

Resultater fra KM Natt 28.09.2007

Det var totalt 48 deltagere.

Klasse N-åpen - 1.0 km

3 påmeldt, 3 startende 3 premiert

Marte Karlsen	Mo O-Klubb
Even-Johan Kaspersen	Mo O-Klubb
Eli Kolstad	Mo O-Klubb

Klasse D-10 - 1.0 km

2 påmeldt, 2 startende 2 premiert

Åshild Kolstad	Mo O-Klubb
Tuva Solstrand	Mo O-Klubb

Klasse D11-12 - 2.0 km

9 påmeldt, 9 startende 9 premiert

1	Ingvild Oxaas Wie	Mo O-Klubb	(10.57min/km)	21:09
	0:53 (1) 3:12 (1) 7:18 (1) 12:34 (1) 16:25 (1) 18:17 (1) 19:58 (2) 20:48 (1) 21:09 (1)			
	0:53/36 2:19/125 4:06/34 5:16/123 3:51/78 1:52/81 1:41/120 0:50/155 0:21/100			
	+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:02 (2) +0:06 (2) +0:00 (1) +0:00 (1)			
2	Heidi Jensen	B&OI Orientering	(10.58min/km)	21:10 (+0:01)
	0:55 (2) 3:14 (2) 7:20 (2) 12:36 (2) 16:30 (2) 18:20 (2) 19:55 (1) 20:48 (2) 21:10 (2)			
	0:55/36 2:19/125 4:06/34 5:16/123 3:54/78 1:50/81 1:35/120 0:53/155 0:22/249			
	+0:02 (2) +0:00 (1) +0:00 (1) +0:00 (1) +0:03 (2) +0:00 (1) +0:00 (1) +0:03 (2) +0:01 (2)			
3	Trine Mari Karlsen	Mo O-Klubb	(18.87min/km)	37:44 (+16:35)
	1:17 (4) 5:33 (4) 10:44 (3) 18:29 (4) 24:35 (4) 31:32 (3) 35:49 (4) 36:57 (4) 37:44 (3)			
	1:17/36 4:16/125 5:11/34 7:45/123 6:06/78 6:57/81 4:17/120 1:08/155 0:47/249			
	+0:24 (4) +1:57 (4) +1:05 (3) +2:29 (5) +2:15 (4) +5:07 (7) +2:42 (5) +0:18 (4) +0:26 (6)			
4	Camilla Skaret	Mo O-Klubb	(18.88min/km)	37:45 (+16:36)
	1:13 (3) 5:26 (3) 10:46 (4) 18:24 (3) 24:29 (3) 31:35 (4) 35:44 (3) 36:51 (3) 37:45 (4)			
	1:13/36 4:13/125 5:20/34 7:38/123 6:05/78 7:06/81 4:09/120 1:07/155 0:54/100			
	+0:20 (3) +1:54 (3) +1:14 (5) +2:22 (4) +2:14 (3) +5:16 (8) +2:34 (4) +0:17 (3) +0:33 (8)			
5	Frida Irgum Pettersen	Mo O-Klubb	(18.93min/km)	37:52 (+16:43)
	1:17 (4) 5:40 (5) 10:57 (5) 18:31 (5) 24:37 (5) 32:00 (5) 35:57 (5) 37:23 (5) 37:52 (5)			
	1:17/36 4:23/125 5:17/34 7:34/123 6:06/78 7:23/81 3:57/120 1:26/155 0:29/249			
	+0:24 (4) +2:04 (5) +1:11 (4) +2:18 (3) +2:15 (4) +5:33 (9) +2:22 (3) +0:36 (5) +0:08 (3)			
6	Elise Krågstad	Mo O-Klubb	(24.65min/km)	49:18 (+28:09)
	1:56 (9) 11:52 (7) 20:59 (8) 29:17 (7) 35:52 (8) 42:01 (7) 46:20 (6) 48:45 (9) 49:18 (6)			
	1:56/36 9:56/125 9:07/34 8:18/123 6:35/78 6:09/81 4:19/120 2:25/155 0:33/100			
	+1:03 (9) +7:37 (6) +5:01 (8) +3:02 (6) +2:44 (8) +4:19 (3) +2:44 (6) +1:35 (9) +0:12 (4)			
7	Karoline S. Vargdal	Mo O-Klubb	(24.66min/km)	49:19 (+28:10)
	1:49 (7) 12:00 (9) 20:53 (7) 29:16 (6) 35:49 (7) 42:00 (6) 46:36 (8) 48:40 (8) 49:19 (7)			
	1:49/36 10:11/125 8:53/34 8:23/123 6:33/78 6:11/81 4:36/120 2:04/155 0:39/249			
	+0:56 (7) +7:52 (9) +4:47 (6) +3:07 (8) +2:42 (7) +4:21 (4) +3:01 (9) +1:14 (7) +0:18 (5)			
7	Frida Bjørnbakk	Mo O-Klubb	(24.66min/km)	49:19 (+28:10)
	1:49 (7) 11:57 (8) 20:52 (6) 29:24 (8) 35:38 (6) 42:02 (8) 46:24 (7) 48:30 (7) 49:19 (7)			
	1:49/36 10:08/125 8:55/34 8:32/123 6:14/78 6:24/81 4:22/120 2:06/155 0:49/249			
	+0:56 (7) +7:49 (8) +4:49 (7) +3:16 (9) +2:23 (6) +4:34 (6) +2:47 (7) +1:16 (8) +0:28 (7)			
9	Ella Raja-Ahde	Mo O-Klubb	(24.73min/km)	49:28 (+28:19)
	1:33 (6) 11:38 (6) 21:06 (9) 29:27 (9) 36:02 (9) 42:19 (9) 46:42 (9) 48:22 (6) 49:28 (9)			
	1:33/36 10:05/125 9:28/34 8:21/123 6:35/78 6:17/81 4:23/120 1:40/155 1:06/100			
	+0:40 (6) +7:46 (7) +5:22 (9) +3:05 (7) +2:44 (8) +4:27 (5) +2:48 (8) +0:50 (6) +0:45 (9)			

Klasse H11-12 - 2.0 km

1 påmeldt, 1 startende 1 premiert

1	Ole-Kristian Kaspersen			Mo O-Klubb			<i>(10.71min/km)</i>		21:25	
	1:02 (1)	3:18 (1)	7:27 (1)	12:41 (1)	16:37 (1)	18:25 (1)	20:12 (1)	20:59 (1)	21:25 (1)	
	1:02/36	2:16/125	4:09/34	5:14/123	3:56/78	1:48/81	1:47/120	0:47/155	0:26/249	
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	

Klasse H13-14 - 2.5 km

4 påmeldt, 4 startende 2 premiert

1	Petter Jakola			B&OI Orientering			<i>(7.77min/km)</i>		19:25	
	2:01 (1)	3:38 (1)	5:06 (1)	7:56 (1)	9:45 (1)	14:36 (1)	16:15 (1)	17:26 (1)	18:32 (1)	19:07 (1)
	2:01/125	1:37/50	1:28/124	2:50/82	1:49/34	4:51/78	1:39/122	1:11/93	1:06/120	0:35/155
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:01 (2)	+0:10 (4)	+0:00 (1)	+0:05 (2)	+0:01 (2)	+0:00 (1)	+0:00 (1)
	19:25 (1)									
	0:18/249									
	+0:02 (2)									

2	Sigurd Oxaas Wie			Mo O-Klubb			<i>(10.47min/km)</i>		26:10 (+6:45)	
	2:36 (3)	8:21 (4)	10:10 (3)	12:59 (2)	14:38 (2)	20:39 (2)	22:26 (2)	24:00 (2)	25:16 (2)	25:52 (2)
	2:36/125	5:45/50	1:49/124	2:49/82	1:39/34	6:01/78	1:47/122	1:34/93	1:16/120	0:36/155
	+0:35 (3)	+4:08 (4)	+0:21 (2)	+0:00 (1)	+0:00 (1)	+1:10 (2)	+0:13 (3)	+0:24 (4)	+0:10 (2)	+0:01 (2)
	26:10 (2)									
	0:18/100									
	+0:02 (2)									

3	Jakob Kalvig Skogan			B&OI Orientering			<i>(12.09min/km)</i>		30:13 (+10:48)	
	2:27 (2)	4:19 (2)	8:51 (2)	16:59 (3)	18:45 (3)	24:53 (3)	26:42 (3)	27:57 (3)	29:18 (3)	29:55 (3)
	2:27/125	1:52/50	4:32/124	8:08/82	1:46/34	6:08/78	1:49/122	1:15/93	1:21/120	0:37/155
	+0:26 (2)	+0:15 (2)	+3:04 (3)	+5:19 (4)	+0:07 (2)	+1:17 (3)	+0:15 (4)	+0:05 (3)	+0:15 (3)	+0:02 (3)
	30:13 (3)									
	0:18/100									
	+0:02 (2)									

4	Håkon Hegreberg			B&OI Orientering			<i>(15.81min/km)</i>		39:31 (+20:06)	
	4:03 (4)	6:31 (3)	20:01 (4)	25:22 (4)	27:09 (4)	34:00 (4)	35:34 (4)	36:44 (4)	38:32 (4)	39:15 (4)
	4:03/125	2:28/50	13:30/124	5:21/82	1:47/34	6:51/78	1:34/122	1:10/93	1:48/120	0:43/155
	+2:02 (4)	+0:51 (3)	+12:02 (4)	+2:32 (3)	+0:08 (3)	+2:00 (4)	+0:00 (1)	+0:00 (1)	+0:42 (4)	+0:08 (4)
	39:31 (4)									
	0:16/100									
	+0:00 (1)									

Klasse D13-14 - 2.5 km

4 påmeldt, 4 startende 2 premiert

1	Kristine Masterdalshei			Mo O-Klubb			<i>(8.91min/km)</i>		22:17	
	2:11 (1)	3:51 (1)	5:45 (1)	8:57 (1)	10:28 (1)	16:47 (1)	18:30 (1)	20:03 (1)	21:20 (1)	21:56 (1)
	2:11/125	1:40/50	1:54/124	3:12/82	1:31/34	6:19/78	1:43/122	1:33/93	1:17/120	0:36/155
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:04 (2)	+0:00 (1)	+0:50 (2)	+0:09 (2)	+0:26 (2)	+0:05 (2)	+0:02 (2)
	22:17 (1)									
	0:21/100									
	+0:03 (3)									

2	Mathilde Rundhaug			Mo O-Klubb			<i>(9.43min/km)</i>		23:34 (+1:17)	
	3:16 (3)	5:51 (2)	8:13 (2)	11:21 (2)	13:20 (2)	18:49 (2)	20:23 (2)	21:30 (2)	22:42 (2)	23:16 (2)
	3:16/125	2:35/50	2:22/124	3:08/82	1:59/34	5:29/78	1:34/122	1:07/93	1:12/120	0:34/155
	+1:05 (3)	+0:55 (2)	+0:28 (3)	+0:00 (1)	+0:28 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	23:34 (2)									
	0:18/249									
	+0:00 (1)									

3	Sigrid Bech Umland			Korgen IL			<i>(15.41min/km)</i>		38:32 (+16:15)	
	3:11 (2)	6:46 (3)	8:46 (3)	20:59 (3)	23:21 (3)	32:12 (3)	34:19 (3)	35:52 (3)	37:30 (3)	38:14 (3)
	3:11/125	3:35/50	2:00/124	12:13/82	2:22/34	8:51/78	2:07/122	1:33/93	1:38/120	0:44/155
	+1:00 (2)	+1:55 (3)	+0:06 (2)	+9:05 (4)	+0:51 (3)	+3:22 (4)	+0:33 (3)	+0:26 (2)	+0:26 (3)	+0:10 (3)
	38:32 (3)									

0:18/249
+0:00 (1)

4	Helene Kristoffersen		Mo O-Klubb	(23.02min/km)	57:33	(+35:16)			
4:36 (4)	11:57 (4)	16:04 (4)	25:51 (4)	37:04 (4)	45:31 (4)	48:37 (4)	52:51 (4)	56:11 (4)	57:09 (4)
4:36/125	7:21/50	4:07/124	9:47/82	11:13/34	8:27/78	3:06/122	4:14/93	3:20/120	0:58/155
+2:25 (4)	+5:41 (4)	+2:13 (4)	+6:39 (3)	+9:42 (4)	+2:58 (3)	+1:32 (4)	+3:07 (4)	+2:08 (4)	+0:24 (4)
57:33 (4)									
0:24/249									
+0:06 (4)									

Klasse H15-16 - 3.8 km

3 påmeldt, 3 startende 1 premiirt

1	Magnus Beyer Brattli		Mo O-Klubb	(8.16min/km)	31:00				
1:22 (1)	3:50 (1)	5:45 (1)	9:00 (1)	12:01 (1)	15:20 (1)	17:52 (1)	21:45 (1)	26:08 (1)	27:56 (1)
1:22/75	2:28/157	1:55/94	3:15/77	3:01/50	3:19/95	2:32/92	3:53/35	4:23/152	1:48/122
+0:00 (1)	+0:00 (1)	+0:00 (1)	+1:23 (2)	+0:00 (1)	+0:00 (1)	+0:01 (2)	+0:00 (1)	+0:51 (2)	+0:10 (2)
29:01 (1)	30:14 (1)	30:45 (1)	31:00 (1)						
1:05/93	1:13/120	0:31/155	0:15/100						
+0:14 (2)	+0:21 (3)	+0:00 (1)	+0:00 (1)						
2	Yngve Skogstad		Mo O-Klubb	(8.62min/km)	32:45	(+1:45)			
1:25 (2)	5:02 (2)	7:35 (2)	9:27 (2)	12:29 (2)	16:39 (2)	19:10 (2)	25:03 (2)	28:35 (2)	30:13 (2)
1:25/75	3:37/157	2:33/94	1:52/77	3:02/50	4:10/95	2:31/92	5:53/35	3:32/152	1:38/122
+0:03 (2)	+1:09 (2)	+0:38 (2)	+0:00 (1)	+0:01 (2)	+0:51 (2)	+0:00 (1)	+2:00 (3)	+0:00 (1)	+0:00 (1)
31:04 (2)	31:56 (2)	32:29 (2)	32:45 (2)						
0:51/93	0:52/120	0:33/155	0:16/249						
+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:01 (2)						
3	Torbjørn H. Olsen		B&OI Orientering	(16.22min/km)	1:01:38	(+30:38)			
2:14 (3)	12:39 (3)	16:24 (3)	21:23 (3)	30:20 (3)	36:42 (3)	43:16 (3)	48:32 (3)	54:58 (3)	57:46 (3)
2:14/75	10:25/157	3:45/94	4:59/77	8:57/50	6:22/95	6:34/92	5:16/35	6:26/152	2:48/122
+0:52 (3)	+7:57 (3)	+1:50 (3)	+3:07 (3)	+5:56 (3)	+3:03 (3)	+4:03 (3)	+1:23 (2)	+2:54 (3)	+1:10 (3)
59:32 (3)	1:00:36 (3)	1:01:19 (3)	1:01:38 (3)						
1:46/93	1:04/120	0:43/155	0:19/100						
+0:55 (3)	+0:12 (2)	+0:12 (3)	+0:04 (3)						

Klasse D15-16 - 3.0 km

1 påmeldt, 1 startende 1 premiirt

1	Ida Hegreberg		B&OI Orientering	(16.46min/km)	49:23				
2:40 (1)	5:44 (1)	11:57 (1)	16:25 (1)	29:59 (1)	42:07 (1)	45:07 (1)	46:39 (1)	48:09 (1)	49:03 (1)
2:40/75	3:04/50	6:13/95	4:28/92	13:34/35	12:08/152	3:00/122	1:32/93	1:30/120	0:54/155
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
49:23 (1)									
0:20/249									
+0:00 (1)									

Klasse H17- - 5.0 km

3 påmeldt, 3 startende 1 premiirt

1	Nils Albert Aamand		B&OI Orientering	(8.16min/km)	40:49				
1:24 (1)	3:00 (1)	6:21 (1)	8:51 (1)	13:02 (2)	15:35 (2)	16:54 (2)	18:01 (2)	19:27 (2)	22:11 (2)
1:24/75	1:36/50	3:21/95	2:30/92	4:11/128	2:33/79	1:19/37	1:07/127	1:26/125	2:44/157
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:03 (2)	+2:23 (2)	+0:00 (1)	+0:00 (1)	+0:15 (2)	+0:00 (1)	+0:00 (1)
24:23 (2)	26:04 (1)	32:39 (1)	36:32 (1)	38:11 (1)	39:10 (1)	40:04 (1)	40:32 (1)	40:49 (1)	
2:12/94	1:41/77	6:35/35	3:53/152	1:39/122	0:59/93	0:54/120	0:28/155	0:17/100	
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:03 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
2	Arild Hegreberg		B&OI Orientering	(8.36min/km)	41:48	(+0:59)			
1:33 (2)	3:17 (2)	6:43 (2)	9:10 (2)	10:58 (1)	13:46 (1)	15:18 (1)	16:10 (1)	17:40 (1)	20:50 (1)
1:33/75	1:44/50	3:26/95	2:27/92	1:48/128	2:48/79	1:32/37	0:52/127	1:30/125	3:10/157
+0:09 (2)	+0:08 (2)	+0:05 (2)	+0:00 (1)	+0:00 (1)	+0:15 (2)	+0:13 (2)	+0:00 (1)	+0:04 (2)	+0:26 (2)
23:20 (1)	26:07 (2)	33:07 (2)	36:57 (2)	38:49 (2)	39:52 (2)	40:58 (2)	41:30 (2)	41:48 (2)	

2:30/94	2:47/77	7:00/35	3:50/152	1:52/122	1:03/93	1:06/120	0:32/155	0:18/100	
+0:18 (2)	+1:06 (2)	+0:25 (2)	+0:00 (1)	+0:13 (2)	+0:04 (2)	+0:12 (2)	+0:04 (2)	+0:01 (2)	
Kristoffer Rundhaug			Mo O-Klubb			(11.36min/km)		Brutt (+15:59)	
1:54 (3)	3:50 (3)	27:17 (3)	30:55 (3)	33:21 (3)	38:49 (3)	40:43 (3)	43:06 (3)	47:14 (3)	56:48 (3)
1:54/75	1:56/50	23:27/95	3:38/92	2:26/128	5:28/79	1:54/37	2:23/127	4:08/125	9:34/249
+0:30 (3)	+0:20 (3)	+20:06 (3)	+1:11 (3)	+0:38 (2)	+2:55 (3)	+0:35 (3)	+1:31 (3)	+2:42 (3)	+6:50 (3)
56:48 (3)	56:48 (3)	56:48 (3)	56:48 (3)	56:48 (3)	56:48 (3)	56:48 (3)	56:48 (3)	56:48 (3)	
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	

Klasse D17- - 4.2 km

1 påmeldt, 1 startende 1 premiert

1 Astrid Kobro Fugleneb	B&OI Orientering			(14.50min/km)		1:00:53			
2:38 (1)	7:09 (1)	12:21 (1)	15:27 (1)	19:39 (1)	25:53 (1)	29:06 (1)	36:09 (1)	40:28 (1)	45:58 (1)
2:38/125	4:31/157	5:12/77	3:06/96	4:12/94	6:14/51	3:13/50	7:03/95	4:19/92	5:30/35
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
52:52 (1)	56:38 (1)	58:12 (1)	59:35 (1)	1:00:24 (1)	1:00:53 (1)				
6:54/152	3:46/122	1:34/93	1:23/120	0:49/155	0:29/249				
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

Klasse H17C - 2.5 km

1 påmeldt, 1 startende 1 premiert

1 Martin Kaspersen	Mo O-Klubb			(19.59min/km)		48:58			
4:07 (1)	8:02 (1)	11:08 (1)	22:58 (1)	26:38 (1)	38:43 (1)	41:40 (1)	44:06 (1)	46:40 (1)	48:09 (1)
4:07/125	3:55/50	3:06/124	11:50/82	3:40/34	12:05/78	2:57/122	2:26/93	2:34/120	1:29/155
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
48:58 (1)									
0:49/249									
+0:00 (1)									

Klasse H35- - 4.2 km

2 påmeldt, 2 startende 1 premiert

1 Antoine Chaboud	Hemnes IL			(9.37min/km)		39:20			
1:51 (1)	5:04 (1)	8:28 (1)	10:21 (1)	13:08 (1)	16:01 (1)	18:11 (1)	22:07 (1)	25:21 (1)	29:27 (1)
1:51/125	3:13/157	3:24/77	1:53/96	2:47/94	2:53/51	2:10/50	3:56/95	3:14/92	4:06/35
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:35 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
34:04 (1)	36:11 (1)	37:11 (1)	38:18 (1)	38:57 (1)	39:20 (1)				
4:37/152	2:07/122	1:00/93	1:07/120	0:39/155	0:23/249				
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:07 (2)				
2 Tore Kolstad	Mo O-Klubb			(15.65min/km)		1:05:44 (+26:24)			
3:24 (2)	9:13 (2)	15:14 (2)	17:54 (2)	20:06 (2)	24:21 (2)	29:56 (2)	38:09 (2)	44:52 (2)	51:33 (2)
3:24/125	5:49/157	6:01/77	2:40/96	2:12/94	4:15/51	5:35/50	8:13/95	6:43/92	6:41/35
+1:33 (2)	+2:36 (2)	+2:37 (2)	+0:47 (2)	+0:00 (1)	+1:22 (2)	+3:25 (2)	+4:17 (2)	+3:29 (2)	+2:35 (2)
58:26 (2)	1:01:49 (2)	1:03:17 (2)	1:04:49 (2)	1:05:28 (2)	1:05:44 (2)				
6:53/152	3:23/122	1:28/93	1:32/120	0:39/155	0:16/100				
+2:16 (2)	+1:16 (2)	+0:28 (2)	+0:25 (2)	+0:00 (1)	+0:00 (1)				

Klasse D35- - 3.8 km

3 påmeldt, 3 startende 1 premiert

1 Marit Johnsen	B&OI Orientering			(11.07min/km)		42:03			
2:05 (2)	5:48 (2)	9:49 (2)	12:59 (2)	17:02 (2)	21:52 (2)	25:26 (1)	30:18 (1)	36:09 (1)	38:45 (1)
2:05/75	3:43/157	4:01/94	3:10/77	4:03/50	4:50/95	3:34/92	4:52/35	5:51/152	2:36/122
+0:21 (2)	+0:24 (2)	+1:00 (2)	+0:34 (2)	+0:00 (1)	+0:28 (2)	+0:00 (1)	+1:09 (2)	+0:00 (1)	+0:00 (1)
39:53 (1)	41:01 (1)	41:41 (1)	42:03 (1)						
1:08/93	1:08/120	0:40/155	0:22/249						
+0:00 (1)	+0:00 (1)	+0:04 (2)	+0:03 (3)						
2 Hilde Sofie Hansen	Mo O-Klubb			(11.61min/km)		44:06 (+2:03)			
1:44 (1)	5:03 (1)	8:04 (1)	10:40 (1)	15:06 (1)	19:28 (1)	27:06 (2)	30:49 (2)	37:25 (2)	40:42 (2)

1:44/75	3:19/157	3:01/94	2:36/77	4:26/50	4:22/95	7:38/92	3:43/35	6:36/152	3:17/122
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:23 (2)	+0:00 (1)	+4:04 (3)	+0:00 (1)	+0:45 (2)	+0:41 (2)
41:57 (2)	43:09 (2)	43:45 (2)	44:06 (2)						
1:15/93	1:12/120	0:36/155	0:21/249						
+0:07 (2)	+0:04 (2)	+0:00 (1)	+0:02 (2)						

3 Doris Stien Kaspersen	Mo O-Klubb					(17.82min/km)	1:07:43 (+25:40)		
2:51 (3)	8:47 (3)	20:16 (3)	23:30 (3)	31:50 (3)	40:36 (3)	44:36 (3)	53:11 (3)	59:52 (3)	1:03:51 (3)
2:51/75	5:56/157	11:29/94	3:14/77	8:20/50	8:46/95	4:00/92	8:35/35	6:41/152	3:59/122
+1:07 (3)	+2:37 (3)	+8:28 (3)	+0:38 (3)	+4:17 (3)	+4:24 (3)	+0:26 (2)	+4:52 (3)	+0:50 (3)	+1:23 (3)
1:05:16 (3)	1:06:39 (3)	1:07:24 (3)	1:07:43 (3)						
1:25/93	1:23/120	0:45/155	0:19/249						
+0:17 (3)	+0:15 (3)	+0:09 (3)	+0:00 (1)						

Klasse H45- - 4.2 km

7 påmeldt, 7 startende 1 premiert

1 Ingar Solberg	Olderskog IL					(11.90min/km)	49:59		
2:10 (1)	5:07 (1)	9:07 (1)	10:58 (1)	12:24 (1)	15:15 (1)	17:55 (1)	22:35 (1)	25:59 (1)	37:02 (1)
2:10/125	2:57/157	4:00/77	1:51/96	1:26/94	2:51/51	2:40/50	4:40/95	3:24/92	11:03/35
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:08 (2)	+0:12 (2)	+0:00 (1)	+0:00 (1)	+6:11 (4)
43:49 (1)	46:23 (1)	47:41 (1)	48:55 (1)	49:35 (1)	49:59 (1)				
6:47/152	2:34/122	1:18/93	1:14/120	0:40/155	0:24/249				
+0:56 (4)	+0:00 (1)	+0:05 (2)	+0:06 (2)	+0:00 (1)	+0:00 (1)				

2 Dag Skogan	B&OI Orientering					(12.73min/km)	53:27 (+3:28)		
2:51 (4)	8:51 (3)	13:45 (2)	16:16 (2)	17:53 (2)	21:51 (2)	25:56 (3)	32:07 (3)	36:35 (3)	41:27 (2)
2:51/125	6:00/157	4:54/77	2:31/96	1:37/94	3:58/51	4:05/50	6:11/95	4:28/92	4:52/35
+0:41 (4)	+3:03 (3)	+0:54 (2)	+0:40 (2)	+0:11 (2)	+1:15 (4)	+1:37 (4)	+1:31 (4)	+1:04 (4)	+0:00 (1)
47:18 (2)	49:58 (2)	51:11 (2)	52:19 (2)	53:01 (2)	53:27 (2)				
5:51/152	2:40/122	1:13/93	1:08/120	0:42/155	0:26/249				
+0:00 (1)	+0:06 (2)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:02 (3)				

3 Arnulf Villmo	Korgen IL					(13.77min/km)	57:51 (+7:52)		
2:26 (2)	6:37 (2)	14:18 (3)	16:52 (3)	18:52 (3)	22:35 (3)	25:37 (2)	31:30 (2)	35:17 (2)	43:43 (3)
2:26/125	4:11/157	7:41/77	2:34/96	2:00/94	3:43/51	3:02/50	5:53/95	3:47/92	8:26/35
+0:16 (2)	+1:14 (2)	+3:41 (4)	+0:43 (3)	+0:34 (3)	+1:00 (3)	+0:34 (3)	+1:13 (2)	+0:23 (3)	+3:34 (2)
50:05 (3)	53:49 (3)	55:20 (3)	56:37 (3)	57:26 (3)	57:51 (3)				
6:22/152	3:44/122	1:31/93	1:17/120	0:49/155	0:25/100				
+0:31 (3)	+1:10 (4)	+0:18 (4)	+0:09 (3)	+0:09 (4)	+0:01 (2)				

4 Gunnar Brattli	Mo O-Klubb					(15.36min/km)	1:04:31 (+14:32)		
2:45 (3)	9:09 (4)	14:34 (4)	19:57 (4)	27:48 (4)	30:31 (4)	32:59 (4)	39:05 (4)	42:50 (4)	52:03 (4)
2:45/125	6:24/157	5:25/77	5:23/96	7:51/94	2:43/51	2:28/50	6:06/95	3:45/92	9:13/35
+0:35 (3)	+3:27 (4)	+1:25 (3)	+3:32 (4)	+6:25 (4)	+0:00 (1)	+0:00 (1)	+1:26 (3)	+0:21 (2)	+4:21 (3)
57:54 (4)	1:00:36 (4)	1:01:55 (4)	1:03:18 (4)	1:04:01 (4)	1:04:31 (4)				
5:51/152	2:42/122	1:19/93	1:23/120	0:43/155	0:30/100				
+0:00 (1)	+0:08 (3)	+0:06 (3)	+0:15 (4)	+0:03 (3)	+0:06 (4)				

Jan Gaute Buvik	Korgen IL					(10.21min/km)	Disk		
1:48 (1)	5:22 (2)	9:26 (2)	11:25 (2)	12:50 (2)	15:50 (2)	18:54 (2)	23:30 (2)	26:44 (2)	31:28 (1)
1:48/125	3:34/157	4:04/77	1:59/96	1:25/94	3:00/51	3:04/50	4:36/95	3:14/92	4:44/35
+0:00 (1)	+0:37 (2)	+0:04 (2)	+0:08 (2)	+0:00 (1)	+0:17 (3)	+0:36 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)
36:43 (1)	39:26 (1)	40:41 (1)	41:55 (1)	42:32 (1)	42:53 (1)				
5:15/152	2:43/122	1:15/93	1:14/120	0:37/155	0:21/249				
+0:00 (1)	+0:09 (4)	+0:02 (2)	+0:06 (2)	+0:00 (1)	+0:00 (1)				

Jan Kåre Vatne	Mo O-Klubb					(11.86min/km)	Disk		
2:25 (2)	6:50 (3)	12:21 (2)	15:28 (2)	17:03 (2)	21:23 (2)	23:55 (2)	29:24 (2)	32:48 (2)	38:03 (2)
2:25/125	4:25/157	5:31/77	3:07/96	1:35/94	4:20/51	2:32/50	5:29/95	3:24/92	5:15/35
+0:15 (2)	+1:28 (3)	+1:31 (4)	+1:16 (4)	+0:09 (2)	+1:37 (5)	+0:04 (2)	+0:49 (2)	+0:00 (1)	+0:23 (2)
43:35 (1)	46:18 (1)	47:09 (1)	48:39 (1)	49:23 (1)	49:49 (1)				
5:32/152	2:43/122	0:51/81	1:30/120	0:44/155	0:26/100				
+0:00 (1)	+0:09 (4)	+0:00 (1)	+0:22 (5)	+0:04 (4)	+0:02 (3)				

Ole Petter Rundhaug	Mo O-Klubb					(9.23min/km)	Brutt		
3:19 (5)	9:12 (5)	15:59 (5)	18:11 (4)	19:33 (4)	22:29 (3)	38:47 (5)	38:47 (4)	38:47 (4)	38:47 (2)

3:19/125	5:53/157	6:47/77	2:12/96	1:22/94	2:56/51	16:18/249			
+1:09 (5)	+2:56 (3)	+2:47 (4)	+0:21 (2)	+0:00 (1)	+0:13 (3)	+13:50 (5)	+0:00 (1)	+0:00 (1)	+0:00 (1)
38:47 (1)	38:47 (1)	38:47 (1)	38:47 (1)	38:47 (1)	38:47 (1)				
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)				

Klasse D45- - 3.0 km

3 påmeldt, 3 startende 1 premiert

1	Inger Lise Pettersen		Korgen IL		(10.59min/km)		31:47		
	2:04 (1)	4:16 (1)	9:31 (1)	13:07 (1)	19:47 (1)	25:36 (1)	28:11 (1)	29:26 (1)	30:45 (1) 31:25 (1)
	2:04/75	2:12/50	5:15/95	3:36/92	6:40/35	5:49/152	2:35/122	1:15/93	1:19/120 0:40/155
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:15 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1) +0:00 (1)
	31:47 (1)								
	0:22/249								
	+0:00 (1)								
2	Eli Ringdalen		Mo O-Klubb		(14.26min/km)		42:47	(+11:00)	
	4:02 (3)	7:25 (2)	12:53 (2)	16:59 (2)	28:05 (2)	34:47 (2)	38:04 (2)	39:56 (2)	41:30 (2) 42:23 (2)
	4:02/75	3:23/50	5:28/95	4:06/92	11:06/35	6:42/152	3:17/122	1:52/93	1:34/120 0:53/155
	+1:58 (3)	+1:11 (2)	+0:13 (2)	+0:30 (2)	+4:41 (3)	+0:53 (2)	+0:42 (2)	+0:37 (2)	+0:15 (2) +0:13 (3)
	42:47 (2)								
	0:24/249								
	+0:02 (3)								
3	Wenche Hjelmseth		Mo O-Klubb		(15.99min/km)		47:59	(+16:12)	
	3:02 (2)	10:01 (3)	20:01 (3)	24:31 (3)	30:56 (3)	38:02 (3)	41:31 (3)	45:09 (3)	46:47 (3) 47:37 (3)
	3:02/75	6:59/50	10:00/95	4:30/92	6:25/35	7:06/152	3:29/122	3:38/93	1:38/120 0:50/155
	+0:58 (2)	+4:47 (3)	+4:45 (3)	+0:54 (3)	+0:00 (1)	+1:17 (3)	+0:54 (3)	+2:23 (3)	+0:19 (3) +0:10 (2)
	47:59 (3)								
	0:22/249								
	+0:00 (1)								

Klasse H65- - 3.0 km

1 påmeldt, 1 startende 1 premiert

1	Arvid Kongsli		Bleikvassli IL		(22.55min/km)		1:07:39		
	7:03 (1)	12:10 (1)	21:23 (1)	28:26 (1)	40:00 (1)	49:41 (1)	59:53 (1)	1:03:53 (1)	1:06:07 (1) 1:07:12 (1)
	7:03/75	5:07/50	9:13/95	7:03/92	11:34/35	9:41/152	10:12/122	4:00/93	2:14/120 1:05/155
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1) +0:00 (1)
	1:07:39 (1)								
	0:27/249								
	+0:00 (1)								