

# Resultater fra KM Lang Skytterbanen 2006-06-17

Det var totalt 92 deltagere.

## Klasse N-åpen 1,0 km

15 påmeldt, 15 startende

Marte Aanes	Korgen IL
Valter Johan Bullvåg	Bodø&Omegn IF
Nils Magnus Håland	Korgen IL
Ragna Håland	Korgen IL
Trine Marie Karlseng	Mo O-Klubb
Even-Johan Kaspersen	Mo O-Klubb
Ole-Kristian Kaspersen	Mo O-Klubb
Eli Kolstad	Mo O-Klubb
Åshild Kolstad	Mo O-Klubb
Emma Odden	Korgen IL
Nanna Odden	Korgen IL
Lotte E. Reitan	Bodø&Omegn IF
Camilla Skaret	Mo O-Klubb
Henriette Skaret	Mo O-Klubb
Martha Kalvig Skogan	Bodø&Omegn IF

## Klasse H11-12 2,5 km

5 påmeldt, 5 startende 2 premiert

1	Jørgen Jakola	Bodø&Omegn IF	(10,85min/km)	<b>27:08</b>	
	4:04 (1) 5:48 (1) 9:13 (1) 13:12 (1) 17:06 (1) 22:21 (1) 26:18 (1) 27:08 (1)				
	4:04/138 1:44/151 3:25/39 3:59/149 3:54/40 5:15/168 3:57/96 0:50/150				
	+0:00 (1) +0:14 (2) +0:24 (3) +0:25 (2) +0:08 (2) +0:08 (2) +0:00 (1) +0:16 (3)				
2	Håkon Hegreberg	Bodø&Omegn IF	(11,60min/km)	<b>29:00</b>	(+1:52)
	6:08 (2) 7:52 (2) 11:07 (2) 15:23 (2) 19:09 (2) 24:16 (2) 28:26 (2) 29:00 (2)				
	6:08/138 1:44/151 3:15/39 4:16/149 3:46/40 5:07/168 4:10/96 0:34/150				
	+2:04 (2) +0:14 (2) +0:14 (2) +0:42 (3) +0:00 (1) +0:00 (1) +0:13 (3) +0:00 (1)				
3	Fredrik Kristiansen	Bodø&Omegn IF	(13,13min/km)	<b>32:49</b>	(+5:41)
	10:52 (3) 12:22 (3) 15:23 (3) 18:57 (3) 22:55 (3) 28:10 (3) 32:09 (3) 32:49 (3)				
	10:52/138 1:30/151 3:01/39 3:34/149 3:58/40 5:15/168 3:59/96 0:40/149				
	+6:48 (3) +0:00 (1) +0:00 (1) +0:00 (1) +0:12 (3) +0:08 (2) +0:02 (2) +0:06 (2)				
	Marius Johansen	Korgen IL	(26,74min/km)	<b>Disk</b>	(+39:43)
	1:06:51 (4) 1:06:51 (4) 1:06:51 (4) 1:06:51 (4) 1:06:51 (4) 1:06:51 (4) 1:06:51 (4) 1:06:51 (4)				
	1:06:51/150				
	+1:02:47 (4) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)				
	Ask Kleist Godal	Bodø&Omegn IF	(2,41min/km)	<b>Brutt</b>	
	4:36 (2) 6:01 (2) 6:01 (1) 6:01 (1) 6:01 (1) 6:01 (1) 6:01 (1) 6:01 (1)				
	4:36/138 1:25/151				
	+0:32 (2) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)				

## Klasse D11-12 2,5 km

7 påmeldt, 7 startende 3 premiert

1	Mathilde Rundhaug	Mo O-Klubb	(9,70min/km)	<b>24:15</b>	
	3:31 (1) 5:08 (1) 9:59 (1) 12:43 (1) 16:38 (1) 20:19 (1) 23:36 (1) 24:15 (1)				
	3:31/138 1:37/151 4:51/39 2:44/149 3:55/40 3:41/168 3:17/96 0:39/149				
	+0:00 (1) +0:16 (3) +1:32 (4) +0:40 (3) +0:24 (3) +0:00 (1) +0:15 (2) +0:06 (2)				
2	Sigrid Bech Umland	Korgen IL	(11,18min/km)	<b>27:57</b>	(+3:42)
	8:37 (6) 9:58 (5) 13:17 (3) 16:47 (3) 20:18 (3) 24:22 (2) 27:24 (2) 27:57 (2)				
	8:37/138 1:21/151 3:19/39 3:30/149 3:31/40 4:04/168 3:02/96 0:33/149				
	+5:06 (6) +0:00 (1) +0:00 (1) +1:26 (5) +0:00 (1) +0:23 (2) +0:00 (1) +0:00 (1)				
3	Mari E. Reitan	Bodø&Omegn IF	(12,25min/km)	<b>30:38</b>	(+6:23)
	5:29 (2) 7:22 (2) 12:04 (2) 14:51 (2) 19:25 (2) 25:27 (3) 29:50 (3) 30:38 (3)				

	5:29/138	1:53/151	4:42/39	2:47/149	4:34/40	6:02/168	4:23/96	0:48/150		
	+1:58 (2)	+0:32 (4)	+1:23 (3)	+0:43 (4)	+1:03 (5)	+2:21 (5)	+1:21 (4)	+0:15 (5)		
<b>4</b>	<b>Ingvild Oxaas Wie</b>						<b>Mo O-Klubb</b>	<b>(12,84min/km)</b>	<b>32:06</b>	<b>(+7:51)</b>
	7:24 (4)	9:23 (4)	15:19 (4)	17:23 (4)	21:17 (4)	27:01 (4)	31:24 (4)	32:06 (4)		
	7:24/138	1:59/151	5:56/39	2:04/149	3:54/40	5:44/168	4:23/96	0:42/149		
	+3:53 (4)	+0:38 (5)	+2:37 (5)	+0:00 (1)	+0:23 (2)	+2:03 (4)	+1:21 (4)	+0:09 (3)		
<b>5</b>	<b>Maria Bech Urland</b>						<b>Korgen IL</b>	<b>(12,93min/km)</b>	<b>32:19</b>	<b>(+8:04)</b>
	6:46 (3)	8:17 (3)	16:05 (5)	18:46 (5)	22:48 (5)	27:15 (5)	31:33 (5)	32:19 (5)		
	6:46/138	1:31/151	7:48/39	2:41/149	4:02/40	4:27/168	4:18/96	0:46/150		
	+3:15 (3)	+0:10 (2)	+4:29 (6)	+0:37 (2)	+0:31 (4)	+0:46 (3)	+1:16 (3)	+0:13 (4)		
<b>6</b>	<b>Helene Kristoffersen</b>						<b>Mo O-Klubb</b>	<b>(23,76min/km)</b>	<b>59:24</b>	<b>(+35:09)</b>
	7:34 (5)	16:59 (6)	21:33 (6)	33:37 (6)	43:42 (6)	50:12 (6)	58:01 (6)	59:24 (6)		
	7:34/138	9:25/151	4:34/39	12:04/149	10:05/40	6:30/168	7:49/96	1:23/150		
	+4:03 (5)	+8:04 (6)	+1:15 (2)	+10:00 (6)	+6:34 (6)	+2:49 (6)	+4:47 (6)	+0:50 (6)		
	<b>Björg Håland</b>						<b>Korgen IL</b>	<b>(33,23min/km)</b>	<b>Disk</b>	<b>(+58:49)</b>
	10:39 (7)	14:13 (6)	1:02:00 (7)	1:16:02 (7)	1:21:48 (7)	1:23:04 (7)	1:23:04 (7)	1:23:04 (7)		
	10:39/138	3:34/151	47:47/174	14:02/168	5:46/96	1:16/150				
	+7:08 (7)	+2:13 (6)	+44:28 (7)	+11:58 (7)	+2:15 (6)	+0:00 (1)	+0:00 (1)	+0:00 (1)		

## Klasse H13-14 3,4 km

6 påmeldt, 6 startende 2 premiert

<b>1</b>	<b>Petter Jakola</b>						<b>Bodø&amp;Omegn IF</b>	<b>(11,56min/km)</b>	<b>38:50</b>	
	3:58 (1)	6:27 (1)	16:41 (2)	21:32 (1)	23:03 (1)	26:43 (1)	28:09 (1)	33:27 (1)	37:03 (1)	37:32 (1)
	3:58/174	2:29/149	10:14/39	4:51/154	1:31/175	3:40/138	1:26/40	5:18/148	3:36/172	0:29/137
	+0:00 (1)	+0:46 (3)	+5:58 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:17 (3)	+0:00 (1)
	38:50 (1)									
	1:18/150									
	+0:10 (3)									
<b>2</b>	<b>Torbjørn Høsli Olsen</b>						<b>Bodø&amp;Omegn IF</b>	<b>(13,09min/km)</b>	<b>43:59</b>	<b>(+5:09)</b>
	6:12 (4)	8:19 (2)	13:49 (1)	23:34 (2)	25:30 (2)	29:36 (2)	31:11 (2)	37:45 (2)	42:15 (2)	42:51 (2)
	6:12/174	2:07/149	5:30/39	9:45/154	1:56/175	4:06/138	1:35/40	6:34/148	4:30/172	0:36/137
	+2:14 (4)	+0:24 (2)	+1:14 (2)	+4:54 (4)	+0:25 (2)	+0:26 (3)	+0:09 (2)	+1:16 (3)	+1:11 (4)	+0:07 (2)
	43:59 (2)									
	1:08/150									
	+0:00 (1)									
<b>3</b>	<b>Jakob Kalvig Skogan</b>						<b>Bodø&amp;Omegn IF</b>	<b>(14,29min/km)</b>	<b>48:00</b>	<b>(+9:10)</b>
	6:00 (3)	12:26 (4)	19:26 (3)	26:39 (3)	29:00 (3)	33:31 (3)	35:31 (3)	42:41 (3)	46:02 (3)	46:42 (3)
	6:00/174	6:26/149	7:00/39	7:13/154	2:21/175	4:31/138	2:00/40	7:10/148	3:21/172	0:40/137
	+2:02 (3)	+4:43 (5)	+2:44 (3)	+2:22 (3)	+0:50 (4)	+0:51 (4)	+0:34 (3)	+1:52 (4)	+0:02 (2)	+0:11 (3)
	48:00 (3)									
	1:18/149									
	+0:10 (3)									
<b>4</b>	<b>Joar Klæboe Henriksen</b>						<b>Bodø&amp;Omegn IF</b>	<b>(18,23min/km)</b>	<b>1:01:15</b>	<b>(+22:25)</b>
	5:02 (2)	10:46 (3)	35:43 (5)	41:50 (4)	44:01 (4)	47:53 (4)	50:00 (4)	56:01 (4)	59:20 (4)	1:00:02 (4)
	5:02/174	5:44/149	24:57/39	6:07/154	2:11/175	3:52/138	2:07/40	6:01/148	3:19/172	0:42/137
	+1:04 (2)	+4:01 (4)	+20:41 (5)	+1:16 (2)	+0:40 (3)	+0:12 (2)	+0:41 (4)	+0:43 (2)	+0:00 (1)	+0:13 (4)
	1:01:15 (4)									
	1:13/150									
	+0:05 (2)									
<b>5</b>	<b>Sigurd Oxaas Wie</b>						<b>Mo O-Klubb</b>	<b>(32,61min/km)</b>	<b>1:49:34</b>	<b>(+1:10:44)</b>
	25:31 (5)	27:14 (5)	31:30 (4)	55:32 (5)	58:54 (5)	1:11:46 (5)	1:14:46 (5)	1:40:13 (5)	1:45:46 (5)	1:47:28 (5)
	25:31/174	1:43/149	4:16/39	24:02/154	3:22/175	12:52/138	3:00/40	25:27/148	5:33/172	1:42/137
	+21:33 (5)	+0:00 (1)	+0:00 (1)	+19:11 (5)	+1:51 (5)	+9:12 (5)	+1:34 (5)	+20:09 (5)	+2:14 (5)	+1:13 (5)
	1:49:34 (5)									
	2:06/149									
	+0:58 (5)									
	<b>Sander Pettersen</b>						<b>Bodø&amp;Omegn IF</b>	<b>(14,68min/km)</b>	<b>Disk</b>	<b>(+10:29)</b>
	8:24 (5)	14:22 (5)	24:42 (4)	29:41 (4)	31:36 (4)	35:38 (4)	37:28 (4)	43:42 (4)	47:51 (4)	48:47 (4)
	8:24/174	5:58/149	10:20/39	4:59/154	1:55/175	4:02/138	1:50/40	6:14/148	4:09/172	0:56/96

+4:26 (5) +4:15 (5) +6:04 (5) +0:08 (2) +0:24 (2) +0:22 (3) +0:24 (3) +0:56 (3) +0:50 (4) +0:27 (5)  
 49:19 (4)  
 0:32/149  
 +0:00 (1)

## Klasse D13-14 3,4 km

2 påmeldt, 2 startende 1 premiert

1	Kristine Masterdalshei	Mo O-Klubb	(10,70min/km)	<b>35:57</b>
	6:05 (1) 7:45 (1) 10:51 (1) 15:53 (1) 17:28 (1) 21:11 (1) 22:59 (1) 29:19 (1) 34:17 (1) 34:52 (1)			
	6:05/174 1:40/149 3:06/39 5:02/154 1:35/175 3:43/138 1:48/40 6:20/148 4:58/172 0:35/137			
	+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)			
	35:57 (1)			
	1:05/150			
	+0:00 (1)			
2	Ida Hegreberg	Bodø&Omegn IF	(16,80min/km)	<b>56:27 (+20:30)</b>
	7:09 (2) 8:53 (2) 12:52 (2) 21:34 (2) 31:32 (2) 37:41 (2) 40:38 (2) 47:59 (2) 53:24 (2) 54:39 (2)			
	7:09/174 1:44/149 3:59/39 8:42/154 9:58/175 6:09/138 2:57/40 7:21/148 5:25/172 1:15/137			
	+1:04 (2) +0:04 (2) +0:53 (2) +3:40 (2) +8:23 (2) +2:26 (2) +1:09 (2) +1:01 (2) +0:27 (2) +0:40 (2)			
	56:27 (2)			
	1:48/150			
	+0:43 (2)			

## Klasse H15-16 5,3 km

4 påmeldt, 4 startende 2 premiert

1	Henning Masterdalshei	Mo O-Klubb	(10,93min/km)	<b>58:16</b>
	4:22 (1) 8:32 (1) 10:03 (1) 25:44 (1) 31:32 (1) 37:34 (1) 39:56 (1) 42:34 (1) 45:06 (1) 51:11 (1)			
	4:22/141 4:10/161 1:31/170 15:41/44 5:48/49 6:02/41 2:22/37 2:38/32 2:32/174 6:05/157			
	+0:00 (1) +0:16 (2) +0:09 (2) +1:22 (2) +3:48 (4) +0:50 (2) +0:22 (2) +0:00 (1) +0:56 (4) +0:00 (1)			
	54:09 (1) 56:56 (1) 57:23 (1) 58:16 (1)			
	2:58/148 2:47/172 0:27/137 0:53/149			
	+0:00 (1) +0:00 (1) +0:03 (3) +0:03 (2)			
2	Helge Bech Umland	Korgen IL	(13,98min/km)	<b>1:14:31 (+16:15)</b>
	5:29 (3) 19:06 (4) 26:32 (4) 40:51 (2) 43:54 (2) 50:54 (2) 53:28 (2) 56:16 (2) 58:18 (2) 1:06:20 (2)			
	5:29/141 13:37/161 7:26/170 14:19/44 3:03/49 7:00/41 2:34/37 2:48/32 2:02/174 8:02/157			
	+1:07 (3) +9:43 (4) +6:04 (4) +0:00 (1) +1:03 (3) +1:48 (3) +0:34 (3) +0:10 (2) +0:26 (3) +1:57 (4)			
	1:09:42 (2) 1:13:07 (2) 1:13:35 (2) 1:14:31 (2)			
	3:22/148 3:25/172 0:28/137 0:56/149			
	+0:24 (2) +0:38 (4) +0:04 (4) +0:06 (3)			
3	Magnus Beyer Brattli	Mo O-Klubb	(14,40min/km)	<b>1:16:45 (+18:29)</b>
	7:23 (4) 11:17 (3) 12:39 (3) 43:58 (3) 45:58 (3) 54:19 (3) 57:14 (3) 1:00:20 (3) 1:01:56 (3) 1:08:16 (3)			
	7:23/141 3:54/161 1:22/170 31:19/44 2:00/49 8:21/41 2:55/37 3:06/32 1:36/174 6:20/157			
	+3:01 (4) +0:00 (1) +0:00 (1) +17:00 (3) +0:00 (1) +3:09 (4) +0:55 (4) +0:28 (4) +0:00 (1) +0:15 (3)			
	1:11:54 (3) 1:15:16 (3) 1:15:40 (3) 1:16:45 (3)			
	3:38/148 3:22/172 0:24/137 1:05/150			
	+0:40 (3) +0:35 (3) +0:00 (1) +0:15 (4)			
4	Yngve Skogstad	Mo O-Klubb	(15,11min/km)	<b>1:20:31 (+22:15)</b>
	4:35 (2) 8:54 (2) 10:49 (2) 51:44 (4) 54:00 (4) 59:12 (4) 1:01:12 (4) 1:04:10 (4) 1:05:51 (4) 1:11:59 (4)			
	4:35/141 4:19/161 1:55/170 40:55/44 2:16/49 5:12/41 2:00/37 2:58/32 1:41/174 6:08/157			
	+0:13 (2) +0:25 (3) +0:33 (3) +26:36 (4) +0:16 (2) +0:00 (1) +0:00 (1) +0:20 (3) +0:05 (2) +0:03 (2)			
	1:16:14 (4) 1:19:17 (4) 1:19:41 (4) 1:20:31 (4)			
	4:15/148 3:03/172 0:24/137 0:50/150			
	+1:17 (4) +0:16 (2) +0:00 (1) +0:00 (1)			

## Klasse H17-20 8,0 km

3 påmeldt, 3 startende 1 premiert

1	Vegard Skogstad	Mo O-Klubb	(11,30min/km)	<b>1:30:30</b>
	2:56 (2) 8:27 (2) 30:18 (2) 33:48 (2) 35:18 (2) 38:26 (1) 53:15 (2) 1:00:16 (1) 1:06:58 (1) 1:11:23 (1)			
	2:56/175 5:31/152 21:51/45 3:30/48 1:30/46 3:08/42 14:49/50 7:01/77 6:42/47 4:25/37			

+0:12 (2)	+2:24 (3)	+4:48 (2)	+0:31 (3)	+0:00 (1)	+1:00 (2)	+2:32 (3)	+0:00 (1)	+3:04 (2)	+0:24 (2)
1:12:36 (1)	1:15:47 (1)	1:21:16 (1)	1:26:12 (1)	1:29:00 (1)	1:29:27 (1)	1:30:30 (1)			
1:13/38	3:11/174	5:29/157	4:56/158	2:48/172	0:27/137	1:03/149			
+0:08 (2)	+0:00 (1)	+1:09 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:05 (3)			

2 Glenn Knædal Mo O-Klubb (12,08min/km) **1:36:45 (+6:15)**

2:44 (1)	5:51 (1)	22:54 (1)	25:53 (1)	27:42 (1)	39:23 (3)	51:40 (1)	1:01:16 (2)	1:10:10 (2)	1:17:27 (3)
2:44/175	3:07/152	17:03/45	2:59/48	1:49/46	11:41/42	12:17/50	9:36/77	8:54/47	7:17/37
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:19 (3)	+9:33 (3)	+0:00 (1)	+2:35 (2)	+5:16 (3)	+3:16 (3)
1:18:51 (3)	1:22:55 (3)	1:27:15 (3)	1:32:12 (2)	1:35:18 (2)	1:35:46 (2)	1:36:45 (2)			
1:24/38	4:04/174	4:20/157	4:57/158	3:06/172	0:28/137	0:59/149			
+0:19 (3)	+0:53 (3)	+0:00 (1)	+0:01 (2)	+0:18 (2)	+0:01 (2)	+0:01 (2)			

3 Kristoffer Rundhaug Mo O-Klubb (12,45min/km) **1:39:43 (+9:13)**

3:24 (3)	8:29 (3)	32:06 (3)	35:17 (3)	37:00 (3)	39:08 (2)	53:44 (3)	1:06:52 (3)	1:10:30 (3)	1:14:31 (2)
3:24/175	5:05/152	23:37/45	3:11/48	1:43/46	2:08/42	14:36/50	13:08/77	3:38/47	4:01/37
+0:40 (3)	+1:58 (2)	+6:34 (3)	+0:12 (2)	+0:13 (2)	+0:00 (1)	+2:19 (2)	+6:07 (3)	+0:00 (1)	+0:00 (1)
1:15:36 (2)	1:18:53 (2)	1:24:49 (2)	1:33:15 (3)	1:37:50 (3)	1:38:45 (3)	1:39:43 (3)			
1:05/38	3:17/174	5:56/157	8:26/158	4:35/172	0:55/137	0:58/150			
+0:00 (1)	+0:06 (2)	+1:36 (3)	+3:30 (3)	+1:47 (3)	+0:28 (3)	+0:00 (1)			

## Klasse D17-20 7,2 km

2 påmeldt, 2 startende 1 premiert

1 Sigrid Ringdalen Vatne Mo O-Klubb (10,89min/km) **1:18:16**

5:25 (1)	8:03 (1)	29:41 (1)	35:07 (1)	44:28 (1)	47:09 (1)	52:59 (1)	56:03 (1)	59:14 (1)	1:01:30 (1)
5:25/141	2:38/152	21:38/45	5:26/42	9:21/44	2:41/49	5:50/41	3:04/37	3:11/32	2:16/174
+0:00 (1)	+0:00 (1)	+0:00 (1)	+1:18 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:12 (2)
1:07:17 (1)	1:12:44 (1)	1:16:08 (1)	1:16:52 (1)	1:18:16 (1)					
5:47/157	5:27/158	3:24/172	0:44/137	1:24/150					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:05 (2)	+0:02 (2)					

2 Marit Wenseth Kure Bodø&Omegn IF (12,03min/km) **1:26:29 (+8:13)**

7:08 (2)	10:14 (2)	33:37 (2)	37:45 (2)	49:42 (2)	52:23 (2)	59:26 (2)	1:02:56 (2)	1:06:07 (2)	1:08:11 (2)
7:08/141	3:06/152	23:23/45	4:08/42	11:57/44	2:41/49	7:03/41	3:30/37	3:11/32	2:04/174
+1:43 (2)	+0:28 (2)	+1:45 (2)	+0:00 (1)	+2:36 (2)	+0:00 (1)	+1:13 (2)	+0:26 (2)	+0:00 (1)	+0:00 (1)
1:15:09 (2)	1:20:42 (2)	1:24:28 (2)	1:25:07 (2)	1:26:29 (2)					
6:58/157	5:33/158	3:46/172	0:39/137	1:22/150					
+1:11 (2)	+0:06 (2)	+0:22 (2)	+0:00 (1)	+0:00 (1)					

## Klasse H17AK 5,3 km

5 påmeldt, 5 startende 1 premiert

1 Antoine Chaboud Korgen IL (9,42min/km) **50:11**

4:27 (2)	8:57 (2)	10:34 (2)	20:33 (1)	24:21 (1)	29:47 (1)	32:49 (1)	35:35 (1)	37:31 (1)	42:56 (1)
4:27/141	4:30/161	1:37/170	9:59/44	3:48/49	5:26/41	3:02/37	2:46/32	1:56/174	5:25/157
+0:09 (2)	+0:17 (2)	+0:00 (1)	+0:00 (1)	+0:54 (4)	+0:00 (1)	+0:08 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)
46:04 (1)	48:33 (1)	49:05 (1)	50:11 (1)						
3:08/148	2:29/172	0:32/137	1:06/150						
+0:03 (2)	+0:00 (1)	+0:00 (1)	+0:02 (2)						

2 Erlend Bullvåg Bodø&Omegn IF (11,82min/km) **1:03:01 (+12:50)**

5:51 (3)	11:12 (3)	13:36 (3)	26:15 (3)	29:25 (3)	37:52 (3)	41:11 (2)	44:44 (2)	47:06 (2)	53:42 (2)
5:51/141	5:21/161	2:24/170	12:39/44	3:10/49	8:27/41	3:19/37	3:33/32	2:22/174	6:36/157
+1:33 (3)	+1:08 (3)	+0:47 (3)	+2:40 (3)	+0:16 (2)	+3:01 (5)	+0:25 (3)	+0:47 (4)	+0:26 (3)	+1:11 (3)
57:26 (2)	1:01:05 (2)	1:01:44 (2)	1:03:01 (2)						
3:44/148	3:39/172	0:39/137	1:17/149						
+0:39 (3)	+1:10 (4)	+0:07 (2)	+0:13 (3)						

3 Tore Jakola Bodø&Omegn IF (12,56min/km) **1:06:58 (+16:47)**

4:18 (1)	8:31 (1)	10:09 (1)	22:20 (2)	26:31 (2)	32:39 (2)	43:24 (3)	46:46 (3)	48:43 (3)	54:34 (3)
4:18/141	4:13/161	1:38/170	12:11/44	4:11/49	6:08/41	10:45/37	3:22/32	1:57/174	5:51/157
+0:00 (1)	+0:00 (1)	+0:01 (2)	+2:12 (2)	+1:17 (5)	+0:42 (2)	+7:51 (5)	+0:36 (3)	+0:01 (2)	+0:26 (2)
57:39 (3)	1:05:15 (3)	1:05:54 (3)	1:06:58 (3)						
3:05/148	7:36/172	0:39/137	1:04/150						
+0:00 (1)	+5:07 (5)	+0:07 (2)	+0:00 (1)						

4	Bjørnar Hegreberg		Bodø&Omegn IF	(14,44min/km)	1:16:59	(+26:48)				
	6:50 (5)	12:35 (5)	15:31 (5)	32:44 (4)	35:38 (4)	43:14 (4)	46:08 (4)	49:28 (4)	52:00 (4)	59:56 (4)
	6:50/141	5:45/161	2:56/170	17:13/44	2:54/49	7:36/41	2:54/37	3:20/32	2:32/174	7:56/157
	+2:32 (5)	+1:32 (4)	+1:19 (5)	+7:14 (4)	+0:00 (1)	+2:10 (3)	+0:00 (1)	+0:34 (2)	+0:36 (4)	+2:31 (4)
	1:11:03 (4)	1:14:37 (4)	1:15:22 (4)	1:16:59 (4)						
	11:07/148	3:34/172	0:45/137	1:37/150						
	+8:02 (5)	+1:05 (2)	+0:13 (4)	+0:33 (5)						

5	Geir Moen		Bodø&Omegn IF	(14,45min/km)	1:17:00	(+26:49)				
	5:58 (4)	12:09 (4)	14:41 (4)	33:42 (5)	37:11 (5)	45:25 (5)	50:37 (5)	54:40 (5)	57:53 (5)	1:06:11 (5)
	5:58/141	6:11/161	2:32/170	19:01/44	3:29/49	8:14/41	5:12/37	4:03/32	3:13/174	8:18/157
	+1:40 (4)	+1:58 (5)	+0:55 (4)	+9:02 (5)	+0:35 (3)	+2:48 (4)	+2:18 (4)	+1:17 (5)	+1:17 (5)	+2:53 (5)
	1:11:12 (5)	1:14:46 (5)	1:15:38 (5)	1:17:00 (5)						
	5:01/148	3:34/172	0:52/137	1:22/150						
	+1:56 (4)	+1:05 (2)	+0:20 (5)	+0:18 (4)						

## Klasse D17AK 4,1 km

1 påmeldt, 1 startende 1 premiert

1	Elisabeth Rekkedal		Bodø&Omegn IF	(14,24min/km)	58:07					
	6:20 (1)	10:57 (1)	23:06 (1)	27:25 (1)	29:36 (1)	36:30 (1)	38:51 (1)	47:30 (1)	51:07 (1)	55:42 (1)
	6:20/154	4:37/161	12:09/37	4:19/41	2:11/47	6:54/32	2:21/174	8:39/157	3:37/148	4:35/172
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	56:17 (1)	58:07 (1)								
	0:35/137	1:50/150								
	+0:00 (1)	+0:00 (1)								

## Klasse H17C 2,5 km

2 påmeldt, 2 startende 1 premiert

1	Ole Morten Kristiansen		Bodø&Omegn IF	(26,25min/km)	1:05:37					
	11:11 (1)	12:39 (1)	16:06 (1)	36:21 (1)	57:10 (2)	1:01:32 (2)	1:05:02 (1)	1:05:37 (1)		
	11:11/138	1:28/151	3:27/39	20:15/149	20:49/40	4:22/168	3:30/96	0:35/150		
	+0:00 (1)	+0:03 (2)	+0:00 (1)	+0:00 (1)	+15:04 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
2	Frode Ikdahl		Bodø&Omegn IF	(26,79min/km)	1:06:58	(+1:21)				
	19:31 (2)	20:56 (2)	24:47 (2)	47:38 (2)	53:23 (1)	1:00:09 (1)	1:06:10 (2)	1:06:58 (2)		
	19:31/138	1:25/151	3:51/39	22:51/149	5:45/40	6:46/168	6:01/96	0:48/149		
	+8:20 (2)	+0:00 (1)	+0:24 (2)	+2:36 (2)	+0:00 (1)	+2:24 (2)	+2:31 (2)	+0:13 (2)		

## Klasse H21- 10,1 km

8 påmeldt, 8 startende 1 premiert

1	Arild Hegreberg		Bodø&Omegn IF	(7,53min/km)	1:16:08					
	2:13 (1)	5:17 (1)	19:17 (1)	21:36 (1)	22:47 (1)	24:45 (1)	32:59 (1)	39:01 (1)	41:28 (1)	44:06 (1)
	2:13/175	3:04/152	14:00/45	2:19/48	1:11/46	1:58/42	8:14/50	6:02/77	2:27/47	2:38/38
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:04 (2)	+0:19 (3)	+0:00 (1)	+2:14 (5)	+0:00 (1)	+0:00 (1)
	46:07 (1)	52:09 (1)	53:57 (1)	58:03 (1)	59:47 (1)	1:01:49 (1)	1:03:20 (1)	1:07:56 (1)	1:12:27 (1)	1:14:38 (1)
	2:01/147	6:02/44	1:48/49	4:06/41	1:44/37	2:02/32	1:31/174	4:36/157	4:31/158	2:11/172
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:47 (6)	+0:00 (1)
	1:15:09 (1)	1:16:08 (1)								
	0:31/137	0:59/150								
	+0:02 (2)	+0:00 (1)								
2	Håvard Berg		Bodø&Omegn IF	(9,08min/km)	1:31:49	(+15:41)				
	2:47 (5)	6:36 (5)	24:34 (5)	27:52 (6)	29:17 (6)	31:16 (5)	41:32 (3)	46:09 (4)	49:51 (3)	52:56 (3)
	2:47/175	3:49/152	17:58/45	3:18/48	1:25/46	1:59/42	10:16/50	4:37/77	3:42/47	3:05/38
	+0:34 (5)	+0:45 (4)	+3:58 (5)	+0:59 (7)	+0:18 (4)	+0:20 (4)	+2:02 (3)	+0:49 (4)	+1:15 (3)	+0:27 (4)
	55:37 (3)	1:02:29 (2)	1:05:04 (2)	1:10:18 (2)	1:12:34 (2)	1:15:06 (2)	1:17:16 (2)	1:23:03 (2)	1:27:08 (2)	1:29:50 (2)
	2:41/147	6:52/44	2:35/49	5:14/41	2:16/37	2:32/32	2:10/174	5:47/157	4:05/158	2:42/172
	+0:40 (5)	+0:50 (2)	+0:47 (5)	+1:08 (3)	+0:32 (2)	+0:30 (4)	+0:39 (6)	+1:11 (4)	+0:21 (3)	+0:31 (2)
	1:30:29 (2)	1:31:49 (2)								
	0:39/137	1:20/150								
	+0:10 (5)	+0:21 (6)								

<b>3</b>	<b>Lars Petter Rekkedal</b>		<b>Bodø&amp;Omegn IF</b>		<b>(9,50min/km)</b>		<b>1:36:02</b>	<b>(+19:54)</b>	
	2:52 (6)	6:42 (6)	26:30 (7)	29:19 (7)	30:26 (7)	32:57 (7)	42:36 (6)	48:57 (6)	53:50 (5)
	2:52/175	3:50/152	19:48/45	2:49/48	1:07/46	2:31/42	9:39/50	6:21/77	4:53/47
	+0:39 (6)	+0:46 (5)	+5:48 (7)	+0:30 (4)	+0:00 (1)	+0:52 (7)	+1:25 (2)	+2:33 (6)	+2:26 (5)
	1:00:07 (6)	1:07:06 (5)	1:08:57 (5)	1:14:25 (5)	1:17:42 (5)	1:20:11 (4)	1:22:11 (4)	1:27:09 (3)	1:31:26 (3)
	2:56/147	6:59/44	1:51/49	5:28/41	3:17/37	2:29/32	2:00/174	4:58/157	4:17/158
	+0:55 (7)	+0:57 (3)	+0:03 (2)	+1:22 (5)	+1:33 (4)	+0:27 (2)	+0:29 (5)	+0:22 (2)	+0:33 (4)
	1:34:52 (3)	1:36:02 (3)							
	0:31/137	1:10/150							
	+0:02 (2)	+0:11 (5)							
<b>4</b>	<b>Kristian Hines</b>		<b>Herringen IL</b>		<b>(9,57min/km)</b>		<b>1:36:47</b>	<b>(+20:39)</b>	
	2:35 (3)	6:27 (3)	23:25 (3)	26:17 (3)	27:48 (3)	29:39 (3)	41:38 (4)	46:07 (3)	52:25 (4)
	2:35/175	3:52/152	16:58/45	2:52/48	1:31/46	1:51/42	11:59/50	4:29/77	6:18/47
	+0:22 (3)	+0:48 (6)	+2:58 (3)	+0:33 (5)	+0:24 (7)	+0:12 (2)	+3:45 (6)	+0:41 (3)	+3:51 (7)
	58:20 (4)	1:05:31 (4)	1:08:24 (4)	1:13:14 (4)	1:15:54 (3)	1:20:05 (3)	1:21:52 (3)	1:27:57 (4)	1:32:14 (4)
	2:27/147	7:11/44	2:53/49	4:50/41	2:40/37	4:11/32	1:47/174	6:05/157	4:17/158
	+0:26 (3)	+1:09 (4)	+1:05 (7)	+0:44 (2)	+0:56 (3)	+2:09 (5)	+0:16 (2)	+1:29 (6)	+0:33 (4)
	1:35:48 (4)	1:36:47 (4)							
	0:31/137	0:59/150							
	+0:02 (2)	+0:00 (1)							
<b>5</b>	<b>Lars Reitan</b>		<b>Bodø&amp;Omegn IF</b>		<b>(9,88min/km)</b>		<b>1:39:54</b>	<b>(+23:46)</b>	
	2:19 (2)	6:02 (2)	22:20 (2)	24:56 (2)	26:21 (2)	28:30 (2)	38:53 (2)	42:41 (2)	47:40 (2)
	2:19/175	3:43/152	16:18/45	2:36/48	1:25/46	2:09/42	10:23/50	3:48/77	4:59/47
	+0:06 (2)	+0:39 (2)	+2:18 (2)	+0:17 (3)	+0:18 (4)	+0:30 (5)	+2:09 (4)	+0:00 (1)	+2:32 (6)
	52:39 (2)	1:04:16 (3)	1:06:20 (3)	1:11:38 (3)	1:16:43 (4)	1:22:30 (5)	1:25:44 (6)	1:31:34 (6)	1:35:18 (5)
	2:17/147	11:37/44	2:04/49	5:18/41	5:05/37	5:47/32	3:14/174	5:50/157	3:44/158
	+0:16 (2)	+5:35 (8)	+0:16 (3)	+1:12 (4)	+3:21 (7)	+3:45 (6)	+1:43 (7)	+1:14 (5)	+0:00 (1)
	1:38:47 (5)	1:39:54 (5)							
	0:39/137	1:07/150							
	+0:10 (5)	+0:08 (4)							
<b>6</b>	<b>Ole Morten Wie</b>		<b>Mo O-Klubb</b>		<b>(10,69min/km)</b>		<b>1:48:04</b>	<b>(+31:56)</b>	
	2:58 (7)	6:42 (6)	23:48 (4)	26:52 (4)	28:21 (4)	31:35 (6)	42:16 (5)	46:33 (5)	54:16 (6)
	2:58/175	3:44/152	17:06/45	3:04/48	1:29/46	3:14/42	10:41/50	4:17/77	7:43/47
	+0:45 (7)	+0:40 (3)	+3:06 (4)	+0:45 (6)	+0:22 (6)	+1:35 (8)	+2:27 (5)	+0:29 (2)	+5:16 (8)
	59:52 (5)	1:08:58 (6)	1:11:40 (6)	1:17:17 (6)	1:20:46 (6)	1:23:17 (6)	1:25:13 (5)	1:31:30 (5)	1:42:58 (6)
	2:34/147	9:06/44	2:42/49	5:37/41	3:29/37	2:31/32	1:56/174	6:17/157	11:28/158
	+0:33 (4)	+3:04 (6)	+0:54 (6)	+1:31 (6)	+1:45 (5)	+0:29 (3)	+0:25 (4)	+1:41 (7)	+7:44 (8)
	1:46:34 (6)	1:48:04 (6)							
	0:43/137	1:30/149							
	+0:14 (7)	+0:31 (8)							
<b>7</b>	<b>Martin Herringbotn</b>		<b>Herringen IL</b>		<b>(11,97min/km)</b>		<b>2:01:04</b>	<b>(+44:56)</b>	
	2:35 (3)	6:34 (4)	24:47 (6)	27:22 (5)	28:35 (5)	30:14 (4)	53:44 (7)	1:00:08 (7)	1:03:45 (7)
	2:35/175	3:59/152	18:13/45	2:35/48	1:13/46	1:39/42	23:30/50	6:24/77	3:37/47
	+0:22 (3)	+0:55 (7)	+4:13 (6)	+0:16 (2)	+0:06 (3)	+0:00 (1)	+15:16 (8)	+2:36 (7)	+1:10 (2)
	1:09:53 (7)	1:17:32 (7)	1:19:54 (7)	1:27:14 (7)	1:31:10 (7)	1:45:41 (7)	1:47:34 (7)	1:52:50 (7)	1:56:49 (7)
	2:43/147	7:39/44	2:22/49	7:20/41	3:56/37	14:31/32	1:53/174	5:16/157	3:59/158
	+0:42 (6)	+1:37 (5)	+0:34 (4)	+3:14 (7)	+2:12 (6)	+12:29 (8)	+0:22 (3)	+0:40 (3)	+0:15 (2)
	2:00:03 (7)	2:01:04 (7)							
	0:29/137	1:01/150							
	+0:00 (1)	+0:02 (3)							
<b>8</b>	<b>Nils Petter Rundhaug</b>		<b>Mo O-Klubb</b>		<b>(17,09min/km)</b>		<b>2:52:45</b>	<b>(+1:36:37)</b>	
	3:37 (8)	7:41 (8)	30:57 (8)	34:26 (8)	36:02 (8)	38:32 (8)	59:52 (8)	1:12:21 (8)	1:16:33 (8)
	3:37/175	4:04/152	23:16/45	3:29/48	1:36/46	2:30/42	21:20/50	12:29/77	4:12/47
	+1:24 (8)	+1:00 (8)	+9:16 (8)	+1:10 (8)	+0:29 (8)	+0:51 (6)	+13:06 (7)	+8:41 (8)	+1:45 (4)
	1:26:08 (8)	1:37:32 (8)	1:44:14 (8)	1:51:49 (8)	2:01:07 (8)	2:09:39 (8)	2:25:44 (8)	2:33:14 (8)	2:39:55 (8)
	5:42/147	11:24/44	6:42/49	7:35/41	9:18/37	8:32/32	16:05/174	7:30/157	6:41/158
	+3:41 (8)	+5:22 (7)	+4:54 (8)	+3:29 (8)	+7:34 (8)	+6:30 (7)	+14:34 (8)	+2:54 (8)	+2:57 (7)
	2:51:21 (8)	2:52:45 (8)							
	1:17/137	1:24/150							
	+0:48 (8)	+0:25 (7)							

## Klasse H35- 8,0 km

1 påmeldt, 1 startende 1 premiert

1	Olav Oldernes		Korgen IL		(10,76min/km)		<b>1:26:09</b>			
	2:59 (1)	7:12 (1)	26:55 (1)	30:07 (1)	31:46 (1)	35:40 (1)	47:54 (1)	56:43 (1)	1:00:30 (1)	1:04:09 (1)
	2:59/175	4:13/152	19:43/45	3:12/48	1:39/46	3:54/42	12:14/50	8:49/77	3:47/47	3:39/37
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	1:05:20 (1)	1:09:04 (1)	1:15:35 (1)	1:20:22 (1)	1:24:22 (1)	1:24:52 (1)	1:26:09 (1)			
	1:11/38	3:44/174	6:31/157	4:47/158	4:00/172	0:30/137	1:17/150			
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)			

## Klasse D35- 7,2 km

4 påmeldt, 4 startende 1 premiert

1	Hilde Sofie Masterdalshei		Mo O-Klubb		(10,24min/km)		<b>1:13:39</b>			
	4:01 (1)	6:18 (1)	23:51 (1)	29:48 (1)	41:26 (1)	43:36 (1)	48:21 (1)	51:41 (1)	54:27 (1)	56:31 (1)
	4:01/141	2:17/152	17:33/45	5:57/42	11:38/44	2:10/49	4:45/41	3:20/37	2:46/32	2:04/174
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+1:29 (3)	+1:01 (2)	+0:00 (1)	+0:00 (1)	+0:04 (2)	+0:00 (1)	+0:00 (1)
	1:02:59 (1)	1:09:26 (1)	1:12:01 (1)	1:12:29 (1)	1:13:39 (1)					
	6:28/157	6:27/158	2:35/172	0:28/137	1:10/149					
	+0:00 (1)	+1:53 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)					
2	Marit Johnsen		Bodø&Omegn IF		(12,64min/km)		<b>1:30:53</b>		(+17:14)	
	5:43 (3)	8:22 (2)	30:25 (2)	35:03 (2)	54:53 (3)	59:24 (3)	1:05:47 (3)	1:09:03 (2)	1:12:03 (2)	1:14:10 (2)
	5:43/141	2:39/152	22:03/45	4:38/42	19:50/44	4:31/49	6:23/41	3:16/37	3:00/32	2:07/174
	+1:42 (3)	+0:22 (2)	+4:30 (2)	+0:10 (2)	+9:13 (3)	+2:21 (2)	+1:38 (2)	+0:00 (1)	+0:14 (2)	+0:03 (2)
	1:20:48 (2)	1:25:22 (2)	1:28:34 (2)	1:29:16 (2)	1:30:53 (2)					
	6:38/157	4:34/158	3:12/172	0:42/137	1:37/150					
	+0:10 (2)	+0:00 (1)	+0:37 (2)	+0:14 (3)	+0:27 (3)					
3	Anita Eriksen		Bodø&Omegn IF		(14,66min/km)		<b>1:45:23</b>		(+31:44)	
	5:39 (2)	8:25 (3)	38:27 (3)	42:55 (3)	53:32 (2)	58:34 (2)	1:04:58 (2)	1:17:55 (3)	1:21:52 (3)	1:24:16 (3)
	5:39/141	2:46/152	30:02/45	4:28/42	10:37/44	5:02/49	6:24/41	12:57/37	3:57/32	2:24/174
	+1:38 (2)	+0:29 (3)	+12:29 (3)	+0:00 (1)	+0:00 (1)	+2:52 (3)	+1:39 (3)	+9:41 (3)	+1:11 (3)	+0:20 (3)
	1:31:30 (3)	1:36:50 (3)	1:43:27 (3)	1:43:57 (3)	1:45:23 (3)					
	7:14/157	5:20/158	6:37/172	0:30/137	1:26/150					
	+0:46 (3)	+0:46 (2)	+4:02 (3)	+0:02 (2)	+0:16 (2)					
	Doris Stien		Mo O-Klubb		(18,35min/km)		<b>Disk</b>		(+58:16)	
	6:47 (4)	9:48 (4)	33:28 (3)	37:30 (3)	1:10:33 (4)	1:38:38 (4)	1:54:28 (4)	2:03:54 (4)	2:09:50 (4)	2:10:25 (4)
	6:47/141	3:01/152	23:40/45	4:02/42	33:03/49	28:05/174	15:50/157	9:26/158	5:56/172	0:35/137
	+2:46 (4)	+0:44 (4)	+6:07 (3)	+0:00 (1)	+22:26 (4)	+25:55 (4)	+11:05 (4)	+6:10 (3)	+3:10 (4)	+0:00 (1)
	2:11:55 (4)	2:11:55 (4)	2:11:55 (4)	2:11:55 (4)	2:11:55 (4)					
	1:30/149									
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

## Klasse H45- 7,2 km

7 påmeldt, 7 startende 1 premiert

1	Gunnar Brattli		Mo O-Klubb		(9,68min/km)		<b>1:09:38</b>			
	4:49 (2)	7:27 (3)	26:40 (1)	30:10 (1)	38:45 (1)	40:51 (1)	46:12 (1)	48:53 (1)	51:28 (1)	53:16 (1)
	4:49/141	2:38/152	19:13/45	3:30/42	8:35/44	2:06/49	5:21/41	2:41/37	2:35/32	1:48/174
	+0:07 (2)	+0:14 (3)	+0:00 (1)	+0:23 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:31 (3)	+0:00 (1)	+0:00 (1)
	59:08 (1)	1:04:55 (1)	1:07:45 (1)	1:08:18 (1)	1:09:38 (1)					
	5:52/157	5:47/158	2:50/172	0:33/137	1:20/150					
	+0:00 (1)	+1:01 (7)	+0:00 (1)	+0:00 (1)	+0:24 (2)					
2	Anders Kure		Bodø&Omegn IF		(10,64min/km)		<b>1:16:30</b>		(+6:52)	
	5:30 (4)	8:35 (4)	28:43 (2)	31:50 (2)	43:16 (3)	45:36 (3)	51:21 (3)	54:05 (3)	57:05 (3)	59:01 (3)
	5:30/141	3:05/152	20:08/45	3:07/42	11:26/44	2:20/49	5:45/41	2:44/37	3:00/32	1:56/174
	+0:48 (4)	+0:41 (5)	+0:55 (2)	+0:00 (1)	+2:51 (4)	+0:14 (2)	+0:24 (2)	+0:34 (4)	+0:25 (3)	+0:08 (2)
	1:05:01 (2)	1:10:23 (3)	1:14:27 (3)	1:15:10 (2)	1:16:30 (2)					
	6:00/157	5:22/158	4:04/172	0:43/137	1:20/149					
	+0:08 (2)	+0:36 (5)	+1:14 (6)	+0:10 (4)	+0:24 (2)					









## Klasse H75- 3,4 km

2 påmeldt, 2 startende 1 premiert

1	Arnold Danielsen			Bodø&Omegn IF			<i>(29,05min/km)</i>		<b>1:37:37</b>	
	22:12 (2)	25:38 (2)	51:05 (2)	1:01:19 (2)	1:04:58 (2)	1:11:47 (2)	1:16:45 (2)	1:26:27 (1)	1:34:02 (2)	1:35:44 (2)
	22:12/174	3:26/149	25:27/39	10:14/154	3:39/175	6:49/138	4:58/40	9:42/148	7:35/172	1:42/137
	+15:28 (2)	+0:41 (2)	+0:37 (2)	+2:34 (2)	+0:00 (1)	+0:00 (1)	+2:25 (2)	+0:00 (1)	+3:57 (2)	+0:20 (2)
	1:37:37 (1)									
	1:53/149									
	+0:00 (1)									
2	Torbjørn Breirem			Olderskog IL			<i>(29,06min/km)</i>		<b>1:37:39 (+0:02)</b>	
	6:44 (1)	9:29 (1)	34:19 (1)	41:59 (1)	52:34 (1)	1:02:03 (1)	1:04:36 (1)	1:30:16 (2)	1:33:54 (1)	1:35:16 (1)
	6:44/174	2:45/149	24:50/39	7:40/154	10:35/175	9:29/138	2:33/40	25:40/148	3:38/172	1:22/137
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+6:56 (2)	+2:40 (2)	+0:00 (1)	+15:58 (2)	+0:00 (1)	+0:00 (1)
	1:37:39 (2)									
	2:23/150									
	+0:30 (2)									