:44&amp;</b>	<b>-01:29</b>	<b>-00:06</b>	<b>+03:18@</b>	<b>+00:04</b>	<b>+00:02</b>	
<b>6</b>	<b>Kjell Dag Olsen, Bjerkvik IF</b>										<b>38:21</b>	<b>+07:12</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	04:40-9	14:10-9	15:21-8	22:07-8	28:07-8	29:56-7	32:12-7	33:54-7	36:30-7	37:30-7	38:21-6	
Strekktid	04:40	09:30-8	<b>01:11-1</b>	06:46-7	06:00-5	01:49-3	02:16-2	<b>01:42-1</b>	02:36-4	01:00-4	00:51-4	
Tid etter	<b>+02:02&amp;</b>	<b>+05:20@</b>	<b>-00:19</b>	<b>+00:58#</b>	<b>+01:32&amp;</b>	<b>-00:07</b>	<b>-01:40</b>	<b>-00:22</b>	<b>-00:09</b>	<b>+00:01</b>	<b>-00:04</b>	
<b>7</b>	<b>Bjørn Hugo Myrvang, Bjerkvik IF</b>										<b>38:23</b>	<b>+07:14</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	03:14-6	09:30-6	11:03-4	17:53-6	24:03-5	26:49-6	30:39-6	32:43-6	36:03-6	37:18-6	38:23-7	
Strekktid	03:14	06:16-5	01:33-4	06:50-8	06:10-6	02:46-9	03:50-6	02:04-5	03:20-7	01:15-8	01:05-9	
Tid etter	<b>+00:36#</b>	<b>+02:06&amp;</b>	<b>+00:03</b>	<b>+01:02#</b>	<b>+01:42&amp;</b>	<b>+00:50&amp;</b>	<b>-00:06</b>	<b>+00:00</b>	<b>+00:35#</b>	<b>+00:16&amp;</b>	<b>+00:10#</b>	
<b>8</b>	<b>Martin Kaspersen, MO O-klubb</b>										<b>43:09</b>	<b>+12:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	03:27-8	09:15-4	14:53-7	22:14-9	29:42-9	32:04-9	34:53-8	37:20-8	40:47-8	42:07-8	43:09-8	
Strekktid	03:27	05:48-3	05:38-9	07:21-9	07:28-8	02:22-6	02:49-4	02:27-8	03:27-8	01:20-9	01:02-7	
Tid etter	<b>+00:49&amp;</b>	<b>+01:38&amp;</b>	<b>+04:08@</b>	<b>+01:33&amp;</b>	<b>+03:00&amp;</b>	<b>+00:26#</b>	<b>-01:07</b>	<b>+00:23#</b>	<b>+00:42&amp;</b>	<b>+00:21&amp;</b>	<b>+00:07#</b>	

<b>9</b>	<b>Svein Magne Elverum, Bjerkvik IF</b>										<b>44:15</b>	<b>+13:06</b>	
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	03:23-7	13:42-8	15:42-9	21:46-7	28:05-7	30:41-8	36:49-9	38:57-9	42:02-9	43:11-9	44:15-9		
Strekktid	03:23	10:19-9	02:00-6	06:04-5	06:19-7	02:36-7	06:08-9	02:08-7	03:05-6	01:09-7	01:04-8		
Tid etter	+00:45&	+06:09@	+00:30&	+00:16	+01:51&	+00:40&	+02:12&	+00:04	+00:20#	+00:10#	+00:09#		

## H19-20

<b>1</b>	<b>Håkon Mikalsen, Nordreisa IL</b>																<b>1:17:00</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	<b>08:11-1</b>	<b>16:55-1</b>	<b>19:12-1</b>	<b>35:38-1</b>	<b>38:50-1</b>	<b>42:31-1</b>	<b>47:20-1</b>	<b>51:37-1</b>	<b>56:38-1</b>	<b>59:53-1</b>	<b>65:29-1</b>	<b>69:37-1</b>	<b>73:33-1</b>	<b>74:57-1</b>	<b>76:17-1</b>	<b>77:00-1</b>		
Strekktid	08:11	08:44-2	02:17-2	<b>16:26-1</b>	<b>03:12-1</b>	<b>03:41-1</b>	04:49-2	04:17-2	05:01-2	<b>03:15-1</b>	05:36-2	<b>04:08-1</b>	03:56-2	<b>01:24-1</b>	<b>01:20-1</b>	<b>00:43-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Karl Øyvind Mikalsen, Nordreisa IL</b>																<b>1:19:27</b>	<b>+02:27</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	08:32-2	17:11-2	19:22-2	37:36-2	41:05-2	47:07-2	51:23-2	55:01-2	59:40-2	63:02-2	67:33-2	71:43-2	75:30-2	77:02-2	78:33-2	79:27-2		
Strekktid	08:32	<b>08:39-1</b>	<b>02:11-1</b>	18:14-2	03:29-2	06:02-2	<b>04:16-1</b>	<b>03:38-1</b>	<b>04:39-1</b>	03:22-2	<b>04:31-1</b>	04:10-2	<b>03:47-1</b>	01:32-2	01:31-2	00:54-2		
Tid etter	+00:21	-00:05	-00:06	+01:48#	+00:17	+02:21&	-00:33	-00:39	-00:22	+00:07	-01:05	+00:02	-00:09	+00:08	+00:11#	+00:11&		

## H21

<b>1</b>	<b>Gjermund Alfonsen Urset, BUL-Tromsø</b>																		<b>1:10:47</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18		
Total tid	05:47-2	<b>10:18-1</b>	17:33-2	18:09-2	37:19-2	39:35-2	44:13-2	47:41-2	51:44-2	<b>55:15-1</b>	<b>56:26-1</b>	<b>58:25-1</b>	<b>63:27-1</b>	<b>64:54-1</b>	<b>66:41-1</b>	<b>68:38-1</b>	<b>70:10-1</b>	<b>70:47-1</b>		
Strekktid	05:47	<b>04:31-1</b>	07:15-4	00:36-9	19:10-3	<b>02:16-1</b>	<b>04:38-1</b>	<b>03:28-1</b>	04:03-2	03:31-2	<b>01:11-1</b>	<b>01:59-1</b>	<b>05:02-1</b>	<b>01:27-1</b>	<b>01:47-1</b>	<b>01:57-1</b>	<b>01:32-1</b>	<b>00:37-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Carl Henrik Bjørseth, Bodø og omegn IF</b>																		<b>1:15:53</b>	<b>+05:06</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18		
Total tid	<b>05:42-1</b>	10:27-2	<b>17:10-1</b>	<b>17:43-1</b>	<b>36:35-1</b>	<b>38:59-1</b>	<b>43:58-1</b>	<b>47:38-1</b>	<b>51:23-1</b>	56:24-2	57:48-2	61:40-2	67:12-2	69:18-2	71:18-2	73:16-2	75:11-2	75:53-2		
Strekktid	05:42	04:45-2	06:43-2	00:33-3	18:52-2	02:24-2	04:59-2	03:40-2	<b>03:45-1</b>	05:01-3	01:24-3	03:52-9	05:32-3	02:06-5	02:00-2	01:58-2	01:55-4	00:42-4		
Tid etter	-00:05	+00:14	-00:32	-00:03	-00:18	+00:08	+00:21	+00:12	-00:18	+01:30&	+00:13#	+01:53&	+00:30	+00:39&	+00:13#	+00:01	+00:23#	+00:05#		
<b>3</b>	<b>Ole-Andrè Helgaas, BUL-Tromsø</b>																		<b>1:22:47</b>	<b>+12:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18		
Total tid	06:18-4	13:04-4	20:54-3	21:34-3	43:04-4	45:32-4	51:26-3	55:21-3	59:24-3	64:46-3	66:17-3	68:33-3	74:02-3	75:59-3	78:04-3	80:22-3	82:07-3	82:47-3		



Strekktid	06:18	06:46-8	07:50-5	00:40-11	21:30-5	02:28-3	05:54-3	03:55-4	04:03-2	05:22-6	01:31-4	02:16-2	05:29-2	01:57-4	02:05-5	02:18-4	01:45-3	00:40-3
Tid etter	+00:31	+02:15&	+00:35	+00:04#	+02:20#	+00:12	+01:16&	+00:27#	+00:00	+01:51&	+00:20&	+00:17#	+00:27	+00:30&	+00:18#	+00:21#	+00:13#	+00:03
<b>4</b>	<b>Thomas Frost, Alta O-lag</b>																	
	<b>1:25:58 +15:11</b>																	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	06:15-3	14:32-9	21:23-4	21:56-4	42:21-3	44:57-3	52:37-4	56:49-4	61:22-4	66:40-4	68:12-4	70:38-4	77:13-4	78:59-4	81:01-4	83:07-4	85:09-4	85:58-4
Strekktid	06:15	08:17-9	06:51-3	00:33-3	20:25-4	02:36-4	07:40-6	04:12-5	04:33-6	05:18-5	01:32-5	02:26-3	06:35-5	01:46-2	02:02-4	02:06-3	02:02-5	00:49-7
Tid etter	+00:28	+03:46&	-00:24	-00:03	+01:15	+00:20#	+03:02&	+00:44#	+00:30#	+01:47&	+00:21&	+00:27#	+01:33&	+00:19#	+00:15#	+00:09	+00:30&	+00:12&
<b>5</b>	<b>Stig Løvlund, Nordreisa IL</b>																	
	<b>1:30:04 +19:17</b>																	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	06:18-4	25:05-12	31:45-11	32:13-11	50:30-8	53:13-8	59:32-7	63:14-6	67:45-6	71:12-5	72:23-5	74:58-5	80:37-5	82:26-5	84:27-5	87:32-5	89:16-5	90:04-5
Strekktid	06:18	18:47-12	<b>06:40-1</b>	<b>00:28-1</b>	<b>18:17-1</b>	02:43-5	06:19-5	03:42-3	04:31-5	<b>03:27-1</b>	<b>01:11-1</b>	02:35-4	05:39-4	01:49-3	02:01-3	03:05-9	01:44-2	00:48-6
Tid etter	+00:31	+14:16@	-00:35	-00:08	-00:53	+00:27#	+01:41&	+00:14	+00:28#	-00:04	+00:00	+00:36&	+00:37#	+00:22&	+00:14#	+01:08&	+00:12#	+00:11&
<b>6</b>	<b>Amund Beitnes, Pasvik-Hauk</b>																	
	<b>1:40:26 +29:39</b>																	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	07:30-10	13:41-8	23:20-7	23:55-7	46:37-5	49:42-6	55:42-5	60:04-5	64:17-5	74:09-6	76:15-6	79:40-6	86:52-6	92:24-6	95:01-6	97:35-6	99:40-6	100:26-6
Strekktid	07:30	06:11-6	09:39-7	00:35-7	22:42-6	03:05-9	06:00-4	04:22-6	04:13-4	09:52-11	02:06-8	03:25-8	07:12-8	05:32-12	02:37-8	02:34-5	02:05-6	00:46-5
Tid etter	+01:43&	+01:40&	+02:24&	-00:01	+03:32#	+00:49&	+01:22&	+00:54&	+00:10	+06:21@	+00:55&	+01:26&	+02:10&	+04:05@	+00:50&	+00:37&	+00:33&	+00:09#
<b>7</b>	<b>Yngvar Larsen, Storsteinnes IL</b>																	
	<b>1:40:58 +30:11</b>																	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	07:22-9	13:19-6	23:34-8	24:03-8	48:36-7	51:34-7	59:48-8	65:37-8	71:10-8	76:22-8	78:11-8	81:04-7	90:14-8	92:32-7	95:04-7	97:48-7	100:09-7	100:58-7
Strekktid	07:22	05:57-4	10:15-9	00:29-2	24:33-9	02:58-7	08:14-9	05:49-11	05:33-11	05:12-4	01:49-6	02:53-7	09:10-10	02:18-6	02:32-7	02:44-8	02:21-9	00:49-7
Tid etter	+01:35&	+01:26&	+03:00&	-00:07	+05:23&	+00:42&	+03:36&	+02:21&	+01:30&	+01:41&	+00:38&	+00:54&	+04:08&	+00:51&	+00:45&	+00:47&	+00:49&	+00:12&
<b>8</b>	<b>Thomas Johnsen, Bjerkvik IF</b>																	
	<b>1:43:20 +32:33</b>																	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	07:43-11	13:04-4	22:52-6	23:26-6	46:44-6	49:34-5	57:55-6	63:17-7	68:32-7	75:03-7	77:01-7	81:26-8	89:40-7	94:38-8	97:29-8	100:12-8	102:25-8	103:20-8
Strekktid	07:43	05:21-3	09:48-8	00:34-6	23:18-7	02:50-6	08:21-11	05:22-10	05:15-9	06:31-7	01:58-7	04:25-11	08:14-9	04:58-11	02:51-9	02:43-7	02:13-7	00:55-10
Tid etter	+01:56&	+00:50#	+02:33&	-00:02	+04:08#	+00:34#	+03:43&	+01:54&	+01:12&	+03:00&	+00:47&	+02:26@	+03:12&	+03:31@	+01:04&	+00:46&	+00:41&	+00:18&
<b>9</b>	<b>Johan Ahlbäck, Sortland O-lag</b>																	
	<b>1:47:04 +36:17</b>																	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	07:00-7	13:28-7	26:55-9	27:28-9	51:15-9	54:16-9	62:13-9	67:14-9	72:23-9	78:58-9	87:02-9	89:41-9	96:42-9	99:00-9	101:27-9	104:01-9	106:14-9	107:04-9
Strekktid	07:00	06:28-7	13:27-12	00:33-3	23:47-8	03:01-8	07:57-8	05:01-8	05:09-8	06:35-8	08:04-12	02:39-5	07:01-6	02:18-6	02:27-6	02:34-5	02:13-7	00:50-9
Tid etter	+01:13#	+01:57&	+06:12&	-00:03	+04:37#	+00:45&	+03:19&	+01:33&	+01:06&	+03:04&	+06:53@	+00:40&	+01:59&	+00:51&	+00:40&	+00:37&	+00:41&	+00:13&
<b>10</b>	<b>Helge Midttun, Bardu IL</b>																	
	<b>1:52:25 +41:38</b>																	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	06:54-6	12:55-3	21:39-5	22:21-5	53:11-10	56:30-10	64:13-10	69:04-10	74:24-10	81:03-10	89:04-10	91:46-10	98:57-10	101:27-10	104:37-10	108:17-10	111:28-10	112:25-10
Strekktid	06:54	06:01-5	08:44-6	00:42-12	30:50-11	03:19-11	07:43-7	04:51-7	05:20-10	06:39-9	08:01-11	02:42-6	07:11-7	02:30-9	03:10-11	03:40-11	03:11-12	00:57-11



# H35

<b>1</b>	<b>Karl Gunnar Skjønsvjell, Nordreisa IL</b>	<b>1:05:33 +00:00</b>														
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	06:23-1	13:12-1	14:41-1	28:37-1	31:28-1	34:44-1	39:55-1	43:19-1	47:01-1	50:29-1	54:07-1	59:59-1	62:08-1	63:20-1	64:44-1	65:33-1
Strekktid	06:23	06:49-1	01:29-3	13:56-1	02:51-1	03:16-1	05:11-1	03:24-4	03:42-1	03:28-3	03:38-1	05:52-5	02:09-1	01:12-1	01:24-1	00:49-2
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
<b>2</b>	<b>Odd Ivan Lorentsen, OK Silsand</b>	<b>1:11:29 +05:56</b>														
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:33-3	15:18-3	16:42-3	32:11-3	35:47-3	39:18-2	44:58-2	47:59-2	52:47-2	55:55-2	60:45-2	65:06-2	67:41-2	69:01-2	70:40-2	71:29-2
Strekktid	07:33	07:45-3	01:24-2	15:29-4	03:36-2	03:31-2	05:40-5	03:01-3	04:48-3	03:08-1	04:50-5	04:21-2	02:35-4	01:20-2	01:39-2	00:49-2
Tid etter	+01:10#	+00:56#	-00:05	+01:33#	+00:45&	+00:15	+00:29	-00:23	+01:06&	-00:20	+01:12&	-01:31	+00:26#	+00:08#	+00:15#	+00:00
<b>3</b>	<b>Jan Hugo Hanssen, BUL-Tromsø</b>	<b>1:15:06 +09:33</b>														
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:00-2	14:02-2	15:41-2	30:55-2	35:44-2	41:11-3	46:42-3	49:28-3	56:57-4	60:05-3	64:37-3	68:22-3	70:55-3	72:28-3	74:13-3	75:06-3
Strekktid	07:00	07:02-2	01:39-5	15:14-3	04:49-4	05:27-5	05:31-3	02:46-2	07:29-5	03:08-1	04:32-3	03:45-1	02:33-3	01:33-4	01:45-3	00:53-4
Tid etter	+00:37	+00:13	+00:10#	+01:18	+01:58&	+02:11&	+00:20	-00:38	+03:47@	-00:20	+00:54#	-02:07	+00:24#	+00:21&	+00:21#	+00:04
<b>4</b>	<b>Mats Holsbø Eriksen, Nordreisa IL</b>	<b>1:17:21 +11:48</b>														
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:14-5	16:39-5	18:16-5	33:03-4	38:01-4	43:21-4	49:00-4	52:33-5	57:46-5	61:26-4	66:12-4	70:33-4	73:04-4	74:26-4	76:28-4	77:21-4
Strekktid	08:14	08:25-4	01:37-4	14:47-2	04:58-5	05:20-4	05:39-4	03:33-5	05:13-4	03:40-4	04:46-4	04:21-2	02:31-2	01:22-3	02:02-4	00:53-4
Tid etter	+01:51&	+01:36#	+00:08	+00:51	+02:07&	+02:04&	+00:28	+00:09	+01:31&	+00:12	+01:08&	-01:31	+00:22#	+00:10#	+00:38&	+00:04
<b>5</b>	<b>Tim Uteng, OK Silsand</b>	<b>1:23:28 +17:55</b>														
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:42-4	16:12-4	17:24-4	36:03-5	40:00-5	44:15-5	49:31-5	52:09-4	56:47-3	62:25-5	66:26-5	71:37-5	78:05-5	80:40-5	82:45-5	83:28-5
Strekktid	07:42	08:30-5	01:12-1	18:39-5	03:57-3	04:15-3	05:16-2	02:38-1	04:38-2	05:38-5	04:01-2	05:11-4	06:28-5	02:35-5	02:05-5	00:43-1
Tid etter	+01:19#	+01:41#	-00:17	+04:43&	+01:06&	+00:59&	+00:05	-00:46	+00:56&	+02:10&	+00:23#	-00:41	+04:19@	+01:23@	+00:41&	-00:06

**DSQ Øyvind Undstad, BUL-Tromsø**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:29-0	17:28-0	19:22-0	39:40-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	45:35-0	49:06-0	50:52-0	52:51-0	53:45-0
Strekktid	08:29	08:59-0	01:54-0	20:18-0	-	-	-	-	-	-	-	-	03:31-0	01:46-0	01:59-0	00:54-0
Tid etter		+02:06&	+02:10&	+00:25&	+06:22&								+01:22&	+00:34&	+00:35&	+00:05#

# H40

**1 Lars Reitan, Bodø og omegn IF****56:33 +00:00**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	03:14-4	08:06-2	<b>10:28-1</b>	<b>12:59-1</b>	<b>18:06-1</b>	<b>33:05-1</b>	<b>35:45-1</b>	<b>40:14-1</b>	<b>44:30-1</b>	<b>46:17-1</b>	<b>48:19-1</b>	<b>50:36-1</b>	<b>53:00-1</b>	<b>54:22-1</b>	<b>55:53-1</b>	<b>56:33-1</b>
Strekktid	03:14	04:52-4	02:22-2	02:31-2	05:07-2	14:59-3	02:40-4	04:29-4	04:16-2	<b>01:47-1</b>	02:02-3	02:17-3	02:24-8	<b>01:22-1</b>	<b>01:31-1</b>	00:40-3
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00

**2 Børge Harvey, BUL-Tromsø****58:37 +02:04**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	05:09-17	09:55-13	12:25-10	14:51-7	20:44-4	35:27-3	38:00-3	42:22-2	46:25-2	48:21-2	50:14-2	52:31-2	54:51-2	56:18-2	57:52-2	58:37-2
Strekktid	05:09	04:46-3	02:30-4	<b>02:26-1</b>	05:53-5	14:43-2	02:33-2	<b>04:22-1</b>	<b>04:03-1</b>	01:56-5	01:53-2	02:17-3	02:20-6	01:27-2	01:34-2	00:45-5
Tid etter	+01:55&	-00:06	+00:08	-00:05	+00:46#	-00:16	-00:07	-00:07	-00:13	+00:09	-00:09	+00:00	-00:04	+00:05	+00:03	+00:05#

**3 Torstein Svendsen, Harstad O-lag****1:01:08 +04:35**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	03:18-5	08:57-9	12:25-10	15:27-9	20:58-6	34:32-2	37:20-2	42:41-3	47:50-3	49:40-3	52:17-3	55:06-3	57:20-3	58:51-3	60:29-3	61:08-3
Strekktid	03:18	05:39-13	03:28-14	03:02-5	05:31-3	<b>13:34-1</b>	02:48-6	05:21-11	05:09-7	01:50-2	02:37-11	02:49-12	02:14-5	01:31-3	01:38-4	<b>00:39-1</b>
Tid etter	+00:04	+00:47#	+01:06&	+00:31#	+00:24	-01:25	+00:08	+00:52#	+00:53#	+00:03	+00:35&	+00:32#	-00:10	+00:09#	+00:07	-00:01

**4 Jonny Hansen, BUL-Tromsø****1:04:05 +07:32**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	03:06-3	08:17-5	11:00-5	14:47-5	20:45-5	35:58-4	39:52-5	44:33-5	49:54-5	51:51-5	54:15-5	56:56-4	59:19-4	61:01-4	63:19-4	64:05-4
Strekktid	03:06	05:11-8	02:43-6	03:47-10	05:58-8	15:13-5	03:54-14	04:41-6	05:21-9	01:57-7	02:24-7	02:41-9	02:23-7	01:42-7	02:18-16	00:46-7
Tid etter	-00:08	+00:19	+00:21#	+01:16&	+00:51#	+00:14	+01:14&	+00:12	+01:05&	+00:10	+00:22#	+00:24#	-00:01	+00:20#	+00:47&	+00:06#

<b>5</b>	<b>Morten Bie, Sørreisa O-lag</b>															<b>1:04:38</b>	<b>+08:05</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:46-12	08:16-3	10:50-3	13:55-2	19:49-3	36:45-5	39:30-4	43:55-4	49:40-4	51:48-4	54:11-4	57:14-5	59:59-5	61:49-5	63:48-5	64:38-5		
Strekktid	03:46	<b>04:30-1</b>	02:34-5	03:05-7	05:54-6	16:56-9	02:45-5	04:25-3	05:45-13	02:08-10	02:23-6	03:03-15	02:45-16	01:50-11	01:59-12	00:50-13		
Tid etter	<b>+00:32#</b>	<b>-00:22</b>	<b>+00:12</b>	<b>+00:34#</b>	<b>+00:47#</b>	<b>+01:57#</b>	<b>+00:05</b>	<b>-00:04</b>	<b>+01:29&amp;</b>	<b>+00:21#</b>	<b>+00:21#</b>	<b>+00:46&amp;</b>	<b>+00:21#</b>	<b>+00:28&amp;</b>	<b>+00:28&amp;</b>	<b>+00:10#</b>		
<b>6</b>	<b>Frank Vidar Hansen, Sørreisa O-lag</b>															<b>1:05:14</b>	<b>+08:41</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:35-9	08:16-3	13:10-14	16:26-11	22:51-10	38:11-6	41:03-6	45:42-6	50:37-6	52:33-6	55:00-6	57:52-6	60:16-6	62:10-6	64:25-6	65:14-6		
Strekktid	03:35	04:41-2	04:54-17	03:16-8	06:25-11	15:20-6	02:52-7	04:39-5	04:55-5	01:56-5	02:27-9	02:52-13	02:24-8	01:54-14	02:15-15	00:49-11		
Tid etter	<b>+00:21#</b>	<b>-00:11</b>	<b>+02:32@</b>	<b>+00:45&amp;</b>	<b>+01:18&amp;</b>	<b>+00:21</b>	<b>+00:12</b>	<b>+00:10</b>	<b>+00:39#</b>	<b>+00:09</b>	<b>+00:25#</b>	<b>+00:35&amp;</b>	<b>+00:00</b>	<b>+00:32&amp;</b>	<b>+00:44&amp;</b>	<b>+00:09#</b>		
<b>7</b>	<b>Ole Morten Wie, MO O-klubb</b>															<b>1:06:17</b>	<b>+09:44</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:26-7	08:19-6	11:20-7	15:14-8	21:09-8	39:51-11	42:24-8	47:22-8	52:21-7	54:18-7	56:33-7	59:06-7	61:18-7	62:52-7	65:18-7	66:17-7		
Strekktid	03:26	04:53-5	03:01-10	03:54-11	05:55-7	18:42-13	02:33-2	04:58-7	04:59-6	01:57-7	02:15-5	02:33-6	02:12-3	01:34-4	02:26-17	00:59-17		
Tid etter	<b>+00:12</b>	<b>+00:01</b>	<b>+00:39&amp;</b>	<b>+01:23&amp;</b>	<b>+00:48#</b>	<b>+03:43#</b>	<b>-00:07</b>	<b>+00:29#</b>	<b>+00:43#</b>	<b>+00:10</b>	<b>+00:13#</b>	<b>+00:16#</b>	<b>-00:12</b>	<b>+00:12#</b>	<b>+00:55&amp;</b>	<b>+00:19&amp;</b>		
<b>8</b>	<b>Trond Henry Skjønsvjell, Nordreisa IL</b>															<b>1:06:53</b>	<b>+10:20</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	02:59-2	08:36-7	11:00-5	13:55-2	23:04-12	40:29-12	43:45-11	49:36-12	54:08-11	56:17-11	58:31-10	60:41-9	62:45-8	64:25-8	66:08-8	66:53-8		
Strekktid	02:59	05:37-12	02:24-3	02:55-3	09:09-16	17:25-10	03:16-9	05:51-15	04:32-3	02:09-11	02:14-4	02:10-2	02:04-2	01:40-6	01:43-5	00:45-5		
Tid etter	<b>-00:15</b>	<b>+00:45#</b>	<b>+00:02</b>	<b>+00:24#</b>	<b>+04:02&amp;</b>	<b>+02:26#</b>	<b>+00:36#</b>	<b>+01:22&amp;</b>	<b>+00:16</b>	<b>+00:22#</b>	<b>+00:12</b>	<b>-00:07</b>	<b>-00:20</b>	<b>+00:18#</b>	<b>+00:12#</b>	<b>+00:05#</b>		
<b>9</b>	<b>Hans Martin Vaeng, Sørreisa O-lag</b>															<b>1:07:26</b>	<b>+10:53</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	04:02-14	09:17-12	12:37-12	16:38-12	23:32-13	38:33-7	41:51-7	46:59-7	52:25-8	54:20-8	57:18-8	60:34-8	63:07-9	64:44-9	66:38-9	67:26-9		
Strekktid	04:02	05:15-9	03:20-13	04:01-12	06:54-13	15:01-4	03:18-11	05:08-9	05:26-12	01:55-3	02:58-15	03:16-16	02:33-15	01:37-5	01:54-10	00:48-9		
Tid etter	<b>+00:48#</b>	<b>+00:23</b>	<b>+00:58&amp;</b>	<b>+01:30&amp;</b>	<b>+01:47&amp;</b>	<b>+00:02</b>	<b>+00:38#</b>	<b>+00:39#</b>	<b>+01:10&amp;</b>	<b>+00:08</b>	<b>+00:56&amp;</b>	<b>+00:59&amp;</b>	<b>+00:09</b>	<b>+00:15#</b>	<b>+00:23&amp;</b>	<b>+00:08#</b>		
<b>10</b>	<b>Helge Hæstad, BUL-Tromsø</b>															<b>1:08:03</b>	<b>+11:30</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:35-9	09:02-10	12:06-8	17:23-14	22:59-11	39:00-8	42:51-9	48:18-10	53:42-10	55:42-9	58:26-9	60:52-10	63:23-10	65:14-10	67:13-10	68:03-10		
Strekktid	03:35	05:27-10	03:04-12	05:17-15	05:36-4	16:01-7	03:51-13	05:27-13	05:24-11	02:00-9	02:44-13	02:26-5	02:31-12	01:51-12	01:59-12	00:50-13		
Tid etter	<b>+00:21#</b>	<b>+00:35#</b>	<b>+00:42&amp;</b>	<b>+02:46@</b>	<b>+00:29</b>	<b>+01:02</b>	<b>+01:11&amp;</b>	<b>+00:58#</b>	<b>+01:08&amp;</b>	<b>+00:13#</b>	<b>+00:42&amp;</b>	<b>+00:09</b>	<b>+00:07</b>	<b>+00:29&amp;</b>	<b>+00:28&amp;</b>	<b>+00:10#</b>		

<b>11</b>	<b>Ingemar Eriksen, Målselv IL</b>															<b>1:09:24</b>	<b>+12:51</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	<b>02:55-1</b>	<b>07:48-1</b>	10:45-2	14:50-6	21:08-7	39:40-9	42:57-10	48:12-9	53:35-9	56:14-10	58:38-11	62:17-11	64:49-11	66:52-11	68:42-11	69:24-11		
Strekktid	02:55	04:53-5	02:57-8	04:05-13	06:18-10	18:32-12	03:17-10	05:15-10	05:23-10	02:39-16	02:24-7	03:39-17	02:32-13	02:03-17	01:50-8	00:42-4		
Tid etter	<b>-00:19</b>	<b>+00:01</b>	<b>+00:35#</b>	<b>+01:34&amp;</b>	<b>+01:11#</b>	<b>+03:33#</b>	<b>+00:37#</b>	<b>+00:46#</b>	<b>+01:07&amp;</b>	<b>+00:52&amp;</b>	<b>+00:22#</b>	<b>+01:22&amp;</b>	<b>+00:08</b>	<b>+00:41&amp;</b>	<b>+00:19#</b>	<b>+00:02</b>		
<b>12</b>	<b>Håkon Brynjulfsen, OK Silsand</b>															<b>1:09:57</b>	<b>+13:24</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:32-8	09:57-15	12:44-13	15:45-10	21:48-9	39:46-10	44:33-12	49:32-11	54:45-12	56:54-12	59:46-12	62:32-12	65:25-12	67:14-12	69:07-12	69:57-12		
Strekktid	03:32	06:25-16	02:47-7	03:01-4	06:03-9	17:58-11	04:47-16	04:59-8	05:13-8	02:09-11	02:52-14	02:46-11	02:53-17	01:49-10	01:53-9	00:50-13		
Tid etter	<b>+00:18</b>	<b>+01:33&amp;</b>	<b>+00:25#</b>	<b>+00:30#</b>	<b>+00:56#</b>	<b>+02:59#</b>	<b>+02:07&amp;</b>	<b>+00:30#</b>	<b>+00:57#</b>	<b>+00:22#</b>	<b>+00:50&amp;</b>	<b>+00:29#</b>	<b>+00:29#</b>	<b>+00:27&amp;</b>	<b>+00:22#</b>	<b>+00:10#</b>		
<b>13</b>	<b>Torkel Irgens, Bodø og omegn IF</b>															<b>1:19:37</b>	<b>+23:04</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:45-11	10:39-17	13:40-15	17:20-13	24:47-14	41:26-13	44:40-13	58:46-14	64:48-14	66:57-14	69:57-13	72:36-13	75:08-13	77:01-13	78:49-13	79:37-13		
Strekktid	03:45	06:54-17	03:01-10	03:40-9	07:27-15	16:39-8	03:14-8	14:06-17	06:02-14	02:09-11	03:00-16	02:39-7	02:32-13	01:53-13	01:48-7	00:48-9		
Tid etter	<b>+00:31#</b>	<b>+02:02&amp;</b>	<b>+00:39&amp;</b>	<b>+01:09&amp;</b>	<b>+02:20&amp;</b>	<b>+01:40#</b>	<b>+00:34#</b>	<b>+09:37@</b>	<b>+01:46&amp;</b>	<b>+00:22#</b>	<b>+00:58&amp;</b>	<b>+00:22#</b>	<b>+00:08</b>	<b>+00:31&amp;</b>	<b>+00:17#</b>	<b>+00:08#</b>		
<b>14</b>	<b>Tommy Jensen, Harstad O-lag</b>															<b>1:20:01</b>	<b>+23:28</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	04:19-16	10:04-16	13:51-16	18:13-15	25:06-15	44:40-14	48:25-14	53:48-13	60:03-13	62:36-13	70:30-14	73:10-14	75:22-14	77:06-14	79:15-14	80:01-14		
Strekktid	04:19	05:45-14	03:47-15	04:22-14	06:53-12	19:34-14	03:45-12	05:23-12	06:15-15	02:33-15	07:54-17	02:40-8	02:12-3	01:44-9	02:09-14	00:46-7		
Tid etter	<b>+01:05&amp;</b>	<b>+00:53#</b>	<b>+01:25&amp;</b>	<b>+01:51&amp;</b>	<b>+01:46&amp;</b>	<b>+04:35&amp;</b>	<b>+01:05&amp;</b>	<b>+00:54#</b>	<b>+01:59&amp;</b>	<b>+00:46&amp;</b>	<b>+05:52@</b>	<b>+00:23#</b>	<b>-00:12</b>	<b>+00:22&amp;</b>	<b>+00:38&amp;</b>	<b>+00:06#</b>		
<b>15</b>	<b>Fred Arne Jacobsen, Bardu IL</b>															<b>1:21:43</b>	<b>+25:10</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	04:06-15	09:55-13	14:38-17	22:20-17	29:25-17	49:05-15	53:30-15	60:13-15	67:51-15	70:14-15	72:51-15	75:46-15	77:46-15	79:28-15	81:04-15	81:43-15		
Strekktid	04:06	05:49-15	04:43-16	07:42-17	07:05-14	19:40-15	04:25-15	06:43-16	07:38-17	02:23-14	02:37-11	02:55-14	<b>02:00-1</b>	01:42-7	01:36-3	<b>00:39-1</b>		
Tid etter	<b>+00:52&amp;</b>	<b>+00:57#</b>	<b>+02:21&amp;</b>	<b>+05:11@</b>	<b>+01:58&amp;</b>	<b>+04:41&amp;</b>	<b>+01:45&amp;</b>	<b>+02:14&amp;</b>	<b>+03:22&amp;</b>	<b>+00:36&amp;</b>	<b>+00:35&amp;</b>	<b>+00:38&amp;</b>	<b>-00:24</b>	<b>+00:20#</b>	<b>+00:05</b>	<b>-00:01</b>		
<b>16</b>	<b>Frank Fiskebeck, Sandnes IL</b>															<b>1:31:22</b>	<b>+34:49</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	04:00-13	09:08-11	12:06-8	18:38-16	28:35-16	59:49-16	65:50-16	71:39-16	76:25-16	79:07-16	81:43-16	84:25-16	86:51-16	88:48-16	90:33-16	91:22-16		
Strekktid	04:00	05:08-7	02:58-9	06:32-16	09:57-17	31:14-16	06:01-17	05:49-14	04:46-4	02:42-17	02:36-10	02:42-10	02:26-11	01:57-16	01:45-6	00:49-11		
Tid etter	<b>+00:46#</b>	<b>+00:16</b>	<b>+00:36&amp;</b>	<b>+04:01@</b>	<b>+04:50&amp;</b>	<b>+16:15@</b>	<b>+03:21@</b>	<b>+01:20&amp;</b>	<b>+00:30#</b>	<b>+00:55&amp;</b>	<b>+00:34&amp;</b>	<b>+00:25#</b>	<b>+00:02</b>	<b>+00:35&amp;</b>	<b>+00:14#</b>	<b>+00:09#</b>		
<b>17</b>	<b>Roger Fagerheim, BUL-Tromsø</b>															<b>1:32:21</b>	<b>+35:48</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:18-5	08:49-8	10:59-4	14:02-4	18:55-2	65:24-17	67:54-17	72:18-17	79:16-17	81:11-17	83:03-17	85:09-17	87:33-17	89:29-17	91:24-17	92:21-17		
Strekktid	03:18	05:31-11	<b>02:10-1</b>	03:03-6	<b>04:53-1</b>	46:29-17	<b>02:30-1</b>	04:24-2	06:58-16	01:55-3	<b>01:52-1</b>	<b>02:06-1</b>	02:24-8	01:56-15	01:55-11	00:57-16		
Tid etter	<b>+00:04</b>	<b>+00:39#</b>	<b>-00:12</b>	<b>+00:32#</b>	<b>-00:14</b>	<b>+31:30@</b>	<b>-00:10</b>	<b>-00:05</b>	<b>+02:42&amp;</b>	<b>+00:08</b>	<b>-00:10</b>	<b>-00:11</b>	<b>+00:00</b>	<b>+00:34&amp;</b>	<b>+00:24&amp;</b>	<b>+00:17&amp;</b>		

# H45

<b>1</b>	<b>Arild Hegreberg, Bodø og omegn IF</b>															<b>55:58</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Total tid	<b>03:00-1</b>	<b>07:22-1</b>	<b>09:39-1</b>	13:25-2	18:40-2	<b>32:16-1</b>	<b>35:21-1</b>	<b>39:37-1</b>	<b>44:16-1</b>	<b>46:00-1</b>	<b>47:48-1</b>	<b>50:18-1</b>	<b>52:09-1</b>	<b>53:37-1</b>	<b>55:14-1</b>	<b>55:58-1</b>	
Strekketid	03:00	04:22-3	<b>02:17-1</b>	03:46-5	<b>05:15-1</b>	<b>13:36-1</b>	03:05-2	<b>04:16-1</b>	<b>04:39-1</b>	<b>01:44-1</b>	<b>01:48-1</b>	02:30-3	<b>01:51-1</b>	<b>01:28-1</b>	<b>01:37-1</b>	00:44-2	
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	
<b>2</b>	<b>Andrey Kulbachko, Petrozavodsk Russia</b>															<b>1:01:52</b>	<b>+05:54</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Total tid	03:29-3	07:43-2	10:21-3	13:58-3	22:00-4	37:18-3	40:09-3	44:26-2	49:38-2	51:27-2	53:28-2	55:56-2	57:49-2	59:32-2	61:10-2	61:52-2	
Strekketid	03:29	04:14-2	02:38-3	03:37-4	08:02-6	15:18-2	<b>02:51-1</b>	04:17-2	05:12-3	01:49-2	02:01-2	02:28-2	01:53-2	01:43-3	01:38-2	<b>00:42-1</b>	
Tid etter	+00:29#	-00:08	+00:21#	-00:09	+02:47&	+01:42#	-00:14	+00:01	+00:33#	+00:05	+00:13#	-00:02	+00:02	+00:15#	+00:01	-00:02	
<b>3</b>	<b>Hans Eidnes, Harstad O-lag</b>															<b>1:09:00</b>	<b>+13:02</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Total tid	03:42-4	07:44-3	10:18-2	<b>13:08-1</b>	<b>18:39-1</b>	34:54-2	38:02-2	50:17-4	55:26-4	57:26-3	59:51-3	62:14-3	64:48-3	66:25-3	68:14-3	69:00-3	
Strekketid	03:42	<b>04:02-1</b>	02:34-2	<b>02:50-1</b>	05:31-2	16:15-3	03:08-4	12:15-6	05:09-2	02:00-3	02:25-3	<b>02:23-1</b>	02:34-3	01:37-2	01:49-3	00:46-4	
Tid etter	+00:42#	-00:20	+00:17#	-00:56	+00:16	+02:39#	+00:03	+07:59@	+00:30#	+00:16#	+00:37&	-00:07	+00:43&	+00:09#	+00:12#	+00:02	
<b>4</b>	<b>Bengt Haugen, BUL-Tromsø</b>															<b>1:10:38</b>	<b>+14:40</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Total tid	03:15-2	09:32-4	12:10-4	15:06-4	21:15-3	40:24-4	43:31-4	48:55-3	54:50-3	57:29-4	60:04-4	63:04-4	65:53-4	68:00-4	69:54-4	70:38-4	
Strekketid	03:15	06:17-4	02:38-3	02:56-2	06:09-4	19:09-4	03:07-3	05:24-3	05:55-4	02:39-4	02:35-4	03:00-4	02:49-5	02:07-4	01:54-4	00:44-2	
Tid etter	+00:15	+01:55&	+00:21#	-00:50	+00:54#	+05:33&	+00:02	+01:08&	+01:16&	+00:55&	+00:47&	+00:30#	+00:58&	+00:39&	+00:17#	+00:00	
<b>5</b>	<b>Iain Simpson, Målselv IL</b>															<b>1:31:07</b>	<b>+35:09</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Total tid	04:18-6	10:59-5	14:09-5	18:07-5	25:20-6	46:29-5	57:25-5	63:18-5	70:44-5	73:32-5	77:03-5	81:52-5	84:33-5	86:54-5	89:39-5	91:07-5	
Strekketid	04:18	06:41-5	03:10-5	03:58-6	07:13-5	21:09-5	10:56-6	05:53-5	07:26-5	02:48-5	03:31-6	04:49-6	02:41-4	02:21-6	02:45-6	01:28-6	
Tid etter	+01:18&	+02:19&	+00:53&	+00:12	+01:58&	+07:33&	+07:51@	+01:37&	+02:47&	+01:04&	+01:43&	+02:19&	+00:50&	+00:53&	+01:08&	+00:44&	
<b>6</b>	<b>Jan Helge Strøm, Sandnes IL</b>															<b>1:51:48</b>	<b>+55:50</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Total tid	04:15-5	13:01-6	16:11-6	19:10-6	24:42-5	48:37-6	58:27-6	63:53-6	92:34-6	95:52-6	99:01-6	102:35-6	106:12-6	108:22-6	110:51-6	111:48-6	
Strekketid	04:15	08:46-6	03:10-5	02:59-3	05:32-3	23:55-6	09:50-5	05:26-4	28:41-6	03:18-6	03:09-5	03:34-5	03:37-6	02:10-5	02:29-5	00:57-5	
Tid etter	+01:15&	+04:24@	+00:53&	-00:47	+00:17	+10:19&	+06:45@	+01:10&	+24:02@	+01:34&	+01:21&	+01:04&	+01:46&	+00:42&	+00:52&	+00:13&	

# H50

<b>1</b>	<b>Svein Harald Hansen, OK Silsand</b>													<b>54:24</b>	<b>+00:00</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	<b>03:07-1</b>	<b>09:27-1</b>	12:00-2	14:01-2	27:30-2	<b>31:28-1</b>	<b>33:37-1</b>	<b>39:11-1</b>	<b>40:53-1</b>	<b>43:47-1</b>	<b>47:27-1</b>	<b>52:17-1</b>	<b>53:41-1</b>	<b>54:24-1</b>		
Strekktid	03:07	06:20-3	02:33-3	02:01-4	<b>13:29-1</b>	<b>03:58-1</b>	02:09-2	<b>05:34-1</b>	<b>01:42-1</b>	02:54-2	03:40-2	04:50-9	<b>01:24-1</b>	<b>00:43-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Ingar Solberg, Olderskog IL</b>													<b>56:14</b>	<b>+01:50</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:22-2	09:31-2	<b>11:59-1</b>	<b>13:55-1</b>	<b>27:25-1</b>	32:13-2	34:44-2	41:54-2	44:16-2	47:41-2	51:52-2	53:39-2	55:24-2	56:14-2		
Strekktid	03:22	06:09-2	02:28-2	01:56-2	13:30-2	04:48-7	02:31-6	07:10-5	02:22-7	03:25-5	04:11-7	01:47-8	01:45-6	00:50-4		
Tid etter	+00:15	-00:11	-00:05	-00:05	+00:01	+00:50#	+00:22#	+01:36&	+00:40&	+00:31#	+00:31#	-03:03	+00:21#	+00:07#		
<b>3</b>	<b>Geir Hugo Nilssen, Bardu IL</b>													<b>58:27</b>	<b>+04:03</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:14-7	10:14-3	12:38-3	14:29-3	29:30-3	33:42-3	35:50-3	46:15-5	48:00-5	50:58-4	54:28-3	56:13-4	57:39-3	58:27-3		
Strekktid	04:14	<b>06:00-1</b>	<b>02:24-1</b>	<b>01:51-1</b>	15:01-6	04:12-2	<b>02:08-1</b>	10:25-9	01:45-2	02:58-3	<b>03:30-1</b>	01:45-7	01:26-2	00:48-2		
Tid etter	+01:07&	-00:20	-00:09	-00:10	+01:32#	+00:14	-00:01	+04:51&	+00:03	+00:04	-00:10	-03:05	+00:02	+00:05#		
<b>4</b>	<b>Gunnar Brattli, MO O-klubb</b>													<b>58:44</b>	<b>+04:20</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:56-5	10:54-5	13:31-4	16:22-5	31:03-5	35:46-5	38:10-5	45:06-3	47:19-3	50:49-3	54:54-4	56:07-3	57:52-4	58:44-4		
Strekktid	03:56	06:58-5	02:37-6	02:51-9	14:41-5	04:43-5	02:24-5	06:56-4	02:13-5	03:30-6	04:05-6	<b>01:13-1</b>	01:45-6	00:52-5		
Tid etter	+00:49&	+00:38#	+00:04	+00:50&	+01:12	+00:45#	+00:15#	+01:22#	+00:31&	+00:36#	+00:25#	-03:37	+00:21#	+00:09#		



<b>5</b>	<b>Anders Kure, Bodø og omegn IF</b>														<b>59:41</b>	<b>+05:17</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:09-6	11:26-6	13:59-5	15:56-4	29:36-4	34:12-4	36:45-4	45:28-4	47:28-4	51:40-5	55:39-5	57:06-5	58:48-5	59:41-5		
Strekktid	04:09	07:17-6	02:33-3	01:57-3	13:40-3	04:36-4	02:33-7	08:43-8	02:00-3	04:12-9	03:59-4	01:27-4	01:42-4	00:53-6		
Tid etter	+01:02&	+00:57#	+00:00	-00:04	+00:11	+00:38#	+00:24#	+03:09&	+00:18#	+01:18&	+00:19	-03:23	+00:18#	+00:10#		
<b>6</b>	<b>Asgeir Moberg, Bardu IL</b>														<b>1:00:53</b>	<b>+06:29</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:26-9	13:25-8	18:00-8	20:02-8	34:05-8	38:30-8	40:50-7	47:28-7	49:40-6	52:30-6	56:27-6	58:11-6	59:58-6	60:53-6		
Strekktid	04:26	08:59-8	04:35-9	02:02-5	14:03-4	04:25-3	02:20-3	06:38-2	02:12-4	<b>02:50-1</b>	03:57-3	01:44-6	01:47-8	00:55-7		
Tid etter	+01:19&	+02:39&	+02:02&	+00:01	+00:34	+00:27#	+00:11	+01:04#	+00:30&	-00:04	+00:17	-03:06	+00:23&	+00:12&		
<b>7</b>	<b>Harald Bredesen, Neverfjord IL</b>														<b>1:02:46</b>	<b>+08:22</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:51-4	11:55-7	14:30-6	16:48-6	32:31-6	37:30-6	40:04-6	47:26-6	50:28-7	54:03-7	58:21-7	59:46-7	61:48-7	62:46-7		
Strekktid	03:51	08:04-7	02:35-5	02:18-7	15:43-8	04:59-8	02:34-8	07:22-6	03:02-9	03:35-7	04:18-8	01:25-2	02:02-9	00:58-9		
Tid etter	+00:44#	+01:44&	+00:02	+00:17#	+02:14#	+01:01&	+00:25#	+01:48&	+01:20&	+00:41#	+00:38#	-03:25	+00:38&	+00:15&		
<b>8</b>	<b>Peter Prydz, Neverfjord IL</b>														<b>1:04:58</b>	<b>+10:34</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:19-8	10:47-4	15:14-7	17:22-7	33:04-7	38:17-7	41:32-8	49:48-8	52:04-8	55:57-8	61:03-8	62:28-8	64:09-8	64:58-8		
Strekktid	04:19	06:28-4	04:27-8	02:08-6	15:42-7	05:13-9	03:15-9	08:16-7	02:16-6	03:53-8	05:06-9	01:25-2	01:41-3	00:49-3		
Tid etter	+01:12&	+00:08	+01:54&	+00:07	+02:13#	+01:15&	+01:06&	+02:42&	+00:34&	+00:59&	+01:26&	-03:25	+00:17#	+00:06#		
<b>9</b>	<b>Arvid Johansen, Sørreisa O-lag</b>														<b>1:06:48</b>	<b>+12:24</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	03:45-3	17:17-9	19:55-9	22:24-9	38:46-9	43:33-9	45:53-9	52:43-9	55:14-9	58:36-9	62:38-9	64:09-9	65:52-9	66:48-9		
Strekktid	03:45	13:32-9	02:38-7	02:29-8	16:22-9	04:47-6	02:20-3	06:50-3	02:31-8	03:22-4	04:02-5	01:31-5	01:43-5	00:56-8		
Tid etter	+00:38#	+07:12@	+00:05	+00:28#	+02:53#	+00:49#	+00:11	+01:16#	+00:49&	+00:28#	+00:22#	-03:19	+00:19#	+00:13&		
<b>DSQ</b>	<b>Leif Gulbrandsen, Sørreisa O-lag</b>															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	04:36-0	11:40-0	13:53-0	16:01-0	28:49-0	32:47-0	34:53-0	40:44-0	43:37-0	00:00-0	52:12-0	56:10-0	57:42-0	58:29-0		
Strekktid	04:36	07:04-0	02:13-0	02:08-6	12:48-0	<b>03:58-1</b>	02:06-0	05:51-0	02:53-0	-	-	03:58-0	01:32-0	00:47-0		
Tid etter	+01:29&	+00:44#	-00:20	+00:07	-00:41	+00:00	-00:03	+00:17	+01:11&	-	-	-00:52	+00:08	+00:04		

## H55

**1**      **Jan Gaute Buvik, Korgen IL**      **50:48**    **+00:00**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	04:12-3	13:47-3	15:30-3	24:22-3	<b>29:15-1</b>	<b>32:21-1</b>	<b>36:53-1</b>	<b>41:13-1</b>	<b>42:10-1</b>	<b>44:06-1</b>	<b>47:10-1</b>	<b>49:12-1</b>	<b>50:03-1</b>	<b>50:48-1</b>
Strekktid	04:12	09:35-4	01:43-4	08:52-2	<b>04:53-1</b>	03:06-2	<b>04:32-1</b>	04:20-2	<b>00:57-1</b>	01:56-2	03:04-2	02:02-2	<b>00:51-1</b>	00:45-2
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
<b>2</b>	<b>Per Rekkedal, Bodø og omegn IF</b>				<b>52:43</b>	<b>+01:55</b>								
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	04:06-2	<b>10:43-1</b>	<b>12:01-1</b>	<b>20:44-1</b>	31:00-2	34:20-2	39:20-2	43:33-2	44:36-2	46:26-2	49:14-2	51:05-2	51:59-2	52:43-2
Strekktid	04:06	<b>06:37-1</b>	<b>01:18-1</b>	<b>08:43-1</b>	10:16-3	03:20-3	05:00-3	<b>04:13-1</b>	01:03-2	<b>01:50-1</b>	<b>02:48-1</b>	<b>01:51-1</b>	00:54-2	<b>00:44-1</b>
Tid etter	-00:06	-02:58	-00:25	-00:09	+05:23@	+00:14	+00:28#	-00:07	+00:06#	-00:06	-00:16	-00:11	+00:03	-00:01
<b>3</b>	<b>Arnulf Villmo, Korgen IL</b>				<b>55:04</b>	<b>+04:16</b>								
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-
Tid etter														
<b>4</b>	<b>Dag Skogan, Bodø og omegn IF</b>				<b>1:06:07</b>	<b>+15:19</b>								
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	05:18-4	14:46-4	16:25-4	28:46-4	35:20-3	39:37-3	47:09-4	53:06-4	54:34-4	57:36-4	61:40-4	63:58-3	65:05-3	66:07-3
Strekktid	05:18	09:28-3	01:39-3	12:21-4	06:34-2	04:17-4	07:32-4	05:57-3	01:28-3	03:02-3	04:04-3	02:18-3	01:07-4	01:02-4
Tid etter	+01:06&	-00:07	-00:04	+03:29&	+01:41&	+01:11&	+03:00&	+01:37&	+00:31&	+01:06&	+01:00&	+00:16#	+00:16&	+00:17&
<b>5</b>	<b>Ola Skogstad, MO O-klubb</b>				<b>1:10:23</b>	<b>+19:35</b>								
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	<b>03:21-1</b>	11:57-2	13:35-2	24:16-2	37:23-4	40:18-4	45:06-3	51:06-3	52:52-3	56:10-3	60:28-3	68:28-4	69:32-4	70:23-4
Strekktid	03:21	08:36-2	01:38-2	10:41-3	13:07-4	<b>02:55-1</b>	04:48-2	06:00-4	01:46-4	03:18-4	04:18-4	08:00-4	01:04-3	00:51-3
Tid etter	-00:51	-00:59	-00:05	+01:49#	+08:14@	-00:11	+00:16	+01:40&	+00:49&	+01:22&	+01:14&	+05:58@	+00:13&	+00:06#

# H60

<b>1</b>	<b>Jan Løvlund, Nordreisa IL</b>													<b>51:00</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	<b>03:24-1</b>	08:30-2	<b>17:58-1</b>	<b>25:25-1</b>	<b>28:29-1</b>	35:04-2	<b>39:37-1</b>	<b>40:52-1</b>	<b>43:02-1</b>	<b>46:47-1</b>	<b>49:16-1</b>	<b>50:14-1</b>	<b>51:00-1</b>		
Strekktid	03:24	05:06-4	<b>09:28-1</b>	07:27-4	03:04-3	06:35-4	<b>04:33-1</b>	01:15-4	02:10-2	03:45-3	02:29-4	<b>00:58-1</b>	<b>00:46-1</b>		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
<b>2</b>	<b>Trond Sandelin, Rotsundelv IL</b>													<b>51:53</b>	<b>+00:53</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:34-5	08:32-3	20:12-4	26:29-4	29:13-3	<b>34:44-1</b>	40:52-2	42:39-3	44:39-2	48:20-2	50:04-2	51:05-2	51:53-2		
Strekktid	03:34	04:58-2	11:40-5	<b>06:17-1</b>	<b>02:44-1</b>	<b>05:31-1</b>	06:08-6	01:47-7	<b>02:00-1</b>	03:41-2	<b>01:44-1</b>	01:01-2	00:48-2		
Tid etter	+00:10	-00:08	+02:12#	-01:10	-00:20	-01:04	+01:35&	+00:32&	-00:10	-00:04	-00:45	+00:03	+00:02		
<b>3</b>	<b>Roar Flydal, BUL-Tromsø</b>													<b>55:12</b>	<b>+04:12</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:37-6	08:42-4	18:29-3	25:50-3	31:38-4	37:28-4	42:54-4	44:05-4	46:24-4	51:12-4	53:15-3	54:21-3	55:12-3		
Strekktid	03:37	05:05-3	09:47-2	07:21-2	05:48-7	05:50-2	05:26-3	01:11-3	02:19-4	04:48-5	02:03-2	01:06-3	00:51-3		
Tid etter	+00:13	-00:01	+00:19	-00:06	+02:44&	-00:45	+00:53#	-00:04	+00:09	+01:03&	-00:26	+00:08#	+00:05#		
<b>4</b>	<b>Oddmund Rasmussen, Bjerkvik IF</b>													<b>55:50</b>	<b>+04:50</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:30-4	10:22-6	22:09-6	29:35-6	32:26-5	39:09-5	43:51-5	44:57-5	47:08-5	50:56-3	53:35-4	54:46-4	55:50-4		
Strekktid	03:30	06:52-6	11:47-6	07:26-3	02:51-2	06:43-6	04:42-2	<b>01:06-1</b>	02:11-3	03:48-4	02:39-5	01:11-6	01:04-7		
Tid etter	+00:06	+01:46&	+02:19#	-00:01	-00:13	+00:08	+00:09	-00:09	+00:01	+00:03	+00:10	+00:13#	+00:18&		
<b>5</b>	<b>Gunnar Kvaal, Storsteinnes IL</b>													<b>56:02</b>	<b>+05:02</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	<b>03:24-1</b>	<b>08:08-1</b>	18:11-2	25:42-2	28:50-2	35:15-3	41:09-3	42:17-2	44:59-3	51:48-5	54:00-5	55:06-5	56:02-5		
Strekktid	03:24	<b>04:44-1</b>	10:03-3	07:31-5	03:08-4	06:25-3	05:54-5	01:08-2	02:42-5	06:49-7	02:12-3	01:06-3	00:56-4		
Tid etter	+00:00	-00:22	+00:35	+00:04	+00:04	-00:10	+01:21&	-00:07	+00:32#	+03:04&	-00:17	+00:08#	+00:10#		
<b>6</b>	<b>Jens Viggo Limstrand, Bodø og omegn IF</b>													<b>59:28</b>	<b>+08:28</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		
Total tid	03:29-3	10:24-7	21:02-5	28:50-5	33:16-6	39:57-6	45:27-6	47:08-6	50:00-6	53:17-6	57:16-6	58:31-6	59:28-6		
Strekktid	03:29	06:55-7	10:38-4	07:48-6	04:26-5	06:41-5	05:30-4	01:41-6	02:52-6	<b>03:17-1</b>	03:59-7	01:15-7	00:57-5		
Tid etter	+00:05	+01:49&	+01:10#	+00:21	+01:22&	+00:06	+00:57#	+00:26&	+00:42&	-00:28	+01:30&	+00:17&	+00:11#		
<b>7</b>	<b>Asgaut Løkse, Sørreisa O-lag</b>													<b>1:07:08</b>	<b>+16:08</b>
Post	1	2	3	4	5	6	7	8	9	10	11	12	13		

Total tid	04:24-7	10:14-5	22:57-7	31:58-7	36:25-7	44:34-7	52:14-7	53:51-7	56:54-7	62:11-7	64:56-7	66:06-7	67:08-7
Strekktid	04:24	05:50-5	12:43-7	09:01-7	04:27-6	08:09-7	07:40-7	01:37-5	03:03-7	05:17-6	02:45-6	01:10-5	01:02-6
Tid etter	+01:00&	+00:44#	+03:15&	+01:34#	+01:23&	+01:34#	+03:07&	+00:22&	+00:53&	+01:32&	+00:16#	+00:12#	+00:16&

**8 Einar Mjølhus, BUL-Tromsø**

**1:48:46 +57:46**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13
Total tid	05:20-8	17:29-8	36:34-8	49:47-8	57:50-8	70:26-8	85:02-8	87:44-8	91:49-8	100:05-8	104:12-8	106:33-8	108:46-8
Strekktid	05:20	12:09-8	19:05-8	13:13-8	08:03-8	12:36-8	14:36-8	02:42-8	04:05-8	08:16-8	04:07-8	02:21-8	02:13-8
Tid etter	+01:56&	+07:03@	+09:37@	+05:46&	+04:59@	+06:01&	+10:03@	+01:27@	+01:55&	+04:31@	+01:38&	+01:23@	+01:27@

## H65

**1 Ivar Helgesen, Sørreisa O-lag**

**45:12 +00:00**

Post	1	2	3	4	5	6	7	8	9	10	11	12
Total tid	04:04-4	09:39-3	19:02-2	26:17-2	29:15-2	<b>33:11-1</b>	<b>35:26-1</b>	<b>38:12-1</b>	<b>40:05-1</b>	<b>42:02-1</b>	<b>44:08-1</b>	<b>45:12-1</b>
Strekktid	04:04	05:35-2	09:23-2	07:15-2	02:58-2	<b>03:56-1</b>	<b>02:15-1</b>	02:46-2	01:53-2	<b>01:57-1</b>	02:06-2	01:04-2
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00

**2 Jan A Eriksen, Sørreisa O-lag**

**48:00 +02:48**

Post	1	2	3	4	5	6	7	8	9	10	11	12
Total tid	<b>02:28-1</b>	<b>08:00-1</b>	<b>16:08-1</b>	<b>22:31-1</b>	<b>25:04-1</b>	34:58-2	38:07-2	40:18-2	42:05-2	45:10-2	47:14-2	48:00-2
Strekktid	02:28	<b>05:32-1</b>	<b>08:08-1</b>	<b>06:23-1</b>	<b>02:33-1</b>	09:54-3	03:09-3	<b>02:11-1</b>	<b>01:47-1</b>	03:05-4	<b>02:04-1</b>	<b>00:46-1</b>
Tid etter	-01:36	-00:03	-01:15	-00:52	-00:25	+05:58@	+00:54&	-00:35	-00:06	+01:08&	-00:02	-00:18

**3 Rangvald Barkli, Sørreisa O-lag**

**54:24 +09:12**

Post	1	2	3	4	5	6	7	8	9	10	11	12
Total tid	03:06-2	09:12-2	20:17-3	29:53-3	33:21-3	38:59-3	42:06-3	45:59-3	48:16-3	50:44-3	53:10-3	54:24-3
Strekktid	03:06	06:06-3	11:05-3	09:36-3	03:28-3	05:38-2	03:07-2	03:53-3	02:17-3	02:28-2	02:26-3	01:14-3
Tid etter	-00:58	+00:31	+01:42#	+02:21&	+00:30#	+01:42&	+00:52&	+01:07&	+00:24#	+00:31&	+00:20#	+00:10#

<b>4</b>	<b>Charleif Pedersen, Bjerkvik IF</b>											<b>1:34:42</b>	<b>+49:30</b>	
Post	1	2	3	4	5	6	7	8	9	10	11	12		
Total tid	03:30-3	09:41-4	23:04-4	36:36-4	41:33-4	70:04-4	74:08-4	81:39-4	87:18-4	90:07-4	93:16-4	94:42-4		
Strekktid	03:30	06:11-4	13:23-4	13:32-4	04:57-4	28:31-4	04:04-4	07:31-4	05:39-4	02:49-3	03:09-4	01:26-4		
Tid etter	-00:34	+00:36#	+04:00&	+06:17&	+01:59&	+24:35@	+01:49&	+04:45@	+03:46@	+00:52&	+01:03&	+00:22&		

<b>DSQ</b>	<b>Jakob Skaland, Nordreisa IL</b>													
Post	1	2	3	4	5	6	7	8	9	10	11	12		
Total tid	06:39-0	13:47-0	30:01-0	63:43-0	00:00-0	78:48-0	81:14-0	84:35-0	86:53-0	90:46-0	97:05-0	98:23-0		
Strekktid	06:39	07:08-0	16:14-0	33:42-0	-	-	02:26-0	03:21-0	02:18-0	03:53-0	06:19-0	01:18-0		
Tid etter	+02:35&	+01:33&	+06:51&	+26:27@	-	-	+00:11	+00:35#	+00:25#	+01:56&	+04:13@	+00:14#		

## H70

<b>1</b>	<b>Carl Bamse Bjørseth, Bodø og omegn IF</b>											<b>41:51</b>	<b>+00:00</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	<b>03:40-1</b>	11:08-2	13:03-2	17:59-2	<b>24:36-1</b>	<b>28:58-1</b>	<b>32:32-1</b>	<b>35:25-1</b>	<b>39:21-1</b>	<b>40:55-1</b>	<b>41:51-1</b>		
Strekktid	03:40	07:28-2	01:55-3	04:56-2	<b>06:37-1</b>	<b>04:22-1</b>	<b>03:34-1</b>	02:53-2	03:56-3	01:34-2	00:56-2		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		

<b>2</b>	<b>Rolf A Pedersen, Alta O-lag</b>											<b>44:34</b>	<b>+02:43</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	03:49-2	<b>09:36-1</b>	<b>11:19-1</b>	<b>16:03-1</b>	29:58-2	34:45-2	38:21-2	40:44-2	42:43-2	43:40-2	44:34-2		
Strekktid	03:49	<b>05:47-1</b>	<b>01:43-1</b>	<b>04:44-1</b>	13:55-3	04:47-2	03:36-2	<b>02:23-1</b>	<b>01:59-1</b>	<b>00:57-1</b>	<b>00:54-1</b>		
Tid etter	+00:09	-01:41	-00:12	-00:12	+07:18@	+00:25	+00:02	-00:30	-01:57	-00:37	-00:02		

<b>3</b>	<b>Edvin Berg, Bodø og omegn IF</b>											<b>53:12</b>	<b>+11:21</b>
Post	1	2	3	4	5	6	7	8	9	10	11		
Total tid	03:53-3	18:50-3	20:38-3	25:47-3	33:42-3	38:51-3	42:29-3	45:25-3	47:54-3	51:59-3	53:12-3		
Strekktid	03:53	14:57-3	01:48-2	05:09-3	07:55-2	05:09-3	03:38-3	02:56-3	02:29-2	04:05-3	01:13-3		
Tid etter	+00:13	+07:29@	-00:07	+00:13	+01:18#	+00:47#	+00:04	+00:03	-01:27	+02:31@	+00:17&		



