

# Resultater fra Midnattsolgaloppen 2009-1 04.07.2009

Det var totalt 657 deltagere.

## Klasse N-åpen 1.7 km

35 påmeldt, 34 startende 34 premiert

Knut Malthe Bakke	Harstad OL
Kaja Fredrikke Beyer	Mo OK
Aurora Bjørseth	B&OI Orientering
Hanne Daltveit	Fana IL
Lotta Eerola	TP
Mikko Eerola	TP
Audin Eidnes	Harstad OL
Marius Ekrem Finstad	Ukjent
Fredrik E Fredriksen	Bjerkvik IF
Magnus Gjerstad	Gular, IL
Marieluise Schmitt Gran	Halden SK
Anna Øfsthus Gravir	Asker SK
Erik Hogedal	Göteborg Majorna OK
Maja Indregard	BUL Tromsø
Tora Indregard	BUL Tromsø
Hedda Sofie Wedege Irgens	B&OI Orientering
Elisa Götsch Iversen	BUL Tromsø
Anna Jacobsen-Gaski	Bardu IL
Kornelius Beyer Jordet	Mo OK
Simon Krane	Tverlandet
Sjur Kvisle	Asker SK
Torjus Jahren Nilsen	Nydalen SK
Alexander B Nyhagen	Fossekallen IL
Marina Olsen	Bjerkvik IF
Martin Olsen	Bjerkvik IF
Vegard Olsen	Bjerkvik IF
Ask Johan Fossheim Sjøvik	Olderskog IL
Kaja Samuelsen Skiri	B&OI Orientering
Marie Nielsen Solberg	Stjørdals-Blink Orientering
Henning Strand	BUL Tromsø
Idunn Strand	BUL Tromsø
Ida Kristine Tandberg	Nydalen SK
Ingeborg Stuland Tysvær	Varegg Fleridrett
Hans Gjermundsson Urset	BUL Tromsø

## Klasse D11-12N 1.7 km

1 påmeldt, 1 startende 1 premiert

1	Malin Gulbrandsen	Sørreisa OL	(8.26min/km)	<b>14:17</b>					
	0:53 (1)	1:45 (1)	3:45 (1)	6:23 (1)	9:17 (1)	10:25 (1)	11:31 (1)	13:44 (1)	14:17 (1)
	0:53/70	0:52/80	2:00/72	2:38/75	2:54/76	1:08/78	1:06/79	2:13/97	0:33/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H11-12N 1.7 km

3 påmeldt, 3 startende 3 premiert

1	Øyvind Solheim	Stjørdals-Blink Orientering	(7.15min/km)	<b>12:22</b>					
	0:49 (2)	1:54 (1)	3:40 (1)	5:00 (1)	7:38 (1)	8:34 (1)	9:54 (1)	11:48 (1)	12:22 (1)
	0:49/70	1:05/80	1:46/72	1:20/75	2:38/76	0:56/78	1:20/79	1:54/97	0:34/249
	+0:01 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:07 (2)	+0:00 (1)	+0:00 (1)	+0:18 (2)	+0:06 (2)
2	Vegard Løvli	Asker SK	(7.40min/km)	<b>12:48</b>	(+0:26)				
	0:48 (1)	2:09 (2)	3:55 (2)	5:31 (2)	8:02 (2)	9:19 (2)	10:44 (2)	12:20 (2)	12:48 (2)

0:48/70	1:21/80	1:46/72	1:36/75	2:31/76	1:17/78	1:25/79	1:36/125	0:28/249
+0:00 (1)	+0:16 (2)	+0:00 (1)	+0:16 (2)	+0:00 (1)	+0:21 (2)	+0:05 (2)	+0:00 (1)	+0:00 (1)
Truls Lindholm			Kiruna, IFK			(8.06min/km)		<b>Disk</b> (+1:35)
0:54 (3)	1:58 (2)	4:31 (3)	6:12 (3)	8:50 (3)	11:22 (3)	13:26 (3)	13:57 (3)	13:57 (3)
0:54/70	1:04/80	2:33/72	1:41/75	2:38/76	2:32/79	2:04/97	0:31/249	
+0:06 (3)	+0:00 (1)	+0:47 (3)	+0:21 (3)	+0:07 (2)	+1:36 (3)	+0:44 (3)	+0:00 (1)	+0:00 (1)

## Klasse D13-16N 2.0 km

1 påmeldt, 1 startende 1 premiert

1	Victoria Granholm	Solf IK	(9.99min/km)	<b>19:53</b>
	0:50 (1)	1:52 (1)	4:58 (1)	6:24 (1)
	0:50/70	1:02/80	3:06/72	1:26/84
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H13-16C 2.2 km

8 påmeldt, 7 startende 3 premiert

1	Aike Carlsen	Mellebygd IL	(9.93min/km)	<b>21:45</b>
	2:18 (1)	4:08 (1)	7:30 (1)	12:57 (1)
	2:18/148	1:50/149	3:22/57	5:27/59
	+0:00 (1)	+0:00 (1)	+0:35 (3)	+0:00 (1)
2	Vidar Swenning	Linné, OK	(11.28min/km)	<b>24:42</b> (+2:57)
	3:03 (7)	5:26 (4)	9:03 (2)	14:36 (2)
	3:03/148	2:23/149	3:37/57	5:33/59
	+0:45 (7)	+0:33 (4)	+0:50 (4)	+0:06 (2)
3	Bendik Storvik Nilsen	B&OI Orientering	(11.90min/km)	<b>26:04</b> (+4:19)
	2:49 (4)	5:01 (3)	11:06 (3)	16:43 (3)
	2:49/148	2:12/149	6:05/57	5:37/59
	+0:31 (4)	+0:22 (3)	+3:18 (5)	+0:10 (3)
4	Kristian Olsen	Bjerkvik IF	(12.55min/km)	<b>27:29</b> (+5:44)
	2:38 (2)	4:46 (2)	11:16 (4)	17:09 (4)
	2:38/148	2:08/149	6:30/57	5:53/59
	+0:20 (2)	+0:18 (2)	+3:43 (6)	+0:26 (4)
5	Åsmund Staldvik	Vemundvik I.L	(16.82min/km)	<b>36:50</b> (+15:05)
	2:39 (3)	9:25 (6)	12:12 (5)	19:35 (5)
	2:39/148	6:46/149	2:47/57	7:23/59
	+0:21 (3)	+4:56 (6)	+0:00 (1)	+1:56 (6)
6	Albin Lindholm	Kiruna, IFK	(16.96min/km)	<b>37:08</b> (+15:23)
	2:55 (5)	8:11 (5)	15:53 (7)	23:55 (7)
	2:55/148	5:16/149	7:42/57	8:02/59
	+0:37 (5)	+3:26 (5)	+4:55 (7)	+2:35 (7)
7	Jan Åsgeir Staldvik	Namsskogan IL	(17.59min/km)	<b>38:31</b> (+16:46)
	3:02 (6)	11:03 (7)	13:56 (6)	21:18 (6)
	3:02/148	8:01/149	2:53/57	7:22/59
	+0:44 (6)	+6:11 (7)	+0:06 (2)	+1:55 (5)

## Klasse D-10 1.9 km

12 påmeldt, 12 startende 12 premiert

	Malin Blomberg	Närpes OK	(13.15min/km)	<b>25:15</b>
	1:01 (8)	2:47 (8)	5:18 (6)	6:45 (4)
	1:01/70	1:46/80	2:31/72	1:27/84
	+0:16 (8)	+0:54 (8)	+1:01 (7)	+0:15 (5)
	25:15 (8)			
	+0:00 (1)			
	Sofia Haglund	Solf IK	(10.68min/km)	<b>20:30</b>
	1:03 (9)	2:35 (6)	5:03 (4)	7:02 (5)
	1:03/70	1:32/80	2:28/72	1:59/84
	+0:18 (9)	+0:40 (7)	+0:58 (6)	+0:47 (8)

20:30 (4)

+0:00 (1)

<b>Nora Marie Wedege Irgens</b>			<b>B&amp;OI Orientering</b>				<b>(10.01min/km)</b>		<b>19:13</b>	
0:45 (1)	2:05 (2)	4:01 (2)	5:49 (3)	11:54 (6)	13:26 (2)	14:33 (1)	16:39 (1)	18:44 (1)	19:13 (1)	
0:45/70	1:20/80	1:56/72	1:48/84	6:05/135	1:32/136	1:07/78	2:06/138	2:05/97	0:29/249	
+0:00 (1)	+0:28 (3)	+0:26 (3)	+0:36 (7)	+2:41 (9)	+0:00 (1)	+0:02 (3)	+0:17 (6)	+0:02 (2)	+0:01 (2)	

19:13 (1)

+0:00 (1)

<b>Venla Karvinen</b>			<b>Ounasvaaran Hiihtoseura</b>				<b>(16.06min/km)</b>		<b>30:50</b>	
1:04 (10)	3:13 (9)	5:52 (8)	7:38 (8)	13:26 (7)	18:31 (9)	21:25 (9)	23:19 (9)	26:15 (9)	30:10 (10)	
1:04/70	2:09/80	2:39/72	1:46/84	5:48/75	5:05/135	2:54/136	1:54/78	2:56/138	3:55/125	
+0:19 (10)	+1:17 (9)	+1:09 (9)	+0:34 (6)	+2:24 (8)	+3:33 (12)	+1:49 (12)	+0:05 (3)	+0:53 (8)	+3:27 (12)	

30:50 (10)  
0:40/249  
+0:00 (1)

<b>Eli Kolstad</b>			<b>Mo OK</b>				<b>(10.73min/km)</b>		<b>20:36</b>	
1:12 (12)	2:36 (7)	5:11 (5)	7:24 (6)	10:48 (1)	13:31 (3)	15:00 (5)	17:36 (6)	19:59 (5)	20:36 (5)	
1:12/70	1:24/80	2:35/72	2:13/84	3:24/135	2:43/136	1:29/78	2:36/138	2:23/97	0:37/249	
+0:27 (12)	+0:32 (5)	+1:05 (8)	+1:01 (9)	+0:00 (1)	+1:11 (8)	+0:24 (7)	+0:47 (9)	+0:20 (6)	+0:09 (8)	

20:36 (5)

+0:00 (1)

<b>Anni Nykänen</b>			<b>Navi</b>				<b>(10.09min/km)</b>		<b>19:22</b>	
0:48 (5)	3:58 (11)	6:04 (9)	7:29 (7)	11:35 (4)	13:39 (4)	14:59 (4)	16:48 (2)	18:51 (2)	19:22 (2)	
0:48/70	3:10/80	2:06/72	1:25/84	4:06/135	2:04/136	1:20/78	1:49/138	2:03/125	0:31/249	
+0:03 (5)	+2:18 (11)	+0:36 (4)	+0:13 (4)	+0:42 (3)	+0:32 (3)	+0:15 (5)	+0:00 (1)	+0:00 (1)	+0:03 (5)	

19:22 (2)

+0:00 (1)

<b>Silje Opseth</b>			<b>Ringerike o-lag</b>				<b>(10.19min/km)</b>		<b>19:34</b>	
0:45 (1)	1:37 (1)	3:27 (1)	4:39 (1)	11:51 (5)	13:46 (6)	14:51 (3)	16:49 (3)	19:02 (3)	19:34 (3)	
0:45/70	0:52/80	1:50/72	1:12/84	7:12/135	1:55/136	1:05/78	1:58/138	2:13/125	0:32/249	
+0:00 (1)	+0:00 (1)	+0:20 (2)	+0:00 (1)	+3:48 (11)	+0:23 (2)	+0:00 (1)	+0:09 (4)	+0:10 (5)	+0:04 (6)	

19:34 (3)

+0:00 (1)

<b>Julia Rapo</b>			<b>Keravan Urheilijat</b>				<b>(10.75min/km)</b>		<b>20:38</b>	
0:54 (6)	2:07 (3)	4:14 (3)	5:33 (2)	10:48 (1)	12:54 (1)	14:44 (2)	17:09 (5)	20:09 (6)	20:38 (6)	
0:54/70	1:13/80	2:07/72	1:19/84	5:15/135	2:06/136	1:50/78	2:25/138	3:00/125	0:29/249	
+0:09 (6)	+0:21 (2)	+0:37 (5)	+0:07 (2)	+1:51 (6)	+0:34 (4)	+0:45 (10)	+0:36 (8)	+0:57 (9)	+0:01 (2)	

20:38 (6)

+0:00 (1)

<b>Fia Snickars</b>			<b>Solf IK</b>				<b>(18.61min/km)</b>		<b>35:44</b>	
0:59 (7)	3:39 (10)	6:28 (11)	12:39 (11)	18:10 (10)	23:04 (10)	25:40 (12)	28:25 (12)	34:34 (12)	35:44 (12)	
0:59/70	2:40/80	2:49/72	6:11/84	5:31/135	4:54/136	2:36/78	2:45/138	6:09/97	1:10/249	
+0:14 (7)	+1:48 (10)	+1:19 (10)	+4:59 (11)	+2:07 (7)	+3:22 (11)	+1:31 (11)	+0:56 (11)	+4:06 (12)	+0:42 (11)	

35:44 (12)

+0:00 (1)

<b>Ane Nielsen Solberg</b>			<b>Stjørdals-Blink Orientering</b>				<b>(11.59min/km)</b>		<b>22:15</b>	
0:45 (1)	2:14 (4)	6:06 (10)	10:01 (10)	13:53 (9)	16:12 (7)	17:21 (7)	19:33 (7)	21:45 (7)	22:15 (7)	
0:45/70	1:29/80	3:52/72	3:55/84	3:52/135	2:19/136	1:09/78	2:12/138	2:12/97	0:30/249	
+0:00 (1)	+0:37 (6)	+2:22 (12)	+2:43 (10)	+0:28 (2)	+0:47 (6)	+0:04 (4)	+0:23 (7)	+0:09 (4)	+0:02 (4)	

22:15 (7)

+0:00 (1)

Ragnhild Staldvik	Vemundvik I.L				(18.06min/km)				<b>34:41</b>
1:07 (11)	2:28 (5)	5:45 (7)	14:28 (12)	19:42 (11)	23:10 (11)	24:57 (11)	27:34 (11)	33:34 (11)	34:41 (11)
1:07/70	1:21/80	3:17/72	8:43/84	5:14/135	3:28/136	1:47/78	2:37/138	6:00/97	1:07/249
+0:22 (11)	+0:29 (4)	+1:47 (11)	+7:31 (12)	+1:50 (5)	+1:56 (10)	+0:42 (9)	+0:48 (10)	+3:57 (11)	+0:39 (10)

34:41 (11)

+0:00 (1)

Marie Bakken Sørensen	Freidig				(15.16min/km)				<b>29:06</b>
0:45 (1)	6:08 (12)	7:38 (12)	8:57 (9)	21:22 (12)	23:32 (12)	24:38 (10)	26:28 (10)	28:38 (10)	29:06 (9)
0:45/70	5:23/80	1:30/72	1:19/84	12:25/135	2:10/136	1:06/78	1:50/138	2:10/125	0:28/249
+0:00 (1)	+4:31 (12)	+0:00 (1)	+0:07 (2)	+9:01 (12)	+0:38 (5)	+0:01 (2)	+0:01 (2)	+0:07 (3)	+0:00 (1)

29:06 (9)

+0:00 (1)

## Klasse H-10 1.9 km

12 påmeldt, 8 startende 8 premiert

Anders Fuglestad	Ålgård Orientering				(17.98min/km)				<b>34:31</b>
1:23 (7)	3:54 (7)	6:40 (7)	10:15 (6)	17:18 (7)	23:15 (7)	25:51 (7)	29:15 (7)	33:51 (7)	34:31 (7)
1:23/70	2:31/80	2:46/72	3:35/84	7:03/135	5:57/136	2:36/78	3:24/138	4:36/125	0:40/249
+0:42 (7)	+1:43 (7)	+1:27 (4)	+2:39 (5)	+4:15 (7)	+4:22 (7)	+1:31 (7)	+2:14 (7)	+2:55 (7)	+0:15 (6)

Amund Kleist Godal	B&OI Orientering				(8.20min/km)				<b>15:45</b>
0:49 (2)	1:41 (2)	3:19 (2)	4:41 (2)	8:19 (2)	10:01 (2)	11:14 (2)	12:45 (2)	15:20 (2)	15:45 (2)
0:49/70	0:52/80	1:38/72	1:22/84	3:38/135	1:42/136	1:13/78	1:31/138	2:35/97	0:25/249
+0:08 (2)	+0:04 (2)	+0:19 (2)	+0:26 (2)	+0:50 (3)	+0:07 (2)	+0:08 (2)	+0:21 (2)	+0:54 (4)	+0:00 (1)

Audun Wanvik Haugen	Stjørdals-Blink Orientering				(11.63min/km)				<b>22:20</b>
0:50 (3)	2:37 (4)	5:35 (4)	11:10 (7)	14:19 (6)	16:13 (4)	17:28 (4)	19:34 (4)	21:51 (4)	22:20 (4)
0:50/70	1:47/80	2:58/72	5:35/84	3:09/135	1:54/136	1:15/78	2:06/138	2:17/125	0:29/249
+0:09 (3)	+0:59 (4)	+1:39 (6)	+4:39 (7)	+0:21 (2)	+0:19 (3)	+0:10 (3)	+0:56 (5)	+0:36 (3)	+0:04 (3)

Juuso Lampinen	Navi				(6.51min/km)				<b>12:30</b>
0:41 (1)	1:29 (1)	2:48 (1)	3:44 (1)	6:32 (1)	8:07 (1)	9:12 (1)	10:22 (1)	12:03 (1)	12:30 (1)
0:41/70	0:48/80	1:19/72	0:56/84	2:48/135	1:35/136	1:05/78	1:10/138	1:41/125	0:27/249
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:02 (2)

Hannes Lervik	Solf IK				(13.50min/km)				<b>25:55</b>
1:13 (6)	3:12 (6)	6:03 (5)	8:07 (4)	13:37 (4)	17:12 (6)	19:21 (5)	22:04 (6)	25:11 (6)	25:55 (6)
1:13/70	1:59/80	2:51/72	2:04/84	5:30/135	3:35/136	2:09/78	2:43/138	3:07/97	0:44/249
+0:32 (6)	+1:11 (5)	+1:32 (5)	+1:08 (3)	+2:42 (6)	+2:00 (6)	+1:04 (5)	+1:33 (6)	+1:26 (5)	+0:19 (7)

Hugo Lervik	Solf IK				(10.74min/km)				<b>20:37</b>
0:59 (5)	2:14 (3)	4:00 (3)	7:46 (3)	12:11 (3)	14:37 (3)	15:58 (3)	17:50 (3)	20:06 (3)	20:37 (3)
0:59/70	1:15/80	1:46/72	3:46/84	4:25/135	2:26/136	1:21/78	1:52/138	2:16/97	0:31/249
+0:18 (5)	+0:27 (3)	+0:27 (3)	+2:50 (6)	+1:37 (4)	+0:51 (4)	+0:16 (4)	+0:42 (4)	+0:35 (2)	+0:06 (4)

Torbjørn Staldvik	Vemundvik I.L				(13.16min/km)				<b>25:16</b>
0:50 (3)	2:49 (5)	6:36 (6)	8:44 (5)	14:05 (5)	17:11 (5)	19:32 (6)	21:20 (5)	24:41 (5)	25:16 (5)
0:50/70	1:59/80	3:47/72	2:08/84	5:21/135	3:06/136	2:21/78	1:48/138	3:21/97	0:35/249
+0:09 (3)	+1:11 (5)	+2:28 (7)	+1:12 (4)	+2:33 (5)	+1:31 (5)	+1:16 (6)	+0:38 (3)	+1:40 (6)	+0:10 (5)

Anton Svenns	Solf IK				(14.44min/km)				<b>Disk</b>
0:54 (5)	2:15 (4)	3:47 (3)	12:51 (8)	27:43 (8)	27:43 (8)	27:43 (8)	27:43 (7)	27:43 (7)	27:43 (7)
0:54/70	1:21/80	1:32/72	9:04/135	14:52/249					
+0:13 (5)	+0:33 (4)	+0:13 (2)	+8:08 (8)	+12:04 (8)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse D11-12 2.2 km

12 påmeldt, 10 startende 10 premiert

1 Ida-Marie Hansen	Sørreisa OL				(7.92min/km)				<b>17:21</b>
2:07 (1)	3:36 (1)	5:40 (1)	9:53 (1)	11:37 (1)	15:20 (1)	16:57 (1)	17:21 (1)		
2:07/148	1:29/149	2:04/57	4:13/59	1:44/131	3:43/60	1:37/125	0:24/249		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
2 Kristin Brekke	Lillomarka OL				(9.26min/km)				<b>20:17</b> (+2:56)
2:26 (3)	4:54 (4)	7:13 (4)	11:50 (2)	13:46 (2)	17:57 (2)	19:48 (2)	20:17 (2)		
2:26/148	2:28/149	2:19/57	4:37/59	1:56/131	4:11/60	1:51/125	0:29/249		

	+0:19 (3)	+0:59 (6)	+0:15 (2)	+0:24 (2)	+0:12 (4)	+0:28 (2)	+0:14 (4)	+0:05 (2)				
<b>3</b>	<b>Åshild Kolstad</b>								<b>Mo OK</b>	<b>(9.81min/km)</b>	<b>21:29</b>	<b>(+4:08)</b>
	3:16 (6)	5:17 (5)	7:38 (5)	12:28 (3)	14:49 (3)	19:22 (3)	21:00 (3)	21:29 (3)				
	3:16/148	2:01/149	2:21/57	4:50/59	2:21/131	4:33/60	1:38/125	0:29/249				
	+1:09 (6)	+0:32 (2)	+0:17 (3)	+0:37 (3)	+0:37 (5)	+0:50 (3)	+0:01 (2)	+0:05 (2)				
<b>4</b>	<b>Kristin Blindheim</b>								<b>Lillomarka OL</b>	<b>(10.49min/km)</b>	<b>22:59</b>	<b>(+5:38)</b>
	2:19 (2)	4:32 (2)	7:06 (3)	13:34 (4)	15:27 (4)	20:39 (4)	22:30 (4)	22:59 (4)				
	2:19/148	2:13/149	2:34/57	6:28/59	1:53/131	5:12/60	1:51/97	0:29/249				
	+0:12 (2)	+0:44 (5)	+0:30 (5)	+2:15 (4)	+0:09 (2)	+1:29 (4)	+0:14 (4)	+0:05 (2)				
<b>5</b>	<b>Lotte Eriksen Reitan</b>								<b>B&amp;OI Orientering</b>	<b>(12.59min/km)</b>	<b>27:34</b>	<b>(+10:13)</b>
	2:28 (4)	4:35 (3)	7:04 (2)	14:00 (5)	19:35 (5)	25:18 (5)	27:05 (5)	27:34 (5)				
	2:28/148	2:07/149	2:29/57	6:56/59	5:35/131	5:43/60	1:47/125	0:29/249				
	+0:21 (4)	+0:38 (3)	+0:25 (4)	+2:43 (5)	+3:51 (8)	+2:00 (6)	+0:10 (3)	+0:05 (2)				
<b>6</b>	<b>Martha Kalvig Skogan</b>								<b>B&amp;OI Orientering</b>	<b>(15.78min/km)</b>	<b>34:34</b>	<b>(+17:13)</b>
	3:21 (7)	5:33 (6)	9:41 (6)	18:41 (6)	22:20 (6)	30:27 (6)	34:00 (6)	34:34 (6)				
	3:21/148	2:12/149	4:08/57	9:00/59	3:39/131	8:07/60	3:33/125	0:34/249				
	+1:14 (7)	+0:43 (4)	+2:04 (6)	+4:47 (9)	+1:55 (6)	+4:24 (9)	+1:56 (10)	+0:10 (7)				
<b>7</b>	<b>Johanna Lundkvist</b>								<b>Vargen, OK</b>	<b>(17.47min/km)</b>	<b>38:15</b>	<b>(+20:54)</b>
	4:08 (9)	7:34 (8)	11:44 (7)	22:23 (7)	27:21 (7)	34:46 (7)	37:42 (7)	38:15 (7)				
	4:08/148	3:26/149	4:10/57	10:39/59	4:58/131	7:25/60	2:56/97	0:33/249				
	+2:01 (9)	+1:57 (9)	+2:06 (7)	+6:26 (10)	+3:14 (7)	+3:42 (7)	+1:19 (8)	+0:09 (6)				
<b>8</b>	<b>Ida Snickars</b>								<b>Solf IK</b>	<b>(24.32min/km)</b>	<b>53:16</b>	<b>(+35:55)</b>
	10:45 (10)	13:30 (9)	35:44 (10)	43:00 (10)	44:54 (9)	50:15 (8)	52:41 (8)	53:16 (8)				
	10:45/148	2:45/149	22:14/57	7:16/59	1:54/131	5:21/60	2:26/125	0:35/249				
	+8:38 (10)	+1:16 (7)	+20:10 (10)	+3:03 (6)	+0:10 (3)	+1:38 (5)	+0:49 (6)	+0:11 (10)				
<b>9</b>	<b>Anna Storvik Nilsen</b>								<b>B&amp;OI Orientering</b>	<b>(25.73min/km)</b>	<b>56:21</b>	<b>(+39:00)</b>
	3:27 (8)	17:48 (10)	22:38 (8)	31:02 (8)	45:06 (10)	52:37 (9)	55:47 (9)	56:21 (9)				
	3:27/148	14:21/149	4:50/57	8:24/59	14:04/131	7:31/60	3:10/125	0:34/249				
	+1:20 (8)	+12:52 (10)	+2:46 (8)	+4:11 (8)	+12:20 (10)	+3:48 (8)	+1:33 (9)	+0:10 (7)				
<b>10</b>	<b>Nanu Itkonen</b>								<b>Suunta Jyväskylä</b>	<b>(32.52min/km)</b>	<b>1:11:13</b>	<b>(+53:52)</b>
	3:01 (5)	6:00 (7)	27:25 (9)	35:17 (9)	41:26 (8)	1:07:47 (10)	1:10:39 (10)	1:11:13 (10)				
	3:01/148	2:59/149	21:25/57	7:52/59	6:09/131	26:21/60	2:52/125	0:34/249				
	+0:54 (5)	+1:30 (8)	+19:21 (9)	+3:39 (7)	+4:25 (9)	+22:38 (10)	+1:15 (7)	+0:10 (7)				

## Klasse H11-12 2.2 km

15 påmeldt, 15 startende 15 premiert

<b>1</b>	<b>Michael Imhof</b>								<b>Regio Wil, OL</b>	<b>(6.99min/km)</b>	<b>15:19</b>	
	1:56 (1)	3:34 (2)	5:12 (1)	9:02 (1)	10:22 (1)	13:35 (1)	14:54 (1)	15:19 (1)				
	1:56/148	1:38/149	1:38/57	3:50/59	1:20/131	3:13/60	1:19/97	0:25/249				
	+0:00 (1)	+0:26 (4)	+0:00 (1)	+0:06 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:01 (3)				
<b>2</b>	<b>Ola Løvald Bråten</b>								<b>Asker SK</b>	<b>(7.95min/km)</b>	<b>17:24</b>	<b>(+2:05)</b>
	2:12 (3)	4:01 (4)	6:06 (2)	10:11 (2)	11:55 (2)	15:29 (2)	17:00 (2)	17:24 (2)				
	2:12/148	1:49/149	2:05/57	4:05/59	1:44/131	3:34/60	1:31/97	0:24/249				
	+0:16 (3)	+0:37 (5)	+0:27 (2)	+0:21 (3)	+0:24 (4)	+0:21 (3)	+0:12 (5)	+0:00 (1)				
<b>3</b>	<b>Topi Syrjäläinen</b>								<b>Navi</b>	<b>(8.06min/km)</b>	<b>17:39</b>	<b>(+2:20)</b>
	3:08 (10)	4:20 (5)	7:20 (4)	11:04 (3)	12:40 (3)	15:56 (3)	17:15 (3)	17:39 (3)				
	3:08/148	1:12/149	3:00/57	3:44/59	1:36/131	3:16/60	1:19/97	0:24/249				
	+1:12 (10)	+0:00 (1)	+1:22 (10)	+0:00 (1)	+0:16 (3)	+0:03 (2)	+0:00 (1)	+0:00 (1)				
<b>4</b>	<b>Erik Hovdenak Sylte</b>								<b>Skåla IL</b>	<b>(9.35min/km)</b>	<b>20:29</b>	<b>(+5:10)</b>
	2:31 (6)	4:42 (7)	6:52 (3)	12:08 (4)	14:04 (4)	18:34 (5)	20:02 (4)	20:29 (4)				
	2:31/148	2:11/149	2:10/57	5:16/59	1:56/131	4:30/60	1:28/125	0:27/249				
	+0:35 (6)	+0:59 (8)	+0:32 (4)	+1:32 (9)	+0:36 (8)	+1:17 (10)	+0:09 (4)	+0:03 (8)				
<b>5</b>	<b>Ole Wanvik Haugen</b>								<b>Stjørdals-Blink Orientering</b>	<b>(9.47min/km)</b>	<b>20:45</b>	<b>(+5:26)</b>
	3:13 (11)	5:19 (8)	7:50 (6)	12:32 (5)	14:18 (5)	18:27 (4)	20:14 (5)	20:45 (5)				
	3:13/148	2:06/149	2:31/57	4:42/59	1:46/131	4:09/60	1:47/125	0:31/249				
	+1:17 (11)	+0:54 (6)	+0:53 (5)	+0:58 (8)	+0:26 (5)	+0:56 (5)	+0:28 (9)	+0:07 (12)				
<b>6</b>	<b>Vegard Gulbrandsen</b>								<b>Asker SK</b>	<b>(9.66min/km)</b>	<b>21:09</b>	<b>(+5:50)</b>
	2:08 (2)	3:28 (1)	9:57 (8)	14:17 (8)	15:43 (7)	19:17 (6)	20:43 (6)	21:09 (6)				
	2:08/148	1:20/149	6:29/57	4:20/59	1:26/131	3:34/60	1:26/97	0:26/249				

	+0:12 (2)	+0:08 (2)	+4:51 (14)	+0:36 (5)	+0:06 (2)	+0:21 (3)	+0:07 (3)	+0:02 (5)		
7	Eivind Øfsthus Gravir			Asker SK			(10.27min/km)		<b>22:30</b>	(+7:11)
	3:22 (12)	7:12 (12)	10:05 (9)	14:14 (7)	16:17 (8)	20:30 (8)	22:05 (7)	22:30 (7)		
	3:22/148	3:50/149	2:53/57	4:09/59	2:03/131	4:13/60	1:35/97	0:25/249		
	+1:26 (12)	+2:38 (14)	+1:15 (8)	+0:25 (4)	+0:43 (9)	+1:00 (6)	+0:16 (6)	+0:01 (3)		
8	Jostein Tandberg			Ny dalen SK			(10.40min/km)		<b>22:46</b>	(+7:27)
	2:31 (6)	4:38 (6)	7:20 (4)	13:29 (6)	15:42 (6)	20:25 (7)	22:17 (8)	22:46 (8)		
	2:31/148	2:07/149	2:42/57	6:09/59	2:13/131	4:43/60	1:52/97	0:29/249		
	+0:35 (6)	+0:55 (7)	+1:04 (7)	+2:25 (12)	+0:53 (12)	+1:30 (12)	+0:33 (10)	+0:05 (9)		
9	Olav Schmitt Gran			Halden SK			(10.97min/km)		<b>24:01</b>	(+8:42)
	5:45 (15)	7:59 (13)	10:52 (11)	15:29 (10)	17:22 (10)	21:37 (9)	23:31 (9)	24:01 (9)		
	5:45/148	2:14/149	2:53/57	4:37/59	1:53/131	4:15/60	1:54/125	0:30/249		
	+3:49 (15)	+1:02 (9)	+1:15 (8)	+0:53 (7)	+0:33 (7)	+1:02 (7)	+0:35 (11)	+0:06 (11)		
10	Espen Samuelsen Skiri			B&OI Orientering			(11.04min/km)		<b>24:10</b>	(+8:51)
	2:58 (9)	6:04 (10)	8:44 (7)	14:37 (9)	16:48 (9)	21:41 (10)	23:38 (10)	24:10 (10)		
	2:58/148	3:06/149	2:40/57	5:53/59	2:11/131	4:53/60	1:57/97	0:32/249		
	+1:02 (9)	+1:54 (11)	+1:02 (6)	+2:09 (11)	+0:51 (11)	+1:40 (13)	+0:38 (12)	+0:08 (14)		
11	Teemu Eerola			Tampereen Pyrintö			(11.35min/km)		<b>24:51</b>	(+9:32)
	2:29 (5)	3:56 (3)	11:43 (13)	16:17 (12)	18:22 (12)	22:43 (12)	24:25 (11)	24:51 (11)		
	2:29/148	1:27/149	7:47/57	4:34/59	2:05/131	4:21/60	1:42/97	0:26/249		
	+0:33 (5)	+0:15 (3)	+6:09 (15)	+0:50 (6)	+0:45 (10)	+1:08 (9)	+0:23 (8)	+0:02 (5)		
12	Bjørnar Løvli			Asker SK			(11.45min/km)		<b>25:04</b>	(+9:45)
	2:36 (8)	5:54 (9)	10:08 (10)	15:40 (11)	18:05 (11)	22:38 (11)	24:35 (12)	25:04 (12)		
	2:36/148	3:18/149	4:14/57	5:32/59	2:25/131	4:33/60	1:57/125	0:29/249		
	+0:40 (8)	+2:06 (12)	+2:36 (12)	+1:48 (10)	+1:05 (13)	+1:20 (11)	+0:38 (12)	+0:05 (9)		
13	Mats Jørgen Nordmo Ingdal			Mellebygd IL			(12.52min/km)		<b>27:25</b>	(+12:06)
	2:26 (4)	9:56 (15)	12:04 (14)	19:11 (14)	21:00 (13)	25:20 (13)	26:59 (13)	27:25 (13)		
	2:26/148	7:30/149	2:08/57	7:07/59	1:49/131	4:20/60	1:39/97	0:26/249		
	+0:30 (4)	+6:18 (15)	+0:30 (3)	+3:23 (13)	+0:29 (6)	+1:07 (8)	+0:20 (7)	+0:02 (5)		
14	Johan Bakken Sørensen			Freidig			(14.47min/km)		<b>31:42</b>	(+16:23)
	4:25 (13)	7:10 (11)	11:01 (12)	18:44 (13)	21:51 (14)	28:51 (14)	31:11 (14)	31:42 (14)		
	4:25/148	2:45/149	3:51/57	7:43/59	3:07/131	7:00/60	2:20/97	0:31/249		
	+2:29 (13)	+1:33 (10)	+2:13 (11)	+3:59 (14)	+1:47 (14)	+3:47 (14)	+1:01 (14)	+0:07 (12)		
15	Simon Krane			Tverrlandet IL			(18.50min/km)		<b>40:31</b>	(+25:12)
	4:37 (14)	8:17 (14)	14:22 (15)	23:35 (15)	27:52 (15)	36:15 (15)	39:42 (15)	40:31 (15)		
	4:37/148	3:40/149	6:05/57	9:13/59	4:17/131	8:23/60	3:27/97	0:49/249		
	+2:41 (14)	+2:28 (13)	+4:27 (13)	+5:29 (15)	+2:57 (15)	+5:10 (15)	+2:08 (15)	+0:25 (15)		

## Klasse D13-14 3.4 km

20 påmeldt, 19 startende 3 premiert

1	Ingrid Gulbrandsen			Asker SK			(10.19min/km)		<b>34:57</b>	
	9:29 (2)	13:47 (1)	15:07 (2)	21:31 (4)	26:10 (3)	28:57 (1)	32:51 (1)	34:28 (1)	34:57 (1)	
	9:29/43	4:18/55	1:20/56	6:24/57	4:39/59	2:47/152	3:54/60	1:37/125	0:29/249	
	+1:14 (2)	+0:03 (2)	+0:25 (7)	+1:24 (7)	+0:02 (2)	+0:08 (2)	+0:00 (1)	+0:09 (3)	+0:05 (11)	
2	Ingvild Brekke			Lillomarka OL			(10.44min/km)		<b>35:49</b>	(+0:52)
	9:50 (4)	14:23 (4)	15:36 (3)	20:52 (2)	26:07 (2)	29:24 (2)	33:51 (2)	35:24 (2)	35:49 (2)	
	9:50/43	4:33/55	1:13/56	5:16/57	5:15/59	3:17/152	4:27/60	1:33/97	0:25/249	
	+1:35 (4)	+0:18 (4)	+0:18 (4)	+0:16 (3)	+0:38 (6)	+0:38 (7)	+0:33 (4)	+0:05 (2)	+0:01 (3)	
3	Ragnhild Løvli			Asker SK			(10.81min/km)		<b>37:04</b>	(+2:07)
	9:31 (3)	15:23 (7)	16:42 (7)	21:52 (5)	27:05 (5)	30:08 (3)	34:50 (3)	36:40 (3)	37:04 (3)	
	9:31/43	5:52/55	1:19/56	5:10/57	5:13/59	3:03/152	4:42/60	1:50/125	0:24/249	
	+1:16 (3)	+1:37 (12)	+0:24 (6)	+0:10 (2)	+0:36 (5)	+0:24 (4)	+0:48 (6)	+0:22 (7)	+0:00 (1)	
4	Ragnhild Femsteinevik			Strand Ulv IL			(11.37min/km)		<b>38:59</b>	(+4:02)
	10:07 (5)	14:22 (3)	15:42 (4)	23:33 (6)	29:08 (7)	32:24 (6)	36:52 (5)	38:35 (4)	38:59 (4)	
	10:07/43	4:15/55	1:20/56	7:51/57	5:35/59	3:16/152	4:28/60	1:43/97	0:24/249	
	+1:52 (5)	+0:00 (1)	+0:25 (7)	+2:51 (11)	+0:58 (9)	+0:37 (6)	+0:34 (5)	+0:15 (6)	+0:00 (1)	
5	Heidi Jensen			B&OI Orientering			(11.38min/km)		<b>39:03</b>	(+4:06)
	10:12 (6)	14:32 (5)	16:06 (5)	21:25 (3)	26:51 (4)	31:00 (4)	36:12 (4)	38:36 (5)	39:03 (5)	
	10:12/43	4:20/55	1:34/56	5:19/57	5:26/59	4:09/152	5:12/60	2:24/125	0:27/249	

	+1:57 (6)	+0:05 (3)	+0:39 (14)	+0:19 (4)	+0:49 (8)	+1:30 (13)	+1:18 (7)	+0:56 (15)	+0:03 (8)
6	Lina Åhlund		Nolaskogsarna, OK - Sverige				11.53min/km	<b>39:33</b>	(+4:36)
	12:14 (10)	17:30 (10)	18:25 (8)	25:04 (9)	29:44 (8)	32:51 (7)	37:07 (6)	39:08 (6)	39:33 (6)
	12:14/43	5:16/55	0:55/56	6:39/57	4:40/59	3:07/152	4:16/60	2:01/97	0:25/249
	+3:59 (10)	+1:01 (7)	+0:00 (1)	+1:39 (8)	+0:03 (3)	+0:28 (5)	+0:22 (3)	+0:33 (10)	+0:01 (3)
7	Selma Øfsthus Gravir		Asker SK				11.62min/km	<b>39:52</b>	(+4:55)
	11:24 (8)	17:03 (8)	18:27 (9)	23:50 (7)	28:55 (6)	31:57 (5)	37:42 (7)	39:24 (7)	39:52 (7)
	11:24/43	5:39/55	1:24/56	5:23/57	5:05/59	3:02/152	5:45/60	1:42/97	0:28/249
	+3:09 (8)	+1:24 (9)	+0:29 (9)	+0:23 (5)	+0:28 (4)	+0:23 (3)	+1:51 (11)	+0:14 (5)	+0:04 (9)
8	Kari Fuglestad		Ålgård Orientering				12.01min/km	<b>41:12</b>	(+6:15)
	8:15 (1)	13:56 (2)	15:01 (1)	20:01 (1)	25:16 (1)	34:48 (8)	38:44 (8)	40:40 (8)	41:12 (8)
	8:15/43	5:41/55	1:05/56	5:00/57	5:15/59	9:32/152	3:56/60	1:56/97	0:32/249
	+0:00 (1)	+1:26 (10)	+0:10 (2)	+0:00 (1)	+0:38 (6)	+6:53 (18)	+0:02 (2)	+0:28 (8)	+0:08 (14)
9	Maria Bech Urland		Korgen IL				12.63min/km	<b>43:20</b>	(+8:23)
	12:01 (9)	17:16 (9)	18:42 (10)	25:02 (8)	31:55 (9)	35:34 (9)	41:13 (9)	42:54 (9)	43:20 (9)
	12:01/43	5:15/55	1:26/56	6:20/57	6:53/59	3:39/152	5:39/60	1:41/97	0:26/249
	+3:46 (9)	+1:00 (6)	+0:31 (10)	+1:20 (6)	+2:16 (12)	+1:00 (10)	+1:45 (10)	+0:13 (4)	+0:02 (5)
10	Kaja Bråten Løvald		Asker SK				13.67min/km	<b>46:53</b>	(+11:56)
	10:26 (7)	15:19 (6)	16:27 (6)	32:05 (13)	36:42 (11)	39:21 (10)	44:57 (10)	46:25 (10)	46:53 (10)
	10:26/43	4:53/55	1:08/56	15:38/57	4:37/59	2:39/152	5:36/60	1:28/125	0:28/249
	+2:11 (7)	+0:38 (5)	+0:13 (3)	+10:38 (15)	+0:00 (1)	+0:00 (1)	+1:42 (9)	+0:00 (1)	+0:04 (9)
11	Ingvild Oxaas Wie		Mo OK				14.48min/km	<b>49:39</b>	(+14:42)
	12:50 (11)	18:28 (11)	20:46 (11)	30:01 (11)	37:25 (12)	40:53 (11)	47:14 (11)	49:13 (11)	49:39 (11)
	12:50/43	5:38/55	2:18/56	9:15/57	7:24/59	3:28/152	6:21/60	1:59/97	0:26/249
	+4:35 (11)	+1:23 (8)	+1:23 (19)	+4:15 (12)	+2:47 (15)	+0:49 (8)	+2:27 (12)	+0:31 (9)	+0:02 (5)
12	Sigrid Wanvik Haugen		Stjørdals-Blink Orientering				14.96min/km	<b>51:18</b>	(+16:21)
	13:42 (14)	19:58 (13)	22:02 (13)	29:19 (10)	36:38 (10)	41:04 (12)	47:57 (12)	50:43 (12)	51:18 (12)
	13:42/43	6:16/55	2:04/56	7:17/57	7:19/59	4:26/152	6:53/60	2:46/97	0:35/249
	+5:27 (14)	+2:01 (13)	+1:09 (17)	+2:17 (9)	+2:42 (14)	+1:47 (16)	+2:59 (15)	+1:18 (17)	+0:11 (17)
13	Atalie Pedersen		Bjerkvik IF				15.04min/km	<b>51:35</b>	(+16:38)
	13:26 (13)	20:36 (14)	22:20 (14)	31:43 (12)	38:14 (13)	42:31 (13)	48:55 (13)	51:09 (13)	51:35 (13)
	13:26/43	7:10/55	1:44/56	9:23/57	6:31/59	4:17/152	6:24/60	2:14/97	0:26/249
	+5:11 (13)	+2:55 (15)	+0:49 (16)	+4:23 (13)	+1:54 (11)	+1:38 (15)	+2:30 (13)	+0:46 (14)	+0:02 (5)
14	Sigrid Solheim		Stjørdals-Blink Orientering				15.40min/km	<b>52:49</b>	(+17:52)
	16:05 (17)	21:49 (15)	23:18 (15)	33:47 (14)	40:12 (14)	43:40 (14)	50:14 (14)	52:17 (14)	52:49 (14)
	16:05/43	5:44/55	1:29/56	10:29/57	6:25/59	3:28/152	6:34/60	2:03/97	0:32/249
	+7:50 (17)	+1:29 (11)	+0:34 (12)	+5:29 (14)	+1:48 (10)	+0:49 (8)	+2:40 (14)	+0:35 (12)	+0:08 (14)
15	Kaja Bø Timestad		Freidig				15.51min/km	<b>53:12</b>	(+18:15)
	14:40 (15)	24:32 (17)	26:14 (17)	33:56 (15)	41:13 (15)	45:15 (15)	50:41 (15)	52:43 (15)	53:12 (15)
	14:40/43	9:52/55	1:42/56	7:42/57	7:17/59	4:02/152	5:26/60	2:02/97	0:29/249
	+6:25 (15)	+5:37 (18)	+0:47 (15)	+2:42 (10)	+2:40 (13)	+1:23 (11)	+1:32 (8)	+0:34 (11)	+0:05 (11)
16	Siiri Itkonen		Lapin Veikot Finland				18.44min/km	<b>1:03:14</b>	(+28:17)
	12:58 (12)	19:24 (12)	21:29 (12)	38:11 (16)	46:15 (16)	52:42 (16)	1:00:12 (16)	1:02:41 (16)	1:03:14 (16)
	12:58/43	6:26/55	2:05/56	16:42/57	8:04/59	6:27/152	7:30/60	2:29/97	0:33/249
	+4:43 (12)	+2:11 (14)	+1:10 (18)	+11:42 (18)	+3:27 (16)	+3:48 (17)	+3:36 (18)	+1:01 (16)	+0:09 (16)
17	Amanda Smeds		Solf IK				18.92min/km	<b>1:04:54</b>	(+29:57)
	15:24 (16)	23:35 (16)	25:04 (16)	41:16 (17)	49:46 (17)	53:56 (17)	1:01:13 (17)	1:04:24 (17)	1:04:54 (17)
	15:24/43	8:11/55	1:29/56	16:12/57	8:30/59	4:10/152	7:17/60	3:11/125	0:30/249
	+7:09 (16)	+3:56 (16)	+0:34 (12)	+11:12 (16)	+3:53 (18)	+1:31 (14)	+3:23 (17)	+1:43 (18)	+0:06 (13)
18	Lina Snickars		Solf IK				19.67min/km	<b>1:07:29</b>	(+32:32)
	19:03 (19)	27:40 (18)	28:57 (18)	45:18 (18)	53:39 (18)	57:45 (18)	1:04:47 (18)	1:06:53 (18)	1:07:29 (18)
	19:03/43	8:37/55	1:17/56	16:21/57	8:21/59	4:06/152	7:02/60	2:06/125	0:36/249
	+10:48 (19)	+4:22 (17)	+0:22 (5)	+11:21 (17)	+3:44 (17)	+1:27 (12)	+3:08 (16)	+0:38 (13)	+0:12 (18)
19	Astrid Bro Kolstø		Stjørdals-Blink Orientering				25.27min/km	<b>1:26:41</b>	(+51:44)
	18:10 (18)	28:44 (19)	30:10 (19)	49:58 (19)	58:36 (19)	1:14:29 (19)	1:22:31 (19)	1:26:03 (19)	1:26:41 (19)
	18:10/43	10:34/55	1:26/56	19:48/57	8:38/59	15:53/152	8:02/60	3:32/97	0:38/249
	+9:55 (18)	+6:19 (19)	+0:31 (10)	+14:48 (19)	+4:01 (19)	+13:14 (19)	+4:08 (19)	+2:04 (19)	+0:14 (19)

## Klasse H13-14 3.4 km

21 påmeldt, 18 startende 3 premiert

1	Håvard Wedege Irgens	B&OI Orientering	(7.19min/km)	<b>24:39</b>
	6:28 (1) 9:26 (1) 10:22 (1) 14:16 (1) 17:47 (1) 19:55 (1) 23:02 (1) 24:17 (1) 24:39 (1)			
	6:28/43 2:58/55 0:56/56 3:54/57 3:31/59 2:08/152 3:07/60 1:15/97 0:22/249			
	+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)			
2	Ask Kleist Godal	B&OI Orientering	(9.04min/km)	<b>31:01 (+6:22)</b>
	8:53 (4) 12:53 (4) 14:03 (4) 18:50 (3) 22:46 (3) 25:15 (3) 29:07 (2) 30:32 (2) 31:01 (2)			
	8:53/43 4:00/55 1:10/56 4:47/57 3:56/59 2:29/152 3:52/60 1:25/125 0:29/249			
	+2:25 (4) +1:02 (5) +0:14 (5) +0:53 (4) +0:25 (2) +0:21 (5) +0:45 (4) +0:10 (3) +0:07 (13)			
3	Jonas Jern	Femman, IF	(9.07min/km)	<b>31:07 (+6:28)</b>
	8:09 (3) 11:57 (3) 14:12 (5) 19:31 (4) 23:30 (4) 25:55 (4) 29:19 (4) 30:42 (3) 31:07 (3)			
	8:09/43 3:48/55 2:15/56 5:19/57 3:59/59 2:25/152 3:24/60 1:23/97 0:25/249			
	+1:41 (3) +0:50 (2) +1:19 (13) +1:25 (5) +0:28 (3) +0:17 (3) +0:17 (2) +0:08 (2) +0:03 (6)			
4	Magnus Sandven	Notodden OL	(9.09min/km)	<b>31:10 (+6:31)</b>
	9:09 (5) 12:57 (5) 14:02 (3) 18:16 (2) 22:17 (2) 25:11 (2) 29:11 (3) 30:46 (4) 31:10 (4)			
	9:09/43 3:48/55 1:05/56 4:14/57 4:01/59 2:54/152 4:00/60 1:35/125 0:24/249			
	+2:41 (5) +0:50 (2) +0:09 (4) +0:20 (3) +0:30 (4) +0:46 (8) +0:53 (6) +0:20 (9) +0:02 (5)			
5	Erling Hovdenak Sylte	Skåla IL	(9.65min/km)	<b>33:06 (+8:27)</b>
	7:40 (2) 11:48 (2) 12:50 (2) 19:45 (5) 24:34 (5) 27:12 (5) 31:10 (5) 32:41 (5) 33:06 (5)			
	7:40/43 4:08/55 1:02/56 6:55/57 4:49/59 2:38/152 3:58/60 1:31/97 0:25/249			
	+1:12 (2) +1:10 (6) +0:06 (3) +3:01 (12) +1:18 (9) +0:30 (7) +0:51 (5) +0:16 (7) +0:03 (6)			
6	Torgeir Sulen Hovland	Harstad OL	(9.72min/km)	<b>33:20 (+8:41)</b>
	10:22 (10) 14:49 (8) 15:45 (8) 21:29 (6) 25:32 (6) 27:59 (6) 31:24 (6) 32:57 (6) 33:20 (6)			
	10:22/43 4:27/55 0:56/56 5:44/57 4:03/59 2:27/152 3:25/60 1:33/97 0:23/249			
	+3:54 (10) +1:29 (7) +0:00 (1) +1:50 (6) +0:32 (5) +0:19 (4) +0:18 (3) +0:18 (8) +0:01 (2)			
7	Jesse Ihalainen	Navi	(10.38min/km)	<b>35:36 (+10:57)</b>
	10:12 (9) 17:08 (11) 18:26 (11) 22:37 (7) 26:52 (7) 29:28 (7) 33:38 (7) 35:08 (7) 35:36 (7)			
	10:12/43 6:56/55 1:18/56 4:11/57 4:15/59 2:36/152 4:10/60 1:30/125 0:28/249			
	+3:44 (9) +3:58 (13) +0:22 (7) +0:17 (2) +0:44 (6) +0:28 (6) +1:03 (7) +0:15 (6) +0:06 (11)			
8	Arttu Syrjäläinen	Navi	(10.79min/km)	<b>37:01 (+12:22)</b>
	10:05 (8) 13:57 (7) 15:38 (7) 22:57 (9) 27:15 (8) 29:35 (8) 34:44 (8) 36:35 (8) 37:01 (8)			
	10:05/43 3:52/55 1:41/56 7:19/57 4:18/59 2:20/152 5:09/60 1:51/97 0:26/249			
	+3:37 (8) +0:54 (4) +0:45 (12) +3:25 (13) +0:47 (7) +0:12 (2) +2:02 (14) +0:36 (13) +0:04 (9)			
9	Andreas Marcussen	Asker SK	(11.15min/km)	<b>38:15 (+13:36)</b>
	10:38 (11) 15:40 (10) 16:56 (10) 22:51 (8) 27:19 (9) 31:21 (9) 35:58 (9) 37:52 (9) 38:15 (9)			
	10:38/43 5:02/55 1:16/56 5:55/57 4:28/59 4:02/152 4:37/60 1:54/125 0:23/249			
	+4:10 (11) +2:04 (9) +0:20 (6) +2:01 (8) +0:57 (8) +1:54 (12) +1:30 (9) +0:39 (14) +0:01 (2)			
10	Henrik Nielsen Solberg	Stjørdals-Blink Orientering	(11.64min/km)	<b>39:55 (+15:16)</b>
	9:45 (7) 15:30 (9) 16:54 (9) 23:37 (10) 29:34 (10) 32:37 (10) 37:30 (10) 39:30 (10) 39:55 (10)			
	9:45/43 5:45/55 1:24/56 6:43/57 5:57/59 3:03/152 4:53/60 2:00/125 0:25/249			
	+3:17 (7) +2:47 (10) +0:28 (9) +2:49 (11) +2:26 (12) +0:55 (9) +1:46 (11) +0:45 (15) +0:03 (6)			
11	Olav Berg Lofthus	BUL Tromsø	(11.73min/km)	<b>40:14 (+15:35)</b>
	11:28 (12) 17:36 (13) 18:54 (12) 24:41 (11) 29:53 (11) 33:13 (11) 38:08 (11) 39:51 (11) 40:14 (11)			
	11:28/43 6:08/55 1:18/56 5:47/57 5:12/59 3:20/152 4:55/60 1:43/97 0:23/249			
	+5:00 (12) +3:10 (12) +0:22 (7) +1:53 (7) +1:41 (10) +1:12 (11) +1:48 (12) +0:28 (11) +0:01 (2)			
12	Vebjørn Tandberg	Nydalen SK	(14.56min/km)	<b>49:57 (+25:18)</b>
	14:11 (14) 21:07 (14) 22:33 (14) 28:55 (13) 35:40 (12) 42:42 (12) 47:58 (12) 49:27 (12) 49:57 (12)			
	14:11/43 6:56/55 1:26/56 6:22/57 6:45/59 7:02/152 5:16/60 1:29/125 0:30/249			
	+7:43 (14) +3:58 (13) +0:30 (10) +2:28 (10) +3:14 (14) +4:54 (15) +2:09 (15) +0:14 (4) +0:08 (14)			
13	Arttu Kottonen	Lynx - Finland	(15.51min/km)	<b>53:12 (+28:33)</b>
	9:11 (6) 13:39 (6) 15:11 (6) 28:53 (12) 43:13 (14) 46:27 (13) 51:07 (13) 52:45 (13) 53:12 (13)			
	9:11/43 4:28/55 1:32/56 13:42/57 14:20/59 3:14/152 4:40/60 1:38/97 0:27/249			
	+2:43 (6) +1:30 (8) +0:36 (11) +9:48 (15) +10:49 (16) +1:06 (10) +1:33 (10) +0:23 (10) +0:05 (10)			
14	Harald Jahren Nilsen	Nydalen SK	(16.36min/km)	<b>56:07 (+31:28)</b>
	11:28 (12) 17:29 (12) 21:54 (13) 30:09 (14) 41:44 (13) 48:39 (14) 54:08 (14) 55:37 (14) 56:07 (14)			
	11:28/43 6:01/55 4:25/56 8:15/57 11:35/59 6:55/152 5:29/60 1:29/125 0:30/249			
	+5:00 (12) +3:03 (11) +3:29 (15) +4:21 (14) +8:04 (15) +4:47 (14) +2:22 (16) +0:14 (4) +0:08 (14)			



<b>15 Caj Snickars</b>	<b>Solf IK</b>					<b>(17.45min/km)</b>			<b>59:51</b>	<b>(+35:12)</b>
24:27 (16)	31:24 (16)	34:16 (16)	40:17 (15)	45:57 (15)	53:06 (15)	57:30 (15)	59:16 (15)	59:51 (15)		
24:27/43	6:57/55	2:52/56	6:01/57	5:40/59	7:09/152	4:24/60	1:46/97	0:35/249		
+17:59 (16)	+3:59 (15)	+1:56 (14)	+2:07 (9)	+2:09 (11)	+5:01 (16)	+1:17 (8)	+0:31 (12)	+0:13 (16)		
<b>16 Andreas Blomberg</b>	<b>Närpes OK</b>					<b>(19.79min/km)</b>			<b>1:07:53</b>	<b>(+43:14)</b>
18:19 (15)	28:06 (15)	33:46 (15)	48:48 (16)	55:13 (16)	1:00:18 (16)	1:05:15 (16)	1:07:25 (16)	1:07:53 (16)		
18:19/43	9:47/55	5:40/56	15:02/57	6:25/59	5:05/152	4:57/60	2:10/97	0:28/249		
+11:51 (15)	+6:49 (16)	+4:44 (16)	+11:08 (16)	+2:54 (13)	+2:57 (13)	+1:50 (13)	+0:55 (16)	+0:06 (11)		
<b>Erlend Elveos Kjelstrup</b>	<b>B&amp;OI Orientering</b>					<b>(0.00min/km)</b>			<b>Brutt</b>	
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
<b>Robin Pedersen</b>	<b>Göteborg Majorna OK</b>					<b>(8.87min/km)</b>			<b>Disk</b>	<b>(+5:46)</b>
13:15 (14)	29:42 (16)	30:25 (15)	30:25 (15)	30:25 (12)	30:25 (9)	30:25 (5)	30:25 (2)	30:25 (2)		
13:15/59	16:27/97	0:43/249								
+6:47 (14)	+13:29 (17)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		

## Klasse D15-16 4.0 km

14 påmeldt, 14 startende 3 premiert

<b>1 Mathilde Rundhaug</b>	<b>Mo OK</b>					<b>(10.29min/km)</b>			<b>41:29</b>	
8:31 (4)	10:53 (3)	12:31 (3)	19:12 (3)	20:55 (3)	29:50 (2)	37:00 (4)	38:02 (4)	40:08 (2)	41:05 (2)	
8:31/53	2:22/52	1:38/74	6:41/50	1:43/51	8:55/48	7:10/41	1:02/39	2:06/49	0:57/125	
+0:42 (3)	+0:00 (1)	+0:00 (1)	+0:21 (3)	+0:00 (1)	+0:00 (1)	+4:11 (10)	+0:05 (4)	+0:00 (1)	+0:00 (1)	
41:29 (2)										
0:24/249										
+0:00 (1)										
<b>2 Sigrid Bech Umland</b>	<b>Korgen IL</b>					<b>(10.45min/km)</b>			<b>42:07</b>	<b>(+0:38)</b>
8:08 (3)	11:07 (4)	13:18 (4)	20:56 (4)	22:59 (5)	33:20 (5)	36:19 (3)	37:24 (3)	40:21 (3)	41:41 (3)	
8:08/53	2:59/52	2:11/74	7:38/50	2:03/51	10:21/48	2:59/41	1:05/39	2:57/49	1:20/97	
+0:19 (2)	+0:37 (6)	+0:33 (6)	+1:18 (5)	+0:20 (7)	+1:26 (4)	+0:00 (1)	+0:08 (6)	+0:51 (4)	+0:23 (9)	
42:07 (3)										
0:26/249										
+0:02 (4)										
<b>3 Milla Majjala</b>	<b>Lapin Veikot Finland</b>					<b>(11.18min/km)</b>			<b>45:03</b>	<b>(+3:34)</b>
10:05 (7)	12:48 (6)	14:54 (6)	22:33 (6)	24:34 (6)	35:11 (6)	38:29 (6)	39:26 (6)	43:20 (4)	44:34 (4)	
10:05/53	2:43/52	2:06/74	7:39/50	2:01/51	10:37/48	3:18/41	0:57/39	3:54/49	1:14/125	
+2:16 (6)	+0:21 (4)	+0:28 (5)	+1:19 (6)	+0:18 (6)	+1:42 (6)	+0:19 (5)	+0:00 (1)	+1:48 (7)	+0:17 (7)	
45:03 (4)										
0:29/249										
+0:05 (10)										
<b>4 Annika Kottonen</b>	<b>Lynx - Finnland</b>					<b>(11.35min/km)</b>			<b>45:45</b>	<b>(+4:16)</b>
7:49 (2)	10:27 (2)	12:27 (2)	18:47 (2)	20:36 (2)	30:59 (3)	36:08 (2)	37:14 (2)	44:14 (5)	45:21 (5)	
7:49/53	2:38/52	2:00/74	6:20/50	1:49/51	10:23/48	5:09/41	1:06/39	7:00/49	1:07/97	
+0:00 (1)	+0:16 (3)	+0:22 (3)	+0:00 (1)	+0:06 (3)	+1:28 (5)	+2:10 (8)	+0:09 (7)	+4:54 (12)	+0:10 (4)	
45:45 (5)										
0:24/249										
+0:00 (1)										
<b>5 Solveig Blindheim</b>	<b>Lillomarka OL</b>					<b>(11.79min/km)</b>			<b>47:31</b>	<b>(+6:02)</b>
9:43 (6)	12:32 (5)	14:36 (5)	20:59 (5)	22:47 (4)	32:38 (4)	37:55 (5)	39:08 (5)	45:54 (6)	47:04 (6)	
9:43/53	2:49/52	2:04/74	6:23/50	1:48/51	9:51/48	5:17/41	1:13/39	6:46/49	1:10/97	
+1:54 (5)	+0:27 (5)	+0:26 (4)	+0:03 (2)	+0:05 (2)	+0:56 (3)	+2:18 (9)	+0:16 (10)	+4:40 (11)	+0:13 (5)	
47:31 (6)										
0:27/249										
+0:03 (6)										
<b>6 Meri Majjala</b>	<b>Lapin Veikot Finland</b>					<b>(12.79min/km)</b>			<b>51:32</b>	<b>(+10:03)</b>
18:20 (13)	20:51 (13)	22:50 (12)	30:41 (12)	32:35 (11)	43:18 (7)	46:25 (7)	47:22 (7)	50:05 (7)	51:08 (7)	
18:20/53	2:31/52	1:59/74	7:51/50	1:54/51	10:43/48	3:07/41	0:57/39	2:43/49	1:03/97	
+10:31 (12)	+0:09 (2)	+0:21 (2)	+1:31 (7)	+0:11 (5)	+1:48 (7)	+0:08 (2)	+0:00 (1)	+0:37 (2)	+0:06 (2)	
51:32 (7)										

0:24/249

+0:00 (1)

7 Lene Olsen

Bjerkvik IF

(13.66min/km)

55:04 (+13:35)

11:48 (11) 15:41 (10) 18:14 (9) 29:21 (9) 31:10 (9) 46:12 (11) 49:22 (10) 50:29 (9) 53:25 (8) 54:38 (8)  
11:48/53 3:53/52 2:33/74 11:07/50 1:49/51 15:02/48 3:10/41 1:07/39 2:56/49 1:13/125  
+3:59 (10) +1:31 (10) +0:55 (7) +4:47 (11) +0:06 (3) +6:07 (11) +0:11 (3) +0:10 (8) +0:50 (3) +0:16 (6)

55:04 (8)

0:26/249

+0:02 (4)

8 Hilde Svendsen

Harstad OL

(13.97min/km)

56:17 (+14:48)

10:22 (8) 13:30 (7) 19:47 (10) 30:19 (10) 32:22 (10) 47:05 (12) 50:17 (11) 51:27 (11) 54:28 (9) 55:46 (9)  
10:22/53 3:08/52 6:17/74 10:32/50 2:03/51 14:43/48 3:12/41 1:10/39 3:01/49 1:18/97  
+2:33 (7) +0:46 (8) +4:39 (12) +4:12 (10) +0:20 (7) +5:48 (8) +0:13 (4) +0:13 (9) +0:55 (5) +0:21 (8)

56:17 (9)

0:31/249

+0:07 (11)

9 Ronja Pedersen

Bjerkvik IF

(14.21min/km)

57:17 (+15:48)

8:38 (5) 17:58 (12) 23:35 (13) 30:28 (11) 34:41 (13) 44:11 (9) 48:20 (9) 49:20 (8) 55:43 (11) 56:49 (10)  
8:38/53 9:20/52 5:37/74 6:53/50 4:13/51 9:30/48 4:09/41 1:00/39 6:23/49 1:06/125  
+0:49 (4) +6:58 (12) +3:59 (11) +0:33 (4) +2:30 (12) +0:35 (2) +1:10 (6) +0:03 (3) +4:17 (10) +0:09 (3)

57:17 (10)

0:28/249

+0:04 (8)

10 Mari Eriksen Reitan

B&OI Orientering

(14.22min/km)

57:19 (+15:50)

11:11 (10) 14:37 (9) 17:20 (8) 26:10 (8) 28:53 (8) 43:40 (8) 48:14 (8) 51:26 (10) 55:31 (10) 56:51 (11)  
11:11/53 3:26/52 2:43/74 8:50/50 2:43/51 14:47/48 4:34/41 3:12/39 4:05/49 1:20/97  
+3:22 (9) +1:04 (9) +1:05 (9) +2:30 (8) +1:00 (10) +5:52 (9) +1:35 (7) +2:15 (12) +1:59 (8) +0:23 (9)

57:19 (11)

0:28/249

+0:04 (8)

11 Malene Hovdenak Sylte

Skåla IL

(14.84min/km)

59:48 (+18:19)

(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)  
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)  
(1)

+0:00 (1)

12 Helena Lundkvist

Vargen, OK

(15.41min/km)

1:02:06 (+20:37)

10:47 (9) 13:52 (8) 16:25 (7) 26:04 (7) 28:20 (7) 44:25 (10) 53:17 (12) 54:19 (12) 1:00:14 (12) 1:01:39 (12)  
10:47/53 3:05/52 2:33/74 9:39/50 2:16/51 16:05/48 8:52/41 1:02/39 5:55/49 1:25/125  
+2:58 (8) +0:43 (7) +0:55 (7) +3:19 (9) +0:33 (9) +7:10 (12) +5:53 (12) +0:05 (4) +3:49 (9) +0:28 (11)

1:02:06 (12)

0:27/249

+0:03 (6)

13 Mari Eidnes

Harstad OL

(15.99min/km)

1:04:26 (+22:57)

12:21 (12) 16:42 (11) 19:57 (11) 31:13 (13) 34:26 (12) 49:17 (13) 56:53 (13) 58:11 (13) 1:02:02 (13) 1:03:43 (13)  
12:21/53 4:21/52 3:15/74 11:16/50 3:13/51 14:51/48 7:36/41 1:18/39 3:51/49 1:41/125  
+4:32 (11) +1:59 (11) +1:37 (10) +4:56 (12) +1:30 (11) +5:56 (10) +4:37 (11) +0:21 (11) +1:45 (6) +0:44 (12)

1:04:26 (13)

0:43/249

+0:19 (12)

Kristine Masterdalshei

Mo OK

(8.54min/km)

Brutt

26:42 (14) 30:36 (14) 34:24 (14) 34:24 (14) 34:24 (12) 34:24 (6) 34:24 (2) 34:24 (2) 34:24 (2) 34:24 (2)  
26:42/53 3:54/52 3:48/74  
+18:53 (13) +1:32 (11) +2:10 (11) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

34:24 (2)

+0:00 (1)

# Klasse H15-16 5.0 km

29 påmeldt, 25 startende 3 premiert

<b>1</b>	<b>Petter Jakola</b>		<b>B&amp;OI Orientering</b>	<b>(7.52min/km)</b>	<b>37:36</b>				
5:28 (1)	6:34 (1)	8:00 (1)	18:04 (1)	19:05 (1)	29:43 (1)	32:35 (1)	33:26 (1)	34:17 (1)	36:33 (1)
5:28/43	1:06/52	1:26/74	10:04/45	1:01/46	10:38/83	2:52/36	0:51/41	0:51/39	2:16/42
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+9:37 (7)	+0:00 (1)	+0:02 (2)	+0:05 (3)	+0:13 (5)
37:13 (1)	37:36 (1)	37:36 (1)							
0:40/97	0:23/249								
+0:00 (1)	+0:21 (10)	+0:00 (1)							
<b>2</b>	<b>Ludvig Åhlund</b>		<b>Nolaskogsarna, OK - Sverige</b>	<b>(7.90min/km)</b>	<b>39:30</b>	<b>(+1:54)</b>			
6:35 (3)	7:48 (2)	9:24 (2)	19:44 (2)	20:53 (2)	31:37 (2)	34:40 (2)	35:29 (2)	36:18 (2)	38:21 (2)
6:35/43	1:13/52	1:36/74	10:20/45	1:09/46	10:44/83	3:03/36	0:49/41	0:49/39	2:03/42
+1:07 (3)	+0:07 (3)	+0:10 (3)	+0:16 (2)	+0:08 (10)	+9:43 (8)	+0:11 (3)	+0:00 (1)	+0:03 (2)	+0:00 (1)
39:08 (2)	39:30 (2)	39:30 (2)							
0:47/125	0:22/249								
+0:07 (6)	+0:20 (7)	+0:00 (1)							
<b>3</b>	<b>Sindre Sandven</b>		<b>Notodden OL</b>	<b>(8.91min/km)</b>	<b>44:32</b>	<b>(+6:56)</b>			
7:42 (9)	8:55 (5)	10:53 (4)	21:58 (3)	23:05 (3)	35:26 (4)	38:26 (3)	39:30 (3)	40:42 (3)	43:22 (3)
7:42/43	1:13/52	1:58/74	11:05/45	1:07/46	12:21/83	3:00/36	1:04/41	1:12/39	2:40/42
+2:14 (9)	+0:07 (3)	+0:32 (13)	+1:01 (3)	+0:06 (6)	+11:20 (13)	+0:08 (2)	+0:15 (7)	+0:26 (18)	+0:37 (15)
44:06 (3)	44:08 (3)	44:32 (3)							
0:44/125	0:02/97	0:24/249							
+0:04 (3)	+0:00 (1)	+0:03 (2)							
<b>4</b>	<b>Bård Engzelius Gylver</b>		<b>Asker SK</b>	<b>(9.09min/km)</b>	<b>45:27</b>	<b>(+7:51)</b>			
6:55 (5)	9:00 (6)	10:54 (5)	22:51 (4)	24:01 (4)	34:34 (3)	39:18 (5)	40:23 (4)	41:24 (4)	43:51 (4)
6:55/43	2:05/52	1:54/74	11:57/45	1:10/46	10:33/83	4:44/36	1:05/41	1:01/39	2:27/42
+1:27 (5)	+0:59 (17)	+0:28 (12)	+1:53 (4)	+0:09 (11)	+9:32 (5)	+1:52 (14)	+0:16 (8)	+0:15 (9)	+0:24 (9)
45:00 (4)	45:27 (4)	45:27 (4)							
1:09/97	0:27/249								
+0:29 (24)	+0:25 (20)	+0:00 (1)							
<b>5</b>	<b>Eetu Nykänen</b>		<b>Navi</b>	<b>(9.18min/km)</b>	<b>45:53</b>	<b>(+8:17)</b>			
6:39 (4)	8:04 (3)	12:05 (11)	24:51 (8)	25:59 (8)	35:30 (5)	39:17 (4)	41:35 (5)	42:33 (5)	44:42 (5)
6:39/43	1:25/52	4:01/74	12:46/45	1:08/46	9:31/83	3:47/36	2:18/41	0:58/39	2:09/42
+1:11 (4)	+0:19 (8)	+2:35 (25)	+2:42 (7)	+0:07 (9)	+8:30 (2)	+0:55 (6)	+1:29 (21)	+0:12 (7)	+0:06 (2)
45:33 (5)	45:53 (5)	45:53 (5)							
0:51/97	0:20/249								
+0:11 (8)	+0:18 (3)	+0:00 (1)							
<b>6</b>	<b>Jakob Kalvig Skogan</b>		<b>B&amp;OI Orientering</b>	<b>(9.27min/km)</b>	<b>46:21</b>	<b>(+8:45)</b>			
6:59 (6)	9:38 (11)	11:29 (9)	24:05 (5)	25:16 (5)	36:08 (6)	40:29 (7)	41:37 (6)	42:40 (6)	44:59 (6)
6:59/43	2:39/52	1:51/74	12:36/45	1:11/46	10:52/83	4:21/36	1:08/41	1:03/39	2:19/42
+1:31 (6)	+1:33 (20)	+0:25 (9)	+2:32 (6)	+0:10 (12)	+9:51 (9)	+1:29 (10)	+0:19 (10)	+0:17 (10)	+0:16 (6)
45:56 (6)	46:21 (6)	46:21 (6)							
0:57/125	0:25/249								
+0:17 (14)	+0:23 (15)	+0:00 (1)							
<b>7</b>	<b>Rasmus Theisen</b>		<b>Mellebygd IL</b>	<b>(9.38min/km)</b>	<b>46:53</b>	<b>(+9:17)</b>			
7:50 (11)	9:16 (7)	12:39 (16)	25:47 (9)	26:52 (9)	36:34 (7)	40:15 (6)	42:31 (8)	43:34 (7)	45:43 (7)
7:50/43	1:26/52	3:23/74	13:08/45	1:05/46	9:42/83	3:41/36	2:16/41	1:03/39	2:09/42
+2:22 (11)	+0:20 (9)	+1:57 (24)	+3:04 (8)	+0:04 (3)	+8:41 (3)	+0:49 (4)	+1:27 (20)	+0:17 (10)	+0:06 (2)
46:31 (7)	46:53 (7)	46:53 (7)							
0:48/97	0:22/249								
+0:08 (7)	+0:20 (7)	+0:00 (1)							
<b>8</b>	<b>Håkon Hegreberg</b>		<b>B&amp;OI Orientering</b>	<b>(9.74min/km)</b>	<b>48:42</b>	<b>(+11:06)</b>			
7:21 (7)	9:26 (8)	11:17 (7)	25:54 (10)	26:57 (10)	36:56 (8)	40:53 (8)	41:56 (7)	44:50 (8)	47:20 (8)
7:21/43	2:05/52	1:51/74	14:37/45	1:03/46	9:59/83	3:57/36	1:03/41	2:54/39	2:30/42
+1:53 (7)	+0:59 (17)	+0:25 (9)	+4:33 (12)	+0:02 (2)	+8:58 (4)	+1:05 (7)	+0:14 (6)	+2:08 (25)	+0:27 (11)
48:22 (8)	48:42 (8)	48:42 (8)							
1:02/97	0:20/249								
+0:22 (19)	+0:18 (3)	+0:00 (1)							

<b>9</b>	<b>Igor Majewski</b>		<b>Gwardia Warszawa</b>	<b>(10.03min/km)</b>	<b>50:08</b>	<b>(+12:32)</b>			
8:45 (16)	10:01 (14)	11:41 (10)	24:05 (5)	25:38 (6)	38:50 (9)	44:17 (10)	45:25 (9)	46:19 (9)	48:47 (9)
8:45/43	1:16/52	1:40/74	12:24/45	1:33/46	13:12/83	5:27/36	1:08/41	0:54/39	2:28/42
+3:17 (16)	+0:10 (5)	+0:14 (5)	+2:20 (5)	+0:32 (20)	+12:11 (15)	+2:35 (18)	+0:19 (10)	+0:08 (4)	+0:25 (10)
49:39 (9)	50:08 (9)	50:08 (9)							
0:52/97	0:29/249								
+0:12 (11)	+0:27 (22)	+0:00 (1)							
<b>10</b>	<b>Sindre Engzelius Gylver</b>		<b>Asker SK</b>	<b>(10.10min/km)</b>	<b>50:30</b>	<b>(+12:54)</b>			
9:40 (20)	11:01 (18)	13:23 (18)	28:03 (14)	29:10 (14)	39:43 (12)	44:32 (11)	45:42 (10)	46:36 (10)	49:02 (10)
9:40/43	1:21/52	2:22/74	14:40/45	1:07/46	10:33/83	4:49/36	1:10/41	0:54/39	2:26/42
+4:12 (20)	+0:15 (7)	+0:56 (20)	+4:36 (13)	+0:06 (6)	+9:32 (5)	+1:57 (16)	+0:21 (12)	+0:08 (4)	+0:23 (8)
50:05 (10)	50:30 (10)	50:30 (10)							
1:03/125	0:25/249								
+0:23 (21)	+0:23 (15)	+0:00 (1)							
<b>11</b>	<b>Andreas Bro Kolstø</b>		<b>Stjørdals-Blink Orientering</b>	<b>(10.22min/km)</b>	<b>51:06</b>	<b>(+13:30)</b>			
8:47 (17)	12:16 (22)	14:34 (22)	28:46 (16)	29:53 (15)	41:18 (15)	45:30 (12)	46:28 (12)	47:22 (11)	49:45 (11)
8:47/43	3:29/52	2:18/74	14:12/45	1:07/46	11:25/83	4:12/36	0:58/41	0:54/39	2:23/42
+3:19 (17)	+2:23 (25)	+0:52 (15)	+4:08 (11)	+0:06 (6)	+10:24 (10)	+1:20 (9)	+0:09 (5)	+0:08 (4)	+0:20 (7)
50:46 (11)	51:06 (11)	51:06 (11)							
1:01/97	0:20/249								
+0:21 (18)	+0:18 (3)	+0:00 (1)							
<b>12</b>	<b>Karl-Fredrik Hansen</b>		<b>Sørreisa OL</b>	<b>(10.42min/km)</b>	<b>52:07</b>	<b>(+14:31)</b>			
6:33 (2)	9:31 (9)	11:08 (6)	28:44 (15)	30:09 (16)	41:36 (16)	46:22 (14)	47:18 (13)	48:17 (13)	50:47 (12)
6:33/43	2:58/52	1:37/74	17:36/45	1:25/46	11:27/83	4:46/36	0:56/41	0:59/39	2:30/42
+1:05 (2)	+1:52 (23)	+0:11 (4)	+7:32 (18)	+0:24 (17)	+10:26 (11)	+1:54 (15)	+0:07 (4)	+0:13 (8)	+0:27 (11)
51:47 (12)	52:07 (12)	52:07 (12)							
1:00/125	0:20/249								
+0:20 (17)	+0:18 (3)	+0:00 (1)							
<b>13</b>	<b>Martin Femsteinevik</b>		<b>Strand Ulv IL</b>	<b>(10.47min/km)</b>	<b>52:22</b>	<b>(+14:46)</b>			
8:03 (14)	9:48 (12)	12:07 (12)	27:40 (13)	29:04 (13)	42:30 (17)	46:16 (13)	47:21 (14)	48:27 (14)	51:08 (13)
8:03/43	1:45/52	2:19/74	15:33/45	1:24/46	13:26/83	3:46/36	1:05/41	1:06/39	2:41/42
+2:35 (14)	+0:39 (13)	+0:53 (16)	+5:29 (15)	+0:23 (16)	+12:25 (17)	+0:54 (5)	+0:16 (8)	+0:20 (15)	+0:38 (16)
51:59 (13)	52:22 (13)	52:22 (13)							
0:51/97	0:23/249								
+0:11 (8)	+0:21 (10)	+0:00 (1)							
<b>14</b>	<b>Ola Kvisle</b>		<b>Asker SK</b>	<b>(10.54min/km)</b>	<b>52:42</b>	<b>(+15:06)</b>			
7:27 (8)	8:54 (4)	10:46 (3)	24:41 (7)	25:56 (7)	39:17 (10)	43:19 (9)	46:18 (11)	47:25 (12)	51:33 (14)
7:27/43	1:27/52	1:52/74	13:55/45	1:15/46	13:21/83	4:02/36	2:59/41	1:07/39	4:08/42
+1:59 (8)	+0:21 (10)	+0:26 (11)	+3:51 (10)	+0:14 (13)	+12:20 (16)	+1:10 (8)	+2:10 (22)	+0:21 (17)	+2:05 (23)
52:17 (14)	52:42 (14)	52:42 (14)							
0:44/125	0:25/249								
+0:04 (3)	+0:23 (15)	+0:00 (1)							
<b>15</b>	<b>Jacob Berg Lofthus</b>		<b>BUL Tromsø</b>	<b>(10.61min/km)</b>	<b>53:04</b>	<b>(+15:28)</b>			
7:58 (13)	9:35 (10)	11:22 (8)	26:19 (12)	27:51 (12)	41:00 (14)	46:49 (15)	48:17 (15)	49:20 (15)	51:50 (15)
7:58/43	1:37/52	1:47/74	14:57/45	1:32/46	13:09/83	5:49/36	1:28/41	1:03/39	2:30/42
+2:30 (13)	+0:31 (11)	+0:21 (6)	+4:53 (14)	+0:31 (19)	+12:08 (14)	+2:57 (20)	+0:39 (14)	+0:17 (10)	+0:27 (11)
52:42 (15)	53:04 (15)	53:04 (15)							
0:52/97	0:22/249								
+0:12 (11)	+0:20 (7)	+0:00 (1)							
<b>16</b>	<b>Bartek Nowak</b>		<b>Gwardia Warszawa</b>	<b>(12.01min/km)</b>	<b>1:00:02</b>	<b>(+22:26)</b>			
7:57 (12)	10:56 (17)	12:44 (17)	29:36 (17)	30:57 (18)	44:28 (18)	52:57 (16)	54:42 (16)	55:54 (17)	58:32 (16)
7:57/43	2:59/52	1:48/74	16:52/45	1:21/46	13:31/83	8:29/36	1:45/41	1:12/39	2:38/42
+2:29 (12)	+1:53 (24)	+0:22 (7)	+6:48 (17)	+0:20 (15)	+12:30 (18)	+5:37 (22)	+0:56 (17)	+0:26 (18)	+0:35 (14)
59:37 (16)	1:00:02 (16)	1:00:02 (16)							
1:05/125	0:25/249								
+0:25 (22)	+0:23 (15)	+0:00 (1)							
<b>17</b>	<b>Erlend Engzelius Gylver</b>		<b>Asker SK</b>	<b>(12.12min/km)</b>	<b>1:00:36</b>	<b>(+23:00)</b>			
8:39 (15)	9:58 (13)	12:17 (13)	30:49 (19)	31:55 (19)	45:50 (19)	54:00 (17)	54:54 (17)	55:40 (16)	59:28 (17)
8:39/43	1:19/52	2:19/74	18:32/45	1:06/46	13:55/83	8:10/36	0:54/41	0:46/39	3:48/42
+3:11 (15)	+0:13 (6)	+0:53 (16)	+8:28 (20)	+0:05 (5)	+12:54 (19)	+5:18 (21)	+0:05 (3)	+0:00 (1)	+1:45 (19)

1:00:09 (17) 1:00:36 (17) 1:00:36 (17)  
0:41/97 0:27/249  
+0:01 (2) +0:25 (20) +0:00 (1)

**18 Sigurd Oxaas Wie** Mo OK (12.91min/km) **1:04:33 (+26:57)**  
9:19 (19) 11:03 (19) 13:24 (19) 29:37 (18) 30:53 (17) 45:54 (20) 57:00 (18) 58:40 (18) 59:54 (18) 1:03:12 (18)  
9:19/43 1:44/52 2:21/74 16:13/45 1:16/46 15:01/83 11:06/36 1:40/41 1:14/39 3:18/42  
+3:51 (19) +0:38 (12) +0:55 (19) +6:09 (16) +0:15 (14) +14:00 (20) +8:14 (23) +0:51 (16) +0:28 (20) +1:15 (17)  
1:04:14 (18) 1:04:33 (18) 1:04:33 (18)  
1:02/97 0:19/249  
+0:22 (19) +0:17 (2) +0:00 (1)

**19 Arild Hesselberg Indby** Løten OL (13.66min/km) **1:08:17 (+30:41)**  
12:45 (24) 15:10 (24) 18:00 (24) 35:42 (21) 37:24 (21) 53:37 (21) 58:17 (19) 59:52 (19) 1:01:25 (19) 1:06:54 (19)  
12:45/43 2:25/52 2:50/74 17:42/45 1:42/46 16:13/83 4:40/36 1:35/41 1:33/39 5:29/42  
+7:17 (24) +1:19 (19) +1:24 (23) +7:38 (19) +0:41 (23) +15:12 (21) +1:48 (13) +0:46 (15) +0:47 (23) +3:26 (25)  
1:07:52 (19) 1:08:17 (19) 1:08:17 (19)  
0:58/97 0:25/249  
+0:18 (15) +0:23 (15) +0:00 (1)

**20 Magnus Bro Kolstø** Stjørdals-Blink Orientering (14.47min/km) **1:12:20 (+34:44)**  
9:13 (18) 11:08 (20) 13:41 (20) 33:37 (20) 35:19 (20) 58:45 (22) 1:03:24 (22) 1:05:33 (21) 1:07:00 (21) 1:10:49 (21)  
9:13/43 1:55/52 2:33/74 19:56/45 1:42/46 23:26/83 4:39/36 2:09/41 1:27/39 3:49/42  
+3:45 (18) +0:49 (15) +1:07 (21) +9:52 (21) +0:41 (23) +22:25 (25) +1:47 (12) +1:20 (19) +0:41 (21) +1:46 (20)  
1:11:56 (21) 1:12:20 (20) 1:12:20 (20)  
1:07/97 0:24/249  
+0:27 (23) +0:22 (13) +0:00 (1)

**21 Håkon Godager** Løten OL (14.53min/km) **1:12:38 (+35:02)**  
9:41 (22) 10:53 (16) 12:28 (15) 25:57 (11) 27:02 (11) 39:20 (11) 1:03:21 (21) 1:06:28 (22) 1:07:31 (22) 1:11:31 (22)  
9:41/43 1:12/52 1:35/74 13:29/45 1:05/46 12:18/83 24:01/36 3:07/41 1:03/39 4:00/42  
+4:13 (22) +0:06 (2) +0:09 (2) +3:25 (9) +0:04 (3) +11:17 (12) +21:09 (25) +2:18 (23) +0:17 (10) +1:57 (21)  
1:12:15 (22) 1:12:38 (21) 1:12:38 (21)  
0:44/97 0:23/249  
+0:04 (3) +0:21 (10) +0:00 (1)

**22 Fredrik Kristiansen** B&OI Orientering (14.68min/km) **1:13:25 (+35:49)**  
7:48 (10) 10:32 (15) 12:20 (14) 38:07 (22) 39:38 (22) 40:39 (13) 59:35 (20) 1:03:51 (20) 1:04:57 (20) 1:07:08 (20)  
7:48/43 2:44/52 1:48/74 25:47/46 1:31/45 1:01/46 18:56/83 4:16/36 1:06/41 2:11/39  
+2:20 (10) +1:38 (22) +0:22 (7) +15:43 (23) +0:30 (18) +0:00 (1) +16:04 (24) +3:27 (24) +0:20 (15) +0:08 (4)  
1:11:55 (20) 1:13:04 (22) 1:13:25 (22)  
4:47/42 1:09/97 0:21/249  
+4:07 (25) +1:07 (25) +0:00 (1)

**23 Bjørn Fuglestad** Ålgård Orientering (14.74min/km) **1:13:41 (+36:05)**  
9:40 (20) 11:43 (21) 14:03 (21) 38:41 (23) 40:25 (23) 1:00:21 (23) 1:05:33 (23) 1:07:23 (23) 1:08:59 (23) 1:12:20 (23)  
9:40/43 2:03/52 2:20/74 24:38/45 1:44/46 19:56/83 5:12/36 1:50/41 1:36/39 3:21/42  
+4:12 (20) +0:57 (16) +0:54 (18) +14:34 (22) +0:43 (25) +18:55 (24) +2:20 (17) +1:01 (18) +0:50 (24) +1:18 (18)  
1:13:11 (23) 1:13:41 (23) 1:13:41 (23)  
0:51/97 0:30/249  
+0:11 (8) +0:28 (23) +0:00 (1)

**24 Espen Wigemyr** Oddersjaa SSK (16.25min/km) **1:21:15 (+43:39)**  
14:01 (25) 15:49 (25) 18:23 (25) 44:31 (24) 46:08 (24) 1:04:01 (24) 1:09:30 (24) 1:13:58 (24) 1:15:27 (24) 1:19:47 (24)  
14:01/43 1:48/52 2:34/74 26:08/45 1:37/46 17:53/83 5:29/36 4:28/41 1:29/39 4:20/42  
+8:33 (25) +0:42 (14) +1:08 (22) +16:04 (24) +0:36 (21) +16:52 (23) +2:37 (19) +3:39 (25) +0:43 (22) +2:17 (24)  
1:20:45 (24) 1:21:15 (24) 1:21:15 (24)  
0:58/125 0:30/249  
+0:18 (15) +0:28 (23) +0:00 (1)

**25 Terje Magnus Bakken Sørensen** Freidig (20.14min/km) **1:40:41 (+1:03:05)**  
11:42 (23) 14:22 (23) 16:39 (23) 1:10:05 (25) 1:11:46 (25) 1:28:32 (25) 1:33:00 (25) 1:34:13 (25) 1:35:17 (25) 1:39:21 (25)  
11:42/43 2:40/52 2:17/74 53:26/45 1:41/46 16:46/83 4:28/36 1:13/41 1:04/39 4:04/42  
+6:14 (23) +1:34 (21) +0:51 (14) +43:22 (25) +0:40 (22) +15:45 (22) +1:36 (11) +0:24 (13) +0:18 (14) +2:01 (22)  
1:40:17 (25) 1:40:41 (25) 1:40:41 (25)  
0:56/125 0:24/249  
+0:16 (13) +0:22 (13) +0:00 (1)

## Klasse D17-18 4.3 km

8 påmeldt, 8 startende 1 premiert

1	Elina Itkonen		Lapin Veikot Finland	(9.74min/km)	<b>42:11</b>					
	9:04 (1)	11:00 (1)	15:36 (2)	21:48 (2)	23:13 (2)	34:15 (2)	36:58 (2)	37:53 (2)	40:33 (2)	41:47 (1)
	9:04/31	1:56/32	4:36/33	6:12/77	1:25/51	11:02/47	2:43/37	0:55/39	2:40/49	1:14/97
	+0:00 (1)	+0:00 (1)	+0:49 (4)	+0:00 (1)	+0:08 (2)	+0:09 (2)	+2:06 (2)	+0:00 (1)	+0:43 (2)	+0:04 (3)
	42:11 (1)	42:11 (1)								
	0:24/249									
	+0:00 (1)	+0:00 (1)								
2	Kirsi Nurmi		Vaasan Suunnistajat	(10.43min/km)	<b>45:10</b>	(+2:59)				
	9:06 (2)	11:04 (2)	14:51 (1)	21:14 (1)	22:49 (1)	34:09 (1)	34:46 (1)	37:08 (1)	39:05 (1)	43:25 (2)
	9:06/31	1:58/32	3:47/33	6:23/77	1:35/51	11:20/82	0:37/47	2:22/37	1:57/39	4:20/49
	+0:02 (2)	+0:02 (2)	+0:00 (1)	+0:11 (2)	+0:18 (5)	+0:27 (4)	+0:00 (1)	+1:27 (8)	+0:00 (1)	+3:10 (8)
	44:41 (2)	45:10 (2)								
	1:16/97	0:29/249								
	+0:52 (8)	+0:00 (1)								
3	Rannveig Jørgensen		Namsos OK	(10.45min/km)	<b>45:14</b>	(+3:03)				
	9:46 (4)	12:00 (3)	16:20 (4)	23:24 (3)	24:49 (3)	35:42 (3)	38:34 (3)	39:37 (3)	43:34 (3)	44:47 (3)
	9:46/31	2:14/32	4:20/33	7:04/77	1:25/51	10:53/47	2:52/37	1:03/39	3:57/49	1:13/125
	+0:42 (4)	+0:18 (4)	+0:33 (3)	+0:52 (3)	+0:08 (2)	+0:00 (1)	+2:15 (3)	+0:08 (2)	+2:00 (5)	+0:03 (2)
	45:14 (3)	45:14 (3)								
	0:27/249									
	+0:03 (2)	+0:00 (1)								
4	Suvi Juopperi		Lapin Veikot Finland	(10.99min/km)	<b>47:34</b>	(+5:23)				
	9:43 (3)	12:02 (4)	16:16 (3)	23:52 (4)	25:09 (4)	38:49 (4)	41:54 (4)	43:01 (4)	45:46 (4)	47:01 (4)
	9:43/31	2:19/32	4:14/33	7:36/77	1:17/51	13:40/47	3:05/37	1:07/39	2:45/49	1:15/97
	+0:39 (3)	+0:23 (5)	+0:27 (2)	+1:24 (5)	+0:00 (1)	+2:47 (5)	+2:28 (4)	+0:12 (3)	+0:48 (3)	+0:05 (4)
	47:34 (4)	47:34 (4)								
	0:33/249									
	+0:09 (6)	+0:00 (1)								
5	Kathrine Pedersen		Sørreisa OL	(13.95min/km)	<b>1:00:23</b>	(+18:12)				
	15:20 (6)	18:03 (6)	25:59 (5)	36:03 (5)	37:30 (5)	48:44 (5)	53:12 (5)	54:47 (5)	58:46 (5)	59:56 (5)
	15:20/31	2:43/32	7:56/33	10:04/77	1:27/51	11:14/47	4:28/37	1:35/39	3:59/49	1:10/97
	+6:16 (6)	+0:47 (6)	+4:09 (5)	+3:52 (7)	+0:10 (4)	+0:21 (3)	+3:51 (7)	+0:40 (5)	+2:02 (6)	+0:00 (1)
	1:00:23 (5)	1:00:23 (5)								
	0:27/249									
	+0:03 (2)	+0:00 (1)								
6	Karoline Röhnert		GER-SSV Planeta Radebe	(14.64min/km)	<b>1:03:23</b>	(+21:12)				
	15:32 (7)	17:37 (5)	29:52 (6)	37:17 (6)	38:55 (6)	52:50 (6)	57:20 (6)	58:36 (6)	1:01:37 (6)	1:02:55 (6)
	15:32/31	2:05/32	12:15/33	7:25/77	1:38/51	13:55/47	4:30/37	1:16/39	3:01/49	1:18/97
	+6:28 (7)	+0:09 (3)	+8:28 (6)	+1:13 (4)	+0:21 (6)	+3:02 (6)	+3:53 (8)	+0:21 (4)	+1:04 (4)	+0:08 (5)
	1:03:23 (6)	1:03:23 (6)								
	0:28/249									
	+0:04 (4)	+0:00 (1)								
7	Sonja Friman		Solf IK	(17.36min/km)	<b>1:15:11</b>	(+33:00)				
	16:42 (8)	19:38 (8)	34:55 (8)	44:20 (8)	46:08 (8)	1:01:41 (7)	1:06:00 (7)	1:07:48 (7)	1:13:09 (7)	1:14:43 (7)
	16:42/31	2:56/32	15:17/33	9:25/77	1:48/51	15:33/47	4:19/37	1:48/39	5:21/49	1:34/97
	+7:38 (8)	+1:00 (7)	+11:30 (8)	+3:13 (6)	+0:31 (7)	+4:40 (7)	+3:42 (6)	+0:53 (7)	+3:24 (7)	+0:24 (6)
	1:15:11 (7)	1:15:11 (7)								
	0:28/249									
	+0:04 (4)	+0:00 (1)								
8	Maria Fagerheim Nilssen		Bardu IL	(17.93min/km)	<b>1:17:39</b>	(+35:28)				
	15:15 (5)	18:23 (7)	32:04 (7)	43:03 (7)	44:55 (7)	1:04:06 (8)	1:07:58 (8)	1:09:35 (8)	1:15:08 (8)	1:16:58 (8)
	15:15/31	3:08/32	13:41/33	10:59/77	1:52/51	19:11/47	3:52/37	1:37/39	5:33/49	1:50/97
	+6:11 (5)	+1:12 (8)	+9:54 (7)	+4:47 (8)	+0:35 (8)	+8:18 (8)	+3:15 (5)	+0:42 (6)	+3:36 (8)	+0:40 (7)
	1:17:39 (8)	1:17:39 (8)								
	0:41/249									
	+0:17 (7)	+0:00 (1)								

# Klasse H17-18 6.0 km

10 påmeldt, 10 startende 1 premiert

<b>1</b>	<b>Onnela Kalle</b>		<b>Lapin Veikot Finland</b>	<b>(8.14min/km)</b>	<b>48:49</b>				
8:37 (6)	9:22 (6)	14:52 (5)	26:02 (4)	27:02 (4)	37:10 (2)	40:48 (1)	42:46 (1)	44:07 (1)	44:56 (1)
8:37/54	0:45/73	5:30/33	11:10/45	1:00/46	10:08/83	3:38/47	1:58/48	1:21/37	0:49/39
+1:36 (6)	+0:03 (2)	+0:02 (2)	+0:10 (3)	+0:16 (4)	+0:00 (1)	+0:35 (7)	+1:15 (4)	+0:00 (1)	+0:00 (1)
47:12 (1)	48:28 (1)	48:49 (1)	48:49 (1)						
2:16/44	1:16/97	0:21/249							
+1:27 (3)	+0:00 (1)	+0:03 (3)	+0:00 (1)						
<b>2</b>	<b>Niko Ihalainen</b>		<b>Navi</b>	<b>(8.25min/km)</b>	<b>49:31</b>	<b>(+0:42)</b>			
7:26 (2)	8:36 (4)	14:04 (2)	25:24 (2)	26:26 (2)	36:38 (1)	40:49 (2)	43:05 (2)	44:31 (2)	45:27 (2)
7:26/54	1:10/73	5:28/33	11:20/45	1:02/46	10:12/83	4:11/47	2:16/48	1:26/37	0:56/39
+0:25 (2)	+0:28 (10)	+0:00 (1)	+0:20 (4)	+0:18 (5)	+0:04 (2)	+1:08 (9)	+1:33 (8)	+0:05 (2)	+0:07 (3)
47:47 (2)	49:09 (2)	49:31 (2)	49:31 (2)						
2:20/44	1:22/125	0:22/249							
+1:31 (5)	+0:06 (4)	+0:04 (4)	+0:00 (1)						
<b>3</b>	<b>Fredrik Danielsen</b>		<b>Tyrving, IL</b>	<b>(8.40min/km)</b>	<b>50:24</b>	<b>(+1:35)</b>			
7:48 (4)	8:34 (3)	14:12 (3)	25:12 (1)	26:17 (1)	37:50 (3)	41:02 (3)	43:05 (2)	44:49 (3)	45:55 (3)
7:48/54	0:46/73	5:38/33	11:00/45	1:05/46	11:33/83	3:12/47	2:03/48	1:44/37	1:06/39
+0:47 (4)	+0:04 (4)	+0:10 (4)	+0:00 (1)	+0:21 (7)	+1:25 (4)	+0:09 (3)	+1:20 (5)	+0:23 (5)	+0:17 (5)
48:39 (3)	50:04 (3)	50:24 (3)	50:24 (3)						
2:44/44	1:25/97	0:20/249							
+1:55 (6)	+0:09 (5)	+0:02 (2)	+0:00 (1)						
<b>4</b>	<b>Ville Nykänen</b>		<b>Navi</b>	<b>(8.56min/km)</b>	<b>51:23</b>	<b>(+2:34)</b>			
8:21 (5)	9:03 (5)	14:36 (4)	25:38 (3)	26:37 (3)	39:42 (4)	43:10 (5)	45:02 (4)	46:38 (4)	47:28 (4)
8:21/54	0:42/73	5:33/33	11:02/45	0:59/46	13:05/83	3:28/47	1:52/48	1:36/37	0:50/39
+1:20 (5)	+0:00 (1)	+0:05 (3)	+0:02 (2)	+0:15 (3)	+2:57 (7)	+0:25 (4)	+1:09 (2)	+0:15 (3)	+0:01 (2)
49:45 (4)	51:01 (4)	51:23 (4)	51:23 (4)						
2:17/44	1:16/97	0:22/249							
+1:28 (4)	+0:00 (1)	+0:04 (4)	+0:00 (1)						
<b>5</b>	<b>Andreas G. Johansen</b>		<b>Sørreisa OL</b>	<b>(8.83min/km)</b>	<b>52:58</b>	<b>(+4:09)</b>			
7:34 (3)	8:19 (2)	15:18 (6)	26:55 (5)	28:13 (5)	39:53 (5)	42:56 (4)	45:03 (5)	47:01 (5)	48:13 (5)
7:34/54	0:45/73	6:59/33	11:37/45	1:18/46	11:40/83	3:03/47	2:07/48	1:58/37	1:12/39
+0:33 (3)	+0:03 (2)	+1:31 (8)	+0:37 (5)	+0:34 (8)	+1:32 (5)	+0:00 (1)	+1:24 (7)	+0:37 (8)	+0:23 (6)
51:01 (5)	52:40 (5)	52:58 (5)	52:58 (5)						
2:48/44	1:39/97	0:18/249							
+1:59 (7)	+0:23 (7)	+0:00 (1)	+0:00 (1)						
<b>6</b>	<b>Lars Berge Owren</b>		<b>Freidig</b>	<b>(8.98min/km)</b>	<b>53:54</b>	<b>(+5:05)</b>			
7:01 (1)	8:00 (1)	13:48 (1)	28:57 (7)	30:01 (6)	41:17 (6)	44:54 (6)	47:00 (7)	48:37 (7)	49:52 (6)
7:01/54	0:59/73	5:48/33	15:09/45	1:04/46	11:16/83	3:37/47	2:06/48	1:37/37	1:15/39
+0:00 (1)	+0:17 (9)	+0:20 (5)	+4:09 (9)	+0:20 (6)	+1:08 (3)	+0:34 (6)	+1:23 (6)	+0:16 (4)	+0:26 (7)
52:06 (7)	53:31 (6)	53:54 (6)	53:54 (6)						
2:14/44	1:25/125	0:23/249							
+1:25 (2)	+0:09 (5)	+0:05 (7)	+0:00 (1)						
<b>7</b>	<b>Bendik Myrvang</b>		<b>Bjerkvik IF</b>	<b>(9.26min/km)</b>	<b>55:32</b>	<b>(+6:43)</b>			
9:29 (8)	10:20 (8)	17:07 (7)	28:44 (6)	30:12 (7)	42:24 (7)	45:31 (7)	46:14 (6)	48:10 (6)	50:19 (7)
9:29/54	0:51/73	6:47/33	11:37/45	1:28/46	12:12/83	3:07/82	0:43/47	1:56/48	2:09/37
+2:28 (8)	+0:09 (7)	+1:19 (7)	+0:37 (5)	+0:44 (10)	+2:04 (6)	+0:04 (2)	+0:00 (1)	+0:35 (7)	+1:20 (9)
51:08 (6)	53:36 (7)	55:11 (7)	55:32 (7)						
0:49/39	2:28/44	1:35/125	0:21/249						
+0:00 (1)	+1:12 (10)	+1:17 (10)	+0:00 (1)						
<b>8</b>	<b>Sindre Selvig</b>		<b>Nydalen SK</b>	<b>(10.34min/km)</b>	<b>1:02:04</b>	<b>(+13:15)</b>			
12:55 (10)	13:43 (10)	20:06 (9)	32:01 (9)	32:50 (8)	46:52 (8)	50:47 (8)	52:41 (8)	55:56 (8)	57:24 (8)
12:55/54	0:48/73	6:23/33	11:55/45	0:49/46	14:02/83	3:55/47	1:54/48	3:15/37	1:28/39
+5:54 (10)	+0:06 (6)	+0:55 (6)	+0:55 (7)	+0:05 (2)	+3:54 (8)	+0:52 (8)	+1:11 (3)	+1:54 (10)	+0:39 (8)
1:00:24 (9)	1:01:42 (8)	1:02:04 (8)	1:02:04 (8)						
3:00/44	1:18/125	0:22/249							
+2:11 (9)	+0:02 (3)	+0:04 (4)	+0:00 (1)						

<b>9</b>	<b>Miikka-Pekka Hourula</b>	<b>Iisalmen Visa, Finland</b>					<b>(10.46min/km)</b>	<b>1:02:45</b>	<b>(+13:56)</b>
9:06 (7)	10:01 (7)	17:47 (8)	31:51 (8)	33:11 (9)	48:47 (9)	52:21 (9)	54:39 (9)	56:29 (9)	57:33 (9)
9:06/54	0:55/73	7:46/33	14:04/45	1:20/46	15:36/83	3:34/47	2:18/48	1:50/37	1:04/39
+2:05 (7)	+0:13 (8)	+2:18 (9)	+3:04 (8)	+0:36 (9)	+5:28 (9)	+0:31 (5)	+1:35 (9)	+0:29 (6)	+0:15 (4)
1:00:23 (8)	1:02:15 (9)	1:02:45 (9)	1:02:45 (9)						
2:50/44	1:52/125	0:30/249							
+2:01 (8)	+0:36 (9)	+0:12 (9)	+0:00 (1)						

<b>10</b>	<b>Aki Peltola</b>	<b>Kalevan Rasti</b>					<b>(17.78min/km)</b>	<b>1:46:42</b>	<b>(+57:53)</b>
10:58 (9)	11:44 (9)	26:35 (10)	1:05:44 (10)	1:06:28 (10)	1:23:21 (10)	1:28:09 (10)	1:33:15 (10)	1:36:15 (10)	1:38:52 (10)
10:58/54	0:46/73	14:51/33	39:09/45	0:44/46	16:53/83	4:48/47	5:06/48	3:00/37	2:37/39
+3:57 (9)	+0:04 (4)	+9:23 (10)	+28:09 (10)	+0:00 (1)	+6:45 (10)	+1:45 (10)	+4:23 (10)	+1:39 (9)	+1:48 (10)
1:44:26 (10)	1:46:16 (10)	1:46:42 (10)	1:46:42 (10)						
5:34/44	1:50/125	0:26/249							
+4:45 (10)	+0:34 (8)	+0:08 (8)	+0:00 (1)						

## Klasse D19-20 5.0 km

3 påmeldt, 3 startende 1 premiér

<b>1</b>	<b>Ingvild Bjørhei</b>	<b>Kolbotn og Skimt OL</b>					<b>(10.69min/km)</b>	<b>53:27</b>	
8:43 (1)	10:06 (1)	12:01 (1)	26:32 (1)	28:02 (1)	40:59 (2)	45:13 (1)	48:17 (1)	49:17 (1)	52:09 (1)
8:43/43	1:23/52	1:55/74	14:31/45	1:30/46	12:57/83	4:14/36	3:04/41	1:00/39	2:52/42
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+11:39 (2)	+0:00 (1)	+1:31 (2)	+0:00 (1)	+1:38 (2)
53:03 (1)	53:27 (1)	53:27 (1)							
0:54/97	0:24/249								
+0:00 (1)	+0:00 (1)	+0:00 (1)							

<b>2</b>	<b>Margrethe G. Johansen</b>	<b>Sørreisa OL</b>					<b>(12.77min/km)</b>	<b>1:03:50</b>	<b>(+10:23)</b>
9:09 (2)	10:47 (2)	13:14 (3)	32:27 (2)	34:18 (2)	50:06 (3)	56:30 (3)	58:03 (2)	59:21 (2)	1:02:26 (3)
9:09/43	1:38/52	2:27/74	19:13/45	1:51/46	15:48/83	6:24/36	1:33/41	1:18/39	3:05/42
+0:26 (2)	+0:15 (3)	+0:32 (3)	+4:42 (2)	+0:21 (2)	+14:30 (3)	+2:10 (2)	+0:00 (1)	+0:18 (2)	+1:51 (3)
1:03:25 (2)	1:03:50 (2)	1:03:50 (2)							
0:59/125	0:25/249								
+0:05 (2)	+0:01 (2)	+0:00 (1)							

<b>3</b>	<b>Siri Selvig</b>	<b>Nydalen SK</b>					<b>(13.16min/km)</b>	<b>1:05:47</b>	<b>(+12:20)</b>
9:32 (3)	11:00 (3)	12:59 (2)	33:11 (3)	36:50 (3)	38:08 (1)	53:14 (2)	58:55 (3)	1:00:19 (3)	1:01:33 (2)
9:32/43	1:28/52	1:59/74	20:12/46	3:39/45	1:18/46	15:06/83	5:41/36	1:24/41	1:14/39
+0:49 (3)	+0:05 (2)	+0:04 (2)	+5:41 (3)	+2:09 (3)	+0:00 (1)	+10:52 (3)	+4:08 (3)	+0:24 (3)	+0:00 (1)
1:04:19 (3)	1:05:19 (3)	1:05:47 (3)							
2:46/42	1:00/125	0:28/249							
+1:52 (3)	+0:36 (3)	+0:00 (1)							

## Klasse H19-20 6.9 km

5 påmeldt, 5 startende 1 premiér

<b>1</b>	<b>Vesa-Ville Väänänen</b>	<b>Pohjantähti, SK</b>					<b>(7.63min/km)</b>	<b>53:02</b>	
5:32 (1)	6:53 (1)	9:37 (1)	23:19 (1)	27:26 (1)	28:27 (1)	46:07 (1)	48:25 (1)	49:10 (1)	51:16 (1)
5:32/43	1:21/32	2:44/33	13:42/64	4:07/34	1:01/35	17:40/36	2:18/37	0:45/39	2:06/44
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:07 (2)	+0:00 (1)	+0:37 (5)	+0:00 (1)	+0:00 (1)
52:39 (1)	53:02 (1)								
1:23/97	0:23/249								
+0:12 (2)	+0:03 (3)								

<b>2</b>	<b>Sami-Petteri Juopperi</b>	<b>Pellon Ponsi</b>					<b>(8.06min/km)</b>	<b>56:02</b>	<b>(+3:00)</b>
6:30 (2)	7:52 (2)	10:51 (2)	24:49 (2)	29:37 (2)	30:31 (2)	49:47 (2)	51:28 (2)	52:16 (2)	54:26 (2)
6:30/43	1:22/32	2:59/33	13:58/64	4:48/34	0:54/35	19:16/36	1:41/37	0:48/39	2:10/44
+0:58 (2)	+0:01 (2)	+0:15 (2)	+0:16 (2)	+0:41 (2)	+0:00 (1)	+1:36 (2)	+0:00 (1)	+0:03 (3)	+0:04 (2)
55:37 (2)	56:02 (2)								
1:11/97	0:25/249								
+0:00 (1)	+0:05 (4)								

<b>3</b>	<b>Håkon Berg Lofthus</b>	<b>BUL Tromsø</b>					<b>(8.79min/km)</b>	<b>1:01:05</b>	<b>(+8:03)</b>
9:04 (5)	10:29 (4)	13:28 (4)	28:06 (3)	33:19 (3)	34:30 (3)	54:27 (3)	56:12 (3)	57:03 (3)	59:17 (3)
9:04/43	1:25/32	2:59/33	14:38/64	5:13/34	1:11/35	19:57/36	1:45/37	0:51/39	2:14/44
+3:32 (5)	+0:04 (3)	+0:15 (2)	+0:56 (4)	+1:06 (3)	+0:17 (4)	+2:17 (4)	+0:04 (2)	+0:06 (4)	+0:08 (3)



1:00:45 (3) 1:01:05 (3)  
1:28/125 0:20/249  
+0:17 (3) +0:00 (1)

4 Max Röhnert Halden SK (9.19min/km) 1:03:53 (+10:51)  
6:58 (4) 10:55 (5) 14:19 (5) 28:55 (4) 35:48 (4) 36:56 (4) 56:12 (4) 58:08 (4) 58:53 (4) 1:02:01 (4)  
6:58/43 3:57/32 3:24/33 14:36/64 6:53/34 1:08/35 19:16/36 1:56/37 0:45/39 3:08/44  
+1:26 (4) +2:36 (5) +0:40 (5) +0:54 (3) +2:46 (5) +0:14 (3) +1:36 (2) +0:15 (4) +0:00 (1) +1:02 (5)  
1:03:32 (4) 1:03:53 (4)  
1:31/125 0:21/249  
+0:20 (4) +0:01 (2)

5 Tuomas Peltola MS Parma Finland (13.84min/km) 1:36:13 (+43:11)  
6:55 (3) 8:27 (3) 11:47 (3) 1:00:18 (5) 1:05:42 (5) 1:07:03 (5) 1:28:43 (5) 1:30:30 (5) 1:31:33 (5) 1:34:10 (5)  
6:55/43 1:32/32 3:20/33 48:31/64 5:24/34 1:21/35 21:40/36 1:47/37 1:03/39 2:37/44  
+1:23 (3) +0:11 (4) +0:36 (4) +34:49 (5) +1:17 (4) +0:27 (5) +4:00 (5) +0:06 (3) +0:18 (5) +0:31 (4)  
1:35:44 (5) 1:36:13 (5)  
1:34/97 0:29/249  
+0:23 (5) +0:09 (5)

## Klasse D21- 6.0 km

45 påmeldt, 43 startende 1 premiirt

1 Lina Persson Södertälje-Nykvorn Orienteering (7.89min/km) 47:19  
7:36 (2) 8:19 (2) 13:52 (1) 24:07 (1) 25:14 (1) 35:39 (2) 38:24 (2) 40:30 (1) 42:03 (2) 43:03 (2)  
7:36/54 0:43/73 5:33/33 10:15/45 1:07/46 10:25/83 2:45/47 2:06/48 1:33/37 1:00/39  
+0:20 (2) +0:01 (2) +0:10 (3) +0:00 (1) +0:06 (7) +0:49 (7) +2:17 (3) +0:06 (5) +0:03 (3) +0:10 (8)  
45:23 (1) 46:52 (1) 47:19 (1) 47:19 (1)  
2:20/44 1:29/125 0:27/249  
+1:26 (4) +0:06 (6) +0:05 (9) +0:00 (1)

2 Heini Wennman Pohjantähti, SK (7.92min/km) 47:33 (+0:14)  
7:37 (3) 8:24 (3) 14:16 (2) 24:42 (2) 25:48 (2) 35:26 (1) 38:12 (1) 40:31 (2) 42:01 (1) 42:52 (1)  
7:37/54 0:47/73 5:52/33 10:26/45 1:06/46 9:38/83 2:46/47 2:19/48 1:30/37 0:51/39  
+0:21 (3) +0:05 (10) +0:29 (5) +0:11 (2) +0:05 (6) +0:02 (2) +2:18 (4) +0:19 (15) +0:00 (1) +0:01 (2)  
45:40 (2) 47:07 (2) 47:33 (2) 47:33 (2)  
2:48/44 1:27/125 0:26/249  
+1:54 (18) +0:04 (3) +0:04 (5) +0:00 (1)

3 Mari Väänänen Kalevan Rasti (8.21min/km) 49:15 (+1:56)  
7:16 (1) 8:11 (1) 14:35 (3) 25:22 (3) 26:46 (3) 36:46 (4) 39:56 (3) 42:02 (4) 43:47 (4) 44:41 (4)  
7:16/54 0:55/73 6:24/33 10:47/45 1:24/46 10:00/83 3:10/47 2:06/48 1:45/37 0:54/39  
+0:00 (1) +0:13 (17) +1:01 (7) +0:32 (5) +0:23 (24) +0:24 (3) +2:42 (7) +0:06 (5) +0:15 (13) +0:04 (3)  
47:12 (4) 48:48 (3) 49:15 (3) 49:15 (3)  
2:31/44 1:36/97 0:27/249  
+1:37 (9) +0:13 (15) +0:05 (9) +0:00 (1)

4 Zsuzsa Fey Tyrving, IL (8.21min/km) 49:17 (+1:58)  
7:48 (4) 8:33 (4) 15:10 (6) 25:50 (5) 27:04 (4) 36:40 (3) 39:56 (3) 41:56 (3) 43:35 (3) 44:35 (3)  
7:48/54 0:45/73 6:37/33 10:40/45 1:14/46 9:36/83 3:16/47 2:00/48 1:39/37 1:00/39  
+0:32 (4) +0:03 (6) +1:14 (11) +0:25 (3) +0:13 (15) +0:00 (1) +2:48 (10) +0:00 (1) +0:09 (8) +0:10 (8)  
47:10 (3) 48:48 (3) 49:17 (4) 49:17 (4)  
2:35/44 1:38/97 0:29/249  
+1:41 (12) +0:15 (16) +0:07 (18) +0:00 (1)

5 Lina Bäckström Domnarvet Golf (8.59min/km) 51:32 (+4:13)  
8:25 (9) 9:16 (10) 14:39 (4) 25:38 (4) 28:52 (10) 39:20 (8) 42:42 (5) 44:52 (5) 46:23 (5) 47:32 (5)  
8:25/54 0:51/73 5:23/33 10:59/45 3:14/46 10:28/83 3:22/47 2:10/48 1:31/37 1:09/39  
+1:09 (9) +0:09 (15) +0:00 (1) +0:44 (6) +2:13 (38) +0:52 (8) +2:54 (11) +0:10 (9) +0:01 (2) +0:19 (25)  
49:43 (5) 51:06 (5) 51:32 (5) 51:32 (5)  
2:11/44 1:23/125 0:26/249  
+1:17 (2) +0:00 (1) +0:04 (5) +0:00 (1)

6 Jenny Bengtsson Långhundra IF (8.73min/km) 52:24 (+5:05)  
8:32 (12) 9:27 (12) 15:54 (10) 28:45 (15) 29:50 (14) 40:45 (12) 43:34 (10) 45:34 (8) 47:08 (6) 48:03 (7)  
8:32/54 0:55/73 6:27/33 12:51/45 1:05/46 10:55/83 2:49/47 2:00/48 1:34/37 0:55/39  
+1:16 (12) +0:13 (17) +1:04 (9) +2:36 (17) +0:04 (3) +1:19 (11) +2:21 (5) +0:00 (1) +0:04 (4) +0:05 (4)

50:21 (6)	51:54 (6)	52:24 (6)	52:24 (6)							
2:18/44	1:33/125	0:30/249								
+1:24 (3)	+0:10 (9)	+0:08 (23)	+0:00 (1)							
<b>7</b>	<b>Emma Green</b>		<b>Nydalen SK</b>			<b>(8.80min/km)</b>		<b>52:49</b>	<b>(+5:30)</b>	
9:02 (17)	9:57 (17)	16:22 (14)	28:38 (14)	29:41 (13)	39:46 (10)	42:59 (6)	45:01 (6)	47:12 (7)	48:02 (6)	
9:02/54	0:55/73	6:25/33	12:16/45	1:03/46	10:05/83	3:13/47	2:02/48	2:11/37	0:50/39	
+1:46 (17)	+0:13 (17)	+1:02 (8)	+2:01 (14)	+0:02 (2)	+0:29 (5)	+2:45 (9)	+0:02 (3)	+0:41 (24)	+0:00 (1)	
50:37 (7)	52:19 (7)	52:49 (7)	52:49 (7)							
2:35/44	1:42/97	0:30/249								
+1:41 (12)	+0:19 (22)	+0:08 (23)	+0:00 (1)							
<b>8</b>	<b>Siri Eidnes</b>		<b>Harstad OL</b>			<b>(8.85min/km)</b>		<b>53:06</b>	<b>(+5:47)</b>	
8:27 (10)	9:15 (9)	16:24 (15)	28:14 (12)	29:26 (11)	40:04 (11)	43:28 (9)	45:54 (9)	47:42 (8)	48:43 (8)	
8:27/54	0:48/73	7:09/33	11:50/45	1:12/46	10:38/83	3:24/47	2:26/48	1:48/37	1:01/39	
+1:11 (10)	+0:06 (12)	+1:46 (18)	+1:35 (12)	+0:11 (14)	+1:02 (10)	+2:56 (12)	+0:26 (18)	+0:18 (16)	+0:11 (12)	
51:04 (8)	52:38 (8)	53:06 (8)	53:06 (8)							
2:21/44	1:34/125	0:28/249								
+1:27 (5)	+0:11 (11)	+0:06 (14)	+0:00 (1)							
<b>9</b>	<b>Emma Andersson</b>		<b>Sävedalens AIK</b>			<b>(8.88min/km)</b>		<b>53:15</b>	<b>(+5:56)</b>	
8:17 (8)	9:07 (7)	16:39 (16)	28:19 (13)	29:26 (11)	39:30 (9)	44:00 (11)	46:15 (11)	47:49 (9)	48:47 (9)	
8:17/54	0:50/73	7:32/33	11:40/45	1:07/46	10:04/83	4:30/47	2:15/48	1:34/37	0:58/39	
+1:01 (8)	+0:08 (14)	+2:09 (23)	+1:25 (10)	+0:06 (7)	+0:28 (4)	+4:02 (26)	+0:15 (12)	+0:04 (4)	+0:08 (7)	
51:21 (9)	52:48 (9)	53:15 (9)	53:15 (9)							
2:34/44	1:27/125	0:27/249								
+1:40 (11)	+0:04 (3)	+0:05 (9)	+0:00 (1)							
<b>10</b>	<b>Annika Billstam</b>		<b>Lidingö SOK, IFK</b>			<b>(8.90min/km)</b>		<b>53:23</b>	<b>(+6:04)</b>	
9:14 (19)	9:58 (18)	15:22 (8)	26:07 (6)	28:00 (5)	39:18 (7)	43:16 (7)	45:19 (7)	47:54 (10)	48:54 (10)	
9:14/54	0:44/73	5:24/33	10:45/45	1:53/46	11:18/83	3:58/47	2:03/48	2:35/37	1:00/39	
+1:58 (19)	+0:02 (4)	+0:01 (2)	+0:30 (4)	+0:52 (36)	+1:42 (13)	+3:30 (21)	+0:03 (4)	+1:05 (32)	+0:10 (8)	
51:21 (9)	52:55 (10)	53:23 (10)	53:23 (10)							
2:27/44	1:34/125	0:28/249								
+1:33 (7)	+0:11 (11)	+0:06 (14)	+0:00 (1)							
<b>11</b>	<b>Nicole Ragvin</b>		<b>Nydalen SK</b>			<b>(8.94min/km)</b>		<b>53:40</b>	<b>(+6:21)</b>	
7:53 (5)	8:37 (5)	14:57 (5)	27:20 (9)	28:43 (8)	38:51 (5)	44:16 (12)	46:23 (12)	47:58 (12)	48:58 (11)	
7:53/54	0:44/73	6:20/33	12:23/45	1:23/46	10:08/83	5:25/47	2:07/48	1:35/37	1:00/39	
+0:37 (5)	+0:02 (4)	+0:57 (6)	+2:08 (15)	+0:22 (23)	+0:32 (6)	+4:57 (36)	+0:07 (7)	+0:05 (7)	+0:10 (8)	
51:41 (11)	53:12 (11)	53:40 (11)	53:40 (11)							
2:43/44	1:31/97	0:28/249								
+1:49 (17)	+0:08 (8)	+0:06 (14)	+0:00 (1)							
<b>12</b>	<b>Rasa Ptasekaite</b>		<b>Kåre, OK</b>			<b>(8.97min/km)</b>		<b>53:50</b>	<b>(+6:31)</b>	
8:39 (13)	9:25 (11)	15:13 (7)	26:48 (7)	28:27 (6)	41:40 (13)	44:19 (13)	46:32 (13)	48:06 (13)	49:11 (13)	
8:39/54	0:46/73	5:48/33	11:35/45	1:39/46	13:13/83	2:39/47	2:13/48	1:34/37	1:05/39	
+1:23 (13)	+0:04 (9)	+0:25 (4)	+1:20 (9)	+0:38 (30)	+3:37 (24)	+2:11 (2)	+0:13 (11)	+0:04 (4)	+0:15 (15)	
51:47 (12)	53:25 (12)	53:50 (12)	53:50 (12)							
2:36/44	1:38/97	0:25/249								
+1:42 (14)	+0:15 (16)	+0:03 (3)	+0:00 (1)							
<b>13</b>	<b>Eva Lill Kvisle</b>		<b>Asker SK</b>			<b>(9.03min/km)</b>		<b>54:09</b>	<b>(+6:50)</b>	
8:53 (14)	9:35 (14)	16:17 (13)	27:45 (10)	28:46 (9)	39:17 (6)	43:25 (8)	46:01 (10)	47:55 (11)	49:02 (12)	
8:53/54	0:42/73	6:42/33	11:28/45	1:01/46	10:31/83	4:08/47	2:36/48	1:54/37	1:07/39	
+1:37 (14)	+0:00 (1)	+1:19 (13)	+1:13 (8)	+0:00 (1)	+0:55 (9)	+3:40 (24)	+0:36 (21)	+0:24 (19)	+0:17 (22)	
52:15 (13)	53:43 (13)	54:09 (13)	54:09 (13)							
3:13/44	1:28/97	0:26/249								
+2:19 (27)	+0:05 (5)	+0:04 (5)	+0:00 (1)							
<b>14</b>	<b>Paula Iso-Markku</b>		<b>Lynx - Finland</b>			<b>(9.62min/km)</b>		<b>57:43</b>	<b>(+10:24)</b>	
8:30 (11)	9:29 (13)	16:13 (12)	28:02 (11)	32:20 (18)	43:53 (16)	44:21 (14)	47:43 (14)	49:47 (14)	52:04 (14)	
8:30/54	0:59/73	6:44/33	11:49/45	4:18/46	11:33/116	0:28/83	3:22/47	2:04/48	2:17/37	
+1:14 (11)	+0:17 (25)	+1:21 (14)	+1:34 (11)	+3:17 (39)	+1:57 (16)	+0:00 (1)	+1:22 (35)	+0:34 (22)	+1:27 (38)	
52:58 (14)	55:34 (14)	57:14 (14)	57:43 (14)							
0:54/39	2:36/44	1:40/97	0:29/249							
+0:00 (1)	+1:13 (39)	+1:18 (40)	+0:00 (1)							

<b>15 Arntraut Götsch</b>	<b>BUL Tromsø</b>					<b>(9.79min/km)</b>	<b>58:44 (+11:25)</b>			
10:02 (25)	11:08 (25)	19:11 (26)	31:59 (20)	33:19 (19)	45:17 (17)	49:04 (18)	51:19 (18)	53:24 (17)	54:25 (16)	
10:02/54	1:06/73	8:03/33	12:48/45	1:20/46	11:58/83	3:47/47	2:15/48	2:05/37	1:01/39	
+2:46 (25)	+0:24 (30)	+2:40 (29)	+2:33 (16)	+0:19 (20)	+2:22 (19)	+3:19 (18)	+0:15 (12)	+0:35 (23)	+0:11 (12)	
56:51 (15)	58:20 (15)	58:44 (15)	58:44 (15)							
2:26/44	1:29/125	0:24/249								
+1:32 (6)	+0:06 (6)	+0:02 (2)	+0:00 (1)							
<b>16 Sofie Aarnes</b>	<b>NTNU</b>					<b>(10.00min/km)</b>	<b>1:00:00 (+12:41)</b>			
9:07 (18)	9:52 (15)	17:27 (19)	30:34 (18)	31:52 (16)	45:17 (17)	48:56 (17)	51:14 (17)	52:55 (16)	54:10 (15)	
9:07/54	0:45/73	7:35/33	13:07/45	1:18/46	13:25/83	3:39/47	2:18/48	1:41/37	1:15/39	
+1:51 (18)	+0:03 (6)	+2:12 (24)	+2:52 (18)	+0:17 (18)	+3:49 (26)	+3:11 (15)	+0:18 (14)	+0:11 (9)	+0:25 (28)	
57:42 (16)	59:31 (16)	1:00:00 (16)	1:00:00 (16)							
3:32/44	1:49/125	0:29/249								
+2:38 (32)	+0:26 (28)	+0:07 (18)	+0:00 (1)							
<b>17 Saara Nikkari</b>	<b>Rajamäen Rykmentti</b>					<b>(10.02min/km)</b>	<b>1:00:08 (+12:49)</b>			
10:31 (29)	11:53 (30)	18:31 (21)	32:53 (22)	34:12 (22)	46:41 (21)	50:08 (19)	52:46 (20)	54:35 (20)	55:40 (20)	
10:31/54	1:22/73	6:38/33	14:22/45	1:19/46	12:29/83	3:27/47	2:38/48	1:49/37	1:05/39	
+3:15 (29)	+0:40 (38)	+1:15 (12)	+4:07 (25)	+0:18 (19)	+2:53 (21)	+2:59 (13)	+0:38 (24)	+0:19 (17)	+0:15 (15)	
58:10 (18)	59:43 (17)	1:00:08 (17)	1:00:08 (17)							
2:30/44	1:33/125	0:25/249								
+1:36 (8)	+0:10 (9)	+0:03 (3)	+0:00 (1)							
<b>18 Annika Björk</b>	<b>Helsingin Suunnistajat</b>					<b>(10.07min/km)</b>	<b>1:00:24 (+13:05)</b>			
7:54 (6)	8:43 (6)	15:40 (9)	29:35 (16)	30:42 (15)	45:48 (19)	50:18 (20)	52:29 (19)	54:14 (19)	55:11 (19)	
7:54/54	0:49/73	6:57/33	13:55/45	1:07/46	15:06/83	4:30/47	2:11/48	1:45/37	0:57/39	
+0:38 (6)	+0:07 (13)	+1:34 (16)	+3:40 (20)	+0:06 (7)	+5:30 (33)	+4:02 (26)	+0:11 (10)	+0:15 (13)	+0:07 (5)	
58:09 (17)	59:52 (18)	1:00:24 (18)	1:00:24 (18)							
2:58/44	1:43/125	0:32/249								
+2:04 (24)	+0:20 (23)	+0:10 (31)	+0:00 (1)							
<b>19 Terhi Mykkänen</b>	<b>Siilin Rasti</b>					<b>(10.13min/km)</b>	<b>1:00:46 (+13:27)</b>			
10:00 (24)	10:55 (23)	17:24 (18)	30:31 (17)	31:52 (17)	43:13 (14)	48:02 (16)	50:23 (16)	52:35 (15)	54:26 (17)	
10:00/54	0:55/73	6:29/33	13:07/45	1:21/46	11:21/83	4:49/47	2:21/48	2:12/37	1:51/39	
+2:44 (24)	+0:13 (17)	+1:06 (10)	+2:52 (18)	+0:20 (21)	+1:45 (14)	+4:21 (30)	+0:21 (16)	+0:42 (26)	+1:01 (37)	
58:45 (20)	1:00:19 (19)	1:00:46 (19)	1:00:46 (19)							
4:19/44	1:34/97	0:27/249								
+3:25 (36)	+0:11 (11)	+0:05 (9)	+0:00 (1)							
<b>20 Tonje Kristin Pettersen</b>	<b>Bardu IL</b>					<b>(10.18min/km)</b>	<b>1:01:03 (+13:44)</b>			
9:35 (21)	10:32 (21)	18:16 (20)	32:16 (21)	33:42 (20)	46:32 (20)	50:28 (21)	52:53 (21)	54:45 (21)	55:48 (21)	
9:35/54	0:57/73	7:44/33	14:00/45	1:26/46	12:50/83	3:56/47	2:25/48	1:52/37	1:03/39	
+2:19 (21)	+0:15 (22)	+2:21 (27)	+3:45 (21)	+0:25 (25)	+3:14 (23)	+3:28 (20)	+0:25 (17)	+0:22 (18)	+0:13 (14)	
58:41 (19)	1:00:29 (20)	1:01:03 (20)	1:01:03 (20)							
2:53/44	1:48/97	0:34/249								
+1:59 (22)	+0:25 (27)	+0:12 (34)	+0:00 (1)							
<b>21 Maria Gustafsson</b>	<b>Sävedalens AIK</b>					<b>(10.37min/km)</b>	<b>1:02:13 (+14:54)</b>			
9:59 (23)	11:17 (26)	18:43 (23)	33:01 (23)	34:28 (23)	47:17 (22)	50:56 (22)	53:34 (22)	55:21 (22)	56:26 (22)	
9:59/54	1:18/73	7:26/33	14:18/45	1:27/46	12:49/83	3:39/47	2:38/48	1:47/37	1:05/39	
+2:43 (23)	+0:36 (35)	+2:03 (22)	+4:03 (23)	+0:26 (26)	+3:13 (22)	+3:11 (15)	+0:38 (24)	+0:17 (15)	+0:15 (15)	
59:47 (21)	1:01:41 (21)	1:02:13 (21)	1:02:13 (21)							
3:21/44	1:54/97	0:32/249								
+2:27 (30)	+0:31 (29)	+0:10 (31)	+0:00 (1)							
<b>22 Emma Lähdekorpi</b>	<b>Kalevan Rasti</b>					<b>(10.39min/km)</b>	<b>1:02:20 (+15:01)</b>			
8:08 (7)	9:09 (8)	16:06 (11)	27:18 (8)	28:29 (7)	43:21 (15)	46:31 (15)	49:26 (15)	53:33 (18)	54:38 (18)	
8:08/54	1:01/73	6:57/33	11:12/45	1:11/46	14:52/83	3:10/47	2:55/48	4:07/37	1:05/39	
+0:52 (7)	+0:19 (28)	+1:34 (16)	+0:57 (7)	+0:10 (13)	+5:16 (31)	+2:42 (7)	+0:55 (33)	+2:37 (36)	+0:15 (15)	
1:00:16 (22)	1:01:51 (22)	1:02:20 (22)	1:02:20 (22)							
5:38/44	1:35/125	0:29/249								
+4:44 (38)	+0:12 (14)	+0:07 (18)	+0:00 (1)							
<b>23 Lena Cecilie Pedersen</b>	<b>Wing OK</b>					<b>(10.56min/km)</b>	<b>1:03:23 (+16:04)</b>			
11:21 (32)	12:04 (31)	21:35 (34)	36:07 (30)	37:22 (30)	49:48 (27)	53:20 (25)	55:56 (25)	57:40 (25)	58:45 (25)	
11:21/54	0:43/73	9:31/33	14:32/45	1:15/46	12:26/83	3:32/47	2:36/48	1:44/37	1:05/39	
+4:05 (32)	+0:01 (2)	+4:08 (37)	+4:17 (26)	+0:14 (16)	+2:50 (20)	+3:04 (14)	+0:36 (21)	+0:14 (12)	+0:15 (15)	

1:01:16 (23)	1:02:57 (23)	1:03:23 (23)	1:03:23 (23)							
2:31/44	1:41/125	0:26/249								
+1:37 (9)	+0:18 (21)	+0:04 (5)	+0:00 (1)							
<b>24 Solveig Angell-Petersen</b>	<b>Freidig</b>				<b>(10.64min/km)</b>	<b>1:03:51</b>	<b>(+16:32)</b>			
15:35 (38)	17:00 (38)	25:14 (38)	37:26 (35)	39:15 (35)	50:36 (30)	53:45 (26)	56:26 (26)	58:09 (26)	59:06 (26)	
15:35/54	1:25/73	8:14/33	12:12/45	1:49/46	11:21/83	3:09/47	2:41/48	1:43/37	0:57/39	
+8:19 (38)	+0:43 (39)	+2:51 (30)	+1:57 (13)	+0:48 (34)	+1:45 (14)	+2:41 (6)	+0:41 (27)	+0:13 (10)	+0:07 (5)	
1:01:42 (25)	1:03:21 (24)	1:03:51 (24)	1:03:51 (24)							
2:36/44	1:39/97	0:30/249								
+1:42 (14)	+0:16 (18)	+0:08 (23)	+0:00 (1)							
<b>25 Helen Martinsen</b>	<b>Gular, IL</b>				<b>(10.65min/km)</b>	<b>1:03:55</b>	<b>(+16:36)</b>			
8:57 (15)	10:03 (19)	18:34 (22)	35:36 (28)	36:41 (28)	47:42 (23)	52:33 (23)	54:42 (23)	56:57 (23)	58:13 (23)	
8:57/54	1:06/73	8:31/33	17:02/45	1:05/46	11:01/83	4:51/47	2:09/48	2:15/37	1:16/39	
+1:41 (15)	+0:24 (30)	+3:08 (33)	+6:47 (36)	+0:04 (3)	+1:25 (12)	+4:23 (31)	+0:09 (8)	+0:45 (28)	+0:26 (30)	
1:01:46 (26)	1:03:26 (25)	1:03:55 (25)	1:03:55 (25)							
3:33/44	1:40/97	0:29/249								
+2:39 (33)	+0:17 (19)	+0:07 (18)	+0:00 (1)							
<b>26 Katrine Gunnberg Johansen</b>	<b>Ås-UMB Orientering</b>				<b>(10.66min/km)</b>	<b>1:03:58</b>	<b>(+16:39)</b>			
9:01 (16)	9:54 (16)	17:06 (17)	31:54 (19)	33:43 (21)	47:50 (24)	52:34 (24)	55:25 (24)	57:20 (24)	58:41 (24)	
9:01/54	0:53/73	7:12/33	14:48/45	1:49/46	14:07/83	4:44/47	2:51/48	1:55/37	1:21/39	
+1:45 (16)	+0:11 (16)	+1:49 (19)	+4:33 (27)	+0:48 (34)	+4:31 (28)	+4:16 (29)	+0:51 (30)	+0:25 (20)	+0:31 (32)	
1:01:32 (24)	1:03:27 (26)	1:03:58 (26)	1:03:58 (26)							
2:51/44	1:55/125	0:31/249								
+1:57 (20)	+0:32 (31)	+0:09 (28)	+0:00 (1)							
<b>27 Heidi Mørkved</b>	<b>B&amp;OI Orientering</b>				<b>(10.86min/km)</b>	<b>1:05:10</b>	<b>(+17:51)</b>			
12:32 (36)	13:32 (35)	20:56 (32)	37:21 (34)	38:43 (34)	50:21 (28)	54:29 (28)	56:56 (28)	58:55 (28)	1:00:04 (27)	
12:32/54	1:00/73	7:24/33	16:25/45	1:22/46	11:38/83	4:08/47	2:27/48	1:59/37	1:09/39	
+5:16 (36)	+0:18 (26)	+2:01 (21)	+6:10 (35)	+0:21 (22)	+2:02 (17)	+3:40 (24)	+0:27 (19)	+0:29 (21)	+0:19 (25)	
1:03:22 (27)	1:04:48 (27)	1:05:10 (27)	1:05:10 (27)							
3:18/44	1:26/97	0:22/249								
+2:24 (29)	+0:03 (2)	+0:00 (1)	+0:00 (1)							
<b>28 Sigrid Ringdalen Vatne</b>	<b>NTNUI</b>				<b>(11.16min/km)</b>	<b>1:06:56</b>	<b>(+19:37)</b>			
9:14 (19)	10:23 (20)	18:51 (25)	33:53 (25)	35:25 (25)	50:30 (29)	55:31 (29)	58:15 (29)	1:00:31 (29)	1:01:37 (28)	
9:14/54	1:09/73	8:28/33	15:02/45	1:32/46	15:05/83	5:01/47	2:44/48	2:16/37	1:06/39	
+1:58 (19)	+0:27 (32)	+3:05 (32)	+4:47 (30)	+0:31 (27)	+5:29 (32)	+4:33 (33)	+0:44 (28)	+0:46 (30)	+0:16 (21)	
1:04:32 (28)	1:06:26 (28)	1:06:56 (28)	1:06:56 (28)							
2:55/44	1:54/97	0:30/249								
+2:01 (23)	+0:31 (29)	+0:08 (23)	+0:00 (1)							
<b>29 Sari Vääränen</b>	<b>Kouvola Rasti-72</b>				<b>(11.34min/km)</b>	<b>1:08:01</b>	<b>(+20:42)</b>			
13:19 (37)	14:06 (37)	21:44 (35)	36:43 (32)	37:52 (31)	49:40 (25)	55:43 (30)	59:25 (31)	1:02:09 (31)	1:03:18 (31)	
13:19/54	0:47/73	7:38/33	14:59/45	1:09/46	11:48/83	6:03/47	3:42/48	2:44/37	1:09/39	
+6:03 (37)	+0:05 (10)	+2:15 (25)	+4:44 (29)	+0:08 (11)	+2:12 (18)	+5:35 (38)	+1:42 (38)	+1:14 (33)	+0:19 (25)	
1:05:54 (30)	1:07:34 (30)	1:08:01 (29)	1:08:01 (29)							
2:36/44	1:40/97	0:27/249								
+1:42 (14)	+0:17 (19)	+0:05 (9)	+0:00 (1)							
<b>30 Suvi Kujala</b>	<b>Lynx - Finland</b>				<b>(11.34min/km)</b>	<b>1:08:03</b>	<b>(+20:44)</b>			
11:59 (34)	13:00 (34)	20:19 (29)	34:40 (26)	36:16 (26)	49:46 (26)	53:51 (27)	56:29 (27)	58:41 (27)	1:02:57 (29)	
11:59/54	1:01/73	7:19/33	14:21/45	1:36/46	13:30/83	4:05/47	2:38/48	2:12/37	4:16/39	
+4:43 (34)	+0:19 (28)	+1:56 (20)	+4:06 (24)	+0:35 (28)	+3:54 (27)	+3:37 (22)	+0:38 (24)	+0:42 (26)	+3:26 (40)	
1:05:48 (29)	1:07:32 (29)	1:08:03 (30)	1:08:03 (30)							
2:51/44	1:44/125	0:31/249								
+1:57 (20)	+0:21 (24)	+0:09 (28)	+0:00 (1)							
<b>31 Satu Mäkitammi</b>	<b>Kangasala SK</b>				<b>(11.51min/km)</b>	<b>1:09:05</b>	<b>(+21:46)</b>			
10:23 (27)	11:44 (29)	20:33 (31)	36:25 (31)	38:11 (32)	52:22 (31)	56:28 (31)	59:19 (30)	1:01:53 (30)	1:03:01 (30)	
10:23/54	1:21/73	8:49/33	15:52/45	1:46/46	14:11/83	4:06/47	2:51/48	2:34/37	1:08/39	
+3:07 (27)	+0:39 (36)	+3:26 (35)	+5:37 (32)	+0:45 (32)	+4:35 (29)	+3:38 (23)	+0:51 (30)	+1:04 (31)	+0:18 (24)	
1:06:13 (31)	1:08:29 (31)	1:09:05 (31)	1:09:05 (31)							
3:12/44	2:16/97	0:36/249								
+2:18 (26)	+0:53 (37)	+0:14 (36)	+0:00 (1)							

<b>32</b>	<b>Hanna Ruhanen</b>	<b>Helsingin Suunnistajat</b>					<b>(11.88min/km)</b>	<b>1:11:18</b>	<b>(+23:59)</b>	
	10:19 (26)	11:04 (24)	18:50 (24)	33:46 (24)	34:54 (24)	52:37 (32)	57:33 (32)	1:01:13 (32)	1:04:44 (33)	1:06:01 (34)
	10:19/54	0:45/73	7:46/33	14:56/45	1:08/46	17:43/83	4:56/47	3:40/48	3:31/37	1:17/39
	+3:03 (26)	+0:03 (6)	+2:23 (28)	+4:41 (28)	+0:07 (10)	+8:07 (36)	+4:28 (32)	+1:40 (37)	+2:01 (35)	+0:27 (31)
	1:09:06 (33)	1:10:50 (32)	1:11:18 (32)	1:11:18 (32)						
	3:05/44	1:44/97	0:28/249							
	+2:11 (25)	+0:21 (24)	+0:06 (14)	+0:00 (1)						
<b>33</b>	<b>Seidi Roine</b>	<b>Espoon Suunta</b>					<b>(11.91min/km)</b>	<b>1:11:28</b>	<b>(+24:09)</b>	
	9:48 (22)	10:45 (22)	19:30 (28)	35:41 (29)	36:58 (29)	54:32 (34)	59:39 (34)	1:02:16 (34)	1:03:59 (32)	1:05:14 (32)
	9:48/54	0:57/73	8:45/33	16:11/45	1:17/46	17:34/83	5:07/47	2:37/48	1:43/37	1:15/39
	+2:32 (22)	+0:15 (22)	+3:22 (34)	+5:56 (34)	+0:16 (17)	+7:58 (35)	+4:39 (35)	+0:37 (23)	+0:13 (10)	+0:25 (28)
	1:09:00 (32)	1:10:56 (33)	1:11:28 (33)	1:11:28 (33)						
	3:46/44	1:56/97	0:32/249							
	+2:52 (35)	+0:33 (32)	+0:10 (31)	+0:00 (1)						
<b>34</b>	<b>Tuuli Rinne</b>	<b>KooVee</b>					<b>(11.93min/km)</b>	<b>1:11:33</b>	<b>(+24:14)</b>	
	10:37 (30)	11:34 (28)	19:13 (27)	35:10 (27)	36:20 (27)	56:20 (35)	1:00:04 (35)	1:02:33 (35)	1:04:44 (33)	1:05:49 (33)
	10:37/54	0:57/73	7:39/33	15:57/45	1:10/46	20:00/83	3:44/47	2:29/48	2:11/37	1:05/39
	+3:21 (30)	+0:15 (22)	+2:16 (26)	+5:42 (33)	+0:09 (12)	+10:24 (38)	+3:16 (17)	+0:29 (20)	+0:41 (24)	+0:15 (15)
	1:09:18 (34)	1:11:03 (34)	1:11:33 (34)	1:11:33 (34)						
	3:29/44	1:45/125	0:30/249							
	+2:35 (31)	+0:22 (26)	+0:08 (23)	+0:00 (1)						
<b>35</b>	<b>Jennie Hellström</b>	<b>Linné, OK</b>					<b>(12.44min/km)</b>	<b>1:14:39</b>	<b>(+27:20)</b>	
	10:30 (28)	11:30 (27)	20:26 (30)	37:48 (36)	39:36 (36)	54:27 (33)	59:02 (33)	1:01:53 (33)	1:07:01 (35)	1:08:25 (35)
	10:30/54	1:00/73	8:56/33	17:22/45	1:48/46	14:51/83	4:35/47	2:51/48	5:08/37	1:24/39
	+3:14 (28)	+0:18 (26)	+3:33 (36)	+7:07 (37)	+0:47 (33)	+5:15 (30)	+4:07 (28)	+0:51 (30)	+3:38 (39)	+0:34 (33)
	1:12:06 (35)	1:14:05 (35)	1:14:39 (35)	1:14:39 (35)						
	3:41/44	1:59/97	0:34/249							
	+2:47 (34)	+0:36 (34)	+0:12 (34)	+0:00 (1)						
<b>36</b>	<b>Susanne Lüscher</b>	<b>Stora Tuna OK</b>					<b>(13.10min/km)</b>	<b>1:18:35</b>	<b>(+31:16)</b>	
	11:12 (31)	12:22 (32)	22:45 (36)	36:58 (33)	38:42 (33)	57:40 (36)	1:03:12 (36)	1:06:36 (36)	1:10:53 (36)	1:12:24 (36)
	11:12/54	1:10/73	10:23/33	14:13/45	1:44/46	18:58/83	5:32/47	3:24/48	4:17/37	1:31/39
	+3:56 (31)	+0:28 (33)	+5:00 (39)	+3:58 (22)	+0:43 (31)	+9:22 (37)	+5:04 (37)	+1:24 (36)	+2:47 (37)	+0:41 (35)
	1:15:37 (36)	1:17:58 (36)	1:18:35 (36)	1:18:35 (36)						
	3:13/44	2:21/125	0:37/249							
	+2:19 (27)	+0:58 (38)	+0:15 (38)	+0:00 (1)						
<b>37</b>	<b>Emily Wall</b>	<b>PAPO</b>					<b>(13.16min/km)</b>	<b>1:18:58</b>	<b>(+31:39)</b>	
	12:26 (35)	13:36 (36)	23:25 (37)	41:59 (37)	49:00 (39)	1:02:22 (38)	1:07:27 (37)	1:10:17 (37)	1:12:32 (37)	1:13:39 (37)
	12:26/54	1:10/73	9:49/33	18:34/45	7:01/46	13:22/83	5:05/47	2:50/48	2:15/37	1:07/39
	+5:10 (35)	+0:28 (33)	+4:26 (38)	+8:19 (38)	+6:00 (40)	+3:46 (25)	+4:37 (34)	+0:50 (29)	+0:45 (28)	+0:17 (22)
	1:16:29 (37)	1:18:27 (37)	1:18:58 (37)	1:18:58 (37)						
	2:50/44	1:58/97	0:31/249							
	+1:56 (19)	+0:35 (33)	+0:09 (28)	+0:00 (1)						
<b>38</b>	<b>Liv Anne Sollie</b>	<b>Olderskog IL</b>					<b>(13.88min/km)</b>	<b>1:23:18</b>	<b>(+35:59)</b>	
	11:49 (33)	12:45 (33)	21:08 (33)	44:22 (39)	45:58 (38)	1:01:15 (37)	1:08:35 (38)	1:11:41 (38)	1:14:40 (38)	1:16:08 (38)
	11:49/54	0:56/73	8:23/33	23:14/45	1:36/46	15:17/83	7:20/47	3:06/48	2:59/37	1:28/39
	+4:33 (33)	+0:14 (21)	+3:00 (31)	+12:59 (39)	+0:35 (28)	+5:41 (34)	+6:52 (40)	+1:06 (34)	+1:29 (34)	+0:38 (34)
	1:20:39 (38)	1:22:42 (38)	1:23:18 (38)	1:23:18 (38)						
	4:31/44	2:03/97	0:36/249							
	+3:37 (37)	+0:40 (35)	+0:14 (36)	+0:00 (1)						
<b>39</b>	<b>Essi Kangasaho</b>	<b>Delta</b>					<b>(16.71min/km)</b>	<b>1:40:15</b>	<b>(+52:56)</b>	
	19:31 (40)	20:52 (40)	27:46 (39)	43:16 (38)	44:21 (37)	1:08:58 (39)	1:12:52 (39)	1:23:48 (39)	1:29:30 (39)	1:31:10 (39)
	19:31/54	1:21/73	6:54/33	15:30/45	1:05/46	24:37/83	3:54/47	10:56/48	5:42/37	1:40/39
	+12:15 (40)	+0:39 (36)	+1:31 (15)	+5:15 (31)	+0:04 (3)	+15:01 (39)	+3:26 (19)	+8:56 (40)	+4:12 (40)	+0:50 (36)
	1:37:41 (39)	1:39:46 (39)	1:40:15 (39)	1:40:15 (39)						
	6:31/44	2:05/97	0:29/249							
	+5:37 (39)	+0:42 (36)	+0:07 (18)	+0:00 (1)						
<b>40</b>	<b>Elisa Niiranen</b>	<b>Lahden Suunnistajat -37</b>					<b>(19.96min/km)</b>	<b>1:59:44</b>	<b>(+1:12:25)</b>	
	16:15 (39)	18:03 (39)	30:23 (40)	56:04 (40)	58:22 (40)	1:29:09 (40)	1:36:24 (40)	1:40:25 (40)	1:45:11 (40)	1:47:56 (40)
	16:15/54	1:48/73	12:20/33	25:41/45	2:18/46	30:47/83	7:15/47	4:01/48	4:46/37	2:45/39
	+8:59 (39)	+1:06 (40)	+6:57 (40)	+15:26 (40)	+1:17 (37)	+21:11 (40)	+6:47 (39)	+2:01 (39)	+3:16 (38)	+1:55 (39)

1:55:03 (40) 1:58:59 (40) 1:59:44 (40) 1:59:44 (40)  
 7:07/44 3:56/125 0:45/249  
 +6:13 (40) +2:33 (40) +0:23 (39) +0:00 (1)

**Tiina Kivimäki** **Helsingin Suunnistajat** (9.69min/km) **Disk** (+10:51)  
 8:58 (16) 9:46 (15) 17:00 (17) 30:17 (17) 31:32 (16) 43:11 (14) 46:11 (15) 48:11 (15) 49:51 (15) 55:49 (22)  
 8:58/54 0:48/73 7:14/33 13:17/45 1:15/46 11:39/83 3:00/47 2:00/48 1:40/37 5:58/44  
 +1:42 (16) +0:06 (12) +1:51 (20) +3:02 (20) +0:14 (16) +2:03 (18) +2:32 (6) +0:00 (1) +0:10 (9) +5:08 (41)  
 57:41 (16) 58:10 (15) 58:10 (15) 58:10 (15)  
 1:52/97 0:29/249  
 +0:58 (2) +0:00 (1) +0:00 (1) +0:00 (1)

**Patrycja Patejko** **Gwardia Warszawa** (11.65min/km) **Disk** (+22:36)  
 12:35 (37) 13:23 (35) 29:34 (40) 1:02:10 (41) 1:06:59 (41) 1:09:18 (40) 1:09:55 (39) 1:09:55 (37) 1:09:55 (36) 1:09:55 (36)  
 12:35/54 0:48/73 16:11/33 32:36/39 4:49/44 2:19/125 0:37/249  
 +5:19 (37) +0:06 (12) +10:48 (41) +22:21 (41) +3:48 (40) +0:00 (1) +0:09 (2) +0:00 (1) +0:00 (1) +0:00 (1)  
 1:09:55 (35) 1:09:55 (32) 1:09:55 (32) 1:09:55 (32)  
 +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

**Line Nybakken** **Kalevan Rasti** (12.09min/km) **Disk** (+25:14)  
 10:09 (26) 11:13 (26) 18:18 (21) 32:03 (21) 36:08 (26) 1:09:43 (40) 1:11:57 (39) 1:12:33 (39) 1:12:33 (38) 1:12:33 (37)  
 10:09/54 1:04/73 7:05/33 13:45/45 4:05/46 33:35/44 2:14/97 0:36/249  
 +2:53 (26) +0:22 (30) +1:42 (18) +3:30 (20) +3:04 (39) +23:59 (41) +1:46 (2) +0:00 (1) +0:00 (1) +0:00 (1)  
 1:12:33 (36) 1:12:33 (35) 1:12:33 (35) 1:12:33 (35)  
 +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

## Klasse H21- 8.2 km

57 påmeldt, 57 startende 1 premiert

**1 Mats Troeng** **Linné, OK** (6.50min/km) **53:21**  
 6:03 (2) 7:33 (2) 10:07 (1) 21:52 (2) 24:54 (2) 28:26 (2) 30:08 (1) 31:20 (1) 34:29 (1) 35:19 (1)  
 6:03/31 1:30/32 2:34/33 11:45/64 3:02/67 3:32/65 1:42/69 1:12/71 3:09/34 0:50/35  
 +0:08 (2) +0:07 (5) +0:00 (1) +0:20 (3) +0:01 (2) +0:01 (2) +0:05 (4) +0:04 (5) +0:00 (1) +0:03 (3)  
 49:02 (1) 50:18 (1) 52:15 (1) 52:58 (1) 53:21 (1) 53:21 (1)  
 13:43/47 1:16/39 1:57/42 0:43/97 0:23/249  
 +0:00 (1) +0:54 (4) +0:19 (17) +0:04 (12) +0:05 (8) +0:00 (1)

**2 Lukas Peterson** **Umeå, IFK** (6.67min/km) **54:44** (+1:23)  
 5:55 (1) 7:19 (1) 10:09 (2) 21:34 (1) 24:37 (1) 28:15 (1) 30:29 (2) 31:38 (2) 34:57 (2) 35:46 (2)  
 5:55/31 1:24/32 2:50/33 11:25/64 3:03/67 3:38/65 2:14/69 1:09/71 3:19/34 0:49/35  
 +0:00 (1) +0:01 (2) +0:16 (6) +0:00 (1) +0:02 (3) +0:07 (5) +0:37 (25) +0:01 (2) +0:10 (3) +0:02 (2)  
 50:27 (2) 51:59 (2) 53:47 (2) 54:26 (2) 54:44 (2) 54:44 (2)  
 14:41/47 1:32/39 1:48/42 0:39/97 0:18/249  
 +0:58 (4) +1:10 (11) +0:10 (5) +0:00 (1) +0:00 (1) +0:00 (1)

**3 Miika Hernelahti** **Kalevan Rasti** (6.76min/km) **55:28** (+2:07)  
 6:31 (7) 7:57 (6) 10:49 (5) 23:54 (6) 26:55 (6) 30:30 (6) 32:09 (6) 33:17 (6) 36:37 (5) 37:24 (5)  
 6:31/31 1:26/32 2:52/33 13:05/64 3:01/67 3:35/65 1:39/69 1:08/71 3:20/34 0:47/35  
 +0:36 (7) +0:03 (3) +0:18 (8) +1:40 (9) +0:00 (1) +0:04 (4) +0:02 (2) +0:00 (1) +0:11 (4) +0:00 (1)  
 51:10 (3) 52:31 (3) 54:23 (3) 55:05 (3) 55:28 (3) 55:28 (3)  
 13:46/47 1:21/39 1:52/42 0:42/97 0:23/249  
 +0:03 (2) +0:59 (5) +0:14 (10) +0:03 (9) +0:05 (8) +0:00 (1)

**4 Gjermund Alfonsso Urset** **BUL Tromsø** (6.83min/km) **56:06** (+2:45)  
 6:12 (3) 7:49 (4) 10:50 (6) 22:46 (5) 26:07 (5) 29:55 (4) 31:37 (4) 32:52 (4) 36:17 (4) 37:12 (4)  
 6:12/31 1:37/32 3:01/33 11:56/64 3:21/67 3:48/65 1:42/69 1:15/71 3:25/34 0:55/35  
 +0:17 (3) +0:14 (11) +0:27 (13) +0:31 (4) +0:20 (8) +0:17 (8) +0:05 (4) +0:07 (9) +0:16 (5) +0:08 (10)  
 51:52 (5) 53:22 (4) 55:04 (4) 55:45 (4) 56:06 (4) 56:06 (4)  
 14:40/47 1:30/39 1:42/42 0:41/97 0:21/249  
 +0:57 (3) +1:08 (10) +0:04 (2) +0:02 (6) +0:03 (3) +0:00 (1)

**5 Simo Martomaa** **Kalevan Rasti** (6.88min/km) **56:29** (+3:08)  
 6:29 (6) 7:59 (7) 10:35 (4) 22:08 (3) 25:21 (3) 28:52 (3) 30:52 (3) 32:05 (3) 35:21 (3) 36:14 (3)  
 6:29/31 1:30/32 2:36/33 11:33/64 3:13/67 3:31/65 2:00/69 1:13/71 3:16/34 0:53/35  
 +0:34 (6) +0:07 (5) +0:02 (2) +0:08 (2) +0:12 (4) +0:00 (1) +0:23 (17) +0:05 (6) +0:07 (2) +0:06 (5)

51:33 (4)	53:35 (5)	55:25 (5)	56:06 (5)	56:29 (5)	56:29 (5)					
15:19/47	2:02/39	1:50/42	0:41/97	0:23/249						
+1:36 (7)	+1:40 (33)	+0:12 (7)	+0:02 (6)	+0:05 (8)	+0:00 (1)					
<b>6</b>	<b>Hannu-Pekka Pukema</b>		<b>Kalevan Rasti</b>		<b>(7.03min/km)</b>		<b>57:41</b>	<b>(+4:20)</b>		
6:22 (4)	7:45 (3)	10:21 (3)	22:17 (4)	25:58 (4)	30:11 (5)	31:48 (5)	33:13 (5)	36:59 (6)	37:50 (6)	
6:22/31	1:23/32	2:36/33	11:56/64	3:41/67	4:13/65	1:37/69	1:25/71	3:46/34	0:51/35	
+0:27 (4)	+0:00 (1)	+0:02 (2)	+0:31 (4)	+0:40 (14)	+0:42 (14)	+0:00 (1)	+0:17 (18)	+0:37 (13)	+0:04 (4)	
53:12 (6)	54:38 (6)	56:40 (6)	57:20 (6)	57:41 (6)	57:41 (6)					
15:22/47	1:26/39	2:02/42	0:40/125	0:21/249						
+1:39 (8)	+1:04 (8)	+0:24 (22)	+0:01 (4)	+0:03 (3)	+0:00 (1)					
<b>7</b>	<b>Rickard Holmqvist</b>		<b>Hestra IF</b>		<b>(7.37min/km)</b>		<b>1:00:30</b>	<b>(+7:09)</b>		
7:07 (18)	8:49 (17)	11:46 (15)	25:11 (12)	29:02 (12)	32:36 (12)	34:50 (12)	36:11 (12)	39:49 (10)	40:45 (10)	
7:07/31	1:42/32	2:57/33	13:25/64	3:51/67	3:34/65	2:14/69	1:21/71	3:38/34	0:56/35	
+1:12 (18)	+0:19 (19)	+0:23 (11)	+2:00 (12)	+0:50 (22)	+0:03 (3)	+0:37 (25)	+0:13 (14)	+0:29 (7)	+0:09 (12)	
55:58 (8)	57:21 (7)	59:18 (7)	1:00:06 (7)	1:00:30 (7)	1:00:30 (7)					
15:13/47	1:23/39	1:57/42	0:48/125	0:24/249						
+1:30 (5)	+1:01 (7)	+0:19 (17)	+0:09 (18)	+0:06 (14)	+0:00 (1)					
<b>8</b>	<b>Isak Bergman</b>		<b>Södertälje-Nykvam Orienteering</b>		<b>(7.08min/km)</b>		<b>1:00:36</b>	<b>(+7:15)</b>		
7:09 (19)	8:40 (15)	11:32 (10)	24:33 (10)	28:17 (11)	32:28 (11)	34:22 (11)	35:36 (10)	39:16 (8)	40:13 (8)	
7:09/31	1:31/32	2:52/33	13:01/64	3:44/67	4:11/65	1:54/69	1:14/71	3:40/34	0:57/35	
+1:14 (19)	+0:08 (7)	+0:18 (8)	+1:36 (8)	+0:43 (16)	+0:40 (12)	+0:17 (14)	+0:06 (7)	+0:31 (9)	+0:10 (16)	
55:37 (7)	57:30 (8)	59:27 (8)	1:00:11 (8)	1:00:36 (8)	1:00:36 (8)					
15:24/47	1:53/39	1:57/42	0:44/125	0:25/249						
+1:41 (9)	+1:31 (28)	+0:19 (17)	+0:05 (13)	+0:07 (20)	+0:00 (1)					
<b>9</b>	<b>Mats Rjögård</b>		<b>Kolmården, OK</b>		<b>(7.51min/km)</b>		<b>1:01:41</b>	<b>(+8:20)</b>		
7:11 (20)	8:50 (19)	11:39 (12)	23:57 (7)	27:16 (7)	30:57 (7)	33:01 (7)	34:20 (7)	38:03 (7)	38:59 (7)	
7:11/31	1:39/32	2:49/33	12:18/64	3:19/67	3:41/65	2:04/69	1:19/71	3:43/34	0:56/35	
+1:16 (20)	+0:16 (13)	+0:15 (5)	+0:53 (6)	+0:18 (6)	+0:10 (7)	+0:27 (21)	+0:11 (12)	+0:34 (12)	+0:09 (12)	
57:07 (10)	58:43 (9)	1:00:35 (9)	1:01:17 (9)	1:01:41 (9)	1:01:41 (9)					
18:08/47	1:36/39	1:52/42	0:42/97	0:24/249						
+4:25 (22)	+1:14 (14)	+0:14 (10)	+0:03 (9)	+0:06 (14)	+0:00 (1)					
<b>10</b>	<b>Panu Teittinen</b>		<b>Kangasala SK</b>		<b>(7.53min/km)</b>		<b>1:01:48</b>	<b>(+8:27)</b>		
6:44 (9)	8:18 (8)	11:04 (7)	24:15 (9)	27:31 (9)	31:29 (8)	33:45 (10)	35:48 (11)	39:37 (9)	40:33 (9)	
6:44/31	1:34/32	2:46/33	13:11/64	3:16/67	3:58/65	2:16/69	2:03/71	3:49/34	0:56/35	
+0:49 (9)	+0:11 (9)	+0:12 (4)	+1:46 (10)	+0:15 (5)	+0:27 (9)	+0:39 (27)	+0:55 (43)	+0:40 (15)	+0:09 (12)	
57:05 (9)	58:49 (10)	1:00:35 (10)	1:01:23 (10)	1:01:48 (10)	1:01:48 (10)					
16:32/47	1:44/39	1:46/42	0:48/97	0:25/249						
+2:49 (15)	+1:22 (22)	+0:08 (3)	+0:09 (18)	+0:07 (20)	+0:00 (1)					
<b>11</b>	<b>Chris Forne</b>		<b>Wing OK</b>		<b>(7.55min/km)</b>		<b>1:01:57</b>	<b>(+8:36)</b>		
6:31 (7)	8:19 (9)	11:09 (8)	24:01 (8)	27:27 (8)	31:39 (9)	33:18 (8)	34:27 (8)	40:35 (11)	41:28 (11)	
6:31/31	1:48/32	2:50/33	12:52/64	3:26/67	4:12/65	1:39/69	1:09/71	6:08/34	0:53/35	
+0:36 (7)	+0:25 (30)	+0:16 (6)	+1:27 (7)	+0:25 (9)	+0:41 (13)	+0:02 (2)	+0:01 (2)	+2:59 (44)	+0:06 (5)	
57:18 (11)	58:55 (11)	1:00:48 (11)	1:01:34 (11)	1:01:57 (11)	1:01:57 (11)					
15:50/47	1:37/39	1:53/42	0:46/97	0:23/249						
+2:07 (10)	+1:15 (16)	+0:15 (12)	+0:07 (15)	+0:05 (8)	+0:00 (1)					
<b>12</b>	<b>Petteri Laitinen</b>		<b>Kangasala SK</b>		<b>(7.62min/km)</b>		<b>1:02:32</b>	<b>(+9:11)</b>		
6:52 (13)	8:21 (10)	11:24 (9)	24:44 (11)	28:04 (10)	31:44 (10)	33:36 (9)	34:52 (9)	41:51 (14)	42:47 (14)	
6:52/31	1:29/32	3:03/33	13:20/64	3:20/67	3:40/65	1:52/69	1:16/71	6:59/34	0:56/35	
+0:57 (13)	+0:06 (4)	+0:29 (15)	+1:55 (11)	+0:19 (7)	+0:09 (6)	+0:15 (12)	+0:08 (10)	+3:50 (48)	+0:09 (12)	
58:05 (12)	59:26 (12)	1:01:20 (12)	1:02:09 (12)	1:02:32 (12)	1:02:32 (12)					
15:18/47	1:21/39	1:54/42	0:49/97	0:23/249						
+1:35 (6)	+0:59 (5)	+0:16 (14)	+0:10 (20)	+0:05 (8)	+0:00 (1)					
<b>13</b>	<b>Marko Vapa</b>		<b>Ounasvaaran Hiihtoseura</b>		<b>(7.77min/km)</b>		<b>1:03:48</b>	<b>(+10:27)</b>		
6:56 (15)	8:36 (14)	11:37 (11)	25:36 (14)	29:21 (13)	33:27 (13)	35:19 (13)	36:37 (13)	41:31 (13)	42:24 (12)	
6:56/31	1:40/32	3:01/33	13:59/64	3:45/67	4:06/65	1:52/69	1:18/71	4:54/34	0:53/35	
+1:01 (15)	+0:17 (17)	+0:27 (13)	+2:34 (15)	+0:44 (17)	+0:35 (10)	+0:15 (12)	+0:10 (11)	+1:45 (34)	+0:06 (5)	
59:17 (13)	1:00:46 (14)	1:02:42 (13)	1:03:23 (13)	1:03:48 (13)	1:03:48 (13)					
16:53/47	1:29/39	1:56/42	0:41/97	0:25/249						
+3:10 (17)	+1:07 (9)	+0:18 (16)	+0:02 (6)	+0:07 (20)	+0:00 (1)					

<b>14 Rikard Pentonen</b>	<b>Göteborg, IFK</b>					<b>(7.80min/km)</b>	<b>1:04:03 (+10:42)</b>			
7:50 (34)	9:50 (36)	12:44 (25)	27:09 (19)	30:48 (19)	35:15 (19)	37:02 (17)	38:41 (18)	42:34 (16)	43:29 (15)	
7:50/31	2:00/32	2:54/33	14:25/64	3:39/67	4:27/65	1:47/69	1:39/71	3:53/34	0:55/35	
+1:55 (34)	+0:37 (48)	+0:20 (10)	+3:00 (17)	+0:38 (12)	+0:56 (21)	+0:10 (7)	+0:31 (31)	+0:44 (16)	+0:08 (10)	
59:36 (14)	1:01:13 (15)	1:03:01 (14)	1:03:41 (14)	1:04:03 (14)	1:04:03 (14)					
16:07/47	1:37/39	1:48/42	0:40/97	0:22/249						
+2:24 (13)	+1:15 (16)	+0:10 (5)	+0:01 (4)	+0:04 (6)	+0:00 (1)					
<b>15 Ulrik Imberg</b>	<b>Linné, OK</b>					<b>(7.89min/km)</b>	<b>1:04:49 (+11:28)</b>			
7:24 (24)	9:07 (23)	12:24 (22)	26:13 (15)	30:06 (15)	34:21 (14)	36:16 (14)	37:30 (14)	41:30 (12)	42:33 (13)	
7:24/31	1:43/32	3:17/33	13:49/64	3:53/67	4:15/65	1:55/69	1:14/71	4:00/34	1:03/35	
+1:29 (24)	+0:20 (20)	+0:43 (24)	+2:24 (14)	+0:52 (25)	+0:44 (15)	+0:18 (15)	+0:06 (7)	+0:51 (18)	+0:16 (25)	
59:57 (15)	1:01:38 (16)	1:03:40 (15)	1:04:25 (15)	1:04:49 (15)	1:04:49 (15)					
17:24/47	1:41/39	2:02/42	0:45/97	0:24/249						
+3:41 (19)	+1:19 (18)	+0:24 (22)	+0:06 (14)	+0:06 (14)	+0:00 (1)					
<b>16 Teemu Niskanen</b>	<b>Ounasvaaran Hiihtoseura</b>					<b>(7.95min/km)</b>	<b>1:05:17 (+11:56)</b>			
7:30 (29)	9:07 (22)	12:25 (23)	27:25 (22)	31:11 (20)	35:21 (20)	37:17 (18)	38:37 (17)	42:31 (15)	43:32 (16)	
7:30/31	1:37/32	3:18/33	15:00/64	3:46/67	4:10/65	1:56/69	1:20/71	3:54/34	1:01/35	
+1:35 (29)	+0:14 (11)	+0:44 (25)	+3:35 (24)	+0:45 (18)	+0:39 (11)	+0:19 (16)	+0:12 (13)	+0:45 (17)	+0:14 (20)	
1:00:19 (16)	1:02:02 (17)	1:03:59 (16)	1:04:50 (16)	1:05:17 (16)	1:05:17 (16)					
16:47/47	1:43/39	1:57/42	0:51/125	0:27/249						
+3:04 (16)	+1:21 (21)	+0:19 (17)	+0:12 (23)	+0:09 (33)	+0:00 (1)					
<b>17 Tuomas Fjällström</b>	<b>Kangasala SK</b>					<b>(8.19min/km)</b>	<b>1:07:15 (+13:54)</b>			
9:44 (50)	11:36 (49)	14:45 (45)	29:01 (27)	32:52 (26)	37:11 (25)	40:36 (25)	42:06 (25)	45:44 (24)	46:37 (24)	
9:44/31	1:52/32	3:09/33	14:16/64	3:51/67	4:19/65	3:25/69	1:30/71	3:38/34	0:53/35	
+3:49 (50)	+0:29 (38)	+0:35 (18)	+2:51 (16)	+0:50 (22)	+0:48 (18)	+1:48 (47)	+0:22 (26)	+0:29 (7)	+0:06 (5)	
1:02:40 (19)	1:04:16 (19)	1:06:07 (19)	1:06:49 (18)	1:07:15 (18)	1:07:15 (17)					
16:03/47	1:36/39	1:51/42	0:42/97	0:26/249						
+2:20 (12)	+1:14 (14)	+0:13 (8)	+0:03 (9)	+0:08 (29)	+0:00 (1)					
<b>18 Jaakko Aho-Mantila</b>	<b>Helsingin Suunnistajat</b>					<b>(8.19min/km)</b>	<b>1:07:16 (+13:55)</b>			
7:29 (27)	9:20 (28)	12:23 (21)	26:51 (18)	30:42 (18)	35:07 (18)	36:58 (16)	38:25 (16)	43:07 (19)	44:08 (18)	
7:29/31	1:51/32	3:03/33	14:28/64	3:51/67	4:25/65	1:51/69	1:27/71	4:42/34	1:01/35	
+1:34 (27)	+0:28 (35)	+0:29 (15)	+3:03 (19)	+0:50 (22)	+0:54 (19)	+0:14 (10)	+0:19 (22)	+1:33 (31)	+0:14 (20)	
1:00:22 (17)	1:00:44 (13)	1:04:02 (17)	1:06:03 (17)	1:06:52 (17)	1:07:16 (18)					
16:14/82	0:22/47	3:18/39	2:01/42	0:49/125	0:24/249					
+2:31 (14)	+0:00 (1)	+1:40 (50)	+1:22 (52)	+0:31 (52)	+0:00 (1)					
<b>19 Odd Fuglestad</b>	<b>Ålgård Orientering</b>					<b>(8.30min/km)</b>	<b>1:08:09 (+14:48)</b>			
7:41 (31)	9:29 (31)	12:39 (24)	27:14 (20)	31:15 (21)	36:20 (22)	38:09 (21)	39:34 (20)	43:35 (20)	44:36 (19)	
7:41/31	1:48/32	3:10/33	14:35/64	4:01/67	5:05/65	1:49/69	1:25/71	4:01/34	1:01/35	
+1:46 (31)	+0:25 (30)	+0:36 (20)	+3:10 (21)	+1:00 (30)	+1:34 (31)	+0:12 (9)	+0:17 (18)	+0:52 (19)	+0:14 (20)	
1:02:49 (21)	1:04:41 (20)	1:06:43 (20)	1:07:41 (20)	1:08:09 (20)	1:08:09 (19)					
18:13/47	1:52/39	2:02/42	0:58/97	0:28/249						
+4:30 (24)	+1:30 (27)	+0:24 (22)	+0:19 (37)	+0:10 (36)	+0:00 (1)					
<b>20 Mikko Vapa</b>	<b>Ounasvaaran Hiihtoseura</b>					<b>(8.30min/km)</b>	<b>1:08:11 (+14:50)</b>			
7:19 (22)	9:00 (21)	12:16 (20)	27:23 (21)	31:23 (22)	36:12 (21)	37:57 (20)	39:57 (21)	44:06 (21)	45:08 (20)	
7:19/31	1:41/32	3:16/33	15:07/64	4:00/67	4:49/65	1:45/69	2:00/71	4:09/34	1:02/35	
+1:24 (22)	+0:18 (18)	+0:42 (23)	+3:42 (25)	+0:59 (28)	+1:18 (27)	+0:08 (6)	+0:52 (41)	+1:00 (20)	+0:15 (23)	
1:02:49 (20)	1:03:25 (18)	1:05:03 (18)	1:06:59 (19)	1:07:44 (19)	1:08:11 (20)					
17:41/82	0:36/47	1:38/39	1:56/42	0:45/97	0:27/249					
+3:58 (20)	+0:14 (2)	+0:00 (1)	+1:17 (51)	+0:27 (51)	+0:03 (2)					
<b>21 Halvor Saunes</b>	<b>NTNUI</b>					<b>(8.33min/km)</b>	<b>1:08:21 (+15:00)</b>			
6:48 (11)	8:27 (11)	14:53 (46)	30:02 (30)	33:41 (29)	37:56 (28)	41:34 (27)	43:05 (28)	46:40 (26)	47:39 (26)	
6:48/31	1:39/32	6:26/33	15:09/64	3:39/67	4:15/65	3:38/69	1:31/71	3:35/34	0:59/35	
+0:53 (11)	+0:16 (13)	+3:52 (53)	+3:44 (26)	+0:38 (12)	+0:44 (15)	+2:01 (48)	+0:23 (27)	+0:26 (6)	+0:12 (18)	
1:03:32 (24)	1:05:17 (22)	1:07:10 (21)	1:07:56 (21)	1:08:21 (21)	1:08:21 (21)					
15:53/47	1:45/39	1:53/42	0:46/97	0:25/249						
+2:10 (11)	+1:23 (23)	+0:15 (12)	+0:07 (15)	+0:07 (20)	+0:00 (1)					
<b>22 Jakob Andersson</b>	<b>Bredaryds SOK</b>					<b>(8.34min/km)</b>	<b>1:08:30 (+15:09)</b>			
6:51 (12)	8:50 (19)	12:11 (18)	26:37 (17)	30:13 (16)	34:45 (16)	36:32 (15)	37:59 (15)	42:36 (17)	43:46 (17)	
6:51/31	1:59/32	3:21/33	14:26/64	3:36/67	4:32/65	1:47/69	1:27/71	4:37/34	1:10/35	
+0:56 (12)	+0:36 (46)	+0:47 (27)	+3:01 (18)	+0:35 (10)	+1:01 (22)	+0:10 (7)	+0:19 (22)	+1:28 (29)	+0:23 (36)	



1:02:14 (18) 1:05:41 (23) 1:07:32 (23) 1:08:11 (23) 1:08:30 (22) 1:08:30 (22)  
 18:28/47 3:27/39 1:51/42 0:39/97 0:19/249  
 +4:45 (26) +3:05 (49) +0:13 (8) +0:00 (1) +0:01 (2) +0:00 (1)

**23 Thomas Häne** Galgenen, OLG (8.35min/km) **1:08:32 (+15:11)**  
 6:54 (14) 8:30 (12) 11:43 (13) 25:18 (13) 29:30 (14) 34:39 (15) 38:53 (22) 40:37 (23) 44:48 (23) 46:01 (23)  
 6:54/31 1:36/32 3:13/33 13:35/64 4:12/67 5:09/65 4:14/69 1:44/71 4:11/34 1:13/35  
 +0:59 (14) +0:13 (10) +0:39 (21) +2:10 (13) +1:11 (32) +1:38 (33) +2:37 (52) +0:36 (35) +1:02 (21) +0:26 (41)  
 1:03:21 (23) 1:05:03 (21) 1:07:15 (22) 1:08:08 (22) 1:08:32 (23) 1:08:32 (23)  
 17:20/47 1:42/39 2:12/42 0:53/97 0:24/249  
 +3:37 (18) +1:20 (20) +0:34 (28) +0:14 (29) +0:06 (14) +0:00 (1)

**24 Tapio Haarlaa** Helsingin Suunnistajat (8.40min/km) **1:08:59 (+15:38)**  
 6:45 (10) 8:32 (13) 11:45 (14) 26:30 (16) 30:30 (17) 35:03 (17) 37:36 (19) 38:58 (19) 42:44 (18) 45:46 (22)  
 6:45/31 1:47/32 3:13/33 14:45/64 4:00/67 4:33/65 2:33/69 1:22/71 3:46/34 3:02/35  
 +0:50 (10) +0:24 (29) +0:39 (21) +3:20 (22) +0:59 (28) +1:02 (23) +0:56 (35) +0:14 (16) +0:37 (13) +2:15 (54)  
 1:04:14 (25) 1:05:47 (24) 1:07:42 (24) 1:08:33 (24) 1:08:59 (24) 1:08:59 (24)  
 18:28/47 1:33/39 1:55/42 0:51/97 0:26/249  
 +4:45 (26) +1:11 (12) +0:17 (15) +0:12 (23) +0:08 (29) +0:00 (1)

**25 Erik Ivarsson Sandberg** Denseln, OK (8.47min/km) **1:09:33 (+16:12)**  
 7:04 (17) 8:47 (16) 11:47 (16) 29:14 (28) 32:55 (27) 37:21 (26) 41:04 (26) 42:25 (26) 46:07 (25) 47:00 (25)  
 7:04/31 1:43/32 3:00/33 17:27/64 3:41/67 4:26/65 3:43/69 1:21/71 3:42/34 0:53/35  
 +1:09 (17) +0:20 (20) +0:26 (12) +6:02 (34) +0:40 (14) +0:55 (20) +2:06 (49) +0:13 (14) +0:33 (10) +0:06 (5)  
 1:05:11 (26) 1:06:46 (26) 1:08:33 (26) 1:09:12 (26) 1:09:33 (25) 1:09:33 (25)  
 18:11/47 1:35/39 1:47/42 0:39/125 0:21/249  
 +4:28 (23) +1:13 (13) +0:09 (4) +0:00 (1) +0:03 (3) +0:00 (1)

**26 Jörgen Ohlin** Linné, OK (8.48min/km) **1:09:36 (+16:15)**  
 6:24 (5) 7:56 (5) 12:01 (17) 28:34 (26) 32:20 (25) 37:10 (23) 39:36 (24) 40:47 (24) 44:29 (22) 45:26 (21)  
 6:24/31 1:32/32 4:05/33 16:33/64 3:46/67 4:50/65 2:26/69 1:11/71 3:42/34 0:57/35  
 +0:29 (5) +0:09 (8) +1:31 (42) +5:08 (30) +0:45 (18) +1:19 (28) +0:49 (30) +0:03 (4) +0:33 (10) +0:10 (16)  
 1:03:10 (22) 1:05:49 (25) 1:08:13 (25) 1:09:11 (25) 1:09:36 (26) 1:09:36 (26)  
 17:44/47 2:39/39 2:24/42 0:58/125 0:25/249  
 +4:01 (21) +2:17 (46) +0:46 (37) +0:19 (37) +0:07 (20) +0:00 (1)

**27 Saku Asikainen** Hiisirasti (8.90min/km) **1:13:04 (+19:43)**  
 7:59 (35) 9:57 (40) 13:21 (36) 27:52 (23) 32:11 (24) 37:10 (23) 39:01 (23) 40:30 (22) 46:43 (27) 47:47 (27)  
 7:59/31 1:58/32 3:24/33 14:31/64 4:19/67 4:59/65 1:51/69 1:29/71 6:13/34 1:04/35  
 +2:04 (35) +0:35 (44) +0:50 (28) +3:06 (20) +1:18 (34) +1:28 (29) +0:14 (10) +0:21 (25) +3:04 (45) +0:17 (26)  
 1:07:20 (28) 1:09:37 (27) 1:11:44 (27) 1:12:37 (27) 1:13:04 (27) 1:13:04 (27)  
 19:33/47 2:17/39 2:07/42 0:53/125 0:27/249  
 +5:50 (29) +1:55 (43) +0:29 (27) +0:14 (29) +0:09 (33) +0:00 (1)

**28 Fredrik Johansson** Bredaryds SOK (8.98min/km) **1:13:43 (+20:22)**  
 8:04 (38) 9:57 (40) 13:16 (32) 30:37 (32) 34:15 (30) 39:27 (31) 41:36 (28) 43:04 (27) 47:22 (28) 48:27 (28)  
 8:04/31 1:53/32 3:19/33 17:21/64 3:38/67 5:12/65 2:09/69 1:28/71 4:18/34 1:05/35  
 +2:09 (38) +0:30 (39) +0:45 (26) +5:56 (33) +0:37 (11) +1:41 (34) +0:32 (23) +0:20 (24) +1:09 (23) +0:18 (27)  
 1:06:52 (27) 1:10:29 (28) 1:12:28 (28) 1:13:20 (28) 1:13:43 (28) 1:13:43 (28)  
 18:25/47 3:37/39 1:59/42 0:52/97 0:23/249  
 +4:42 (25) +3:15 (51) +0:21 (21) +0:13 (26) +0:05 (8) +0:00 (1)

**29 Rainer Kujala** Lynx - Finland (9.17min/km) **1:15:16 (+21:55)**  
 8:17 (43) 9:56 (39) 13:05 (30) 31:52 (38) 35:41 (33) 41:22 (35) 43:33 (34) 45:06 (32) 49:39 (31) 50:48 (31)  
 8:17/31 1:39/32 3:09/33 18:47/64 3:49/67 5:41/65 2:11/69 1:33/71 4:33/34 1:09/35  
 +2:22 (43) +0:16 (13) +0:35 (18) +7:22 (40) +0:48 (21) +2:10 (43) +0:34 (24) +0:25 (29) +1:24 (27) +0:22 (33)  
 1:09:21 (29) 1:11:11 (29) 1:13:33 (29) 1:14:46 (29) 1:15:16 (29) 1:15:16 (29)  
 18:33/47 1:50/39 2:22/42 1:13/97 0:30/249  
 +4:50 (28) +1:28 (25) +0:44 (35) +0:34 (49) +0:12 (44) +0:00 (1)

**30 Johan Sisell** Södertörn, OK (9.37min/km) **1:16:56 (+23:35)**  
 7:19 (22) 9:20 (27) 12:47 (26) 28:11 (25) 33:01 (28) 38:25 (29) 42:26 (31) 44:11 (30) 48:41 (29) 49:49 (29)  
 7:19/31 2:01/32 3:27/33 15:24/64 4:50/67 5:24/65 4:01/69 1:45/71 4:30/34 1:08/35  
 +1:24 (22) +0:38 (49) +0:53 (30) +3:59 (27) +1:49 (43) +1:53 (38) +2:24 (50) +0:37 (36) +1:21 (26) +0:21 (31)  
 1:11:13 (30) 1:13:27 (30) 1:15:41 (30) 1:16:31 (30) 1:16:56 (30) 1:16:56 (30)  
 21:24/47 2:14/39 2:14/42 0:50/97 0:25/249  
 +7:41 (37) +1:52 (41) +0:36 (30) +0:11 (21) +0:07 (20) +0:00 (1)

<b>31</b>	<b>Henning Spjelkavik</b>		<b>Tyrving, IL</b>			<b>(9.46min/km)</b>	<b>1:17:41</b>		<b>(+24:20)</b>	
	8:12 (42)	9:57 (42)	14:28 (42)	31:31 (37)	35:55 (37)	41:02 (34)	44:05 (36)	46:06 (37)	51:02 (35)	52:12 (34)
	8:12/31	1:45/32	4:31/33	17:03/64	4:24/67	5:07/65	3:03/69	2:01/71	4:56/34	1:10/35
	+2:17 (42)	+0:22 (25)	+1:57 (48)	+5:38 (32)	+1:23 (36)	+1:36 (32)	+1:26 (41)	+0:53 (42)	+1:47 (36)	+0:23 (36)
	1:11:58 (31)	1:14:02 (31)	1:16:21 (31)	1:17:16 (31)	1:17:41 (31)	1:17:41 (31)				
	19:46/47	2:04/39	2:19/42	0:55/97	0:25/249					
	+6:03 (30)	+1:42 (34)	+0:41 (33)	+0:16 (34)	+0:07 (20)	+0:00 (1)				
<b>32</b>	<b>Karri Mustonen</b>		<b>Kangasala SK</b>			<b>(9.49min/km)</b>	<b>1:17:56</b>		<b>(+24:35)</b>	
	7:29 (27)	9:14 (25)	13:19 (34)	33:07 (41)	37:04 (38)	42:27 (40)	45:01 (40)	47:10 (40)	51:31 (37)	52:36 (37)
	7:29/31	1:45/32	4:05/33	19:48/64	3:57/67	5:23/65	2:34/69	2:09/71	4:21/34	1:05/35
	+1:34 (27)	+0:22 (25)	+1:31 (42)	+8:23 (42)	+0:56 (26)	+1:52 (37)	+0:57 (36)	+1:01 (44)	+1:12 (24)	+0:18 (27)
	1:12:40 (34)	1:14:29 (33)	1:16:33 (32)	1:17:27 (32)	1:17:56 (32)	1:17:56 (32)				
	20:04/47	1:49/39	2:04/42	0:54/97	0:29/249					
	+6:21 (31)	+1:27 (24)	+0:26 (25)	+0:15 (31)	+0:11 (41)	+0:00 (1)				
<b>33</b>	<b>Tobias Eliasson</b>		<b>Sundsvalls OK</b>			<b>(9.53min/km)</b>	<b>1:18:15</b>		<b>(+24:54)</b>	
	7:37 (30)	9:26 (30)	12:57 (29)	31:20 (35)	35:48 (34)	41:01 (33)	43:28 (33)	45:06 (32)	50:01 (32)	51:16 (32)
	7:37/31	1:49/32	3:31/33	18:23/64	4:28/67	5:13/65	2:27/69	1:38/71	4:55/34	1:15/35
	+1:42 (30)	+0:26 (32)	+0:57 (35)	+6:58 (38)	+1:27 (37)	+1:42 (35)	+0:50 (33)	+0:30 (30)	+1:46 (35)	+0:28 (43)
	1:12:28 (33)	1:14:26 (32)	1:16:38 (33)	1:17:46 (33)	1:18:15 (33)	1:18:15 (33)				
	21:12/47	1:58/39	2:12/42	1:08/97	0:29/249					
	+7:29 (36)	+1:36 (31)	+0:34 (28)	+0:29 (43)	+0:11 (41)	+0:00 (1)				
<b>34</b>	<b>Olli Moisander</b>		<b>Hyvinkään Rasti</b>			<b>(9.58min/km)</b>	<b>1:18:41</b>		<b>(+25:20)</b>	
	7:18 (21)	9:53 (38)	13:47 (39)	31:17 (33)	35:54 (36)	41:26 (36)	43:51 (35)	45:37 (35)	50:33 (33)	51:35 (33)
	7:18/31	2:35/32	3:54/33	17:30/64	4:37/67	5:32/65	2:25/69	1:46/71	4:56/34	1:02/35
	+1:23 (21)	+1:12 (54)	+1:20 (38)	+6:05 (35)	+1:36 (39)	+2:01 (39)	+0:48 (29)	+0:38 (38)	+1:47 (36)	+0:15 (23)
	1:12:26 (32)	1:14:35 (34)	1:17:05 (34)	1:18:08 (34)	1:18:41 (34)	1:18:41 (34)				
	20:51/47	2:09/39	2:30/42	1:03/97	0:33/249					
	+7:08 (35)	+1:47 (35)	+0:52 (39)	+0:24 (41)	+0:15 (49)	+0:00 (1)				
<b>35</b>	<b>Kristian Hines</b>		<b>Herringen IL</b>			<b>(9.68min/km)</b>	<b>1:19:30</b>		<b>(+26:09)</b>	
	7:01 (16)	8:50 (18)	12:15 (19)	30:10 (31)	34:33 (32)	39:17 (30)	42:20 (30)	44:56 (31)	49:30 (30)	50:46 (30)
	7:01/31	1:49/32	3:25/33	17:55/64	4:23/67	4:44/65	3:03/69	2:36/71	4:34/34	1:16/35
	+1:06 (16)	+0:26 (32)	+0:51 (29)	+6:30 (36)	+1:22 (35)	+1:13 (26)	+1:26 (41)	+1:28 (51)	+1:25 (28)	+0:29 (44)
	1:13:43 (36)	1:15:33 (35)	1:18:12 (35)	1:19:06 (35)	1:19:30 (35)	1:19:30 (35)				
	22:57/47	1:50/39	2:39/42	0:54/97	0:24/249					
	+9:14 (42)	+1:28 (25)	+1:01 (44)	+0:15 (31)	+0:06 (14)	+0:00 (1)				
<b>36</b>	<b>Don Staudte</b>		<b>Järla</b>			<b>(9.75min/km)</b>	<b>1:20:01</b>		<b>(+26:40)</b>	
	8:09 (41)	10:06 (43)	16:17 (50)	32:37 (39)	37:14 (39)	42:13 (39)	45:21 (41)	47:00 (39)	51:57 (38)	53:02 (38)
	8:09/31	1:57/32	6:11/33	16:20/64	4:37/67	4:59/65	3:08/69	1:39/71	4:57/34	1:05/35
	+2:14 (41)	+0:34 (42)	+3:37 (52)	+4:55 (29)	+1:36 (39)	+1:28 (29)	+1:31 (43)	+0:31 (31)	+1:48 (39)	+0:18 (27)
	1:13:20 (35)	1:15:46 (36)	1:18:24 (36)	1:19:30 (36)	1:20:01 (36)	1:20:01 (36)				
	20:18/47	2:26/39	2:38/42	1:06/125	0:31/249					
	+6:35 (32)	+2:04 (44)	+1:00 (42)	+0:27 (42)	+0:13 (45)	+0:00 (1)				
<b>37</b>	<b>Amund Beitnes</b>		<b>Pasvik Hauk, IL</b>			<b>(9.75min/km)</b>	<b>1:20:03</b>		<b>(+26:42)</b>	
	9:13 (46)	11:11 (47)	14:38 (43)	31:18 (34)	37:27 (40)	42:09 (38)	44:35 (39)	47:18 (41)	52:06 (39)	53:31 (39)
	9:13/31	1:58/32	3:27/33	16:40/64	6:09/67	4:42/65	2:26/69	2:43/71	4:48/34	1:25/35
	+3:18 (46)	+0:35 (44)	+0:53 (30)	+5:15 (31)	+3:08 (52)	+1:11 (25)	+0:49 (30)	+1:35 (52)	+1:39 (32)	+0:38 (48)
	1:14:17 (37)	1:16:30 (37)	1:18:36 (37)	1:19:32 (37)	1:20:03 (37)	1:20:03 (37)				
	20:46/47	2:13/39	2:06/42	0:56/125	0:31/249					
	+7:03 (34)	+1:51 (38)	+0:28 (26)	+0:17 (35)	+0:13 (45)	+0:00 (1)				
<b>38</b>	<b>Anders Beyer Brattli</b>		<b>NTNUI</b>			<b>(9.99min/km)</b>	<b>1:22:00</b>		<b>(+28:39)</b>	
	7:25 (25)	9:08 (24)	13:11 (31)	27:57 (24)	31:54 (23)	37:31 (27)	42:04 (29)	44:00 (29)	51:09 (36)	52:17 (35)
	7:25/31	1:43/32	4:03/33	14:46/64	3:57/67	5:37/65	4:33/69	1:56/71	7:09/34	1:08/35
	+1:30 (25)	+0:20 (20)	+1:29 (41)	+3:21 (23)	+0:56 (26)	+2:06 (41)	+2:56 (53)	+0:48 (40)	+4:00 (49)	+0:21 (31)
	1:15:36 (38)	1:18:06 (38)	1:20:44 (38)	1:21:35 (38)	1:22:00 (38)	1:22:00 (38)				
	23:19/47	2:30/39	2:38/42	0:51/97	0:25/249					
	+9:36 (44)	+2:08 (45)	+1:00 (42)	+0:12 (23)	+0:07 (20)	+0:00 (1)				
<b>39</b>	<b>Sturla Sjøvik</b>		<b>Olderskog IL</b>			<b>(10.05min/km)</b>	<b>1:22:32</b>		<b>(+29:11)</b>	
	8:00 (36)	9:50 (36)	13:17 (33)	31:24 (36)	35:52 (35)	41:57 (37)	44:32 (38)	45:58 (36)	50:57 (34)	52:18 (36)
	8:00/31	1:50/32	3:27/33	18:07/64	4:28/67	6:05/65	2:35/69	1:26/71	4:59/34	1:21/35
	+2:05 (36)	+0:27 (34)	+0:53 (30)	+6:42 (37)	+1:27 (37)	+2:34 (47)	+0:58 (37)	+0:18 (21)	+1:50 (40)	+0:34 (47)

1:16:07 (39)	1:18:17 (39)	1:21:00 (39)	1:22:08 (39)	1:22:32 (39)	1:22:32 (39)						
23:49/47	2:10/39	2:43/42	1:08/97	0:24/249							
+10:06 (46)	+1:48 (36)	+1:05 (46)	+0:29 (43)	+0:06 (14)	+0:00 (1)						
<b>40 Thomas Jansson</b>			<b>Jokkmokks SK</b>		<b>(10.35min/km)</b>		<b>1:24:59</b>		<b>(+31:38)</b>		
8:06 (39)	9:45 (33)	12:49 (28)	32:48 (40)	37:49 (41)	42:30 (41)	44:31 (37)	46:14 (38)	55:06 (42)	56:25 (42)		
8:06/31	1:39/32	3:04/33	19:59/64	5:01/67	4:41/65	2:01/69	1:43/71	8:52/34	1:19/35		
+2:11 (39)	+0:16 (13)	+0:30 (17)	+8:34 (43)	+2:00 (46)	+1:10 (24)	+0:24 (18)	+0:35 (33)	+5:43 (52)	+0:32 (45)		
1:19:11 (42)	1:21:24 (42)	1:23:43 (41)	1:24:33 (40)	1:24:59 (40)	1:24:59 (40)						
22:46/47	2:13/39	2:19/42	0:50/125	0:26/249							
+9:03 (40)	+1:51 (38)	+0:41 (33)	+0:11 (21)	+0:08 (29)	+0:00 (1)						
<b>41 Raphael Stefanini</b>			<b>Kangasala SK</b>		<b>(10.39min/km)</b>		<b>1:25:17</b>		<b>(+31:56)</b>		
8:38 (45)	10:29 (44)	13:57 (40)	35:22 (44)	39:08 (43)	46:03 (43)	48:29 (43)	50:16 (43)	54:42 (41)	55:48 (41)		
8:38/31	1:51/32	3:28/33	21:25/64	3:46/67	6:55/65	2:26/69	1:47/71	4:26/34	1:06/35		
+2:43 (45)	+0:28 (35)	+0:54 (33)	+10:00 (45)	+0:45 (18)	+3:24 (50)	+0:49 (30)	+0:39 (39)	+1:17 (25)	+0:19 (30)		
1:18:15 (40)	1:21:11 (40)	1:23:40 (40)	1:24:49 (41)	1:25:17 (41)	1:25:17 (41)						
22:27/47	2:56/39	2:29/42	1:09/97	0:28/249							
+8:44 (38)	+2:34 (47)	+0:51 (38)	+0:30 (45)	+0:10 (36)	+0:00 (1)						
<b>42 Daniel Hjortvall</b>			<b>Hestra IF</b>		<b>(10.39min/km)</b>		<b>1:25:19</b>		<b>(+31:58)</b>		
8:33 (44)	10:32 (45)	14:41 (44)	33:27 (42)	38:19 (42)	44:10 (42)	46:13 (42)	47:58 (42)	53:41 (40)	54:52 (40)		
8:33/31	1:59/32	4:09/33	18:46/64	4:52/67	5:51/65	2:03/69	1:45/71	5:43/34	1:11/35		
+2:38 (44)	+0:36 (46)	+1:35 (44)	+7:21 (39)	+1:51 (44)	+2:20 (45)	+0:26 (20)	+0:37 (36)	+2:34 (43)	+0:24 (38)		
1:18:20 (41)	1:21:20 (41)	1:24:00 (42)	1:24:52 (42)	1:25:19 (42)	1:25:19 (42)						
23:28/47	3:00/39	2:40/42	0:52/97	0:27/249							
+9:45 (45)	+2:38 (48)	+1:02 (45)	+0:13 (26)	+0:09 (33)	+0:00 (1)						
<b>43 Aapo Lindberg</b>			<b>Rajamäen Rykmentti</b>		<b>(10.59min/km)</b>		<b>1:26:59</b>		<b>(+33:38)</b>		
7:41 (31)	9:25 (29)	13:19 (34)	35:54 (45)	40:10 (44)	46:22 (44)	48:39 (44)	50:50 (44)	55:46 (43)	57:21 (43)		
7:41/31	1:44/32	3:54/33	22:35/64	4:16/67	6:12/65	2:17/69	2:11/71	4:56/34	1:35/35		
+1:46 (31)	+0:21 (23)	+1:20 (38)	+11:10 (46)	+1:15 (33)	+2:41 (48)	+0:40 (28)	+1:03 (46)	+1:47 (36)	+0:48 (51)		
1:20:02 (43)	1:22:02 (43)	1:25:17 (43)	1:26:28 (43)	1:26:59 (43)	1:26:59 (43)						
22:41/47	2:00/39	3:15/42	1:11/97	0:31/249							
+8:58 (39)	+1:38 (32)	+1:37 (48)	+0:32 (47)	+0:13 (45)	+0:00 (1)						
<b>44 Sven Lundbäck</b>			<b>Stora Tuna OK</b>		<b>(10.84min/km)</b>		<b>1:29:00</b>		<b>(+35:39)</b>		
7:25 (25)	9:18 (26)	12:48 (27)	43:03 (50)	47:08 (49)	52:21 (48)	54:48 (49)	56:19 (48)	1:01:40 (47)	1:02:51 (47)		
7:25/31	1:53/32	3:30/33	30:15/64	4:05/67	5:13/65	2:27/69	1:31/71	5:21/34	1:11/35		
+1:30 (25)	+0:30 (39)	+0:56 (34)	+18:50 (53)	+1:04 (31)	+1:42 (35)	+0:50 (33)	+0:23 (27)	+2:12 (41)	+0:24 (38)		
1:23:31 (44)	1:25:26 (44)	1:27:40 (44)	1:28:32 (44)	1:29:00 (44)	1:29:00 (44)						
20:40/47	1:55/39	2:14/42	0:52/125	0:28/249							
+6:57 (33)	+1:33 (30)	+0:36 (30)	+0:13 (26)	+0:10 (36)	+0:00 (1)						
<b>45 Fredrik Eriksson</b>			<b>Bredaryds SOK</b>		<b>(11.14min/km)</b>		<b>1:31:30</b>		<b>(+38:09)</b>		
9:17 (47)	11:03 (46)	15:39 (47)	41:58 (48)	46:40 (47)	52:16 (47)	54:18 (47)	55:43 (47)	59:54 (46)	1:00:54 (45)		
9:17/31	1:46/32	4:36/33	26:19/64	4:42/67	5:36/65	2:02/69	1:25/71	4:11/34	1:00/35		
+3:22 (47)	+0:23 (27)	+2:02 (49)	+14:54 (48)	+1:41 (42)	+2:05 (40)	+0:25 (19)	+0:17 (18)	+1:02 (21)	+0:13 (19)		
1:26:13 (45)	1:28:07 (45)	1:30:22 (45)	1:31:08 (45)	1:31:30 (45)	1:31:30 (45)						
25:19/47	1:54/39	2:15/42	0:46/97	0:22/249							
+11:36 (47)	+1:32 (29)	+0:37 (32)	+0:07 (15)	+0:04 (6)	+0:00 (1)						
<b>46 Przemek Patejko</b>			<b>Gwardia Warszawa</b>		<b>(11.38min/km)</b>		<b>1:33:24</b>		<b>(+40:03)</b>		
7:43 (33)	9:34 (32)	14:12 (41)	33:34 (43)	43:41 (46)	50:49 (46)	53:30 (46)	54:52 (46)	59:43 (45)	1:00:56 (46)		
7:43/31	1:51/32	4:38/33	19:22/64	10:07/67	7:08/65	2:41/69	1:22/71	4:51/34	1:13/35		
+1:48 (33)	+0:28 (35)	+2:04 (50)	+7:57 (41)	+7:06 (54)	+3:37 (51)	+1:04 (38)	+0:14 (16)	+1:42 (33)	+0:26 (41)		
1:26:29 (46)	1:28:42 (46)	1:31:50 (46)	1:32:52 (46)	1:33:24 (46)	1:33:24 (46)						
25:33/47	2:13/39	3:08/42	1:02/97	0:32/249							
+11:50 (48)	+1:51 (38)	+1:30 (47)	+0:23 (40)	+0:14 (48)	+0:00 (1)						
<b>47 Patrick Saile</b>			<b>Wellington Ranges OC</b>		<b>(11.38min/km)</b>		<b>1:33:26</b>		<b>(+40:05)</b>		
8:00 (36)	9:46 (34)	13:46 (38)	42:51 (49)	48:16 (50)	52:32 (49)	54:38 (48)	56:21 (49)	1:02:49 (48)	1:03:58 (48)		
8:00/31	1:46/32	4:00/33	29:05/64	5:25/67	4:16/65	2:06/69	1:43/71	6:28/34	1:09/35		
+2:05 (36)	+0:23 (27)	+1:26 (40)	+17:40 (52)	+2:24 (49)	+0:45 (17)	+0:29 (22)	+0:35 (33)	+3:19 (46)	+0:22 (33)		
1:27:11 (47)	1:29:26 (47)	1:31:57 (47)	1:32:57 (47)	1:33:26 (47)	1:33:26 (47)						
23:13/47	2:15/39	2:31/42	1:00/97	0:29/249							
+9:30 (43)	+1:53 (42)	+0:53 (40)	+0:21 (39)	+0:11 (41)	+0:00 (1)						

<b>48 Pavel Kurfurst</b>	<b>FS Praha</b>					<b>(11.52min/km)</b>	<b>1:34:33 (+41:12)</b>			
10:30 (53)	12:37 (53)	16:57 (52)	38:09 (46)	43:30 (45)	49:24 (45)	52:35 (45)	54:49 (45)	59:28 (44)	1:00:39 (44)	
10:30/31	2:07/32	4:20/33	21:12/64	5:21/67	5:54/65	3:11/69	2:14/71	4:39/34	1:11/35	
+4:35 (53)	+0:44 (50)	+1:46 (46)	+9:47 (44)	+2:20 (48)	+2:23 (46)	+1:34 (44)	+1:06 (47)	+1:30 (30)	+0:24 (38)	
1:28:29 (48)	1:30:39 (48)	1:33:14 (48)	1:34:08 (48)	1:34:33 (48)	1:34:33 (48)					
27:50/47	2:10/39	2:35/42	0:54/125	0:25/249						
+14:07 (50)	+1:48 (36)	+0:57 (41)	+0:15 (31)	+0:07 (20)	+0:00 (1)					
<b>49 Helge Midttun</b>	<b>Bardu IL</b>					<b>(11.53min/km)</b>	<b>1:34:38 (+41:17)</b>			
8:06 (39)	9:50 (35)	13:39 (37)	29:40 (29)	34:20 (31)	40:07 (32)	43:03 (32)	45:12 (34)	1:04:54 (50)	1:06:14 (50)	
8:06/31	1:44/32	3:49/33	16:01/64	4:40/67	5:47/65	2:56/69	2:09/71	19:42/34	1:20/35	
+2:11 (39)	+0:21 (23)	+1:15 (36)	+4:36 (28)	+1:39 (41)	+2:16 (44)	+1:19 (40)	+1:01 (44)	+16:33 (54)	+0:33 (46)	
1:29:10 (49)	1:30:51 (49)	1:33:14 (49)	1:34:10 (49)	1:34:38 (49)	1:34:38 (49)					
22:56/47	1:41/39	2:23/42	0:56/97	0:28/249						
+9:13 (41)	+1:19 (18)	+0:45 (36)	+0:17 (35)	+0:10 (36)	+0:00 (1)					
<b>50 Marcus Enegren</b>	<b>Solf IK</b>					<b>(13.83min/km)</b>	<b>1:53:31 (+1:00:10)</b>			
9:43 (49)	11:56 (50)	15:48 (49)	41:49 (47)	47:01 (48)	53:16 (50)	56:01 (50)	58:19 (50)	1:03:59 (49)	1:05:08 (49)	
9:43/31	2:13/32	3:52/33	26:01/64	5:12/67	6:15/65	2:45/69	2:18/71	5:40/34	1:09/35	
+3:48 (49)	+0:50 (51)	+1:18 (37)	+14:36 (47)	+2:11 (47)	+2:44 (49)	+1:08 (39)	+1:10 (48)	+2:31 (42)	+0:22 (33)	
1:32:27 (50)	1:48:07 (50)	1:51:55 (50)	1:53:05 (50)	1:53:31 (50)	1:53:31 (50)					
27:19/47	15:40/39	3:48/42	1:10/97	0:26/249						
+13:36 (49)	+15:18 (54)	+2:10 (51)	+0:31 (46)	+0:08 (29)	+0:00 (1)					
<b>51 Tuomas Takaluoma</b>	<b>Tampereen Pyrintö</b>					<b>(14.69min/km)</b>	<b>2:00:34 (+1:07:13)</b>			
10:15 (52)	12:33 (52)	16:53 (51)	44:18 (51)	50:18 (51)	59:42 (52)	1:03:03 (52)	1:05:22 (51)	1:13:31 (51)	1:15:02 (51)	
10:15/31	2:18/32	4:20/33	27:25/64	6:00/67	9:24/65	3:21/69	2:19/71	8:09/34	1:31/35	
+4:20 (52)	+0:55 (53)	+1:46 (46)	+16:00 (50)	+2:59 (51)	+5:53 (54)	+1:44 (46)	+1:11 (49)	+5:00 (50)	+0:44 (49)	
1:48:29 (51)	1:52:01 (51)	1:58:26 (51)	1:59:52 (51)	2:00:34 (51)	2:00:34 (51)					
33:27/47	3:32/39	6:25/42	1:26/125	0:42/249						
+19:44 (54)	+3:10 (50)	+4:47 (52)	+0:47 (50)	+0:24 (50)	+0:00 (1)					
<b>52 Stefanini Léopold</b>	<b>GUC-CO (France)</b>					<b>(15.57min/km)</b>	<b>2:07:52 (+1:14:31)</b>			
9:24 (48)	11:21 (48)	15:40 (48)	52:14 (54)	57:12 (54)	1:06:04 (54)	1:09:18 (54)	1:11:43 (53)	1:27:19 (54)	1:28:55 (54)	
9:24/31	1:57/32	4:19/33	36:34/64	4:58/67	8:52/65	3:14/69	2:25/71	15:36/34	1:36/35	
+3:29 (48)	+0:34 (42)	+1:45 (45)	+25:09 (54)	+1:57 (45)	+5:21 (53)	+1:37 (45)	+1:17 (50)	+12:27 (53)	+0:49 (52)	
1:59:08 (54)	2:02:57 (54)	2:06:13 (52)	2:07:24 (52)	2:07:52 (52)	2:07:52 (52)					
30:13/47	3:49/39	3:16/42	1:11/125	0:28/249						
+16:30 (51)	+3:27 (52)	+1:38 (49)	+0:32 (47)	+0:10 (36)	+0:00 (1)					
<b>53 Nandor Harkanyi</b>	<b>Crazy Hungarian Cyclists</b>					<b>(16.57min/km)</b>	<b>2:16:03 (+1:22:42)</b>			
11:55 (54)	14:09 (54)	20:57 (54)	47:16 (53)	54:45 (53)	1:02:35 (53)	1:08:56 (53)	1:12:46 (54)	1:19:33 (52)	1:21:04 (52)	
11:55/31	2:14/32	6:48/33	26:19/64	7:29/67	7:50/65	6:21/69	3:50/71	6:47/34	1:31/35	
+6:00 (54)	+0:51 (52)	+4:14 (54)	+14:54 (48)	+4:28 (53)	+4:19 (52)	+4:44 (54)	+2:42 (53)	+3:38 (47)	+0:44 (49)	
1:51:34 (52)	1:57:01 (53)	2:08:51 (53)	2:13:17 (53)	2:15:23 (53)	2:16:03 (53)					
30:30/47	5:27/37	11:50/39	4:26/42	2:06/125	0:40/249					
+16:47 (52)	+5:05 (53)	+10:12 (53)	+3:47 (53)	+1:48 (54)	+0:16 (4)					
<b>54 Arpad Harkanyi</b>	<b>Crazy Hungarian Cyclists</b>					<b>(17.09min/km)</b>	<b>2:20:18 (+1:26:57)</b>			
10:12 (51)	12:08 (51)	17:37 (53)	46:37 (52)	52:04 (52)	57:43 (51)	1:01:54 (51)	1:11:22 (52)	1:20:07 (53)	1:22:07 (53)	
10:12/31	1:56/32	5:29/33	29:00/64	5:27/67	5:39/65	4:11/69	9:28/71	8:45/34	2:00/35	
+4:17 (51)	+0:33 (41)	+2:55 (51)	+17:35 (51)	+2:26 (50)	+2:08 (42)	+2:34 (51)	+8:20 (54)	+5:36 (51)	+1:13 (53)	
1:53:51 (53)	1:54:36 (52)	2:13:22 (54)	2:18:36 (54)	2:19:44 (54)	2:20:18 (54)					
31:44/82	0:45/47	18:46/39	5:14/42	1:08/125	0:34/249					
+18:01 (53)	+0:23 (3)	+17:08 (54)	+4:35 (54)	+0:50 (53)	+0:10 (3)					
<b>Rune Nygaard</b>	<b>Gular, IL</b>					<b>(1.38min/km)</b>	<b>Brutt</b>			
7:12 (21)	8:36 (14)	11:22 (9)	11:22 (1)	11:22 (1)	11:22 (1)	11:22 (1)	11:22 (1)	11:22 (1)	11:22 (1)	
7:12/31	1:24/32	2:46/33								
+1:17 (21)	+0:01 (2)	+0:12 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
11:22 (1)	11:22 (1)	11:22 (1)	11:22 (1)	11:22 (1)	11:22 (1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					
<b>Martin Herringbotn</b>	<b>Herringen IL</b>					<b>(7.99min/km)</b>	<b>Disk (+12:15)</b>			
8:06 (39)	10:06 (43)	13:52 (40)	30:49 (33)	1:04:55 (55)	1:05:36 (54)	1:05:36 (53)	1:05:36 (52)	1:05:36 (51)	1:05:36 (50)	
8:06/31	2:00/32	3:46/33	16:57/64	34:06/97	0:41/249					
+2:11 (39)	+0:37 (48)	+1:12 (36)	+5:32 (32)	+31:05 (55)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	

1:05:36 (27) 1:05:36 (23) 1:05:36 (19) 1:05:36 (17) 1:05:36 (17) 1:05:36 (17)

+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

**Petri Vainio** **Kalevan Rasti** **(12.05min/km)** **Brutt (+45:34)**  
1:34:02 (55) 1:37:41 (55) 1:38:55 (55) 1:38:55 (55) 1:38:55 (55) 1:38:55 (55) 1:38:55 (55) 1:38:55 (55) 1:38:55 (55) 1:38:55 (55)  
1:34:02/42 3:39/97 1:14/249  
+1:28:07 (55)+2:16 (55) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)  
1:38:55 (51) 1:38:55 (50) 1:38:55 (50) 1:38:55 (50) 1:38:55 (50) 1:38:55 (50)  
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

## Klasse D35- 5.0 km

10 påmeldt, 10 startende 1 premiørt

**1 Anne Urset** **BUL Tromsø** **(11.38min/km)** **56:55**  
8:16 (1) 9:47 (1) 11:35 (1) 29:48 (1) 31:04 (1) 46:39 (2) 51:09 (2) 52:00 (1) 52:55 (1) 55:31 (1)  
8:16/43 1:31/52 1:48/74 18:13/45 1:16/46 15:35/83 4:30/36 0:51/41 0:55/39 2:36/42  
+0:00 (1) +0:09 (2) +0:00 (1) +2:41 (4) +0:03 (2) +2:38 (5) +0:43 (3) +0:00 (1) +0:00 (1) +0:05 (2)  
56:27 (1) 56:55 (1)  
0:56/97 0:28/249  
+0:00 (1) +0:01 (2)

**2 Angelica Brandqvist** **Tibro OK** **(12.02min/km)** **1:00:07 (+3:12)**  
9:54 (4) 11:38 (4) 13:34 (4) 32:06 (3) 33:42 (4) 49:50 (4) 53:47 (3) 54:54 (2) 55:53 (2) 58:24 (2)  
9:54/43 1:44/52 1:56/74 18:32/45 1:36/46 16:08/83 3:57/36 1:07/41 0:59/39 2:31/42  
+1:38 (4) +0:22 (6) +0:08 (2) +3:00 (5) +0:23 (5) +3:11 (6) +0:10 (2) +0:16 (3) +0:04 (2) +0:00 (1)  
59:36 (2) 1:00:07 (2)  
1:12/125 0:31/249  
+0:16 (6) +0:04 (6)

**3 Jenny Røjgård** **Kolmården, OK** **(12.38min/km)** **1:01:54 (+4:59)**  
11:22 (7) 12:44 (7) 14:52 (6) 30:24 (2) 31:52 (2) 46:17 (1) 50:04 (1) 56:28 (3) 57:29 (3) 1:00:20 (3)  
11:22/43 1:22/52 2:08/74 15:32/45 1:28/46 14:25/83 3:47/36 6:24/41 1:01/39 2:51/42  
+3:06 (7) +0:00 (1) +0:20 (3) +0:00 (1) +0:15 (4) +1:28 (3) +0:00 (1) +5:33 (10) +0:06 (3) +0:20 (3)  
1:01:22 (3) 1:01:54 (3)  
1:02/97 0:32/249  
+0:06 (3) +0:05 (7)

**4 Trine Alsos** **Harstad OL** **(12.68min/km)** **1:03:23 (+6:28)**  
8:52 (3) 10:50 (3) 13:19 (3) 32:32 (5) 34:08 (5) 49:21 (3) 55:42 (4) 57:03 (4) 58:16 (4) 1:01:48 (4)  
8:52/43 1:58/52 2:29/74 19:13/45 1:36/46 15:13/83 6:21/36 1:21/41 1:13/39 3:32/42  
+0:36 (3) +0:36 (7) +0:41 (7) +3:41 (7) +0:23 (5) +2:16 (4) +2:34 (8) +0:30 (4) +0:18 (6) +1:01 (8)  
1:02:53 (4) 1:03:23 (4)  
1:05/97 0:30/249  
+0:09 (5) +0:03 (5)

**5 Marte Indregard** **BUL Tromsø** **(12.76min/km)** **1:03:47 (+6:52)**  
15:55 (10) 17:28 (10) 19:45 (10) 36:43 (8) 38:20 (8) 52:41 (7) 57:15 (6) 58:19 (6) 59:26 (6) 1:02:22 (6)  
15:55/43 1:33/52 2:17/74 16:58/45 1:37/46 14:21/83 4:34/36 1:04/41 1:07/39 2:56/42  
+7:39 (10) +0:11 (3) +0:29 (6) +1:26 (2) +0:24 (7) +1:24 (2) +0:47 (4) +0:13 (2) +0:12 (5) +0:25 (4)  
1:03:20 (5) 1:03:47 (5)  
0:58/125 0:27/249  
+0:02 (2) +0:00 (1)

**6 Susanne Karlsson** **Denseln, OK** **(12.81min/km)** **1:04:02 (+7:07)**  
10:22 (6) 12:00 (5) 14:08 (5) 32:15 (4) 33:37 (3) 49:52 (5) 56:23 (5) 57:46 (5) 58:59 (5) 1:02:12 (5)  
10:22/43 1:38/52 2:08/74 18:07/45 1:22/46 16:15/83 6:31/36 1:23/41 1:13/39 3:13/42  
+2:06 (6) +0:16 (5) +0:20 (3) +2:35 (3) +0:09 (3) +3:18 (7) +2:44 (9) +0:32 (5) +0:18 (6) +0:42 (6)  
1:03:30 (6) 1:04:02 (6)  
1:18/125 0:32/249  
+0:22 (8) +0:05 (7)

**7 Lotta Wasström** **Solf IK** **(13.03min/km)** **1:05:09 (+8:14)**  
8:25 (2) 10:01 (2) 12:11 (2) 38:02 (9) 39:15 (9) 52:12 (6) 57:36 (7) 59:14 (7) 1:00:20 (7) 1:03:28 (7)  
8:25/43 1:36/52 2:10/74 25:51/45 1:13/46 12:57/83 5:24/36 1:38/41 1:06/39 3:08/42  
+0:09 (2) +0:14 (4) +0:22 (5) +10:19 (10) +0:00 (1) +0:00 (1) +1:37 (5) +0:47 (7) +0:11 (4) +0:37 (5)

1:04:41 (7) 1:05:09 (7)  
1:13/125 0:28/249  
+0:17 (7) +0:01 (2)

8 Elina Sillanpää Pohjantähti, SK (14.15min/km) 1:10:45 (+13:50)  
10:09 (5) 12:27 (6) 15:20 (7) 35:30 (6) 37:14 (6) 53:37 (8) 59:53 (8) 1:01:16 (8) 1:02:41 (8) 1:08:34 (8)  
10:09/43 2:18/52 2:53/74 20:10/45 1:44/46 16:23/83 6:16/36 1:23/41 1:25/39 5:53/42  
+1:53 (5) +0:56 (10) +1:05 (10) +4:38 (8) +0:31 (9) +3:26 (8) +2:29 (7) +0:32 (5) +0:30 (10) +3:22 (10)  
1:10:09 (8) 1:10:45 (8)  
1:35/97 0:36/249  
+0:39 (10) +0:09 (9)

9 Gøril Flatberg Rikshospitalet (14.92min/km) 1:14:36 (+17:41)  
12:39 (9) 14:40 (9) 17:28 (9) 36:15 (7) 37:56 (7) 54:55 (9) 1:03:19 (9) 1:07:43 (9) 1:09:06 (9) 1:12:36 (9)  
12:39/43 2:01/52 2:48/74 18:47/45 1:41/46 16:59/83 8:24/36 4:24/41 1:23/39 3:30/42  
+4:23 (9) +0:39 (8) +1:00 (9) +3:15 (6) +0:28 (8) +4:02 (9) +4:37 (10) +3:33 (9) +0:28 (9) +0:59 (7)  
1:13:58 (9) 1:14:36 (9)  
1:22/97 0:38/249  
+0:26 (9) +0:11 (10)

10 Therese Lervik Solf IK (16.79min/km) 1:23:56 (+27:01)  
11:36 (8) 13:53 (8) 16:28 (8) 38:18 (10) 40:03 (10) 1:08:01 (10) 1:13:56 (10) 1:16:31 (10) 1:17:48 (10) 1:22:25 (10)  
11:36/43 2:17/52 2:35/74 21:50/45 1:45/46 27:58/83 5:55/36 2:35/41 1:17/39 4:37/42  
+3:20 (8) +0:55 (9) +0:47 (8) +6:18 (9) +0:32 (10) +15:01 (10) +2:08 (6) +1:44 (8) +0:22 (8) +2:06 (9)  
1:23:27 (10) 1:23:56 (10)  
1:02/97 0:29/249  
+0:06 (3) +0:02 (4)

## Klasse H35- 6.9 km

12 påmeldt, 12 startende 1 premiert

1 Jon Magne Svendsbøe Gular, IL (8.09min/km) 56:14  
6:15 (1) 8:22 (1) 11:33 (1) 26:48 (2) 30:46 (1) 31:48 (1) 50:15 (1) 51:38 (1) 52:25 (1) 54:30 (1)  
6:15/43 2:07/32 3:11/33 15:15/64 3:58/34 1:02/35 18:27/36 1:23/37 0:47/39 2:05/44  
+0:00 (1) +0:32 (9) +0:00 (1) +0:35 (5) +0:00 (1) +0:05 (3) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)  
55:50 (1) 56:14 (1)  
1:20/97 0:24/249  
+0:00 (1) +0:00 (1)

2 Lars Jøran Sundsdal Sør, OK (8.65min/km) 1:00:06 (+3:52)  
6:33 (2) 8:35 (3) 12:12 (3) 26:52 (3) 31:12 (2) 32:09 (2) 52:31 (2) 54:21 (2) 55:40 (2) 58:04 (2)  
6:33/43 2:02/32 3:37/33 14:40/64 4:20/34 0:57/35 20:22/36 1:50/37 1:19/39 2:24/44  
+0:18 (2) +0:27 (7) +0:26 (5) +0:00 (1) +0:22 (2) +0:00 (1) +1:55 (2) +0:27 (6) +0:32 (6) +0:19 (3)  
59:37 (2) 1:00:06 (2)  
1:33/97 0:29/249  
+0:13 (4) +0:05 (6)

3 Håvard Telstø Etnedal IL (8.79min/km) 1:01:07 (+4:53)  
6:50 (3) 8:25 (2) 12:05 (2) 26:47 (1) 31:54 (3) 33:01 (3) 53:50 (3) 55:45 (3) 56:35 (3) 59:03 (3)  
6:50/43 1:35/32 3:40/33 14:42/64 5:07/34 1:07/35 20:49/36 1:55/37 0:50/39 2:28/44  
+0:35 (3) +0:00 (1) +0:29 (6) +0:02 (2) +1:09 (3) +0:10 (4) +2:22 (3) +0:32 (7) +0:03 (2) +0:23 (5)  
1:00:37 (3) 1:01:07 (3)  
1:34/97 0:30/249  
+0:14 (5) +0:06 (8)

4 Björn Karlsson Denseln, OK (8.88min/km) 1:01:41 (+5:27)  
7:20 (5) 8:56 (4) 12:18 (4) 27:21 (5) 33:14 (5) 34:15 (5) 55:04 (5) 56:39 (5) 57:29 (5) 59:45 (4)  
7:20/43 1:36/32 3:22/33 15:03/64 5:53/34 1:01/35 20:49/36 1:35/37 0:50/39 2:16/44  
+1:05 (5) +0:01 (2) +0:11 (3) +0:23 (4) +1:55 (6) +0:04 (2) +2:22 (3) +0:12 (2) +0:03 (2) +0:11 (2)  
1:01:14 (4) 1:01:41 (4)  
1:29/125 0:27/249  
+0:09 (3) +0:03 (4)

5 Fredrik Sundin Linné, OK (8.88min/km) 1:01:45 (+5:31)  
7:07 (4) 9:11 (5) 12:26 (5) 27:12 (4) 32:46 (4) 34:02 (4) 54:59 (4) 56:34 (4) 57:26 (4) 59:50 (5)  
7:07/43 2:04/32 3:15/33 14:46/64 5:34/34 1:16/35 20:57/36 1:35/37 0:52/39 2:24/44  
+0:52 (4) +0:29 (8) +0:04 (2) +0:06 (3) +1:36 (4) +0:19 (6) +2:30 (5) +0:12 (2) +0:05 (4) +0:19 (3)

1:01:16 (5) 1:01:45 (5)  
1:26/97 0:29/249  
+0:06 (2) +0:05 (6)

6 Magnus Oredsson Östersunds OK (10.33min/km) 1:11:47 (+15:33)  
8:18 (8) 10:13 (7) 14:16 (7) 31:58 (7) 38:32 (7) 39:51 (6) 1:03:55 (6) 1:05:52 (6) 1:06:58 (6) 1:09:45 (6)  
8:18/43 1:55/32 4:03/33 17:42/64 6:34/34 1:19/35 24:04/36 1:57/37 1:06/39 2:47/44  
+2:03 (8) +0:20 (5) +0:52 (7) +3:02 (6) +2:36 (8) +0:22 (7) +5:37 (8) +0:34 (8) +0:19 (5) +0:42 (6)  
1:11:21 (6) 1:11:47 (6)  
1:36/125 0:26/249  
+0:16 (8) +0:02 (3)

7 Patrik Blidefalk Södertörn, OK (10.84min/km) 1:15:19 (+19:05)  
7:35 (6) 9:27 (6) 13:32 (6) 31:21 (6) 38:17 (6) 40:37 (7) 1:06:29 (7) 1:08:45 (7) 1:10:23 (7) 1:13:17 (7)  
7:35/43 1:52/32 4:05/33 17:49/64 6:56/34 2:20/35 25:52/36 2:16/37 1:38/39 2:54/44  
+1:20 (6) +0:17 (3) +0:54 (8) +3:09 (7) +2:58 (9) +1:23 (11) +7:25 (10) +0:53 (11) +0:51 (11) +0:49 (8)  
1:14:51 (7) 1:15:19 (7)  
1:34/97 0:28/249  
+0:14 (5) +0:04 (5)

8 Tero Karvinen Ounasvaaran Hiihtoseura (10.90min/km) 1:15:46 (+19:32)  
8:17 (7) 10:53 (8) 15:22 (8) 34:49 (8) 40:31 (8) 42:11 (8) 1:07:43 (8) 1:09:29 (8) 1:10:52 (8) 1:13:39 (8)  
8:17/43 2:36/32 4:29/33 19:27/64 5:42/34 1:40/35 25:32/36 1:46/37 1:23/39 2:47/44  
+2:02 (7) +1:01 (11) +1:18 (10) +4:47 (8) +1:44 (5) +0:43 (9) +7:05 (9) +0:23 (4) +0:36 (7) +0:42 (6)  
1:15:16 (8) 1:15:46 (8)  
1:37/97 0:30/249  
+0:17 (9) +0:06 (8)

9 Tomi Rinne KooVee (11.16min/km) 1:17:34 (+21:20)  
11:58 (10) 13:50 (10) 17:22 (9) 37:03 (9) 43:05 (9) 44:37 (9) 1:08:06 (9) 1:10:04 (9) 1:11:32 (9) 1:15:36 (9)  
11:58/43 1:52/32 3:32/33 19:41/64 6:02/34 1:32/35 23:29/36 1:58/37 1:28/39 4:04/44  
+5:43 (10) +0:17 (3) +0:21 (4) +5:01 (9) +2:04 (7) +0:35 (8) +5:02 (7) +0:35 (9) +0:41 (9) +1:59 (10)  
1:17:10 (9) 1:17:34 (9)  
1:34/97 0:24/249  
+0:14 (5) +0:00 (1)

10 Fredrik Kempe Denseln, OK (14.14min/km) 1:38:17 (+42:03)  
10:15 (9) 12:45 (9) 18:21 (10) 44:48 (10) 52:46 (10) 54:38 (10) 1:27:57 (10) 1:30:05 (10) 1:31:32 (10) 1:35:10 (10)  
10:15/43 2:30/32 5:36/33 26:27/64 7:58/34 1:52/35 33:19/36 2:08/37 1:27/39 3:38/44  
+4:00 (9) +0:55 (10) +2:25 (11) +11:47 (10) +4:00 (10) +0:55 (10) +14:52 (11) +0:45 (10) +0:40 (8) +1:33 (9)  
1:37:44 (10) 1:38:17 (10)  
2:34/97 0:33/249  
+1:14 (11) +0:09 (10)

11 Tommi Sillanpää Pohjantähti, SK (16.84min/km) 1:57:01 (+1:00:47)  
12:57 (11) 14:55 (11) 19:10 (11) 1:07:24 (11) 1:15:24 (11) 1:16:37 (11) 1:40:00 (11) 1:41:46 (11) 1:43:20 (11) 1:54:27 (11)  
12:57/43 1:58/32 4:15/33 48:14/64 8:00/34 1:13/35 23:23/36 1:46/37 1:34/39 11:07/44  
+6:42 (11) +0:23 (6) +1:04 (9) +33:34 (11) +4:02 (11) +0:16 (5) +4:56 (6) +0:23 (4) +0:47 (10) +9:02 (11)  
1:56:25 (11) 1:57:01 (11)  
1:58/125 0:36/249  
+0:38 (10) +0:12 (11)

Truls Fjeldstad Porsgrunn OL (14.66min/km) Disk (+45:38)  
15:44 (12) 17:47 (12) 22:16 (12) 1:30:47 (12) 1:33:17 (12) 1:34:36 (12) 1:37:24 (11) 1:39:22 (11) 1:41:19 (11) 1:41:52 (11)  
15:44/43 2:03/32 4:29/33 1:08:31/36 2:30/37 1:19/39 2:48/49 1:58/44 1:57/97 0:33/249  
+9:29 (12) +0:28 (8) +1:18 (10) +53:51 (12) +0:00 (1) +0:22 (7) +0:00 (1) +0:35 (9) +1:10 (12) +0:00 (1)  
1:41:52 (11) 1:41:52 (11)  
+0:00 (1) +0:00 (1)

## Klasse D40- 4.3 km

26 påmeldt, 24 startende 1 premiert

1 Kirsti Kringhaug Ringerike o-lag (10.05min/km) 43:31  
9:37 (2) 11:53 (2) 15:54 (2) 22:24 (1) 23:44 (1) 34:57 (1) 37:29 (1) 38:40 (1) 41:37 (1) 43:03 (1)  
9:37/31 2:16/32 4:01/33 6:30/77 1:20/51 11:13/47 2:32/37 1:11/39 2:57/49 1:26/97  
+0:17 (2) +0:12 (5) +0:00 (1) +0:00 (1) +0:22 (7) +9:03 (2) +0:06 (2) +0:10 (4) +0:36 (8) +0:23 (12)

43:31 (1)	43:31 (1)									
0:28/249										
+0:03 (4)	+0:00 (1)									
<b>2</b>	<b>Hilde Sofie Hansen</b>		<b>Mo OK</b>		<b>(10.39min/km)</b>		<b>44:59</b>	<b>(+1:28)</b>		
9:20 (1)	11:24 (1)	15:46 (1)	23:44 (2)	24:42 (2)	37:09 (2)	39:49 (2)	40:57 (2)	43:31 (2)	44:34 (2)	
9:20/31	2:04/32	4:22/33	7:58/77	0:58/51	12:27/47	2:40/37	1:08/39	2:34/49	1:03/97	
+0:00 (1)	+0:00 (1)	+0:21 (4)	+1:28 (10)	+0:00 (1)	+10:17 (9)	+0:14 (4)	+0:07 (3)	+0:13 (2)	+0:00 (1)	
44:59 (2)	44:59 (2)									
0:25/249										
+0:00 (1)	+0:00 (1)									
<b>3</b>	<b>Liv Karen Johannessen</b>		<b>BUL Tromsø</b>		<b>(10.69min/km)</b>		<b>46:16</b>	<b>(+2:45)</b>		
10:56 (9)	13:11 (9)	17:33 (5)	24:13 (3)	25:31 (3)	38:02 (3)	40:28 (3)	41:43 (3)	44:23 (3)	45:46 (3)	
10:56/31	2:15/32	4:22/33	6:40/77	1:18/51	12:31/47	2:26/37	1:15/39	2:40/49	1:23/125	
+1:36 (9)	+0:11 (3)	+0:21 (4)	+0:10 (3)	+0:20 (6)	+10:21 (10)	+0:00 (1)	+0:14 (7)	+0:19 (4)	+0:20 (8)	
46:16 (3)	46:16 (3)									
0:30/249										
+0:05 (7)	+0:00 (1)									
<b>4</b>	<b>Kristin Sandven</b>		<b>Notodden OL</b>		<b>(11.05min/km)</b>		<b>47:52</b>	<b>(+4:21)</b>		
11:34 (13)	13:50 (11)	17:55 (8)	24:37 (4)	26:02 (4)	38:05 (4)	41:28 (4)	42:54 (4)	46:13 (4)	47:24 (4)	
11:34/31	2:16/32	4:05/33	6:42/77	1:25/51	12:03/47	3:23/37	1:26/39	3:19/49	1:11/125	
+2:14 (13)	+0:12 (5)	+0:04 (2)	+0:12 (4)	+0:27 (9)	+9:53 (6)	+0:57 (10)	+0:25 (17)	+0:58 (16)	+0:08 (2)	
47:52 (4)	47:52 (4)									
0:28/249										
+0:03 (4)	+0:00 (1)									
<b>5</b>	<b>Frauke Schmitt Gran</b>		<b>Halden SK</b>		<b>(11.18min/km)</b>		<b>48:25</b>	<b>(+4:54)</b>		
10:26 (3)	12:52 (3)	17:47 (6)	25:13 (6)	26:37 (6)	38:54 (5)	41:56 (5)	42:59 (5)	46:17 (5)	47:49 (5)	
10:26/31	2:26/32	4:55/33	7:26/77	1:24/51	12:17/47	3:02/37	1:03/39	3:18/49	1:32/97	
+1:06 (3)	+0:22 (10)	+0:54 (11)	+0:56 (6)	+0:26 (8)	+10:07 (7)	+0:36 (8)	+0:02 (2)	+0:57 (15)	+0:29 (17)	
48:25 (5)	48:25 (5)									
0:36/249										
+0:11 (19)	+0:00 (1)									
<b>6</b>	<b>Ragnhild Balsvik</b>		<b>Gular, IL</b>		<b>(11.24min/km)</b>		<b>48:39</b>	<b>(+5:08)</b>		
10:37 (5)	13:04 (7)	17:26 (4)	25:31 (7)	26:45 (7)	39:22 (6)	42:20 (6)	43:39 (6)	46:51 (6)	48:09 (6)	
10:37/31	2:27/32	4:22/33	8:05/77	1:14/51	12:37/47	2:58/37	1:19/39	3:12/49	1:18/97	
+1:17 (5)	+0:23 (12)	+0:21 (4)	+1:35 (11)	+0:16 (3)	+10:27 (11)	+0:32 (7)	+0:18 (9)	+0:51 (13)	+0:15 (5)	
48:39 (6)	48:39 (6)									
0:30/249										
+0:05 (7)	+0:00 (1)									
<b>7</b>	<b>Pia Lindholm</b>		<b>Kiruna, IFK</b>		<b>(11.56min/km)</b>		<b>50:04</b>	<b>(+6:33)</b>		
11:33 (12)	14:00 (12)	18:54 (9)	26:36 (9)	28:04 (9)	40:28 (8)	43:18 (7)	44:37 (7)	47:59 (7)	49:26 (7)	
11:33/31	2:27/32	4:54/33	7:42/77	1:28/51	12:24/47	2:50/37	1:19/39	3:22/49	1:27/125	
+2:13 (12)	+0:23 (12)	+0:53 (9)	+1:12 (8)	+0:30 (11)	+10:14 (8)	+0:24 (6)	+0:18 (9)	+1:01 (17)	+0:24 (13)	
50:04 (7)	50:04 (7)									
0:38/249										
+0:13 (20)	+0:00 (1)									
<b>8</b>	<b>Riikka Eerola</b>		<b>Tampereen Pyrintö</b>		<b>(11.73min/km)</b>		<b>50:47</b>	<b>(+7:16)</b>		
10:40 (6)	13:08 (8)	17:50 (7)	25:58 (8)	27:13 (8)	40:18 (7)	44:09 (8)	45:29 (8)	48:38 (8)	50:14 (8)	
10:40/31	2:28/32	4:42/33	8:08/77	1:15/51	13:05/47	3:51/37	1:20/39	3:09/49	1:36/97	
+1:20 (6)	+0:24 (14)	+0:41 (7)	+1:38 (13)	+0:17 (5)	+10:55 (14)	+1:25 (18)	+0:19 (11)	+0:48 (11)	+0:33 (19)	
50:47 (8)	50:47 (8)									
0:33/249										
+0:08 (12)	+0:00 (1)									
<b>9</b>	<b>Margrete Gaski</b>		<b>Bardu IL</b>		<b>(11.78min/km)</b>		<b>51:00</b>	<b>(+7:29)</b>		
10:43 (7)	12:58 (6)	22:53 (17)	29:40 (14)	30:50 (13)	42:50 (11)	45:26 (9)	46:27 (9)	49:21 (9)	50:33 (9)	
10:43/31	2:15/32	9:55/33	6:47/77	1:10/51	12:00/47	2:36/37	1:01/39	2:54/49	1:12/125	
+1:23 (7)	+0:11 (3)	+5:54 (21)	+0:17 (5)	+0:12 (2)	+9:50 (4)	+0:10 (3)	+0:00 (1)	+0:33 (6)	+0:09 (3)	
51:00 (9)	51:00 (9)									
0:27/249										
+0:02 (2)	+0:00 (1)									



<b>10</b>	Eli Charlotte Nordmo		Mellebygd IL				(12.12min/km)		<b>52:29</b>	(+8:58)
	10:43 (7)	12:57 (4)	19:00 (10)	27:21 (10)	29:26 (10)	42:30 (10)	45:59 (11)	47:16 (10)	50:23 (10)	51:56 (10)
	10:43/31	2:14/32	6:03/33	8:21/77	2:05/51	13:04/47	3:29/37	1:17/39	3:07/49	1:33/97
	+1:23 (7)	+0:10 (2)	+2:02 (14)	+1:51 (15)	+1:07 (22)	+10:54 (13)	+1:03 (12)	+0:16 (8)	+0:46 (10)	+0:30 (18)
	52:29 (10)	52:29 (10)								
	0:33/249									
	+0:08 (12)	+0:00 (1)								
<b>11</b>	Bente Røkenes		Alta OL				(12.34min/km)		<b>53:25</b>	(+9:54)
	15:24 (21)	17:42 (20)	22:36 (15)	30:45 (15)	32:20 (15)	44:58 (12)	47:42 (12)	48:56 (11)	51:31 (11)	52:54 (11)
	15:24/31	2:18/32	4:54/33	8:09/77	1:35/51	12:38/47	2:44/37	1:14/39	2:35/49	1:23/97
	+6:04 (21)	+0:14 (7)	+0:53 (9)	+1:39 (14)	+0:37 (14)	+10:28 (12)	+0:18 (5)	+0:13 (6)	+0:14 (3)	+0:20 (8)
	53:25 (11)	53:25 (11)								
	0:31/249									
	+0:06 (9)	+0:00 (1)								
<b>12</b>	Hilda Øfsthus		Asker SK				(12.49min/km)		<b>54:05</b>	(+10:34)
	10:31 (4)	12:57 (4)	17:10 (3)	24:41 (5)	26:14 (5)	42:05 (9)	45:38 (10)	49:22 (12)	52:17 (12)	53:36 (12)
	10:31/31	2:26/32	4:13/33	7:31/77	1:33/51	15:51/47	3:33/37	3:44/39	2:55/49	1:19/97
	+1:11 (4)	+0:22 (10)	+0:12 (3)	+1:01 (7)	+0:35 (13)	+13:41 (18)	+1:07 (13)	+2:43 (22)	+0:34 (7)	+0:16 (7)
	54:05 (12)	54:05 (12)								
	0:29/249									
	+0:04 (6)	+0:00 (1)								
<b>13</b>	Kristin Svendsen		Harstad OL				(12.78min/km)		<b>55:19</b>	(+11:48)
	15:08 (20)	19:04 (21)	26:18 (20)	32:51 (18)	34:05 (18)	46:07 (15)	49:11 (13)	50:24 (13)	53:25 (13)	54:48 (13)
	15:08/31	3:56/32	7:14/33	6:33/77	1:14/51	12:02/47	3:04/37	1:13/39	3:01/49	1:23/97
	+5:48 (20)	+1:52 (22)	+3:13 (17)	+0:03 (2)	+0:16 (3)	+9:52 (5)	+0:38 (9)	+0:12 (5)	+0:40 (9)	+0:20 (8)
	55:19 (13)	55:19 (13)								
	0:31/249									
	+0:06 (9)	+0:00 (1)								
<b>14</b>	Gyrid Løvli		Asker SK				(12.96min/km)		<b>56:06</b>	(+12:35)
	12:11 (14)	15:00 (15)	19:50 (11)	27:56 (11)	29:52 (12)	45:47 (14)	49:31 (14)	50:52 (14)	54:02 (14)	55:33 (14)
	12:11/31	2:49/32	4:50/33	8:06/77	1:56/51	15:55/47	3:44/37	1:21/39	3:10/49	1:31/97
	+2:51 (14)	+0:45 (18)	+0:49 (8)	+1:36 (12)	+0:58 (20)	+13:45 (19)	+1:18 (15)	+0:20 (12)	+0:49 (12)	+0:28 (16)
	56:06 (14)	56:06 (14)								
	0:33/249									
	+0:08 (12)	+0:00 (1)								
<b>15</b>	Ikonen Minna		Kalevan Rasti				(13.53min/km)		<b>58:36</b>	(+15:05)
	12:11 (14)	14:52 (14)	20:53 (13)	29:15 (13)	30:54 (14)	47:29 (16)	51:14 (16)	52:39 (15)	56:13 (15)	57:57 (15)
	12:11/31	2:41/32	6:01/33	8:22/77	1:39/51	16:35/47	3:45/37	1:25/39	3:34/49	1:44/97
	+2:51 (14)	+0:37 (16)	+2:00 (13)	+1:52 (16)	+0:41 (15)	+14:25 (21)	+1:19 (16)	+0:24 (16)	+1:13 (19)	+0:41 (20)
	58:36 (15)	58:36 (15)								
	0:39/249									
	+0:14 (22)	+0:00 (1)								
<b>16</b>	Mette Wanvik		Stjørdals-Blink Orientering				(13.85min/km)		<b>59:59</b>	(+16:28)
	12:40 (16)	15:22 (17)	22:31 (14)	31:10 (16)	32:53 (16)	47:38 (17)	51:53 (17)	53:22 (16)	57:33 (16)	59:26 (17)
	12:40/31	2:42/32	7:09/33	8:39/77	1:43/51	14:45/47	4:15/37	1:29/39	4:11/49	1:53/125
	+3:20 (16)	+0:38 (17)	+3:08 (16)	+2:09 (17)	+0:45 (18)	+12:35 (17)	+1:49 (20)	+0:28 (18)	+1:50 (22)	+0:50 (22)
	59:59 (16)	59:59 (16)								
	0:33/249									
	+0:08 (12)	+0:00 (1)								
<b>17</b>	Doris Larsson		Lillomarka OL				(13.86min/km)		<b>1:00:00</b>	(+16:29)
	12:42 (17)	15:05 (16)	20:19 (12)	28:15 (12)	29:43 (11)	45:41 (13)	49:36 (15)	54:28 (17)	58:01 (17)	59:25 (16)
	12:42/31	2:23/32	5:14/33	7:56/77	1:28/51	15:58/47	3:55/37	4:52/39	3:33/49	1:24/97
	+3:22 (17)	+0:19 (9)	+1:13 (12)	+1:26 (9)	+0:30 (11)	+13:48 (20)	+1:29 (19)	+3:51 (23)	+1:12 (18)	+0:21 (11)
	1:00:00 (17)	1:00:00 (17)								
	0:35/249									
	+0:10 (18)	+0:00 (1)								
<b>18</b>	Toril Hovdenak		Skåla IL				(14.27min/km)		<b>1:01:48</b>	(+18:17)
	11:32 (11)	14:08 (13)	27:55 (21)	38:24 (20)	39:50 (20)	51:22 (19)	55:58 (19)	57:19 (19)	1:00:09 (18)	1:01:21 (18)
	11:32/31	2:36/32	13:47/33	10:29/77	1:26/51	11:32/47	4:36/37	1:21/39	2:50/49	1:12/125
	+2:12 (11)	+0:32 (15)	+9:46 (22)	+3:59 (20)	+0:28 (10)	+9:22 (3)	+2:10 (21)	+0:20 (12)	+0:29 (5)	+0:09 (3)

1:01:48 (18) 1:01:48 (18)

0:27/249

+0:02 (2) +0:00 (1)

19 Maria Hart

Linné, OK

(14.64min/km)

1:03:23 (+19:52)

13:18 (19) 16:09 (18) 22:39 (16) 31:38 (17) 33:18 (17) 51:17 (18) 54:40 (18) 56:39 (18) 1:00:57 (19) 1:02:45 (19)

13:18/31 2:51/32 6:30/33 8:59/77 1:40/51 17:59/47 3:23/37 1:59/39 4:18/49 1:48/97

+3:58 (19) +0:47 (19) +2:29 (15) +2:29 (18) +0:42 (16) +15:49 (23) +0:57 (10) +0:58 (20) +1:57 (23) +0:45 (21)

1:03:23 (19) 1:03:23 (19)

0:38/249

+0:13 (20) +0:00 (1)

20 Mette Fuglestad

Ålgård Orientering

(16.20min/km)

1:10:09 (+26:38)

17:19 (22) 20:11 (22) 30:03 (22) 43:15 (21) 45:13 (21) 59:43 (22) 1:03:33 (20) 1:04:54 (20) 1:08:06 (20) 1:09:35 (20)

17:19/31 2:52/32 9:52/33 13:12/77 1:58/51 14:30/47 3:50/37 1:21/39 3:12/49 1:29/125

+7:59 (22) +0:48 (20) +5:51 (20) +6:42 (22) +1:00 (21) +12:20 (16) +1:24 (17) +0:20 (12) +0:51 (13) +0:26 (15)

1:10:09 (20) 1:10:09 (20)

0:34/249

+0:09 (17) +0:00 (1)

21 Virpi Snickers

Solf IK

(17.02min/km)

1:13:42 (+30:11)

13:13 (18) 16:26 (19) 24:55 (19) 34:28 (19) 36:09 (19) 52:54 (20) 1:06:14 (21) 1:07:45 (21) 1:11:42 (21) 1:13:10 (21)

13:13/31 3:13/32 8:29/33 9:33/77 1:41/51 16:45/47 13:20/37 1:31/39 3:57/49 1:28/97

+3:53 (18) +1:09 (21) +4:28 (18) +3:03 (19) +0:43 (17) +14:35 (22) +10:54 (23) +0:30 (19) +1:36 (21) +0:25 (14)

1:13:42 (21) 1:13:42 (21)

0:32/249

+0:07 (11) +0:00 (1)

22 Birgitte Torbjørnsen

Gular, IL

(20.13min/km)

1:27:11 (+43:40)

11:27 (10) 13:49 (10) 22:55 (18) 1:00:44 (23) 1:02:34 (23) 1:16:28 (23) 1:20:11 (22) 1:21:35 (22) 1:25:20 (22) 1:26:38 (22)

11:27/31 2:22/32 9:06/33 37:49/77 1:50/51 13:54/47 3:43/37 1:24/39 3:45/49 1:18/97

+2:07 (10) +0:18 (8) +5:05 (19) +31:19 (24) +0:52 (19) +11:44 (15) +1:17 (14) +0:23 (15) +1:24 (20) +0:15 (5)

1:27:11 (22) 1:27:11 (22)

0:33/249

+0:08 (12) +0:00 (1)

23 Birgit Lundkvist

Vargen, OK

(23.29min/km)

1:40:51 (+57:20)

22:17 (23) 26:50 (23) 43:00 (23) 54:18 (22) 57:18 (22) 59:28 (21) 1:22:13 (23) 1:29:49 (23) 1:32:10 (23) 1:37:19 (23)

22:17/31 4:33/32 16:10/33 11:18/51 3:00/77 2:10/51 22:45/47 7:36/37 2:21/39 5:09/49

+12:57 (23) +2:29 (24) +12:09 (24) +4:48 (21) +2:02 (24) +0:00 (1) +20:19 (24) +6:35 (24) +0:00 (1) +4:06 (24)

1:40:04 (23) 1:40:51 (23)

2:45/125 0:47/249

+2:20 (24) +0:00 (1)

24 Anette Åhlund

Nolaskogsarna, OK - Sverige

(23.74min/km)

1:42:47 (+59:16)

28:13 (24) 32:26 (24) 46:45 (24) 1:02:38 (24) 1:04:47 (24) 1:26:01 (24) 1:31:18 (24) 1:33:38 (24) 1:39:11 (24) 1:41:43 (24)

28:13/31 4:13/32 14:19/33 15:53/77 2:09/51 21:14/47 5:17/37 2:20/39 5:33/49 2:32/97

+18:53 (24) +2:09 (23) +10:18 (23) +9:23 (23) +1:11 (23) +19:04 (24) +2:51 (22) +1:19 (21) +3:12 (24) +1:29 (23)

1:42:47 (24) 1:42:47 (24)

1:04/249

+0:39 (23) +0:00 (1)

## Klasse H40- 5.9 km

35 påmeldt, 33 startende 1 premiørt

1 Timo Karppinen

Pohjantähti, SK

(7.35min/km)

43:45

1:34 (1) 7:28 (1) 9:52 (2) 12:26 (1) 22:06 (2) 23:44 (1) 31:49 (1) 34:42 (1) 35:40 (1) 36:52 (1)

1:34/148 5:54/73 2:24/32 2:34/74 9:40/45 1:38/46 8:05/116 2:53/82 0:58/36 1:12/48

+0:00 (1) +0:02 (2) +1:32 (6) +0:00 (1) +3:57 (2) +0:43 (27) +6:41 (2) +0:16 (3) +0:07 (13) +0:14 (2)

40:12 (1) 42:20 (1) 43:21 (1) 43:45 (1) 43:45 (1)

3:20/39 2:08/49 1:01/97 0:24/249

+1:56 (22) +0:04 (5) +0:08 (4) +0:01 (2) +0:00 (1)

2 Jouni Nykänen

Navi

(8.30min/km)

49:23

(+5:38)

1:45 (3) 10:57 (30) 13:16 (28) 16:12 (19) 27:18 (14) 28:30 (13) 37:39 (7) 40:42 (4) 41:35 (3) 43:05 (3)

1:45/148 9:12/73 2:19/32 2:56/74 11:06/45 1:12/46 9:09/116 3:03/82 0:53/36 1:30/48

+0:11 (3) +3:20 (30) +1:27 (4) +0:22 (3) +5:23 (4) +0:17 (7) +7:45 (4) +0:26 (6) +0:02 (3) +0:32 (10)

45:49 (2)	47:56 (2)	48:59 (2)	49:23 (2)	49:23 (2)						
2:44/39	2:07/49	1:03/125	0:24/249							
+1:20 (17)	+0:03 (3)	+0:10 (8)	+0:01 (2)	+0:00 (1)						
<b>3</b>	<b>Tom Eirik Eikanger</b>		<b>Gular, IL</b>		<b>(8.43min/km)</b>		<b>50:11</b>	<b>(+6:26)</b>		
1:46 (4)	7:38 (2)	9:56 (3)	12:55 (3)	25:26 (5)	26:40 (3)	38:09 (10)	41:35 (6)	42:30 (6)	43:57 (5)	
1:46/148	5:52/73	2:18/32	2:59/74	12:31/45	1:14/46	11:29/116	3:26/82	0:55/36	1:27/48	
+0:12 (4)	+0:00 (1)	+1:26 (3)	+0:25 (4)	+6:48 (15)	+0:19 (11)	+10:05 (19)	+0:49 (13)	+0:04 (7)	+0:29 (7)	
46:38 (3)	48:42 (3)	49:45 (3)	50:11 (3)	50:11 (3)						
2:41/39	2:04/49	1:03/125	0:26/249							
+1:17 (16)	+0:00 (1)	+0:10 (8)	+0:03 (6)	+0:00 (1)						
<b>4</b>	<b>Christoph Hutzli</b>		<b>OL Regio Wil</b>		<b>(8.54min/km)</b>		<b>50:47</b>	<b>(+7:02)</b>		
2:00 (17)	8:51 (14)	12:10 (19)	15:58 (18)	27:09 (13)	28:15 (11)	37:14 (4)	39:51 (2)	40:59 (2)	43:04 (2)	
2:00/148	6:51/73	3:19/32	3:48/74	11:11/45	1:06/46	8:59/116	2:37/82	1:08/36	2:05/48	
+0:26 (17)	+0:59 (13)	+2:27 (27)	+1:14 (21)	+5:28 (7)	+0:11 (5)	+7:35 (3)	+0:00 (1)	+0:17 (26)	+1:07 (29)	
47:07 (4)	49:13 (4)	50:21 (4)	50:47 (4)	50:47 (4)						
4:03/39	2:06/49	1:08/97	0:26/249							
+2:39 (28)	+0:02 (2)	+0:15 (17)	+0:03 (6)	+0:00 (1)						
<b>5</b>	<b>Bjørn Gulbrandsen</b>		<b>Asker SK</b>		<b>(8.58min/km)</b>		<b>51:04</b>	<b>(+7:19)</b>		
1:49 (7)	8:10 (7)	10:11 (4)	14:10 (6)	26:54 (11)	28:07 (10)	37:34 (6)	42:19 (9)	43:13 (8)	44:34 (7)	
1:49/148	6:21/73	2:01/32	3:59/74	12:44/45	1:13/46	9:27/116	4:45/82	0:54/36	1:21/48	
+0:15 (7)	+0:29 (6)	+1:09 (2)	+1:25 (22)	+7:01 (17)	+0:18 (9)	+8:03 (6)	+2:08 (25)	+0:03 (4)	+0:23 (3)	
47:29 (6)	49:36 (5)	50:39 (5)	51:04 (5)	51:04 (5)						
2:55/39	2:07/49	1:03/97	0:25/249							
+1:31 (19)	+0:03 (3)	+0:10 (8)	+0:02 (4)	+0:00 (1)						
<b>6</b>	<b>Eero Enroth</b>		<b>Kangasala SK</b>		<b>(8.64min/km)</b>		<b>51:26</b>	<b>(+7:41)</b>		
2:04 (22)	8:42 (10)	11:16 (10)	14:50 (12)	26:22 (9)	27:42 (8)	39:39 (15)	42:51 (11)	43:48 (11)	45:35 (11)	
2:04/148	6:38/73	2:34/32	3:34/74	11:32/45	1:20/46	11:57/116	3:12/82	0:57/36	1:47/48	
+0:30 (22)	+0:46 (9)	+1:42 (12)	+1:00 (14)	+5:49 (10)	+0:25 (17)	+10:33 (22)	+0:35 (9)	+0:06 (9)	+0:49 (21)	
47:45 (8)	49:54 (7)	50:57 (6)	51:26 (6)	51:26 (6)						
2:10/39	2:09/49	1:03/125	0:29/249							
+0:46 (4)	+0:05 (6)	+0:10 (8)	+0:06 (19)	+0:00 (1)						
<b>7</b>	<b>Geir Nilsen</b>		<b>Ringerike o-lag</b>		<b>(8.67min/km)</b>		<b>51:34</b>	<b>(+7:49)</b>		
1:47 (5)	8:48 (12)	11:18 (11)	14:24 (8)	25:31 (6)	27:18 (6)	37:52 (8)	42:16 (8)	43:13 (8)	45:24 (10)	
1:47/148	7:01/73	2:30/32	3:06/74	11:07/45	1:47/46	10:34/116	4:24/82	0:57/36	2:11/48	
+0:13 (5)	+1:09 (17)	+1:38 (9)	+0:32 (7)	+5:24 (6)	+0:52 (30)	+9:10 (13)	+1:47 (21)	+0:06 (9)	+1:13 (31)	
47:44 (7)	50:02 (8)	51:07 (8)	51:34 (8)	51:34 (8)						
2:20/39	2:18/49	1:05/97	0:27/249							
+0:56 (5)	+0:14 (14)	+0:12 (13)	+0:04 (10)	+0:00 (1)						
<b>7</b>	<b>Gjermund Gravir</b>		<b>Asker SK</b>		<b>(8.67min/km)</b>		<b>51:34</b>	<b>(+7:49)</b>		
1:52 (10)	8:58 (16)	11:41 (15)	15:15 (16)	27:20 (15)	28:34 (14)	39:01 (11)	41:59 (7)	42:50 (7)	44:31 (6)	
1:52/148	7:06/73	2:43/32	3:34/74	12:05/45	1:14/46	10:27/116	2:58/82	0:51/36	1:41/48	
+0:18 (10)	+1:14 (18)	+1:51 (15)	+1:00 (14)	+6:22 (12)	+0:19 (11)	+9:03 (12)	+0:21 (4)	+0:00 (1)	+0:43 (17)	
47:07 (4)	49:45 (6)	51:03 (7)	51:34 (7)	51:34 (7)						
2:36/39	2:38/49	1:18/97	0:31/249							
+1:12 (13)	+0:34 (20)	+0:25 (25)	+0:08 (22)	+0:00 (1)						
<b>9</b>	<b>Severi Eerola</b>		<b>Tampereen Pyrintö</b>		<b>(8.79min/km)</b>		<b>52:17</b>	<b>(+8:32)</b>		
2:03 (20)	8:53 (15)	11:38 (13)	15:01 (14)	26:18 (8)	27:49 (9)	39:19 (13)	42:24 (10)	43:23 (10)	44:51 (8)	
2:03/148	6:50/73	2:45/32	3:23/74	11:17/45	1:31/46	11:30/116	3:05/82	0:59/36	1:28/48	
+0:29 (20)	+0:58 (12)	+1:53 (16)	+0:49 (12)	+5:34 (8)	+0:36 (26)	+10:06 (20)	+0:28 (7)	+0:08 (14)	+0:30 (8)	
48:24 (9)	50:40 (9)	51:48 (9)	52:17 (9)	52:17 (9)						
3:33/39	2:16/49	1:08/97	0:29/249							
+2:09 (25)	+0:12 (13)	+0:15 (17)	+0:06 (19)	+0:00 (1)						
<b>10</b>	<b>Jakob Haugen</b>		<b>Stjørdals-Blink Orientering</b>		<b>(8.81min/km)</b>		<b>52:26</b>	<b>(+8:41)</b>		
1:42 (2)	8:06 (5)	11:06 (8)	14:43 (11)	27:24 (16)	28:52 (16)	39:26 (14)	43:27 (12)	44:21 (12)	46:19 (12)	
1:42/148	6:24/73	3:00/32	3:37/74	12:41/45	1:28/46	10:34/116	4:01/82	0:54/36	1:58/48	
+0:08 (2)	+0:32 (7)	+2:08 (21)	+1:03 (16)	+6:58 (16)	+0:33 (23)	+9:10 (13)	+1:24 (18)	+0:03 (4)	+1:00 (27)	
48:53 (11)	51:03 (10)	52:03 (10)	52:26 (10)	52:26 (10)						
2:34/39	2:10/49	1:00/97	0:23/249							
+1:10 (11)	+0:06 (7)	+0:07 (3)	+0:00 (1)	+0:00 (1)						

<b>11</b>	<b>Børge Harvey</b>		<b>BUL Tromsø</b>		<b>(8.94min/km)</b>		<b>53:13</b>	<b>(+9:28)</b>	
1:56 (14)	8:02 (4)	10:24 (6)	13:40 (5)	24:46 (3)	26:16 (2)	41:15 (18)	44:16 (15)	45:18 (14)	46:56 (14)
1:56/148	6:06/73	2:22/32	3:16/74	11:06/45	1:30/46	14:59/116	3:01/82	1:02/36	1:38/48
+0:22 (14)	+0:14 (4)	+1:30 (5)	+0:42 (9)	+5:23 (4)	+0:35 (25)	+13:35 (29)	+0:24 (5)	+0:11 (20)	+0:40 (13)
49:34 (12)	51:46 (11)	52:47 (11)	53:13 (11)	53:13 (11)					
2:38/39	2:12/49	1:01/97	0:26/249						
+1:14 (14)	+0:08 (10)	+0:08 (4)	+0:03 (6)	+0:00 (1)					
<b>12</b>	<b>Roy Solbakk</b>		<b>Valnesfjord IL</b>		<b>(9.07min/km)</b>		<b>53:58</b>	<b>(+10:13)</b>	
2:08 (23)	8:50 (13)	11:40 (14)	14:58 (13)	27:01 (12)	28:18 (12)	39:14 (12)	44:53 (16)	45:53 (15)	47:34 (15)
2:08/148	6:42/73	2:50/32	3:18/74	12:03/45	1:17/46	10:56/116	5:39/82	1:00/36	1:41/48
+0:34 (23)	+0:50 (10)	+1:58 (19)	+0:44 (11)	+6:20 (11)	+0:22 (16)	+9:32 (15)	+3:02 (29)	+0:09 (18)	+0:43 (17)
50:20 (15)	52:40 (13)	53:33 (12)	53:58 (12)	53:58 (12)					
2:46/39	2:20/49	0:53/97	0:25/249						
+1:22 (18)	+0:16 (15)	+0:00 (1)	+0:02 (4)	+0:00 (1)					
<b>13</b>	<b>Arnt Ove Femsteinevik</b>		<b>Strand Ulv IL</b>		<b>(9.10min/km)</b>		<b>54:09</b>	<b>(+10:24)</b>	
1:59 (16)	9:15 (21)	11:48 (17)	14:33 (10)	27:28 (17)	28:42 (15)	38:00 (9)	43:59 (13)	45:05 (13)	46:45 (13)
1:59/148	7:16/73	2:33/32	2:45/74	12:55/45	1:14/46	9:18/116	5:59/82	1:06/36	1:40/48
+0:25 (16)	+1:24 (20)	+1:41 (11)	+0:11 (2)	+7:12 (18)	+0:19 (11)	+7:54 (5)	+3:22 (30)	+0:15 (25)	+0:42 (15)
49:56 (13)	52:35 (12)	53:42 (13)	54:09 (13)	54:09 (13)					
3:11/39	2:39/49	1:07/97	0:27/249						
+1:47 (21)	+0:35 (21)	+0:14 (14)	+0:04 (10)	+0:00 (1)					
<b>14</b>	<b>Rob Hart</b>		<b>Linné, OK</b>		<b>(9.14min/km)</b>		<b>54:24</b>	<b>(+10:39)</b>	
1:55 (13)	8:39 (9)	11:06 (9)	14:14 (7)	25:13 (4)	26:52 (4)	37:15 (5)	41:26 (5)	42:25 (5)	45:11 (9)
1:55/148	6:44/73	2:27/32	3:08/74	10:59/45	1:39/46	10:23/116	4:11/82	0:59/36	2:46/48
+0:21 (13)	+0:52 (11)	+1:35 (8)	+0:34 (8)	+5:16 (3)	+0:44 (28)	+8:59 (11)	+1:34 (20)	+0:08 (14)	+1:48 (32)
50:35 (16)	52:47 (14)	53:56 (14)	54:24 (14)	54:24 (14)					
5:24/39	2:12/49	1:09/97	0:28/249						
+4:00 (30)	+0:08 (10)	+0:16 (20)	+0:05 (16)	+0:00 (1)					
<b>15</b>	<b>Janne Syrjäläinen</b>		<b>Navi</b>		<b>(9.25min/km)</b>		<b>55:02</b>	<b>(+11:17)</b>	
2:00 (17)	10:27 (28)	14:08 (29)	17:24 (27)	31:15 (26)	32:42 (26)	42:41 (21)	46:01 (18)	47:01 (17)	48:23 (17)
2:00/148	8:27/73	3:41/32	3:16/74	13:51/45	1:27/46	9:59/116	3:20/82	1:00/36	1:22/48
+0:26 (17)	+2:35 (29)	+2:49 (31)	+0:42 (9)	+8:08 (25)	+0:32 (21)	+8:35 (7)	+0:43 (12)	+0:09 (18)	+0:24 (4)
50:46 (17)	53:31 (16)	54:35 (15)	55:02 (15)	55:02 (15)					
2:23/39	2:45/49	1:04/97	0:27/249						
+0:59 (6)	+0:41 (24)	+0:11 (12)	+0:04 (10)	+0:00 (1)					
<b>16</b>	<b>Frank Vidar Hansen</b>		<b>Sørreisa OL</b>		<b>(9.35min/km)</b>		<b>55:39</b>	<b>(+11:54)</b>	
2:09 (25)	10:02 (25)	13:03 (26)	16:44 (24)	30:18 (23)	31:39 (22)	43:01 (23)	46:54 (22)	47:51 (21)	49:48 (22)
2:09/148	7:53/73	3:01/32	3:41/74	13:34/45	1:21/46	11:22/116	3:53/82	0:57/36	1:57/48
+0:35 (25)	+2:01 (26)	+2:09 (22)	+1:07 (17)	+7:51 (24)	+0:26 (18)	+9:58 (17)	+1:16 (17)	+0:06 (9)	+0:59 (26)
51:54 (18)	54:04 (17)	55:11 (16)	55:39 (16)	55:39 (16)					
2:06/39	2:10/49	1:07/97	0:28/249						
+0:42 (2)	+0:06 (7)	+0:14 (14)	+0:05 (16)	+0:00 (1)					
<b>17</b>	<b>Magnus Bergman</b>		<b>Kåre, OK</b>		<b>(9.40min/km)</b>		<b>55:55</b>	<b>(+12:10)</b>	
1:49 (7)	8:06 (5)	10:32 (7)	13:32 (4)	26:37 (10)	27:42 (7)	41:20 (19)	46:15 (20)	47:09 (18)	48:34 (18)
1:49/148	6:17/73	2:26/32	3:00/74	13:05/45	1:05/46	13:38/116	4:55/82	0:54/36	1:25/48
+0:15 (7)	+0:25 (5)	+1:34 (7)	+0:26 (5)	+7:22 (21)	+0:10 (3)	+12:14 (25)	+2:18 (27)	+0:03 (4)	+0:27 (6)
52:02 (19)	54:14 (18)	55:27 (18)	55:55 (17)	55:55 (17)					
3:28/39	2:12/49	1:13/125	0:28/249						
+2:04 (23)	+0:08 (10)	+0:20 (22)	+0:05 (16)	+0:00 (1)					
<b>18</b>	<b>Torstein Svendsen</b>		<b>Harstad OL</b>		<b>(9.50min/km)</b>		<b>56:32</b>	<b>(+12:47)</b>	
1:52 (10)	7:46 (3)	10:17 (5)	14:27 (9)	25:56 (7)	27:01 (5)	37:05 (3)	40:14 (3)	41:39 (4)	43:17 (4)
1:52/148	5:54/73	2:31/32	4:10/74	11:29/45	1:05/46	10:04/116	3:09/82	1:25/36	1:38/48
+0:18 (10)	+0:02 (2)	+1:39 (10)	+1:36 (27)	+5:46 (9)	+0:10 (3)	+8:40 (8)	+0:32 (8)	+0:34 (29)	+0:40 (13)
48:47 (10)	55:04 (20)	56:06 (19)	56:32 (19)	56:32 (18)					
5:30/39	6:17/49	1:02/97	0:26/249						
+4:06 (31)	+4:13 (33)	+0:09 (6)	+0:03 (6)	+0:00 (1)					
<b>19</b>	<b>Jukka Kujanpää</b>		<b>Kangasala SK</b>		<b>(9.54min/km)</b>		<b>56:44</b>	<b>(+12:59)</b>	
2:08 (23)	9:03 (17)	11:45 (16)	18:35 (29)	30:47 (25)	32:00 (25)	43:08 (24)	46:41 (21)	47:40 (20)	49:24 (21)
2:08/148	6:55/73	2:42/32	6:50/74	12:12/45	1:13/46	11:08/116	3:33/82	0:59/36	1:44/48
+0:34 (23)	+1:03 (15)	+1:50 (14)	+4:16 (33)	+6:29 (14)	+0:18 (9)	+9:44 (16)	+0:56 (14)	+0:08 (14)	+0:46 (20)

52:03 (20)	54:50 (19)	56:10 (20)	56:44 (20)	56:44 (19)						
2:39/39	2:47/49	1:20/97	0:34/249							
+1:15 (15)	+0:43 (25)	+0:27 (26)	+0:11 (26)	+0:00 (1)						
<b>20 Kilian Imhof</b>			<b>Regio Wil, OL</b>		<b>(9.56min/km)</b>		<b>56:53</b>	<b>(+13:08)</b>		
1:53 (12)	8:46 (11)	9:38 (1)	12:40 (2)	18:23 (1)	31:57 (24)	33:21 (2)	44:09 (14)	47:57 (22)	48:55 (19)	
1:53/148	6:53/54	0:52/73	3:02/32	5:43/74	13:34/45	1:24/46	10:48/116	3:48/82	0:58/36	
+0:19 (12)	+1:01 (14)	+0:00 (1)	+0:28 (6)	+0:00 (1)	+12:39 (33)	+0:00 (1)	+8:11 (33)	+2:57 (32)	+0:00 (1)	
50:19 (14)	53:02 (15)	55:26 (17)	56:29 (18)	56:53 (20)						
1:24/48	2:43/39	2:24/49	1:03/125	0:24/249						
+0:00 (1)	+0:39 (22)	+1:31 (32)	+0:40 (32)	+0:00 (1)						
<b>21 Fred Arne Jacobsen</b>			<b>Bardu IL</b>		<b>(9.57min/km)</b>		<b>56:55</b>	<b>(+13:10)</b>		
2:30 (31)	10:12 (27)	12:48 (24)	17:41 (28)	29:52 (22)	30:47 (18)	41:08 (17)	47:24 (24)	48:15 (24)	49:57 (24)	
2:30/148	7:42/73	2:36/32	4:53/74	12:11/45	0:55/46	10:21/116	6:16/82	0:51/36	1:42/48	
+0:56 (31)	+1:50 (24)	+1:44 (13)	+2:19 (30)	+6:28 (13)	+0:00 (1)	+8:57 (10)	+3:39 (31)	+0:00 (1)	+0:44 (19)	
53:01 (23)	55:34 (22)	56:28 (22)	56:55 (21)	56:55 (21)						
3:04/39	2:33/49	0:54/97	0:27/249							
+1:40 (20)	+0:29 (19)	+0:01 (2)	+0:04 (10)	+0:00 (1)						
<b>22 Bård Øyvind Solberg</b>			<b>Stjørdals-Blink Orientering</b>		<b>(9.58min/km)</b>		<b>56:59</b>	<b>(+13:14)</b>		
2:03 (20)	9:10 (19)	12:33 (22)	16:38 (22)	29:37 (20)	31:06 (20)	42:28 (20)	47:11 (23)	48:14 (23)	49:48 (23)	
2:03/148	7:07/73	3:23/32	4:05/74	12:59/45	1:29/46	11:22/116	4:43/82	1:03/36	1:34/48	
+0:29 (20)	+1:15 (19)	+2:31 (29)	+1:31 (25)	+7:16 (19)	+0:34 (24)	+9:58 (17)	+2:06 (24)	+0:12 (22)	+0:36 (12)	
52:17 (21)	55:06 (21)	56:27 (21)	56:59 (22)	56:59 (22)						
2:29/39	2:49/49	1:21/97	0:32/249							
+1:05 (8)	+0:45 (27)	+0:28 (28)	+0:09 (24)	+0:00 (1)						
<b>23 Anders Lindholm</b>			<b>Kiruna, IFK</b>		<b>(9.66min/km)</b>		<b>57:30</b>	<b>(+13:45)</b>		
2:15 (27)	9:57 (24)	13:13 (27)	17:14 (25)	30:29 (24)	31:45 (23)	43:47 (25)	47:34 (25)	49:11 (25)	50:39 (25)	
2:15/148	7:42/73	3:16/32	4:01/74	13:15/45	1:16/46	12:02/116	3:47/82	1:37/36	1:28/48	
+0:41 (27)	+1:50 (24)	+2:24 (26)	+1:27 (23)	+7:32 (22)	+0:21 (14)	+10:38 (23)	+1:10 (16)	+0:46 (31)	+0:30 (8)	
53:10 (24)	55:54 (24)	57:01 (24)	57:30 (23)	57:30 (23)						
2:31/39	2:44/49	1:07/125	0:29/249							
+1:07 (10)	+0:40 (23)	+0:14 (14)	+0:06 (19)	+0:00 (1)						
<b>24 Ole Morten Wie</b>			<b>Mo OK</b>		<b>(9.69min/km)</b>		<b>57:39</b>	<b>(+13:54)</b>		
2:13 (26)	9:10 (18)	12:15 (20)	16:16 (21)	29:40 (21)	31:07 (21)	42:50 (22)	46:04 (19)	47:12 (19)	49:04 (20)	
2:13/148	6:57/73	3:05/32	4:01/74	13:24/45	1:27/46	11:43/116	3:14/82	1:08/36	1:52/48	
+0:39 (26)	+1:05 (16)	+2:13 (24)	+1:27 (23)	+7:41 (23)	+0:32 (21)	+10:19 (21)	+0:37 (10)	+0:17 (26)	+0:54 (23)	
52:47 (22)	55:35 (23)	57:01 (23)	57:39 (24)	57:39 (24)						
3:43/39	2:48/49	1:26/125	0:38/249							
+2:19 (26)	+0:44 (26)	+0:33 (29)	+0:15 (29)	+0:00 (1)						
<b>25 Panu Hyvönen</b>			<b>Pohjantähti, SK</b>		<b>(10.10min/km)</b>		<b>1:00:06</b>	<b>(+16:21)</b>		
2:00 (17)	9:23 (22)	12:42 (23)	16:13 (20)	29:17 (18)	30:39 (17)	47:11 (26)	50:54 (27)	51:57 (27)	53:28 (27)	
2:00/148	7:23/73	3:19/32	3:31/74	13:04/45	1:22/46	16:32/116	3:43/82	1:03/36	1:31/48	
+0:26 (17)	+1:31 (23)	+2:27 (27)	+0:57 (13)	+7:21 (20)	+0:27 (20)	+15:08 (30)	+1:06 (15)	+0:12 (22)	+0:33 (11)	
55:53 (25)	58:14 (25)	59:28 (25)	1:00:06 (25)	1:00:06 (25)						
2:25/39	2:21/49	1:14/125	0:38/249							
+1:01 (7)	+0:17 (16)	+0:21 (23)	+0:15 (29)	+0:00 (1)						
<b>26 Heikki Grekelä</b>			<b>Pohjantähti, SK</b>		<b>(10.13min/km)</b>		<b>1:00:18</b>	<b>(+16:33)</b>		
1:50 (9)	8:21 (8)	11:25 (12)	15:10 (15)	32:25 (27)	33:33 (27)	47:17 (27)	50:36 (26)	51:32 (26)	52:56 (26)	
1:50/148	6:31/73	3:04/32	3:45/74	17:15/45	1:08/46	13:44/116	3:19/82	0:56/36	1:24/48	
+0:16 (9)	+0:39 (8)	+2:12 (23)	+1:11 (19)	+11:32 (28)	+0:13 (6)	+12:20 (26)	+0:42 (11)	+0:05 (8)	+0:26 (5)	
56:28 (27)	58:39 (26)	59:47 (26)	1:00:18 (26)	1:00:18 (26)						
3:32/39	2:11/49	1:08/97	0:31/249							
+2:08 (24)	+0:07 (9)	+0:15 (17)	+0:08 (22)	+0:00 (1)						
<b>27 Trond Sletner</b>			<b>Byåsen IL</b>		<b>(10.19min/km)</b>		<b>1:00:39</b>	<b>(+16:54)</b>		
1:48 (6)	9:10 (19)	11:57 (18)	15:42 (17)	29:35 (19)	30:51 (19)	41:02 (16)	45:39 (17)	46:41 (16)	48:21 (16)	
1:48/148	7:22/73	2:47/32	3:45/74	13:53/45	1:16/46	10:11/116	4:37/82	1:02/36	1:40/48	
+0:14 (6)	+1:30 (22)	+1:55 (17)	+1:11 (19)	+8:10 (26)	+0:21 (14)	+8:47 (9)	+2:00 (22)	+0:11 (20)	+0:42 (15)	
55:55 (26)	58:57 (27)	1:00:12 (27)	1:00:39 (27)	1:00:39 (27)						
7:34/39	3:02/49	1:15/125	0:27/249							
+6:10 (33)	+0:58 (29)	+0:22 (24)	+0:04 (10)	+0:00 (1)						

<b>28 Bjørn Axel Gran</b>	<b>Halden SK</b>					<b>(10.46min/km)</b>	<b>1:02:16 (+18:31)</b>			
1:58 (15)	10:09 (26)	13:00 (25)	16:43 (23)	34:38 (28)	35:50 (28)	48:53 (28)	52:55 (28)	53:52 (28)	55:56 (28)	
1:58/148	8:11/73	2:51/32	3:43/74	17:55/45	1:12/46	13:03/116	4:02/82	0:57/36	2:04/48	
+0:24 (15)	+2:19 (27)	+1:59 (20)	+1:09 (18)	+12:12 (30)	+0:17 (7)	+11:39 (24)	+1:25 (19)	+0:06 (9)	+1:06 (28)	
58:03 (28)	1:00:28 (28)	1:01:40 (28)	1:02:16 (28)	1:02:16 (28)						
2:07/39	2:25/49	1:12/125	0:36/249							
+0:43 (3)	+0:21 (18)	+0:19 (21)	+0:13 (27)	+0:00 (1)						
<b>29 Matti Huttunen</b>	<b>Pihkaniskat</b>					<b>(10.64min/km)</b>	<b>1:03:18 (+19:33)</b>			
2:22 (30)	9:42 (23)	12:30 (21)	17:14 (25)	35:19 (29)	36:21 (29)	51:17 (29)	54:09 (29)	55:08 (29)	56:56 (29)	
2:22/148	7:20/73	2:48/32	4:44/74	18:05/45	1:02/46	14:56/116	2:52/82	0:59/36	1:48/48	
+0:48 (30)	+1:28 (21)	+1:56 (18)	+2:10 (29)	+12:22 (32)	+0:07 (2)	+13:32 (28)	+0:15 (2)	+0:08 (14)	+0:50 (22)	
59:25 (29)	1:01:49 (29)	1:02:51 (29)	1:03:18 (29)	1:03:18 (29)						
2:29/39	2:24/49	1:02/97	0:27/249							
+1:05 (8)	+0:20 (17)	+0:09 (6)	+0:04 (10)	+0:00 (1)						
<b>30 Jan Åhlund</b>	<b>Nolaskogsarna, OK - Sverige</b>					<b>(12.02min/km)</b>	<b>1:11:31 (+27:46)</b>			
2:15 (27)	10:30 (29)	14:19 (30)	20:25 (31)	35:33 (30)	37:17 (30)	55:44 (30)	1:00:23 (30)	1:01:38 (30)	1:03:31 (30)	
2:15/148	8:15/73	3:49/32	6:06/74	15:08/45	1:44/46	18:27/116	4:39/82	1:15/36	1:53/48	
+0:41 (27)	+2:23 (28)	+2:57 (32)	+3:32 (32)	+9:25 (27)	+0:49 (29)	+17:03 (32)	+2:02 (23)	+0:24 (28)	+0:55 (24)	
1:06:05 (30)	1:09:35 (30)	1:10:55 (30)	1:11:31 (30)	1:11:31 (30)						
2:34/39	3:30/49	1:20/97	0:36/249							
+1:10 (11)	+1:26 (30)	+0:27 (26)	+0:13 (27)	+0:00 (1)						
<b>31 Henrik Albahn</b>	<b>Tisvilde Hegn OK</b>					<b>(13.94min/km)</b>	<b>1:22:58 (+39:13)</b>			
2:18 (29)	11:43 (31)	14:51 (31)	19:00 (30)	36:15 (31)	38:18 (31)	1:00:23 (31)	1:09:23 (32)	1:10:28 (32)	1:12:34 (32)	
2:18/148	9:25/73	3:08/32	4:09/74	17:15/45	2:03/46	22:05/116	9:00/82	1:05/36	2:06/48	
+0:44 (29)	+3:33 (31)	+2:16 (25)	+1:35 (26)	+11:32 (28)	+1:08 (32)	+20:41 (33)	+6:23 (32)	+0:14 (24)	+1:08 (30)	
1:16:51 (32)	1:20:52 (31)	1:22:25 (31)	1:22:58 (31)	1:22:58 (31)						
4:17/39	4:01/49	1:33/125	0:33/249							
+2:53 (29)	+1:57 (31)	+0:40 (30)	+0:10 (25)	+0:00 (1)						
<b>32 Nils Olsson</b>	<b>Stora Tuna OK</b>					<b>(14.22min/km)</b>	<b>1:24:38 (+40:53)</b>			
4:03 (32)	16:57 (32)	21:25 (32)	26:38 (32)	46:45 (33)	48:35 (33)	1:03:07 (32)	1:07:57 (31)	1:09:30 (31)	1:12:26 (31)	
4:03/148	12:54/73	4:28/32	5:13/74	20:07/45	1:50/46	14:32/116	4:50/82	1:33/36	2:56/48	
+2:29 (32)	+7:02 (33)	+3:36 (33)	+2:39 (31)	+14:24 (33)	+0:55 (31)	+13:08 (27)	+2:13 (26)	+0:42 (30)	+1:58 (33)	
1:16:28 (31)	1:21:05 (32)	1:23:33 (32)	1:24:38 (32)	1:24:38 (32)						
4:02/39	4:37/49	2:28/97	1:05/249							
+2:38 (27)	+2:33 (32)	+1:35 (33)	+0:42 (33)	+0:00 (1)						
<b>33 Kåre Sørensen</b>	<b>Sorø, OK</b>					<b>(15.11min/km)</b>	<b>1:29:54 (+46:09)</b>			
9:14 (33)	20:24 (33)	23:54 (33)	28:19 (33)	46:16 (32)	47:37 (32)	1:05:11 (33)	1:10:12 (33)	1:15:27 (33)	1:17:22 (33)	
9:14/148	11:10/73	3:30/32	4:25/74	17:57/45	1:21/46	17:34/116	5:01/82	5:15/36	1:55/48	
+7:40 (33)	+5:18 (32)	+2:38 (30)	+1:51 (28)	+12:14 (31)	+0:26 (18)	+16:10 (31)	+2:24 (28)	+4:24 (33)	+0:57 (25)	
1:24:37 (33)	1:27:37 (33)	1:29:16 (33)	1:29:54 (33)	1:29:54 (33)						
7:15/39	3:00/49	1:39/97	0:38/249							
+5:51 (32)	+0:56 (28)	+0:46 (31)	+0:15 (29)	+0:00 (1)						

## Klasse D45- 4.3 km

17 påmeldt, 17 startende 1 premiert

<b>1 Anne Jahren</b>	<b>Nydalen SK</b>					<b>(11.41min/km)</b>	<b>49:24</b>			
10:21 (1)	12:44 (1)	16:54 (1)	24:03 (1)	25:20 (1)	36:24 (1)	39:41 (1)	41:10 (1)	47:33 (1)	48:55 (1)	
10:21/31	2:23/32	4:10/33	7:09/77	1:17/51	11:04/47	3:17/37	1:29/39	6:23/49	1:22/97	
+0:00 (1)	+0:21 (3)	+0:00 (1)	+0:01 (2)	+0:00 (1)	+0:00 (1)	+0:14 (5)	+0:20 (7)	+3:49 (16)	+0:02 (3)	
49:24 (1)										
0:29/249										
+0:00 (1)										
<b>2 Grethe K. Løvald</b>	<b>Asker SK</b>					<b>(11.53min/km)</b>	<b>49:56 (+0:32)</b>			
11:27 (3)	13:46 (2)	18:12 (2)	25:27 (2)	26:48 (2)	39:26 (2)	43:47 (2)	45:12 (2)	48:00 (2)	49:23 (2)	
11:27/31	2:19/32	4:26/33	7:15/77	1:21/51	12:38/47	4:21/37	1:25/39	2:48/49	1:23/97	
+1:06 (3)	+0:17 (2)	+0:16 (2)	+0:07 (5)	+0:04 (3)	+1:34 (4)	+1:18 (14)	+0:16 (6)	+0:14 (3)	+0:03 (4)	
49:56 (2)										
0:33/249										
+0:04 (9)										

<b>3</b>	<b>Ann Katrin Olsen</b>		<b>Asker SK</b>				<b>(12.21min/km)</b>	<b>52:51</b>	<b>(+3:27)</b>	
	15:47 (12)	17:49 (10)	22:37 (7)	30:00 (8)	31:27 (8)	43:16 (3)	46:44 (3)	48:18 (4)	50:57 (3)	52:18 (3)
	15:47/31	2:02/32	4:48/33	7:23/77	1:27/51	11:49/47	3:28/37	1:34/39	2:39/49	1:21/97
	+5:26 (12)	+0:00 (1)	+0:38 (3)	+0:15 (6)	+0:10 (5)	+0:45 (2)	+0:25 (7)	+0:25 (9)	+0:05 (2)	+0:01 (2)
	52:51 (3)									
	0:33/249									
	+0:04 (9)									
<b>4</b>	<b>Elisabeth Sæthre</b>		<b>Freidig</b>				<b>(12.29min/km)</b>	<b>53:13</b>	<b>(+3:49)</b>	
	14:57 (10)	17:47 (9)	22:37 (7)	29:45 (7)	31:10 (7)	43:25 (4)	46:53 (4)	48:02 (3)	51:17 (4)	52:41 (4)
	14:57/31	2:50/32	4:50/33	7:08/77	1:25/51	12:15/47	3:28/37	1:09/39	3:15/49	1:24/125
	+4:36 (10)	+0:48 (9)	+0:40 (4)	+0:00 (1)	+0:08 (4)	+1:11 (3)	+0:25 (7)	+0:00 (1)	+0:41 (5)	+0:04 (6)
	53:13 (4)									
	0:32/249									
	+0:03 (4)									
<b>5</b>	<b>Kristin Dale Selvig</b>		<b>Nydalen SK</b>				<b>(12.32min/km)</b>	<b>53:20</b>	<b>(+3:56)</b>	
	13:15 (7)	15:45 (7)	21:45 (6)	28:59 (5)	30:26 (5)	44:17 (6)	47:20 (5)	48:51 (5)	51:25 (5)	52:48 (5)
	13:15/31	2:30/32	6:00/33	7:14/77	1:27/51	13:51/47	3:03/37	1:31/39	2:34/49	1:23/125
	+2:54 (7)	+0:28 (5)	+1:50 (7)	+0:06 (4)	+0:10 (5)	+2:47 (5)	+0:00 (1)	+0:22 (8)	+0:00 (1)	+0:03 (4)
	53:20 (5)									
	0:32/249									
	+0:03 (4)									
<b>6</b>	<b>Kari Lofthus</b>		<b>BUL Tromsø</b>				<b>(12.52min/km)</b>	<b>54:12</b>	<b>(+4:48)</b>	
	12:11 (6)	14:52 (4)	19:54 (3)	28:25 (4)	29:45 (4)	43:46 (5)	47:47 (6)	48:57 (6)	52:14 (6)	53:40 (6)
	12:11/31	2:41/32	5:02/33	8:31/77	1:20/51	14:01/47	4:01/37	1:10/39	3:17/49	1:26/97
	+1:50 (6)	+0:39 (8)	+0:52 (5)	+1:23 (10)	+0:03 (2)	+2:57 (6)	+0:58 (11)	+0:01 (3)	+0:43 (6)	+0:06 (9)
	54:12 (6)									
	0:32/249									
	+0:03 (4)									
<b>7</b>	<b>Iren Skyllbekk</b>		<b>Løten OL</b>				<b>(13.45min/km)</b>	<b>58:14</b>	<b>(+8:50)</b>	
	10:28 (2)	14:23 (3)	20:54 (4)	28:06 (3)	29:35 (3)	47:44 (7)	50:50 (7)	51:59 (7)	56:22 (7)	57:42 (7)
	10:28/31	3:55/32	6:31/33	7:12/77	1:29/51	18:09/47	3:06/37	1:09/39	4:23/49	1:20/125
	+0:07 (2)	+1:53 (15)	+2:21 (10)	+0:04 (3)	+0:12 (7)	+7:05 (12)	+0:03 (3)	+0:00 (1)	+1:49 (12)	+0:00 (1)
	58:14 (7)									
	0:32/249									
	+0:03 (4)									
<b>8</b>	<b>Sari Jetsonen</b>		<b>Kuopion Suunnistajat</b>				<b>(14.20min/km)</b>	<b>1:01:29</b>	<b>(+12:05)</b>	
	11:46 (4)	15:04 (6)	24:59 (10)	32:58 (10)	34:29 (10)	51:28 (9)	54:33 (9)	55:50 (9)	59:27 (8)	1:00:55 (8)
	11:46/31	3:18/32	9:55/33	7:59/77	1:31/51	16:59/47	3:05/37	1:17/39	3:37/49	1:28/125
	+1:25 (4)	+1:16 (11)	+5:45 (14)	+0:51 (7)	+0:14 (8)	+5:55 (9)	+0:02 (2)	+0:08 (4)	+1:03 (9)	+0:08 (10)
	1:01:29 (8)									
	0:34/249									
	+0:05 (12)									
<b>9</b>	<b>Margrete Engzelius</b>		<b>Asker SK</b>				<b>(14.34min/km)</b>	<b>1:02:05</b>	<b>(+12:41)</b>	
	13:32 (8)	16:06 (8)	21:20 (5)	29:24 (6)	30:57 (6)	48:38 (8)	52:04 (8)	53:39 (8)	59:58 (9)	1:01:28 (9)
	13:32/31	2:34/32	5:14/33	8:04/77	1:33/51	17:41/47	3:26/37	1:35/39	6:19/49	1:30/97
	+3:11 (8)	+0:32 (6)	+1:04 (6)	+0:56 (8)	+0:16 (9)	+6:37 (11)	+0:23 (6)	+0:26 (10)	+3:45 (15)	+0:10 (11)
	1:02:05 (9)									
	0:37/249									
	+0:08 (13)									
<b>10</b>	<b>Maritta Nurmi</b>		<b>Vaasan Suunnistajat</b>				<b>(14.73min/km)</b>	<b>1:03:46</b>	<b>(+14:22)</b>	
	11:54 (5)	14:52 (4)	27:55 (14)	36:11 (12)	37:44 (12)	53:23 (10)	56:37 (10)	58:13 (10)	1:01:44 (10)	1:03:16 (10)
	11:54/31	2:58/32	13:03/33	8:16/77	1:33/51	15:39/47	3:14/37	1:36/39	3:31/49	1:32/97
	+1:33 (5)	+0:56 (10)	+8:53 (16)	+1:08 (9)	+0:16 (9)	+4:35 (7)	+0:11 (4)	+0:27 (11)	+0:57 (8)	+0:12 (12)
	1:03:46 (10)									
	0:30/249									
	+0:01 (3)									
<b>11</b>	<b>Solfrid Randi Eidnes</b>		<b>Harstad OL</b>				<b>(15.75min/km)</b>	<b>1:08:13</b>	<b>(+18:49)</b>	
	15:47 (12)	18:27 (12)	27:29 (13)	36:47 (13)	38:20 (13)	57:32 (11)	1:01:35 (13)	1:02:54 (12)	1:06:16 (12)	1:07:40 (11)
	15:47/31	2:40/32	9:02/33	9:18/77	1:33/51	19:12/47	4:03/37	1:19/39	3:22/49	1:24/125
	+5:26 (12)	+0:38 (7)	+4:52 (13)	+2:10 (13)	+0:16 (9)	+8:08 (14)	+1:00 (13)	+0:10 (5)	+0:48 (7)	+0:04 (6)

1:08:13 (11)

0:33/249

+0:04 (9)

12 Eija Sulavuori Turun Metsänkävijät (15.79min/km) 1:08:23 (+18:59)

15:40 (11)	18:09 (11)	24:09 (9)	32:43 (9)	34:27 (9)	57:39 (12)	1:01:17 (11)	1:02:54 (11)	1:06:03 (11)	1:07:54 (12)
15:40/31	2:29/32	6:00/33	8:34/77	1:44/51	23:12/47	3:38/37	1:37/39	3:09/49	1:51/125
+5:19 (11)	+0:27 (4)	+1:50 (7)	+1:26 (11)	+0:27 (13)	+12:08 (16)	+0:35 (10)	+0:28 (12)	+0:35 (4)	+0:31 (14)

1:08:23 (12)

0:29/249

+0:00 (1)

13 Annika Hogedal Göteborg Majorna OK (16.36min/km) 1:10:51 (+21:27)

15:49 (14)	19:09 (13)	25:38 (11)	35:49 (11)	37:42 (11)	57:49 (13)	1:01:23 (12)	1:03:15 (13)	1:07:51 (13)	1:09:56 (13)
15:49/31	3:20/32	6:29/33	10:11/77	1:53/51	20:07/47	3:34/37	1:52/39	4:36/49	2:05/97
+5:28 (14)	+1:18 (12)	+2:19 (9)	+3:03 (14)	+0:36 (14)	+9:03 (15)	+0:31 (9)	+0:43 (14)	+2:02 (14)	+0:45 (16)

1:10:51 (13)

0:55/249

+0:26 (17)

14 Kirsten Nymann Øst, OK - Danmark (16.46min/km) 1:11:17 (+21:53)

14:24 (9)	22:52 (16)	30:23 (15)	39:27 (15)	41:44 (15)	58:56 (14)	1:02:58 (14)	1:04:41 (14)	1:08:56 (14)	1:10:39 (14)
14:24/31	8:28/32	7:31/33	9:04/77	2:17/51	17:12/47	4:02/37	1:43/39	4:15/49	1:43/125
+4:03 (9)	+6:26 (17)	+3:21 (12)	+1:56 (12)	+1:00 (15)	+6:08 (10)	+0:59 (12)	+0:34 (13)	+1:41 (11)	+0:23 (13)

1:11:17 (14)

0:38/249

+0:09 (14)

15 Grete Olsen Bjerkvik IF (17.68min/km) 1:16:33 (+27:09)

16:34 (15)	20:15 (14)	27:12 (12)	38:50 (14)	41:38 (14)	59:47 (15)	1:06:35 (15)	1:09:28 (15)	1:13:56 (15)	1:15:55 (15)
16:34/31	3:41/32	6:57/33	11:38/77	2:48/51	18:09/47	6:48/37	2:53/39	4:28/49	1:59/125
+6:13 (15)	+1:39 (14)	+2:47 (11)	+4:30 (15)	+1:31 (16)	+7:05 (12)	+3:45 (16)	+1:44 (16)	+1:54 (13)	+0:39 (15)

1:16:33 (15)

0:38/249

+0:09 (14)

16 Birgitte Halland Øst, OK - Danmark (19.67min/km) 1:25:10 (+35:46)

16:56 (16)	20:19 (15)	32:42 (16)	52:25 (16)	54:02 (16)	1:10:42 (16)	1:16:35 (16)	1:19:00 (16)	1:23:14 (16)	1:24:38 (16)
16:56/31	3:23/32	12:23/33	19:43/77	1:37/51	16:40/47	5:53/37	2:25/39	4:14/49	1:24/125
+6:35 (16)	+1:21 (13)	+8:13 (15)	+12:35 (17)	+0:20 (12)	+5:36 (8)	+2:50 (15)	+1:16 (15)	+1:40 (10)	+0:04 (6)

1:25:10 (16)

0:32/249

+0:03 (4)

17 Ellen Bro Kolstør Stjørdals-Blink Orientering (28.91min/km) 2:05:10 (+1:15:46)

26:51 (17)	32:05 (17)	46:12 (17)	1:04:23 (17)	1:07:23 (17)	1:41:12 (17)	1:48:02 (17)	1:51:16 (17)	2:01:15 (17)	2:04:24 (17)
26:51/31	5:14/32	14:07/33	18:11/77	3:00/51	33:49/47	6:50/37	3:14/39	9:59/49	3:09/97
+16:30 (17)	+3:12 (16)	+9:57 (17)	+11:03 (16)	+1:43 (17)	+22:45 (17)	+3:47 (17)	+2:05 (17)	+7:25 (17)	+1:49 (17)

2:05:10 (17)

0:46/249

+0:17 (16)

## Klasse H45- 5.9 km

31 påmeldt, 31 startende 1 premiært

1 Jan Richard Eriksen Asker SK (7.55min/km) 44:57

1:45 (1)	7:40 (2)	10:08 (1)	13:08 (1)	23:15 (1)	24:21 (1)	34:03 (1)	36:43 (1)	37:31 (1)	38:54 (1)
1:45/148	5:55/73	2:28/32	3:00/74	10:07/45	1:06/46	9:42/116	2:40/82	0:48/36	1:23/48
+0:00 (1)	+0:17 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:06 (4)	+0:41 (2)	+0:00 (1)	+0:10 (2)	+0:19 (2)
41:20 (1)	43:24 (1)	44:30 (1)	44:57 (1)	44:57 (1)					
2:26/39	2:04/49	1:06/125	0:27/249						
+0:50 (7)	+0:00 (1)	+0:11 (6)	+0:04 (7)	+0:00 (1)					

2 Geir Staldvik Namsskogan IL (7.97min/km) 47:25 (+2:28)

2:02 (4)	8:30 (3)	11:02 (3)	14:45 (3)	25:41 (2)	26:51 (2)	35:52 (2)	38:40 (2)	39:47 (2)	41:12 (2)
2:02/148	6:28/73	2:32/32	3:43/74	10:56/45	1:10/46	9:01/116	2:48/82	1:07/36	1:25/48
+0:17 (4)	+0:50 (3)	+0:04 (2)	+0:43 (5)	+0:49 (2)	+0:10 (5)	+0:00 (1)	+0:08 (2)	+0:29 (15)	+0:21 (4)



43:29 (2)	45:40 (2)	46:57 (2)	47:25 (2)	47:25 (2)						
2:17/39	2:11/49	1:17/97	0:28/249							
+0:41 (4)	+0:07 (3)	+0:22 (17)	+0:05 (9)	+0:00 (1)						
<b>3</b>	<b>Hans Eidnes</b>		<b>Harstad OL</b>		<b>(8.85min/km)</b>		<b>52:40</b>	<b>(+7:43)</b>		
1:50 (2)	7:28 (1)	10:14 (2)	14:12 (2)	26:05 (3)	27:23 (3)	40:16 (3)	43:42 (3)	44:42 (3)	46:13 (3)	
1:50/148	5:38/73	2:46/32	3:58/74	11:53/45	1:18/46	12:53/116	3:26/82	1:00/36	1:31/48	
+0:05 (2)	+0:00 (1)	+0:18 (3)	+0:58 (12)	+1:46 (6)	+0:18 (10)	+3:52 (20)	+0:46 (5)	+0:22 (10)	+0:27 (7)	
48:57 (4)	51:14 (3)	52:17 (3)	52:40 (3)	52:40 (3)						
2:44/39	2:17/49	1:03/125	0:23/249							
+1:08 (11)	+0:13 (4)	+0:08 (2)	+0:00 (1)	+0:00 (1)						
<b>4</b>	<b>Mikko Rapakko</b>		<b>Ounasvaaran Hiihtoseura</b>		<b>(8.94min/km)</b>		<b>53:11</b>	<b>(+8:14)</b>		
2:02 (4)	9:02 (5)	12:06 (5)	15:45 (4)	28:41 (7)	30:02 (7)	40:57 (6)	44:24 (6)	45:22 (5)	46:45 (5)	
2:02/148	7:00/73	3:04/32	3:39/74	12:56/45	1:21/46	10:55/116	3:27/82	0:58/36	1:23/48	
+0:17 (4)	+1:22 (6)	+0:36 (9)	+0:39 (4)	+2:49 (8)	+0:21 (15)	+1:54 (5)	+0:47 (6)	+0:20 (8)	+0:19 (2)	
48:49 (3)	51:33 (4)	52:43 (4)	53:11 (4)	53:11 (4)						
2:04/39	2:44/49	1:10/125	0:28/249							
+0:28 (2)	+0:40 (12)	+0:15 (14)	+0:05 (9)	+0:00 (1)						
<b>5</b>	<b>Achermann Alois</b>		<b>Piz Hasi, OLK</b>		<b>(8.97min/km)</b>		<b>53:24</b>	<b>(+8:27)</b>		
2:26 (20)	9:20 (7)	12:54 (10)	17:15 (12)	28:15 (6)	29:28 (5)	40:44 (5)	43:42 (4)	44:57 (4)	46:29 (4)	
2:26/148	6:54/73	3:34/32	4:21/74	11:00/45	1:13/46	11:16/116	2:58/82	1:15/36	1:32/48	
+0:41 (20)	+1:16 (5)	+1:06 (20)	+1:21 (22)	+0:53 (3)	+0:13 (6)	+2:15 (8)	+0:18 (4)	+0:37 (22)	+0:28 (9)	
49:31 (5)	51:51 (5)	52:58 (5)	53:24 (5)	53:24 (5)						
3:02/39	2:20/49	1:07/125	0:26/249							
+1:26 (14)	+0:16 (5)	+0:12 (9)	+0:03 (6)	+0:00 (1)						
<b>6</b>	<b>Raimo Itkonen</b>		<b>Suunta Jyväskylä</b>		<b>(9.15min/km)</b>		<b>54:28</b>	<b>(+9:31)</b>		
2:05 (9)	9:13 (6)	12:59 (12)	16:27 (7)	28:47 (8)	30:07 (8)	42:48 (8)	45:42 (7)	46:41 (7)	48:11 (6)	
2:05/148	7:08/73	3:46/32	3:28/74	12:20/45	1:20/46	12:41/116	2:54/82	0:59/36	1:30/48	
+0:20 (9)	+1:30 (7)	+1:18 (25)	+0:28 (2)	+2:13 (7)	+0:20 (12)	+3:40 (17)	+0:14 (3)	+0:21 (9)	+0:26 (6)	
50:35 (6)	52:45 (6)	53:58 (6)	54:28 (6)	54:28 (6)						
2:24/39	2:10/49	1:13/97	0:30/249							
+0:48 (5)	+0:06 (2)	+0:18 (16)	+0:07 (14)	+0:00 (1)						
<b>7</b>	<b>Lars Lundkvist</b>		<b>Seskarö IF</b>		<b>(9.26min/km)</b>		<b>55:05</b>	<b>(+10:08)</b>		
2:00 (3)	8:46 (4)	11:48 (4)	15:53 (5)	27:06 (4)	28:22 (4)	40:19 (4)	44:15 (5)	45:51 (6)	48:42 (7)	
2:00/148	6:46/73	3:02/32	4:05/74	11:13/45	1:16/46	11:57/116	3:56/82	1:36/36	2:51/48	
+0:15 (3)	+1:08 (4)	+0:34 (8)	+1:05 (19)	+1:06 (4)	+0:16 (9)	+2:56 (12)	+1:16 (11)	+0:58 (29)	+1:47 (28)	
51:06 (7)	53:28 (7)	54:37 (7)	55:05 (7)	55:05 (7)						
2:24/39	2:22/49	1:09/97	0:28/249							
+0:48 (5)	+0:18 (7)	+0:14 (11)	+0:05 (9)	+0:00 (1)						
<b>8</b>	<b>Taisto Maijala</b>		<b>Lapin Veikot Finland</b>		<b>(9.70min/km)</b>		<b>57:44</b>	<b>(+12:47)</b>		
2:05 (9)	9:34 (10)	12:33 (7)	16:19 (6)	31:20 (13)	32:21 (11)	44:37 (12)	48:46 (11)	49:41 (11)	51:12 (10)	
2:05/148	7:29/73	2:59/32	3:46/74	15:01/45	1:01/46	12:16/116	4:09/82	0:55/36	1:31/48	
+0:20 (9)	+1:51 (10)	+0:31 (7)	+0:46 (7)	+4:54 (21)	+0:01 (2)	+3:15 (14)	+1:29 (17)	+0:17 (6)	+0:27 (7)	
53:28 (8)	56:07 (8)	57:13 (8)	57:44 (8)	57:44 (8)						
2:16/39	2:39/49	1:06/97	0:31/249							
+0:40 (3)	+0:35 (11)	+0:11 (6)	+0:08 (17)	+0:00 (1)						
<b>9</b>	<b>Geir Skoe</b>		<b>Skade, IL</b>		<b>(9.82min/km)</b>		<b>58:24</b>	<b>(+13:27)</b>		
2:07 (11)	9:52 (12)	12:49 (9)	16:33 (9)	29:59 (9)	31:39 (10)	41:58 (7)	48:07 (9)	48:57 (8)	50:53 (8)	
2:07/148	7:45/73	2:57/32	3:44/74	13:26/45	1:40/46	10:19/116	6:09/82	0:50/36	1:56/48	
+0:22 (11)	+2:07 (13)	+0:29 (5)	+0:44 (6)	+3:19 (12)	+0:40 (25)	+1:18 (3)	+3:29 (26)	+0:12 (3)	+0:52 (23)	
54:23 (9)	56:46 (9)	57:55 (9)	58:24 (9)	58:24 (9)						
3:30/39	2:23/49	1:09/125	0:29/249							
+1:54 (18)	+0:19 (9)	+0:14 (11)	+0:06 (13)	+0:00 (1)						
<b>10</b>	<b>Håkon Løvli</b>		<b>Asker SK</b>		<b>(10.17min/km)</b>		<b>1:00:29</b>	<b>(+15:32)</b>		
2:04 (7)	9:34 (9)	12:58 (11)	16:58 (11)	30:56 (11)	32:34 (12)	44:15 (10)	48:03 (8)	49:20 (10)	51:03 (9)	
2:04/148	7:30/73	3:24/32	4:00/74	13:58/45	1:38/46	11:41/116	3:48/82	1:17/36	1:43/48	
+0:19 (7)	+1:52 (11)	+0:56 (17)	+1:00 (15)	+3:51 (15)	+0:38 (22)	+2:40 (9)	+1:08 (9)	+0:39 (25)	+0:39 (12)	
55:23 (13)	58:39 (10)	1:00:01 (10)	1:00:29 (10)	1:00:29 (10)						
4:20/39	3:16/49	1:22/125	0:28/249							
+2:44 (25)	+1:12 (22)	+0:27 (20)	+0:05 (9)	+0:00 (1)						

<b>11 Vesa Ihalainen</b>	<b>Navi</b>					<b>(10.20min/km)</b>	<b>1:00:43</b>	<b>(+15:46)</b>		
2:21 (16)	9:54 (13)	13:03 (13)	16:51 (10)	30:07 (10)	31:20 (9)	44:02 (9)	48:09 (10)	49:18 (9)	51:31 (11)	
2:21/148	7:33/73	3:09/32	3:48/74	13:16/45	1:13/46	12:42/116	4:07/82	1:09/36	2:13/48	
+0:36 (16)	+1:55 (12)	+0:41 (12)	+0:48 (8)	+3:09 (11)	+0:13 (6)	+3:41 (19)	+1:27 (16)	+0:31 (18)	+1:09 (26)	
55:17 (11)	58:42 (11)	1:00:06 (11)	1:00:43 (11)	1:00:43 (11)						
3:46/39	3:25/49	1:24/125	0:37/249							
+2:10 (20)	+1:21 (24)	+0:29 (21)	+0:14 (28)	+0:00 (1)						
<b>12 Eivind Selvig</b>	<b>Nydalen SK</b>					<b>(10.27min/km)</b>	<b>1:01:07</b>	<b>(+16:10)</b>		
2:37 (23)	10:34 (18)	14:01 (18)	17:52 (14)	33:14 (19)	34:14 (18)	45:10 (14)	50:26 (14)	51:45 (14)	53:28 (15)	
2:37/148	7:57/73	3:27/32	3:51/74	15:22/45	1:00/46	10:56/116	5:16/82	1:19/36	1:43/48	
+0:52 (23)	+2:19 (17)	+0:59 (18)	+0:51 (10)	+5:15 (25)	+0:00 (1)	+1:55 (6)	+2:36 (22)	+0:41 (27)	+0:39 (12)	
56:36 (14)	59:37 (12)	1:00:42 (12)	1:01:07 (12)	1:01:07 (12)						
3:08/39	3:01/49	1:05/125	0:25/249							
+1:32 (15)	+0:57 (17)	+0:10 (5)	+0:02 (4)	+0:00 (1)						
<b>13 Arild Ingdal</b>	<b>Mellebygd IL</b>					<b>(10.46min/km)</b>	<b>1:02:15</b>	<b>(+17:18)</b>		
2:10 (12)	10:02 (14)	14:07 (19)	17:58 (15)	31:42 (15)	32:46 (14)	47:21 (18)	51:18 (16)	52:28 (16)	55:35 (19)	
2:10/148	7:52/73	4:05/32	3:51/74	13:44/45	1:04/46	14:35/116	3:57/82	1:10/36	3:07/48	
+0:25 (12)	+2:14 (15)	+1:37 (29)	+0:51 (10)	+3:37 (14)	+0:04 (3)	+5:34 (27)	+1:17 (13)	+0:32 (19)	+2:03 (29)	
58:19 (16)	1:00:41 (14)	1:01:52 (14)	1:02:15 (13)	1:02:15 (13)						
2:44/39	2:22/49	1:11/97	0:23/249							
+1:08 (11)	+0:18 (7)	+0:16 (15)	+0:00 (1)	+0:00 (1)						
<b>14 Øystein Tandberg</b>	<b>Nydalen SK</b>					<b>(10.48min/km)</b>	<b>1:02:22</b>	<b>(+17:25)</b>		
2:18 (15)	10:14 (15)	13:31 (15)	17:21 (13)	31:19 (12)	32:38 (13)	44:30 (11)	49:08 (13)	50:11 (13)	52:00 (12)	
2:18/148	7:56/73	3:17/32	3:50/74	13:58/45	1:19/46	11:52/116	4:38/82	1:03/36	1:49/48	
+0:33 (15)	+2:18 (16)	+0:49 (15)	+0:50 (9)	+3:51 (15)	+0:19 (11)	+2:51 (10)	+1:58 (20)	+0:25 (12)	+0:45 (17)	
55:18 (12)	1:00:24 (13)	1:01:49 (13)	1:02:22 (14)	1:02:22 (14)						
3:18/39	5:06/49	1:25/97	0:33/249							
+1:42 (16)	+3:02 (29)	+0:30 (22)	+0:10 (23)	+0:00 (1)						
<b>15 Lars Stuland Larsen</b>	<b>Varegg Fleridrett</b>					<b>(10.58min/km)</b>	<b>1:02:58</b>	<b>(+18:01)</b>		
2:21 (16)	10:39 (19)	14:18 (20)	18:19 (16)	32:21 (16)	34:04 (17)	46:08 (15)	52:07 (18)	53:23 (19)	55:24 (18)	
2:21/148	8:18/73	3:39/32	4:01/74	14:02/45	1:43/46	12:04/116	5:59/82	1:16/36	2:01/48	
+0:36 (16)	+2:40 (20)	+1:11 (24)	+1:01 (17)	+3:55 (17)	+0:43 (26)	+3:03 (13)	+3:19 (24)	+0:38 (23)	+0:57 (24)	
57:59 (15)	1:01:07 (15)	1:02:25 (15)	1:02:58 (15)	1:02:58 (15)						
2:35/39	3:08/49	1:18/125	0:33/249							
+0:59 (9)	+1:04 (20)	+0:23 (18)	+0:10 (23)	+0:00 (1)						
<b>16 Axel Theisen</b>	<b>Mellebygd IL</b>					<b>(10.62min/km)</b>	<b>1:03:11</b>	<b>(+18:14)</b>		
2:14 (13)	9:30 (8)	12:28 (6)	16:27 (7)	27:56 (5)	29:42 (6)	46:59 (16)	52:25 (19)	53:16 (18)	54:55 (17)	
2:14/148	7:16/73	2:58/32	3:59/74	11:29/45	1:46/46	17:17/116	5:26/82	0:51/36	1:39/48	
+0:29 (13)	+1:38 (8)	+0:30 (6)	+0:59 (13)	+1:22 (5)	+0:46 (27)	+8:16 (28)	+2:46 (23)	+0:13 (4)	+0:35 (11)	
59:31 (18)	1:01:51 (17)	1:02:46 (16)	1:03:11 (16)	1:03:11 (16)						
4:36/39	2:20/49	0:55/97	0:25/249							
+3:00 (27)	+0:16 (5)	+0:00 (1)	+0:02 (4)	+0:00 (1)						
<b>17 Jens Lindsröm</b>	<b>Tibro OK</b>					<b>(10.64min/km)</b>	<b>1:03:17</b>	<b>(+18:20)</b>		
3:11 (29)	12:54 (27)	16:32 (27)	20:43 (26)	33:42 (20)	35:02 (19)	47:28 (19)	50:58 (15)	51:58 (15)	53:26 (14)	
3:11/148	9:43/73	3:38/32	4:11/74	12:59/45	1:20/46	12:26/116	3:30/82	1:00/36	1:28/48	
+1:26 (29)	+4:05 (27)	+1:10 (22)	+1:11 (20)	+2:52 (9)	+0:20 (12)	+3:25 (15)	+0:50 (7)	+0:22 (10)	+0:24 (5)	
58:27 (17)	1:01:27 (16)	1:02:46 (16)	1:03:17 (17)	1:03:17 (17)						
5:01/39	3:00/49	1:19/125	0:31/249							
+3:25 (28)	+0:56 (16)	+0:24 (19)	+0:08 (17)	+0:00 (1)						
<b>18 Geir Sylte</b>	<b>Skåla IL</b>					<b>(10.85min/km)</b>	<b>1:04:34</b>	<b>(+19:37)</b>		
2:03 (6)	11:32 (22)	14:44 (21)	18:43 (19)	33:02 (18)	35:14 (20)	47:55 (21)	51:31 (17)	52:28 (17)	54:01 (16)	
2:03/148	9:29/73	3:12/32	3:59/74	14:19/45	2:12/46	12:41/116	3:36/82	0:57/36	1:33/48	
+0:18 (6)	+3:51 (24)	+0:44 (13)	+0:59 (13)	+4:12 (19)	+1:12 (29)	+3:40 (17)	+0:56 (8)	+0:19 (7)	+0:29 (10)	
1:00:09 (21)	1:03:00 (18)	1:04:07 (18)	1:04:34 (18)	1:04:34 (18)						
6:08/39	2:51/49	1:07/97	0:27/249							
+4:32 (30)	+0:47 (14)	+0:12 (9)	+0:04 (7)	+0:00 (1)						
<b>19 Johnny Johansen</b>	<b>Lillomarka OL</b>					<b>(10.99min/km)</b>	<b>1:05:22</b>	<b>(+20:25)</b>		
2:14 (13)	9:38 (11)	12:45 (8)	18:57 (20)	32:27 (17)	33:55 (16)	44:59 (13)	49:02 (12)	50:10 (12)	52:00 (13)	
2:14/148	7:24/73	3:07/32	6:12/74	13:30/45	1:28/46	11:04/116	4:03/82	1:08/36	1:50/48	
+0:29 (13)	+1:46 (9)	+0:39 (11)	+3:12 (28)	+3:23 (13)	+0:28 (19)	+2:03 (7)	+1:23 (15)	+0:30 (17)	+0:46 (18)	

54:56 (10)	1:03:49 (21)	1:04:52 (19)	1:05:22 (19)	1:05:22 (19)					
2:56/39	8:53/49	1:03/97	0:30/249						
+1:20 (13)	+6:49 (30)	+0:08 (2)	+0:07 (14)	+0:00 (1)					
<b>20 Tore Kolstad</b>			<b>Mo OK</b>		<b>(10.99min/km)</b>	<b>1:05:25</b>	<b>(+20:28)</b>		
2:26 (20)	10:32 (16)	13:26 (14)	19:55 (24)	34:58 (24)	36:26 (23)	49:58 (22)	54:10 (20)	55:04 (20)	56:56 (20)
2:26/148	8:06/73	2:54/32	6:29/74	15:03/45	1:28/46	13:32/116	4:12/82	0:54/36	1:52/48
+0:41 (20)	+2:28 (19)	+0:26 (4)	+3:29 (29)	+4:56 (22)	+0:28 (19)	+4:31 (23)	+1:32 (18)	+0:16 (5)	+0:48 (21)
1:01:26 (22)	1:03:55 (22)	1:05:01 (20)	1:05:25 (20)	1:05:25 (20)					
4:30/39	2:29/49	1:06/125	0:24/249						
+2:54 (26)	+0:25 (10)	+0:11 (6)	+0:01 (3)	+0:00 (1)					
<b>21 Jens Bentsen</b>			<b>Øst, OK - Danmark</b>		<b>(11.05min/km)</b>	<b>1:05:46</b>	<b>(+20:49)</b>		
3:16 (30)	12:51 (26)	16:27 (26)	20:27 (25)	34:37 (22)	35:59 (21)	47:53 (20)	54:19 (21)	55:29 (21)	57:37 (21)
3:16/148	9:35/73	3:36/32	4:00/74	14:10/45	1:22/46	11:54/116	6:26/82	1:10/36	2:08/48
+1:31 (30)	+3:57 (25)	+1:08 (21)	+1:00 (15)	+4:03 (18)	+0:22 (16)	+2:53 (11)	+3:46 (27)	+0:32 (19)	+1:04 (25)
1:00:08 (20)	1:03:35 (19)	1:05:14 (21)	1:05:46 (21)	1:05:46 (21)					
2:31/39	3:27/49	1:39/125	0:32/249						
+0:55 (8)	+1:23 (25)	+0:44 (28)	+0:09 (19)	+0:00 (1)					
<b>22 Raul Olesk</b>			<b>Polva Kobras OK</b>		<b>(11.31min/km)</b>	<b>1:07:17</b>	<b>(+22:20)</b>		
2:26 (20)	13:00 (28)	16:59 (28)	21:40 (27)	37:01 (27)	38:15 (27)	51:27 (25)	55:23 (23)	56:30 (23)	58:15 (22)
2:26/148	10:34/73	3:59/32	4:41/74	15:21/45	1:14/46	13:12/116	3:56/82	1:07/36	1:45/48
+0:41 (20)	+4:56 (28)	+1:31 (28)	+1:41 (26)	+5:14 (24)	+0:14 (8)	+4:11 (21)	+1:16 (11)	+0:29 (15)	+0:41 (15)
1:02:22 (23)	1:05:38 (24)	1:06:47 (23)	1:07:17 (22)	1:07:17 (22)					
4:07/39	3:16/49	1:09/97	0:30/249						
+2:31 (24)	+1:12 (22)	+0:14 (11)	+0:07 (14)	+0:00 (1)					
<b>23 Risto Luodonpää</b>			<b>Alatornion Pirkat</b>		<b>(11.32min/km)</b>	<b>1:07:22</b>	<b>(+22:25)</b>		
2:22 (18)	11:35 (23)	15:13 (23)	19:17 (21)	34:59 (25)	36:19 (22)	50:01 (23)	56:27 (26)	57:32 (26)	59:15 (24)
2:22/148	9:13/73	3:38/32	4:04/74	15:42/45	1:20/46	13:42/116	6:26/82	1:05/36	1:43/48
+0:37 (18)	+3:35 (23)	+1:10 (22)	+1:04 (18)	+5:35 (26)	+0:20 (12)	+4:41 (24)	+3:46 (27)	+0:27 (13)	+0:39 (12)
1:02:38 (24)	1:05:24 (23)	1:06:50 (24)	1:07:22 (23)	1:07:22 (23)					
3:23/39	2:46/49	1:26/125	0:32/249						
+1:47 (17)	+0:42 (13)	+0:31 (24)	+0:09 (19)	+0:00 (1)					
<b>24 Atle Iversen</b>			<b>BUL Tromsø</b>		<b>(11.48min/km)</b>	<b>1:08:19</b>	<b>(+23:22)</b>		
2:04 (7)	10:44 (20)	14:00 (17)	18:38 (18)	31:37 (14)	32:59 (15)	52:53 (27)	56:41 (27)	57:19 (24)	58:23 (23)
2:04/148	8:40/73	3:16/32	4:38/74	12:59/45	1:22/46	19:54/116	3:48/47	0:38/82	1:04/36
+0:19 (7)	+3:02 (21)	+0:48 (14)	+1:38 (25)	+2:52 (9)	+0:22 (16)	+10:53 (30)	+1:08 (9)	+0:00 (1)	+0:00 (1)
59:59 (19)	1:03:44 (20)	1:06:15 (22)	1:07:46 (24)	1:08:19 (24)					
1:36/48	3:45/39	2:31/49	1:31/97	0:33/249					
+0:00 (1)	+1:41 (27)	+1:36 (30)	+1:08 (30)	+0:00 (1)					
<b>25 Frode Staldvik</b>			<b>Vemundvik I.L</b>		<b>(11.53min/km)</b>	<b>1:08:35</b>	<b>(+23:38)</b>		
2:55 (28)	11:54 (24)	15:23 (24)	19:43 (23)	34:30 (21)	37:48 (26)	52:21 (26)	56:20 (25)	57:26 (25)	59:21 (25)
2:55/148	8:59/73	3:29/32	4:20/74	14:47/45	3:18/46	14:33/116	3:59/82	1:06/36	1:55/48
+1:10 (28)	+3:21 (22)	+1:01 (19)	+1:20 (21)	+4:40 (20)	+2:18 (30)	+5:32 (26)	+1:19 (14)	+0:28 (14)	+0:51 (22)
1:03:20 (25)	1:06:32 (25)	1:08:03 (25)	1:08:35 (25)	1:08:35 (25)					
3:59/39	3:12/49	1:31/97	0:32/249						
+2:23 (23)	+1:08 (21)	+0:36 (25)	+0:09 (19)	+0:00 (1)					
<b>26 Pertti Itkonen</b>			<b>Lapin Veikot Finland</b>		<b>(11.77min/km)</b>	<b>1:10:01</b>	<b>(+25:04)</b>		
2:40 (24)	13:32 (29)	17:19 (29)	22:03 (28)	39:45 (28)	41:24 (28)	54:43 (28)	59:09 (28)	1:00:26 (27)	1:02:14 (26)
2:40/148	10:52/73	3:47/32	4:44/74	17:42/45	1:39/46	13:19/116	4:26/82	1:17/36	1:48/48
+0:55 (24)	+5:14 (29)	+1:19 (26)	+1:44 (27)	+7:35 (29)	+0:39 (23)	+4:18 (22)	+1:46 (19)	+0:39 (25)	+0:44 (16)
1:04:54 (26)	1:07:52 (26)	1:09:28 (26)	1:10:01 (26)	1:10:01 (26)					
2:40/39	2:58/49	1:36/125	0:33/249						
+1:04 (10)	+0:54 (15)	+0:41 (26)	+0:10 (23)	+0:00 (1)					
<b>27 Asgeir Sørensen</b>			<b>Freidig</b>		<b>(12.34min/km)</b>	<b>1:13:27</b>	<b>(+28:30)</b>		
2:48 (26)	10:33 (17)	13:50 (16)	18:19 (16)	36:08 (26)	37:45 (25)	50:11 (24)	56:13 (24)	1:02:14 (28)	1:04:05 (27)
2:48/148	7:45/73	3:17/32	4:29/74	17:49/45	1:37/46	12:26/116	6:02/82	6:01/36	1:51/48
+1:03 (26)	+2:07 (13)	+0:49 (15)	+1:29 (23)	+7:42 (30)	+0:37 (21)	+3:25 (15)	+3:22 (25)	+5:23 (30)	+0:47 (19)
1:07:49 (27)	1:11:29 (27)	1:12:54 (27)	1:13:27 (27)	1:13:27 (27)					
3:44/39	3:40/49	1:25/97	0:33/249						
+2:08 (19)	+1:36 (26)	+0:30 (22)	+0:10 (23)	+0:00 (1)					

<b>28 Ole Texmo</b>	<b>Fet OL</b>					<b>(12.65min/km)</b>	<b>1:15:15</b>		<b>(+30:18)</b>	
2:49 (27)	15:23 (30)	19:21 (30)	23:57 (30)	40:46 (29)	42:33 (30)	56:28 (29)	1:01:41 (29)	1:02:53 (29)	1:04:44 (28)	
2:49/148	12:34/73	3:58/32	4:36/74	16:49/45	1:47/46	13:55/116	5:13/82	1:12/36	1:51/48	
+1:04 (27)	+6:56 (30)	+1:30 (27)	+1:36 (24)	+6:42 (27)	+0:47 (28)	+4:54 (25)	+2:33 (21)	+0:34 (21)	+0:47 (19)	
1:08:36 (28)	1:12:53 (28)	1:14:37 (28)	1:15:15 (28)	1:15:15 (28)						
3:52/39	4:17/49	1:44/125	0:38/249							
+2:16 (22)	+2:13 (28)	+0:49 (29)	+0:15 (29)	+0:00 (1)						

<b>29 Stig Larsson</b>	<b>Göteborg Majorna OK</b>					<b>(14.14min/km)</b>	<b>1:24:07</b>		<b>(+39:10)</b>	
2:23 (19)	12:03 (25)	15:07 (22)	23:12 (29)	40:48 (30)	42:15 (29)	1:00:21 (30)	1:09:48 (30)	1:11:04 (30)	1:13:30 (29)	
2:23/148	9:40/73	3:04/32	8:05/74	17:36/45	1:27/46	18:06/116	9:27/82	1:16/36	2:26/48	
+0:38 (19)	+4:02 (26)	+0:36 (9)	+5:05 (30)	+7:29 (28)	+0:27 (18)	+9:05 (29)	+6:47 (30)	+0:38 (23)	+1:22 (27)	
1:18:51 (29)	1:21:54 (29)	1:23:32 (29)	1:24:07 (29)	1:24:07 (29)						
5:21/39	3:03/49	1:38/125	0:35/249							
+3:45 (29)	+0:59 (18)	+0:43 (27)	+0:12 (27)	+0:00 (1)						

<b>30 Arild Røkenes</b>	<b>Alta OL</b>					<b>(14.44min/km)</b>	<b>1:25:55</b>		<b>(+40:58)</b>	
2:44 (25)	10:48 (21)	16:03 (25)	19:40 (22)	34:51 (23)	36:30 (24)	47:19 (17)	54:46 (22)	56:05 (22)	1:17:26 (30)	
2:44/148	8:04/73	5:15/32	3:37/74	15:11/45	1:39/46	10:49/116	7:27/82	1:19/36	21:21/48	
+0:59 (25)	+2:26 (18)	+2:47 (30)	+0:37 (3)	+5:04 (23)	+0:39 (23)	+1:48 (4)	+4:47 (29)	+0:41 (27)	+20:17 (30)	
1:21:15 (30)	1:24:19 (30)	1:25:23 (30)	1:25:55 (30)	1:25:55 (30)						
3:49/39	3:04/49	1:04/97	0:32/249							
+2:13 (21)	+1:00 (19)	+0:09 (4)	+0:09 (19)	+0:00 (1)						

<b>Laurent Compere</b>	<b>Caennaise, Orientation</b>					<b>(11.53min/km)</b>	<b>Disk</b>		<b>(+23:40)</b>	
3:41 (31)	15:32 (31)	20:58 (31)	26:56 (31)	43:58 (31)	50:39 (31)	52:22 (27)	55:08 (23)	1:00:42 (28)	1:05:44 (29)	
3:41/148	11:51/73	5:26/32	5:58/74	17:02/116	6:41/82	1:43/36	2:46/48	5:34/39	5:02/49	
+1:56 (31)	+6:13 (30)	+2:58 (31)	+2:58 (28)	+6:55 (28)	+5:41 (31)	+0:00 (1)	+0:06 (2)	+4:56 (30)	+3:58 (30)	
1:07:54 (28)	1:08:37 (27)	1:08:37 (26)	1:08:37 (26)	1:08:37 (26)						
2:10/125	0:43/249									
+0:34 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)						

## Klasse D50- 4.0 km

18 påmeldt, 18 startende 1 premiert

<b>1 Annariitta Kottonen</b>	<b>Lynx - Finland</b>					<b>(11.24min/km)</b>	<b>45:19</b>			
8:51 (3)	11:33 (1)	15:44 (3)	22:26 (1)	24:28 (1)	35:15 (1)	38:51 (1)	39:56 (1)	43:33 (1)	44:49 (1)	
8:51/53	2:42/52	4:11/74	6:42/50	2:02/51	10:47/48	3:36/41	1:05/39	3:37/49	1:16/97	
+0:35 (3)	+0:00 (1)	+1:47 (15)	+0:00 (1)	+0:00 (1)	+1:01 (2)	+0:00 (1)	+0:00 (1)	+0:35 (11)	+0:02 (2)	
45:19 (1)										
0:30/249										
+0:02 (4)										

<b>2 Taina Itkonen</b>	<b>Lapin Veikot Finland</b>					<b>(11.96min/km)</b>	<b>48:11</b>		<b>(+2:52)</b>	
8:49 (2)	11:48 (2)	14:30 (1)	22:54 (2)	25:31 (3)	35:17 (2)	40:51 (2)	41:57 (2)	46:16 (2)	47:39 (2)	
8:49/53	2:59/52	2:42/74	8:24/50	2:37/51	9:46/48	5:34/41	1:06/39	4:19/49	1:23/97	
+0:33 (2)	+0:17 (2)	+0:18 (6)	+1:42 (4)	+0:35 (10)	+0:00 (1)	+1:58 (8)	+0:01 (2)	+1:17 (14)	+0:09 (6)	
48:11 (2)										
0:32/249										
+0:04 (7)										

<b>3 Heidi Gunnberg</b>	<b>Sørreisa OL</b>					<b>(12.66min/km)</b>	<b>51:00</b>		<b>(+5:41)</b>	
10:29 (7)	13:56 (6)	16:54 (7)	25:44 (6)	28:14 (6)	40:29 (5)	44:54 (4)	46:14 (4)	49:16 (4)	50:30 (3)	
10:29/53	3:27/52	2:58/74	8:50/50	2:30/51	12:15/48	4:25/41	1:20/39	3:02/49	1:14/125	
+2:13 (7)	+0:45 (7)	+0:34 (11)	+2:08 (6)	+0:28 (5)	+2:29 (6)	+0:49 (3)	+0:15 (7)	+0:00 (1)	+0:00 (1)	
51:00 (3)										
0:30/249										
+0:02 (4)										

<b>4 Grete Berge Owren</b>	<b>Freidig</b>					<b>(12.67min/km)</b>	<b>51:03</b>		<b>(+5:44)</b>	
10:12 (6)	13:28 (5)	16:01 (4)	24:24 (4)	26:55 (4)	39:21 (3)	44:32 (3)	45:44 (3)	48:54 (3)	50:30 (4)	
10:12/53	3:16/52	2:33/74	8:23/50	2:31/51	12:26/48	5:11/41	1:12/39	3:10/49	1:36/97	
+1:56 (6)	+0:34 (4)	+0:09 (4)	+1:41 (3)	+0:29 (6)	+2:40 (7)	+1:35 (7)	+0:07 (4)	+0:08 (4)	+0:22 (12)	
51:03 (4)										
0:33/249										
+0:05 (9)										

5	Anne Kjersti Daltveit		Fana IL		(13.14min/km)	<b>52:57</b>	(+7:38)			
	9:44 (4)	13:27 (4)	16:14 (5)	25:48 (7)	28:20 (7)	40:00 (4)	45:53 (5)	47:14 (5)	50:54 (5)	52:21 (5)
	9:44/53	3:43/52	2:47/74	9:34/50	2:32/51	11:40/48	5:53/41	1:21/39	3:40/49	1:27/97
	+1:28 (4)	+1:01 (9)	+0:23 (7)	+2:52 (10)	+0:30 (7)	+1:54 (4)	+2:17 (10)	+0:16 (8)	+0:38 (12)	+0:13 (8)
	52:57 (5)									
	0:36/249									
	+0:08 (11)									
6	Inger Lise T. Skårholen		Løten OL		(13.22min/km)	<b>53:16</b>	(+7:57)			
	12:04 (12)	15:12 (9)	17:36 (9)	26:31 (8)	29:03 (8)	41:58 (7)	46:34 (6)	47:52 (6)	50:56 (6)	52:38 (6)
	12:04/53	3:08/52	2:24/74	8:55/50	2:32/51	12:55/48	4:36/41	1:18/39	3:04/49	1:42/125
	+3:48 (12)	+0:26 (3)	+0:00 (1)	+2:13 (7)	+0:30 (7)	+3:09 (9)	+1:00 (6)	+0:13 (5)	+0:02 (2)	+0:28 (15)
	53:16 (6)									
	0:38/249									
	+0:10 (13)									
7	Lisbeth Beyer		Mo OK		(13.50min/km)	<b>54:24</b>	(+9:05)			
	10:32 (8)	13:57 (7)	16:44 (6)	25:39 (5)	28:04 (5)	40:44 (6)	47:31 (7)	48:55 (7)	52:19 (7)	53:44 (7)
	10:32/53	3:25/52	2:47/74	8:55/50	2:25/51	12:40/48	6:47/41	1:24/39	3:24/49	1:25/125
	+2:16 (8)	+0:43 (5)	+0:23 (7)	+2:13 (7)	+0:23 (3)	+2:54 (8)	+3:11 (13)	+0:19 (9)	+0:22 (7)	+0:11 (7)
	54:24 (7)									
	0:40/249									
	+0:12 (15)									
8	Eli Ringdalen		Mo OK		(13.66min/km)	<b>55:04</b>	(+9:45)			
	11:48 (11)	15:14 (10)	17:49 (10)	27:28 (9)	30:15 (9)	42:15 (9)	48:00 (8)	49:30 (8)	53:02 (8)	54:35 (8)
	11:48/53	3:26/52	2:35/74	9:39/50	2:47/51	12:00/48	5:45/41	1:30/39	3:32/49	1:33/125
	+3:32 (11)	+0:44 (6)	+0:11 (5)	+2:57 (14)	+0:45 (13)	+2:14 (5)	+2:09 (9)	+0:25 (11)	+0:30 (8)	+0:19 (10)
	55:04 (8)									
	0:29/249									
	+0:01 (2)									
9	Liv Petersen-Øverleir		Mo OK		(14.41min/km)	<b>58:05</b>	(+12:46)			
	10:04 (5)	14:21 (8)	17:17 (8)	28:40 (11)	31:07 (11)	42:03 (8)	51:22 (11)	52:57 (11)	56:18 (10)	57:35 (9)
	10:04/53	4:17/52	2:56/74	11:23/50	2:27/51	10:56/48	9:19/41	1:35/39	3:21/49	1:17/97
	+1:48 (5)	+1:35 (14)	+0:32 (10)	+4:41 (16)	+0:25 (4)	+1:10 (3)	+5:43 (17)	+0:30 (13)	+0:19 (6)	+0:03 (3)
	58:05 (9)									
	0:30/249									
	+0:02 (4)									
10	Mona Hesselberg		Løten OL		(14.58min/km)	<b>58:46</b>	(+13:27)			
	12:06 (13)	15:43 (13)	20:06 (14)	28:48 (12)	31:24 (12)	45:21 (10)	51:39 (12)	53:04 (12)	56:38 (11)	58:09 (10)
	12:06/53	3:37/52	4:23/74	8:42/50	2:36/51	13:57/48	6:18/41	1:25/39	3:34/49	1:31/97
	+3:50 (13)	+0:55 (8)	+1:59 (16)	+2:00 (5)	+0:34 (9)	+4:11 (13)	+2:42 (11)	+0:20 (10)	+0:32 (9)	+0:17 (9)
	58:46 (10)									
	0:37/249									
	+0:09 (12)									
11	Åse Karin Wigemyr		Oddersjaa SSK		(14.71min/km)	<b>59:18</b>	(+13:59)			
	12:34 (14)	16:34 (14)	19:47 (13)	29:23 (14)	32:08 (13)	45:39 (11)	50:08 (9)	51:55 (9)	56:18 (9)	58:28 (11)
	12:34/53	4:00/52	3:13/74	9:36/50	2:45/51	13:31/48	4:29/41	1:47/39	4:23/49	2:10/97
	+4:18 (14)	+1:18 (13)	+0:49 (13)	+2:54 (12)	+0:43 (12)	+3:45 (10)	+0:53 (5)	+0:42 (15)	+1:21 (15)	+0:56 (17)
	59:18 (11)									
	0:50/249									
	+0:22 (17)									
12	Tone Kristin Smistad		Trollelg, OK		(14.96min/km)	<b>1:00:17</b>	(+14:58)			
	12:57 (15)	16:49 (15)	19:44 (12)	29:19 (13)	32:25 (14)	46:10 (12)	50:36 (10)	52:08 (10)	58:08 (12)	59:45 (12)
	12:57/53	3:52/52	2:55/74	9:35/50	3:06/51	13:45/48	4:26/41	1:32/39	6:00/49	1:37/125
	+4:41 (15)	+1:10 (11)	+0:31 (9)	+2:53 (11)	+1:04 (16)	+3:59 (11)	+0:50 (4)	+0:27 (12)	+2:58 (17)	+0:23 (13)
	1:00:17 (12)									
	0:32/249									
	+0:04 (7)									
13	Berit Danielsen		Tyrving, IL		(15.42min/km)	<b>1:02:08</b>	(+16:49)			
	8:16 (1)	12:48 (3)	15:17 (2)	22:55 (3)	25:16 (2)	51:21 (15)	55:33 (13)	56:43 (13)	59:57 (13)	1:01:30 (13)
	8:16/53	4:32/52	2:29/74	7:38/50	2:21/51	26:05/48	4:12/41	1:10/39	3:14/49	1:33/125
	+0:00 (1)	+1:50 (15)	+0:05 (2)	+0:56 (2)	+0:19 (2)	+16:19 (17)	+0:36 (2)	+0:05 (3)	+0:12 (5)	+0:19 (10)

1:02:08 (13)

0:38/249

+0:10 (13)

14 Carol Iddles

Viborg OK

(15.82min/km)

1:03:45 (+18:26)

11:29 (9) 15:21 (11) 18:22 (11) 27:43 (10) 30:38 (10) 49:51 (13) 56:46 (14) 58:23 (14) 1:01:58 (14) 1:03:16 (14)  
11:29/53 3:52/52 3:01/74 9:21/50 2:55/51 19:13/48 6:55/41 1:37/39 3:35/49 1:18/97  
+3:13 (9) +1:10 (11) +0:37 (12) +2:39 (9) +0:53 (15) +9:27 (14) +3:19 (14) +0:32 (14) +0:33 (10) +0:04 (4)

1:03:45 (14)

0:29/249

+0:01 (2)

15 Ragnhild Monsen

Mo OK

(17.37min/km)

1:10:01 (+24:42)

11:33 (10) 15:21 (11) 24:29 (17) 34:07 (17) 36:57 (17) 50:48 (14) 59:51 (15) 1:01:59 (15) 1:07:48 (15) 1:09:27 (15)  
11:33/53 3:48/52 9:08/74 9:38/50 2:50/51 13:51/48 9:03/41 2:08/39 5:49/49 1:39/97  
+3:17 (10) +1:06 (10) +6:44 (17) +2:56 (13) +0:48 (14) +4:05 (12) +5:27 (16) +1:03 (17) +2:47 (16) +0:25 (14)

1:10:01 (15)

0:34/249

+0:06 (10)

16 Wenche Hjelmseth

Mo OK

(17.64min/km)

1:11:06 (+25:47)

14:52 (17) 19:28 (17) 21:58 (15) 33:24 (16) 36:01 (15) 58:32 (17) 1:04:50 (17) 1:06:08 (16) 1:09:16 (16) 1:10:38 (16)  
14:52/53 4:36/52 2:30/74 11:26/50 2:37/51 22:31/48 6:18/41 1:18/39 3:08/49 1:22/97  
+6:36 (17) +1:54 (17) +0:06 (3) +4:44 (17) +0:35 (10) +12:45 (16) +2:42 (11) +0:13 (5) +0:06 (3) +0:08 (5)

1:11:06 (16)

0:28/249

+0:00 (1)

17 Catharina Forsén

Denseln, OK

(18.18min/km)

1:13:15 (+27:56)

14:41 (16) 19:15 (16) 22:40 (16) 33:03 (15) 36:15 (16) 57:19 (16) 1:04:14 (16) 1:06:10 (17) 1:10:27 (17) 1:12:29 (17)  
14:41/53 4:34/52 3:25/74 10:23/50 3:12/51 21:04/48 6:55/41 1:56/39 4:17/49 2:02/125  
+6:25 (16) +1:52 (16) +1:01 (14) +3:41 (15) +1:10 (17) +11:18 (15) +3:19 (14) +0:51 (16) +1:15 (13) +0:48 (16)

1:13:15 (17)

0:46/249

+0:18 (16)

Rønnaug Sagbakken

Løten OL

(18.59min/km)

Disk (+29:35)

14:32 (16) 19:57 (18) 27:26 (18) 59:16 (18) 1:05:44 (18) 1:11:22 (18) 1:13:59 (18) 1:14:54 (18) 1:14:54 (18) 1:14:54 (18)  
14:32/53 5:25/52 7:29/74 31:50/48 6:28/39 5:38/49 2:37/125 0:55/249  
+6:16 (16) +2:43 (18) +5:05 (17) +25:08 (18) +4:26 (18) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

1:14:54 (18)

+0:00 (1)

## Klasse H50- 5.0 km

28 påmeldt, 28 startende 1 premiert

1 Juhani Jetsonen

Kuopion Suunnistajat

(8.38min/km)

41:53

6:28 (3) 7:44 (3) 10:47 (6) 21:04 (3) 22:02 (3) 32:40 (1) 35:47 (1) 38:01 (2) 38:43 (1) 40:40 (1)  
6:28/43 1:16/52 3:03/74 10:17/45 0:58/46 10:38/83 3:07/36 2:14/41 0:42/39 1:57/42  
+0:07 (3) +0:02 (3) +1:19 (24) +0:00 (1) +0:00 (1) +0:16 (2) +0:00 (1) +1:22 (21) +0:00 (1) +0:00 (1)

41:27 (1) 41:53 (1)

0:47/125 0:26/249

+0:05 (2) +0:04 (6)

2 Per Kristian Ekeberg

Tyrving, IL

(8.47min/km)

42:22 (+0:29)

6:28 (3) 7:49 (4) 9:34 (2) 20:35 (1) 21:52 (1) 33:04 (2) 36:40 (2) 37:41 (1) 38:44 (2) 40:57 (2)  
6:28/43 1:21/52 1:45/74 11:01/45 1:17/46 11:12/83 3:36/36 1:01/41 1:03/39 2:13/42  
+0:07 (3) +0:07 (6) +0:01 (2) +0:44 (2) +0:19 (10) +0:50 (4) +0:29 (4) +0:09 (5) +0:21 (14) +0:16 (6)

41:54 (2) 42:22 (2)

0:57/97 0:28/249

+0:15 (10) +0:06 (11)

3 Memund Daltveit

Fana IL

(8.84min/km)

44:13 (+2:20)

6:24 (2) 7:39 (2) 9:30 (1) 20:54 (2) 21:54 (2) 35:42 (3) 39:02 (3) 39:54 (3) 40:39 (3) 42:59 (3)  
6:24/43 1:15/52 1:51/74 11:24/45 1:00/46 13:48/83 3:20/36 0:52/41 0:45/39 2:20/42  
+0:03 (2) +0:01 (2) +0:07 (3) +1:07 (3) +0:02 (2) +3:26 (10) +0:13 (3) +0:00 (1) +0:03 (2) +0:23 (7)

43:47 (3) 44:13 (3)  
 0:48/97 0:26/249  
 +0:06 (3) +0:04 (6)

4 Svein Wigemyr Oddersjaa SSK (9.59min/km) 47:56 (+6:03)  
 7:52 (10) 9:18 (11) 11:16 (11) 23:51 (4) 25:21 (4) 37:43 (4) 41:31 (4) 42:40 (4) 43:42 (4) 46:14 (4)  
 7:52/43 1:26/52 1:58/74 12:35/45 1:30/46 12:22/83 3:48/36 1:09/41 1:02/39 2:32/42  
 +1:31 (10) +0:12 (9) +0:14 (6) +2:18 (4) +0:32 (16) +2:00 (6) +0:41 (7) +0:17 (7) +0:20 (13) +0:35 (12)  
 47:23 (4) 47:56 (4)  
 1:09/125 0:33/249  
 +0:27 (20) +0:11 (21)

5 Svein Harald Hansen Silsand, OK (10.02min/km) 50:05 (+8:12)  
 6:47 (5) 8:07 (5) 9:58 (3) 24:13 (5) 26:51 (7) 37:46 (5) 43:33 (5) 45:18 (5) 46:17 (5) 48:49 (5)  
 6:47/43 1:20/52 1:51/74 14:15/45 2:38/46 10:55/83 5:47/36 1:45/41 0:59/39 2:32/42  
 +0:26 (5) +0:06 (4) +0:07 (3) +3:58 (7) +1:40 (27) +0:33 (3) +2:40 (18) +0:53 (17) +0:17 (10) +0:35 (12)  
 49:41 (5) 50:05 (5)  
 0:52/97 0:24/249  
 +0:10 (7) +0:02 (3)

6 Göran Nilsson Snättringe SK Sverige (10.31min/km) 51:34 (+9:41)  
 6:21 (1) 7:35 (1) 10:04 (4) 31:29 (15) 32:31 (14) 42:53 (8) 46:33 (8) 47:25 (6) 48:15 (6) 50:19 (6)  
 6:21/43 1:14/52 2:29/74 21:25/45 1:02/46 10:22/83 3:40/36 0:52/41 0:50/39 2:04/42  
 +0:00 (1) +0:00 (1) +0:45 (19) +11:08 (21) +0:04 (3) +0:00 (1) +0:33 (6) +0:00 (1) +0:08 (3) +0:07 (2)  
 51:10 (6) 51:34 (6)  
 0:51/125 0:24/249  
 +0:09 (6) +0:02 (3)

7 Jyrki Routsi Hiisirasti (10.65min/km) 53:14 (+11:21)  
 7:12 (6) 8:33 (6) 10:57 (8) 25:06 (6) 26:30 (6) 40:24 (6) 45:33 (6) 47:46 (7) 49:17 (8) 51:58 (7)  
 7:12/43 1:21/52 2:24/74 14:09/45 1:24/46 13:54/83 5:09/36 2:13/41 1:31/39 2:41/42  
 +0:51 (6) +0:07 (6) +0:40 (17) +3:52 (6) +0:26 (13) +3:32 (11) +2:02 (15) +1:21 (20) +0:49 (23) +0:44 (15)  
 52:50 (7) 53:14 (7)  
 0:52/97 0:24/249  
 +0:10 (7) +0:02 (3)

8 Ingar Solberg Olderskog IL (10.77min/km) 53:51 (+11:58)  
 8:33 (14) 10:22 (15) 12:37 (14) 27:01 (10) 28:46 (11) 41:45 (7) 46:23 (7) 47:50 (8) 49:16 (7) 52:12 (8)  
 8:33/43 1:49/52 2:15/74 14:24/45 1:45/46 12:59/83 4:38/36 1:27/41 1:26/39 2:56/42  
 +2:12 (14) +0:35 (21) +0:31 (13) +4:07 (8) +0:47 (17) +2:37 (8) +1:31 (13) +0:35 (14) +0:44 (20) +0:59 (17)  
 53:13 (8) 53:51 (8)  
 1:01/97 0:38/249  
 +0:19 (14) +0:16 (26)

9 Leif Gulbrandsen Sørreisa OL (10.79min/km) 53:56 (+12:03)  
 7:56 (12) 9:28 (12) 11:12 (9) 26:54 (9) 28:44 (10) 45:06 (12) 48:45 (10) 49:44 (9) 50:39 (9) 52:45 (9)  
 7:56/43 1:32/52 1:44/74 15:42/45 1:50/46 16:22/83 3:39/36 0:59/41 0:55/39 2:06/42  
 +1:35 (12) +0:18 (13) +0:00 (1) +5:25 (13) +0:52 (20) +6:00 (15) +0:32 (5) +0:07 (4) +0:13 (4) +0:09 (3)  
 53:33 (9) 53:56 (9)  
 0:48/97 0:23/249  
 +0:06 (3) +0:01 (2)

10 Seppo Turpeinen Kontiolahden Urheilijat (10.98min/km) 54:54 (+13:01)  
 12:05 (26) 13:25 (19) 15:17 (19) 29:55 (13) 31:48 (13) 44:45 (11) 47:59 (9) 50:14 (10) 51:09 (10) 53:30 (10)  
 12:05/43 1:20/52 1:52/74 14:38/45 1:53/46 12:57/83 3:14/36 2:15/41 0:55/39 2:21/42  
 +5:44 (26) +0:06 (4) +0:08 (5) +4:21 (10) +0:55 (21) +2:35 (7) +0:07 (2) +1:23 (22) +0:13 (4) +0:24 (8)  
 54:23 (10) 54:54 (10)  
 0:53/125 0:31/249  
 +0:11 (9) +0:09 (17)

11 Geir-Hugo Nilssen Bardu IL (11.33min/km) 56:38 (+14:45)  
 7:55 (11) 9:16 (10) 13:10 (16) 27:06 (11) 28:16 (9) 44:07 (10) 49:32 (11) 52:11 (12) 53:10 (12) 55:22 (12)  
 7:55/43 1:21/52 3:54/74 13:56/45 1:10/46 15:51/83 5:25/36 2:39/41 0:59/39 2:12/42  
 +1:34 (11) +0:07 (6) +2:10 (26) +3:39 (5) +0:12 (5) +5:29 (14) +2:18 (16) +1:47 (25) +0:17 (10) +0:15 (5)  
 56:11 (11) 56:38 (11)  
 0:49/97 0:27/249  
 +0:07 (5) +0:05 (8)

<b>12</b>	<b>Jan Kåre Vatne</b>		<b>Mo OK</b>		<b>(11.39min/km)</b>		<b>56:56</b>	<b>(+15:03)</b>		
	8:47 (17)	10:39 (17)	12:53 (15)	27:24 (12)	29:22 (12)	42:58 (9)	49:43 (12)	50:58 (11)	52:30 (11)	55:22 (11)
	8:47/43	1:52/52	2:14/74	14:31/45	1:58/46	13:36/83	6:45/36	1:15/41	1:32/39	2:52/42
	+2:26 (17)	+0:38 (23)	+0:30 (12)	+4:14 (9)	+1:00 (24)	+3:14 (9)	+3:38 (22)	+0:23 (10)	+0:50 (25)	+0:55 (16)
	56:23 (12)	56:56 (12)								
	1:01/125	0:33/249								
	+0:19 (14)	+0:11 (21)								
<b>13</b>	<b>Hannu Arki</b>		<b>Turun Metsänkävijät</b>		<b>(11.45min/km)</b>		<b>57:15</b>	<b>(+15:22)</b>		
	7:15 (7)	8:42 (7)	10:43 (5)	25:24 (7)	26:29 (5)	47:04 (13)	50:55 (13)	52:21 (13)	53:17 (13)	55:46 (13)
	7:15/43	1:27/52	2:01/74	14:41/45	1:05/46	20:35/83	3:51/36	1:26/41	0:56/39	2:29/42
	+0:54 (7)	+0:13 (11)	+0:17 (7)	+4:24 (11)	+0:07 (4)	+10:13 (21)	+0:44 (8)	+0:34 (13)	+0:14 (7)	+0:32 (11)
	56:45 (13)	57:15 (13)								
	0:59/97	0:30/249								
	+0:17 (12)	+0:08 (16)								
<b>14</b>	<b>Arne Skårholen</b>		<b>Løten OL</b>		<b>(12.29min/km)</b>		<b>1:01:28</b>	<b>(+19:35)</b>		
	8:05 (13)	9:32 (13)	11:52 (12)	33:13 (17)	34:34 (17)	48:53 (14)	53:21 (14)	55:07 (14)	56:54 (14)	59:56 (14)
	8:05/43	1:27/52	2:20/74	21:21/45	1:21/46	14:19/83	4:28/36	1:46/41	1:47/39	3:02/42
	+1:44 (13)	+0:13 (11)	+0:36 (14)	+11:04 (20)	+0:23 (11)	+3:57 (12)	+1:21 (11)	+0:54 (18)	+1:05 (26)	+1:05 (18)
	1:00:59 (14)	1:01:28 (14)								
	1:03/125	0:29/249								
	+0:21 (17)	+0:07 (13)								
<b>15</b>	<b>Tom Sandberg</b>		<b>Mo OK</b>		<b>(12.32min/km)</b>		<b>1:01:36</b>	<b>(+19:43)</b>		
	7:18 (8)	8:53 (8)	10:56 (7)	26:21 (8)	27:50 (8)	52:43 (19)	56:34 (17)	57:30 (15)	58:25 (15)	1:00:32 (15)
	7:18/43	1:35/52	2:03/74	15:25/45	1:29/46	24:53/83	3:51/36	0:56/41	0:55/39	2:07/42
	+0:57 (8)	+0:21 (14)	+0:19 (10)	+5:08 (12)	+0:31 (14)	+14:31 (26)	+0:44 (8)	+0:04 (3)	+0:13 (4)	+0:10 (4)
	1:01:14 (15)	1:01:36 (15)								
	0:42/97	0:22/249								
	+0:00 (1)	+0:00 (1)								
<b>16</b>	<b>Hannu Kottonen</b>		<b>Lynx - Finland</b>		<b>(12.68min/km)</b>		<b>1:03:23</b>	<b>(+21:30)</b>		
	11:38 (19)	13:28 (20)	15:57 (21)	32:39 (16)	34:27 (16)	51:38 (17)	56:11 (15)	57:30 (15)	58:39 (16)	1:01:52 (16)
	11:38/43	1:50/52	2:29/74	16:42/45	1:48/46	17:11/83	4:33/36	1:19/41	1:09/39	3:13/42
	+5:17 (19)	+0:36 (22)	+0:45 (19)	+6:25 (15)	+0:50 (19)	+6:49 (17)	+1:26 (12)	+0:27 (11)	+0:27 (15)	+1:16 (21)
	1:02:54 (16)	1:03:23 (16)								
	1:02/125	0:29/249								
	+0:20 (16)	+0:07 (13)								
<b>17</b>	<b>Geir Owren</b>		<b>Freidig</b>		<b>(12.76min/km)</b>		<b>1:03:47</b>	<b>(+21:54)</b>		
	7:31 (9)	9:12 (9)	11:13 (10)	39:38 (24)	40:50 (22)	52:27 (18)	57:26 (18)	58:39 (17)	59:39 (17)	1:02:11 (17)
	7:31/43	1:41/52	2:01/74	28:25/45	1:12/46	11:37/83	4:59/36	1:13/41	1:00/39	2:32/42
	+1:10 (9)	+0:27 (17)	+0:17 (7)	+18:08 (27)	+0:14 (6)	+1:15 (5)	+1:52 (14)	+0:21 (9)	+0:18 (12)	+0:35 (12)
	1:03:15 (17)	1:03:47 (17)								
	1:04/125	0:32/249								
	+0:22 (18)	+0:10 (19)								
<b>18</b>	<b>Gunnar Brattli</b>		<b>Mo OK</b>		<b>(13.01min/km)</b>		<b>1:05:02</b>	<b>(+23:09)</b>		
	8:45 (16)	10:32 (16)	14:14 (17)	30:33 (14)	32:40 (15)	50:54 (16)	58:53 (19)	1:00:05 (19)	1:01:02 (19)	1:03:29 (18)
	8:45/43	1:47/52	3:42/74	16:19/45	2:07/46	18:14/83	7:59/36	1:12/41	0:57/39	2:27/42
	+2:24 (16)	+0:33 (19)	+1:58 (25)	+6:02 (14)	+1:09 (25)	+7:52 (18)	+4:52 (24)	+0:20 (8)	+0:15 (9)	+0:30 (9)
	1:04:33 (18)	1:05:02 (18)								
	1:04/97	0:29/249								
	+0:22 (18)	+0:07 (13)								
<b>19</b>	<b>Hemmo Ahokoivu</b>		<b>Pohjantähti, SK</b>		<b>(13.28min/km)</b>		<b>1:06:23</b>	<b>(+24:30)</b>		
	11:56 (23)	13:36 (21)	15:40 (20)	33:56 (19)	35:09 (19)	50:19 (15)	56:27 (16)	58:48 (18)	1:00:03 (18)	1:04:57 (19)
	11:56/43	1:40/52	2:04/74	18:16/45	1:13/46	15:10/83	6:08/36	2:21/41	1:15/39	4:54/42
	+5:35 (23)	+0:26 (16)	+0:20 (11)	+7:59 (16)	+0:15 (7)	+4:48 (13)	+3:01 (19)	+1:29 (23)	+0:33 (17)	+2:57 (27)
	1:05:56 (19)	1:06:23 (19)								
	0:59/97	0:27/249								
	+0:17 (12)	+0:05 (8)								
<b>20</b>	<b>Arvid Johansen</b>		<b>Sørreisa OL</b>		<b>(13.57min/km)</b>		<b>1:07:51</b>	<b>(+25:58)</b>		
	8:34 (15)	10:00 (14)	12:01 (13)	35:38 (20)	37:07 (20)	55:21 (20)	1:02:00 (20)	1:03:04 (20)	1:04:00 (20)	1:06:27 (20)
	8:34/43	1:26/52	2:01/74	23:37/45	1:29/46	18:14/83	6:39/36	1:04/41	0:56/39	2:27/42
	+2:13 (15)	+0:12 (9)	+0:17 (7)	+13:20 (24)	+0:31 (14)	+7:52 (18)	+3:32 (21)	+0:12 (6)	+0:14 (7)	+0:30 (9)



1:07:24 (20) 1:07:51 (20)  
0:57/97 0:27/249  
+0:15 (10) +0:05 (8)

21 Tore Solheim Stjørdals-Blink Orientering (15.22min/km) **1:16:07 (+34:14)**  
11:56 (23) 13:40 (23) 16:08 (23) 43:27 (27) 44:41 (26) 1:01:09 (21) 1:08:12 (21) 1:10:02 (21) 1:11:11 (21) 1:14:16 (21)  
11:56/43 1:44/52 2:28/74 27:19/45 1:14/46 16:28/83 7:03/36 1:50/41 1:09/39 3:05/42  
+5:35 (23) +0:30 (18) +0:44 (18) +17:02 (25) +0:16 (8) +6:06 (16) +3:56 (23) +0:58 (19) +0:27 (15) +1:08 (19)  
1:15:35 (21) 1:16:07 (21)  
1:19/125 0:32/249  
+0:37 (25) +0:10 (19)

22 Jan Enegren Solf IK (15.92min/km) **1:19:35 (+37:42)**  
11:17 (18) 12:54 (18) 15:15 (18) 33:44 (18) 35:00 (18) 1:06:41 (27) 1:10:45 (24) 1:13:12 (23) 1:14:42 (23) 1:17:56 (22)  
11:17/43 1:37/52 2:21/74 18:29/45 1:16/46 31:41/83 4:04/36 2:27/41 1:30/39 3:14/42  
+4:56 (18) +0:23 (15) +0:37 (15) +8:12 (17) +0:18 (9) +21:19 (27) +0:57 (10) +1:35 (24) +0:48 (22) +1:17 (22)  
1:19:07 (22) 1:19:35 (22)  
1:11/97 0:28/249  
+0:29 (22) +0:06 (11)

23 Vaclav Petr SKOB Ostrava (16.07min/km) **1:20:20 (+38:27)**  
13:10 (27) 15:21 (27) 18:00 (26) 39:09 (22) 40:55 (23) 1:04:00 (23) 1:10:08 (22) 1:13:19 (24) 1:14:47 (24) 1:18:31 (23)  
13:10/43 2:11/52 2:39/74 21:09/45 1:46/46 23:05/83 6:08/36 3:11/41 1:28/39 3:44/42  
+6:49 (27) +0:57 (25) +0:55 (21) +10:52 (19) +0:48 (18) +12:43 (22) +3:01 (19) +2:19 (26) +0:46 (21) +1:47 (23)  
1:19:47 (23) 1:20:20 (23)  
1:16/125 0:33/249  
+0:34 (23) +0:11 (21)

24 Herman Bakke Løten OL (16.19min/km) **1:20:58 (+39:05)**  
11:48 (20) 14:17 (26) 18:21 (27) 39:55 (25) 41:48 (25) 1:05:44 (26) 1:11:30 (25) 1:12:59 (22) 1:14:18 (22) 1:18:58 (24)  
11:48/43 2:29/52 4:04/74 21:34/45 1:53/46 23:56/83 5:46/36 1:29/41 1:19/39 4:40/42  
+5:27 (20) +1:15 (27) +2:20 (27) +11:17 (22) +0:55 (21) +13:34 (23) +2:39 (17) +0:37 (15) +0:37 (18) +2:43 (24)  
1:20:23 (24) 1:20:58 (24)  
1:25/97 0:35/249  
+0:43 (26) +0:13 (24)

25 Øyvind Gylver Asker SK (16.83min/km) **1:24:10 (+42:17)**  
11:50 (21) 13:38 (22) 16:00 (22) 43:19 (26) 44:42 (27) 1:05:11 (24) 1:16:24 (27) 1:17:45 (27) 1:19:04 (26) 1:22:16 (26)  
11:50/43 1:48/52 2:22/74 27:19/45 1:23/46 20:29/83 11:13/36 1:21/41 1:19/39 3:12/42  
+5:29 (21) +0:34 (20) +0:38 (16) +17:02 (25) +0:25 (12) +10:07 (20) +8:06 (27) +0:29 (12) +0:37 (18) +1:15 (20)  
1:23:34 (26) 1:24:10 (25)  
1:18/125 0:36/249  
+0:36 (24) +0:14 (25)

26 Michael Andersson Göteborg Majorna OK (16.87min/km) **1:24:20 (+42:27)**  
12:01 (25) 14:14 (25) 17:08 (25) 39:12 (23) 41:24 (24) 1:05:23 (25) 1:13:39 (26) 1:15:20 (25) 1:17:20 (25) 1:22:00 (25)  
12:01/43 2:13/52 2:54/74 22:04/45 2:12/46 23:59/83 8:16/36 1:41/41 2:00/39 4:40/42  
+5:40 (25) +0:59 (26) +1:10 (23) +11:47 (23) +1:14 (26) +13:37 (24) +5:09 (26) +0:49 (16) +1:18 (27) +2:43 (24)  
1:23:34 (25) 1:24:20 (26)  
1:34/125 0:46/249  
+0:52 (27) +0:24 (27)

27 Kjell Kolstø Stjørdals-Blink Orientering (17.12min/km) **1:25:36 (+43:43)**  
11:55 (22) 14:00 (24) 16:53 (24) 36:26 (21) 38:19 (21) 1:02:30 (22) 1:10:38 (23) 1:17:38 (26) 1:19:09 (27) 1:23:55 (27)  
11:55/43 2:05/52 2:53/74 19:33/45 1:53/46 24:11/83 8:08/36 7:00/41 1:31/39 4:46/42  
+5:34 (22) +0:51 (24) +1:09 (22) +9:16 (18) +0:55 (21) +13:49 (25) +5:01 (25) +6:08 (27) +0:49 (23) +2:49 (26)  
1:25:05 (27) 1:25:36 (27)  
1:10/97 0:31/249  
+0:28 (21) +0:09 (17)

Lasse Pedersen Göteborg Majorna OK (18.24min/km) **Disk (+49:20)**  
10:50 (18) 12:56 (19) 15:44 (21) 34:53 (20) 37:10 (21) 1:04:58 (24) 1:06:19 (21) 1:12:10 (22) 1:18:10 (26) 1:19:44 (25)  
10:50/43 2:06/52 2:48/74 19:09/45 2:17/46 27:48/116 1:21/83 5:51/36 6:00/41 1:34/39  
+4:29 (18) +0:52 (25) +1:04 (22) +8:52 (18) +1:19 (27) +17:26 (27) +0:00 (1) +4:59 (27) +5:18 (28) +0:00 (1)  
1:30:32 (28) 1:31:13 (28)  
10:48/125 0:41/249  
+10:06 (28) +0:19 (27)

## Klasse D55- 4.0 km

13 pämeldt, 12 startende 1 premiirt

<b>1</b>	<b>Liisa Veijalainen</b>		<b>MS Parma Finland</b>	<b>(12.05min/km)</b>	<b>48:33</b>				
8:47 (1)	12:04 (1)	14:33 (1)	22:19 (1)	24:36 (1)	37:53 (1)	41:52 (1)	43:06 (1)	46:28 (1)	47:58 (1)
8:47/53	3:17/52	2:29/74	7:46/50	2:17/51	13:17/48	3:59/41	1:14/39	3:22/49	1:30/125
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:05 (2)	+0:05 (2)	+0:51 (2)	+0:00 (1)	+0:10 (5)	+2:04 (5)	+0:18 (5)
48:33 (1)	48:33 (1)								
0:35/249									
+0:03 (4)	+0:00 (1)								
<b>2</b>	<b>Anja Siuko</b>		<b>Suunta Jyväskylä</b>	<b>(13.76min/km)</b>	<b>55:27</b>	<b>(+6:54)</b>			
11:33 (5)	15:07 (5)	18:19 (4)	27:38 (6)	30:27 (6)	42:53 (2)	49:09 (2)	50:26 (2)	53:27 (2)	54:55 (2)
11:33/53	3:34/52	3:12/74	9:19/50	2:49/51	12:26/48	6:16/41	1:17/39	3:01/49	1:28/125
+2:46 (5)	+0:17 (3)	+0:43 (6)	+1:38 (6)	+0:37 (6)	+0:00 (1)	+2:17 (5)	+0:13 (6)	+1:43 (4)	+0:16 (4)
55:27 (2)	55:27 (2)								
0:32/249									
+0:00 (1)	+0:00 (1)								
<b>3</b>	<b>Sirpa Koivula</b>		<b>Rastikarhut</b>	<b>(13.93min/km)</b>	<b>56:09</b>	<b>(+7:36)</b>			
10:17 (3)	14:32 (3)	19:09 (6)	27:29 (5)	29:58 (4)	43:55 (5)	50:09 (4)	51:22 (4)	54:21 (3)	55:33 (3)
10:17/53	4:15/52	4:37/74	8:20/50	2:29/51	13:57/48	6:14/41	1:13/39	2:59/49	1:12/97
+1:30 (3)	+0:58 (5)	+2:08 (11)	+0:39 (3)	+0:17 (4)	+1:31 (5)	+2:15 (4)	+0:09 (3)	+1:41 (3)	+0:00 (1)
56:09 (3)	56:09 (3)								
0:36/249									
+0:04 (5)	+0:00 (1)								
<b>4</b>	<b>Kyllikki Kauppinen</b>		<b>Kalevan Rasti</b>	<b>(14.11min/km)</b>	<b>56:53</b>	<b>(+8:20)</b>			
11:24 (4)	14:46 (4)	17:26 (3)	26:45 (3)	29:17 (2)	42:58 (3)	49:34 (3)	50:45 (3)	54:42 (4)	56:12 (4)
11:24/53	3:22/52	2:40/74	9:19/50	2:32/51	13:41/48	6:36/41	1:11/39	3:57/49	1:30/125
+2:37 (4)	+0:05 (2)	+0:11 (3)	+1:38 (6)	+0:20 (5)	+1:15 (4)	+2:37 (6)	+0:07 (2)	+2:39 (6)	+0:18 (5)
56:53 (4)	56:53 (4)								
0:41/249									
+0:09 (8)	+0:00 (1)								
<b>5</b>	<b>Kaarina Kursukangas-Hourula</b>		<b>Iisalmen Visa, Finland</b>	<b>(15.46min/km)</b>	<b>1:02:18</b>	<b>(+13:45)</b>			
10:11 (2)	13:54 (2)	17:10 (2)	26:54 (4)	30:04 (5)	46:53 (6)	53:56 (5)	55:09 (5)	59:45 (5)	1:01:39 (5)
10:11/53	3:43/52	3:16/74	9:44/50	3:10/51	16:49/48	7:03/41	1:13/39	4:36/49	1:54/125
+1:24 (2)	+0:26 (4)	+0:47 (7)	+2:03 (8)	+0:58 (8)	+4:23 (6)	+3:04 (7)	+0:09 (3)	+3:18 (11)	+0:42 (8)
1:02:18 (5)	1:02:18 (5)								
0:39/249									
+0:07 (7)	+0:00 (1)								
<b>6</b>	<b>Elsa Hauknes</b>		<b>Mo OK</b>	<b>(17.11min/km)</b>	<b>1:08:58</b>	<b>(+20:25)</b>			
11:34 (6)	17:34 (7)	21:59 (7)	30:49 (7)	33:10 (7)	55:53 (7)	1:01:36 (6)	1:03:01 (6)	1:07:02 (6)	1:08:24 (6)
11:34/53	6:00/52	4:25/74	8:50/50	2:21/51	22:43/48	5:43/41	1:25/39	4:01/49	1:22/125
+2:47 (6)	+2:43 (10)	+1:56 (10)	+1:09 (5)	+0:09 (3)	+10:17 (9)	+1:44 (3)	+0:21 (7)	+2:43 (7)	+0:10 (3)
1:08:58 (6)	1:08:58 (6)								
0:34/249									
+0:02 (2)	+0:00 (1)								
<b>7</b>	<b>Sacilotto Lucia</b>		<b>Unione Lombarda - Italy</b>	<b>(17.65min/km)</b>	<b>1:11:07</b>	<b>(+22:34)</b>			
15:03 (10)	21:30 (10)	24:16 (10)	32:43 (9)	34:55 (8)	56:43 (8)	1:03:51 (7)	1:04:55 (7)	1:09:16 (7)	1:10:33 (7)
15:03/53	6:27/52	2:46/74	8:27/50	2:12/51	21:48/48	7:08/41	1:04/39	4:21/49	1:17/125
+6:16 (10)	+3:10 (11)	+0:17 (4)	+0:46 (4)	+0:00 (1)	+9:22 (7)	+3:09 (8)	+0:00 (1)	+3:03 (9)	+0:05 (2)
1:11:07 (7)	1:11:07 (7)								
0:34/249									
+0:02 (2)	+0:00 (1)								
<b>8</b>	<b>Doris Kläy</b>		<b>Hindelbank, OLV - Schweiz</b>	<b>19.24min/km)</b>	<b>1:17:32</b>	<b>(+28:59)</b>			
14:14 (9)	20:10 (9)	23:05 (9)	36:47 (10)	39:57 (10)	1:01:50 (10)	1:07:24 (9)	1:09:03 (8)	1:10:21 (8)	1:14:58 (8)
14:14/53	5:56/52	2:55/74	13:42/50	3:10/51	21:53/48	5:34/39	1:39/41	1:18/39	4:37/49
+5:27 (9)	+2:39 (9)	+0:26 (5)	+6:01 (11)	+0:58 (8)	+9:27 (8)	+1:35 (2)	+0:35 (9)	+0:00 (1)	+3:25 (11)
1:16:47 (8)	1:17:32 (8)								
1:49/125	0:45/249								
+1:17 (11)	+0:05 (2)								

9 Solveig Beate Olsen Oddersjaa SSK (19.58min/km) **1:18:54 (+30:21)**  
 11:56 (7) 16:30 (6) 19:03 (5) 26:44 (2) 29:55 (3) 43:28 (4) 1:10:56 (10) 1:12:29 (10) 1:16:44 (10) 1:18:16 (10)  
 11:56/53 4:34/52 2:33/74 7:41/50 3:11/51 13:33/48 27:28/41 1:33/39 4:15/49 1:32/97  
 +3:09 (7) +1:17 (6) +0:04 (2) +0:00 (1) +0:59 (10) +1:07 (3) +23:29 (12) +0:29 (8) +2:57 (8) +0:20 (7)  
 1:18:54 (10) 1:18:54 (9)  
 0:38/249  
 +0:06 (6) +0:00 (1)

10 Kari Lillealtern Freidig (19.72min/km) **1:19:28 (+30:55)**  
 12:59 (8) 18:26 (8) 22:00 (8) 32:40 (8) 35:42 (9) 58:48 (9) 1:07:05 (8) 1:10:39 (9) 1:12:06 (9) 1:16:52 (9)  
 12:59/53 5:27/52 3:34/74 10:40/50 3:02/51 23:06/48 8:17/39 3:34/41 1:27/39 4:46/49  
 +4:12 (8) +2:10 (7) +1:05 (8) +2:59 (9) +0:50 (7) +10:40 (10) +4:18 (9) +2:30 (12) +0:09 (2) +3:34 (12)  
 1:18:48 (9) 1:19:28 (10)  
 1:56/125 0:40/249  
 +1:24 (12) +0:00 (1)

11 Nylund Marlene Falken, IK - Finland (31.78min/km) **2:08:04 (+1:19:31)**  
 25:35 (11) 33:20 (11) 36:56 (11) 1:00:56 (12) 1:08:58 (12) 1:45:47 (11) 1:57:59 (11) 2:00:07 (11) 2:04:57 (11) 2:07:19 (11)  
 25:35/53 7:45/52 3:36/74 24:00/50 8:02/51 36:49/48 12:12/41 2:08/39 4:50/49 2:22/125  
 +16:48 (11) +4:28 (12) +1:07 (9) +16:19 (12) +5:50 (12) +24:23 (11) +8:13 (10) +1:04 (11) +3:32 (12) +1:10 (9)  
 2:08:04 (11) 2:08:04 (11)  
 0:45/249  
 +0:13 (9) +0:00 (1)

12 Miriam Noren Uven, IK (32.65min/km) **2:11:34 (+1:23:01)**  
 29:42 (12) 35:13 (12) 41:03 (12) 54:09 (11) 1:01:10 (11) 1:48:56 (12) 2:01:12 (12) 2:03:18 (12) 2:07:50 (12) 2:10:31 (12)  
 29:42/53 5:31/52 5:50/74 13:06/50 7:01/51 47:46/48 12:16/41 2:06/39 4:32/49 2:41/125  
 +20:55 (12) +2:14 (8) +3:21 (12) +5:25 (10) +4:49 (11) +35:20 (12) +8:17 (11) +1:02 (10) +3:14 (10) +1:29 (10)  
 2:11:34 (12) 2:11:34 (12)  
 1:03/249  
 +0:31 (10) +0:00 (1)

## Klasse H55- 4.3 km

19 påmeldt, 17 startende 1 premiert

1 Niels Møller Petersen FROS, OK - Danmark (10.60min/km) **45:53**  
 9:42 (1) 11:52 (1) 15:42 (1) 22:37 (1) 23:44 (1) 34:36 (1) 37:43 (1) 38:55 (1) 44:15 (1) 45:26 (1)  
 9:42/31 2:10/32 3:50/33 6:55/77 1:07/51 10:52/47 3:07/37 1:12/39 5:20/49 1:11/125  
 +0:00 (1) +0:13 (2) +0:00 (1) +0:05 (2) +0:00 (1) +0:00 (1) +0:35 (4) +0:20 (6) +3:53 (16) +0:03 (2)  
 45:53 (1) 45:53 (1)  
 0:27/249  
 +0:02 (2) +0:00 (1)

2 Ola Skogstad Mo OK (10.68min/km) **46:14 (+0:21)**  
 10:43 (4) 13:22 (5) 17:30 (3) 24:44 (2) 25:58 (2) 37:44 (2) 41:12 (2) 42:04 (2) 44:41 (2) 45:49 (2)  
 10:43/31 2:39/32 4:08/33 7:14/77 1:14/51 11:46/47 3:28/37 0:52/39 2:37/49 1:08/97  
 +1:01 (4) +0:42 (10) +0:18 (3) +0:24 (4) +0:07 (4) +0:54 (2) +0:56 (8) +0:00 (1) +1:10 (2) +0:00 (1)  
 46:14 (2) 46:14 (2)  
 0:25/249  
 +0:00 (1) +0:00 (1)

3 Håkon Beitnes Hamar OK (11.09min/km) **48:01 (+2:08)**  
 12:37 (12) 14:34 (10) 18:34 (6) 25:24 (3) 26:37 (3) 39:11 (3) 42:14 (3) 43:23 (3) 46:17 (3) 47:31 (3)  
 12:37/31 1:57/32 4:00/33 6:50/77 1:13/51 12:34/47 3:03/37 1:09/39 2:54/49 1:14/97  
 +2:55 (12) +0:00 (1) +0:10 (2) +0:00 (1) +0:06 (3) +1:42 (3) +0:31 (3) +0:17 (4) +1:27 (4) +0:06 (3)  
 48:01 (3) 48:01 (3)  
 0:30/249  
 +0:05 (3) +0:00 (1)

4 Stanley Mattsson Uven, IK (11.45min/km) **49:36 (+3:43)**  
 10:50 (5) 13:15 (4) 17:32 (4) 25:28 (4) 26:52 (4) 40:40 (5) 43:52 (5) 44:57 (4) 47:46 (4) 49:04 (4)  
 10:50/31 2:25/32 4:17/33 7:56/77 1:24/51 13:48/47 3:12/37 1:05/39 2:49/49 1:18/97  
 +1:08 (5) +0:28 (5) +0:27 (4) +1:06 (5) +0:17 (7) +2:56 (7) +0:40 (5) +0:13 (2) +1:22 (3) +0:10 (5)  
 49:36 (4) 49:36 (4)  
 0:32/249  
 +0:07 (5) +0:00 (1)

<b>5</b>	<b>Helge Rustad</b>		<b>Freidig</b>				<b>(11.63min/km)</b>		<b>50:21</b>	<b>(+4:28)</b>
	10:27 (3)	12:46 (2)	17:21 (2)	25:55 (5)	27:07 (5)	40:24 (4)	43:26 (4)	45:21 (5)	48:26 (5)	49:48 (5)
	10:27/31	2:19/32	4:35/33	8:34/77	1:12/51	13:17/47	3:02/37	1:55/39	3:05/49	1:22/97
	+0:45 (3)	+0:22 (3)	+0:45 (5)	+1:44 (10)	+0:05 (2)	+2:25 (5)	+0:30 (2)	+1:03 (13)	+1:38 (6)	+0:14 (8)
	50:21 (5)	50:21 (5)								
	0:33/249									
	+0:08 (7)	+0:00 (1)								
<b>6</b>	<b>Even Hofstad</b>		<b>Freidig</b>				<b>(12.07min/km)</b>		<b>52:15</b>	<b>(+6:22)</b>
	10:14 (2)	12:46 (3)	18:01 (5)	27:00 (7)	28:38 (7)	42:45 (6)	45:58 (6)	47:09 (6)	50:22 (6)	51:41 (6)
	10:14/31	2:32/32	5:15/33	8:59/77	1:38/51	14:07/47	3:13/37	1:11/39	3:13/49	1:19/125
	+0:32 (2)	+0:35 (7)	+1:25 (8)	+2:09 (11)	+0:31 (12)	+3:15 (8)	+0:41 (6)	+0:19 (5)	+1:46 (8)	+0:11 (6)
	52:15 (6)	52:15 (6)								
	0:34/249									
	+0:09 (10)	+0:00 (1)								
<b>7</b>	<b>Pekka Rytönen</b>		<b>Pihkaniskat</b>				<b>(12.29min/km)</b>		<b>53:14</b>	<b>(+7:21)</b>
	11:47 (8)	14:20 (7)	19:37 (8)	27:46 (8)	29:09 (8)	42:52 (7)	46:23 (7)	47:36 (7)	50:37 (7)	52:24 (7)
	11:47/31	2:33/32	5:17/33	8:09/77	1:23/51	13:43/47	3:31/37	1:13/39	3:01/49	1:47/97
	+2:05 (8)	+0:36 (8)	+1:27 (9)	+1:19 (7)	+0:16 (6)	+2:51 (6)	+0:59 (9)	+0:21 (7)	+1:34 (5)	+0:39 (13)
	53:14 (7)	53:14 (7)								
	0:50/249									
	+0:25 (15)	+0:00 (1)								
<b>8</b>	<b>Nylund Henrik</b>		<b>Falken, IK - Finland</b>				<b>(12.81min/km)</b>		<b>55:27</b>	<b>(+9:34)</b>
	12:16 (11)	14:54 (11)	19:29 (7)	26:40 (6)	28:15 (6)	44:48 (8)	48:38 (8)	49:56 (8)	53:17 (8)	54:54 (8)
	12:16/31	2:38/32	4:35/33	7:11/77	1:35/51	16:33/47	3:50/37	1:18/39	3:21/49	1:37/97
	+2:34 (11)	+0:41 (9)	+0:45 (5)	+0:21 (3)	+0:28 (11)	+5:41 (11)	+1:18 (12)	+0:26 (9)	+1:54 (9)	+0:29 (11)
	55:27 (8)	55:27 (8)								
	0:33/249									
	+0:08 (7)	+0:00 (1)								
<b>9</b>	<b>Stefanini Jean-Philippe</b>		<b>GUC-CO (France)</b>				<b>(13.21min/km)</b>		<b>57:13</b>	<b>(+11:20)</b>
	12:49 (13)	15:11 (12)	19:59 (10)	29:24 (10)	30:38 (10)	47:32 (9)	51:03 (10)	52:18 (9)	55:25 (9)	56:39 (9)
	12:49/31	2:22/32	4:48/33	9:25/77	1:14/51	16:54/47	3:31/37	1:15/39	3:07/49	1:14/125
	+3:07 (13)	+0:25 (4)	+0:58 (7)	+2:35 (12)	+0:07 (4)	+6:02 (12)	+0:59 (9)	+0:23 (8)	+1:40 (7)	+0:06 (3)
	57:13 (9)	57:13 (9)								
	0:34/249									
	+0:09 (10)	+0:00 (1)								
<b>10</b>	<b>Tor Mjaaland</b>		<b>Oddersjaa SSK</b>				<b>(13.81min/km)</b>		<b>59:49</b>	<b>(+13:56)</b>
	11:48 (9)	14:30 (9)	23:09 (13)	31:07 (11)	32:45 (11)	47:36 (10)	53:17 (11)	54:23 (10)	57:44 (11)	59:16 (10)
	11:48/31	2:42/32	8:39/33	7:58/77	1:38/51	14:51/47	5:41/37	1:06/39	3:21/49	1:32/97
	+2:06 (9)	+0:45 (12)	+4:49 (14)	+1:08 (6)	+0:31 (12)	+3:59 (10)	+3:09 (16)	+0:14 (3)	+1:54 (9)	+0:24 (10)
	59:49 (10)	59:49 (10)								
	0:33/249									
	+0:08 (7)	+0:00 (1)								
<b>11</b>	<b>Erling Strand</b>		<b>Bergens TF</b>				<b>(14.26min/km)</b>		<b>1:01:45</b>	<b>(+15:52)</b>
	11:06 (6)	13:35 (6)	24:59 (14)	33:17 (12)	34:48 (12)	47:50 (11)	50:22 (9)	54:42 (11)	56:09 (10)	59:42 (11)
	11:06/31	2:29/32	11:24/33	8:18/77	1:31/51	13:02/36	2:32/47	4:20/37	1:27/39	3:33/49
	+1:24 (6)	+0:32 (6)	+7:34 (15)	+1:28 (8)	+0:24 (9)	+2:10 (4)	+0:00 (1)	+3:28 (16)	+0:00 (1)	+2:25 (16)
	1:01:10 (11)	1:01:45 (11)								
	1:28/97	0:35/249								
	+1:03 (16)	+0:00 (1)								
<b>12</b>	<b>Torgny Johansson</b>		<b>Eken, OK - Sverige</b>				<b>(14.59min/km)</b>		<b>1:03:10</b>	<b>(+17:17)</b>
	11:46 (7)	14:26 (8)	19:51 (9)	28:17 (9)	29:59 (9)	50:48 (12)	54:38 (12)	56:15 (12)	1:01:01 (12)	1:02:39 (12)
	11:46/31	2:40/32	5:25/33	8:26/77	1:42/51	20:49/47	3:50/37	1:37/39	4:46/49	1:38/125
	+2:04 (7)	+0:43 (11)	+1:35 (10)	+1:36 (9)	+0:35 (14)	+9:57 (15)	+1:18 (12)	+0:45 (11)	+3:19 (14)	+0:30 (12)
	1:03:10 (12)	1:03:10 (12)								
	0:31/249									
	+0:06 (4)	+0:00 (1)								
<b>13</b>	<b>Ole Petter Rundhaug</b>		<b>Mo OK</b>				<b>(14.73min/km)</b>		<b>1:03:46</b>	<b>(+17:53)</b>
	12:51 (14)	15:39 (13)	21:14 (11)	34:22 (13)	35:51 (13)	53:01 (14)	56:46 (14)	58:06 (14)	1:01:47 (13)	1:03:14 (13)
	12:51/31	2:48/32	5:35/33	13:08/77	1:29/51	17:10/47	3:45/37	1:20/39	3:41/49	1:27/97
	+3:09 (14)	+0:51 (13)	+1:45 (11)	+6:18 (14)	+0:22 (8)	+6:18 (13)	+1:13 (11)	+0:28 (10)	+2:14 (11)	+0:19 (9)

1:03:46 (13) 1:03:46 (13)

0:32/249

+0:07 (5) +0:00 (1)

14 Frank Priesemann

Mo OK

(14.79min/km)

1:04:03 (+18:10)

12:10 (10) 15:47 (14) 22:04 (12) 36:29 (14) 38:01 (14) 52:38 (13) 55:53 (13) 57:59 (13) 1:02:07 (14) 1:03:28 (14)

12:10/31 3:37/32 6:17/33 14:25/77 1:32/51 14:37/47 3:15/37 2:06/39 4:08/49 1:21/97

+2:28 (10) +1:40 (14) +2:27 (12) +7:35 (16) +0:25 (10) +3:45 (9) +0:43 (7) +1:14 (14) +2:41 (12) +0:13 (7)

1:04:03 (14) 1:04:03 (14)

0:35/249

+0:10 (12) +0:00 (1)

15 Jørn Haarby

Øst, OK - Danmark

(17.18min/km)

1:14:24 (+28:31)

15:33 (15) 19:21 (15) 27:59 (15) 38:56 (15) 40:51 (15) 59:57 (15) 1:04:46 (15) 1:07:09 (15) 1:11:54 (15) 1:13:46 (15)

15:33/31 3:48/32 8:38/33 10:57/77 1:55/51 19:06/47 4:49/37 2:23/39 4:45/49 1:52/97

+5:51 (15) +1:51 (15) +4:48 (13) +4:07 (13) +0:48 (15) +8:14 (14) +2:17 (15) +1:31 (15) +3:18 (13) +0:44 (14)

1:14:24 (15) 1:14:24 (15)

0:38/249

+0:13 (13) +0:00 (1)

16 Erik Lohse

Øst, OK - Danmark

(25.03min/km)

1:48:22 (+1:02:29)

33:54 (16) 38:02 (16) 51:59 (16) 1:05:11 (16) 1:07:37 (16) 1:34:16 (16) 1:38:58 (16) 1:40:50 (16) 1:45:37 (16) 1:47:42 (16)

33:54/31 4:08/32 13:57/33 13:12/77 2:26/51 26:39/47 4:42/37 1:52/39 4:47/49 2:05/125

+24:12 (16) +2:11 (16) +10:07 (16) +6:22 (15) +1:19 (16) +15:47 (16) +2:10 (14) +1:00 (12) +3:20 (15) +0:57 (15)

1:48:22 (16) 1:48:22 (16)

0:40/249

+0:15 (14) +0:00 (1)

Karhumäki Lauri

Pihkaniskat

(13.14min/km)

Disk (+11:01)

10:00 (2) 12:19 (2) 17:23 (3) 30:19 (11) 31:44 (11) 45:35 (9) 48:49 (9) 49:51 (8) 54:55 (9) 56:23 (9)

10:00/31 2:19/32 5:04/74 12:56/77 1:25/51 13:51/47 3:14/37 1:02/39 5:04/49 1:28/125

+0:18 (2) +0:22 (3) +1:14 (8) +6:06 (14) +0:18 (8) +2:59 (8) +0:42 (7) +0:10 (2) +3:37 (16) +0:20 (10)

56:54 (9) 56:54 (9)

0:31/249

+0:06 (4) +0:00 (1)

## Klasse D60- 3.2 km

12 påmeldt, 12 startende 1 premiert

1 Kari Pedesen

Asker SK

(12.01min/km)

38:33

12:04 (4) 15:17 (4) 17:36 (2) 18:51 (2) 24:10 (2) 33:04 (1) 36:34 (1) 38:00 (1) 38:33 (1)

12:04/53 3:13/54 2:19/55 1:15/56 5:19/57 8:54/58 3:30/49 1:26/97 0:33/249

+1:17 (4) +0:31 (2) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:02 (2)

2 Sidsel Graff-Iversen

Fossum IF

(12.52min/km)

40:12 (+1:39)

11:11 (2) 15:03 (3) 18:16 (4) 19:46 (4) 25:15 (3) 34:15 (2) 37:52 (2) 39:36 (2) 40:12 (2)

11:11/53 3:52/54 3:13/55 1:30/56 5:29/57 9:00/58 3:37/49 1:44/125 0:36/249

+0:24 (2) +1:10 (7) +0:54 (4) +0:15 (4) +0:10 (2) +0:06 (3) +0:07 (2) +0:18 (4) +0:05 (3)

3 Edel Slettemark

Stord IL

(12.90min/km)

41:25 (+2:52)

10:47 (1) 13:29 (1) 15:55 (1) 17:17 (1) 23:22 (1) 35:49 (3) 39:27 (3) 40:54 (3) 41:25 (3)

10:47/53 2:42/54 2:26/55 1:22/56 6:05/57 12:27/58 3:38/49 1:27/125 0:31/249

+0:00 (1) +0:00 (1) +0:07 (2) +0:07 (2) +0:46 (4) +3:33 (10) +0:08 (3) +0:01 (2) +0:00 (1)

4 Guri Løkse

Sørreisa OL

(13.18min/km)

42:19 (+3:46)

11:33 (3) 15:02 (2) 17:36 (3) 19:07 (3) 26:37 (4) 36:05 (4) 39:47 (4) 41:42 (4) 42:19 (4)

11:33/53 3:29/54 2:34/55 1:31/56 7:30/57 9:28/58 3:42/49 1:55/97 0:37/249

+0:46 (3) +0:47 (5) +0:15 (3) +0:16 (5) +2:11 (5) +0:34 (4) +0:12 (4) +0:29 (7) +0:06 (4)

5 Nora Ursin

Fossum IF

(13.61min/km)

43:41 (+5:08)

14:25 (7) 17:57 (7) 21:28 (6) 22:57 (6) 28:28 (5) 37:26 (5) 41:21 (5) 43:02 (5) 43:41 (5)

14:25/53 3:32/54 3:31/55 1:29/56 5:31/57 8:58/58 3:55/49 1:41/97 0:39/249

+3:38 (7) +0:50 (6) +1:12 (7) +0:14 (3) +0:12 (3) +0:04 (2) +0:25 (5) +0:15 (3) +0:08 (5)

6 Brynhild Ursin Fanuelsen

Fossum IF

(16.65min/km)

53:26 (+14:53)

13:42 (6) 17:07 (5) 22:17 (7) 23:58 (7) 35:55 (7) 46:35 (7) 50:51 (6) 52:42 (6) 53:26 (6)

13:42/53 3:25/54 5:10/55 1:41/56 11:57/57 10:40/58 4:16/49 1:51/125 0:44/249

+2:55 (6) +0:43 (4) +2:51 (11) +0:26 (6) +6:38 (8) +1:46 (5) +0:46 (6) +0:25 (5) +0:13 (8)

7	Anne Marie Pedersen		Bjerkvik IF		(16.79min/km)	<b>53:53</b>	(+15:20)		
	14:43 (8)	19:34 (8)	23:57 (8)	25:57 (8)	33:40 (6)	45:57 (6)	50:54 (7)	53:08 (7)	53:53 (7)
	14:43/53	4:51/54	4:23/55	2:00/56	7:43/57	12:17/58	4:57/49	2:14/125	0:45/249
	+3:56 (8)	+2:09 (10)	+2:04 (10)	+0:45 (10)	+2:24 (6)	+3:23 (9)	+1:27 (10)	+0:48 (10)	+0:14 (9)
8	Aud Spjelkavik		Tyrving, IL		(18.94min/km)	<b>1:00:48</b>	(+22:15)		
	17:05 (9)	21:46 (10)	26:00 (10)	28:21 (10)	37:23 (8)	51:02 (8)	57:03 (8)	59:53 (8)	1:00:48 (8)
	17:05/53	4:41/54	4:14/55	2:21/56	9:02/57	13:39/58	6:01/49	2:50/125	0:55/249
	+6:18 (9)	+1:59 (9)	+1:55 (9)	+1:06 (11)	+3:43 (7)	+4:45 (11)	+2:31 (11)	+1:24 (11)	+0:24 (11)
9	Berit Dybvik		Solid, IL		(19.58min/km)	<b>1:02:52</b>	(+24:19)		
	13:22 (5)	17:28 (6)	20:53 (5)	22:51 (5)	43:11 (9)	55:07 (9)	59:59 (9)	1:02:01 (9)	1:02:52 (9)
	13:22/53	4:06/54	3:25/55	1:58/56	20:20/57	11:56/58	4:52/49	2:02/97	0:51/249
	+2:35 (5)	+1:24 (8)	+1:06 (6)	+0:43 (9)	+15:01 (10)	+3:02 (7)	+1:22 (9)	+0:36 (8)	+0:20 (10)
10	Marie Sikorova		Banik Ostrava		(20.65min/km)	<b>1:06:17</b>	(+27:44)		
	17:54 (11)	30:32 (11)	33:49 (11)	35:42 (11)	48:26 (11)	59:20 (11)	1:03:47 (10)	1:05:38 (10)	1:06:17 (10)
	17:54/53	12:38/54	3:17/55	1:53/56	12:44/57	10:54/58	4:27/49	1:51/97	0:39/249
	+7:07 (11)	+9:56 (11)	+0:58 (5)	+0:38 (7)	+7:25 (9)	+2:00 (6)	+0:57 (7)	+0:25 (5)	+0:08 (5)
11	Eva Lund Pedersen		Siso, IL		(20.74min/km)	<b>1:06:34</b>	(+28:01)		
	17:44 (10)	21:08 (9)	24:44 (9)	26:38 (9)	47:09 (10)	59:09 (10)	1:03:47 (10)	1:05:52 (11)	1:06:34 (11)
	17:44/53	3:24/54	3:36/55	1:54/56	20:31/57	12:00/58	4:38/49	2:05/125	0:42/249
	+6:57 (10)	+0:42 (3)	+1:17 (8)	+0:39 (8)	+15:12 (11)	+3:06 (8)	+1:08 (8)	+0:39 (9)	+0:11 (7)
	Gerd Yttervik		Lia IL		(14.29min/km)	<b>Disk</b>	(+7:19)		
	17:33 (10)	34:26 (12)	41:05 (12)	44:37 (12)	45:52 (10)	45:52 (6)	45:52 (6)	45:52 (6)	45:52 (6)
	17:33/57	16:53/58	6:39/49	3:32/97	1:15/249				
	+6:46 (10)	+14:11 (12)	+4:20 (12)	+2:17 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H60- 4.0 km

29 påmeldt, 27 startende 1 premiert

1	Tore Angell-Petersen		Freidig		(10.10min/km)	<b>40:41</b>				
	8:05 (4)	10:51 (4)	12:55 (2)	19:45 (1)	21:57 (1)	31:05 (1)	35:17 (1)	36:18 (1)	38:54 (2)	40:09 (1)
	8:05/53	2:46/52	2:04/74	6:50/50	2:12/51	9:08/48	4:12/41	1:01/39	2:36/49	1:15/97
	+0:29 (4)	+0:19 (6)	+0:24 (5)	+0:16 (3)	+0:33 (10)	+0:25 (3)	+1:23 (10)	+0:01 (2)	+1:35 (5)	+0:09 (7)
	40:41 (1)	40:41 (1)								
	0:32/249									
	+0:30 (8)	+0:00 (1)								
2	Hannu Siuko		Suunta Jyväskylä		(10.52min/km)	<b>42:24</b>	(+1:43)			
	7:47 (3)	10:30 (2)	13:04 (3)	19:52 (2)	22:03 (2)	31:10 (2)	35:25 (2)	36:33 (2)	37:34 (1)	40:28 (2)
	7:47/53	2:43/52	2:34/74	6:48/50	2:11/51	9:07/48	4:15/39	1:08/41	1:01/39	2:54/49
	+0:11 (3)	+0:16 (4)	+0:54 (15)	+0:14 (2)	+0:32 (9)	+0:24 (2)	+1:26 (11)	+0:08 (8)	+0:00 (1)	+1:48 (25)
	41:55 (2)	42:24 (2)								
	1:27/125	0:29/249								
	+1:25 (26)	+0:00 (1)								
3	Tuomo Peltola		MS Parma Finland		(10.53min/km)	<b>42:27</b>	(+1:46)			
	8:34 (8)	11:01 (5)	14:34 (9)	22:10 (8)	24:17 (8)	33:46 (3)	36:41 (3)	37:41 (3)	40:33 (4)	41:53 (3)
	8:34/53	2:27/52	3:33/74	7:36/50	2:07/51	9:29/48	2:55/41	1:00/39	2:52/49	1:20/125
	+0:58 (8)	+0:00 (1)	+1:53 (23)	+1:02 (13)	+0:28 (4)	+0:46 (4)	+0:06 (3)	+0:00 (1)	+1:51 (9)	+0:14 (11)
	42:27 (3)	42:27 (3)								
	0:34/249									
	+0:32 (14)	+0:00 (1)								
4	Jouko Koivula		Rastikarhut		(10.60min/km)	<b>42:43</b>	(+2:02)			
	9:59 (17)	12:32 (13)	14:20 (6)	21:23 (3)	23:58 (4)	34:33 (4)	37:22 (4)	38:31 (4)	41:08 (5)	42:15 (4)
	9:59/53	2:33/52	1:48/74	7:03/50	2:35/51	10:35/48	2:49/41	1:09/39	2:37/49	1:07/97
	+2:23 (17)	+0:06 (2)	+0:08 (2)	+0:29 (4)	+0:56 (23)	+1:52 (8)	+0:00 (1)	+0:09 (9)	+1:36 (6)	+0:01 (2)
	42:43 (4)	42:43 (4)								
	0:28/249									
	+0:26 (4)	+0:00 (1)								
5	Knut Lillealtern		Freidig		(11.00min/km)	<b>44:19</b>	(+3:38)			
	9:14 (12)	12:24 (11)	14:39 (10)	21:47 (5)	24:09 (5)	35:35 (7)	38:28 (6)	39:39 (6)	42:31 (6)	43:46 (6)
	9:14/53	3:10/52	2:15/74	7:08/50	2:22/51	11:26/48	2:53/41	1:11/39	2:52/49	1:15/97
	+1:38 (12)	+0:43 (18)	+0:35 (8)	+0:34 (5)	+0:43 (16)	+2:43 (14)	+0:04 (2)	+0:11 (15)	+1:51 (9)	+0:09 (7)

44:19 (5) 44:19 (5)  
0:33/249  
+0:31 (11) +0:00 (1)

6 Arve Smestad Løten OL (11.34min/km) **45:42 (+5:01)**  
9:38 (13) 12:30 (12) 14:54 (11) 22:05 (7) 24:15 (7) 34:47 (5) 38:04 (5) 39:11 (5) 40:20 (3) 43:34 (5)  
9:38/53 2:52/52 2:24/74 7:11/50 2:10/51 10:32/48 3:17/39 1:07/41 1:09/39 3:14/49  
+2:02 (13) +0:25 (8) +0:44 (12) +0:37 (6) +0:31 (8) +1:49 (7) +0:28 (7) +0:07 (7) +0:08 (2) +2:08 (26)  
45:05 (6) 45:42 (6)  
1:31/125 0:37/249  
+1:29 (27) +0:08 (4)

7 Ove Gunnar Jacobsen Stokke IL (11.43min/km) **46:03 (+5:22)**  
9:56 (14) 13:02 (16) 15:26 (13) 22:54 (10) 25:14 (10) 35:58 (8) 40:14 (9) 41:23 (8) 44:22 (8) 45:34 (8)  
9:56/53 3:06/52 2:24/74 7:28/50 2:20/51 10:44/48 4:16/41 1:09/39 2:59/49 1:12/97  
+2:20 (14) +0:39 (16) +0:44 (12) +0:54 (10) +0:41 (14) +2:01 (10) +1:27 (12) +0:09 (9) +1:58 (11) +0:06 (3)  
46:03 (7) 46:03 (7)  
0:29/249  
+0:27 (6) +0:00 (1)

8 Gunnar Kvaal Storsteinnes IL (11.44min/km) **46:07 (+5:26)**  
8:31 (7) 11:42 (8) 14:31 (8) 21:49 (6) 24:10 (6) 36:08 (9) 39:24 (7) 40:43 (7) 44:05 (7) 45:32 (7)  
8:31/53 3:11/52 2:49/74 7:18/50 2:21/51 11:58/48 3:16/41 1:19/39 3:22/49 1:27/97  
+0:55 (7) +0:44 (19) +1:09 (19) +0:44 (8) +0:42 (15) +3:15 (17) +0:27 (6) +0:19 (19) +2:21 (16) +0:21 (18)  
46:07 (8) 46:07 (8)  
0:35/249  
+0:33 (18) +0:00 (1)

9 Kjell Audun Sundsdal Melum IL (11.65min/km) **46:56 (+6:15)**  
7:36 (1) 10:11 (1) 12:48 (1) 26:09 (18) 28:08 (18) 36:51 (11) 40:05 (8) 42:59 (11) 45:26 (9) 46:32 (9)  
7:36/53 2:35/52 2:37/74 13:21/50 1:59/51 8:43/48 3:14/41 2:54/39 2:27/49 1:06/97  
+0:00 (1) +0:08 (3) +0:57 (16) +6:47 (26) +0:20 (2) +0:00 (1) +0:25 (4) +1:54 (27) +1:26 (4) +0:00 (1)  
46:56 (9) 46:56 (9)  
0:24/249  
+0:22 (2) +0:00 (1)

10 Jan Løvlund Nordreisa IL (11.79min/km) **47:31 (+6:50)**  
8:05 (4) 11:21 (6) 13:33 (4) 23:04 (12) 25:30 (12) 35:02 (6) 40:45 (10) 41:46 (9) 45:43 (10) 47:03 (10)  
8:05/53 3:16/52 2:12/74 9:31/50 2:26/51 9:32/48 5:43/41 1:01/39 3:57/49 1:20/97  
+0:29 (4) +0:49 (23) +0:32 (6) +2:57 (21) +0:47 (19) +0:49 (5) +2:54 (18) +0:01 (2) +2:56 (23) +0:14 (11)  
47:31 (10) 47:31 (10)  
0:28/249  
+0:26 (4) +0:00 (1)

11 Asbjørn Pedersen Siso, IL (11.97min/km) **48:14 (+7:33)**  
8:35 (9) 11:57 (9) 14:26 (7) 23:07 (13) 27:01 (15) 38:14 (14) 41:29 (11) 42:38 (10) 46:08 (11) 47:38 (11)  
8:35/53 3:22/52 2:29/74 8:41/50 3:54/51 11:13/48 3:15/41 1:09/39 3:30/49 1:30/97  
+0:59 (9) +0:55 (24) +0:49 (14) +2:07 (18) +2:15 (27) +2:30 (12) +0:26 (5) +0:09 (9) +2:29 (18) +0:24 (19)  
48:14 (11) 48:14 (11)  
0:36/249  
+0:34 (20) +0:00 (1)

12 Matti Lampinen Navi (12.47min/km) **50:15 (+9:34)**  
7:37 (2) 10:41 (3) 16:25 (16) 22:59 (11) 25:02 (9) 37:36 (12) 43:39 (12) 44:45 (12) 48:29 (12) 49:43 (12)  
7:37/53 3:04/52 5:44/74 6:34/50 2:03/51 12:34/48 6:03/41 1:06/39 3:44/49 1:14/125  
+0:01 (2) +0:37 (13) +4:04 (27) +0:00 (1) +0:24 (3) +3:51 (20) +3:14 (21) +0:06 (5) +2:43 (21) +0:08 (5)  
50:15 (12) 50:15 (12)  
0:32/249  
+0:30 (8) +0:00 (1)

13 Antero Karvinen Ounasvaaran Hiihtoseura (12.73min/km) **51:19 (+10:38)**  
8:56 (10) 12:01 (10) 15:52 (14) 23:54 (14) 26:06 (13) 36:33 (10) 45:30 (17) 46:43 (17) 49:26 (14) 50:52 (14)  
8:56/53 3:05/52 3:51/74 8:02/50 2:12/51 10:27/48 8:57/41 1:13/39 2:43/49 1:26/97  
+1:20 (10) +0:38 (14) +2:11 (24) +1:28 (16) +0:33 (10) +1:44 (6) +6:08 (23) +0:13 (16) +1:42 (7) +0:20 (17)  
51:19 (13) 51:19 (13)  
0:27/249  
+0:25 (3) +0:00 (1)

<b>14</b>	<b>Widar Taxth Løland</b>		<b>Lia IL</b>				<b>(12.77min/km)</b>		<b>51:27 (+10:46)</b>	
	13:55 (25)	16:56 (23)	20:02 (24)	27:30 (22)	29:38 (22)	41:15 (18)	44:40 (13)	45:53 (13)	49:18 (13)	50:49 (13)
	13:55/53	3:01/52	3:06/74	7:28/50	2:08/51	11:37/48	3:25/41	1:13/39	3:25/49	1:31/97
	+6:19 (25)	+0:34 (12)	+1:26 (21)	+0:54 (10)	+0:29 (6)	+2:54 (16)	+0:36 (8)	+0:13 (16)	+2:24 (17)	+0:25 (20)
	51:27 (14)	51:27 (14)								
	0:38/249									
	+0:36 (22)	+0:00 (1)								
<b>15</b>	<b>Måns Åkerblom</b>		<b>Gamlakarleby IF</b>				<b>(12.82min/km)</b>		<b>51:39 (+10:58)</b>	
	12:04 (22)	15:02 (20)	17:25 (19)	25:29 (17)	27:57 (17)	40:00 (16)	45:15 (15)	46:25 (14)	49:31 (15)	51:05 (15)
	12:04/53	2:58/52	2:23/74	8:04/50	2:28/51	12:03/48	5:15/41	1:10/39	3:06/49	1:34/97
	+4:28 (22)	+0:31 (10)	+0:43 (11)	+1:30 (17)	+0:49 (21)	+3:20 (18)	+2:26 (17)	+0:10 (12)	+2:05 (13)	+0:28 (21)
	51:39 (15)	51:39 (15)								
	0:34/249									
	+0:32 (14)	+0:00 (1)								
<b>16</b>	<b>Miroslav Sikora</b>		<b>Banik Ostrava</b>				<b>(12.89min/km)</b>		<b>51:56 (+11:15)</b>	
	10:10 (18)	13:24 (17)	17:45 (20)	26:32 (20)	29:08 (21)	40:34 (17)	45:24 (16)	46:34 (16)	50:10 (16)	51:24 (16)
	10:10/53	3:14/52	4:21/74	8:47/50	2:36/51	11:26/48	4:50/41	1:10/39	3:36/49	1:14/125
	+2:34 (18)	+0:47 (22)	+2:41 (26)	+2:13 (19)	+0:57 (24)	+2:43 (14)	+2:01 (13)	+0:10 (12)	+2:35 (19)	+0:08 (5)
	51:56 (16)	51:56 (16)								
	0:32/249									
	+0:30 (8)	+0:00 (1)								
<b>17</b>	<b>Ernst Kläy</b>		<b>Hindelbank, OLV - Schweiz</b>				<b>(13.13min/km)</b>		<b>52:54 (+12:13)</b>	
	8:24 (6)	11:36 (7)	13:58 (5)	21:25 (4)	23:33 (3)	41:15 (18)	45:09 (14)	46:29 (15)	50:58 (17)	52:19 (17)
	8:24/53	3:12/52	2:22/74	7:27/50	2:08/51	17:42/48	3:54/41	1:20/39	4:29/49	1:21/125
	+0:48 (6)	+0:45 (20)	+0:42 (10)	+0:53 (9)	+0:29 (6)	+8:59 (24)	+1:05 (9)	+0:20 (20)	+3:28 (27)	+0:15 (14)
	52:54 (17)	52:54 (17)								
	0:35/249									
	+0:33 (18)	+0:00 (1)								
<b>18</b>	<b>Terje Stavik</b>		<b>Molde og Omegn Idrettsforb</b>				<b>(14.08min/km)</b>		<b>56:44 (+16:03)</b>	
	13:32 (24)	16:44 (22)	19:28 (22)	26:42 (21)	29:07 (20)	42:43 (20)	48:26 (18)	49:47 (18)	50:59 (18)	54:57 (18)
	13:32/53	3:12/52	2:44/74	7:14/50	2:25/51	13:36/48	5:43/39	1:21/41	1:12/39	3:58/49
	+5:56 (24)	+0:45 (20)	+1:04 (17)	+0:40 (7)	+0:46 (18)	+4:53 (22)	+2:54 (18)	+0:21 (22)	+0:11 (3)	+2:52 (27)
	56:12 (18)	56:44 (18)								
	1:15/97	0:32/249								
	+1:13 (25)	+0:03 (2)								
<b>19</b>	<b>Hermann Skogsholm</b>		<b>Sandnes IL</b>				<b>(14.25min/km)</b>		<b>57:26 (+16:45)</b>	
	14:58 (26)	18:03 (25)	20:02 (25)	29:57 (24)	32:04 (23)	42:50 (21)	51:32 (19)	52:46 (19)	55:37 (19)	56:53 (19)
	14:58/53	3:05/52	1:59/74	9:55/50	2:07/51	10:46/48	8:42/41	1:14/39	2:51/49	1:16/97
	+7:22 (26)	+0:38 (14)	+0:19 (3)	+3:21 (22)	+0:28 (4)	+2:03 (11)	+5:53 (22)	+0:14 (18)	+1:50 (8)	+0:10 (10)
	57:26 (19)	57:26 (19)								
	0:33/249									
	+0:31 (11)	+0:00 (1)								
<b>20</b>	<b>Pekka Hourula</b>		<b>Iisalmen Visa, Finland</b>				<b>(14.40min/km)</b>		<b>58:03 (+17:22)</b>	
	9:57 (16)	12:55 (15)	17:09 (18)	24:50 (16)	27:12 (16)	37:51 (13)	51:40 (20)	53:00 (20)	56:17 (20)	57:32 (20)
	9:57/53	2:58/52	4:14/74	7:41/50	2:22/51	10:39/48	13:49/41	1:20/39	3:17/49	1:15/97
	+2:21 (16)	+0:31 (10)	+2:34 (25)	+1:07 (14)	+0:43 (16)	+1:56 (9)	+11:00 (26)	+0:20 (20)	+2:16 (14)	+0:09 (7)
	58:03 (20)	58:03 (20)								
	0:31/249									
	+0:29 (7)	+0:00 (1)								
<b>21</b>	<b>Karl-Gustav Hertsbacka</b>		<b>Närpes OK</b>				<b>(14.59min/km)</b>		<b>58:48 (+18:07)</b>	
	17:58 (27)	20:46 (26)	23:31 (26)	32:20 (26)	34:50 (26)	47:17 (22)	52:25 (21)	53:48 (21)	56:51 (21)	58:14 (21)
	17:58/53	2:48/52	2:45/74	8:49/50	2:30/51	12:27/48	5:08/41	1:23/39	3:03/49	1:23/125
	+10:22 (27)	+0:21 (7)	+1:05 (18)	+2:15 (20)	+0:51 (22)	+3:44 (19)	+2:19 (16)	+0:23 (25)	+2:02 (12)	+0:17 (16)
	58:48 (21)	58:48 (21)								
	0:34/249									
	+0:32 (14)	+0:00 (1)								
<b>22</b>	<b>Lauri Mustonen</b>		<b>Alatornion Pirkat</b>				<b>(15.89min/km)</b>		<b>1:04:03 (+23:22)</b>	
	9:56 (14)	12:52 (14)	15:06 (12)	22:49 (9)	25:16 (11)	52:25 (25)	57:25 (23)	58:46 (23)	1:02:04 (22)	1:03:26 (22)
	9:56/53	2:56/52	2:14/74	7:43/50	2:27/51	27:09/48	5:00/41	1:21/39	3:18/49	1:22/97
	+2:20 (14)	+0:29 (9)	+0:34 (7)	+1:09 (15)	+0:48 (20)	+18:26 (27)	+2:11 (15)	+0:21 (22)	+2:17 (15)	+0:16 (15)



1:04:03 (22) 1:04:03 (22)

0:37/249

+0:35 (21) +0:00 (1)

23 Markku Asikainen

Hiisirasti

(16.18min/km)

1:05:12 (+24:31)

10:21 (19) 15:24 (21) 18:45 (21) 30:21 (25) 33:39 (25) 51:21 (24) 57:19 (22) 58:41 (22) 1:02:37 (23) 1:04:32 (23)

10:21/53 5:03/52 3:21/74 11:36/50 3:18/51 17:42/48 5:58/41 1:22/39 3:56/49 1:55/97

+2:45 (19) +2:36 (26) +1:41 (22) +5:02 (25) +1:39 (25) +8:59 (24) +3:09 (20) +0:22 (24) +2:55 (22) +0:49 (23)

1:05:12 (23) 1:05:12 (23)

0:40/249

+0:38 (23) +0:00 (1)

24 Mikko Kauppinen

Kalevan Rasti

(16.92min/km)

1:08:12 (+27:31)

12:49 (23) 16:56 (24) 19:46 (23) 29:51 (23) 33:26 (24) 50:06 (23) 59:24 (24) 1:01:11 (24) 1:05:15 (24) 1:07:22 (24)

12:49/53 4:07/52 2:50/74 10:05/50 3:35/51 16:40/48 9:18/41 1:47/39 4:04/49 2:07/125

+5:13 (23) +1:40 (25) +1:10 (20) +3:31 (23) +1:56 (26) +7:57 (23) +6:29 (24) +0:47 (26) +3:03 (24) +1:01 (24)

1:08:12 (24) 1:08:12 (24)

0:50/249

+0:48 (24) +0:00 (1)

25 Tadeusz Patejko

Gwardia Warszawa

(17.31min/km)

1:09:46 (+29:05)

11:24 (20) 14:33 (19) 16:49 (17) 24:19 (15) 26:33 (14) 39:34 (15) 1:02:45 (25) 1:03:47 (25) 1:07:27 (25) 1:09:10 (25)

11:24/53 3:09/52 2:16/74 7:30/50 2:14/51 13:01/48 23:11/41 1:02/39 3:40/49 1:43/125

+3:48 (20) +0:42 (17) +0:36 (9) +0:56 (12) +0:35 (12) +4:18 (21) +20:22 (27) +0:02 (4) +2:39 (20) +0:37 (22)

1:09:12 (25) 1:09:46 (25)

0:02/97 0:34/249

+0:00 (1) +0:05 (3)

26 Bjørn Spjelkavik

Tyrving, IL

(18.30min/km)

1:13:46 (+33:05)

11:30 (21) 14:14 (18) 16:14 (15) 26:27 (19) 28:41 (19) 53:10 (26) 1:06:39 (26) 1:07:49 (26) 1:12:00 (26) 1:13:12 (26)

11:30/53 2:44/52 2:00/74 10:13/50 2:14/51 24:29/48 13:29/41 1:10/39 4:11/49 1:12/125

+3:54 (21) +0:17 (5) +0:20 (4) +3:39 (24) +0:35 (12) +15:46 (26) +10:40 (25) +0:10 (12) +3:10 (25) +0:06 (3)

1:13:46 (26) 1:13:46 (26)

0:34/249

+0:32 (14) +0:00 (1)

27 Olav Frode Bråten

Asker SK

(22.84min/km)

1:32:03 (+51:22)

8:58 (11) 42:32 (27) 44:12 (27) 1:06:53 (27) 1:08:32 (27) 1:19:54 (27) 1:24:48 (27) 1:25:54 (27) 1:30:10 (27) 1:31:30 (27)

8:58/53 33:34/52 1:40/74 22:41/50 1:39/51 11:22/48 4:54/41 1:06/39 4:16/49 1:20/125

+1:22 (11) +31:07 (27) +0:00 (1) +16:07 (27) +0:00 (1) +2:39 (13) +2:05 (14) +0:06 (5) +3:15 (26) +0:14 (11)

1:32:03 (27) 1:32:03 (27)

0:33/249

+0:31 (11) +0:00 (1)

## Klasse D65- 3.2 km

10 påmeldt, 10 startende 1 premiert

1 Elin Dahlen

Gjø-Vard OL

(14.38min/km)

46:09

10:40 (1) 13:51 (1) 18:22 (1) 20:46 (2) 28:20 (1) 39:52 (1) 43:55 (1) 45:24 (1) 46:09 (1)

10:40/53 3:11/54 4:31/55 2:24/56 7:34/57 11:32/58 4:03/49 1:29/125 0:45/249

+0:00 (1) +0:06 (2) +0:47 (4) +1:15 (8) +0:32 (3) +1:33 (4) +0:21 (2) +0:00 (1) +0:11 (5)

2 Rannveig Stavik

Molde og Omegn Idrettsforb (14.96min/km)

48:02 (+1:53)

12:11 (3) 15:16 (3) 22:15 (3) 24:01 (3) 31:03 (2) 41:25 (2) 45:46 (2) 47:20 (2) 48:02 (2)

12:11/53 3:05/54 6:59/55 1:46/56 7:02/57 10:22/58 4:21/49 1:34/97 0:42/249

+1:31 (3) +0:00 (1) +3:15 (6) +0:37 (3) +0:00 (1) +0:23 (2) +0:39 (5) +0:05 (2) +0:08 (3)

3 Synnøve Dalva

Bø o-lag

(15.66min/km)

50:17 (+4:08)

14:20 (6) 18:37 (5) 22:50 (4) 24:37 (4) 32:19 (3) 42:56 (3) 47:25 (3) 49:28 (3) 50:17 (3)

14:20/53 4:17/54 4:13/55 1:47/56 7:42/57 10:37/58 4:29/49 2:03/125 0:49/249

+3:40 (6) +1:12 (4) +0:29 (3) +0:38 (4) +0:40 (4) +0:38 (3) +0:47 (6) +0:34 (6) +0:15 (6)

4 Brit Fridén

Trollelg, OK

(16.37min/km)

52:33 (+6:24)

13:20 (4) 18:11 (4) 25:38 (6) 26:47 (6) 33:53 (4) 46:03 (4) 50:16 (4) 51:59 (4) 52:33 (4)

13:20/53 4:51/54 7:27/55 1:09/56 7:06/57 12:10/58 4:13/49 1:43/125 0:34/249

+2:40 (4) +1:46 (7) +3:43 (7) +0:00 (1) +0:04 (2) +2:11 (5) +0:31 (3) +0:14 (5) +0:00 (1)

5 Margith Reppesgård

Hedrum O-lag

(17.12min/km)

54:57 (+8:48)

15:52 (8) 20:20 (7) 27:58 (8) 29:17 (8) 38:59 (7) 48:58 (5) 52:40 (5) 54:16 (5) 54:57 (5)

	15:52/53	4:28/54	7:38/55	1:19/56	9:42/57	9:59/58	3:42/49	1:36/97	0:41/249	
	+5:12 (8)	+1:23 (5)	+3:54 (8)	+0:10 (2)	+2:40 (6)	+0:00 (1)	+0:00 (1)	+0:07 (3)	+0:07 (2)	
<b>6</b>	<b>Astrid Marit Vigenstad</b>			<b>Lillehammer</b>			<b>(17.96min/km)</b>		<b>57:39</b>	<b>(+11:30)</b>
	11:34 (2)	14:46 (2)	18:30 (2)	20:24 (1)	36:06 (5)	51:02 (7)	55:16 (6)	56:57 (6)	57:39 (6)	
	11:34/53	3:12/54	3:44/55	1:54/56	15:42/57	14:56/58	4:14/49	1:41/125	0:42/249	
	+0:54 (2)	+0:07 (3)	+0:00 (1)	+0:45 (5)	+8:40 (9)	+4:57 (8)	+0:32 (4)	+0:12 (4)	+0:08 (3)	
<b>7</b>	<b>Lena Timmer</b>			<b>Umeå OK</b>			<b>(18.48min/km)</b>		<b>59:20</b>	<b>(+13:11)</b>
	14:01 (5)	18:53 (6)	22:51 (5)	24:54 (5)	36:34 (6)	50:27 (6)	55:39 (7)	58:17 (7)	59:20 (7)	
	14:01/53	4:52/54	3:58/55	2:03/56	11:40/57	13:53/58	5:12/49	2:38/125	1:03/249	
	+3:21 (5)	+1:47 (8)	+0:14 (2)	+0:54 (7)	+4:38 (8)	+3:54 (7)	+1:30 (9)	+1:09 (10)	+0:29 (10)	
<b>8</b>	<b>Astrid R. Lie</b>			<b>Hedrum O-lag</b>			<b>(20.74min/km)</b>		<b>1:06:35</b>	<b>(+20:26)</b>
	15:31 (7)	21:11 (9)	31:14 (9)	33:16 (9)	42:20 (8)	57:37 (8)	1:03:27 (8)	1:05:44 (8)	1:06:35 (8)	
	15:31/53	5:40/54	10:03/55	2:02/56	9:04/57	15:17/58	5:50/49	2:17/125	0:51/249	
	+4:51 (7)	+2:35 (9)	+6:19 (10)	+0:53 (6)	+2:02 (5)	+5:18 (9)	+2:08 (10)	+0:48 (8)	+0:17 (7)	
<b>9</b>	<b>Grethe-Lise Skaland</b>			<b>Nordreisa IL</b>			<b>(24.79min/km)</b>		<b>1:19:35</b>	<b>(+33:26)</b>
	16:27 (9)	21:08 (8)	25:47 (7)	28:40 (7)	58:43 (10)	1:11:19 (9)	1:16:09 (9)	1:18:44 (9)	1:19:35 (9)	
	16:27/53	4:41/54	4:39/55	2:53/56	30:03/57	12:36/58	4:50/49	2:35/125	0:51/249	
	+5:47 (9)	+1:36 (6)	+0:55 (5)	+1:44 (10)	+23:01 (10)	+2:37 (6)	+1:08 (8)	+1:06 (9)	+0:17 (7)	
<b>10</b>	<b>Aina Mauritzsen</b>			<b>Vadsø SK</b>			<b>(26.70min/km)</b>		<b>1:25:43</b>	<b>(+39:34)</b>
	21:38 (10)	33:10 (10)	43:04 (10)	45:29 (10)	56:17 (9)	1:18:11 (10)	1:22:45 (10)	1:24:52 (10)	1:25:43 (10)	
	21:38/53	11:32/54	9:54/55	2:25/56	10:48/57	21:54/58	4:34/49	2:07/125	0:51/249	
	+10:58 (10)	+8:27 (10)	+6:10 (9)	+1:16 (9)	+3:46 (7)	+11:55 (10)	+0:52 (7)	+0:38 (7)	+0:17 (7)	

## Klasse H65- 3.2 km

19 påmeldt, 18 startende 1 premiert

<b>1</b>	<b>Eilif Noste</b>			<b>Ilar, IL</b>			<b>(9.67min/km)</b>		<b>31:03</b>	
	8:48 (3)	11:10 (3)	13:06 (3)	14:18 (2)	19:11 (1)	26:21 (1)	29:13 (1)	30:31 (1)	31:03 (1)	31:03 (1)
	8:48/53	2:22/54	1:56/55	1:12/56	4:53/57	7:10/58	2:52/49	1:18/125	0:32/249	
	+0:16 (3)	+0:38 (5)	+0:05 (3)	+0:01 (2)	+3:25 (2)	+0:27 (3)	+0:05 (2)	+0:06 (4)	+0:05 (6)	+0:00 (1)
<b>2</b>	<b>Erling Pedersen</b>			<b>Siso, IL</b>			<b>(9.86min/km)</b>		<b>31:39</b>	<b>(+0:36)</b>
	9:50 (6)	12:02 (4)	13:57 (4)	15:08 (4)	20:03 (2)	27:08 (2)	29:55 (2)	31:10 (2)	31:39 (2)	31:39 (2)
	9:50/53	2:12/54	1:55/55	1:11/56	4:55/57	7:05/58	2:47/49	1:15/97	0:29/249	
	+1:18 (6)	+0:28 (3)	+0:04 (2)	+0:00 (1)	+3:27 (3)	+0:22 (2)	+0:00 (1)	+0:03 (2)	+0:02 (3)	+0:00 (1)
<b>3</b>	<b>Jan A. Eriksen</b>			<b>Sørreisa OL</b>			<b>(11.09min/km)</b>		<b>35:35</b>	<b>(+4:32)</b>
	8:46 (2)	10:58 (2)	12:49 (1)	14:13 (1)	22:18 (6)	30:52 (4)	33:55 (3)	35:07 (3)	35:35 (3)	35:35 (3)
	8:46/53	2:12/54	1:51/55	1:24/56	8:05/57	8:34/58	3:03/49	1:12/97	0:28/249	
	+0:14 (2)	+0:28 (3)	+0:00 (1)	+0:13 (5)	+6:37 (14)	+1:51 (6)	+0:16 (3)	+0:00 (1)	+0:01 (2)	+0:00 (1)
<b>4</b>	<b>Martti Sivonen</b>			<b>Kalevan Rasti</b>			<b>(11.33min/km)</b>		<b>36:22</b>	<b>(+5:19)</b>
	9:32 (4)	12:17 (5)	14:38 (5)	16:04 (5)	21:57 (4)	30:53 (5)	34:17 (4)	35:49 (4)	36:22 (4)	36:22 (4)
	9:32/53	2:45/54	2:21/55	1:26/56	5:53/57	8:56/58	3:24/49	1:32/97	0:33/249	
	+1:00 (4)	+1:01 (9)	+0:30 (7)	+0:15 (6)	+4:25 (7)	+2:13 (7)	+0:37 (5)	+0:20 (9)	+0:06 (7)	+0:00 (1)
<b>5</b>	<b>Kjell Stenstadvold</b>			<b>Tyrving, IL</b>			<b>(11.37min/km)</b>		<b>36:29</b>	<b>(+5:26)</b>
	8:32 (1)	10:40 (1)	12:53 (2)	14:23 (3)	22:09 (5)	31:05 (6)	34:38 (5)	35:53 (5)	36:29 (5)	36:29 (5)
	8:32/53	2:08/54	2:13/55	1:30/56	7:46/57	8:56/58	3:33/49	1:15/125	0:36/249	
	+0:00 (1)	+0:24 (2)	+0:22 (5)	+0:19 (11)	+6:18 (13)	+2:13 (7)	+0:46 (7)	+0:03 (2)	+0:09 (11)	+0:00 (1)
<b>6</b>	<b>Tormod Dahlen</b>			<b>Gjø-Vard OL</b>			<b>(11.60min/km)</b>		<b>37:14</b>	<b>(+6:11)</b>
	10:37 (9)	13:14 (8)	16:17 (9)	17:32 (8)	23:33 (9)	31:43 (7)	35:17 (6)	36:41 (6)	37:14 (6)	37:14 (6)
	10:37/53	2:37/54	3:03/55	1:15/56	6:01/57	8:10/58	3:34/49	1:24/125	0:33/249	
	+2:05 (9)	+0:53 (8)	+1:12 (11)	+0:04 (3)	+4:33 (8)	+1:27 (5)	+0:47 (9)	+0:12 (5)	+0:06 (7)	+0:00 (1)
<b>7</b>	<b>Johan Arnt Johansen</b>			<b>Nord-Østerdal O-klubb</b>			<b>(11.93min/km)</b>		<b>38:17</b>	<b>(+7:14)</b>
	9:42 (5)	13:21 (9)	15:50 (8)	17:19 (7)	23:10 (8)	32:30 (8)	36:10 (7)	37:50 (7)	38:17 (7)	38:17 (7)
	9:42/53	3:39/54	2:29/55	1:29/56	5:51/57	9:20/58	3:40/49	1:40/97	0:27/249	
	+1:10 (5)	+1:55 (14)	+0:38 (8)	+0:18 (9)	+4:23 (6)	+2:37 (10)	+0:53 (12)	+0:28 (13)	+0:00 (1)	+0:00 (1)
<b>8</b>	<b>Asko Harvala</b>			<b>Ounasvaaran Hiihtoseura</b>			<b>(12.06min/km)</b>		<b>38:42</b>	<b>(+7:39)</b>
	10:09 (7)	14:29 (11)	16:47 (10)	18:14 (9)	24:02 (10)	33:06 (9)	36:38 (8)	38:09 (8)	38:42 (8)	38:42 (8)
	10:09/53	4:20/54	2:18/55	1:27/56	5:48/57	9:04/58	3:32/49	1:31/97	0:33/249	
	+1:37 (7)	+2:36 (16)	+0:27 (6)	+0:16 (8)	+4:20 (5)	+2:21 (9)	+0:45 (6)	+0:19 (8)	+0:06 (7)	+0:00 (1)
<b>9</b>	<b>Ingolf Dybvik</b>			<b>Solid, IL</b>			<b>(12.40min/km)</b>		<b>39:48</b>	<b>(+8:45)</b>
	10:12 (8)	12:47 (7)	14:58 (6)	16:24 (6)	23:06 (7)	33:57 (10)	37:32 (9)	39:08 (9)	39:48 (9)	39:48 (9)

10:12/53	2:35/54	2:11/55	1:26/56	6:42/57	10:51/58	3:35/49	1:36/97	0:40/249		
+1:40 (8)	+0:51 (7)	+0:20 (4)	+0:15 (6)	+5:14 (12)	+4:08 (16)	+0:48 (10)	+0:24 (10)	+0:13 (16)	+0:00 (1)	
<b>10 Steinar Slettemark</b>			<b>Stord IL</b>			<b>(12.49min/km)</b>		<b>40:05</b>	<b>(+9:02)</b>	
11:31 (13)	14:30 (12)	17:14 (11)	18:43 (10)	24:26 (11)	34:14 (11)	38:02 (10)	39:29 (10)	40:05 (10)	40:05 (10)	
11:31/53	2:59/54	2:44/55	1:29/56	5:43/57	9:48/58	3:48/49	1:27/125	0:36/249		
+2:59 (13)	+1:15 (10)	+0:53 (9)	+0:18 (9)	+4:15 (4)	+3:05 (12)	+1:01 (14)	+0:15 (6)	+0:09 (11)	+0:00 (1)	
<b>11 Charleif Pedersen</b>			<b>Bjerkvik IF</b>			<b>(13.10min/km)</b>		<b>42:03</b>	<b>(+11:00)</b>	
12:50 (15)	15:21 (14)	18:18 (12)	19:35 (11)	26:01 (12)	36:23 (12)	40:00 (11)	41:28 (11)	42:03 (11)	42:03 (11)	
12:50/53	2:31/54	2:57/55	1:17/56	6:26/57	10:22/58	3:37/49	1:28/125	0:35/249		
+4:18 (15)	+0:47 (6)	+1:06 (10)	+0:06 (4)	+4:58 (9)	+3:39 (14)	+0:50 (11)	+0:16 (7)	+0:08 (10)	+0:00 (1)	
<b>12 Kjell Atle Strande</b>			<b>Freidig</b>			<b>(13.56min/km)</b>		<b>43:32</b>	<b>(+12:29)</b>	
10:40 (10)	13:49 (10)	18:57 (13)	20:29 (13)	26:55 (13)	37:22 (13)	41:17 (12)	42:55 (12)	43:32 (12)	43:32 (12)	
10:40/53	3:09/54	5:08/55	1:32/56	6:26/57	10:27/58	3:55/49	1:38/125	0:37/249		
+2:08 (10)	+1:25 (12)	+3:17 (15)	+0:21 (12)	+4:58 (9)	+3:44 (15)	+1:08 (15)	+0:26 (12)	+0:10 (15)	+0:00 (1)	
<b>13 Svein-Eirik Paulsen</b>			<b>Trollelg, OK</b>			<b>(14.59min/km)</b>		<b>46:50</b>	<b>(+15:47)</b>	
11:35 (14)	14:35 (13)	19:59 (14)	21:34 (14)	33:18 (16)	41:25 (14)	44:40 (14)	46:20 (13)	46:50 (13)	46:50 (13)	
11:35/53	3:00/54	5:24/55	1:35/56	11:44/57	8:07/58	3:15/49	1:40/97	0:30/249		
+3:03 (14)	+1:16 (11)	+3:33 (16)	+0:24 (13)	+10:16 (16)	+1:24 (4)	+0:28 (4)	+0:28 (13)	+0:03 (5)	+0:00 (1)	
<b>14 Jakob Skaland</b>			<b>Nordreisa IL</b>			<b>(15.17min/km)</b>		<b>48:42</b>	<b>(+17:39)</b>	
11:07 (12)	16:35 (15)	20:42 (15)	22:55 (15)	32:58 (15)	42:49 (15)	46:22 (15)	48:06 (14)	48:42 (14)	48:42 (14)	
11:07/53	5:28/54	4:07/55	2:13/56	10:03/57	9:51/58	3:33/49	1:44/97	0:36/249		
+2:35 (12)	+3:44 (17)	+2:16 (14)	+1:02 (16)	+8:35 (15)	+3:08 (13)	+0:46 (7)	+0:32 (16)	+0:09 (11)	+0:00 (1)	
<b>15 Reidar Andersen</b>			<b>B&amp;OI Orientering</b>			<b>(16.13min/km)</b>		<b>51:47</b>	<b>(+20:44)</b>	
14:39 (16)	18:05 (16)	24:35 (16)	26:17 (16)	32:53 (14)	45:58 (16)	49:42 (16)	51:18 (16)	51:47 (16)	51:47 (15)	
14:39/53	3:26/54	6:30/55	1:42/56	6:36/57	13:05/58	3:44/49	1:36/97	0:29/249		
+6:07 (16)	+1:42 (13)	+4:39 (17)	+0:31 (15)	+5:08 (11)	+6:22 (17)	+0:57 (13)	+0:24 (10)	+0:02 (3)	+0:00 (1)	
<b>16 Ottar Evensen</b>			<b>Elverum OK</b>			<b>(16.18min/km)</b>		<b>51:56</b>	<b>(+20:53)</b>	
10:46 (11)	12:30 (6)	15:48 (7)	19:36 (12)	21:04 (3)	27:47 (3)	43:15 (13)	49:17 (15)	51:24 (15)	51:56 (16)	
10:46/43	1:44/53	3:18/54	3:48/55	1:28/56	6:43/57	15:28/58	6:02/49	2:07/125	0:32/249	
+2:14 (11)	+0:00 (1)	+1:27 (13)	+2:37 (17)	+0:00 (1)	+0:00 (1)	+12:41 (17)	+4:50 (17)	+1:40 (17)	+0:00 (1)	
<b>17 Reijo Rytkölä</b>			<b>Sibbo Vargarna, IF</b>			<b>(19.54min/km)</b>		<b>1:02:43</b>	<b>(+31:40)</b>	
22:47 (17)	26:41 (17)	29:53 (17)	31:31 (17)	46:57 (17)	56:23 (17)	1:00:27 (17)	1:02:07 (17)	1:02:43 (17)	1:02:43 (17)	
22:47/53	3:54/54	3:12/55	1:38/56	15:26/57	9:26/58	4:04/49	1:40/125	0:36/249		
+14:15 (17)	+2:10 (15)	+1:21 (12)	+0:27 (14)	+13:58 (17)	+2:43 (11)	+1:17 (16)	+0:28 (13)	+0:09 (11)	+0:00 (1)	
<b>Milizia Ezio</b>			<b>Unione Lombarda - Italy</b>			<b>(37.98min/km)</b>		<b>Disk</b>	<b>(+1:30:51)</b>	
22:47 (17)	1:01:43 (18)	1:16:17 (18)	1:18:30 (18)	2:00:42 (18)	2:01:54 (18)	2:01:54 (18)	2:01:54 (18)	2:01:54 (18)	2:01:54 (18)	
22:47/53	38:56/54	14:34/55	2:13/56	42:12/97	1:12/249					
+14:15 (17)	+37:12 (18)	+12:43 (18)	+1:02 (16)	+40:44 (18)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	

## Klasse D70- 3.2 km

5 påmeldt, 5 startende 1 premiert

<b>1 Marit Økern Jensen</b>			<b>Bærum's Skiklub</b>			<b>(16.77min/km)</b>		<b>53:50</b>		
13:40 (1)	17:31 (1)	21:17 (1)	23:31 (1)	31:54 (1)	44:45 (1)	50:12 (1)	52:56 (1)	53:50 (1)	53:50 (1)	
13:40/53	3:51/54	3:46/55	2:14/56	8:23/57	12:51/58	5:27/49	2:44/125	0:54/249		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:51 (3)	+6:16 (3)	+1:53 (2)	+0:46 (2)	+0:48 (2)	+0:12 (2)	+0:00 (1)	
<b>2 Unni Drage</b>			<b>Haugerud IF</b>			<b>(21.87min/km)</b>		<b>1:10:13</b>	<b>(+16:23)</b>	
24:30 (3)	29:05 (3)	37:12 (3)	38:35 (2)	51:56 (4)	1:02:54 (3)	1:07:35 (2)	1:09:31 (2)	1:10:13 (2)	1:10:13 (2)	
24:30/53	4:35/54	8:07/55	1:23/56	13:21/57	10:58/58	4:41/49	1:56/125	0:42/249		
+10:50 (3)	+0:44 (2)	+4:21 (4)	+0:00 (1)	+11:14 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
<b>3 Kari Sollid</b>			<b>Verdal OK</b>			<b>(22.69min/km)</b>		<b>1:12:51</b>	<b>(+19:01)</b>	
20:25 (2)	26:02 (2)	36:45 (2)	38:44 (3)	46:58 (2)	1:02:27 (2)	1:08:36 (3)	1:11:34 (3)	1:12:51 (3)	1:12:51 (3)	
20:25/53	5:37/54	10:43/55	1:59/56	8:14/57	15:29/58	6:09/49	2:58/97	1:17/249		
+6:45 (2)	+1:46 (3)	+6:57 (5)	+0:36 (2)	+6:07 (2)	+4:31 (3)	+1:28 (3)	+1:02 (3)	+0:35 (3)	+0:00 (1)	
<b>4 Evelyn Holden</b>			<b>Verdal OK</b>			<b>(29.78min/km)</b>		<b>1:35:36</b>	<b>(+41:46)</b>	
27:35 (5)	36:40 (4)	44:35 (5)	47:39 (4)	49:46 (3)	1:08:12 (4)	1:24:33 (4)	1:30:58 (4)	1:34:27 (4)	1:35:36 (4)	
27:35/53	9:05/54	7:55/56	3:04/55	2:07/56	18:26/57	16:21/58	6:25/49	3:29/125	1:09/249	
+13:55 (5)	+5:14 (4)	+4:09 (3)	+1:41 (4)	+0:00 (1)	+7:28 (4)	+11:40 (5)	+4:29 (5)	+2:47 (5)	+0:00 (1)	
<b>5 Ingeborg Borge</b>			<b>Fossekallen IL</b>			<b>(32.33min/km)</b>		<b>1:43:46</b>	<b>(+49:56)</b>	
26:00 (4)	36:56 (5)	44:07 (4)	47:49 (5)	1:06:26 (5)	1:30:55 (5)	1:38:42 (5)	1:42:23 (5)	1:43:46 (5)	1:43:46 (5)	

26:00/53	10:56/54	7:11/55	3:42/56	18:37/57	24:29/58	7:47/49	3:41/125	1:23/249	
+12:20 (4)	+7:05 (5)	+3:25 (2)	+2:19 (5)	+16:30 (5)	+13:31 (5)	+3:06 (4)	+1:45 (4)	+0:41 (4)	+0:00 (1)

## Klasse H70- 3.2 km

10 påmeldt, 10 startende 1 premiert

1	Gunnar Lerbald		Stjørdals-Blink Orientering	(9.83min/km)	<b>31:34</b>				
	8:40 (1)	10:52 (1)	13:01 (1)	14:16 (1)	19:19 (1)	26:51 (1)	29:43 (1)	31:03 (1)	31:34 (1)
	8:40/53	2:12/54	2:09/55	1:15/56	5:03/57	7:32/58	2:52/49	1:20/97	0:31/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:04 (2)
2	Iver Rognstad		Hadeland OL	(12.47min/km)	<b>40:01</b>	(+8:27)			
	9:51 (2)	12:38 (2)	17:54 (4)	20:04 (4)	25:41 (2)	34:22 (2)	37:49 (2)	39:21 (2)	40:01 (2)
	9:51/53	2:47/54	5:16/55	2:10/56	5:37/57	8:41/58	3:27/49	1:32/125	0:40/249
	+1:11 (2)	+0:35 (3)	+3:07 (9)	+0:55 (8)	+0:34 (3)	+1:09 (3)	+0:35 (2)	+0:12 (6)	+0:13 (9)
3	Per Vikane		Fana IL	(12.59min/km)	<b>40:25</b>	(+8:51)			
	13:58 (6)	16:13 (5)	19:01 (6)	20:40 (6)	26:13 (3)	34:44 (3)	38:37 (3)	39:58 (3)	40:25 (3)
	13:58/53	2:15/54	2:48/55	1:39/56	5:33/57	8:31/58	3:53/49	1:21/97	0:27/249
	+5:18 (6)	+0:03 (2)	+0:39 (6)	+0:24 (5)	+0:30 (2)	+0:59 (2)	+1:01 (6)	+0:01 (2)	+0:00 (1)
4	Tor Drage		Haugerud IF	(13.93min/km)	<b>44:43</b>	(+13:09)			
	11:01 (3)	14:06 (3)	17:06 (2)	18:37 (2)	28:47 (4)	38:12 (4)	41:51 (4)	44:04 (4)	44:43 (4)
	11:01/53	3:05/54	3:00/55	1:31/56	10:10/57	9:25/58	3:39/49	2:13/125	0:39/249
	+2:21 (3)	+0:53 (5)	+0:51 (8)	+0:16 (2)	+5:07 (7)	+1:53 (4)	+0:47 (4)	+0:53 (9)	+0:12 (6)
5	Magnar Reppesgård		Hedrum O-lag	(14.02min/km)	<b>45:00</b>	(+13:26)			
	13:17 (5)	16:13 (5)	18:35 (5)	20:07 (5)	29:46 (5)	39:23 (5)	43:04 (5)	44:25 (5)	45:00 (5)
	13:17/53	2:56/54	2:22/55	1:32/56	9:39/57	9:37/58	3:41/49	1:21/125	0:35/249
	+4:37 (5)	+0:44 (4)	+0:13 (2)	+0:17 (3)	+4:36 (6)	+2:05 (5)	+0:49 (5)	+0:01 (2)	+0:08 (4)
6	Bjørn Bjørgaas		Gneist, IL	(14.93min/km)	<b>47:56</b>	(+16:22)			
	14:19 (7)	18:36 (7)	21:10 (7)	22:58 (7)	30:21 (6)	41:30 (6)	45:39 (6)	47:17 (6)	47:56 (6)
	14:19/53	4:17/54	2:34/55	1:48/56	7:23/57	11:09/58	4:09/49	1:38/125	0:39/249
	+5:39 (7)	+2:05 (8)	+0:25 (3)	+0:33 (7)	+2:20 (5)	+3:37 (7)	+1:17 (7)	+0:18 (8)	+0:12 (6)
7	Bjørn Strømme		Viking, TIF	(15.19min/km)	<b>48:46</b>	(+17:12)			
	15:14 (8)	19:31 (8)	22:16 (8)	23:53 (8)	31:12 (7)	42:25 (7)	46:42 (7)	48:12 (7)	48:46 (7)
	15:14/53	4:17/54	2:45/55	1:37/56	7:19/57	11:13/58	4:17/49	1:30/97	0:34/249
	+6:34 (8)	+2:05 (8)	+0:36 (5)	+0:22 (4)	+2:16 (4)	+3:41 (8)	+1:25 (8)	+0:10 (5)	+0:07 (3)
8	Pekka Juhani Kiviranta		Lillehammer	(17.28min/km)	<b>55:29</b>	(+23:55)			
	19:42 (9)	23:22 (9)	26:02 (9)	28:13 (9)	38:53 (8)	49:36 (8)	53:13 (8)	54:50 (8)	55:29 (8)
	19:42/53	3:40/54	2:40/55	2:11/56	10:40/57	10:43/58	3:37/49	1:37/125	0:39/249
	+11:02 (9)	+1:28 (7)	+0:31 (4)	+0:56 (9)	+5:37 (8)	+3:11 (6)	+0:45 (3)	+0:17 (7)	+0:12 (6)
9	Lars Mauritzsen		Vadsø SK	(21.35min/km)	<b>1:08:32</b>	(+36:58)			
	11:41 (4)	14:56 (4)	17:53 (3)	19:35 (3)	40:53 (9)	59:29 (9)	1:06:30 (9)	1:07:55 (9)	1:08:32 (9)
	11:41/53	3:15/54	2:57/55	1:42/56	21:18/57	18:36/58	7:01/49	1:25/97	0:37/249
	+3:01 (4)	+1:03 (6)	+0:48 (7)	+0:27 (6)	+16:15 (9)	+11:04 (9)	+4:09 (9)	+0:05 (4)	+0:10 (5)
	Aage Øyvann		Nittedal O-lag	(20.72min/km)	<b>Disk</b>	(+34:57)			
	17:38 (9)	26:17 (10)	32:59 (10)	34:42 (10)	59:32 (10)	1:03:50 (10)	1:05:51 (9)	1:06:31 (9)	1:06:31 (9)
	17:38/53	8:39/54	6:42/55	1:43/56	24:50/58	4:18/49	2:01/125	0:40/249	
	+8:58 (9)	+6:27 (10)	+4:33 (10)	+0:28 (7)	+19:47 (10)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H75- 3.2 km

14 påmeldt, 14 startende 1 premiert

1	Forseth Paul		Trollelg, OK	(11.99min/km)	<b>38:29</b>				
	9:59 (1)	13:35 (1)	16:30 (1)	17:58 (1)	23:44 (1)	32:42 (1)	36:08 (1)	37:54 (1)	38:29 (1)
	9:59/53	3:36/54	2:55/55	1:28/56	5:46/57	8:58/58	3:26/49	1:46/97	0:35/249
	+0:00 (1)	+0:25 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:19 (2)	+0:00 (1)
2	Oddmund Søvik		Gneist, IL	(14.40min/km)	<b>46:13</b>	(+7:44)			
	13:20 (2)	16:47 (2)	22:39 (3)	24:14 (3)	31:09 (2)	40:30 (2)	44:11 (2)	45:38 (2)	46:13 (2)
	13:20/53	3:27/54	5:52/55	1:35/56	6:55/57	9:21/58	3:41/49	1:27/97	0:35/249
	+3:21 (2)	+0:16 (3)	+2:57 (11)	+0:07 (3)	+1:09 (2)	+0:23 (2)	+0:15 (2)	+0:00 (1)	+0:00 (1)
3	Johannes Sollid		Verdal OK	(16.41min/km)	<b>52:41</b>	(+14:12)			
	15:01 (6)	18:12 (4)	21:28 (2)	23:49 (2)	32:05 (3)	44:18 (3)	49:33 (3)	51:45 (3)	52:41 (3)

	15:01/53	3:11/54	3:16/55	2:21/56	8:16/57	12:13/58	5:15/49	2:12/97	0:56/249
	+5:02 (6)	+0:00 (1)	+0:21 (4)	+0:53 (10)	+2:30 (3)	+3:15 (7)	+1:49 (8)	+0:45 (8)	+0:21 (9)
<b>4</b>	<b>Erling Bakken</b>		<b>Asker SK</b>			<b>(17.09min/km)</b>		<b>54:52 (+16:23)</b>	
	13:51 (3)	17:51 (3)	23:29 (4)	25:31 (5)	36:49 (5)	47:24 (4)	51:55 (4)	54:03 (4)	54:52 (4)
	13:51/53	4:00/54	5:38/55	2:02/56	11:18/57	10:35/58	4:31/49	2:08/125	0:49/249
	+3:52 (3)	+0:49 (5)	+2:43 (10)	+0:34 (5)	+5:32 (7)	+1:37 (4)	+1:05 (5)	+0:41 (6)	+0:14 (7)
<b>5</b>	<b>Odd Holden</b>		<b>Verdal OK</b>			<b>(18.34min/km)</b>		<b>58:53 (+20:24)</b>	
	15:21 (7)	22:28 (7)	25:56 (6)	28:03 (7)	36:24 (4)	49:23 (5)	55:04 (5)	57:46 (5)	58:53 (5)
	15:21/53	7:07/54	3:28/55	2:07/56	8:21/57	12:59/58	5:41/49	2:42/125	1:07/249
	+5:22 (7)	+3:56 (10)	+0:33 (5)	+0:39 (6)	+2:35 (4)	+4:01 (8)	+2:15 (10)	+1:15 (10)	+0:32 (10)
<b>6</b>	<b>Johan Theisen</b>		<b>Kolbotn og Skimt OL</b>			<b>(19.00min/km)</b>		<b>1:00:59 (+22:30)</b>	
	14:37 (4)	20:59 (5)	23:55 (5)	25:28 (4)	43:32 (9)	53:31 (6)	58:10 (6)	1:00:12 (6)	1:00:59 (6)
	14:37/53	6:22/54	2:56/55	1:33/56	18:04/57	9:59/58	4:39/49	2:02/125	0:47/249
	+4:38 (4)	+3:11 (9)	+0:01 (2)	+0:05 (2)	+12:18 (10)	+1:01 (3)	+1:13 (6)	+0:35 (4)	+0:12 (4)
<b>7</b>	<b>Ernst Andorsen</b>		<b>Porsgrunn OL</b>			<b>(19.26min/km)</b>		<b>1:01:50 (+23:21)</b>	
	22:21 (12)	25:46 (12)	31:14 (11)	33:22 (11)	43:10 (8)	54:46 (7)	59:12 (7)	1:01:06 (7)	1:01:50 (7)
	22:21/53	3:25/54	5:28/55	2:08/56	9:48/57	11:36/58	4:26/49	1:54/125	0:44/249
	+12:22 (12)	+0:14 (2)	+2:33 (9)	+0:40 (7)	+4:02 (5)	+2:38 (6)	+1:00 (4)	+0:27 (3)	+0:09 (3)
<b>8</b>	<b>Stanislaw Wysocki</b>		<b>Gwardia Warszawa</b>			<b>(20.37min/km)</b>		<b>1:05:23 (+26:54)</b>	
	19:25 (11)	24:22 (10)	27:58 (9)	30:16 (9)	40:17 (6)	57:20 (9)	1:02:26 (8)	1:04:32 (8)	1:05:23 (8)
	19:25/53	4:57/54	3:36/55	2:18/56	10:01/57	17:03/58	5:06/49	2:06/97	0:51/249
	+9:26 (11)	+1:46 (6)	+0:41 (6)	+0:50 (9)	+4:15 (6)	+8:05 (11)	+1:40 (7)	+0:39 (5)	+0:16 (8)
<b>9</b>	<b>Odd Jensen</b>		<b>Bærums Skiklub</b>			<b>(20.57min/km)</b>		<b>1:06:01 (+27:32)</b>	
	14:59 (5)	23:04 (8)	26:03 (7)	27:38 (6)	47:37 (10)	58:39 (10)	1:03:02 (9)	1:05:13 (9)	1:06:01 (9)
	14:59/53	8:05/54	2:59/55	1:35/56	19:59/57	11:02/58	4:23/49	2:11/125	0:48/249
	+5:00 (5)	+4:54 (11)	+0:04 (3)	+0:07 (3)	+14:13 (11)	+2:04 (5)	+0:57 (3)	+0:44 (7)	+0:13 (5)
<b>10</b>	<b>Sigurd Reppesgård</b>		<b>Hedrum O-lag</b>			<b>(20.87min/km)</b>		<b>1:06:59 (+28:30)</b>	
	16:42 (9)	22:25 (6)	27:22 (8)	29:51 (8)	42:32 (7)	57:19 (8)	1:03:23 (10)	1:05:45 (10)	1:06:59 (10)
	16:42/53	5:43/54	4:57/55	2:29/56	12:41/57	14:47/58	6:04/49	2:22/97	1:14/249
	+6:43 (9)	+2:32 (7)	+2:02 (8)	+1:01 (11)	+6:55 (8)	+5:49 (9)	+2:38 (11)	+0:55 (9)	+0:39 (11)
<b>11</b>	<b>Gunnar Timner</b>		<b>Umeå OK</b>			<b>(25.22min/km)</b>		<b>1:20:57 (+42:28)</b>	
	17:30 (10)	23:42 (9)	28:27 (10)	30:43 (10)	57:02 (11)	1:11:57 (11)	1:17:26 (11)	1:20:09 (11)	1:20:57 (11)
	17:30/53	6:12/54	4:45/55	2:16/56	26:19/57	14:55/58	5:29/49	2:43/125	0:48/249
	+7:31 (10)	+3:01 (8)	+1:50 (7)	+0:48 (8)	+20:33 (12)	+5:57 (10)	+2:03 (9)	+1:16 (11)	+0:13 (5)
<b>12</b>	<b>Vidkunn Eidnes</b>		<b>Harstad OL</b>			<b>(29.15min/km)</b>		<b>1:33:35 (+55:06)</b>	
	16:04 (8)	24:24 (11)	40:59 (12)	43:43 (12)	1:01:34 (12)	1:20:07 (12)	1:28:19 (12)	1:32:14 (12)	1:33:35 (12)
	16:04/53	8:20/54	16:35/55	2:44/56	17:51/57	18:33/58	8:12/49	3:55/97	1:21/249
	+6:05 (8)	+5:09 (12)	+13:40 (12)	+1:16 (12)	+12:05 (9)	+9:35 (12)	+4:46 (12)	+2:28 (12)	+0:46 (12)
	<b>Willy Clausen</b>		<b>Strand Ulv IL</b>			<b>(21.53min/km)</b>		<b>Disk (+30:37)</b>	
	28:04 (13)	32:02 (13)	41:48 (13)	50:18 (13)	1:01:34 (12)	1:06:20 (11)	1:08:24 (11)	1:09:06 (11)	1:09:06 (11)
	28:04/53	3:58/54	9:46/56	8:30/57	11:16/58	4:46/49	2:04/125	0:42/249	
	+18:05 (13)	+0:47 (5)	+6:51 (12)	+7:02 (13)	+5:30 (7)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	<b>Knut M. Berg</b>		<b>Harstad OL</b>			<b>(319.53min/km)</b>		<b>Disk(+16:27:12)</b>	
	15:38:47 (13)	16:02:25 (13)	16:24:31 (13)	17:04:40 (13)	17:05:41 (13)	17:05:41 (13)	17:05:41 (13)	17:05:41 (13)	17:05:41 (13)
	15:38:47/53	23:38/54	22:06/56	40:09/125	1:01/249				
	+15:28:48 (13)	+20:27 (13)	+19:11 (13)	+38:41 (13)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse D75- 2.2 km

2 påmeldt, 2 startende 1 premiert

<b>1</b>	<b>Guldborg S-H Søvik</b>		<b>Gneist, IL</b>			<b>(17.28min/km)</b>		<b>37:51</b>	
	3:40 (1)	6:15 (1)	14:42 (2)	22:15 (1)	27:09 (1)	34:22 (1)	36:58 (1)	37:51 (1)	
	3:40/148	2:35/149	8:27/57	7:33/59	4:54/131	7:13/60	2:36/125	0:53/249	
	+0:00 (1)	+0:00 (1)	+2:22 (2)	+0:00 (1)	+0:37 (2)	+0:00 (1)	+0:00 (1)	+0:04 (2)	
<b>2</b>	<b>Ellinor Nordmo</b>		<b>Mellebygd IL</b>			<b>(18.50min/km)</b>		<b>40:31 (+2:40)</b>	
	4:37 (2)	8:17 (2)	14:22 (1)	23:35 (2)	27:52 (2)	36:15 (2)	39:42 (2)	40:31 (2)	
	4:37/148	3:40/149	6:05/57	9:13/59	4:17/131	8:23/60	3:27/97	0:49/249	
	+0:57 (2)	+1:05 (2)	+0:00 (1)	+1:40 (2)	+0:00 (1)	+1:10 (2)	+0:51 (2)	+0:00 (1)	

# Klasse D17AK 4.0 km

9 påmeldt, 9 startende 1 premiert

<b>1</b>	<b>Trine Trongmo Opseth</b>		<b>Ringerike o-lag</b>			<b>(10.58min/km)</b>		<b>42:39</b>		
	8:15 (1)	11:24 (1)	14:01 (1)	21:13 (1)	23:09 (1)	33:28 (1)	37:22 (1)	38:22 (1)	41:02 (1)	42:12 (1)
	8:15/53	3:09/52	2:37/74	7:12/50	1:56/51	10:19/48	3:54/41	1:00/39	2:40/49	1:10/125
	+0:00 (1)	+0:24 (4)	+0:22 (3)	+0:11 (2)	+0:00 (1)	+0:00 (1)	+0:06 (2)	+0:00 (1)	+0:08 (3)	+0:02 (2)
	42:39 (1)	42:39 (1)								
	0:27/249									
	+0:00 (1)	+0:00 (1)								
<b>2</b>	<b>Kirsti Lunde</b>		<b>Bjerkvik IF</b>			<b>(11.14min/km)</b>		<b>44:53</b>		<b>(+2:14)</b>
	11:03 (5)	13:53 (4)	16:08 (4)	23:09 (2)	25:21 (2)	35:41 (2)	39:29 (2)	40:34 (2)	43:06 (2)	44:21 (2)
	11:03/53	2:50/52	2:15/74	7:01/50	2:12/51	10:20/48	3:48/41	1:05/39	2:32/49	1:15/97
	+2:48 (5)	+0:05 (2)	+0:00 (1)	+0:00 (1)	+0:16 (3)	+0:01 (2)	+0:00 (1)	+0:05 (3)	+0:00 (1)	+0:07 (3)
	44:53 (2)	44:53 (2)								
	0:32/249									
	+0:05 (3)	+0:00 (1)								
<b>3</b>	<b>Mona Holte</b>		<b>Porsgrunn OL</b>			<b>(12.92min/km)</b>		<b>52:04</b>		<b>(+9:25)</b>
	10:38 (3)	13:23 (3)	15:58 (3)	25:06 (4)	27:04 (4)	41:22 (5)	46:48 (4)	47:50 (4)	50:27 (4)	51:35 (3)
	10:38/53	2:45/52	2:35/74	9:08/50	1:58/51	14:18/48	5:26/41	1:02/39	2:37/49	1:08/97
	+2:23 (3)	+0:00 (1)	+0:20 (2)	+2:07 (5)	+0:02 (2)	+3:59 (5)	+1:38 (4)	+0:02 (2)	+0:05 (2)	+0:00 (1)
	52:04 (3)	52:04 (3)								
	0:29/249									
	+0:02 (2)	+0:00 (1)								
<b>4</b>	<b>Sara Timmer</b>		<b>Sundsvalls OK</b>			<b>(12.95min/km)</b>		<b>52:12</b>		<b>(+9:33)</b>
	11:43 (6)	15:08 (6)	18:05 (6)	25:54 (5)	28:39 (5)	40:22 (4)	45:31 (3)	46:51 (3)	49:58 (3)	51:35 (4)
	11:43/53	3:25/52	2:57/74	7:49/50	2:45/51	11:43/48	5:09/41	1:20/39	3:07/49	1:37/97
	+3:28 (6)	+0:40 (5)	+0:42 (4)	+0:48 (3)	+0:49 (5)	+1:24 (3)	+1:21 (3)	+0:20 (5)	+0:35 (5)	+0:29 (5)
	52:12 (4)	52:12 (4)								
	0:37/249									
	+0:10 (5)	+0:00 (1)								
<b>5</b>	<b>Rikke Nørgaard</b>		<b>BUL Tromsø</b>			<b>(13.83min/km)</b>		<b>55:44</b>		<b>(+13:05)</b>
	8:32 (2)	11:33 (2)	15:35 (2)	23:39 (3)	26:19 (3)	38:10 (3)	48:46 (5)	49:55 (5)	53:38 (5)	55:10 (5)
	8:32/53	3:01/52	4:02/74	8:04/50	2:40/51	11:51/48	10:36/41	1:09/39	3:43/49	1:32/97
	+0:17 (2)	+0:16 (3)	+1:47 (8)	+1:03 (4)	+0:44 (4)	+1:32 (4)	+6:48 (9)	+0:09 (4)	+1:11 (6)	+0:24 (4)
	55:44 (5)	55:44 (5)								
	0:34/249									
	+0:07 (4)	+0:00 (1)								
<b>6</b>	<b>Achermann Therese</b>		<b>Piz Hasi, OLK</b>			<b>(18.82min/km)</b>		<b>1:15:50</b>		<b>(+33:11)</b>
	14:22 (7)	19:10 (7)	22:40 (7)	34:43 (6)	38:03 (6)	58:44 (6)	1:05:56 (6)	1:07:35 (6)	1:12:11 (6)	1:14:40 (6)
	14:22/53	4:48/52	3:30/74	12:03/50	3:20/51	20:41/48	7:12/41	1:39/39	4:36/49	2:29/125
	+6:07 (7)	+2:03 (8)	+1:15 (6)	+5:02 (7)	+1:24 (8)	+10:22 (8)	+3:24 (7)	+0:39 (6)	+2:04 (9)	+1:21 (8)
	1:15:50 (6)	1:15:50 (6)								
	1:10/249									
	+0:43 (8)	+0:00 (1)								
<b>7</b>	<b>Magdalena Kurfurstova</b>		<b>FS Praha</b>			<b>(19.41min/km)</b>		<b>1:18:14</b>		<b>(+35:35)</b>
	18:41 (8)	23:15 (8)	26:46 (8)	38:38 (7)	41:54 (7)	1:02:05 (7)	1:09:23 (7)	1:11:22 (7)	1:15:22 (7)	1:17:30 (7)
	18:41/53	4:34/52	3:31/74	11:52/50	3:16/51	20:11/48	7:18/41	1:59/39	4:00/49	2:08/97
	+10:26 (8)	+1:49 (7)	+1:16 (7)	+4:51 (6)	+1:20 (7)	+9:52 (7)	+3:30 (8)	+0:59 (7)	+1:28 (7)	+1:00 (6)
	1:18:14 (7)	1:18:14 (7)								
	0:44/249									
	+0:17 (6)	+0:00 (1)								
<b>8</b>	<b>Binja Feusi</b>		<b>Galgenen, OLG</b>			<b>(24.93min/km)</b>		<b>1:40:28</b>		<b>(+57:49)</b>
	10:48 (4)	14:43 (5)	17:48 (5)	1:00:30 (8)	1:03:57 (8)	1:20:43 (8)	1:26:24 (8)	1:29:10 (8)	1:31:55 (8)	1:37:45 (8)
	10:48/53	3:55/52	3:05/74	42:42/50	3:27/51	16:46/48	5:41/41	2:46/39	2:45/60	5:50/49
	+2:33 (4)	+1:10 (6)	+0:50 (5)	+35:41 (9)	+1:31 (9)	+6:27 (6)	+1:53 (5)	+1:46 (9)	+0:13 (4)	+4:42 (9)
	1:39:53 (8)	1:40:28 (8)								
	2:08/125	0:35/249								
	+1:41 (9)	+0:00 (1)								

9	Liv Anett B. Nyhagen			Fossekallen IL			(28.81min/km)		<b>1:56:07 (+1:13:28)</b>	
	29:45 (9)	41:23 (9)	47:18 (9)	1:14:25 (9)	1:17:20 (9)	1:39:05 (9)	1:46:03 (9)	1:48:31 (9)	1:52:46 (9)	1:55:14 (9)
	29:45/53	11:38/52	5:55/74	27:07/50	2:55/51	21:45/48	6:58/41	2:28/39	4:15/49	2:28/125
	+21:30 (9)	+8:53 (9)	+3:40 (9)	+20:06 (8)	+0:59 (6)	+11:26 (9)	+3:10 (6)	+1:28 (8)	+1:43 (8)	+1:20 (7)
	1:56:07 (9)	1:56:07 (9)								
	0:53/249									
	+0:26 (7) +0:00 (1)									

## Klasse H17AK 4.3 km

16 påmeldt, 14 startende 1 premiert

1	Rune Rystad			Nydalens SK			(7.64min/km)		<b>33:06</b>	
	7:05 (1)	8:55 (1)	12:15 (1)	17:23 (1)	18:26 (1)	26:39 (1)	28:40 (1)	29:43 (1)	31:41 (1)	32:41 (1)
	7:05/31	1:50/32	3:20/33	5:08/77	1:03/51	8:13/47	2:01/37	1:03/39	1:58/49	1:00/97
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:00 (1)	+0:00 (1)	+0:07 (4)	+0:00 (1)	+0:00 (1)
	33:06 (1)									
	0:25/249									
	+0:04 (5)									
2	Per Erik Opseth			Ringerike o-lag			(9.30min/km)		<b>40:15 (+7:09)</b>	
	8:06 (2)	10:29 (2)	14:29 (2)	21:20 (2)	22:21 (2)	33:04 (2)	35:26 (2)	36:22 (2)	38:37 (2)	39:49 (2)
	8:06/31	2:23/32	4:00/33	6:51/77	1:01/51	10:43/47	2:22/37	0:56/39	2:15/49	1:12/125
	+1:01 (2)	+0:33 (5)	+0:40 (2)	+1:43 (3)	+0:00 (1)	+2:30 (3)	+0:21 (2)	+0:00 (1)	+0:17 (2)	+0:12 (3)
	40:15 (2)									
	0:26/249									
	+0:05 (6)									
3	Sami Rapo			Otaniemen Jyllääjät			(9.91min/km)		<b>42:54 (+9:48)</b>	
	9:27 (4)	11:28 (4)	15:29 (3)	22:16 (3)	23:40 (3)	33:53 (3)	36:49 (3)	38:14 (3)	41:03 (3)	42:28 (3)
	9:27/31	2:01/32	4:01/33	6:47/77	1:24/51	10:13/47	2:56/37	1:25/39	2:49/49	1:25/97
	+2:22 (4)	+0:11 (3)	+0:41 (3)	+1:39 (2)	+0:23 (6)	+2:00 (2)	+0:55 (6)	+0:29 (9)	+0:51 (4)	+0:25 (10)
	42:54 (3)									
	0:26/249									
	+0:05 (6)									
4	Geir Arne Løkse Nilssen			Sørreisa OL			(11.32min/km)		<b>49:02 (+15:56)</b>	
	10:38 (6)	13:23 (6)	18:57 (8)	26:32 (6)	27:56 (7)	40:21 (4)	43:39 (6)	44:43 (6)	47:28 (4)	48:38 (4)
	10:38/31	2:45/32	5:34/33	7:35/77	1:24/51	12:25/47	3:18/37	1:04/39	2:45/49	1:10/97
	+3:33 (6)	+0:55 (7)	+2:14 (7)	+2:27 (6)	+0:23 (6)	+4:12 (4)	+1:17 (9)	+0:08 (5)	+0:47 (3)	+0:10 (2)
	49:02 (4)									
	0:24/249									
	+0:03 (3)									
5	Ole Aalde Nyhagen			Fossekallen IL			(11.48min/km)		<b>49:42 (+16:36)</b>	
	10:15 (5)	12:28 (5)	18:30 (5)	26:35 (7)	27:52 (6)	40:29 (5)	43:10 (4)	44:12 (4)	47:58 (5)	49:14 (5)
	10:15/31	2:13/32	6:02/33	8:05/77	1:17/51	12:37/47	2:41/37	1:02/39	3:46/49	1:16/125
	+3:10 (5)	+0:23 (4)	+2:42 (8)	+2:57 (9)	+0:16 (4)	+4:24 (5)	+0:40 (5)	+0:06 (3)	+1:48 (10)	+0:16 (5)
	49:42 (5)									
	0:28/249									
	+0:07 (8)									
6	Eivind Morris Bakke			Harstad OL			(11.51min/km)		<b>49:49 (+16:43)</b>	
	11:01 (7)	14:09 (7)	18:39 (6)	26:42 (8)	28:09 (8)	40:57 (6)	43:33 (5)	44:39 (5)	48:09 (6)	49:28 (6)
	11:01/31	3:08/32	4:30/33	8:03/77	1:27/51	12:48/47	2:36/37	1:06/39	3:30/49	1:19/97
	+3:56 (7)	+1:18 (10)	+1:10 (5)	+2:55 (8)	+0:26 (8)	+4:35 (6)	+0:35 (3)	+0:10 (6)	+1:32 (9)	+0:19 (8)
	49:49 (6)									
	0:21/249									
	+0:00 (1)									
7	Svein Godager			Løten OL			(11.66min/km)		<b>50:29 (+17:23)</b>	
	8:54 (3)	10:54 (3)	18:07 (4)	25:38 (4)	26:58 (4)	41:15 (7)	43:54 (7)	45:16 (7)	48:44 (7)	50:00 (7)
	8:54/31	2:00/32	7:13/33	7:31/77	1:20/51	14:17/47	2:39/37	1:22/39	3:28/49	1:16/125
	+1:49 (3)	+0:10 (2)	+3:53 (10)	+2:23 (5)	+0:19 (5)	+6:04 (8)	+0:38 (4)	+0:26 (8)	+1:30 (8)	+0:16 (5)
	50:29 (7)									
	0:29/249									
	+0:08 (9)									

<b>8</b>	<b>Terje Blindheim</b>			<b>Lillomarka OL</b>		<b>(12.66min/km)</b>		<b>54:49</b>	<b>(+21:43)</b>	
	11:57 (8)	14:24 (8)	18:47 (7)	25:52 (5)	26:59 (5)	44:44 (8)	48:23 (8)	49:48 (8)	53:03 (8)	54:20 (8)
	11:57/31	2:27/32	4:23/33	7:05/77	1:07/51	17:45/47	3:39/37	1:25/39	3:15/49	1:17/125
	+4:52 (8)	+0:37 (6)	+1:03 (4)	+1:57 (4)	+0:06 (3)	+9:32 (12)	+1:38 (10)	+0:29 (9)	+1:17 (6)	+0:17 (7)
	54:49 (8)									
	0:29/249									
	+0:08 (9)									
<b>9</b>	<b>Torbjørn Olsen</b>			<b>B&amp;OI Orientering</b>		<b>(12.74min/km)</b>		<b>55:09</b>	<b>(+22:03)</b>	
	12:00 (9)	15:25 (9)	20:28 (9)	29:17 (9)	30:44 (9)	46:13 (9)	49:16 (9)	50:16 (9)	53:35 (9)	54:47 (9)
	12:00/31	3:25/32	5:03/33	8:49/77	1:27/51	15:29/47	3:03/37	1:00/39	3:19/49	1:12/97
	+4:55 (9)	+1:35 (12)	+1:43 (6)	+3:41 (10)	+0:26 (8)	+7:16 (10)	+1:02 (7)	+0:04 (2)	+1:21 (7)	+0:12 (3)
	55:09 (9)									
	0:22/249									
	+0:01 (2)									
<b>10</b>	<b>Magnus Höglin</b>			<b>Harstad OL</b>		<b>(13.32min/km)</b>		<b>57:40</b>	<b>(+24:34)</b>	
	13:05 (10)	15:55 (10)	23:17 (10)	31:12 (10)	32:49 (10)	47:36 (10)	50:53 (10)	52:22 (10)	55:24 (10)	57:04 (10)
	13:05/31	2:50/32	7:22/33	7:55/77	1:37/51	14:47/47	3:17/37	1:29/39	3:02/49	1:40/97
	+6:00 (10)	+1:00 (8)	+4:02 (11)	+2:47 (7)	+0:36 (10)	+6:34 (9)	+1:16 (8)	+0:33 (11)	+1:04 (5)	+0:40 (11)
	57:40 (10)									
	0:36/249									
	+0:15 (12)									
<b>11</b>	<b>Cris Lovell-Smith</b>			<b>PAPO</b>		<b>(16.35min/km)</b>		<b>1:10:49</b>	<b>(+37:43)</b>	
	16:16 (11)	19:19 (11)	25:38 (11)	37:04 (11)	43:38 (11)	57:17 (11)	1:03:21 (11)	1:04:42 (11)	1:09:05 (11)	1:10:25 (11)
	16:16/31	3:03/32	6:19/33	11:26/77	6:34/51	13:39/47	6:04/37	1:21/39	4:23/49	1:20/97
	+9:11 (11)	+1:13 (9)	+2:59 (9)	+6:18 (12)	+5:33 (12)	+5:26 (7)	+4:03 (12)	+0:25 (7)	+2:25 (11)	+0:20 (9)
	1:10:49 (11)									
	0:24/249									
	+0:03 (3)									
<b>12</b>	<b>Eelco Muller</b>			<b>KOVZ</b>		<b>(18.37min/km)</b>		<b>1:19:33</b>	<b>(+46:27)</b>	
	19:22 (12)	22:38 (12)	36:29 (12)	46:36 (12)	48:46 (12)	1:05:04 (12)	1:09:58 (12)	1:11:42 (12)	1:17:14 (12)	1:19:03 (12)
	19:22/31	3:16/32	13:51/33	10:07/77	2:10/51	16:18/47	4:54/37	1:44/39	5:32/49	1:49/125
	+12:17 (12)	+1:26 (11)	+10:31 (12)	+4:59 (11)	+1:09 (11)	+8:05 (11)	+2:53 (11)	+0:48 (12)	+3:34 (12)	+0:49 (12)
	1:19:33 (12)									
	0:30/249									
	+0:09 (11)									
	<b>Vegard Kvisle</b>			<b>Asker SK</b>		<b>(15.69min/km)</b>		<b>Disk</b>	<b>(+34:50)</b>	
	16:14 (11)	19:52 (12)	23:07 (10)	30:25 (10)	32:52 (11)	53:04 (11)	58:28 (11)	1:02:06 (11)	1:06:09 (11)	1:07:27 (11)
	16:14/53	3:38/52	3:15/74	7:18/50	2:27/51	20:12/48	5:24/41	3:38/39	4:03/49	1:18/125
	+9:09 (11)	+1:48 (13)	+0:00 (1)	+2:10 (5)	+1:26 (12)	+11:59 (13)	+3:23 (12)	+2:42 (13)	+2:05 (11)	+0:18 (8)
	1:07:56 (11)									
	0:29/249									
	+0:08 (9)									
	<b>Andreas Nordstrand</b>			<b>Freidig</b>		<b>(16.10min/km)</b>		<b>Disk</b>	<b>(+36:37)</b>	
	26:12 (13)	26:56 (13)	1:03:42 (13)	1:07:23 (13)	1:09:09 (13)	1:09:43 (13)	1:09:43 (12)	1:09:43 (12)	1:09:43 (12)	1:09:43 (11)
	26:12/54	0:44/73	36:46/39	3:41/44	1:46/125	0:34/249				
	+19:07 (13)	+0:00 (1)	+33:26 (13)	+0:00 (1)	+0:45 (11)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	1:09:43 (11)									
	+0:00 (1)									

## Klasse D17C 3.1 km

15 påmeldt, 13 startende 1 premiert

<b>1</b>	<b>Jorunn Blindheim</b>			<b>Lillomarka OL</b>		<b>(12.67min/km)</b>		<b>38:46</b>		
	3:05 (4)	6:03 (1)	12:05 (1)	13:47 (1)	16:04 (1)	25:53 (1)	30:24 (1)	35:56 (1)	38:11 (1)	38:46 (1)
	3:05/148	2:58/57	6:02/56	1:42/55	2:17/153	9:49/59	4:31/131	5:32/60	2:15/125	0:35/249
	+0:16 (4)	+0:00 (1)	+1:22 (3)	+0:05 (2)	+0:07 (2)	+0:00 (1)	+2:37 (9)	+0:48 (2)	+0:17 (4)	+0:07 (7)
<b>2</b>	<b>Gudrun Wadman</b>			<b>Göteborg Majorna OK</b>		<b>(12.84min/km)</b>		<b>39:18</b>	<b>(+0:32)</b>	
	3:13 (5)	6:38 (2)	12:54 (3)	14:41 (2)	16:51 (2)	28:13 (2)	31:04 (2)	36:46 (2)	38:44 (2)	39:18 (2)
	3:13/148	3:25/57	6:16/56	1:47/55	2:10/153	11:22/59	2:51/131	5:42/60	1:58/125	0:34/249



	+0:24 (5)	+0:27 (3)	+1:36 (5)	+0:10 (3)	+0:00 (1)	+1:33 (3)	+0:57 (7)	+0:58 (4)	+0:00 (1)	+0:06 (5)
<b>3</b>	<b>Mariell Pedersen Eide</b>			<b>Siso, IL</b>			<b>(13.74min/km)</b>	<b>42:03</b>	<b>(+3:17)</b>	
	2:57 (2)	8:09 (7)	12:49 (2)	15:50 (3)	18:49 (4)	30:34 (3)	32:57 (3)	39:23 (3)	41:35 (3)	42:03 (3)
	2:57/148	5:12/57	4:40/56	3:01/55	2:59/153	11:45/59	2:23/131	6:26/60	2:12/97	0:28/249
	+0:08 (2)	+2:14 (8)	+0:00 (1)	+1:24 (10)	+0:49 (8)	+1:56 (4)	+0:29 (4)	+1:42 (6)	+0:14 (3)	+0:00 (1)
<b>4</b>	<b>Hilde Hanssen</b>			<b>Sørreisa OL</b>			<b>(14.03min/km)</b>	<b>42:56</b>	<b>(+4:10)</b>	
	2:49 (1)	8:30 (8)	15:31 (8)	20:22 (10)	23:03 (9)	33:42 (5)	35:36 (4)	40:20 (4)	42:26 (4)	42:56 (4)
	2:49/148	5:41/57	7:01/56	4:51/55	2:41/153	10:39/59	1:54/131	4:44/60	2:06/125	0:30/249
	+0:00 (1)	+2:43 (10)	+2:21 (10)	+3:14 (13)	+0:31 (5)	+0:50 (2)	+0:00 (1)	+0:00 (1)	+0:08 (2)	+0:02 (3)
<b>5</b>	<b>Siri Spjelkavik</b>			<b>Tyrving, IL</b>			<b>(15.17min/km)</b>	<b>46:25</b>	<b>(+7:39)</b>	
	3:43 (8)	7:36 (6)	14:31 (6)	16:25 (5)	19:28 (5)	32:53 (4)	35:38 (5)	42:39 (5)	45:44 (5)	46:25 (5)
	3:43/148	3:53/57	6:55/56	1:54/55	3:03/153	13:25/59	2:45/131	7:01/60	3:05/97	0:41/249
	+0:54 (8)	+0:55 (6)	+2:15 (7)	+0:17 (4)	+0:53 (9)	+3:36 (5)	+0:51 (6)	+2:17 (8)	+1:07 (11)	+0:13 (9)
<b>6</b>	<b>Minna Karvinen</b>			<b>Ounasvaaran Hiihtoseura</b>			<b>(15.45min/km)</b>	<b>47:16</b>	<b>(+8:30)</b>	
	3:49 (10)	7:24 (5)	14:24 (5)	16:59 (6)	20:23 (6)	34:54 (6)	37:49 (6)	44:17 (6)	46:37 (6)	47:16 (6)
	3:49/148	3:35/57	7:00/56	2:35/55	3:24/153	14:31/59	2:55/131	6:28/60	2:20/97	0:39/249
	+1:00 (10)	+0:37 (4)	+2:20 (9)	+0:58 (9)	+1:14 (10)	+4:42 (7)	+1:01 (8)	+1:44 (7)	+0:22 (5)	+0:11 (8)
<b>7</b>	<b>Hilde Opdal</b>			<b>Bjerkvik IF</b>			<b>(15.58min/km)</b>	<b>47:41</b>	<b>(+8:55)</b>	
	2:59 (3)	8:57 (9)	14:57 (7)	18:48 (9)	22:53 (8)	36:51 (7)	39:05 (7)	44:44 (7)	47:12 (7)	47:41 (7)
	2:59/148	5:58/57	6:00/56	3:51/55	4:05/153	13:58/59	2:14/131	5:39/60	2:28/97	0:29/249
	+0:10 (3)	+3:00 (11)	+1:20 (2)	+2:14 (11)	+1:55 (11)	+4:09 (6)	+0:20 (2)	+0:55 (3)	+0:30 (7)	+0:01 (2)
<b>8</b>	<b>Anne-Grete Olsen</b>			<b>Byåsen IL</b>			<b>(16.38min/km)</b>	<b>50:07</b>	<b>(+11:21)</b>	
	3:14 (6)	10:07 (11)	16:21 (10)	18:25 (8)	21:22 (7)	38:48 (8)	41:09 (8)	47:13 (8)	49:33 (8)	50:07 (8)
	3:14/148	6:53/57	6:14/56	2:04/55	2:57/153	17:26/59	2:21/131	6:04/60	2:20/125	0:34/249
	+0:25 (6)	+3:55 (12)	+1:34 (4)	+0:27 (5)	+0:47 (7)	+7:37 (8)	+0:27 (3)	+1:20 (5)	+0:22 (5)	+0:06 (5)
<b>9</b>	<b>Åse Kristine Tandberg</b>			<b>Kjelsaas</b>			<b>(22.02min/km)</b>	<b>1:07:22</b>	<b>(+28:36)</b>	
	3:56 (11)	7:11 (3)	14:10 (4)	16:15 (4)	18:45 (3)	47:39 (9)	55:35 (9)	1:03:36 (9)	1:06:39 (9)	1:07:22 (9)
	3:56/148	3:15/57	6:59/56	2:05/55	2:30/153	28:54/59	7:56/131	8:01/60	3:03/125	0:43/249
	+1:07 (11)	+0:17 (2)	+2:19 (8)	+0:28 (6)	+0:20 (3)	+19:05 (11)	+6:02 (12)	+3:17 (11)	+1:05 (10)	+0:15 (11)
<b>10</b>	<b>Aasfrid Tysvær</b>			<b>Varegg Fleridrett</b>			<b>(24.16min/km)</b>	<b>1:13:55</b>	<b>(+35:09)</b>	
	8:11 (13)	12:35 (12)	20:57 (11)	23:24 (12)	28:22 (11)	54:12 (11)	1:01:43 (11)	1:10:04 (10)	1:13:12 (10)	1:13:55 (10)
	8:11/148	4:24/57	8:22/56	2:27/55	4:58/153	25:50/59	7:31/131	8:21/60	3:08/125	0:43/249
	+5:22 (13)	+1:26 (7)	+3:42 (11)	+0:50 (7)	+2:48 (12)	+16:01 (10)	+5:37 (11)	+3:37 (12)	+1:10 (12)	+0:15 (11)
<b>11</b>	<b>Anny Kristine Valvik</b>			<b>Olderskog IL</b>			<b>(24.61min/km)</b>	<b>1:15:19</b>	<b>(+36:33)</b>	
	4:28 (12)	9:45 (10)	25:03 (13)	29:13 (13)	31:51 (12)	53:26 (10)	1:00:31 (10)	1:10:33 (11)	1:14:38 (11)	1:15:19 (11)
	4:28/148	5:17/57	15:18/56	4:10/55	2:38/153	21:35/59	7:05/131	10:02/60	4:05/125	0:41/249
	+1:39 (12)	+2:19 (9)	+10:38 (13)	+2:33 (12)	+0:28 (4)	+11:46 (9)	+5:11 (10)	+5:18 (13)	+2:07 (13)	+0:13 (9)
<b>12</b>	<b>Kari Beyer</b>			<b>Mo OK</b>			<b>(24.65min/km)</b>	<b>1:15:25</b>	<b>(+36:39)</b>	
	3:45 (9)	15:07 (13)	21:26 (12)	23:03 (11)	25:51 (10)	1:01:40 (12)	1:04:22 (12)	1:11:39 (12)	1:14:41 (12)	1:15:25 (12)
	3:45/148	11:22/57	6:19/56	1:37/55	2:48/153	35:49/59	2:42/131	7:17/60	3:02/97	0:44/249
	+0:56 (9)	+8:24 (13)	+1:39 (6)	+0:00 (1)	+0:38 (6)	+26:00 (13)	+0:48 (5)	+2:33 (10)	+1:04 (9)	+0:16 (13)
<b>13</b>	<b>Mailiss Myrvang</b>			<b>Bjerkvik IF</b>			<b>(33.28min/km)</b>	<b>1:41:51</b>	<b>(+1:03:05)</b>	
	3:38 (7)	7:16 (4)	15:54 (9)	18:23 (7)	40:47 (13)	1:12:40 (13)	1:31:36 (13)	1:38:50 (13)	1:41:19 (13)	1:41:51 (13)
	3:38/148	3:38/57	8:38/56	2:29/55	22:24/153	31:53/59	18:56/131	7:14/60	2:29/125	0:32/249
	+0:49 (7)	+0:40 (5)	+3:58 (12)	+0:52 (8)	+20:14 (13)	+22:04 (12)	+17:02 (13)	+2:30 (9)	+0:31 (8)	+0:04 (4)

## Klasse H17C 3.1 km

9 påmeldt, 6 startende 1 premiert

<b>1</b>	<b>Roger Pedersen</b>			<b>Bjerkvik IF</b>			<b>(11.76min/km)</b>	<b>35:59</b>		
	2:13 (1)	4:34 (1)	8:49 (1)	10:19 (1)	12:37 (1)	24:32 (1)	26:44 (1)	33:44 (1)	35:24 (1)	35:59 (1)
	2:13/148	2:21/57	4:15/56	1:30/55	2:18/153	11:55/59	2:12/131	7:00/60	1:40/97	0:35/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:08 (2)	+0:27 (3)	+0:23 (3)	+0:00 (1)	+1:50 (5)	+0:06 (2)	+0:33 (5)
	35:59 (1)									
	+0:00 (1)									
<b>2</b>	<b>Kjell Dag Olsen</b>			<b>Bjerkvik IF</b>			<b>(12.31min/km)</b>	<b>37:41</b>	<b>(+1:42)</b>	
	2:32 (2)	7:24 (4)	12:11 (2)	13:33 (2)	15:24 (2)	27:34 (2)	30:29 (2)	35:39 (2)	37:13 (2)	37:41 (2)
	2:32/148	4:52/57	4:47/56	1:22/55	1:51/153	12:10/59	2:55/131	5:10/60	1:34/125	0:28/249
	+0:19 (2)	+2:31 (6)	+0:32 (2)	+0:00 (1)	+0:00 (1)	+0:38 (4)	+0:43 (4)	+0:00 (1)	+0:00 (1)	+0:26 (2)

37:41 (2)

+0:00 (1)

<b>3</b>	<b>Chris Bull-Berg</b>			<b>BUL Tromsø</b>		<b>(12.86min/km)</b>		<b>39:22</b>	<b>(+3:23)</b>
3:50 (4)	6:54 (3)	12:15 (3)	14:14 (3)	16:34 (3)	28:06 (3)	30:36 (3)	36:50 (3)	38:49 (3)	39:22 (3)
3:50/148	3:04/57	5:21/56	1:59/55	2:20/153	11:32/59	2:30/131	6:14/60	1:59/97	0:33/249
+1:37 (4)	+0:43 (2)	+1:06 (4)	+0:37 (5)	+0:29 (4)	+0:00 (1)	+0:18 (3)	+1:04 (4)	+0:25 (4)	+0:31 (4)
39:22 (3)									

+0:00 (1)

<b>4</b>	<b>Nygård Kenneth</b>			<b>Solf IK</b>		<b>(14.39min/km)</b>		<b>44:02</b>	<b>(+8:03)</b>
8:24 (6)	11:52 (6)	18:00 (6)	19:44 (6)	22:00 (6)	33:32 (5)	35:57 (4)	41:41 (4)	43:34 (4)	44:02 (4)
8:24/148	3:28/57	6:08/56	1:44/55	2:16/153	11:32/59	2:25/131	5:44/60	1:53/125	0:28/249
+6:11 (6)	+1:07 (4)	+1:53 (5)	+0:22 (3)	+0:25 (2)	+0:00 (1)	+0:13 (2)	+0:34 (2)	+0:19 (3)	+0:26 (2)
44:02 (4)									

+0:00 (1)

<b>5</b>	<b>Clas-Göran Smeds</b>			<b>Solf IK</b>		<b>(15.36min/km)</b>		<b>47:01</b>	<b>(+11:02)</b>
4:18 (5)	8:17 (5)	13:32 (5)	15:25 (4)	17:45 (4)	31:24 (4)	38:30 (5)	44:18 (5)	46:31 (5)	46:33 (5)
4:18/148	3:59/57	5:15/56	1:53/55	2:20/153	13:39/59	7:06/131	5:48/60	2:13/125	0:02/97
+2:05 (5)	+1:38 (5)	+1:00 (3)	+0:31 (4)	+0:29 (4)	+2:07 (5)	+4:54 (5)	+0:38 (3)	+0:39 (5)	+0:00 (1)
47:01 (5)									

0:28/249

+0:00 (1)

<b>6</b>	<b>Svein Magne Elverum</b>			<b>Bjerkvik IF</b>		<b>(18.63min/km)</b>		<b>57:01</b>	<b>(+21:02)</b>
3:17 (3)	6:27 (2)	13:20 (4)	17:26 (5)	19:59 (5)	35:51 (6)	45:42 (6)	53:50 (6)	56:21 (6)	57:01 (6)
3:17/148	3:10/57	6:53/56	4:06/55	2:33/153	15:52/59	9:51/131	8:08/60	2:31/97	0:40/249
+1:04 (3)	+0:49 (3)	+2:38 (6)	+2:44 (6)	+0:42 (6)	+4:20 (6)	+7:39 (6)	+2:58 (6)	+0:57 (6)	+0:38 (6)
57:01 (6)									

+0:00 (1)

## Klasse D17N 2.0 km

1 påmeldt, 0 startende

## Klasse Direkte A 4.2 km

11 påmeldt, 11 startende

<b>1</b>	<b>Øistein Strømme</b>			<b>Gular, IL</b>		<b>(7.75min/km)</b>		<b>32:48</b>	
1:55 (1)	8:38 (1)	9:57 (1)	11:49 (1)	16:42 (1)	22:37 (1)	28:11 (1)	29:13 (1)	30:58 (1)	32:23 (1)
1:55/148	6:43/52	1:19/32	1:52/31	4:53/57	5:55/58	5:34/37	1:02/39	1:45/60	1:25/97
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
32:48 (1)									

0:25/249

+0:00 (1)

<b>2</b>	<b>Anders Hedman</b>			<b>Lidingö SOK, IFK</b>		<b>(10.86min/km)</b>		<b>45:55</b>	<b>(+13:07)</b>
2:33 (3)	12:33 (4)	13:55 (3)	16:15 (3)	23:33 (2)	30:44 (2)	38:44 (2)	40:17 (2)	43:26 (2)	45:23 (2)
2:33/148	10:00/52	1:22/32	2:20/31	7:18/57	7:11/58	8:00/37	1:33/39	3:09/60	1:57/97
+0:38 (3)	+3:17 (4)	+0:03 (2)	+0:28 (3)	+2:25 (3)	+1:16 (2)	+2:26 (3)	+0:31 (5)	+1:24 (10)	+0:32 (6)
45:55 (2)									

0:32/249

+0:07 (9)

<b>3</b>	<b>Vidar Danielsen</b>			<b>Asker SK</b>		<b>(11.83min/km)</b>		<b>50:03</b>	<b>(+17:15)</b>
2:53 (7)	12:27 (3)	14:57 (4)	17:36 (4)	26:00 (4)	35:04 (5)	43:45 (4)	45:09 (3)	47:35 (3)	49:33 (3)
2:53/148	9:34/52	2:30/32	2:39/31	8:24/57	9:04/58	8:41/37	1:24/39	2:26/60	1:58/97
+0:58 (7)	+2:51 (3)	+1:11 (11)	+0:47 (7)	+3:31 (6)	+3:09 (6)	+3:07 (5)	+0:22 (2)	+0:41 (5)	+0:33 (7)
50:03 (3)									

0:30/249

+0:05 (8)

<b>4</b>	<b>Marcus Adolfsson</b>		<b>Nais OK</b>				<b>(12.38min/km)</b>		<b>52:23 (+19:35)</b>	
	2:07 (2)	10:23 (2)	12:11 (2)	14:14 (2)	26:11 (5)	34:05 (3)	41:36 (3)	48:09 (4)	50:19 (4)	51:56 (4)
	2:07/148	8:16/52	1:48/32	2:03/31	11:57/57	7:54/58	7:31/37	6:33/39	2:10/60	1:37/97
	+0:12 (2)	+1:33 (2)	+0:29 (5)	+0:11 (2)	+7:04 (10)	+1:59 (3)	+1:57 (2)	+5:31 (11)	+0:25 (3)	+0:12 (3)
	52:23 (4)									
	0:27/249									
	+0:02 (3)									
<b>5</b>	<b>Arne Johan Brækkan</b>		<b>Ukjent</b>				<b>(12.67min/km)</b>		<b>53:36 (+20:48)</b>	
	2:42 (4)	13:56 (6)	15:42 (5)	18:29 (6)	27:04 (6)	37:11 (7)	46:47 (5)	48:21 (5)	51:13 (5)	53:03 (5)
	2:42/148	11:14/52	1:46/32	2:47/31	8:35/57	10:07/58	9:36/37	1:34/39	2:52/60	1:50/97
	+0:47 (4)	+4:31 (7)	+0:27 (4)	+0:55 (8)	+3:42 (7)	+4:12 (8)	+4:02 (7)	+0:32 (6)	+1:07 (8)	+0:25 (5)
	53:36 (5)									
	0:33/249									
	+0:08 (10)									
<b>6</b>	<b>Jan-Arne Pettersen</b>		<b>Bjerkvik IF</b>				<b>(13.06min/km)</b>		<b>55:14 (+22:26)</b>	
	3:22 (8)	16:26 (8)	18:28 (8)	20:58 (7)	27:39 (7)	35:55 (6)	46:55 (6)	51:10 (6)	53:15 (6)	54:48 (6)
	3:22/148	13:04/52	2:02/32	2:30/31	6:41/57	8:16/58	11:00/37	4:15/39	2:05/60	1:33/97
	+1:27 (8)	+6:21 (8)	+0:43 (7)	+0:38 (4)	+1:48 (2)	+2:21 (4)	+5:26 (9)	+3:13 (9)	+0:20 (2)	+0:08 (2)
	55:14 (6)									
	0:26/249									
	+0:01 (2)									
<b>7</b>	<b>Yngve Jern</b>		<b>Femman, IF</b>				<b>(13.25min/km)</b>		<b>56:04 (+23:16)</b>	
	3:28 (9)	14:15 (7)	16:41 (7)	22:39 (8)	30:17 (8)	40:15 (8)	49:17 (7)	51:12 (7)	53:48 (7)	55:37 (7)
	3:28/148	10:47/52	2:26/32	5:58/31	7:38/57	9:58/58	9:02/37	1:55/39	2:36/60	1:49/97
	+1:33 (9)	+4:04 (6)	+1:07 (10)	+4:06 (11)	+2:45 (5)	+4:03 (7)	+3:28 (6)	+0:53 (8)	+0:51 (6)	+0:24 (4)
	56:04 (7)									
	0:27/249									
	+0:02 (3)									
<b>8</b>	<b>Nils Erik Bakke</b>		<b>Harstad OL</b>				<b>(13.43min/km)</b>		<b>56:48 (+24:00)</b>	
	2:45 (6)	13:25 (5)	15:48 (6)	18:18 (5)	25:37 (3)	34:06 (4)	50:04 (8)	51:29 (8)	53:51 (8)	56:20 (8)
	2:45/148	10:40/52	2:23/32	2:30/31	7:19/57	8:29/58	15:58/37	1:25/39	2:22/60	2:29/97
	+0:50 (6)	+3:57 (5)	+1:04 (9)	+0:38 (4)	+2:26 (4)	+2:34 (5)	+10:24 (11)	+0:23 (3)	+0:37 (4)	+1:04 (10)
	56:48 (8)									
	0:28/249									
	+0:03 (5)									
<b>9</b>	<b>Frida Stolt</b>		<b>Vänernsborgs SK</b>				<b>(15.35min/km)</b>		<b>1:04:55 (+32:07)</b>	
	3:56 (11)	17:30 (9)	19:29 (9)	23:12 (9)	32:12 (9)	43:15 (9)	53:26 (9)	59:25 (9)	1:02:28 (9)	1:04:26 (9)
	3:56/148	13:34/52	1:59/32	3:43/31	9:00/57	11:03/58	10:11/37	5:59/39	3:03/60	1:58/125
	+2:01 (11)	+6:51 (9)	+0:40 (6)	+1:51 (9)	+4:07 (9)	+5:08 (10)	+4:37 (8)	+4:57 (10)	+1:18 (9)	+0:33 (7)
	1:04:55 (9)									
	0:29/249									
	+0:04 (6)									
<b>10</b>	<b>Marianne Pettersen</b>		<b>Ukjent</b>				<b>(17.36min/km)</b>		<b>1:13:27 (+40:39)</b>	
	3:30 (10)	19:10 (10)	21:20 (10)	25:21 (10)	37:41 (10)	50:30 (10)	1:04:01 (10)	1:05:43 (10)	1:10:04 (10)	1:12:47 (10)
	3:30/148	15:40/52	2:10/32	4:01/31	12:20/57	12:49/58	13:31/37	1:42/39	4:21/60	2:43/97
	+1:35 (10)	+8:57 (10)	+0:51 (8)	+2:09 (10)	+7:27 (11)	+6:54 (11)	+7:57 (10)	+0:40 (7)	+2:36 (11)	+1:18 (11)
	1:13:27 (10)									
	0:40/249									
	+0:15 (11)									
<b>11</b>	<b>Linda Nilsson</b>		<b>Nais OK</b>				<b>(17.41min/km)</b>		<b>1:13:39 (+40:51)</b>	
	2:43 (5)	34:35 (11)	36:08 (11)	38:44 (11)	47:25 (11)	58:19 (11)	1:06:40 (11)	1:08:09 (11)	1:10:55 (11)	1:13:10 (11)
	2:43/148	31:52/52	1:33/32	2:36/31	8:41/57	10:54/58	8:21/37	1:29/39	2:46/60	2:15/97
	+0:48 (5)	+25:09 (11)	+0:14 (3)	+0:44 (6)	+3:48 (8)	+4:59 (9)	+2:47 (4)	+0:27 (4)	+1:01 (7)	+0:50 (9)
	1:13:39 (11)									
	0:29/249									
	+0:04 (6)									

## Klasse Direkte C 3.1 km

10 påmeldt, 10 startende

<b>1</b>	<b>Torstein N Haukeland</b>			<b>Valnesfjord IL</b>			<b>(13.26min/km)</b>		<b>40:34</b>	
	3:41 (2)	6:35 (2)	15:57 (4)	17:56 (4)	22:10 (4)	31:17 (2)	33:17 (2)	37:57 (1)	40:05 (1)	40:34 (1)
	3:41/148	2:54/57	9:22/56	1:59/55	4:14/153	9:07/59	2:00/131	4:40/60	2:08/125	0:29/249
	+1:30 (2)	+0:00 (1)	+5:23 (6)	+0:00 (1)	+2:47 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:47 (2)	+0:05 (2)
<b>2</b>	<b>Lars Helge Staldvik</b>			<b>Namsskogan IL</b>			<b>(14.62min/km)</b>		<b>44:44 (+4:10)</b>	
	2:11 (1)	5:06 (1)	9:05 (1)	11:20 (1)	12:47 (1)	30:28 (1)	32:45 (1)	42:59 (4)	44:20 (2)	44:44 (2)
	2:11/148	2:55/57	3:59/56	2:15/55	1:27/153	17:41/59	2:17/131	10:14/60	1:21/97	0:24/249
	+0:00 (1)	+0:01 (2)	+0:00 (1)	+0:16 (4)	+0:00 (1)	+8:34 (6)	+0:17 (2)	+5:34 (7)	+0:00 (1)	+0:00 (1)
<b>3</b>	<b>Astrid Johansen</b>			<b>Stjørdals-Blink Orientering</b>			<b>(14.84min/km)</b>		<b>45:24 (+4:50)</b>	
	3:54 (5)	7:21 (3)	13:31 (2)	15:37 (2)	18:31 (2)	31:38 (3)	34:20 (3)	41:36 (2)	44:44 (3)	45:24 (3)
	3:54/148	3:27/57	6:10/56	2:06/55	2:54/153	13:07/59	2:42/131	7:16/60	3:08/125	0:40/249
	+1:43 (5)	+0:33 (3)	+2:11 (2)	+0:07 (2)	+1:27 (2)	+4:00 (3)	+0:42 (3)	+2:36 (4)	+1:47 (5)	+0:16 (5)
<b>4</b>	<b>Heidi Sinevaara</b>			<b>Ukjent</b>			<b>(14.91min/km)</b>		<b>45:38 (+5:04)</b>	
	3:51 (3)	8:04 (4)	14:33 (3)	16:42 (3)	19:55 (3)	34:37 (4)	37:45 (4)	42:27 (3)	45:06 (4)	45:38 (4)
	3:51/148	4:13/57	6:29/56	2:09/55	3:13/153	14:42/59	3:08/131	4:42/60	2:39/97	0:32/249
	+1:40 (3)	+1:19 (4)	+2:30 (4)	+0:10 (3)	+1:46 (3)	+5:35 (4)	+1:08 (5)	+0:02 (2)	+1:18 (3)	+0:08 (3)
<b>5</b>	<b>Jostein Sandven</b>			<b>Notodden OL</b>			<b>(16.29min/km)</b>		<b>49:51 (+9:17)</b>	
	3:52 (4)	10:31 (5)	16:44 (5)	20:19 (5)	27:16 (6)	37:58 (5)	40:59 (5)	46:23 (5)	49:18 (5)	49:51 (5)
	3:52/148	6:39/57	6:13/56	3:35/55	6:57/153	10:42/59	3:01/131	5:24/60	2:55/97	0:33/249
	+1:41 (4)	+3:45 (7)	+2:14 (3)	+1:36 (6)	+5:30 (7)	+1:35 (2)	+1:01 (4)	+0:44 (3)	+1:34 (4)	+0:09 (4)
<b>6</b>	<b>Toril Stavne</b>			<b>Freidig</b>			<b>(21.82min/km)</b>		<b>1:06:47 (+26:13)</b>	
	5:35 (7)	11:01 (6)	19:38 (6)	22:35 (6)	27:08 (5)	44:35 (6)	49:17 (6)	59:14 (6)	1:05:34 (6)	1:06:47 (6)
	5:35/148	5:26/57	8:37/56	2:57/55	4:33/153	17:27/59	4:42/131	9:57/60	6:20/97	1:13/249
	+3:24 (7)	+2:32 (5)	+4:38 (5)	+0:58 (5)	+3:06 (5)	+8:20 (5)	+2:42 (6)	+5:17 (5)	+4:59 (7)	+0:49 (7)
<b>7</b>	<b>Lise Hørtvedt</b>			<b>Kongsberg OL</b>			<b>(24.36min/km)</b>		<b>1:14:32 (+33:58)</b>	
	5:10 (6)	11:45 (7)	21:59 (7)	25:57 (7)	31:21 (7)	53:40 (7)	58:31 (7)	1:08:37 (7)	1:13:20 (7)	1:14:32 (7)
	5:10/148	6:35/57	10:14/56	3:58/55	5:24/153	22:19/59	4:51/131	10:06/60	4:43/125	1:12/249
	+2:59 (6)	+3:41 (6)	+6:15 (7)	+1:59 (7)	+3:57 (6)	+13:12 (7)	+2:51 (7)	+5:26 (6)	+3:22 (6)	+0:48 (6)
	<b>Jorånn Rognstad</b>			<b>Hadeland OL</b>			<b>(0.00min/km)</b>		<b>Brutt</b>	
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	<b>Marian Morris</b>			<b>Harstad OL</b>			<b>(20.20min/km)</b>		<b>Disk (+21:14)</b>	
	7:10 (8)	12:45 (8)	19:52 (7)	23:44 (7)	34:53 (8)	48:28 (7)	51:46 (7)	58:17 (6)	1:01:07 (6)	1:01:48 (6)
	7:10/148	5:35/57	7:07/56	3:52/55	11:09/53	13:35/59	3:18/131	6:31/60	2:50/125	0:41/249
	+4:59 (8)	+2:41 (6)	+3:08 (5)	+1:53 (7)	+9:42 (8)	+4:28 (4)	+1:18 (6)	+1:51 (4)	+1:29 (4)	+0:17 (6)
	<b>Camilla Dalen</b>			<b>Asker SK</b>			<b>(0.00min/km)</b>			
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)