

Resultater fra Korgfjellet ned 20.06.2007

Det var totalt 89 deltagere.

Klasse K - 5.4 km

25 påmeldt, 25 startende

1	Gunnar Lurfald			Stj. Blink Orient.			(6.05min/km)		32:41
	4:08 (1)	7:24 (1)	11:37 (1)	13:23 (1)	16:01 (1)	21:19 (1)	24:30 (1)	30:52 (1)	32:41 (1)
	4:08/77	3:16/161	4:13/100	1:46/92	2:38/96	5:18/168	3:11/34	6:22/39	1:49/94
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:08 (3)	+0:00 (1)	+2:45 (16)	+0:09 (3)
2	Paul Forseth			Trollelg			(6.25min/km)		33:45 (+1:04)
	4:58 (2)	8:54 (2)	14:05 (3)	15:59 (3)	19:06 (3)	24:17 (2)	27:57 (2)	31:34 (2)	33:45 (2)
	4:58/77	3:56/161	5:11/100	1:54/92	3:07/96	5:11/168	3:40/34	3:37/39	2:11/94
	+0:50 (2)	+0:40 (4)	+0:58 (6)	+0:08 (3)	+0:29 (3)	+0:01 (2)	+0:29 (5)	+0:00 (1)	+0:31 (11)
3	Oddvar Opland			Trollelg			(6.61min/km)		35:41 (+3:00)
	5:42 (4)	9:59 (4)	14:49 (4)	17:23 (4)	20:57 (4)	26:07 (3)	29:43 (3)	33:31 (3)	35:41 (3)
	5:42/77	4:17/161	4:50/100	2:34/92	3:34/96	5:10/168	3:36/34	3:48/39	2:10/94
	+1:34 (4)	+1:01 (8)	+0:37 (3)	+0:48 (10)	+0:56 (7)	+0:00 (1)	+0:25 (4)	+0:11 (2)	+0:30 (10)
4	Ulf Brolinder			VSOK			(6.86min/km)		37:03 (+4:22)
	5:05 (3)	8:58 (3)	14:02 (2)	15:51 (2)	18:45 (2)	26:39 (4)	30:22 (4)	34:54 (4)	37:03 (4)
	5:05/77	3:53/161	5:04/100	1:49/92	2:54/96	7:54/168	3:43/34	4:32/39	2:09/94
	+0:57 (3)	+0:37 (3)	+0:51 (5)	+0:03 (2)	+0:16 (2)	+2:44 (12)	+0:32 (6)	+0:55 (4)	+0:29 (8)
5	Lisbeth Beyer			Mo OK			(7.37min/km)		39:47 (+7:06)
	7:08 (11)	11:08 (7)	16:42 (6)	18:46 (5)	21:54 (5)	27:16 (5)	31:27 (5)	38:07 (5)	39:47 (5)
	7:08/77	4:00/161	5:34/100	2:04/92	3:08/96	5:22/168	4:11/34	6:40/39	1:40/94
	+3:00 (11)	+0:44 (6)	+1:21 (8)	+0:18 (5)	+0:30 (4)	+0:12 (4)	+1:00 (9)	+3:03 (19)	+0:00 (1)
6	Jarle Th. Nestvold			Trollelg			(7.79min/km)		42:05 (+9:24)
	6:49 (9)	11:14 (8)	16:43 (7)	18:48 (6)	23:25 (6)	29:47 (6)	33:33 (6)	39:56 (6)	42:05 (6)
	6:49/77	4:25/161	5:29/100	2:05/92	4:37/96	6:22/168	3:46/34	6:23/39	2:09/94
	+2:41 (9)	+1:09 (9)	+1:16 (7)	+0:19 (6)	+1:59 (15)	+1:12 (6)	+0:35 (7)	+2:46 (17)	+0:29 (8)
7	Kristine Masterdalshei			Mo OK			(8.09min/km)		43:40 (+10:59)
	12:41 (20)	16:38 (20)	21:30 (16)	23:43 (13)	26:58 (11)	33:23 (9)	36:41 (7)	42:00 (7)	43:40 (7)
	12:41/77	3:57/161	4:52/100	2:13/92	3:15/96	6:25/168	3:18/34	5:19/39	1:40/94
	+8:33 (20)	+0:41 (5)	+0:39 (4)	+0:27 (7)	+0:37 (5)	+1:15 (8)	+0:07 (2)	+1:42 (9)	+0:00 (1)
8	Kjellaug Hodnekvam			Bergens TF			(8.32min/km)		44:55 (+12:14)
	6:48 (7)	11:37 (9)	18:09 (9)	20:06 (7)	24:18 (7)	32:58 (8)	37:43 (8)	42:50 (8)	44:55 (8)
	6:48/77	4:49/161	6:32/100	1:57/92	4:12/96	8:40/168	4:45/34	5:07/39	2:05/94
	+2:40 (7)	+1:33 (13)	+2:19 (15)	+0:11 (4)	+1:34 (12)	+3:30 (15)	+1:34 (12)	+1:30 (7)	+0:25 (6)
9	Ildiko Horvati			IL Tyrving			(8.65min/km)		46:41 (+14:00)
	7:48 (12)	12:25 (12)	18:21 (10)	21:04 (9)	24:51 (8)	34:40 (10)	39:03 (9)	43:51 (9)	46:41 (9)
	7:48/77	4:37/161	5:56/100	2:43/92	3:47/96	9:49/168	4:23/34	4:48/39	2:50/94
	+3:40 (12)	+1:21 (10)	+1:43 (11)	+0:57 (14)	+1:09 (9)	+4:39 (18)	+1:12 (11)	+1:11 (5)	+1:10 (19)
10	Anne-Britt Nilsen			Kjelsaas			(8.76min/km)		47:19 (+14:38)
	6:37 (5)	12:03 (11)	18:51 (12)	21:38 (10)	25:20 (9)	31:44 (7)	41:21 (11)	45:27 (10)	47:19 (10)
	6:37/77	5:26/161	6:48/100	2:47/92	3:42/96	6:24/168	9:37/34	4:06/39	1:52/94
	+2:29 (5)	+2:10 (17)	+2:35 (19)	+1:01 (16)	+1:04 (8)	+1:14 (7)	+6:26 (24)	+0:29 (3)	+0:12 (4)
11	Liv Petersen-Øverleir			Mo OK			(8.94min/km)		48:17 (+15:36)
	6:48 (7)	10:32 (5)	16:24 (5)	20:49 (8)	28:43 (13)	36:29 (12)	40:47 (10)	46:18 (11)	48:17 (11)
	6:48/77	3:44/161	5:52/100	4:25/92	7:54/96	7:46/168	4:18/34	5:31/39	1:59/94
	+2:40 (7)	+0:28 (2)	+1:39 (10)	+2:39 (19)	+5:16 (23)	+2:36 (11)	+1:07 (10)	+1:54 (11)	+0:19 (5)
12	Thorkild Thorkildsen			Modum			(9.09min/km)		49:06 (+16:25)
	9:27 (18)	14:14 (14)	20:25 (14)	22:43 (11)	26:51 (10)	37:34 (13)	41:28 (12)	47:01 (12)	49:06 (12)
	9:27/77	4:47/161	6:11/100	2:18/92	4:08/96	10:43/168	3:54/34	5:33/39	2:05/94
	+5:19 (18)	+1:31 (12)	+1:58 (12)	+0:32 (8)	+1:30 (10)	+5:33 (21)	+0:43 (8)	+1:56 (12)	+0:25 (6)
13	Lars Sønsterød			SOK 68			(9.47min/km)		51:07 (+18:26)
	6:44 (6)	10:55 (6)	17:09 (8)	26:04 (18)	29:33 (16)	36:21 (11)	43:03 (13)	48:32 (13)	51:07 (13)
	6:44/77	4:11/161	6:14/100	8:55/92	3:29/96	6:48/168	6:42/34	5:29/39	2:35/94
	+2:36 (6)	+0:55 (7)	+2:01 (13)	+7:09 (24)	+0:51 (6)	+1:38 (9)	+3:31 (21)	+1:52 (10)	+0:55 (14)

14	Leif Bråten		Heming/Njård OL	(9.91min/km)	53:31	(+20:50)			
	8:36 (15)	14:24 (16)	22:10 (19)	24:35 (16)	29:24 (15)	39:48 (17)	45:07 (15)	50:24 (14)	53:31 (14)
	8:36/77	5:48/161	7:46/100	2:25/92	4:49/96	10:24/168	5:19/34	5:17/39	3:07/94
	+4:28 (15)	+2:32 (21)	+3:33 (24)	+0:39 (9)	+2:11 (16)	+5:14 (19)	+2:08 (15)	+1:40 (8)	+1:27 (21)
15	Ulla Sønsterød		SOK 68	(9.97min/km)	53:50	(+21:09)			
	6:56 (10)	11:47 (10)	18:32 (11)	22:58 (12)	27:53 (12)	39:02 (16)	45:12 (16)	51:08 (15)	53:50 (15)
	6:56/77	4:51/161	6:45/100	4:26/92	4:55/96	11:09/168	6:10/34	5:56/39	2:42/94
	+2:48 (10)	+1:35 (14)	+2:32 (18)	+2:40 (20)	+2:17 (17)	+5:59 (24)	+2:59 (19)	+2:19 (14)	+1:02 (17)
16	Gertrud Asplund		VSOK	(10.13min/km)	54:42	(+22:01)			
	7:56 (13)	12:42 (13)	19:26 (13)	23:56 (14)	28:54 (14)	39:53 (18)	46:05 (19)	52:10 (16)	54:42 (16)
	7:56/77	4:46/161	6:44/100	4:30/92	4:58/96	10:59/168	6:12/34	6:05/39	2:32/94
	+3:48 (13)	+1:30 (11)	+2:31 (17)	+2:44 (21)	+2:20 (18)	+5:49 (23)	+3:01 (20)	+2:28 (15)	+0:52 (13)
17	Olav Svaan		Trollelg	(10.14min/km)	54:45	(+22:04)			
	10:14 (19)	15:27 (19)	22:15 (20)	27:05 (20)	31:34 (20)	38:47 (14)	44:21 (14)	52:17 (17)	54:45 (17)
	10:14/77	5:13/161	6:48/100	4:50/92	4:29/96	7:13/168	5:34/34	7:56/39	2:28/94
	+6:06 (19)	+1:57 (16)	+2:35 (19)	+3:04 (22)	+1:51 (14)	+2:03 (10)	+2:23 (16)	+4:19 (23)	+0:48 (12)
18	Siren Greve		Bergens TF	(10.34min/km)	55:49	(+23:08)			
	8:25 (14)	15:00 (18)	21:22 (15)	24:08 (15)	29:55 (17)	38:51 (15)	45:52 (18)	53:13 (18)	55:49 (18)
	8:25/77	6:35/161	6:22/100	2:46/92	5:47/96	8:56/168	7:01/34	7:21/39	2:36/94
	+4:17 (14)	+3:19 (22)	+2:09 (14)	+1:00 (15)	+3:09 (22)	+3:46 (16)	+3:50 (22)	+3:44 (21)	+0:56 (15)
19	Eva Isaksson		OK Skogshjortanrna	(10.56min/km)	57:00	(+24:19)			
	8:42 (16)	14:17 (15)	21:48 (17)	25:33 (17)	31:12 (18)	41:50 (19)	47:31 (20)	54:16 (19)	57:00 (19)
	8:42/77	5:35/161	7:31/100	3:45/92	5:39/96	10:38/168	5:41/34	6:45/39	2:44/94
	+4:34 (16)	+2:19 (20)	+3:18 (22)	+1:59 (17)	+3:01 (21)	+5:28 (20)	+2:30 (18)	+3:08 (20)	+1:04 (18)
20	Barbro Andersson		OK Skogshjortanrna	(10.58min/km)	57:08	(+24:27)			
	9:08 (17)	14:34 (17)	22:04 (18)	26:09 (19)	31:20 (19)	42:18 (21)	47:57 (21)	54:32 (20)	57:08 (20)
	9:08/77	5:26/161	7:30/100	4:05/92	5:11/96	10:58/168	5:39/34	6:35/39	2:36/94
	+5:00 (17)	+2:10 (17)	+3:17 (21)	+2:19 (18)	+2:33 (20)	+5:48 (22)	+2:28 (17)	+2:58 (18)	+0:56 (15)
21	Eli Klovning		Porsgrunn	(11.10min/km)	59:56	(+27:15)			
	13:12 (21)	18:45 (21)	26:24 (21)	29:02 (21)	34:10 (21)	43:55 (22)	48:51 (22)	56:15 (21)	59:56 (21)
	13:12/77	5:33/161	7:39/100	2:38/92	5:08/96	9:45/168	4:56/34	7:24/39	3:41/94
	+9:04 (21)	+2:17 (19)	+3:26 (23)	+0:52 (13)	+2:30 (19)	+4:35 (17)	+1:45 (14)	+3:47 (22)	+2:01 (22)
22	Anny Lorentzen		Korgen IL	(11.39min/km)	1:01:31	(+28:50)			
	19:28 (23)	26:35 (23)	32:25 (23)	34:59 (23)	39:08 (23)	47:02 (23)	51:48 (23)	57:40 (22)	1:01:31 (22)
	19:28/77	7:07/161	5:50/100	2:34/92	4:09/96	7:54/168	4:46/34	5:52/39	3:51/94
	+15:20 (23)	+3:51 (23)	+1:37 (9)	+0:48 (10)	+1:31 (11)	+2:44 (12)	+1:35 (13)	+2:15 (13)	+2:11 (23)
23	Aud Frøholm		Askvoll	(16.06min/km)	1:26:43	(+54:02)			
	17:17 (22)	22:22 (22)	29:01 (22)	31:38 (22)	36:05 (22)	42:16 (20)	45:43 (17)	1:23:45 (23)	1:26:43 (23)
	17:17/77	5:05/161	6:39/100	2:37/92	4:27/96	6:11/168	3:27/34	38:02/39	2:58/94
	+13:09 (22)	+1:49 (15)	+2:26 (16)	+0:51 (12)	+1:49 (13)	+1:01 (5)	+0:16 (3)	+34:25 (24)	+1:18 (20)
24	Thor Engell		Modum	(17.42min/km)	1:34:05	(+1:01:24)			
	30:53 (24)	40:56 (24)	45:20 (24)	51:27 (24)	1:12:38 (24)	1:21:09 (24)	1:29:00 (24)	1:34:05 (24)	1:34:05 (24)
	30:53/161	10:03/100	4:24/92	6:07/96	21:11/168	8:31/34	7:51/39	5:05/94	
	+26:45 (24)	+6:47 (24)	+0:11 (2)	+4:21 (23)	+18:33 (24)	+3:21 (14)	+4:40 (23)	+1:28 (6)	+0:00 (1)
	Tor Tyse		TIF Viking	(20.95min/km)	Disk	(+1:20:28)			
	9:39 (19)	18:12 (21)	30:01 (23)	34:36 (23)	43:09 (24)	1:23:51 (25)	1:36:12 (25)	1:53:09 (25)	1:53:09 (25)
	9:39/77	8:33/161	11:49/100	4:35/92	8:33/96	40:42/168	12:21/34	16:57/94	
	+5:31 (19)	+5:17 (24)	+7:36 (25)	+2:49 (22)	+5:55 (24)	+35:32 (25)	+9:10 (25)	+13:20 (24)	+0:00 (1)

Klasse C - 2.5 km

7 påmeldt, 7 startende

1	Tone Merete Vårli		Korgen IL	(10.42min/km)	26:03			
	2:34 (1)	7:05 (1)	10:57 (1)	16:50 (1)	21:28 (1)	23:17 (1)	25:06 (1)	26:03 (1)
	2:34/154	4:31/93	3:52/36	5:53/148	4:38/140	1:49/141	1:49/149	0:57/94
	+0:00 (1)	+0:00 (1)	+0:02 (3)	+0:43 (2)	+0:00 (1)	+0:15 (2)	+0:57 (4)	+0:08 (2)
2	Åshild Kolstad		Mo OK	(13.40min/km)	33:30	(+7:27)		
	2:41 (2)	9:39 (3)	15:49 (2)	20:59 (2)	27:54 (2)	30:40 (2)	32:41 (2)	33:30 (2)
	2:41/154	6:58/93	6:10/36	5:10/148	6:55/140	2:46/141	2:01/149	0:49/94
	+0:07 (2)	+2:27 (5)	+2:20 (4)	+0:00 (1)	+2:17 (3)	+1:12 (7)	+1:09 (5)	+0:00 (1)

3	Arne-Kjell Svendsen		Lillomarka OL		(16.05min/km)	40:08	(+14:05)	
	2:45 (3)	9:19 (2)	16:48 (3)	23:11 (3)	33:41 (3)	36:01 (3)	38:46 (3)	40:08 (3)
	2:45/154	6:34/93	7:29/36	6:23/148	10:30/140	2:20/141	2:45/149	1:22/94
	+0:11 (3)	+2:03 (4)	+3:39 (5)	+1:13 (3)	+5:52 (7)	+0:46 (5)	+1:53 (7)	+0:33 (4)
4	Emil Endstrøm		Ukjent klubb		(16.47min/km)	41:11	(+15:08)	
	4:48 (5)	19:00 (6)	22:50 (4)	30:07 (4)	38:44 (5)	40:18 (5)	41:11 (5)	41:11 (4)
	4:48/35	14:12/148	3:50/39	7:17/34	8:37/141	1:34/149	0:53/94	
	+2:14 (5)	+9:41 (6)	+0:00 (1)	+2:07 (5)	+3:59 (5)	+0:00 (1)	+0:01 (2)	+0:00 (1)
5	Anna-Lena Mårtensson		Ukjent klubb		(16.79min/km)	41:59	(+15:56)	
	4:50 (6)	19:02 (7)	22:53 (5)	30:07 (4)	39:10 (6)	41:07 (6)	41:59 (6)	41:59 (5)
	4:50/35	14:12/148	3:51/39	7:14/34	9:03/141	1:57/149	0:52/94	
	+2:16 (6)	+9:41 (6)	+0:01 (2)	+2:04 (4)	+4:25 (6)	+0:23 (3)	+0:00 (1)	+0:00 (1)
6	Björg Håland		Korgen IL		(16.85min/km)	42:07	(+16:04)	
	4:36 (4)	10:40 (4)	23:09 (6)	31:46 (6)	36:42 (4)	39:06 (4)	41:09 (4)	42:07 (6)
	4:36/154	6:04/93	12:29/36	8:37/148	4:56/140	2:24/141	2:03/149	0:58/94
	+2:02 (4)	+1:33 (3)	+8:39 (6)	+3:27 (7)	+0:18 (2)	+0:50 (6)	+1:11 (6)	+0:09 (3)
7	Elisabeth Rød		Ukjent klubb		(19.27min/km)	48:11	(+22:08)	
	8:11 (7)	14:14 (5)	29:06 (7)	36:28 (7)	45:00 (7)	47:09 (7)	48:11 (7)	48:11 (7)
	8:11/35	6:03/148	14:52/39	7:22/34	8:32/141	2:09/149	1:02/94	
	+5:37 (7)	+1:32 (2)	+11:02 (7)	+2:12 (6)	+3:54 (4)	+0:35 (4)	+0:10 (3)	+0:00 (1)

Klasse M - 4.3 km

30 påmeldt, 30 startende

1	Rune Rådestrøm		Ukjent klubb		(8.67min/km)	37:17				
	6:59 (1)	9:30 (1)	14:49 (1)	18:41 (1)	21:06 (1)	22:38 (1)	25:18 (1)	29:44 (1)	32:37 (1)	35:40 (1)
	6:59/95	2:31/137	5:19/37	3:52/143	2:25/100	1:32/92	2:40/96	4:26/168	2:53/34	3:03/39
	+0:00 (1)	+0:00 (1)	+0:42 (4)	+0:15 (2)	+0:26 (8)	+0:00 (1)	+0:13 (5)	+0:00 (1)	+0:06 (2)	+0:00 (1)
	37:17 (1)									
	1:37/94									
	+0:04 (3)									
2	Gotfred Rygh		Modum		(10.34min/km)	44:27	(+7:10)			
	8:05 (2)	11:13 (3)	16:59 (3)	20:36 (2)	23:08 (3)	25:18 (2)	28:13 (2)	34:28 (2)	38:49 (2)	42:36 (2)
	8:05/95	3:08/137	5:46/37	3:37/143	2:32/100	2:10/92	2:55/96	6:15/168	4:21/34	3:47/39
	+1:06 (2)	+0:37 (12)	+1:09 (12)	+0:00 (1)	+0:33 (15)	+0:38 (17)	+0:28 (7)	+1:49 (15)	+1:34 (22)	+0:44 (12)
	44:27 (2)									
	1:51/94									
	+0:18 (9)									
3	Svein Hovli		Ukjent klubb		(10.43min/km)	44:52	(+7:35)			
	9:07 (8)	12:19 (7)	17:37 (5)	21:56 (5)	24:27 (4)	26:24 (4)	29:28 (4)	36:30 (6)	40:07 (6)	43:19 (4)
	9:07/95	3:12/137	5:18/37	4:19/143	2:31/100	1:57/92	3:04/96	7:02/168	3:37/34	3:12/39
	+2:08 (8)	+0:41 (15)	+0:41 (3)	+0:42 (6)	+0:32 (14)	+0:25 (12)	+0:37 (9)	+2:36 (21)	+0:50 (14)	+0:09 (2)
	44:52 (3)									
	1:33/94									
	+0:00 (1)									
4	Svein Glendrange		Stavanger OK		(10.52min/km)	45:13	(+7:56)			
	11:20 (18)	14:30 (15)	19:07 (12)	24:12 (12)	26:24 (12)	27:59 (10)	30:32 (7)	36:07 (4)	39:32 (4)	42:55 (3)
	11:20/95	3:10/137	4:37/37	5:05/143	2:12/100	1:35/92	2:33/96	5:35/168	3:25/34	3:23/39
	+4:21 (18)	+0:39 (14)	+0:00 (1)	+1:28 (17)	+0:13 (2)	+0:03 (2)	+0:06 (3)	+1:09 (10)	+0:38 (9)	+0:20 (5)
	45:13 (4)									
	2:18/94									
	+0:45 (23)									
5	Nils Olav Vennevik		Freidig		(10.57min/km)	45:28	(+8:11)			
	8:28 (4)	11:43 (4)	17:39 (6)	22:22 (6)	24:55 (6)	26:58 (6)	30:25 (6)	35:51 (3)	39:31 (3)	43:35 (5)
	8:28/95	3:15/137	5:56/37	4:43/143	2:33/100	2:03/92	3:27/96	5:26/168	3:40/34	4:04/39
	+1:29 (4)	+0:44 (17)	+1:19 (16)	+1:06 (16)	+0:34 (16)	+0:31 (16)	+1:00 (19)	+1:00 (7)	+0:53 (15)	+1:01 (16)
	45:28 (5)									
	1:53/94									
	+0:20 (10)									

6	Ronny Andersson		Ukjent klubb		(10.60min/km)	45:35	(+8:18)			
	10:25 (13)	13:33 (12)	19:27 (13)	24:53 (14)	27:13 (13)	28:55 (13)	31:22 (11)	37:02 (8)	40:21 (8)	43:52 (6)
	10:25/95	3:08/137	5:54/37	5:26/143	2:20/100	1:42/92	2:27/96	5:40/168	3:19/34	3:31/39
	+3:26 (13)	+0:37 (12)	+1:17 (14)	+1:49 (20)	+0:21 (5)	+0:10 (4)	+0:00 (1)	+1:14 (12)	+0:32 (7)	+0:28 (7)
	45:35 (6)									
	1:43/94									
	+0:10 (5)									
7	Svein Grønhovd		Modum		(10.63min/km)	45:42	(+8:25)			
	8:42 (5)	11:56 (6)	17:19 (4)	21:48 (4)	24:33 (5)	26:33 (5)	29:45 (5)	36:30 (6)	39:50 (5)	43:54 (7)
	8:42/95	3:14/137	5:23/37	4:29/143	2:45/100	2:00/92	3:12/96	6:45/168	3:20/34	4:04/39
	+1:43 (5)	+0:43 (16)	+0:46 (5)	+0:52 (8)	+0:46 (24)	+0:28 (14)	+0:45 (12)	+2:19 (19)	+0:33 (8)	+1:01 (16)
	45:42 (7)									
	1:48/94									
	+0:15 (8)									
8	Maj Jorunn Rognlien		Hamar OK		(10.71min/km)	46:02	(+8:45)			
	8:49 (7)	11:55 (5)	18:05 (7)	22:40 (8)	25:22 (10)	27:24 (9)	30:57 (9)	36:18 (5)	40:07 (7)	44:00 (8)
	8:49/95	3:06/137	6:10/37	4:35/143	2:42/100	2:02/92	3:33/96	5:21/168	3:49/34	3:53/39
	+1:50 (7)	+0:35 (10)	+1:33 (20)	+0:58 (14)	+0:43 (23)	+0:30 (15)	+1:06 (20)	+0:55 (6)	+1:02 (18)	+0:50 (14)
	46:02 (8)									
	2:02/94									
	+0:29 (19)									
9	Knut Skjesol		Wing OK		(10.84min/km)	46:36	(+9:19)			
	8:10 (3)	10:53 (2)	16:38 (2)	21:08 (3)	23:07 (2)	25:40 (3)	28:54 (3)	37:29 (9)	40:32 (9)	45:01 (9)
	8:10/95	2:43/137	5:45/37	4:30/143	1:59/100	2:33/92	3:14/96	8:35/168	3:03/34	4:29/39
	+1:11 (3)	+0:12 (3)	+1:08 (10)	+0:53 (10)	+0:00 (1)	+1:01 (23)	+0:47 (14)	+4:09 (24)	+0:16 (3)	+1:26 (21)
	46:36 (9)									
	1:35/94									
	+0:02 (2)									
10	Hajo Andersson		Ukjent klubb		(10.88min/km)	46:48	(+9:31)			
	12:14 (21)	15:12 (18)	20:57 (16)	24:49 (13)	27:14 (14)	29:07 (14)	32:14 (13)	38:30 (11)	41:38 (10)	45:02 (10)
	12:14/95	2:58/137	5:45/37	3:52/143	2:25/100	1:53/92	3:07/96	6:16/168	3:08/34	3:24/39
	+5:15 (21)	+0:27 (6)	+1:08 (10)	+0:15 (2)	+0:26 (8)	+0:21 (9)	+0:40 (10)	+1:50 (16)	+0:21 (4)	+0:21 (6)
	46:48 (10)									
	1:46/94									
	+0:13 (6)									
11	Kjell Åke Isaksson		Ukjent klubb		(11.05min/km)	47:30	(+10:13)			
	12:29 (23)	15:23 (19)	21:22 (17)	26:53 (19)	29:07 (18)	30:56 (18)	33:28 (15)	39:05 (13)	42:15 (12)	45:49 (11)
	12:29/95	2:54/137	5:59/37	5:31/143	2:14/100	1:49/92	2:32/96	5:37/168	3:10/34	3:34/39
	+5:30 (23)	+0:23 (5)	+1:22 (18)	+1:54 (21)	+0:15 (4)	+0:17 (6)	+0:05 (2)	+1:11 (11)	+0:23 (5)	+0:31 (8)
	47:30 (11)									
	1:41/94									
	+0:08 (4)									
12	John Ivar Kjellevoid		Modum		(11.11min/km)	47:46	(+10:29)			
	9:53 (11)	13:14 (9)	18:40 (10)	22:46 (9)	25:10 (8)	27:07 (7)	33:11 (14)	38:26 (10)	41:53 (11)	45:53 (12)
	9:53/95	3:21/137	5:26/37	4:06/143	2:24/100	1:57/92	6:04/96	5:15/168	3:27/34	4:00/39
	+2:54 (11)	+0:50 (19)	+0:49 (6)	+0:29 (5)	+0:25 (7)	+0:25 (12)	+3:37 (27)	+0:49 (5)	+0:40 (11)	+0:57 (15)
	47:46 (12)									
	1:53/94									
	+0:20 (10)									
13	Elling Aakre		Andebu IL		(11.41min/km)	49:04	(+11:47)			
	9:59 (12)	13:18 (10)	19:06 (11)	23:35 (11)	26:20 (11)	28:15 (11)	31:10 (10)	39:41 (15)	43:22 (15)	46:58 (13)
	9:59/95	3:19/137	5:48/37	4:29/143	2:45/100	1:55/92	2:55/96	8:31/168	3:41/34	3:36/39
	+3:00 (12)	+0:48 (18)	+1:11 (13)	+0:52 (8)	+0:46 (24)	+0:23 (11)	+0:28 (7)	+4:05 (22)	+0:54 (16)	+0:33 (9)
	49:04 (13)									
	2:06/94									
	+0:33 (20)									
14	Tormod Dahlen		Gjø-Vard OL		(11.44min/km)	49:11	(+11:54)			
	10:59 (17)	13:31 (11)	18:32 (9)	23:05 (10)	25:18 (9)	28:49 (12)	31:41 (12)	41:06 (18)	43:53 (16)	47:13 (15)
	10:59/95	2:32/137	5:01/37	4:33/143	2:13/100	3:31/92	2:52/96	9:25/168	2:47/34	3:20/39
	+4:00 (17)	+0:01 (2)	+0:24 (2)	+0:56 (11)	+0:14 (3)	+1:59 (28)	+0:25 (6)	+4:59 (26)	+0:00 (1)	+0:17 (3)

49:11 (14)

1:58/94

+0:25 (17)

15 Arne Håpnæs

Korgen IL

(11.48min/km)

49:21 (+12:04)

8:43 (6) 14:46 (16) 22:01 (18) 27:33 (20) 29:59 (20) 32:16 (21) 35:29 (21) 40:40 (16) 44:13 (17) 47:34 (16)

8:43/95 6:03/137 7:15/37 5:32/143 2:26/100 2:17/92 3:13/96 5:11/168 3:33/34 3:21/39

+1:44 (6) +3:32 (24) +2:38 (24) +1:55 (23) +0:27 (10) +0:45 (19) +0:46 (13) +0:45 (4) +0:46 (13) +0:18 (4)

49:21 (15)

1:47/94

+0:14 (7)

16 Åmund Tonna

Eiker O-lag

(11.62min/km)

49:59 (+12:42)

10:30 (14) 13:33 (12) 22:15 (20) 26:10 (17) 28:37 (17) 30:23 (17) 34:21 (18) 39:22 (14) 43:11 (14) 47:02 (14)

10:30/95 3:03/137 8:42/37 3:55/143 2:27/100 1:46/92 3:58/96 5:01/168 3:49/34 3:51/39

+3:31 (14) +0:32 (7) +4:05 (25) +0:18 (4) +0:28 (11) +0:14 (5) +1:31 (25) +0:35 (2) +1:02 (18) +0:48 (13)

49:59 (16)

2:57/94

+1:24 (28)

17 Otto Venhauer

OLCU Viktring

(11.69min/km)

50:15 (+12:58)

11:25 (19) 14:48 (17) 20:43 (15) 25:02 (15) 27:42 (15) 30:18 (16) 33:35 (16) 39:01 (12) 42:26 (13) 47:50 (17)

11:25/95 3:23/137 5:55/37 4:19/143 2:40/100 2:36/92 3:17/96 5:26/168 3:25/34 5:24/39

+4:26 (19) +0:52 (20) +1:18 (15) +0:42 (6) +0:41 (21) +1:04 (25) +0:50 (15) +1:00 (7) +0:38 (9) +2:21 (26)

50:15 (17)

2:25/94

+0:52 (24)

18 Mia Olsen

Modum

(12.14min/km)

52:11 (+14:54)

15:47 (27) 18:50 (23) 24:31 (23) 29:05 (23) 31:32 (23) 34:14 (23) 37:23 (22) 42:49 (21) 46:32 (19) 50:14 (19)

15:47/95 3:03/137 5:41/37 4:34/143 2:27/100 2:42/92 3:09/96 5:26/168 3:43/34 3:42/39

+8:48 (27) +0:32 (7) +1:04 (8) +0:57 (13) +0:28 (11) +1:10 (26) +0:42 (11) +1:00 (7) +0:56 (17) +0:39 (11)

52:11 (18)

1:57/94

+0:24 (15)

19 György Horvati

IL Tyrving

(12.24min/km)

52:38 (+15:21)

9:20 (9) 12:27 (8) 18:06 (8) 22:39 (7) 24:59 (7) 27:12 (8) 30:38 (8) 40:43 (17) 45:10 (18) 49:50 (18)

9:20/95 3:07/137 5:39/37 4:33/143 2:20/100 2:13/92 3:26/96 10:05/168 4:27/34 4:40/39

+2:21 (9) +0:36 (11) +1:02 (7) +0:56 (11) +0:21 (5) +0:41 (18) +0:59 (17) +5:39 (28) +1:40 (23) +1:37 (23)

52:38 (19)

2:48/94

+1:15 (27)

20 Suzy Larsen

Ukjent klubb

(12.87min/km)

55:21 (+18:04)

10:49 (16) 13:53 (14) 19:51 (14) 25:22 (16) 27:57 (16) 29:49 (15) 33:37 (17) 42:08 (20) 46:50 (20) 52:48 (20)

10:49/95 3:04/137 5:58/37 5:31/143 2:35/100 1:52/92 3:48/96 8:31/168 4:42/34 5:58/39

+3:50 (16) +0:33 (9) +1:21 (17) +1:54 (21) +0:36 (18) +0:20 (8) +1:21 (23) +4:05 (22) +1:55 (25) +2:55 (27)

55:21 (20)

2:33/94

+1:00 (25)

21 Gøran Karlsson

Ukjent klubb

(12.89min/km)

55:26 (+18:09)

12:21 (22) 15:50 (20) 22:05 (19) 26:45 (18) 29:21 (19) 31:14 (19) 34:40 (19) 44:02 (22) 48:13 (21) 53:32 (21)

12:21/95 3:29/137 6:15/37 4:40/143 2:36/100 1:53/92 3:26/96 9:22/168 4:11/34 5:19/39

+5:22 (22) +0:58 (22) +1:38 (21) +1:03 (15) +0:37 (19) +0:21 (9) +0:59 (17) +4:56 (25) +1:24 (21) +2:16 (25)

55:26 (21)

1:54/94

+0:21 (12)

22 Urban Lundberg

Ukjent klubb

(12.90min/km)

55:29 (+18:12)

9:33 (10) 17:02 (22) 23:03 (22) 28:11 (22) 30:52 (22) 32:41 (22) 39:52 (23) 46:20 (23) 49:52 (22) 53:33 (22)

9:33/95 7:29/137 6:01/37 5:08/143 2:41/100 1:49/92 7:11/96 6:28/168 3:32/34 3:41/39

+2:34 (10) +4:58 (27) +1:24 (19) +1:31 (18) +0:42 (22) +0:17 (6) +4:44 (28) +2:02 (17) +0:45 (12) +0:38 (10)

55:29 (22)

1:56/94

+0:23 (14)

23	Kenth Svensson				Ukjent klubb		(13.16min/km)		56:35 (+19:18)	
	13:56 (24)	16:46 (21)	22:27 (21)	28:00 (21)	30:28 (21)	32:09 (20)	34:44 (20)	41:18 (19)	50:28 (23)	54:38 (23)
	13:56/95	2:50/137	5:41/37	5:33/143	2:28/100	1:41/92	2:35/96	6:34/168	9:10/34	4:10/39
	+6:57 (24)	+0:19 (4)	+1:04 (8)	+1:56 (24)	+0:29 (13)	+0:09 (3)	+0:08 (4)	+2:08 (18)	+6:23 (27)	+1:07 (18)
	56:35 (23)									
	1:57/94									
	+0:24 (15)									
24	Magne Klovning				Porsgrunn		(16.12min/km)		1:09:20 (+32:03)	
	17:38 (28)	21:22 (24)	27:50 (24)	44:48 (26)	47:22 (26)	49:42 (26)	53:04 (25)	58:11 (25)	1:01:29 (24)	1:06:14 (24)
	17:38/95	3:44/137	6:28/37	16:58/143	2:34/100	2:20/92	3:22/96	5:07/168	3:18/34	4:45/39
	+10:39 (28)	+1:13 (23)	+1:51 (22)	+13:21 (29)	+0:35 (17)	+0:48 (20)	+0:55 (16)	+0:41 (3)	+0:31 (6)	+1:42 (24)
	1:09:20 (24)									
	3:06/94									
	+1:33 (29)									
25	Liv Anne Sollie				Mo OK		(17.89min/km)		1:16:56 (+39:39)	
	11:45 (20)	21:56 (27)	29:03 (25)	35:19 (24)	38:14 (24)	47:08 (24)	50:58 (24)	57:58 (24)	1:01:53 (25)	1:15:01 (25)
	11:45/95	10:11/137	7:07/37	6:16/143	2:55/100	8:54/92	3:50/96	7:00/168	3:55/34	13:08/39
	+4:46 (20)	+7:40 (28)	+2:30 (23)	+2:39 (25)	+0:56 (27)	+7:22 (29)	+1:23 (24)	+2:34 (20)	+1:08 (20)	+10:05 (29)
	1:16:56 (25)									
	1:55/94									
	+0:22 (13)									
26	Anne Grete Tonna				Eiker O-lag		(18.05min/km)		1:17:36 (+40:19)	
	10:40 (15)	31:28 (29)	42:09 (29)	47:28 (27)	50:05 (27)	52:40 (27)	56:56 (26)	1:06:42 (28)	1:11:19 (26)	1:15:38 (26)
	10:40/95	20:48/137	10:41/37	5:19/143	2:37/100	2:35/92	4:16/96	9:46/168	4:37/34	4:19/39
	+3:41 (15)	+18:17 (29)	+6:04 (26)	+1:42 (19)	+0:38 (20)	+1:03 (24)	+1:49 (26)	+5:20 (27)	+1:50 (24)	+1:16 (19)
	1:17:36 (26)									
	1:58/94									
	+0:25 (17)									
27	Henrik Mårtensson				Modum		(18.45min/km)		1:19:20 (+42:03)	
	14:01 (25)	21:28 (26)	41:21 (28)	48:15 (29)	51:06 (28)	53:32 (28)	57:07 (27)	1:03:15 (26)	1:12:45 (28)	1:17:05 (27)
	14:01/95	7:27/137	19:53/37	6:54/143	2:51/100	2:26/92	3:35/96	6:08/168	9:30/34	4:20/39
	+7:02 (25)	+4:56 (26)	+15:16 (28)	+3:17 (26)	+0:52 (26)	+0:54 (21)	+1:08 (21)	+1:42 (14)	+6:43 (29)	+1:17 (20)
	1:19:20 (27)									
	2:15/94									
	+0:42 (22)									
28	Ukjent				Ukjent klubb		(18.48min/km)		1:19:27 (+42:10)	
	14:08 (26)	21:27 (25)	41:20 (27)	48:14 (28)	51:11 (29)	53:37 (29)	57:13 (28)	1:03:16 (27)	1:12:43 (27)	1:17:16 (28)
	14:08/95	7:19/137	19:53/37	6:54/143	2:57/100	2:26/92	3:36/96	6:03/168	9:27/34	4:33/39
	+7:09 (26)	+4:48 (25)	+15:16 (28)	+3:17 (26)	+0:58 (28)	+0:54 (21)	+1:09 (22)	+1:37 (13)	+6:40 (28)	+1:30 (22)
	1:19:27 (28)									
	2:11/94									
	+0:38 (21)									
29	Haldis Glendrange				Stavanger OK		(20.44min/km)		1:27:54 (+50:37)	
	20:27 (29)	23:50 (28)	35:29 (26)	42:46 (25)	46:25 (25)	49:26 (25)	58:39 (29)	1:13:09 (29)	1:19:20 (29)	1:25:19 (29)
	20:27/95	3:23/137	11:39/37	7:17/143	3:39/100	3:01/92	9:13/96	14:30/168	6:11/34	5:59/39
	+13:28 (29)	+0:52 (20)	+7:02 (27)	+3:40 (28)	+1:40 (29)	+1:29 (27)	+6:46 (29)	+10:04 (29)	+3:24 (26)	+2:56 (28)
	1:27:54 (29)									
	2:35/94									
	+1:02 (26)									
	Kari Enerhaugen				Modum		(0.00min/km)		Brutt	
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)									
	+0:00 (1)									

Klasse Trim

2 påmeldt, 2 startende

Karin Håpnes
Ivar Tverå

Korgen IL
Korgen IL

Klasse L - 7.3 km

22 påmeldt, 22 startende 22 premiert

1	Anders Beyer Brattli		Mo OK		(5.62min/km)		41:00			
	6:55 (1)	10:23 (1)	12:51 (1)	16:03 (1)	18:47 (1)	25:40 (1)	27:11 (1)	28:37 (1)	30:37 (1)	33:50 (1)
	6:55/137	3:28/164	2:28/153	3:12/172	2:44/169	6:53/143	1:31/100	1:26/92	2:00/96	3:13/168
	+0:00 (1)	+0:00 (1)	+0:33 (11)	+0:00 (1)	+0:03 (2)	+1:05 (6)	+0:02 (2)	+0:04 (3)	+0:00 (1)	+0:00 (1)
	37:21 (1)	39:47 (1)	41:00 (1)							
	3:31/34	2:26/39	1:13/94							
	+1:14 (14)	+0:14 (2)	+0:00 (1)							
2	David Løver		Modum		(5.67min/km)		41:24		(+0:24)	
	7:56 (3)	11:28 (3)	13:23 (2)	16:59 (2)	20:03 (2)	25:58 (2)	27:56 (2)	29:26 (2)	31:46 (2)	35:24 (2)
	7:56/137	3:32/164	1:55/153	3:36/172	3:04/169	5:55/143	1:58/100	1:30/92	2:20/96	3:38/168
	+1:01 (3)	+0:04 (2)	+0:00 (1)	+0:24 (5)	+0:23 (3)	+0:07 (2)	+0:29 (9)	+0:08 (5)	+0:20 (4)	+0:25 (3)
	37:51 (2)	40:03 (2)	41:24 (2)							
	2:27/34	2:12/39	1:21/94							
	+0:10 (2)	+0:00 (1)	+0:08 (4)							
3	Martin Herringbotn		Herringen IL		(5.90min/km)		43:06		(+2:06)	
	7:26 (2)	11:09 (2)	13:38 (3)	18:00 (4)	20:41 (3)	27:46 (3)	29:15 (3)	30:42 (3)	32:47 (3)	36:01 (3)
	7:26/137	3:43/164	2:29/153	4:22/172	2:41/169	7:05/143	1:29/100	1:27/92	2:05/96	3:14/168
	+0:31 (2)	+0:15 (5)	+0:34 (12)	+1:10 (13)	+0:00 (1)	+1:17 (7)	+0:00 (1)	+0:05 (4)	+0:05 (2)	+0:01 (2)
	39:00 (3)	41:53 (3)	43:06 (3)							
	2:59/34	2:53/39	1:13/94							
	+0:42 (9)	+0:41 (6)	+0:00 (1)							
4	Jens Kr. Koplund		Modum		(6.12min/km)		44:39		(+3:39)	
	8:18 (7)	11:54 (5)	14:33 (6)	18:04 (6)	21:30 (4)	27:52 (4)	29:45 (4)	31:08 (4)	33:32 (4)	37:30 (4)
	8:18/137	3:36/164	2:39/153	3:31/172	3:26/169	6:22/143	1:53/100	1:23/92	2:24/96	3:58/168
	+1:23 (7)	+0:08 (3)	+0:44 (15)	+0:19 (3)	+0:45 (4)	+0:34 (4)	+0:24 (7)	+0:01 (2)	+0:24 (6)	+0:45 (5)
	40:07 (4)	42:54 (4)	44:39 (4)							
	2:37/34	2:47/39	1:45/94							
	+0:20 (3)	+0:35 (4)	+0:32 (18)							
5	Lars Granum		Oppsal IF		(6.21min/km)		45:20		(+4:20)	
	8:07 (5)	13:10 (7)	15:10 (7)	19:02 (7)	23:11 (6)	29:17 (5)	31:05 (5)	32:27 (5)	35:01 (5)	38:54 (5)
	8:07/137	5:03/164	2:00/153	3:52/172	4:09/169	6:06/143	1:48/100	1:22/92	2:34/96	3:53/168
	+1:12 (5)	+1:35 (18)	+0:05 (3)	+0:40 (8)	+1:28 (11)	+0:18 (3)	+0:19 (3)	+0:00 (1)	+0:34 (7)	+0:40 (4)
	41:11 (5)	43:50 (5)	45:20 (5)							
	2:17/34	2:39/39	1:30/94							
	+0:00 (1)	+0:27 (3)	+0:17 (7)							
6	Lars Enerhaugen		Modum		(6.51min/km)		47:31		(+6:31)	
	8:06 (4)	11:42 (4)	13:48 (4)	17:25 (3)	24:05 (7)	29:53 (7)	31:42 (6)	33:15 (6)	35:37 (6)	39:45 (6)
	8:06/137	3:36/164	2:06/153	3:37/172	6:40/169	5:48/143	1:49/100	1:33/92	2:22/96	4:08/168
	+1:11 (4)	+0:08 (3)	+0:11 (4)	+0:25 (6)	+3:59 (17)	+0:00 (1)	+0:20 (4)	+0:11 (6)	+0:22 (5)	+0:55 (6)
	43:21 (6)	46:11 (6)	47:31 (6)							
	3:36/34	2:50/39	1:20/94							
	+1:19 (16)	+0:38 (5)	+0:07 (3)							
7	Leif Thingsrud		Østmarka OK		(6.81min/km)		49:42		(+8:42)	
	8:16 (6)	12:24 (6)	14:20 (5)	18:02 (5)	22:33 (5)	29:46 (6)	32:03 (7)	33:44 (7)	37:04 (7)	41:55 (7)
	8:16/137	4:08/164	1:56/153	3:42/172	4:31/169	7:13/143	2:17/100	1:41/92	3:20/96	4:51/168
	+1:21 (6)	+0:40 (8)	+0:01 (2)	+0:30 (7)	+1:50 (14)	+1:25 (8)	+0:48 (13)	+0:19 (7)	+1:20 (14)	+1:38 (12)
	44:53 (7)	48:10 (7)	49:42 (7)							
	2:58/34	3:17/39	1:32/94							
	+0:41 (8)	+1:05 (10)	+0:19 (9)							
8	Arnulf Villmo		Korgen IL		(6.93min/km)		50:36		(+9:36)	
	9:11 (9)	13:37 (10)	16:09 (9)	20:25 (8)	24:53 (10)	31:23 (8)	33:29 (8)	35:16 (8)	38:16 (8)	42:58 (8)
	9:11/137	4:26/164	2:32/153	4:16/172	4:28/169	6:30/143	2:06/100	1:47/92	3:00/96	4:42/168

+2:16 (9)	+0:58 (11)	+0:37 (13)	+1:04 (11)	+1:47 (13)	+0:42 (5)	+0:37 (10)	+0:25 (9)	+1:00 (10)	+1:29 (10)
46:06 (8)	49:11 (8)	50:36 (8)							
3:08/34	3:05/39	1:25/94							
+0:51 (10)	+0:53 (7)	+0:12 (5)							
9	Edvin Helle		Askvoll		(7.41min/km)		54:05	(+13:05)	
9:15 (10)	13:28 (9)	16:03 (8)	20:40 (9)	24:33 (9)	32:33 (9)	35:03 (9)	37:04 (9)	39:50 (9)	45:03 (9)
9:15/137	4:13/164	2:35/153	4:37/172	3:53/169	8:00/143	2:30/100	2:01/92	2:46/96	5:13/168
+2:20 (10)	+0:45 (9)	+0:40 (14)	+1:25 (16)	+1:12 (7)	+2:12 (13)	+1:01 (14)	+0:39 (12)	+0:46 (8)	+2:00 (14)
48:00 (9)	52:29 (9)	54:05 (9)							
2:57/34	4:29/39	1:36/94							
+0:40 (7)	+2:17 (16)	+0:23 (12)							
10	Ingar Solberg		Olderskog IL		(7.70min/km)		56:11	(+15:11)	
8:34 (8)	13:22 (8)	16:31 (11)	20:57 (12)	25:02 (11)	34:05 (11)	36:43 (11)	38:46 (11)	42:10 (10)	47:21 (10)
8:34/137	4:48/164	3:09/153	4:26/172	4:05/169	9:03/143	2:38/100	2:03/92	3:24/96	5:11/168
+1:39 (8)	+1:20 (17)	+1:14 (19)	+1:14 (14)	+1:24 (9)	+3:15 (16)	+1:09 (16)	+0:41 (15)	+1:24 (17)	+1:58 (13)
50:51 (10)	54:28 (10)	56:11 (10)							
3:30/34	3:37/39	1:43/94							
+1:13 (13)	+1:25 (14)	+0:30 (16)							
11	Inger Lise Pettersen		Korgen IL		(7.86min/km)		57:23	(+16:23)	
11:34 (17)	17:49 (16)	21:22 (17)	24:51 (17)	28:34 (14)	35:56 (12)	37:46 (12)	39:43 (12)	42:46 (11)	50:00 (13)
11:34/137	6:15/164	3:33/153	3:29/172	3:43/169	7:22/143	1:50/100	1:57/92	3:03/96	7:14/168
+4:39 (17)	+2:47 (19)	+1:38 (20)	+0:17 (2)	+1:02 (6)	+1:34 (9)	+0:21 (5)	+0:35 (10)	+1:03 (11)	+4:01 (20)
52:46 (11)	55:53 (11)	57:23 (11)							
2:46/34	3:07/39	1:30/94							
+0:29 (4)	+0:55 (8)	+0:17 (7)							
12	Heidi Mårtensson		Modum		(8.02min/km)		58:33	(+17:33)	
9:45 (12)	14:22 (13)	17:06 (13)	22:37 (13)	27:56 (12)	36:42 (13)	39:29 (13)	41:46 (13)	45:16 (14)	49:56 (11)
9:45/137	4:37/164	2:44/153	5:31/172	5:19/169	8:46/143	2:47/100	2:17/92	3:30/96	4:40/168
+2:50 (12)	+1:09 (14)	+0:49 (16)	+2:19 (19)	+2:38 (15)	+2:58 (15)	+1:18 (18)	+0:55 (17)	+1:30 (19)	+1:27 (9)
53:23 (12)	56:56 (12)	58:33 (12)							
3:27/34	3:33/39	1:37/94							
+1:10 (12)	+1:21 (13)	+0:24 (13)							
13	Jörgen Mårtensson		Modum		(8.05min/km)		58:45	(+17:45)	
9:52 (14)	14:29 (14)	17:14 (14)	22:39 (14)	28:03 (13)	36:44 (14)	39:38 (14)	41:54 (15)	45:19 (15)	49:58 (12)
9:52/137	4:37/164	2:45/153	5:25/172	5:24/169	8:41/143	2:54/100	2:16/92	3:25/96	4:39/168
+2:57 (14)	+1:09 (14)	+0:50 (17)	+2:13 (17)	+2:43 (16)	+2:53 (14)	+1:25 (19)	+0:54 (16)	+1:25 (18)	+1:26 (8)
53:30 (13)	57:02 (13)	58:45 (13)							
3:32/34	3:32/39	1:43/94							
+1:15 (15)	+1:20 (12)	+0:30 (16)							
14	Hilde Sofie Masterdalshei		Mo OK		(8.24min/km)		1:00:08	(+19:08)	
14:09 (19)	17:53 (17)	20:03 (16)	23:35 (16)	32:59 (18)	40:43 (18)	42:57 (18)	44:58 (16)	47:12 (16)	52:38 (16)
14:09/137	3:44/164	2:10/153	3:32/172	9:24/169	7:44/143	2:14/100	2:01/92	2:14/96	5:26/168
+7:14 (19)	+0:16 (6)	+0:15 (5)	+0:20 (4)	+6:43 (19)	+1:56 (10)	+0:45 (12)	+0:39 (12)	+0:14 (3)	+2:13 (15)
55:24 (16)	58:31 (14)	1:00:08 (14)							
2:46/34	3:07/39	1:37/94							
+0:29 (4)	+0:55 (8)	+0:24 (13)							
15	Olav Oldernes		Korgen IL		(8.25min/km)		1:00:12	(+19:12)	
11:56 (18)	19:46 (19)	22:13 (19)	26:15 (18)	30:22 (16)	38:11 (15)	40:03 (15)	41:47 (14)	45:08 (13)	51:45 (15)
11:56/137	7:50/164	2:27/153	4:02/172	4:07/169	7:49/143	1:52/100	1:44/92	3:21/96	6:37/168
+5:01 (18)	+4:22 (20)	+0:32 (10)	+0:50 (9)	+1:26 (10)	+2:01 (12)	+0:23 (6)	+0:22 (8)	+1:21 (15)	+3:24 (19)
54:34 (14)	58:47 (15)	1:00:12 (15)							
2:49/34	4:13/39	1:25/94							
+0:32 (6)	+2:01 (15)	+0:12 (5)							
16	Kjell Einarsson		Ukjent klubb		(8.72min/km)		1:03:41	(+22:41)	
14:44 (20)	19:07 (18)	21:32 (18)	27:00 (19)	30:57 (17)	38:42 (16)	40:55 (16)	46:55 (17)	49:48 (17)	54:22 (17)
14:44/137	4:23/164	2:25/153	5:28/172	3:57/169	7:45/143	2:13/100	6:00/92	2:53/96	4:34/168
+7:49 (20)	+0:55 (10)	+0:30 (8)	+2:16 (18)	+1:16 (8)	+1:57 (11)	+0:44 (11)	+4:38 (20)	+0:53 (9)	+1:21 (7)
58:37 (17)	1:02:06 (16)	1:03:41 (16)							
4:15/34	3:29/39	1:35/94							
+1:58 (18)	+1:17 (11)	+0:22 (11)							

17 Tore Kolstad Mo OK (9.19min/km) 1:07:06 (+26:06)
 10:06 (15) 14:10 (11) 16:29 (10) 20:48 (11) 24:16 (8) 33:40 (10) 36:22 (10) 38:19 (10) 44:05 (12) 50:27 (14)
 10:06/137 4:04/164 2:19/153 4:19/172 3:28/169 9:24/143 2:42/100 1:57/92 5:46/96 6:22/168
 +3:11 (15) +0:36 (7) +0:24 (6) +1:07 (12) +0:47 (5) +3:36 (17) +1:13 (17) +0:35 (10) +3:46 (21) +3:09 (18)
 55:12 (15) 1:05:10 (17) 1:07:06 (17)
 4:45/34 9:58/39 1:56/94
 +2:28 (20) +7:46 (21) +0:43 (19)

18 Ola Skogstad Mo OK (9.59min/km) 1:10:00 (+29:00)
 9:39 (11) 14:12 (12) 16:37 (12) 20:44 (10) 30:11 (15) 40:39 (17) 42:35 (17) 47:57 (18) 51:05 (18) 55:48 (18)
 9:39/137 4:33/164 2:25/153 4:07/172 9:27/169 10:28/143 1:56/100 5:22/92 3:08/96 4:43/168
 +2:44 (11) +1:05 (13) +0:30 (8) +0:55 (10) +6:46 (20) +4:40 (19) +0:27 (8) +4:00 (19) +1:08 (12) +1:30 (11)
 59:52 (18) 1:08:28 (18) 1:10:00 (18)
 4:04/34 8:36/39 1:32/94
 +1:47 (17) +6:24 (19) +0:19 (9)

19 Jan Kåre Vatne Mo OK (11.13min/km) 1:21:13 (+40:13)
 18:47 (21) 23:33 (21) 26:21 (20) 30:52 (20) 35:01 (19) 45:00 (19) 48:04 (19) 56:52 (19) 1:01:02 (19) 1:06:28 (19)
 18:47/137 4:46/164 2:48/153 4:31/172 4:09/169 9:59/143 3:04/100 8:48/92 4:10/96 5:26/168
 +11:52 (21) +1:18 (16) +0:53 (18) +1:19 (15) +1:28 (11) +4:11 (18) +1:35 (20) +7:26 (21) +2:10 (20) +2:13 (15)
 1:09:54 (19) 1:18:32 (19) 1:21:13 (19)
 3:26/34 8:38/39 2:41/94
 +1:09 (11) +6:26 (20) +1:28 (21)

20 Rune Moian Asker SK (11.86min/km) 1:26:35 (+45:35)
 9:50 (13) 22:26 (20) 31:10 (21) 36:49 (21) 43:35 (20) 55:54 (20) 59:02 (20) 1:01:03 (20) 1:04:26 (20) 1:10:27 (20)
 9:50/137 12:36/164 8:44/153 5:39/172 6:46/169 12:19/143 3:08/100 2:01/92 3:23/96 6:01/168
 +2:55 (13) +9:08 (21) +6:49 (21) +2:27 (20) +4:05 (18) +6:31 (20) +1:39 (21) +0:39 (12) +1:23 (16) +2:48 (17)
 1:19:41 (20) 1:24:37 (20) 1:26:35 (20)
 9:14/34 4:56/39 1:58/94
 +6:57 (21) +2:44 (17) +0:45 (20)

21 Kevin Teshcendorf Ukjent klubb (11.93min/km) 1:27:05 (+46:05)
 11:02 (16) 15:31 (15) 17:51 (15) 23:31 (15) 44:32 (21) 57:07 (21) 59:42 (21) 1:03:14 (21) 1:06:23 (21) 1:15:20 (21)
 11:02/137 4:29/164 2:20/153 5:40/172 21:01/169 12:35/143 2:35/100 3:32/92 3:09/96 8:57/168
 +4:07 (16) +1:01 (12) +0:25 (7) +2:28 (21) +18:20 (21) +6:47 (21) +1:06 (15) +2:10 (18) +1:09 (13) +5:44 (21)
 1:19:55 (21) 1:25:26 (21) 1:27:05 (21)
 4:35/34 5:31/39 1:39/94
 +2:18 (19) +3:19 (18) +0:26 (15)

Tom Sandberg Mo OK (0.00min/km) Brutt
 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
 +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
 (1) (1) (1)
 +0:00 (1) +0:00 (1) +0:00 (1)

Klasse Nybegynner - 1.0 km

3 påmeldt, 3 startende 3 premiert

Ragna Vårli Håland
 Eli Kolstad
 Ingvar Tverå

Korgen IL
 Mo OK
 Ukjent klubb