

# Resultater fra Midnattsolgaloppen 2009-2 05.07.2009

Det var totalt 672 deltagere.

## Klasse N-åpen 1.6 km

47 påmeldt, 46 startende 46 premiert

Knut Malthe Bakke	Harstad OL
Kaja Fredrikke Beyer	Mo OK
Aurora Bjørseth	B&OI Orientering
Hanne Daltveit	Fana IL
Lotta Eerola	Tampereen Pyrintö
Mikko Eerola	Tampereen Pyrintö
Audun Eidnes	Harstad OL
Odin Flatberg	Ukjent
Fredrik E Fredriksen	Bjerkvik IF
Magnus Gjerstad	Gular, IL
Marieluise Schmitt Gran	Halden SK
Anna Øfsthus Gravir	Asker SK
Maria Aas Heitmann	B&OI Orientering
Erik Hogedal	Göteborg Majorna OK
Helene Alsos Höglin	Harstad OL
Maja Indregard	BUL Tromsø
Tora Indregard	BUL Tromsø
Hedda Sofie Wedege Irgens	B&OI Orientering
Elisa Götsch Iversen	BUL Tromsø
Anna Jacobsen-Gaski	Bardu IL
Isak Jacobsen-Gaski	Bardu IL
Kornelius Beyer Jordet	Mo OK
Simon Krane	Tverlandet
Helge T Kristensen	Ukjent
Sigve T Kristensen	Ukjent
Thorvald Tysvær Kristensen	Ukjent
Sunniva Limstrand	B&OI Orientering
Viljar Limstrand	B&OI Orientering
Aksel Storvik Nilsen	B&OI Orientering
Torjus Jahren Nilsen	Nydalen SK
Alexander B Nyhagen	Fossekallen IL
Martin Olsen	Bjerkvik IF
Vegard Olsen	Bjerkvik IF
Benedikte Rørholt	Mellemygd IL
Ask Johan Fossheim Sjøvik	Olderskog IL
Kaja Samuelsen Skiri	B&OI Orientering
Håvard Solbakken	Innstranda
Marie Nielsen Solberg	Stjørdals-Blink Orientering
Elin Staudte	Järla
Max Staudte	Järla
Henning Strand	BUL Tromsø
Idunn Strand	BUL Tromsø
Ole Martin Strømsvik	Meløy O-klubb
Ida Kristine Tandberg	Nydalen SK
Ingeborg Stuland Tysvær	Varegg Fleridrett
Åsmund Paulsen Vie	Haugesund IL O-gruppa

## Klasse D11-12N 1.6 km

1 påmeldt, 1 startende 1 premiert

1	Malin Gulbrandsen		Sørreisa OL		(9.75min/km)		<b>15:48</b>	
	2:03 (1)	5:49 (1)	7:26 (1)	10:34 (1)	11:48 (1)	13:08 (1)	15:23 (1)	15:48 (1)
	2:03/115	3:46/107	1:37/109	3:08/111	1:14/112	1:20/114	2:15/97	0:25/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H11-12N 1.6 km

3 påmeldt, 3 startende 3 premiert

1	Øyvind Solheim		Stjørdals-Blink Orientering		(8.07min/km)		<b>13:04</b>	
	1:48 (1)	5:06 (1)	6:28 (1)	8:47 (1)	9:48 (1)	10:49 (1)	12:31 (1)	13:04 (1)
	1:48/115	3:18/107	1:22/109	2:19/111	1:01/112	1:01/114	1:42/125	0:33/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:04 (2)	+0:00 (1)	+0:00 (1)	+0:04 (3)
2	Vegard Løvli		Asker SK		(8.45min/km)		<b>13:41</b>	(+0:37)
	1:54 (2)	5:12 (2)	6:40 (2)	9:12 (2)	10:09 (2)	11:13 (2)	13:12 (2)	13:41 (2)
	1:54/115	3:18/107	1:28/109	2:32/111	0:57/112	1:04/114	1:59/125	0:29/249
	+0:06 (2)	+0:00 (1)	+0:06 (2)	+0:13 (2)	+0:00 (1)	+0:03 (3)	+0:17 (3)	+0:00 (1)
3	Truls Lindholm		Kiruna, IFK		(9.26min/km)		<b>15:00</b>	(+1:56)
	2:05 (3)	6:05 (3)	7:51 (3)	10:37 (3)	11:42 (3)	12:45 (3)	14:31 (3)	15:00 (3)
	2:05/115	4:00/107	1:46/109	2:46/111	1:05/112	1:03/114	1:46/97	0:29/249
	+0:17 (3)	+0:42 (3)	+0:24 (3)	+0:27 (3)	+0:08 (3)	+0:02 (2)	+0:04 (2)	+0:00 (1)

## Klasse D13-16N 1.9 km

1 påmeldt, 1 startende 1 premiert

1	Victoria Granholm		Solf IK		(11.67min/km)		<b>21:56</b>		
	1:41 (1)	6:32 (1)	9:12 (1)	10:43 (1)	14:10 (1)	16:01 (1)	19:49 (1)	21:27 (1)	21:56 (1)
	1:41/104	4:51/107	2:40/105	1:31/110	3:27/111	1:51/113	3:48/97	1:38/125	0:29/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H13-16C 2.3 km

8 påmeldt, 8 startende 3 premiert

1	Bendik Storvik Nilsen		B&OI Orientering		(10.11min/km)		<b>23:46</b>		
	3:10 (4)	6:14 (3)	9:11 (2)	12:47 (1)	17:39 (1)	19:56 (1)	21:45 (1)	23:17 (1)	23:46 (1)
	3:10/94	3:04/95	2:57/96	3:36/93	4:52/105	2:17/101	1:49/61	1:32/125	0:29/249
	+0:33 (4)	+0:51 (5)	+0:00 (1)	+0:52 (3)	+0:59 (4)	+0:24 (4)	+0:23 (6)	+0:00 (1)	+0:05 (6)
2	Tor-Anders Strømsvik		Meløy O-klubb		(10.82min/km)		<b>25:26</b>	(+1:40)	
	4:18 (6)	6:59 (5)	9:59 (3)	12:55 (2)	18:57 (2)	21:11 (2)	22:51 (2)	24:58 (2)	25:26 (2)
	4:18/94	2:41/95	3:00/96	2:56/93	6:02/105	2:14/101	1:40/61	2:07/125	0:28/249
	+1:41 (6)	+0:28 (3)	+0:03 (3)	+0:12 (2)	+2:09 (6)	+0:21 (3)	+0:14 (4)	+0:35 (5)	+0:04 (5)
3	Åsmund Staldvik		Vemundvik I.L		(10.91min/km)		<b>25:38</b>	(+1:52)	
	3:07 (2)	5:44 (2)	13:14 (6)	15:58 (4)	20:14 (4)	22:09 (4)	23:35 (3)	25:12 (3)	25:38 (3)
	3:07/94	2:37/95	7:30/96	2:44/93	4:16/105	1:55/101	1:26/61	1:37/97	0:26/249
	+0:30 (2)	+0:24 (2)	+4:33 (8)	+0:00 (1)	+0:23 (2)	+0:02 (2)	+0:00 (1)	+0:05 (2)	+0:02 (2)
4	Kristian Olsen		Bjerkvik IF		(11.23min/km)		<b>26:23</b>	(+2:37)	
	3:36 (5)	6:37 (4)	10:10 (4)	14:09 (3)	19:13 (3)	21:59 (3)	23:42 (4)	25:56 (4)	26:23 (4)
	3:36/94	3:01/95	3:33/96	3:59/93	5:04/105	2:46/101	1:43/61	2:14/97	0:27/249
	+0:59 (5)	+0:48 (4)	+0:36 (4)	+1:15 (4)	+1:11 (5)	+0:53 (6)	+0:17 (5)	+0:42 (6)	+0:03 (4)
5	Aike Carlsen		Mellemygd IL		(11.38min/km)		<b>26:45</b>	(+2:59)	
	2:37 (1)	4:50 (1)	7:48 (1)	17:19 (5)	21:12 (5)	23:05 (5)	24:44 (5)	26:21 (5)	26:45 (5)
	2:37/94	2:13/95	2:58/96	9:31/93	3:53/105	1:53/101	1:39/61	1:37/97	0:24/249
	+0:00 (1)	+0:00 (1)	+0:01 (2)	+6:47 (7)	+0:00 (1)	+0:00 (1)	+0:13 (3)	+0:05 (2)	+0:00 (1)
6	Jan Åsgeir Staldvik		Namsskogan IL		(14.21min/km)		<b>33:24</b>	(+9:38)	
	3:08 (3)	7:01 (6)	11:34 (5)	19:56 (6)	24:21 (6)	29:27 (6)	31:00 (6)	32:47 (6)	33:24 (6)
	3:08/94	3:53/95	4:33/96	8:22/93	4:25/105	5:06/101	1:33/61	1:47/125	0:37/249
	+0:31 (3)	+1:40 (7)	+1:36 (6)	+5:38 (5)	+0:32 (3)	+3:13 (8)	+0:07 (2)	+0:15 (4)	+0:13 (8)
7	Vidar Swenning		Linné, OK		(16.24min/km)		<b>38:10</b>	(+14:24)	
	5:02 (7)	9:53 (8)	13:35 (7)	22:20 (7)	28:50 (7)	32:15 (7)	35:05 (7)	37:44 (7)	38:10 (7)
	5:02/94	4:51/95	3:42/96	8:45/93	6:30/105	3:25/101	2:50/61	2:39/97	0:26/249

	+2:25 (7)	+2:38 (8)	+0:45 (5)	+6:01 (6)	+2:37 (8)	+1:32 (7)	+1:24 (8)	+1:07 (8)	+0:02 (2)
8	Albin Lindholm			Kiruna, IFK			(19.75min/km)	<b>46:25</b>	(+22:39)
	5:50 (8)	9:14 (7)	14:13 (8)	32:15 (8)	38:30 (8)	41:00 (8)	43:24 (8)	45:50 (8)	46:25 (8)
	5:50/94	3:24/95	4:59/96	18:02/93	6:15/105	2:30/101	2:24/61	2:26/97	0:35/249
	+3:13 (8)	+1:11 (6)	+2:02 (7)	+15:18 (8)	+2:22 (7)	+0:37 (5)	+0:58 (7)	+0:54 (7)	+0:11 (7)

## Klasse D-10 1.8 km

12 påmeldt, 12 startende 12 premiert

Malin Blomberg			Närpes OK			(20.37min/km)	<b>37:04</b>
3:06 (11)	9:25 (12)	13:21 (11)	16:54 (11)	26:44 (12)	34:29 (12)	36:23 (12)	37:04 (12)
3:06/104	6:19/107	3:56/110	3:33/111	9:50/113	7:45/97	1:54/125	0:41/249
+1:33 (11)	+2:23 (12)	+1:50 (11)	+1:22 (8)	+7:59 (11)	+5:28 (12)	+0:23 (5)	+0:15 (5)

Sofia Haglund			Solf IK			(16.47min/km)	<b>29:58</b>
2:08 (7)	6:41 (2)	9:25 (4)	13:30 (7)	24:41 (11)	27:20 (9)	29:16 (9)	29:58 (9)
2:08/104	4:33/107	2:44/110	4:05/111	11:11/113	2:39/97	1:56/125	0:42/249
+0:35 (7)	+0:37 (2)	+0:38 (5)	+1:54 (10)	+9:20 (12)	+0:22 (5)	+0:25 (7)	+0:16 (6)

Nora Marie Wedege Irgens			B&OI Orientering			(10.34min/km)	<b>18:49</b>
1:39 (2)	5:35 (1)	7:41 (1)	11:47 (3)	14:04 (2)	16:54 (2)	18:49 (2)	18:49 (2)
1:39/104	3:56/107	2:06/110	4:06/111	2:17/113	2:50/97	1:55/249	
+0:06 (2)	+0:00 (1)	+0:00 (1)	+1:55 (11)	+0:26 (4)	+0:33 (6)	+0:24 (6)	+0:00 (1)

Venla Karvinen			Ounasvaaran Hiihtoseura			(13.10min/km)	<b>23:50</b>
2:11 (8)	8:02 (9)	11:08 (10)	13:54 (8)	16:37 (7)	19:27 (8)	21:09 (8)	23:50 (8)
2:11/104	5:51/107	3:06/110	2:46/111	2:43/113	2:50/61	1:42/97	2:41/249
+0:38 (8)	+1:55 (11)	+1:00 (9)	+0:35 (4)	+0:52 (6)	+0:33 (6)	+0:11 (2)	+2:15 (8)

Eli Kolstad			Mo OK			(11.73min/km)	<b>21:21</b>
1:33 (1)	6:54 (5)	9:58 (6)	12:58 (6)	16:25 (6)	19:18 (7)	20:49 (5)	21:21 (6)
1:33/104	5:21/107	3:04/110	3:00/111	3:27/113	2:53/97	1:31/125	0:32/249
+0:00 (1)	+1:25 (9)	+0:58 (8)	+0:49 (6)	+1:36 (7)	+0:36 (8)	+0:00 (1)	+0:06 (4)

Anni Nykänen			Navi			(10.97min/km)	<b>19:58</b>
1:55 (5)	6:43 (3)	9:02 (2)	11:13 (1)	15:14 (4)	17:42 (3)	19:58 (3)	19:58 (3)
1:55/104	4:48/107	2:19/110	2:11/111	4:01/113	2:28/97	2:16/249	
+0:22 (5)	+0:52 (4)	+0:13 (3)	+0:00 (1)	+2:10 (8)	+0:11 (2)	+0:45 (10)	+0:00 (1)

Silje Opseth			Ringerike o-lag			(9.82min/km)	<b>17:52</b>
1:51 (4)	6:56 (7)	9:05 (3)	11:27 (2)	13:19 (1)	15:52 (1)	17:52 (1)	17:52 (1)
1:51/104	5:05/107	2:09/110	2:22/111	1:52/113	2:33/97	2:00/249	
+0:18 (4)	+1:09 (6)	+0:03 (2)	+0:11 (3)	+0:01 (2)	+0:16 (3)	+0:29 (8)	+0:00 (1)

Julia Rapo			Keravan Urheilijat			(11.62min/km)	<b>21:09</b>
1:41 (3)	6:54 (6)	9:35 (5)	12:27 (4)	14:30 (3)	18:50 (4)	20:43 (4)	21:09 (5)
1:41/104	5:13/107	2:41/110	2:52/111	2:03/113	4:20/97	1:53/125	0:26/249
+0:08 (3)	+1:17 (8)	+0:35 (4)	+0:41 (5)	+0:12 (3)	+2:03 (11)	+0:22 (4)	+0:00 (1)

Fia Snickars			Solf IK			(17.43min/km)	<b>31:43</b>
2:01 (6)	6:44 (4)	14:45 (12)	21:02 (12)	23:41 (9)	27:42 (10)	31:12 (11)	31:43 (11)
2:01/104	4:43/107	8:01/110	6:17/111	2:39/113	4:01/97	3:30/125	0:31/249
+0:28 (6)	+0:47 (3)	+5:55 (12)	+4:06 (12)	+0:48 (5)	+1:44 (10)	+1:59 (12)	+0:05 (3)

Ane Nielsen Solberg			Stjørdals-Blink Orientering			(11.75min/km)	<b>21:23</b>
2:14 (9)	7:08 (8)	10:25 (7)	12:40 (5)	16:45 (8)	19:02 (6)	20:54 (6)	21:23 (7)
2:14/104	4:54/107	3:17/110	2:15/111	4:05/113	2:17/97	1:52/125	0:29/249
+0:41 (9)	+0:58 (5)	+1:11 (10)	+0:04 (2)	+2:14 (9)	+0:00 (1)	+0:21 (3)	+0:03 (2)

Ragnhild Staldvik			Vemundvik I.L			(17.06min/km)	<b>31:03</b>
3:08 (12)	8:18 (10)	11:05 (8)	14:53 (10)	24:17 (10)	27:55 (11)	30:13 (10)	31:03 (10)
3:08/104	5:10/107	2:47/110	3:48/111	9:24/113	3:38/97	2:18/125	0:50/249
+1:35 (12)	+1:14 (7)	+0:41 (7)	+1:37 (9)	+7:33 (10)	+1:21 (9)	+0:47 (11)	+0:24 (7)

Marie Bakken Sørensen			Freidig			(11.50min/km)	<b>20:56</b>
2:48 (10)	8:22 (11)	11:06 (9)	14:28 (9)	16:19 (5)	18:54 (5)	20:56 (7)	20:56 (4)
2:48/104	5:34/107	2:44/110	3:22/111	1:51/113	2:35/97	2:02/249	
+1:15 (10)	+1:38 (10)	+0:38 (5)	+1:11 (7)	+0:00 (1)	+0:18 (4)	+0:31 (9)	+0:00 (1)

## Klasse H-10 1.8 km

13 påmeldt, 11 startende 11 premiert

Anders Fuglestad			Freidig			(12.87min/km)		<b>23:25</b>	
2:03 (8)	8:05 (9)	11:53 (8)	14:32 (8)	17:01 (9)	20:29 (9)	22:48 (9)	23:25 (9)		
2:03/104	6:02/107	3:48/110	2:39/111	2:29/113	3:28/97	2:19/125	0:37/249		
+0:48 (8)	+2:39 (9)	+2:08 (6)	+1:00 (8)	+1:05 (7)	+1:46 (9)	+0:47 (11)	+0:12 (5)		
Amund Kleist Godal			B&OI Orientering			(10.19min/km)		<b>18:33</b>	
1:16 (2)	4:45 (2)	10:40 (7)	12:19 (6)	14:06 (5)	16:41 (6)	18:33 (6)	18:33 (6)		
1:16/104	3:29/107	5:55/110	1:39/111	1:47/113	2:35/97	1:52/249			
+0:01 (2)	+0:06 (2)	+4:15 (11)	+0:00 (1)	+0:23 (3)	+0:53 (6)	+0:20 (7)	+0:00 (1)		
Audun Wanvik Haugen			Stjørdals-Blink Orientering			(10.09min/km)		<b>18:22</b>	
1:39 (5)	5:47 (4)	9:39 (5)	11:29 (5)	14:13 (6)	16:37 (5)	18:22 (5)	18:22 (5)		
1:39/104	4:08/107	3:52/110	1:50/111	2:44/113	2:24/97	1:45/249			
+0:24 (5)	+0:45 (4)	+2:12 (8)	+0:11 (2)	+1:20 (8)	+0:42 (5)	+0:13 (5)	+0:00 (1)		
Sjur Kvisle			Asker SK			(8.84min/km)		<b>16:05</b>	
1:30 (3)	5:27 (3)	7:35 (2)	9:48 (2)	11:38 (2)	13:42 (2)	15:37 (2)	16:05 (2)		
1:30/104	3:57/107	2:08/110	2:13/111	1:50/113	2:04/97	1:55/125	0:28/249		
+0:15 (3)	+0:34 (3)	+0:28 (2)	+0:34 (6)	+0:26 (4)	+0:22 (2)	+0:23 (8)	+0:03 (2)		
Juuso Lampinen			Navi			(7.12min/km)		<b>12:57</b>	
1:15 (1)	4:38 (1)	6:18 (1)	8:12 (1)	9:36 (1)	11:18 (1)	12:57 (1)	12:57 (1)		
1:15/104	3:23/107	1:40/110	1:54/111	1:24/113	1:42/97	1:39/249			
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:15 (3)	+0:00 (1)	+0:00 (1)	+0:07 (4)	+0:00 (1)		
Hannes Lervik			Solf IK			(16.85min/km)		<b>30:40</b>	
2:54 (11)	9:11 (11)	13:54 (11)	18:23 (11)	21:45 (10)	27:41 (10)	29:55 (11)	30:40 (11)		
2:54/104	6:17/107	4:43/110	4:29/111	3:22/113	5:56/97	2:14/125	0:45/249		
+1:39 (11)	+2:54 (10)	+3:03 (9)	+2:50 (11)	+1:58 (10)	+4:14 (11)	+0:42 (10)	+0:20 (6)		
Hugo Lervik			Solf IK			(11.05min/km)		<b>20:07</b>	
1:53 (7)	6:29 (7)	10:11 (6)	12:55 (7)	15:43 (7)	17:59 (7)	19:37 (7)	20:07 (7)		
1:53/104	4:36/107	3:42/110	2:44/111	2:48/113	2:16/97	1:38/125	0:30/249		
+0:38 (7)	+1:13 (7)	+2:02 (5)	+1:05 (9)	+1:24 (9)	+0:34 (3)	+0:06 (3)	+0:05 (3)		
Jostein Mikkeltorg			Meløy O-klubb			(9.18min/km)		<b>16:42</b>	
2:08 (9)	6:19 (6)	8:32 (3)	10:50 (3)	12:33 (3)	14:55 (3)	16:42 (3)	16:42 (3)		
2:08/104	4:11/107	2:13/110	2:18/111	1:43/113	2:22/97	1:47/249			
+0:53 (9)	+0:48 (5)	+0:33 (3)	+0:39 (7)	+0:19 (2)	+0:40 (4)	+0:15 (6)	+0:00 (1)		
Torbjørn Staldvik			Vemundvik I.L			(10.00min/km)		<b>18:12</b>	
1:52 (6)	6:13 (5)	9:04 (4)	11:11 (4)	13:05 (4)	16:15 (4)	18:12 (4)	18:12 (4)		
1:52/104	4:21/107	2:51/110	2:07/111	1:54/113	3:10/97	1:57/249			
+0:37 (6)	+0:58 (6)	+1:11 (4)	+0:28 (5)	+0:30 (5)	+1:28 (7)	+0:25 (9)	+0:00 (1)		
Anton Svenns			Solf IK			(12.12min/km)		<b>22:04</b>	
1:30 (3)	7:06 (8)	12:53 (9)	14:58 (9)	16:52 (8)	20:07 (8)	21:39 (8)	22:04 (8)		
1:30/104	5:36/107	5:47/110	2:05/111	1:54/113	3:15/97	1:32/125	0:25/249		
+0:15 (3)	+2:13 (8)	+4:07 (10)	+0:26 (4)	+0:30 (5)	+1:33 (8)	+0:00 (1)	+0:00 (1)		
Sigurd Paulsen Vie			Haugesund IL O-gruppa			(16.44min/km)		<b>29:55</b>	
2:22 (10)	9:04 (10)	12:55 (10)	16:54 (10)	23:52 (11)	27:42 (11)	29:19 (10)	29:55 (10)		
2:22/104	6:42/107	3:51/110	3:59/111	6:58/113	3:50/97	1:37/125	0:36/249		
+1:07 (10)	+3:19 (11)	+2:11 (7)	+2:20 (10)	+5:34 (11)	+2:08 (10)	+0:05 (2)	+0:11 (4)		

## Klasse D11-12 2.3 km

14 påmeldt, 14 startende 14 premiert

1	Kristin Blindheim			Lillomarka OL			(8.39min/km)		<b>19:43</b>	
	2:23 (1)	5:18 (1)	7:46 (1)	10:12 (1)	13:52 (1)	16:14 (1)	17:41 (1)	19:07 (1)	19:43 (1)	19:43 (1)
	2:23/94	2:55/95	2:28/96	2:26/93	3:40/105	2:22/101	1:27/61	1:26/97	0:36/249	
	+0:00 (1)	+0:37 (5)	+0:00 (1)	+0:00 (1)	+0:05 (2)	+0:46 (3)	+0:08 (4)	+0:05 (3)	+0:11 (11)	+0:00 (1)
2	Kristin Brekke			Lillomarka OL			(8.74min/km)		<b>20:33 (+0:50)</b>	
	2:42 (2)	5:42 (3)	8:30 (4)	12:00 (3)	15:35 (3)	17:16 (2)	18:46 (2)	20:07 (2)	20:33 (2)	20:33 (2)
	2:42/94	3:00/95	2:48/96	3:30/93	3:35/105	1:41/101	1:30/61	1:21/97	0:26/249	
	+0:19 (2)	+0:42 (6)	+0:20 (4)	+1:04 (3)	+0:00 (1)	+0:05 (2)	+0:11 (6)	+0:00 (1)	+0:01 (2)	+0:00 (1)

3	Åshild Kolstad		Mo OK	(9.65min/km)	<b>22:41</b>	(+2:58)				
	3:05 (3)	5:23 (2)	7:57 (2)	11:16 (2)	15:12 (2)	19:25 (3)	20:46 (3)	22:13 (3)	22:41 (3)	22:41 (3)
	3:05/94	2:18/95	2:34/96	3:19/93	3:56/105	4:13/101	1:21/61	1:27/97	0:28/249	
	+0:42 (3)	+0:00 (1)	+0:06 (3)	+0:53 (2)	+0:21 (3)	+2:37 (10)	+0:02 (2)	+0:06 (4)	+0:03 (3)	+0:00 (1)
4	Ida-Marie Hansen		Sørreisa OL	(10.48min/km)	<b>24:37</b>	(+4:54)				
	3:08 (4)	5:48 (4)	8:20 (3)	12:10 (4)	19:54 (4)	21:30 (4)	22:49 (4)	24:12 (4)	24:37 (4)	24:37 (4)
	3:08/94	2:40/95	2:32/96	3:50/93	7:44/105	1:36/101	1:19/61	1:23/125	0:25/249	
	+0:45 (4)	+0:22 (4)	+0:04 (2)	+1:24 (4)	+4:09 (12)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:00 (1)	+0:00 (1)
5	Maren Theisen		Mellebygd IL	(11.76min/km)	<b>27:38</b>	(+7:55)				
	3:47 (5)	7:38 (7)	12:51 (7)	16:46 (5)	21:27 (5)	24:09 (5)	25:36 (5)	27:04 (5)	27:38 (5)	27:38 (5)
	3:47/94	3:51/95	5:13/96	3:55/93	4:41/105	2:42/101	1:27/61	1:28/125	0:34/249	
	+1:24 (5)	+1:33 (8)	+2:45 (11)	+1:29 (5)	+1:06 (6)	+1:06 (6)	+0:08 (4)	+0:07 (5)	+0:09 (9)	+0:00 (1)
6	Martha Kalvig Skogan		B&OI Orientering	(14.52min/km)	<b>34:08</b>	(+14:25)				
	3:54 (6)	7:08 (6)	10:48 (6)	20:11 (6)	25:29 (6)	29:25 (6)	31:30 (6)	33:36 (6)	34:08 (6)	34:08 (6)
	3:54/94	3:14/95	3:40/96	9:23/93	5:18/105	3:56/101	2:05/61	2:06/125	0:32/249	
	+1:31 (6)	+0:56 (7)	+1:12 (6)	+6:57 (9)	+1:43 (8)	+2:20 (9)	+0:46 (8)	+0:45 (9)	+0:07 (5)	+0:00 (1)
7	Ingvild Paulsen Vie		Haugesund IL O-gruppa	(15.11min/km)	<b>35:31</b>	(+15:48)				
	9:13 (11)	13:04 (10)	16:46 (10)	22:37 (9)	27:53 (8)	30:36 (7)	32:46 (7)	34:57 (7)	35:31 (7)	35:31 (7)
	9:13/94	3:51/95	3:42/96	5:51/93	5:16/105	2:43/101	2:10/61	2:11/97	0:34/249	
	+6:50 (11)	+1:33 (8)	+1:14 (7)	+3:25 (6)	+1:41 (7)	+1:07 (7)	+0:51 (9)	+0:50 (11)	+0:09 (9)	+0:00 (1)
8	Gunhild Stuland Tysvær		Varegg Fleridrett	(16.07min/km)	<b>37:46</b>	(+18:03)				
	4:06 (7)	6:38 (5)	10:43 (5)	26:13 (10)	30:52 (10)	33:17 (8)	34:51 (8)	37:14 (8)	37:46 (8)	37:46 (8)
	4:06/94	2:32/95	4:05/96	15:30/93	4:39/105	2:25/101	1:34/61	2:23/97	0:32/249	
	+1:43 (7)	+0:14 (3)	+1:37 (8)	+13:04 (12)	+1:04 (5)	+0:49 (4)	+0:15 (7)	+1:02 (13)	+0:07 (5)	+0:00 (1)
9	Lotte Eriksen Reitan		B&OI Orientering	(17.36min/km)	<b>40:48</b>	(+21:05)				
	4:14 (8)	11:03 (9)	13:54 (8)	22:27 (8)	26:24 (7)	37:13 (10)	38:36 (10)	40:20 (10)	40:48 (10)	40:48 (9)
	4:14/94	6:49/95	2:51/96	8:33/93	3:57/105	10:49/101	1:23/61	1:44/97	0:28/249	
	+1:51 (8)	+4:31 (12)	+0:23 (5)	+6:07 (8)	+0:22 (4)	+9:13 (13)	+0:04 (3)	+0:23 (6)	+0:03 (3)	+0:00 (1)
10	Ida Snickars		Solf IK	(17.50min/km)	<b>41:08</b>	(+21:25)				
	6:38 (10)	10:46 (8)	15:45 (9)	21:59 (7)	28:35 (9)	34:08 (9)	36:32 (9)	38:31 (9)	40:37 (9)	41:08 (10)
	6:38/94	4:08/95	4:59/96	6:14/57	6:36/93	5:33/105	2:24/101	1:59/61	2:06/125	0:31/249
	+4:15 (10)	+1:50 (10)	+2:31 (10)	+3:48 (7)	+3:01 (10)	+3:57 (11)	+1:05 (11)	+0:38 (8)	+1:41 (13)	+0:00 (1)
11	Anna Storvik Nilsen		B&OI Orientering	(23.52min/km)	<b>55:17</b>	(+35:34)				
	14:03 (12)	16:32 (11)	22:05 (11)	36:09 (11)	42:45 (11)	50:25 (11)	52:49 (11)	54:44 (11)	55:17 (11)	55:17 (11)
	14:03/94	2:29/95	5:33/96	14:04/93	6:36/105	7:40/101	2:24/61	1:55/97	0:33/249	
	+11:40 (12)	+0:11 (2)	+3:05 (12)	+11:38 (11)	+3:01 (10)	+6:04 (12)	+1:05 (11)	+0:34 (7)	+0:08 (7)	+0:00 (1)
12	Martine Paulsen Limstrand		B&OI Orientering	(26.94min/km)	<b>1:03:18</b>	(+43:35)				
	4:36 (9)	28:34 (13)	33:04 (12)	49:08 (12)	55:43 (12)	58:14 (12)	1:00:33 (12)	1:02:42 (12)	1:03:18 (12)	1:03:18 (12)
	4:36/94	23:58/95	4:30/96	16:04/93	6:35/105	2:31/101	2:19/61	2:09/125	0:36/249	
	+2:13 (9)	+21:40 (13)	+2:02 (9)	+13:38 (13)	+3:00 (9)	+0:55 (5)	+1:00 (10)	+0:48 (10)	+0:11 (11)	+0:00 (1)
13	Johanna Lundkvist		Vargen, OK	(35.04min/km)	<b>1:22:20</b>	(+1:02:37)				
	22:37 (13)	27:24 (12)	54:53 (13)	1:04:51 (13)	1:12:47 (13)	1:16:36 (13)	1:19:36 (13)	1:21:47 (13)	1:22:20 (13)	1:22:20 (13)
	22:37/94	4:47/95	27:29/96	9:58/93	7:56/105	3:49/101	3:00/61	2:11/97	0:33/249	
	+20:14 (13)	+2:29 (11)	+25:01 (13)	+7:32 (10)	+4:21 (13)	+2:13 (8)	+1:41 (13)	+0:50 (11)	+0:08 (7)	+0:00 (1)
	Nanu Itkonen		Suunta Jyväskylä	(37.55min/km)	<b>Disk</b>	(+1:08:32)				
	1:15:17 (14)	1:25:01 (14)	1:27:38 (14)	1:28:15 (14)	1:28:15 (14)	1:28:15 (14)	1:28:15 (14)	1:28:15 (14)	1:28:15 (14)	1:28:15 (14)
	1:15:17/105	9:44/61	2:37/125	0:37/249						
	+1:12:54 (14)	+7:26 (13)	+0:09 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H11-12 2.3 km

14 påmeldt, 14 startende 14 premiert

1	Topi Syrjäläinen		Navi	(6.48min/km)	<b>15:13</b>					
	2:25 (3)	4:32 (2)	6:12 (1)	8:06 (1)	11:03 (1)	12:28 (1)	13:35 (1)	14:49 (1)	15:13 (1)	15:13 (1)
	2:25/94	2:07/95	1:40/96	1:54/93	2:57/105	1:25/101	1:07/61	1:14/97	0:24/249	
	+0:15 (3)	+0:10 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:09 (3)	+0:00 (1)	+0:02 (2)	+0:22 (4)	+0:00 (1)
2	Vegard Gulbrandsen		Asker SK	(7.19min/km)	<b>16:54</b>	(+1:41)				
	2:48 (4)	5:00 (3)	6:58 (3)	9:13 (2)	12:40 (2)	13:56 (2)	15:14 (2)	16:30 (2)	16:54 (2)	16:54 (2)
	2:48/94	2:12/95	1:58/96	2:15/93	3:27/105	1:16/101	1:18/61	1:16/97	0:24/249	
	+0:38 (4)	+0:15 (3)	+0:18 (3)	+0:21 (2)	+0:30 (2)	+0:00 (1)	+0:11 (4)	+0:04 (3)	+0:22 (4)	+0:00 (1)

3	Ole Wanvik Haugen	Stjørdals-Blink Orientering	(8.93min/km)	<b>20:59</b>	(+5:46)
	3:04 (8) 6:31 (6) 8:45 (4) 12:08 (4) 15:45 (4) 17:40 (3) 19:04 (3) 20:36 (4) 20:59 (3) 20:59 (3)				
	3:04/94 3:27/95 2:14/96 3:23/93 3:37/105 1:55/101 1:24/61 1:32/97 0:23/249				
	+0:54 (8) +1:30 (8) +0:34 (4) +1:29 (4) +0:40 (6) +0:39 (8) +0:17 (5) +0:20 (13) +0:21 (2) +0:00 (1)				
4	Michael Imhof	Regio Wil, OL	(9.38min/km)	<b>22:02</b>	(+6:49)
	2:20 (2) 4:17 (1) 6:14 (2) 11:14 (3) 15:19 (3) 18:00 (4) 19:17 (4) 20:29 (3) 21:36 (4) 22:02 (4)				
	2:20/94 1:57/95 1:57/96 5:00/105 4:05/93 2:41/105 1:17/101 1:12/61 1:07/97 0:26/249				
	+0:10 (2) +0:00 (1) +0:17 (2) +3:06 (9) +1:08 (7) +1:25 (13) +0:10 (3) +0:00 (1) +1:05 (14) +0:02 (2)				
5	Teemu Eerola	Tampereen Pyrintö	(10.24min/km)	<b>24:04</b>	(+8:51)
	3:36 (11) 6:14 (4) 8:52 (5) 13:45 (5) 17:13 (5) 20:39 (5) 22:11 (5) 23:38 (5) 24:04 (5) 24:04 (5)				
	3:36/94 2:38/95 2:38/96 4:53/93 3:28/105 3:26/101 1:32/61 1:27/125 0:26/249				
	+1:26 (11) +0:41 (5) +0:58 (5) +2:59 (8) +0:31 (3) +2:10 (14) +0:25 (8) +0:15 (11) +0:24 (7) +0:00 (1)				
6	Eivind Øfsthus Gravir	Asker SK	(10.68min/km)	<b>25:06</b>	(+9:53)
	2:10 (1) 7:39 (9) 10:27 (7) 15:02 (6) 20:13 (6) 21:46 (6) 23:25 (6) 24:41 (6) 25:06 (6) 25:06 (6)				
	2:10/94 5:29/95 2:48/96 4:35/93 5:11/105 1:33/101 1:39/61 1:16/97 0:25/249				
	+0:00 (1) +3:32 (11) +1:08 (7) +2:41 (7) +2:14 (12) +0:17 (4) +0:32 (11) +0:04 (3) +0:23 (6) +0:00 (1)				
7	Espen Samuelsen Skiri	B&OI Orientering	(11.52min/km)	<b>27:04</b>	(+11:51)
	3:18 (9) 6:43 (7) 14:16 (10) 16:41 (8) 21:35 (8) 23:33 (8) 25:04 (7) 26:33 (7) 27:04 (8) 27:04 (7)				
	3:18/94 3:25/95 7:33/96 2:25/93 4:54/105 1:58/101 1:31/61 1:29/97 0:31/249				
	+1:08 (9) +1:28 (7) +5:53 (14) +0:31 (3) +1:57 (11) +0:42 (9) +0:24 (7) +0:17 (12) +0:29 (13) +0:00 (1)				
8	Mats Jørgen Nordmo Ingdal	Mellemygd IL	(11.67min/km)	<b>27:25</b>	(+12:12)
	2:52 (5) 6:22 (5) 10:00 (6) 15:35 (7) 22:26 (9) 24:03 (9) 25:37 (9) 26:59 (9) 27:01 (7) 27:25 (8)				
	2:52/94 3:30/95 3:38/96 5:35/93 6:51/105 1:37/101 1:34/61 1:22/97 0:02/125 0:24/249				
	+0:42 (5) +1:33 (9) +1:58 (10) +3:41 (10) +3:54 (13) +0:21 (5) +0:27 (9) +0:10 (7) +0:00 (1) +0:00 (1)				
9	Jostein Tandberg	Nydalen SK	(11.68min/km)	<b>27:27</b>	(+12:14)
	4:35 (12) 6:55 (8) 12:38 (8) 16:54 (9) 20:28 (7) 22:13 (7) 25:32 (8) 26:58 (8) 27:27 (9) 27:27 (9)				
	4:35/94 2:20/95 5:43/96 4:16/93 3:34/105 1:45/101 3:19/61 1:26/97 0:29/249				
	+2:25 (12) +0:23 (4) +4:03 (12) +2:22 (6) +0:37 (5) +0:29 (6) +2:12 (14) +0:14 (9) +0:27 (8) +0:00 (1)				
10	Bjørnar Løvli	Asker SK	(12.49min/km)	<b>29:21</b>	(+14:08)
	3:29 (10) 11:56 (13) 14:39 (12) 18:43 (10) 23:05 (10) 25:42 (10) 27:26 (10) 28:52 (10) 29:21 (10) 29:21 (10)				
	3:29/94 8:27/95 2:43/96 4:04/93 4:22/105 2:37/101 1:44/61 1:26/125 0:29/249				
	+1:19 (10) +6:30 (14) +1:03 (6) +2:10 (5) +1:25 (9) +1:21 (11) +0:37 (12) +0:14 (9) +0:27 (8) +0:00 (1)				
11	Ola Løvald Bråten	Asker SK	(12.82min/km)	<b>30:08</b>	(+14:55)
	2:56 (6) 9:41 (10) 15:53 (13) 21:43 (11) 25:53 (11) 27:16 (11) 28:29 (11) 29:45 (11) 30:08 (11) 30:08 (11)				
	2:56/94 6:45/95 6:12/96 5:50/93 4:10/105 1:23/101 1:13/61 1:16/97 0:23/249				
	+0:46 (6) +4:48 (12) +4:32 (13) +3:56 (11) +1:13 (8) +0:07 (2) +0:06 (2) +0:04 (3) +0:21 (2) +0:00 (1)				
12	Olav Schmitt Gran	Halden SK	(15.99min/km)	<b>37:34</b>	(+22:21)
	3:02 (7) 11:10 (11) 13:59 (9) 27:06 (12) 31:46 (12) 34:02 (12) 35:40 (12) 37:04 (12) 37:34 (12) 37:34 (12)				
	3:02/94 8:08/95 2:49/96 13:07/93 4:40/105 2:16/101 1:38/61 1:24/97 0:30/249				
	+0:52 (7) +6:11 (13) +1:09 (8) +11:13 (13) +1:43 (10) +1:00 (10) +0:31 (10) +0:12 (8) +0:28 (11) +0:00 (1)				
13	Erik Hovdenak Sylte	Skåla IL	(17.66min/km)	<b>41:30</b>	(+26:17)
	8:20 (13) 11:32 (12) 14:23 (11) 32:54 (13) 36:26 (13) 38:16 (13) 39:42 (13) 41:01 (13) 41:30 (13) 41:30 (13)				
	8:20/94 3:12/95 2:51/96 18:31/93 3:32/105 1:50/101 1:26/61 1:19/125 0:29/249				
	+6:10 (13) +1:15 (6) +1:11 (9) +16:37 (14) +0:35 (4) +0:34 (7) +0:19 (6) +0:07 (6) +0:27 (8) +0:00 (1)				
14	Johan Bakken Sørensen	Freidig	(22.77min/km)	<b>53:30</b>	(+38:17)
	17:37 (14) 21:40 (14) 27:11 (14) 37:21 (14) 46:31 (14) 49:09 (14) 51:22 (14) 53:00 (14) 53:30 (14) 53:30 (14)				
	17:37/94 4:03/95 5:31/96 10:10/93 9:10/105 2:38/101 2:13/61 1:38/97 0:30/249				
	+15:27 (14) +2:06 (10) +3:51 (11) +8:16 (12) +6:13 (14) +1:22 (12) +1:06 (13) +0:26 (14) +0:28 (11) +0:00 (1)				

## Klasse H13-14 3.3 km

20 påmeldt, 17 startende 3 premiert

1	Håvard Wedege Irgens	B&OI Orientering	(6.85min/km)	<b>22:52</b>	
	5:11 (2) 6:18 (2) 10:29 (2) 11:31 (2) 13:13 (2) 16:49 (2) 19:20 (2) 21:00 (2) 21:57 (2) 22:27 (2)				
	5:11/87 1:07/92 4:11/103 1:02/95 1:42/94 3:36/74 2:31/60 1:40/61 0:57/102 0:30/97				
	+0:00 (1) +0:06 (2) +0:00 (1) +0:11 (2) +0:12 (6) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)				
	22:52 (2)				
	0:25/249				
	+0:04 (4)				

<b>2</b>	<b>Ask Kleist Godal</b>		<b>B&amp;OI Orientering</b>					<b>(7.91min/km)</b>	<b>26:25</b>	<b>(+3:33)</b>
	6:20 (4)	7:39 (4)	12:30 (3)	13:41 (3)	15:20 (3)	19:07 (3)	21:41 (3)	23:35 (3)	25:23 (3)	25:57 (3)
	6:20/87	1:19/92	4:51/103	1:11/95	1:39/94	3:47/74	2:34/60	1:54/61	1:48/102	0:34/97
	+1:09 (3)	+0:18 (7)	+0:40 (3)	+0:20 (4)	+0:09 (4)	+0:11 (3)	+0:03 (2)	+0:14 (3)	+0:51 (10)	+0:04 (2)
	26:25 (3)									
	0:28/249									
	+0:07 (8)									
<b>3</b>	<b>Erland Kvisle</b>		<b>Asker SK</b>					<b>(8.12min/km)</b>	<b>27:08</b>	<b>(+4:16)</b>
	6:03 (3)	7:10 (3)	14:29 (4)	15:20 (4)	16:54 (4)	20:32 (4)	23:12 (4)	25:05 (4)	26:02 (4)	26:39 (4)
	6:03/87	1:07/92	7:19/103	0:51/95	1:34/94	3:38/74	2:40/60	1:53/61	0:57/102	0:37/97
	+0:52 (2)	+0:06 (2)	+3:08 (7)	+0:00 (1)	+0:04 (3)	+0:02 (2)	+0:09 (5)	+0:13 (2)	+0:00 (1)	+0:07 (5)
	27:08 (4)									
	0:29/249									
	+0:08 (11)									
<b>4</b>	<b>Erling Hovdenak Sylte</b>		<b>Skåla IL</b>					<b>(8.83min/km)</b>	<b>29:29</b>	<b>(+6:37)</b>
	7:10 (6)	8:50 (5)	14:39 (5)	16:05 (5)	17:45 (5)	22:02 (5)	24:55 (5)	27:23 (5)	28:24 (5)	29:01 (5)
	7:10/87	1:40/92	5:49/103	1:26/95	1:40/94	4:17/74	2:53/60	2:28/61	1:01/102	0:37/97
	+1:59 (5)	+0:39 (11)	+1:38 (5)	+0:35 (7)	+0:10 (5)	+0:41 (4)	+0:22 (7)	+0:48 (7)	+0:04 (4)	+0:07 (5)
	29:29 (5)									
	0:28/249									
	+0:07 (8)									
<b>5</b>	<b>Jesse Ihalainen</b>		<b>Navi</b>					<b>(9.03min/km)</b>	<b>30:09</b>	<b>(+7:17)</b>
	6:48 (5)	10:32 (11)	15:00 (6)	16:41 (6)	18:11 (6)	22:42 (6)	25:26 (6)	27:49 (6)	29:01 (6)	29:42 (6)
	6:48/87	3:44/92	4:28/103	1:41/95	1:30/94	4:31/74	2:44/60	2:23/61	1:12/102	0:41/125
	+1:37 (4)	+2:43 (15)	+0:17 (2)	+0:50 (8)	+0:00 (1)	+0:55 (5)	+0:13 (6)	+0:43 (6)	+0:15 (5)	+0:11 (10)
	30:09 (6)									
	0:27/249									
	+0:06 (7)									
<b>6</b>	<b>Olav Berg Lofthus</b>		<b>BUL Tromsø</b>					<b>(9.96min/km)</b>	<b>33:16</b>	<b>(+10:24)</b>
	8:19 (10)	9:45 (8)	16:22 (7)	18:10 (7)	19:42 (7)	24:45 (7)	28:26 (7)	30:48 (7)	32:10 (7)	32:51 (7)
	8:19/87	1:26/92	6:37/103	1:48/95	1:32/94	5:03/74	3:41/60	2:22/61	1:22/102	0:41/97
	+3:08 (9)	+0:25 (9)	+2:26 (6)	+0:57 (9)	+0:02 (2)	+1:27 (8)	+1:10 (11)	+0:42 (5)	+0:25 (7)	+0:11 (10)
	33:16 (7)									
	0:25/249									
	+0:04 (4)									
<b>7</b>	<b>Arttu Syrjäläinen</b>		<b>Navi</b>					<b>(10.14min/km)</b>	<b>33:53</b>	<b>(+11:01)</b>
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)									
	+0:00 (1)									
<b>8</b>	<b>Magnus Sandven</b>		<b>Notodden OL</b>					<b>(10.16min/km)</b>	<b>33:56</b>	<b>(+11:04)</b>
	8:00 (9)	9:18 (7)	18:53 (10)	20:04 (10)	21:58 (9)	26:45 (9)	29:22 (9)	31:55 (8)	32:55 (8)	33:30 (8)
	8:00/87	1:18/92	9:35/103	1:11/95	1:54/94	4:47/74	2:37/60	2:33/61	1:00/102	0:35/97
	+2:49 (8)	+0:17 (5)	+5:24 (10)	+0:20 (4)	+0:24 (8)	+1:11 (6)	+0:06 (4)	+0:53 (8)	+0:03 (3)	+0:05 (3)
	33:56 (8)									
	0:26/249									
	+0:05 (6)									
<b>9</b>	<b>Arttu Kottonen</b>		<b>Lynx - Finland</b>					<b>(10.68min/km)</b>	<b>35:41</b>	<b>(+12:49)</b>
	7:51 (7)	9:06 (6)	16:50 (8)	18:46 (8)	20:29 (8)	25:22 (8)	28:55 (8)	33:19 (9)	34:32 (9)	35:19 (9)
	7:51/87	1:15/92	7:44/103	1:56/95	1:43/94	4:53/74	3:33/60	4:24/61	1:13/102	0:47/97
	+2:40 (6)	+0:14 (4)	+3:33 (8)	+1:05 (11)	+0:13 (7)	+1:17 (7)	+1:02 (10)	+2:44 (13)	+0:16 (6)	+0:17 (14)
	35:41 (9)									
	0:22/249									
	+0:01 (2)									
<b>10</b>	<b>Jonas Jern</b>		<b>Femman, IF</b>					<b>(11.95min/km)</b>	<b>39:55</b>	<b>(+17:03)</b>
	13:09 (15)	14:10 (15)	19:24 (11)	20:40 (11)	26:16 (10)	32:12 (10)	34:48 (10)	36:52 (10)	38:47 (10)	39:25 (10)
	13:09/87	1:01/92	5:14/103	1:16/95	5:36/94	5:56/74	2:36/60	2:04/61	1:55/102	0:38/97
	+7:58 (14)	+0:00 (1)	+1:03 (4)	+0:25 (6)	+4:06 (14)	+2:20 (10)	+0:05 (3)	+0:24 (4)	+0:58 (11)	+0:08 (7)

39:55 (10)  
0:30/249  
+0:09 (13)

11 Henrik Nielsen Solberg Stjørdals-Blink Orientering (13.20min/km) **44:06 (+21:14)**  
7:54 (8) 10:43 (12) 21:21 (12) 23:21 (12) 26:34 (11) 32:34 (11) 35:39 (11) 40:30 (11) 43:01 (11) 43:42 (11)  
7:54/87 2:49/92 10:38/103 2:00/95 3:13/94 6:00/74 3:05/60 4:51/61 2:31/102 0:41/97  
+2:43 (7) +1:48 (14) +6:27 (12) +1:09 (12) +1:43 (11) +2:24 (11) +0:34 (8) +3:11 (14) +1:34 (13) +0:11 (10)  
44:06 (11)  
0:24/249  
+0:03 (3)

12 Caj Snickars Solf IK (13.43min/km) **44:51 (+21:59)**  
9:17 (13) 11:26 (13) 21:52 (13) 24:15 (13) 28:45 (13) 34:40 (13) 38:41 (12) 41:38 (12) 43:36 (12) 44:15 (12)  
9:17/87 2:09/92 10:26/103 2:23/95 4:30/94 5:55/74 4:01/60 2:57/61 1:58/102 0:39/125  
+4:06 (12) +1:08 (12) +6:15 (11) +1:32 (14) +3:00 (12) +2:19 (9) +1:30 (13) +1:17 (9) +1:01 (12) +0:09 (9)  
44:51 (12)  
0:36/249  
+0:15 (14)

13 Andreas Marcussen Asker SK (13.59min/km) **45:23 (+22:31)**  
8:51 (12) 10:29 (10) 24:38 (14) 25:45 (14) 27:40 (12) 34:17 (12) 39:25 (13) 42:57 (13) 44:19 (13) 45:02 (13)  
8:51/87 1:38/92 14:09/103 1:07/95 1:55/94 6:37/74 5:08/60 3:32/61 1:22/102 0:43/97  
+3:40 (11) +0:37 (10) +9:58 (13) +0:16 (3) +0:25 (9) +3:01 (14) +2:37 (14) +1:52 (10) +0:25 (7) +0:13 (13)  
45:23 (13)  
0:21/249  
+0:00 (1)

14 Harald Jahren Nilsen Nydalen SK (14.89min/km) **49:44 (+26:52)**  
8:40 (11) 10:05 (9) 17:55 (9) 19:49 (9) 31:46 (14) 38:11 (14) 41:54 (14) 46:05 (14) 48:38 (14) 49:16 (14)  
8:40/87 1:25/92 7:50/103 1:54/95 11:57/94 6:25/74 3:43/60 4:11/61 2:33/102 0:38/125  
+3:29 (10) +0:24 (8) +3:39 (9) +1:03 (10) +10:27 (15) +2:49 (12) +1:12 (12) +2:31 (11) +1:36 (14) +0:08 (7)  
49:44 (14)  
0:28/249  
+0:07 (8)

15 Vebjørn Tandberg Nydalen SK (15.47min/km) **51:40 (+28:48)**  
12:17 (14) 13:35 (14) 28:35 (15) 30:42 (15) 33:34 (15) 40:09 (15) 43:40 (15) 48:01 (15) 50:35 (15) 51:11 (15)  
12:17/87 1:18/92 15:00/103 2:07/95 2:52/94 6:35/74 3:31/60 4:21/61 2:34/102 0:36/125  
+7:06 (13) +0:17 (5) +10:49 (14) +1:16 (13) +1:22 (10) +2:59 (13) +1:00 (9) +2:41 (12) +1:37 (15) +0:06 (4)  
51:40 (15)  
0:29/249  
+0:08 (11)

16 Andreas Blomberg Närpes OK (23.69min/km) **1:19:07 (+56:15)**  
20:18 (16) 22:51 (16) 43:07 (16) 49:53 (16) 54:49 (16) 1:04:54 (16) 1:11:11 (16) 1:16:09 (16) 1:17:39 (16) 1:18:30 (16)  
20:18/87 2:33/92 20:16/103 6:46/95 4:56/94 10:05/74 6:17/60 4:58/61 1:30/102 0:51/97  
+15:07 (15) +1:32 (13) +16:05 (15) +5:55 (15) +3:26 (13) +6:29 (15) +3:46 (15) +3:18 (15) +0:33 (9) +0:21 (15)  
1:19:07 (16)  
0:37/249  
+0:16 (15)

Torgeir Sulen Hovland Harstad OL (9.84min/km) **Disk (+10:00)**  
7:11 (7) 8:28 (5) 17:43 (9) 20:13 (11) 21:46 (9) 26:17 (9) 29:12 (9) 31:12 (8) 32:30 (8) 32:52 (8)  
7:11/87 1:17/92 9:15/103 2:30/95 1:33/94 4:31/74 2:55/60 2:00/61 1:18/97 0:22/249  
+2:00 (6) +0:16 (5) +5:04 (10) +1:39 (15) +0:03 (3) +0:55 (5) +0:24 (8) +0:20 (4) +0:21 (7) +0:00 (1)  
32:52 (7)  
+0:00 (1)

## Klasse D15-16 4.0 km

13 påmeldt, 13 startende 3 premiert

1 Mathilde Rundhaug Mo OK (7.04min/km) **27:48**  
7:03 (1) 10:18 (1) 15:19 (1) 16:17 (1) 19:34 (1) 21:42 (1) 23:29 (1) 24:59 (1) 26:54 (1) 27:24 (1)  
7:03/85 3:15/91 5:01/82 0:58/83 3:17/32 2:08/74 1:47/58 1:30/59 1:55/102 0:30/125  
+0:00 (1) +0:01 (2) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)



27:48 (1)

0:24/249

+0:03 (4)

2 Meri Maijala Lapin Veikot Finland (8.51min/km) **33:38 (+5:50)**  
8:47 (3) 12:01 (3) 18:40 (4) 19:43 (4) 23:14 (2) 26:02 (2) 28:20 (2) 30:07 (2) 32:38 (2) 33:15 (2)  
8:47/85 3:14/91 6:39/82 1:03/83 3:31/32 2:48/74 2:18/58 1:47/59 2:31/102 0:37/97  
+1:44 (3) +0:00 (1) +1:38 (7) +0:05 (3) +0:14 (2) +0:40 (5) +0:31 (3) +0:17 (3) +0:36 (5) +0:07 (4)  
33:38 (2)  
0:23/249  
+0:02 (3)

3 Ronja Pedersen Bjerkvik IF (8.91min/km) **35:12 (+7:24)**  
9:01 (5) 12:31 (4) 17:39 (2) 18:42 (2) 24:42 (3) 27:42 (3) 29:57 (3) 31:45 (3) 34:08 (3) 34:43 (3)  
9:01/85 3:30/91 5:08/82 1:03/83 6:00/32 3:00/74 2:15/58 1:48/59 2:23/102 0:35/125  
+1:58 (5) +0:16 (5) +0:07 (2) +0:05 (3) +2:43 (10) +0:52 (7) +0:28 (2) +0:18 (4) +0:28 (2) +0:05 (2)  
35:12 (3)  
0:29/249  
+0:08 (12)

4 Solveig Blindheim Lillomarka OL (9.41min/km) **37:10 (+9:22)**  
10:57 (7) 14:25 (7) 20:48 (7) 21:49 (6) 26:09 (5) 28:51 (5) 31:46 (5) 33:35 (5) 36:01 (4) 36:44 (4)  
10:57/85 3:28/91 6:23/82 1:01/83 4:20/32 2:42/74 2:55/58 1:49/59 2:26/102 0:43/97  
+3:54 (7) +0:14 (4) +1:22 (5) +0:03 (2) +1:03 (5) +0:34 (3) +1:08 (8) +0:19 (5) +0:31 (3) +0:13 (8)  
37:10 (4)  
0:26/249  
+0:05 (7)

5 Milla Maijala Lapin Veikot Finland (9.50min/km) **37:32 (+9:44)**  
8:47 (3) 12:49 (5) 20:33 (5) 21:42 (5) 25:53 (4) 28:38 (4) 31:28 (4) 33:30 (4) 36:21 (5) 37:06 (5)  
8:47/85 4:02/91 7:44/82 1:09/83 4:11/32 2:45/74 2:50/58 2:02/59 2:51/102 0:45/125  
+1:44 (3) +0:48 (9) +2:43 (10) +0:11 (8) +0:54 (4) +0:37 (4) +1:03 (7) +0:32 (7) +0:56 (6) +0:15 (9)  
37:32 (5)  
0:26/249  
+0:05 (7)

6 Helena Lundkvist Vargen, OK (9.82min/km) **38:47 (+10:59)**  
10:17 (6) 14:23 (6) 20:45 (6) 22:17 (7) 26:21 (6) 29:46 (6) 32:26 (6) 35:08 (6) 37:34 (6) 38:22 (6)  
10:17/85 4:06/91 6:22/82 1:32/83 4:04/32 3:25/74 2:40/58 2:42/59 2:26/102 0:48/125  
+3:14 (6) +0:52 (10) +1:21 (4) +0:34 (12) +0:47 (3) +1:17 (9) +0:53 (5) +1:12 (12) +0:31 (3) +0:18 (11)  
38:47 (6)  
0:25/249  
+0:04 (6)

7 Annika Kottonen Lynx - Finnland (10.28min/km) **40:36 (+12:48)**  
8:40 (2) 11:58 (2) 18:23 (3) 19:29 (3) 28:57 (8) 31:31 (7) 35:00 (7) 36:39 (7) 39:39 (7) 40:14 (7)  
8:40/85 3:18/91 6:25/82 1:06/83 9:28/32 2:34/74 3:29/58 1:39/59 3:00/102 0:35/97  
+1:37 (2) +0:04 (3) +1:24 (6) +0:08 (5) +6:11 (13) +0:26 (2) +1:42 (10) +0:09 (2) +1:05 (7) +0:05 (2)  
40:36 (7)  
0:22/249  
+0:01 (2)

8 Hilde Svendsen Harstad OL (10.70min/km) **42:16 (+14:28)**  
13:04 (12) 16:43 (11) 22:46 (8) 24:03 (8) 28:50 (7) 31:54 (8) 35:52 (8) 37:59 (8) 41:02 (8) 41:48 (8)  
13:04/85 3:39/91 6:03/82 1:17/83 4:47/32 3:04/74 3:58/58 2:07/59 3:03/102 0:46/125  
+6:01 (12) +0:25 (6) +1:02 (3) +0:19 (9) +1:30 (8) +0:56 (8) +2:11 (11) +0:37 (8) +1:08 (8) +0:16 (10)  
42:16 (8)  
0:28/249  
+0:07 (11)

9 Kristine Masterdalshei Mo OK (10.99min/km) **43:24 (+15:36)**  
11:11 (10) 15:32 (9) 24:04 (9) 25:23 (9) 30:07 (9) 33:41 (9) 36:29 (9) 39:01 (9) 42:13 (9) 42:54 (9)  
11:11/85 4:21/91 8:32/82 1:19/83 4:44/32 3:34/74 2:48/58 2:32/59 3:12/102 0:41/125  
+4:08 (10) +1:07 (11) +3:31 (11) +0:21 (11) +1:27 (7) +1:26 (11) +1:01 (6) +1:02 (11) +1:17 (9) +0:11 (7)  
43:24 (9)  
0:30/249  
+0:09 (13)

<b>10</b>	<b>Sigrid Bech Umland</b>		<b>Korgen IL</b>		<b>(11.00min/km)</b>		<b>43:27</b>	<b>(+15:39)</b>	
11:07 (8)	14:51 (8)	25:33 (10)	26:40 (10)	31:13 (10)	34:02 (10)	37:16 (10)	39:06 (10)	42:25 (10)	43:03 (10)
11:07/85	3:44/91	10:42/82	1:07/83	4:33/32	2:49/74	3:14/58	1:50/59	3:19/102	0:38/97
+4:04 (8)	+0:30 (7)	+5:41 (13)	+0:09 (6)	+1:16 (6)	+0:41 (6)	+1:27 (9)	+0:20 (6)	+1:24 (11)	+0:08 (5)
43:27 (10)									
0:24/249									
+0:03 (4)									

<b>11</b>	<b>Malene Hovdenak Sylte</b>		<b>Skåla IL</b>		<b>(12.38min/km)</b>		<b>48:54</b>	<b>(+21:06)</b>	
15:57 (13)	19:42 (13)	27:17 (13)	28:24 (13)	35:59 (13)	39:28 (11)	42:07 (11)	44:35 (11)	47:47 (11)	48:27 (11)
15:57/85	3:45/91	7:35/82	1:07/83	7:35/32	3:29/74	2:39/58	2:28/59	3:12/102	0:40/97
+8:54 (13)	+0:31 (8)	+2:34 (9)	+0:09 (6)	+4:18 (12)	+1:21 (10)	+0:52 (4)	+0:58 (10)	+1:17 (9)	+0:10 (6)
48:54 (11)									
0:27/249									
+0:06 (9)									

<b>12</b>	<b>Mari Eriksen Reitan</b>		<b>B&amp;OI Orientering</b>		<b>(13.34min/km)</b>		<b>52:41</b>	<b>(+24:53)</b>	
11:09 (9)	15:56 (10)	25:59 (12)	28:07 (12)	35:07 (12)	39:30 (12)	43:55 (12)	47:00 (12)	51:23 (12)	52:14 (12)
11:09/85	4:47/91	10:03/82	2:08/83	7:00/32	4:23/74	4:25/58	3:05/59	4:23/102	0:51/97
+4:06 (9)	+1:33 (12)	+5:02 (12)	+1:10 (13)	+3:43 (11)	+2:15 (12)	+2:38 (13)	+1:35 (13)	+2:28 (13)	+0:21 (13)
52:41 (12)									
0:27/249									
+0:06 (9)									

<b>13</b>	<b>Lene Olsen</b>		<b>Bjerkvik IF</b>		<b>(14.44min/km)</b>		<b>57:02</b>	<b>(+29:14)</b>	
12:08 (11)	18:38 (12)	25:48 (11)	27:06 (11)	32:03 (11)	45:36 (13)	49:48 (13)	52:11 (13)	55:52 (13)	56:41 (13)
12:08/85	6:30/91	7:10/82	1:18/83	4:57/32	13:33/74	4:12/58	2:23/59	3:41/102	0:49/125
+5:05 (11)	+3:16 (13)	+2:09 (8)	+0:20 (10)	+1:40 (9)	+11:25 (13)	+2:25 (12)	+0:53 (9)	+1:46 (12)	+0:19 (12)
57:02 (13)									
0:21/249									
+0:00 (1)									

## Klasse H15-16 5.9 km

29 påmeldt, 25 startende 3 premiert

<b>1</b>	<b>Petter Jakola</b>		<b>B&amp;OI Orientering</b>		<b>(6.98min/km)</b>		<b>41:08</b>		
6:59 (1)	12:42 (5)	14:04 (5)	20:39 (3)	23:23 (3)	25:26 (3)	26:03 (2)	30:24 (1)	31:52 (1)	34:28 (1)
6:59/31	5:43/34	1:22/33	6:35/49	2:44/50	2:03/40	0:37/48	4:21/82	1:28/103	2:36/57
+0:00 (1)	+1:36 (18)	+0:05 (4)	+0:22 (3)	+0:00 (1)	+0:01 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:04 (2)
35:43 (1)	37:56 (1)	39:37 (1)	40:47 (1)	41:08 (1)	41:08 (1)				
1:15/74	2:13/60	1:41/61	1:10/97	0:21/249					
+0:29 (3)	+0:45 (3)	+0:07 (3)	+0:02 (2)	+0:00 (1)	+0:00 (1)				

<b>2</b>	<b>Ludvig Åhlund</b>		<b>Nolaskogsarna, OK - Sverige</b>		<b>(7.16min/km)</b>		<b>42:09</b>	<b>(+1:01)</b>	
7:23 (2)	11:42 (2)	13:12 (2)	19:54 (2)	23:18 (2)	25:25 (2)	26:10 (3)	30:49 (2)	32:26 (2)	35:10 (2)
7:23/31	4:19/34	1:30/33	6:42/49	3:24/50	2:07/40	0:45/48	4:39/82	1:37/103	2:44/57
+0:24 (2)	+0:12 (3)	+0:13 (6)	+0:29 (4)	+0:40 (2)	+0:05 (3)	+0:08 (11)	+0:18 (2)	+0:09 (4)	+0:12 (3)
36:32 (2)	38:54 (2)	40:36 (2)	41:47 (2)	42:09 (2)	42:09 (2)				
1:22/74	2:22/60	1:42/61	1:11/97	0:22/249					
+0:36 (4)	+0:54 (4)	+0:08 (4)	+0:03 (4)	+0:01 (3)	+0:00 (1)				

<b>3</b>	<b>Sindre Sandven</b>		<b>Notodden OL</b>		<b>(7.59min/km)</b>		<b>44:42</b>	<b>(+3:34)</b>	
7:33 (3)	11:40 (1)	13:00 (1)	19:13 (1)	22:50 (1)	25:04 (1)	25:41 (1)	32:36 (3)	34:11 (3)	37:22 (3)
7:33/31	4:07/34	1:20/33	6:13/49	3:37/50	2:14/40	0:37/48	6:55/82	1:35/103	3:11/57
+0:34 (3)	+0:00 (1)	+0:03 (2)	+0:00 (1)	+0:53 (8)	+0:12 (4)	+0:00 (1)	+2:34 (17)	+0:07 (3)	+0:39 (6)
38:52 (3)	41:25 (4)	43:07 (3)	44:17 (3)	44:42 (3)	44:42 (3)				
1:30/74	2:33/60	1:42/61	1:10/125	0:25/249					
+0:44 (5)	+1:05 (8)	+0:08 (4)	+0:02 (2)	+0:04 (10)	+0:00 (1)				

<b>4</b>	<b>Eetu Nykänen</b>		<b>Navi</b>		<b>(7.80min/km)</b>		<b>45:55</b>	<b>(+4:47)</b>	
7:37 (4)	12:09 (3)	13:57 (4)	21:03 (4)	24:40 (4)	27:08 (5)	27:51 (5)	32:58 (4)	34:37 (4)	37:46 (4)
7:37/31	4:32/34	1:48/33	7:06/49	3:37/50	2:28/40	0:43/48	5:07/82	1:39/103	3:09/57
+0:38 (4)	+0:25 (5)	+0:31 (15)	+0:53 (5)	+0:53 (8)	+0:26 (12)	+0:06 (7)	+0:46 (7)	+0:11 (6)	+0:37 (5)
39:33 (5)	42:14 (5)	44:13 (5)	45:33 (4)	45:55 (4)	45:55 (4)				
1:47/74	2:41/60	1:59/61	1:20/97	0:22/249					
+1:01 (14)	+1:13 (9)	+0:25 (10)	+0:12 (12)	+0:01 (3)	+0:00 (1)				

5	Karl-Fredrik Hansen	Sørreisa OL	(8.05min/km)	<b>47:25</b>	(+6:17)					
	9:35 (17)	13:45 (13)	15:02 (11)	21:21 (5)	24:52 (5)	27:06 (4)	27:43 (4)	34:44 (8)	36:15 (8)	39:44 (6)
	9:35/31	4:10/34	1:17/33	6:19/49	3:31/50	2:14/40	0:37/48	7:01/82	1:31/103	3:29/57
	+2:36 (17)	+0:03 (2)	+0:00 (1)	+0:06 (2)	+0:47 (7)	+0:12 (4)	+0:00 (1)	+2:40 (18)	+0:03 (2)	+0:57 (11)
	41:15 (6)	43:47 (6)	45:47 (6)	47:04 (6)	47:25 (6)	47:25 (5)				
	1:31/74	2:32/60	2:00/61	1:17/125	0:21/249					
	+0:45 (7)	+1:04 (6)	+0:26 (12)	+0:09 (11)	+0:00 (1)	+0:00 (1)				
6	Jacob Berg Lofthus	BUL Tromsø	(8.09min/km)	<b>47:40</b>	(+6:32)					
	8:14 (10)	13:22 (11)	15:02 (11)	22:22 (9)	25:48 (7)	28:11 (7)	28:53 (7)	34:06 (6)	36:04 (6)	38:36 (5)
	8:14/31	5:08/34	1:40/33	7:20/49	3:26/50	2:23/40	0:42/48	5:13/82	1:58/103	2:32/32
	+1:15 (10)	+1:01 (10)	+0:23 (13)	+1:07 (6)	+0:42 (3)	+0:21 (10)	+0:05 (4)	+0:52 (9)	+0:30 (15)	+0:00 (1)
	39:22 (4)	40:50 (3)	43:54 (4)	45:50 (5)	47:12 (5)	47:40 (6)				
	0:46/57	1:28/74	3:04/60	1:56/61	1:22/97	0:28/249				
	+0:00 (1)	+0:00 (1)	+1:30 (21)	+0:48 (20)	+1:01 (21)	+0:04 (2)				
7	Bård Engzelius Gylver	Asker SK	(8.12min/km)	<b>47:48</b>	(+6:40)					
	7:45 (5)	12:17 (4)	13:48 (3)	22:08 (8)	25:37 (6)	27:55 (6)	28:37 (6)	33:18 (5)	35:07 (5)	40:19 (7)
	7:45/31	4:32/34	1:31/33	8:20/49	3:29/50	2:18/40	0:42/48	4:41/82	1:49/103	5:12/57
	+0:46 (5)	+0:25 (5)	+0:14 (7)	+2:07 (11)	+0:45 (6)	+0:16 (7)	+0:05 (4)	+0:20 (3)	+0:21 (9)	+2:40 (18)
	41:51 (7)	44:23 (7)	45:59 (7)	47:20 (7)	47:48 (7)	47:48 (7)				
	1:32/74	2:32/60	1:36/61	1:21/97	0:28/249					
	+0:46 (8)	+1:04 (6)	+0:02 (2)	+0:13 (13)	+0:07 (17)	+0:00 (1)				
8	Håkon Hegreberg	B&OI Orientering	(8.27min/km)	<b>48:42</b>	(+7:34)					
	8:05 (9)	13:03 (9)	14:34 (9)	23:00 (10)	26:28 (9)	28:49 (8)	29:33 (8)	34:19 (7)	36:09 (7)	41:15 (8)
	8:05/31	4:58/34	1:31/33	8:26/49	3:28/50	2:21/40	0:44/48	4:46/82	1:50/103	5:06/57
	+1:06 (9)	+0:51 (8)	+0:14 (7)	+2:13 (12)	+0:44 (5)	+0:19 (9)	+0:07 (9)	+0:25 (4)	+0:22 (10)	+2:34 (17)
	42:48 (8)	45:17 (8)	47:03 (8)	48:16 (8)	48:42 (8)	48:42 (8)				
	1:33/74	2:29/60	1:46/61	1:13/97	0:26/249					
	+0:47 (9)	+1:01 (5)	+0:12 (6)	+0:05 (7)	+0:05 (13)	+0:00 (1)				
9	Jakob Kalvig Skogan	B&OI Orientering	(8.37min/km)	<b>49:17</b>	(+8:09)					
	8:24 (12)	13:46 (14)	15:47 (14)	23:08 (11)	27:51 (10)	30:35 (10)	31:19 (10)	36:22 (10)	38:03 (10)	41:19 (9)
	8:24/31	5:22/34	2:01/33	7:21/49	4:43/50	2:44/40	0:44/48	5:03/82	1:41/103	3:16/57
	+1:25 (12)	+1:15 (14)	+0:44 (18)	+1:08 (7)	+1:59 (11)	+0:42 (16)	+0:07 (9)	+0:42 (6)	+0:13 (7)	+0:44 (8)
	42:54 (9)	45:48 (9)	47:37 (9)	48:53 (9)	49:17 (9)	49:17 (9)				
	1:35/74	2:54/60	1:49/61	1:16/125	0:24/249					
	+0:49 (10)	+1:26 (12)	+0:15 (7)	+0:08 (10)	+0:03 (8)	+0:00 (1)				
10	Erlend Engzelius Gylver	Asker SK	(8.90min/km)	<b>52:27</b>	(+11:19)					
	8:30 (13)	12:50 (6)	14:22 (8)	21:44 (6)	26:03 (8)	29:32 (9)	30:19 (9)	35:52 (9)	37:45 (9)	42:38 (10)
	8:30/31	4:20/34	1:32/33	7:22/49	4:19/50	3:29/40	0:47/48	5:33/82	1:53/103	4:53/57
	+1:31 (13)	+0:13 (4)	+0:15 (9)	+1:09 (8)	+1:35 (10)	+1:27 (18)	+0:10 (16)	+1:12 (11)	+0:25 (13)	+2:21 (16)
	44:32 (10)	49:15 (10)	50:49 (10)	52:03 (10)	52:27 (10)	52:27 (10)				
	1:54/74	4:43/60	1:34/61	1:14/97	0:24/249					
	+1:08 (18)	+3:15 (21)	+0:00 (1)	+0:06 (8)	+0:03 (8)	+0:00 (1)				
11	Martin Femsteinevik	Strand Ulv IL	(9.02min/km)	<b>53:07</b>	(+11:59)					
	9:07 (15)	13:56 (15)	15:51 (15)	24:00 (13)	31:48 (13)	34:07 (12)	34:52 (12)	40:10 (12)	41:47 (12)	45:08 (11)
	9:07/31	4:49/34	1:55/33	8:09/49	7:48/50	2:19/40	0:45/48	5:18/82	1:37/103	3:21/57
	+2:08 (15)	+0:42 (7)	+0:38 (16)	+1:56 (10)	+5:04 (17)	+0:17 (8)	+0:08 (11)	+0:57 (10)	+0:09 (4)	+0:49 (10)
	46:38 (11)	49:27 (11)	51:36 (11)	52:44 (11)	53:07 (11)	53:07 (11)				
	1:30/74	2:49/60	2:09/61	1:08/97	0:23/249					
	+0:44 (5)	+1:21 (11)	+0:35 (16)	+0:00 (1)	+0:02 (6)	+0:00 (1)				
12	Andreas Bro Kolstø	Stjørdals-Blink Orientering	(9.25min/km)	<b>54:29</b>	(+13:21)					
	9:31 (16)	14:58 (17)	16:37 (17)	25:05 (15)	28:31 (11)	31:08 (11)	31:50 (11)	37:55 (11)	40:00 (11)	45:59 (12)
	9:31/31	5:27/34	1:39/33	8:28/49	3:26/50	2:37/40	0:42/48	6:05/82	2:05/103	5:59/57
	+2:32 (16)	+1:20 (16)	+0:22 (11)	+2:15 (14)	+0:42 (3)	+0:35 (14)	+0:05 (4)	+1:44 (15)	+0:37 (17)	+3:27 (21)
	47:49 (13)	50:43 (13)	52:42 (13)	54:06 (13)	54:29 (13)	54:29 (13)				
	1:50/74	2:54/60	1:59/61	1:24/97	0:23/249					
	+1:04 (16)	+1:26 (12)	+0:25 (10)	+0:16 (17)	+0:02 (6)	+0:00 (1)				
12	Ola Kvisle	Asker SK	(9.25min/km)	<b>54:29</b>	(+13:21)					
	7:55 (7)	12:53 (7)	14:20 (7)	21:55 (7)	32:42 (14)	35:05 (14)	35:50 (14)	40:57 (13)	42:43 (13)	46:00 (13)
	7:55/31	4:58/34	1:27/33	7:35/49	10:47/50	2:23/40	0:45/48	5:07/82	1:46/103	3:17/57
	+0:56 (7)	+0:51 (8)	+0:10 (5)	+1:22 (9)	+8:03 (19)	+0:21 (10)	+0:08 (11)	+0:46 (7)	+0:18 (8)	+0:45 (9)



Magnus Bro Kolstø			Stjørdals-Blink Orientering (9.92min/km)					<b>Disk (+17:17)</b>	
12:48 (22)	20:12 (22)	27:28 (22)	37:17 (20)	48:00 (22)	56:30 (22)	58:25 (22)	58:25 (21)	58:25 (20)	58:25 (19)
12:48/31	7:24/34	7:16/33	9:49/49	10:43/50	8:30/40	1:55/48			
+5:49 (22)	+3:17 (20)	+5:59 (22)	+3:36 (17)	+7:59 (19)	+6:28 (22)	+1:18 (22)	+0:00 (1)	+0:00 (1)	+0:00 (1)
58:25 (18)	58:25 (15)	58:25 (15)	58:25 (15)	58:25 (15)	58:25 (15)				

+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

Igor Majewski			Gwardia Warszawa (11.65min/km)				<b>Disk (+27:28)</b>		
8:52 (15)	15:20 (18)	25:32 (22)	44:21 (22)	46:40 (21)	47:22 (21)	53:06 (22)	55:12 (20)	58:42 (21)	1:00:25 (20)
8:52/31	6:28/34	10:12/49	18:49/50	2:19/40	0:42/48	5:44/82	2:06/103	3:30/57	1:43/74
+1:53 (15)	+2:21 (19)	+8:55 (22)	+12:36 (20)	+0:00 (1)	+0:00 (1)	+5:07 (22)	+0:00 (1)	+2:02 (21)	+0:00 (1)

1:04:16 (21) 1:06:41 (21) 1:08:04 (20) 1:08:36 (19) 1:08:36 (19) 1:08:36 (19)

3:51/60 2:25/61 1:23/125 0:32/249  
+3:05 (22) +0:57 (5) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

Espen Wigemyr			Oddersjaa SSK (14.58min/km)				<b>Disk (+44:44)</b>		
12:15 (22)	18:23 (20)	20:19 (19)	32:44 (18)	1:04:03 (22)	1:05:17 (22)	1:22:30 (22)	1:25:52 (22)	1:25:52 (22)	1:25:52 (22)
12:15/31	6:08/34	1:56/33	12:25/49	31:19/40	1:14/48	17:13/57	3:22/74		
+5:16 (22)	+2:01 (19)	+0:39 (17)	+6:12 (20)	+28:35 (22)	+0:00 (1)	+16:36 (22)	+0:00 (1)	+0:00 (1)	+0:00 (1)

1:25:52 (21) 1:25:52 (21) 1:25:52 (21) 1:25:52 (21) 1:25:52 (21) 1:25:52 (21)

+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

Sigurd Oxaas Wie			Mo OK (18.73min/km)				<b>Disk (+1:09:12)</b>		
9:54 (18)	15:57 (18)	18:34 (19)	31:58 (18)	43:27 (21)	46:38 (21)	47:26 (21)	1:36:33 (22)	1:41:38 (22)	1:49:58 (22)
9:54/31	6:03/34	2:37/33	13:24/49	11:29/50	3:11/40	0:48/48	49:07/57	5:05/74	8:20/97
+2:55 (18)	+1:56 (19)	+1:20 (22)	+7:11 (20)	+8:45 (20)	+1:09 (18)	+0:11 (17)	+44:46 (22)	+3:37 (21)	+5:48 (22)

1:50:20 (22) 1:50:20 (22) 1:50:20 (22) 1:50:20 (22) 1:50:20 (22) 1:50:20 (22)

0:22/249  
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)

## Klasse D17-18 4.7 km

8 påmeldt, 8 startende 1 premiert

1	Kirsi Nurmi	Vaasan Suunnistajat (8.47min/km)					<b>39:23</b>			
	7:53 (1)	10:05 (1)	16:17 (1)	18:09 (1)	20:08 (1)	28:34 (1)	32:31 (1)	33:58 (1)	36:22 (1)	37:41 (1)
	7:53/63	2:12/91	6:12/64	1:52/69	1:59/71	8:26/73	3:57/74	1:27/90	2:24/101	1:19/61
	+0:00 (1)	+0:00 (1)	+0:01 (2)	+0:17 (4)	+0:00 (1)	+0:33 (4)	+0:13 (2)	+0:33 (7)	+0:00 (1)	+0:04 (2)
	38:58 (1)	39:23 (1)								
	1:17/97	0:25/249								
	+0:00 (1)	+0:02 (2)								

2	Elina Itkonen	Lapin Veikot Finland (9.34min/km)					<b>43:26 (+4:03)</b>			
	8:46 (2)	11:22 (2)	17:33 (2)	19:23 (2)	22:38 (2)	32:48 (2)	36:32 (2)	37:38 (2)	40:25 (2)	41:40 (2)
	8:46/63	2:36/91	6:11/64	1:50/69	3:15/71	10:10/73	3:44/74	1:06/90	2:47/101	1:15/61
	+0:53 (2)	+0:24 (4)	+0:00 (1)	+0:15 (3)	+1:16 (6)	+2:17 (6)	+0:00 (1)	+0:12 (4)	+0:23 (2)	+0:00 (1)
	43:03 (2)	43:26 (2)								
	1:23/97	0:23/249								
	+0:06 (2)	+0:00 (1)								

3	Suvi Juopperi	Lapin Veikot Finland (9.93min/km)					<b>46:10 (+6:47)</b>			
	11:13 (5)	13:36 (5)	21:41 (3)	23:45 (3)	25:55 (3)	33:56 (3)	38:31 (3)	39:33 (3)	42:34 (3)	44:05 (3)
	11:13/63	2:23/91	8:05/64	2:04/69	2:10/71	8:01/73	4:35/74	1:02/90	3:01/101	1:31/61
	+3:20 (5)	+0:11 (2)	+1:54 (3)	+0:29 (5)	+0:11 (4)	+0:08 (3)	+0:51 (4)	+0:08 (3)	+0:37 (5)	+0:16 (5)
	45:42 (3)	46:10 (3)								
	1:37/97	0:28/249								
	+0:20 (6)	+0:05 (5)								

4	Kathrine Pedersen	Sørreisa OL (10.51min/km)					<b>48:51 (+9:28)</b>			
	11:27 (6)	14:06 (6)	25:01 (5)	26:47 (5)	28:50 (5)	36:50 (4)	41:30 (4)	42:28 (4)	45:35 (4)	46:58 (4)
	11:27/63	2:39/91	10:55/64	1:46/69	2:03/71	8:00/73	4:40/74	0:58/90	3:07/101	1:23/61
	+3:34 (6)	+0:27 (5)	+4:44 (5)	+0:11 (2)	+0:04 (2)	+0:07 (2)	+0:56 (6)	+0:04 (2)	+0:43 (6)	+0:08 (4)
	48:23 (4)	48:51 (4)								
	1:25/97	0:28/249								
	+0:08 (4)	+0:05 (5)								

<b>5</b>	<b>Rannveig Jørgensen</b>		<b>Namsos OK</b>		<b>(10.99min/km)</b>		<b>51:05</b>	<b>(+11:42)</b>	
9:20 (3)	11:54 (3)	23:04 (4)	24:39 (4)	26:43 (4)	39:28 (5)	43:47 (5)	44:58 (5)	47:52 (5)	49:12 (5)
9:20/63	2:34/91	11:10/64	1:35/69	2:04/71	12:45/73	4:19/74	1:11/90	2:54/101	1:20/61
+1:27 (3)	+0:22 (3)	+4:59 (6)	+0:00 (1)	+0:05 (3)	+4:52 (7)	+0:35 (3)	+0:17 (5)	+0:30 (4)	+0:05 (3)
50:38 (5)	51:05 (5)								
1:26/97	0:27/249								
+0:09 (5)	+0:04 (3)								
<b>6</b>	<b>Karoline Röhnert</b>		<b>GER-SSV Planeta Radebeu</b>		<b>(11.13min/km)</b>		<b>51:44</b>	<b>(+12:21)</b>	
10:10 (4)	13:27 (4)	26:54 (7)	29:44 (6)	32:00 (6)	39:53 (6)	44:28 (6)	45:22 (6)	48:14 (6)	49:52 (6)
10:10/63	3:17/91	13:27/64	2:50/69	2:16/71	7:53/73	4:35/74	0:54/90	2:52/101	1:38/61
+2:17 (4)	+1:05 (6)	+7:16 (8)	+1:15 (6)	+0:17 (5)	+0:00 (1)	+0:51 (4)	+0:00 (1)	+0:28 (3)	+0:23 (6)
51:15 (6)	51:44 (6)								
1:23/97	0:29/249								
+0:06 (2)	+0:06 (7)								
<b>7</b>	<b>Sonja Friman</b>		<b>Solf IK</b>		<b>(12.43min/km)</b>		<b>57:47</b>	<b>(+18:24)</b>	
12:45 (7)	17:38 (7)	26:48 (6)	30:02 (7)	33:28 (7)	43:02 (7)	48:24 (7)	50:05 (7)	53:41 (7)	55:32 (7)
12:45/63	4:53/91	9:10/64	3:14/69	3:26/71	9:34/73	5:22/74	1:41/90	3:36/101	1:51/61
+4:52 (7)	+2:41 (8)	+2:59 (4)	+1:39 (8)	+1:27 (7)	+1:41 (5)	+1:38 (7)	+0:47 (8)	+1:12 (7)	+0:36 (8)
57:20 (7)	57:47 (7)								
1:48/97	0:27/249								
+0:31 (7)	+0:04 (3)								
<b>8</b>	<b>Maria Fagerheim Nilssen</b>		<b>Bardu IL</b>		<b>(15.81min/km)</b>		<b>1:13:31</b>	<b>(+34:08)</b>	
14:47 (8)	18:39 (8)	31:02 (8)	33:57 (8)	37:30 (8)	51:10 (8)	1:03:48 (8)	1:05:14 (8)	1:09:10 (8)	1:10:55 (8)
14:47/63	3:52/91	12:23/64	2:55/69	3:33/71	13:40/73	12:38/74	1:26/90	3:56/101	1:45/61
+6:54 (8)	+1:40 (7)	+6:12 (7)	+1:20 (7)	+1:34 (8)	+5:47 (8)	+8:54 (8)	+0:32 (6)	+1:32 (8)	+0:30 (7)
1:12:50 (8)	1:13:31 (8)								
1:55/97	0:41/249								
+0:38 (8)	+0:18 (8)								

## Klasse H17-18 6.8 km

10 påmeldt, 10 startende 1 premiert

<b>1</b>	<b>Onnela Kalle</b>		<b>Lapin Veikot Finland</b>		<b>(7.65min/km)</b>		<b>51:40</b>		
9:46 (2)	15:02 (3)	24:22 (2)	26:45 (2)	28:07 (2)	31:11 (1)	33:35 (1)	34:17 (1)	42:30 (1)	44:40 (1)
9:46/51	5:16/33	9:20/54	2:23/38	1:22/42	3:04/50	2:24/40	0:42/48	8:13/92	2:10/74
+0:04 (2)	+1:16 (5)	+1:15 (3)	+0:07 (3)	+0:06 (2)	+0:00 (1)	+0:06 (5)	+0:07 (6)	+0:00 (1)	+0:00 (1)
45:35 (1)	47:35 (1)	50:09 (1)	51:18 (1)	51:40 (1)					
0:55/90	2:00/101	2:34/61	1:09/97	0:22/249					
+0:07 (3)	+0:00 (1)	+1:33 (10)	+0:04 (3)	+0:04 (5)					
<b>2</b>	<b>Lars Berge Owren</b>		<b>Freidig</b>		<b>(7.79min/km)</b>		<b>52:33</b>	<b>(+0:53)</b>	
10:22 (4)	14:22 (1)	22:27 (1)	24:51 (1)	26:50 (1)	31:41 (2)	34:02 (2)	34:37 (2)	44:18 (2)	47:02 (2)
10:22/51	4:00/33	8:05/54	2:24/38	1:59/42	4:51/50	2:21/40	0:35/48	9:41/92	2:44/74
+0:40 (4)	+0:00 (1)	+0:00 (1)	+0:08 (4)	+0:43 (5)	+1:47 (7)	+0:03 (2)	+0:00 (1)	+1:28 (4)	+0:34 (4)
47:53 (2)	50:02 (2)	51:03 (2)	52:08 (2)	52:33 (2)					
0:51/90	2:09/101	1:01/61	1:05/97	0:25/249					
+0:03 (2)	+0:09 (2)	+0:00 (1)	+0:00 (1)	+0:07 (8)					
<b>3</b>	<b>Ville Nykänen</b>		<b>Navi</b>		<b>(8.34min/km)</b>		<b>56:16</b>	<b>(+4:36)</b>	
9:42 (1)	18:04 (7)	27:36 (7)	29:53 (5)	31:09 (4)	34:19 (3)	36:40 (3)	37:19 (3)	47:30 (3)	50:09 (3)
9:42/51	8:22/33	9:32/54	2:17/38	1:16/42	3:10/50	2:21/40	0:39/48	10:11/92	2:39/74
+0:00 (1)	+4:22 (9)	+1:27 (5)	+0:01 (2)	+0:00 (1)	+0:06 (2)	+0:03 (2)	+0:04 (5)	+1:58 (7)	+0:29 (3)
51:06 (3)	53:33 (3)	54:42 (3)	55:56 (3)	56:16 (3)					
0:57/90	2:27/101	1:09/61	1:14/97	0:20/249					
+0:09 (6)	+0:27 (6)	+0:08 (3)	+0:09 (5)	+0:02 (2)					
<b>4</b>	<b>Niko Ihalainen</b>		<b>Navi</b>		<b>(8.50min/km)</b>		<b>57:24</b>	<b>(+5:44)</b>	
13:18 (8)	17:33 (6)	27:14 (6)	29:30 (4)	31:41 (5)	36:43 (5)	39:05 (5)	39:41 (5)	48:51 (4)	51:38 (4)
13:18/51	4:15/33	9:41/54	2:16/38	2:11/42	5:02/50	2:22/40	0:36/48	9:10/92	2:47/74
+3:36 (8)	+0:15 (2)	+1:36 (6)	+0:00 (1)	+0:55 (7)	+1:58 (8)	+0:04 (4)	+0:01 (2)	+0:57 (3)	+0:37 (5)
52:26 (4)	54:40 (4)	55:50 (4)	57:02 (4)	57:24 (4)					
0:48/90	2:14/101	1:10/61	1:12/125	0:22/249					
+0:00 (1)	+0:14 (3)	+0:09 (4)	+0:07 (4)	+0:04 (5)					

<b>5</b>	<b>Fredrik Danielsen</b>		<b>Tyrving, IL</b>		<b>(8.69min/km)</b>		<b>58:40</b>	<b>(+7:00)</b>	
	10:39 (5)	15:37 (4)	25:08 (3)	27:35 (3)	29:44 (3)	36:33 (4)	39:03 (4)	39:40 (4)	49:49 (5)
	10:39/51	4:58/33	9:31/54	2:27/38	2:09/42	6:49/50	2:30/40	0:37/48	10:09/92
	+0:57 (5)	+0:58 (4)	+1:26 (4)	+0:11 (5)	+0:53 (6)	+3:45 (9)	+0:12 (6)	+0:02 (4)	+1:56 (5)
	53:36 (5)	55:51 (5)	57:03 (5)	58:19 (5)	58:40 (5)				
	0:56/90	2:15/101	1:12/61	1:16/97	0:21/249				
	+0:08 (4)	+0:15 (4)	+0:11 (5)	+0:11 (6)	+0:03 (3)				
<b>6</b>	<b>Andreas G. Johansen</b>		<b>Sørreisa OL</b>		<b>(8.87min/km)</b>		<b>59:52</b>	<b>(+8:12)</b>	
	10:45 (6)	16:05 (5)	25:51 (4)	31:12 (6)	32:40 (6)	36:56 (6)	39:30 (6)	40:16 (6)	50:26 (6)
	10:45/51	5:20/33	9:46/54	5:21/38	1:28/42	4:16/50	2:34/40	0:46/48	10:10/92
	+1:03 (6)	+1:20 (6)	+1:41 (7)	+3:05 (8)	+0:12 (3)	+1:12 (6)	+0:16 (7)	+0:11 (7)	+1:57 (6)
	54:09 (6)	56:43 (6)	58:04 (6)	59:34 (6)	59:52 (6)				
	0:56/90	2:34/101	1:21/61	1:30/97	0:18/249				
	+0:08 (4)	+0:34 (7)	+0:20 (8)	+0:25 (9)	+0:00 (1)				
<b>7</b>	<b>Sindre Selvig</b>		<b>Nydalen SK</b>		<b>(9.54min/km)</b>		<b>1:04:23</b>	<b>(+12:43)</b>	
	10:18 (3)	14:53 (2)	27:11 (5)	37:23 (8)	39:56 (8)	44:04 (8)	46:22 (8)	46:58 (8)	55:56 (8)
	10:18/51	4:35/33	12:18/54	10:12/38	2:33/42	4:08/50	2:18/40	0:36/48	8:58/92
	+0:36 (3)	+0:35 (3)	+4:13 (9)	+7:56 (10)	+1:17 (10)	+1:04 (4)	+0:00 (1)	+0:01 (2)	+0:45 (2)
	59:25 (7)	1:01:51 (7)	1:02:53 (7)	1:03:59 (7)	1:04:23 (7)				
	0:59/90	2:26/101	1:02/61	1:06/97	0:24/249				
	+0:11 (8)	+0:26 (5)	+0:01 (2)	+0:01 (2)	+0:06 (7)				
<b>8</b>	<b>Bendik Myrvang</b>		<b>Bjerkvik IF</b>		<b>(9.66min/km)</b>		<b>1:05:14</b>	<b>(+13:34)</b>	
	11:00 (7)	20:39 (9)	29:29 (8)	34:13 (7)	36:30 (7)	40:20 (7)	42:54 (7)	43:40 (7)	55:01 (7)
	11:00/51	9:39/33	8:50/54	4:44/38	2:17/42	3:50/50	2:34/40	0:46/48	11:21/92
	+1:18 (7)	+5:39 (10)	+0:45 (2)	+2:28 (7)	+1:01 (9)	+0:46 (3)	+0:16 (7)	+0:11 (7)	+3:08 (8)
	59:32 (8)	1:02:06 (8)	1:03:26 (8)	1:04:53 (8)	1:05:14 (8)				
	0:58/90	2:34/101	1:20/61	1:27/125	0:21/249				
	+0:10 (7)	+0:34 (7)	+0:19 (7)	+0:22 (7)	+0:03 (3)				
<b>9</b>	<b>Aki Peltola</b>		<b>Kalevan Rasti</b>		<b>(11.08min/km)</b>		<b>1:14:47</b>	<b>(+23:07)</b>	
	15:00 (10)	22:18 (10)	35:12 (10)	39:36 (10)	41:48 (10)	46:02 (9)	49:07 (9)	49:59 (9)	1:03:26 (9)
	15:00/51	7:18/33	12:54/54	4:24/38	2:12/42	4:14/50	3:05/40	0:52/48	13:27/92
	+5:18 (10)	+3:18 (8)	+4:49 (10)	+2:08 (6)	+0:56 (8)	+1:10 (5)	+0:47 (9)	+0:17 (9)	+5:14 (9)
	1:08:42 (9)	1:11:38 (9)	1:12:53 (9)	1:14:22 (9)	1:14:47 (9)				
	1:47/90	2:56/101	1:15/61	1:29/125	0:25/249				
	+0:59 (10)	+0:56 (9)	+0:14 (6)	+0:24 (8)	+0:07 (8)				
<b>10</b>	<b>Miikka-Pekka Hourula</b>		<b>Iisalmen Visa, Finland</b>		<b>(11.74min/km)</b>		<b>1:19:13</b>	<b>(+27:33)</b>	
	13:50 (9)	20:25 (8)	31:02 (9)	38:33 (9)	40:09 (9)	48:10 (10)	51:53 (10)	52:45 (10)	1:07:20 (10)
	13:50/51	6:35/33	10:37/54	7:31/38	1:36/42	8:01/50	3:43/40	0:52/48	14:35/92
	+4:08 (9)	+2:35 (7)	+2:32 (8)	+5:15 (9)	+0:20 (4)	+4:57 (10)	+1:25 (10)	+0:17 (9)	+6:22 (10)
	1:12:22 (10)	1:15:35 (10)	1:17:10 (10)	1:18:43 (10)	1:19:13 (10)				
	1:19/90	3:13/101	1:35/61	1:33/125	0:30/249				
	+0:31 (9)	+1:13 (10)	+0:34 (9)	+0:28 (10)	+0:12 (10)				

## Klasse D19-20 5.9 km

3 påmeldt, 3 startende 1 premiert

<b>1</b>	<b>Ingvild Bjørhei</b>		<b>Kolbotn og Skimt OL</b>		<b>(9.65min/km)</b>		<b>56:52</b>		
	9:35 (1)	15:33 (1)	17:25 (1)	28:38 (1)	33:12 (1)	36:04 (1)	36:48 (1)	42:52 (1)	44:35 (1)
	9:35/31	5:58/34	1:52/33	11:13/49	4:34/50	2:52/40	0:44/48	6:04/82	1:43/103
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	50:11 (1)	53:07 (1)	55:16 (1)	56:29 (1)	56:52 (1)				
	2:08/74	2:56/60	2:09/61	1:13/97	0:23/249				
	+0:11 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:01 (2)				
<b>2</b>	<b>Margrethe G. Johansen</b>		<b>Sørreisa OL</b>		<b>(11.40min/km)</b>		<b>1:07:10</b>	<b>(+10:18)</b>	
	10:26 (3)	17:46 (3)	19:53 (3)	31:35 (3)	36:30 (3)	39:44 (3)	40:41 (3)	48:28 (3)	50:52 (3)
	10:26/31	7:20/34	2:07/33	11:42/49	4:55/50	3:14/40	0:57/48	7:47/82	2:24/103
	+0:51 (3)	+1:22 (3)	+0:15 (3)	+0:29 (3)	+0:21 (2)	+0:22 (3)	+0:13 (3)	+1:43 (3)	+0:41 (2)
	58:50 (2)	1:02:37 (2)	1:05:08 (2)	1:06:48 (2)	1:07:10 (2)				
	2:55/74	3:47/60	2:31/61	1:40/125	0:22/249				
	+0:58 (3)	+0:51 (3)	+0:22 (2)	+0:27 (3)	+0:00 (1)				

3	Siri Selvig		Nydalen SK		(11.59min/km)		<b>1:08:17</b>	(+11:25)		
	9:46 (2)	16:41 (2)	18:44 (2)	30:09 (2)	36:23 (2)	39:35 (2)	40:24 (2)	46:33 (2)	49:43 (2)	58:13 (3)
	9:46/31	6:55/34	2:03/33	11:25/49	6:14/50	3:12/40	0:49/48	6:09/82	3:10/103	8:30/57
	+0:11 (2)	+0:57 (2)	+0:11 (2)	+0:12 (2)	+1:40 (3)	+0:20 (2)	+0:05 (2)	+0:05 (2)	+1:27 (3)	+5:02 (3)
	1:00:10 (3)	1:03:46 (3)	1:06:19 (3)	1:07:47 (3)	1:08:17 (3)					
	1:57/74	3:36/60	2:33/61	1:28/125	0:30/249					
	+0:00 (1)	+0:40 (2)	+0:24 (3)	+0:15 (2)	+0:08 (3)					

## Klasse H19-20 8.9 km

5 påmeldt, 5 startende 1 premiirt

1	Sami-Petteri Juopperi		Pellon Ponsi		(7.16min/km)		<b>1:03:25</b>			
	11:19 (1)	12:49 (1)	19:19 (1)	28:52 (1)	30:57 (1)	38:16 (1)	41:45 (1)	43:26 (1)	48:36 (2)	56:03 (1)
	11:19/34	1:30/33	6:30/49	9:33/35	2:05/36	7:19/41	3:29/43	1:41/44	5:10/55	7:27/32
	+0:00 (1)	+0:16 (4)	+0:04 (2)	+0:03 (2)	+0:00 (1)	+0:55 (4)	+0:13 (3)	+0:11 (4)	+0:31 (4)	+0:11 (3)
	56:46 (1)	1:00:10 (1)	1:01:55 (2)	1:03:00 (1)	1:03:25 (1)					
	0:43/57	3:24/60	1:45/61	1:05/97	0:25/249					
	+0:01 (3)	+0:04 (2)	+0:15 (4)	+0:00 (1)	+0:05 (5)					

2	Tuomas Peltola		MS Parma Finland		(7.16min/km)		<b>1:03:27</b>	(+0:02)		
	12:16 (4)	13:38 (3)	20:27 (3)	29:57 (2)	32:06 (2)	38:43 (2)	42:01 (2)	43:31 (2)	48:22 (1)	56:19 (2)
	12:16/34	1:22/33	6:49/49	9:30/35	2:09/36	6:37/41	3:18/43	1:30/44	4:51/55	7:57/32
	+0:57 (4)	+0:08 (2)	+0:23 (4)	+0:00 (1)	+0:04 (3)	+0:13 (2)	+0:02 (2)	+0:00 (1)	+0:12 (3)	+0:41 (4)
	57:03 (2)	1:00:23 (2)	1:01:53 (1)	1:03:03 (2)	1:03:27 (2)					
	0:44/57	3:20/60	1:30/61	1:10/97	0:24/249					
	+0:02 (4)	+0:00 (1)	+0:00 (1)	+0:05 (4)	+0:04 (4)					

3	Håkon Berg Lofthus		BUL Tromsø		(7.32min/km)		<b>1:04:53</b>	(+1:28)		
	12:12 (3)	13:50 (4)	21:28 (4)	32:10 (4)	34:24 (4)	40:48 (3)	44:04 (3)	45:40 (3)	50:19 (3)	57:38 (3)
	12:12/34	1:38/33	7:38/49	10:42/35	2:14/36	6:24/41	3:16/43	1:36/44	4:39/55	7:19/32
	+0:53 (3)	+0:24 (5)	+1:12 (5)	+1:12 (4)	+0:09 (4)	+0:00 (1)	+0:00 (1)	+0:06 (2)	+0:00 (1)	+0:03 (2)
	58:20 (3)	1:01:53 (3)	1:03:26 (3)	1:04:33 (3)	1:04:53 (3)					
	0:42/57	3:33/60	1:33/61	1:07/125	0:20/249					
	+0:00 (1)	+0:13 (3)	+0:03 (3)	+0:02 (2)	+0:00 (1)					

4	Max Röhnert		Halden SK		(7.47min/km)		<b>1:06:11</b>	(+2:46)		
	11:55 (2)	13:19 (2)	19:50 (2)	31:18 (3)	33:40 (3)	41:26 (4)	45:00 (4)	46:42 (4)	51:23 (4)	58:39 (4)
	11:55/34	1:24/33	6:31/49	11:28/35	2:22/36	7:46/41	3:34/43	1:42/44	4:41/55	7:16/32
	+0:36 (2)	+0:10 (3)	+0:05 (3)	+1:58 (5)	+0:17 (5)	+1:22 (5)	+0:18 (4)	+0:12 (5)	+0:02 (2)	+0:00 (1)
	59:21 (4)	1:02:59 (4)	1:04:44 (4)	1:05:51 (4)	1:06:11 (4)					
	0:42/57	3:38/60	1:45/61	1:07/97	0:20/249					
	+0:00 (1)	+0:18 (5)	+0:15 (4)	+0:02 (2)	+0:00 (1)					

5	Vesa-Ville Väänänen		Pohjantähti, SK		(8.65min/km)		<b>1:16:40</b>	(+13:15)		
	19:30 (5)	20:44 (5)	27:10 (5)	37:35 (5)	39:43 (5)	46:43 (5)	50:53 (5)	52:30 (5)	58:48 (5)	1:09:12 (5)
	19:30/34	1:14/33	6:26/49	10:25/35	2:08/36	7:00/41	4:10/43	1:37/44	6:18/55	10:24/32
	+8:11 (5)	+0:00 (1)	+0:00 (1)	+0:55 (3)	+0:03 (2)	+0:36 (3)	+0:54 (5)	+0:07 (3)	+1:39 (5)	+3:08 (5)
	1:09:56 (5)	1:13:33 (5)	1:15:05 (5)	1:16:18 (5)	1:16:40 (5)					
	0:44/57	3:37/60	1:32/61	1:13/97	0:22/249					
	+0:02 (4)	+0:17 (4)	+0:02 (2)	+0:08 (5)	+0:02 (3)					

## Klasse D21- 6.8 km

46 påmeldt, 44 startende 1 premiirt

1	Lina Bäckström		Domnarvet Golf		(7.07min/km)		<b>47:43</b>			
	9:02 (1)	13:19 (1)	20:07 (1)	22:23 (1)	23:55 (1)	27:43 (1)	30:02 (1)	30:38 (1)	39:31 (1)	41:57 (1)
	9:02/51	4:17/33	6:48/54	2:16/38	1:32/42	3:48/50	2:19/40	0:36/48	8:53/92	2:26/74
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:11 (2)	+0:29 (10)	+0:05 (2)	+0:00 (1)	+0:03 (2)	+0:00 (1)
	42:52 (1)	45:04 (1)	46:07 (1)	47:17 (1)	47:43 (1)					
	0:55/90	2:12/101	1:03/61	1:10/97	0:26/249					
	+0:02 (3)	+0:05 (3)	+0:00 (1)	+0:01 (2)	+0:04 (3)					

2	Lina Persson		Södertälje-Nykvarn Orienteering		(7.07min/km)		<b>51:48</b>	(+4:05)		
	9:45 (3)	14:15 (3)	22:01 (3)	24:31 (3)	26:30 (3)	31:18 (5)	33:44 (5)	34:25 (5)	43:24 (2)	45:56 (2)
	9:45/51	4:30/33	7:46/54	2:30/38	1:59/42	4:48/50	2:26/40	0:41/48	8:59/92	2:32/74
	+0:43 (3)	+0:13 (3)	+0:58 (6)	+0:14 (6)	+0:38 (20)	+1:29 (29)	+0:12 (6)	+0:05 (5)	+0:09 (3)	+0:06 (4)



46:52 (2)	49:02 (2)	50:08 (2)	51:21 (2)	51:48 (2)						
0:56/90	2:10/101	1:06/61	1:13/125	0:27/249						
+0:03 (6)	+0:03 (2)	+0:03 (3)	+0:04 (5)	+0:05 (9)						
<b>3</b>	<b>Zsuzsa Fey</b>		<b>Tyrving, IL</b>		<b>(7.77min/km)</b>		<b>52:28</b>	<b>(+4:45)</b>		
9:51 (5)	14:45 (4)	22:19 (4)	24:55 (4)	27:05 (4)	30:36 (3)	32:58 (3)	33:38 (3)	43:40 (4)	46:22 (3)	
9:51/51	4:54/33	7:34/54	2:36/38	2:10/42	3:31/50	2:22/40	0:40/48	10:02/92	2:42/74	
+0:49 (5)	+0:37 (7)	+0:46 (3)	+0:20 (10)	+0:49 (28)	+0:12 (3)	+0:08 (3)	+0:04 (3)	+1:12 (11)	+0:16 (10)	
47:19 (3)	49:38 (3)	50:49 (3)	52:02 (3)	52:28 (3)						
0:57/90	2:19/101	1:11/61	1:13/97	0:26/249						
+0:04 (9)	+0:12 (7)	+0:08 (9)	+0:04 (5)	+0:04 (3)						
<b>4</b>	<b>Annika Billstam</b>		<b>Lidingö SOK, IFK</b>		<b>(7.81min/km)</b>		<b>52:44</b>	<b>(+5:01)</b>		
9:20 (2)	13:42 (2)	21:59 (2)	24:20 (2)	26:22 (2)	30:23 (2)	32:49 (2)	33:32 (2)	43:53 (5)	46:28 (4)	
9:20/51	4:22/33	8:17/54	2:21/38	2:02/42	4:01/50	2:26/40	0:43/48	10:21/92	2:35/74	
+0:18 (2)	+0:05 (2)	+1:29 (9)	+0:05 (2)	+0:41 (23)	+0:42 (16)	+0:12 (6)	+0:07 (8)	+1:31 (12)	+0:09 (5)	
47:25 (4)	49:51 (4)	51:02 (4)	52:17 (5)	52:44 (4)						
0:57/90	2:26/101	1:11/61	1:15/125	0:27/249						
+0:04 (9)	+0:19 (13)	+0:08 (9)	+0:06 (10)	+0:05 (9)						
<b>4</b>	<b>Nicole Ragvin</b>		<b>Nydalen SK</b>		<b>(7.81min/km)</b>		<b>52:44</b>	<b>(+5:01)</b>		
10:03 (7)	14:55 (5)	23:12 (5)	25:36 (5)	27:09 (5)	30:44 (4)	33:11 (4)	33:54 (4)	43:37 (3)	46:37 (5)	
10:03/51	4:52/33	8:17/54	2:24/38	1:33/42	3:35/50	2:27/40	0:43/48	9:43/92	3:00/74	
+1:01 (7)	+0:35 (5)	+1:29 (9)	+0:08 (4)	+0:12 (3)	+0:16 (4)	+0:13 (8)	+0:07 (8)	+0:53 (6)	+0:34 (15)	
47:33 (5)	49:56 (5)	51:03 (5)	52:16 (4)	52:44 (4)						
0:56/90	2:23/101	1:07/61	1:13/97	0:28/249						
+0:03 (6)	+0:16 (9)	+0:04 (6)	+0:04 (5)	+0:06 (12)						
<b>6</b>	<b>Eva Lill Kvisle</b>		<b>Asker SK</b>		<b>(7.84min/km)</b>		<b>52:57</b>	<b>(+5:14)</b>		
9:48 (4)	15:55 (8)	23:17 (6)	25:59 (6)	27:43 (6)	31:32 (6)	34:10 (6)	34:54 (6)	44:40 (6)	47:07 (6)	
9:48/51	6:07/33	7:22/54	2:42/38	1:44/42	3:49/50	2:38/40	0:44/48	9:46/92	2:27/74	
+0:46 (4)	+1:50 (22)	+0:34 (2)	+0:26 (15)	+0:23 (11)	+0:30 (11)	+0:24 (11)	+0:08 (13)	+0:56 (8)	+0:01 (2)	
48:02 (6)	50:17 (6)	51:23 (6)	52:32 (6)	52:57 (6)						
0:55/90	2:15/101	1:06/61	1:09/125	0:25/249						
+0:02 (3)	+0:08 (4)	+0:03 (3)	+0:00 (1)	+0:03 (2)						
<b>7</b>	<b>Emma Andersson</b>		<b>Sävedalens AIK</b>		<b>(7.95min/km)</b>		<b>53:40</b>	<b>(+5:57)</b>		
10:20 (9)	16:56 (13)	24:35 (8)	26:59 (8)	28:36 (8)	32:21 (8)	34:48 (8)	35:30 (8)	44:51 (7)	47:28 (7)	
10:20/51	6:36/33	7:39/54	2:24/38	1:37/42	3:45/50	2:27/40	0:42/48	9:21/92	2:37/74	
+1:18 (9)	+2:19 (29)	+0:51 (5)	+0:08 (4)	+0:16 (8)	+0:26 (8)	+0:13 (8)	+0:06 (7)	+0:31 (5)	+0:11 (7)	
48:22 (7)	50:47 (7)	51:57 (7)	53:14 (7)	53:40 (7)						
0:54/90	2:25/101	1:10/61	1:17/125	0:26/249						
+0:01 (2)	+0:18 (12)	+0:07 (7)	+0:08 (13)	+0:04 (3)						
<b>8</b>	<b>Mari Väänänen</b>		<b>Kalevan Rasti</b>		<b>(7.97min/km)</b>		<b>53:47</b>	<b>(+6:04)</b>		
10:13 (8)	15:50 (7)	24:08 (7)	26:29 (7)	28:16 (7)	31:42 (7)	34:33 (7)	35:16 (7)	45:00 (8)	47:41 (8)	
10:13/51	5:37/33	8:18/54	2:21/38	1:47/42	3:26/50	2:51/40	0:43/48	9:44/92	2:41/74	
+1:11 (8)	+1:20 (16)	+1:30 (11)	+0:05 (2)	+0:26 (13)	+0:07 (2)	+0:37 (21)	+0:07 (8)	+0:54 (7)	+0:15 (9)	
48:40 (8)	50:55 (8)	52:05 (8)	53:21 (8)	53:47 (8)						
0:59/90	2:15/101	1:10/61	1:16/97	0:26/249						
+0:06 (12)	+0:08 (4)	+0:07 (7)	+0:07 (12)	+0:04 (3)						
<b>9</b>	<b>Emma Green</b>		<b>Nydalen SK</b>		<b>(8.23min/km)</b>		<b>55:32</b>	<b>(+7:49)</b>		
11:48 (19)	17:52 (18)	25:27 (12)	28:08 (11)	29:42 (10)	33:37 (10)	36:02 (10)	36:43 (10)	46:30 (10)	49:14 (10)	
11:48/51	6:04/33	7:35/54	2:41/38	1:34/42	3:55/50	2:25/40	0:41/48	9:47/92	2:44/74	
+2:46 (19)	+1:47 (20)	+0:47 (4)	+0:25 (13)	+0:13 (4)	+0:36 (12)	+0:11 (5)	+0:05 (5)	+0:57 (9)	+0:18 (11)	
50:13 (10)	52:36 (9)	53:47 (9)	55:04 (9)	55:32 (9)						
0:59/90	2:23/101	1:11/61	1:17/97	0:28/249						
+0:06 (12)	+0:16 (9)	+0:08 (9)	+0:08 (13)	+0:06 (12)						
<b>10</b>	<b>Emma Lähdekorpi</b>		<b>Kalevan Rasti</b>		<b>(8.24min/km)</b>		<b>55:37</b>	<b>(+7:54)</b>		
10:53 (11)	15:43 (6)	25:08 (10)	27:41 (9)	29:02 (9)	32:46 (9)	35:09 (9)	35:55 (9)	46:19 (9)	49:08 (9)	
10:53/51	4:50/33	9:25/54	2:33/38	1:21/42	3:44/50	2:23/40	0:46/48	10:24/92	2:49/74	
+1:51 (11)	+0:33 (4)	+2:37 (15)	+0:17 (8)	+0:00 (1)	+0:25 (6)	+0:09 (4)	+0:10 (18)	+1:34 (14)	+0:23 (13)	
50:06 (9)	52:40 (10)	53:54 (10)	55:08 (10)	55:37 (10)						
0:58/90	2:34/101	1:14/61	1:14/125	0:29/249						
+0:05 (11)	+0:27 (16)	+0:11 (13)	+0:05 (9)	+0:07 (15)						

<b>11</b>	<b>Rasa Ptasekaite</b>		<b>Kåre, OK</b>		<b>(8.69min/km)</b>		<b>58:41</b>	<b>(+10:58)</b>	
10:38 (10)	17:02 (14)	25:05 (9)	28:01 (10)	34:21 (22)	38:08 (16)	40:57 (17)	41:41 (16)	50:31 (14)	52:58 (12)
10:38/51	6:24/33	8:03/54	2:56/38	6:20/42	3:47/50	2:49/40	0:44/48	8:50/92	2:27/74
+1:36 (10)	+2:07 (26)	+1:15 (7)	+0:40 (19)	+4:59 (41)	+0:28 (9)	+0:35 (19)	+0:08 (13)	+0:00 (1)	+0:01 (2)
53:51 (12)	55:58 (12)	57:03 (11)	58:15 (11)	58:41 (11)					
0:53/90	2:07/101	1:05/61	1:12/97	0:26/249					
+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:03 (3)	+0:04 (3)					
<b>12</b>	<b>Tiina Kivimäki</b>		<b>Helsingin Suunnistajat</b>		<b>(8.75min/km)</b>		<b>59:04</b>	<b>(+11:21)</b>	
11:34 (17)	17:10 (15)	25:16 (11)	28:20 (12)	30:05 (11)	34:53 (11)	37:35 (11)	38:23 (11)	49:20 (11)	52:27 (11)
11:34/51	5:36/33	8:06/54	3:04/38	1:45/42	4:48/50	2:42/40	0:48/48	10:57/92	3:07/74
+2:32 (17)	+1:19 (15)	+1:18 (8)	+0:48 (25)	+0:24 (12)	+1:29 (29)	+0:28 (14)	+0:12 (19)	+2:07 (19)	+0:41 (18)
53:26 (11)	55:57 (11)	57:12 (12)	58:35 (12)	59:04 (12)					
0:59/90	2:31/101	1:15/61	1:23/125	0:29/249					
+0:06 (12)	+0:24 (14)	+0:12 (14)	+0:14 (17)	+0:07 (15)					
<b>13</b>	<b>Siri Eidnes</b>		<b>Harstad OL</b>		<b>(8.89min/km)</b>		<b>59:59</b>	<b>(+12:16)</b>	
11:27 (16)	16:33 (9)	26:11 (13)	28:47 (13)	30:26 (12)	35:50 (14)	38:35 (14)	39:15 (14)	49:59 (12)	53:08 (13)
11:27/51	5:06/33	9:38/54	2:36/38	1:39/42	5:24/50	2:45/40	0:40/48	10:44/92	3:09/74
+2:25 (16)	+0:49 (9)	+2:50 (17)	+0:20 (10)	+0:18 (9)	+2:05 (36)	+0:31 (16)	+0:04 (3)	+1:54 (16)	+0:43 (20)
54:10 (13)	56:55 (13)	58:11 (13)	59:30 (13)	59:59 (13)					
1:02/90	2:45/101	1:16/61	1:19/125	0:29/249					
+0:09 (16)	+0:38 (23)	+0:13 (15)	+0:10 (15)	+0:07 (15)					
<b>14</b>	<b>Paula Iso-Markku</b>		<b>Lynx - Finland</b>		<b>(8.99min/km)</b>		<b>1:00:39</b>	<b>(+12:56)</b>	
12:07 (23)	17:19 (16)	26:22 (14)	29:03 (14)	30:59 (13)	34:59 (12)	37:42 (12)	38:31 (12)	50:07 (13)	53:25 (14)
12:07/51	5:12/33	9:03/54	2:41/38	1:56/42	4:00/50	2:43/40	0:49/48	11:36/92	3:18/74
+3:05 (23)	+0:55 (10)	+2:15 (13)	+0:25 (13)	+0:35 (18)	+0:41 (15)	+0:29 (15)	+0:13 (24)	+2:46 (25)	+0:52 (22)
54:31 (14)	57:15 (14)	58:40 (14)	1:00:05 (14)	1:00:39 (14)					
1:06/90	2:44/101	1:25/61	1:25/97	0:34/249					
+0:13 (23)	+0:37 (22)	+0:22 (30)	+0:16 (23)	+0:12 (34)					
<b>15</b>	<b>Annika Björk</b>		<b>Helsingin Suunnistajat</b>		<b>(9.09min/km)</b>		<b>1:01:21</b>	<b>(+13:38)</b>	
11:59 (22)	16:52 (12)	26:39 (15)	29:38 (15)	31:20 (14)	35:19 (13)	38:14 (13)	38:58 (13)	51:02 (15)	54:06 (15)
11:59/51	4:53/33	9:47/54	2:59/38	1:42/42	3:59/50	2:55/40	0:44/48	12:04/92	3:04/74
+2:57 (22)	+0:36 (6)	+2:59 (19)	+0:43 (23)	+0:21 (10)	+0:40 (13)	+0:41 (23)	+0:08 (13)	+3:14 (27)	+0:38 (17)
55:12 (15)	58:01 (15)	59:21 (15)	1:00:48 (15)	1:01:21 (15)					
1:06/90	2:49/101	1:20/61	1:27/125	0:33/249					
+0:13 (23)	+0:42 (25)	+0:17 (23)	+0:18 (27)	+0:11 (31)					
<b>16</b>	<b>Heini Wennman</b>		<b>Pohjantähti, SK</b>		<b>(9.16min/km)</b>		<b>1:01:51</b>	<b>(+14:08)</b>	
10:01 (6)	23:46 (36)	33:24 (34)	35:56 (32)	37:55 (28)	41:14 (27)	43:28 (27)	44:13 (26)	53:15 (22)	55:51 (18)
10:01/51	13:45/33	9:38/54	2:32/38	1:59/42	3:19/50	2:14/40	0:45/48	9:02/92	2:36/74
+0:59 (6)	+9:28 (39)	+2:50 (17)	+0:16 (7)	+0:38 (20)	+0:00 (1)	+0:00 (1)	+0:09 (17)	+0:12 (4)	+0:10 (6)
56:46 (18)	59:06 (18)	1:00:12 (16)	1:01:24 (16)	1:01:51 (16)					
0:55/90	2:20/101	1:06/61	1:12/125	0:27/249					
+0:02 (3)	+0:13 (8)	+0:03 (3)	+0:03 (3)	+0:05 (9)					
<b>17</b>	<b>Solveig Angell-Petersen</b>		<b>Freidig</b>		<b>(9.23min/km)</b>		<b>1:02:19</b>	<b>(+14:36)</b>	
12:55 (30)	18:35 (21)	29:34 (23)	32:19 (22)	34:10 (21)	38:11 (19)	41:13 (21)	41:57 (21)	52:57 (19)	55:44 (17)
12:55/51	5:40/33	10:59/54	2:45/38	1:51/42	4:01/50	3:02/40	0:44/48	11:00/92	2:47/74
+3:53 (30)	+1:23 (17)	+4:11 (33)	+0:29 (16)	+0:30 (15)	+0:42 (16)	+0:48 (29)	+0:08 (13)	+2:10 (20)	+0:21 (12)
56:40 (17)	59:03 (17)	1:00:24 (18)	1:01:47 (17)	1:02:19 (17)					
0:56/90	2:23/101	1:21/61	1:23/97	0:32/249					
+0:03 (6)	+0:16 (9)	+0:18 (26)	+0:14 (17)	+0:10 (25)					
<b>18</b>	<b>Jenny Bengtsson</b>		<b>Långhundra IF</b>		<b>(9.24min/km)</b>		<b>1:02:21</b>	<b>(+14:38)</b>	
11:22 (14)	16:50 (11)	26:42 (16)	30:31 (16)	32:34 (15)	38:19 (20)	40:51 (16)	41:42 (17)	52:30 (17)	55:20 (16)
11:22/51	5:28/33	9:52/54	3:49/38	2:03/42	5:45/50	2:32/40	0:51/48	10:48/92	2:50/74
+2:20 (14)	+1:11 (12)	+3:04 (20)	+1:33 (37)	+0:42 (24)	+2:26 (37)	+0:18 (10)	+0:15 (28)	+1:58 (17)	+0:24 (14)
56:20 (16)	58:56 (16)	1:00:23 (17)	1:01:48 (18)	1:02:21 (18)					
1:00/90	2:36/101	1:27/61	1:25/125	0:33/249					
+0:07 (15)	+0:29 (17)	+0:24 (31)	+0:16 (23)	+0:11 (31)					
<b>19</b>	<b>Saara Nikkari</b>		<b>Rajamäen Rykmentti</b>		<b>(9.36min/km)</b>		<b>1:03:09</b>	<b>(+15:26)</b>	
12:24 (25)	19:20 (27)	30:28 (27)	33:04 (26)	34:40 (24)	38:24 (22)	41:02 (19)	41:52 (19)	53:09 (20)	56:25 (21)
12:24/51	6:56/33	11:08/54	2:36/38	1:36/42	3:44/50	2:38/40	0:50/48	11:17/92	3:16/74
+3:22 (25)	+2:39 (31)	+4:20 (34)	+0:20 (10)	+0:15 (6)	+0:25 (6)	+0:24 (11)	+0:14 (27)	+2:27 (22)	+0:50 (21)



<b>28</b>	Sigrid Ringdalen Vatne		NTNUI			(10.10min/km)		<b>1:08:11</b>		(+20:28)
	13:23 (34)	19:13 (25)	29:50 (25)	32:46 (25)	34:42 (25)	39:02 (23)	42:05 (23)	42:54 (24)	56:27 (26)	1:00:07 (26)
	13:23/51	5:50/33	10:37/54	2:56/38	1:56/42	4:20/50	3:03/40	0:49/48	13:33/92	3:40/74
	+4:21 (34)	+1:33 (18)	+3:49 (27)	+0:40 (19)	+0:35 (18)	+1:01 (20)	+0:49 (31)	+0:13 (24)	+4:43 (31)	+1:14 (29)
	1:01:19 (26)	1:04:28 (27)	1:06:02 (28)	1:07:36 (28)	1:08:11 (28)					
	1:12/90	3:09/101	1:34/61	1:34/97	0:35/249					
	+0:19 (32)	+1:02 (37)	+0:31 (34)	+0:25 (34)	+0:13 (35)					
<b>29</b>	Terhi Mykkänen		Siilin Rasti			(10.26min/km)		<b>1:09:15</b>		(+21:32)
	11:51 (20)	18:14 (20)	35:21 (36)	37:54 (34)	39:30 (33)	43:11 (31)	46:02 (30)	47:05 (30)	58:09 (28)	1:01:45 (29)
	11:51/51	6:23/33	17:07/54	2:33/38	1:36/42	3:41/50	2:51/40	1:03/48	11:04/92	3:36/74
	+2:49 (20)	+2:06 (25)	+10:19 (41)	+0:17 (8)	+0:15 (6)	+0:22 (5)	+0:37 (21)	+0:27 (39)	+2:14 (21)	+1:10 (25)
	1:02:54 (29)	1:05:48 (29)	1:07:12 (29)	1:08:42 (29)	1:09:15 (29)					
	1:09/90	2:54/101	1:24/61	1:30/97	0:33/249					
	+0:16 (28)	+0:47 (29)	+0:21 (29)	+0:21 (31)	+0:11 (31)					
<b>30</b>	Tuuli Rinne		KooVee			(10.30min/km)		<b>1:09:32</b>		(+21:49)
	12:46 (28)	21:03 (34)	31:30 (32)	35:41 (31)	37:51 (27)	42:26 (28)	45:26 (28)	46:22 (28)	58:24 (29)	1:02:06 (30)
	12:46/51	8:17/33	10:27/54	4:11/38	2:10/42	4:35/50	3:00/40	0:56/48	12:02/92	3:42/74
	+3:44 (28)	+4:00 (34)	+3:39 (25)	+1:55 (39)	+0:49 (28)	+1:16 (25)	+0:46 (26)	+0:20 (33)	+3:12 (26)	+1:16 (30)
	1:03:20 (30)	1:06:13 (30)	1:07:33 (30)	1:09:00 (30)	1:09:32 (30)					
	1:14/90	2:53/101	1:20/61	1:27/125	0:32/249					
	+0:21 (35)	+0:46 (28)	+0:17 (23)	+0:18 (27)	+0:10 (25)					
<b>31</b>	Suvi Kujala		Lynx - Finland			(10.33min/km)		<b>1:09:45</b>		(+22:02)
	12:24 (25)	18:54 (24)	29:23 (22)	32:41 (24)	38:34 (31)	42:55 (29)	47:02 (32)	47:54 (32)	58:47 (31)	1:02:46 (31)
	12:24/51	6:30/33	10:29/54	3:18/38	5:53/42	4:21/50	4:07/40	0:52/48	10:53/92	3:59/74
	+3:22 (25)	+2:13 (28)	+3:41 (26)	+1:02 (32)	+4:32 (40)	+1:02 (21)	+1:53 (40)	+0:16 (29)	+2:03 (18)	+1:33 (35)
	1:03:52 (31)	1:06:33 (31)	1:07:50 (31)	1:09:13 (31)	1:09:45 (31)					
	1:06/90	2:41/101	1:17/61	1:23/125	0:32/249					
	+0:13 (23)	+0:34 (20)	+0:14 (16)	+0:14 (17)	+0:10 (25)					
<b>32</b>	Satu Mäkitammi		Kangasala SK			(10.58min/km)		<b>1:11:23</b>		(+23:40)
	13:47 (35)	20:34 (32)	30:57 (29)	33:55 (28)	38:26 (29)	43:30 (32)	46:44 (31)	47:36 (31)	59:46 (32)	1:03:35 (32)
	13:47/51	6:47/33	10:23/54	2:58/38	4:31/42	5:04/50	3:14/40	0:52/48	12:10/92	3:49/74
	+4:45 (35)	+2:30 (30)	+3:35 (23)	+0:42 (22)	+3:10 (38)	+1:45 (33)	+1:00 (33)	+0:16 (29)	+3:20 (28)	+1:23 (32)
	1:04:44 (32)	1:07:40 (32)	1:09:12 (32)	1:10:48 (32)	1:11:23 (32)					
	1:09/90	2:56/101	1:32/61	1:36/125	0:35/249					
	+0:16 (28)	+0:49 (30)	+0:29 (33)	+0:27 (35)	+0:13 (35)					
<b>33</b>	Line Nybakken		Kalevan Rasti			(10.63min/km)		<b>1:11:47</b>		(+24:04)
	15:40 (39)	20:43 (33)	31:03 (31)	34:05 (29)	38:28 (30)	43:04 (30)	45:50 (29)	46:33 (29)	1:00:46 (33)	1:04:43 (33)
	15:40/51	5:03/33	10:20/54	3:02/38	4:23/42	4:36/50	2:46/40	0:43/48	14:13/92	3:57/74
	+6:38 (39)	+0:46 (8)	+3:32 (21)	+0:46 (24)	+3:02 (37)	+1:17 (26)	+0:32 (17)	+0:07 (8)	+5:23 (33)	+1:31 (34)
	1:05:56 (33)	1:08:35 (33)	1:09:52 (33)	1:11:18 (33)	1:11:47 (33)					
	1:13/90	2:39/101	1:17/61	1:26/97	0:29/249					
	+0:20 (33)	+0:32 (19)	+0:14 (16)	+0:17 (26)	+0:07 (15)					
<b>34</b>	Heidi Mørkved		B&OI Orientering			(11.03min/km)		<b>1:14:28</b>		(+26:45)
	10:53 (11)	18:48 (23)	34:40 (35)	38:04 (35)	40:46 (35)	45:19 (34)	48:07 (34)	48:50 (34)	1:04:04 (34)	1:07:25 (34)
	10:53/51	7:55/33	15:52/54	3:24/38	2:42/42	4:33/50	2:48/40	0:43/48	15:14/92	3:21/74
	+1:51 (11)	+3:38 (33)	+9:04 (40)	+1:08 (34)	+1:21 (30)	+1:14 (23)	+0:34 (18)	+0:07 (8)	+6:24 (38)	+0:55 (23)
	1:08:30 (34)	1:11:33 (34)	1:12:53 (34)	1:14:06 (34)	1:14:28 (34)					
	1:05/90	3:03/101	1:20/61	1:13/97	0:22/249					
	+0:12 (21)	+0:56 (32)	+0:17 (23)	+0:04 (5)	+0:00 (1)					
<b>35</b>	Essi Kangasaho		Delta			(11.49min/km)		<b>1:17:33</b>		(+29:50)
	13:59 (36)	20:05 (31)	31:01 (30)	34:15 (30)	39:25 (32)	47:41 (36)	51:30 (36)	52:18 (36)	1:06:51 (36)	1:10:30 (36)
	13:59/51	6:06/33	10:56/54	3:14/38	5:10/42	8:16/50	3:49/40	0:48/48	14:33/92	3:39/74
	+4:57 (36)	+1:49 (21)	+4:08 (32)	+0:58 (29)	+3:49 (39)	+4:57 (40)	+1:35 (39)	+0:12 (19)	+5:43 (35)	+1:13 (27)
	1:11:35 (36)	1:14:13 (36)	1:15:36 (35)	1:17:01 (35)	1:17:33 (35)					
	1:05/90	2:38/101	1:23/61	1:25/125	0:32/249					
	+0:12 (21)	+0:31 (18)	+0:20 (28)	+0:16 (23)	+0:10 (25)					
<b>36</b>	Maria Gustafsson		Sävedalens AIK			(11.55min/km)		<b>1:17:58</b>		(+30:15)
	13:13 (32)	22:25 (35)	33:20 (33)	36:27 (33)	39:34 (34)	47:32 (35)	50:37 (35)	51:29 (35)	1:06:08 (35)	1:09:39 (35)
	13:13/51	9:12/33	10:55/54	3:07/38	3:07/42	7:58/50	3:05/40	0:52/48	14:39/92	3:31/74
	+4:11 (32)	+4:55 (36)	+4:07 (31)	+0:51 (28)	+1:46 (33)	+4:39 (39)	+0:51 (32)	+0:16 (29)	+5:49 (36)	+1:05 (24)

1:10:52 (35)	1:14:06 (35)	1:15:42 (36)	1:17:23 (36)	1:17:58 (36)						
1:13/90	3:14/101	1:36/61	1:41/125	0:35/249						
+0:20 (33)	+1:07 (39)	+0:33 (35)	+0:32 (37)	+0:13 (35)						
<b>37 Seidi Roine</b>			<b>Espoon Suunta</b>		<b>(11.92min/km)</b>		<b>1:20:29</b>		<b>(+32:46)</b>	
14:19 (37)	19:53 (30)	30:38 (28)	40:57 (37)	44:53 (37)	49:23 (37)	52:21 (37)	53:09 (37)	1:08:23 (37)	1:12:02 (37)	
14:19/51	5:34/33	10:45/54	10:19/38	3:56/42	4:30/50	2:58/40	0:48/48	15:14/92	3:39/74	
+5:17 (37)	+1:17 (14)	+3:57 (29)	+8:03 (42)	+2:35 (35)	+1:11 (22)	+0:44 (24)	+0:12 (19)	+6:24 (38)	+1:13 (27)	
1:13:25 (37)	1:16:34 (37)	1:18:34 (37)	1:20:01 (37)	1:20:29 (37)						
1:23/90	3:09/101	2:00/61	1:27/97	0:28/249						
+0:30 (37)	+1:02 (37)	+0:57 (41)	+0:18 (27)	+0:06 (12)						
<b>38 Susanne Lüscher</b>			<b>Stora Tuna OK</b>		<b>(12.29min/km)</b>		<b>1:22:58</b>		<b>(+35:15)</b>	
13:10 (31)	28:59 (40)	40:37 (40)	44:01 (40)	46:52 (38)	51:47 (38)	55:20 (38)	56:18 (38)	1:10:41 (38)	1:14:28 (38)	
13:10/51	15:49/33	11:38/54	3:24/38	2:51/42	4:55/50	3:33/40	0:58/48	14:23/92	3:47/74	
+4:08 (31)	+11:32 (41)	+4:50 (35)	+1:08 (34)	+1:30 (31)	+1:36 (32)	+1:19 (37)	+0:22 (35)	+5:33 (34)	+1:21 (31)	
1:15:58 (38)	1:19:02 (38)	1:20:42 (38)	1:22:20 (38)	1:22:58 (38)						
1:30/90	3:04/101	1:40/61	1:38/125	0:38/249						
+0:37 (38)	+0:57 (33)	+0:37 (38)	+0:29 (36)	+0:16 (40)						
<b>39 Patrycja Patejko</b>			<b>Gwardia Warszawa</b>		<b>(12.42min/km)</b>		<b>1:23:50</b>		<b>(+36:07)</b>	
14:37 (38)	25:45 (38)	39:55 (38)	43:52 (39)	47:42 (39)	52:15 (39)	55:30 (39)	56:30 (39)	1:11:14 (39)	1:15:18 (39)	
14:37/51	11:08/33	14:10/54	3:57/38	3:50/42	4:33/50	3:15/40	1:00/48	14:44/92	4:04/74	
+5:35 (38)	+6:51 (37)	+7:22 (38)	+1:41 (38)	+2:29 (34)	+1:14 (23)	+1:01 (34)	+0:24 (37)	+5:54 (37)	+1:38 (37)	
1:17:01 (39)	1:20:08 (39)	1:21:47 (39)	1:23:20 (39)	1:23:50 (39)						
1:43/90	3:07/101	1:39/61	1:33/97	0:30/249						
+0:50 (40)	+1:00 (34)	+0:36 (37)	+0:24 (33)	+0:08 (21)						
<b>40 Liv Anne Sollie</b>			<b>Olderskog IL</b>		<b>(13.66min/km)</b>		<b>1:32:13</b>		<b>(+44:30)</b>	
16:50 (40)	25:24 (37)	40:03 (39)	43:41 (38)	47:54 (40)	56:16 (40)	59:58 (40)	1:01:00 (40)	1:17:58 (40)	1:23:15 (40)	
16:50/51	8:34/33	14:39/54	3:38/38	4:13/42	8:22/50	3:42/40	1:02/48	16:58/92	5:17/74	
+7:48 (40)	+4:17 (35)	+7:51 (39)	+1:22 (36)	+2:52 (36)	+5:03 (41)	+1:28 (38)	+0:26 (38)	+8:08 (40)	+2:51 (40)	
1:24:56 (40)	1:28:15 (40)	1:29:55 (40)	1:31:38 (40)	1:32:13 (40)						
1:41/90	3:19/101	1:40/61	1:43/97	0:35/249						
+0:48 (39)	+1:12 (40)	+0:37 (38)	+0:34 (39)	+0:13 (35)						
<b>41 Emily Wall</b>			<b>PAPO</b>		<b>(18.52min/km)</b>		<b>2:04:59</b>		<b>(+1:17:16)</b>	
17:13 (41)	40:25 (42)	53:48 (41)	58:07 (41)	1:09:51 (42)	1:15:02 (42)	1:22:50 (42)	1:23:56 (42)	1:49:47 (42)	1:55:20 (42)	
17:13/51	23:12/33	13:23/54	4:19/38	11:44/42	5:11/50	7:48/40	1:06/48	25:51/92	5:33/74	
+8:11 (41)	+18:55 (42)	+6:35 (37)	+2:03 (40)	+10:23 (42)	+1:52 (35)	+5:34 (42)	+0:30 (40)	+17:01 (41)	+3:07 (41)	
1:57:08 (42)	2:00:58 (41)	2:02:40 (41)	2:04:22 (41)	2:04:59 (41)						
1:48/90	3:50/101	1:42/61	1:42/97	0:37/249						
+0:55 (41)	+1:43 (41)	+0:39 (40)	+0:33 (38)	+0:15 (39)						
<b>42 Elisa Niiranen</b>			<b>Lahden Suunnistajat -37</b>		<b>(18.74min/km)</b>		<b>2:06:29</b>		<b>(+1:18:46)</b>	
19:40 (42)	31:20 (41)	54:46 (42)	1:01:02 (42)	1:04:05 (41)	1:13:49 (41)	1:18:30 (41)	1:19:56 (41)	1:47:36 (41)	1:54:34 (41)	
19:40/51	11:40/33	23:26/54	6:16/38	3:03/42	9:44/50	4:41/40	1:26/48	27:40/92	6:58/74	
+10:38 (42)	+7:23 (38)	+16:38 (42)	+4:00 (41)	+1:42 (32)	+6:25 (42)	+2:27 (41)	+0:50 (42)	+18:50 (42)	+4:32 (42)	
1:56:30 (41)	2:01:07 (42)	2:03:21 (42)	2:05:47 (42)	2:06:29 (42)						
1:56/90	4:37/101	2:14/61	2:26/125	0:42/249						
+1:03 (42)	+2:30 (42)	+1:11 (42)	+1:17 (42)	+0:20 (42)						
<b>Arntraut Götsch</b>			<b>BUL Tromsø</b>		<b>(0.00min/km)</b>		<b>Brutt</b>			
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
(1)	(1)	(1)	(1)	(1)						
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)						
<b>Katrine Gunnberg Johansen</b>			<b>Ås-UMB Orientering</b>		<b>(6.21min/km)</b>		<b>Disk</b>			
12:45 (28)	18:42 (23)	29:04 (22)	31:58 (22)	33:49 (20)	38:11 (18)	41:07 (20)	41:57 (21)	41:57 (2)	41:57 (1)	
12:45/51	5:57/33	10:22/54	2:54/38	1:51/42	4:22/50	2:56/40	0:50/48			
+3:43 (28)	+1:40 (19)	+3:34 (23)	+0:38 (19)	+0:30 (15)	+1:03 (22)	+0:42 (24)	+0:14 (27)	+0:00 (1)	+0:00 (1)	
41:57 (1)	41:57 (1)	41:57 (1)	41:57 (1)	41:57 (1)						
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)						

## Klasse H21- 10.4 km

52 påmeldt, 52 startende 1 premiert

<b>1</b>	<b>Simo Martomaa</b>		<b>Kalevan Rasti</b>		<b>(6.23min/km)</b>		<b>1:04:58</b>		
6:12 (1)	10:09 (1)	23:25 (1)	25:07 (1)	26:19 (1)	38:21 (1)	39:42 (2)	41:32 (1)	47:03 (1)	51:16 (1)
6:12/31	3:57/33	13:16/35	1:42/36	1:12/37	12:02/39	1:21/47	1:50/46	5:31/44	4:13/55
+0:00 (1)	+0:00 (1)	+0:22 (5)	+0:00 (1)	+0:06 (10)	+0:00 (1)	+0:12 (5)	+0:21 (9)	+3:18 (2)	+0:00 (1)
57:44 (1)	58:37 (1)	1:01:04 (1)	1:02:21 (1)	1:04:06 (1)	1:04:34 (1)	1:04:58 (1)	1:04:58 (1)		
6:28/56	0:53/57	2:27/58	1:17/59	1:45/102	0:28/97	0:24/249			
+1:24 (5)	+0:00 (1)	+1:25 (2)	+0:04 (3)	+0:16 (2)	+0:00 (1)	+0:04 (7)	+0:00 (1)		
<b>2</b>	<b>Mats Troeng</b>		<b>Linné, OK</b>		<b>(6.32min/km)</b>		<b>1:05:50</b>		<b>(+0:52)</b>
6:26 (2)	10:40 (2)	23:34 (2)	25:17 (2)	26:23 (2)	38:26 (2)	39:37 (1)	41:48 (2)	47:24 (2)	52:02 (2)
6:26/31	4:14/33	12:54/35	1:43/36	1:06/37	12:03/39	1:11/47	2:11/46	5:36/44	4:38/55
+0:14 (2)	+0:17 (3)	+0:00 (1)	+0:01 (2)	+0:00 (1)	+0:01 (2)	+0:02 (2)	+0:42 (26)	+3:23 (3)	+0:25 (5)
58:17 (2)	59:14 (2)	1:01:50 (2)	1:03:05 (2)	1:04:59 (2)	1:05:27 (2)	1:05:50 (2)	1:05:50 (2)		
6:15/56	0:57/57	2:36/58	1:15/59	1:54/102	0:28/125	0:23/249			
+1:11 (2)	+0:04 (5)	+1:34 (3)	+0:02 (2)	+0:25 (7)	+0:00 (1)	+0:03 (5)	+0:00 (1)		
<b>3</b>	<b>Chris Forne</b>		<b>Wing OK</b>		<b>(6.63min/km)</b>		<b>1:09:07</b>		<b>(+4:09)</b>
6:41 (7)	11:17 (4)	25:04 (3)	27:11 (3)	28:21 (3)	41:07 (3)	42:38 (3)	44:20 (3)	50:25 (3)	55:05 (3)
6:41/31	4:36/33	13:47/35	2:07/36	1:10/37	12:46/39	1:31/47	1:42/46	6:05/44	4:40/55
+0:29 (7)	+0:39 (7)	+0:53 (6)	+0:25 (16)	+0:04 (4)	+0:44 (3)	+0:22 (17)	+0:13 (3)	+3:52 (7)	+0:27 (8)
1:01:28 (3)	1:02:29 (3)	1:05:08 (3)	1:06:25 (3)	1:08:17 (3)	1:08:46 (3)	1:09:07 (3)	1:09:07 (3)		
6:23/56	1:01/57	2:39/58	1:17/59	1:52/102	0:29/97	0:21/249			
+1:19 (3)	+0:08 (10)	+1:37 (4)	+0:04 (3)	+0:23 (4)	+0:01 (4)	+0:01 (2)	+0:00 (1)		
<b>4</b>	<b>Petteri Laitinen</b>		<b>Kangasala SK</b>		<b>(6.73min/km)</b>		<b>1:10:05</b>		<b>(+5:07)</b>
6:36 (5)	11:08 (3)	25:30 (5)	27:22 (4)	28:34 (4)	41:49 (4)	43:09 (4)	44:52 (4)	50:58 (5)	55:37 (5)
6:36/31	4:32/33	14:22/35	1:52/36	1:12/37	13:15/39	1:20/47	1:43/46	6:06/44	4:39/55
+0:24 (5)	+0:35 (6)	+1:28 (9)	+0:10 (5)	+0:06 (10)	+1:13 (6)	+0:11 (4)	+0:14 (4)	+3:53 (8)	+0:26 (6)
1:02:04 (5)	1:03:09 (5)	1:05:57 (5)	1:07:19 (5)	1:09:11 (5)	1:09:41 (4)	1:10:05 (4)	1:10:05 (4)		
6:27/56	1:05/57	2:48/58	1:22/59	1:52/102	0:30/97	0:24/249			
+1:23 (4)	+0:12 (17)	+1:46 (6)	+0:09 (9)	+0:23 (4)	+0:02 (6)	+0:04 (7)	+0:00 (1)		
<b>5</b>	<b>Mats Røjgård</b>		<b>Kolmården, OK</b>		<b>(6.73min/km)</b>		<b>1:10:09</b>		<b>(+5:11)</b>
6:50 (12)	11:18 (5)	25:26 (4)	27:27 (5)	28:43 (5)	41:53 (5)	43:11 (5)	44:58 (5)	50:46 (4)	55:25 (4)
6:50/31	4:28/33	14:08/35	2:01/36	1:16/37	13:10/39	1:18/47	1:47/46	5:48/44	4:39/55
+0:38 (12)	+0:31 (5)	+1:14 (8)	+0:19 (12)	+0:10 (19)	+1:08 (5)	+0:09 (3)	+0:18 (7)	+3:35 (4)	+0:26 (6)
1:01:54 (4)	1:02:55 (4)	1:05:44 (4)	1:07:08 (4)	1:09:09 (4)	1:09:43 (5)	1:10:09 (5)	1:10:09 (5)		
6:29/56	1:01/57	2:49/58	1:24/59	2:01/102	0:34/125	0:26/249			
+1:25 (6)	+0:08 (10)	+1:47 (9)	+0:11 (12)	+0:32 (11)	+0:06 (19)	+0:06 (18)	+0:00 (1)		
<b>6</b>	<b>Erik Ivarsson Sandberg</b>		<b>Denseln, OK</b>		<b>(7.06min/km)</b>		<b>1:13:37</b>		<b>(+8:39)</b>
6:48 (11)	11:35 (9)	26:16 (6)	28:10 (6)	29:22 (6)	43:38 (6)	45:04 (6)	46:49 (6)	53:24 (6)	58:33 (6)
6:48/31	4:47/33	14:41/35	1:54/36	1:12/37	14:16/39	1:26/47	1:45/46	6:35/44	5:09/55
+0:36 (11)	+0:50 (10)	+1:47 (10)	+0:12 (6)	+0:06 (10)	+2:14 (15)	+0:17 (11)	+0:16 (5)	+4:22 (14)	+0:56 (16)
1:05:26 (6)	1:06:24 (6)	1:09:16 (6)	1:10:39 (6)	1:12:47 (6)	1:13:17 (6)	1:13:37 (6)	1:13:37 (6)		
6:53/56	0:58/57	2:52/58	1:23/59	2:08/102	0:30/97	0:20/249			
+1:49 (11)	+0:05 (7)	+1:50 (11)	+0:10 (11)	+0:39 (16)	+0:02 (6)	+0:00 (1)	+0:00 (1)		
<b>7</b>	<b>Hannu-Pekka Pukema</b>		<b>Kalevan Rasti</b>		<b>(7.07min/km)</b>		<b>1:13:41</b>		<b>(+8:43)</b>
6:30 (4)	14:50 (25)	28:00 (11)	29:47 (11)	30:53 (11)	43:52 (7)	45:17 (7)	46:57 (7)	54:21 (8)	58:53 (7)
6:30/31	8:20/33	13:10/35	1:47/36	1:06/37	12:59/39	1:25/47	1:40/46	7:24/44	4:32/55
+0:18 (4)	+4:23 (30)	+0:16 (4)	+0:05 (3)	+0:00 (1)	+0:57 (4)	+0:16 (8)	+0:11 (2)	+5:11 (25)	+0:19 (2)
1:05:58 (8)	1:06:56 (8)	1:09:37 (7)	1:10:55 (7)	1:12:51 (7)	1:13:19 (7)	1:13:41 (7)	1:13:41 (7)		
7:05/56	0:58/57	2:41/58	1:18/59	1:56/102	0:28/125	0:22/249			
+2:01 (14)	+0:05 (7)	+1:39 (5)	+0:05 (5)	+0:27 (9)	+0:00 (1)	+0:02 (3)	+0:00 (1)		
<b>8</b>	<b>Rickard Holmqvist</b>		<b>Hestra IF</b>		<b>(7.19min/km)</b>		<b>1:14:56</b>		<b>(+9:58)</b>
8:48 (40)	12:58 (11)	27:05 (9)	29:11 (9)	30:22 (9)	44:05 (8)	45:28 (8)	47:13 (8)	53:48 (7)	58:55 (8)
8:48/31	4:10/33	14:07/35	2:06/36	1:11/37	13:43/39	1:23/47	1:45/46	6:35/44	5:07/55
+2:36 (40)	+0:13 (2)	+1:13 (7)	+0:24 (15)	+0:05 (8)	+1:41 (11)	+0:14 (7)	+0:16 (5)	+4:22 (14)	+0:54 (14)
1:05:43 (7)	1:06:49 (7)	1:09:58 (8)	1:11:28 (8)	1:13:50 (8)	1:14:26 (8)	1:14:56 (8)	1:14:56 (8)		
6:48/56	1:06/57	3:09/58	1:30/59	2:22/102	0:36/97	0:30/249			
+1:44 (9)	+0:13 (20)	+2:07 (19)	+0:17 (18)	+0:53 (27)	+0:08 (26)	+0:10 (34)	+0:00 (1)		

<b>9</b>	<b>Panu Teittinen</b>		<b>Kangasala SK</b>		<b>(7.39min/km)</b>		<b>1:17:02</b>	<b>(+12:04)</b>	
6:52 (13)	11:34 (8)	26:38 (8)	28:34 (7)	29:47 (7)	45:54 (11)	47:35 (10)	49:35 (10)	56:44 (10)	1:01:42 (10)
6:52/31	4:42/33	15:04/35	1:56/36	1:13/37	16:07/39	1:41/47	2:00/46	7:09/44	4:58/55
+0:40 (13)	+0:45 (9)	+2:10 (12)	+0:14 (10)	+0:07 (14)	+4:05 (26)	+0:32 (25)	+0:31 (17)	+4:56 (22)	+0:45 (13)
1:08:55 (10)	1:09:56 (10)	1:12:56 (10)	1:14:09 (9)	1:16:03 (9)	1:16:36 (9)	1:17:02 (9)	1:17:02 (9)		
7:13/56	1:01/57	3:00/58	1:13/59	1:54/102	0:33/97	0:26/249			
+2:09 (15)	+0:08 (10)	+1:58 (14)	+0:00 (1)	+0:25 (7)	+0:05 (12)	+0:06 (18)	+0:00 (1)		
<b>10</b>	<b>Ulrik Imberg</b>		<b>Linné, OK</b>		<b>(7.45min/km)</b>		<b>1:17:38</b>	<b>(+12:40)</b>	
7:05 (16)	13:34 (14)	29:14 (13)	31:16 (13)	32:29 (13)	46:53 (12)	48:19 (12)	50:34 (12)	57:07 (11)	1:02:30 (12)
7:05/31	6:29/33	15:40/35	2:02/36	1:13/37	14:24/39	1:26/47	2:15/46	6:33/44	5:23/55
+0:53 (16)	+2:32 (24)	+2:46 (16)	+0:20 (13)	+0:07 (14)	+2:22 (16)	+0:17 (11)	+0:46 (30)	+4:20 (12)	+1:10 (19)
1:09:28 (11)	1:10:24 (11)	1:13:12 (11)	1:14:34 (11)	1:16:41 (10)	1:17:13 (10)	1:17:38 (10)	1:17:38 (10)		
6:58/56	0:56/57	2:48/58	1:22/59	2:07/102	0:32/97	0:25/249			
+1:54 (13)	+0:03 (4)	+1:46 (6)	+0:09 (9)	+0:38 (13)	+0:04 (9)	+0:05 (11)	+0:00 (1)		
<b>11</b>	<b>Marko Vapa</b>		<b>Ounasvaaran Hiihtoseura</b>		<b>(7.47min/km)</b>		<b>1:17:53</b>	<b>(+12:55)</b>	
6:43 (8)	11:24 (7)	27:21 (10)	29:29 (10)	30:39 (10)	44:36 (9)	46:04 (9)	47:57 (9)	54:45 (9)	1:00:19 (9)
6:43/31	4:41/33	15:57/35	2:08/36	1:10/37	13:57/39	1:28/47	1:53/46	6:48/44	5:34/55
+0:31 (8)	+0:44 (8)	+3:03 (20)	+0:26 (17)	+0:04 (4)	+1:55 (13)	+0:19 (15)	+0:24 (10)	+4:35 (18)	+1:21 (23)
1:08:29 (9)	1:09:38 (9)	1:12:39 (9)	1:14:13 (10)	1:16:50 (11)	1:17:23 (11)	1:17:53 (11)	1:17:53 (11)		
8:10/56	1:09/57	3:01/58	1:34/59	2:37/102	0:33/97	0:30/249			
+3:06 (29)	+0:16 (24)	+1:59 (15)	+0:21 (24)	+1:08 (37)	+0:05 (12)	+0:10 (34)	+0:00 (1)		
<b>12</b>	<b>Henning Spjelkavik</b>		<b>Tyrving, IL</b>		<b>(7.57min/km)</b>		<b>1:18:55</b>	<b>(+13:57)</b>	
7:04 (15)	11:21 (6)	26:33 (7)	28:47 (8)	29:59 (8)	45:51 (10)	47:36 (11)	49:47 (11)	57:07 (11)	1:02:28 (11)
7:04/31	4:17/33	15:12/35	2:14/36	1:12/37	15:52/39	1:45/47	2:11/46	7:20/44	5:21/55
+0:52 (15)	+0:20 (4)	+2:18 (13)	+0:32 (20)	+0:06 (10)	+3:50 (24)	+0:36 (28)	+0:42 (26)	+5:07 (24)	+1:08 (18)
1:10:09 (12)	1:11:20 (12)	1:14:27 (12)	1:15:56 (12)	1:17:59 (12)	1:18:30 (12)	1:18:55 (12)	1:18:55 (12)		
7:41/56	1:11/57	3:07/58	1:29/59	2:03/102	0:31/97	0:25/249			
+2:37 (23)	+0:18 (26)	+2:05 (18)	+0:16 (17)	+0:34 (12)	+0:03 (8)	+0:05 (11)	+0:00 (1)		
<b>13</b>	<b>Teemu Niskanen</b>		<b>Ounasvaaran Hiihtoseura</b>		<b>(7.63min/km)</b>		<b>1:19:28</b>	<b>(+14:30)</b>	
7:28 (24)	17:01 (36)	31:45 (21)	33:40 (19)	34:59 (19)	49:35 (16)	51:00 (16)	52:56 (16)	59:24 (14)	1:04:10 (14)
7:28/31	9:33/33	14:44/35	1:55/36	1:19/37	14:36/39	1:25/47	1:56/46	6:28/44	4:46/55
+1:16 (24)	+5:36 (34)	+1:50 (11)	+0:13 (8)	+0:13 (23)	+2:34 (17)	+0:16 (8)	+0:27 (13)	+4:15 (11)	+0:33 (9)
1:11:00 (14)	1:11:58 (13)	1:14:46 (13)	1:16:21 (13)	1:18:28 (13)	1:19:01 (13)	1:19:28 (13)	1:19:28 (13)		
6:50/56	0:58/57	2:48/58	1:35/59	2:07/102	0:33/125	0:27/249			
+1:46 (10)	+0:05 (7)	+1:46 (6)	+0:22 (26)	+0:38 (13)	+0:05 (12)	+0:07 (23)	+0:00 (1)		
<b>14</b>	<b>Isak Bergman</b>		<b>Södertälje-Nykvam Orienteering</b>		<b>(7.69min/km)</b>		<b>1:20:07</b>	<b>(+15:09)</b>	
7:13 (21)	14:28 (22)	30:59 (16)	32:50 (15)	34:00 (15)	48:02 (13)	49:47 (13)	51:41 (13)	58:14 (13)	1:03:09 (13)
7:13/31	7:15/33	16:31/35	1:51/36	1:10/37	14:02/39	1:45/47	1:54/46	6:33/44	4:55/55
+1:01 (21)	+3:18 (27)	+3:37 (24)	+0:09 (4)	+0:04 (4)	+2:00 (14)	+0:36 (28)	+0:25 (11)	+4:20 (12)	+0:42 (12)
1:10:56 (13)	1:11:59 (14)	1:15:13 (14)	1:16:44 (14)	1:19:03 (14)	1:19:39 (14)	1:20:07 (14)	1:20:07 (14)		
7:47/56	1:03/57	3:14/58	1:31/59	2:19/102	0:36/125	0:28/249			
+2:43 (25)	+0:10 (14)	+2:12 (22)	+0:18 (19)	+0:50 (24)	+0:08 (26)	+0:08 (28)	+0:00 (1)		
<b>15</b>	<b>Mikko Vapa</b>		<b>Ounasvaaran Hiihtoseura</b>		<b>(7.81min/km)</b>		<b>1:21:20</b>	<b>(+16:22)</b>	
7:06 (17)	16:50 (34)	32:31 (23)	34:40 (23)	35:51 (22)	49:29 (15)	50:55 (15)	52:52 (15)	59:34 (16)	1:04:21 (15)
7:06/31	9:44/33	15:41/35	2:09/36	1:11/37	13:38/39	1:26/47	1:57/46	6:42/44	4:47/55
+0:54 (17)	+5:47 (35)	+2:47 (17)	+0:27 (18)	+0:05 (8)	+1:36 (8)	+0:17 (11)	+0:28 (14)	+4:29 (16)	+0:34 (10)
1:11:50 (15)	1:12:58 (15)	1:16:11 (15)	1:17:44 (15)	1:20:12 (15)	1:20:47 (15)	1:21:20 (15)	1:21:20 (15)		
7:29/56	1:08/57	3:13/58	1:33/59	2:28/102	0:35/97	0:33/249			
+2:25 (21)	+0:15 (23)	+2:11 (20)	+0:20 (22)	+0:59 (32)	+0:07 (22)	+0:13 (43)	+0:00 (1)		
<b>16</b>	<b>Thomas Häne</b>		<b>Galgenen, OLG</b>		<b>(8.04min/km)</b>		<b>1:23:48</b>	<b>(+18:50)</b>	
7:26 (23)	12:35 (10)	28:39 (12)	30:56 (12)	32:15 (12)	49:46 (17)	51:34 (17)	53:36 (17)	1:00:39 (18)	1:06:02 (17)
7:26/31	5:09/33	16:04/35	2:17/36	1:19/37	17:31/39	1:48/47	2:02/46	7:03/44	5:23/55
+1:14 (23)	+1:12 (11)	+3:10 (22)	+0:35 (23)	+0:13 (23)	+5:29 (34)	+0:39 (33)	+0:33 (18)	+4:50 (20)	+1:10 (19)
1:13:29 (17)	1:14:42 (16)	1:18:51 (16)	1:20:26 (16)	1:22:51 (16)	1:23:24 (16)	1:23:48 (16)	1:23:48 (16)		
7:27/56	1:13/57	4:09/58	1:35/59	2:25/102	0:33/97	0:24/249			
+2:23 (20)	+0:20 (28)	+3:07 (38)	+0:22 (26)	+0:56 (30)	+0:05 (12)	+0:04 (7)	+0:00 (1)		
<b>17</b>	<b>Rikard Pentonen</b>		<b>Göteborg, IFK</b>		<b>(8.10min/km)</b>		<b>1:24:22</b>	<b>(+19:24)</b>	
6:44 (9)	16:33 (33)	33:46 (30)	35:46 (28)	37:00 (27)	52:34 (25)	54:11 (23)	56:16 (23)	1:03:52 (23)	1:08:40 (21)
6:44/31	9:49/33	17:13/35	2:00/36	1:14/37	15:34/39	1:37/47	2:05/46	7:36/44	4:48/55
+0:32 (9)	+5:52 (36)	+4:19 (28)	+0:18 (11)	+0:08 (18)	+3:32 (22)	+0:28 (21)	+0:36 (22)	+5:23 (29)	+0:35 (11)

1:15:34 (19)	1:16:38 (18)	1:19:40 (17)	1:21:15 (17)	1:23:24 (17)	1:23:57 (17)	1:24:22 (17)	1:24:22 (17)		
6:54/56	1:04/57	3:02/58	1:35/59	2:09/102	0:33/97	0:25/249			
+1:50 (12)	+0:11 (16)	+2:00 (16)	+0:22 (26)	+0:40 (18)	+0:05 (12)	+0:05 (11)	+0:00 (1)		
<b>18</b>	<b>Jörgen Ohlin</b>		<b>Linné, OK</b>		<b>(8.14min/km)</b>		<b>1:24:51</b>	<b>(+19:53)</b>	
6:28 (3)	26:48 (44)	39:50 (38)	41:45 (38)	42:52 (37)	56:32 (34)	57:59 (34)	59:47 (34)	1:05:46 (31)	1:10:21 (28)
6:28/31	20:20/33	13:02/35	1:55/36	1:07/37	13:40/39	1:27/47	1:48/46	5:59/44	4:35/55
+0:16 (3)	+16:23 (45)	+0:08 (3)	+0:13 (8)	+0:01 (3)	+1:38 (9)	+0:18 (14)	+0:19 (8)	+3:46 (6)	+0:22 (4)
1:16:50 (23)	1:17:47 (21)	1:20:36 (19)	1:21:55 (18)	1:23:54 (18)	1:24:26 (18)	1:24:51 (18)	1:24:51 (18)		
6:29/56	0:57/57	2:49/58	1:19/59	1:59/102	0:32/97	0:25/249			
+1:25 (6)	+0:04 (5)	+1:47 (9)	+0:06 (7)	+0:30 (10)	+0:04 (9)	+0:05 (11)	+0:00 (1)		
<b>19</b>	<b>Johan Sisell</b>		<b>Södertörn, OK</b>		<b>(8.17min/km)</b>		<b>1:25:05</b>	<b>(+20:07)</b>	
7:40 (27)	13:28 (13)	31:39 (20)	34:10 (21)	35:39 (21)	51:30 (21)	53:00 (19)	55:15 (19)	1:02:42 (21)	1:08:30 (20)
7:40/31	5:48/33	18:11/35	2:31/36	1:29/37	15:51/39	1:30/47	2:15/46	7:27/44	5:48/55
+1:28 (27)	+1:51 (15)	+5:17 (32)	+0:49 (31)	+0:23 (37)	+3:49 (23)	+0:21 (16)	+0:46 (30)	+5:14 (26)	+1:35 (28)
1:16:19 (21)	1:17:25 (20)	1:20:30 (18)	1:21:57 (19)	1:24:04 (19)	1:24:38 (19)	1:25:05 (19)	1:25:05 (19)		
7:49/56	1:06/57	3:05/58	1:27/59	2:07/102	0:34/97	0:27/249			
+2:45 (26)	+0:13 (20)	+2:03 (17)	+0:14 (15)	+0:38 (13)	+0:06 (19)	+0:07 (23)	+0:00 (1)		
<b>20</b>	<b>Saku Asikainen</b>		<b>Hiisirasti</b>		<b>(8.19min/km)</b>		<b>1:25:23</b>	<b>(+20:25)</b>	
7:12 (20)	14:03 (18)	31:26 (19)	34:00 (20)	35:18 (20)	53:36 (26)	55:15 (26)	57:31 (27)	1:04:36 (26)	1:10:14 (27)
7:12/31	6:51/33	17:23/35	2:34/36	1:18/37	18:18/39	1:39/47	2:16/46	7:05/44	5:38/55
+1:00 (20)	+2:54 (26)	+4:29 (30)	+0:52 (35)	+0:12 (21)	+6:16 (38)	+0:30 (23)	+0:47 (32)	+4:52 (21)	+1:25 (24)
1:17:30 (25)	1:18:25 (23)	1:21:18 (23)	1:22:37 (20)	1:24:29 (20)	1:25:01 (20)	1:25:23 (20)	1:25:23 (20)		
7:16/56	0:55/57	2:53/58	1:19/59	1:52/102	0:32/97	0:22/249			
+2:12 (17)	+0:02 (3)	+1:51 (13)	+0:06 (7)	+0:23 (4)	+0:04 (9)	+0:02 (3)	+0:00 (1)		
<b>21</b>	<b>Miika Hernelahti</b>		<b>Kalevan Rasti</b>		<b>(8.21min/km)</b>		<b>1:25:33</b>	<b>(+20:35)</b>	
6:37 (6)	27:47 (45)	40:47 (39)	42:41 (39)	43:51 (39)	57:26 (35)	58:48 (35)	1:00:42 (35)	1:06:40 (33)	1:11:12 (30)
6:37/31	21:10/33	13:00/35	1:54/36	1:10/37	13:35/39	1:22/47	1:54/46	5:58/44	4:32/55
+0:25 (6)	+17:13 (46)	+0:06 (2)	+0:12 (6)	+0:04 (4)	+1:33 (7)	+0:13 (6)	+0:25 (11)	+3:45 (5)	+0:19 (2)
1:17:47 (26)	1:18:41 (25)	1:21:33 (24)	1:22:51 (21)	1:24:39 (21)	1:25:08 (21)	1:25:33 (21)	1:25:33 (21)		
6:35/56	0:54/57	2:52/58	1:18/59	1:48/102	0:29/97	0:25/249			
+1:31 (8)	+0:01 (2)	+1:50 (11)	+0:05 (5)	+0:19 (3)	+0:01 (4)	+0:05 (11)	+0:00 (1)		
<b>22</b>	<b>Fredrik Johansson</b>		<b>Bredaryds SOK</b>		<b>(8.29min/km)</b>		<b>1:26:21</b>	<b>(+21:23)</b>	
7:19 (22)	15:58 (31)	31:16 (17)	33:35 (17)	34:48 (16)	48:30 (14)	50:02 (14)	52:01 (14)	59:39 (17)	1:04:55 (16)
7:19/31	8:39/33	15:18/35	2:19/36	1:13/37	13:42/39	1:32/47	1:59/46	7:38/44	5:16/55
+1:07 (22)	+4:42 (31)	+2:24 (15)	+0:37 (25)	+0:07 (14)	+1:40 (10)	+0:23 (19)	+0:30 (16)	+5:25 (30)	+1:03 (17)
1:14:54 (18)	1:15:57 (17)	1:21:45 (25)	1:23:09 (24)	1:25:17 (22)	1:25:50 (22)	1:26:21 (22)	1:26:21 (22)		
9:59/56	1:03/57	5:48/58	1:24/59	2:08/102	0:33/97	0:31/249			
+4:55 (37)	+0:10 (14)	+4:46 (44)	+0:11 (12)	+0:39 (16)	+0:05 (12)	+0:11 (39)	+0:00 (1)		
<b>23</b>	<b>Odd Fuglestad</b>		<b>Ålgård Orientering</b>		<b>(8.29min/km)</b>		<b>1:26:24</b>	<b>(+21:26)</b>	
7:59 (30)	13:19 (12)	29:44 (14)	32:05 (14)	33:30 (14)	50:35 (18)	52:20 (18)	54:22 (18)	1:01:54 (19)	1:07:40 (18)
7:59/31	5:20/33	16:25/35	2:21/36	1:25/37	17:05/39	1:45/47	2:02/46	7:32/44	5:46/55
+1:47 (30)	+1:23 (13)	+3:31 (23)	+0:39 (27)	+0:19 (30)	+5:03 (30)	+0:36 (28)	+0:33 (18)	+5:19 (28)	+1:33 (27)
1:15:52 (20)	1:17:02 (19)	1:21:10 (21)	1:22:53 (22)	1:25:20 (23)	1:25:56 (23)	1:26:24 (23)	1:26:24 (23)		
8:12/56	1:10/57	4:08/58	1:43/59	2:27/102	0:36/97	0:28/249			
+3:08 (31)	+0:17 (25)	+3:06 (37)	+0:30 (35)	+0:58 (31)	+0:08 (26)	+0:08 (28)	+0:00 (1)		
<b>24</b>	<b>Halvor Saunes</b>		<b>NTNUI</b>		<b>(8.30min/km)</b>		<b>1:26:29</b>	<b>(+21:31)</b>	
6:59 (14)	19:48 (37)	35:02 (32)	37:22 (32)	38:35 (31)	54:01 (29)	55:42 (28)	57:46 (28)	1:04:46 (27)	1:09:53 (24)
6:59/31	12:49/33	15:14/35	2:20/36	1:13/37	15:26/39	1:41/47	2:04/46	7:00/44	5:07/55
+0:47 (14)	+8:52 (38)	+2:20 (14)	+0:38 (26)	+0:07 (14)	+3:24 (21)	+0:32 (25)	+0:35 (21)	+4:47 (19)	+0:54 (14)
1:17:29 (24)	1:18:36 (24)	1:21:54 (26)	1:23:20 (25)	1:25:29 (24)	1:26:04 (24)	1:26:29 (24)	1:26:29 (24)		
7:36/56	1:07/57	3:18/58	1:26/59	2:09/102	0:35/97	0:25/249			
+2:32 (22)	+0:14 (22)	+2:16 (23)	+0:13 (14)	+0:40 (18)	+0:07 (22)	+0:05 (11)	+0:00 (1)		
<b>25</b>	<b>Olli Moisander</b>		<b>Hyvinkään Rasti</b>		<b>(8.34min/km)</b>		<b>1:26:55</b>	<b>(+21:57)</b>	
7:54 (29)	13:55 (16)	32:53 (26)	35:08 (26)	36:33 (25)	51:50 (22)	54:33 (25)	56:36 (24)	1:04:07 (24)	1:09:35 (22)
7:54/31	6:01/33	18:58/35	2:15/36	1:25/37	15:17/39	2:43/47	2:03/46	7:31/44	5:28/55
+1:42 (29)	+2:04 (18)	+6:04 (36)	+0:33 (22)	+0:19 (30)	+3:15 (19)	+1:34 (45)	+0:34 (20)	+5:18 (27)	+1:15 (21)
1:16:48 (22)	1:17:53 (22)	1:21:11 (22)	1:23:07 (23)	1:25:47 (26)	1:26:24 (25)	1:26:55 (25)	1:26:55 (25)		
7:13/56	1:05/57	3:18/58	1:56/59	2:40/102	0:37/125	0:31/249			
+2:09 (15)	+0:12 (17)	+2:16 (23)	+0:43 (40)	+1:11 (39)	+0:09 (33)	+0:11 (39)	+0:00 (1)		



<b>26 Karri Mustonen</b>	<b>Kangasala SK</b>					<b>(8.44min/km)</b>		<b>1:27:59 (+23:01)</b>	
7:08 (19)	16:02 (32)	32:57 (28)	35:41 (27)	37:06 (28)	52:16 (23)	53:47 (22)	55:56 (21)	1:02:39 (20)	1:10:07 (25)
7:08/31	8:54/33	16:55/35	2:44/36	1:25/37	15:10/39	1:31/47	2:09/46	6:43/44	7:28/55
+0:56 (19)	+4:57 (32)	+4:01 (26)	+1:02 (37)	+0:19 (30)	+3:08 (18)	+0:22 (17)	+0:40 (23)	+4:30 (17)	+3:15 (41)
1:18:09 (28)	1:19:24 (27)	1:23:05 (28)	1:24:42 (27)	1:26:59 (27)	1:27:32 (26)	1:27:59 (26)	1:27:59 (26)		
8:02/56	1:15/57	3:41/58	1:37/59	2:17/102	0:33/97	0:27/249			
+2:58 (27)	+0:22 (31)	+2:39 (33)	+0:24 (30)	+0:48 (22)	+0:05 (12)	+0:07 (23)	+0:00 (1)		
<b>27 Tapio Haarlaa</b>	<b>Helsingin Suunnistajat</b>					<b>(8.47min/km)</b>		<b>1:28:14 (+23:16)</b>	
7:07 (18)	21:26 (38)	37:12 (36)	39:14 (36)	40:35 (36)	54:27 (30)	55:52 (30)	57:50 (29)	1:04:13 (25)	1:10:08 (26)
7:07/31	14:19/33	15:46/35	2:02/36	1:21/37	13:52/39	1:25/47	1:58/46	6:23/44	5:55/55
+0:55 (18)	+10:22 (39)	+2:52 (18)	+0:20 (13)	+0:15 (27)	+1:50 (12)	+0:16 (8)	+0:29 (15)	+4:10 (10)	+1:42 (31)
1:19:02 (30)	1:20:04 (29)	1:23:17 (29)	1:24:44 (28)	1:27:05 (28)	1:27:44 (28)	1:28:14 (28)	1:28:14 (27)		
8:54/56	1:02/57	3:13/58	1:27/59	2:21/102	0:39/97	0:30/249			
+3:50 (35)	+0:09 (13)	+2:11 (20)	+0:14 (15)	+0:52 (25)	+0:11 (38)	+0:10 (34)	+0:00 (1)		
<b>28 Tuomas Fjällström</b>	<b>Kangasala SK</b>					<b>(8.50min/km)</b>		<b>1:28:36 (+23:38)</b>	
7:50 (28)	16:52 (35)	32:54 (27)	37:02 (31)	38:22 (30)	54:42 (31)	55:51 (29)	57:20 (26)	59:33 (15)	1:08:00 (19)
7:50/31	9:02/33	16:02/35	4:08/36	1:20/37	16:20/47	1:09/39	1:29/47	2:13/46	8:27/44
+1:38 (28)	+5:05 (33)	+3:08 (21)	+2:26 (45)	+0:14 (26)	+4:18 (27)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+4:14 (44)
1:13:04 (16)	1:19:52 (28)	1:20:54 (20)	1:24:01 (26)	1:25:30 (25)	1:27:44 (27)	1:28:14 (27)	1:28:36 (28)		
5:04/55	6:48/56	1:02/57	3:07/58	1:29/59	2:14/102	0:30/97	0:22/249		
+0:00 (1)	+5:55 (46)	+0:00 (1)	+1:54 (45)	+0:00 (1)	+1:46 (46)	+0:10 (34)	+0:00 (1)		
<b>29 Amund Beitnes</b>	<b>Pasvik Hauk, IL</b>					<b>(8.52min/km)</b>		<b>1:28:46 (+23:48)</b>	
8:47 (39)	13:56 (17)	30:41 (15)	33:12 (16)	34:51 (18)	51:20 (19)	53:05 (20)	55:28 (20)	1:03:27 (22)	1:09:38 (23)
8:47/31	5:09/33	16:45/35	2:31/36	1:39/37	16:29/39	1:45/47	2:23/46	7:59/44	6:11/55
+2:35 (39)	+1:12 (11)	+3:51 (25)	+0:49 (31)	+0:33 (42)	+4:27 (28)	+0:36 (28)	+0:54 (36)	+5:46 (32)	+1:58 (35)
1:18:08 (27)	1:19:23 (26)	1:22:58 (27)	1:24:49 (29)	1:27:39 (29)	1:28:15 (29)	1:28:46 (29)	1:28:46 (29)		
8:30/56	1:15/57	3:35/58	1:51/59	2:50/102	0:36/125	0:31/249			
+3:26 (33)	+0:22 (31)	+2:33 (31)	+0:38 (38)	+1:21 (41)	+0:08 (26)	+0:11 (39)	+0:00 (1)		
<b>30 Patrick Saile</b>	<b>Wellington Ranges OC</b>					<b>(8.56min/km)</b>		<b>1:29:10 (+24:12)</b>	
8:05 (31)	15:32 (28)	32:47 (25)	35:04 (25)	36:35 (26)	52:27 (24)	54:12 (24)	56:37 (25)	1:05:04 (29)	1:10:53 (29)
8:05/31	7:27/33	17:15/35	2:17/36	1:31/37	15:52/39	1:45/47	2:25/46	8:27/44	5:49/55
+1:53 (31)	+3:30 (28)	+4:21 (29)	+0:35 (23)	+0:25 (38)	+3:50 (24)	+0:36 (28)	+0:56 (38)	+6:14 (35)	+1:36 (29)
1:18:57 (29)	1:20:14 (30)	1:23:42 (30)	1:25:31 (30)	1:28:04 (30)	1:28:43 (30)	1:29:10 (30)	1:29:10 (30)		
8:04/56	1:17/57	3:28/58	1:49/59	2:33/102	0:39/97	0:27/249			
+3:00 (28)	+0:24 (35)	+2:26 (26)	+0:36 (36)	+1:04 (35)	+0:11 (38)	+0:07 (23)	+0:00 (1)		
<b>31 Tobias Eliasson</b>	<b>Sundsvalls OK</b>					<b>(8.60min/km)</b>		<b>1:29:35 (+24:37)</b>	
8:25 (37)	14:37 (23)	32:08 (22)	34:30 (22)	36:01 (23)	53:52 (27)	55:41 (27)	57:51 (30)	1:06:03 (32)	1:11:52 (32)
8:25/31	6:12/33	17:31/35	2:22/36	1:31/37	17:51/39	1:49/47	2:10/46	8:12/44	5:49/55
+2:13 (37)	+2:15 (22)	+4:37 (31)	+0:40 (29)	+0:25 (38)	+5:49 (36)	+0:40 (34)	+0:41 (25)	+5:59 (34)	+1:36 (29)
1:19:35 (31)	1:20:49 (31)	1:24:22 (31)	1:25:58 (31)	1:28:26 (31)	1:29:04 (31)	1:29:35 (31)	1:29:35 (31)		
7:43/56	1:14/57	3:33/58	1:36/59	2:28/102	0:38/97	0:31/249			
+2:39 (24)	+0:21 (30)	+2:31 (28)	+0:23 (29)	+0:59 (32)	+0:10 (36)	+0:11 (39)	+0:00 (1)		
<b>32 Rainer Kujala</b>	<b>Lynx - Finland</b>					<b>(8.65min/km)</b>		<b>1:30:09 (+25:11)</b>	
7:33 (25)	15:51 (30)	36:48 (35)	38:58 (34)	40:16 (34)	55:36 (33)	57:27 (33)	59:45 (33)	1:07:31 (34)	1:13:00 (34)
7:33/31	8:18/33	20:57/35	2:10/36	1:18/37	15:20/39	1:51/47	2:18/46	7:46/44	5:29/55
+1:21 (25)	+4:21 (29)	+8:03 (38)	+0:28 (19)	+0:12 (21)	+3:18 (20)	+0:42 (35)	+0:49 (33)	+5:33 (31)	+1:16 (22)
1:20:23 (32)	1:21:44 (32)	1:25:18 (32)	1:26:52 (32)	1:29:08 (32)	1:29:43 (32)	1:30:09 (32)	1:30:09 (32)		
7:23/56	1:21/57	3:34/58	1:34/59	2:16/102	0:35/97	0:26/249			
+2:19 (18)	+0:28 (36)	+2:32 (30)	+0:21 (24)	+0:47 (21)	+0:07 (22)	+0:06 (18)	+0:00 (1)		
<b>33 Anders Beyer Brattli</b>	<b>NTNUI</b>					<b>(8.69min/km)</b>		<b>1:30:36 (+25:38)</b>	
8:07 (32)	14:10 (19)	31:21 (18)	33:35 (17)	34:51 (17)	51:21 (20)	53:13 (21)	56:08 (22)	1:04:53 (28)	1:11:27 (31)
8:07/31	6:03/33	17:11/35	2:14/36	1:16/37	16:30/39	1:52/47	2:55/46	8:45/44	6:34/55
+1:55 (32)	+2:06 (20)	+4:17 (27)	+0:32 (20)	+0:10 (19)	+4:28 (29)	+0:43 (36)	+1:26 (41)	+6:32 (37)	+2:21 (37)
1:20:27 (33)	1:21:50 (33)	1:25:34 (33)	1:27:14 (33)	1:29:36 (33)	1:30:13 (33)	1:30:36 (33)	1:30:36 (33)		
9:00/56	1:23/57	3:44/58	1:40/59	2:22/102	0:37/97	0:23/249			
+3:56 (36)	+0:30 (37)	+2:42 (34)	+0:27 (33)	+0:53 (27)	+0:09 (33)	+0:03 (5)	+0:00 (1)		
<b>34 Raphael Stefanini</b>	<b>Kangasala SK</b>					<b>(8.74min/km)</b>		<b>1:31:07 (+26:09)</b>	
8:27 (38)	14:26 (21)	32:38 (24)	34:59 (24)	36:24 (24)	53:55 (28)	56:00 (31)	58:13 (31)	1:05:31 (30)	1:12:57 (33)
8:27/31	5:59/33	18:12/35	2:21/36	1:25/37	17:31/39	2:05/47	2:13/46	7:18/44	7:26/55
+2:15 (38)	+2:02 (17)	+5:18 (33)	+0:39 (27)	+0:19 (30)	+5:29 (34)	+0:56 (41)	+0:44 (28)	+5:05 (23)	+3:13 (40)

1:21:14 (34)	1:22:30 (34)	1:26:22 (34)	1:27:53 (34)	1:30:04 (34)	1:30:40 (34)	1:31:07 (34)	1:31:07 (34)		
8:17/56	1:16/57	3:52/58	1:31/59	2:11/102	0:36/97	0:27/249			
+3:13 (32)	+0:23 (33)	+2:50 (36)	+0:18 (19)	+0:42 (20)	+0:08 (26)	+0:07 (23)	+0:00 (1)		
<b>35 Don Staudte</b>		<b>Järä</b>			<b>(8.90min/km)</b>		<b>1:32:47</b>	<b>(+27:49)</b>	
9:09 (42)	15:11 (27)	33:46 (30)	36:20 (29)	37:58 (29)	55:04 (32)	57:00 (32)	59:34 (32)	1:08:30 (35)	1:14:15 (35)
9:09/31	6:02/33	18:35/35	2:34/36	1:38/37	17:06/39	1:56/47	2:34/46	8:56/44	5:45/55
+2:57 (42)	+2:05 (19)	+5:41 (35)	+0:52 (35)	+0:32 (41)	+5:04 (31)	+0:47 (38)	+1:05 (39)	+6:43 (39)	+1:32 (26)
1:22:51 (35)	1:24:04 (35)	1:27:36 (35)	1:29:15 (35)	1:31:39 (35)	1:32:13 (35)	1:32:47 (35)	1:32:47 (35)		
8:36/56	1:13/57	3:32/58	1:39/59	2:24/102	0:34/125	0:34/249			
+3:32 (34)	+0:20 (28)	+2:30 (27)	+0:26 (32)	+0:55 (29)	+0:06 (19)	+0:14 (44)	+0:00 (1)		
<b>36 Kristian Hines</b>		<b>Herringen IL</b>			<b>(9.41min/km)</b>		<b>1:38:03</b>	<b>(+33:05)</b>	
7:39 (26)	13:35 (15)	35:55 (34)	39:00 (35)	40:28 (35)	57:34 (36)	59:10 (36)	1:01:34 (36)	1:09:35 (36)	1:16:09 (36)
7:39/31	5:56/33	22:20/35	3:05/36	1:28/37	17:06/39	1:36/47	2:24/46	8:01/44	6:34/55
+1:27 (26)	+1:59 (16)	+9:26 (41)	+1:23 (42)	+0:22 (34)	+5:04 (31)	+0:27 (20)	+0:55 (37)	+5:48 (33)	+2:21 (37)
1:26:29 (36)	1:27:53 (36)	1:32:18 (36)	1:33:56 (36)	1:36:57 (36)	1:37:37 (36)	1:38:03 (36)	1:38:03 (36)		
10:20/56	1:24/57	4:25/58	1:38/59	3:01/102	0:40/97	0:26/249			
+5:16 (38)	+0:31 (39)	+3:23 (40)	+0:25 (31)	+1:32 (42)	+0:12 (40)	+0:06 (18)	+0:00 (1)		
<b>37 Jaakko Aho-Mantila</b>		<b>Helsingin Suunnistajat</b>			<b>(9.75min/km)</b>		<b>1:41:34</b>	<b>(+36:36)</b>	
6:44 (9)	26:39 (43)	42:25 (41)	45:15 (41)	46:34 (41)	1:04:02 (40)	1:05:41 (39)	1:07:50 (39)	1:14:10 (38)	1:20:18 (38)
6:44/31	19:55/33	15:46/35	2:50/36	1:19/37	17:28/39	1:39/47	2:09/46	6:20/44	6:08/55
+0:32 (9)	+15:58 (44)	+2:52 (18)	+1:08 (40)	+0:13 (23)	+5:26 (33)	+0:30 (23)	+0:40 (23)	+4:07 (9)	+1:55 (33)
1:27:44 (37)	1:32:56 (38)	1:36:17 (37)	1:37:50 (37)	1:40:11 (37)	1:40:58 (37)	1:41:34 (37)	1:41:34 (37)		
7:26/56	5:12/57	3:21/58	1:33/59	2:21/102	0:47/125	0:36/249			
+2:22 (19)	+4:19 (45)	+2:19 (25)	+0:20 (22)	+0:52 (25)	+0:19 (44)	+0:16 (45)	+0:00 (1)		
<b>38 Sven Lundbäck</b>		<b>Stora Tuna OK</b>			<b>(9.76min/km)</b>		<b>1:41:44</b>	<b>(+36:46)</b>	
8:10 (34)	23:43 (41)	42:17 (40)	44:39 (40)	46:07 (40)	1:04:10 (41)	1:06:04 (40)	1:08:24 (40)	1:17:03 (40)	1:23:21 (40)
8:10/31	15:33/33	18:34/35	2:22/36	1:28/37	18:03/39	1:54/47	2:20/46	8:39/44	6:18/55
+1:58 (34)	+11:36 (42)	+5:40 (34)	+0:40 (29)	+0:22 (34)	+6:01 (37)	+0:45 (37)	+0:51 (34)	+6:26 (36)	+2:05 (36)
1:31:32 (38)	1:32:55 (37)	1:36:28 (38)	1:38:09 (38)	1:40:37 (38)	1:41:15 (38)	1:41:44 (38)	1:41:44 (38)		
8:11/56	1:23/57	3:33/58	1:41/59	2:28/102	0:38/97	0:29/249			
+3:07 (30)	+0:30 (37)	+2:31 (28)	+0:28 (34)	+0:59 (32)	+0:10 (36)	+0:09 (31)	+0:00 (1)		
<b>39 Thomas Jansson</b>		<b>Jokkmokks SK</b>			<b>(10.56min/km)</b>		<b>1:50:01</b>	<b>(+45:03)</b>	
8:22 (36)	14:25 (20)	33:35 (29)	36:33 (30)	38:43 (32)	58:38 (37)	1:00:35 (37)	1:03:50 (37)	1:13:41 (37)	1:19:41 (37)
8:22/31	6:03/33	19:10/35	2:58/36	2:10/37	19:55/39	1:57/47	3:15/46	9:51/44	6:00/55
+2:10 (36)	+2:06 (20)	+6:16 (37)	+1:16 (41)	+1:04 (44)	+7:53 (39)	+0:48 (39)	+1:46 (44)	+7:38 (41)	+1:47 (32)
1:37:41 (39)	1:39:23 (39)	1:44:14 (39)	1:46:22 (39)	1:48:56 (39)	1:49:32 (39)	1:50:01 (39)	1:50:01 (39)		
18:00/56	1:42/57	4:51/58	2:08/59	2:34/102	0:36/97	0:29/249			
+12:56 (45)	+0:49 (40)	+3:49 (42)	+0:55 (42)	+1:05 (36)	+0:08 (26)	+0:09 (31)	+0:00 (1)		
<b>40 Pavel Kurfurst</b>		<b>FS Praha</b>			<b>(10.87min/km)</b>		<b>1:53:19</b>	<b>(+48:21)</b>	
9:06 (41)	15:48 (29)	37:38 (37)	41:37 (37)	43:05 (38)	1:03:58 (39)	1:06:24 (41)	1:09:19 (41)	1:19:56 (41)	1:27:49 (41)
9:06/31	6:42/33	21:50/35	3:59/36	1:28/37	20:53/39	2:26/47	2:55/46	10:37/44	7:53/55
+2:54 (41)	+2:45 (25)	+8:56 (40)	+2:17 (44)	+0:22 (34)	+8:51 (41)	+1:17 (43)	+1:26 (41)	+8:24 (43)	+3:40 (42)
1:39:41 (40)	1:40:52 (40)	1:45:18 (40)	1:48:42 (40)	1:52:06 (40)	1:52:50 (40)	1:53:19 (40)	1:53:19 (40)		
11:52/56	1:11/57	4:26/58	3:24/59	3:24/102	0:44/125	0:29/249			
+6:48 (42)	+0:18 (26)	+3:24 (41)	+2:11 (46)	+1:55 (44)	+0:16 (43)	+0:09 (31)	+0:00 (1)		
<b>41 Stefanini Léopold</b>		<b>GUC-CO (France)</b>			<b>(11.04min/km)</b>		<b>1:55:04</b>	<b>(+50:06)</b>	
9:24 (43)	15:04 (26)	46:41 (42)	49:12 (42)	50:44 (42)	1:11:34 (42)	1:13:17 (42)	1:15:30 (42)	1:24:33 (42)	1:30:41 (42)
9:24/31	5:40/33	31:37/35	2:31/36	1:32/37	20:50/39	1:43/47	2:13/46	9:03/44	6:08/55
+3:12 (43)	+1:43 (14)	+18:43 (46)	+0:49 (31)	+0:26 (40)	+8:48 (40)	+0:34 (27)	+0:44 (28)	+6:50 (40)	+1:55 (33)
1:42:05 (41)	1:45:14 (41)	1:49:36 (41)	1:51:26 (41)	1:54:05 (41)	1:54:40 (41)	1:55:04 (41)	1:55:04 (41)		
11:24/56	3:09/57	4:22/58	1:50/59	2:39/102	0:35/125	0:24/249			
+6:20 (40)	+2:16 (44)	+3:20 (39)	+0:37 (37)	+1:10 (38)	+0:07 (22)	+0:04 (7)	+0:00 (1)		
<b>42 Przemek Patejko</b>		<b>Gwardia Warszawa</b>			<b>(11.22min/km)</b>		<b>1:56:55</b>	<b>(+51:57)</b>	
8:14 (35)	14:41 (24)	35:53 (33)	38:37 (33)	40:01 (33)	1:01:01 (38)	1:02:58 (38)	1:06:07 (38)	1:16:30 (39)	1:23:12 (39)
8:14/31	6:27/33	21:12/35	2:44/36	1:24/37	21:00/39	1:57/47	3:09/46	10:23/44	6:42/55
+2:02 (35)	+2:30 (23)	+8:18 (39)	+1:02 (37)	+0:18 (29)	+8:58 (42)	+0:48 (39)	+1:40 (43)	+8:10 (42)	+2:29 (39)
1:46:11 (42)	1:47:27 (42)	1:51:14 (42)	1:53:06 (42)	1:55:48 (42)	1:56:25 (42)	1:56:55 (42)	1:56:55 (42)		
22:59/56	1:16/57	3:47/58	1:52/59	2:42/102	0:37/97	0:30/249			
+17:55 (46)	+0:23 (33)	+2:45 (35)	+0:39 (39)	+1:13 (40)	+0:09 (33)	+0:10 (34)	+0:00 (1)		

<b>43 Fredrik Eriksson</b>	<b>Bredaryds SOK</b>					<b>(11.38min/km)</b>		<b>1:58:35 (+53:37)</b>	
8:09 (33)	22:37 (40)	53:48 (45)	56:19 (45)	57:42 (44)	1:19:19 (43)	1:20:56 (43)	1:23:16 (43)	1:32:03 (43)	1:37:46 (43)
8:09/31	14:28/33	31:11/35	2:31/36	1:23/37	21:37/39	1:37/47	2:20/46	8:47/44	5:43/55
+1:57 (33)	+10:31 (40)	+18:17 (45)	+0:49 (31)	+0:17 (28)	+9:35 (43)	+0:28 (21)	+0:51 (34)	+6:34 (38)	+1:30 (25)
1:48:59 (43)	1:50:04 (43)	1:53:44 (43)	1:55:16 (43)	1:57:34 (43)	1:58:10 (43)	1:58:35 (43)	1:58:35 (43)		
11:13/56	1:05/57	3:40/58	1:32/59	2:18/102	0:36/97	0:25/249			
+6:09 (39)	+0:12 (17)	+2:38 (32)	+0:19 (21)	+0:49 (23)	+0:08 (26)	+0:05 (11)	+0:00 (1)		
<b>44 Tuomas Takaluoma</b>	<b>Tampereen Pyrintö</b>					<b>(13.32min/km)</b>		<b>2:18:46 (+1:13:48)</b>	
10:22 (45)	28:46 (46)	56:12 (46)	59:00 (46)	1:00:42 (46)	1:25:00 (44)	1:27:21 (44)	1:30:09 (44)	1:42:26 (44)	1:51:54 (44)
10:22/31	18:24/33	27:26/35	2:48/36	1:42/37	24:18/39	2:21/47	2:48/46	12:17/44	9:28/55
+4:10 (45)	+14:27 (43)	+14:32 (43)	+1:06 (39)	+0:36 (43)	+12:16 (44)	+1:12 (42)	+1:19 (40)	+10:04 (45)	+5:15 (45)
2:04:33 (44)	2:06:36 (44)	2:11:50 (44)	2:13:57 (44)	2:17:15 (44)	2:18:02 (44)	2:18:46 (44)	2:18:46 (44)		
12:39/56	2:03/57	5:14/58	2:07/59	3:18/102	0:47/125	0:44/249			
+7:35 (44)	+1:10 (42)	+4:12 (43)	+0:54 (41)	+1:49 (43)	+0:19 (44)	+0:24 (46)	+0:00 (1)		
<b>45 Nandor Harkanyi</b>	<b>Crazy Hungarian Cyclists</b>					<b>(13.75min/km)</b>		<b>2:23:19 (+1:18:21)</b>	
9:35 (44)	24:03 (42)	51:15 (44)	54:35 (43)	56:46 (43)	1:28:50 (45)	1:31:29 (45)	1:35:17 (45)	1:47:15 (45)	1:55:36 (45)
9:35/31	14:28/33	27:12/35	3:20/36	2:11/37	32:04/39	2:39/47	3:48/46	11:58/44	8:21/55
+3:23 (44)	+10:31 (40)	+14:18 (42)	+1:38 (43)	+1:05 (45)	+20:02 (45)	+1:30 (44)	+2:19 (45)	+9:45 (44)	+4:08 (43)
2:07:43 (45)	2:09:37 (45)	2:15:38 (45)	2:17:58 (45)	2:22:12 (45)	2:22:53 (45)	2:23:19 (45)	2:23:19 (45)		
12:07/56	1:54/57	6:01/58	2:20/59	4:14/102	0:41/97	0:26/249			
+7:03 (43)	+1:01 (41)	+4:59 (46)	+1:07 (44)	+2:45 (45)	+0:13 (42)	+0:06 (18)	+0:00 (1)		
<b>46 Arpad Harkanyi</b>	<b>Crazy Hungarian Cyclists</b>					<b>(15.48min/km)</b>		<b>2:41:17 (+1:36:19)</b>	
11:10 (46)	22:29 (39)	50:10 (43)	55:34 (44)	58:08 (45)	1:30:51 (46)	1:34:10 (46)	1:39:50 (46)	1:56:31 (46)	2:13:41 (46)
11:10/31	11:19/33	27:41/35	5:24/36	2:34/37	32:43/39	3:19/47	5:40/46	16:41/44	17:10/55
+4:58 (46)	+7:22 (37)	+14:47 (44)	+3:42 (46)	+1:28 (46)	+20:41 (46)	+2:10 (46)	+4:11 (46)	+14:28 (46)	+12:57 (46)
2:25:28 (46)	2:27:43 (46)	2:33:33 (46)	2:35:50 (46)	2:40:09 (46)	2:40:49 (46)	2:41:17 (46)	2:41:17 (46)		
11:47/56	2:15/57	5:50/58	2:17/59	4:19/102	0:40/125	0:28/249			
+6:43 (41)	+1:22 (43)	+4:48 (45)	+1:04 (43)	+2:50 (46)	+0:12 (40)	+0:08 (28)	+0:00 (1)		
<b>Gjermund Alfonsson Urset</b>	<b>BUL Tromsø</b>					<b>(0.00min/km)</b>		<b>Brutt</b>	
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
<b>Daniel Hjortvall</b>	<b>Hestra IF</b>					<b>(1.55min/km)</b>		<b>Disk</b>	
7:58 (30)	16:06 (33)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)
7:58/31	8:08/33								
+1:46 (30)	+4:11 (29)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)	16:06 (1)		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
<b>Marcus Enegren</b>	<b>Solf IK</b>					<b>(2.47min/km)</b>		<b>Disk</b>	
9:34 (44)	25:44 (43)	25:44 (6)	25:44 (3)	25:44 (1)	25:44 (1)	25:44 (1)	25:44 (1)	25:44 (1)	25:44 (1)
9:34/31	16:10/33								
+3:22 (44)	+12:13 (43)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
25:44 (1)	25:44 (1)	25:44 (1)	25:44 (1)	25:44 (1)	25:44 (1)	25:44 (1)	25:44 (1)		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
<b>Jakob Andersson</b>	<b>Bredaryds SOK</b>					<b>(7.74min/km)</b>		<b>Disk (+15:38)</b>	
8:27 (38)	13:59 (18)	27:58 (11)	30:11 (12)	33:22 (14)	46:30 (12)	47:59 (12)	49:51 (12)	56:43 (10)	1:02:28 (11)
8:27/31	5:32/33	13:59/35	2:13/36	3:11/37	13:08/39	1:29/47	1:52/46	6:52/44	5:45/55
+2:15 (38)	+1:35 (14)	+1:05 (7)	+0:31 (20)	+2:05 (47)	+1:06 (5)	+0:20 (16)	+0:23 (10)	+4:39 (19)	+1:32 (26)
1:11:57 (16)	1:16:18 (18)	1:17:48 (16)	1:19:49 (16)	1:20:15 (16)	1:20:36 (15)	1:20:36 (15)	1:20:36 (15)		
9:29/56	4:21/58	1:30/59	2:01/102	0:26/97	0:21/249				
+4:25 (37)	+3:28 (45)	+0:28 (2)	+0:48 (41)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
<b>Helge Midttun</b>	<b>Bardu IL</b>					<b>(9.50min/km)</b>		<b>Disk (+33:59)</b>	
8:46 (39)	13:43 (16)	32:43 (25)	35:08 (26)	56:02 (43)	57:39 (37)	59:59 (37)	1:06:54 (39)	1:12:47 (37)	1:21:52 (39)
8:46/31	4:57/33	19:00/35	2:25/36	20:54/39	1:37/47	2:20/46	6:55/44	5:53/55	9:05/56
+2:34 (39)	+1:00 (11)	+6:06 (37)	+0:43 (31)	+19:48 (47)	+0:00 (1)	+1:11 (42)	+5:26 (47)	+3:40 (5)	+4:52 (45)

1:29:26 (38) 1:33:01 (39) 1:34:46 (37) 1:37:45 (37) 1:38:26 (37) 1:38:57 (37) 1:38:57 (37) 1:38:57 (37)  
 7:34/57 3:35/58 1:45/59 2:59/102 0:41/97 0:31/249  
 +2:30 (22) +2:42 (45) +0:43 (2) +1:46 (45) +0:00 (1) +0:03 (8) +0:00 (1) +0:00 (1)

**Aapo Lindberg** **Rajamäen Rykmentti** **(9.59min/km)** **Disk (+34:58)**  
 8:23 (37) 13:12 (12) 16:02 (1) 39:15 (37) 41:38 (37) 43:12 (6) 1:01:45 (38) 1:03:42 (37) 1:06:05 (33) 1:14:09 (35)  
 8:23/31 4:49/34 2:50/33 23:13/35 2:23/36 1:34/37 18:33/39 1:57/47 2:23/46 8:04/44  
 +2:11 (37) +0:52 (11) +0:00 (1) +21:31 (47) +1:17 (46) +0:00 (1) +17:24 (47) +0:28 (14) +0:10 (2) +3:51 (43)  
 1:20:14 (32) 1:29:02 (37) 1:34:48 (37) 1:36:29 (37) 1:38:49 (37) 1:39:29 (37) 1:39:56 (37) 1:39:56 (37)  
 6:05/55 8:48/56 5:46/58 1:41/59 2:20/102 0:40/97 0:27/249  
 +1:01 (2) +7:55 (47) +4:44 (44) +0:28 (34) +0:51 (25) +0:12 (40) +0:07 (23) +0:00 (1)

## Klasse D13-14 3.3 km

20 påmeldt, 19 startende 7 premiert

**1 Ingrid Gulbrandsen** **Asker SK** **(9.93min/km)** **33:10**  
 7:05 (1) 10:16 (3) 16:23 (1) 17:37 (1) 21:18 (3) 25:36 (2) 28:38 (1) 30:50 (1) 32:03 (1) 32:42 (1)  
 7:05/87 3:11/92 6:07/103 1:14/95 3:41/94 4:18/74 3:02/60 2:12/61 1:13/102 0:39/125  
 +0:00 (1) +1:38 (13) +0:00 (1) +0:03 (3) +2:03 (12) +0:00 (1) +0:00 (1) +0:01 (2) +0:07 (3) +0:04 (3)  
 33:10 (1)  
 0:28/249  
 +0:05 (8)

**2 Ragnhild Femsteinevik** **Strand Ulv IL** **(9.95min/km)** **33:14 (+0:04)**  
 7:45 (2) 9:18 (1) 16:35 (2) 18:00 (2) 20:39 (1) 25:36 (1) 28:52 (2) 31:04 (2) 32:16 (2) 32:51 (2)  
 7:45/87 1:33/92 7:17/103 1:25/95 2:39/94 4:57/74 3:16/60 2:12/61 1:12/102 0:35/97  
 +0:40 (2) +0:00 (1) +1:10 (4) +0:14 (6) +1:01 (8) +0:39 (2) +0:14 (2) +0:01 (2) +0:06 (2) +0:00 (1)  
 33:14 (2)  
 0:23/249  
 +0:00 (1)

**3 Selma Øfsthus Gravir** **Asker SK** **(10.12min/km)** **33:49 (+0:39)**  
 9:06 (7) 10:41 (4) 18:01 (5) 19:12 (4) 20:58 (2) 25:57 (3) 29:16 (3) 31:27 (3) 32:42 (3) 33:20 (3)  
 9:06/87 1:35/92 7:20/103 1:11/95 1:46/94 4:59/74 3:19/60 2:11/61 1:15/102 0:38/97  
 +2:01 (7) +0:02 (2) +1:13 (6) +0:00 (1) +0:08 (2) +0:41 (3) +0:17 (4) +0:00 (1) +0:09 (5) +0:03 (2)  
 33:49 (3)  
 0:29/249  
 +0:06 (11)

**4 Ingvild Brekke** **Lillomarka OL** **(10.91min/km)** **36:26 (+3:16)**  
 9:05 (6) 11:08 (6) 17:40 (4) 19:30 (5) 22:37 (5) 28:23 (4) 31:41 (4) 34:14 (4) 35:20 (4) 36:01 (4)  
 9:05/87 2:03/92 6:32/103 1:50/95 3:07/94 5:46/74 3:18/60 2:33/61 1:06/102 0:41/97  
 +2:00 (6) +0:30 (8) +0:25 (2) +0:39 (9) +1:29 (9) +1:28 (7) +0:16 (3) +0:22 (5) +0:00 (1) +0:06 (5)  
 36:26 (4)  
 0:25/249  
 +0:02 (4)

**5 Heidi Jensen** **B&OI Orientering** **(11.57min/km)** **38:38 (+5:28)**  
 8:46 (5) 10:46 (5) 18:04 (6) 20:02 (6) 22:02 (4) 30:01 (5) 33:31 (5) 36:10 (5) 37:30 (5) 38:12 (5)  
 8:46/87 2:00/92 7:18/103 1:58/95 2:00/94 7:59/74 3:30/60 2:39/61 1:20/102 0:42/97  
 +1:41 (5) +0:27 (7) +1:11 (5) +0:47 (13) +0:22 (4) +3:41 (16) +0:28 (5) +0:28 (8) +0:14 (6) +0:07 (6)  
 38:38 (5)  
 0:26/249  
 +0:03 (6)

**6 Maria Bech Umland** **Korgen IL** **(12.08min/km)** **40:21 (+7:11)**  
 9:37 (9) 11:26 (8) 20:33 (8) 22:36 (8) 25:57 (8) 31:38 (7) 35:14 (6) 37:49 (6) 39:11 (6) 39:50 (6)  
 9:37/87 1:49/92 9:07/103 2:03/95 3:21/94 5:41/74 3:36/60 2:35/61 1:22/102 0:39/97  
 +2:32 (9) +0:16 (4) +3:00 (10) +0:52 (14) +1:43 (10) +1:23 (6) +0:34 (7) +0:24 (7) +0:16 (8) +0:04 (3)  
 40:21 (6)  
 0:31/249  
 +0:08 (14)

**7 Ingvild Oxaas Wie** **Mo OK** **(12.82min/km)** **42:50 (+9:40)**  
 10:58 (11) 12:53 (9) 20:06 (7) 21:18 (7) 23:17 (6) 31:15 (6) 35:23 (7) 39:14 (7) 41:42 (7) 42:24 (7)  
 10:58/87 1:55/92 7:13/103 1:12/95 1:59/94 7:58/74 4:08/60 3:51/61 2:28/102 0:42/97  
 +3:53 (11) +0:22 (6) +1:06 (3) +0:01 (2) +0:21 (3) +3:40 (15) +1:06 (11) +1:40 (15) +1:22 (17) +0:07 (6)

42:50 (7)  
0:26/249  
+0:03 (6)

8 Sigrid Wanvik Haugen Stjørdals-Blink Orientering (13.23min/km) **44:11 (+11:01)**  
10:32 (10) 13:51 (11) 21:47 (9) 23:41 (10) 27:23 (9) 34:00 (9) 37:46 (9) 40:59 (8) 42:48 (8) 43:40 (8)  
10:32/87 3:19/92 7:56/103 1:54/95 3:42/94 6:37/74 3:46/60 3:13/61 1:49/102 0:52/125  
+3:27 (10) +1:46 (14) +1:49 (8) +0:43 (10) +2:04 (13) +2:19 (10) +0:44 (9) +1:02 (11) +0:43 (14) +0:17 (14)  
44:11 (8)  
0:31/249  
+0:08 (14)

9 Kaja Bø Timestad Freidig (13.35min/km) **44:35 (+11:25)**  
11:18 (13) 13:59 (14) 22:26 (10) 23:40 (9) 25:18 (7) 32:45 (8) 36:59 (8) 41:04 (9) 43:23 (9) 44:06 (9)  
11:18/87 2:41/92 8:27/103 1:14/95 1:38/94 7:27/74 4:14/60 4:05/61 2:19/102 0:43/97  
+4:13 (13) +1:08 (12) +2:20 (9) +0:03 (3) +0:00 (1) +3:09 (13) +1:12 (12) +1:54 (17) +1:13 (16) +0:08 (8)  
44:35 (9)  
0:29/249  
+0:06 (11)

10 Kari Fuglestad Ålgård Orientering (13.77min/km) **45:59 (+12:49)**  
8:10 (3) 9:59 (2) 17:36 (3) 18:56 (3) 28:24 (10) 36:31 (10) 40:14 (10) 43:24 (10) 44:46 (10) 45:31 (10)  
8:10/87 1:49/92 7:37/103 1:20/95 9:28/94 8:07/74 3:43/60 3:10/61 1:22/102 0:45/97  
+1:05 (3) +0:16 (4) +1:30 (7) +0:09 (5) +7:50 (17) +3:49 (17) +0:41 (8) +0:59 (9) +0:16 (8) +0:10 (9)  
45:59 (10)  
0:28/249  
+0:05 (8)

11 Lina Åhlund Nolaskogsarna, OK - Sverige (13.93min/km) **46:32 (+13:22)**  
13:27 (15) 15:13 (15) 26:38 (13) 28:35 (12) 32:24 (12) 37:55 (12) 41:28 (11) 44:00 (11) 45:20 (11) 46:08 (11)  
13:27/87 1:46/92 11:25/103 1:57/95 3:49/94 5:31/74 3:33/60 2:32/61 1:20/102 0:48/97  
+6:22 (15) +0:13 (3) +5:18 (14) +0:46 (12) +2:11 (14) +1:13 (5) +0:31 (6) +0:21 (4) +0:14 (6) +0:13 (12)  
46:32 (11)  
0:24/249  
+0:01 (2)

12 Siiri Itkonen Lapin Veikot Finland (14.44min/km) **48:14 (+15:04)**  
11:10 (12) 13:21 (10) 24:22 (11) 26:31 (11) 30:09 (11) 37:35 (11) 41:57 (12) 45:23 (12) 46:50 (12) 47:45 (12)  
11:10/87 2:11/92 11:01/103 2:09/95 3:38/94 7:26/74 4:22/60 3:26/61 1:27/102 0:55/97  
+4:05 (12) +0:38 (9) +4:54 (12) +0:58 (15) +2:00 (11) +3:08 (12) +1:20 (14) +1:15 (12) +0:21 (10) +0:20 (16)  
48:14 (12)  
0:29/249  
+0:06 (11)

13 Atalie Pedersen Bjerkvik IF (15.53min/km) **51:52 (+18:42)**  
11:40 (14) 13:58 (13) 25:21 (12) 30:12 (13) 32:49 (13) 40:33 (13) 45:23 (13) 48:57 (13) 50:41 (13) 51:27 (13)  
11:40/87 2:18/92 11:23/103 4:51/95 2:37/94 7:44/74 4:50/60 3:34/61 1:44/102 0:46/125  
+4:35 (14) +0:45 (10) +5:16 (13) +3:40 (18) +0:59 (7) +3:26 (14) +1:48 (17) +1:23 (14) +0:38 (13) +0:11 (11)  
51:52 (13)  
0:25/249  
+0:02 (4)

14 Sigrid Solheim Stjørdals-Blink Orientering (16.75min/km) **55:57 (+22:47)**  
9:07 (8) 11:25 (7) 34:18 (16) 36:01 (16) 38:36 (16) 44:56 (16) 49:14 (15) 52:24 (14) 54:30 (15) 55:20 (14)  
9:07/87 2:18/92 22:53/103 1:43/95 2:35/94 6:20/74 4:18/60 3:10/61 2:06/102 0:50/97  
+2:02 (8) +0:45 (10) +16:46 (18) +0:32 (7) +0:57 (6) +2:02 (9) +1:16 (13) +0:59 (9) +1:00 (15) +0:15 (13)  
55:57 (14)  
0:37/249  
+0:14 (18)

15 Astrid Bro Kolstø Stjørdals-Blink Orientering (16.76min/km) **55:59 (+22:49)**  
14:11 (16) 17:48 (16) 32:23 (15) 34:19 (15) 36:29 (14) 43:51 (15) 48:39 (14) 52:48 (15) 54:28 (14) 55:23 (15)  
14:11/87 3:37/92 14:35/103 1:56/95 2:10/94 7:22/74 4:48/60 4:09/61 1:40/102 0:55/97  
+7:06 (16) +2:04 (15) +8:28 (15) +0:45 (11) +0:32 (5) +3:04 (11) +1:46 (16) +1:58 (18) +0:34 (12) +0:20 (16)  
55:59 (15)  
0:36/249  
+0:13 (16)

16 Ragnhild Løvli Asker SK (17.27min/km) 57:41 (+24:31)

8:42 (4)	13:53 (12)	34:59 (17)	37:18 (17)	43:49 (17)	48:57 (17)	52:46 (17)	55:19 (16)	56:32 (16)	57:17 (16)
8:42/87	5:11/92	21:06/103	2:19/95	6:31/94	5:08/74	3:49/60	2:33/61	1:13/102	0:45/125
+1:37 (4)	+3:38 (17)	+14:59 (17)	+1:08 (16)	+4:53 (16)	+0:50 (4)	+0:47 (10)	+0:22 (5)	+0:07 (3)	+0:10 (9)

57:41 (16)  
0:24/249  
+0:01 (2)

17 Lina Snickars Solf IK (17.49min/km) 58:25 (+25:15)

15:07 (17)	21:59 (17)	31:31 (14)	33:18 (14)	37:32 (15)	43:20 (14)	51:21 (16)	55:25 (17)	56:55 (17)	57:49 (17)
15:07/87	6:52/92	9:32/103	1:47/95	4:14/94	5:48/74	8:01/60	4:04/61	1:30/102	0:54/125
+8:02 (17)	+5:19 (18)	+3:25 (11)	+0:36 (8)	+2:36 (15)	+1:30 (8)	+4:59 (18)	+1:53 (16)	+0:24 (11)	+0:19 (15)

58:25 (17)  
0:36/249  
+0:13 (16)

18 Amanda Smeds Solf IK (29.26min/km) 1:37:43 (+1:04:33)

36:26 (18)	40:57 (18)	59:56 (18)	1:04:12 (18)	1:15:45 (18)	1:24:29 (18)	1:29:10 (18)	1:32:38 (18)	1:36:19 (18)	1:37:15 (18)
36:26/87	4:31/92	18:59/103	4:16/95	11:33/94	8:44/74	4:41/60	3:28/61	3:41/102	0:56/125
+29:21 (18)	+2:58 (16)	+12:52 (16)	+3:05 (17)	+9:55 (18)	+4:26 (18)	+1:39 (15)	+1:17 (13)	+2:35 (18)	+0:21 (18)

1:37:43 (18)  
0:28/249  
+0:05 (8)

Kaja Bråten Løvold Asker SK (9.99min/km) Disk (+0:12)

7:47 (3)	9:17 (1)	14:43 (1)	16:25 (1)	19:47 (1)	24:44 (1)	30:29 (4)	32:20 (4)	32:54 (4)	33:22 (4)
7:47/87	1:30/92	5:26/103	1:42/95	3:22/94	4:57/74	5:45/61	1:51/102	0:34/125	0:28/249
+0:42 (3)	+0:00 (1)	+0:00 (1)	+0:31 (7)	+1:44 (11)	+0:39 (2)	+2:43 (18)	+0:00 (1)	+0:00 (1)	+0:00 (1)

33:22 (3)  
+0:00 (1)

## Klasse D35- 5.9 km

9 påmeldt, 9 startende 1 premiert

1 Jenny Røjgård Kolmården, OK (9.44min/km) 55:37

9:39 (1)	15:18 (1)	17:08 (1)	25:03 (1)	30:58 (1)	33:46 (1)	34:39 (1)	40:20 (1)	42:37 (1)	46:08 (1)
9:39/31	5:39/34	1:50/33	7:55/49	5:55/50	2:48/40	0:53/48	5:41/82	2:17/103	3:31/57
+0:00 (1)	+0:00 (1)	+0:11 (2)	+0:00 (1)	+1:11 (4)	+0:01 (2)	+0:02 (3)	+0:00 (1)	+0:09 (3)	+0:00 (1)

48:10 (1) 51:08 (1) 53:35 (1) 55:04 (1) 55:37 (1)  
2:02/74 2:58/60 2:27/61 1:29/97 0:33/249  
+0:08 (4) +0:00 (1) +0:00 (1) +0:00 (1) +0:08 (5)

2 Marte Indregard BUL Tromsø (10.26min/km) 1:00:27 (+4:50)

10:08 (2)	16:39 (2)	18:39 (2)	27:12 (2)	34:25 (2)	37:51 (2)	38:42 (2)	44:48 (2)	46:56 (2)	50:50 (2)
10:08/31	6:31/34	2:00/33	8:33/49	7:13/50	3:26/40	0:51/48	6:06/82	2:08/103	3:54/57
+0:29 (2)	+0:52 (2)	+0:21 (3)	+0:38 (2)	+2:29 (5)	+0:39 (6)	+0:00 (1)	+0:25 (2)	+0:00 (1)	+0:23 (2)

52:44 (2) 55:59 (2) 58:32 (2) 1:00:02 (2) 1:00:27 (2)  
1:54/74 3:15/60 2:33/61 1:30/97 0:25/249  
+0:00 (1) +0:17 (2) +0:06 (3) +0:01 (2) +0:00 (1)

3 Trine Alsos Harstad OL (11.23min/km) 1:06:08 (+10:31)

11:24 (4)	18:11 (3)	20:22 (3)	30:05 (3)	35:12 (3)	38:47 (3)	39:39 (3)	46:51 (3)	49:17 (3)	54:17 (3)
11:24/31	6:47/34	2:11/33	9:43/49	5:07/50	3:35/40	0:52/48	7:12/82	2:26/103	5:00/57
+1:45 (4)	+1:08 (3)	+0:32 (4)	+1:48 (3)	+0:23 (2)	+0:48 (7)	+0:01 (2)	+1:31 (7)	+0:18 (4)	+1:29 (8)

56:44 (3) 1:00:33 (3) 1:03:52 (3) 1:05:37 (3) 1:06:08 (3)  
2:27/74 3:49/60 3:19/61 1:45/97 0:31/249  
+0:33 (8) +0:51 (7) +0:52 (9) +0:16 (7) +0:06 (4)

4 Lotta Wasström Solf IK (11.96min/km) 1:10:26 (+14:49)

16:22 (8)	23:30 (8)	25:51 (7)	38:32 (6)	43:40 (6)	46:27 (5)	47:26 (5)	54:20 (4)	56:31 (4)	1:00:31 (4)
16:22/31	7:08/34	2:21/33	12:41/49	5:08/50	2:47/40	0:59/48	6:54/82	2:11/103	4:00/57
+6:43 (8)	+1:29 (4)	+0:42 (5)	+4:46 (7)	+0:24 (3)	+0:00 (1)	+0:08 (5)	+1:13 (6)	+0:03 (2)	+0:29 (4)

1:02:26 (4) 1:06:00 (4) 1:08:27 (4) 1:09:59 (4) 1:10:26 (4)  
1:55/74 3:34/60 2:27/61 1:32/97 0:27/249  
+0:01 (2) +0:36 (4) +0:00 (1) +0:03 (4) +0:02 (2)

<b>5</b>	<b>Susanne Karlsson</b>		<b>Denseln, OK</b>			<b>(12.52min/km)</b>	<b>1:13:46 (+18:09)</b>			
	10:34 (3)	18:49 (5)	29:41 (8)	41:09 (7)	45:53 (7)	49:14 (7)	50:08 (7)	56:59 (7)	59:26 (6)	1:03:24 (6)
	10:34/31	8:15/34	10:52/33	11:28/49	4:44/50	3:21/40	0:54/48	6:51/82	2:27/103	3:58/57
	+0:55 (3)	+2:36 (9)	+9:13 (9)	+3:33 (5)	+0:00 (1)	+0:34 (5)	+0:03 (4)	+1:10 (5)	+0:19 (5)	+0:27 (3)
	1:05:24 (6)	1:08:56 (5)	1:11:37 (5)	1:13:12 (5)	1:13:46 (5)					
	2:00/74	3:32/60	2:41/61	1:35/125	0:34/249					
	+0:06 (3)	+0:34 (3)	+0:14 (4)	+0:06 (5)	+0:09 (7)					
<b>6</b>	<b>Elina Sillanpää</b>		<b>Pohjantähti, SK</b>			<b>(12.74min/km)</b>	<b>1:15:02 (+19:25)</b>			
	11:59 (6)	19:44 (6)	22:17 (5)	33:32 (4)	41:36 (4)	45:25 (4)	46:41 (4)	55:00 (5)	58:13 (5)	1:02:41 (5)
	11:59/31	7:45/34	2:33/33	11:15/49	8:04/50	3:49/40	1:16/48	8:19/82	3:13/103	4:28/57
	+2:20 (6)	+2:06 (6)	+0:54 (7)	+3:20 (4)	+3:20 (7)	+1:02 (8)	+0:25 (8)	+2:38 (9)	+1:05 (9)	+0:57 (6)
	1:05:23 (5)	1:09:17 (6)	1:12:24 (6)	1:14:24 (6)	1:15:02 (6)					
	2:42/74	3:54/60	3:07/61	2:00/97	0:38/249					
	+0:48 (9)	+0:56 (8)	+0:40 (8)	+0:31 (9)	+0:13 (8)					
<b>7</b>	<b>Gøril Flatberg</b>		<b>Rikshospitalet</b>			<b>(13.04min/km)</b>	<b>1:16:48 (+21:11)</b>			
	13:07 (7)	21:00 (7)	23:51 (6)	35:29 (5)	43:22 (5)	47:13 (6)	48:38 (6)	56:48 (6)	59:54 (7)	1:05:00 (7)
	13:07/31	7:53/34	2:51/33	11:38/49	7:53/50	3:51/40	1:25/48	8:10/82	3:06/103	5:06/57
	+3:28 (7)	+2:14 (7)	+1:12 (8)	+3:43 (6)	+3:09 (6)	+1:04 (9)	+0:34 (9)	+2:29 (8)	+0:58 (8)	+1:35 (9)
	1:07:21 (7)	1:11:20 (7)	1:14:15 (7)	1:16:07 (7)	1:16:48 (7)					
	2:21/74	3:59/60	2:55/61	1:52/97	0:41/249					
	+0:27 (7)	+1:01 (9)	+0:28 (7)	+0:23 (8)	+0:16 (9)					
<b>8</b>	<b>Angelica Brandqvist</b>		<b>Tibro OK</b>			<b>(16.30min/km)</b>	<b>1:36:00 (+40:23)</b>			
	21:21 (9)	29:22 (9)	31:01 (9)	57:04 (8)	1:07:14 (8)	1:10:32 (8)	1:11:39 (8)	1:18:20 (8)	1:20:52 (8)	1:25:21 (8)
	21:21/31	8:01/34	1:39/33	26:03/49	10:10/50	3:18/40	1:07/48	6:41/82	2:32/103	4:29/57
	+11:42 (9)	+2:22 (8)	+0:00 (1)	+18:08 (8)	+5:26 (8)	+0:31 (3)	+0:16 (7)	+1:00 (3)	+0:24 (7)	+0:58 (7)
	1:27:23 (8)	1:31:08 (8)	1:33:54 (8)	1:35:30 (8)	1:36:00 (8)					
	2:02/74	3:45/60	2:46/61	1:36/125	0:30/249					
	+0:08 (4)	+0:47 (5)	+0:19 (5)	+0:07 (6)	+0:05 (3)					
<b>9</b>	<b>Therese Lervik</b>		<b>Solf IK</b>			<b>(17.17min/km)</b>	<b>1:41:08 (+45:31)</b>			
	11:29 (5)	18:41 (4)	21:06 (4)	1:02:02 (9)	1:12:13 (9)	1:15:31 (9)	1:16:37 (9)	1:23:27 (9)	1:25:55 (9)	1:30:18 (9)
	11:29/31	7:12/34	2:25/33	40:56/49	10:11/50	3:18/40	1:06/48	6:50/82	2:28/103	4:23/57
	+1:50 (5)	+1:33 (5)	+0:46 (6)	+33:01 (9)	+5:27 (9)	+0:31 (3)	+0:15 (6)	+1:09 (4)	+0:20 (6)	+0:52 (5)
	1:32:25 (9)	1:36:12 (9)	1:39:04 (9)	1:40:35 (9)	1:41:08 (9)					
	2:07/74	3:47/60	2:52/61	1:31/97	0:33/249					
	+0:13 (6)	+0:49 (6)	+0:25 (6)	+0:02 (3)	+0:08 (5)					

## Klasse H35- 8.9 km

12 påmeldt, 12 startende 1 premiert

<b>1</b>	<b>Jon Magne Svendsbøe</b>		<b>Gular, IL</b>			<b>(7.42min/km)</b>	<b>1:05:46</b>			
	11:57 (1)	13:25 (1)	19:59 (1)	30:05 (1)	32:08 (1)	39:06 (1)	42:30 (1)	44:33 (1)	50:45 (1)	57:53 (1)
	11:57/34	1:28/33	6:34/49	10:06/35	2:03/36	6:58/41	3:24/43	2:03/44	6:12/55	7:08/32
	+0:00 (1)	+0:02 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:13 (4)	+0:50 (4)	+0:00 (1)
	58:40 (1)	1:02:17 (1)	1:04:06 (1)	1:05:20 (1)	1:05:46 (1)					
	0:47/57	3:37/60	1:49/61	1:14/97	0:26/249					
	+0:03 (4)	+0:00 (1)	+0:01 (3)	+0:01 (2)	+0:01 (2)					
<b>2</b>	<b>Lars Jøran Sundsdal</b>		<b>Sør, OK</b>			<b>(7.91min/km)</b>	<b>1:10:06 (+4:20)</b>			
	13:07 (3)	14:33 (2)	22:12 (2)	33:04 (2)	35:37 (2)	42:55 (2)	46:32 (2)	48:32 (2)	53:54 (2)	1:01:57 (2)
	13:07/34	1:26/33	7:39/49	10:52/35	2:33/36	7:18/41	3:37/43	2:00/44	5:22/55	8:03/32
	+1:10 (3)	+0:00 (1)	+1:05 (2)	+0:46 (3)	+0:30 (4)	+0:20 (2)	+0:13 (2)	+0:10 (3)	+0:00 (1)	+0:55 (3)
	1:02:41 (2)	1:06:26 (2)	1:08:18 (2)	1:09:39 (2)	1:10:06 (2)					
	0:44/57	3:45/60	1:52/61	1:21/97	0:27/249					
	+0:00 (1)	+0:08 (2)	+0:04 (4)	+0:08 (3)	+0:02 (3)					
<b>3</b>	<b>Håvard Telstø</b>		<b>Etnedal IL</b>			<b>(8.05min/km)</b>	<b>1:11:21 (+5:35)</b>			
	12:54 (2)	14:57 (3)	22:51 (4)	33:12 (3)	35:42 (3)	43:21 (3)	47:42 (3)	49:32 (3)	55:13 (3)	1:02:54 (3)
	12:54/34	2:03/33	7:54/49	10:21/35	2:30/36	7:39/41	4:21/43	1:50/44	5:41/55	7:41/32
	+0:57 (2)	+0:37 (10)	+1:20 (4)	+0:15 (2)	+0:27 (3)	+0:41 (3)	+0:57 (4)	+0:00 (1)	+0:19 (3)	+0:33 (2)
	1:03:42 (3)	1:07:44 (3)	1:09:32 (3)	1:10:53 (3)	1:11:21 (3)					
	0:48/57	4:02/60	1:48/61	1:21/97	0:28/249					
	+0:04 (5)	+0:25 (4)	+0:00 (1)	+0:08 (3)	+0:03 (4)					

<b>4</b>	<b>Björn Karlsson</b>		<b>Denseln, OK</b>		<b>(8.41min/km)</b>	<b>1:14:32</b>	<b>(+8:46)</b>			
	13:29 (4)	14:58 (4)	22:46 (3)	33:46 (4)	36:12 (4)	44:45 (4)	48:30 (4)	50:26 (4)	55:57 (4)	1:06:09 (4)
	13:29/34	1:29/33	7:48/49	11:00/35	2:26/36	8:33/41	3:45/43	1:56/44	5:31/55	10:12/32
	+1:32 (4)	+0:03 (3)	+1:14 (3)	+0:54 (4)	+0:23 (2)	+1:35 (4)	+0:21 (3)	+0:06 (2)	+0:09 (2)	+3:04 (6)
	1:06:55 (4)	1:10:53 (4)	1:12:41 (4)	1:14:02 (4)	1:14:32 (4)					
	0:46/57	3:58/60	1:48/61	1:21/125	0:30/249					
	+0:02 (3)	+0:21 (3)	+0:00 (1)	+0:08 (3)	+0:05 (6)					
<b>5</b>	<b>Magnus Oredsson</b>		<b>Östersunds OK</b>		<b>(9.79min/km)</b>	<b>1:26:45</b>	<b>(+20:59)</b>			
	15:38 (7)	17:26 (7)	26:17 (7)	41:08 (8)	43:55 (8)	53:12 (8)	57:52 (7)	1:00:28 (6)	1:07:10 (6)	1:16:50 (5)
	15:38/34	1:48/33	8:51/49	14:51/35	2:47/36	9:17/41	4:40/43	2:36/44	6:42/55	9:40/32
	+3:41 (7)	+0:22 (7)	+2:17 (5)	+4:45 (8)	+0:44 (7)	+2:19 (6)	+1:16 (5)	+0:46 (6)	+1:20 (6)	+2:32 (5)
	1:17:35 (5)	1:22:27 (5)	1:24:51 (5)	1:26:17 (5)	1:26:45 (5)					
	0:45/57	4:52/60	2:24/61	1:26/97	0:28/249					
	+0:01 (2)	+1:15 (8)	+0:36 (7)	+0:13 (8)	+0:03 (4)					
<b>6</b>	<b>Patrik Blidefalk</b>		<b>Södertörn, OK</b>		<b>(9.80min/km)</b>	<b>1:26:52</b>	<b>(+21:06)</b>			
	14:38 (5)	16:31 (6)	25:30 (6)	39:22 (5)	43:31 (7)	52:49 (7)	57:53 (8)	1:00:34 (7)	1:07:15 (7)	1:17:39 (7)
	14:38/34	1:53/33	8:59/49	13:52/35	4:09/36	9:18/41	5:04/43	2:41/44	6:41/55	10:24/32
	+2:41 (5)	+0:27 (8)	+2:25 (6)	+3:46 (6)	+2:06 (11)	+2:20 (7)	+1:40 (8)	+0:51 (9)	+1:19 (5)	+3:16 (7)
	1:18:33 (7)	1:22:49 (7)	1:25:00 (6)	1:26:21 (6)	1:26:52 (6)					
	0:54/57	4:16/60	2:11/61	1:21/125	0:31/249					
	+0:10 (6)	+0:39 (5)	+0:23 (6)	+0:08 (3)	+0:06 (8)					
<b>7</b>	<b>Tero Karvinen</b>		<b>Ounasvaaran Hiihtoseura</b>		<b>(9.81min/km)</b>	<b>1:26:55</b>	<b>(+21:09)</b>			
	16:00 (8)	18:01 (8)	27:04 (8)	39:29 (6)	42:07 (5)	51:16 (5)	56:05 (5)	58:45 (5)	1:06:06 (5)	1:17:09 (6)
	16:00/34	2:01/33	9:03/49	12:25/35	2:38/36	9:09/41	4:49/43	2:40/44	7:21/55	11:03/32
	+4:03 (8)	+0:35 (9)	+2:29 (7)	+2:19 (5)	+0:35 (5)	+2:11 (5)	+1:25 (6)	+0:50 (8)	+1:59 (7)	+3:55 (8)
	1:18:12 (6)	1:22:35 (6)	1:25:03 (7)	1:26:25 (7)	1:26:55 (7)					
	1:03/57	4:23/60	2:28/61	1:22/97	0:30/249					
	+0:19 (9)	+0:46 (6)	+0:40 (9)	+0:09 (7)	+0:05 (6)					
<b>8</b>	<b>Tomi Rinne</b>		<b>KooVee</b>		<b>(9.90min/km)</b>	<b>1:27:41</b>	<b>(+21:55)</b>			
	14:40 (6)	16:18 (5)	25:23 (5)	39:58 (7)	42:40 (6)	52:17 (6)	57:10 (6)	1:01:42 (8)	1:09:48 (8)	1:18:36 (8)
	14:40/34	1:38/33	9:05/49	14:35/35	2:42/36	9:37/41	4:53/43	4:32/44	8:06/55	8:48/32
	+2:43 (6)	+0:12 (5)	+2:31 (8)	+4:29 (7)	+0:39 (6)	+2:39 (8)	+1:29 (7)	+2:42 (11)	+2:44 (9)	+1:40 (4)
	1:19:33 (8)	1:24:10 (8)	1:26:03 (8)	1:27:16 (8)	1:27:41 (8)					
	0:57/57	4:37/60	1:53/61	1:13/97	0:25/249					
	+0:13 (7)	+1:00 (7)	+0:05 (5)	+0:00 (1)	+0:00 (1)					
<b>9</b>	<b>Truls Fjeldstad</b>		<b>Porsgrunn OL</b>		<b>(11.88min/km)</b>	<b>1:45:13</b>	<b>(+39:27)</b>			
	17:09 (9)	18:55 (9)	30:33 (9)	47:28 (9)	50:41 (9)	1:00:59 (9)	1:06:47 (9)	1:09:26 (9)	1:16:47 (9)	1:34:39 (9)
	17:09/34	1:46/33	11:38/49	16:55/35	3:13/36	10:18/41	5:48/43	2:39/44	7:21/55	17:52/32
	+5:12 (9)	+0:20 (6)	+5:04 (11)	+6:49 (10)	+1:10 (9)	+3:20 (9)	+2:24 (9)	+0:49 (7)	+1:59 (7)	+10:44 (10)
	1:35:41 (9)	1:40:42 (9)	1:43:07 (9)	1:44:38 (9)	1:45:13 (9)					
	1:02/57	5:01/60	2:25/61	1:31/125	0:35/249					
	+0:18 (8)	+1:24 (10)	+0:37 (8)	+0:18 (9)	+0:10 (10)					
<b>10</b>	<b>Tommi Sillanpää</b>		<b>Pohjantähti, SK</b>		<b>(13.20min/km)</b>	<b>1:56:59</b>	<b>(+51:13)</b>			
	22:43 (11)	24:18 (11)	33:27 (10)	48:23 (10)	51:10 (10)	1:01:35 (10)	1:12:14 (10)	1:14:39 (10)	1:27:06 (10)	1:45:18 (10)
	22:43/34	1:35/33	9:09/49	14:56/35	2:47/36	10:25/41	10:39/43	2:25/44	12:27/55	18:12/32
	+10:46 (11)	+0:09 (4)	+2:35 (9)	+4:50 (9)	+0:44 (7)	+3:27 (10)	+7:15 (11)	+0:35 (5)	+7:05 (11)	+11:04 (11)
	1:46:52 (10)	1:51:47 (10)	1:54:49 (10)	1:56:23 (10)	1:56:59 (10)					
	1:34/57	4:55/60	3:02/61	1:34/97	0:36/249					
	+0:50 (11)	+1:18 (9)	+1:14 (11)	+0:21 (10)	+0:11 (11)					
<b>11</b>	<b>Fredrik Kempe</b>		<b>Denseln, OK</b>		<b>(13.52min/km)</b>	<b>1:59:45</b>	<b>(+53:59)</b>			
	20:57 (10)	23:28 (10)	33:58 (11)	55:09 (11)	58:55 (11)	1:12:30 (11)	1:19:50 (11)	1:22:48 (11)	1:32:26 (11)	1:46:41 (11)
	20:57/34	2:31/33	10:30/49	21:11/35	3:46/36	13:35/41	7:20/43	2:58/44	9:38/55	14:15/32
	+9:00 (10)	+1:05 (11)	+3:56 (10)	+11:05 (11)	+1:43 (10)	+6:37 (11)	+3:56 (10)	+1:08 (10)	+4:16 (10)	+7:07 (9)
	1:47:53 (11)	1:54:10 (11)	1:57:09 (11)	1:59:12 (11)	1:59:45 (11)					
	1:12/57	6:17/60	2:59/61	2:03/97	0:33/249					
	+0:28 (10)	+2:40 (11)	+1:11 (10)	+0:50 (11)	+0:08 (9)					
	<b>Fredrik Sundin</b>		<b>Linné, OK</b>		<b>(7.83min/km)</b>	<b>Disk</b>	<b>(+3:37)</b>			
	12:58 (3)	14:29 (2)	21:30 (2)	32:07 (2)	41:04 (5)	44:55 (5)	46:58 (3)	53:13 (5)	1:01:03 (5)	1:01:52 (2)
	12:58/34	1:31/33	7:01/49	10:37/35	8:57/41	3:51/43	2:03/44	6:15/55	7:50/32	0:49/57
	+1:01 (3)	+0:05 (4)	+0:27 (2)	+0:31 (3)	+6:54 (12)	+0:00 (1)	+0:00 (1)	+4:25 (12)	+2:28 (9)	+0:00 (1)



1:05:45 (4)	1:07:31 (3)	1:08:53 (3)	1:09:23 (2)	1:09:23 (2)
3:53/60	1:46/61	1:22/97	0:30/249	
+3:09 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse D40- 4.7 km

26 påmeldt, 24 startende 1 premiert

<b>1</b>	<b>Hilde Sofie Hansen</b>		<b>Mo OK</b>				<b>(8.62min/km)</b>		<b>40:04</b>	
	8:23 (1)	10:39 (1)	17:05 (1)	19:23 (1)	21:16 (1)	29:38 (2)	33:35 (1)	34:29 (1)	36:58 (1)	38:13 (1)
	8:23/63	2:16/91	6:26/64	2:18/69	1:53/71	8:22/73	3:57/74	0:54/90	2:29/101	1:15/61
	+0:00 (1)	+0:02 (3)	+0:16 (3)	+0:30 (10)	+0:00 (1)	+1:24 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	39:34 (1)	40:04 (1)								
	1:21/125	0:30/249								
	+0:02 (2)	+0:03 (6)								
<b>2</b>	<b>Kirsti Kringhaug</b>		<b>Ringerike o-lag</b>				<b>(8.85min/km)</b>		<b>41:10 (+1:06)</b>	
	9:12 (5)	11:26 (4)	17:36 (2)	19:54 (3)	22:18 (3)	29:16 (1)	34:02 (2)	35:10 (2)	37:51 (2)	39:14 (2)
	9:12/63	2:14/91	6:10/64	2:18/69	2:24/71	6:58/73	4:46/74	1:08/90	2:41/101	1:23/61
	+0:49 (5)	+0:00 (1)	+0:00 (1)	+0:30 (10)	+0:31 (8)	+0:00 (1)	+0:49 (13)	+0:14 (6)	+0:12 (2)	+0:08 (5)
	40:42 (2)	41:10 (2)								
	1:28/97	0:28/249								
	+0:09 (8)	+0:01 (3)								
<b>3</b>	<b>Toril Hovdenak</b>		<b>Skåla IL</b>				<b>(8.94min/km)</b>		<b>41:35 (+1:31)</b>	
	8:30 (2)	11:01 (2)	17:51 (3)	19:53 (2)	22:14 (2)	30:04 (3)	34:09 (3)	35:33 (3)	38:23 (3)	39:39 (3)
	8:30/63	2:31/91	6:50/64	2:02/69	2:21/71	7:50/73	4:05/74	1:24/90	2:50/101	1:16/61
	+0:07 (2)	+0:17 (7)	+0:40 (6)	+0:14 (5)	+0:28 (5)	+0:52 (6)	+0:08 (2)	+0:30 (18)	+0:21 (5)	+0:01 (2)
	41:02 (3)	41:35 (3)								
	1:23/125	0:33/249								
	+0:04 (4)	+0:06 (14)								
<b>4</b>	<b>Liv Karen Johannessen</b>		<b>BUL Tromsø</b>				<b>(9.19min/km)</b>		<b>42:43 (+2:39)</b>	
	9:02 (4)	12:04 (9)	18:55 (8)	20:56 (8)	23:22 (7)	30:50 (4)	35:06 (4)	36:30 (4)	39:26 (4)	40:45 (4)
	9:02/63	3:02/91	6:51/64	2:01/69	2:26/71	7:28/73	4:16/74	1:24/90	2:56/101	1:19/61
	+0:39 (4)	+0:48 (18)	+0:41 (7)	+0:13 (4)	+0:33 (9)	+0:30 (2)	+0:19 (4)	+0:30 (18)	+0:27 (7)	+0:04 (4)
	42:13 (4)	42:43 (4)								
	1:28/125	0:30/249								
	+0:09 (8)	+0:03 (6)								
<b>5</b>	<b>Ragnhild Balsvik</b>		<b>Gular, IL</b>				<b>(9.24min/km)</b>		<b>42:59 (+2:55)</b>	
	9:24 (9)	11:43 (6)	18:19 (5)	20:24 (6)	23:16 (6)	31:04 (5)	35:35 (5)	36:39 (5)	39:39 (5)	41:02 (5)
	9:24/63	2:19/91	6:36/64	2:05/69	2:52/71	7:48/73	4:31/74	1:04/90	3:00/101	1:23/61
	+1:01 (9)	+0:05 (4)	+0:26 (5)	+0:17 (7)	+0:59 (19)	+0:50 (4)	+0:34 (7)	+0:10 (3)	+0:31 (9)	+0:08 (5)
	42:29 (5)	42:59 (5)								
	1:27/97	0:30/249								
	+0:08 (7)	+0:03 (6)								
<b>6</b>	<b>Frauke Schmitt Gran</b>		<b>Halden SK</b>				<b>(9.32min/km)</b>		<b>43:21 (+3:17)</b>	
	9:40 (11)	12:21 (11)	18:48 (7)	20:50 (7)	23:25 (8)	31:14 (6)	35:57 (8)	37:08 (8)	39:56 (6)	41:20 (6)
	9:40/63	2:41/91	6:27/64	2:02/69	2:35/71	7:49/73	4:43/74	1:11/90	2:48/101	1:24/61
	+1:17 (11)	+0:27 (12)	+0:17 (4)	+0:14 (5)	+0:42 (13)	+0:51 (5)	+0:46 (11)	+0:17 (10)	+0:19 (4)	+0:09 (7)
	42:46 (6)	43:21 (6)								
	1:26/125	0:35/249								
	+0:07 (5)	+0:08 (17)								
<b>7</b>	<b>Kristin Sandven</b>		<b>Notodden OL</b>				<b>(9.33min/km)</b>		<b>43:22 (+3:18)</b>	
	9:21 (6)	12:06 (10)	19:40 (11)	21:58 (10)	24:20 (10)	32:05 (9)	36:13 (9)	37:20 (9)	40:19 (8)	41:36 (8)
	9:21/63	2:45/91	7:34/64	2:18/69	2:22/71	7:45/73	4:08/74	1:07/90	2:59/101	1:17/61
	+0:58 (6)	+0:31 (13)	+1:24 (11)	+0:30 (10)	+0:29 (7)	+0:47 (3)	+0:11 (3)	+0:13 (5)	+0:30 (8)	+0:02 (3)
	42:55 (7)	43:22 (7)								
	1:19/125	0:27/249								
	+0:00 (1)	+0:00 (1)								
<b>8</b>	<b>Kristin Svendsen</b>		<b>Harstad OL</b>				<b>(9.35min/km)</b>		<b>43:30 (+3:26)</b>	
	8:49 (3)	11:08 (3)	18:32 (6)	20:20 (5)	22:37 (5)	31:15 (7)	35:43 (6)	36:49 (6)	39:57 (7)	41:27 (7)
	8:49/63	2:19/91	7:24/64	1:48/69	2:17/71	8:38/73	4:28/74	1:06/90	3:08/101	1:30/61
	+0:26 (3)	+0:05 (4)	+1:14 (9)	+0:00 (1)	+0:24 (3)	+1:40 (14)	+0:31 (6)	+0:12 (4)	+0:39 (14)	+0:15 (12)

43:00 (8) 43:30 (8)  
1:33/97 0:30/249  
+0:14 (11) +0:03 (6)

9 Hilda Øfsthus Asker SK (9.40min/km) **43:43** (+3:39)  
9:23 (8) 11:38 (5) 17:54 (4) 20:08 (4) 22:25 (4) 31:36 (8) 35:56 (7) 36:58 (7) 40:23 (9) 41:47 (9)  
9:23/63 2:15/91 6:16/64 2:14/69 2:17/71 9:11/73 4:20/74 1:02/90 3:25/101 1:24/61  
+1:00 (8) +0:01 (2) +0:06 (2) +0:26 (9) +0:24 (3) +2:13 (16) +0:23 (5) +0:08 (2) +0:56 (19) +0:09 (7)  
43:13 (9) 43:43 (9)  
1:26/97 0:30/249  
+0:07 (5) +0:03 (6)

10 Margrete Gaski Bardu IL (9.47min/km) **44:03** (+3:59)  
9:22 (7) 11:59 (8) 19:11 (9) 21:30 (9) 23:51 (9) 32:05 (9) 36:49 (10) 38:04 (10) 40:49 (10) 42:14 (10)  
9:22/63 2:37/91 7:12/64 2:19/69 2:21/71 8:14/73 4:44/74 1:15/90 2:45/101 1:25/61  
+0:59 (7) +0:23 (8) +1:02 (8) +0:31 (13) +0:28 (5) +1:16 (9) +0:47 (12) +0:21 (13) +0:16 (3) +0:10 (9)  
43:36 (10) 44:03 (10)  
1:22/97 0:27/249  
+0:03 (3) +0:00 (1)

11 Riikka Eerola Tampereen Pyrintö (9.82min/km) **45:39** (+5:35)  
10:02 (12) 12:42 (12) 20:30 (12) 22:25 (11) 24:53 (11) 33:14 (11) 37:49 (11) 38:58 (11) 42:04 (11) 43:32 (11)  
10:02/63 2:40/91 7:48/64 1:55/69 2:28/71 8:21/73 4:35/74 1:09/90 3:06/101 1:28/61  
+1:39 (12) +0:26 (10) +1:38 (13) +0:07 (3) +0:35 (10) +1:23 (11) +0:38 (8) +0:15 (7) +0:37 (13) +0:13 (10)  
45:08 (11) 45:39 (11)  
1:36/97 0:31/249  
+0:17 (14) +0:04 (12)

12 Doris Larsson Lillomarka OL (10.12min/km) **47:04** (+7:00)  
10:33 (13) 13:21 (13) 21:14 (13) 23:33 (13) 25:49 (13) 33:49 (12) 38:50 (12) 40:00 (12) 43:12 (12) 44:49 (12)  
10:33/63 2:48/91 7:53/64 2:19/69 2:16/71 8:00/73 5:01/74 1:10/90 3:12/101 1:37/61  
+2:10 (13) +0:34 (15) +1:43 (14) +0:31 (13) +0:23 (2) +1:02 (7) +1:04 (14) +0:16 (9) +0:43 (16) +0:22 (16)  
46:28 (12) 47:04 (12)  
1:39/97 0:36/249  
+0:20 (17) +0:09 (19)

13 Pia Lindholm Kiruna, IFK (10.15min/km) **47:11** (+7:07)  
9:26 (10) 11:55 (7) 19:22 (10) 22:59 (12) 25:44 (12) 34:03 (13) 39:04 (13) 40:18 (13) 43:21 (13) 44:59 (13)  
9:26/63 2:29/91 7:27/64 3:37/69 2:45/71 8:19/73 5:01/74 1:14/90 3:03/101 1:38/61  
+1:03 (10) +0:15 (6) +1:17 (10) +1:49 (22) +0:52 (16) +1:21 (10) +1:04 (14) +0:20 (12) +0:34 (11) +0:23 (17)  
46:36 (13) 47:11 (13)  
1:37/97 0:35/249  
+0:18 (15) +0:08 (17)

14 Birgitte Torbjørnsen Gular, IL (10.46min/km) **48:38** (+8:34)  
10:47 (15) 13:26 (14) 21:45 (14) 24:20 (15) 27:09 (15) 35:53 (15) 40:35 (14) 41:50 (14) 44:58 (14) 46:33 (14)  
10:47/63 2:39/91 8:19/64 2:35/69 2:49/71 8:44/73 4:42/74 1:15/90 3:08/101 1:35/61  
+2:24 (15) +0:25 (9) +2:09 (17) +0:47 (18) +0:56 (17) +1:46 (15) +0:45 (10) +0:21 (13) +0:39 (14) +0:20 (13)  
48:08 (14) 48:38 (14)  
1:35/97 0:30/249  
+0:16 (13) +0:03 (6)

15 Eli Charlotte Nordmo Mellebygd IL (10.75min/km) **49:58** (+9:54)  
10:42 (14) 14:29 (17) 22:14 (16) 24:34 (16) 27:18 (16) 35:31 (14) 42:02 (15) 43:15 (15) 46:20 (15) 47:49 (15)  
10:42/63 3:47/91 7:45/64 2:20/69 2:44/71 8:13/73 6:31/74 1:13/90 3:05/101 1:29/61  
+2:19 (14) +1:33 (22) +1:35 (12) +0:32 (15) +0:51 (15) +1:15 (8) +2:34 (20) +0:19 (11) +0:36 (12) +0:14 (11)  
49:27 (15) 49:58 (15)  
1:38/97 0:31/249  
+0:19 (16) +0:04 (12)

16 Gyrid Løvli Asker SK (11.16min/km) **51:53** (+11:49)  
11:01 (17) 13:47 (16) 21:47 (15) 24:12 (14) 27:04 (14) 37:43 (16) 43:07 (16) 44:28 (16) 47:57 (16) 49:35 (16)  
11:01/63 2:46/91 8:00/64 2:25/69 2:52/71 10:39/73 5:24/74 1:21/90 3:29/101 1:38/61  
+2:38 (17) +0:32 (14) +1:50 (15) +0:37 (16) +0:59 (19) +3:41 (19) +1:27 (17) +0:27 (15) +1:00 (20) +0:23 (17)  
51:19 (16) 51:53 (16)  
1:44/97 0:34/249  
+0:25 (19) +0:07 (16)

<b>17</b>	<b>Ikonen Minna</b>			<b>Kalevan Rasti</b>		<b>(11.54min/km)</b>		<b>53:41</b>	<b>(+13:37)</b>	
	11:41 (18)	14:39 (18)	22:46 (17)	25:17 (17)	28:00 (17)	38:08 (17)	44:45 (17)	46:12 (17)	49:35 (17)	51:11 (17)
	11:41/63	2:58/91	8:07/64	2:31/69	2:43/71	10:08/73	6:37/74	1:27/90	3:23/101	1:36/61
	+3:18 (18)	+0:44 (17)	+1:57 (16)	+0:43 (17)	+0:50 (14)	+3:10 (17)	+2:40 (21)	+0:33 (20)	+0:54 (18)	+0:21 (15)
	52:59 (17)	53:41 (17)								
	1:48/97	0:42/249								
	+0:29 (22)	+0:15 (22)								
<b>18</b>	<b>Maria Hart</b>			<b>Linné, OK</b>		<b>(12.52min/km)</b>		<b>58:13</b>	<b>(+18:09)</b>	
	12:59 (21)	16:10 (20)	24:36 (18)	27:35 (18)	30:26 (18)	40:54 (18)	49:08 (18)	50:35 (18)	54:11 (18)	55:51 (18)
	12:59/63	3:11/91	8:26/64	2:59/69	2:51/71	10:28/73	8:14/74	1:27/90	3:36/101	1:40/61
	+4:36 (21)	+0:57 (19)	+2:16 (18)	+1:11 (20)	+0:58 (18)	+3:30 (18)	+4:17 (22)	+0:33 (20)	+1:07 (21)	+0:25 (19)
	57:37 (18)	58:13 (18)								
	1:46/97	0:36/249								
	+0:27 (20)	+0:09 (19)								
<b>19</b>	<b>Mette Fuglestad</b>			<b>Ålgård Orientering</b>		<b>(12.75min/km)</b>		<b>59:18</b>	<b>(+19:14)</b>	
	12:57 (20)	16:21 (21)	33:36 (22)	35:28 (22)	37:56 (22)	46:21 (19)	50:56 (19)	52:05 (19)	55:20 (19)	56:55 (19)
	12:57/63	3:24/91	17:15/64	1:52/69	2:28/71	8:25/73	4:35/74	1:09/90	3:15/101	1:35/61
	+4:34 (20)	+1:10 (21)	+11:05 (23)	+0:04 (2)	+0:35 (10)	+1:27 (13)	+0:38 (8)	+0:15 (7)	+0:46 (17)	+0:20 (13)
	58:42 (19)	59:18 (19)								
	1:47/125	0:36/249								
	+0:28 (21)	+0:09 (19)								
<b>20</b>	<b>Virpi Snickers</b>			<b>Solf IK</b>		<b>(13.73min/km)</b>		<b>1:03:51</b>	<b>(+23:47)</b>	
	15:51 (22)	19:13 (22)	29:51 (21)	33:13 (21)	36:33 (21)	48:14 (20)	54:00 (20)	55:41 (20)	59:46 (20)	1:01:35 (20)
	15:51/63	3:22/91	10:38/64	3:22/69	3:20/71	11:41/73	5:46/74	1:41/90	4:05/101	1:49/61
	+7:28 (22)	+1:08 (20)	+4:28 (19)	+1:34 (21)	+1:27 (22)	+4:43 (20)	+1:49 (19)	+0:47 (22)	+1:36 (22)	+0:34 (22)
	1:03:18 (20)	1:03:51 (20)								
	1:43/97	0:33/249								
	+0:24 (18)	+0:06 (14)								
<b>21</b>	<b>Mette Wanvik</b>			<b>Stjørdals-Blink Orientering</b>		<b>(13.80min/km)</b>		<b>1:04:09</b>	<b>(+24:05)</b>	
	12:38 (19)	15:18 (19)	29:45 (20)	31:58 (20)	34:30 (20)	50:57 (21)	56:06 (21)	57:27 (21)	1:00:27 (21)	1:02:08 (21)
	12:38/63	2:40/91	14:27/64	2:13/69	2:32/71	16:27/73	5:09/74	1:21/90	3:00/101	1:41/61
	+4:15 (19)	+0:26 (10)	+8:17 (21)	+0:25 (8)	+0:39 (12)	+9:29 (23)	+1:12 (16)	+0:27 (15)	+0:31 (9)	+0:26 (20)
	1:03:40 (21)	1:04:09 (21)								
	1:32/97	0:29/249								
	+0:13 (10)	+0:02 (4)								
<b>22</b>	<b>Bente Røkenes</b>			<b>Alta OL</b>		<b>(14.22min/km)</b>		<b>1:06:07</b>	<b>(+26:03)</b>	
	10:52 (16)	13:41 (15)	25:01 (19)	27:47 (19)	31:00 (19)	52:38 (22)	58:08 (22)	59:29 (22)	1:02:22 (22)	1:04:05 (22)
	10:52/63	2:49/91	11:20/64	2:46/69	3:13/71	21:38/73	5:30/74	1:21/90	2:53/101	1:43/61
	+2:29 (16)	+0:35 (16)	+5:10 (20)	+0:58 (19)	+1:20 (21)	+14:40 (24)	+1:33 (18)	+0:27 (15)	+0:24 (6)	+0:28 (21)
	1:05:38 (22)	1:06:07 (22)								
	1:33/125	0:29/249								
	+0:14 (11)	+0:02 (4)								
<b>23</b>	<b>Anette Åhlund</b>			<b>Nolaskogsarna, OK - Sverige</b>		<b>(19.30min/km)</b>		<b>1:29:44</b>	<b>(+49:40)</b>	
	18:31 (24)	23:27 (24)	38:01 (23)	43:25 (23)	47:57 (23)	1:03:21 (23)	1:14:05 (23)	1:16:17 (23)	1:22:29 (23)	1:25:26 (23)
	18:31/63	4:56/91	14:34/64	5:24/69	4:32/71	15:24/73	10:44/74	2:12/90	6:12/101	2:57/61
	+10:08 (24)	+2:42 (24)	+8:24 (22)	+3:36 (24)	+2:39 (23)	+8:26 (22)	+6:47 (24)	+1:18 (23)	+3:43 (24)	+1:42 (24)
	1:28:37 (23)	1:29:44 (23)								
	3:11/97	1:07/249								
	+1:52 (24)	+0:40 (24)								
<b>24</b>	<b>Birgit Lundkvist</b>			<b>Vargen, OK</b>		<b>(20.99min/km)</b>		<b>1:37:36</b>	<b>(+57:32)</b>	
	18:28 (23)	23:18 (23)	47:54 (24)	52:09 (24)	59:01 (24)	1:14:13 (24)	1:23:31 (24)	1:25:54 (24)	1:31:12 (24)	1:34:05 (24)
	18:28/63	4:50/91	24:36/64	4:15/69	6:52/71	15:12/73	9:18/74	2:23/90	5:18/101	2:53/61
	+10:05 (23)	+2:36 (23)	+18:26 (24)	+2:27 (23)	+4:59 (24)	+8:14 (21)	+5:21 (23)	+1:29 (24)	+2:49 (23)	+1:38 (23)
	1:36:47 (24)	1:37:36 (24)								
	2:42/125	0:49/249								
	+1:23 (23)	+0:22 (23)								

## Klasse H40- 6.3 km

35 påmeldt, 33 startende 1 premiert

<b>1</b>	<b>Timo Karppinen</b>		<b>Pohjantähti, SK</b>		<b>(6.21min/km)</b>		<b>39:24</b>		
6:37 (1)	10:29 (1)	16:51 (1)	17:34 (1)	18:55 (1)	22:20 (1)	22:51 (1)	31:26 (1)	33:40 (1)	35:26 (1)
6:37/31	3:52/34	6:22/49	0:43/54	1:21/52	3:25/40	0:31/48	8:35/63	2:14/74	1:46/105
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:00 (1)	+0:02 (2)	+0:01 (2)	+0:05 (2)	+0:00 (1)	+0:01 (3)
36:40 (1)	37:49 (1)	38:58 (1)	39:24 (1)						
1:14/59	1:09/61	1:09/97	0:26/249						
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:05 (8)						
<b>2</b>	<b>Bjørn Gulbrandsen</b>		<b>Asker SK</b>		<b>(6.71min/km)</b>		<b>42:32</b>	<b>(+3:08)</b>	
6:39 (2)	10:39 (2)	18:28 (3)	19:19 (3)	20:47 (2)	24:41 (3)	25:29 (3)	33:59 (2)	36:28 (2)	38:13 (2)
6:39/31	4:00/34	7:49/49	0:51/54	1:28/52	3:54/40	0:48/48	8:30/63	2:29/74	1:45/105
+0:02 (2)	+0:08 (2)	+1:27 (7)	+0:10 (5)	+0:07 (3)	+0:31 (7)	+0:18 (25)	+0:00 (1)	+0:15 (4)	+0:00 (1)
39:35 (2)	40:51 (2)	42:05 (2)	42:32 (2)						
1:22/59	1:16/61	1:14/125	0:27/249						
+0:08 (2)	+0:07 (3)	+0:05 (6)	+0:06 (10)						
<b>3</b>	<b>Arnt Ove Femsteinevik</b>		<b>Strand Ulv IL</b>		<b>(6.74min/km)</b>		<b>42:44</b>	<b>(+3:20)</b>	
7:06 (4)	11:17 (4)	18:35 (4)	19:23 (4)	20:51 (3)	24:37 (2)	25:14 (2)	34:21 (3)	36:48 (3)	38:36 (3)
7:06/31	4:11/34	7:18/49	0:48/54	1:28/52	3:46/40	0:37/48	9:07/63	2:27/74	1:48/105
+0:29 (4)	+0:19 (4)	+0:56 (4)	+0:07 (3)	+0:07 (3)	+0:23 (4)	+0:07 (5)	+0:37 (4)	+0:13 (3)	+0:03 (5)
39:59 (3)	41:10 (3)	42:20 (3)	42:44 (3)						
1:23/59	1:11/61	1:10/125	0:24/249						
+0:09 (3)	+0:02 (2)	+0:01 (2)	+0:03 (4)						
<b>4</b>	<b>Jouni Nykänen</b>		<b>Navi</b>		<b>(7.03min/km)</b>		<b>44:34</b>	<b>(+5:10)</b>	
7:12 (5)	11:26 (5)	19:23 (5)	20:14 (5)	21:43 (5)	25:31 (4)	26:05 (4)	35:46 (4)	38:22 (4)	40:10 (4)
7:12/31	4:14/34	7:57/49	0:51/54	1:29/52	3:48/40	0:34/48	9:41/63	2:36/74	1:48/105
+0:35 (5)	+0:22 (6)	+1:35 (8)	+0:10 (5)	+0:08 (5)	+0:25 (5)	+0:04 (4)	+1:11 (5)	+0:22 (6)	+0:03 (5)
41:37 (4)	42:58 (4)	44:10 (4)	44:34 (4)						
1:27/59	1:21/61	1:12/97	0:24/249						
+0:13 (5)	+0:12 (8)	+0:03 (4)	+0:03 (4)						
<b>5</b>	<b>Geir Nilsen</b>		<b>Ringerike o-lag</b>		<b>(7.29min/km)</b>		<b>46:12</b>	<b>(+6:48)</b>	
7:42 (11)	12:05 (11)	19:48 (6)	20:39 (6)	22:17 (7)	26:21 (6)	27:00 (6)	37:01 (6)	39:40 (6)	41:34 (6)
7:42/31	4:23/34	7:43/49	0:51/54	1:38/52	4:04/40	0:39/48	10:01/63	2:39/74	1:54/105
+1:05 (11)	+0:31 (11)	+1:21 (5)	+0:10 (5)	+0:17 (14)	+0:41 (11)	+0:09 (8)	+1:31 (6)	+0:25 (8)	+0:09 (8)
43:03 (6)	44:24 (5)	45:44 (5)	46:12 (5)						
1:29/59	1:21/61	1:20/97	0:28/249						
+0:15 (7)	+0:12 (8)	+0:11 (15)	+0:07 (15)						
<b>6</b>	<b>Christoph Hutzli</b>		<b>OL Regio Wil</b>		<b>(7.30min/km)</b>		<b>46:18</b>	<b>(+6:54)</b>	
6:48 (3)	10:59 (3)	18:06 (2)	19:00 (2)	21:04 (4)	25:32 (5)	26:12 (5)	36:18 (5)	39:06 (5)	41:04 (5)
6:48/31	4:11/34	7:07/49	0:54/54	2:04/52	4:28/40	0:40/48	10:06/63	2:48/74	1:58/105
+0:11 (3)	+0:19 (4)	+0:45 (2)	+0:13 (13)	+0:43 (22)	+1:05 (18)	+0:10 (10)	+1:36 (8)	+0:34 (12)	+0:13 (12)
42:42 (5)	44:39 (6)	45:55 (6)	46:18 (6)						
1:38/59	1:57/61	1:16/97	0:23/249						
+0:24 (16)	+0:48 (28)	+0:07 (8)	+0:02 (2)						
<b>7</b>	<b>Børge Harvey</b>		<b>BUL Tromsø</b>		<b>(7.39min/km)</b>		<b>46:50</b>	<b>(+7:26)</b>	
8:13 (17)	12:49 (17)	20:49 (12)	21:41 (12)	23:19 (9)	27:14 (9)	27:52 (9)	38:01 (8)	40:33 (8)	42:23 (8)
8:13/31	4:36/34	8:00/49	0:52/54	1:38/52	3:55/40	0:38/48	10:09/63	2:32/74	1:50/105
+1:36 (17)	+0:44 (16)	+1:38 (9)	+0:11 (8)	+0:17 (14)	+0:32 (8)	+0:08 (7)	+1:39 (11)	+0:18 (5)	+0:05 (7)
43:47 (7)	45:07 (7)	46:23 (7)	46:50 (7)						
1:24/59	1:20/61	1:16/97	0:27/249						
+0:10 (4)	+0:11 (6)	+0:07 (8)	+0:06 (10)						
<b>8</b>	<b>Magnus Bergman</b>		<b>Kåre, OK</b>		<b>(7.44min/km)</b>		<b>47:11</b>	<b>(+7:47)</b>	
7:33 (8)	11:53 (7)	20:28 (9)	21:22 (9)	22:53 (8)	26:42 (7)	27:19 (7)	37:27 (7)	40:12 (7)	42:14 (7)
7:33/31	4:20/34	8:35/49	0:54/54	1:31/52	3:49/40	0:37/48	10:08/63	2:45/74	2:02/105
+0:56 (8)	+0:28 (9)	+2:13 (18)	+0:13 (13)	+0:10 (8)	+0:26 (6)	+0:07 (5)	+1:38 (10)	+0:31 (10)	+0:17 (19)
44:01 (8)	45:21 (8)	46:43 (8)	47:11 (8)						
1:47/59	1:20/61	1:22/125	0:28/249						
+0:33 (25)	+0:11 (6)	+0:13 (19)	+0:07 (15)						

9	Torstein Svendsen		Harstad OL				(7.46min/km)		<b>47:16</b>	(+7:52)
	7:35 (9)	11:57 (9)	23:24 (25)	24:14 (23)	26:03 (22)	29:26 (19)	29:56 (19)	38:34 (10)	40:53 (9)	42:40 (9)
	7:35/31	4:22/34	11:27/49	0:50/54	1:49/52	3:23/40	0:30/48	8:38/63	2:19/74	1:47/105
	+0:58 (9)	+0:30 (10)	+5:05 (29)	+0:09 (4)	+0:28 (16)	+0:00 (1)	+0:00 (1)	+0:08 (3)	+0:05 (2)	+0:02 (4)
	44:15 (9)	45:39 (9)	46:55 (9)	47:16 (9)						
	1:35/59	1:24/61	1:16/97	0:21/249						
	+0:21 (14)	+0:15 (11)	+0:07 (8)	+0:00 (1)						
10	Tom Eirik Eikanger		Gular, IL				(7.47min/km)		<b>47:23</b>	(+7:59)
	7:24 (6)	11:50 (6)	19:59 (8)	20:56 (8)	23:27 (11)	27:26 (10)	28:12 (11)	38:17 (9)	40:55 (10)	42:50 (10)
	7:24/31	4:26/34	8:09/49	0:57/54	2:31/52	3:59/40	0:46/48	10:05/63	2:38/74	1:55/105
	+0:47 (6)	+0:34 (12)	+1:47 (10)	+0:16 (19)	+1:10 (25)	+0:36 (9)	+0:16 (21)	+1:35 (7)	+0:24 (7)	+0:10 (10)
	44:19 (10)	45:40 (10)	46:58 (10)	47:23 (10)						
	1:29/59	1:21/61	1:18/97	0:25/249						
	+0:15 (7)	+0:12 (8)	+0:09 (12)	+0:04 (7)						
11	Matti Huttunen		Pihkaniskat				(7.68min/km)		<b>48:42</b>	(+9:18)
	7:56 (14)	12:41 (16)	21:14 (14)	22:24 (14)	24:21 (15)	28:50 (16)	29:36 (15)	39:42 (13)	42:27 (12)	44:12 (11)
	7:56/31	4:45/34	8:33/49	1:10/54	1:57/52	4:29/40	0:46/48	10:06/63	2:45/74	1:45/105
	+1:19 (14)	+0:53 (18)	+2:11 (17)	+0:29 (27)	+0:36 (19)	+1:06 (20)	+0:16 (21)	+1:36 (8)	+0:31 (10)	+0:00 (1)
	45:45 (11)	47:02 (11)	48:14 (11)	48:42 (11)						
	1:33/59	1:17/61	1:12/97	0:28/249						
	+0:19 (10)	+0:08 (4)	+0:03 (4)	+0:07 (15)						
12	Jakob Haugen		Stjørdals-Blink Orientering				(7.76min/km)		<b>49:11</b>	(+9:47)
	7:35 (9)	12:35 (13)	21:03 (13)	22:02 (13)	23:32 (12)	27:57 (12)	28:37 (12)	39:25 (11)	42:18 (11)	44:15 (12)
	7:35/31	5:00/34	8:28/49	0:59/54	1:30/52	4:25/40	0:40/48	10:48/63	2:53/74	1:57/105
	+0:58 (9)	+1:08 (23)	+2:06 (14)	+0:18 (21)	+0:09 (6)	+1:02 (17)	+0:10 (10)	+2:18 (13)	+0:39 (15)	+0:12 (11)
	45:59 (12)	47:23 (12)	48:44 (12)	49:11 (12)						
	1:44/59	1:24/61	1:21/97	0:27/249						
	+0:30 (22)	+0:15 (11)	+0:12 (16)	+0:06 (10)						
13	Eero Enroth		Kangasala SK				(7.79min/km)		<b>49:25</b>	(+10:01)
	7:30 (7)	11:56 (8)	20:31 (10)	21:27 (10)	23:19 (9)	28:03 (13)	28:50 (13)	39:28 (12)	42:29 (13)	44:30 (14)
	7:30/31	4:26/34	8:35/49	0:56/54	1:52/52	4:44/40	0:47/48	10:38/63	3:01/74	2:01/105
	+0:53 (7)	+0:34 (12)	+2:13 (18)	+0:15 (15)	+0:31 (18)	+1:21 (24)	+0:17 (24)	+2:08 (12)	+0:47 (20)	+0:16 (15)
	46:04 (13)	47:39 (13)	48:57 (13)	49:25 (13)						
	1:34/59	1:35/61	1:18/97	0:28/249						
	+0:20 (12)	+0:26 (16)	+0:09 (12)	+0:07 (15)						
14	Fred Arne Jacobsen		Bardu IL				(7.82min/km)		<b>49:34</b>	(+10:10)
	8:45 (25)	13:24 (21)	21:55 (18)	22:36 (16)	23:58 (13)	27:30 (11)	28:02 (10)	39:46 (14)	42:35 (14)	44:29 (13)
	8:45/31	4:39/34	8:31/49	0:41/54	1:22/52	3:32/40	0:32/48	11:44/63	2:49/74	1:54/105
	+2:08 (25)	+0:47 (17)	+2:09 (15)	+0:00 (1)	+0:01 (2)	+0:09 (3)	+0:02 (3)	+3:14 (21)	+0:35 (13)	+0:09 (8)
	46:08 (14)	47:53 (14)	49:07 (14)	49:34 (14)						
	1:39/59	1:45/61	1:14/97	0:27/249						
	+0:25 (17)	+0:36 (24)	+0:05 (6)	+0:06 (10)						
15	Gjermund Gravir		Asker SK				(7.94min/km)		<b>50:20</b>	(+10:56)
	7:49 (13)	12:19 (12)	20:43 (11)	21:35 (11)	24:21 (15)	28:35 (14)	29:14 (14)	40:37 (15)	43:29 (15)	45:30 (15)
	7:49/31	4:30/34	8:24/49	0:52/54	2:46/52	4:14/40	0:39/48	11:23/63	2:52/74	2:01/105
	+1:12 (13)	+0:38 (15)	+2:02 (12)	+0:11 (8)	+1:25 (32)	+0:51 (13)	+0:09 (8)	+2:53 (19)	+0:38 (14)	+0:16 (15)
	47:02 (15)	48:35 (15)	49:54 (15)	50:20 (15)						
	1:32/59	1:33/61	1:19/125	0:26/249						
	+0:18 (9)	+0:24 (15)	+0:10 (14)	+0:05 (8)						
16	Kilian Imhof		Regio Wil, OL				(7.99min/km)		<b>50:39</b>	(+11:15)
	8:10 (15)	13:53 (23)	21:39 (15)	22:35 (15)	24:26 (17)	29:05 (17)	29:49 (17)	40:43 (16)	43:37 (16)	45:39 (16)
	8:10/31	5:43/34	7:46/49	0:56/54	1:51/52	4:39/40	0:44/48	10:54/63	2:54/74	2:02/105
	+1:33 (15)	+1:51 (30)	+1:24 (6)	+0:15 (15)	+0:30 (17)	+1:16 (23)	+0:14 (17)	+2:24 (14)	+0:40 (17)	+0:17 (19)
	47:21 (16)	48:52 (16)	50:16 (16)	50:39 (16)						
	1:42/59	1:31/61	1:24/97	0:23/249						
	+0:28 (20)	+0:22 (14)	+0:15 (21)	+0:02 (2)						
17	Panu Hyvönen		Pohjantähti, SK				(8.22min/km)		<b>52:07</b>	(+12:43)
	8:36 (24)	14:02 (25)	22:55 (21)	23:52 (21)	25:27 (20)	29:49 (20)	30:33 (20)	41:34 (17)	44:31 (17)	46:31 (17)
	8:36/31	5:26/34	8:53/49	0:57/54	1:35/52	4:22/40	0:44/48	11:01/63	2:57/74	2:00/105
	+1:59 (24)	+1:34 (29)	+2:31 (22)	+0:16 (19)	+0:14 (11)	+0:59 (16)	+0:14 (17)	+2:31 (16)	+0:43 (18)	+0:15 (13)

48:04 (17)	50:02 (17)	51:29 (17)	52:07 (17)						
1:33/59	1:58/61	1:27/97	0:38/249						
+0:19 (10)	+0:49 (29)	+0:18 (25)	+0:17 (31)						
<b>18 Roy Solbakk</b>			<b>Valnesfjord IL</b>		<b>(8.29min/km)</b>		<b>52:35</b>	<b>(+13:11)</b>	
9:46 (31)	14:44 (29)	23:08 (23)	24:09 (22)	26:53 (24)	31:12 (23)	31:54 (23)	42:54 (19)	45:38 (19)	47:48 (19)
9:46/31	4:58/34	8:24/49	1:01/54	2:44/52	4:19/40	0:42/48	11:00/63	2:44/74	2:10/105
+3:09 (31)	+1:06 (21)	+2:02 (12)	+0:20 (24)	+1:23 (30)	+0:56 (15)	+0:12 (13)	+2:30 (15)	+0:30 (9)	+0:25 (23)
49:22 (19)	51:01 (19)	52:11 (18)	52:35 (18)						
1:34/59	1:39/61	1:10/97	0:24/249						
+0:20 (12)	+0:30 (19)	+0:01 (2)	+0:03 (4)						
<b>19 Frank Vidar Hansen</b>			<b>Sørreisa OL</b>		<b>(8.34min/km)</b>		<b>52:51</b>	<b>(+13:27)</b>	
9:39 (30)	14:31 (27)	22:47 (20)	23:40 (20)	25:10 (18)	29:12 (18)	29:52 (18)	41:44 (18)	45:16 (18)	47:24 (18)
9:39/31	4:52/34	8:16/49	0:53/54	1:30/52	4:02/40	0:40/48	11:52/63	3:32/74	2:08/105
+3:02 (30)	+1:00 (19)	+1:54 (11)	+0:12 (11)	+0:09 (6)	+0:39 (10)	+0:10 (10)	+3:22 (23)	+1:18 (29)	+0:23 (21)
49:12 (18)	50:54 (18)	52:22 (19)	52:51 (19)						
1:48/59	1:42/61	1:28/97	0:29/249						
+0:34 (26)	+0:33 (22)	+0:19 (27)	+0:08 (22)						
<b>20 Rob Hart</b>			<b>Linné, OK</b>		<b>(8.36min/km)</b>		<b>53:00</b>	<b>(+13:36)</b>	
8:31 (23)	12:40 (15)	19:49 (7)	20:42 (7)	22:14 (6)	26:48 (8)	27:37 (8)	43:22 (22)	46:15 (21)	48:16 (20)
8:31/31	4:09/34	7:09/49	0:53/54	1:32/52	4:34/40	0:49/48	15:45/63	2:53/74	2:01/105
+1:54 (23)	+0:17 (3)	+0:47 (3)	+0:12 (11)	+0:11 (9)	+1:11 (22)	+0:19 (27)	+7:15 (30)	+0:39 (15)	+0:16 (15)
49:57 (20)	51:15 (20)	52:32 (20)	53:00 (20)						
1:41/59	1:18/61	1:17/125	0:28/249						
+0:27 (18)	+0:09 (5)	+0:08 (11)	+0:07 (15)						
<b>21 Trond Sletner</b>			<b>Byåsen IL</b>		<b>(8.54min/km)</b>		<b>54:07</b>	<b>(+14:43)</b>	
8:10 (15)	13:12 (19)	22:03 (19)	23:02 (19)	25:16 (19)	31:32 (24)	32:17 (24)	43:19 (21)	46:41 (22)	48:42 (22)
8:10/31	5:02/34	8:51/49	0:59/54	2:14/52	6:16/40	0:45/48	11:02/63	3:22/74	2:01/105
+1:33 (15)	+1:10 (24)	+2:29 (21)	+0:18 (21)	+0:53 (24)	+2:53 (31)	+0:15 (20)	+2:32 (17)	+1:08 (27)	+0:16 (15)
50:41 (22)	52:17 (21)	53:38 (21)	54:07 (21)						
1:59/59	1:36/61	1:21/97	0:29/249						
+0:45 (28)	+0:27 (17)	+0:12 (16)	+0:08 (22)						
<b>22 Bjørn Axel Gran</b>			<b>Halden SK</b>		<b>(8.61min/km)</b>		<b>54:35</b>	<b>(+15:11)</b>	
8:17 (18)	13:21 (20)	21:53 (17)	22:49 (18)	25:30 (21)	30:20 (21)	31:06 (21)	43:29 (23)	46:47 (23)	48:59 (23)
8:17/31	5:04/34	8:32/49	0:56/54	2:41/52	4:50/40	0:46/48	12:23/63	3:18/74	2:12/105
+1:40 (18)	+1:12 (25)	+2:10 (16)	+0:15 (15)	+1:20 (26)	+1:27 (27)	+0:16 (21)	+3:53 (25)	+1:04 (26)	+0:27 (25)
50:44 (23)	52:39 (22)	54:05 (22)	54:35 (22)						
1:45/59	1:55/61	1:26/125	0:30/249						
+0:31 (24)	+0:46 (27)	+0:17 (24)	+0:09 (24)						
<b>23 Janne Syrjäläinen</b>			<b>Navi</b>		<b>(8.62min/km)</b>		<b>54:39</b>	<b>(+15:15)</b>	
8:29 (22)	13:28 (22)	23:02 (22)	24:21 (24)	26:18 (23)	30:46 (22)	31:30 (22)	43:10 (20)	46:12 (20)	48:32 (21)
8:29/31	4:59/34	9:34/49	1:19/54	1:57/52	4:28/40	0:44/48	11:40/63	3:02/74	2:20/105
+1:52 (22)	+1:07 (22)	+3:12 (24)	+0:38 (32)	+0:36 (19)	+1:05 (18)	+0:14 (17)	+3:10 (20)	+0:48 (21)	+0:35 (28)
50:40 (21)	52:42 (23)	54:06 (23)	54:39 (23)						
2:08/59	2:02/61	1:24/97	0:33/249						
+0:54 (30)	+0:53 (30)	+0:15 (21)	+0:12 (28)						
<b>24 Heikki Grekelä</b>			<b>Pohjantähti, SK</b>		<b>(8.70min/km)</b>		<b>55:09</b>	<b>(+15:45)</b>	
8:26 (21)	14:48 (30)	26:01 (29)	26:57 (29)	28:30 (29)	32:35 (25)	33:18 (25)	44:33 (24)	47:39 (24)	49:50 (24)
8:26/31	6:22/34	11:13/49	0:56/54	1:33/52	4:05/40	0:43/48	11:15/63	3:06/74	2:11/105
+1:49 (21)	+2:30 (32)	+4:51 (28)	+0:15 (15)	+0:12 (10)	+0:42 (12)	+0:13 (15)	+2:45 (18)	+0:52 (23)	+0:26 (24)
51:32 (24)	53:11 (24)	54:36 (24)	55:09 (24)						
1:42/59	1:39/61	1:25/97	0:33/249						
+0:28 (20)	+0:30 (19)	+0:16 (23)	+0:12 (28)						
<b>25 Severi Eerola</b>			<b>Tampereen Pyrintö</b>		<b>(8.89min/km)</b>		<b>56:20</b>	<b>(+16:56)</b>	
7:42 (11)	11:59 (10)	25:27 (28)	26:41 (28)	28:18 (27)	32:36 (26)	33:18 (25)	45:34 (25)	48:31 (25)	51:04 (25)
7:42/31	4:17/34	13:28/49	1:14/54	1:37/52	4:18/40	0:42/48	12:16/63	2:57/74	2:33/105
+1:05 (11)	+0:25 (7)	+7:06 (31)	+0:33 (30)	+0:16 (13)	+0:55 (14)	+0:12 (13)	+3:46 (24)	+0:43 (18)	+0:48 (30)
52:48 (25)	54:31 (25)	55:53 (25)	56:20 (25)						
1:44/59	1:43/61	1:22/97	0:27/249						
+0:30 (22)	+0:34 (23)	+0:13 (19)	+0:06 (10)						

<b>26</b>	<b>Jukka Kujanpää</b>		<b>Kangasala SK</b>		<b>(8.90min/km)</b>		<b>56:25</b>	<b>(+17:01)</b>	
8:20 (19)	12:38 (14)	21:48 (16)	22:40 (17)	24:16 (14)	28:46 (15)	29:39 (16)	46:34 (28)	49:37 (28)	51:37 (28)
8:20/31	4:18/34	9:10/49	0:52/54	1:36/52	4:30/40	0:53/48	16:55/63	3:03/74	2:00/105
+1:43 (19)	+0:26 (8)	+2:48 (23)	+0:11 (8)	+0:15 (12)	+1:07 (21)	+0:23 (29)	+8:25 (31)	+0:49 (22)	+0:15 (13)
53:05 (27)	54:32 (26)	55:53 (25)	56:25 (26)						
1:28/59	1:27/61	1:21/97	0:32/249						
+0:14 (6)	+0:18 (13)	+0:12 (16)	+0:11 (26)						
<b>27</b>	<b>Ole Morten Wie</b>		<b>Mo OK</b>		<b>(8.95min/km)</b>		<b>56:46</b>	<b>(+17:22)</b>	
10:29 (32)	15:49 (32)	24:38 (27)	25:44 (27)	28:25 (28)	33:12 (28)	34:00 (28)	45:48 (26)	48:58 (26)	51:16 (26)
10:29/31	5:20/34	8:49/49	1:06/54	2:41/52	4:47/40	0:48/48	11:48/63	3:10/74	2:18/105
+3:52 (32)	+1:28 (26)	+2:27 (20)	+0:25 (25)	+1:20 (26)	+1:24 (26)	+0:18 (25)	+3:18 (22)	+0:56 (25)	+0:33 (26)
52:57 (26)	54:38 (27)	56:14 (27)	56:46 (27)						
1:41/59	1:41/61	1:36/125	0:32/249						
+0:27 (18)	+0:32 (21)	+0:27 (29)	+0:11 (26)						
<b>28</b>	<b>Bård Øyvind Solberg</b>		<b>Stjørdals-Blink Orientering</b>		<b>(8.99min/km)</b>		<b>56:59</b>	<b>(+17:35)</b>	
9:16 (28)	14:37 (28)	24:14 (26)	25:13 (26)	27:57 (26)	32:42 (27)	33:25 (27)	46:05 (27)	49:13 (27)	51:31 (27)
9:16/31	5:21/34	9:37/49	0:59/54	2:44/52	4:45/40	0:43/48	12:40/63	3:08/74	2:18/105
+2:39 (28)	+1:29 (27)	+3:15 (25)	+0:18 (21)	+1:23 (30)	+1:22 (25)	+0:13 (15)	+4:10 (27)	+0:54 (24)	+0:33 (26)
53:07 (28)	54:57 (28)	56:31 (28)	56:59 (28)						
1:36/59	1:50/61	1:34/97	0:28/249						
+0:22 (15)	+0:41 (25)	+0:25 (28)	+0:07 (15)						
<b>29</b>	<b>Henrik Albahn</b>		<b>Tisvilde Hegn OK</b>		<b>(9.59min/km)</b>		<b>1:00:47</b>	<b>(+21:23)</b>	
8:21 (20)	12:50 (18)	23:17 (24)	24:29 (25)	27:11 (25)	33:29 (29)	34:27 (29)	48:34 (29)	52:33 (29)	54:57 (29)
8:21/31	4:29/34	10:27/49	1:12/54	2:42/52	6:18/40	0:58/48	14:07/63	3:59/74	2:24/105
+1:44 (20)	+0:37 (14)	+4:05 (26)	+0:31 (29)	+1:21 (28)	+2:55 (32)	+0:28 (30)	+5:37 (28)	+1:45 (31)	+0:39 (29)
57:14 (29)	58:52 (29)	1:00:19 (29)	1:00:47 (29)						
2:17/59	1:38/61	1:27/97	0:28/249						
+1:03 (31)	+0:29 (18)	+0:18 (25)	+0:07 (15)						
<b>30</b>	<b>Anders Lindholm</b>		<b>Kiruna, IFK</b>		<b>(10.19min/km)</b>		<b>1:04:35</b>	<b>(+25:11)</b>	
9:02 (26)	14:25 (26)	30:49 (31)	31:59 (31)	34:02 (31)	38:57 (31)	39:49 (31)	52:26 (31)	55:57 (31)	58:06 (31)
9:02/31	5:23/34	16:24/49	1:10/54	2:03/52	4:55/40	0:52/48	12:37/63	3:31/74	2:09/105
+2:25 (26)	+1:31 (28)	+10:02 (32)	+0:29 (27)	+0:42 (21)	+1:32 (28)	+0:22 (28)	+4:07 (26)	+1:17 (28)	+0:24 (22)
59:58 (30)	1:02:29 (30)	1:04:05 (30)	1:04:35 (30)						
1:52/59	2:31/61	1:36/125	0:30/249						
+0:38 (27)	+1:22 (33)	+0:27 (29)	+0:09 (24)						
<b>31</b>	<b>Jan Åhlund</b>		<b>Nolaskogsarna, OK - Sverige</b>		<b>(9.21min/km)</b>		<b>1:04:44</b>	<b>(+25:20)</b>	
9:30 (29)	15:32 (31)	26:17 (30)	27:24 (30)	29:36 (30)	35:07 (30)	36:09 (30)	51:08 (30)	55:05 (30)	57:43 (30)
9:30/31	6:02/34	10:45/49	1:07/54	2:12/52	5:31/40	1:02/48	14:59/63	3:57/74	2:38/105
+2:53 (29)	+2:10 (31)	+4:23 (27)	+0:26 (26)	+0:51 (23)	+2:08 (29)	+0:32 (31)	+6:29 (29)	+1:43 (30)	+0:53 (32)
1:00:11 (31)	1:02:29 (31)	1:04:08 (31)	1:04:44 (31)						
2:28/59	2:18/61	1:39/97	0:36/249						
+1:14 (32)	+1:09 (31)	+0:30 (32)	+0:15 (30)						
<b>32</b>	<b>Nils Olsson</b>		<b>Stora Tuna OK</b>		<b>(12.97min/km)</b>		<b>1:22:13</b>	<b>(+42:49)</b>	
13:20 (33)	19:45 (33)	32:33 (32)	34:01 (33)	36:43 (32)	44:38 (32)	46:03 (32)	1:04:25 (32)	1:09:22 (32)	1:13:15 (32)
13:20/31	6:25/34	12:48/49	1:28/54	2:42/52	7:55/40	1:25/48	18:22/63	4:57/74	3:53/105
+6:43 (33)	+2:33 (33)	+6:26 (30)	+0:47 (33)	+1:21 (28)	+4:32 (33)	+0:55 (33)	+9:52 (32)	+2:43 (33)	+2:08 (33)
1:16:09 (32)	1:18:28 (32)	1:21:11 (32)	1:22:13 (32)						
2:54/59	2:19/61	2:43/97	1:02/249						
+1:40 (33)	+1:10 (32)	+1:34 (33)	+0:41 (33)						
<b>33</b>	<b>Kåre Sørensen</b>		<b>Sorø, OK</b>		<b>(13.53min/km)</b>		<b>1:25:46</b>	<b>(+46:22)</b>	
9:02 (26)	13:57 (24)	32:36 (33)	33:50 (32)	47:34 (33)	53:21 (33)	54:30 (33)	1:13:03 (33)	1:17:04 (33)	1:19:39 (33)
9:02/31	4:55/34	18:39/49	1:14/54	13:44/52	5:47/40	1:09/48	18:33/63	4:01/74	2:35/105
+2:25 (26)	+1:03 (20)	+12:17 (33)	+0:33 (30)	+12:23 (33)	+2:24 (30)	+0:39 (32)	+10:03 (33)	+1:47 (32)	+0:50 (31)
1:21:39 (33)	1:23:30 (33)	1:25:06 (33)	1:25:46 (33)						
2:00/59	1:51/61	1:36/125	0:40/249						
+0:46 (29)	+0:42 (26)	+0:27 (29)	+0:19 (32)						

## Klasse D45- 4.7 km

16 påmeldt, 16 startende 1 premiert

1	Anne Jahren				Nydalen SK	(9.49min/km)		<b>44:09</b>	
	9:38 (3)	11:38 (1)	18:39 (2)	21:58 (4)	24:15 (3)	31:16 (1)	35:58 (1)	37:12 (1)	40:55 (1) 42:20 (1)
	9:38/63	2:00/91	7:01/64	3:19/69	2:17/71	7:01/73	4:42/74	1:14/90	3:43/101 1:25/61
	+0:34 (3)	+0:00 (1)	+0:37 (3)	+1:20 (9)	+0:00 (1)	+0:00 (1)	+0:14 (4)	+0:07 (4)	+1:03 (11) +0:04 (5)
	43:42 (1)	44:09 (1)							
	1:22/97	0:27/249							
	+0:06 (2)	+0:00 (1)							
2	Grethe K. Løvald				Asker SK	(9.54min/km)		<b>44:23</b>	(+0:14)
	9:23 (2)	11:50 (3)	18:14 (1)	20:36 (1)	23:03 (1)	31:52 (2)	37:10 (2)	38:22 (2)	41:06 (2) 42:27 (2)
	9:23/63	2:27/91	6:24/64	2:22/69	2:27/71	8:49/73	5:18/74	1:12/90	2:44/101 1:21/61
	+0:19 (2)	+0:27 (5)	+0:00 (1)	+0:23 (3)	+0:10 (3)	+1:48 (7)	+0:50 (7)	+0:05 (3)	+0:04 (2) +0:00 (1)
	43:54 (2)	44:23 (2)							
	1:27/97	0:29/249							
	+0:11 (3)	+0:02 (2)							
3	Elisabeth Sæthre				Freidig	(9.87min/km)		<b>45:55</b>	(+1:46)
	9:52 (4)	12:10 (4)	19:21 (4)	21:34 (2)	26:23 (5)	34:03 (4)	38:32 (4)	39:39 (3)	42:31 (3) 43:54 (3)
	9:52/63	2:18/91	7:11/64	2:13/69	4:49/71	7:40/73	4:29/74	1:07/90	2:52/101 1:23/61
	+0:48 (4)	+0:18 (3)	+0:47 (4)	+0:14 (2)	+2:32 (15)	+0:39 (2)	+0:01 (2)	+0:00 (1)	+0:12 (3) +0:02 (3)
	45:23 (3)	45:55 (3)							
	1:29/125	0:32/249							
	+0:13 (5)	+0:05 (7)							
4	Iren Skyttbekk				Løten OL	(9.96min/km)		<b>46:20</b>	(+2:11)
	10:09 (5)	12:34 (5)	19:20 (3)	22:19 (5)	25:08 (4)	33:50 (3)	38:26 (3)	40:07 (4)	43:09 (4) 44:33 (4)
	10:09/63	2:25/91	6:46/64	2:59/69	2:49/71	8:42/73	4:36/74	1:41/90	3:02/101 1:24/61
	+1:05 (5)	+0:25 (4)	+0:22 (2)	+1:00 (7)	+0:32 (7)	+1:41 (5)	+0:08 (3)	+0:34 (10)	+0:22 (4) +0:03 (4)
	45:49 (4)	46:20 (4)							
	1:16/125	0:31/249							
	+0:00 (1)	+0:04 (4)							
5	Kristin Dale Selvig				Nydalen SK	(10.41min/km)		<b>48:25</b>	(+4:16)
	9:04 (1)	11:45 (2)	19:26 (5)	21:48 (3)	24:11 (2)	35:45 (5)	41:20 (5)	42:27 (5)	45:07 (5) 46:28 (5)
	9:04/63	2:41/91	7:41/64	2:22/69	2:23/71	11:34/73	5:35/74	1:07/90	2:40/101 1:21/61
	+0:00 (1)	+0:41 (8)	+1:17 (5)	+0:23 (3)	+0:06 (2)	+4:33 (11)	+1:07 (8)	+0:00 (1)	+0:00 (1) +0:00 (1)
	47:55 (5)	48:25 (5)							
	1:27/125	0:30/249							
	+0:11 (3)	+0:03 (3)							
6	Margrete Engzelius				Asker SK	(11.53min/km)		<b>53:37</b>	(+9:28)
	12:31 (8)	15:03 (7)	22:53 (6)	25:36 (6)	28:30 (6)	37:09 (6)	44:39 (6)	46:39 (6)	49:55 (6) 51:32 (6)
	12:31/63	2:32/91	7:50/64	2:43/69	2:54/71	8:39/73	7:30/74	2:00/90	3:16/101 1:37/61
	+3:27 (8)	+0:32 (6)	+1:26 (6)	+0:44 (5)	+0:37 (8)	+1:38 (4)	+3:02 (12)	+0:53 (14)	+0:36 (6) +0:16 (8)
	53:06 (6)	53:37 (6)							
	1:34/125	0:31/249							
	+0:18 (8)	+0:04 (4)							
7	Sari Jetsonen				Kuopion Suunnistajat	(12.09min/km)		<b>56:12</b>	(+12:03)
	13:40 (10)	16:19 (9)	28:01 (9)	31:30 (10)	34:15 (8)	42:53 (7)	47:40 (7)	49:14 (7)	52:27 (7) 53:58 (7)
	13:40/63	2:39/91	11:42/64	3:29/69	2:45/71	8:38/73	4:47/74	1:34/90	3:13/101 1:31/61
	+4:36 (10)	+0:39 (7)	+5:18 (13)	+1:30 (10)	+0:28 (5)	+1:37 (3)	+0:19 (5)	+0:27 (7)	+0:33 (5) +0:10 (7)
	55:37 (7)	56:12 (7)							
	1:39/125	0:35/249							
	+0:23 (10)	+0:08 (10)							
8	Birgitte Halland				Øst, OK - Danmark	(12.84min/km)		<b>59:41</b>	(+15:32)
	13:22 (9)	16:20 (10)	25:37 (7)	30:37 (8)	34:27 (9)	43:14 (8)	50:46 (8)	52:26 (9)	55:52 (9) 57:39 (8)
	13:22/63	2:58/91	9:17/64	5:00/69	3:50/71	8:47/73	7:32/74	1:40/90	3:26/101 1:47/61
	+4:18 (9)	+0:58 (12)	+2:53 (8)	+3:01 (14)	+1:33 (13)	+1:46 (6)	+3:04 (13)	+0:33 (9)	+0:46 (8) +0:26 (9)
	59:10 (8)	59:41 (8)							
	1:31/125	0:31/249							
	+0:15 (7)	+0:04 (4)							



<b>9</b>	<b>Solfrid Randi Eidnes</b>		<b>Harstad OL</b>		<b>(12.90min/km)</b>		<b>1:00:00</b>	<b>(+15:51)</b>		
	16:42 (12)	19:26 (11)	27:22 (8)	31:04 (9)	34:49 (10)	45:44 (9)	50:54 (9)	52:19 (8)	55:51 (8)	57:51 (9)
	16:42/63	2:44/91	7:56/64	3:42/69	3:45/71	10:55/73	5:10/74	1:25/90	3:32/101	2:00/61
	+7:38 (12)	+0:44 (10)	+1:32 (7)	+1:43 (12)	+1:28 (11)	+3:54 (10)	+0:42 (6)	+0:18 (5)	+0:52 (9)	+0:39 (12)
	59:25 (9)	1:00:00 (9)								
	1:34/97	0:35/249								
	+0:18 (8)	+0:08 (10)								
<b>10</b>	<b>Kari Lofthus</b>		<b>BUL Tromsø</b>		<b>(13.06min/km)</b>		<b>1:00:43</b>	<b>(+16:34)</b>		
	18:00 (13)	20:12 (13)	31:05 (13)	35:24 (12)	38:09 (12)	47:51 (11)	52:19 (11)	53:48 (11)	57:10 (10)	58:38 (10)
	18:00/63	2:12/91	10:53/64	4:19/69	2:45/71	9:42/73	4:28/74	1:29/90	3:22/101	1:28/61
	+8:56 (13)	+0:12 (2)	+4:29 (11)	+2:20 (13)	+0:28 (5)	+2:41 (8)	+0:00 (1)	+0:22 (6)	+0:42 (7)	+0:07 (6)
	1:00:08 (10)	1:00:43 (10)								
	1:30/97	0:35/249								
	+0:14 (6)	+0:08 (10)								
<b>11</b>	<b>Maritta Nurmi</b>		<b>Vaasan Suunnistajat</b>		<b>(13.43min/km)</b>		<b>1:02:26</b>	<b>(+18:17)</b>		
	11:25 (6)	14:08 (6)	28:29 (11)	30:28 (7)	33:10 (7)	45:59 (10)	51:35 (10)	53:18 (10)	57:24 (11)	1:00:13 (11)
	11:25/63	2:43/91	14:21/64	1:59/69	2:42/71	12:49/73	5:36/74	1:43/90	4:06/101	2:49/61
	+2:21 (6)	+0:43 (9)	+7:57 (15)	+0:00 (1)	+0:25 (4)	+5:48 (12)	+1:08 (9)	+0:36 (11)	+1:26 (12)	+1:28 (15)
	1:01:53 (11)	1:02:26 (11)								
	1:40/97	0:33/249								
	+0:24 (11)	+0:06 (8)								
<b>12</b>	<b>Annika Hogedal</b>		<b>Göteborg Majorna OK</b>		<b>(14.92min/km)</b>		<b>1:09:22</b>	<b>(+25:13)</b>		
	19:47 (14)	23:31 (14)	33:21 (14)	36:09 (13)	39:58 (13)	50:19 (12)	57:20 (12)	59:09 (12)	1:03:51 (12)	1:06:03 (12)
	19:47/63	3:44/91	9:50/64	2:48/69	3:49/71	10:21/73	7:01/74	1:49/90	4:42/101	2:12/61
	+10:43 (14)	+1:44 (14)	+3:26 (9)	+0:49 (6)	+1:32 (12)	+3:20 (9)	+2:33 (10)	+0:42 (13)	+2:02 (13)	+0:51 (13)
	1:08:30 (12)	1:09:22 (12)								
	2:27/97	0:52/249								
	+1:11 (15)	+0:25 (16)								
<b>13</b>	<b>Grete Olsen</b>		<b>Bjerkvik IF</b>		<b>(16.14min/km)</b>		<b>1:15:03</b>	<b>(+30:54)</b>		
	15:43 (11)	19:43 (12)	30:47 (12)	34:18 (11)	38:01 (11)	55:10 (13)	1:02:13 (13)	1:05:21 (13)	1:10:11 (13)	1:12:28 (13)
	15:43/63	4:00/91	11:04/64	3:31/69	3:43/71	17:09/73	7:03/74	3:08/90	4:50/101	2:17/61
	+6:39 (11)	+2:00 (15)	+4:40 (12)	+1:32 (11)	+1:26 (10)	+10:08 (14)	+2:35 (11)	+2:01 (15)	+2:10 (14)	+0:56 (14)
	1:14:29 (13)	1:15:03 (13)								
	2:01/97	0:34/249								
	+0:45 (14)	+0:07 (9)								
<b>14</b>	<b>Eija Sulavuori</b>		<b>Turun Metsänkävijät</b>		<b>(16.88min/km)</b>		<b>1:18:30</b>	<b>(+34:21)</b>		
	12:06 (7)	15:09 (8)	28:01 (9)	43:15 (14)	46:55 (14)	1:00:10 (14)	1:08:55 (14)	1:10:32 (14)	1:14:06 (14)	1:16:02 (14)
	12:06/63	3:03/91	12:52/64	15:14/69	3:40/71	13:15/73	8:45/74	1:37/90	3:34/101	1:56/61
	+3:02 (7)	+1:03 (13)	+6:28 (14)	+13:15 (16)	+1:23 (9)	+6:14 (13)	+4:17 (15)	+0:30 (8)	+0:54 (10)	+0:35 (11)
	1:17:50 (14)	1:18:30 (14)								
	1:48/125	0:40/249								
	+0:32 (12)	+0:13 (15)								
<b>15</b>	<b>Kirsten Nymann</b>		<b>Øst, OK - Danmark</b>		<b>(20.94min/km)</b>		<b>1:37:22</b>	<b>(+53:13)</b>		
	37:12 (16)	39:57 (16)	49:54 (15)	52:57 (15)	57:01 (15)	1:14:39 (15)	1:22:47 (15)	1:24:34 (15)	1:32:57 (15)	1:34:51 (15)
	37:12/63	2:45/91	9:57/64	3:03/69	4:04/71	17:38/73	8:08/74	1:47/90	8:23/101	1:54/61
	+28:08 (16)	+0:45 (11)	+3:33 (10)	+1:04 (8)	+1:47 (14)	+10:37 (15)	+3:40 (14)	+0:40 (12)	+5:43 (16)	+0:33 (10)
	1:36:43 (15)	1:37:22 (15)								
	1:52/125	0:39/249								
	+0:36 (13)	+0:12 (14)								
<b>16</b>	<b>Ellen Bro Kolstø</b>		<b>Stjørdals-Blink Orientering</b>		<b>(25.49min/km)</b>		<b>1:58:33</b>	<b>(+1:14:24)</b>		
	25:49 (15)	30:53 (15)	51:02 (16)	57:15 (16)	1:04:31 (16)	1:26:06 (16)	1:37:05 (16)	1:40:17 (16)	1:47:14 (16)	1:55:07 (16)
	25:49/63	5:04/91	20:09/64	6:13/69	7:16/71	21:35/73	10:59/74	3:12/90	6:57/101	7:53/61
	+16:45 (15)	+3:04 (16)	+13:45 (16)	+4:14 (15)	+4:59 (16)	+14:34 (16)	+6:31 (16)	+2:05 (16)	+4:17 (15)	+6:32 (16)
	1:57:55 (16)	1:58:33 (16)								
	2:48/97	0:38/249								
	+1:32 (16)	+0:11 (13)								

## Klasse H45- 6.3 km

29 påmeldt, 29 startende 1 premiert

<b>1</b>	<b>Geir Staldvik</b>		<b>Namsskogan IL</b>		<b>(8.16min/km)</b>		<b>51:43</b>		
8:45 (5)	13:31 (3)	22:02 (3)	23:01 (3)	24:51 (2)	29:19 (2)	30:01 (3)	41:44 (2)	44:48 (1)	46:42 (1)
8:45/31	4:46/34	8:31/49	0:59/54	1:50/52	4:28/40	0:42/48	11:43/63	3:04/74	1:54/105
+0:30 (5)	+0:05 (3)	+0:39 (3)	+0:08 (3)	+0:00 (1)	+0:14 (4)	+0:05 (3)	+0:35 (5)	+0:03 (2)	+0:01 (2)
48:29 (1)	49:51 (1)	51:15 (1)	51:43 (1)						
1:47/59	1:22/61	1:24/97	0:28/249						
+0:15 (8)	+0:01 (2)	+0:11 (10)	+0:05 (9)						
<b>2</b>	<b>Hans Eidnes</b>		<b>Harstad OL</b>		<b>(8.30min/km)</b>		<b>52:36</b>	<b>(+0:53)</b>	
8:26 (2)	13:59 (7)	21:51 (1)	22:42 (1)	24:47 (1)	29:01 (1)	29:49 (1)	41:40 (1)	44:53 (2)	47:12 (2)
8:26/31	5:33/34	7:52/49	0:51/54	2:05/52	4:14/40	0:48/48	11:51/63	3:13/74	2:19/105
+0:11 (2)	+0:52 (14)	+0:00 (1)	+0:00 (1)	+0:15 (4)	+0:00 (1)	+0:11 (15)	+0:43 (7)	+0:12 (7)	+0:26 (17)
48:59 (2)	50:49 (2)	52:09 (2)	52:36 (2)						
1:47/59	1:50/61	1:20/97	0:27/249						
+0:15 (8)	+0:29 (16)	+0:07 (6)	+0:04 (8)						
<b>3</b>	<b>Mikko Rapakko</b>		<b>Ounasvaaran Hiihtoseura</b>		<b>(8.48min/km)</b>		<b>53:45</b>	<b>(+2:02)</b>	
8:57 (8)	13:44 (5)	23:30 (6)	24:42 (7)	26:43 (5)	31:24 (5)	32:07 (5)	43:20 (4)	46:27 (4)	48:30 (3)
8:57/31	4:47/34	9:46/49	1:12/54	2:01/52	4:41/40	0:43/48	11:13/63	3:07/74	2:03/105
+0:42 (8)	+0:06 (4)	+1:54 (9)	+0:21 (15)	+0:11 (3)	+0:27 (6)	+0:06 (5)	+0:05 (2)	+0:06 (5)	+0:10 (5)
50:21 (3)	52:02 (3)	53:17 (3)	53:45 (3)						
1:51/59	1:41/61	1:15/125	0:28/249						
+0:19 (12)	+0:20 (10)	+0:02 (2)	+0:05 (9)						
<b>4</b>	<b>Axel Theisen</b>		<b>Mellebygd IL</b>		<b>(8.50min/km)</b>		<b>53:55</b>	<b>(+2:12)</b>	
8:39 (4)	13:27 (2)	22:05 (4)	23:08 (4)	25:27 (4)	30:43 (4)	31:28 (4)	43:16 (3)	46:20 (3)	48:41 (4)
8:39/31	4:48/34	8:38/49	1:03/54	2:19/52	5:16/40	0:45/48	11:48/63	3:04/74	2:21/105
+0:24 (4)	+0:07 (5)	+0:46 (4)	+0:12 (8)	+0:29 (8)	+1:02 (15)	+0:08 (9)	+0:40 (6)	+0:03 (2)	+0:28 (18)
50:21 (3)	52:16 (5)	53:29 (4)	53:55 (4)						
1:40/59	1:55/61	1:13/97	0:26/249						
+0:08 (4)	+0:34 (17)	+0:00 (1)	+0:03 (5)						
<b>5</b>	<b>Raimo Itkonen</b>		<b>Suunta Jyväskylä</b>		<b>(8.54min/km)</b>		<b>54:08</b>	<b>(+2:25)</b>	
8:35 (3)	15:49 (16)	24:14 (8)	25:14 (8)	27:12 (7)	31:39 (7)	32:28 (7)	43:46 (6)	46:50 (5)	49:00 (5)
8:35/31	7:14/34	8:25/49	1:00/54	1:58/52	4:27/40	0:49/48	11:18/63	3:04/74	2:10/105
+0:20 (3)	+2:33 (25)	+0:33 (2)	+0:09 (4)	+0:08 (2)	+0:13 (3)	+0:12 (16)	+0:10 (3)	+0:03 (2)	+0:17 (9)
50:45 (5)	52:12 (4)	53:38 (5)	54:08 (5)						
1:45/59	1:27/61	1:26/125	0:30/249						
+0:13 (5)	+0:06 (3)	+0:13 (16)	+0:07 (14)						
<b>6</b>	<b>Lars Lundkvist</b>		<b>Seskarö IF</b>		<b>(8.66min/km)</b>		<b>54:53</b>	<b>(+3:10)</b>	
8:15 (1)	12:56 (1)	22:01 (2)	22:56 (2)	25:07 (3)	29:24 (3)	30:01 (2)	43:45 (5)	48:14 (6)	50:07 (6)
8:15/31	4:41/34	9:05/49	0:55/54	2:11/52	4:17/40	0:37/48	13:44/63	4:29/74	1:53/105
+0:00 (1)	+0:00 (1)	+1:13 (5)	+0:04 (2)	+0:21 (5)	+0:03 (2)	+0:00 (1)	+2:36 (18)	+1:28 (24)	+0:00 (1)
51:39 (6)	53:07 (6)	54:27 (6)	54:53 (6)						
1:32/59	1:28/61	1:20/97	0:26/249						
+0:00 (1)	+0:07 (4)	+0:07 (6)	+0:03 (5)						
<b>7</b>	<b>Tore Kolstad</b>		<b>Mo OK</b>		<b>(8.97min/km)</b>		<b>56:52</b>	<b>(+5:09)</b>	
9:22 (11)	14:15 (8)	24:38 (9)	25:54 (9)	28:23 (9)	34:09 (11)	34:55 (10)	46:03 (8)	50:08 (10)	52:15 (10)
9:22/31	4:53/34	10:23/49	1:16/54	2:29/52	5:46/40	0:46/48	11:08/63	4:05/74	2:07/105
+1:07 (11)	+0:12 (6)	+2:31 (14)	+0:25 (19)	+0:39 (12)	+1:32 (23)	+0:09 (11)	+0:00 (1)	+1:04 (21)	+0:14 (7)
53:52 (10)	55:13 (7)	56:29 (7)	56:52 (7)						
1:37/59	1:21/61	1:16/125	0:23/249						
+0:05 (2)	+0:00 (1)	+0:03 (3)	+0:00 (1)						
<b>8</b>	<b>Arild Ingdal</b>		<b>Mellebygd IL</b>		<b>(9.03min/km)</b>		<b>57:15</b>	<b>(+5:32)</b>	
9:07 (9)	14:19 (9)	23:31 (7)	24:31 (6)	27:21 (8)	32:19 (8)	33:04 (8)	45:18 (7)	49:49 (9)	51:52 (8)
9:07/31	5:12/34	9:12/49	1:00/54	2:50/52	4:58/40	0:45/48	12:14/63	4:31/74	2:03/105
+0:52 (9)	+0:31 (9)	+1:20 (6)	+0:09 (4)	+1:00 (22)	+0:44 (9)	+0:08 (9)	+1:06 (9)	+1:30 (25)	+0:10 (5)
53:47 (9)	55:30 (9)	56:49 (8)	57:15 (8)						
1:55/59	1:43/61	1:19/97	0:26/249						
+0:23 (14)	+0:22 (11)	+0:06 (4)	+0:03 (5)						

<b>9</b>	<b>Achermann Alois</b>		<b>Piz Hasi, OLK</b>		<b>(9.06min/km)</b>		<b>57:26</b>	<b>(+5:43)</b>	
8:54 (7)	13:39 (4)	25:33 (12)	26:35 (12)	29:24 (12)	34:05 (9)	34:49 (9)	46:16 (10)	49:23 (7)	51:32 (7)
8:54/31	4:45/34	11:54/49	1:02/54	2:49/52	4:41/40	0:44/48	11:27/63	3:07/74	2:09/105
+0:39 (7)	+0:04 (2)	+4:02 (24)	+0:11 (7)	+0:59 (19)	+0:27 (6)	+0:07 (7)	+0:19 (4)	+0:06 (5)	+0:16 (8)
53:31 (7)	55:38 (10)	57:02 (10)	57:26 (9)						
1:59/59	2:07/61	1:24/125	0:24/249						
+0:27 (20)	+0:46 (22)	+0:11 (10)	+0:01 (2)						
<b>10</b>	<b>Geir Skoe</b>		<b>Skade, IL</b>		<b>(9.06min/km)</b>		<b>57:27</b>	<b>(+5:44)</b>	
8:49 (6)	13:58 (6)	23:29 (5)	24:29 (5)	26:47 (6)	31:26 (6)	32:12 (6)	46:06 (9)	49:35 (8)	51:53 (9)
8:49/31	5:09/34	9:31/49	1:00/54	2:18/52	4:39/40	0:46/48	13:54/63	3:29/74	2:18/105
+0:34 (6)	+0:28 (8)	+1:39 (7)	+0:09 (4)	+0:28 (7)	+0:25 (5)	+0:09 (11)	+2:46 (20)	+0:28 (12)	+0:25 (15)
53:42 (8)	55:29 (8)	56:57 (9)	57:27 (10)						
1:49/59	1:47/61	1:28/125	0:30/249						
+0:17 (11)	+0:26 (14)	+0:15 (20)	+0:07 (14)						
<b>11</b>	<b>Taisto Maijala</b>		<b>Lapin Veikot Finland</b>		<b>(9.32min/km)</b>		<b>59:05</b>	<b>(+7:22)</b>	
9:38 (13)	15:06 (11)	25:16 (11)	26:27 (11)	29:08 (11)	34:24 (12)	35:04 (12)	47:17 (11)	50:42 (11)	52:54 (11)
9:38/31	5:28/34	10:10/49	1:11/54	2:41/52	5:16/40	0:40/48	12:13/63	3:25/74	2:12/105
+1:23 (13)	+0:47 (13)	+2:18 (11)	+0:20 (14)	+0:51 (16)	+1:02 (15)	+0:03 (2)	+1:05 (8)	+0:24 (10)	+0:19 (11)
54:51 (11)	57:10 (11)	58:36 (11)	59:05 (11)						
1:57/59	2:19/61	1:26/97	0:29/249						
+0:25 (16)	+0:58 (26)	+0:13 (16)	+0:06 (11)						
<b>12</b>	<b>Jens Lindsröm</b>		<b>Tibro OK</b>		<b>(9.41min/km)</b>		<b>59:38</b>	<b>(+7:55)</b>	
9:26 (12)	15:11 (12)	25:38 (13)	26:41 (13)	29:27 (13)	34:29 (13)	35:15 (13)	47:29 (12)	52:11 (12)	54:10 (12)
9:26/31	5:45/34	10:27/49	1:03/54	2:46/52	5:02/40	0:46/48	12:14/63	4:42/74	1:59/105
+1:11 (12)	+1:04 (18)	+2:35 (15)	+0:12 (8)	+0:56 (18)	+0:48 (10)	+0:09 (11)	+1:06 (9)	+1:41 (26)	+0:06 (3)
56:07 (12)	57:42 (12)	59:06 (12)	59:38 (12)						
1:57/59	1:35/61	1:24/125	0:32/249						
+0:25 (16)	+0:14 (8)	+0:11 (10)	+0:09 (21)						
<b>13</b>	<b>Vesa Ihalainen</b>		<b>Navi</b>		<b>(9.61min/km)</b>		<b>1:00:56</b>	<b>(+9:13)</b>	
9:46 (14)	14:54 (10)	25:11 (10)	26:26 (10)	28:56 (10)	34:05 (10)	35:00 (11)	49:48 (14)	52:49 (13)	55:00 (13)
9:46/31	5:08/34	10:17/49	1:15/54	2:30/52	5:09/40	0:55/48	14:48/63	3:01/74	2:11/105
+1:31 (14)	+0:27 (7)	+2:25 (12)	+0:24 (18)	+0:40 (14)	+0:55 (11)	+0:18 (22)	+3:40 (23)	+0:00 (1)	+0:18 (10)
56:38 (13)	58:49 (13)	1:00:18 (13)	1:00:56 (13)						
1:38/59	2:11/61	1:29/125	0:38/249						
+0:06 (3)	+0:50 (24)	+0:16 (21)	+0:15 (27)						
<b>14</b>	<b>Raul Olesk</b>		<b>Polva Kobras OK</b>		<b>(9.62min/km)</b>		<b>1:00:59</b>	<b>(+9:16)</b>	
10:14 (16)	15:41 (15)	27:25 (18)	28:32 (18)	30:57 (15)	36:10 (15)	37:05 (15)	49:20 (13)	53:12 (14)	55:35 (14)
10:14/31	5:27/34	11:44/49	1:07/54	2:25/52	5:13/40	0:55/48	12:15/63	3:52/74	2:23/105
+1:59 (16)	+0:46 (11)	+3:52 (23)	+0:16 (13)	+0:35 (10)	+0:59 (14)	+0:18 (22)	+1:07 (11)	+0:51 (16)	+0:30 (21)
57:31 (14)	59:04 (14)	1:00:30 (14)	1:00:59 (14)						
1:56/59	1:33/61	1:26/97	0:29/249						
+0:24 (15)	+0:12 (7)	+0:13 (16)	+0:06 (11)						
<b>15</b>	<b>Håkon Løvli</b>		<b>Asker SK</b>		<b>(9.74min/km)</b>		<b>1:01:44</b>	<b>(+10:01)</b>	
11:07 (20)	16:49 (19)	26:46 (15)	28:11 (16)	30:38 (14)	35:57 (14)	36:48 (14)	49:54 (15)	53:25 (15)	55:47 (15)
11:07/31	5:42/34	9:57/49	1:25/54	2:27/52	5:19/40	0:51/48	13:06/63	3:31/74	2:22/105
+2:52 (20)	+1:01 (15)	+2:05 (10)	+0:34 (22)	+0:37 (11)	+1:05 (18)	+0:14 (19)	+1:58 (13)	+0:30 (14)	+0:29 (19)
57:32 (15)	59:39 (15)	1:01:14 (15)	1:01:44 (15)						
1:45/59	2:07/61	1:35/125	0:30/249						
+0:13 (5)	+0:46 (22)	+0:22 (24)	+0:07 (14)						
<b>16</b>	<b>Øystein Tandberg</b>		<b>Nydalen SK</b>		<b>(9.95min/km)</b>		<b>1:03:05</b>	<b>(+11:22)</b>	
11:43 (23)	17:09 (21)	27:46 (19)	29:17 (19)	32:06 (19)	37:22 (16)	38:26 (17)	51:21 (16)	54:50 (16)	57:07 (16)
11:43/31	5:26/34	10:37/49	1:31/54	2:49/52	5:16/40	1:04/48	12:55/63	3:29/74	2:17/105
+3:28 (23)	+0:45 (10)	+2:45 (16)	+0:40 (26)	+0:59 (19)	+1:02 (15)	+0:27 (24)	+1:47 (12)	+0:28 (12)	+0:24 (14)
59:07 (16)	1:01:08 (16)	1:02:35 (16)	1:03:05 (16)						
2:00/59	2:01/61	1:27/97	0:30/249						
+0:28 (21)	+0:40 (19)	+0:14 (19)	+0:07 (14)						
<b>17</b>	<b>Stig Larsson</b>		<b>Göteborg Majorna OK</b>		<b>(10.05min/km)</b>		<b>1:03:42</b>	<b>(+11:59)</b>	
10:19 (17)	16:15 (17)	26:58 (17)	28:02 (15)	32:18 (20)	37:59 (21)	38:45 (20)	51:59 (18)	55:59 (18)	58:21 (18)
10:19/31	5:56/34	10:43/49	1:04/54	4:16/52	5:41/40	0:46/48	13:14/63	4:00/74	2:22/105
+2:04 (17)	+1:15 (20)	+2:51 (17)	+0:13 (10)	+2:26 (26)	+1:27 (21)	+0:09 (11)	+2:06 (15)	+0:59 (19)	+0:29 (19)

1:00:15 (17)	1:01:46 (17)	1:03:10 (17)	1:03:42 (17)							
1:54/59	1:31/61	1:24/97	0:32/249							
+0:22 (13)	+0:10 (5)	+0:11 (10)	+0:09 (21)							
<b>18 Frode Staldvik</b>				<b>Vemundvik I.L</b>	<b>(10.18min/km)</b>	<b>1:04:34</b>	<b>(+12:51)</b>			
11:04 (19)	16:46 (18)	27:49 (20)	29:19 (20)	32:03 (18)	37:39 (18)	38:32 (19)	51:38 (17)	55:32 (17)	58:04 (17)	
11:04/31	5:42/34	11:03/49	1:30/54	2:44/52	5:36/40	0:53/48	13:06/63	3:54/74	2:32/105	
+2:49 (19)	+1:01 (15)	+3:11 (18)	+0:39 (25)	+0:54 (17)	+1:22 (20)	+0:16 (20)	+1:58 (13)	+0:53 (18)	+0:39 (23)	
1:00:20 (18)	1:02:19 (18)	1:04:01 (18)	1:04:34 (18)							
2:16/59	1:59/61	1:42/97	0:33/249							
+0:44 (26)	+0:38 (18)	+0:29 (25)	+0:10 (23)							
<b>19 Lars Stuland Larsen</b>				<b>Varegg Fleridrett</b>	<b>(10.34min/km)</b>	<b>1:05:35</b>	<b>(+13:52)</b>			
11:13 (21)	17:04 (20)	29:07 (21)	30:31 (21)	32:44 (21)	37:54 (20)	38:47 (21)	52:32 (19)	56:24 (19)	59:17 (19)	
11:13/31	5:51/34	12:03/49	1:24/54	2:13/52	5:10/40	0:53/48	13:45/63	3:52/74	2:53/105	
+2:58 (21)	+1:10 (19)	+4:11 (25)	+0:33 (21)	+0:23 (6)	+0:56 (13)	+0:16 (20)	+2:37 (19)	+0:51 (16)	+1:00 (27)	
1:01:27 (19)	1:03:29 (19)	1:05:02 (19)	1:05:35 (19)							
2:10/59	2:02/61	1:33/125	0:33/249							
+0:38 (25)	+0:41 (20)	+0:20 (23)	+0:10 (23)							
<b>20 Asgeir Sørensen</b>				<b>Freidig</b>	<b>(10.38min/km)</b>	<b>1:05:49</b>	<b>(+14:06)</b>			
9:18 (10)	15:28 (14)	26:57 (16)	28:26 (17)	31:30 (16)	37:22 (16)	38:11 (16)	53:52 (20)	57:18 (20)	1:00:07 (20)	
9:18/31	6:10/34	11:29/49	1:29/54	3:04/52	5:52/40	0:49/48	15:41/63	3:26/74	2:49/105	
+1:03 (10)	+1:29 (24)	+3:37 (20)	+0:38 (24)	+1:14 (23)	+1:38 (25)	+0:12 (16)	+4:33 (24)	+0:25 (11)	+0:56 (24)	
1:02:09 (20)	1:03:53 (20)	1:05:18 (20)	1:05:49 (20)							
2:02/59	1:44/61	1:25/97	0:31/249							
+0:30 (23)	+0:23 (12)	+0:12 (14)	+0:08 (19)							
<b>21 Eivind Selvig</b>				<b>Nydalen SK</b>	<b>(10.57min/km)</b>	<b>1:07:02</b>	<b>(+15:19)</b>			
9:48 (15)	15:15 (13)	26:33 (14)	27:47 (14)	31:55 (17)	37:44 (19)	38:28 (18)	54:26 (21)	58:40 (21)	1:00:55 (21)	
9:48/31	5:27/34	11:18/49	1:14/54	4:08/52	5:49/40	0:44/48	15:58/63	4:14/74	2:15/105	
+1:33 (15)	+0:46 (11)	+3:26 (19)	+0:23 (16)	+2:18 (25)	+1:35 (24)	+0:07 (7)	+4:50 (26)	+1:13 (23)	+0:22 (12)	
1:03:00 (21)	1:05:14 (21)	1:06:37 (21)	1:07:02 (21)							
2:05/59	2:14/61	1:23/125	0:25/249							
+0:33 (24)	+0:53 (25)	+0:10 (9)	+0:02 (4)							
<b>22 Geir Sylte</b>				<b>Skåla IL</b>	<b>(10.83min/km)</b>	<b>1:08:41</b>	<b>(+16:58)</b>			
18:49 (29)	24:52 (29)	35:13 (26)	36:19 (26)	38:40 (25)	43:37 (25)	44:26 (25)	57:41 (24)	1:00:54 (22)	1:03:19 (23)	
18:49/31	6:03/34	10:21/49	1:06/54	2:21/52	4:57/40	0:49/48	13:15/63	3:13/74	2:25/105	
+10:34 (29)	+1:22 (22)	+2:29 (13)	+0:15 (11)	+0:31 (9)	+0:43 (8)	+0:12 (16)	+2:07 (16)	+0:12 (7)	+0:32 (22)	
1:05:06 (22)	1:06:52 (22)	1:08:17 (22)	1:08:41 (22)							
1:47/59	1:46/61	1:25/97	0:24/249							
+0:15 (8)	+0:25 (13)	+0:12 (14)	+0:01 (2)							
<b>23 Johnny Johansen</b>				<b>Lillomarka OL</b>	<b>(10.86min/km)</b>	<b>1:08:52</b>	<b>(+17:09)</b>			
16:53 (28)	22:35 (28)	32:18 (24)	34:25 (25)	37:14 (24)	42:55 (24)	43:38 (23)	57:34 (23)	1:00:57 (23)	1:03:12 (22)	
16:53/31	5:42/34	9:43/49	2:07/54	2:49/52	5:41/40	0:43/48	13:56/63	3:23/74	2:15/105	
+8:38 (28)	+1:01 (15)	+1:51 (8)	+1:16 (29)	+0:59 (19)	+1:27 (21)	+0:06 (5)	+2:48 (21)	+0:22 (9)	+0:22 (12)	
1:05:13 (23)	1:07:01 (23)	1:08:21 (23)	1:08:52 (23)							
2:01/59	1:48/61	1:20/97	0:31/249							
+0:29 (22)	+0:27 (15)	+0:07 (6)	+0:08 (19)							
<b>24 Pertti Itkonen</b>				<b>Lapin Veikot Finland</b>	<b>(11.06min/km)</b>	<b>1:10:08</b>	<b>(+18:25)</b>			
12:38 (27)	20:15 (26)	31:50 (23)	33:04 (23)	35:33 (22)	41:00 (22)	42:10 (22)	56:57 (22)	1:00:57 (23)	1:03:46 (24)	
12:38/31	7:37/34	11:35/49	1:14/54	2:29/52	5:27/40	1:10/48	14:47/63	4:00/74	2:49/105	
+4:23 (27)	+2:56 (27)	+3:43 (22)	+0:23 (16)	+0:39 (12)	+1:13 (19)	+0:33 (26)	+3:39 (22)	+0:59 (19)	+0:56 (24)	
1:05:43 (24)	1:07:49 (24)	1:09:34 (24)	1:10:08 (24)							
1:57/59	2:06/61	1:45/125	0:34/249							
+0:25 (16)	+0:45 (21)	+0:32 (27)	+0:11 (25)							
<b>25 Arild Røkenes</b>				<b>Alta OL</b>	<b>(11.28min/km)</b>	<b>1:11:30</b>	<b>(+19:47)</b>			
12:11 (25)	18:09 (23)	32:19 (25)	33:46 (24)	40:51 (26)	46:00 (26)	46:42 (26)	1:00:15 (26)	1:03:55 (25)	1:06:13 (25)	
12:11/31	5:58/34	14:10/49	1:27/54	7:05/52	5:09/40	0:42/48	13:33/63	3:40/74	2:18/105	
+3:56 (25)	+1:17 (21)	+6:18 (26)	+0:36 (23)	+5:15 (28)	+0:55 (11)	+0:05 (3)	+2:25 (17)	+0:39 (15)	+0:25 (15)	
1:08:10 (25)	1:09:42 (25)	1:11:01 (25)	1:11:30 (25)							
1:57/59	1:32/61	1:19/97	0:29/249							
+0:25 (16)	+0:11 (6)	+0:06 (4)	+0:06 (11)							

<b>26 Ole Texmo</b>	<b>Fet OL</b>					<b>(11.75min/km)</b>	<b>1:14:28</b>		<b>(+22:45)</b>	
11:37 (22)	19:20 (25)	30:49 (22)	32:08 (22)	36:33 (23)	42:53 (23)	43:59 (24)	59:43 (25)	1:04:38 (26)	1:07:28 (26)	
11:37/31	7:43/34	11:29/49	1:19/54	4:25/52	6:20/40	1:06/48	15:44/63	4:55/74	2:50/105	
+3:22 (22)	+3:02 (28)	+3:37 (20)	+0:28 (20)	+2:35 (27)	+2:06 (26)	+0:29 (25)	+4:36 (25)	+1:54 (27)	+0:57 (26)	
1:09:51 (26)	1:12:10 (26)	1:13:52 (26)	1:14:28 (26)							
2:23/59	2:19/61	1:42/97	0:36/249							
+0:51 (27)	+0:58 (26)	+0:29 (25)	+0:13 (26)							

<b>27 Jens Bentsen</b>	<b>Øst, OK - Danmark</b>					<b>(15.17min/km)</b>	<b>1:36:09</b>		<b>(+44:26)</b>	
12:06 (24)	18:15 (24)	46:51 (28)	48:24 (28)	58:13 (28)	1:06:01 (28)	1:07:17 (28)	1:24:33 (27)	1:28:43 (27)	1:30:45 (27)	
12:06/31	6:09/34	28:36/49	1:33/54	9:49/52	7:48/40	1:16/48	17:16/63	4:10/74	2:02/105	
+3:51 (24)	+1:28 (23)	+20:44 (28)	+0:42 (27)	+7:59 (29)	+3:34 (28)	+0:39 (29)	+6:08 (28)	+1:09 (22)	+0:09 (4)	
1:32:31 (27)	1:34:09 (27)	1:35:39 (27)	1:36:09 (27)							
1:46/59	1:38/61	1:30/125	0:30/249							
+0:14 (7)	+0:17 (9)	+0:17 (22)	+0:07 (14)							

<b>28 Laurent Compere</b>	<b>Caennaise, Orientation</b>					<b>(16.77min/km)</b>	<b>1:46:19</b>		<b>(+54:36)</b>	
12:30 (26)	20:32 (27)	39:06 (27)	40:46 (27)	44:36 (27)	59:54 (27)	1:01:05 (27)	1:28:48 (28)	1:33:48 (28)	1:37:09 (28)	
12:30/31	8:02/34	18:34/49	1:40/54	3:50/52	15:18/40	1:11/48	27:43/63	5:00/74	3:21/105	
+4:15 (26)	+3:21 (29)	+10:42 (27)	+0:49 (28)	+2:00 (24)	+11:04 (29)	+0:34 (27)	+16:35 (29)	+1:59 (29)	+1:28 (28)	
1:40:05 (28)	1:43:33 (28)	1:45:38 (28)	1:46:19 (28)							
2:56/59	3:28/61	2:05/125	0:41/249							
+1:24 (29)	+2:07 (29)	+0:52 (28)	+0:18 (28)							

<b>29 Risto Luodonpää</b>	<b>Alatornion Pirkat</b>					<b>(20.88min/km)</b>	<b>2:12:24</b>		<b>(+1:20:41)</b>	
10:41 (18)	18:01 (22)	1:23:43 (29)	1:24:49 (29)	1:27:25 (29)	1:34:43 (29)	1:35:58 (29)	1:52:38 (29)	1:57:37 (29)	2:03:48 (29)	
10:41/31	7:20/34	1:05:42/49	1:06/54	2:36/52	7:18/40	1:15/48	16:40/63	4:59/74	6:11/105	
+2:26 (18)	+2:39 (26)	+57:50 (29)	+0:15 (11)	+0:46 (15)	+3:04 (27)	+0:38 (28)	+5:32 (27)	+1:58 (28)	+4:18 (29)	
2:06:37 (29)	2:09:28 (29)	2:11:42 (29)	2:12:24 (29)							
2:49/59	2:51/61	2:14/125	0:42/249							
+1:17 (28)	+1:30 (28)	+1:01 (29)	+0:19 (29)							

## Klasse D50- 4.0 km

18 påmeldt, 18 startende 1 premiørt

<b>1 Berit Danielsen</b>	<b>Tyrving, IL</b>					<b>(8.54min/km)</b>	<b>33:43</b>			
8:25 (1)	12:07 (1)	17:33 (1)	18:42 (1)	22:30 (1)	25:14 (1)	27:36 (1)	29:34 (1)	32:31 (1)	33:13 (1)	
8:25/85	3:42/91	5:26/82	1:09/83	3:48/32	2:44/74	2:22/58	1:58/59	2:57/102	0:42/125	
+0:00 (1)	+0:14 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:07 (2)	+0:11 (2)	+0:02 (3)	
33:43 (1)										
0:30/249										
+0:03 (6)										

<b>2 Annariitta Kottonen</b>	<b>Lynx - Finland</b>					<b>(9.11min/km)</b>	<b>36:00</b>		<b>(+2:17)</b>	
8:42 (2)	12:10 (2)	18:56 (2)	20:18 (2)	24:25 (2)	27:33 (2)	30:12 (2)	32:03 (2)	34:49 (2)	35:30 (2)	
8:42/85	3:28/91	6:46/82	1:22/83	4:07/32	3:08/74	2:39/58	1:51/59	2:46/102	0:41/97	
+0:17 (2)	+0:00 (1)	+1:20 (6)	+0:13 (3)	+0:19 (2)	+0:24 (2)	+0:17 (4)	+0:00 (1)	+0:00 (1)	+0:01 (2)	
36:00 (2)										
0:30/249										
+0:03 (6)										

<b>3 Taina Itkonen</b>	<b>Lapin Veikot Finland</b>					<b>(9.89min/km)</b>	<b>39:03</b>		<b>(+5:20)</b>	
9:10 (3)	13:11 (3)	19:18 (3)	20:33 (3)	25:45 (3)	29:07 (3)	32:15 (3)	34:21 (3)	37:53 (3)	38:35 (3)	
9:10/85	4:01/91	6:07/82	1:15/83	5:12/32	3:22/74	3:08/58	2:06/59	3:32/102	0:42/97	
+0:45 (3)	+0:33 (5)	+0:41 (2)	+0:06 (2)	+1:24 (7)	+0:38 (7)	+0:46 (5)	+0:15 (6)	+0:46 (10)	+0:02 (3)	
39:03 (3)										
0:28/249										
+0:01 (2)										

<b>4 Grete Berge Owren</b>	<b>Freidig</b>					<b>(10.24min/km)</b>	<b>40:26</b>		<b>(+6:43)</b>	
10:03 (4)	13:56 (4)	20:32 (4)	22:14 (4)	26:46 (4)	30:01 (4)	33:19 (4)	35:39 (4)	39:05 (4)	39:55 (4)	
10:03/85	3:53/91	6:36/82	1:42/83	4:32/32	3:15/74	3:18/58	2:20/59	3:26/102	0:50/97	
+1:38 (4)	+0:25 (3)	+1:10 (4)	+0:33 (9)	+0:44 (3)	+0:31 (4)	+0:56 (11)	+0:29 (8)	+0:40 (8)	+0:10 (12)	
40:26 (4)										
0:31/249										
+0:04 (9)										

5	Anne Kjersti Daltveit		Fana IL		(10.42min/km)	<b>41:10</b>	(+7:27)			
	10:20 (6)	14:32 (6)	21:29 (6)	22:56 (5)	27:32 (5)	30:53 (5)	34:04 (5)	36:21 (5)	39:51 (5)	40:34 (5)
	10:20/85	4:12/91	6:57/82	1:27/83	4:36/32	3:21/74	3:11/58	2:17/59	3:30/102	0:43/97
	+1:55 (6)	+0:44 (7)	+1:31 (8)	+0:18 (4)	+0:48 (5)	+0:37 (5)	+0:49 (7)	+0:26 (7)	+0:44 (9)	+0:03 (5)
	41:10 (5)									
	0:36/249									
	+0:09 (12)									
6	Eli Ringdalen		Mo OK		(10.77min/km)	<b>42:32</b>	(+8:49)			
	11:18 (8)	15:16 (8)	22:07 (7)	23:42 (7)	28:47 (6)	32:12 (6)	35:31 (6)	37:59 (6)	41:17 (6)	42:04 (6)
	11:18/85	3:58/91	6:51/82	1:35/83	5:05/32	3:25/74	3:19/58	2:28/59	3:18/102	0:47/125
	+2:53 (8)	+0:30 (4)	+1:25 (7)	+0:26 (8)	+1:17 (6)	+0:41 (10)	+0:57 (12)	+0:37 (10)	+0:32 (7)	+0:07 (8)
	42:32 (6)									
	0:28/249									
	+0:01 (2)									
7	Inger Lise T. Skårholen		Løten OL		(10.95min/km)	<b>43:16</b>	(+9:33)			
	12:11 (13)	16:30 (11)	23:30 (9)	25:02 (8)	29:35 (7)	32:56 (7)	36:08 (7)	38:13 (7)	41:53 (7)	42:40 (7)
	12:11/85	4:19/91	7:00/82	1:32/83	4:33/32	3:21/74	3:12/58	2:05/59	3:40/102	0:47/125
	+3:46 (13)	+0:51 (10)	+1:34 (9)	+0:23 (5)	+0:45 (4)	+0:37 (5)	+0:50 (8)	+0:14 (5)	+0:54 (11)	+0:07 (8)
	43:16 (7)									
	0:36/249									
	+0:09 (12)									
8	Heidi Gunnberg		Sørreisa OL		(11.28min/km)	<b>44:34</b>	(+10:51)			
	10:41 (7)	14:53 (7)	21:25 (5)	22:58 (6)	32:51 (9)	36:00 (9)	38:25 (8)	40:25 (8)	43:25 (8)	44:05 (8)
	10:41/85	4:12/91	6:32/82	1:33/83	9:53/32	3:09/74	2:25/58	2:00/59	3:00/102	0:40/125
	+2:16 (7)	+0:44 (7)	+1:06 (3)	+0:24 (7)	+6:05 (18)	+0:25 (3)	+0:03 (2)	+0:09 (4)	+0:14 (3)	+0:00 (1)
	44:34 (8)									
	0:29/249									
	+0:02 (4)									
9	Liv Petersen-Øverleir		Mo OK		(11.65min/km)	<b>46:01</b>	(+12:18)			
	10:14 (5)	14:22 (5)	25:34 (10)	27:20 (10)	33:25 (10)	36:56 (10)	39:32 (10)	41:31 (10)	44:47 (9)	45:32 (9)
	10:14/85	4:08/91	11:12/82	1:46/83	6:05/32	3:31/74	2:36/58	1:59/59	3:16/102	0:45/97
	+1:49 (5)	+0:40 (6)	+5:46 (15)	+0:37 (10)	+2:17 (12)	+0:47 (11)	+0:14 (3)	+0:08 (3)	+0:30 (5)	+0:05 (6)
	46:01 (9)									
	0:29/249									
	+0:02 (4)									
10	Lisbeth Beyer		Mo OK		(11.77min/km)	<b>46:29</b>	(+12:46)			
	11:56 (11)	16:33 (12)	23:15 (8)	25:05 (9)	31:15 (8)	34:57 (8)	38:34 (9)	41:09 (9)	44:52 (10)	45:49 (10)
	11:56/85	4:37/91	6:42/82	1:50/83	6:10/32	3:42/74	3:37/58	2:35/59	3:43/102	0:57/125
	+3:31 (11)	+1:09 (14)	+1:16 (5)	+0:41 (12)	+2:22 (13)	+0:58 (12)	+1:15 (13)	+0:44 (11)	+0:57 (13)	+0:17 (14)
	46:29 (10)									
	0:40/249									
	+0:13 (15)									
11	Carol Iddles		Viborg OK		(12.76min/km)	<b>50:23</b>	(+16:40)			
	12:01 (12)	17:07 (13)	26:40 (11)	28:26 (11)	34:29 (11)	37:51 (11)	41:00 (11)	45:10 (11)	49:09 (11)	49:56 (11)
	12:01/85	5:06/91	9:33/82	1:46/83	6:03/32	3:22/74	3:09/58	4:10/59	3:59/102	0:47/97
	+3:36 (12)	+1:38 (15)	+4:07 (12)	+0:37 (10)	+2:15 (11)	+0:38 (7)	+0:47 (6)	+2:19 (18)	+1:13 (14)	+0:07 (8)
	50:23 (11)									
	0:27/249									
	+0:00 (1)									
12	Mona Hesselberg		Løten OL		(12.87min/km)	<b>50:51</b>	(+17:08)			
	17:08 (18)	21:26 (18)	29:00 (14)	30:32 (13)	36:33 (13)	39:57 (12)	43:09 (12)	45:44 (12)	49:26 (12)	50:14 (12)
	17:08/85	4:18/91	7:34/82	1:32/83	6:01/32	3:24/74	3:12/58	2:35/59	3:42/102	0:48/97
	+8:43 (18)	+0:50 (9)	+2:08 (10)	+0:23 (5)	+2:13 (10)	+0:40 (9)	+0:50 (8)	+0:44 (11)	+0:56 (12)	+0:08 (11)
	50:51 (12)									
	0:37/249									
	+0:10 (14)									
13	Åse Karin Wigemyr		Oddersjaa SSK		(13.75min/km)	<b>54:19</b>	(+20:36)			
	13:52 (15)	18:27 (15)	27:20 (12)	29:13 (12)	35:04 (12)	40:03 (13)	44:22 (13)	47:31 (13)	52:00 (13)	53:22 (13)
	13:52/85	4:35/91	8:53/82	1:53/83	5:51/32	4:59/74	4:19/58	3:09/59	4:29/102	1:22/125
	+5:27 (15)	+1:07 (12)	+3:27 (11)	+0:44 (13)	+2:03 (9)	+2:15 (18)	+1:57 (16)	+1:18 (16)	+1:43 (16)	+0:42 (18)

54:19 (13)

0:57/249

+0:30 (18)

**14 Catharina Forsén** Denseln, OK (14.52min/km) **57:22 (+23:39)**  
12:16 (14) 17:35 (14) 28:05 (13) 30:46 (14) 39:30 (14) 43:58 (14) 48:13 (14) 51:08 (14) 55:28 (14) 56:37 (14)  
12:16/85 5:19/91 10:30/82 2:41/83 8:44/32 4:28/74 4:15/58 2:55/59 4:20/102 1:09/125  
+3:51 (14) +1:51 (17) +5:04 (14) +1:32 (18) +4:56 (17) +1:44 (16) +1:53 (15) +1:04 (14) +1:34 (15) +0:29 (17)  
57:22 (14)  
0:45/249  
+0:18 (17)

**15 Tone Kristin Smistad** Trollelg, OK (14.60min/km) **57:41 (+23:58)**  
11:51 (10) 16:21 (10) 34:02 (16) 36:03 (16) 41:23 (16) 45:15 (15) 50:12 (15) 53:00 (15) 56:16 (15) 57:08 (15)  
11:51/85 4:30/91 17:41/82 2:01/83 5:20/32 3:52/74 4:57/58 2:48/59 3:16/102 0:52/125  
+3:26 (10) +1:02 (11) +12:15 (16) +0:52 (14) +1:32 (8) +1:08 (14) +2:35 (17) +0:57 (13) +0:30 (5) +0:12 (13)  
57:41 (15)  
0:33/249  
+0:06 (10)

**16 Rønnaug Sagbakken** Løten OL (15.27min/km) **1:00:19 (+26:36)**  
14:04 (16) 19:32 (16) 29:54 (15) 32:28 (15) 40:34 (15) 45:27 (16) 50:34 (16) 53:44 (16) 58:30 (16) 59:35 (16)  
14:04/85 5:28/91 10:22/82 2:34/83 8:06/32 4:53/74 5:07/58 3:10/59 4:46/102 1:05/125  
+5:39 (16) +2:00 (18) +4:56 (13) +1:25 (17) +4:18 (16) +2:09 (17) +2:45 (18) +1:19 (17) +2:00 (17) +0:25 (16)  
1:00:19 (16)  
0:44/249  
+0:17 (16)

**17 Ragnhild Monsen** Mo OK (19.58min/km) **1:17:20 (+43:37)**  
11:23 (9) 15:59 (9) 50:21 (17) 52:35 (17) 1:00:23 (17) 1:04:14 (17) 1:07:26 (17) 1:10:27 (17) 1:15:48 (17) 1:16:47 (17)  
11:23/85 4:36/91 34:22/82 2:14/83 7:48/32 3:51/74 3:12/58 3:01/59 5:21/102 0:59/97  
+2:58 (9) +1:08 (13) +28:56 (17) +1:05 (15) +4:00 (15) +1:07 (13) +0:50 (8) +1:10 (15) +2:35 (18) +0:19 (15)  
1:17:20 (17)  
0:33/249  
+0:06 (10)

**18 Wenche Hjelmseth** Mo OK (20.88min/km) **1:22:28 (+48:45)**  
14:16 (17) 19:34 (17) 57:56 (18) 1:00:12 (18) 1:07:15 (18) 1:11:35 (18) 1:15:44 (18) 1:18:09 (18) 1:21:13 (18) 1:21:58 (18)  
14:16/85 5:18/91 38:22/82 2:16/83 7:03/32 4:20/74 4:09/58 2:25/59 3:04/102 0:45/97  
+5:51 (17) +1:50 (16) +32:56 (18) +1:07 (16) +3:15 (14) +1:36 (15) +1:47 (14) +0:34 (9) +0:18 (4) +0:05 (6)  
1:22:28 (18)  
0:30/249  
+0:03 (6)

## Klasse H50- 5.9 km

27 påmeldt, 27 startende 1 premiert

**1 Memund Daltveit** Fana IL (7.69min/km) **45:18**  
8:00 (3) 12:20 (1) 13:39 (1) 21:46 (3) 24:59 (3) 27:20 (3) 28:18 (3) 32:52 (2) 34:32 (2) 37:34 (2)  
8:00/31 4:20/34 1:19/33 8:07/49 3:13/50 2:21/40 0:58/48 4:34/82 1:40/103 3:02/57  
+0:47 (3) +0:00 (1) +0:20 (2) +1:45 (9) +0:00 (1) +0:19 (3) +0:22 (19) +0:09 (2) +0:08 (6) +0:12 (2)  
38:57 (1) 41:27 (1) 43:36 (1) 44:51 (1) 45:18 (1)  
1:23/74 2:30/60 2:09/61 1:15/97 0:27/249  
+0:07 (3) +0:22 (2) +0:26 (11) +0:04 (5) +0:07 (9)

**2 Per Kristian Ekeberg** Tyrving, IL (7.71min/km) **45:24 (+0:06)**  
7:56 (2) 12:26 (2) 13:50 (2) 20:12 (1) 23:56 (1) 26:32 (1) 27:15 (1) 32:14 (1) 33:52 (1) 37:03 (1)  
7:56/31 4:30/34 1:24/33 6:22/49 3:44/50 2:36/40 0:43/48 4:59/82 1:38/103 3:11/57  
+0:43 (2) +0:10 (3) +0:25 (4) +0:00 (1) +0:31 (4) +0:34 (6) +0:07 (4) +0:34 (3) +0:06 (2) +0:21 (3)  
38:57 (2) 41:39 (2) 43:37 (2) 44:54 (2) 45:24 (2)  
1:54/74 2:42/60 1:58/61 1:17/97 0:30/249  
+0:38 (17) +0:34 (5) +0:15 (6) +0:06 (6) +0:10 (15)

**3 Göran Nilsson** Snättringe SK Sverige (7.86min/km) **46:18 (+1:00)**  
8:02 (4) 12:35 (3) 14:18 (3) 21:15 (2) 24:37 (2) 26:59 (2) 27:45 (2) 32:59 (3) 34:37 (3) 38:03 (3)  
8:02/31 4:33/34 1:43/33 6:57/49 3:22/50 2:22/40 0:46/48 5:14/82 1:38/103 3:26/57  
+0:49 (4) +0:13 (4) +0:44 (15) +0:35 (2) +0:09 (2) +0:20 (4) +0:10 (6) +0:49 (6) +0:06 (2) +0:36 (6)

39:25 (3)	42:15 (3)	44:30 (3)	45:52 (3)	46:18 (3)						
1:22/74	2:50/60	2:15/61	1:22/125	0:26/249						
+0:06 (2)	+0:42 (8)	+0:32 (13)	+0:11 (9)	+0:06 (6)						
<b>4</b>	<b>Juhani Jetsonen</b>		<b>Kuopion Suunnistajat</b>	<b>(8.28min/km)</b>	<b>48:45</b>	<b>(+3:27)</b>				
7:13 (1)	16:08 (16)	17:07 (15)	26:26 (15)	30:36 (14)	32:38 (14)	33:14 (13)	37:39 (8)	39:11 (7)	42:01 (6)	
7:13/31	8:55/34	0:59/33	9:19/49	4:10/50	2:02/40	0:36/48	4:25/82	1:32/103	2:50/57	
+0:00 (1)	+4:35 (27)	+0:00 (1)	+2:57 (17)	+0:57 (10)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
43:17 (6)	45:25 (4)	47:08 (4)	48:19 (4)	48:45 (4)						
1:16/74	2:08/60	1:43/61	1:11/125	0:26/249						
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:06 (6)						
<b>5</b>	<b>Svein Harald Hansen</b>		<b>Silsand, OK</b>	<b>(8.37min/km)</b>	<b>49:17</b>	<b>(+3:59)</b>				
8:38 (6)	13:23 (5)	14:55 (4)	22:39 (4)	26:22 (4)	29:01 (4)	29:43 (4)	35:02 (4)	37:31 (4)	41:18 (4)	
8:38/31	4:45/34	1:32/33	7:44/49	3:43/50	2:39/40	0:42/48	5:19/82	2:29/103	3:47/57	
+1:25 (6)	+0:25 (5)	+0:33 (6)	+1:22 (6)	+0:30 (3)	+0:37 (7)	+0:06 (3)	+0:54 (7)	+0:57 (20)	+0:57 (14)	
42:55 (4)	45:46 (5)	47:40 (5)	48:52 (5)	49:17 (5)						
1:37/74	2:51/60	1:54/61	1:12/97	0:25/249						
+0:21 (8)	+0:43 (9)	+0:11 (5)	+0:01 (2)	+0:05 (4)						
<b>6</b>	<b>Seppo Turpeinen</b>		<b>Kontiolahden Urheilijat</b>	<b>(8.55min/km)</b>	<b>50:23</b>	<b>(+5:05)</b>				
8:43 (7)	13:33 (6)	15:11 (6)	22:45 (5)	27:12 (5)	30:00 (5)	31:04 (7)	36:03 (5)	38:11 (5)	41:30 (5)	
8:43/31	4:50/34	1:38/33	7:34/49	4:27/50	2:48/40	1:04/48	4:59/82	2:08/103	3:19/57	
+1:30 (7)	+0:30 (6)	+0:39 (8)	+1:12 (4)	+1:14 (15)	+0:46 (12)	+0:28 (22)	+0:34 (3)	+0:36 (14)	+0:29 (5)	
43:09 (5)	46:01 (6)	48:32 (6)	49:53 (6)	50:23 (6)						
1:39/74	2:52/60	2:31/61	1:21/125	0:30/249						
+0:23 (9)	+0:44 (10)	+0:48 (19)	+0:10 (8)	+0:10 (15)						
<b>7</b>	<b>Geir-Hugo Nilssen</b>		<b>Bardu IL</b>	<b>(8.64min/km)</b>	<b>50:53</b>	<b>(+5:35)</b>				
9:03 (10)	14:09 (7)	15:39 (8)	22:57 (6)	27:12 (5)	30:09 (6)	30:53 (6)	37:13 (6)	39:03 (6)	42:43 (8)	
9:03/31	5:06/34	1:30/33	7:18/49	4:15/50	2:57/40	0:44/48	6:20/82	1:50/103	3:40/57	
+1:50 (10)	+0:46 (8)	+0:31 (5)	+0:56 (3)	+1:02 (13)	+0:55 (17)	+0:08 (5)	+1:55 (15)	+0:18 (9)	+0:50 (11)	
44:17 (7)	47:02 (7)	49:02 (7)	50:25 (7)	50:53 (7)						
1:34/74	2:45/60	2:00/61	1:23/97	0:28/249						
+0:18 (5)	+0:37 (6)	+0:17 (7)	+0:12 (10)	+0:08 (12)						
<b>8</b>	<b>Svein Wigemyr</b>		<b>Oddersjaa SSK</b>	<b>(8.70min/km)</b>	<b>51:15</b>	<b>(+5:57)</b>				
9:18 (11)	14:30 (10)	16:12 (10)	23:49 (8)	28:18 (8)	31:02 (8)	31:48 (8)	37:32 (7)	39:13 (8)	42:42 (7)	
9:18/31	5:12/34	1:42/33	7:37/49	4:29/50	2:44/40	0:46/48	5:44/82	1:41/103	3:29/57	
+2:05 (11)	+0:52 (9)	+0:43 (13)	+1:15 (5)	+1:16 (16)	+0:42 (10)	+0:10 (6)	+1:19 (11)	+0:09 (7)	+0:39 (7)	
44:17 (7)	47:12 (8)	49:18 (8)	50:43 (8)	51:15 (8)						
1:35/74	2:55/60	2:06/61	1:25/125	0:32/249						
+0:19 (6)	+0:47 (12)	+0:23 (10)	+0:14 (13)	+0:12 (19)						
<b>9</b>	<b>Tom Sandberg</b>		<b>Mo OK</b>	<b>(8.80min/km)</b>	<b>51:50</b>	<b>(+6:32)</b>				
9:54 (17)	14:18 (8)	15:38 (7)	23:40 (7)	27:46 (7)	30:12 (7)	30:52 (5)	39:11 (14)	40:49 (12)	44:23 (11)	
9:54/31	4:24/34	1:20/33	8:02/49	4:06/50	2:26/40	0:40/48	8:19/82	1:38/103	3:34/57	
+2:41 (17)	+0:04 (2)	+0:21 (3)	+1:40 (7)	+0:53 (9)	+0:24 (5)	+0:04 (2)	+3:54 (25)	+0:06 (2)	+0:44 (8)	
45:58 (11)	48:33 (11)	50:18 (9)	51:30 (9)	51:50 (9)						
1:35/74	2:35/60	1:45/61	1:12/97	0:20/249						
+0:19 (6)	+0:27 (3)	+0:02 (2)	+0:01 (2)	+0:00 (1)						
<b>10</b>	<b>Leif Gulbrandsen</b>		<b>Sørreisa OL</b>	<b>(8.87min/km)</b>	<b>52:13</b>	<b>(+6:55)</b>				
8:30 (5)	13:22 (4)	15:03 (5)	24:42 (10)	30:54 (15)	33:12 (15)	33:59 (15)	39:06 (13)	40:45 (11)	44:00 (10)	
8:30/31	4:52/34	1:41/33	9:39/49	6:12/50	2:18/40	0:47/48	5:07/82	1:39/103	3:15/57	
+1:17 (5)	+0:32 (7)	+0:42 (12)	+3:17 (19)	+2:59 (23)	+0:16 (2)	+0:11 (10)	+0:42 (5)	+0:07 (5)	+0:25 (4)	
45:27 (10)	48:04 (9)	50:32 (10)	51:49 (10)	52:13 (10)						
1:27/74	2:37/60	2:28/61	1:17/125	0:24/249						
+0:11 (4)	+0:29 (4)	+0:45 (18)	+0:06 (6)	+0:04 (2)						
<b>11</b>	<b>Geir Owren</b>		<b>Freidig</b>	<b>(8.91min/km)</b>	<b>52:28</b>	<b>(+7:10)</b>				
8:56 (8)	14:32 (11)	16:12 (10)	24:35 (9)	28:36 (9)	31:29 (9)	32:15 (9)	38:03 (9)	39:58 (9)	43:32 (9)	
8:56/31	5:36/34	1:40/33	8:23/49	4:01/50	2:53/40	0:46/48	5:48/82	1:55/103	3:34/57	
+1:43 (8)	+1:16 (15)	+0:41 (11)	+2:01 (11)	+0:48 (6)	+0:51 (15)	+0:10 (6)	+1:23 (12)	+0:23 (10)	+0:44 (8)	
45:17 (9)	48:29 (10)	50:34 (11)	51:59 (11)	52:28 (11)						
1:45/74	3:12/60	2:05/61	1:25/97	0:29/249						
+0:29 (11)	+1:04 (16)	+0:22 (9)	+0:14 (13)	+0:09 (14)						



<b>12 Hannu Arki</b>	<b>Turun Metsänkävijät</b>					<b>(8.97min/km)</b>	<b>52:51</b>	<b>(+7:33)</b>	
8:58 (9)	14:18 (8)	16:00 (9)	25:11 (13)	29:05 (11)	31:47 (11)	32:44 (11)	38:19 (10)	40:25 (10)	44:28 (12)
8:58/31	5:20/34	1:42/33	9:11/49	3:54/50	2:42/40	0:57/48	5:35/82	2:06/103	4:03/57
+1:45 (9)	+1:00 (10)	+0:43 (13)	+2:49 (15)	+0:41 (5)	+0:40 (9)	+0:21 (18)	+1:10 (9)	+0:34 (13)	+1:13 (17)
46:13 (12)	49:01 (12)	51:02 (12)	52:25 (12)	52:51 (12)					
1:45/74	2:48/60	2:01/61	1:23/97	0:26/249					
+0:29 (11)	+0:40 (7)	+0:18 (8)	+0:12 (10)	+0:06 (6)					
<b>13 Jyrki Routsu</b>	<b>Hiisirasti</b>					<b>(9.24min/km)</b>	<b>54:24</b>	<b>(+9:06)</b>	
9:23 (13)	17:22 (19)	18:55 (17)	27:44 (17)	31:45 (17)	34:25 (17)	35:11 (17)	40:50 (16)	42:37 (15)	46:13 (15)
9:23/31	7:59/34	1:33/33	8:49/49	4:01/50	2:40/40	0:46/48	5:39/82	1:47/103	3:36/57
+2:10 (13)	+3:39 (23)	+0:34 (7)	+2:27 (13)	+0:48 (6)	+0:38 (8)	+0:10 (6)	+1:14 (10)	+0:15 (8)	+0:46 (10)
48:09 (15)	51:01 (15)	52:46 (15)	54:00 (13)	54:24 (13)					
1:56/74	2:52/60	1:45/61	1:14/97	0:24/249					
+0:40 (18)	+0:44 (10)	+0:02 (2)	+0:03 (4)	+0:04 (2)					
<b>14 Ingar Solberg</b>	<b>Olderskog IL</b>					<b>(9.26min/km)</b>	<b>54:34</b>	<b>(+9:16)</b>	
9:39 (15)	15:02 (14)	16:50 (14)	25:03 (12)	29:14 (12)	32:05 (12)	32:52 (12)	39:20 (15)	41:30 (14)	45:14 (14)
9:39/31	5:23/34	1:48/33	8:13/49	4:11/50	2:51/40	0:47/48	6:28/82	2:10/103	3:44/57
+2:26 (15)	+1:03 (12)	+0:49 (16)	+1:51 (10)	+0:58 (12)	+0:49 (14)	+0:11 (10)	+2:03 (17)	+0:38 (15)	+0:54 (12)
46:54 (13)	50:01 (13)	52:33 (13)	54:07 (14)	54:34 (14)					
1:40/74	3:07/60	2:32/61	1:34/125	0:27/249					
+0:24 (10)	+0:59 (15)	+0:49 (20)	+0:23 (18)	+0:07 (9)					
<b>15 Jan Kåre Vatne</b>	<b>Mo OK</b>					<b>(9.29min/km)</b>	<b>54:44</b>	<b>(+9:26)</b>	
9:28 (14)	14:52 (13)	16:43 (13)	24:45 (11)	28:46 (10)	31:31 (10)	32:33 (10)	39:04 (12)	41:04 (13)	45:09 (13)
9:28/31	5:24/34	1:51/33	8:02/49	4:01/50	2:45/40	1:02/48	6:31/82	2:00/103	4:05/57
+2:15 (14)	+1:04 (13)	+0:52 (17)	+1:40 (7)	+0:48 (6)	+0:43 (11)	+0:26 (21)	+2:06 (18)	+0:28 (11)	+1:15 (19)
46:54 (14)	50:18 (14)	52:33 (14)	54:08 (15)	54:44 (15)					
1:45/74	3:24/60	2:15/61	1:35/125	0:36/249					
+0:29 (11)	+1:16 (18)	+0:32 (13)	+0:24 (19)	+0:16 (23)					
<b>16 Arne Skårholen</b>	<b>Løten OL</b>					<b>(9.51min/km)</b>	<b>56:00</b>	<b>(+10:42)</b>	
9:21 (12)	14:43 (12)	16:22 (12)	25:12 (14)	29:35 (13)	32:34 (13)	33:25 (14)	38:53 (11)	43:42 (17)	47:32 (17)
9:21/31	5:22/34	1:39/33	8:50/49	4:23/50	2:59/40	0:51/48	5:28/82	4:49/103	3:50/57
+2:08 (12)	+1:02 (11)	+0:40 (10)	+2:28 (14)	+1:10 (14)	+0:57 (19)	+0:15 (13)	+1:03 (8)	+3:17 (27)	+1:00 (15)
49:19 (17)	52:17 (17)	54:04 (16)	55:27 (16)	56:00 (16)					
1:47/74	2:58/60	1:47/61	1:23/125	0:33/249					
+0:31 (15)	+0:50 (14)	+0:04 (4)	+0:12 (10)	+0:13 (20)					
<b>17 Gunnar Brattli</b>	<b>Mo OK</b>					<b>(9.59min/km)</b>	<b>56:30</b>	<b>(+11:12)</b>	
10:30 (19)	16:16 (17)	18:07 (16)	26:47 (16)	30:57 (16)	33:47 (16)	34:40 (16)	40:57 (17)	43:07 (16)	46:51 (16)
10:30/31	5:46/34	1:51/33	8:40/49	4:10/50	2:50/40	0:53/48	6:17/82	2:10/103	3:44/57
+3:17 (19)	+1:26 (16)	+0:52 (17)	+2:18 (12)	+0:57 (10)	+0:48 (13)	+0:17 (15)	+1:52 (14)	+0:38 (15)	+0:54 (12)
48:39 (16)	52:10 (16)	54:30 (17)	56:05 (17)	56:30 (17)					
1:48/74	3:31/60	2:20/61	1:35/97	0:25/249					
+0:32 (16)	+1:23 (19)	+0:37 (16)	+0:24 (19)	+0:05 (4)					
<b>18 Arvid Johansen</b>	<b>Sørreisa OL</b>					<b>(10.29min/km)</b>	<b>1:00:36</b>	<b>(+15:18)</b>	
10:09 (18)	18:21 (21)	19:59 (19)	29:34 (18)	35:13 (18)	38:07 (18)	38:59 (18)	45:10 (18)	47:31 (18)	51:34 (18)
10:09/31	8:12/34	1:38/33	9:35/49	5:39/50	2:54/40	0:52/48	6:11/82	2:21/103	4:03/57
+2:56 (18)	+3:52 (24)	+0:39 (8)	+3:13 (18)	+2:26 (20)	+0:52 (16)	+0:16 (14)	+1:46 (13)	+0:49 (19)	+1:13 (17)
53:33 (18)	56:28 (18)	58:40 (18)	1:00:06 (18)	1:00:36 (18)					
1:59/74	2:55/60	2:12/61	1:26/97	0:30/249					
+0:43 (19)	+0:47 (12)	+0:29 (12)	+0:15 (16)	+0:10 (15)					
<b>19 Jan Enegren</b>	<b>Solf IK</b>					<b>(11.06min/km)</b>	<b>1:05:07</b>	<b>(+19:49)</b>	
10:42 (20)	16:56 (18)	18:59 (18)	31:30 (19)	36:22 (19)	39:19 (19)	40:08 (19)	46:30 (19)	48:35 (19)	53:21 (19)
10:42/31	6:14/34	2:03/33	12:31/49	4:52/50	2:57/40	0:49/48	6:22/82	2:05/103	4:46/57
+3:29 (20)	+1:54 (17)	+1:04 (20)	+6:09 (25)	+1:39 (18)	+0:55 (17)	+0:13 (12)	+1:57 (16)	+0:33 (12)	+1:56 (22)
56:15 (19)	1:00:44 (19)	1:03:09 (19)	1:04:39 (19)	1:05:07 (19)					
2:54/74	4:29/60	2:25/61	1:30/97	0:28/249					
+1:38 (26)	+2:21 (26)	+0:42 (17)	+0:19 (17)	+0:08 (12)					
<b>20 Hemmo Ahokoivu</b>	<b>Pohjantähti, SK</b>					<b>(11.31min/km)</b>	<b>1:06:36</b>	<b>(+21:18)</b>	
9:39 (15)	15:10 (15)	24:51 (26)	34:09 (25)	40:02 (23)	43:05 (23)	44:16 (23)	50:59 (23)	53:19 (23)	57:19 (22)
9:39/31	5:31/34	9:41/33	9:18/49	5:53/50	3:03/40	1:11/48	6:43/82	2:20/103	4:00/57
+2:26 (15)	+1:11 (14)	+8:42 (27)	+2:56 (16)	+2:40 (21)	+1:01 (20)	+0:35 (25)	+2:18 (19)	+0:48 (18)	+1:10 (16)

59:05 (22) 1:02:25 (21) 1:04:44 (21) 1:06:09 (20) 1:06:36 (20)  
1:46/74 3:20/60 2:19/61 1:25/97 0:27/249  
+0:30 (14) +1:12 (17) +0:36 (15) +0:14 (13) +0:07 (9)

**21 Hannu Kottonen** Lynx - Finland (11.34min/km) **1:06:49 (+21:31)**  
11:35 (21) 18:43 (22) 20:53 (20) 31:49 (21) 36:32 (20) 39:53 (20) 40:51 (20) 48:39 (20) 51:12 (20) 56:02 (20)  
11:35/31 7:08/34 2:10/33 10:56/49 4:43/50 3:21/40 0:58/48 7:48/82 2:33/103 4:50/57  
+4:22 (21) +2:48 (19) +1:11 (21) +4:34 (22) +1:30 (17) +1:19 (21) +0:22 (19) +3:23 (22) +1:01 (21) +2:00 (24)  
58:09 (20) 1:01:49 (20) 1:04:26 (20) 1:06:14 (21) 1:06:49 (21)  
2:07/74 3:40/60 2:37/61 1:48/125 0:35/249  
+0:51 (20) +1:32 (21) +0:54 (21) +0:37 (23) +0:15 (22)

**22 Tore Solheim** Stjørdals-Blink Orientering (11.49min/km) **1:07:39 (+22:21)**  
11:37 (22) 18:13 (20) 21:01 (22) 31:59 (22) 37:57 (22) 41:18 (21) 42:14 (21) 49:36 (21) 51:51 (21) 56:41 (21)  
11:37/31 6:36/34 2:48/33 10:58/49 5:58/50 3:21/40 0:56/48 7:22/82 2:15/103 4:50/57  
+4:24 (22) +2:16 (18) +1:49 (25) +4:36 (23) +2:45 (22) +1:19 (21) +0:20 (17) +2:57 (20) +0:43 (17) +2:00 (24)  
58:50 (21) 1:02:26 (22) 1:05:12 (22) 1:07:05 (22) 1:07:39 (22)  
2:09/74 3:36/60 2:46/61 1:53/97 0:34/249  
+0:53 (21) +1:28 (20) +1:03 (23) +0:42 (25) +0:14 (21)

**23 Vaclav Petr** SKOB Ostrava (11.82min/km) **1:09:38 (+24:20)**  
11:56 (25) 20:12 (26) 22:27 (25) 32:18 (23) 37:49 (21) 41:28 (22) 42:43 (22) 50:33 (22) 53:15 (22) 58:02 (23)  
11:56/31 8:16/34 2:15/33 9:51/49 5:31/50 3:39/40 1:15/48 7:50/82 2:42/103 4:47/57  
+4:43 (25) +3:56 (26) +1:16 (22) +3:29 (20) +2:18 (19) +1:37 (24) +0:39 (26) +3:25 (23) +1:10 (24) +1:57 (23)  
1:00:37 (23) 1:04:29 (23) 1:07:11 (23) 1:09:02 (23) 1:09:38 (23)  
2:35/74 3:52/60 2:42/61 1:51/125 0:36/249  
+1:19 (25) +1:44 (23) +0:59 (22) +0:40 (24) +0:16 (23)

**24 Kjell Kolstø** Stjørdals-Blink Orientering (12.52min/km) **1:13:43 (+28:25)**  
11:44 (23) 19:00 (23) 21:01 (21) 31:42 (20) 40:50 (24) 44:16 (24) 45:11 (24) 53:15 (24) 55:52 (24) 1:00:50 (24)  
11:44/31 7:16/34 2:01/33 10:41/49 9:08/50 3:26/40 0:55/48 8:04/82 2:37/103 4:58/57  
+4:31 (23) +2:56 (20) +1:02 (19) +4:19 (21) +5:55 (27) +1:24 (23) +0:19 (16) +3:39 (24) +1:05 (22) +2:08 (26)  
1:04:03 (24) 1:08:20 (24) 1:11:26 (24) 1:13:12 (24) 1:13:43 (24)  
3:13/74 4:17/60 3:06/61 1:46/97 0:31/249  
+1:57 (27) +2:09 (25) +1:23 (25) +0:35 (22) +0:11 (18)

**25 Øyvind Gylver** Asker SK (13.53min/km) **1:19:40 (+34:22)**  
11:51 (24) 19:30 (25) 21:46 (23) 33:45 (24) 42:51 (26) 51:22 (26) 52:26 (26) 1:00:05 (25) 1:02:44 (25) 1:07:27 (25)  
11:51/31 7:39/34 2:16/33 11:59/49 9:06/50 8:31/40 1:04/48 7:39/82 2:39/103 4:43/57  
+4:38 (24) +3:19 (22) +1:17 (23) +5:37 (24) +5:53 (26) +6:29 (27) +0:28 (22) +3:14 (21) +1:07 (23) +1:53 (21)  
1:09:59 (25) 1:14:03 (25) 1:17:06 (25) 1:19:04 (25) 1:19:40 (25)  
2:32/74 4:04/60 3:03/61 1:58/125 0:36/249  
+1:16 (23) +1:56 (24) +1:20 (24) +0:47 (26) +0:16 (23)

**26 Herman Bakke** Løten OL (13.69min/km) **1:20:37 (+35:19)**  
11:58 (26) 19:23 (24) 21:58 (24) 34:37 (26) 40:54 (25) 44:59 (25) 46:07 (25) 1:01:33 (26) 1:04:22 (26) 1:09:01 (26)  
11:58/31 7:25/34 2:35/33 12:39/49 6:17/50 4:05/40 1:08/48 15:26/82 2:49/103 4:39/57  
+4:45 (26) +3:05 (21) +1:36 (24) +6:17 (26) +3:04 (24) +2:03 (25) +0:32 (24) +11:01 (27) +1:17 (25) +1:49 (20)  
1:11:22 (26) 1:15:09 (26) 1:18:20 (26) 1:20:00 (26) 1:20:37 (26)  
2:21/74 3:47/60 3:11/61 1:40/97 0:37/249  
+1:05 (22) +1:39 (22) +1:28 (26) +0:29 (21) +0:17 (26)

**27 Michael Andersson** Göteborg Majorna OK (18.00min/km) **1:46:01 (+1:00:43)**  
14:17 (27) 22:29 (27) 25:58 (27) 43:54 (27) 52:49 (27) 56:56 (27) 58:11 (27) 1:08:34 (27) 1:11:52 (27) 1:32:00 (27)  
14:17/31 8:12/34 3:29/33 17:56/49 8:55/50 4:07/40 1:15/48 10:23/82 3:18/103 20:08/57  
+7:04 (27) +3:52 (24) +2:30 (26) +11:34 (27) +5:42 (25) +2:05 (26) +0:39 (26) +5:58 (26) +1:46 (26) +17:18 (27)  
1:34:33 (27) 1:39:24 (27) 1:42:56 (27) 1:45:10 (27) 1:46:01 (27)  
2:33/74 4:51/60 3:32/61 2:14/125 0:51/249  
+1:17 (24) +2:43 (27) +1:49 (27) +1:03 (27) +0:31 (27)

## Klasse D55- 4.0 km

13 påmeldt, 12 startende 1 premiert

**1 Liisa Veijalainen** MS Parma Finland (11.28min/km) **44:34**  
10:05 (1) 14:11 (1) 20:55 (1) 22:10 (1) 27:00 (1) 30:54 (1) 33:39 (1) 35:47 (1) 43:17 (1) 43:59 (1)  
10:05/85 4:06/91 6:44/82 1:15/83 4:50/32 3:54/74 2:45/58 2:08/59 7:30/102 0:42/97  
+0:00 (1) +0:09 (3) +0:00 (1) +0:00 (1) +0:00 (1) +0:43 (3) +0:04 (2) +0:00 (1) +4:00 (11) +0:00 (1)

44:34 (1)

0:35/249

+0:04 (3)

2 Kaarina Kursukangas-Hourula Iisalmen Visa, Finland (11.70min/km) **46:13** (+1:39)  
11:04 (4) 15:08 (3) 24:21 (2) 25:57 (2) 31:35 (2) 35:44 (2) 38:49 (2) 40:58 (2) 44:38 (2) 45:36 (2)  
11:04/85 4:04/91 9:13/82 1:36/83 5:38/32 4:09/74 3:05/58 2:09/59 3:40/102 0:58/125  
+0:59 (4) +0:07 (2) +2:29 (3) +0:21 (4) +0:48 (5) +0:58 (6) +0:24 (3) +0:01 (2) +0:10 (5) +0:16 (8)  
46:13 (2)  
0:37/249  
+0:06 (7)

3 Elsa Hauknes Mo OK (12.69min/km) **50:08** (+5:34)  
11:27 (5) 16:17 (4) 24:38 (3) 26:43 (3) 33:31 (3) 37:35 (3) 40:41 (3) 45:12 (3) 48:47 (3) 49:37 (3)  
11:27/85 4:50/91 8:21/82 2:05/83 6:48/32 4:04/74 3:06/58 4:31/59 3:35/102 0:50/125  
+1:22 (5) +0:53 (5) +1:37 (2) +0:50 (10) +1:58 (8) +0:53 (5) +0:25 (4) +2:23 (11) +0:05 (4) +0:08 (4)  
50:08 (3)  
0:31/249  
+0:00 (1)

4 Kari Lillealtern Freidig (13.05min/km) **51:33** (+6:59)  
13:12 (6) 18:12 (6) 27:36 (4) 29:21 (4) 35:31 (4) 39:29 (4) 43:21 (4) 46:09 (4) 50:03 (4) 50:56 (4)  
13:12/85 5:00/91 9:24/82 1:45/83 6:10/32 3:58/74 3:52/58 2:48/59 3:54/102 0:53/97  
+3:07 (6) +1:03 (6) +2:40 (4) +0:30 (5) +1:20 (7) +0:47 (4) +1:11 (8) +0:40 (6) +0:24 (7) +0:11 (7)  
51:33 (4)  
0:37/249  
+0:06 (7)

5 Solveig Beate Olsen Oddersjaa SSK (13.18min/km) **52:03** (+7:29)  
10:13 (2) 17:49 (5) 30:25 (7) 32:26 (6) 37:16 (5) 40:50 (5) 44:39 (5) 47:05 (5) 50:37 (5) 51:28 (5)  
10:13/85 7:36/91 12:36/82 2:01/83 4:50/32 3:34/74 3:49/58 2:26/59 3:32/102 0:51/97  
+0:08 (2) +3:39 (10) +5:52 (9) +0:46 (9) +0:00 (1) +0:23 (2) +1:08 (7) +0:18 (4) +0:02 (2) +0:09 (5)  
52:03 (5)  
0:35/249  
+0:04 (3)

6 Sirpa Koivula Rastikarhut (13.44min/km) **53:05** (+8:31)  
10:20 (3) 14:17 (2) 29:22 (5) 30:42 (5) 40:10 (6) 43:21 (6) 46:02 (6) 48:12 (6) 51:45 (6) 52:30 (6)  
10:20/85 3:57/91 15:05/82 1:20/83 9:28/32 3:11/74 2:41/58 2:10/59 3:33/102 0:45/97  
+0:15 (3) +0:00 (1) +8:21 (10) +0:05 (2) +4:38 (10) +0:00 (1) +0:00 (1) +0:02 (3) +0:03 (3) +0:03 (3)  
53:05 (6)  
0:35/249  
+0:04 (3)

7 Sacilotto Lucia Unione Lombarda - Italy (14.57min/km) **57:32** (+12:58)  
14:19 (7) 18:39 (7) 34:15 (10) 36:00 (10) 41:05 (7) 46:10 (7) 49:37 (7) 52:26 (7) 56:15 (7) 56:58 (7)  
14:19/85 4:20/91 15:36/82 1:45/83 5:05/32 5:05/74 3:27/58 2:49/59 3:49/102 0:43/125  
+4:14 (7) +0:23 (4) +8:52 (11) +0:30 (5) +0:15 (3) +1:54 (8) +0:46 (5) +0:41 (7) +0:19 (6) +0:01 (2)  
57:32 (7)  
0:34/249  
+0:03 (2)

8 Nylund Marlene Falken, IK - Finland (15.87min/km) **1:02:41** (+18:07)  
14:22 (8) 22:33 (10) 33:56 (9) 35:47 (9) 41:47 (8) 48:33 (10) 53:56 (9) 57:04 (9) 1:01:01 (8) 1:02:04 (8)  
14:22/85 8:11/91 11:23/82 1:51/83 6:00/32 6:46/74 5:23/58 3:08/59 3:57/102 1:03/125  
+4:17 (8) +4:14 (11) +4:39 (8) +0:36 (7) +1:10 (6) +3:35 (11) +2:42 (9) +1:00 (9) +0:27 (8) +0:21 (9)  
1:02:41 (8)  
0:37/249  
+0:06 (7)

9 Anja Siuko Suunta Sepot (15.98min/km) **1:03:08** (+18:34)  
21:08 (11) 27:52 (11) 39:14 (11) 40:43 (11) 45:54 (11) 51:34 (11) 55:12 (10) 58:11 (10) 1:01:41 (10) 1:02:32 (10)  
21:08/85 6:44/91 11:22/82 1:29/83 5:11/32 5:40/74 3:38/58 2:59/59 3:30/102 0:51/125  
+11:03 (11) +2:47 (8) +4:38 (7) +0:14 (3) +0:21 (4) +2:29 (10) +0:57 (6) +0:51 (8) +0:00 (1) +0:09 (5)  
1:03:08 (9)  
0:36/249  
+0:05 (6)

10 Miriam Noren Uven, IK (16.03min/km) 1:03:19 (+18:45)

14:41 (10)	21:39 (9)	31:44 (8)	33:35 (8)	42:26 (9)	47:40 (8)	53:10 (8)	56:26 (8)	1:01:10 (9)	1:02:23 (9)
14:41/85	6:58/91	10:05/82	1:51/83	8:51/32	5:14/74	5:30/58	3:16/59	4:44/102	1:13/125
+4:36 (10)	+3:01 (9)	+3:21 (5)	+0:36 (7)	+4:01 (9)	+2:03 (9)	+2:49 (10)	+1:08 (10)	+1:14 (10)	+0:31 (11)

1:03:19 (10)  
0:56/249  
+0:25 (11)

11 Doris Kläy Hindelbank, OLV - Schweiz (16.37min/km) 1:04:39 (+20:05)

14:39 (9)	19:46 (8)	30:19 (6)	33:01 (7)	43:12 (10)	48:16 (9)	55:48 (11)	58:33 (11)	1:02:50 (11)	1:03:54 (11)
14:39/85	5:07/91	10:33/82	2:42/83	10:11/32	5:04/74	7:32/58	2:45/59	4:17/102	1:04/125
+4:34 (9)	+1:10 (7)	+3:49 (6)	+1:27 (11)	+5:21 (11)	+1:53 (7)	+4:51 (11)	+0:37 (5)	+0:47 (9)	+0:22 (10)

1:04:39 (11)  
0:45/249  
+0:14 (10)

Kyllikki Kauppinen Kalevan Rasti (8.71min/km) Disk

11:31 (6)	18:05 (6)	23:10 (2)	26:54 (4)	31:47 (3)	33:14 (2)	34:24 (2)	34:24 (1)	34:24 (1)	34:24 (1)
11:31/32	6:34/74	5:05/58	3:44/59	4:53/102	1:27/125	1:10/249			
+1:26 (6)	+2:37 (8)	+0:00 (1)	+2:29 (12)	+0:03 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

34:24 (1)  
+0:00 (1)

## Klasse H55- 4.7 km

19 påmeldt, 17 startende 1 premiert

1 Niels Møller Petersen FROS, OK - Danmark (8.72min/km) 40:33

8:24 (1)	10:25 (1)	16:29 (1)	18:26 (1)	20:54 (1)	28:34 (1)	33:58 (1)	35:03 (1)	37:41 (1)	38:52 (1)
8:24/63	2:01/91	6:04/64	1:57/69	2:28/71	7:40/73	5:24/74	1:05/90	2:38/101	1:11/61
+0:00 (1)	+0:00 (1)	+0:13 (2)	+0:12 (2)	+0:14 (2)	+0:00 (1)	+1:37 (12)	+0:06 (3)	+0:01 (2)	+0:00 (1)

40:05 (1) 40:33 (1)  
1:13/125 0:28/249  
+0:00 (1) +0:02 (2)

2 Helge Rustad Freidig (9.01min/km) 41:53 (+1:20)

8:39 (3)	11:17 (3)	17:08 (2)	19:41 (2)	22:21 (2)	30:59 (2)	34:56 (2)	35:57 (2)	38:38 (2)	40:00 (2)
8:39/63	2:38/91	5:51/64	2:33/69	2:40/71	8:38/73	3:57/74	1:01/90	2:41/101	1:22/61
+0:15 (3)	+0:37 (10)	+0:00 (1)	+0:48 (12)	+0:26 (4)	+0:58 (6)	+0:10 (4)	+0:02 (2)	+0:04 (3)	+0:11 (5)

41:23 (2) 41:53 (2)  
1:23/97 0:30/249  
+0:10 (6) +0:04 (6)

3 Even Hofstad Freidig (9.36min/km) 43:31 (+2:58)

9:09 (4)	11:31 (4)	18:03 (4)	20:38 (3)	23:50 (3)	32:16 (3)	36:15 (3)	37:20 (3)	40:04 (3)	41:31 (3)
9:09/63	2:22/91	6:32/64	2:35/69	3:12/71	8:26/73	3:59/74	1:05/90	2:44/101	1:27/61
+0:45 (4)	+0:21 (3)	+0:41 (4)	+0:50 (14)	+0:58 (12)	+0:46 (5)	+0:12 (5)	+0:06 (3)	+0:07 (5)	+0:16 (7)

42:56 (3) 43:31 (3)  
1:25/125 0:35/249  
+0:12 (7) +0:09 (12)

4 Ola Skogstad Mo OK (9.60min/km) 44:39 (+4:06)

8:28 (2)	11:11 (2)	17:26 (3)	23:42 (10)	25:56 (8)	33:37 (5)	37:24 (4)	38:37 (4)	41:25 (4)	42:54 (4)
8:28/63	2:43/91	6:15/64	6:16/69	2:14/71	7:41/73	3:47/74	1:13/90	2:48/101	1:29/61
+0:04 (2)	+0:42 (11)	+0:24 (3)	+4:31 (16)	+0:00 (1)	+0:01 (2)	+0:00 (1)	+0:14 (7)	+0:11 (6)	+0:18 (8)

44:13 (4) 44:39 (4)  
1:19/97 0:26/249  
+0:06 (3) +0:00 (1)

5 Karhumäki Lauri Pihkaniskat (9.62min/km) 44:45 (+4:12)

10:01 (7)	12:14 (6)	20:56 (9)	23:17 (8)	25:58 (9)	33:58 (7)	37:47 (6)	38:54 (5)	41:42 (5)	42:56 (5)
10:01/63	2:13/91	8:42/64	2:21/69	2:41/71	8:00/73	3:49/74	1:07/90	2:48/101	1:14/61
+1:37 (7)	+0:12 (2)	+2:51 (13)	+0:36 (6)	+0:27 (6)	+0:20 (4)	+0:02 (2)	+0:08 (5)	+0:11 (6)	+0:03 (2)

44:17 (5) 44:45 (5)  
1:21/97 0:28/249  
+0:08 (5) +0:02 (2)

<b>6</b>	<b>Stanley Mattsson</b>			<b>Uven, IK</b>		<b>(9.71min/km)</b>		<b>45:08</b>	<b>(+4:35)</b>	
	9:22 (5)	12:38 (8)	20:09 (8)	22:19 (6)	24:59 (6)	32:40 (4)	37:39 (5)	39:00 (6)	41:48 (6)	43:09 (6)
	9:22/63	3:16/91	7:31/64	2:10/69	2:40/71	7:41/73	4:59/74	1:21/90	2:48/101	1:21/61
	+0:58 (5)	+1:15 (16)	+1:40 (9)	+0:25 (3)	+0:26 (4)	+0:01 (2)	+1:12 (8)	+0:22 (12)	+0:11 (6)	+0:10 (4)
	44:37 (6)	45:08 (6)								
	1:28/97	0:31/249								
	+0:15 (8)	+0:05 (7)								
<b>7</b>	<b>Stefanini Jean-Philippe</b>			<b>GUC-CO (France)</b>		<b>(10.36min/km)</b>		<b>48:11</b>	<b>(+7:38)</b>	
	10:01 (7)	12:23 (7)	19:24 (6)	21:39 (5)	24:10 (4)	33:37 (5)	40:14 (7)	41:28 (7)	44:40 (7)	46:22 (7)
	10:01/63	2:22/91	7:01/64	2:15/69	2:31/71	9:27/73	6:37/74	1:14/90	3:12/101	1:42/61
	+1:37 (7)	+0:21 (3)	+1:10 (5)	+0:30 (4)	+0:17 (3)	+1:47 (10)	+2:50 (15)	+0:15 (8)	+0:35 (11)	+0:31 (12)
	47:40 (7)	48:11 (7)								
	1:18/125	0:31/249								
	+0:05 (2)	+0:05 (7)								
<b>8</b>	<b>Nylund Henrik</b>			<b>Falken, IK - Finland</b>		<b>(10.49min/km)</b>		<b>48:46</b>	<b>(+8:13)</b>	
	9:31 (6)	11:59 (5)	19:00 (5)	21:16 (4)	24:47 (5)	37:04 (9)	41:22 (9)	42:30 (8)	45:12 (8)	46:38 (8)
	9:31/63	2:28/91	7:01/64	2:16/69	3:31/71	12:17/73	4:18/74	1:08/90	2:42/101	1:26/61
	+1:07 (6)	+0:27 (6)	+1:10 (5)	+0:31 (5)	+1:17 (15)	+4:37 (15)	+0:31 (6)	+0:09 (6)	+0:05 (4)	+0:15 (6)
	48:13 (8)	48:46 (8)								
	1:35/97	0:33/249								
	+0:22 (10)	+0:07 (11)								
<b>9</b>	<b>Pekka Rytkönen</b>			<b>Pihkaniskat</b>		<b>(10.81min/km)</b>		<b>50:17</b>	<b>(+9:44)</b>	
	11:12 (11)	13:45 (11)	20:59 (10)	23:24 (9)	26:57 (10)	35:56 (8)	41:15 (8)	42:33 (9)	46:01 (9)	47:44 (9)
	11:12/63	2:33/91	7:14/64	2:25/69	3:33/71	8:59/73	5:19/74	1:18/90	3:28/101	1:43/61
	+2:48 (11)	+0:32 (7)	+1:23 (7)	+0:40 (7)	+1:19 (16)	+1:19 (8)	+1:32 (11)	+0:19 (11)	+0:51 (13)	+0:32 (13)
	49:33 (9)	50:17 (9)								
	1:49/125	0:44/249								
	+0:36 (14)	+0:18 (17)								
<b>10</b>	<b>Rolf Angell-Petersen</b>			<b>Freidig</b>		<b>(11.09min/km)</b>		<b>51:35</b>	<b>(+11:02)</b>	
	11:57 (14)	14:42 (13)	22:14 (11)	24:42 (11)	27:54 (11)	37:23 (10)	42:37 (10)	43:54 (10)	47:23 (10)	49:03 (10)
	11:57/63	2:45/91	7:32/64	2:28/69	3:12/71	9:29/73	5:14/74	1:17/90	3:29/101	1:40/61
	+3:33 (14)	+0:44 (13)	+1:41 (10)	+0:43 (9)	+0:58 (12)	+1:49 (11)	+1:27 (10)	+0:18 (9)	+0:52 (14)	+0:29 (9)
	50:56 (10)	51:35 (10)								
	1:53/97	0:39/249								
	+0:40 (16)	+0:13 (16)								
<b>11</b>	<b>Håkon Beitnes</b>			<b>Hamar OK</b>		<b>(11.33min/km)</b>		<b>52:40</b>	<b>(+12:07)</b>	
	10:18 (10)	12:40 (9)	28:50 (15)	30:35 (15)	33:27 (15)	42:07 (15)	46:00 (13)	46:59 (12)	49:36 (12)	50:53 (12)
	10:18/63	2:22/91	16:10/64	1:45/69	2:52/71	8:40/73	3:53/74	0:59/90	2:37/101	1:17/61
	+1:54 (10)	+0:21 (3)	+10:19 (17)	+0:00 (1)	+0:38 (10)	+1:00 (7)	+0:06 (3)	+0:00 (1)	+0:00 (1)	+0:06 (3)
	52:12 (11)	52:40 (11)								
	1:19/97	0:28/249								
	+0:06 (3)	+0:02 (2)								
<b>12</b>	<b>Erling Strand</b>			<b>Bergens TF</b>		<b>(11.38min/km)</b>		<b>52:54</b>	<b>(+12:21)</b>	
	11:39 (13)	14:41 (12)	23:14 (12)	25:45 (12)	28:27 (12)	37:59 (11)	43:42 (11)	45:07 (11)	48:47 (11)	50:34 (11)
	11:39/63	3:02/91	8:33/64	2:31/69	2:42/71	9:32/73	5:43/74	1:25/90	3:40/101	1:47/61
	+3:15 (13)	+1:01 (14)	+2:42 (12)	+0:46 (11)	+0:28 (7)	+1:52 (12)	+1:56 (13)	+0:26 (15)	+1:03 (15)	+0:36 (14)
	52:19 (12)	52:54 (12)								
	1:45/97	0:35/249								
	+0:32 (13)	+0:09 (12)								
<b>13</b>	<b>Ole Petter Rundhaug</b>			<b>Mo OK</b>		<b>(11.65min/km)</b>		<b>54:10</b>	<b>(+13:37)</b>	
	10:01 (7)	12:45 (10)	20:03 (7)	22:31 (7)	25:42 (7)	40:52 (12)	45:42 (12)	46:59 (12)	50:03 (13)	51:56 (13)
	10:01/63	2:44/91	7:18/64	2:28/69	3:11/71	15:10/73	4:50/74	1:17/90	3:04/101	1:53/61
	+1:37 (7)	+0:43 (12)	+1:27 (8)	+0:43 (9)	+0:57 (11)	+7:30 (16)	+1:03 (7)	+0:18 (9)	+0:27 (9)	+0:42 (15)
	53:39 (13)	54:10 (13)								
	1:43/97	0:31/249								
	+0:30 (12)	+0:05 (7)								
<b>14</b>	<b>Torgny Johansson</b>			<b>Eken, OK - Sverige</b>		<b>(11.79min/km)</b>		<b>54:50</b>	<b>(+14:17)</b>	
	11:36 (12)	14:43 (14)	24:10 (13)	26:44 (13)	29:29 (13)	40:54 (13)	46:37 (15)	48:00 (15)	51:09 (15)	52:49 (15)
	11:36/63	3:07/91	9:27/64	2:34/69	2:45/71	11:25/73	5:43/74	1:23/90	3:09/101	1:40/61
	+3:12 (12)	+1:06 (15)	+3:36 (15)	+0:49 (13)	+0:31 (8)	+3:45 (14)	+1:56 (13)	+0:24 (13)	+0:32 (10)	+0:29 (9)

54:21 (14) 54:50 (14)  
1:32/125 0:29/249  
+0:19 (9) +0:03 (5)

15 Jørn Haarby Øst, OK - Danmark (11.84min/km) 55:04 (+14:31)  
14:31 (15) 17:07 (15) 26:20 (14) 28:45 (14) 32:06 (14) 41:15 (14) 46:21 (14) 47:45 (14) 51:06 (14) 52:46 (14)  
14:31/63 2:36/91 9:13/64 2:25/69 3:21/71 9:09/73 5:06/74 1:24/90 3:21/101 1:40/61  
+6:07 (15) +0:35 (8) +3:22 (14) +0:40 (7) +1:07 (14) +1:29 (9) +1:19 (9) +0:25 (14) +0:44 (12) +0:29 (9)  
54:27 (15) 55:04 (15)  
1:41/125 0:37/249  
+0:28 (11) +0:11 (15)

16 Frank Priesemann Mo OK (17.76min/km) 1:22:35 (+42:02)  
25:48 (17) 28:25 (17) 36:43 (17) 51:23 (17) 54:13 (17) 1:05:22 (16) 1:12:02 (16) 1:13:53 (16) 1:18:13 (16) 1:20:14 (16)  
25:48/63 2:37/91 8:18/64 14:40/69 2:50/71 11:09/73 6:40/74 1:51/90 4:20/101 2:01/61  
+17:24 (17) +0:36 (9) +2:27 (11) +12:55 (17) +0:36 (9) +3:29 (13) +2:53 (16) +0:52 (16) +1:43 (17) +0:50 (16)  
1:22:03 (16) 1:22:35 (16)  
1:49/97 0:32/249  
+0:36 (14) +0:06 (10)

17 Erik Lohse Øst, OK - Danmark (18.56min/km) 1:26:18 (+45:45)  
17:02 (16) 20:48 (16) 35:45 (16) 40:18 (16) 45:57 (16) 1:07:31 (17) 1:14:57 (17) 1:16:54 (17) 1:21:06 (17) 1:23:20 (17)  
17:02/63 3:46/91 14:57/64 4:33/69 5:39/71 21:34/73 7:26/74 1:57/90 4:12/101 2:14/61  
+8:38 (16) +1:45 (17) +9:06 (16) +2:48 (15) +3:25 (17) +13:54 (17) +3:39 (17) +0:58 (17) +1:35 (16) +1:03 (17)  
1:25:43 (17) 1:26:18 (17)  
2:23/97 0:35/249  
+1:10 (17) +0:09 (12)

## Klasse D60- 2.8 km

12 påmeldt, 12 startende 1 premiert

1 Kari Pedesen Asker SK (9.98min/km) 27:50  
8:58 (1) 10:42 (1) 14:15 (1) 16:39 (1) 21:00 (1) 22:38 (1) 25:42 (1) 27:17 (1) 27:50 (1)  
8:58/87 1:44/92 3:33/32 2:24/88 4:21/90 1:38/105 3:04/61 1:35/97 0:33/249  
+0:00 (1) +0:00 (1) +0:12 (3) +0:00 (1) +0:00 (1) +0:09 (6) +0:00 (1) +0:00 (1) +0:00 (1)

2 Guri Løkse Sørreisa OL (10.96min/km) 30:35 (+2:45)  
9:01 (2) 10:49 (2) 14:16 (2) 18:35 (2) 23:28 (2) 25:02 (2) 28:16 (2) 29:58 (2) 30:35 (2)  
9:01/87 1:48/92 3:27/32 4:19/88 4:53/90 1:34/105 3:14/61 1:42/97 0:37/249  
+0:03 (2) +0:04 (2) +0:06 (2) +1:55 (3) +0:32 (4) +0:05 (3) +0:10 (4) +0:07 (3) +0:04 (6)

3 Edel Slettemark Stord IL (11.33min/km) 31:36 (+3:46)  
9:09 (3) 11:10 (3) 14:31 (3) 20:07 (3) 24:41 (3) 26:15 (3) 29:24 (3) 31:03 (3) 31:36 (3)  
9:09/87 2:01/92 3:21/32 5:36/88 4:34/90 1:34/105 3:09/61 1:39/97 0:33/249  
+0:11 (3) +0:17 (4) +0:00 (1) +3:12 (5) +0:13 (2) +0:05 (3) +0:05 (2) +0:04 (2) +0:00 (1)

4 Nora Ursin Fossum IF (11.91min/km) 33:14 (+5:24)  
9:15 (4) 11:39 (4) 15:29 (4) 21:11 (4) 26:07 (4) 27:36 (4) 30:48 (4) 32:38 (4) 33:14 (4)  
9:15/87 2:24/92 3:50/32 5:42/88 4:56/90 1:29/105 3:12/61 1:50/97 0:36/249  
+0:17 (4) +0:40 (6) +0:29 (4) +3:18 (8) +0:35 (5) +0:00 (1) +0:08 (3) +0:15 (6) +0:03 (4)

5 Marie Sikorova Banik Ostrava (12.49min/km) 34:50 (+7:00)  
11:47 (6) 15:03 (7) 19:22 (7) 22:40 (5) 27:24 (5) 29:00 (5) 32:30 (5) 34:14 (5) 34:50 (5)  
11:47/87 3:16/92 4:19/32 3:18/88 4:44/90 1:36/105 3:30/61 1:44/97 0:36/249  
+2:49 (6) +1:32 (12) +0:58 (7) +0:54 (2) +0:23 (3) +0:07 (5) +0:26 (6) +0:09 (4) +0:03 (4)

6 Eva Lund Pedersen Siso, IL (13.98min/km) 39:01 (+11:11)  
12:53 (8) 16:08 (8) 20:40 (8) 26:17 (7) 31:13 (7) 32:53 (7) 36:28 (7) 38:24 (6) 39:01 (6)  
12:53/87 3:15/92 4:32/32 5:37/88 4:56/90 1:40/105 3:35/61 1:56/97 0:37/249  
+3:55 (8) +1:31 (11) +1:11 (8) +3:13 (6) +0:35 (5) +0:11 (7) +0:31 (7) +0:21 (7) +0:04 (6)

7 Brynhild Ursin Fanuelsen Fossum IF (14.07min/km) 39:15 (+11:25)  
12:02 (7) 14:28 (6) 18:31 (6) 24:41 (6) 29:47 (6) 31:52 (6) 36:18 (6) 38:30 (7) 39:15 (7)  
12:02/87 2:26/92 4:03/32 6:10/88 5:06/90 2:05/105 4:26/61 2:12/125 0:45/249  
+3:04 (7) +0:42 (7) +0:42 (6) +3:46 (9) +0:45 (7) +0:36 (8) +1:22 (8) +0:37 (9) +0:12 (9)

8 Sidsel Graff-Iversen Fossum IF (14.42min/km) 40:14 (+12:24)  
10:01 (5) 11:56 (5) 15:52 (5) 27:58 (9) 33:11 (9) 34:40 (8) 37:54 (8) 39:39 (8) 40:14 (8)  
10:01/87 1:55/92 3:56/32 12:06/88 5:13/90 1:29/105 3:14/61 1:45/125 0:35/249  
+1:03 (5) +0:11 (3) +0:35 (5) +9:42 (12) +0:52 (8) +0:00 (1) +0:10 (4) +0:10 (5) +0:02 (3)

9	Anne Marie Pedersen	Bjerkvik IF	(15.30min/km)	<b>42:41</b>	(+14:51)					
	16:01 (10)	18:21 (10)	22:56 (10)	27:27 (8)	32:49 (8)	35:02 (9)	39:41 (9)	41:52 (9)	42:41 (9)	
	16:01/87	2:20/92	4:35/32	4:31/88	5:22/90	2:13/105	4:39/61	2:11/125	0:49/249	
	+7:03 (10)	+0:36 (5)	+1:14 (9)	+2:07 (4)	+1:01 (9)	+0:44 (9)	+1:35 (9)	+0:36 (8)	+0:16 (11)	
10	Gerd Yttervik	Lia IL	(17.22min/km)	<b>48:03</b>	(+20:13)					
	17:59 (11)	20:28 (11)	25:43 (11)	31:21 (11)	37:47 (11)	40:05 (11)	44:46 (10)	47:20 (10)	48:03 (10)	
	17:59/87	2:29/92	5:15/32	5:38/88	6:26/90	2:18/105	4:41/61	2:34/97	0:43/249	
	+9:01 (11)	+0:45 (8)	+1:54 (10)	+3:14 (7)	+2:05 (10)	+0:49 (10)	+1:37 (11)	+0:59 (11)	+0:10 (8)	
11	Aud Spjelkavik	Tyrving, IL	(17.36min/km)	<b>48:26</b>	(+20:36)					
	14:18 (9)	17:05 (9)	22:35 (9)	29:33 (10)	36:44 (10)	39:08 (10)	44:53 (11)	47:36 (11)	48:26 (11)	
	14:18/87	2:47/92	5:30/32	6:58/88	7:11/90	2:24/105	5:45/61	2:43/125	0:50/249	
	+5:20 (9)	+1:03 (10)	+2:09 (12)	+4:34 (10)	+2:50 (12)	+0:55 (12)	+2:41 (12)	+1:08 (12)	+0:17 (12)	
12	Berit Dybvik	Solid, IL	(17.77min/km)	<b>49:34</b>	(+21:44)					
	18:16 (12)	20:49 (12)	26:04 (12)	33:03 (12)	39:35 (12)	41:55 (12)	46:34 (12)	48:46 (12)	49:34 (12)	
	18:16/87	2:33/92	5:15/32	6:59/88	6:32/90	2:20/105	4:39/61	2:12/125	0:48/249	
	+9:18 (12)	+0:49 (9)	+1:54 (10)	+4:35 (11)	+2:11 (11)	+0:51 (11)	+1:35 (9)	+0:37 (9)	+0:15 (10)	

## Klasse H60- 4.0 km

29 påmeldt, 28 startende 1 premiert

1	Tore Angell-Petersen	Freidig	(8.59min/km)	<b>33:56</b>						
	8:14 (2)	11:43 (1)	16:44 (1)	17:48 (1)	23:27 (2)	26:05 (2)	28:16 (1)	30:01 (1)	32:47 (1)	33:27 (1)
	8:14/85	3:29/91	5:01/82	1:04/83	5:39/32	2:38/74	2:11/58	1:45/59	2:46/102	0:40/97
	+0:03 (2)	+0:26 (5)	+0:00 (1)	+0:17 (3)	+2:11 (24)	+0:10 (4)	+0:00 (1)	+0:11 (5)	+0:27 (11)	+0:04 (3)
	33:56 (1)									
	0:29/249									
	+0:06 (7)									
2	Jouko Koivula	Rastikarhut	(8.81min/km)	<b>34:49</b>	(+0:53)					
	8:11 (1)	11:57 (3)	17:27 (2)	18:39 (2)	23:17 (1)	25:45 (1)	28:51 (2)	30:50 (2)	33:40 (2)	34:22 (2)
	8:11/85	3:46/91	5:30/82	1:12/83	4:38/32	2:28/74	3:06/58	1:59/59	2:50/102	0:42/97
	+0:00 (1)	+0:43 (10)	+0:29 (3)	+0:25 (8)	+1:10 (16)	+0:00 (1)	+0:55 (19)	+0:25 (13)	+0:31 (13)	+0:06 (6)
	34:49 (2)									
	0:27/249									
	+0:04 (4)									
3	Jan Løvlund	Nordreisa IL	(8.87min/km)	<b>35:02</b>	(+1:06)					
	9:38 (10)	13:17 (7)	19:22 (8)	20:37 (7)	24:17 (4)	27:05 (4)	29:26 (3)	31:17 (3)	33:52 (3)	34:34 (3)
	9:38/85	3:39/91	6:05/82	1:15/83	3:40/32	2:48/74	2:21/58	1:51/59	2:35/102	0:42/97
	+1:27 (10)	+0:36 (8)	+1:04 (8)	+0:28 (13)	+0:12 (2)	+0:20 (8)	+0:10 (3)	+0:17 (8)	+0:16 (5)	+0:06 (6)
	35:02 (3)									
	0:28/249									
	+0:05 (6)									
4	Hannu Siuko	Suunta Sepot	(8.93min/km)	<b>35:17</b>	(+1:21)					
	8:25 (4)	11:53 (2)	18:46 (3)	19:53 (3)	24:06 (3)	26:57 (3)	29:44 (4)	31:29 (4)	34:06 (4)	34:48 (4)
	8:25/85	3:28/91	6:53/82	1:07/83	4:13/32	2:51/74	2:47/58	1:45/59	2:37/102	0:42/125
	+0:14 (4)	+0:25 (4)	+1:52 (15)	+0:20 (5)	+0:45 (6)	+0:23 (9)	+0:36 (13)	+0:11 (5)	+0:18 (7)	+0:06 (6)
	35:17 (4)									
	0:29/249									
	+0:06 (7)									
5	Tuomo Peltola	MS Parma Finland	(9.15min/km)	<b>36:08</b>	(+2:12)					
	10:22 (15)	14:57 (16)	20:18 (10)	21:25 (10)	25:54 (9)	28:30 (7)	31:05 (7)	32:39 (5)	34:58 (5)	35:39 (5)
	10:22/85	4:35/91	5:21/82	1:07/83	4:29/32	2:36/74	2:35/58	1:34/59	2:19/102	0:41/125
	+2:11 (15)	+1:32 (25)	+0:20 (2)	+0:20 (5)	+1:01 (11)	+0:08 (3)	+0:24 (10)	+0:00 (1)	+0:00 (1)	+0:05 (4)
	36:08 (5)									
	0:29/249									
	+0:06 (7)									
6	Widar Taxth Løland	Lia IL	(9.38min/km)	<b>37:03</b>	(+3:07)					
	9:17 (8)	13:05 (5)	19:14 (6)	20:29 (5)	24:52 (5)	28:19 (6)	30:42 (5)	32:40 (6)	35:43 (6)	36:28 (6)
	9:17/85	3:48/91	6:09/82	1:15/83	4:23/32	3:27/74	2:23/58	1:58/59	3:03/102	0:45/97
	+1:06 (8)	+0:45 (12)	+1:08 (9)	+0:28 (13)	+0:55 (8)	+0:59 (22)	+0:12 (4)	+0:24 (12)	+0:44 (19)	+0:09 (16)
	37:03 (6)									

0:35/249  
+0:12 (22)

7 Knut Lillealtern Freidig (9.43min/km) 37:15 (+3:19)  
9:39 (11) 13:34 (9) 19:12 (5) 20:53 (8) 25:29 (8) 28:10 (5) 30:49 (6) 32:49 (7) 36:01 (7) 36:44 (7)  
9:39/85 3:55/91 5:38/82 1:41/83 4:36/32 2:41/74 2:39/58 2:00/59 3:12/102 0:43/97  
+1:28 (11) +0:52 (16) +0:37 (5) +0:54 (25) +1:08 (15) +0:13 (6) +0:28 (11) +0:26 (15) +0:53 (21) +0:07 (11)  
37:15 (7)  
0:31/249  
+0:08 (15)

8 Ove Gunnar Jacobsen Stokke IL (9.54min/km) 37:41 (+3:45)  
9:20 (9) 13:34 (9) 19:06 (4) 20:30 (6) 25:12 (7) 28:45 (9) 31:18 (8) 33:17 (8) 36:33 (8) 37:15 (8)  
9:20/85 4:14/91 5:32/82 1:24/83 4:42/32 3:33/74 2:33/58 1:59/59 3:16/102 0:42/97  
+1:09 (9) +1:11 (22) +0:31 (4) +0:37 (18) +1:14 (18) +1:05 (24) +0:22 (8) +0:25 (13) +0:57 (23) +0:06 (6)  
37:41 (8)  
0:26/249  
+0:03 (2)

9 Antero Karvinen Ounasvaaran Hiihtoseura (9.69min/km) 38:16 (+4:20)  
9:14 (7) 13:20 (8) 19:17 (7) 20:22 (4) 24:54 (6) 28:40 (8) 31:19 (9) 34:07 (9) 37:08 (9) 37:46 (9)  
9:14/85 4:06/91 5:57/82 1:05/83 4:32/32 3:46/74 2:39/58 2:48/59 3:01/102 0:38/97  
+1:03 (7) +1:03 (20) +0:56 (6) +0:18 (4) +1:04 (13) +1:18 (25) +0:28 (11) +1:14 (26) +0:42 (16) +0:02 (2)  
38:16 (9)  
0:30/249  
+0:07 (12)

10 Lauri Mustonen Alatornion Pirkat (9.73min/km) 38:26 (+4:30)  
9:58 (13) 13:44 (11) 20:43 (11) 21:58 (11) 26:15 (11) 29:12 (10) 32:53 (11) 34:50 (10) 37:16 (10) 37:59 (10)  
9:58/85 3:46/91 6:59/82 1:15/83 4:17/32 2:57/74 3:41/58 1:57/59 2:26/102 0:43/97  
+1:47 (13) +0:43 (10) +1:58 (16) +0:28 (13) +0:49 (7) +0:29 (14) +1:30 (24) +0:23 (11) +0:07 (3) +0:07 (11)  
38:26 (10)  
0:27/249  
+0:04 (4)

11 Hermann Skogsholm Sandnes IL (10.05min/km) 39:43 (+5:47)  
8:24 (3) 15:44 (21) 22:11 (13) 23:24 (13) 27:24 (13) 29:55 (12) 32:08 (10) 35:46 (12) 38:22 (11) 39:11 (11)  
8:24/85 7:20/91 6:27/82 1:13/83 4:00/32 2:31/74 2:13/58 3:38/59 2:36/102 0:49/97  
+0:13 (3) +4:17 (27) +1:26 (11) +0:26 (10) +0:32 (5) +0:03 (2) +0:02 (2) +2:04 (27) +0:17 (6) +0:13 (23)  
39:43 (11)  
0:32/249  
+0:09 (17)

12 Olav Frode Bråten Asker SK (10.19min/km) 40:16 (+6:20)  
11:27 (20) 15:19 (18) 21:34 (12) 22:37 (12) 26:05 (10) 29:17 (11) 34:53 (16) 36:45 (15) 39:07 (13) 39:50 (12)  
11:27/85 3:52/91 6:15/82 1:03/83 3:28/32 3:12/74 5:36/58 1:52/59 2:22/102 0:43/97  
+3:16 (20) +0:49 (14) +1:14 (10) +0:16 (2) +0:00 (1) +0:44 (19) +3:25 (28) +0:18 (9) +0:03 (2) +0:07 (11)  
40:16 (12)  
0:26/249  
+0:03 (2)

13 Gunnar Kvaal Storsteinnes IL (10.22min/km) 40:22 (+6:26)  
9:10 (6) 13:05 (5) 19:45 (9) 21:19 (9) 26:45 (12) 30:00 (13) 32:59 (12) 35:10 (11) 39:05 (12) 39:50 (12)  
9:10/85 3:55/91 6:40/82 1:34/83 5:26/32 3:15/74 2:59/58 2:11/59 3:55/102 0:45/97  
+0:59 (6) +0:52 (16) +1:39 (13) +0:47 (22) +1:58 (23) +0:47 (20) +0:48 (18) +0:37 (20) +1:36 (27) +0:09 (16)  
40:22 (13)  
0:32/249  
+0:09 (17)

14 Asbjørn Pedersen Siso, IL (10.29min/km) 40:39 (+6:43)  
9:48 (12) 14:09 (12) 23:05 (16) 24:27 (17) 29:06 (15) 31:57 (15) 34:24 (13) 36:36 (14) 39:23 (14) 40:10 (14)  
9:48/85 4:21/91 8:56/82 1:22/83 4:39/32 2:51/74 2:27/58 2:12/59 2:47/102 0:47/97  
+1:37 (12) +1:18 (23) +3:55 (21) +0:35 (17) +1:11 (17) +0:23 (9) +0:16 (5) +0:38 (21) +0:28 (12) +0:11 (21)  
40:39 (14)  
0:29/249  
+0:06 (7)

15 Måns Åkerblom Gamlakarleby IF (10.35min/km) 40:54 (+6:58)  
11:30 (21) 15:35 (20) 22:27 (14) 23:44 (14) 28:41 (14) 31:46 (14) 34:35 (14) 36:36 (13) 39:36 (15) 40:22 (15)



11:30/85	4:05/91	6:52/82	1:17/83	4:57/32	3:05/74	2:49/58	2:01/59	3:00/102	0:46/97
+3:19 (21)	+1:02 (19)	+1:51 (14)	+0:30 (16)	+1:29 (22)	+0:37 (15)	+0:38 (15)	+0:27 (16)	+0:41 (15)	+0:10 (18)
40:54 (15)									
0:32/249									
+0:09 (17)									
<b>16 Arve Smestad</b>			<b>Løten OL</b>		<b>(10.45min/km)</b>			<b>41:16</b>	<b>(+7:20)</b>
11:12 (18)	14:47 (15)	23:21 (19)	24:46 (18)	29:11 (17)	32:18 (16)	34:46 (15)	36:50 (16)	39:51 (16)	40:41 (16)
11:12/85	3:35/91	8:34/82	1:25/83	4:25/32	3:07/74	2:28/58	2:04/59	3:01/102	0:50/125
+3:01 (18)	+0:32 (6)	+3:33 (20)	+0:38 (19)	+0:57 (9)	+0:39 (16)	+0:17 (6)	+0:30 (18)	+0:42 (16)	+0:14 (25)
41:16 (16)									
0:35/249									
+0:12 (22)									
<b>17 Pekka Hourula</b>			<b>Iisalmen Visa, Finland</b>		<b>(10.48min/km)</b>			<b>41:24</b>	<b>(+7:28)</b>
11:26 (19)	15:19 (19)	23:10 (17)	24:46 (18)	29:12 (18)	32:37 (17)	35:09 (17)	37:01 (17)	40:03 (17)	40:54 (17)
11:26/85	3:53/91	7:51/82	1:36/83	4:26/32	3:25/74	2:32/58	1:52/59	3:02/102	0:51/125
+3:15 (19)	+0:50 (15)	+2:50 (17)	+0:49 (23)	+0:58 (10)	+0:57 (21)	+0:21 (7)	+0:18 (9)	+0:43 (18)	+0:15 (26)
41:24 (17)									
0:30/249									
+0:07 (12)									
<b>18 Kjell Audun Sundsdal</b>			<b>Melum IL</b>		<b>(10.72min/km)</b>			<b>42:21</b>	<b>(+8:25)</b>
14:12 (25)	17:15 (24)	23:12 (18)	24:22 (15)	30:14 (19)	33:25 (19)	37:16 (19)	38:53 (19)	41:22 (19)	41:58 (18)
14:12/85	3:03/91	5:57/82	1:10/83	5:52/32	3:11/74	3:51/58	1:37/59	2:29/102	0:36/97
+6:01 (25)	+0:00 (1)	+0:56 (6)	+0:23 (7)	+2:24 (25)	+0:43 (18)	+1:40 (25)	+0:03 (2)	+0:10 (4)	+0:00 (1)
42:21 (18)									
0:23/249									
+0:00 (1)									
<b>19 Miroslav Sikora</b>			<b>Banik Ostrava</b>		<b>(10.79min/km)</b>			<b>42:38</b>	<b>(+8:42)</b>
10:15 (14)	14:44 (14)	22:46 (15)	24:22 (15)	29:07 (16)	33:02 (18)	35:55 (18)	38:05 (18)	41:15 (18)	42:02 (19)
10:15/85	4:29/91	8:02/82	1:36/83	4:45/32	3:55/74	2:53/58	2:10/59	3:10/102	0:47/97
+2:04 (14)	+1:26 (24)	+3:01 (18)	+0:49 (23)	+1:17 (19)	+1:27 (27)	+0:42 (16)	+0:36 (19)	+0:51 (20)	+0:11 (21)
42:38 (19)									
0:36/249									
+0:13 (26)									
<b>20 Ernst Kläy</b>			<b>Hindelbank, OLV - Schweiz</b>		<b>(11.26min/km)</b>			<b>44:28</b>	<b>(+10:32)</b>
13:58 (24)	17:58 (25)	24:25 (20)	25:39 (20)	31:39 (20)	34:48 (20)	37:22 (20)	39:37 (20)	43:08 (20)	43:54 (20)
13:58/85	4:00/91	6:27/82	1:14/83	6:00/32	3:09/74	2:34/58	2:15/59	3:31/102	0:46/97
+5:47 (24)	+0:57 (18)	+1:26 (11)	+0:27 (12)	+2:32 (26)	+0:41 (17)	+0:23 (9)	+0:41 (22)	+1:12 (25)	+0:10 (18)
44:28 (20)									
0:34/249									
+0:11 (20)									
<b>21 Terje Stavik</b>			<b>Molde og Omegn Idrettsforening</b>		<b>(11.70min/km)</b>			<b>46:14</b>	<b>(+12:18)</b>
12:44 (23)	16:21 (23)	27:45 (21)	28:58 (21)	33:53 (21)	36:46 (21)	39:44 (21)	41:46 (21)	44:58 (21)	45:44 (21)
12:44/85	3:37/91	11:24/82	1:13/83	4:55/32	2:53/74	2:58/58	2:02/59	3:12/102	0:46/97
+4:33 (23)	+0:34 (7)	+6:23 (22)	+0:26 (10)	+1:27 (20)	+0:25 (11)	+0:47 (17)	+0:28 (17)	+0:53 (21)	+0:10 (18)
46:14 (21)									
0:30/249									
+0:07 (12)									
<b>22 Matti Lampinen</b>			<b>Navi</b>		<b>(11.75min/km)</b>			<b>46:25</b>	<b>(+12:29)</b>
8:49 (5)	12:05 (4)	29:09 (23)	30:39 (23)	34:31 (23)	37:26 (23)	40:49 (22)	42:32 (22)	45:14 (22)	45:56 (22)
8:49/85	3:16/91	17:04/82	1:30/83	3:52/32	2:55/74	3:23/58	1:43/59	2:42/102	0:42/125
+0:38 (5)	+0:13 (2)	+12:03 (26)	+0:43 (21)	+0:24 (3)	+0:27 (13)	+1:12 (23)	+0:09 (4)	+0:23 (9)	+0:06 (6)
46:25 (22)									
0:29/249									
+0:06 (7)									
<b>23 Bjørn Spjelkavik</b>			<b>Tyrving, IL</b>		<b>(12.22min/km)</b>			<b>48:15</b>	<b>(+14:19)</b>
12:02 (22)	15:46 (22)	29:06 (22)	29:53 (22)	34:25 (22)	37:05 (22)	41:40 (23)	44:02 (23)	46:58 (23)	47:41 (23)
12:02/85	3:44/91	13:20/82	0:47/83	4:32/32	2:40/74	4:35/58	2:22/59	2:56/102	0:43/125
+3:51 (22)	+0:41 (9)	+8:19 (24)	+0:00 (1)	+1:04 (13)	+0:12 (5)	+2:24 (27)	+0:48 (23)	+0:37 (14)	+0:07 (11)
48:15 (23)									
0:34/249									

+0:11 (20)

<b>24 Karl-Gustav Hertsbacka</b>	<b>Närpes OK</b>	<b>(12.32min/km)</b>	<b>48:39 (+14:43)</b>
10:53 (17) 14:10 (13) 31:13 (24) 32:42 (24) 36:36 (24) 39:30 (24) 42:51 (24) 44:39 (24) 47:21 (24) 48:04 (24)			
10:53/85 3:17/91 17:03/82 1:29/83 3:54/32 2:54/74 3:21/58 1:48/59 2:42/102 0:43/125			
+2:42 (17) +0:14 (3) +12:02 (25) +0:42 (20) +0:26 (4) +0:26 (12) +1:10 (22) +0:14 (7) +0:23 (9) +0:07 (11)			
48:39 (24)			
0:35/249			
+0:12 (22)			

<b>25 Markku Asikainen</b>	<b>Hiisirasti</b>	<b>(13.73min/km)</b>	<b>54:15 (+20:19)</b>
10:44 (16) 14:57 (16) 32:59 (25) 35:00 (25) 39:55 (25) 43:24 (25) 46:36 (25) 49:06 (25) 52:45 (25) 53:36 (25)			
10:44/85 4:13/91 18:02/82 2:01/83 4:55/32 3:29/74 3:12/58 2:30/59 3:39/102 0:51/97			
+2:33 (16) +1:10 (21) +13:01 (27) +1:14 (27) +1:27 (20) +1:01 (23) +1:01 (21) +0:56 (25) +1:20 (26) +0:15 (26)			
54:15 (25)			
0:39/249			
+0:16 (27)			

<b>26 Nils Nymo</b>	<b>Mellebygd IL</b>	<b>(13.88min/km)</b>	<b>54:49 (+20:53)</b>
15:22 (26) 28:11 (28) 36:15 (27) 37:27 (27) 43:38 (27) 46:21 (26) 49:08 (26) 50:48 (26) 53:25 (26) 54:14 (26)			
15:22/85 12:49/91 8:04/82 1:12/83 6:11/32 2:43/74 2:47/58 1:40/59 2:37/102 0:49/125			
+7:11 (26) +9:46 (28) +3:03 (19) +0:25 (8) +2:43 (28) +0:15 (7) +0:36 (13) +0:06 (3) +0:18 (7) +0:13 (23)			
54:49 (26)			
0:35/249			
+0:12 (22)			

<b>27 Mikko Kauppinen</b>	<b>Kalevan Rasti</b>	<b>(14.71min/km)</b>	<b>58:06 (+24:10)</b>
18:25 (27) 23:05 (26) 35:12 (26) 37:04 (26) 43:05 (26) 46:52 (27) 50:02 (27) 52:31 (27) 56:33 (27) 57:24 (27)			
18:25/85 4:40/91 12:07/82 1:52/83 6:01/32 3:47/74 3:10/58 2:29/59 4:02/102 0:51/125			
+10:14 (27) +1:37 (26) +7:06 (23) +1:05 (26) +2:33 (27) +1:19 (26) +0:59 (20) +0:55 (24) +1:43 (28) +0:15 (26)			
58:06 (27)			
0:42/249			
+0:19 (28)			

<b>28 Tadeusz Patejko</b>	<b>Gwardia Warszawa</b>	<b>(17.68min/km)</b>	<b>1:09:49 (+35:53)</b>
20:08 (28) 23:57 (27) 44:10 (28) 46:23 (28) 50:53 (28) 57:04 (28) 1:01:08 (28) 1:05:10 (28) 1:08:37 (28) 1:09:18 (28)			
20:08/85 3:49/91 20:13/82 2:13/83 4:30/32 6:11/74 4:04/58 4:02/59 3:27/102 0:41/125			
+11:57 (28) +0:46 (13) +15:12 (28) +1:26 (28) +1:02 (12) +3:43 (28) +1:53 (26) +2:28 (28) +1:08 (24) +0:05 (4)			
1:09:49 (28)			
0:31/249			
+0:08 (15)			

## Klasse D65- 2.8 km

10 påmeldt, 9 startende 1 premiert

<b>1 Margith Reppesgård</b>	<b>Hedrum O-lag</b>	<b>(11.39min/km)</b>	<b>31:46</b>
10:14 (2) 12:15 (2) 16:05 (2) 18:50 (1) 24:08 (1) 25:43 (1) 29:22 (1) 31:04 (1) 31:46 (1)			
10:14/87 2:01/92 3:50/32 2:45/88 5:18/90 1:35/105 3:39/61 1:42/97 0:42/249			
+0:33 (2) +0:00 (1) +0:01 (2) +0:10 (2) +0:28 (4) +0:00 (1) +0:08 (2) +0:00 (1) +0:06 (4)			
<b>2 Astrid Marit Vigenstad</b>	<b>Lillehammer</b>	<b>(11.76min/km)</b>	<b>32:48 (+1:02)</b>
9:41 (1) 11:42 (1) 15:32 (1) 18:54 (2) 25:09 (3) 26:48 (3) 30:19 (2) 32:10 (2) 32:48 (2)			
9:41/87 2:01/92 3:50/32 3:22/88 6:15/90 1:39/105 3:31/61 1:51/125 0:38/249			
+0:00 (1) +0:00 (1) +0:01 (2) +0:47 (4) +1:25 (6) +0:04 (3) +0:00 (1) +0:09 (4) +0:02 (2)			
<b>3 Rannveig Stavik</b>	<b>Molde og Omegn Idrettsforerlag</b>	<b>(11.86min/km)</b>	<b>33:05 (+1:19)</b>
10:25 (3) 12:58 (4) 17:03 (4) 19:38 (3) 24:28 (2) 26:27 (2) 30:27 (3) 32:22 (3) 33:05 (3)			
10:25/87 2:33/92 4:05/32 2:35/88 4:50/90 1:59/105 4:00/61 1:55/97 0:43/249			
+0:44 (3) +0:32 (4) +0:16 (5) +0:00 (1) +0:00 (1) +0:24 (6) +0:29 (5) +0:13 (5) +0:07 (5)			
<b>4 Synnøve Dalva</b>	<b>Bø o-lag</b>	<b>(13.03min/km)</b>	<b>36:22 (+4:36)</b>
10:51 (4) 12:57 (3) 16:46 (3) 20:03 (4) 27:29 (4) 29:25 (4) 33:27 (4) 35:38 (4) 36:22 (4)			
10:51/87 2:06/92 3:49/32 3:17/88 7:26/90 1:56/105 4:02/61 2:11/125 0:44/249			
+1:10 (4) +0:05 (3) +0:00 (1) +0:42 (3) +2:36 (7) +0:21 (5) +0:31 (6) +0:29 (6) +0:08 (6)			
<b>5 Brit Fridén</b>	<b>Trollelg, OK</b>	<b>(13.61min/km)</b>	<b>37:59 (+6:13)</b>
11:44 (6) 14:18 (6) 19:27 (6) 25:02 (5) 30:16 (5) 31:52 (5) 35:36 (5) 37:23 (5) 37:59 (5)			
11:44/87 2:34/92 5:09/32 5:35/88 5:14/90 1:36/105 3:44/61 1:47/125 0:36/249			
+2:03 (6) +0:33 (6) +1:20 (6) +3:00 (7) +0:24 (3) +0:01 (2) +0:13 (4) +0:05 (2) +0:00 (1)			

6	Lena Timner		Umeå OK	(17.46min/km)	<b>48:43</b>	(+16:57)			
	14:31 (7)	17:53 (8)	24:44 (8)	28:54 (6)	36:45 (6)	39:14 (6)	44:36 (6)	47:39 (6)	48:43 (6)
	14:31/87	3:22/92	6:51/32	4:10/88	7:51/90	2:29/105	5:22/61	3:03/125	1:04/249
	+4:50 (7)	+1:21 (9)	+3:02 (9)	+1:35 (5)	+3:01 (8)	+0:54 (8)	+1:51 (8)	+1:21 (8)	+0:28 (9)
7	Elin Dahlen		Gjø-Vard OL	(17.73min/km)	<b>49:28</b>	(+17:42)			
	10:54 (5)	14:07 (5)	18:11 (5)	36:35 (8)	41:39 (7)	43:20 (7)	47:02 (7)	48:49 (7)	49:28 (7)
	10:54/87	3:13/92	4:04/32	18:24/88	5:04/90	1:41/105	3:42/61	1:47/125	0:39/249
	+1:13 (5)	+1:12 (8)	+0:15 (4)	+15:49 (9)	+0:14 (2)	+0:06 (4)	+0:11 (3)	+0:05 (2)	+0:03 (3)
8	Aina Mauritzsen		Vadsø SK	(18.50min/km)	<b>51:37</b>	(+19:51)			
	24:20 (9)	26:53 (9)	32:03 (9)	36:33 (7)	42:03 (8)	44:08 (8)	48:32 (8)	50:50 (8)	51:37 (8)
	24:20/87	2:33/92	5:10/32	4:30/88	5:30/90	2:05/105	4:24/61	2:18/97	0:47/249
	+14:39 (9)	+0:32 (4)	+1:21 (7)	+1:55 (6)	+0:40 (5)	+0:30 (7)	+0:53 (7)	+0:36 (7)	+0:11 (7)
9	Grethe-Lise Skaland		Nordreisa IL	(22.20min/km)	<b>1:01:56</b>	(+30:10)			
	14:51 (8)	17:36 (7)	23:35 (7)	39:43 (9)	48:47 (9)	51:48 (9)	58:00 (9)	1:01:06 (9)	1:01:56 (9)
	14:51/87	2:45/92	5:59/32	16:08/88	9:04/90	3:01/105	6:12/61	3:06/97	0:50/249
	+5:10 (8)	+0:44 (7)	+2:10 (8)	+13:33 (8)	+4:14 (9)	+1:26 (9)	+2:41 (9)	+1:24 (9)	+0:14 (8)

## Klasse H65- 2.8 km

19 påmeldt, 19 startende 1 premiert

1	Kjell Stenstadvold		Tyrving, IL	(9.01min/km)	<b>25:09</b>				
	7:43 (3)	9:30 (3)	12:52 (2)	15:04 (2)	18:47 (2)	20:06 (2)	23:08 (2)	24:33 (2)	25:09 (2)
	7:43/87	1:47/92	3:22/32	2:12/88	3:43/90	1:19/105	3:02/61	1:25/125	0:36/249
	+0:36 (2)	+0:26 (8)	+0:31 (5)	+0:15 (2)	+0:36 (3)	+0:00 (1)	+0:19 (4)	+0:02 (2)	+0:10 (12)
2	Reidar Andersen		B&OI Orientering	(9.49min/km)	<b>26:28</b>	(+1:19)			
	7:07 (2)	8:36 (2)	13:42 (3)	15:39 (3)	19:48 (3)	21:09 (3)	24:14 (3)	26:00 (3)	26:28 (3)
	7:07/87	1:29/92	5:06/32	1:57/88	4:09/90	1:21/105	3:05/61	1:46/97	0:28/249
	+0:00 (1)	+0:08 (2)	+2:15 (14)	+0:00 (1)	+1:02 (8)	+0:02 (2)	+0:22 (5)	+0:23 (13)	+0:02 (2)
3	Asko Harvala		Ounasvaaran Hiihtoseura	(10.34min/km)	<b>28:51</b>	(+3:42)			
	8:42 (6)	10:26 (5)	13:47 (4)	18:14 (5)	22:27 (5)	23:51 (5)	26:51 (5)	28:22 (4)	28:51 (4)
	8:42/87	1:44/92	3:21/32	4:27/88	4:13/90	1:24/105	3:00/61	1:31/97	0:29/249
	+1:35 (5)	+0:23 (6)	+0:30 (4)	+2:30 (9)	+1:06 (9)	+0:05 (4)	+0:17 (3)	+0:08 (4)	+0:03 (4)
4	Reijo Rytkölä		Sibbo Vargarna, IF	(10.39min/km)	<b>28:59</b>	(+3:50)			
	10:03 (13)	11:45 (11)	15:28 (9)	17:45 (4)	22:08 (4)	23:39 (4)	26:47 (4)	28:27 (5)	28:59 (5)
	10:03/87	1:42/92	3:43/32	2:17/88	4:23/90	1:31/105	3:08/61	1:40/125	0:32/249
	+2:56 (12)	+0:21 (4)	+0:52 (10)	+0:20 (3)	+1:16 (13)	+0:12 (8)	+0:25 (8)	+0:17 (10)	+0:06 (6)
5	Erling Pedersen		Siso, IL	(10.51min/km)	<b>29:20</b>	(+4:11)			
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
6	Tormod Dahlen		Gjø-Vard OL	(10.58min/km)	<b>29:31</b>	(+4:22)			
	8:19 (4)	9:55 (4)	14:45 (7)	18:44 (7)	23:00 (7)	24:28 (6)	27:20 (6)	28:57 (6)	29:31 (6)
	8:19/87	1:36/92	4:50/32	3:59/88	4:16/90	1:28/105	2:52/61	1:37/125	0:34/249
	+1:12 (3)	+0:15 (3)	+1:59 (13)	+2:02 (7)	+1:09 (10)	+0:09 (7)	+0:09 (2)	+0:14 (7)	+0:08 (9)
7	Eilif Noste		Ilar, IL	(10.71min/km)	<b>29:53</b>	(+4:44)			
	8:27 (5)	10:40 (6)	13:59 (5)	20:43 (9)	23:57 (8)	25:18 (8)	28:01 (8)	29:24 (7)	29:53 (7)
	8:27/87	2:13/92	3:19/32	6:44/88	3:14/90	1:21/105	2:43/61	1:23/125	0:29/249
	+1:20 (4)	+0:52 (15)	+0:28 (3)	+4:47 (13)	+0:07 (2)	+0:02 (2)	+0:00 (1)	+0:00 (1)	+0:03 (4)
8	Kjell Atle Strande		Freidig	(10.82min/km)	<b>30:12</b>	(+5:03)			
	9:46 (11)	11:39 (10)	15:14 (8)	18:24 (6)	22:52 (6)	24:34 (7)	27:58 (7)	29:36 (8)	30:12 (8)
	9:46/87	1:53/92	3:35/32	3:10/88	4:28/90	1:42/105	3:24/61	1:38/125	0:36/249
	+2:39 (10)	+0:32 (9)	+0:44 (8)	+1:13 (6)	+1:21 (15)	+0:23 (14)	+0:41 (13)	+0:15 (8)	+0:10 (12)
9	Martti Sivonen		Kalevan Rasti	(11.45min/km)	<b>31:57</b>	(+6:48)			
	9:27 (9)	11:21 (8)	14:33 (6)	20:06 (8)	24:02 (9)	26:37 (9)	29:49 (9)	31:24 (9)	31:57 (9)
	9:27/87	1:54/92	3:12/32	5:33/88	3:56/90	2:35/105	3:12/61	1:35/97	0:33/249
	+2:20 (8)	+0:33 (10)	+0:21 (2)	+3:36 (10)	+0:49 (6)	+1:16 (17)	+0:29 (9)	+0:12 (6)	+0:07 (8)
10	Johan Arnt Johansen		Nord-Østerdal O-klubb	(11.52min/km)	<b>32:08</b>	(+6:59)			
	9:44 (10)	11:49 (12)	15:30 (10)	21:18 (11)	25:08 (11)	26:40 (10)	29:54 (10)	31:40 (10)	32:08 (10)
	9:44/87	2:05/92	3:41/32	5:48/88	3:50/90	1:32/105	3:14/61	1:46/97	0:28/249
	+2:37 (9)	+0:44 (13)	+0:50 (9)	+3:51 (11)	+0:43 (4)	+0:13 (10)	+0:31 (11)	+0:23 (13)	+0:02 (2)

11	Magnar Øvreås		Botne skiklubb	(11.76min/km)	<b>32:49</b>	(+7:40)			
	12:08 (15)	13:51 (14)	18:00 (13)	20:50 (10)	25:07 (10)	26:43 (11)	30:22 (11)	32:13 (11)	32:49 (11)
	12:08/87	1:43/92	4:09/32	2:50/88	4:17/90	1:36/105	3:39/61	1:51/125	0:36/249
	+5:01 (14)	+0:22 (5)	+1:18 (12)	+0:53 (5)	+1:10 (11)	+0:17 (13)	+0:56 (14)	+0:28 (16)	+0:10 (12)
12	Svein-Eirik Paulsen		Trollelg, OK	(11.80min/km)	<b>32:56</b>	(+7:47)			
	10:42 (14)	14:00 (15)	18:03 (14)	22:13 (12)	26:17 (12)	27:44 (12)	30:50 (12)	32:21 (12)	32:56 (12)
	10:42/87	3:18/92	4:03/32	4:10/88	4:04/90	1:27/105	3:06/61	1:31/97	0:35/249
	+3:35 (13)	+1:57 (17)	+1:12 (11)	+2:13 (8)	+0:57 (7)	+0:08 (6)	+0:23 (6)	+0:08 (4)	+0:09 (10)
13	Steinar Slettemark		Stord IL	(13.12min/km)	<b>36:37</b>	(+11:28)			
	10:00 (12)	12:17 (13)	15:43 (11)	25:12 (14)	29:31 (14)	31:03 (13)	34:16 (13)	35:55 (13)	36:37 (13)
	10:00/87	2:17/92	3:26/32	9:29/88	4:19/90	1:32/105	3:13/61	1:39/125	0:42/249
	+2:53 (11)	+0:56 (16)	+0:35 (6)	+7:32 (18)	+1:12 (12)	+0:13 (10)	+0:30 (10)	+0:16 (9)	+0:16 (18)
14	Ottar Evensen		Elverum OK	(13.53min/km)	<b>37:45</b>	(+12:36)			
	9:15 (7)	11:01 (7)	16:09 (12)	24:25 (13)	29:17 (13)	31:12 (14)	35:10 (14)	37:09 (14)	37:45 (14)
	9:15/87	1:46/92	5:08/32	8:16/88	4:52/90	1:55/105	3:58/61	1:59/97	0:36/249
	+2:08 (6)	+0:25 (7)	+2:17 (15)	+6:19 (15)	+1:45 (16)	+0:36 (16)	+1:15 (15)	+0:36 (17)	+0:10 (12)
15	Ingolf Dybvik		Solid, IL	(13.82min/km)	<b>38:34</b>	(+13:25)			
	14:44 (16)	16:53 (16)	20:23 (15)	27:08 (15)	31:33 (15)	33:06 (15)	36:12 (15)	37:53 (15)	38:34 (15)
	14:44/87	2:09/92	3:30/32	6:45/88	4:25/90	1:33/105	3:06/61	1:41/97	0:41/249
	+7:37 (15)	+0:48 (14)	+0:39 (7)	+4:48 (14)	+1:18 (14)	+0:14 (12)	+0:23 (6)	+0:18 (11)	+0:15 (17)
16	Jan A. Eriksen		Sørreisa OL	(15.22min/km)	<b>42:27</b>	(+17:18)			
	25:14 (19)	26:35 (19)	29:26 (18)	32:02 (17)	35:09 (17)	36:34 (17)	40:32 (16)	42:01 (16)	42:27 (16)
	25:14/87	1:21/92	2:51/32	2:36/88	3:07/90	1:25/105	3:58/61	1:29/97	0:26/249
	+18:07 (18)	+0:00 (1)	+0:00 (1)	+0:39 (4)	+0:00 (1)	+0:06 (5)	+1:15 (15)	+0:06 (3)	+0:00 (1)
17	Jakob Skaland		Nordreisa IL	(15.92min/km)	<b>44:25</b>	(+19:16)			
	14:59 (17)	16:56 (17)	22:18 (16)	29:00 (16)	34:07 (16)	36:00 (16)	42:08 (17)	43:50 (17)	44:25 (17)
	14:59/87	1:57/92	5:22/32	6:42/88	5:07/90	1:53/105	6:08/61	1:42/97	0:35/249
	+7:52 (16)	+0:36 (11)	+2:31 (16)	+4:45 (12)	+2:00 (17)	+0:34 (15)	+3:25 (17)	+0:19 (12)	+0:09 (10)
18	Charleif Pedersen		Bjerkvik IF	(16.59min/km)	<b>46:18</b>	(+21:09)			
	9:24 (8)	11:27 (9)	26:19 (17)	35:21 (18)	39:15 (18)	40:46 (18)	44:00 (18)	45:46 (18)	46:18 (18)
	9:24/87	2:03/92	14:52/32	9:02/88	3:54/90	1:31/105	3:14/61	1:46/125	0:32/249
	+2:17 (7)	+0:42 (12)	+12:01 (17)	+7:05 (17)	+0:47 (5)	+0:12 (8)	+0:31 (11)	+0:23 (13)	+0:06 (6)
19	Milizia Ezio		Unione Lombarda - Italy	(29.03min/km)	<b>1:21:00</b>	(+55:51)			
	19:15 (18)	26:03 (18)	52:05 (19)	1:00:43 (19)	1:09:11 (19)	1:11:53 (19)	1:18:23 (19)	1:20:22 (19)	1:21:00 (19)
	19:15/87	6:48/92	26:02/32	8:38/88	8:28/90	2:42/105	6:30/61	1:59/125	0:38/249
	+12:08 (17)	+5:27 (18)	+23:11 (18)	+6:41 (16)	+5:21 (18)	+1:23 (18)	+3:47 (18)	+0:36 (17)	+0:12 (16)

## Klasse D70- 2.8 km

5 påmeldt, 5 startende 1 premiert

1	Marit Økern Jensen		Bærum's Skiklub	(14.73min/km)	<b>41:05</b>				
	12:36 (2)	15:17 (2)	21:04 (2)	24:23 (1)	30:42 (1)	33:01 (1)	37:44 (1)	40:12 (1)	41:05 (1)
	12:36/87	2:41/92	5:47/32	3:19/88	6:19/90	2:19/105	4:43/61	2:28/125	0:53/249
	+1:53 (2)	+0:16 (2)	+0:00 (1)	+0:00 (1)	+1:47 (2)	+0:00 (1)	+0:55 (2)	+0:43 (2)	+0:16 (2)
2	Unni Drage		Haugerud IF	(15.32min/km)	<b>42:45</b>	(+1:40)			
	10:43 (1)	13:08 (1)	20:10 (1)	27:47 (2)	32:19 (2)	36:35 (2)	40:23 (2)	42:08 (2)	42:45 (2)
	10:43/87	2:25/92	7:02/32	7:37/88	4:32/90	4:16/105	3:48/61	1:45/125	0:37/249
	+0:00 (1)	+0:00 (1)	+1:15 (3)	+4:18 (3)	+0:00 (1)	+1:57 (5)	+0:00 (1)	+0:00 (1)	+0:00 (1)
3	Evelyn Holden		Verdal OK	(23.82min/km)	<b>1:06:28</b>	(+25:23)			
	26:07 (4)	29:20 (4)	36:29 (4)	46:12 (3)	53:47 (3)	56:27 (3)	1:02:31 (3)	1:05:21 (3)	1:06:28 (3)
	26:07/87	3:13/92	7:09/32	9:43/88	7:35/90	2:40/105	6:04/61	2:50/125	1:07/249
	+15:24 (4)	+0:48 (3)	+1:22 (4)	+6:24 (4)	+3:03 (4)	+0:21 (2)	+2:16 (3)	+1:05 (4)	+0:30 (4)
4	Kari Sollid		Verdal OK	(25.13min/km)	<b>1:10:07</b>	(+29:02)			
	15:37 (3)	19:34 (3)	26:27 (3)	50:10 (4)	57:02 (4)	59:46 (4)	1:06:25 (4)	1:09:07 (4)	1:10:07 (4)
	15:37/87	3:57/92	6:53/32	23:43/88	6:52/90	2:44/105	6:39/61	2:42/97	1:00/249
	+4:54 (3)	+1:32 (4)	+1:06 (2)	+20:24 (5)	+2:20 (3)	+0:25 (3)	+2:51 (4)	+0:57 (3)	+0:23 (3)
5	Ingeborg Borge		Fossekallen IL	(28.30min/km)	<b>1:18:58</b>	(+37:53)			
	35:33 (5)	39:51 (5)	48:06 (5)	54:55 (5)	1:04:10 (5)	1:07:13 (5)	1:14:01 (5)	1:17:46 (5)	1:18:58 (5)
	35:33/87	4:18/92	8:15/32	6:49/88	9:15/90	3:03/105	6:48/61	3:45/125	1:12/249
	+24:50 (5)	+1:53 (5)	+2:28 (5)	+3:30 (2)	+4:43 (5)	+0:44 (4)	+3:00 (5)	+2:00 (5)	+0:35 (5)

## Klasse H70- 2.8 km

10 påmeldt, 10 startende 1 premiert

1	Gunnar Lerfald		Stjørdals-Blink Orientering(8.66min/km)						<b>24:09</b>	
	8:06 (1)	9:38 (1)	12:46 (1)	14:38 (1)	17:48 (1)	19:11 (1)	22:14 (1)	23:36 (1)	24:09 (1)	
	8:06/87	1:32/92	3:08/32	1:52/88	3:10/90	1:23/105	3:03/61	1:22/97	0:33/249	
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:03 (2)	+0:00 (1)	+0:00 (1)	+0:04 (2)	
2	Aage Øyvann		Nittedal O-lag (9.98min/km)						<b>27:50</b>	(+3:41)
	9:04 (4)	11:04 (3)	14:26 (2)	16:34 (2)	20:38 (2)	22:11 (2)	25:26 (2)	27:11 (2)	27:50 (2)	
	9:04/87	2:00/92	3:22/32	2:08/88	4:04/90	1:33/105	3:15/61	1:45/125	0:39/249	
	+0:58 (4)	+0:28 (5)	+0:14 (4)	+0:16 (4)	+0:54 (5)	+0:13 (6)	+0:12 (3)	+0:23 (6)	+0:10 (7)	
3	Tor Drage		Haugerud IF (10.26min/km)						<b>28:38</b>	(+4:29)
	9:54 (7)	11:52 (5)	15:11 (3)	17:23 (3)	21:28 (3)	23:05 (3)	26:19 (3)	27:59 (3)	28:38 (3)	
	9:54/87	1:58/92	3:19/32	2:12/88	4:05/90	1:37/105	3:14/61	1:40/125	0:39/249	
	+1:48 (7)	+0:26 (4)	+0:11 (3)	+0:20 (5)	+0:55 (6)	+0:17 (7)	+0:11 (2)	+0:18 (5)	+0:10 (7)	
4	Magnar Reppesgård		Hedrum O-lag (10.59min/km)						<b>29:32</b>	(+5:23)
	9:49 (6)	11:45 (4)	15:57 (5)	17:58 (4)	21:53 (4)	23:25 (4)	27:22 (4)	28:57 (4)	29:32 (4)	
	9:49/87	1:56/92	4:12/32	2:01/88	3:55/90	1:32/105	3:57/61	1:35/97	0:35/249	
	+1:43 (6)	+0:24 (3)	+1:04 (7)	+0:09 (2)	+0:45 (3)	+0:12 (3)	+0:54 (8)	+0:13 (3)	+0:06 (3)	
5	Lars Mauritzsen		Vadsø SK (10.72min/km)						<b>29:55</b>	(+5:46)
	9:22 (5)	12:05 (6)	16:13 (6)	18:31 (5)	22:32 (5)	24:04 (5)	27:28 (5)	29:17 (5)	29:55 (5)	
	9:22/87	2:43/92	4:08/32	2:18/88	4:01/90	1:32/105	3:24/61	1:49/97	0:38/249	
	+1:16 (5)	+1:11 (8)	+1:00 (6)	+0:26 (6)	+0:51 (4)	+0:12 (3)	+0:21 (5)	+0:27 (7)	+0:09 (5)	
6	Per Vikane		Fana IL (11.12min/km)						<b>31:02</b>	(+6:53)
	8:41 (2)	10:31 (2)	15:38 (4)	19:05 (6)	23:55 (6)	25:15 (6)	29:04 (6)	30:33 (6)	31:02 (6)	
	8:41/87	1:50/92	5:07/32	3:27/88	4:50/90	1:20/105	3:49/61	1:29/97	0:29/249	
	+0:35 (2)	+0:18 (2)	+1:59 (9)	+1:35 (9)	+1:40 (9)	+0:00 (1)	+0:46 (7)	+0:07 (2)	+0:00 (1)	
7	Iver Rogstad		Hadeland OL (11.61min/km)						<b>32:24</b>	(+8:15)
	8:41 (2)	16:19 (9)	19:36 (9)	21:43 (9)	25:22 (9)	26:54 (8)	30:10 (8)	31:46 (7)	32:24 (7)	
	8:41/87	7:38/92	3:17/32	2:07/88	3:39/90	1:32/105	3:16/61	1:36/125	0:38/249	
	+0:35 (2)	+6:06 (9)	+0:09 (2)	+0:15 (3)	+0:29 (2)	+0:12 (3)	+0:13 (4)	+0:14 (4)	+0:09 (5)	
8	Bjørn Bjørgaas		Gneist, IL (11.66min/km)						<b>32:32</b>	(+8:23)
	10:27 (8)	13:02 (7)	17:16 (7)	19:42 (7)	24:07 (7)	25:53 (7)	29:50 (7)	31:47 (8)	32:32 (8)	
	10:27/87	2:35/92	4:14/32	2:26/88	4:25/90	1:46/105	3:57/61	1:57/125	0:45/249	
	+2:21 (8)	+1:03 (7)	+1:06 (8)	+0:34 (7)	+1:15 (7)	+0:26 (9)	+0:54 (8)	+0:35 (9)	+0:16 (9)	
9	Bjørn Strømme		Viking, TIF (11.89min/km)						<b>33:10</b>	(+9:01)
	11:06 (9)	13:39 (8)	17:45 (8)	20:48 (8)	25:21 (8)	27:05 (9)	30:44 (9)	32:33 (9)	33:10 (9)	
	11:06/87	2:33/92	4:06/32	3:03/88	4:33/90	1:44/105	3:39/61	1:49/97	0:37/249	
	+3:00 (9)	+1:01 (6)	+0:58 (5)	+1:11 (8)	+1:23 (8)	+0:24 (8)	+0:36 (6)	+0:27 (7)	+0:08 (4)	
	Pekka Juhani Kiviranta		Lillehammer (14.69min/km)						<b>Disk</b>	(+16:50)
	22:43 (10)	34:15 (10)	38:14 (10)	40:59 (10)	40:59 (10)	40:59 (10)	40:59 (10)	40:59 (10)	40:59 (10)	
	22:43/87	11:32/92	3:59/32	2:45/88						
	+14:37 (10)	+10:00 (10)	+0:51 (5)	+0:53 (8)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	

## Klasse D75- 2.3 km

2 påmeldt, 2 startende 1 premiert

1	Guldborg S-H Søvik		Gneist, IL (14.04min/km)						<b>33:00</b>	
	5:20 (1)	10:00 (1)	14:51 (1)	18:40 (1)	24:28 (1)	27:17 (1)	29:43 (1)	32:07 (1)	33:00 (1)	
	5:20/94	4:40/95	4:51/96	3:49/93	5:48/105	2:49/101	2:26/61	2:24/125	0:53/249	
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:07 (2)	
2	Ellinor Nordmo		Mellebygd IL (16.40min/km)						<b>38:33</b>	(+5:33)
	5:49 (2)	11:14 (2)	17:03 (2)	21:25 (2)	29:10 (2)	32:16 (2)	35:16 (2)	37:47 (2)	38:33 (2)	
	5:49/94	5:25/95	5:49/96	4:22/93	7:45/105	3:06/101	3:00/61	2:31/97	0:46/249	
	+0:29 (2)	+0:45 (2)	+0:58 (2)	+0:33 (2)	+1:57 (2)	+0:17 (2)	+0:34 (2)	+0:07 (2)	+0:00 (1)	

## Klasse H75- 2.8 km

13 påmeldt, 13 startende 1 premiert

1	Forseth Paul		Trollelg, OK				(10.69min/km)		<b>29:49</b>	
	9:07 (1)	10:56 (1)	14:55 (1)	17:52 (1)	22:18 (1)	23:57 (1)	27:35 (1)	29:17 (1)	29:49 (1)	29:49 (1)
	9:07/87	1:49/92	3:59/32	2:57/88	4:26/90	1:39/105	3:38/61	1:42/97	0:32/249	
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:11 (2)	+0:00 (1)	+0:00 (1)	+0:08 (2)	+0:08 (2)	+0:00 (1)	+0:00 (1)
2	Erling Bakken		Asker SK				(13.45min/km)		<b>37:31 (+7:42)</b>	
	11:37 (4)	13:50 (4)	18:28 (3)	22:01 (2)	28:06 (2)	30:17 (2)	34:30 (2)	36:41 (2)	37:31 (2)	37:31 (2)
	11:37/87	2:13/92	4:38/32	3:33/88	6:05/90	2:11/105	4:13/61	2:11/125	0:50/249	
	+2:30 (4)	+0:24 (2)	+0:39 (4)	+0:47 (4)	+1:39 (8)	+0:32 (7)	+0:43 (4)	+0:37 (5)	+0:18 (6)	+0:00 (1)
3	Johannes Sollid		Verdal OK				(13.61min/km)		<b>37:59 (+8:10)</b>	
	12:43 (6)	16:03 (6)	20:19 (4)	23:05 (3)	28:20 (3)	30:32 (3)	34:53 (3)	37:06 (3)	37:59 (3)	37:59 (3)
	12:43/87	3:20/92	4:16/32	2:46/88	5:15/90	2:12/105	4:21/61	2:13/97	0:53/249	
	+3:36 (6)	+1:31 (10)	+0:17 (2)	+0:00 (1)	+0:49 (4)	+0:33 (9)	+0:51 (6)	+0:39 (6)	+0:21 (7)	+0:00 (1)
4	Johan Theisen		Kolbotn og Skimt OL				(13.64min/km)		<b>38:04 (+8:15)</b>	
	10:38 (3)	13:00 (3)	17:22 (2)	24:41 (4)	29:37 (4)	31:27 (4)	35:28 (4)	37:18 (4)	38:04 (4)	38:04 (4)
	10:38/87	2:22/92	4:22/32	7:19/88	4:56/90	1:50/105	4:01/61	1:50/125	0:46/249	
	+1:31 (3)	+0:33 (4)	+0:23 (3)	+4:33 (9)	+0:30 (3)	+0:11 (3)	+0:31 (3)	+0:16 (3)	+0:14 (5)	+0:00 (1)
5	Oddmund Søvik		Gneist, IL				(13.65min/km)		<b>38:05 (+8:16)</b>	
	10:01 (2)	12:17 (2)	21:17 (5)	26:04 (5)	30:40 (5)	32:23 (5)	35:53 (5)	37:27 (5)	38:05 (5)	38:05 (5)
	10:01/87	2:16/92	9:00/32	4:47/88	4:36/90	1:43/105	3:30/61	1:34/97	0:38/249	
	+0:54 (2)	+0:27 (3)	+5:01 (10)	+2:01 (7)	+0:10 (2)	+0:04 (2)	+0:00 (1)	+0:00 (1)	+0:06 (2)	+0:00 (1)
6	Stanislaw Wysocki		Gwardia Warszawa				(15.39min/km)		<b>42:57 (+13:08)</b>	
	15:17 (9)	18:09 (9)	23:28 (8)	27:15 (7)	32:58 (6)	35:09 (6)	39:51 (6)	42:01 (6)	42:57 (6)	42:57 (6)
	15:17/87	2:52/92	5:19/32	3:47/88	5:43/90	2:11/105	4:42/61	2:10/125	0:56/249	
	+6:10 (9)	+1:03 (8)	+1:20 (6)	+1:01 (5)	+1:17 (5)	+0:32 (7)	+1:12 (7)	+0:36 (4)	+0:24 (8)	+0:00 (1)
7	Gunnar Timner		Umeå OK				(16.76min/km)		<b>46:46 (+16:57)</b>	
	14:21 (8)	16:56 (8)	22:45 (6)	27:14 (6)	33:30 (7)	35:38 (7)	43:29 (8)	46:01 (7)	46:46 (7)	46:46 (7)
	14:21/87	2:35/92	5:49/32	4:29/88	6:16/90	2:08/105	7:51/61	2:32/125	0:45/249	
	+5:14 (8)	+0:46 (5)	+1:50 (7)	+1:43 (6)	+1:50 (9)	+0:29 (5)	+4:21 (11)	+0:58 (8)	+0:13 (3)	+0:00 (1)
8	Odd Holden		Verdal OK				(16.84min/km)		<b>46:59 (+17:10)</b>	
	19:19 (10)	22:08 (10)	27:23 (10)	30:27 (9)	36:25 (8)	38:34 (8)	43:25 (7)	46:01 (7)	46:59 (8)	46:59 (8)
	19:19/87	2:49/92	5:15/32	3:04/88	5:58/90	2:09/105	4:51/61	2:36/125	0:58/249	
	+10:12 (10)	+1:00 (7)	+1:16 (5)	+0:18 (3)	+1:32 (6)	+0:30 (6)	+1:21 (8)	+1:02 (9)	+0:26 (9)	+0:00 (1)
9	Ernst Andorsen		Porsgrunn OL				(17.17min/km)		<b>47:55 (+18:06)</b>	
	12:17 (5)	15:03 (5)	24:48 (9)	32:30 (10)	38:32 (10)	40:39 (9)	44:54 (9)	47:10 (9)	47:55 (9)	47:55 (9)
	12:17/87	2:46/92	9:45/32	7:42/88	6:02/90	2:07/105	4:15/61	2:16/125	0:45/249	
	+3:10 (5)	+0:57 (6)	+5:46 (11)	+4:56 (10)	+1:36 (7)	+0:28 (4)	+0:45 (5)	+0:42 (7)	+0:13 (3)	+0:00 (1)
10	Vidkunn Eidnes		Harstad OL				(18.24min/km)		<b>50:54 (+21:05)</b>	
	13:24 (7)	16:26 (7)	22:47 (7)	27:39 (8)	37:34 (9)	40:43 (10)	46:24 (10)	49:44 (10)	50:54 (10)	50:54 (10)
	13:24/87	3:02/92	6:21/32	4:52/88	9:55/90	3:09/105	5:41/61	3:20/125	1:10/249	
	+4:17 (7)	+1:13 (9)	+2:22 (9)	+2:06 (8)	+5:29 (10)	+1:30 (11)	+2:11 (9)	+1:46 (11)	+0:38 (10)	+0:00 (1)
11	Sigurd Reppesgård		Hedrum O-lag				(25.23min/km)		<b>1:10:23 (+40:34)</b>	
	22:41 (11)	29:43 (11)	35:43 (11)	46:59 (11)	57:22 (11)	59:58 (11)	1:05:54 (11)	1:09:06 (11)	1:10:23 (11)	1:10:23 (11)
	22:41/87	7:02/92	6:00/32	11:16/88	10:23/90	2:36/105	5:56/61	3:12/97	1:17/249	
	+13:34 (11)	+5:13 (11)	+2:01 (8)	+8:30 (11)	+5:57 (11)	+0:57 (10)	+2:26 (10)	+1:38 (10)	+0:45 (11)	+0:00 (1)
	Knut M. Berg		Harstad OL				(0.00min/km)		<b>Brutt</b>	
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	Willy Clausen		Strand Ulv IL				(24.26min/km)		<b>Disk (+37:52)</b>	
	17:21 (10)	26:37 (11)	37:31 (12)	42:06 (11)	48:20 (11)	55:51 (11)	58:29 (11)	1:04:40 (11)	1:06:52 (11)	1:07:41 (11)
	17:21/85	9:16/92	10:54/32	4:35/88	6:14/106	7:31/90	2:38/105	6:11/61	2:12/125	0:49/249
	+8:14 (10)	+7:27 (12)	+6:55 (12)	+1:49 (7)	+1:48 (9)	+5:52 (12)	+0:00 (1)	+4:37 (12)	+1:40 (12)	+0:49 (1)

## Klasse D17AK 4.0 km

8 påmeldt, 7 startende 1 premiert

1	Trine Trongmo Opseth		Ringerike o-lag			(8.63min/km)		<b>34:05</b>		
	8:28 (1)	12:15 (1)	18:12 (1)	19:26 (1)	23:45 (1)	26:18 (1)	28:29 (1)	30:21 (1)	33:03 (1)	33:38 (1)
	8:28/85	3:47/91	5:57/82	1:14/83	4:19/32	2:33/74	2:11/58	1:52/59	2:42/102	0:35/125
	+0:00 (1)	+0:34 (2)	+0:53 (2)	+0:10 (2)	+2:42 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:00 (1)
	34:05 (1)	34:05 (1)								
	0:27/249									
	+0:00 (1)	+0:00 (1)								
2	Kirsti Lunde		Bjerkvik IF			(9.05min/km)		<b>35:45 (+1:40)</b>		
	8:34 (3)	12:22 (2)	18:28 (2)	19:32 (2)	23:59 (2)	26:43 (2)	29:38 (2)	31:36 (2)	34:31 (2)	35:12 (2)
	8:34/85	3:48/91	6:06/82	1:04/83	4:27/32	2:44/74	2:55/58	1:58/59	2:55/102	0:41/97
	+0:06 (3)	+0:35 (3)	+1:02 (3)	+0:00 (1)	+2:50 (4)	+0:11 (2)	+0:44 (2)	+0:06 (2)	+0:15 (3)	+0:06 (3)
	35:45 (2)	35:45 (2)								
	0:33/249									
	+0:06 (3)	+0:00 (1)								
3	Sara Timner		Sundsvalls OK			(10.65min/km)		<b>42:03 (+7:58)</b>		
	9:52 (4)	14:32 (4)	21:46 (4)	23:05 (3)	28:30 (3)	31:36 (3)	34:38 (3)	36:59 (3)	40:34 (3)	41:26 (3)
	9:52/85	4:40/91	7:14/82	1:19/83	5:25/32	3:06/74	3:02/58	2:21/59	3:35/102	0:52/97
	+1:24 (4)	+1:27 (4)	+2:10 (4)	+0:15 (3)	+3:48 (5)	+0:33 (3)	+0:51 (3)	+0:29 (3)	+0:55 (5)	+0:17 (4)
	42:03 (3)	42:03 (3)								
	0:37/249									
	+0:10 (4)	+0:00 (1)								
4	Mona Holte		Porsgrunn OL			(13.03min/km)		<b>51:29 (+17:24)</b>		
	14:10 (6)	17:23 (5)	28:26 (5)	32:22 (4)	36:36 (4)	40:27 (4)	44:52 (4)	47:27 (4)	50:23 (4)	51:00 (4)
	14:10/85	3:13/91	11:03/82	3:56/83	4:14/32	3:51/74	4:25/58	2:35/59	2:56/102	0:37/97
	+5:42 (6)	+0:00 (1)	+5:59 (5)	+2:52 (6)	+2:37 (2)	+1:18 (4)	+2:14 (5)	+0:43 (4)	+0:16 (4)	+0:02 (2)
	51:29 (4)	51:29 (4)								
	0:29/249									
	+0:02 (2)	+0:00 (1)								
5	Binja Feusi		Galgenen, OLG			(17.07min/km)		<b>1:07:25 (+33:20)</b>		
	8:29 (2)	14:28 (3)	19:32 (3)	42:40 (6)	44:17 (5)	50:32 (5)	54:06 (5)	58:41 (5)	1:01:21 (5)	1:05:57 (5)
	8:29/74	5:59/85	5:04/91	23:08/82	1:37/83	6:15/32	3:34/74	4:35/58	2:40/59	4:36/102
	+0:01 (2)	+2:46 (7)	+0:00 (1)	+22:04 (7)	+0:00 (1)	+3:42 (7)	+1:23 (4)	+2:43 (7)	+0:00 (1)	+4:01 (7)
	1:06:52 (5)	1:07:25 (5)								
	0:55/97	0:33/249								
	+0:28 (6)	+0:00 (1)								
6	Achermann Therese		Piz Hasi, OLK			(17.12min/km)		<b>1:07:38 (+33:33)</b>		
	14:07 (5)	19:03 (6)	31:31 (6)	33:29 (5)	46:07 (6)	51:07 (6)	56:31 (6)	59:51 (6)	1:05:00 (6)	1:06:27 (6)
	14:07/85	4:56/91	12:28/82	1:58/83	12:38/32	5:00/74	5:24/58	3:20/59	5:09/102	1:27/125
	+5:39 (5)	+1:43 (5)	+7:24 (6)	+0:54 (5)	+11:01 (7)	+2:27 (6)	+3:13 (7)	+1:28 (5)	+2:29 (7)	+0:52 (6)
	1:07:38 (6)	1:07:38 (6)								
	1:11/249									
	+0:44 (7)	+0:00 (1)								
7	Liv Anett B. Nyhagen		Fossekallen IL			(19.75min/km)		<b>1:18:01 (+43:56)</b>		
	15:35 (7)	20:55 (7)	49:19 (7)	51:05 (7)	58:15 (7)	1:02:36 (7)	1:07:20 (7)	1:11:30 (7)	1:16:14 (7)	1:17:15 (7)
	15:35/85	5:20/91	28:24/82	1:46/83	7:10/32	4:21/74	4:44/58	4:10/59	4:44/102	1:01/125
	+7:07 (7)	+2:07 (6)	+23:20 (7)	+0:42 (4)	+5:33 (6)	+1:48 (5)	+2:33 (6)	+2:18 (6)	+2:04 (6)	+0:26 (5)
	1:18:01 (7)	1:18:01 (7)								
	0:46/249									
	+0:19 (5)	+0:00 (1)								

## Klasse H17AK 4.7 km

16 påmeldt, 16 startende 1 premiert

1	Rune Rystad		Ny dalen SK			(6.89min/km)		<b>32:03</b>		
	6:58 (1)	8:50 (1)	13:37 (1)	15:11 (1)	17:13 (1)	23:22 (1)	26:32 (1)	27:23 (1)	29:31 (1)	30:32 (1)
	6:58/63	1:52/91	4:47/64	1:34/69	2:02/71	6:09/73	3:10/74	0:51/90	2:08/101	1:01/61
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:13 (3)	+0:07 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	31:39 (1)	32:03 (1)								

1:07/97	0:24/249									
+0:00 (1)	+0:05 (6)									
<b>2</b>	<b>Per Erik Opseth</b>		<b>Ringerike o-lag</b>	<b>(7.70min/km)</b>	<b>35:47</b>	<b>(+3:44)</b>				
7:54 (2)	10:10 (3)	16:15 (2)	18:09 (2)	19:58 (2)	26:00 (2)	30:01 (2)	30:54 (2)	33:07 (2)	34:11 (2)	
7:54/63	2:16/91	6:05/64	1:54/69	1:49/71	6:02/73	4:01/74	0:53/90	2:13/101	1:04/61	
+0:56 (2)	+0:24 (4)	+1:18 (2)	+0:20 (2)	+0:00 (1)	+0:00 (1)	+0:51 (3)	+0:02 (2)	+0:05 (2)	+0:03 (2)	
35:24 (2)	35:47 (2)									
1:13/125	0:23/249									
+0:06 (2)	+0:04 (4)									
<b>3</b>	<b>Sami Rapo</b>		<b>Otaniemen Jyllääjät</b>	<b>(8.95min/km)</b>	<b>41:36</b>	<b>(+9:33)</b>				
8:01 (3)	10:07 (2)	17:01 (3)	19:06 (3)	21:47 (3)	30:28 (3)	34:40 (3)	35:38 (3)	38:32 (3)	39:49 (3)	
8:01/63	2:06/91	6:54/64	2:05/69	2:41/71	8:41/73	4:12/74	0:58/90	2:54/101	1:17/61	
+1:03 (3)	+0:14 (3)	+2:07 (4)	+0:31 (7)	+0:52 (9)	+2:39 (7)	+1:02 (5)	+0:07 (5)	+0:46 (5)	+0:16 (4)	
41:10 (3)	41:36 (3)									
1:21/97	0:26/249									
+0:14 (7)	+0:07 (7)									
<b>4</b>	<b>Terje Blindheim</b>		<b>Lillomarka OL</b>	<b>(9.37min/km)</b>	<b>43:34</b>	<b>(+11:31)</b>				
10:43 (9)	12:47 (7)	19:06 (4)	21:14 (4)	23:09 (4)	32:02 (4)	36:30 (4)	37:30 (4)	40:26 (4)	41:45 (4)	
10:43/63	2:04/91	6:19/64	2:08/69	1:55/71	8:53/73	4:28/74	1:00/90	2:56/101	1:19/61	
+3:45 (9)	+0:12 (2)	+1:32 (3)	+0:34 (8)	+0:06 (2)	+2:51 (8)	+1:18 (6)	+0:09 (6)	+0:48 (6)	+0:18 (5)	
43:03 (4)	43:34 (4)									
1:18/125	0:31/249									
+0:11 (4)	+0:12 (12)									
<b>5</b>	<b>Torbjørn Olsen</b>		<b>B&amp;OI Orientering</b>	<b>(9.91min/km)</b>	<b>46:06</b>	<b>(+14:03)</b>				
9:40 (6)	11:57 (5)	20:34 (6)	22:33 (6)	25:35 (7)	34:54 (5)	38:51 (5)	39:55 (5)	43:02 (5)	44:21 (5)	
9:40/63	2:17/91	8:37/64	1:59/69	3:02/71	9:19/73	3:57/74	1:04/90	3:07/101	1:19/61	
+2:42 (6)	+0:25 (5)	+3:50 (8)	+0:25 (4)	+1:13 (12)	+3:17 (9)	+0:47 (2)	+0:13 (8)	+0:59 (10)	+0:18 (5)	
45:45 (5)	46:06 (5)									
1:24/97	0:21/249									
+0:17 (8)	+0:02 (2)									
<b>6</b>	<b>Geir Arne Løkse Nilssen</b>		<b>Sørreisa OL</b>	<b>(10.17min/km)</b>	<b>47:18</b>	<b>(+15:15)</b>				
10:05 (7)	13:04 (9)	21:15 (8)	23:40 (8)	26:50 (9)	35:28 (7)	39:56 (6)	41:04 (7)	44:04 (6)	45:26 (6)	
10:05/63	2:59/91	8:11/64	2:25/69	3:10/71	8:38/73	4:28/74	1:08/90	3:00/101	1:22/61	
+3:07 (7)	+1:07 (13)	+3:24 (7)	+0:51 (10)	+1:21 (14)	+2:36 (6)	+1:18 (6)	+0:17 (10)	+0:52 (7)	+0:21 (9)	
46:57 (6)	47:18 (6)									
1:31/97	0:21/249									
+0:24 (11)	+0:02 (2)									
<b>7</b>	<b>Magnus Höglin</b>		<b>Harstad OL</b>	<b>(10.42min/km)</b>	<b>48:26</b>	<b>(+16:23)</b>				
10:09 (8)	13:01 (8)	21:57 (9)	24:25 (9)	27:00 (10)	35:05 (6)	39:58 (7)	41:04 (6)	44:26 (7)	46:12 (7)	
10:09/63	2:52/91	8:56/64	2:28/69	2:35/71	8:05/73	4:53/74	1:06/90	3:22/101	1:46/61	
+3:11 (8)	+1:00 (12)	+4:09 (12)	+0:54 (11)	+0:46 (7)	+2:03 (4)	+1:43 (11)	+0:15 (9)	+1:14 (13)	+0:45 (13)	
47:55 (7)	48:26 (7)									
1:43/97	0:31/249									
+0:36 (13)	+0:12 (12)									
<b>8</b>	<b>Rune Strømsvik</b>		<b>Meløy O-klubb</b>	<b>(10.58min/km)</b>	<b>49:13</b>	<b>(+17:10)</b>				
11:35 (12)	14:16 (12)	22:26 (11)	24:56 (11)	28:01 (11)	36:17 (8)	41:07 (8)	42:25 (8)	45:38 (8)	47:05 (8)	
11:35/63	2:41/91	8:10/64	2:30/69	3:05/71	8:16/73	4:50/74	1:18/90	3:13/101	1:27/61	
+4:37 (12)	+0:49 (11)	+3:23 (6)	+0:56 (12)	+1:16 (13)	+2:14 (5)	+1:40 (10)	+0:27 (11)	+1:05 (12)	+0:26 (10)	
48:42 (8)	49:13 (8)									
1:37/125	0:31/249									
+0:30 (12)	+0:12 (12)									
<b>9</b>	<b>Vegard Kvisle</b>		<b>Asker SK</b>	<b>(10.69min/km)</b>	<b>49:43</b>	<b>(+17:40)</b>				
9:29 (4)	11:50 (4)	20:38 (7)	22:40 (7)	24:58 (5)	38:28 (10)	42:37 (10)	43:32 (9)	46:37 (9)	47:58 (9)	
9:29/63	2:21/91	8:48/64	2:02/69	2:18/71	13:30/73	4:09/74	0:55/90	3:05/101	1:21/61	
+2:31 (4)	+0:29 (7)	+4:01 (10)	+0:28 (5)	+0:29 (6)	+7:28 (15)	+0:59 (4)	+0:04 (4)	+0:57 (9)	+0:20 (8)	
49:17 (9)	49:43 (9)									
1:19/125	0:26/249									
+0:12 (5)	+0:07 (7)									
<b>10</b>	<b>Eivind Morris Bakke</b>		<b>Harstad OL</b>	<b>(11.06min/km)</b>	<b>51:26</b>	<b>(+19:23)</b>				
10:48 (10)	13:19 (10)	25:04 (12)	27:17 (12)	29:52 (12)	37:56 (9)	42:29 (9)	44:12 (10)	47:05 (10)	48:44 (10)	



10:48/63	2:31/91	11:45/64	2:13/69	2:35/71	8:04/73	4:33/74	1:43/90	2:53/101	1:39/61
+3:50 (10)	+0:39 (10)	+6:58 (16)	+0:39 (9)	+0:46 (7)	+2:02 (3)	+1:23 (8)	+0:52 (16)	+0:45 (4)	+0:38 (12)
51:07 (10)	51:26 (10)								
2:23/97	0:19/249								
+1:16 (16)	+0:00 (1)								

<b>11 Ole Aalde Nyhagen</b>					<b>Fossekallen IL</b>	<i>(11.12min/km)</i>		<b>51:42</b>	<b>(+19:39)</b>
11:23 (11)	13:43 (11)	22:25 (10)	24:27 (10)	26:39 (8)	39:38 (11)	44:41 (11)	45:34 (11)	48:35 (11)	49:54 (11)
11:23/63	2:20/91	8:42/64	2:02/69	2:12/71	12:59/73	5:03/74	0:53/90	3:01/101	1:19/61
+4:25 (11)	+0:28 (6)	+3:55 (9)	+0:28 (5)	+0:23 (5)	+6:57 (14)	+1:53 (12)	+0:02 (2)	+0:53 (8)	+0:18 (5)
51:14 (11)	51:42 (11)								
1:20/125	0:28/249								
+0:13 (6)	+0:09 (11)								

<b>12 Andreas Nordstrand</b>					<b>Freidig</b>	<i>(11.31min/km)</i>		<b>52:35</b>	<b>(+20:32)</b>
14:09 (16)	16:34 (15)	27:11 (15)	29:06 (14)	31:11 (14)	41:23 (13)	45:57 (12)	46:58 (12)	49:37 (12)	50:52 (12)
14:09/63	2:25/91	10:37/64	1:55/69	2:05/71	10:12/73	4:34/74	1:01/90	2:39/101	1:15/61
+7:11 (16)	+0:33 (8)	+5:50 (13)	+0:21 (3)	+0:16 (4)	+4:10 (11)	+1:24 (9)	+0:10 (7)	+0:31 (3)	+0:14 (3)
52:09 (12)	52:35 (12)								
1:17/97	0:26/249								
+0:10 (3)	+0:07 (7)								

<b>13 Svein Godager</b>					<b>Løten OL</b>	<i>(12.14min/km)</i>		<b>56:26</b>	<b>(+24:23)</b>
13:11 (14)	16:14 (14)	25:05 (13)	27:52 (13)	30:49 (13)	41:00 (12)	46:42 (13)	48:10 (13)	51:51 (13)	53:41 (13)
13:11/63	3:03/91	8:51/64	2:47/69	2:57/71	10:11/73	5:42/74	1:28/90	3:41/101	1:50/61
+6:13 (14)	+1:11 (14)	+4:04 (11)	+1:13 (15)	+1:08 (11)	+4:09 (10)	+2:32 (13)	+0:37 (14)	+1:33 (14)	+0:49 (14)
55:36 (13)	56:26 (13)								
1:55/125	0:50/249								
+0:48 (15)	+0:31 (16)								

<b>14 Erik Utne Vie</b>					<b>Haugesund IL O-gruppa</b>	<i>(13.53min/km)</i>		<b>1:02:56</b>	<b>(+30:53)</b>
9:32 (5)	12:00 (6)	19:07 (5)	21:43 (5)	25:25 (6)	45:52 (14)	54:04 (15)	55:23 (14)	59:05 (14)	1:00:55 (14)
9:32/63	2:28/91	7:07/64	2:36/69	3:42/71	20:27/73	8:12/74	1:19/90	3:42/101	1:50/61
+2:34 (5)	+0:36 (9)	+2:20 (5)	+1:02 (13)	+1:53 (15)	+14:25 (16)	+5:02 (15)	+0:28 (12)	+1:34 (15)	+0:49 (14)
1:02:24 (14)	1:02:56 (14)								
1:29/125	0:32/249								
+0:22 (10)	+0:13 (15)								

<b>15 Eelco Muller</b>					<b>KOVZ</b>	<i>(13.79min/km)</i>		<b>1:04:07</b>	<b>(+32:04)</b>
12:07 (13)	15:24 (13)	26:30 (14)	29:14 (15)	33:20 (15)	46:04 (15)	53:58 (14)	55:33 (15)	59:51 (15)	1:01:52 (15)
12:07/63	3:17/91	11:06/64	2:44/69	4:06/71	12:44/73	7:54/74	1:35/90	4:18/101	2:01/61
+5:09 (13)	+1:25 (15)	+6:19 (14)	+1:10 (14)	+2:17 (16)	+6:42 (13)	+4:44 (14)	+0:44 (15)	+2:10 (16)	+1:00 (16)
1:03:40 (15)	1:04:07 (15)								
1:48/97	0:27/249								
+0:41 (14)	+0:08 (10)								

<b>16 Cris Lovell-Smith</b>					<b>PAPO</b>	<i>(17.34min/km)</i>		<b>1:20:38</b>	<b>(+48:35)</b>
13:34 (15)	17:07 (16)	28:22 (16)	31:11 (16)	34:04 (16)	46:33 (16)	1:12:43 (16)	1:14:07 (16)	1:17:14 (16)	1:18:50 (16)
13:34/63	3:33/91	11:15/64	2:49/69	2:53/71	12:29/73	26:10/74	1:24/90	3:07/101	1:36/61
+6:36 (15)	+1:41 (16)	+6:28 (15)	+1:15 (16)	+1:04 (10)	+6:27 (12)	+23:00 (16)	+0:33 (13)	+0:59 (10)	+0:35 (11)
1:20:15 (16)	1:20:38 (16)								
1:25/97	0:23/249								
+0:18 (9)	+0:04 (4)								

## Klasse D17C 2.6 km

15 påmeldt, 15 startende 1 premiert

<b>1 Hilde Hanssen</b>					<b>Sørreisa OL</b>	<i>(9.65min/km)</i>		<b>25:05</b>	
1:41 (2)	6:17 (1)	8:37 (1)	10:34 (1)	13:33 (1)	15:50 (1)	18:43 (1)	20:30 (1)	23:56 (1)	24:38 (1)
1:41/104	4:36/95	2:20/103	1:57/96	2:59/93	2:17/106	2:53/105	1:47/101	3:26/102	0:42/97
+0:01 (2)	+0:00 (1)	+0:11 (2)	+0:00 (1)	+0:19 (2)	+0:06 (3)	+0:26 (3)	+0:00 (1)	+0:12 (2)	+0:04 (2)
25:05 (1)									
0:27/249									
+0:00 (1)									

<b>2 Gudrun Wadman</b>					<b>Göteborg Majorna OK</b>	<i>(11.30min/km)</i>		<b>29:23</b>	<b>(+4:18)</b>
2:08 (8)	8:43 (10)	11:18 (8)	13:41 (6)	17:02 (6)	19:38 (6)	22:05 (3)	24:35 (2)	28:09 (2)	28:53 (2)

2:08/104	6:35/95	2:35/103	2:23/96	3:21/93	2:36/106	2:27/105	2:30/101	3:34/102	0:44/125
+0:28 (8)	+1:59 (10)	+0:26 (6)	+0:26 (4)	+0:41 (4)	+0:25 (8)	+0:00 (1)	+0:43 (3)	+0:20 (3)	+0:06 (3)
29:23 (2)									
0:30/249									
+0:03 (3)									
<b>3</b>	<b>Jorunn Blindheim</b>		<b>Lillomarka OL</b>			<b>(11.62min/km)</b>		<b>30:13</b>	<b>(+5:08)</b>
1:51 (4)	6:53 (4)	9:02 (2)	11:22 (3)	14:02 (2)	16:24 (2)	22:24 (5)	25:01 (3)	29:02 (3)	29:40 (3)
1:51/104	5:02/95	2:09/103	2:20/96	2:40/93	2:22/106	6:00/105	2:37/101	4:01/102	0:38/97
+0:11 (4)	+0:26 (3)	+0:00 (1)	+0:23 (3)	+0:00 (1)	+0:11 (6)	+3:33 (13)	+0:50 (5)	+0:47 (7)	+0:00 (1)
30:13 (3)									
0:33/249									
+0:06 (6)									
<b>4</b>	<b>Hilde Opdal</b>		<b>Bjerkvik IF</b>			<b>(12.21min/km)</b>		<b>31:45</b>	<b>(+6:40)</b>
1:48 (3)	6:39 (2)	9:30 (4)	12:10 (4)	16:54 (5)	19:12 (5)	23:48 (6)	26:30 (4)	30:31 (4)	31:16 (4)
1:48/104	4:51/95	2:51/103	2:40/96	4:44/93	2:18/106	4:36/105	2:42/101	4:01/102	0:45/125
+0:08 (3)	+0:15 (2)	+0:42 (8)	+0:43 (6)	+2:04 (9)	+0:07 (4)	+2:09 (12)	+0:55 (7)	+0:47 (7)	+0:07 (4)
31:45 (4)									
0:29/249									
+0:02 (2)									
<b>5</b>	<b>Anne-Grete Olsen</b>		<b>Byåsen IL</b>			<b>(12.49min/km)</b>		<b>32:29</b>	<b>(+7:24)</b>
2:35 (11)	8:19 (6)	10:56 (6)	13:41 (6)	16:43 (4)	18:58 (4)	22:21 (4)	27:20 (6)	30:59 (5)	31:51 (5)
2:35/104	5:44/95	2:37/103	2:45/96	3:02/93	2:15/106	3:23/105	4:59/101	3:39/102	0:52/125
+0:55 (11)	+1:08 (5)	+0:28 (7)	+0:48 (7)	+0:22 (3)	+0:04 (2)	+0:56 (8)	+3:12 (13)	+0:25 (4)	+0:14 (6)
32:29 (5)									
0:38/249									
+0:11 (11)									
<b>6</b>	<b>Åse Kristine Tandberg</b>		<b>Kjelsaas</b>			<b>(12.59min/km)</b>		<b>32:44</b>	<b>(+7:39)</b>
2:16 (10)	8:38 (8)	11:00 (7)	13:25 (5)	18:11 (7)	21:06 (8)	24:23 (7)	27:33 (7)	31:13 (6)	32:09 (6)
2:16/104	6:22/95	2:22/103	2:25/96	4:46/93	2:55/106	3:17/105	3:10/101	3:40/102	0:56/97
+0:36 (10)	+1:46 (8)	+0:13 (3)	+0:28 (5)	+2:06 (10)	+0:44 (12)	+0:50 (6)	+1:23 (11)	+0:26 (5)	+0:18 (7)
32:44 (6)									
0:35/249									
+0:08 (9)									
<b>7</b>	<b>Siri Spjelkavik</b>		<b>Tyrving, IL</b>			<b>(12.69min/km)</b>		<b>33:00</b>	<b>(+7:55)</b>
2:07 (7)	8:47 (11)	11:51 (9)	14:55 (8)	18:33 (8)	21:00 (7)	24:34 (9)	27:12 (5)	31:18 (7)	32:23 (7)
2:07/104	6:40/95	3:04/103	3:04/96	3:38/93	2:27/106	3:34/105	2:38/101	4:06/102	1:05/125
+0:27 (7)	+2:04 (12)	+0:55 (10)	+1:07 (9)	+0:58 (6)	+0:16 (7)	+1:07 (10)	+0:51 (6)	+0:52 (10)	+0:27 (13)
33:00 (7)									
0:37/249									
+0:10 (10)									
<b>8</b>	<b>Mariell Pedersen Eide</b>		<b>Siso, IL</b>			<b>(12.74min/km)</b>		<b>33:08</b>	<b>(+8:03)</b>
1:40 (1)	6:44 (3)	9:06 (3)	11:17 (2)	15:26 (3)	17:37 (3)	20:28 (2)	28:35 (10)	31:49 (8)	32:37 (8)
1:40/104	5:04/95	2:22/103	2:11/96	4:09/93	2:11/106	2:51/105	8:07/101	3:14/102	0:48/97
+0:00 (1)	+0:28 (4)	+0:13 (3)	+0:14 (2)	+1:29 (8)	+0:00 (1)	+0:24 (2)	+6:20 (14)	+0:00 (1)	+0:10 (5)
33:08 (8)									
0:31/249									
+0:04 (4)									
<b>9</b>	<b>Minna Karvinen</b>		<b>Ounasvaaran Hiihtoseura</b>			<b>(12.97min/km)</b>		<b>33:43</b>	<b>(+8:38)</b>
2:08 (8)	8:28 (7)	11:53 (10)	15:15 (10)	20:40 (11)	23:01 (10)	25:54 (10)	28:02 (8)	32:05 (9)	33:04 (9)
2:08/104	6:20/95	3:25/103	3:22/96	5:25/93	2:21/106	2:53/105	2:08/101	4:03/102	0:59/97
+0:28 (8)	+1:44 (7)	+1:16 (12)	+1:25 (10)	+2:45 (12)	+0:10 (5)	+0:26 (3)	+0:21 (2)	+0:49 (9)	+0:21 (10)
33:43 (9)									
0:39/249									
+0:12 (12)									
<b>10</b>	<b>Kari Beyer</b>		<b>Mo OK</b>			<b>(13.49min/km)</b>		<b>35:05</b>	<b>(+10:00)</b>
2:43 (12)	9:11 (12)	12:10 (11)	15:06 (9)	18:40 (9)	21:29 (9)	24:32 (8)	28:15 (9)	33:06 (10)	34:19 (10)
2:43/104	6:28/95	2:59/103	2:56/96	3:34/93	2:49/106	3:03/105	3:43/101	4:51/102	1:13/125
+1:03 (12)	+1:52 (9)	+0:50 (9)	+0:59 (8)	+0:54 (5)	+0:38 (10)	+0:36 (5)	+1:56 (12)	+1:37 (13)	+0:35 (14)
35:05 (10)									
0:46/249									

+0:19 (14)

<b>11 Beate Henningsen</b>	<b>Meløy O-klubb</b>	<b>(13.91min/km)</b>	<b>36:10</b>	<b>(+11:05)</b>					
2:00 (6)	8:38 (8)	12:27 (12)	16:34 (11)	20:39 (10)	23:33 (11)	26:59 (11)	29:49 (11)	34:29 (11)	35:27 (11)
2:00/104	6:38/95	3:49/103	4:07/96	4:05/93	2:54/106	3:26/105	2:50/101	4:40/102	0:58/125
+0:20 (6)	+2:02 (11)	+1:40 (13)	+2:10 (11)	+1:25 (7)	+0:43 (11)	+0:59 (9)	+1:03 (10)	+1:26 (12)	+0:20 (8)
36:10 (11)									
0:43/249									
+0:16 (13)									

<b>12 Grethe Paulsen Vie</b>	<b>Haugesund IL O-gruppa</b>	<b>(15.71min/km)</b>	<b>40:51</b>	<b>(+15:46)</b>					
1:59 (5)	7:52 (5)	10:20 (5)	17:50 (12)	22:58 (12)	25:38 (12)	32:55 (12)	35:38 (12)	39:20 (12)	40:18 (12)
1:59/104	5:53/95	2:28/103	7:30/96	5:08/93	2:40/106	7:17/105	2:43/101	3:42/102	0:58/97
+0:19 (5)	+1:17 (6)	+0:19 (5)	+5:33 (14)	+2:28 (11)	+0:29 (9)	+4:50 (14)	+0:56 (8)	+0:28 (6)	+0:20 (8)
40:51 (12)									
0:33/249									
+0:06 (6)									

<b>13 Mailiss Myrvang</b>	<b>Bjerkvik IF</b>	<b>(16.62min/km)</b>	<b>43:12</b>	<b>(+18:07)</b>					
3:11 (13)	10:57 (13)	14:11 (13)	18:30 (13)	27:56 (13)	30:59 (13)	34:37 (13)	37:07 (13)	41:35 (13)	42:39 (13)
3:11/104	7:46/95	3:14/103	4:19/96	9:26/93	3:03/106	3:38/105	2:30/101	4:28/102	1:04/125
+1:31 (13)	+3:10 (13)	+1:05 (11)	+2:22 (12)	+6:46 (13)	+0:52 (13)	+1:11 (11)	+0:43 (3)	+1:14 (11)	+0:26 (12)
43:12 (13)									
0:33/249									
+0:06 (6)									

<b>14 Anny Kristine Valvik</b>	<b>Olderskog IL</b>	<b>(20.78min/km)</b>	<b>54:01</b>	<b>(+28:56)</b>					
3:13 (14)	12:47 (14)	16:55 (14)	21:54 (14)	36:17 (14)	40:04 (14)	43:24 (14)	46:12 (14)	52:30 (14)	53:29 (14)
3:13/104	9:34/95	4:08/103	4:59/96	14:23/93	3:47/106	3:20/105	2:48/101	6:18/102	0:59/125
+1:33 (14)	+4:58 (14)	+1:59 (14)	+3:02 (13)	+11:43 (14)	+1:36 (14)	+0:53 (7)	+1:01 (9)	+3:04 (14)	+0:21 (10)
54:01 (14)									
0:32/249									
+0:05 (5)									

<b>Aasfrid Tysvær</b>	<b>Varegg Fleridrett</b>	<b>(15.37min/km)</b>	<b>Disk</b>	<b>(+14:52)</b>					
7:13 (15)	15:36 (15)	19:00 (15)	26:49 (15)	29:23 (14)	32:33 (14)	37:41 (14)	39:57 (14)	39:57 (13)	39:57 (12)
7:13/115	8:23/107	3:24/109	7:49/111	2:34/112	3:10/114	5:08/125	2:16/249		
+5:33 (15)	+3:47 (14)	+1:15 (12)	+5:52 (15)	+0:00 (1)	+0:59 (14)	+2:41 (13)	+0:29 (3)	+0:00 (1)	+0:00 (1)
39:57 (12)									
+0:00 (1)									

## Klasse H17C 2.6 km

9 påmeldt, 9 startende 1 premiert

<b>1 Christer Snickars</b>	<b>Solf IK</b>	<b>(7.95min/km)</b>	<b>20:40</b>						
1:25 (2)	4:54 (1)	6:52 (1)	8:39 (1)	11:37 (1)	13:17 (1)	15:17 (1)	16:52 (1)	19:31 (1)	20:12 (1)
1:25/104	3:29/95	1:58/103	1:47/96	2:58/93	1:40/106	2:00/105	1:35/101	2:39/102	0:41/125
+0:13 (2)	+0:00 (1)	+0:00 (1)	+0:02 (2)	+0:22 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:06 (2)
20:40 (1)									
0:28/249									
+0:03 (3)									

<b>2 Roger Pedersen</b>	<b>Bjerkvik IF</b>	<b>(9.44min/km)</b>	<b>24:32</b>	<b>(+3:52)</b>					
1:12 (1)	5:43 (2)	8:04 (2)	10:19 (2)	13:44 (3)	15:36 (2)	18:01 (2)	20:04 (2)	23:20 (2)	24:03 (2)
1:12/104	4:31/95	2:21/103	2:15/96	3:25/93	1:52/106	2:25/105	2:03/101	3:16/102	0:43/97
+0:00 (1)	+1:02 (3)	+0:23 (3)	+0:30 (5)	+0:49 (4)	+0:12 (2)	+0:25 (2)	+0:28 (3)	+0:37 (2)	+0:08 (3)
24:32 (2)									
0:29/249									
+0:04 (4)									

<b>3 Kjell Dag Olsen</b>	<b>Bjerkvik IF</b>	<b>(10.04min/km)</b>	<b>26:06</b>	<b>(+5:26)</b>					
1:30 (3)	6:08 (3)	9:19 (4)	11:04 (4)	13:40 (2)	16:38 (3)	19:16 (3)	21:27 (3)	25:06 (3)	25:41 (3)
1:30/104	4:38/95	3:11/103	1:45/96	2:36/93	2:58/106	2:38/105	2:11/101	3:39/102	0:35/125
+0:18 (3)	+1:09 (4)	+1:13 (8)	+0:00 (1)	+0:00 (1)	+1:18 (7)	+0:38 (6)	+0:36 (4)	+1:00 (5)	+0:00 (1)
26:06 (3)									
0:25/249									

+0:00 (1)

4	Chris Bull-Berg			BUL Tromsø		(10.33min/km)		<b>26:52</b>	(+6:12)	
	2:07 (7)	8:27 (8)	10:41 (8)	12:38 (8)	15:31 (5)	17:46 (4)	20:23 (5)	22:14 (4)	25:33 (4)	26:22 (4)
	2:07/104	6:20/95	2:14/103	1:57/96	2:53/93	2:15/106	2:37/105	1:51/101	3:19/102	0:49/125
	+0:55 (7)	+2:51 (8)	+0:16 (2)	+0:12 (3)	+0:17 (2)	+0:35 (3)	+0:37 (5)	+0:16 (2)	+0:40 (3)	+0:14 (4)
	26:52 (4)									
	0:30/249									
	+0:05 (5)									

5	Nygård Kenneth			Solf IK		(11.24min/km)		<b>29:14</b>	(+8:34)	
	1:48 (4)	6:15 (4)	8:44 (3)	10:57 (3)	15:01 (4)	17:47 (5)	20:14 (4)	24:31 (5)	28:00 (5)	28:49 (5)
	1:48/104	4:27/95	2:29/103	2:13/96	4:04/93	2:46/106	2:27/105	4:17/101	3:29/102	0:49/125
	+0:36 (4)	+0:58 (2)	+0:31 (4)	+0:28 (4)	+1:28 (5)	+1:06 (6)	+0:27 (3)	+2:42 (9)	+0:50 (4)	+0:14 (4)
	29:14 (5)									
	0:25/249									
	+0:00 (1)									

6	Svein Magne Elverum			Bjerkvik IF		(11.78min/km)		<b>30:37</b>	(+9:57)	
	2:09 (8)	7:29 (7)	10:12 (7)	12:31 (7)	18:04 (7)	20:31 (7)	23:00 (6)	25:21 (6)	29:04 (6)	30:01 (6)
	2:09/104	5:20/95	2:43/103	2:19/96	5:33/93	2:27/106	2:29/105	2:21/101	3:43/102	0:57/97
	+0:57 (8)	+1:51 (6)	+0:45 (6)	+0:34 (6)	+2:57 (7)	+0:47 (4)	+0:29 (4)	+0:46 (5)	+1:04 (7)	+0:22 (8)
	30:37 (6)									
	0:36/249									
	+0:11 (8)									

7	Trond Mikkeltborg			Meløy O-klubb		(12.06min/km)		<b>31:22</b>	(+10:42)	
	1:57 (6)	7:23 (6)	9:58 (6)	12:27 (6)	16:40 (6)	19:53 (6)	23:02 (7)	26:07 (7)	29:49 (7)	30:45 (7)
	1:57/104	5:26/95	2:35/103	2:29/96	4:13/93	3:13/106	3:09/105	3:05/101	3:42/102	0:56/97
	+0:45 (6)	+1:57 (7)	+0:37 (5)	+0:44 (8)	+1:37 (6)	+1:33 (8)	+1:09 (8)	+1:30 (7)	+1:03 (6)	+0:21 (7)
	31:22 (7)									
	0:37/249									
	+0:12 (9)									

8	Clas-Göran Smeds			Solf IK		(13.74min/km)		<b>35:44</b>	(+15:04)	
	1:49 (5)	6:33 (5)	9:32 (5)	11:54 (5)	21:39 (8)	24:17 (8)	27:03 (8)	29:51 (8)	34:18 (8)	35:13 (8)
	1:49/104	4:44/95	2:59/103	2:22/96	9:45/93	2:38/106	2:46/105	2:48/101	4:27/102	0:55/125
	+0:37 (5)	+1:15 (5)	+1:01 (7)	+0:37 (7)	+7:09 (9)	+0:58 (5)	+0:46 (7)	+1:13 (6)	+1:48 (8)	+0:20 (6)
	35:44 (8)									
	0:31/249									
	+0:06 (6)									

9	Clive Allen			Meløy O-klubb		(18.65min/km)		<b>48:29</b>	(+27:49)	
	3:13 (9)	10:31 (9)	16:32 (9)	20:41 (9)	28:58 (9)	32:36 (9)	37:15 (9)	40:47 (9)	46:47 (9)	47:57 (9)
	3:13/104	7:18/95	6:01/103	4:09/96	8:17/93	3:38/106	4:39/105	3:32/101	6:00/102	1:10/97
	+2:01 (9)	+3:49 (9)	+4:03 (9)	+2:24 (9)	+5:41 (8)	+1:58 (9)	+2:39 (9)	+1:57 (8)	+3:21 (9)	+0:35 (9)
	48:29 (9)									
	0:32/249									
	+0:07 (7)									

## Klasse D17N 1.9 km

1 påmeldt, 1 startende 1 premiert

1	Lena Granholm			Solf IK		(16.34min/km)		<b>30:43</b>	
	2:29 (1)	8:57 (1)	12:24 (1)	14:14 (1)	17:56 (1)	22:58 (1)	27:46 (1)	30:01 (1)	30:43 (1)
	2:29/104	6:28/107	3:27/105	1:50/110	3:42/111	5:02/113	4:48/97	2:15/125	0:42/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse H17N 1.9 km

1 påmeldt, 1 startende 1 premiert

1	Sören Granholm			Solf IK		(10.82min/km)		<b>20:21</b>	
	1:51 (1)	6:49 (1)	9:41 (1)	11:07 (1)	13:21 (1)	15:24 (1)	18:16 (1)	19:53 (1)	20:21 (1)
	1:51/104	4:58/107	2:52/105	1:26/110	2:14/111	2:03/113	2:52/97	1:37/125	0:28/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

## Klasse Direkte A 3.9 km

13 påmeldt, 13 startende

1	Jan Erik Paulsen	B&OI Orientering						(7.17min/km)	<b>27:45</b>	
	6:25 (1)	7:25 (1)	11:21 (1)	13:41 (1)	14:40 (1)	19:00 (1)	19:46 (1)	23:04 (1)	24:15 (1)	26:49 (1)
	6:25/85	1:00/63	3:56/73	2:20/82	0:59/83	4:20/57	0:46/93	3:18/58	1:11/60	2:34/102
	+0:00 (1)	+0:14 (5)	+0:04 (2)	+0:00 (1)	+0:02 (2)	+0:00 (1)	+0:03 (2)	+0:28 (2)	+0:00 (1)	+0:00 (1)
	27:22 (1)	27:45 (1)								
	0:33/97	0:23/249								
	+0:00 (1)	+0:00 (1)								
2	Marcus Adolffsson	Nais OK						(8.24min/km)	<b>31:54 (+4:09)</b>	
	8:39 (2)	9:25 (2)	13:17 (2)	16:19 (2)	17:16 (2)	22:38 (2)	23:21 (2)	26:11 (2)	27:26 (2)	30:38 (2)
	8:39/85	0:46/63	3:52/73	3:02/82	0:57/83	5:22/57	0:43/93	2:50/58	1:15/60	3:12/102
	+2:14 (2)	+0:00 (1)	+0:00 (1)	+0:42 (5)	+0:00 (1)	+1:02 (2)	+0:00 (1)	+0:00 (1)	+0:04 (2)	+0:38 (2)
	31:25 (2)	31:54 (2)								
	0:47/97	0:29/249								
	+0:14 (6)	+0:06 (5)								
3	Anne Marthe Limstrand	B&OI Orientering						(9.04min/km)	<b>34:59 (+7:14)</b>	
	9:44 (6)	10:35 (4)	14:48 (3)	17:38 (3)	18:57 (3)	24:29 (3)	25:22 (3)	28:47 (3)	30:10 (3)	33:33 (3)
	9:44/85	0:51/63	4:13/73	2:50/82	1:19/83	5:32/57	0:53/93	3:25/58	1:23/60	3:23/102
	+3:19 (6)	+0:05 (2)	+0:21 (3)	+0:30 (2)	+0:22 (5)	+1:12 (3)	+0:10 (4)	+0:35 (3)	+0:12 (5)	+0:49 (4)
	34:23 (3)	34:59 (3)								
	0:50/97	0:36/249								
	+0:17 (10)	+0:13 (12)								
4	Eivind Sjøgren Olsen	Ukjent						(9.77min/km)	<b>37:48 (+10:03)</b>	
	10:44 (8)	11:41 (8)	16:26 (5)	19:17 (4)	20:30 (4)	26:54 (5)	27:53 (5)	31:38 (4)	33:07 (4)	36:31 (4)
	10:44/85	0:57/63	4:45/73	2:51/82	1:13/83	6:24/57	0:59/93	3:45/58	1:29/60	3:24/102
	+4:19 (8)	+0:11 (3)	+0:53 (4)	+0:31 (3)	+0:16 (4)	+2:04 (6)	+0:16 (6)	+0:55 (6)	+0:18 (8)	+0:50 (5)
	37:18 (4)	37:48 (4)								
	0:47/97	0:30/249								
	+0:14 (6)	+0:07 (6)								
5	Henning Kilsut	Tyrving, IL						(10.49min/km)	<b>40:36 (+12:51)</b>	
	9:32 (4)	10:40 (5)	16:24 (4)	19:24 (5)	20:34 (5)	26:22 (4)	27:12 (4)	34:20 (5)	35:42 (5)	39:19 (5)
	9:32/85	1:08/63	5:44/73	3:00/82	1:10/83	5:48/57	0:50/93	7:08/58	1:22/60	3:37/102
	+3:07 (4)	+0:22 (7)	+1:52 (6)	+0:40 (4)	+0:13 (3)	+1:28 (4)	+0:07 (3)	+4:18 (12)	+0:11 (4)	+1:03 (7)
	40:06 (5)	40:36 (5)								
	0:47/97	0:30/249								
	+0:14 (6)	+0:07 (6)								
6	Jan-Arne Pettersen	Bjerkvik IF						(10.91min/km)	<b>42:13 (+14:28)</b>	
	8:55 (3)	10:07 (3)	18:15 (7)	21:38 (7)	24:04 (7)	31:52 (7)	32:51 (7)	36:34 (7)	37:58 (7)	41:11 (6)
	8:55/85	1:12/63	8:08/73	3:23/82	2:26/83	7:48/57	0:59/93	3:43/58	1:24/60	3:13/102
	+2:30 (3)	+0:26 (11)	+4:16 (8)	+1:03 (9)	+1:29 (12)	+3:28 (11)	+0:16 (6)	+0:53 (4)	+0:13 (6)	+0:39 (3)
	41:48 (6)	42:13 (6)								
	0:37/97	0:25/249								
	+0:04 (2)	+0:02 (2)								
7	Vidar Danielsen	Asker SK						(10.96min/km)	<b>42:26 (+14:41)</b>	
	11:18 (9)	12:26 (9)	17:37 (6)	20:52 (6)	22:12 (6)	30:27 (6)	31:24 (6)	35:54 (6)	37:20 (6)	41:13 (7)
	11:18/85	1:08/63	5:11/73	3:15/82	1:20/83	8:15/57	0:57/93	4:30/58	1:26/60	3:53/102
	+4:53 (9)	+0:22 (7)	+1:19 (5)	+0:55 (6)	+0:23 (6)	+3:55 (12)	+0:14 (5)	+1:40 (7)	+0:15 (7)	+1:19 (8)
	41:55 (7)	42:26 (7)								
	0:42/97	0:31/249								
	+0:09 (3)	+0:08 (10)								
8	Linda Nilsson	Nais OK						(11.33min/km)	<b>43:50 (+16:05)</b>	
	9:38 (5)	10:43 (6)	20:57 (9)	24:19 (8)	25:48 (8)	32:09 (8)	33:13 (8)	36:57 (8)	38:55 (8)	42:31 (8)
	9:38/85	1:05/63	10:14/73	3:22/82	1:29/83	6:21/57	1:04/93	3:44/58	1:58/60	3:36/102
	+3:13 (5)	+0:19 (6)	+6:22 (10)	+1:02 (8)	+0:32 (8)	+2:01 (5)	+0:21 (10)	+0:54 (5)	+0:47 (11)	+1:02 (6)
	43:20 (8)	43:50 (8)								
	0:49/97	0:30/249								
	+0:16 (9)	+0:07 (6)								

<b>9</b>	<b>Yngve Jern</b>		<b>Femman, IF</b>	<b>(12.71min/km)</b>	<b>49:11</b>	<b>(+21:26)</b>			
13:22 (11)	14:32 (11)	20:34 (8)	26:00 (10)	27:39 (9)	34:59 (10)	36:00 (9)	40:50 (9)	42:39 (9)	47:50 (9)
13:22/85	1:10/63	6:02/73	5:26/82	1:39/83	7:20/57	1:01/93	4:50/58	1:49/60	5:11/102
+6:57 (11)	+0:24 (9)	+2:10 (7)	+3:06 (11)	+0:42 (9)	+3:00 (9)	+0:18 (9)	+2:00 (8)	+0:38 (10)	+2:37 (11)
48:41 (9)	49:11 (9)								
0:51/97	0:30/249								
+0:18 (11)	+0:07 (6)								

<b>10</b>	<b>Nils Erik Bakke</b>		<b>Harstad OL</b>	<b>(13.00min/km)</b>	<b>50:18</b>	<b>(+22:33)</b>			
9:59 (7)	11:09 (7)	21:57 (10)	25:58 (9)	27:51 (10)	34:57 (9)	37:27 (10)	43:43 (10)	45:02 (10)	49:06 (10)
9:59/85	1:10/63	10:48/73	4:01/82	1:53/83	7:06/57	2:30/93	6:16/58	1:19/60	4:04/102
+3:34 (7)	+0:24 (9)	+6:56 (11)	+1:41 (10)	+0:56 (10)	+2:46 (7)	+1:47 (12)	+3:26 (11)	+0:08 (3)	+1:30 (9)
49:52 (10)	50:18 (10)								
0:46/97	0:26/249								
+0:13 (4)	+0:03 (3)								

<b>11</b>	<b>Heidi Sinevaara</b>		<b>Mo OK</b>	<b>(14.53min/km)</b>	<b>56:13</b>	<b>(+28:28)</b>			
14:52 (12)	15:49 (12)	24:54 (11)	30:31 (11)	32:44 (11)	40:09 (11)	41:58 (11)	48:04 (11)	50:05 (11)	54:46 (11)
14:52/85	0:57/63	9:05/73	5:37/82	2:13/83	7:25/57	1:49/93	6:06/58	2:01/60	4:41/102
+8:27 (12)	+0:11 (3)	+5:13 (9)	+3:17 (12)	+1:16 (11)	+3:05 (10)	+1:06 (11)	+3:16 (10)	+0:50 (12)	+2:07 (10)
55:45 (11)	56:13 (11)								
0:59/97	0:28/249								
+0:26 (12)	+0:05 (4)								

<b>12</b>	<b>Frida Stolt</b>		<b>Vänernsborgs SK</b>	<b>(18.60min/km)</b>	<b>1:11:59</b>	<b>(+44:14)</b>			
11:52 (10)	13:08 (10)	45:41 (12)	48:56 (12)	50:23 (12)	57:36 (12)	58:35 (12)	1:03:46 (12)	1:05:18 (12)	1:10:41 (12)
11:52/85	1:16/63	32:33/73	3:15/82	1:27/83	7:13/57	0:59/93	5:11/58	1:32/60	5:23/102
+5:27 (10)	+0:30 (12)	+28:41 (12)	+0:55 (6)	+0:30 (7)	+2:53 (8)	+0:16 (6)	+2:21 (9)	+0:21 (9)	+2:49 (12)
1:11:27 (12)	1:11:59 (12)								
0:46/97	0:32/249								
+0:13 (4)	+0:09 (11)								

	<b>Marian Morris</b>		<b>Harstad OL</b>	<b>(26.54min/km)</b>	<b>Disk</b>	<b>(+1:14:58)</b>			
16:43 (13)	18:58 (13)	1:06:08 (13)	1:09:57 (13)	1:12:28 (13)	1:22:48 (13)	1:24:11 (13)	1:33:55 (13)	1:40:47 (13)	1:41:57 (13)
16:43/85	2:15/63	47:10/73	3:49/82	2:31/83	10:20/57	1:23/93	9:44/60	6:52/102	1:10/125
+10:18 (13)	+1:29 (13)	+43:18 (13)	+1:29 (10)	+1:34 (13)	+6:00 (13)	+0:40 (11)	+6:54 (13)	+5:41 (13)	+0:00 (1)
1:42:43 (13)	1:42:43 (13)								
0:46/249									
+0:13 (4)	+0:00 (1)								

## Klasse Direkte C 2.6 km

9 påmeldt, 9 startende

<b>1</b>	<b>Astrid Johansen</b>		<b>Stjørdals-Blink Orientering</b>	<b>(12.22min/km)</b>	<b>31:46</b>				
2:07 (1)	8:05 (2)	11:24 (2)	14:51 (2)	18:15 (1)	20:38 (1)	23:45 (1)	26:06 (1)	29:58 (1)	31:06 (1)
2:07/104	5:58/95	3:19/103	3:27/96	3:24/93	2:23/106	3:07/105	2:21/101	3:52/102	1:08/125
+0:00 (1)	+1:17 (2)	+0:48 (2)	+0:57 (2)	+0:00 (1)	+0:00 (1)	+0:05 (2)	+0:00 (1)	+0:21 (2)	+0:17 (2)
31:46 (1)									
0:40/249									
+0:06 (2)									

<b>2</b>	<b>Aase Staldvik</b>		<b>Namsskogan IL</b>	<b>(17.85min/km)</b>	<b>46:25</b>	<b>(+14:39)</b>			
3:48 (4)	12:28 (3)	16:12 (3)	21:42 (4)	26:29 (2)	30:06 (2)	34:00 (2)	38:06 (2)	43:56 (2)	45:25 (2)
3:48/104	8:40/95	3:44/103	5:30/96	4:47/93	3:37/106	3:54/105	4:06/101	5:50/102	1:29/97
+1:41 (4)	+3:59 (3)	+1:13 (3)	+3:00 (4)	+1:23 (2)	+1:14 (3)	+0:52 (3)	+1:45 (5)	+2:19 (4)	+0:38 (4)
46:25 (2)									
1:00/249									
+0:26 (5)									

<b>3</b>	<b>Beth Paludan Carlsen</b>		<b>Ukjent</b>	<b>(19.20min/km)</b>	<b>49:55</b>	<b>(+18:09)</b>			
3:22 (3)	8:03 (1)	10:34 (1)	13:04 (1)	36:02 (5)	38:35 (5)	41:37 (5)	44:59 (5)	48:30 (4)	49:21 (3)
3:22/104	4:41/95	2:31/103	2:30/96	22:58/93	2:33/106	3:02/105	3:22/101	3:31/102	0:51/97
+1:15 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+19:34 (6)	+0:10 (2)	+0:00 (1)	+1:01 (3)	+0:00 (1)	+0:00 (1)
49:55 (3)									
0:34/249									
+0:00 (1)									

<b>4</b>	<b>Jenny Blidefalk</b>		<b>Södertörn, OK</b>				<b>(19.33min/km)</b>		<b>50:16 (+18:30)</b>	
	4:14 (6)	13:31 (5)	17:23 (4)	21:42 (3)	31:00 (4)	35:00 (4)	39:34 (3)	42:38 (3)	48:25 (3)	49:33 (4)
	4:14/104	9:17/95	3:52/103	4:19/96	9:18/93	4:00/106	4:34/105	3:04/101	5:47/102	1:08/125
	+2:07 (6)	+4:36 (4)	+1:21 (4)	+1:49 (3)	+5:54 (5)	+1:37 (5)	+1:32 (4)	+0:43 (2)	+2:16 (3)	+0:17 (2)
	50:16 (4)									
	0:43/249									
	+0:09 (3)									
<b>5</b>	<b>Lise Hørtvedt</b>		<b>Kongsberg OL</b>				<b>(20.10min/km)</b>		<b>52:16 (+20:30)</b>	
	3:07 (2)	13:08 (4)	17:51 (5)	23:53 (5)	30:57 (3)	34:50 (3)	39:39 (4)	43:40 (4)	49:49 (5)	51:24 (5)
	3:07/104	10:01/95	4:43/103	6:02/96	7:04/93	3:53/106	4:49/105	4:01/101	6:09/102	1:35/125
	+1:00 (2)	+5:20 (5)	+2:12 (5)	+3:32 (5)	+3:40 (3)	+1:30 (4)	+1:47 (5)	+1:40 (4)	+2:38 (5)	+0:44 (5)
	52:16 (5)									
	0:52/249									
	+0:18 (4)									
<b>6</b>	<b>Jorånn Rogstad</b>		<b>Hadeland OL</b>				<b>(26.03min/km)</b>		<b>1:07:41 (+35:55)</b>	
	4:03 (5)	17:41 (6)	23:47 (6)	31:40 (6)	39:07 (6)	44:11 (6)	52:34 (6)	56:58 (6)	1:04:47 (6)	1:06:35 (6)
	4:03/104	13:38/95	6:06/103	7:53/96	7:27/93	5:04/106	8:23/105	4:24/101	7:49/102	1:48/125
	+1:56 (5)	+8:57 (6)	+3:35 (6)	+5:23 (6)	+4:03 (4)	+2:41 (6)	+5:21 (6)	+2:03 (6)	+4:18 (6)	+0:57 (6)
	1:07:41 (6)									
	1:06/249									
	+0:32 (6)									
	<b>Arne V. Pedersen</b>		<b>Tyrving, IL</b>				<b>(0.00min/km)</b>			
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)									
	+0:00 (1)									
	<b>Karin Kilsut</b>		<b>Tyrving, IL</b>				<b>(0.00min/km)</b>			
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)									
	+0:00 (1)									
	<b>Camilla Dalen</b>		<b>Asker SK</b>				<b>(0.00min/km)</b>			
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	(1)									
	+0:00 (1)									