

# Resultater fra KM-Natt 2004-09-17

Det var totalt 18 deltagere.

## Klasse N

1 påmeldt, 1 startende 0 premiert

<b>1 Martha Skogan</b>				<b>Valnesfjord IL</b>			<b>56:22</b>	(+0:00)
3:16 (1)	11:31 (1)	18:40 (1)	32:00 (1)	35:02 (1)	40:54 (1)	48:47 (1)	53:10 (1)	56:22 (1)
3:16/33	8:15/31	7:09/39	13:20/38	3:02/32	5:52/78	7:53/48	4:23/49	3:12/52
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H17 4,0 km

4 påmeldt, 4 startende 0 premiert

<b>1 Arild Hegreberg</b>				<b>Bodø&amp;Omegn IF</b>		<i>(0:13min/km)</i>	<b>40:52</b>	(+0:00)	
1:51 (1)	10:55 (1)	13:23 (1)	24:15 (1)	27:11 (1)	29:03 (1)	31:07 (1)	34:23 (1)	39:03 (1)	40:02 (1)
1:51/40	9:04/41	2:28/42	10:52/176	2:56/44	1:52/45	2:04/46	3:16/47	4:40/48	0:59/49
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:14 (2)	+0:00 (1)
40:52 (1)									
0:50/52									
+0:05 (2)									

<b>2 Roy Solbakk</b>				<b>Valnesfjord IL</b>		<i>(0:79min/km)</i>	<b>58:39</b>	(+17:47)	
2:10 (2)	15:41 (2)	18:42 (2)	33:27 (2)	37:29 (2)	40:13 (2)	43:43 (2)	52:22 (2)	56:48 (2)	57:54 (2)
2:10/40	13:31/41	3:01/42	14:45/176	4:02/44	2:44/45	3:30/46	8:39/47	4:26/48	1:06/49
+0:19 (2)	+4:27 (2)	+0:33 (2)	+3:53 (2)	+1:06 (3)	+0:52 (2)	+1:26 (2)	+5:23 (3)	+0:00 (1)	+0:07 (2)
58:39 (2)									
0:45/52									
+0:00 (1)									

<b>3 Tore Jakola</b>				<b>Bodø&amp;Omegn IF</b>		<i>(0:52min/km)</i>	<b>1:16:49</b>	(+35:57)	
6:41 (3)	24:20 (3)	27:29 (3)	43:32 (3)	46:59 (3)	49:58 (3)	54:15 (3)	58:38 (3)	1:14:08 (3)	1:15:49 (3)
6:41/40	17:39/41	3:09/42	16:03/176	3:27/44	2:59/45	4:17/46	4:23/47	15:30/48	1:41/49
+4:50 (3)	+8:35 (3)	+0:41 (3)	+5:11 (3)	+0:31 (2)	+1:07 (3)	+2:13 (3)	+1:07 (2)	+11:04 (3)	+0:42 (3)
1:16:49 (3)									
1:00/52									
+0:15 (3)									

<b>John Helge Heitmann</b>				<b>Bodø&amp;Omegn IF</b>		<i>(0:68min/km)</i>	<b>Disk</b>		
3:29 (3)	25:28 (4)	30:50 (4)	1:15:20 (4)	1:18:47 (4)	1:24:33 (4)	1:24:33 (4)	1:24:33 (4)	1:24:33 (4)	
3:29/40	21:59/41	5:22/42	44:30/39	3:27/48	5:46/52				
+1:38 (3)	+12:55 (4)	+2:54 (4)	+33:38 (4)	+0:31 (2)	+3:54 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
1:24:33 (4)									
+0:00 (1)									

## Klasse D45 2,8 km

1 påmeldt, 1 startende 0 premiert

<b>1 Eli Ringdalen</b>				<b>Mo O-Klubb</b>		<i>(0:43min/km)</i>	<b>1:16:43</b>	(+0:00)	
5:38 (1)	19:09 (1)	20:46 (1)	26:37 (1)	37:23 (1)	42:15 (1)	49:53 (1)	1:06:02 (1)	1:12:39 (1)	1:14:44 (1)
5:38/34	13:31/50	1:37/51	5:51/36	10:46/44	4:52/45	7:38/46	16:09/47	6:37/48	2:05/49
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
1:16:43 (1)									
1:59/52									
+0:00 (1)									

## Klasse H45 3,1 km

3 påmeldt, 3 startende 0 premiert

<b>1 Per Rekkedal</b>				<b>Bodø&amp;Omegn IF</b>		<i>(0:74min/km)</i>	<b>40:01</b>	(+0:00)	
2:19 (1)	4:39 (1)	5:41 (1)	15:08 (1)	19:32 (1)	23:35 (1)	26:53 (1)	31:42 (1)	37:26 (1)	39:01 (1)
2:19/40	2:20/50	1:02/51	9:27/176	4:24/44	4:03/45	3:18/46	4:49/54	5:44/48	1:35/49

+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +1:14 (2) +0:00 (1) +0:00 (1) +0:00 (1) +0:13 (2)  
40:01 (1)  
1:00/52  
+0:00 (1)

2 **Jan Kåre Vatne** **Mo O-Klubb** (0:50min/km) **54:16** (+14:15)

2:41 (2) 7:01 (2) 8:07 (2) 18:21 (2) 27:36 (2) 30:25 (2) 36:17 (2) 43:05 (2) 51:12 (2) 52:34 (2)  
2:41/40 4:20/50 1:06/51 10:14/176 9:15/44 2:49/45 5:52/46 6:48/54 8:07/48 1:22/49  
+0:22 (2) +2:00 (2) +0:04 (2) +0:47 (2) +4:51 (2) +0:00 (1) +2:34 (2) +1:59 (2) +2:23 (2) +0:00 (1)  
54:16 (2)  
1:42/52  
+0:42 (2)

**Arnulf Villmo** **Korgen IL** (0:00min/km) **Disk**  
1:43 (1) 13:22 (3) 14:20 (3) 25:18 (3) 31:26 (3) 34:25 (3) 41:21 (3) 41:21 (2) 41:21 (2) 41:21 (2)  
1:43/37 11:39/50 0:58/51 10:58/176 6:08/44 2:59/45 6:56/46  
+0:00 (1) +9:19 (3) +0:00 (1) +1:31 (3) +1:44 (2) +0:10 (2) +3:38 (3) +0:00 (1) +0:00 (1) +0:00 (1)  
41:21 (2)

+0:00 (1)

## Klasse H75 2,4 km

1 påmeldt, 1 startende 0 premiert

**Arnold Danielsen** **Bodø&Omegn IF** (0:33min/km) **Disk**  
4:29 (1) 11:57 (1) 47:52 (1) 56:00 (1) 1:03:17 (1) 1:13:21 (1)  
4:29/40 7:28/36 35:55/44 8:08/45 7:17/46 10:04/37  
+4:29 (1) +7:28 (1) +35:55 (1) +8:08 (1) +7:17 (1) +10:04 (1)

## Klasse D17 3,1 km

2 påmeldt, 2 startende 0 premiert

1 **Elisabeth Rekkedal** **Bodø&Omegn IF** (0:25min/km) **47:48** (+0:00)

3:38 (2) 7:03 (1) 7:57 (1) 20:55 (1) 25:35 (1) 28:17 (1) 35:05 (2) 39:38 (2) 45:06 (1) 46:41 (2)  
3:38/40 3:25/50 0:54/51 12:58/176 4:40/44 2:42/45 6:48/46 4:33/54 5:28/48 1:35/49  
+0:55 (2) +0:00 (1) +0:00 (1) +1:22 (2) +0:00 (1) +0:00 (1) +4:07 (2) +0:20 (2) +0:00 (1) +0:17 (2)  
47:48 (1)  
1:07/52  
+0:00 (1)

2 **Sigrid Ringdalen Vatne** **Mo O-Klubb** (0:41min/km) **48:39** (+0:51)

2:43 (1) 11:47 (2) 12:41 (2) 24:17 (2) 29:14 (2) 31:59 (2) 34:40 (1) 38:53 (1) 45:11 (2) 46:29 (1)  
2:43/40 9:04/50 0:54/51 11:36/176 4:57/44 2:45/45 2:41/46 4:13/54 6:18/48 1:18/49  
+0:00 (1) +5:39 (2) +0:00 (1) +0:00 (1) +0:17 (2) +0:03 (2) +0:00 (1) +0:00 (1) +0:50 (2) +0:00 (1)  
48:39 (2)  
2:10/52  
+1:03 (2)

## Klasse H15-16 3,1 km

1 påmeldt, 0 startende 0 premiert

## Klasse D11-12

1 påmeldt, 1 startende 0 premiert

1 **Ida Hegreberg** **Bodø&Omegn IF** **34:46** (+0:00)

2:53 (1) 7:25 (1) 15:24 (1) 19:14 (1) 20:43 (1) 25:53 (1) 30:30 (1) 33:07 (1) 34:46 (1)  
2:53/37 4:32/175 7:59/45 3:50/38 1:29/32 5:10/39 4:37/48 2:37/49 1:39/52  
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

## Klasse H11-12 2,1 km

2 påmeldt, 2 startende 0 premiert

1 **Petter Jakola** **Bodø&Omegn IF** (0:28min/km) **32:29** (+0:00)

2:03 (1)	6:24 (2)	16:23 (2)	20:33 (1)	21:56 (1)	26:36 (2)	29:10 (1)	31:34 (1)	32:29 (1)
2:03/37	4:21/175	9:59/45	4:10/38	1:23/32	4:40/39	2:34/48	2:24/49	0:55/52
+0:00 (1)	+0:15 (2)	+0:03 (2)	+0:00 (1)	+0:03 (2)	+0:01 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)

**2 Jakob Kalvig Skogan** **Valnesfjord IL** *(0:36min/km)* **32:46** (+0:17)

2:17 (2)	6:23 (1)	16:19 (1)	20:36 (2)	21:56 (1)	26:35 (1)	29:11 (2)	31:35 (2)	32:46 (2)
2:17/37	4:06/175	9:56/45	4:17/38	1:20/32	4:39/39	2:36/48	2:24/49	1:11/52
+0:14 (2)	+0:00 (1)	+0:00 (1)	+0:07 (2)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:00 (1)	+0:16 (2)

## Klasse H55 2,4 km

3 påmeldt, 3 startende 0 premiert

**1 Leif Magne Eggestad** **Bodø&Omegn IF** *(0:68min/km)* **54:45** (+0:00)

2:38 (1)	6:45 (1)	8:05 (1)	12:54 (1)	27:39 (1)	31:05 (1)	36:28 (1)	43:41 (1)	51:13 (1)	53:28 (1)
2:38/34	4:07/50	1:20/51	4:49/36	14:45/44	3:26/45	5:23/46	7:13/47	7:32/48	2:15/49
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:48 (2)	+0:00 (1)	+0:21 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:40 (2)
54:45 (1)									
1:17/52									
+0:10 (2)									

**2 Erling Pedersen** **SISO IL** *(0:72min/km)* **1:34:53** (+40:08)

3:35 (2)	16:33 (2)	18:58 (2)	22:59 (2)	51:39 (2)	54:44 (2)	1:12:28 (2)	1:24:12 (2)	1:32:11 (2)	1:33:46 (2)
3:35/34	12:58/50	2:25/51	4:01/36	28:40/44	3:05/45	17:44/46	11:44/47	7:59/48	1:35/49
+0:57 (2)	+8:51 (2)	+1:05 (2)	+0:00 (1)	+13:55 (2)	+0:00 (1)	+12:21 (2)	+4:31 (2)	+0:27 (2)	+0:00 (1)
1:34:53 (2)									
1:07/52									
+0:00 (1)									

<b>Asbjørn Pedersen</b>			<b>SISO IL</b>			<i>(0:02min/km)</i>		<b>Disk</b>	
3:02 (2)	9:18 (2)	10:36 (2)	16:07 (2)	31:40 (2)	41:27 (2)	1:04:05 (2)	1:04:05 (2)	1:04:05 (2)	1:04:05 (2)
3:02/34	6:16/50	1:18/51	5:31/36	15:33/44	9:47/45	22:38/52			
+0:24 (2)	+2:09 (2)	+0:00 (1)	+1:30 (3)	+0:48 (2)	+6:42 (3)	+17:15 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)
1:04:05 (2)									
+0:00 (1)									